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Thannia Dotig places her Christmas ornament of gratitude on a miniature tree, emphasizing how much there is to be thankful for this holiday.

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Merry Christmas & Happy New Year!



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Fisher Branch Collegiate students celebrate Christmas

By Evan Matthews

Good fortune and good will to all humankind are typical themes over the holidays, and at Fisher Branch Collegiate, students are getting a first-hand look.

FBC principal Joel Matheson said Grade 7 and 8 students have been studying the more- and less-developed nations of the world in their social studies program and have been feeling a little more fortunate to be here in Canada.

"Even though we are living through this pandemic, we



have so much to be thankful for," said Grade 8 student Thannia Dotig."We still have so many ways to celebrate together."

Students have also been participating in "gratitude activities" throughout the month of December, Matheson said, with students writing Christmas cards to Canadian military troops stationed abroad, thanking them for their service.

Teachers Mrs. Jensen and Mrs. Bouchard introduced the idea of creating "Christmas ornaments of gratitude," in which each student wrote on a colourful Christmas paper 10 or more reasons why they're grateful for the holiday season.

The students then decorated the ornaments with glitter and rolled them up and placed them inside their ornament.

"It was an opportunity to reflect on their own lives, and think about people less fortunate than us worldwide this holiday season," said Matheson.

"It was a way to bring the Grade 7 and 8 class communities together and bring some normalcy into the Christmas season."



EXPRESS PHOTOS BY JOEL MATHESON Fisher Branch Collegiate students made and decorated Christmas ornaments, while reflecting on the less fortunate.

CHRISTMAS IN HEAVEN

I see the countless Christmas trees around the world below With tiny lights, like Heaven's stars, reflecting on the snow The sight is so spectacular, please wipe away the tear For I am spending Christmas with Jesus Christ this year.

I hear the many Christmas songs that people hold so dear But the sounds of music can't compare with the Christmas choir up here. I have no words to tell you, the joy their voices bring, For it is beyond description, to hear the angels sing.

I know how much you miss me, I see the pain inside your heart But I am not so far away, we really aren't apart. So be happy for me, dear ones, you know I hold you dear. And be glad I'm spending Christmas with Jesus Christ this year.

I sent you each a special gift, from my heavenly home above. I sent you each a memory of my undying love. After all, love is a gift more precious than pure gold It was always most important in the stories Jesus told.

Please love and keep each other, as my Father said to do For I can't count the blessing or love he has for each of you So have a Merry Christmas and wipe away that tear Remember, I am spending Christmas with Jesus Christ this year.

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First COVID-19 vaccines administered in Manitoba

Staff

The very first doses of the COVID-19 vaccine were administered to Manitoba health-care workers on Dec. 16.

"Today is a monumental day in Manitoba and a long-awaited day of hope as we begin to deliver the first doses of the COVID-19 vaccine nine months after our first positive case in the province," Premier Brian Pallister said in a statement.

Those doses were the first of about 900 scheduled to be administered over three days at the University of Manitoba's Rady Faculty of Health Sciences beside the Health Sciences Centre (HSC) in Winnipeg.

When it comes to rolling out the vaccine, the province has given first priority to health-care workers of a certain age who have close contact with COVID-19 patients and Manitobans most vulnerable to the virus.

"Our front-line health-care workers have been stepping up throughout this pandemic and we know that stepping up now to protect them first is the right thing to do so that we can protect them and the patients they look after," Pallister said.

Receiving Manitoba's very first CO-VID-19 vaccine was Dr. Brian Penner, who works in internal medicine at HSC.

"I am now safer for my friends and colleagues, and I hope everyone does their part to stop the spread," he said. Not far behind Penner was Sherry Plett, a registered nurse who works at the Boundary Trails Health Centre.

"It's important for me because I'm a front-line worker. I work in the emergency room," Plett said. "I just feel like I need to be there. I need to be healthy so I can be there and look after people in the community."

The recipients of these first doses will need to get a second shot in three weeks. That will take place at the RBC Convention Centre in Winnipeg, the "super-site" the province is setting up for the storage and administration of the vaccine. Additional vaccination sites are planned for communities across Manitoba in the new year as more vaccine arrives.

Currently, the Pfizer vaccine arrives in 975 doses that must remain in the same location where it is delivered. Manitoba expects to receive other COVID-19 vaccines in the future that can be broken down into smaller amounts and be transported, which will allow for mobile vaccination



PHOTO SUBMITTED BY CANADA BORDER SERVICES AGENCY Canada Border Services Agency staff watched as the first shipment of the COVID-19 vaccine arrived in Winnipeg last week. The first doses were administered to health-care workers on Dec. 16.

teams and, gradually, a more conven- year ahead, the province has said. tional immunization program in the



Arborg resident says thank you and beware of icy conditions

By Patricia Barrett

A resident who went to pick up her mail at the Arborg Post Office a few weeks ago slipped on ice or hardpacked snow near the door and fell, breaking her hand in three places.

Nadine Legras' right hand is now in a cast and she may require surgery, but she wants to thank the two people who came to her assistance after seeing her fall and warn other residents to be careful when they're out shopping or conducting business around town.

"I just want to thank the two people for their kindness. We're like family in this town, looking out for each other," said Legras last Tuesday by phone.

Legras said after she had finished work on Dec. 10, she went to check her mailbox at the post office. Her husband was waiting in their vehicle and didn't see her fall.

"I went to get my mail at the post office after work. It was starting to get dark out. I had pretty good grip boots on, but I went down hard. If I didn't put my hand down, I would've split my head wide open."

She said a woman across the street yelled out to her, drawing attention to her fall. Then a man came up from behind her and helped her up "because I couldn't move."

Feeling shaken, Legras said she supported her hand and was going to get her mail but quickly realized her hand was in a serious condition and walked back to her husband waiting in their vehicle.

"My hand was deformed and feeling very heavy, so we went straight from the post office to the [Arborg hospital] emergency department," said Legras. "They X-rayed it, saying it was one firm break. When they tried to re-set

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The workshop will be closed Dec. 24, 25, 28, 2020 and Jan. 1, 2021 Enjoy the Holidays



Legras' fingers are bruised and swollen. She may need surgery to repair the damage.

it, though, they told me it was three breaks."

Arborg hospital staff put a cast on it that night, but Legras said she had to come back the following day (Friday) to have it cut open a bit because her hand began to swell. She had to go back on Saturday "because of the discolouration of my fingers. I thought my blood circulation wasn't right."

One of three bones in her hand had split "right in half" she said, and the hospital referred her to a specialist at the Grace Hospital in Winnipeg late last week. The doctor re-set and recast her hand and told her she may need surgery depending on how it heals.

Legras said she spoke with staff at the Arborg post office about sidewalk conditions after her fall.

"I talked to [staff member] at the post office here in town and they took responsibility," said Legras." They said their maintenance guy has not been salting as he should be doing and they were going to put a sign up to make sure he salts. As far as I know, there is no sign up yet. They were also going to get him to do the back as well as the front. I don't know if it's been done."

Legras said she's concerned for others in town, especially seniors.

"The post office has to be more re-





EXPRESS PHOTOS COURTESY OF NADINE LEGRAS Nadine Legras fell outside the Arborg Post Office and broke her hand in three places.

sponsible. They have to make sure they salt because things like this can happen, not just to me but to other people," she said. "Can you imagine a 75-year-old lady falling?"

Legras said she called the Town of Arborg to find out who's supposed to take care of the sidewalks.

Staff were "very sympathetic" and told her the town is responsible for clearing snow from sidewalks but not for salting or applying ice melt products to them.

Owners or occupants of businesses and institutions fronting streets are obliged to do that.

They must"exercise due diligence to ensure safe passage of sidewalk pedestrian traffic by applying an ice melt product on the sidewalk fronting the premises when necessary," according to the Town of Arborg's snow clearing and removal policy that's available on the town's website.

Town chief administrative officer Cindy Stansell said by email that a copy of the policy was provided to all affected businesses following its adoption in 2011.

"If the Town of Arborg administrative office receives a concern regarding clearing/salting of sidewalks in front of businesses, a letter to the business including a copy of the policy is sent indicating a concern was brought to the Town of Arborg's attention," said Stansell. "In this letter, we also request the business to adhere to the policy that is in place."

A few complaints about sidewalks have been lodged with the town over a certain number of years, said Stansell, but there's currently no mechanism in place for "issuing fines for this type of infraction."

Canada Post media relations spokesperson Nicole Lecompte said when the corporation learned of the incident the day after it happened, the area was inspected but no issues were found.

"We have been in contact with this customer and it is our understanding that this incident occurred on or near the sidewalk located in front of the Arborg Post Office after the post office was closed," said Lecompte by email last week.

"We do take these matters very seriously and the safety of our customers is of the utmost importance. As soon as we learned of the incident on Friday, the area was inspected immediately and no maintenance issues were found."

RDFC preparing curbside meals for seniors

By Evan Matthews

There is a silver lining in every cloud. With COVID-19 resulting in the cancellation of many traditional holiday events, money spent on those events has been made available in other ways.

The Riverton and District Friendship Centre is one of the most recent examples, as executive director Tanis Grimolfson said the organization is taking funds it would normally spend on pancake breakfasts and Christmas parties and using it to feed seniors.

"Every single day we've been doing this, we've had more residents engage with us and pick up a meal," said Grimolfson.

"We started with 40 community members on the first day, and it just continues to go up."

The initiative started on Nov. 16, Monday to Friday, and is now up to serving 61 seniors in the community.

RDFC had originally planned to do four weeks of the curbside meals but, due to the high demand, Grimolfson said the organization extended the free lunches through Dec. 18.

"We know a lot of the seniors in town because they come in to access ser-



vices. We found many of them were becoming depressed and lonely," said Grimolfson.

She added that it was clear at least a few seniors in the community were not eating well either.

"We thought we'd try and brighten their day with a free meal, and we can tell when they come to pick up their healthy meal, they really appreciate it," she said.

While RDFC called the initiative "free curbside meals," Grimolfson said her staff has been doing contactless delivery for upwards of 70 per cent of the meals.

With such high demand, Grimolfson

EXPRESS PHOTOS BY TANIS GRIMOLFSON Martine Sawanas cooked up a full turkey dinner for seniors on Dec. 11.

said she hopes to extend the program again, this time in to January.

Grimolfson added special thanks to Martine Sawanas, as she's the head

cook for the initiative.

Anyone interested in the initiative is encouraged to contact RDFC by calling 204-378-2800.

Manitoba opens first COVID-19 immunization clinic

Winnipeg doctor becomes first Manitoban to receive COVID-19 vaccine

By Manitoba government

The Manitoba government launched its first COVID-19 immunization clinic this morning to deliver the life-saving vaccine to the first priority group of health-care providers, Premier Brian Pallister announced last Thursday.

"Today is a monumental day in Manitoba and a longawaited day of hope as we begin to deliver the first doses of the COVID-19 vaccine nine months after our first positive case in the province," said Pallister." Our front-line healthcare workers have been stepping up throughout this pandemic and we know that stepping up now to protect them first is the right thing to do, so that we can protect them and the patients they look after. I want to express my sincere gratitude to all those involved in our immunization campaign, as well as our health-care system and the immunization task force for its hard work to prepare for this historic challenge."

This morning, the clinic opened its doors at the University of Manitoba's Rady Faculty of Health Sciences on Bannatyne campus adjacent to the Health Sciences Centre (HSC) Winnipeg. The first Manitoban to be immunized was Dr. Brian Penner, who works in internal medicine at HSC.

"I am now safer for my friends and colleagues, and I hope everyone does their part to stop the spread," said Penner.

"I'm old, I work in a hospital, I work in a clinic and I do a lot of house calls on people in assisted living sites," said Dr. Brian Sharkey, a family physician who also works in urgent care at Victoria General Hospital."I've been worried about the vulnerability of those sites and the possibility of bringing the virus to someone who is unprotected."

"It's important for me because I'm a front-line worker, I work in the emergency room," said Sherry Plett, a registered nurse from the Southern Health-Santé Sud health region. "I just feel like I need to be there, I need to be healthy so I can be there and look after people in the community."

Over the next three days, the province expects to immunize 900 health-care workers who fall into the first priority group and booked appointments in advance.

Individuals eligible to be vaccinated at this time include health-care workers who have direct contact with patients and also meet one of these criteria:

• work in critical care units, born on or before Dec. 31, 1970;



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• work in acute care facilities, born on or before Dec. 31, 1960;

• work in long-term care facilities, born on or before Dec. 31, 1960; or

• be assigned to COVID-19 immunization clinics.

Additional doses of vaccine are expected to be delivered to this province later this month and more appointments to be immunized will become available at that time. As details about the type and amount of vaccine are confirmed, the province will provide further updates to Manitobans.

Continued on page 6







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Enough debate over vaccines

By Evan Matthews

Let's talk about the perspective of people who are suggesting the Moderna and Pfizer COVID-19 vaccinations are "rushed" and somehow a bad thing.

It's unlikely the people who are taking this stance are legitimate anti-vaccination advocates, but it's becoming a fine line.

Anti-Vacc-ers

There are still people out there who say vaccinations cause autism, but it's not true and the story is well-documented.

In 1998, the *Lancet*, a well-respected British medical journal, published a study falsely claiming the measles, mumps and rubella vaccines caused autism. It was then widely quoted. The *Lancet* has since retracted the study.

Many larger studies have explored the topic and disproven it time and time again. This information is all readily available in media publications, on government websites or in the medical journals themselves.

How does this relate?

Amidst a global pandemic, two separate companies are bringing vaccinations in to our country and countries around the globe. This is it; these vaccinations will mark the end of the pandemic as we know it, or at least so we're told. In time.

Despite the vaccinations having gone through human trials, despite our federal medical regulating body deeming it safe, there is a camp of people who keep saying, "I won't be a guinea pig" and "We don't know what's going to happen."

But you're not the guinea pig. The guinea pigs - or whichever lab animal was chosen — were. Then the humans who volunteered were. Do we ever know exactly what's going to happen? No.

Of course, it rarely bodes well to speak in absolutes. Anything could happen; there are always statistical anomalies and outliers.

But if Health Canada — our best medical minds — are telling us this COVID-19 vaccination is safe, you don't trust them? Maybe that's a fair perspective; a bit conspiratorial, but to each their own.

Typically, on average it takes 10 years of research and development before Health Canada considers a vaccine for approval, according to its website. Cause for alarm that this one came so fast?

No, because as Health Canada says right on its website, it doesn't always take that long, as global investments and new technologies make it possible to develop safely and effectively even faster.

COVID-context

Think about COVID-19 in context. It's a worldwide issue; a global pandemic.

Of the world's seven billion people, it's become the entire world's first priority to rid ourselves of this virus.

Is it really so hard to believe our world's greatest medical minds our world's deepest financial pockets could really not have pulled this off without understanding, at least to some degree, what the ramifications are?

Even after vaccines are in use, their safety and effectiveness are regularly checked by people who give them, such as nurses, doctors and pharmacists — as well as pharmaceutical companies who make them, Health Canada scientists who review them and the Public Health Agency of Canada through a monitoring system, according to the Health Canada website. Unless you've already had the CO-VID-19 vaccination from either Pfizer

or Moderna, quit complaining and spreading fear because you couldn't be the guinea pig even if you wanted to.

Let's be reasonable. Check your sources. Don't spread unwarranted fear and misinformation.

Ultimately, take the vaccine when you're given the opportunity. It probably won't be for a while.

A number of employment opportunities are available for Manitobans who want to be a part of the COV-ID-19 vaccine rollout. For a current list of job postings, visit www.gov.mb.ca/ covid19/vaccine/jobs.html.

> CLINIC, FROM PG. 5 the new year. Mobile clinics and other targeted outreach is being planned as a supply of more easily stored and This will include the opening of the transported vaccines becomes avail-

province's first "super-site" at RBC Convention Centre, followed by other locations in Winnipeg, Brandon, Thompson, Steinbach, Gimli, Portage la Prairie and The Pas beginning in

For more information, visit www. manitoba.ca/covid19/vaccine. **OUR EDITORIAL STAFF**

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Westshore Community Foundation 2020 year at a glance

By Tim Arnason, President, Westshore Community Foundation

Twenty-twenty has been a challenging year to say the least. Looking back on our plan for this year, and reflecting on how things had to quickly change, I am proud how we responded to the needs of our catchment area given the realities of the pandemic.

Notwithstanding that we were unable to move forward with key fundraising events, we find ourselves in a very healthy financial position. We continued to recover well from the financial market downturn and through this healthier market and growth of existing funds and the addition of new funds; our assets are at approximately \$4.3 million.

The ongoing support we receive from our donors, sponsors and partners strengthens our commitment to our mandate of "Building a Lasting Legacy" and our resolve to maintain and build upon the exceptional quality of life that we enjoy.

Our year began with a matching partnership with Manitoba 150 which enabled us to address a number of needs within our catchment. This was quickly followed by the onset of COVID and as the effects of the pandemic began to unfold, we recognized our obligation to take a leadership role within our communities and do everything we could to support the not for profits that had been, and continue to be, most negatively affected.

Through drawing from our Community Endowment Fund and forging strategic partnerships with like-



EXPRESS PHOTO SUBMITTED

Westshore Community Foundation 2020 Board of Directors, left to right, Rosanna Cuthbert, Nikki Philp, Gerry Knutson, Dave Douglas, Michele Couture, Giuseppe Dalzotto, Tristin Tergesen, Tim Arnason (President) and Ruby Tretiak. Missing from the photo are Don Matthewson, Darcy Jacobs, Eric Stefanson, and Ron Moore.

minded organizations, we developed our own COVID support program and were pleased to be able to quickly respond in a very effective way. As the dust began to clear on this program, we entered our traditional granting cycle and were pleased to support most of the applications that were submitted.

As this wound down, the Federal Government announced the Emergency Community Support Fund designed to help community organizations serve vulnerable Canadians during the COVID-19 crisis. The design and administration of the program relied heavily on the involvement of Community Foundations across Canada and Westshore was successful in securing maximum funding available to Foundations of our size. We distributed the entire amount to organizations within our catchment through an application and assessment process and partially through this success, we were able to secure additional funding through the second phase of the program. We again were able to funnel support directly into the hands of our organizations who were working so hard to serve our communities.

So, traditionally, our one annual round of granting changed to five rounds of granting this past year. It has been a tremendous amount of work but we are proud to have been able to accomplish these levels of support. As I write this year-end report, we have received an additional generous gift from one of our steadfast supporters with the request to distribute to several catchment organizations and we are in the process of doing so now.

Along with this unprecedented level of grant related support, our Scholarship program continues to support deserving students in their pursuits of post-secondary studies. We were able to celebrate the accomplishments of these very deserving students, in an outdoor COVID compliant way, in early October. It was a wonderful late afternoon event held on the shores of our beautiful lake.

In a "normal" year, our grant and scholarship programs will see us place approximately \$70,000 within our catchment. This year, that support grew to approximately \$200,000.

We look forward to 2021 with renewed optimism. We will continue to explore new partnership funding opportunities and we look forward to supporting organizations and individuals who enable us to continue to build a lasting legacy in our community.

Our commitment to our community is strengthened through the support we receive from you. On behalf of the entire board, thank you. We would love to hear from you. Visit us at our new website at www.westshorecommunityfoundation.ca , drop us an email at westshorefdn@hotmail. ca , call us at 204-642-9796 or just chat with any of us. This is your Foundation and it is an honor for us to continue to work hard on your behalf.

Gypsumville RCMP respond to fatal vehicle-pedestrian collision

By RCMP

Gypsumville RCMP responded to a report of a vehicle-pedestrian collision that occurred on Provincial Road 513, located approximately four kilometres east of Gypsumville on Dec. 16 at 6:55 p.m.

Officers attended the collision and

located the victim, a 29-year-old female from the Lake St Martin First Nation, on the roadway who had been struck by a vehicle. The victim was pronounced deceased at the scene.

The investigation has determined that a vehicle, being driven by a 20-year-old male from Dauphin River, was travelling eastbound on PR 513 when it collided with the female who was walking on the Road.

The driver of the vehicle stopped at the scene and then immediately called 911.

RCMP believe that the very dark lighting conditions and also that the

victim was wearing dark clothing were factors in the collision. Alcohol and speed are not involved.

Gypsumville RCMP along with the Criminal Collision Investigation Team and a Forensic Collision Reconstructionist, continue to investigate.

Soil moisture normal to below normal in most of province

Staff

Manitoba's fall freeze-up hopefully bodes well for flood season next spring.

Manitoba Infrastructure's Hydrologic Forecast Centre has released the 2020 Fall Conditions Report that indicates soil moisture levels before freeze-up were normal to below normal in most Manitoba basins.

Due to minimal summer and fall precipitation, the soil moisture at freeze-up was normal to below normal for most of southern, central and western Manitoba basins, with the exception of the Little Saskatchewan River basin and in areas close to Brandon where the soil moisture is normal to above normal. Northern Manitoba basins, including the Saskatchewan and Churchill river basins, have normal to above normal soil moisture.

The minister noted another factor affecting potential spring high water events is the base flow in rivers and the water levels on lakes prior to freeze-up. Base flow is a portion of the stream flow that is not from surface run-off; it is water from the ground, flowing into the river channel over a period of time. Base flows on most rivers are normal to below normal for this time of the year, with the exception of northern Manitoba rivers, where base flows are well above normal to record high.

Environment and Climate Change Canada's December long-term precipitation forecast indicates precipitation will be normal to above normal from December to February for most of Manitoba and Saskatchewan. The National Weather Service (NWS) Climate Prediction Center's outlook indicates above normal precipitation within the U.S. portion of the Red and Souris river basins from December to March.

To view the 2020 Fall Conditions Report, visit gov.mb.ca/mit/floodinfo/ pdf/2020/2020_fall_conditions_report. pdf.

Arborg photographer captures beauty and the beast

By Patricia Barrett

Sharon Stadnek from Arborg built a fitting tribute to 2020 in her front yard. Her humorous snow sculpture depicts a pyramid of toilet rolls decorated with face masks and garlanded with a string of red lights to represent our current code red public health orders.

"That's my toilet paper tree. I put the snow in pails to make the rolls," said Stadnek by phone last week. "I can't waste toilet paper because it's so precious. So I made it out of snow. I figure it pretty much sums up the year."

While the weather was relatively balmy, Stadnek also captured the beauty of the Icelandic River and its skating trail winding westwards from Arborg after a night of hoarfrost last week. With the early morning sun casting a rosy glow over the scene and a thick curtain of fog in the distance, it makes you want to lace up your skates and hit the trail.

The skating trail starts at the traffic bridge in town and heads west through the countryside.

Town of Arborg chief administrative officer Cindy Stansell said the trail is beneficial for the public, allowing them to get out into the great out-



Stadnek's artistic snow sculpture summarizes the year that was 2020.

doors and also get some exercise.

"It's being cleaned by private citizens and is available for use by the public," said Stansell. "But we at your own risk and adhere to all [COVID] public up their skates," said Stansell. health orders, such as physical dis-



EXPRESS PHOTOS BY SHARON STADNEK The Icelandic River, with its public skating trail, west of Arborg makes you want to get your skates on.

from your own household."

Stansell said the town can't put out the warm-up shack because shelters are currently prohibited under the public health in order to keep people as safe as possible from COVID.

"I do believe there are going to be some physically distanced hay have put up some signage saying you should use it bales put out along the riverbank so skaters can sit down and lace



The Express Weekly News Thursday, December 24, 2020 9

Communities working together to help those in need

Staff

Ukrainian Farmer's Coop, staff at Percy E. Moore Hospital, Hodgson and Noventis Credit Union Fisher Branch came together and donated over \$3,000 for families having a difficult time this year. Donations of cash and gift cards were also collected from the community bringing the grand total to just shy of \$4,000.

The money and gift cards were used to help 40 individual families from Poplarfield, Fisher Branch, Jack Head, Peguis, Fisher River, Hodson and Broad Valley.

"With all this COVID it's

been very hard for some families. Some can't work, some are sick, some have lost their jobs. It's been a tough year," said Ukrainian Farmer's Coop general manager Kyle Yaciuk.

Unfortunately because of COVID, donations of non-perishable food items, clothing and toys could not be accepted this year.

"It was really awesome to see community coming together to help those in need — not only with this hamper drive, but other times recently," said Yaciuk. "The community has re-

ally helped out those in need."



EXPRESS PHOTOS SUBMITTED

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Ukrainian Farmer's Coop staff, left to right, Lucy Bernier, James Crate, Lindsay Podaima, Kyle Yaciuk, Curtis Hnatiuk, Many Poncho and Amanda Brown.



Percy E. Moore staff of Hodgson helped 40 local families financially who are all struggling in some capacity this time of year.



Noventis Fisher Branch donated \$500 for the local Christmas hampers.



By Ashleigh Viveiros

The Province of Manitoba has deemed Santa Claus an essential worker, which means he'll be able to make his stops this Christmas Eve without any problems.

Manitoba's top doc Dr. Brent Roussin announced last week that St. Nick has been given the green light to delivery his gifts unimpeded.

"Santa Claus is certainly an essential worker, which means that he is allowed to travel to Manitoba and able to come to anyone's house," he said, explaining the government is making special allowances for the jolly old elf.

Continued on page 13





204.641.8525 InterlakeGimliMLA@gmail.com

By Patricia Barrett

Manitoba Premier Brian Pallister said Peguis First Nation's plan to allow family visits over the holiday season is a "massive mistake" and called out the federal government for not intervening.

The movement of people between the reserve and other communities such as Selkirk and Winnipeg over the holidays could help spread CO-VID-19 as almost two-thirds of Peguis members live off reserve, he said.

"I know that Chief [Glenn] Hudson is a good man and a well-meaning person, but this is a massive mistake on his part and it's a massive mistake on the part of the federal minister to stand down on an issue like this," said Pallister referring to federal Minister of Indigenous Services Marc Miller.

The federal government works in partnership with Indigenous communities across the country, including First Nations, and is responsible for matters such as housing and project and program funding. It also helps deliver health-care services to registered members living on-reserve.

Pallister made the remarks Dec. 15 during a media conference to update the public on the roll-out of COVID vaccines.

All of Manitoba is under code red on the province's pandemic response system, the highest level of alert. Non-essential businesses have been ordered shut and households are prohibited from visiting with other households. The order extends over the holiday season until Jan. 8. The spread of COVID continues to outpace the capacity of the health-care system to treat patients needing hospital care.

Over 500 Manitobans have died from COVID and almost 22,000 have been infected. Worldwide, more than

Continued on page 15



SASKATCHEWAN MUTUAL



A Dec. 15 post says the community is at risk but had no new cases as of that day.



EXPRESS PHOTOS PEGUIS FIRST NATION

Peguis First Nation's calendar shows lockdown days and relaxed lockdown days for parts of December and January. Extended family members and students can gather with family on relaxed lockdown days over the holiday season.

As the Holiday season is upon us, we take joy in extending a sincere **'THANK YOU'** to those who have helped to shape our business in a most significant way. We value our relationship with you and look forward to working with you in the year to come. We wish you a safe and Happy Holiday season along with a New Year filled with peace and

prosperity.

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From Dwayne Smith & Staff at the Eriksdale and Fisher Branch offices.

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ON THE LAKE IS

ALREADY I CAN

SEE CHANGES

IN THE STORY

THE NATURAL

ELEMENTS OF

THE LAKE."

BASED ON

Lights, camera and action for Lake Winnipeg commercial fishers

By Patricia Barrett

If you ever wanted to live vicariously through Manitoba's commercial fishers as they battle a wind-swept frozen lake, deal with bombardier breakdowns far from shore and try to sell fish during a worldwide pandemic, you're in for a treat because Farpoint

Films is filming of the second season of Ice Vikings near Gimli.

Farpoint crews have got the cameras rolling on the lake, shooting the series that's slated to be shown on the Cottage Life TV channel after filming wraps up at the end of the winter fishing season next March.

Season 1 introduced viewers to the world of Manitoba's commercial ice fishing industry and some of the rugged men and women risking their lives is sub-zero temperatures on an unpredictable and dangerous inland lake. Season 2 tells new fishing tales.

Trevor Kristjanson, who

lives near Gimli, is one of the stars of the series and is also one of the show's associate producers.

"I think the show illuminates a small section of this province and the way we live here," said Kristjanson, who operates the New Iceland Fisheries, processing and delivering freshcaught fish to homes in Winnipeg and other communities. "It's definitely nice to have that exposure on an international level. I really do think the

show will be a big hit."

The cameras follow Kristjanson as he sets nets under the ice, reels them in and processes the fish for domestic and international markets. On the film production side, he helped find the local cast, co-ordinated a variety of tasks that needed doing and

helped film crews "get their bearings" on the ice and in the world of commercial fishing.

The docu-series is unscripted, simply following the fishers around as they go about their work. Kristjanson, who is also a filmmaker, said there's no element of "playing up" to the camera, but they're aware the camera is there.

"I'm appearing as myself on camera. It features my everyday working life, my livelihood and my business, which is growing," he said. "Viewers will get a glimpse of what it's like to participate in the winter fish-

ery."

In addition to Kristjanson's netting of new market opportunities for wildcaught fish during the COVID pandemic, Season 2 features other Lake Winnipeg commercial fishers, including Kristjanson's dad, Chris, husband and wife team Gene and Candice Pischke, and Richard and Mike Bjar-

Continued on page 13



EXPRESS PHOTOS COURTESY OF CHRIS CHARNEY OF FARPOINT FILMS Trevor Kristjanson, who stars in Ice Vikings and is one of the producers, removes fish from his nets.



Commercial fisher Candice Pischke is featured in the series that will be shown on Cottage Life.



> COMMERCIAL FISHERS, FROM PG. 12

nason.

The cast and crew have already experienced their fair share of challenges on the lake, where the ice can suddenly shift, the wind and temperature have a bone-chillingly arctic feel to them and white-outs can blindside them. Even camera batteries need to be stuffed somewhere warm to thaw them out.

"There are daily issues such as breakdowns of the bombardiers or snowmobiles or the lifting of cabooses. Even the amount of ice, the wind and just the sheer cold can create a lot of obstacles for us," said Kristjanson. "Although I'm focusing on my job as a fisher, I've noticed the struggles the crew are going through as we battle the cold weather. It's just as tough for them as it is for us."

Manitoba's winter commercial ice fishing is rather unique in the world, said Kristjanson, because of the nature of our lakes.

"They use some of the same techniques on Great Slave Lake [Northwest Territories] and maybe on the Great Lakes, but those don't really freeze properly to facilitate the kind of winter fishing we do here," said Kristjanson. "Manitoba lakes are very unique as far as the winter fishery goes."

Season 1 was still filming when CO-VID hit in March and that affected fishers in terms of selling their catches. Season 2 will include more on that, he said.

Winnipeg-based Farpoint Film TV and production company is using local crew members for *lce Vikings*. Chris Charney, senior writer and partner, said Season 2 picks up where Season 1 left off.

"My experience on the lake is limited, but already I can see changes in the story based on the natural elements of the lake itself, how this year's first ice was different than last year, as well as what the warmer weather did to the fishing crews' ability to get further out onto the ice," said Charney by email. "Since last year was also an introduction to the characters, this year we're going more in-depth and uncovering what makes them do these dangerous jobs in some of the most

> ESSENTIAL WORKER, FROM PG. 9

Speaking directly to Manitoba's children, Roussin said he knows the past several months haven't been easy for them.

"We know that this year there's been a lot of new rules. We have to wear masks. We have to continue to wash our hands. We have to keep our distance from friends and others," he said. "You can't play with your friends as much, maybe you haven't been able to visit grandparents or other family members.

"We needed these rules to protect ourselves and the people around us, but we know they've been hard." He reminded Manitobans of all ages of the importance of celebrating only with members of their households this Christmas, staying connected virtually with other loved ones.

"Right now I need to remind everyone to stay safe at home with the people you live with," Roussin stressed. "We can't have people visit right now, even over the holiday season. We have to stay safe.

"These rules have been very difficult, but they're not going to be forever. We can see right now, with a vaccine here in Manitoba, that it's not going to be forever. We are going to get back to the things we love doing, but right now we have to stay very safe."





Lake Winnipeg fisher Chris Kristjanson lifts nets with the help of his bombardier

extreme weather conditions on earth." By the end of May, broadcasters should be able to air the second series, said Charney. Season 1, which has been aired in countries such as New Zealand, will be shown — along with Season 2 — on Blue Ant Media

in Canada through its Travel & Escape and Cottage Life networks.

"The air date is coming up," said Charney."I haven't been given the official word yet as to when they will air it but they're coming soon."



Season's greetings and warm wishes of wellness and happiness from our family to yours.

The best gift you can give health-care workers right now is to only leave your home for essential purposes. If it is essential you leave, be sure to physically distance, wear a mask in public indoor places, avoid crowded spaces and clean your hands frequently.

From Interlake-Eastern Regional Health Authority, we wish you and your loved ones a happy and safe holiday season!

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Fisher Library learns of potential home

By Evan Matthews

Almost two years after embarking on the establishment of a community library in the RM of Fisher, the local committee is closing in on officially naming a home.

Though the committee had previously said the leading candidate was the CIBC building, that has since changed according to committee co-chairs Annette Holowka and Cathy Imlah.

"We've had overwhelmingly positive conversations with Lakeshore School Division about having the library be a part of Fisher Branch Collegiate," said Holowka, adding the committee first approached LSD back in May about utilizing a 960-square-foot space in the school.

If the proposed library were to go in FBC, Holowka said the library committee would be given the space for a "cost recovery fee."

Generally, cost recovery is simply recovering the costs of any given expense, in this case applying to wear and tear of the space, utility fees, etc.

"We really had to look at the financial burden, and our budget simply wouldn't allow us to utilize the CIBC building," said Holowka.

She noted that the uniqueness of the CIBC building and its pre-existing office space made it an attractive option.

Currently, the committee is waiting for the RM of Fisher council to pass the third and final reading of the bylaw that would establish a public library in the municipality, according to Holowka, citing the Public Libraries Act.

Though, she said the RM has earmarked roughly \$18,000 toward the initiative in its 2021 budget. The Fisher Library Committee was on the RM of Fisher's December agenda, but Holowka said the topic has been deferred to the next meeting.

"But we want people to know, we are still actively pursuing a much-needed library in our community," said Imlah.

She added that while the committee cannot specify where in the school exactly the library is slated to go, there were a few more details they could release.

"We would have our own safe and secure entrance, which would require a minimum renovation with door, key fob and engineering review," she said.

"This renovation would have to be paid by the committee. The committee is willing to fundraise





The community of Fisher Branch is overwhelmingly supportive of having the new library in the Fisher Branch Collegiate

and apply for grants."

Of course, with COVID-19 restrictions as they currently are, in addition to waiting for council's decision on the bylaw governing the formation of a public library in the municipality, Imlah said there isn't any point in starting to fundraise.

Despite the openness and willingness of Lakeshore School Division, the committee said nothing is confirmed until the RM passes the third reading of the bylaw that would establish a public library in the municipality.

The school board has approved the concept in principle, according to Lakeshore School Division Supt. Don Nikkel, who added what happens next is up to the RM.

Background

In February 2020, over 50 community members — including members of the Fisher Branch Library Committee, the RM of Fisher Council, representatives from the Evergreen Regional Library, and a representative from Provincial Library Services packed into the Ukrainian National Home for a public meeting.

The proposed library would offer Wi-Fi and high-speed internet, with access to technical support via a library clerk. With a high number of Fisher families not having access to Wi-Fi, the committee emphasized the importance of access. Other benefits to the library include added value to the community's real estate profile.

Early on in the process, a community survey showed — dependent on the question — anywhere from 70 to 85 per cent of community members found a library in the community to be either "important" or "very important."

The provincial government is encouraging the local library committee to join an existing library system: a "Regional Library." The regional library, according to the committee, that makes the most sense for Fisher Branch to join is the Evergreen Regional Library.

At present, the Evergreen Regional Library is made up of Arborg Library, Gimli Library and Riverton Library. Part of joining the regional library means paying a tax, also referred to as a levy, according to the committee.

Each regional library, in conjunction with its RM, figures out levies based on population, using a percapita system.

Based on the RM's resident total (1,827), the Evergreen Regional Library (Group), and would require a levy of \$18,726.75 from the RM annually, which was the aforementioned funding earmarked by council.

The levy covers:

• Hiring and training of library staff (ensured to be a local person, guaranteed 27 hours per week)

• Rotation of books as needed

• Yearly allotment of new books purchased

• Computer software responsible for recording books checked in and out, usage totals, etc.

• Technical support from library clerk

• Annual provincial audit (can amount to \$3,000 if done individually)

• Organization of workshops and programs

Going back further

In March 2019, a group of residents approached council with the idea for a library, locally.

Council suggested a petition to gauge community support.

In May 2019, the same group attended another meeting with over 300 signatures in support of the library and 12 letters of

support from community groups. Council suggested a business plan would be needed to help make a decision, which the group — now the Fisher Branch Library Committee — wrote up. The committee has spoken at length, consulting

with regional libraries and provincial departments.

The committee sees the library as a potential gathering place in the community, according to member Lynda Baker, a place for people to take out books, e-books or provide language kits to new Canadians. Other community events could be hosted such as art displays, local author visits, book clubs, summer programs and a preschool program, she said.

HAD TO LOOK AT THE FINANCIAL BURDEN, AND OUR BUDGET SIMPLY WOULDN'T ALLOW US TO UTILIZE THE CIBC BUILDING."

"WE REALLY

"IT'S A WATCHFUL

CAUSE."

EYE, AND A WORTHY

Crime Stoppers: 'We are still working'

By Evan Matthews

Manitoba Crime Stoppers is reaching out to local municipalities to say, despite a tough year, the organization is still working and rewards are still being paid out.

Typically, in late-November, Crime Stoppers will reach out to municipalities for funding requests, so municipalities are able to better plan the following year's budget. As an example, the RM of Armstrong contributed \$268.80 to Manitoba Crime Stoppers in 2020.

"We support them always, in any way we can. When you've got volunteers doing these types of jobs, they need support," said Armstrong Reeve Susan Smerchanski.

"It's a watchful eye, and a worthy cause. It's an organization helping to keep our communities safe, and we want to keep them financially viable," she said.

Smerchanski acknowledged the RM of Armstrong has been one of many Interlake communities to struggle with rural crime, and the region is committed to reducing crime and keeping communities safe.

The Crime Stoppers program is a big part of that, she said, as it provides a safe and anonymous way for the Manitoba public to pass on information to local police agencies, according to its website, as "tipsters" can report information about any non-urgent illegal activity.

"It happens all over the place," said Smerchanski. "We encourage Interlake residents to call Crime Stoppers—and RCMP in emergencies—if/ when they see something suspicious." To report information to Crime Stoppers, call 1-800-222-8477 (TIPS). However, in the case of emergency, always dial 9-1-1.

Crime Stoppers and COVID After sending out its last funding

letter in November 2019, the COVID-19 pandemic shut most of Manitoba down in March 2020. Fundraising for Crime Stoppers ceased, according to the organization's statement. Now, in 2020, the or-

ganization has called off its 2020 funding drive (for the 2021 operating year) all together.

"We acknowledge your need to deal with more pressing issues relating to

also reminds people of the COVID-19 community lockdown that doesn't permit visiting.

It goes on to say that Jan. 2 to 4 will be "Lockdown" days, but additional "Relaxed Lockdown" days will occur on Jan. 5 and 6.

The post says the lockdown is "working great" and numbers of COVID cases have decreased.

The band provided statistics on Dec. 15 showing no new cases of COV-ID-19, with three active and 14 members self-isolating. In total 194 cases of the virus have been confirmed with one death.

In an interview with media, Chief Hudson said Peguis had been put under lockdown weeks before the province announced new measures to curb the spread of the virus, and that allowed the First Nation to get the virus under control.

However, the risk of COVID spreading to members still exists, states the Dec. 15 post: the community is in a

Everything you need to promote your business

COVID-19. This doesn't mean we're shutting down our crime prevention work," the statement reads.

'We are still here for you. We are still working. Our tip lines are still open, active, and staffed. Tips are still

incoming and rewards are still being paid out," it goes on. Though it hasn't yet gone out, Crime Stoppers said in its statement the organization will send out its funding request to municipalities.

Anyone with questions or concerns is encouraged to call Crime Stoppers at 204-983-4951.

"high-risk" state for the community spread of COVID and remains in extended lockdown. It advises band members to continue to restrict travel out of the province, stay home if they feel sick, wear a face mask in public and "avoid gatherings with those outside of your household."

The band office confirmed last Wednesday, a day after Pallister's media conference, that the relaxed lockdown period is going ahead as planned.

But a request for information from the chief's office about whether there will be a limit on the numbers of family members allowed to gather in one household was not returned by press time.

Off-reserve members wanting to visit during the relaxed lockdown period must pre-register by calling the Peguis COVID-19 Hotline at 204-645-2869 or 204-645-4738.

> MASSIVE MISTAKE, FROM PG. 10

74.5 million people have been infected with the virus and over 1.6 million have died (data: Johns Hopkins University, Dec. 17).

He is not the only leader opposed to Peguis' plan, said Pallister. Melanie McKinnon, who leads the Assembly of Manitoba First Nations' pandemic response team, "urges all First Nations against visiting outside immediate households including over the holidays."

Pallister said there are not enough health-care resources to deal with additional COVID cases and provincial public health orders have to be followed by everybody.

"Hospitals are full and ICUs are overrun, and we can't have people going out making up their own rules willy-nilly while the federal government stands back and says it's fine," said Pallister. "Mr. Miller should be

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ashamed of himself for taking that position."

The premier said he had written to Prime Minister Justin Trudeau asking him to intervene in the matter to protect all residents in the province.

"It's being thoughtless. And we don't have two separate sets of rules here in Manitoba," said Pallister. "We have public health rules that apply to every one of us for the good of every one of us, in the name of protecting every one of us."

Peguis announced in a Dec. 11 post that it will allow extended family members living off reserve and students to visit the reserve for eight days over the holiday period.

"Visiting will be allowed with extended family and students only during Holiday Relaxed Days of December 23, 24, 25, 26, 27, 28, 31, 2020 and January 1, 2021," states the post, which

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Barylski finding his groove in the CRJHL

By Brian Bowman

Every hockey team covets a power forward in their lineup.

They don't come around very often and it's really rare to find one that's talented and just 17 years old.

But the Arborg Ice Dawgs have that gem of a hockey player in Tyson Barylski.

Barylski has gotten off to a great start in his rookie season with Arborg, scoring two goals and adding four assists in seven games.

He has gelled real nicely while playing on a line with Ice Dawgs' captain Josh Roche.

"I was happy with (the start), especially with my coach giving me the opportunity to play with the captain on the team," said Barylski. "Without (Josh), I don't think the (offensive) numbers would be the same. He does it all, he scores the goals and he works hard."

Barylski stands six feet tall, weighs about 180 pounds, and attends Arborg Collegiate. He has no problem mixing it up with the older players in the Capital Region Junior Hockey League.

He's enjoys playing junior hockey

"I like to grind and hit," he said. "It's a lot of fun. You have more freedom to do things and the relationship with the coaches and everything is good."

Barylski played two regular-season games with Arborg last season, picking up three assists and 17 penalty minutes. He also suited up for two playoff games with the Ice Dawgs.

He took a break from AAA hockey last year and played for his local house league team with his friends.

"I felt it was more fun doing that and less travelling," he reasoned. "I'm really happy that I chose to play with the Ice Dawgs this year."

That break helped Barylski recharge the batteries and he is eager to get the CRJHL restarted once Hockey Manitoba gives the green light to resume league play.

Barylski is one of a dozen rookies/ affiliated players on Arborg's roster. The Ice Dawgs are definitely young, but there is a lot of talent within that youth.

"I think we have a young team but we probably have the best all-around team in the league," he said. "I think we have a very good chance (to win a championship this year), better than other years. The coaches have built



Tyson Barylski

up a better team than usual and a lot more people came to tryouts."

Canada West cancels swimming and track and field championships

Staff

Canada West announced the cancellation of its 2020-21 swimming and track and field championships on Dec. 17.

The conference deferred a decision on the 2020-21 curling championships to a later date. Calgary was slated to host the swimming championships while Manitoba was scheduled to host the track and field championships.

The conference's 17 members formally made the decision to cancel the two championships and defer a decision on curling following recommendations from the Canada West Board of Directors.

"Unfortunately, it's another difficult decision that our members have had to make," said Canada West president Curtis Atkinson."Cancelling any competition, including championships, is not a decision that is taken lightly. We understand and share the disappointment from everyone involved in these sports and hope that today's announcement provides clarity for our student-athletes and coaches."

Einarson, Gushe to vie for national mixed doubles curling crown

Staff

Canada is adding another great mixed doubles curling team.

Last year's Scotties and Brier champions — Kerri Einarson and Brad Gushe — are teaming up to form Canada's newest mixed doubles curling rink.

The pair will be competing at the upcoming mixed doubles national championship in Calgary in mid-March.

Gushue is an Olympic champion, world champion, and threetime Brier winner from St. John's, N.L.

Camp Morton's Einarson, meanwhile, won her first-ever Scotties title with her new all-skip rink last February in Moose Jaw, Sask.

Both teams did not get the chance to represent Canada at the world championships due to the COVID-19 pandemic.

WHL delays start of regular season again

Staff

The Western Hockey League announced on Dec. 15 that it will delay the start of the 2020-21 regular season.

Following further consultation with regional health authorities, the Board of Governors will meet in January to consider potential start dates.

With public health restrictions in place across Western Canada and the Pacific Northwest U.S., the WHL is not in a position to start its regular season as planned on Jan. 8.

The WHL will continue to work with Government and Health Authorities as they consider schedule options for the 2020-21 season. The WHL has developed a series of protocols in consultation with health authorities that are necessary to protect WHL players, staff, officials, and fans during the COVID-19 pandemic.

"We continue to make every effort to get our season started, but our first priority has always been the health and safety of our players, and everyone associated with the WHL," said WHL commissioner Ron Robison. "Given the public health restrictions that are currently in effect, we are not in a position to determine a new target date for our season. We will continue to consult with health authorities to determine when it is safe and responsible to get our season started."

Stonewall to host four major baseball championships this summer

Staff

Baseball Manitoba announced the host sights for the 2021 Provincial, Western, and Canadian Championships last week.

And Fines Field will be a very busy

place this summer with Stonewall hosting four major events.

The U11 "AA" provincials will be held in Stonewall from July 16 to 18, followed by the 21U "AAA" Western Canadian Championship slated for Aug. 13 to 16.

The 14U girls' Western Canadian Championship is set for Aug. 20 to 22 while Baseball Canada's Women's Nationals will run Aug. 19 to 22 in Stonewall.



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1. Crow species

4. Partner to flow

7. Male offspring

beverage

8. Sedate

10. Orange

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CLUES DOWN

1. Rear of (nautical)

2. He minds the net

5. Young children

6. Beloved hobbit

9. Wish harm upon 11. Quick=eyed (Scottish)

19. Once vital TV part

8. Pigpen

15. One more

22. Advantage

23. Type of tree

27. Life stories

31. Package (abbr.)

32. A photog's tool

28. Vase

29. Tiny

33. Wood

3. Ring-shaped objects

4. When you hope to get there

14. Scrooge's phrase "___ Humbug"

20. Sixth month of Jewish civil year

18. A ballplayer who only hits

24. Luke's mentor ___-Wan

Now buying fur! Top prices paid immediately! Big demand for Western Coyotes -Dried & Carcass. Province of Manitoba - Fur Licence required. Call or text Jason White 204-223-0451 NOTICES

WANTED

Wishing you a Healthy & Happy Christmas and Holiday Season on behalf of the dedicated Member Publishers & staff of the 37 member weekly community newspapers in Manitoba. It has been our privilege to serve you in 2020, and we look forward to serving you in 2021! Phone 204-947-1691 or www. mcna.com

HAY FOR SALE For sale - small square

bales wheat straw in shed. Round bales of barley, not combined. Ph 204-461-1717 or 204-375-6622.

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NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF MARK FRED-ERICK MASSNER, late of the Postal District of Gimli, in Manitoba, Deceased, ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at his office, Box 149, 70 Main Street, Teulon, Manitoba, R0C 3B0, on or before the 22nd day of January, 2021. DATED at Teulon, Manitoba, this 4th day of December, A.D. 2020. STEVEN R. SHINNIE

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Ashern Auction Mart is holding a **Complete Herd Dispersal Sale for** Ed & Linda Chelle on December 28th, 2020 Start time 12:00 pm Selling approximately 260 Bred cows

Cows are 80% Black and 20% Red Cows are on a herd health program Bred to Justamere Bulls Bulls turned out for April 25h calving start date Good Set of ranch cows ready to go out and work for you

Cows will be pregnancy checked at the Auction Mart prior to the Sale

Contact

Ashern Auction Mart - 204-768-2360 Buddy Bergner - 204-768-0018 Kirk Kiesman - 204-768-0019 Licence 1128



34. One of the six noble gases

- (abbr.) 35. Pueblo people of New Mexico
- 36. Wild goats
- 37. A way to comply

38. Horatio ___, British admiral **39. Actress Leslie** 40. Sir __ Newton 44. Pouch

47. Have already done

12. Pair of small hand drums 13.12th month of

- Jewish civil vear
- 14. Former Pirates star Jason

WSI

0 0

- 21. Localities 25. Consume
 - 26. Don't know when yet
 - 27. Bed style

16. Computer company

19. Beverage container

20. Charlize Theron film "___ Flux"

17. Made angry

- 29. Make a low, continuous sound
- 30. Wrath
- **31. Pollinates flowers**
- 32. Association
- 39. Prejudice
- 41. Unhealthy
- 42. Hasidic religious leader
- 43. Distinctive philosophy
- 44. Short-term memory
- 45. In a good way
- 46. Emperors of Ethiopia
- 48. Imaginary line
- 49. Of barium
- 50. One's sense of self-esteem
- 51. Man who behaves dishonorably

52. Monetary unit





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IN MEMORIAM/CARD OF THANKS



Hunter Skaritko

September 20, 2000 - December 20, 2019 Thank you to our friends and family who have supported us over the past year after the death of our son Hunter. Special thanks to Hunter's good friends Matt and Zeke; your kindness will always be remembered. And thanks to the RCMP Gimli and Arborg Detachments, RCMP URT, and the Good Samaritan who called 911 that dreadful day.

Gratitude and blessings to Manuel and his crew from HEART Team for the successful recovery, and thanks for the empathy and support from Suzanne of the OCME, Dr. Meredith, and Gilbart Funeral Home in Selkirk. If you are able, support and donations to HEART Team in memory of Hunter would be appreciated, as they continue to assist families like ours across several provinces.

Since you left, we are no closer to understanding why, no closer to healing our pain, no closer to moving forward. Your memory is with us daily as we begin to see we will never be the same without you, and there is no changing that. Our only light is thinking of the joyous times we had together as we slowly put one foot in front of the other. RIP Hunter

Your life was a blessing, and a treasure. You are loved beyond words and missed beyond measure.

-Judy, Wayne, Dana, Chad

IN MEMORIAM

In loving memory of **Robert Martin** December 22/34- January 2, 2019 We think about you always, We talk about you still; You have never been forgotten, And you never will. We hold you close within our hearts, And there you will remain; To walk and guide us through our lives, Until we meet again.

-Love always, Ellen, Sharlene and Robert, Loretta and Owen, Laureen and Billy, Tracey and Jeff, and grandchildren



than necessary.

2. Be patient. If you opt for a frozen turkey, don't rush the thawing process. For larger turkeys, it can take days to

3. Timing is everything. Finding the right amount of time for your turkey to spend in the oven is crucial but not always the easiest thing to do. For an 8-12-pound bird, aim for 2.5-3.5 hours; 12-16 pounds for 3.5-4 hours; 16-20 pounds for 4-4.5 hours, and so on. The

4. Let it rest. Instead of pulling the turkey out of the oven and immediately carving it, give it a chance to rest for 20-30 minutes, which allows the juices to soak into the meat and moisten it up.

Cheeseball

1/8 teaspoon pepper

2 packages (4 ounces) Buddig Beef or Ham, chopped, divided

1 package assorted crackers In large bowl of mixer on medium

speed, beat cream cheese and cheddar cheese until creamy. Mix in black olives, green onion, red

bell pepper, Worcestershire sauce, pepper and 2 ounces chopped beef until well combined.

Form into ball. Wrap in plastic wrap. Chill at least 2-3 hours to allow flavors to blend.

Just before serving, roll in remaining chopped beef until completely coated. Serve with assorted crackers.

Gingerbread Cookies

- 1/4 cup molasses
- 1 3/4 cups all-purpose flour
- 1/2 teaspoon baking soda
- 1/8 teaspoon salt
- 1 teaspoon ground ginger
- 1/2 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 1/8 teaspoon ground cloves
- royal icing

In large bowl of electric mixer fitted with paddle attachment, cream butter and bake 10-12 minutes, or until firm. and sugar about 2 minutes on medium Let cookies cool on baking sheets 2-3 speed until light and fluffy. Add egg and minutes then transfer to cooling rack. molasses; mix until well incorporated. In separate bowl, whisk flour, baking Decorate cookies with royal icing.



Orange Eggs Benedict

Serves: 6 Orange Hollandaise: 2 egg yolks 1 orange, juice only 1/2 teaspoon kosher salt 1/2 cup unsalted butter, melted water 1 tablespoon white vinegar 8 eggs 1/2 cup butter, softened 6 French baguette slices, 3/4-inch

thick each 6 thick slices ham

1/2 cup orange marmalade orange zest, for garnish

To make Orange Hollandaise: In small bowl, blend egg yolks, orange juice and salt until combined. Gradually add melted butter into egg mixture while blending. Set aside.

In skillet, add water halfway up sides. Add vinegar. Bring to simmer. Break eggs into water to poach. Cook 3-4 minutes until whites are cooked through and yolks are still runny. Using slotted spoon, remove eggs and drain on paper towels.

Spread butter on one side of bread slices. Place bread in skillet and cook until golden brown. Add ham to same skillet and cook until browned on both sides.

To assemble, spread bread slices with orange marmalade. Top each with one slice cooked ham and one poached egg. Pour hollandaise over eggs and garnish with orange zest.

Photo courtesy of Getty Images (Holiday table)

soda, salt, ginger, cinnamon, nutmeg and cloves. Use mixer on low speed to add to butter mixture until combined and dough is formed.

- Divide dough in half, wrap with plastic film and refrigerate at least 1 hour.
- Preheat oven to 350 F and line baking sheets with parchment paper.

Flour clean work surface. Roll dough 1/8-1/4 inches thick. Cut out shapes with desired cookie cutters.

Transfer cookies to lined baking sheets Cool completely.



lives up to expectations, follow these

1. Buy the right bird. Finding a turkey

that's just the right size for your ex-

pected party is the start to a successful

gathering. One common rule of thumb

is the buy 1 pound of turkey per person

- so, for a 10-person meal, purchase a

10-pound turkey. Don't forget that near-

ly everyone loves leftovers, so you may

consider buying a few pounds more

simple tips, from purchase to plate:

Total time: 30 minutes Servings: 10

- 1 package (8 ounces) cream cheese, softened
- 2 cups (8 ounces) finely shredded cheddar cheese
- 1 can (2 1/4 ounces) sliced black olives, drained
- 2 tablespoons minced green onion
- 2 tablespoons minced red bell pepper
- 1 teaspoon Worcestershire sauce



Recipe courtesy of Bernice Baran Prep time: 30 minutes Cook time: 10-12 minutes Yield: 24 cookies 1/2 cup (1 stick) unsalted butter, softened 1/2 cup C&H® Dark Brown Sugar 1 large egg

Centering your holiday meal around a turkey cooked to golden perfection is defrost properly. the ideal way to serve a feast. Without the right preparation and execution, however, your bird could fall short. To ensure your holiday dinner centerpiece

key is bringing the turkey to a temperature reading of 170 F.

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Your Kole

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20 The Express Weekly News Thursday, December 24, 2020



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