



Ready. Set.
SHOP!

WIN \$1000 in Santa Bucks

December 1 thru December 30

See full page for participating business.

THE EXPRESS

VOLUME 5 EDITION 50 THURSDAY, DECEMBER 13, 2018

WEEKLY NEWS

SERVING LUNDAR, ASHERN, ERIKSDALE, MOOSEHORN, FISHER BRANCH, RIVERTON, ARBORG, GIMLI, WINNIPEG BEACH, ARNES, MELEB, FRASERWOOD

**2017 Honda
CRF50, 50 c.c.
1 Year Warranty**



\$1499
plus PDI
HONDA

**2018 Honda
CRF110 Bike, 110 c.c.
1 Year Warranty**



\$2299
plus PDI
HONDA

**2017 Honda TRX420FM
Quad
Red
Manual
Shift
1 Year warranty**



\$6799
HONDA

**Honda TRX500FM
Quad
Red,
Manual
Shift
1 year warranty**



\$7999
HONDA

**SHACHTAY
SALES & SERVICE
Arborg, MB
204-376-5233**



For the pets

EXPRESS PHOTO BY TERESA CAREY

Staff at Viking Motors in Arborg are collecting cans and bags of pet food until Dec. 23, as part of their "Pets need Christmas too" initiative. All supplies will be donated to Hull's Border Collie Rescue in Meleeb and the Gimli Humane Society. Pictured back row, left to right: John Marten, Boyd Benson, Jeff Manchulenko; middle row, Elvis Collins and Karin Batke. Seated in front, Karen Bittner. See story pg. 3.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

**Countryside
Home**
building centre

Lot 1, Hwy 17 S, Fisher Branch, MB
204-372-8501



Valid til
Dec. 31, 2018

**UP TO 4 YEARS OF WARRANTY
ON HUSQVARNA SNOW BLOWERS**



Husqvarna
READY WHEN YOU ARE

Relay for Life Committee sees success with Santa Breakfast

By Patricia Barrett

There was barely any room to move inside the Winnipeg Beach Community Centre last Saturday morning when the Interlake Relay for Life Committee held its second annual fundraising breakfast with Santa.

Master chef Cindy Genik, who's a member of the PR 234 Road Warriors relay team, had the pancakes flying off the griddle as over 150 people showed up by mid-morning to help the relay committee raise funds for the Canadian Cancer Society.

"We had 117 people last year in total and this year we've far exceeded that," said committee chair Betty Loewen. "Last year it had such a good feel to it — it was such a nice community event — that we decided to do it again this year."

The committee is expecting to hit an attendance figure of over 200. Relay for Life is well supported in the Interlake, where hundreds of people form fundraising teams and donate the money to the Cancer Society for research and patient support services.

There were plenty of activities for the kids, including face painting by Dee Dee Miyai from Fraserwood, colouring books, story-time and visits with Santa, who made some last-minute additions to his list.

Winnipeg Beach siblings Jayden, Hailey, Kadence and Zachary, who had been really good all year, asked Santa for toys such as Lego, Pokémon and a Baby Alive.

A group of kids gathered around author Jeanne Gougeon, who read from her latest story, *Noisy Santa*.

"It's not a book yet," she said. "It needs to be kid-tested before it becomes a book!"

Gougeon, a retired teacher whose children's book *Be Brave* is on sale at Tergesen's store in Gimli, brought a number of props for the kids so that they could help her with sound effects such as ringing sleigh bells and Santa

climbing down the chimney and with lighting effects such as Rudolph's nose.

The relay committee will be holding another fundraiser in May as a lead-up to the relay itself in June. For more information about the Interlake Relay for Life, visit its Facebook page.



Santa said he wrote down on his list what Grade 1 student Emma from Winnipeg Beach is hoping to get for Christmas.



Cindy Genik, a member of the PR 234 Road Warriors Relay for Life team, spent four hours in the kitchen making perfect pancakes.



EXPRESS PHOTOS BY PATRICIA BARRETT
Bobby (in green sweater) and Tatum donned their best Christmas sweaters and had their faces painted by Dee Dee Miyai from Fraserwood.



Winnipeg Beach Mayor Tony Pimentel (sitting) and his councillors helped support the relay fund-raiser. From left: councillors Frank Masi, Pat Green, Daryl Carry and Larry Banks.



Author Jeanne Gougeon kid-tested her *Noisy Santa* manuscript, which she will have illustrated and made into a book.



Breakfast volunteers Pat, Bernice and Carol were kept hopping as the event saw double the number of people over last year.



From left: siblings Jayden, Hailey, Kadence and Zachary.

Ornaments for Owies fundraiser supports children's health

By Patricia Barrett

A young Gimli girl with some awesome ornaments has just completed her third annual fundraiser for the Children's Hospital Foundation and Ronald McDonald House.

Ruby, a junior kindergarten student, raised \$325 for the two charities through her business called Ornaments for Owies. Seventy per cent of the proceeds will be donated to the foundation and 30 per cent to Ronald McDonald House, which houses the families of children receiving medical treatment.

Ruby's mom, Stephanie, said her daughter came up with the business name when she made a lot of ornaments and decided to give them away.

"She was only two at that time and I said, 'Do you want to give them to kids that don't have stuff for Christmas?' And she said to kids with owies," said Stephanie.

Ruby makes the Christmas ornaments herself with a little help from her mom. This year she made square ceramic tiles with hearts and stars, in

bright blended colours.

Two Gimli businesses stepped up to help Ruby with her fundraiser. Sugar Me Cookie's owner Carrie Arsenault asked if she could help sell some of the ornaments at her bakery and Pharmasave let Ruby set up a display table for one morning in the pharmacy.

"She sold out at Pharmasave and she had to make a few more for the people that found out about it on Facebook," said Stephanie.

Ruby has already delivered a share of the proceeds to the foundation. Last Friday it held a radio-thon at Polo Park where Ruby delivered the remaining proceeds in person and was scheduled for a radio interview. She'll be making an appointment to deliver the proceeds to Ronald McDonald House.

Stephanie said she feels "pretty proud" of her daughter's willingness to help other people and the response she received in return.

"It's very nice to see how the community came together to help her with this."



EXPRESS PHOTO SUBMITTED

Ruby set up her Ornaments for Owies business in Pharmasave, where she sold out.

Arborg businesses accepting donations for pets until Dec. 21

By Teresa Carey

Christmas is a time of giving — even to our furry friends.

In the spirit of the season, staff at Viking Motors in Arborg are collecting cans and bags of pet food until Dec. 23, as part of their "Pets need Christmas too" initiative. The plan is to donate whatever supplies are raised to two local animal organizations, Hull's Border Collie Rescue in Meleb and the Gimli Humane Society.

"We have a small community here and people are always raising money for food banks and Christmas hampers," said Karen Bittner, Viking Motors marketing assistant. "We wanted to try something a little different."

Bittner explained that animal shelters are always looking for food, as well as homes for the animals, but often struggle to secure resources. She hopes a food donation will support the shelters in caring for the animals longer than they might otherwise be able to.

When people come in and place a donation under the tree in the Viking Motors showroom, they will receive a paper paw print on which to write their names. The paw prints will then be placed onto the tree as decoration and will later be sent to the animal organization along with the food donations, which Bittner plans to deliver personally in time for Christmas.

Brody Ball, Westshore Marine & Leisure general manager whose business is connected to Viking Motors, wanted to show his appreciation to the community for their donations and came up with the idea to offer gift certificates. Anyone who brings in a bag or can of food will receive two \$20 gift certificates toward their next service, one for Viking Motors and one for Westshore Marine & Leisure. These gift certificates, which expire on March 31, 2019, are transferable.

Bittner held a similar pet food drive years ago at her former places of employment in Beausejour and most recently in Ashern, which she did in memory of her mother who passed

away nine years ago.

"She always gave money or pet food to the humane society every year," recalled Bittner.

Bittner pitched the idea to Ball and Viking Motors general manager Boyd Benson.

"They both loved it, and I ran with it because I've done this before," Bittner said. "I like to do event stuff, and everyone was on board. Everybody here is very supportive of it — the sales guys, the service guys, everyone," she said. "I have no expectations about how much will be raised. Even one bag of food can save a lot of animals for a couple days. We win already," Bittner said.



Wrap up 2018

with the Year End Oil Sale

CO-OP AGRO





Interlake

Cardlock
204-376-5201

Eriksdale Hardware
204-739-2634




See your local retail for details.

Inwood post office helps raise over \$123K for children's charity

By Patricia Barrett

Canada Post will be honouring Inwood's postmistress for having helped raise over \$123,000 for the corporation's children's charity and making Inwood its No. 1 fundraising post office in Canada.

Malinda Skogan and her three staff helped raise \$2,195 from community donations and \$494 from a community barbecue and garage sale for Canada Post's Community Foundation for Children. And Inwood and 100 other post offices across the southern Manitoba region sold 15,000 raffle tickets for a trailer and raised over \$120,000.

Skogan's area manager, Bernie Stahn, who oversees the southern region, received the trailer from a generous donor in Steinbach.

The total amount raised was \$123,060.24 and all the money will go to the charity.

"The reason I was able to hit No. 1 was because not only do the post offices raise money, but also our local area supervisor [Erin Lachman] raised money in the background, and this year she chose me because of all the hard work our office has been doing," said Skogan. "So all the money she raised she gave to our office so we could hit our targets. She's amazing. She's such a good supervisor, always helping and has great ideas."

Skogan said her staff members Cheryl Stark, Stacey Bender and Barb Strick really stepped up and "made everything possible" during the various fundraising activities.

"I have really great staff here. I can't really take any credit because if it

wasn't for my staff, this post office would not be half as good as it is," said Skogan, who's been postmistress for four years. "We really try and help this charity for the kids. In April people who want money for a kids' program put in a grant application and they [may] get money."

Canada Post's Community Foundation for Children helps local organizations, registered charities and schools. In 2018, 112 children and youth organizations shared \$1.2 million in funding, according to the foundation's website. Over the past seven years, the foundation has provided money to build libraries and fund sports, breakfast programs, anti-bullying initiatives and education and life-training skills for at-risk youth.

Skogan's post office also earned the "Most Improved" post office award and will receive a plaque for the honour.

In addition to helping fundraise for her employer, Skogan volunteers and helps fundraise for good causes in Inwood and surrounding communities.

"See a need, fill a need," she said. "If you see something you can help with, you just do it."

She's president of the Narcisse Women's Institute, chair of the Inwood Community Group, volunteers for the local Welcome Wagon and Inwood's Old Fashioned Christmas event and, for the third year in a row, is helping distribute Christmas tins to spread around a little cheer.

"A bunch of ladies bring in cookies and we package them all up in nice Christmas tins, and everyone at the



EXPRESS PHOTO BY CHRISTY BROWN

Cheryl Stark, left, and Malinda Skogan.

manor (senior's home) gets them and anybody who needs cheering up."

She's also undertaking a clothing drive for Winnipeg's Siloam Mission, helping the Teulon District Cheer Board collect money and groceries for Christmas hampers and organizing a Season's Greeting board that people can have their names on.

"We also do the Season's Greetings board every year where we collect money for a specific cause. This year it's going to the Inwood swim program."

The Old Fashioned Christmas event has a little bit of everything, includ-

ing storytelling, singing, a Christmas message, gift bags and "cookies galore."

"I don't know who this is, but somebody is a wonderful giver because every year we've hosted this we've had an anonymous donation of a Christmas hamper. It's four big boxes of stuff and we raffle it off," said Skogan.

"It's a good community connecting event. It's like a revival for the community. People and neighbours that haven't seen each other for a year or two get together and it's so good to see that."

CLIP & SAVE

This holiday season, know how to access emergency services in your community:

In the event of a medical emergency call 911 (or your local 10 digit emergency number if one is assigned to your area) to access paramedics who can administer lifesaving care and transfer you to the appropriate facility for the care you need.

On occasion, you may find a doctor is not available in your emergency department. To check emergency department status:

CALL: 1-866-267-5818 to hear a recorded message regarding the status of emergency departments in the region.

VISIT US ONLINE: www.ierha.ca and click "Care in Your Hospital" and "Emergency Department Schedules" to view the emergency department schedule of doctor availability.

In the event that a doctor is not available in an emergency department that you have visited, please speak with a nurse who will help identify your care options. Interlake-Eastern RHA continues to recruit new doctors to the region to improve your ability to access reliable care.



Interlake-Eastern
Regional Health Authority

Peguis RCMP respond to fatal snowmobile collision

Submitted

Peguis RCMP responded to a report of a snowmobile rollover on the Main Road in Kinonjeoshtegon (Jackhead) First Nation, located approximately 75 kilometres north of Peguis just after 11:15 a.m. on Dec. 2.

A 40-year-old male from Jackhead was travelling in a ditch along

the Main Road when he crossed over the road and lost control of his snowmobile and rolled. He was pronounced deceased on scene.

The deceased was not wearing a helmet at the time of the collision and alcohol is believed to be a factor.

The investigation continues.

CCM inspires youth hockey players to do good this holiday season

Leading hockey brand empowers teams to give back to communities

Submitted

CCM Hockey announced details of its 2018 CCM Assists campaign, which inspires minor hockey teams across North America to establish an active role in their communities during the holiday season and beyond on Dec. 7.

In return for their dedication and hard work, the brand will reward select teams with CCM hockey sticks.

Between Dec. 7 and 31, 2018, CCM Assists encourages young players to participate in community service and perform good deeds locally. To en-

ter, participating teams across North America are asked to share images and videos with a short description of their "assists" via Twitter or Instagram using the hashtags #CCMAssists #Entry.

At the conclusion of the program in January, three participant teams will be chosen as winners. The winning teams will be outfitted with CCM's JetSpeed, Ribcor Trigger 3D or Super Tacks AS1 sticks, plus two goalie sticks, for their notable "assists" to the community. For full rules and regula-

tions, please visit <http://ccmhockey.com/en/ccm-assists>.

"We are so proud of everything these young hockey teams have accomplished since the inception of the CCM Assists program in 2015," said Rick Blackshaw, CEO of CCM.

"Very few players will play professionally, but everyone has the opportunity to be a great contributor to their community. As such, these players know that how they perform off the ice is just as, if not more, important than how they perform on it. We are stoked to see what initiatives teams will take part in for the 2018 holiday season."

As an organization, CCM has placed

an emphasis on social good and community initiatives through key donations, volunteer services at community hockey events and partnerships with CCM pro-athletes within local communities. Earlier this year, CCM partnered with the Montreal Canadiens Children's Foundation, providing equipment donations and volunteers to help get as many kids on the ice as possible within the Montreal community.

Throughout the course of the campaign, submissions will be retweeted or liked via the CCM social pages. The winning submissions will be showcased on Jan. 11 across CCM's social media feeds.

Gimli Harbourfront Visioning contract awarded to HTFC Planning and Design

Submitted by Kristine Sigurdson

The Icelandic Festival of Manitoba (IFM) is pleased to announce that the landscape architecture firm HTFC Planning & Design will lead an inclusive planning process to develop the master plan for Phase 2 of Viking Park.

The consultative process, and the development of Phase 2 of Viking Park are possible thanks to a grant awarded to the IFM through the New Building Canada - Small Communities Fund (SCF). This fund supports priority public infrastructure projects in communities with fewer than 100,000 residents across Canada. Canada and Manitoba approved \$300,000 each towards the project, with a matching contribution required from IFM.

"I am pleased to see work progressing on this exciting project for the community of Gimli. The Government of Canada is proud to support the development of Viking Park, which will create a dynamic new outdoor space for residents while preserving the unique history and heritage of this community for generations to come," said the Honourable François-Philippe Champagne, Minister of Infrastructure and Communities.

HTFC was chosen by a steering committee made up of

the IFM and its Viking Park Campaign Cabinet, the RM of Gimli, the Betel Home Foundation, the Betel Heritage Foundation, the Gimli Harbour Authority and the Gimli Yacht Club. The firm edged out two other competitors because of its experience working in Gimli, and the community's positive response to Phase One of Viking Park. The IFM opened Viking Park Phase One in 2017 and earned a 92 per cent approval rating from the community.

The consultative process for Phase 2 will begin this month and will involve the steering committee, key stakeholders, residents, cottagers and tourists. One-on-one meetings will be combined with public engagement campaigns to enable the community to imagine the possibilities of a revitalized south harbourfront. For example, a postcard campaign will invite people to complete the sentence: "My Gimli South Harbourfront includes ..."

All of these outreach methods will result in a conceptual plan that will be presented to the community for feedback during an open house in early spring 2019.

A key focus of the plan will be to determine how to develop public areas

and pathways that integrate the needs of a working harbour, safe walking and biking trails, shoreline re-vegetation, cultural history interpretation, active water access and other features to be envisioned by the community. The area considered, as per the requirements of the SCF grant, will extend from the Viking Park and provide a continuous pathway from the harbour to the park and/or into the south end of town.

In order to accomplish this plan, the IFM will continue fundraising efforts for Viking Park. Garden Markers and

Settlement Markers in the existing Viking Park are an opportunity to recognize your family or bestow a dedication to a milestone in your life or the life of a loved one.

Pathway stones also provide an opportunity for recognition with a donation of \$125, \$550 or \$1,250. All donations are eligible for a charitable tax receipt.

Please contact Kristine Sigurdson at the Icelandic Festival office in Gimli at 94 1st Ave. for more information. Call 204-642-7417 or email kristine@icelandicfestival.com.

Everything you need to promote your business

Interlake Graphics
For all your printing and publishing needs

Call Today! 467-5836

From traditional to contemporary, we provide services to match what you want. **Just ask Ken.**

kl
KEN LOEHMER FUNERAL SERVICES

55 Main St, Teulon Call 204-886-0404 or visit www.klfuneralservices.ca

THE Flicks CINEMA

SHOWTIMES:
Please check individual listings
Due to various picture lengths showtimes vary

319 First Street E., Stonewall, Man.
467-8401

PROGRAM SUBJECT TO CHANGE WITHOUT NOTICE
Cash only

<p>LAST DAYS: WED & THURS DEC 12 & 13 AT 8:00 PM</p>	<p>INSTANT FAMILY</p> <p><i>Coarse Language; Violence</i> PG</p>
<p>FRI-SAT-SUN-MON DEC 14-15-16-17 (CLOSED TUES) AND WED-THURS DEC 19-20</p> <p>AT 8:00 pm EACH NIGHT</p> <p>CREED II MICHAEL B. JORDAN SYLVESTER STALLONE <i>Coarse Language Violence</i> PG</p>	<p>FRI-SAT-SUN DEC 21-22-23 (CLOSED MON & TUES DEC 24 & 25) OPEN WED-THURS DEC 26 & 27</p> <p>AT 7:30 pm EACH NIGHT</p> <p>SPIDER-MAN INTO THE SPIDER-VERSE <i>Animated Violence</i> PG</p>

THE EXPRESS
WEEKLY NEWS



PUBLISHER
Lana Meier



SALES
Brett Mitchell



REPORTER/PHOTOGRAPHER
Patricia Barrett



SALES
Branden Meier



PRODUCTION
Nicole Kapusta



PRODUCTION
Debbie Strauss



ADMINISTRATION
Corrie Sargent



ADMINISTRATION
Jo-Anne Procter



ADMINISTRATION
Allana Sawatzky



ADMINISTRATION
Tracy Farmer



SALES
Stephanie Oland Duncan



DISTRIBUTION
Christy Brown



PRINT
Dan Anderson



SPORTS EDITOR
Brian Bowman

OUR SISTER PUBLICATIONS

Stonewall Toulon
Tribune

Selkirk Record

Winkler Morden
Voice

get informed

NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS

A host of new taxes for small business owners and employees in 2019

Submitted

Small businesses are facing a not-so-happy new year and will have to tighten their belts to deal with a host of new taxes, including Canada Pension Plan increases, new passive investment rules and the federal carbon tax in several provinces, warns the Canadian Federation of Independent Business (CFIB).

With the finance ministers meeting taking place in Ottawa this past Monday, CFIB is urging the ministers to delay the planned CPP expansion and the federal carbon backstop as well as to reject adopting the new federal rules for passive investment income.

CFIB is encouraged by a letter released yesterday in which the Ontario and Saskatchewan governments call on the federal government to reconsider these initiatives and study the impact on small and independent businesses.

CFIB reminds Canadians of the following tax changes:

- CPP premiums will rise for five years for all Canadians starting Jan. 1, 2019, and seven years for those earning over \$56,000. This will reduce an employee's take-home pay by up to \$1,050 per year when fully phased in and reduce the payroll budget of every employer.

- Federal carbon taxes will be-

gin to hit taxpayers in Manitoba, Saskatchewan, Ontario and New Brunswick starting in the spring of 2019, rising each year for an additional three years.

- On top of higher taxes in 2018 for many family businesses due to new income sprinkling rules, small businesses with passive investment income above \$50,000 per year will pay significantly higher corporate taxes starting in 2019.

"We're on the precipice of an affordability crisis for small businesses," said CFIB president Dan Kelly. "In fact, 84 per cent of small businesses in the four affected provinces say they can't afford the federal carbon tax announced last month on top of the CPP increases starting on Jan. 1, 2019. This is on top of the incoming passive investment rules that will make it harder for small business owners to save for retirement, economic uncertainty or upgrades to their equipment."

New Survey Findings

In a survey of business owners in Ontario, Saskatchewan, Manitoba and New Brunswick, CFIB found that 87 per cent opposed this federal carbon tax plan (93 per cent in Manitoba). In addition:

- 4 out of 5 business owners (87

per cent in Manitoba) say the current plan to allocate 90 per cent of carbon tax rebates to consumers is unfair;

- 88 per cent want their respective provincial government to either withdraw support for the CPP expansion (47 per cent) or reconsider the timing and size of the increase (41 per cent);

- 85 per cent of Manitoba business owners support the Manitoba government legally challenging the federal carbon tax.

"While CFIB supports the federal government's decisions to introduce accelerated depreciation, drop the small business tax rate to nine per cent and reduce EI premiums, the tax increases will eclipse any savings for most firms," added Kelly.

"Small businesses need a break," said Jonathan Alward, CFIB's director of Provincial Affairs for Manitoba. "CFIB is calling on other provinces to join Ontario and Saskatchewan in calling on the federal government to reconsider the increase in CPP premiums set to begin in a few weeks."

CFIB is also calling on all provinces to follow Ontario's lead and the electoral commitment of the New Brunswick government by rejecting the new federal passive investment rules.

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to news@expressweeklynews.ca. Please include your name, address, and phone number for confirmation purposes.

ADVERTISING OR PRINT CONTACT INFORMATION

Branden Meier 204-641-4104
ads@expressweeklynews.ca

Stephanie Duncan 204-461-4771
ads@stonewallteulontribune.ca

PHONE 204-467-5836

> EMAIL US

Letters to the Editor: letters@expressweeklynews.ca
Classifieds: classifieds@expressweeklynews.ca
News: news@expressweeklynews.ca
Print: igraphic@mymts.net

OUR EDITORIAL STAFF

Patricia Barrett 204-914-1293
patricia@expressweeklynews.ca

Brian Bowman Sports Reporter
sports@expressweeklynews.ca

ADDRESS

74 Patterson Drive,
Stonewall Industrial Park
Box 39, Stonewall, MB R0C 2Z0

PAPER DELIVERY OR FLYER CONCERNS

Christy Brown, Distribution Mgr.: 204-467-5836

The Express Weekly News is published Thursdays and distributed through Canada Post to 11,396 homes. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we connect people through stories to build stronger communities.

Advertising Deadline: Monday 4:00 pm
prior to Thursday Publication

View the Express Weekly News online at
www.expressweeklynews.ca



getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL

Wind and snow provide adventures for the brave

Hi. Thanks for stopping in, friends.

These first two stories shared by our angling brothers might remind us that short winter days and snowstorms can play a part in driving on the ice in winter. It was close to Christmas on a mid-afternoon day off the west shoreline of Lake Winnipeg with dusk quickly closing in on young Jordan Green as he sat in his truck watching for any movement of his fishing tip-ups. He noticed wind-driven snow falling into his ice holes but thought nothing of it being in a state of sleepiness brought on by the solitude and darkening of the cloudless blue sky over the white endless mat of the ice field. Then a gust of wind jarred his truck. He looked out the window and realized he could no longer see the thin black line that was the western shoreline. It was time to make for land.

He got out of the truck, turning his face from the now cold biting wind and quickly pulled his fishing rigs up tossing them into the box of the truck. Back in the warmth of the cab he turned on the lights, put it in gear and drove forward looking for the tracks he had made coming out. They were gone. He looked for telltale features on the ice or snow he had passed on the way out onto the ice earlier in the

morning. His thin body tensed and his eyes strained as he picked his way around snowdrifts. Then before him, through the blinding sheet of swirling snow, a high drift appeared.

In seconds he was in it. He slammed down on the gas pedal thinking to drive through it. The tires started to spin. He hit the brakes. His hands clung to the steering wheel. He sat rigid for a moment regaining control then slowly put the truck in reverse and eased on the gas. The tires caught and he backed out of the snow bank. He swung around the drift as the snow shining in the truck's headlights became a white curtain.

He forged ahead, only to feel the lifting of the truck in deep snow that now held him fast. It was time for help. He took out his cell phone and called his friend Donovan Pierce of Selkirk who he knew was on the ice in his general region. Not long after, Jordan saw the headlights of Donovan's halftrack rig bouncing toward him. He was saved.

Well out on the ice off the south end of Lake Winnipeg last winter Ian Petreman, a tall, thin, light-haired fellow, was ice fishing with friends. As the afternoon darkness came upon them, so too did a heavy snowfall and a raging wind. They were tailgate fishing and it did not take long to throw their gear

into the truck box and head for land. Ian's truck was a large diesel and the snow driving across his windshield illuminated by his bright headlights served to mask the deep drifts ahead of him.

At first the big trucks tires sent the snow flying high on either side of it but soon the drifts got thicker and they could hear snow scraping on the underside of the truck. The truck slowed and then stopped with the motor racing and the wheels spinning. The men jumped out into the black storm, pulling on their parkas and climbing into the truck box for shovels.

They began shoveling and moving the truck forward two or three truck lengths at a time. The lights of the truck showed their way while the smell of diesel exhaust flitted in the wind. Suddenly above the blowing snow, bobbing headlights of another large truck came bouncing their way. They waved them in and after a brief shouting conversation over the whipping wind, the two men in the new truck hooked onto Ian's and pulled him free.

Soon the two heavy trucks were pounding wildly through large drifts toward shore side by side. That is, until the truck that helped Ian hit a snow ice ridge and stopped high and dry.



EXPRESS PHOTO BY ARNIE WEIDL
Winnipegger Trent Lamirande with one of almost master walleye catches from Lake Winnipeg.

This time, Ian returned the favour and pulled their rescuers out.

Finally, they all made land somewhere by Belair and stood beside their idling trucks in the dark joking about their adventure and getting to know each other. Brothers Kyle and Jarrett Slobodian of average height, bearded and with guarded smiles, stood with their cousin Trent Lamirande, who was of a quiet nature, sharing a frustrating fishing story when I met them on the Red River last week. It seems these guys have been fishing together for 30 years and the brothers have caught dozens of master walleye. Cousin Trent on the other hand has caught just as many walleye but every single one has been a tiny bit short of master length. So in order to compensate Trent for nature's injustice, join me as we pictorially feature him this week with one of his almost masters.

Till next week. Bye now.

Conservation trust now accepting project proposals

Partnership to help protect and preserve nature

Submitted by the Province

The Manitoba government is looking for projects that conserve and enhance natural infrastructure and support the Made-in-Manitoba Climate and Green Plan, Sustainable Development Minister Rochelle Squires announced this past Monday.

"When we launched the Conservation Trust, we envisioned a partnership that would support projects aimed at preserving nature and addressing climate change," Squires said. "One of the key pillars of our climate and green plan is a commitment to nature, and the Conservation

Trust signals our continued efforts to protect the environment."

The Conservation Trust was announced in Budget 2018 and will be permanently endowed so it can support and inspire important conservation projects for generations. When fully capitalized, the fund is expected to generate about \$5 million a year and will be managed by The Winnipeg Foundation, with projects administered, tracked and evaluated by the Manitoba Habitat Heritage Corporation (MHHC). The agreement was signed today, with an initial \$28-million contribution made towards the

\$102-million trust.

"This \$28-million contribution is a welcome first step toward the goal of building a major trust, supporting important conservation projects in our province," said Rick Frost, CEO of The Winnipeg Foundation.

The minister noted the goal is to work with community groups and non-government organizations to increase the effectiveness of Manitoba's efforts, and have the most impact at the grassroots level.

"We continue to take steps like this on the path to making Manitoba the cleanest, greenest, most climate-resilient province in the country," Squires said. "We look forward to supporting projects that will make a difference in Manitoba for many years to come."

"The Conservation Trust will offer new funding for Manitoba conservation organizations and that will translate into new projects and additional environmental benefits for Manitobans," said Tim Sopuck, chief executive officer of the Manitoba Habitat Heritage Corporation. "The Conservation Trust is a unique and enduring approach to funding conservation and we are excited by the opportunity to ensure the best possible environmental outcomes."

More information on the Conservation Trust and the proposal process is available on the MHHC website at www.mhhc.mb.ca. Letters of intent must be submitted by Jan. 15, 2019, to be considered in the first round of proposals.

Local municipalities bring forward resolutions at AMM conference

By Teresa Carey

At the 20th annual Association for Manitoba Municipalities (AMM) convention, held at Winnipeg's RBC Convention Centre last month, numerous resolutions were brought forward by the 137 municipalities in Manitoba.

This year, one issue in particular was front and centre for the majority of Manitoba's municipalities. A record 102 of them co-sponsored an AMM resolution concerning changes by the provincial government to the Road and Bridge program. Among them were the City of Selkirk, the towns of Arborg and Winnipeg Beach, the Village of Dunnottar, and the RMs of St. Clements, West St. Paul, Bifrost-Riverton, Gimli, Rockwood, Rosser and the West Interlake.

"Municipalities regard the Municipal Road and Bridge Program as critical, predictable, and effective for budgeting and planning purposes in order to address their infrastructure deficit," the resolution stated.

In 2018, the Province of Manitoba had made \$2.25 million available to municipalities for the final year of the Municipal Road and Bridge Program, and another \$14 million was available in 2017. However, last June the province announced it would terminate the program and reallocate the funds into the Investing in Canada Infrastructure Program.

Under the old program, municipalities could use gas tax revenues for their matching dollars, something the Investing in Canada Infrastructure Program does not allow. The change could also result in a greater burden

being placed on property taxes, the AMM argues. The AMM has asked the province to pull back from implementing Phase 2 of the Road and Bridge program and instead reinstate the old funding model.

This resolution was passed at the convention, which means the AMM will continue to lobby the government for the change municipalities want to see. Noting the wide support to back-track, the province has promised to revisit and rework the program.

Other resolutions that were brought forward during the convention from the Interlake area include one regarding fire truck replacement. The RM of Armstrong argued that the current National Fire Prevention Association (NFPA) standards that recommend replacing a fire truck/tanker every 20 years should be changed since, in smaller municipalities, many may have lower mileage than those in larger municipalities. Age of a fire truck/tanker, if well-maintained, should not be a determining factor, Armstrong argued.

During the conference, any municipal official may formally speak either for or against any of the resolutions. Gimli Mayor Lynn Greenberg was one of those who argued in favour of Armstrong's resolution during the debate process. The resolution, which was written up by Armstrong reeve Susan Smerchanski, was passed. Smerchanski later said she was approached by several Reeves and councillors at subsequent meetings who thanked her for bringing it forward.

Additional resolutions coming out

of the Interlake region included two from the City of Selkirk. The first was co-sponsored by the Municipality of Gilbert Plains. Their concerns were about policing costs. Selkirk asked for a comprehensive review of municipal policing costs and structure, citing the fact that policing and public safety are the fastest growing costs for municipalities (now exceeding 20 per cent of municipal spending).

Selkirk also put forward a resolution asking that the province amend the Traffic and Transportation Modernization Act (Bill 14) in such a way as to prevent the Province of Manitoba from downloading ownership and ongoing maintenance and renewal responsibilities for what were formerly provincial highways onto municipalities.

The Town of Stonewall put forward a resolution asking for a change in the funding agreements from senior levels of government so that full-life cycle costing may be used as the standard for capital purchases, rather than using the lowest tender or bid. They argue that full-life cycle costing does not always mean selecting the cheapest tender or lowest bid but takes into account factors such as operating costs, repairs and maintenance costs as well as end-of-life disposal costs.

Stonewall's second resolution concerns a Revenue Canada requirement that municipalities deduct CPP from all council members as part of source deductions on councillor indemnities. Their resolution proposes that the CRA cease charging CPP on council indemnities for council members who

have surpassed their CPP maximum, arguing that there is no method for municipalities to recover their contributions, which numbers in the tens of thousands of dollars.

The RM of St. Clements brought forward its concern about current practices which encourage the spread of noxious weeds, a shared concern between municipalities and the province. They want the province to revise its standard practices for revegetation on infrastructure projects and use native plant species for revegetation, since these provide better protection for adjacent lands from weed encroachment.

A resolution put forward by the RM of Rosser asks that AMM lobby the Province to remove the appeal process introduced in Bill 19, The Planning Amendment Act (Improving Efficiency in Planning), for decisions made by council on large-scale livestock operations and aggregate quarry operations. Currently, those decisions are not subject to appeal. Under Bill 19, an applicant would be able to appeal a rejection or the imposition of conditions on an approval.

The RM of Rockwood is asking that the Province of Manitoba and Regional Health Authorities provide municipalities with the legal addresses of high-priority clients, such as seniors. Their reason is to provide priority snow clearance in the event of adverse winter weather conditions, to ensure that seniors have access to need health services such as home care.

Do you know your rights when buying gift cards?

Submitted by the MB government

Many shoppers will find gift cards a convenient shopping choice this holiday season. Whether giving or receiving a gift card, the Manitoba Consumer Protection Office is reminding everyone that The Consumer Protection Act ensures they get the most out of these products.

In Manitoba, purchasers cannot be

charged a fee when buying a gift card unless it is to personalize or replace a lost card. This means that an activation fee cannot be charged to use the card or an inactivity fee for choosing not to use the card for some time.

Most gift cards issued in Manitoba can never expire, but there are a few exceptions. Gift cards may have an expiry date if they are issued for a specific good or service, like a manicure or a massage. They may also expire if they are given out for free, such as for a promotion or in a raffle prize.

Businesses that issue gift cards

must, by law, disclose all conditions, limitations and restrictions related to the card, as well as how to check the card balance. Keeping a copy of the receipt in case there are any problems with the card, such as failure to activate, is a good practice.

When a gift card is received, treat it like cash. Keep it in a safe place, but somewhere it won't be forgotten about because it can be difficult to replace a lost or stolen card. Consider registering the card on the merchant's website or loading it onto their app, if the option is available.

Different rules may apply to prepaid cards from banks and credit card networks, such as Visa and MasterCard, as they are regulated by the federal government. Consumers should read all terms and conditions, and take note of what fees they may be charged

before choosing to purchase those types of prepaid cards.

The Consumer Protection Office investigates complaints about gift cards. Businesses that fail to comply with the rules related to gift cards may be subject to administrative penalties that range for \$1,000 to \$20,000. For more information about gift cards, prepaid cards and other payment options, visit www.gov.mb.ca/ccp/cards.html.

Manitobans are encouraged to learn more about consumer protection issues and their rights under the law. Download the free Consumer Protection mobile app. Manitobans can also contact the Consumer Protection Office at 204-945-3800, (toll-free) 1-800-782-0067, or by email at consumers@gov.mb.ca. More information is also available at www.gov.mb.ca/justice/cpo/cpo.

FLY & STAY VACATIONS

Beautiful Victoria, BC.
March 5-19
Vacation in Canada, and escape the hurried world to Victoria, where the climate is mild and gardens bloom all year.

Palm Springs, California
April 4-11
Tranquility awaits at the beautiful Palm Mountain Resort & Spa where you will spend 7 nights just steps away from the excitement of downtown.

Both include roundtrip airfare, transfers, accommodations, breakfast & 1 tour.
Book by December 31 to guarantee your spot!

EMBASSY TOURS 757-9383 1-800-723-8051
www.embassytours.ca E-mail: embassytours@mts.net  Celebrating 26 Years

Gimli cross-country skiers anxious to get going

By Roger Newman

Gimli Cross Country Ski Club members are eager to start skiing the Camp Morton trails on both sides of the Highway 9 extension north of Gimli.

"We just need one more good snowfall to launch a new season and be on our way," said president Craig Mackie. The club was founded in 1987 and currently has a membership of approximately 40 skiers.

Mackie said the club is adding new activities that could lead to the acquisition of more members at both ends of the age spectrum. The numbers could increase as soon as Saturday, Jan. 5 when young skiers are registered for the club's Jack Rabbit program from 10.30 a.m. to 2 p.m. at Gimli's multi purpose building on North Colonization Road.

The Jack Rabbits program caters to six- to 16-year-olds who can enrol in a weekly instruction and training program with the use of a new two-kilometre trail on the west side of the highway.

According to Mackie, the club is also partnering with Gimli's 55-plus New Horizons Centre to bring cross-country skiing to active older people.

"The New Horizons skiers will train on their centre grounds before they take to the trails," said Mackie while noting the club has three certified coaches including himself and vice-presidents Matthew McKelvey and Wendy Slezak.

Mackie and members not only enjoy their sport, they also groom the trails



EXPRESS PHOTO SUBMITTED

Gimli cross-country skiers of all ages are enthusiastic about their sport.

and stock the warm-up shelters with firewood and hot chocolate so skiers can enjoy everything from daytime runs to romantic moonlight skiing. He said some eager beavers have already used the Camp Morton trails with a minimum of snow but cautions that this is a risky practice and could impede later grooming.

"For good grooming, we believe there should be a base of at least five inches of snow," said Mackie.

Further information can be obtained at 204-642-4428. from the club website or from Mackie

Evergreen school policies updated

By Roger Newman

The Evergreen School Division has adopted new and revised procedures for staff handling a variety of serious situations in division schools.

Supt. Roza Gray tabled the updated list at the December public meeting of division trustees in the board's Gimli office. The new and revised policies cover serious incident reports, severe accident reports, student and non-student accidents, employee violent incident reports and attendance.

Trustees have also implemented a new format for choosing the Evergreen student council member of the adult division board. Instead of one student serving for the whole school year, the position will be split between three students from the division's different high schools with each serving for a third of the year.

Sage Stoyanowski of Arborg Collegiate served the first student term on the board and trustees thanked her for her service at the Wednesday meeting. Stoyanowski will be followed on the board after Christmas by Isabelle Stevens of Gimli High School and a Riverton Collegiate student will complete the triumvirate in the spring.

Dates, meanwhile, have been set for Christmas concerts in all of the division's schools. Still to come are the Arborg-Riverton band concert, Dec. 13; Sigurbjorg Stefansson Early School, Dec.17; Winnipeg Beach School, Dec. 18; Arborg Early Middle School grades three and four, also Dec. 18; Dr. George Johnson Middle School, Dec. 19; and Riverton Early Middle School and Arborg Early Middle School upper grades, also Dec. 19.



Holiday Schedule

THE EXPRESS
WEEKLY NEWS

December 20th	Christmas Greetings
Regular Paper Deadline – Mon., Dec. 17th, 4 pm	
December 27th	No regular newspaper
January 3rd	Year in Review
Display Ads, Classified Ads or Announcements EARLY Deadline – Tues., Dec. 18th, 4 pm	
<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;">  <p><i>Happy Holidays!</i></p> </div> <div style="text-align: right;"> <p>Offices will be closed December 22nd through January 1st. Offices will reopen Wednesday, January 2nd</p> </div> </div>	

Exhibition documents Icelandic Canadian service in First World War

By Roger Newman

Madison Herget-Schmidt embraced her love of history when she discovered an old war helmet in a storage room at Gimli's New Iceland Heritage Museum (NIHM).

Herget-Schmidt, a summer intern at the museum for four years, was inspired by the helmet to collect more artifacts and then create and curate her first-ever public exhibition.

The exhibition *Icelandic Canadian Perspectives on World War One* tells the story of Icelandic-Canadian participation in the First Great War from 1914 to 1918 and is on display until Dec. 31.

"There were a lot of Icelandic-Canadians, 1,200 of them, who served in the First World War as soldiers, doctors and nurses," said Herget-Schmidt, who came across the helmet during her second summer at the museum. "That was a substantial contribution to the war effort."

She went on from the helmet to assemble more artifacts including uniforms worn by soldiers during the Somme, Vimy Ridge and Passchendaele battles. She also did extensive research and wrote a detailed exhibi-



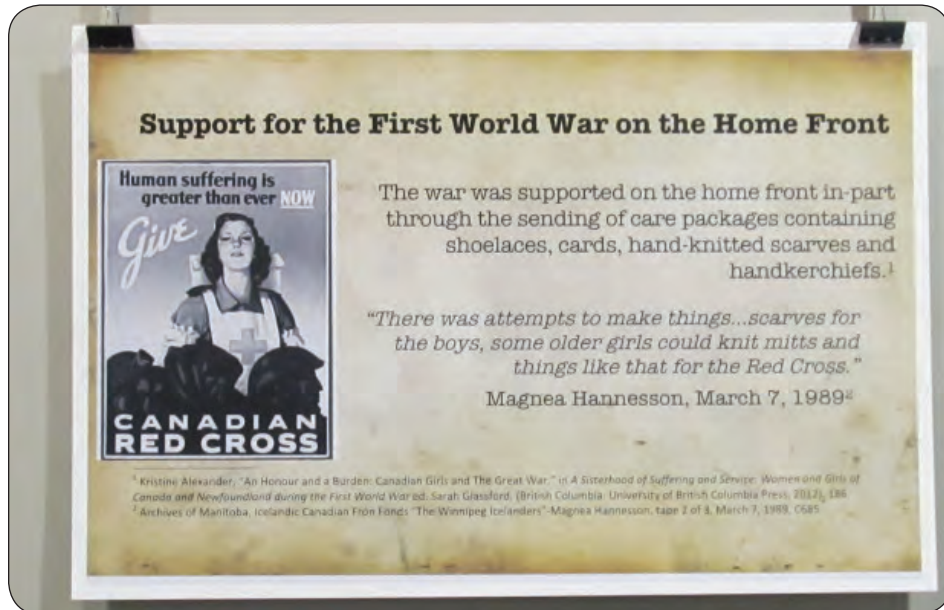
tion narrative that includes an honour roll of Icelandic-Canadians and memories of their service and sacrifices in the Great War.

"The exhibition also features the letters and photos of Icelandic-Canadian soldiers," said Herget-Schmidt,



EXPRESS PHOTOS SUBMITTED

Madison Herget-Schmidt has translated her love of history into a new exhibition at the New Iceland Heritage Museum.



The exhibition features authentic uniforms, other First World War artifacts and a written narrative.

who has shared her findings by making a presentation at a Calgary conference and penning an essay for the Winnipeg-based *Loberg-Hemskringla* Icelandic Canadian newspaper.

She was encouraged in developing her exhibition by museum director Tammy Axelsson and then her director-successor Julianna Roberts. Herget-Schmidt is a Winnipegger, but Gimli was a natural for a summer job because she cottaged with her family, first in Ponemah and now at Miklavik just south of Gimli.

When summer is over, she teaches

figure skating in Winnipeg and studies at the University of Winnipeg where she has already earned a B.A. honours degree in history.

"I'll be at the U of W for two more years while I attain my teaching credentials," said Herget-Schmidt, who is planning a career as a high school history teacher.

In the meantime, her exhibition continues at the museum and will likely be seen by a group of Gimli High School students who are planning to tour the battlefields of France during the March spring break.

Everything you need to promote your business

FLYERS	SOCIAL	INVOICES
BROCHURES	TICKETS	ESTIMATE SHEETS
BUSINESS CARDS	DOOR	POSTERS
STICKERS	HANGERS	MEMO PADS
WINDOW	LETTERHEAD	POST CARDS
DECALS	ENVELOPES	



Call Today!
467-5836



Ready. Set. SHOP!

Shop at participating businesses
Dec 1-30 for your chance to

WIN \$1000 in Santa Bucks

*With every purchase made from Dec. 1 thru Dec. 30
shoppers will receive a ballot for a chance to win!*

Interlake Co-op,
24 Railway Ave, Eriksdale



Arborg Home Hardware,
451 Main St, Arborg



Interlake Co-op,
253 Main St, Arborg



HP Tergesen & Sons,
82 1st Ave, Gimli

Riverton Co-op,
39 Riverton Ave, Riverton



Moosehorn Co-op,
1 Main St, Moosehorn



Ashern Co-op,
53 Main St, Ashern



Gimli Snowmobile Centre,
HWY 9, Gimli



Pharmasave,
45 Centre St, Gimli



Ukrainian Farmers Co-op,
22 Tache St, Fisher Branch



Interlake Auto & Tractor Parts,
161 Sunset Blvd, Arborg



Arborg Pharmacy,
275 Main St, Arborg



The Wave Electronics,
66 1st Ave, Gimli



KC Enterprises,
19 156 Gimli Park Rd, Gimli



Johnson's Fashion & Footwear,
76 Centre St, Gimli



Brennivins Pizza Hus
70 1st Ave, Gimli



You can spend your
prize of **Santa Bucks**
at any of our participating businesses.
So many ways to spend it!



1 Ballot per purchase unless otherwise specified. *Receive minimum of one ballot per purchase and/or one ballot per \$100 spent at specific businesses. Must be 18 years old to enter.
Express employees and spouses are ineligible. Draw to take place Wednesday, January 16th, 2019. Winner will be contacted by phone.

Brought to you by: **Your Local Participating Businesses** and **THE EXPRESS WEEKLY NEWS**

Past the Perimeter to headline Fisher Branch New Year's Eve gala

By Teresa Carey

Fisher Fire Department volunteer firefighters will be honoured at a New Year's Eve gala at the Broad Valley Community Club on Dec. 31.

This will be a formal adult-only event with fine dining by Broad Valley Catering, which will be cooking up some classic chicken cordon bleu for the event to be served along with a glass of wine.

"We have not hosted anything like this in the past, so it's a unique event for the area," said event co-ordinator Laura Grzenda.

The gala is being put on to show the firefighters just how much the community appreciates their work, Grzenda explained.

"That's the main reason we are doing this," she said.

Grzenda includes her brother among the department's 22 actively serving members, a department which serves the entire RM of Fisher and provides mutual aid to Ashern, Eriksdale, Chatfield, Arborg, Riverton, Fraserwood and Peguis First Nation.

Doors will open for cocktails at 6 p.m. Greetings and a short program will precede dinner which starts at 7:30 p.m. A cash bar is also available throughout the evening.

Fire chief Darcy Plett and RM of Fisher Reeve Shannon Pyziak will both be in attendance and will give addresses. Representatives from the Fire Commissioners Office and the Manitoba Association of Fire Chiefs



EXPRESS FILE PHOTO

Past the Perimeter will provide the music at the Fisher Fire Department New Year's Eve gala. The band from Stonewall was named Group or Duo of the Year at the Manitoba Country Music Awards last month.

(MAFC) are also expected to attend.

The program will acknowledge the service of the fire fighters and the local businesses who have sponsored the gala. The presentation will include a talk on the history of the fire department, along with information on fire incidence and response in the RM of Fisher, and mental health awareness and support.

Close to 20 businesses from the Fisher Branch and Arborg area are sponsoring the event. Their generous

donations are covering the evening's costs for active members and their spouses.

The atmosphere promises to be fun, with door prizes and a live music performance by Past the Perimeter. This award-winning band, which hails from the Stonewall area, will entertain guests with country, rock and alternative music.

At the end of the night, guests will count down the seconds to midnight, at which time Grzenda plans to shoot

off a confetti canon to ring in the New Year in style.

People are being encouraged to dress up in their best, although that is not totally necessary, Grzenda said.

"Some people have told me they are coming in formal gowns, and some people are wearing jeans."

Tickets are \$50/person and can be purchased at the Ukrainian Farmers Co-op office in Fisher Branch or by calling or texting Laura Grzenda at 204-308-0018.

Mercedes to make Gimli winter tourism roar

By Roger Newman

A major winter attraction — the Mercedes Benz Driving Academy — is returning to Gimli for a third consecutive year.

Chief Instructor Danny Kok and his instructor-business partner Melanie Paterson recently visited Gimli to make arrangements for the 2019 academy, which trains students in winter driving techniques on the ice of Lake Winnipeg.

More than 300 drivers from across North America come to Gimli to learn these techniques from a staff of 12 at courses running through the entire month of February.

During their latest trip to Gimli, Kok and Paterson had meetings with Lakeview Resort officials, who host the academy, plus the ice-maker Travis Toomey. Both parties have been involved since 2017 when the German auto-maker Mercedes Benz chose

Gimli to join Sweden as a second site for its winter driving academy.

"There are many reasons why we are coming back to Gimli," Kok said in a phone interview from the academy's headquarters in Pitt Meadows in suburban Vancouver.

"Gimli is centrally located in Canada and North America, plus it's only an hour away from a major airport in Winnipeg. It's also a great location because the Lakeview Resort is world class and Travis Toomey is absolutely the best ice-maker I've come across."

Kok said there will be a slight change in the lake track this year.

"The area we use on the lake will be 15 per cent smaller," he added. "That means there will be less chance of any interference with passing fishermen and snowmobilers."

Mercedes staff have developed a positive presence during their previous month-long stays in Gimli. They



EXPRESS PHOTO SUBMITTED

The Mercedes Benz driving academy will again anchor Gimli's winter tourist attractions.

have hosted school children at their academy, invited local residents to a community day and driven their vehicles in Gimli's Winterfest parade.

"We look forward to again seeing the people of Gimli in a couple of months," said Kok.

Riverton Christmas hamper program in need of donations

By Teresa Carey

The Riverton and District Friendship Centre (RDFC) is struggling this year to raise enough donations for their Christmas Hamper program.

RDFC executive director Tannis Grimolfson, said the centre mailed out flyers to all of the mailboxes in Riverton, "and nobody's donating — it's going down every year," she said.

"We have no budgets that will allow for Christmas hampers, so we struggle each year to successfully supply all the hampers," said Grimolfson. "This year has been our toughest year ever for donations towards the program."

So far this year, 59 families have registered. Of these families, 93 are adults and 62 are children. Grimolfson expects those numbers to increase.

"We always have some late registrants. We try not to turn people away," she said.

With prices increasing every year, a hamper costs between \$140 and \$200, depending on family size. However, that does not include the cost of children's gifts.

"We are in dire need of cash donations, food donations, and toy donations," Grimolfson said. "Every child deserves a Christmas."

Grimolfson said that a handful of donations came in initially — one from Shop Easy Foods, other from Christmas food drives put on by Riverton Collegiate and Riverton Early Middle Years School, and a donation of hams from Maple Leaf Foods for the food bank and Christmas hampers, most recently.

The Riverton Co-op has just stepped up with a "Roll Up Your Purchase" campaign which will take place on Dec. 14 between 9 a.m. and 6 p.m. Customers can opt to have their purchase rolled up to the next dollar or to however many dollars they wish. All of the rolled-up dollars will be donated in the form of products for the Christmas hampers. Customers may also use the drop off box at the Co-op



EXPRESS PHOTO BY TANNIS GRIMOLFSON

The Riverton and District Friendship Centre is asking the community for their support this Christmas season. The deadline to donate is Dec. 17.

store to donate food or an unwrapped toy.

On the same day, a toy drive will take place at the Riverton Co-op. Customers will be able to pick a tag from the Christmas tree and purchase a toy or gift card or may simply bring a toy to the drive. Monetary donations are also being accepted for the toy drive, and charitable receipts will be issued for donations of \$20 and higher.

"Last year was very tough, but we had Chase the Ace. We still do have some Chase the Ace money, but it's allocated for other things," Grimolfson explained.

RDRC has held a Chase The Ace fundraiser for the last four years. With the funds raised, they were able to take on several capital projects, including upgrades to washrooms and kitchen facilities at the centre; the purchase of a commercial building for its food bank, which serves Riverton, Arborg and

the surrounding area; the purchase and upgrade of a duplex for a housing project; plus the purchase a 2017 GMC van to transport children and seniors; and the purchase of a television and chairs for the Riverton Activity Centre, which RDRC also operates. Money raised also supported the Riverton Collegiate, REMS breakfast programs and its fitness trail. RDRC was also able to sponsor the local Atoms team and provide a \$1,500 bursary for a Riverton Graduating student.

RDRC is a force for good in the Riverton community and has worked hard to make it a better place.

Grimolfson hopes that the community will come forward and help out at this time of need, in the spirit of Christmas giving.

Donations are needed by Dec. 17 as RDRC staff and volunteers plan to deliver the hampers by Dec. 20.

Interlake Coop Christmas cheer board donations



EXPRESS PHOTOS SUBMITTED

Interlake Co-op recently donated \$2,570.02 to the Arborg Christmas Cheer Board and \$658.08 to the Eriksdale Christmas Cheer Board. Co-op donated 5 per cent of their total sales from Nov. 23 and matched the 5 per cent. The local Cheer Boards help families in time of need to ensure everyone has a happy holiday. It is the support of local businesses and donors that make this happen annually.

Leach makes guest appearance at annual seniors dinner

By Teresa Carey

Hundreds await the annual seniors Christmas Dinner at the Riverton Hall each December, and this year 450 seniors from across the Interlake region attended the celebration on Dec. 4.

"That's a record," said Tannis Grimolfson, executive director of the Riverton And District Friendship Centre (RDFC). "It's the most we've ever had, and they all looked like they were having a fantastic time."

The event, which started about 18 years ago, is held for the sole purpose of honouring seniors in the community. It is sponsored by RDFC and is free of charge to attend, although there is a silver collection to help cover the cost of food for those who can afford to.

Proceeds from the silent auction cover the cost of the hall and live band. This year over 90 auction prizes were donated by Arborg, Riverton and Gimli businesses and individual donors.

The Country Pride band returned for another year, keeping with tradition. The band opened after dinner with "Silent Night" and then played old-time dance tunes for the remainder of the afternoon.

People were lined up at the doors well before 11 a.m. in anticipation of the full-course turkey dinner to be shared in a spirit of camaraderie.

Grimolfson welcomed the guests before the meal and introduced the board members "who help make the friendship centre what it is."

She thanked the eight RDFC staff and students from the Riverton High School, which decorated the tables and the hall. Appreciation was also given to the various other people who each made contributions: The Arborg



EXPRESS PHOTOS BY TERESA CAREY

Seniors from around the Interlake flocked to Riverton to attend the Annual Seniors Christmas Dinner, which included an afternoon of music and dance, on Dec. 4.

Day Program, which made and donated the table centrepieces; Elder, Margaret Selkirk, who knitted and donated all of the Santa hats worn by the staff; Integrity Foods, which supplied the fresh baked bread rolls; Dora and Cornelius Friesen, who cooked the dozen turkeys in their wood-fire oven, starting at 3:30 a.m.

Grimolfson also recognized elder Emily Collins who, in her 80s, continues to attend annually.

"She's the only remaining founding member (of RDFC)," said Grimolfson.

This year Reggie Leach was an honoured guest at the celebration. It was his first time since his teenage years that he took in Christmas in Riverton.

"Riverton is my hometown. I always talk about Riverton when I'm in different places. There's no better place than Riverton as home, for myself," he said when asked to come up to speak.

"I want to say from the bottom of my heart, thank you. I'm proud of ev-

eryone in my home town, Riverton, Manitoba."

Leach drew the names of the 10 door prizes, which he had donated and looked on while the winners of the Reggie Leach, Riverton Transportation Heritage Center & Riverton District Friendship Center Hockey Raffle was drawn. Pam Fiset won the Philadelphia Flyers tickets; Megan Collins, the Reggie Leach autographed jersey; John and Della Shannon, Shoot to Score autographed jersey; Don Vigfusson, The Riverton Rifle autographed book *My Story*.

Grimolfson was pleased with how well everything went this year.

"It was so nice that Reggie Leach came to speak. He came for Christmas and to see everybody," she said.

"He met so many people that he played hockey with and met so many people that remember him as a child. We are blessed that he comes back for so many things in Riverton."



Hockey great Reggie Leach was in his home town for the Christmas celebration. He donated door prizes and helped draw the names of the ticket winners of a raffle in support of a future Reggie Leach Museum in Riverton.

Local volunteers drive minor hockey tournaments

By Roger Newman

Volunteers — most often moms and dads — enable the Gimli Minor Hockey Association to offer a full winter program of leagues and tournaments to players from four-year-old squirts to teenage midgets. Last weekend Gimli's two nine- and 10-year-old Atom squads hosted an eight-team tournament at the local rec centre. The tournament was organized by Lee Anne Corbett, Erin Good and a ton of volunteers. That enabled the Gimli hosts to take on opponents from St. Vital, River East, St. Adolphe, Riverton, Selkirk and Lord Selkirk. When the 13 games in two pools were over, Gimli exposed possibly one flaw as a gracious host. The Gimli Vikings black team beat Gimli Vikings white 4-3 in the final while the visitors went home with the consolation prizes.



While the action took place on the ice, volunteers Good and Rodney Watson greeted players, parents and fans at the door.



EXPRESS PHOTOS BY ROGER NEWMAN

Marlaina Maser and Emily Stringer staffed the silent auction.

Driving drunk or high RUINS LIVES

YOUR LIFE CAN CHANGE IN AN INSTANT



Kevin dreamed of
being a farmer
but after driving drunk,
his dream withered away



Jasmine dreamed of
being an Olympian
but driving stoned stopped
her dream in its tracks

**This important message is brought to you by these local
community businesses and services:**



**K.C.
ENTERPRISES LTD.**
Gimli
(204) 642-5111

**Interlake Auto
& Tractor Parts Ltd.**

Arborg, MB (204) 376-2667 iauto@mymts.net



Gimli
(204) 642-5555



**Interlake
Coop**
Eriksdale
204-739-2116



**Interlake
Coop**
Arborg
204-376-5245



321 Main
Street,
Arborg



Arborg
(204) 364-2775



**Ukrainian Farmers
Cooperative**
Fisher Branch, MB
(204) 372-6202

RURAL MUNICIPALITY OF
West Interlake
Reeve, council and staff



Moosehorn
(204) 768-2770
Ashern
(204) 768-2546



Gimli 204-642-8398
Arborg 204-376-2797



(204) 641-5836



Arborg
(204) 376-2433

Town of Arborg
Mayor, Council
and Staff



West Interlake Watershed
Conservation District
204-762-5850



(204) 376-5233



Here's How.
451 Main Street, Arborg
204-376-3090

NOORDENBOS
Appliance & Home Furnishings
204-768-2120



Ashern Insurance
Agencies Ltd
All Lines of Insurance
(204) 768-2674



McMunn & Yates
Building Supplies
16 Main St, Eriksdale, MB (204) 739-2110



gimliford.ca
Hwy #9, Gimli, Mb 204-642-5137



204-762-5714



Fisher Branch
Manitoba



204-762-5815

Evergreen principals working on improving students' math and literacy

By Patricia Barrett

Principals who oversee early and middle schools in the Evergreen School Division are providing additional teaching supports in math and literacy for students struggling to keep up.

Rosanna Cuthbert of Sigurbjorg Stefansson Early School in Gimli, Paul Bailey of Riverton Early Middle School and Brad Harding of Arborg Early Middle School were among the principals providing an overview of their respective school's approach to enhanced instruction during a divisional meeting Nov. 28 at Gimli High School.

As part of the division's mandate to strengthen student achievement, students in kindergarten to Grade 8 have been receiving supplemental instruction both inside and outside the classroom.

In comparison to other provinces, Manitoba ranks at the very bottom in reading (literacy), math and science, according to the Council of Ministers of Education, which released this year the results of a 2016 Pan-Canadian Assessment Program that tested 27,000 Grade 8 students across Canada. In its How Canada Performs report card (based on 2014 data), the Conference Board of Canada gave Manitoba a grade of D in the three subjects for students in kindergarten to Grade 12.

The division has an enhanced instruction strategy that includes student input into what effective instruction looks like and "learning walks" in which principals or colleagues observe teachers' classroom instruction then offer feedback on effectiveness.

When students are not catching on to math concepts or falling behind in reading, the division employs a three-tiered model of additional teaching supports. The first tier occurs in the classroom then moves to small group teaching sessions and finally to one-on-one interventions.

Harding said if Grade 3 students aren't reading at a specified level, they will likely struggle as they progress through the system.

"What we've done in our school is we actually start in kindergarten looking at pre-reading skills. We track all of our students pre-reading and reading abilities," he said. "As soon as we start seeing some area where they're not quite keeping up with where we want them to be, we can put in those tier-levelled supports."

He said students can experience difficulties with phonemic awareness (the sound of individual letters), identifying and blending letters, reading fluency and understanding what

they're reading.

Encouraging parents to read with their kids at home — reading to them as well as having them read out loud — can help improve literacy and lead to better outcomes at school.

In Riverton, Bailey said writing is the area that needs the most improvement and to that end the division is working on assessment tools to help teachers.

"We're really focusing on specificity, what students need to know because our provincial documents don't tell us," said Bailey. "They say, 'Here's some stuff. Just teach it.' Students need to learn how to read and write, but we want to know what they need to write. What does Grade 5 writing look like and what do they need to write at that level?"

At Sigurbjorg Stefansson, the arts and hands-on science and nature excursions are a means to stimulate students' excitement about writing without compromising time spent on learning the basics, said Cuthbert.

"We believe the arts is another language and another a way of expressing ourselves. The competencies for being able to express yourself verbally or through music or dance or other art forms is something we're very passionate about at our school," she said. "Often through the arts, kids will have more to write about and will be more engaged because they've actually had those experiences."

Cuthbert said students struggling with math work with vice-principal Krystal Isfeld, who provides supplementary instruction.

"This year I'm working with smaller groups of children on the various math concepts they need extra support with," said Isfeld. "I work with about four to five students at a time. I take them out of their classroom and we work on various concepts."

Arborg focuses on strengthening basic math skills so that students have a strong foundation on which to advance to the next level. And Riverton provides math pacing guides at each grade level.

The pacing guides help teachers time certain lessons and give students a clearer indication of what they're working on. At the end of each time block, students are assessed on their understanding so that those who need additional help get it.

"Numeracy is really important. We need to get better at that," said Bailey. "Our students really need to do well at math and you have to prepare them for high school."

All three schools also focus on the promotion of well-being to provide



EXPRESS PHOTOS BY PATRICIA BARRETT

Winnipeg Beach Mayor Tony Pimentel, Riverton Early Middle School Principal Paul Bailey and ESD trustee Penny Helgason.



SSes principal Rosanna Cuthbert explains how the school focuses on literacy, math and well-being.

students with diverse learning experiences.

Riverton's grade 5-8 students, for instance, have an opportunity to take part in a leadership program, which includes running the canteen, overseeing the breakfast program and supervising clubs such as art, drama and dance as well as recreational sports for younger students. Arborg students can acquire practical skills in gardening, sewing and cooking, and

SSes students — through their outdoor explorations and exercises — develop a well-rounded understanding of their responsibilities as contributing citizens to the planet.

Harding said the school board plays a pivotal role in the mission to improve educational outcomes.

"These kinds of supports for kids can't happen unless our school board is providing that funding and making sure we have teachers," he said.

Squelching the misinformation of meth use in Teulon

By Natasha Tersigni

Armed with hard data and reliable information, the Town of Teulon partnered with the local RCMP detachment to host an information night for residents that focused on the facts rather than rumours when it comes to potential use and sale of methamphetamine in Teulon.

Over the past few months, Teulon Coun. Danny Hutchinson has received concern from citizens regarding the selling and use of methamphetamine, a highly addictive street narcotic also known as meth, in Teulon. During the town's municipal election forum held on October 11 in Teulon, citizens and candidates alike spoke on the issue of meth being trafficked in Teulon.

In order to address residents' concerns and work with local law enforcement on this potential problem, Hutchinson partnered with Teulon RCMP Cpl. Lacey Clarkson to host a public drug awareness event on Dec. 6 at the Teulon-Rockwood Centennial Centre.

"This evening we brought together a number of community presenters so we can be educated about issues in our town, which will, in turn, help us all to make decisions based on fact and not fear," said Hutchinson.

During the meeting, Clarkson spoke on the concerns raised by citizens and presented data that did not support there being a meth "crisis" in town.

"Based on the information we have, is there drugs in the community of

Teulon? Yes, there is. Is there meth here? We have seen individuals come into contact with people who have used it. Is this any different than any other community in the Interlake or other parts of the province? No," said Clarkson.

"Is it an epidemic here in Teulon based on the information we have? No, it is not."

Data collected by the Teulon RCMP detachment supported Clarkson's characterization of meth not being an imminent issue in Teulon. In 2017 within Teulon there were five reports of drugs, which includes the possession of a controlled substance. None of those reports related to the possession or trafficking of meth. In 2018, from Jan. 1 to Dec. 1, there were seven occurrences of drugs reported in the community of Teulon and one of those complaints was related to meth.

For the RM of Rockwood, in 2017 there were 10 reported occurrences related to drugs and drug use with one of those calls being related to meth. In 2018 there were nine reports reported in the RM of Rockwood, with one of those calls being related to meth.

A situation that Clarkson spoke on during her presentation was the recent information report of strawberry powder laced with meth being distributed at Teulon Collegiate Institute (TCI).

"There is no information to support these allegations that this is happening at the high school," said Clarkson.



RCMP Cpl. Lacey Clarkson of the Teulon detachment spoke on the concern by raised by community members about the use and sale of meth in Teulon.



TRIBUNE PHOTO BY NATASHA TERSIGNI
Town of Teulon Coun. Danny Hutchinson spoke at the drug awareness event on Dec. 6.

"In partnership with our addictions counsellor through Addictions Foundation of Manitoba, who works with the Interlake School Division as well as the principal and staff at the high school we followed up on this information and complaint because it was a concern to us as well."

In order to continue to keep the community safe, Clarkson spoke on the important role that residents play in reporting information to the RCMP. When reporting an issue or concern,

any information can help in an investigation and the person who is reporting it can remain anonymous if they wish.

"We are asking that if there is information on the sale of drugs that people call to report it to the RCMP. We often take for granted assuming that the police know everything that is going on in town and unfortunately we don't," said Clarkson.

"It is important that as community members you help us help you."

Local athlete focuses on the importance of fitness

By Ligia Braidotti

A Stonewall boy has been getting his strength to overcome challenges through a sport that demands a lot of physicality.

On Dec. 3, Austin McRae played in the mix of the Sledge Hockey Manitoba (SHM) intermediate and advanced players from the Sledge Hockey Manitoba against the Winnipeg's Squadron 402 of the Wing 17 team. The match was to recognize the International Day of Person with Disabilities and focus on the importance of fitness.

Austin was born a twin and had a stroke shortly after birth, causing him to be disabled with palsy on his lower body. He's been playing sledge hockey for five years, something his parents Lindsay and Les suggested.

"It gives me strength, and it's pushing myself to the limit," said the 15-year-old boy. "It's a good sport for

everyone to be involved with energy and moving around with your arms. It's for people who have disabilities, but everyone can join in."

Sledge hockey is one of the more popular sports at the Paralympic Winter Games and became an official event in 1994.

Instead of skates, players use double-blade sledges that allow the puck to pass beneath. Players use two sticks, which have a spiked end for pushing and a blade for shooting.

Les and Lindsay thought it would be a good opportunity to get their son involved with kids with disabilities and with a sport that wasn't based on skill level and more on building friendships. Les is involved with SHM as a coach and Lindsay has recently taken apart with the current Advisory Committee.

SHM says the sport has become one of the largest attractions for guests

because it is fast-paced, physical, and played by male and female athletes with physical impairment in the lower part of their bodies. Lindsay said the sport has made himself stronger to the point he doesn't need other people on the ice with him to participate — some other people need pushers for them.

"It's given him strength because it is quite hard sitting on those sleds with your balance, and if you fall over it is hard to get back up. So he went from the kids that needed help to get back up, but now he doesn't want help," she said. "It's given him lots of encouragement and co-ordination."

Sledge hockey has given him the opportunity to play a sport, no matter what skill level he's at, be active on the ice, and be surrounded by positive people.

"He is proud of himself to be in a sport where other people can ask him

questions about it — because not a lot of people know about sledge hockey and he is very knowledgeable on the sport," Lindsay commented. "He gets really excited when people come out to watch him."

Austin is also involved in wheelchair baseball, wheelchair basketball and also racing with his dad. He is also involved with the Children's Rehabilitation Foundation in Winnipeg, for which he was the spokesperson in 2011.

He said he wouldn't be able to do all that he can do now if it wasn't for his family support. Having his dad on the team encourages him to do his best, and the support from his grandparents is also meaningful for him, the Stonewall Collegiate Institute student said. "They've (his grandparents) been helping out in all my sports even though it's tough for them to come out," he added.

get inspired

> MEAL IDEAS



FamilyFoods
Phone 467-5553

Bacon French Toast Bake

temperature, at least 3 hours, or until slightly stale.

Generously coat 9-inch baking dish with nonstick cooking spray. Arrange bread, slightly overlapping.

In large bowl, whisk eggs, heavy cream, milk, Gruyere cheese, maple syrup and cinnamon. Add chopped bacon, saving 2 tablespoons for later. Pour over bread in baking dish. With hands, press down on bread to submerge.

Cover baking dish with plastic wrap. Refrigerate at least 5 hours, or overnight.

Heat oven to 375 F. Remove plastic. Sprinkle remaining bacon and Swiss cheese over top of bread mixture.

Bake 45-50 minutes, or until golden brown and set.

Top with blackberries and dust with powdered sugar before serving.

- 1 small loaf challah or brioche bread, cut into 1/2-inch-thick slices
- nonstick cooking spray
- 6 large eggs
- 1 cup heavy cream
- 1 cup whole milk
- 1/2 cup grated Gruyere cheese
- 1/3 cup maple syrup
- 1 teaspoon ground cinnamon
- 4 slices Smithfield Bacon, cooked and chopped
- 1/4 cup grated Swiss cheese
- 1/2 cup blackberries
- 1 teaspoon powdered sugar, for dusting
- Leave bread slices out, at room



Can We Just Leave the Past Behind and Move On?

per when, really, our glasses need cleaning.

For the most part, we all deal with much of the same 'stuff' of life, but there is much variation in degree of resiliency each of us possess. Many factors play into this, however the most important one is our outlook, or perspective on life. Unless we have consciously developed one, our perspective may still be primarily based on conclusions we formulated as children.

If our childhood was difficult, we may be living today with perspectives that are no longer accurate, and simply do not serve us. It does not help to replay the past tapes over and over, reinforcing our old beliefs. What is useful is to work with a trained therapist, who can assist in reviewing the past through adult eyes, and reformulating conclusions in a way that empowers, rather than limits us.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on Facebook for daily inspiration.

Do we really need to resolve issues stemming from our childhood, or can we just leave the past and move on? The answer really depends on how much we are affected by our past.

If we are emotionally whole and healthy, maintaining positive relationships with others, and are satisfied with our lives, then it is safe to say that past circumstances are not interfering with our adult functioning.

On the other hand, if we often feel depressed, negative, anxious, unhappy and unfulfilled, and struggle in relationships with family, friends or co-workers, there is a high likelihood that past conditioning is unconsciously creating some of our present day turmoil. If we do not explore that possibility, we continue to blame external circumstances for our misery. It is a little like blaming the print quality of the newspa-



Sausage and Ciabatta Stuffing

toasted, about 15 minutes. Set aside. Increase oven temperature to 375 F.

In skillet over medium-high heat, melt 1 tablespoon butter.

Cook sausage, breaking meat into medium pieces, until browned, about 8-10 minutes. Transfer sausage to large bowl; set aside.

Add remaining butter to skillet; cook carrots, onions and celery until soft, 5-7 minutes, and transfer to bowl with sausage.

In large bowl, mix bread cubes, chicken broth, olive oil, parsley, rosemary and salt and pepper, to taste. Add vegetable and sausage mixture to bread cubes mixture and combine.

Spread evenly in greased 9-by-13-inch baking dish. Bake until golden brown and bread is slightly crisp on top, 30-35 minutes.

Garnish with additional parsley before serving.

Tip: Recipe can be made one day before and refrigerated overnight.

- 1 large loaf ciabatta bread, cut into 1-inch cubes
- 4 tablespoons unsalted butter, divided
- 1 pound Smithfield Fresh Sausage Roll
- 1 cup carrots, diced
- 1 1/2 cups onion, diced
- 2 cups celery, diced
- 2 cups chicken broth
- 1/3 cup olive oil
- 2 tablespoons chopped parsley, plus additional for garnish
- 2 tablespoons chopped rosemary salt, to taste
- freshly ground black pepper, to taste
- Heat oven to 325 F.
- Bake ciabatta bread cubes until lightly



Lemonade Cranberry Orange Bread

- 1 1/2 teaspoons baking powder
- 1 teaspoon salt
- 1/2 teaspoon baking soda
- Heat oven to 350 F.

In large bowl, mash cranberry sauce into small pieces. Add lemonade, orange zest, vegetable oil and egg; mix until blended.

In separate bowl, combine flour, sugar, baking powder, salt and baking soda. Combine wet and dry ingredients; mix until batter is formed.

Pour batter into greased loaf pan. Bake 1 hour. Let cool 20 minutes before slicing and serving.

- Prep time: 15 minutes
- Cook time: 1 hour
- Servings: 8
- 1 can cranberry sauce
- 3/4 cup Milo's All Natural Lemonade
- 1 orange, zest only
- 2 tablespoons vegetable oil
- 1 egg
- 2 cups flour
- 1 cup sugar

Learn how to create a safe haven.

We help you radically reduce chemicals in your home

Norwex®

Ask me how

Stephanie 204-896-3980

Independent Sales Consultant
cleanwithwater15@gmail.com

ISAGENIX®

Weightloss • Energy & Performance • Healthy Aging

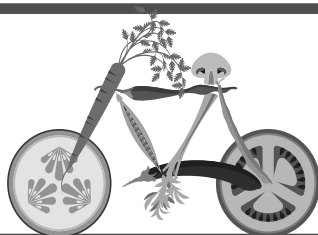
Allana Sawatzky
allana333@hotmail.com

Janice Gulay
jkaraim@mymts.net (c) 1-204-648-3836

Rose Sawatzky
isa.rose1957@gmail.com (c) 1-204-479-8227

www.isaproduct.com

Do you have a Health or Wellness Business?
Call Branden at 204-641-4104 to advertise



sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Jones beats Einarson in Canada Cup final

Staff

The Kerri Einarson and Jennifer Jones rivalry added another chapter on Sunday.

Winnipeg's Jones beat Camp Morton's Einarson 8-5 to win her record fourth women's title at the Home Hardware Canada Cup in Estevan, Sask.

Jones also won the event in 2007, 2011 and 2016.

Jones, who scored three in the ninth end to secure the victory, earned \$14,000 for winning the final and \$6,000 for their four round-robin wins. They also earn a bye into the 2021 Road to the Roar Pre-Trials and qualify for a World Curling Federation World Cup

event during the 2019-20 season.

Einarson, meanwhile, took home \$9,000 for finishing second plus \$9,000 for their six round-robin victories.

Her rink includes third Val Sweeting, second Shannon Birchard and lead Briane Meilleur (all former skips).

Einarson finished first in the round robin and had a bye into the final.

Team Einarson nailed down top spot on Saturday morning with a convincing 7-3 victory over Calgary's Chelsea Carey.

Einarson's rink has been red-hot to start the season. They have won four World Curling Tour events and lead all Canadian teams with a 48-13 record this season.



EXPRESS PHOTO CURLING CANADA/MICHAEL BURNS

Kerri Einarson finished second behind Jennifer Jones at the Home Hardware Canada Cup in Estevan, Sask.

Interlake Thunder hand out season-ending awards

Staff

The Interlake Thunder celebrated another very successful season with their annual awards banquet last Saturday evening.

Here are the 2018 Midget award winners:

Most Valuable Player - Colton Meisner - linebacker

Most Outstanding Offence - Colton Nedotiafko - running back

Most Outstanding Defence - James Crate - defensive linemen

Most Outstanding Lineman - Gabriel Simard - offensive linemen

Most Outstanding Specials - Tanner

McCallen - defensive back

Rookie of the Year - Graeme Perrie - running back

Thunder Impact Player - Benjamin Olafson - defensive linemen

Charlie Cooke Leadership Award - Nedotiafko and Colton Meisner - linebacker.

The Thunder Atom award winners included

Most Outstanding Offensive Player - Logan Bourrie

Most Outstanding Defensive Player - Nathan Esch

Most Outstanding Lineman - Andrew Sanderson

Thunder Impact Player of the Year - Hilton Billings

Interlake's junior girls award winners featured

Most Outstanding Offensive Player - Zoey Oughton

Most Outstanding Defensive Player - Skyler Funk

Most Outstanding Lineman - Madison Delaurier

Thunder Impact Player of the Year -

Hailey Hiebert

The Thunder senior girls' award winners were

Most Outstanding Offensive Player - Maddy Siwicki

Most Outstanding Defensive Player - Kaleigh Orr

Most Outstanding Lineman - Francine Coutu

Thunder Impact Player of the Year - Katirina Zotter

Midget Provincial Lightning involved in pair of shutouts

Staff

The Interlake Lightning were part of a pair of shutout games last weekend.

They lost the first game and then won the second one.

Interlake was blanked 3-0 by the Winnipeg Bruins on Saturday in Teulon but then rebounded nicely to shut out the Winnipeg Thrashers 1-0 in Manitoba AAA Midget Hockey League action Sunday afternoon at Gateway Arena.

Matthew Vandel scored the game winner against the Thrashers at 13:31 of the third period. Derrick Lange as-

sisted on the goal.

Chris Fines made 34 saves for the shutout.

In the loss to the Bruins, Ben Howika gave the visitors a 1-0 lead at 7:49 of the second period.

Luc Masse and Jesse Tkach tallied in the third.

Fines stopped 32 Bruins' shots.

Interlake, now 5-19-0-1-0, will host the Brandon Wheat Kings Friday (8 p.m.) and then will play the Central Plains Capitals in Portage la Prairie on Sunday (1:15 p.m.).

Cvar named MMJHL Goaltender of the Month

Staff

The St. James Canucks' Nathan Cvar was named the Manitoba Major Junior Hockey League's Goaltender of the Month for November.

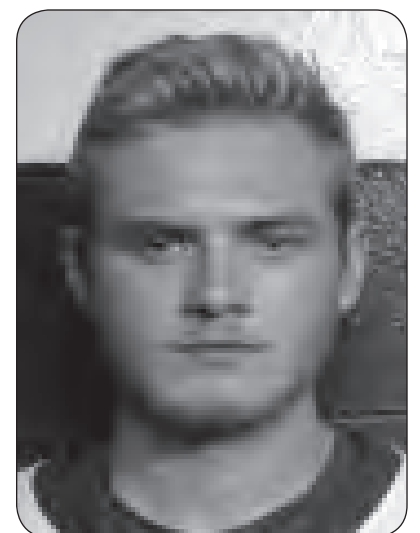
Cvar posted an impressive 5-1 record and 2.33 goals-against average in November.

For the season, Cvar boasted a 7-3 record with one shutout, a 2.20 GAA, and .922 save percentage as of Dec. 6.

St. James traded future considerations to the Stonewall Jets back in September to bring back Cvar for the next two seasons.

Cvar spent the past two years with the Canucks and had a stellar 2017-18 campaign where he went 12-8-3 with a .923 save percentage and 2.35 goals against average.

He also earned a shutout in 23 games played.



Nathan Cvar

After two years, Cvar's rights were sent back to Stonewall until the Canucks re-acquired him.

Einarson named runner-up for MJHL player of the week award

Staff

Virten Oil Capitals' forward Jack Einarson was named one of two runners-up for this week's Recycle Everywhere MJHL Player of the Week award.

Einarson, a Gimli product, had two goals and four assists in three Virten' victories last week.

He had nine goals and 21 points in 31 games heading into this week's action.

Swan Valley Stampeders' forward Josh Tripp won the award after he scored two goals and added five assists in two games.

Tripp, who hails from Swan River, currently leads the MJHL scoring race with 50 points

(21 goals, 29 assists) in 32 games.

The other runner up for the award was 20-year-old defenceman Troy Williams of the Steinbach Pistons.

EXPRESS PHOTO BY LANA MEIER

Gimli's Jack Einarson was named one of two runners-up for this week's Recycle Everywhere MJHL Player of the Week award.



Lightning wins pair of Bantam AAA games

By Brian Bowman

The Interlake Lightning Bantam AAA hockey team had a great week-end.

Interlake edged the Southwest Cougars 3-2 on Saturday and then trounced the Wheat Kings 10-2 in Brandon on Sunday.

In the lopsided win over Brandon, Interlake scored four goals in both the first and second periods and then added two more in the third.

Hayden Wheddon led the Lightning with four goals and two assists while other big offensive games came from Peyton Bateman (two goals), Karson King (goal, three assists), Brayden Stevenson (goal, two assists), Alexander Kaczorowski (goal, two assists), Austin Lourenco (goal and an assist) and Kaydyn McMahon (two assists).

Interlake outshot Brandon 52-36 as Dawson Cowan recorded the win.

Kaczorowski scored the game win-

ner on Saturday at 18:24 of the third period.

Stevenson earlier potted a pair of goals in the second period to erase a 1-0 deficit.

Zach Meadows made 28 saves for the victory.

Interlake will play the Winnipeg Monarchs this Friday at the Bell MTS Iceplex. Game time is 6:45 p.m.

In U17 Midget prep play, Interlake was shut out twice last week.

The Lightning lost 7-0 to the Winnipeg Sharks on Dec. 5 and then were blanked 3-0 by the Winnipeg Warriors on Saturday in Lundar.

Interlake's next game is Thursday (7 p.m.) when it hosts the Eastman Selects in Stonewall.

On Sunday at 2:30 p.m., the Lightning will look to take a bite out of the Sharks in Warren.

Lightning finish 1-2-1 at Bantam AAA Showcase

By Brian Bowman

The Interlake Lightning Bantam female hockey team had a pretty good showing at the Bantam AAA Showcase last weekend in Winnipeg.

Interlake finished with a 1-2-1 record in its four games.

The Lightning wrapped up play Sunday with a 4-1 loss to the Assiniboine Park Rangers.

Interlake's Tessa Stuart scored a first-period goal, assisted by Brooke Wadge.

But Assiniboine Park's Reece Chuback and Kate Thomson scored in the second period and then Chuback and Keara Parker tallied in the third.

Interlake started play with a 7-2 loss to the Northeast Predators on Friday.

Kenady Christensen scored both of the Lightning's goals, one in the first period and then a shorthanded marker in the third.

Taylor Henley, Dessya Mosienko, Abigail Ulrich, Emily Swanson, Ella Stewner, Ella Dzendzara and Glory Plett scored for Northeast.

Interlake then played to a 2-2 draw with St. Vital on Saturday.

Sarah Shewchuk and Christensen scored second-period goals for the Lightning. Amelie Ruest and Natasha Lachiver answered with third-period tallies for St. Vital.

Interlake's Teagan Achison made 38 saves in goal.

Later on Saturday, the Lightning outscored the Norman Wild 7-4.

Interlake, which held period leads of 2-0 and 6-2, had a four-goal, one-assist performance by Christensen and a two-goal effort from Wadge.

Ava Pool chipped in with a goal and an assist.

Achison stopped 12 Norman shots for the win.



EXPRESS PHOTO BY LANA MEIER

The Lightning's Kenady Christensen scored seven goals and had an assist during the Bantam AAA Showcase last weekend in Winnipeg.

Falcons, Ice Dawgs play to rare tie

By Brian Bowman

Ties in hockey are rare these days. But that's what happened Sunday as the Lunder Falcons and Arborg Ice Dawgs played to a 3-3 draw in Capital Region Junior Hockey League action.

Ryan Hill and Colton Davies each had a goal and an assist for Arborg while Josh Roche also tallied.

Derek Benson and Xavier Hatterman answered with a goal and a helper for Lunder. Shayne Desjarlais scored the Falcons' other goal.

The Falcons hosted the North Winnipeg Satelites on Saturday, losing 6-5.

Jesse McDonald (two), Benson, Braden Paulic and Hatterman scored for Lunder.

Kevin Budd, Nathan Jones, Parker Cassie, Miguel Valente, Mitchell Klippenstein and Nicholas Doerkson replied for North Winnipeg.

On Dec. 4, the Falcons were doubled 4-2 by the Satelites in Winnipeg.

North Winnipeg took a 2-1 first-period lead on goals by Cassie and Daytona Moneas sandwiched around an Eric Miller tally.

Rustyn Lodon scored early in the third and then Brett Williams tallied to put North Winnipeg up 4-1.

Desjarlais closed out the game's scoring with 5:53 remaining in the third.

Lunder will visit the St. Malo Warriors on Saturday (7:30 p.m.) and then will host the first-place Selkirk Fishermen Sunday (6 p.m.).

Arborg, meanwhile, also played last Thursday, pounding the Warriors 7-3 in St. Malo.

Arborg's Karson Collins and Davies each had two goals and an assist in the game while Derric Gulay added a goal and two helpers.

Jordan Klippenstein and Blaze Bezecki added a goal and an assist apiece while Roche had a pair of helpers.

Robert Guimond scored twice for



EXPRESS PHOTO BYLANA MEIER

The Falcon's Josh Wilkinson looks to make a pass during Lunder's 4-2 loss against St. Malo on Dec. 4.

St. Malo while Tyler Cormier added a single.

Gavin Love made 49 saves for a well-earned victory.

The Ice Dawgs, currently in fourth place in the five-team league, are back in action Saturday when it hosts Selkirk for a 7:30 p.m. game.

Lightning drop four games at Female Midget AAA Challenge

Staff

The Interlake Lightning lost all four games at the Female Midget AAA Challenge in Winnipeg last weekend.

Interlake started the event with a 2-0 loss to the Pembina Valley Hawks on Friday.

Abbi Conrad and Cora Fijala (on the power play) scored second-period goals for the Hawks.

On Saturday, the Lightning dropped

a 5-3 decision to the Melville Prairie Fire from Saskatchewan and then was defeated 5-1 by Pilot Mound Academy.

Interlake's Denali Sigurdson opened the game's scoring against Melville in the first period, assisted by Erin Yorke.

But Melville's Kailey Ottenbreit replied with a natural hat trick in a 6:20 span in the first period.

The Prairie Fire then went up 5-1 as Starla Mann and Ava Metzger added

second-period goals.

The Lightning's Brenna Barylski and Taylor Kristanson tallied in the third.

Against Pilot Mound Academy, Sigurdson again opened the game's scoring (with the assist going to Megan Humeniuk) but Pilot Mound took a 2-1 lead after the first period on goals by Carrigan Umpherville and Saige Mckay.

Umpherville and Mckay scored

again in the second period and then McKay completed her hat trick in the third.

Sunday saw Interlake get blanked 4-0 by the Winnipeg Ice.

Sandrene Garofalo and Seren Jocelyn scored second-period goals and then Maggie Medock and Julia Bird tallied in the third.

Peguis winless at OCN Showcase

Staff

The Peguis Juniors had a tough time at the OCN Showcase last weekend.

Peguis lost all three Keystone Junior Hockey League games with a depleted lineup, surrendering 21 goals in the process.

Peguis was defeated 7-5 by the OCN Storm on Saturday evening and then lost 7-6 to the Cross Lake Islanders Sunday.

In Sunday's loss, Quinton Flett scored twice and added an assist while Tyrome Spence-Bair added a goal and three helpers.

Sundance Paul chipped in with a goal and two assists. Peguis' other goals were scored by Tyrell Sinclair and Evan Gisler-Klyne.

Against OCN, Spence-Bair led Peguis with two goals and two assists while Dylan Bird-Wilson also tallied

twice.

Paul scored the Juniors' other goal. Flett and Nicholas Murdock each had three assists.

Peguis started the Showcase with a 7-6 upset loss to the Norway House North Stars on Saturday afternoon.

Norway House, winless coming into this game, led 3-1 after the first period and 6-4 after 40 minutes.

Spence-Bair paced Peguis with three

goals and an assist while Gisler-Klyne had two goals and an assist. Murdock chipped in with a goal and an assist.

The Juniors also received a three-assist effort from Flett.

Albert Berard (three), Keeshton McKay, Clinton Apetagon, Kachston Ducharme and Darian Brown scored for Norway House.

Peguis will host Cross Lake for a pair of games this weekend, beginning with a Saturday (8 p.m.) matchup.

The two teams will hook up again Sunday for a 2:30 p.m. tilt.

Anya Epp named MFMHL player of the week

Staff

Interlake Lightning goaltender Anya Epp was selected as last week's Manitoba Female Midget Hockey League's Player of the Week.

Epp, a Grade 9 student from Stonewall, shut out the Winnipeg Avros 1-0 on Nov. 28 while stopping all 38 shots.

Epp then earned her team another point in a 2-1 shootout loss against

Central Plains two days later. She stopped 48 of 49 shots through regulation and overtime before losing in the shootout.

The 1-0 shutout was the Lightning's

first win of the season and Epp earned her team three of a possible four points while facing 87 shots and only allowing two goals.

Classifieds

THE **EXPRESS**
WEEKLY NEWS

Book Your Classified Ad Today - Call 467-5836 or
Email classifieds@expressweeklynews.ca

SCRAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

FOR RENT

Monthly room rental Viking Inn, 2 double bed, microwave, mini fridge, cable TV, free Wifi & parking. \$700 (plus damage deposit). Call 204-642-5168.

FIREWOOD

1 & 2 year seasoned firewood, cut & split, delivery available. Ph 204-861-2330 or 204-886-3416.

CONDO FOR RENT

3 bdrm. condo in Gimli Shorepointe Village. Includes fridge & stove. \$950 plus utilities. No pets allowed. Call 204-641-2205.

HELP WANTED

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

MISCELLANEOUS

Need results? Get seen by 415,000 readers each week! The province wide classifieds blanket Manitoba with your ad/information. Book your business, event, promote your organization, sell something, thank someone, hire employees. We can help you with that. Call 204-467-5836, MCNA 204-947-1691 email classified@mcna.com for more details.

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

MISCELLANEOUS

Sales - financing - leasing of trucks, truckbeds, trailers, full repair, safeties & Autopac trailer repair. Kaldeck Truck & Trailer Inc., Hwy #1 MacGregor, MB. 1-888-685-3127 www.kaldecktrailers.com

LOST

Still lost (Aug 27), she could be anywhere! Smaller, gray and white female Winnipeg cat. Tattoo: TNN 185. Please photograph and share this ad. 204-996-3332.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

Everything you need to promote your business

FLYERS
BROCHURES
BUSINESS CARDS
STICKERS
WINDOW DECALS
SOCIAL TICKETS
DOOR HANGERS
LETTERHEAD
ENVELOPES
INVOICES
ESTIMATE SHEETS
POSTERS
MEMO PADS
POST CARDS



Call Today! 467-5836

Trouble Walking?

Hip or Knee Replacement?

Restrictions in daily activities?

\$2,500

Tax Credit

\$40,000

refund cheque/ rebates

Disability Tax Credit.

204-453-5372

Zag Fab Boats
Riverton, MB

Full Time Positions Available

Welder
General Laborer

For info contact:

Jim Zagozewski
(204) 378-5314

jim@zagfab.com

ANNOUNCEMENT

BIRTHDAY



Happy 80th Birthday

To our amazing

Dad, Afi,

brother, father-in-law and friend
Gunnar Palson!

Please join us on Saturday, December 15, 2018 at the Travelling Inn in Arborg, 273 Sunset Blvd. from 1 - 4 p.m. for a Come and Go Celebration! Visitors of all ages are welcome! The greatest gift you can give is the pleasure of your company as we celebrate this important milestone.

Join us for a light lunch and bring your favourite Gunnar stories for all to enjoy!

ANNOUNCEMENT

IN MEMORIAM



Floyd Swanson
December 7, 2017
There is no death,
Only a change of worlds
-Blair and Lizette

CLANDEBOYE AVE in Selkirk
Executive Mall

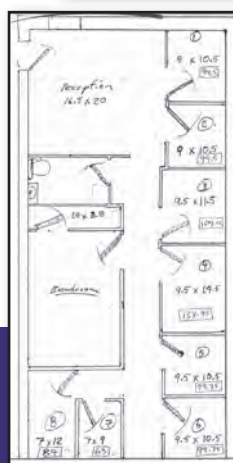
**OFFICE
SPACE
FOR
LEASE**



*Property
Features*

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include The Lord Selkirk Teachers Association and Sun Life Financial. The Selkirk Record and a new incoming tenant occupy separate space though their own private entrances. The building was upgraded in 2012. Both the reception and board room are shared, there are currently five offices available for lease.

For information please contact:
BIG Real Estate
204-485-0010
email bigandcolourful@mts.net



NEWS TIPS Call 467-5836

REPORTER/ PHOTOGRAPHER

The Stonewall Teulon Tribune and *Express Weekly News* are looking for an outgoing individual to join our news team as a reporter/photographer covering Stonewall, Teulon, St. Laurent, Rockwood, Rosser, Warren, Woodlands, Armstrong and the communities along Highway 6, including Lundar, Eriksdale, Ashern, Grahamdale, Steep Rock, Moosehorn and across to Fisher Branch. The ideal candidate is someone who is familiar with the goings-on of the region (or willing to get out there and learn), eager to take the initiative in finding compelling stories, has the know-how to take awesome photographs and is able to write clean, engaging copy on deadline.

This is a full-time position. Prior journalism experience is a definite asset. Must be fluent in Adobe Indesign, Photoshop and photo colour correcting. Must have reliable transportation and be willing to work flexible hours, including covering evening and weekend news events.

Submit your detailed resume and samples of writing on or before Nov. 9, 2018 to Lana Meier at news@expressweeklynews.ca

Stonewall Teulon
Tribune
THE **EXPRESS**
WEEKLY NEWS

We thank all applicants for their interest, however, only candidates selected for interviews will be contacted.

PENNER OIL
FUELED BY INTEGRITY

Winter
Road Haul 2019
Class 1 Drivers
needed for deliveries in
MB & NW Ont.
(800) 665-4302
ext. 251
or e-mail:
orderdesk@penneroil.ca

McSherry Auction
12 Patterson Dr.
Stonewall, MB

LAST SALE FOR 2018!
Estate & Moving
Sat Dec 15 10:00 AM
Closed for The Holiday Season!

OPENING SALE FOR 2019
Estate & Moving
Sat Jan 12, 2019 10:00 AM
Merry Christmas
& Happy New Year from
Stuart McSherry & Staff!
(204) 467-1858 or
(204) 886-7027
www.mcsherryauction.com

**SHOWHOME
BLOWOUT**

**ONLY
\$159,000**

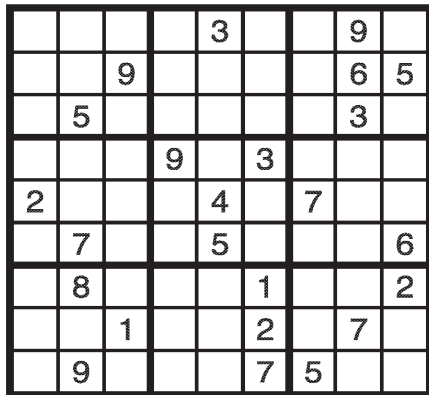
1584 sq ft, 9 ft ceilings,
3 bedroom, 2.5 baths. Kitchen island &
walk-in pantry. Covered
veranda. Tripane windows & fir plywood
construction and James
Hardie siding.

Don't miss out.
wgiesbrechthomes.ca
or
204-346-3231

take a break

> GAMES

SUDOKU

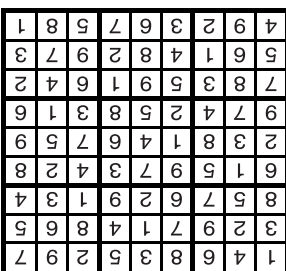


Fun By The Numbers

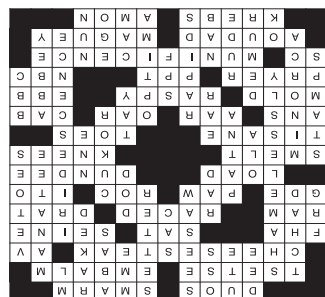
Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Sudoku Answer



Crossword Answer

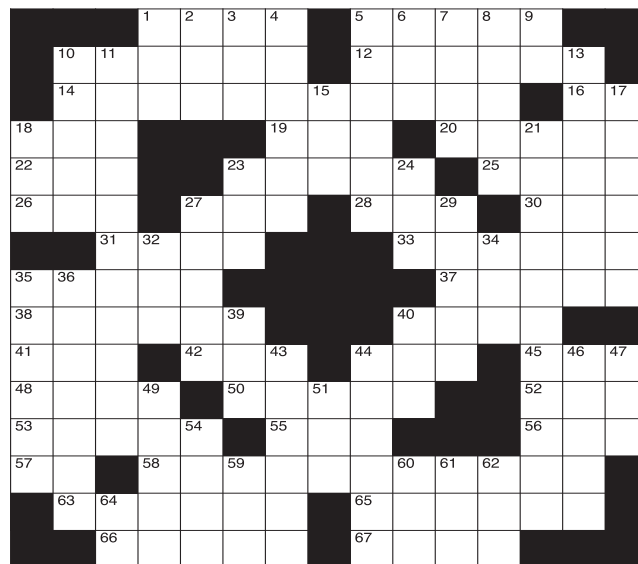
CROSSWORD

CLUES ACROSS

1. Pairs
5. Try to gain favor
10. Bloodsucking African fly
12. Preserve a dead body
14. Philly delicacy
16. Early multimedia
18. Agency
19. Teenagers' test
20. Net
22. Computer memory
23. Drove fast
25. Expression of annoyance
26. Google certification
27. A way to caress
28. Charles S. Dutton sitcom
30. OJ's judge
31. Pack up
33. Croc hunter
35. Extract
37. Leg parts
38. Herbal tea
40. Humans have 10
41. Autonomic nervous system
42. Swiss river
44. Paddle
45. Taxi
48. Something to break
50. Hoarse
52. Flow's partner
53. Famed English cricketer
55. Parts per thousand (abbr.)
56. Peacock network
57. Sports highlight show
58. Great generosity
63. Barbary sheep
65. Agave
66. Crab (German)
67. Egyptian god of life

CLUES DOWN

1. Speedy ballplayer Gordon



2. Utah athlete
3. Former CIA
4. Teeter totter
5. Sporting dog
6. Woman (French)
7. Greek sophist
8. Gathered leaves
9. Milliliter
10. African nation
11. In a brazen way
13. Aquatic mammal
15. Pouch
17. Denies
18. Germany
21. Brightness
23. Cool!
24. Department of Defense
27. Indian city
29. "Our Betters" director

32. Ice cream brand
34. Midway between north and northeast
35. Postage are one type
36. Balearic island
39. Body part
40. Scotland's longest river
43. Where rafters go
44. Type of Kia
46. Where monks live
47. UK TV station
49. A way to raise an objection
51. Sunscreen rating
54. Unfriendly
59. Catch
60. Panthers' QB
61. Self
62. Type of sister
64. Alright

TO ADVERTISE

Call **204-641-4104** ads@expressweeklynews.ca

Biz Cards

COUPON

FREE COFFEE, TEA OR FOUNTAIN POP
With the purchase of a breakfast, lunch or dinner entree

Barney Gargles 185 Main St., Selkirk
FAMILY RESTAURANT Phone 785-8663
Expires Dec. 31, 2018

Quarry PETS
Supplies & More
Supplying All Your Pet's Needs
On-Site GROOMER
Call us for details
317 Main St., Stonewall (204) 467-5924

CONVENIENCE

Grocery • Drinks • Snacks
• Coffee to Go • Ice • Firewood
• Fireworks • ATM • Greeting Cards
• Newspapers • Books • Pet Food
• Toys & more

SNAXS 20088 First Ave,
FIRST AVENUE Sandy Hook

OPEN YEAR ROUND 10AM - 6PM
7 DAYS A WEEK

INTERLAKE INSULATORS

BALMORAL, MANITOBA
• Spray Foam
• Blow In
FREE ESTIMATES

Brent Meyers
204-461-4669
interlake_insulators@hotmail.com

SPRAY FOAM SPECIALISTS



GIMLI VETERINARY SERVICES

70 Centre Street Gimli, MB R0C 1B0
204-642-8398 lmtvet@mts.net

pampered chef

INDEPENDENT CONSULTANT

• Cooking Shows • Meal Prep Solutions
• Fundraisers • Individual Orders
204-485-4272 call or text
stoneware444@gmail.com
www.pamperedchef.biz/michellebalharry

Rx PharmaChoice LUNDAR

You have QUESTIONS, We have ANSWERS!

• Prescriptions • Liquor Store
• Home Health Care Aids
• Snacks and more!

Advice for Life

LUNDAR PHARMACY 204-762-5431
18 Main St., Lundar

Glass Specialists

• Sealed Units
• Flat Glass
• Mirrors
• Laminated
• Tempered
• Plexi/Lexan

Construction

• Windows & Doors
• Siding
• Custom Cladding
• Decks
• Construction/Renovations

Interlake Glass 365 Main St. Arborg, Mb
204.376.5177
intglass@mymts.net

WE DO IT ALL!

• Window Coverings by HunterDouglas
• Floor Coverings • Countertops
• Cabinetry by KitchenCraft & More!

Mon-Fri 9am-5pm Closed Saturdays
Hwy #9 & Colville Dr., Gimli
(204) 642-8585
www.thehomestoregimli.com

WARREN LAHAIE
PARTS & SERVICE

WARREN@GIMLIFORD.COM
16-7TH AVE., GIMLI, MB
204-642-5137

GIMLI Ford EST. 1977

Everything you need to promote your business

FLYERS
BROCHURES
POST CARDS
STICKERS
BUSINESS CARDS

PRESENTATION FOLDERS
SIGNS
SOCIAL TICKETS
DOOR HANGERS
LETTERHEAD

ENVELOPES
INVOICES
ESTIMATE SHEETS
POSTERS
MEMO PADS
And MORE...

Interlake Graphics
For all your printing and publishing needs
467-5836

Interlake Cladding Solutions

I.C.S

SPECIALIZE IN:

• Metal Roofing & Siding • All types of Siding
• Soffit, fascia, gutters and downspouts

Serving the Interlake

Theo Spray
(204) 280-0071
bearspray@hotmail.ca

Cub Cadet®



UNRIVALED STRENGTH. CUB CADET **HD** SERIES

See clearly at dawn or dusk with **dual LED headlights**, the longest, broadest and brightest lights on the market. And with the effortless single-handed power steering, Cub Cadet HD snow blowers can handle winter's worst, season after season.



TOP RATED



DEALER EXCLUSIVE



3X[®] HD

- Heavy gauge steel auger housing, and shave plate to tackle winter, season after season
- Hi-arc heavy-duty steel chute to face winter's harshest conditions
- Larger, dual LED headlights – Longest, broadest and brightest lights on the market



UNBEATABLE POWER
The induction accelerator quickly pulls more snow, ice and slush through the system like a turbocharger.

STARTING AT:

\$1,799*

**3-YEAR
LIMITED WARRANTY***

**AUGER GEARBOX
5-YEAR
LIMITED WARRANTY***

0% FINANCING UP TO 36 MONTHS™



TOP RATED



DEALER EXCLUSIVE



2X[®] HD

- Easily clear up to 12" of snow with effortless one-hand handling
- 12" serrated augers and heavy-duty steel shave plate
- Backed up by an industry leading warranty for ultimate peace-of-mind



POWER STEERING
Trigger-control power steering for unmatched single-hand operation and easy turning capability.

STARTING AT:

\$1,549*

FOR FULL PRODUCT SPECS AND TO DISCOVER OUR FULL LINE OF OFFICIAL CUB CADET PARTS, ATTACHMENTS AND ACCESSORIES, VISIT CUBCADET.CA

YOUR INDEPENDENT CUB CADET DEALER – EXPERT SERVICE. LOCALLY OWNED.

The advice, service, selection and support you need to find the right fit for you.

SHACHTAY
SALES & SERVICE LTD.
www.shachtay.com

*Servicing the Interlake
for 52 Years!*

204-376-5233
Arborg, Manitoba
Family Owned