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# Historic celebration




EXPRESS PHOTO BY PATRICIA BARRETT

Icelandic Festival of Manitoba members (from left) Kristine Sigurdson, Grant Stefanson, Jenna Boholij, Kathi Thorarinson Neal, Tim Arnason. See story pg. 9.

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# Virtual Gimli Dog Party on YouTube an upbeat treat that dispels the COVID blues

By Patricia Barrett

Gimli's 13th Annual Dog Party may have had to be scrapped this summer because of COVID, but organizer Alec Baldwin decided to hold a "COVID-style party" that's guaranteed to raise a smile and a few laughs.

Baldwin collected hundreds of photos and videos from people who've taken part in his annual party, as well as from Facebook friends, dog show participants and others who've never attended the party, said his mom Tanis Baldwin. His cousin from B.C., who's in medical school, alerted her fellow students and they shared photos.

Baldwin then produced two slideshows — one a video and the other featuring photos stills — and three posters. He uploaded the videos to YouTube, complete with background music.

"The goal was to feel like he had his annual dog party, even though it was different this year," said Benson. "It was a lot of work but he created something pretty awesome."

Baldwin got 186 dogs to participate in the project and he knows every one of their names, said Benson. He featured the dog in either one of the videos or in a poster compilation or both.

Baldwin, who has competed in dog shows with his own dogs, holds a dog party every summer. He and his family decided to play it safe when positive COVID-19 cases began to spike across the province and they cancelled the event, which attracts scores of people and their dogs to a park near Baldwin's house in the Vesturland neighbourhood.

Baldwin organizes a variety of games for the dogs, agility equipment, a cool-down pool and also provides canine treats for them, as well as human treats



Some of the dogs featured in the videos and stills.

for their owners.

For the slideshow, Baldwin laid down an audio track of him singing and playing American singer-songwriter Harry Nilsson's humorous Puppy Song, which he credits at the end of the slideshow.

"He learned the song and plays it on the guitar," said Benson.

"If only I could have a puppy, I'd call myself so very lucky," goes one witty line. "We'll stay away from crowds with signs that said no dogs allowed!"



EXPRESS PHOTOS BY ALEC BALDWIN

Alec Baldwin created two upbeat slideshows with music and posters to celebrate dogs after he decided to cancel his annual dog party in Gimli this summer.

At about 2:40 minutes, the slideshows titled "Dog Party Slideshow 2020" and "Dog Party Video Compilation 2020" are celebrations of love for dogs and features various breeds and some of the adventures they go on. Dogs are shown lying on couches, splashing in a lake, standing at the bow of boats and putting their noses in "awkward" spots.

Baldwin himself appears in the video slideshow.

To view the two slideshows, search the titles or visit [https://youtu.be/\\_SaYHlXqp-c](https://youtu.be/_SaYHlXqp-c) and <https://youtu.be/-n69e9XWdrc>.

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## Fisher Branch RCMP recover drugs and cash during search



EXPRESS PHOTO SUBMITTED

Fisher Branch RCMP arrested two males and one female on the Peguis First Nation and charged each with possession for the purpose of trafficking on Oct. 21.

Submitted by RCMP

As a result of an ongoing investigation, officers from the Fisher Branch RCMP executed a search warrant at a residence located on the Peguis First Nation on Oct. 21.

The search of the residence resulted in the seizure of 48 grams of cocaine, over \$19,000 in cash, several edged weapons and drug-related parapher-

nal.

Officers arrested two males, ages of 22 and 20, as well as a 21-year-old female, in response to this investigation. The three accused will be appearing in court in Peguis on Jan. 19, 2021, on a charge of possession for the purpose of trafficking.

Fisher Branch RCMP continue to investigate.



# ESD celebrated School Bus Safety Week in October

By Evan Matthews

Last week was Manitoba's annual School Bus Safety Week, and as with anything in 2020, there has been an added wrinkle to the topic.

Mark Patrick, transportation manager for the Evergreen School Division, said while School Bus Safety week focuses largely on safe traffic practices — such as safely entering, riding and exiting the bus — COVID-19 has definitely added an element to keeping students safe.

"We didn't speak specifically to the COVID-19 safety protocols with students this past week, but we did take a lot of time at the beginning of the year. We educated students and parents about why things were happening: cleaning, limiting capacity of buses and cohorts, distancing masks, etc. But this week has specific emphasis," said Patrick.

"(The division) tries to focus on a couple of different areas. We make sure the drivers get their training and they're comfortable with safety protocol and know what needs to be done. But then we also do the drills and education for the students, just to make sure they know why we do certain things to keep them safe all the time," he said.

Every year, the third week of October is School Bus Safety Week Manitoba-wide, as recognized



by the provincial government. The 2020 theme is "Can't Touch This — The Danger Zone!"

Although the school bus safety week theme changes annually, one message remains constant: be aware and be safe around the school bus, according to Patrick.

The 2020 theme relates to high-danger traffic zones, how to safely cross the street and safety rules for riding the bus, according to the province.

"We try to get the students as much training as possible, but we want everyone to be aware of their surroundings, avoid driving through the bus's stop sign when the lights are flashing, etc.," said Patrick.

"Be patient, keep an eye out, that sort of thing,"

## Poster contest

Manitoba Education and Training bases its annual theme on the National Association of Pupil Transportation (NAPT) poster contest theme, again with 2020 focusing on danger zones.

ESD has encouraged all of its schools and students to participate in the 2020 poster contest, which Patrick said is put on by the Manitoba Association of School Business Officials (MASBO).

Any student in the province can participate in the contest.

## School Bus Ridership Education

In the 1990s, the United States' National Highway Traffic Safety Administration (NHTSA) developed a School Bus Pedestrian Safety Training Program consisting of guides and videos to assist grades K-6 teachers teach school bus pedestrian safety, according to the province.

In 1994, Manitoba Education used this model to develop its own program — A Teacher Resource for School Bus Ridership Education - Grades K-4 — which consists of the teacher resource manual and various support materials and videos.

# Matlock Fire Department comes to rescue to keep goblins and ghouls safe on Halloween

By Patricia Barrett

The Matlock Fire Department has plans to rescue Halloween this Saturday and keep it safe for the kids as the province continues to see rising COVID-19 numbers, including in the Interlake.

Fire Chief Justin Anniuk said he made the decision to stage a candy giveaway at the hall.

"Due to concerns of going door to door, and having children coming into contact with multiple people, we decided to have the members bring candy to the fire hall to be distributed," said Anniuk. "This will lessen the number of close contacts with people, lowering the chance of spreading any virus."

Members of the department are paying for and supplying all of the candy, said Anniuk.

The Matlock station, which has 28 members and is one of three stations operated by the RM of St. Andrews, falls within provincial public health's orange zone (restricted). Many people in the Dunnottar area — made up of the towns of Matlock, Whytewold and Ponemah — travel to Winnipeg for

work, shopping or medical appointments.

As of Monday, the RM of St. Andrews-Winnipeg Beach area had four active COVID cases and 23 recoveries, according to the province's COVID dashboard. Province-wide, 4,249 people have been infected with the virus and 54 people have died. As of last Sunday, there were 77 people with COVID in hospital, 15 of those in intensive care.

Fire hall members will be setting up outside the hall to distribute the goodies, said the fire chief. The public is not allowed to enter the building.

Halloween costumes are a must and non-medical face masks for the purposes of COVID prevention will be appreciated, along with Halloween-themed masks.

"Everyone is welcome. But you must be in costume to receive any candy," said Anniuk. "[Non-medical face] masks are definitely appreciated but not mandatory."

Anniuk said the Halloween giveaway at the fire hall was arranged because of COVID, but he's anticipating

that it may become an annual event.

The candy giveaway will take place Saturday, Oct. 31, between 4 p.m. and

8 p.m. The Matlock Fire Hall is located at the junction of Matlock Road (PR 232) and Grant Avenue.



St. Andrews' fire hall in Matlock will be hosting a COVID-style Halloween this Saturday.  
EXPRESS FILE PHOTO BY PATRICIA BARRETT

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Brian Bowman



**REPORTER/PHOTOGRAPHER**  
Patricia Barrett



**REPORTER/PHOTOGRAPHER**  
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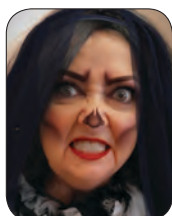
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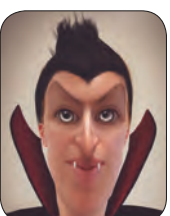
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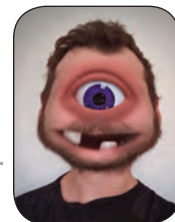
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## No dress rehearsal, this is our life: remembering Gord Downie

By Evan Matthews

With so many grave topics being discussed all the time of late, it's easy for things to pass us by without much thought.

Oct. 17 was very much that way around the world, but for many Canadians, not so much.

On Oct. 17, 2017, Canada lost Gord Downie, one of the country's greatest people.

He was an icon, an unforgettable and integral part of Canadiana, a musician, a writer, an activist.

Bands in many ways are like a team, but The Tragically Hip was, in essence, Gord Downie, the lead singer and front man of the group. If you missed the opportunity to see the band perform live, his presence was like no other.

The band formed in 1983, in Kingston, Ont.

For context, no other band in Canadian history has sold more records than The Hip. They produced 14 albums, one live album, one compilation and one box set. Michael Bublé, Shania Twain and Celine Dion rank higher in record sales but are solo artists.

ists.

In a way, the band became one of our nation's most notable record keepers, documenting national stories through song and poetry.

Think of songs like Wheat Kings, the true story of the wrongfully convicted David Milgaard; or the song Fifty-Mission Cap, which tells the true story of Bill Barilko, a hockey player for the Toronto Maple Leafs who won the Stanley Cup in 1951 and mysteriously disappeared four months later.

"The last goal he ever scored won the Leafs the Cup."

Above is a great example of a lyric many Canadians know but maybe lacked context. As a result, we've learned parts of our own history simply because The Hip introduced us to the stories.

Important stories; stories that should be told over and over.

Then, in April 2016, Downie was diagnosed with brain cancer — glioblastoma, an incurable form of the disease. Fans, and much of the country, hurt like it was one of their own.

Rather than wallow in what would be the end of his life, Downie and The

Hip hit the road one last time. The CBC broadcast The Hip's last ever show on Aug. 20, 2016 in their hometown.

During The Hip's last tour, Downie spent significant time drawing national attention to the need for our country to reconcile its relationship with Indigenous peoples.

In October 2016, Downie released a multimedia project called *Secret Path*, which is inspired by the story of Charlie Wenjack, an Indigenous boy who died while escaping from a residential school near Kenora, Ont.

Downie received the Order of Canada before he passed, one of Canada's highest civilian honours, recognizing outstanding achievement, dedication to the community and service to the nation.

No one is more deserving than Gord Downie.

Downie was an inspiration, and his efforts show us all we can be better, if we want to be.

Just like he used to sing with The Hip, "Armed with will and determination, and grace, too."

## Clocks fall back this Sunday for end of daylight savings

Staff

Most Canadians will turn their clocks back by an hour Sunday, Nov. 1 for the switch from daylight savings time to local standard time.

Local standard time officially starts at 2 a.m.

Clocks are turned back one hour in the fall for what's commonly called "the end of daylight savings time," an

idea first used in Germany during the First World War with the goal of saving energy. It aims to take advantage of daylight hours in the spring so that people don't sleep through the first few hours of sunshine.

When the daylight period gets shorter in the fall, the clocks are readjusted to the proper "local standard time."



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### OUR EDITORIAL STAFF

**Brian Bowman** Sports Reporter  
sports@expressweeklynews.ca

**Evan Matthews** - Reporter/photographer  
204-990-9871 Email: evan@expressweeklynews.ca

**Patricia Barrett** - Reporter/photographer  
Cell 204-407-6099 patricia@expressweeklynews.ca

### ADDRESS

74 Patterson Drive, Stonewall Industrial Park  
Box 39, Stonewall, MB R0C 2Z0

### > EMAIL US

Letters to the Editor: letters@expressweeklynews.ca  
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# letter to the editor

Letters to the Editor:  
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## Supporting our beef industry

A strong beef industry is an important contributor to Manitoba's protein industry. Producers are providing nutritious and safe food and contributing to healthy grasslands, biodiversity and economic activity in your communities and for Manitobans.

Our government has recently moved forward with a number of measures to position the beef industry for success now and for the future. These measures relate to agricultural Crown lands (ACL), business risk management and research and innovation.

Agricultural Crown land is a valuable asset to the people of Manitoba and to Manitoba families that make up the beef industry. As part of the modernization of ACL, Manitoba is meeting its commitment to legacy ACL leaseholders by providing a

mechanism for in-family renewals at the end of each 15-year lease term on any leases that were in place prior to Oct. 1, 2019.

We recognize that changes to the ACL program have come at a time when some producers have experienced the added burden of very dry conditions. To help with the transition in the 18 municipalities that declared a state of agricultural emergency in 2019, our government is providing a one-time, 20 per cent rent credit for 2021 to producers who held an ACL forage lease or renewable permit in these municipalities in 2019 and will continue to hold the same lease or permit in 2021. This credit will deliver more than \$530,000 to producers, based on their 2021 rental rate.

We are also taking several steps that will strengthen risk management programming for beef produc-

ers. Building on feedback from its Forage Insurance Review, Manitoba Agricultural Services Corporation is taking a number of steps to enhance its products including:

- undertaking a new pilot project to evaluate the potential of index-based forage insurance products.
- introducing individual productivity indexing for the 2021 Agri-Insurance year for silage corn and increasing the transportation allowance within the forage insurance dollar value and Hay Disaster Benefit for the Forage Insurance Program;
- working with industry to reduce the impact of disaster years on insurance coverage, reduce participant burden, and increase awareness of forage insurance options.

Manitoba is also providing \$300,000 over three years to support Manitoba Beef Producers to reduce wildlife predation of livestock in Manitoba. The Livestock Predation Pilot Project

will help cattle and sheep producers most affected by predation to develop individual risk management plans, while supporting broader industry-wide efforts to test a variety of risk management approaches and share best practices to reduce losses.

Innovation will certainly play an important role in the future profitability and sustainability of the beef industry. To support innovation and knowledge transfer to beef producers, Manitoba and Canada are investing \$2.85 million over five years with the Manitoba Beef and Forage Initiatives to enhance productivity, profitability, sustainability and public trust of the beef industry.

Our government remains committed to creating an environment for a competitive, profitable and sustainable livestock industry.

Sincerely,  
Honourable Blaine Pedersen  
Minister of Agriculture and Resource Development

## Backlash after making face masks optional

Steve Affleck, owner of Splash Printing, has posted a sign in the window of his business which clearly mocks the wearing of face masks, during the worst pandemic in a century, by referring to them as "Face Diapers." If he simply wanted to give people entering his store the option of not wearing a mask, he could have had no sign, or a sign which stated "face masks are optional." But through his mocking sign in his store window, and taking his complaints to your paper, he is not really concerned with giving people a reasonable option. He is very publicly pushing a political agenda, the agenda of Donald Trump and the anti science mob in the U.S.

Affleck also states that if the province made mask wearing mandatory in Gimli, he would refuse to enforce it in his shop. He claims that "a person is exempt from wearing a face mask under the Canadian Human Rights Act and the Charter of Rights

and Freedoms." I just read both documents very carefully, and his claim is rubbish. Affleck also claims, "However, I think that it is no more dangerous than the regular flu." He is parroting the public lies of his hero Trump, who admitted the truth privately to Bob Woodward (who thankfully taped him). "This is more deadly than the flu maybe five times more so. ... This is deadly stuff. ... It's also more deadly than your strenuous flus." This is the worst pandemic in a century, since the Spanish Flu of 1918. The problem is not the ignorance of Affleck's actions and statements but that they are dangerous to public health and could possibly result in the loss of lives.

The British North America Act assigns the provinces constitutional authority over health. During the worst pandemic in a century, the province certainly has emergency powers to protect public health by mandating the wearing of masks in

public places.

The recent Carnegie Mellon Covid Cast project compares the percentage of people in a U.S. state using masks most or all the time, to the percentage of people who know someone with COVID-19 symptoms. The District of Columbia has the highest rate of mask use and the lowest rate of knowing someone with COVID symptoms. Wyoming, North and South Dakota have the lowest rate of mask use and highest rates of knowing someone with COVID symptoms. This recent U.S. university study shows a very strong correlation between the rate of mask use and the rate of COVID infection. "The most dangerous places in America may be the Dakotas." South Dakota has a positivity rate of 35 per cent in COVID testing, and more people are dying in the Dakotas than in New York City, which has 10 times the population of the Dakotas combined. And this despite the Dakotas have the great advantage of very low population density, while New York City has the highest population den-

sity in the U.S. The governor of South Dakota refuses to mandate mask use and encourages superspreader events like the Sturgis motorcycle rally held in her state. New York state has a governor who is guided by medical science.

Manitoba today is facing the most dramatic rise in infections in all of Canada. Reputable medical scientists virtually all strongly agree that mask use in public places is essential to limiting the spread of COVID 19. We wear masks to protect our neighbours rather than ourselves. If most of us wear masks when we are close to others in public, the spread of the virus is limited, and we are all safer.

As Paul Krugman, a Nobel Prize winning economist with the *New York Times*, stated, "Liberty does not mean freedom to infect other people."

Wally Johannson, Gimli



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# Province encourages families to be COVID careful this Halloween

## Submitted

The current five-day COVID-19 test positivity rate as of Monday was 7.1 per cent with 100 new cases of the virus identified as of 9:30 a.m. This brings the number of lab-confirmed cases in Manitoba to 4,349.

Monday's data showed:

The Interlake-Eastern with a total of 339 cases: 156 active cases, 181 recovered, 3 currently in the hospital and 2 deaths.

• Arborg/Riverton 20 recovered; Beausejour 2 active cases, 16 recovered; Eriksdale/Ashern 4 active cases; Fisher/Peguis 61 active and 18 recovered; Gimli 2 recovered; Northern Remote 54 active cases, 9 recovered, 1 death; Pinawa/Lac du Bonnet 6 recovered; Powerview/Pine Falls 5 active case and 5 recovered; Selkirk 2 recovered; Springfield 7 active cases and 3 recovered; St. Clements 4 active cases and 5 recovered; St. Laurent 1 recovered; Stonewall/Teulon 10 active cases, 31 recovered and 1 death; Unknown District 4 active cases and 9 recovered; and Winnipeg Beach/St. Andrews 5 active cases and 23 recovered.

The data also showed:

• 10 new cases in the Northern health region;  
• one new case in the Prairie Mountain Health region;

• 11 new cases in the Southern Health-Santé Sud health region; and  
• 73 new cases in the Winnipeg health region.

As of Monday, Manitoba reported 2,117 active cases and 2,177 individuals who have recovered from COVID-19; there are 80 people in hospital and 15 people in intensive care; and the number of deaths due to COVID-19 is 55.

Laboratory testing numbers show 2,131 tests were completed on Sunday, bringing the total number of lab tests completed since early February to 242,787. Case investigations continue and if a public health risk is identified, the public will be notified.

Public health officials are advising a person who has tested positive for COVID-19 attended a funeral in Lake Manitoba First Nation on Oct. 12 when they did not have symptoms but were in their infectious period. Public health officials will be notifying close contacts directly. Others who attended the funeral should self-monitor for symptoms. If symptoms develop, people should self-isolate and seek testing.

All other possible exposure locations are listed online by region at the province's #RestartMB Pandemic Response System webpage. For up-to-date information on possible pub-

lic exposures to COVID-19 in regions, visit [www.gov.mb.ca/covid19/updates/flights.html#event](http://www.gov.mb.ca/covid19/updates/flights.html#event) and click on your region.

With the growing number of cases in the Northern health region and Churchill, the province is introducing targeted measures under the Restricted Level (orange) of the #RestartMB Pandemic Response System to reduce community spread of the virus by reducing close-prolonged contact between people. These measures came into effect at midnight Monday, for a minimum of two weeks. For more information, visit: [www.manitoba.ca/covid19/restartmb/prs/northern/index.html#north\\_restrictions](http://www.manitoba.ca/covid19/restartmb/prs/northern/index.html#north_restrictions).

Additional measures have been put in place for schools in the Winnipeg Metropolitan Region and the Northern health region under the Restricted Level (orange), effective Monday. For more information, visit [www.manitoba.ca/covid19/restartmb/prs/winnipeg/index.html#wmr\\_schools](http://www.manitoba.ca/covid19/restartmb/prs/winnipeg/index.html#wmr_schools).

The chief provincial public health officer urges Manitobans to not socialize with people from outside their household to cut down the number of close contacts and avoid closed-in or crowded spaces. In addition, they should focus on these fundamentals to help stop the spread of COVID-19:

• Stay home if you are sick.

• Wash/sanitize your hands and cover your cough.

• Physically distance when you are with people outside your household.

• If you cannot physically distance, wear a mask to help reduce the risk to others or as required by public health orders.

Public health guidance for Halloween trick-or-treating has been developed. If people do choose to participate in trick-or-treating this year, information is available on how to do it safely at <https://manitoba.ca/covid19/halloween.html>.

Unless recommended by public health officials, only individuals experiencing COVID-19 symptoms should go for testing. Individuals with symptoms are asked to seek testing as soon as possible once symptoms are present. Employers are asked to only send employees for testing if they have symptoms or if testing has been recommended by public health officials.

The online assessment tool can be found at <https://sharedhealthmb.ca/covid19/screening-tool/> and COVID-19 symptoms can be found at [www.gov.mb.ca/covid19/updates/about.html#collapse4](http://www.gov.mb.ca/covid19/updates/about.html#collapse4).

For up-to-date information on COVID-19 in Manitoba, visit [www.manitoba.ca/COVID19](http://www.manitoba.ca/COVID19).

## Government proposes legislative amendments for COVID-19 job-protected leave

### Submitted by Manitoba government

The Manitoba government introduce amendments Monday to the Employment Standards Code so more workers can take protected leave due to the COVID-19 pandemic and apply for federal benefits.

"Manitoba has led the way on advocating for a federal paid sick leave program, and we'll be the first province to move forward with introducing important legislative changes so more Manitobans can access these new federal benefits," announced Premier Brian Pallister.

"Our first priority is protecting the health and well-being of all Manitobans, and this legislation would save workers from making the difficult decision whether to earn a paycheque or stay home while sick."

The premier has been a strong advocate for a national paid sick leave

program for workers affected by COVID-19 since early in Canada's pandemic response. The federal program came into effect Sept. 27 and Manitoba's legislation would be retroactive to that date. Amendments to the provincial code are necessary to close gaps between Manitoba's existing protected leave provisions and the new federal program, and ensure all Manitoba workers eligible for the new Canada Recovery Sickness Benefit (CRSB) are protected if they take a leave of absence from their job to access the benefits.

In April, the Manitoba government introduced unlimited unpaid protected leave for workers required to self-isolate or care for a family member because of the pandemic. To align with federal eligibility criteria, the amendments would extend provincial leave entitlements to include workers who

are more susceptible to COVID-19 because of underlying health conditions, ongoing medical treatments or other illnesses.

"By expanding the job-protected leave we provided Manitobans in April, we will further protect workers, their families and co-workers during the pandemic," said Pallister. "It's critical for all Manitobans to stay home when feeling ill, and we must do everything we can to help employers and employees follow public health orders and measures in place to limit the spread of COVID-19."

Eligible workers can now apply for the newly available CRSB, which offers \$500 per week for up to two weeks, and the Canada Recovery Caregiving Benefit, which provides workers \$500 per week for up to 26 weeks to take time off to care for a family member. Once new provincial legislation

passes, it would also protect the jobs of workers more susceptible to COVID-19 if they take leave and apply for CRSB.

The new amendments would also allow the province to adapt public health emergency leave provisions by regulation if needed as the pandemic evolves.

Pallister noted the province has consulted and received support on the proposed legislation from the Labour Management Review Committee, an advisory body comprised of business and labour representatives.

Organizations such as the Retail Council of Canada support paid sick leave legislation as it would help reduce some of the financial burden retailers and businesses face when a worker takes leave to isolate due to the pandemic.

## Manitoba extends fall commercial fishing season

### Submitted by Manitoba government

Manitoba Agriculture and Resource Development advises the fall commercial fishing season will be extended on Lake Winnipeg by

seven days, until Nov. 6 at 11:59 p.m.

The commercial harvest on Lake Winnipeg is approximately 60 per cent lower than normal for this time of year, largely as a result of market

challenges due to COVID-19. Fish processors have been consulted and are supportive of the decision to extend the season.

For more information about the

commercial fishery in Manitoba, visit [www.gov.mb.ca/fish-wildlife/fish/commercial\\_fishing/index.html](http://www.gov.mb.ca/fish-wildlife/fish/commercial_fishing/index.html).





## Now, more than ever. Get your flu shot.

With the possibility of people getting ill with the flu and COVID-19 circulating at the same time, all Manitobans are encouraged to add a layer of protection and get their free annual flu vaccine to protect themselves and their friends and family. The flu vaccine is especially important for those at increased risk of serious illness from the flu, their caregivers and close contacts.

**Book an appointment for your flu shot by calling 1-877-979-9355 between 8:30am and 4:30pm Mon-Fri and please note:**

- At most clinics this year, an appointment is required. Call 1-877-979-9355 to book an appointment.
  - Some flu clinic locations may have changed due to COVID-19 requirements.
  - You must wear a non-medical face mask to your appointment. • Please practice hand-washing and social distancing at clinics.
  - Do not come to your appointment if you are experiencing cold or flu-like symptoms.
- If you are ill when you arrive, we may choose to not immunize you that day.
- Please come right at your appointment time to avoid congestion. • Bring your Manitoba Health Card, and wear a short-sleeved shirt.

	Dates	Time(s)	Location(s)
Arborg	November 4	1:00 pm - 7:00 pm	Arborg Bifrost Community Centre, 409 Recreation Drive
	November 7	9:00 am – Noon	Arborg Bifrost Community Centre, 409 Recreation Drive
	November 25	2:00 pm - 6:00 pm	Arborg Bifrost Community Centre, 409 Recreation Drive
Ashern	November 3	9:00 am - Noon 1:00 pm - 4:00 pm	Ashern Legion Hall, 3 Main St
	November 12	1:00 pm - 7:00 pm	Ashern Legion Hall, 3 Main St
	November 14	9:00 am - 3:00 pm	Ashern Community Health Office, 1 Steenson Ave
	November 17	9:00 am - Noon 1:00 pm - 4:00 pm	Ashern Legion Hall, 3 Main St
Eriksdale	November 5	9:30 am - Noon 1:00 pm - 4:00 pm	Eriksdale Rec Centre, Second 1 <sup>st</sup> Ave
	November 12	9:30 am - Noon 1:00 pm - 4:00 pm	Eriksdale Rec Centre, Second 1 <sup>st</sup> Ave
	November 24	1:00 pm - 7:00 pm	Eriksdale Rec Centre, Second 1 <sup>st</sup> Ave
	November 28	10:00 am - Noon	Eriksdale Wellness Centre, 35 Railway Ave
Faulkner	November 9	9:00 am - 3:00 pm	Faulkner Senior Centre
Fisher Branch	November 10	1:00 pm - 6:30 pm	Fisher Branch Ukrainian Hall
	November 21	10:00 am – 2:00 pm	Fisher Branch Clinic, 23 Main St
Gimli	November 2	9:00 am – 4:00 pm	Gimli Community Health Centre MPR, 120 6 <sup>th</sup> Ave
	November 5	9:00 am – 4:00 pm	Gimli Community Health Centre MPR, 120 6 <sup>th</sup> Ave
	November 7	9:00 am – 1:00 pm	Gimli Community Health Centre MPR, 120 6 <sup>th</sup> Ave
	November 9	9:00 am – 4:00 pm	Gimli Community Health Centre MPR, 120 6 <sup>th</sup> Ave
	November 13	9:00 am – 1:00 pm	Gimli Community Health Centre MPR, 120 6 <sup>th</sup> Ave
	November 24	2:00 pm – 6:00 pm	Gimli Community Health Centre MPR, 120 6 <sup>th</sup> Ave
Gypsumville	November 19	10:00 am - 3:00 pm	Gypsumville Clinic, 1st St
Hodgson	November 16	11:00 am – 1:00 pm	Hodgson Community Club
Lundar	November 4	9:30 am - Noon 1:00 pm - 4:00 pm	Lundar Legion Hall, 50 3 <sup>rd</sup> Ave
	November 9	9:30 am - Noon 1:00 pm - 4:00 pm	Lundar Legion Hall, 50 3 <sup>rd</sup> Ave
	November 18	1:00 pm - 7:00 pm	Lundar Legion Hall, 50 3 <sup>rd</sup> Ave
	November 28	1:00 pm - 3:00 pm	Lundar Community Health Office, 97 1st St South
Matheson Island	November 18	10:30 am - 11:30 am	Matheson Island School
Moosehorn	November 5	1:00 pm - 4:00 pm	Moosehorn Curling Club, 1 <sup>st</sup> Ave
Pine Dock	November 18	1:30 pm - 2:30 pm	Pine Dock Hall
Riverton	November 4	1:00 pm - 6:00 pm	Riverton Hall
	November 21	10:00 am - 2:00 pm	Riverton Hall
St. Laurent	November 5	3:00 pm - 6:00 pm	St. Laurent Rec Centre, Lot 825 PTH 6
	November 14	11:00 am - 2:00 pm	St. Laurent Rec Centre, Lot 825 PTH 6

Residents-only flu clinics may be planned in some senior and other community housing facilities. These clinics are not listed here. Check your building bulletin boards for a flu clinic poster with details.

**For more information, please contact your local community health office:**

Arborg: 204.376.5559  
 Ashern: 204.768.2585  
 Eriksdale: 204.739.2777  
 Fisher Branch: 204.372.8859  
 Gimli: 204.642.4587  
 Lundar: 204.762.5469  
 Riverton: 204.378.3102  
 St. Laurent: 204.646.2504

**Any changes to this listing will be posted online at [www.ierha.ca](http://www.ierha.ca)**  
**Click on the banner “2020 Flu Clinics” on the home page**



# Province taking action to reinforce public health orders

Submitted by Manitoba government

The Manitoba government is increasing the fine amounts for those who fail to comply with public health and emergency orders, Premier Brian Pallister announced Wednesday.

“The recent surge in COVID-19 cases in our province is concerning, which is why our government is taking further action to protect Manitobans,” said Pallister. “Along with stronger public health orders, these new and substantially higher fines are an additional tool to help keep Manitobans safe.”

Amendments have been made to the Preset Fines and Offence Descriptions Regulation that establish new fine amounts for failure to comply with public health and emergency orders. For individuals, the fine was previously \$486 and will now rise to \$1,296. This will be the second highest such fine level in Canada. For corporations, the fine was previously \$2,542 and will now rise to \$5,000.

In addition to higher fines, the Manitoba government will continue to increase enforcement of the public health orders across the province. Agencies with the authority to enforce these orders include the RCMP and other police agencies, the Health Protection Unit, Manitoba Conservation and Climate, Workplace Safety and Health, and the Liquor, Gaming and Cannabis Authority.

The Manitoba government is also working to amend existing provincial regulations to enable municipal bylaw enforcement officers to enforce public health and emergency orders.

Larger fines and increased enforcement of public health orders are the latest measure undertaken by the Manitoba government to combat COVID-19 in the province. In recent weeks, a number of proactive measures have also been taken including more than doubling testing capacity, signing an agreement to substantially increase contact tracing and

partnering with Red River College to rapidly train additional staff to work on the front lines in the fight against COVID-19.

“The fight against COVID is a team effort that requires all hands on deck and I know Manitobans are ready to do their part,” said Pallister. “By following the fundamentals and complying with our public health orders, we can protect each other and reduce the risk of COVID-19.”

As of Oct. 12, 134 tickets for failing to comply with Manitoba’s public health and emergency orders had been filed with the Provincial Offences Court. The new fine levels come into effect today.

A copy of the most recent orders under the Public Health Act is available on the Manitoba government website at [https://manitoba.ca/asset\\_library/en/proactive/2020\\_2021/orders-soe-capital-10192020.pdf](https://manitoba.ca/asset_library/en/proactive/2020_2021/orders-soe-capital-10192020.pdf).

# Beekeeping industry to benefit from government funds

By Jennifer McFee

It’s creating quite a buzz that the provincial and federal governments plan to invest in Manitoba’s beekeeping industry.

More than \$210,000 from the Canadian Agricultural Partnership will go

toward monitoring and improving the health of bee colonies. Announced last week, the initiative aims to support long-term sustainability of commercial and hobby beekeepers.

These funds will support the Manitoba Beekeepers’ Association to es-

tablish its new Knowledge Research Transfer Program, which will provide beekeepers with better risk management tools, as well as techniques to improve efficiency and increase production. The program will also develop a bee health monitoring service, establish stronger connections to veterinarians to manage bee health risks associated with bacterial diseases, and identify best management practices to help reduce annual winter losses and share information with beekeepers through training sessions.

Manitoba is a hub of industry activity with 900 beekeepers and 120,000 colonies that are responsible for \$40 million in honey production each year. These bee colonies also produce about \$120 million in added value to crops that benefit from honey bee pollination.

Cal and Alison Grysiuk operate a commercial apiary in Argyle with 2,000 hives. Cal grew up learning about beekeeping on his parents’ hobby farm and now has more than 30 years of experience in the industry.

“In the past few years, there has been a lot of discussion regarding problems that our bee population is facing world wide with CCD (collapsed colony disorder). We are also seeing a huge shift with people wanting to purchase and support local business, especially now with the current pandemic happening,” Alison said.

“Having more invested in practices and education to support the health of our Manitoba honey bees will, in turn, help with crop production for various farmers in the agriculture industry. Honey bees support and pollinate so many vital food sources, and if we can ensure their health is protected, we can reap the benefits provincially.”

Their business Grysiuk Queen Bee

Honey produces a variety of honey that is mainly sold commercially to both domestic and international customers.

“It’s a business that is very busy with many elements that are time sensitive and crucial for both bee health and honey production. The full-time job is crammed into roughly seven to eight months, and you have variables that you can’t control like Mother Nature,” Alison said.

“Weather has a huge factor on honey production, and time management is also an important part of beekeeping.”

Each season comes with different challenges and changing work-related tasks.

“You have work that is important in the moment but also have to prepare for what is coming — healthy hives become strong hives, which affects the honey production,” Alison said.

“It is definitely a diverse job and, while seasonal, it is long hours during the operating season March through October.”

A portion of their honey is sold locally, as well as at various farmers markets during the summer season.

“I am usually busy with various shows throughout the holiday season, but it is shaping up to be a different year — rightfully so with the current pandemic we are experiencing,” Alison said. “We have wonderful supportive customers who we appreciate so much. It has still been busy doing a lot of sales direct based with contactless pickup from our Winnipeg location. The Grande Bazaar in Stonewall is a local business that sells some of our products.”

For more info on Grysiuk Queen Bee Honey, visit their Facebook page or email [grysiukqueenbeehoney@gmail.com](mailto:grysiukqueenbeehoney@gmail.com).

**ARBORG BIFROST-RIVERTON RECREATION MASTER PLAN  
– COMMUNITY WORKSHOP NOTICE**

Dear Resident,

The Town of Arborg and the RM of Bifrost-Riverton have recently initiated a comprehensive Recreation Master Plan process. Stakeholder engagement and public consultation are key components of this recreation planning process, and the project team is interested in receiving your input. We would like to invite you to a community workshop, the goals of which will be to:

- Introduce the project and share preliminary findings;
- Understand specific user group and demographic needs;
- Gauge satisfaction with existing facilities and programming;
- Establish recreation priorities;
- Develop the long-term vision/philosophy for recreation in Arborg and Bifrost-Riverton; and,
- Receive your feedback and input into the Recreation Master Plan process.

Please join us at one of the following community workshops:

Riverton (Riverton-Bifrost Community Hall) 175 Reggie Leach Dr., Riverton, MB	Arborg (Arborg Bifrost Community Centre) 409 Recreation Centre, Arborg, MB
<ul style="list-style-type: none"><li>• <b>Riverton Workshop #1:</b> Monday, November 2<sup>nd</sup>, 5:00 PM</li><li>• <b>Riverton Workshop #2:</b> Monday, November 2<sup>nd</sup>, 7:30 PM</li></ul>	<ul style="list-style-type: none"><li>• <b>Arborg Workshop #1:</b> Tuesday, November 3<sup>rd</sup>, 5:00 PM</li><li>• <b>Arborg Workshop #2:</b> Tuesday, November 3<sup>rd</sup>, 7:30 PM</li></ul>

Due to ongoing COVID-19 considerations, we ask that you RSVP at either **204-453-8008** or [info@landmarkplanning.ca](mailto:info@landmarkplanning.ca) to let us know which community workshop session you are planning on attending. While all four workshops will feature the same presentation materials, the interactive discussion portion of each will be geared towards the host community. To help ensure your safety, social distancing and other protocols will be in effect.

If you are unable to attend, or would like to discuss the Recreation Master Plan further, please don’t hesitate to contact us. A community recreation survey will be launched in early November, offering additional opportunities to provide feedback and input. Thanks again, and we look forward to meeting with you soon!

**Brendan Salakoh, RPP, MCIP**  
Landmark Planning & Design





# Viking Park's Fjallkona Walkway unveiled

By Patricia Barrett

The Icelandic Festival of Manitoba celebrated the completion of a walkway dedicated to an iconic cultural symbol of Iceland, the Fjallkona or Mother Iceland.

The Fjallkona Walkway, which is part of the second phase of enhancements to Viking Park, was unveiled last Saturday. Local women who were chosen to represent the Fjallkona during annual festivals — now in its 131st year — were on hand to help celebrate the walkway.

Anna Stevens, who was chosen to be Fjallkona for 2020 in recognition of her active involvement in the community and the festival, commended members of the Viking Park committee for helping preserve Icelandic heritage and culture.

"We are proud Canadians but we are also proud of our Icelandic roots," said Stevens. "We, as the older generation, must encourage the young ones not to lose touch with Icelandic history and culture."

Accompanied by her nephew Tim Arnason, who is an executive member of the festival, Stevens took the inaugural walk down the path, proclaiming it officially open.

The Fjallkona Walkway consists of a marker that tells the history of the cultural symbol and a wooden boardwalk with a raised border that has the name of every local woman who was chosen to represent her since the early 1920s.

"The Icelandic Festival donated these series of timber boards and the markers, which name all the Fjallkonas from 1924 to present," said Arnason. "We have more boards so we'll be able to continue to honour them. It's a really special part of the project because the Fjallkona is so iconic as the personification of Iceland."

Festival president Jenna Boholij described the symbolism behind the Fjallkona's costume. Her white dress represents purity and integrity; her lace veil, snow-capped mountains; her green cape, the Icelandic countryside; and her crown, Iceland's code of arms.

"The spirit of the Fjallkona followed the Icelandic settlers to Canada, and in 1924 the tradition of selecting an annual Fjallkona for Islendingagurinn began," said Boholij.

RM of Gimli Coun. Thora Palson paid tribute to all the women of the Icelandic-Canadian community who represented the Fjallkona over the years, recited a traditional poem in the Icelandic language and an Ojibway teaching on the value of women



RM of Gimli Coun. Thora Palson spoke in Icelandic, reciting an Icelandic poem, and shared Indigenous wisdom on women.



Tim Arnason and his aunt Anna Stevens, the 2020 Fjallkona, take the inaugural walk down the Fjallkona Walkway.

in the community.

"Woman is the centre of the wheel of life. She is the heartbeat of the people," said Palson. "She is not just in the home, but she is the community. She is the nation."

Past Fjallkona Margaret Kernersted represented a group of "Fjallkona fundraisers" who "made the walkway possible."

"Monuments provide insight to the roots of a community and its people, a time capsule of our culture," she said. "History gives a community its distinct character. A culture is much richer when it has a tangible connection to its past."

The Fjallkona Walkway is part of the expansion (Phase 2) of Viking Park that's being funded by the RM of Gimli and the provincial and federal governments for a total of \$900,000, with each partner contributing \$300,000.

Phase 1 of the park was completed a



EXPRESS PHOTOS BY PATRICIA BARRETT

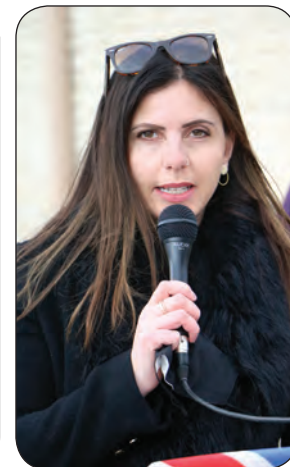
Past Fjallkonas were part of the grand opening of the Fjallkona Walkway at Viking Park.



Gimli Coun. Thora Palson (middle) paid tribute to the Fjallkonas and shared Indigenous wisdom with plaques of every Fjallkona since 1924.



Viking Park's campaign cabinet co-chairs Jenna Boholij, Thorarinson Neal and Icelandic Festival of Grant Stefanson.



The Fjallkona marker sets out of the history of the cultural symbol in the New Iceland area.

few years ago and consists of themed gardens, large boulders to represent Iceland's volcanic landscape, trolls, elves and memorials.

Phase 2 includes the installation of new sidewalks on First Avenue, benches, way finders, landscaping, new trees and improvements to the Gimli cenotaph, said Arnason.

His family sponsored the way finder that will be situated by the Europa

Restaurant in downtown Gimli and Ernest Stefanson sponsored the way finder near Betel personal care home, he said. They should be installed in November.

Other park donors, such as the Gimli Yacht Club, sponsored benches.

The grand opening of Phase 2 of Viking Park is tentatively scheduled for spring 2021.



# Ashern hosts historical writing workshops

By Evan Matthews

An accurate depiction of history is all about available records, and Ashern residents will have a chance to learn from some of Manitoba's great historical writers.

The Siglunes District Library will host three workshops — one virtual and two physical workshops — taking place on two consecutive Saturdays, Nov. 21 and 28, from 9 a.m. to 12:30 p.m. at the Ashern Legion hall.

"Since I've come to live this region, two things stand out: one, the locals love to tell stories of their past, their lives. But oral history can be lost," said Jude McCudden, the Siglunes District Library's librarian.

"Two, the diversity of stories relating to cultural background; the Icelanders that migrated to The Narrows, or the European settlers who migrated to have farmland, as examples.

"Here is a way to document the Interlake history," she said.

Some may be interested in the workshops, according to McCudden, if they've had interest in writing down family history; if they've developed or are aware of an Interlake character,

story or event that should be shared; or maybe they just want to set the record straight.

The coming workshops have been made possible through the 2020 Pat Morris Community Matter Initiative, which awarded the Siglunes District Library a grant as its part of the Parkland Regional Library.

McCudden noticed many of the library's guests were showing interest in reading and telling historical stories, especially those from Icelandic, British, Ukrainian, Celtic and European heritage.

"The online workshop will be titled Uncovering Lost Stories: New history of the Interlake region," said McCudden.

"The two physical, hands-on workshops will be titled Everyone has a story."

The online workshop is being led by Ryan Eyford, an associate professor at the University of Winnipeg who has ties to the region. The workshop will explore skills associated with writing history.

Eyford's areas of expertise include Western Canada, Indigenous-settler

relations, as well as migration and Iceland. He also is the author of *White Settler Reserve: New Iceland and the Colonization of the Canadian West*.

The physical workshops, which take place both Nov. 21 and 28, are to be led by C.M. Klyne (Merle). A retired arts and history educator, Klyne has been a consultant in curriculum development and a workshop facilitator, too.

His published novels, *The Silent March* and *The Gratitude of Wasps*, are fictional in context but weave storylines around the true historical events of the 1919 General Strike and the Spanish Flu in Winnipeg, respectively.

The focus of Klyne's workshops will be demonstrating how a story idea can be placed into written form. What ends up being done with the piece (publication, journal, diary or log, etc.) is up to the author, but McCudden said "the possibilities are up to you."

McCudden did not specify the grant's amount but noted there is no cost to the public for attending any or all of the workshops.

During physical workshops, all participants will be required to adhere to

COVID-19 safety procedures, including physical distancing and mask use when appropriate, McCudden said.

Anyone interested in registering for either workshop or in need of more information should contact McCudden at 204-768-2048 or siglun15@mymts.net.

"SINCE I'VE COME TO LIVE THIS REGION, TWO THINGS STAND OUT: ONE, THE LOCALS LOVE TO TELL STORIES OF THEIR PAST, THEIR LIVES. BUT ORAL HISTORY CAN BE LOST."



## ONLINE AUCTION

**SALE OPENS/BIDDING STARTS AT 10 AM WEDNESDAY, NOVEMBER 4, 2020.**

ALL ITEMS MUST BE RECEIVED BY WEDNESDAY, NOVEMBER 4, 2020 BY 5 PM. VIEWING STARTS WEDNESDAY, NOVEMBER 4, 5, 6, 2020 FROM 9 AM TO 9 PM. SALE CLOSING ON WEDNESDAY, NOVEMBER 12, 2020. PICK UP NOVEMBER 13-15TH (FRIDAY-SUNDAY) 9 AM TO 5 PM



**Grunthalauctionservice.com**  
for bidding  
and find our listings on  
**www.globalauctionguide.com**

Online only. Viewing at Grunthal Livestock Yard. 28121 Private 205 RD, Grunthal, Manitoba

**CONTACT Darryl 204-216-0931 or Brad 204-346-2440**



# Ashern woman deemed cancer-free but faces several more years of treatment

By Patricia Barrett

There's a long medical journey ahead for an Ashern woman who underwent breast cancer treatment this year and was recently declared cancer-free by her doctors.

Angel Johnson said she's thankful she's been given a second chance but has between five and 10 years of additional treatment, including radiation therapy, reconstructive breast surgery and drug therapy.

"You think the wonderful result of being cancer-free means no more treatment, but your treatment plan still carries on to ensure your cancer doesn't come back," said Johnson, who is currently recovering from a mastectomy (removal of the breast), a recovery period that can take four to six weeks. "I don't know if people know how long the whole process takes."

Johnson received good news in late September that her breast tissue margins were clear of cancer and that she's now cancer-free, she said. She hadn't been expecting the results so quickly — only a week after her mastectomy — and was in shock.

"I'm so thankful it has turned out the way it has and I'm hoping to move forward really strongly," said Johnson. "I've been given a second chance and I'm going to take advantage of it."

October is breast cancer awareness month and by sharing her story, Johnson said she's hoping it will help people understand that treatment for some women with breast cancer can continue for years after a cancer-free diagnosis.

Breast cancer is the most common cancer and the second-leading cause of death of Canadian women, according to the Canadian Cancer Society's website. But almost nine in 10 women will survive at least five years past their diagnosis.

Johnson said she has eight chemotherapy treatments to complete, five weeks of radiation therapy, hormonal injections every three months and medication she'll have to take for the next five to 10 years.

"So it's not over. The best part has happened — the cancer is gone from my breast, but I also had cancer in my lymph nodes and they did not remove them," said Johnson. "We're assuming the chemo killed all the cancer in the lymph nodes but the radiation will make sure of that."

Johnson was determined to beat the cancer from the outset, keeping her-



Angel Johnson wants to help other women undergoing breast cancer treatment once she's completed more therapy.

self fit during her first round of chemo and even competing in the Icelandic Festival's running races this summer. But her last few treatments put her in hospital for two weeks, she said. She was quite ill and lost 15 pounds in a month.

She'll receive her additional chemotherapy treatment in Gimli but will have to travel to Winnipeg for radiation, which is scheduled to start in November.

**"I CANNOT WAIT UNTIL I'M IN A POSITION TO START TO GIVE BACK. I'VE GOTTEN SO MUCH LOVE FROM FRIENDS AND FAMILY ALIKE."**

After radiation, she'll have to wait six to nine months before she'll be eligible for breast reconstruction surgery.

The chemotherapy she's already had and other treatments she'll have to undergo come with a risk of damage to major organs such as the heart and the lungs.

She said she'll have to go to Winnipeg for a heart scan every three months to make sure the chemotherapy hasn't done any damage to it.

"And it's the same thing with the radiation: it can impact my lungs where I can either have temporary or permanent damage and give me shortness of breath," she said. "My ribs could also get quite sore and there's a rare possibility that a rib could crack or I could end up with lymphedema [a blockage in the lymphatic system] in my arm."

Chemotherapy drugs such as Herceptin can be "life-saving," notes the Canadian Cancer Society's website, but can also damage the heart and lead to harmful long-term effects.



EXPRESS PHOTOS COURTESY OF ANGEL JOHNSON

Johnson's co-workers and community members held a fun run Oct. 4 in Ashern to help support her as she recovers from breast cancer and requires several more years of treatment.

Some women are forced to stop vital treatments.

Johnson's co-workers at Ashern's lab and diagnostics centre in the Lakeshore General Hospital rallied behind her earlier this month, holding a run and fundraiser for her. Not only did she don her sneakers for the run, but she also gave a speech explaining how she first suspected she had breast cancer — a pain in her breast and shoulder — before she found the lump.

"They got T-shirts made and they put on this whole event for me. It was super awesome. All my friends and work mates put it together," said Johnson. "I have no words for how much love and support we got from people we know and from strangers."

Ontario-based women Johnson said she and her sister played online Bingo with were, unbeknownst to her, raising money for her while she was in hospital.

"This amazing generous group of women has supported me by sharing their own stories, sending love and positive messages and hosting a fundraiser for me in Ontario," said Johnson. "I have had over 30 appointments in Winnipeg and Gimli so the support I have received has been extremely helpful."

Once she recovers, Johnson said she's hoping to do something to help support other women undergoing cancer treatment. She's already spoken with CancerCare about volunteer opportunities and it advised she'll have to wait a year or so after treatment.

"I cannot wait until I'm in a position to start to give back. I've gotten so much love from friends and family alike and I would hate to see anybody doing this alone," said Johnson. "If I could make a difference at all in any-



People decorated vehicles to honour Johnson.

body's life in the future, that's what I'm most certainly going to look into."

Created by Annabelle Mauger & Julien Baron

## IMAGINE VAN GOGH

THE IMMERSIVE EXHIBITION

Congratulations to the following people who won two complimentary tickets to attend the "Imagine Van Gogh" immersive exhibition.

**Julie Russell  
Lori Farina  
Sharon Jack  
Niels Mose  
Vi Kernested**

Thank you to all of our readers who entered the contest.



# Anxiety? We can help

Submitted by Anxiety Disorders Association of Manitoba

For over 30 years, The Anxiety Disorders Association of Manitoba (ADAM) has provided help, support, programs and education about anxiety disorders to thousands of Manitobans, helping them overcome the often-debilitating effects of anxiety.

With ongoing input from professionals in the field, ADAM offers services and programs based upon a peer support model. Everyone who works or volunteers for ADAM has personal lived experience with anxiety. We know what it's like because we've been there.

Prior to COVID-19, The World Economic Forum stated that the early years of the 21st century have wit-

nessed a worldwide epidemic of poor mental health and related illnesses — and that anxiety is the No. 1 mental health concern people face. COVID-19 has driven anxiety levels to an unprecedented high. We are here to help.

Our outreach worker in the Interlake-Eastern region, Sherry MacVicar, is available to provide services to help people cope with anxiety, be it COVID-related or otherwise. Sherry brings many years of experience in helping people address the distressing effects of anxiety.

Sherry is offering ADAM's Anxiety and Worry Support Program (AWSP), a six-week, online, no-fee program addressing anxiety related to COVID-19. The program is also helpful for other

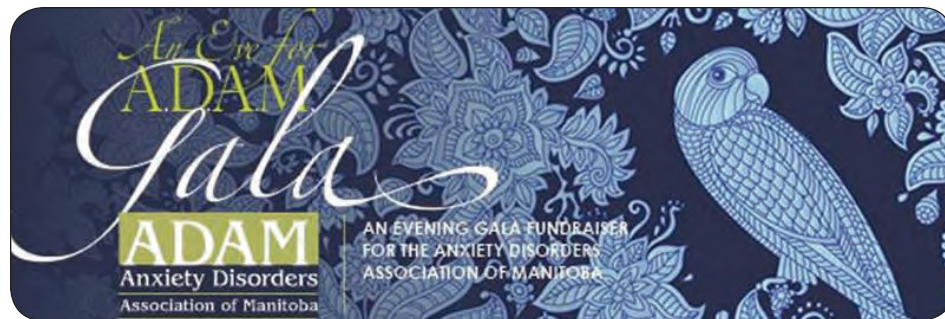


PHOTO SUBMITTED

anxiety disorders. It is based upon cognitive behaviour therapy principles and was developed by Nicole Carter, director at the Valley Centre for Counselling in Dundas, Ont. Participants work through one module per week and meet with Sherry via Zoom or telephone for input, guidance and support. The program is offered in small online groups as well as on an individual basis. Upon completion of the program, participants are

invited to join an online peer support group. In addition to this program, Sherry is available to offer individual peer support over the telephone or via Zoom, as well as online presentations regarding various aspects of anxiety.

To contact Sherry, please email [interlake@adam.mb.ca](mailto:interlake@adam.mb.ca) or phone 204-389-5030. To contact ADAM's head office in Winnipeg, please email [adam@adam.mb.ca](mailto:adam@adam.mb.ca) or phone 204-925-0600, or visit our website at [www.adam.mb.ca](http://www.adam.mb.ca).

## Fill 'Er Up: Fisher River to host drive-through Halloween

By Patricia Barrett

To keep its community members as safe as possible while COVID-19 continues to circulate in the area, Fisher River Cree Nation is holding a drive-through Halloween on Saturday.

Recognizing how important Halloween is to the youngsters, chief and council worked with community organizations to organize the event so that kids wouldn't miss out on the celebration, said Coun. Vince Crate.

"We're having the drive-through Halloween because we don't want to encourage people to go door-to-door. It can't be done this year," said Crate.

"We know Halloween is important to the youngsters and it's the one night of the year where they can dress up and pretend to be a goblin or whatever. But for safety reasons, we don't

want people giving away treats."

As of Monday, the Fisher River-Peguis area had 58 active cases of COVID with 18 recoveries, according to the province's COVID-19 dashboard. Province-wide, there were 476 new cases over the course of last weekend (Friday, Saturday and Sunday), the majority in Winnipeg but with significant numbers in the Interlake-Eastern health region.

Kids going door to door and collecting treats could potentially pose a transmission risk that Fisher River's leadership wants people to avoid.

"Candy would be considered a high-touch item and you'd have people knocking on doors, touching door knobs and in and out homes. We're trying to avoid that," said Crate. "I know it's a little cruel discouraging a

kid from going out trick or treating, but overall safety is more important in the long run."

For the drive-through, Halloween goody bags will be prepared ahead of time so that when people pull up in their vehicle with their kids, they can receive the treats with as little contact as possible.

Organizers are following health and safety protocols for the preparation of candy bags and for the set-up and staffing of the event.

To get into the Halloween spirit, kids are encouraged to dress up.

"No one will be getting out of their vehicle at the drive-through so the best feature of that goblin costume will have to be the mask; we're not going to see your pants or shoes!" said Crate.

A post on the band's website from leadership "strongly" recommends families celebrate Halloween within their own households or family bubble and "not go door to door."

"We are all in this together and want to ensure that our community members have a safe and fun Halloween with our families," says the post.

Organizers are currently deciding what location would best serve as a drive-through, said Crate. The post on the website had initially said the drive-through would be located at the community centre, but that may change to the band office parking lot.

The event is scheduled from 1 to 4 p.m. on Saturday and is open to Fisher River community members only. Please visit the band website for possible changes in location.

## Gypsumville RCMP respond to possible drowning

Submitted by RCMP

On Oct. 25 at 9:50 p.m., Gypsumville RCMP received a report of a 32-year-old male having fallen off the train bridge and into the river as he and his younger sister were walking across it.

Officers, along with the local fire department and volunteers from the community, attended

the area and conducted a search of the river and the shoreline but have yet to locate the male.

The 32-year-old male is presumed deceased with the search continuing today.

Gypsumville RCMP continue to investigate.

**Derek Johnson**  
MLA for Interlake-Gimli

204.641.8525  
[InterlakeGimliMLA@gmail.com](mailto:InterlakeGimliMLA@gmail.com)



# Supporting Manitoba's cattle producers impacted by the pandemic

Submitted Agriculture and Agri-Food Canada

The Honourable Marie Claude Bibeau, minister of Agriculture and Agri-Food and Blaine Pedersen, Manitoba minister of Agriculture and Resource Development, on Oct. 15 announced the launch of the 2020 Canada-Manitoba Finished Cattle Feed Assistance Program, which will provide up to \$2.5 million to in direct support to Manitoba cattle producers impacted by the pandemic.

The 2020 Canada-Manitoba Finished Cattle Feed Assistance Program will provide owners of finished cattle \$1.20 per day per animal to help offset costs to feed animals beyond their expected marketing dates, due to slaughter plant closures and operational reductions resulting from COVID-19 outbreaks or disease control measures.

"COVID-19 forced a bottleneck in our processing plants and a backup in demand that caused stress and added costs on our cattle producers. Our government acted swiftly to announce supports such as the Emergency Processing Fund and national AgriRecovery initiatives that have helped our producers to continue to supply their

top quality products to Canadians. With today's announcement, our government is directly helping Manitoba cattle producers with added costs they faced during this unprecedented time," said Bibeau.

Cattle producers can now apply for support. The deadline for application is Dec. 1, 2020. The program will cover eligible extraordinary costs incurred between April 15, 2020, and Aug. 31, 2020.

Funding for the program is provided by the Government of Canada. The province of Manitoba will administer program applications and payments to producers.

The funding is provided through AgriRecovery, a federal-provincial-territorial disaster relief framework to help producers faced with the extraordinary costs associated with recovering from disasters. Last May, the Government of Canada announced the launch of national AgriRecovery initiatives of up to \$100 million in assistance for extraordinary costs of managing livestock backed-up on farms (pork and cattle), due to the temporary closure of food processing plants affected by COVID-19.

Extraordinarily for the 2020-21 fis-



EXPRESS PHOTO BY BONNIE MCRAE

Cattle farmers are now able to receive funding under the 2020 Canada-Manitoba Finished Cattle Feed Assistance Program announced on Oct. 15.

cal year, the federal government announced it will provide the federal share of funding without requiring provincial contributions and will cov-

er 90 per cent of eligible extraordinary costs, up from 70 per cent.

## CancerCare Manitoba's prevention and screening programs seeking input

Submitted by CancerCare Manitoba

The prevention and screening programs at CancerCare Manitoba provide service to Manitobans across the province. Manitobans may already be familiar with BreastCheck, CervixCheck and ColonCheck because members of their household or they themselves have received an invitation in the mail to get checked. These programs are making further efforts to ensure that the public perspective is a part of their decision making, and right now there are opportunities for Manitobans to get involved and offer feedback to support the programs.

Recent research has shown that individuals can reduce their risk of cancer by up to 50 per cent. As part of their ongoing efforts to reduce the number of Manitobans diagnosed with cancer, CancerCare Manitoba is asking for public feedback to help inform their cancer prevention activities, which are set to launch next year. You can share your views by taking a

two-minute survey, available at [www.PreventCancerMB.ca](http://www.PreventCancerMB.ca). Your responses will be anonymous and you will be offered the chance to win one of 10 \$50 grocery store gift cards.

Manitobans can also apply to become a public advisor volunteer. In this role, volunteers share their knowledge and experience to help inform prevention and screening services, help plan and implement new initiatives, support changes to existing activities, as well as develop and improve educational materials and policies. Public advisor volunteers participate in small group discussions and respond to surveys aimed at understanding public perspectives. Feedback can be provided in person or via email, telephone or online. Due to the COVID-19, no feedback will be provided in person at this time.

To learn more about this or other volunteer opportunities offered through CancerCare Manitoba, visit [cancercare.mb.ca](http://cancercare.mb.ca).

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<b>MS 180 C-BE</b> GAS CHAIN SAW 31.8 CC - 1.5 KW - 4.2 KG / 9.3 LB		<b>SAVE \$20</b> <b>\$359<sup>95</sup></b> MSRP \$379 <sup>95</sup> with 10' bar
<b>MS 250</b> GAS CHAIN SAW 45.4 CC - 2.3 KW - 4.6 KG / 10.1 LB		<b>SAVE \$10</b> <b>\$449<sup>95</sup></b> MSRP \$459 <sup>95</sup> with 10' bar
<b>NEW MS 250 C-BE</b> GAS CHAIN SAW 45.4 CC - 2.3 KW - 4.9 KG / 10.8 LB		<b>\$499<sup>95</sup></b> MSRP with 10' bar
<b>MS 261 C-M</b> GAS CHAIN SAW 50.2 CC - 3.0 KW - 4.9 KG / 10.8 LB		<b>SAVE \$50</b> <b>\$729<sup>95</sup></b> MSRP \$779 <sup>95</sup> with 10' bar
<b>MS 271</b> GAS CHAIN SAW 50.2 CC - 2.6 KW - 5.6 KG / 12.3 LB		<b>SAVE \$20</b> <b>\$549<sup>95</sup></b> MSRP \$569 <sup>95</sup> with 10' bar
<b>LIMITED TIME ONLY</b> <b>MS 291</b> GAS CHAIN SAW 55.5 CC - 2.8 KW - 5.6 KG / 12.3 LB		<b>SAVE \$110</b> <b>\$499<sup>95</sup></b> MSRP \$609 <sup>95</sup> with 10' bar

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# Grieving in a pandemic

Funeral planning forcing families to get creative with paying respects to loved ones

By Nicole Buffie

As the Winnipeg Metro Region adjusts to new public health orders mandating the use of masks in all indoor public places and smaller gathering sizes amid a spike in COVID-19 cases, it leaves those planning funerals in a tough position of how to lay their loved ones to rest.

Interlake Crematorium & Memorial Service has seen a surge in cremations and virtual services, according to owner Rick Kotaska.

Kotaska said while traditional burial services are still being held, the restrictions on group sizes since the beginning of the pandemic have forced families to be stingy with invitations to in-person viewings and ceremonies.

As of Sept. 28, all health districts in the Winnipeg Metro Region — including Selkirk, Stonewall, Teulon, the RM of Rockwood, RM of St. Andrews, RM of St. Clements (including Birds Hill Provincial Park), RM of West St. Paul, RM of East St. Paul and the Village of

Dunnottar — implemented a mandatory mask policy for all public-facing businesses. On Oct. 19, further limitations were put in place, including on gatherings to that of just five people.

Kotaska said after his sister-in-law passed away in April when public health orders ramped up to slow the spread of COVID-19, it left his family unsure how to proceed.

"It's very difficult," he said. "How do you choose who can come and who can't?"

The family decided on cremation and held a gathering of 50 people in September. While Kotaska said he is thankful a celebration took place before allowed gathering sizes shrunk due to a second wave of positive cases, he empathizes with those planning services.

"It's extremely difficult because you have a limit on the amount of support that can come forward and be with you during a difficult time," he said.

While the limit on the number of people allowed at services is num-



EXPRESS PHOTO BY JO-ANNE PROCTER

Ken Loehmer of Ken Loehmer Funeral Services has been helping families celebrate their loved ones in spite of the public health orders due to the COVID-19 pandemic.

bered, Kotaska said most families are making things work under the circumstances.

"I think people are starting to view funeral services a little bit differently now," he said. "People are looking at creative ways in celebrating one's life in a more intimate manner."

As gathering sizes ebb and flow, Kotaska said his clients are choosing to hold small ceremonies with an option for those not present to tune in virtually. Cremations have also been a common route as it allows loved ones more time to plan celebrations of life.

However, traditional funerals are not yet a thing of the past, according to Ken Loehmer, owner of Ken Loehmer Funeral Services in Teulon.

Loehmer said while the way services are held have certainly changed since the pandemic began, the idea of celebrating one's life remains the same.

"The funeral industry and families have had to adapt during this pandemic," he said. "But the one constant is that we have remained here to help everyone in their difficult time of

need."

Loehmer said funerals now have socially distant seating, guests wearing masks, hand sanitization and no singing of hymns, an often integral part of funeral services.

He also noted that while some aspects of funerals remain the same, some have shifted.

Many churches and community halls have yet to reopen, leaving the tradition of meeting after a funeral service out of the equation.

"These restrictions have impacted the revenue for many community facilities that rely on rentals to keep in operation," he said.

However, while the restrictions in place have forced loved ones to change the way they hold funerals, the nature of the service remains the same even if it's not in a timely manner.

Loehmer said many families are choosing to have more intimate gatherings graveside and holding off on memorial services until gathering numbers expand, a request he is willing to cater to.

"Our business is about celebrating lives."

**"THE FUNERAL INDUSTRY AND FAMILIES HAVE HAD TO ADAPT DURING THIS PANDEMIC."**

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# Interlake Handmade Boutique to feature products from area crafters

By Patricia Barrett

In the COVID era when many brick and mortar businesses are struggling to stay open, an intrepid Gimli-area entrepreneur is about to launch a store that will feature dozens of Interlake craft-makers.

Anita McAlinden is getting ready to launch Interlake Handmade Boutique, which will feature her own crafts and those made by crafters from across the Interlake and beyond.

"Because of COVID, 99 per cent of craft shows have shut down this year and I'm not the only craft-maker in the area lacking that. I know a lot of people rely on craft sales as a secondary source of income," said McAlinden, who lives in the Arnes area and has been part of craft shows for the past three to four years. "There are a lot of people in the area who enjoy buying gifts and handmade crafts."

McAlinden is taking over business space in the Gimli Lakeview Resort where a candy store used to operate. Customers will be able to access the store from First Avenue and from inside the hotel.

Most of the crafts will come from Interlake-based crafters, but McAlinden said she has a few people from Winnipeg and from southern Manitoba. She'll have a "bit of everything" in the store.

"We have a local lady who makes pickles, relish and jam. I'll have some clothing — one lady deconstructs sweaters and blankets and creates women's clothing — children's clothing, knitted and crocheted items, jewelry, paintings and photos from a local photographer."

McAlinden said she's already attracted 30 crafters but hopes to get about 50.

Christine Sutyla of Arborg-based Miss B Haven Boutique is one of the vendors who will be featuring her reusable cloth products in the Gimli store.

Sutyla primarily sells online through Etsy and her Facebook page but has branched out into four other brick and mortar stores in order to tap new markets and provide people with a chance to examine her products before they purchase them.

Sutyla said she'll pay a flat rate to place her products in Interlake Handmade Boutique. McAlinden will take care of the day-to-day running of the store and sales, and Sutyla will only have to replenish items every so often.

"That works perfectly for me as I'm still getting consistent orders and filling four boutiques now. I have worked 105 hours some weeks and that works out to some pretty long work days," said Sutyla. "I'm thankful Anita will take care of the items while I'm at home making more."

Sutyla makes a wide range of reusable cloth products including incontinence pads, menstrual pads, dishcloths and hats. Among the items she'll be making available in McAlinden's store are cloth pads, baby bibs, unsponges (stuffed mop-up cloths made from material remnants) and diapers for kids' dolls.

McAlinden, who works predominantly with vinyl appliques, will also feature her own craft items — baby onesies, pillows and personalized wine glasses — in the store.



**EXPRESS PHOTO COURTESY OF INTERLAKE HANDMADE BOUTIQUE**  
Interlake Handmade Boutique will stock children's clothing.

"Lately, I've been sewing masks. I started making them for my husband and it snowballed," said McAlinden. "I've probably made about 300 masks since COVID arrived, including for kids when they went back to school and for flu season."

McAlinden's grand opening is set for Friday, Nov. 6 and she'll be open on the weekend. She said she's also planning to have a door prize for the opening day.

Each weekend after that, McAlin-

den said she's going to feature baked goods from an area baker, including the well-known Gimli-based "butter-tart lady" and from Delectable Bites by Jen.

The grand opening hours on Nov. 6 are from 5 to 8 p.m. Hours on Saturday and Sunday are yet to be finalized but will be during the day.

For more information, visit McAlinden's Interlake Handmade Boutique Facebook page.

## Interlake-Eastern Regional Health paramedics to offer palliative approach to emergency care

Submitted by IERHA

Shared Health paramedics trained in best practice principles of palliative care will complement Interlake-Eastern RHA's palliative care program with a new, collaborative approach to emergency care.

Beginning Oct. 19, paramedics responding to 911 calls from registered clients in Interlake-Eastern RHA's palliative care program will provide emergency care at home using a palliative approach to care.

"By providing paramedics with enhanced skills in the delivery of care using a palliative approach, Manitobans in the Interlake-Eastern health region will now be able to receive palliative care and comfort closer to home in emergency situations," said Minister of Health, Seniors, and Active Living Cameron Friesen. "This

is a new model of care for palliative clients who choose to remain at home with assurance that support is available in the event of an emergency."

This service is currently only available to clients registered with Interlake-Eastern RHA's palliative care program. It is a result of collaboration with and funding from two federal partners: the Canadian Foundation for Healthcare Improvement (CFHI) and the Canadian Partnership Against Cancer (the Partnership), through their Paramedics and Palliative Care: Bringing Vital Services to Canadians program.

Interlake-Eastern RHA, in conjunction with the Paramedic Association of Manitoba (PAM), was one of seven health-care service delivery organizations across Canada to be given the opportunity to spread this service

outside of previous implementation areas of Nova Scotia, Prince Edward Island and Alberta. This service is part of the national organizations' ongoing efforts to expand the accessibility of palliative and end-of-life care in clients' homes and reduce unwanted transfers to hospitals in accordance with people's preferences. These federal partners are investing more than \$700,000 in Interlake-Eastern RHA and providing additional support to expand the region's existing palliative care service.

The enhanced service strives to address gaps in care that clients of the RHA's palliative care program have been experiencing when their regular care team is not available. In total, 235 active, full-time Shared Health paramedics who deliver care in Interlake-Eastern RHA have been trained in

Pallium Canada's Learning Essential Approaches to Palliative Care (LEAP) course that is tailored to address the specific training needs of paramedics. Training focuses on a palliative approach to care that includes managing symptoms and pain, and how to engage clients and family members in conversations about care preferences.

This enhanced service sees clients of the palliative care program receive in-home materials that guide them on how to identify to emergency medical service dispatchers that they are registered with the IERHA palliative care when they call 911. This ensures paramedics can quickly access people's care plans that outline their wishes for care.

For inquiries regarding the region's palliative care program, please contact 204-785-7756.



# Fisher River lifts travel ban but recommends no travel unless essential

By Patricia Barrett

Fisher River Cree Nation has lifted a travel ban that restricted band members from visiting communities such as Selkirk and Winnipeg, but chief and council are still encouraging the community to avoid travel as COVID-19 continues to spread.

The travel ban had been put in place on Oct. 6, allowing band members to travel to nearby towns such as Fisher Branch, Arborg and Gimli but no farther than that. The ban was lifted on Oct. 20.

Coun. Vince Crate said leadership is monitoring the situation as it changes from day to day.

"There was rhyme and reason to keep the travel ban in place and there were reasons to lift it," said Crate. "It was made to hopefully benefit our membership. We know the cases are growing, but at the same time we have to learn to adapt to the changing times."

Like political leaders around the world, Fisher River's leadership has been forced to adopt a watch-and-wait approach with the deadly virus. Restrictions can be eased while COVID cases are low or manageable. But as soon as cases ramp up, certain restrictions have to be laid down in

order to avoid having the health-care system overwhelmed with COVID patients and the likelihood of additional deaths.

Chief provincial public health officer Dr. Brent Roussin said a few weeks ago that Manitobans had lost sight of the fundamentals — wearing a face mask, washing hands, physical distancing and staying home when sick — and that's led to a surge in new COVID infections and almost daily reports of deaths.

For provincial reporting purposes, Fisher River is part of a larger area encompassing Peguis First Nation, Kinonjeoshtegon (Jackhead) First Nation and the communities of Dallas, Red Rose and Fisher Bay.

As of Monday afternoon, there were 61 active cases of COVID in area with 18 recoveries. One person tested positive at the Ochekwisipi Personal Care Home in Fisher River, according to a COVID-19 notice on the first nation's website Oct. 21. Across the Interlake-Eastern region, there were 156 active cases with 181 recoveries.

With cases continuing to spike in the area, chief and council issued an amendment on Oct. 23 to revise the order that had lifted the travel ban.

Fisher River now has a new curfew.

It starts at 9 p.m. rather than midnight and will continue until 6 a.m. The change was made to respect neighbouring communities' curfews, states the amendment. Security check points will continue to monitor traffic in and out of Fisher River.

Fisher River will offer essential services (fuel, groceries, supplies) to its neighbouring communities (Peguis, Kinonjeoshtegon, Dallas, Red Rose and Fisher Bay), and extended family members from those communities can visit family for a day, but they must keep within their family bubble and not visit others in the community.

Off-reserve members will be allowed to visit for a day only but are asked to call 431-256-0041 at least a day before they travel. They're also being asked to stay in the home they're visiting and not travel around the community. Off-reserve members are not permitted to stop in Peguis or Kinonjeoshtegon.

Despite the lifting of the travel ban, band members are being strongly encouraged to avoid travelling to provincial orange zones (restricted areas).

Orange areas, as of Monday, are northern Manitoba (north of the 53rd parallel), Winnipeg, the Interlake (Selkirk, Teulon, Stonewall, Dunnottar

and municipalities of Rockwood, RM of Springfield, RM of St. Andrews, RM of St. Clements, West St. Paul, East St. Paul) and southern Manitoba (Niverville and the municipalities of Cartier, Headingley, Macdonald, Ritchot, St. Francois Xavier and Tache).

If band members do visit an orange-zone community then return to Fisher River, they'll have to restrict their movement in the community and self-monitor for symptoms.

Leadership is asking members follow best practices to help prevent and limit the spread of COVID:

Wear a face mask in public; maintain a distance of two metres (just over six feet) away from other people; frequently wash hands with soap for 20 seconds; if no soap is available, use hand sanitizer; stay home if feeling sick or have even mild symptoms; limit car-pooling.

People who develop symptoms can contact the Fisher River Health Services COVID-19 Hotline at 431-256-0395 between 8:30 a.m. and 7 p.m.

After hours, people can call the Percy E. Moore hospital at 204-372-8444 or Manitoba Health Links – Info Sante toll free at 1-888-315-9257.

## sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

### U18 Lightning sweep Capitals

By Brian Bowman

The U18 male Interlake Lightning hockey team must have the Central Plains Capitals shaking their heads in frustration.

Interlake defeated Central Plains twice last weekend, winning 2-1 in a shootout on Friday and then downing the Capitals 4-1 Saturday.

In Saturday's win, Guy Rozin gave the Lightning a 1-0 first-period lead and then Kaden Stewart made it 2-0 with a power-play goal in the second.

The Lightning's Hayden Wheddon and the Capitals' Jackson Wilson, on the power play, traded goals in the third before Liam Foley closed out the scoring late in the game.

Dawson Cowan made 21 saves for the victory.

On Friday, Interlake edged Central Plains 2-1 in a shootout.

Karson King and Wheddon scored for the Lightning in the shootout

while the Capitals did not score in three opportunities.

Wheddon gave the Lightning a 1-0 lead early in the first period and the score stayed that way until 19:41 of the third when Tyler Moroz tallied.

Michael O'Sullivan made 34 saves for the victory.

Interlake was 1-for-14 on the power play while Central Plains was 0-for-6 in the penalty-filled game.

Meanwhile, Cowan, a rookie goaltender in the 18U league, was named Player of the Week for the first week of the 2020-21 season. Cowan stopped 53 of 56 shots to help his team win a shootout against Central Plains.

The Grade 10 Warren Collegiate student stopped six of eight shooters he faced in the shootout.

The Lightning played the Pembina Valley Hawks on Wednesday but no score was available.

Interlake (3-0) will host Pembina Val-



EXPRESS PHOTO BY LANA MEIER

Lightning's Hayden Wheddon opened the scoring and scored in the shootout to give Interlake the 2-1 win against the Central Plains Capitals last Friday.

ley on Saturday (7:30 p.m.) and Sunday (2:30 p.m.) in Teulon.

Those games are the first of four

straight home games for the Lightning.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## U17 Lightning earn first point of the season

By Brian Bowman

The Interlake Lightning U17 hockey team earned its first point of the season on Sunday.

Interlake played well, battling the Eastman Selects to a 3-3 tie in Niverville.

The Lightning grabbed a 2-0 first-period lead on goals by Troy Johansson and Gage O'Neill.

Eastman's Adam Camara scored the lone goal in the second period and then the Selects took a 3-2 lead with markers from Merik Boles and Kai Tymchuk, on the power play.

But the Lightning's Tristan Shore tied the score at 16:59 of the final frame.

On Friday, Interlake lost 7-1 to the Winnipeg Wild in Warren. Last Wednesday, the Lightning were defeated 4-1 by the Eastman Selects.

The scoring summary from those two games were not on the league website at press time.

Interlake will play Eastman again this Saturday at 5:45 p.m. in Niverville. The Lightning will then take on the Winnipeg Thrashers next Wednesday (7:30 p.m.) at Gateway Arena.

In 15U action, Interlake played the Winnipeg Sharks last Saturday in

Stonewall but no score was available.

Two nights previous, Interlake was doubled 4-2 by the Sharks.

Winnipeg's Nicholas Carlson and Interlake's Russell Watts traded first-period goals and then the Sharks' Brycen Gair and the Lightning's Blake Forthing tallied in the second.

Cason Kinoshita and Gair scored in the final frame.

Alex Myers made 43 saves in the losing cause.

Interlake will host the Winnipeg Hawks on Friday (7:30 p.m.) in Warren. The two teams will play each other the next evening at 7:15 p.m. at the Maples Multiplex.

In 18U Manitoba Female Hockey League play, the Lightning were blanked 1-0 by the Central Plains Capitals last Sunday.

Danika Botterill scored a first-period goal for Central Plains while Anika Moroz made 21 saves for the shutout.

On Friday evening, Interlake was shut out 5-0 by the Winnipeg Avros in Stonewall.

Winnipeg scored three goals in the opening period and then added two more in the third.

Courtenay Bayes (two), Ella Friesen, Trinity Grove and Kylar McLeod



EXPRESS PHOTO BY LANA MEIER

Lightning goaltender Rachel Halldorson was named the 18U Manitoba Female goaltender of the week in the second week of the season.

scored for the Avros.

Jenna Goertzen stopped 12 Interlake shots for the shutout.

In off-ice news, the Lightning's Rachel Halldorson was named the league's goaltender of the week in the second week of the season.

Interlake will host the Westman Wildcats on Friday at 8 p.m. in Warren.

## CCM Player of the Week



PHOTO SUBMITTED

Dawson Cowan, a rookie goaltender for the Interlake Lightning, has been named Player of the Week for the first week of the 2020-21 Manitoba AAA U18 Hockey League season. Cowan stopped 53 of 56 shots to help his team get to a shootout. The grade 10 Warren Collegiate student's effort helped his team secure the win, stopping six of eight shooters he faced in the shootout.

## Lundar suffers first loss of the season

By Brian Bowman

For the first time this season, the Lundar Falcons suffered a loss.

Lundar's record dipped to 3-1 after a 3-1 road loss to the Selkirk Fishermen in Capital Region Junior Hockey League action.

Defenceman Josh PoPONICK scored a first-period goal for Selkirk and then Ben Kelly and Cole Wasnie (power play) tallied in the second.

Lundar's Chris Pynn scored with the

man advantage in the middle frame.

Brendan Hocaluk made 28 saves for the win while Dillon Rapinchuk stopped 28 Selkirk shots in the losing cause.

On Oct. 20, Lundar blitzed the North Winnipeg Satelites 9-1 at Billy Mosienko Arena.

Lundar, which held period leads of 3-1 and 8-1, had a great two-goal and two-assist effort from Ryan Gleich.

Tyler Earl also tallied twice while

Riley Wirgau, Lane Bond, Dennon Sichevski, Andrew Henry and Jackson Pilan added singles.

Brett Williams replied for North Winnipeg.

The Falcons outshot the Satelites 45-25 as Rapinchuk posted the victory in goal.

Lundar is back in action this Saturday when it visits the Arborg Ice Dawgs. Puck drop is 7:30 p.m.

## Arborg Ice Dawgs defeat St. Malo Warriors

Staff

Brandon Kowalchuk made 42 saves to lead the Arborg Ice Dawgs to a 5-2 home victory over the St. Malo Warriors in Capital Region Junior Hockey League action on Sunday.

Josh Roche scored twice for Ar-

borg while Dixon Moneas, Shaydon Mousseau and Troy Gutowski also tallied.

Gutowski also had an assist while Daytona Moneas added two helpers.

Logan Unger and Austin Leonard replied for the Warriors.

Arborg played at North Winnipeg this past Tuesday but no score was available.

The Ice Dawgs will play the Fishermen in Selkirk on Friday (7:30 p.m.) and then will host the Lundar Falcons Saturday (7:30 p.m.).



# Classifieds

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## SCRAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

Buyer for all farmyard scrap, machinery and autos. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

## APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

## PROPERTY FOR SALE

3 ac. (ideal hunting area) for \$30,000. Comes with 29 ft. 5th wheel camper, well and some trees on site. Road 129 North and 33 West (near Eriksdale). Phone 204-739-3031.

## FARMLAND FOR SALE

Farmland for sale - SE-16-24-2E RM of Bifrost, 157.25 acres cultivated. Offers. Phone 204-750-2281.

## HELP WANTED

K'AWAT'SI Construction Company is now hiring - Red Seal Carpenters - third and fourth year apprentices - experienced Carpenter's helpers. If you are interested in this great career opportunity, please send your resume at [hr@kedc.ca](mailto:hr@kedc.ca) or call us at 250-230-5498.

## MISCELLANEOUS

Small power scooter, 2019 model. \$975. Ph 204-641-0723 or 204-642-9585.

Why struggle? BOOK YOUR ADVERTISING NOW, and drive some attention/customers to your business. Be seen in over 340,000 homes! For as little as \$189 + GST, get your important messaging out, to drum up business! Call us at 204-467-5836 to book or email [classifieds@mcna.com](mailto:classifieds@mcna.com) for details. MCNA - Manitoba Community Newspapers Association 204-947-1691. [www.mcna.com](http://www.mcna.com)

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Trailers, Truckbeds & Tires. Full repair and safeties. Vehicle parts, tires & wheels. Vehicle & trailer parts & batteries. Sales, Financing & Leasing. Kaldeck Truck & Trailer Inc. Hwy #1, MacGregor, MB. 1-888-685-3127. [www.kaldecktrailers.com](http://www.kaldecktrailers.com)

## NOTICES

Urgent Press Release &/Media Advisories. Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information, or email [classifieds@mcna.com](mailto:classifieds@mcna.com) for details. [www.mcna.com](http://www.mcna.com).

## TRAVEL

Snowbirds! Osoyoos, BC - Canada's warmest climate. Very special weekly & monthly rates available through April 2021. Choose from studio, 1 & 2 bdrm. luxury condos from \$36/night! [www.osoyoossnowbirds.com](http://www.osoyoossnowbirds.com); 1-888-OSOYOOS.

## HAY/STRAW

Wheat Straw 5' x 6' round bales, net wrapped conventional combine \$25 loaded. Located near Argyle. Trucking available 204-461-1630.

## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@mymts.net](mailto:stonewoodelkranch@mymts.net)

## ENCOURAGEMENT

"I am the way, the truth, and the life."  
John 14:6  
Prayer: Dear Lord Jesus, help us to see your way every day.  
Amen  
Paid Advertisement

## HOUSE FOR SALE

  
1420 sq.ft. new build on Autumnwood Dr. finished garage & basement, 14x 20 pre-finished deck  
**Gimli 204-642-8309**

## NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES MUNICIPALITY OF WEST INTERLAKE



Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **19th day of November, 2020**, at the hour of **2:00 PM**, at **Ashern Centennial Hall, #1 PR 325 E, Ashern, Manitoba**, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
39550	ALL THAT PORTION OF NW 1/4 OF SECTION 3-23-9 WPM BOUNDED AS FOLLOWS: ON THE SOUTH BY THE NORTHERN LIMIT OF A ROAD RUNNING EAST AND WEST (AS SAME IS SHOWN COLOURED PINK ON PLAN 532 WLTO (P DIV)) ON THE WEST BY THE EASTERN LIMIT OF SAID ROAD RUNNING NORTH AND SOUTH AS SAME IS SHOWN ON SAID PLAN 532 ON THE EAST BY A LINE DRAWN EAST OF 208.7 FEET PERP FROM THE EASTERN LIMIT AND ON THE NORTH BY A LINE DRAWN NORTH OF 208.7 FEET PERP FROM THE SAID NORTHERN LIMIT	L -\$1,100 B -\$40,000	\$9,812.53
86340	BLOCK 4 PLAN 43391 WLTO EXC ALL MINES AND MINERALS AS SET FORTH IN TRANSFER NO. 2375961 WLTO IN FRAC NE 1/4 15-24-10 WPM - 6 SKINNY DIP DRIVE, SIGLUNES	L -\$82,700	\$14,614.42
86391	LOT 7 BLOCK 8 PLAN 43391 WLTO EXC ALL MINES AND MINERALS AS SET FORTH IN THE ORIGINAL GRANT FROM THE CROWN IN FRAC NE 1/4 15-24-10 WPM - 26 SKINNY DIP DRIVE, SIGLUNES	L -\$35,500	\$4,687.46
86411	LOT 2 BLOCK 10 PLAN 43391 WLTO EXC ALL MINES AND MINERALS AS SET FORTH IN THE ORIGINAL GRANT FROM THE CROWN IN FRAC NE 1/4 15-24-10 WPM - 5 AUSSI RD S, SIGLUNES	L -\$19,000	\$3,268.23
86413	LOT 4 BLOCK 10 PLAN 43391 WLTO EXC ALL MINES AND MINERALS AS SET FORTH IN THE ORIGINAL GRANT FROM THE CROWN IN FRAC NE 1/4 15-24-10 WPM - 9 AUSSI RD S, SIGLUNES	L -\$18,900	\$3,218.61

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any property taxes not yet due.
  - The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
  - If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
  - The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
  - The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the Municipality of West Interlake as follows:
    - The full purchase price if it is \$10,000 or less; OR
    - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
    - A fee in the amount \$309.75 (\$295 plus GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
  - The risk for the property lies with the purchaser immediately following the auction.
  - The purchaser is responsible for obtaining vacant possession.
  - If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.
- Dated this 29th day of October, 2020.

Managed by:



Courtney Roehl  
Chief Administrative Officer  
Municipality of West Interlake  
Phone: (204) 768-2641 Fax: (204) 739-2073

## MUNICIPALITY OF BIFROST-RIVERTON INVITATION TO QUOTE

The Municipality invites Quotations for the following:

**Dutch Elm Tree Removal and Disposal**  
Quotation packages are available at the Main Office or through email. Sealed bids marked with project name and clearly displaying the bidder's name will be received by the undersigned until 12:00pm on November 10, 2020.

## FARMERS & RANCHERS HERD DISPERSAL

Ashern Auction Mart is holding a Complete Herd Dispersal Sale for Matt & Tony Duffy on November 21, 2020  
Start time 11:00 AM  
Selling approximately 600 Bred cows & 100 Bred Heifers  
300 Black Angus X Cows,  
280 Red Angus X Cows & 20 Charolais Cows  
Heifers are 50% Black and Red  
Cows are on a herd health program  
Bred to Red and Black Simmental bulls  
Bulls turned out for April 8th calving start date  
Most Cows are 3rd and 4th calving cows  
Cows will be pregnancy checked at the Auction Mart prior to the Sale

## Contact

Ashern Auction Mart - 204-768-2360  
Buddy Bergner - 204-768-0018  
Kirk Kiesman - 204-768-0019

Licence 1128

## EMPLOYMENT OPPORTUNITY

**Boneyard General Repair Inc.** is a progressive, busy parts/supply depot and repair shop located in rural Eriksdale Manitoba. We serve a wide range of equipment parts and repair needs with the focus being AG and Highway Truck and Trailers.

Come Join our Professional Minded Team as **WE ARE HIRING!**

**We currently have an opening for a full-time service technician:**

Reporting to the Service manager, the successful applicant must enjoy being independent, self-motivated and have a desire to provide quality customer service in a professional and profitable fashion. Technicians also assist with the sales of parts as well as maintain work areas, equipment, and tools.

### Skills, Knowledge, & Abilities:

- 2nd Year Truck/Trailer Apprentice to Journeyman Designation. Journeyman status preferred. Will consider unticketed mechanic with more than 5 years of experience
- Excellent mechanical aptitude
- Reliable attendance with ability to work some extended hours as required
- Ability to work a Saturday rotation shift
- Valid Class 5 driver's license.
- Ability to job task plan and organize. Ability to problem solve, think critically, and make decisions.
- Team player with strong commitment to the customer
- Demonstrated problem-solving skills
- Basic computer skills and ability to learn in-house programs
- Heavy lifting required.
- Field mechanic duties as required.
- Safe approach to all work
- Welding skills an asset but not required, training available

### Remuneration Package:

- Competitive wages including Bonus Incentive program based on technician productivity and billing efficiency
- After three months of employment, employees are eligible to participate in our Extended Health Care Benefits plan
- Vacation pay paid out biweekly
- Quality and clean working conditions
- Paid Stat Holidays

We provide the opportunity to grow within your career by working on a variety of different types of equipment! Our experienced Shop Foreman is available for support with challenges.

For more information, contact Tammy at **204-739-5292**. Resumes with three references can be submitted to email address [werepairstuff@gmail.com](mailto:werepairstuff@gmail.com) or in person at the shop. We will be accepting applications until November 13th, 2020.

Thanks to all who apply but only those chosen to interview will be contacted.



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or send a text message with your name and mailing address to **204-808-0035** for your free benefits package.

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## INVITATION TO TENDER



Shop approx. 24 X 35 located in the Town of Fisher Branch at 11 Tache Street. For sale to be moved off site. Please send bids to the Municipal office by November 3, 2020 by 4:00 p.m.

Inquiries please call (204) 372-6393 or email [fishercao@mymts.net](mailto:fishercao@mymts.net)

Please quote Tender number T 2020-02.

All expenses incurred are the sole responsibility of the tender recipient.



## INVITATION TO TENDER



Building and Land (1.84 acres) for Sale, located on Poplar Street in Poplarfield, Manitoba. Please send bids to the Municipal office by November 3, 2020 by 4:00 p.m.

Inquiries please call (204) 372-6393 or email [fishercao@mymts.net](mailto:fishercao@mymts.net)

Please quote Tender number T 2020-04. Municipality has the right to refuse any offer.



**RURAL MUNICIPALITY OF COLDWELL**

## GRADER OPERATOR

RM of Coldwell invites applications for the position of Full Time grader operator.

Will be required to service equipment, a complete list of duties and responsibilities is available upon request, Class 3 Licence with Air endorsement an asset (or willing to obtain)

Wages negotiable. Only successful applicants will be notified of interview.

Applications to be submitted no later than November 6th, 2020, 4:30 pm

Send Resume to:

RM of Coldwell  
Box 90 Lundar, MB R0C 1Y0  
Ph: 762-5421 or fx:762-5177  
or email: [coldwell@mymts.net](mailto:coldwell@mymts.net)



## INVITATION TO TENDER



Building located in the Town of Fisher Branch at 18 Tache Street. For sale to be moved off site. Please send bids to the Municipal office by November 3, 2020 by 4:00 p.m.

Inquiries please call (204) 372-6393 or email [fishercao@mymts.net](mailto:fishercao@mymts.net)

Please quote Tender number T 2020-03.

All expenses incurred are the sole responsibility of the tender recipient.

## McSherry Auction Service Ltd

**ONLINE TIMED OUT AUCTION**  
**ESTATE OF EVA GRESCHUK**  
Tyndall, MB

**Closes Thurs Nov 5th**  
**2020 @ 7:30 PM**

**Jct 44 & Pierson Dr.**  
**1 Mile North on Pierson Dr**  
**Then 1/2 Mile West on Morden**  
**Rd Long Lane North Side**  
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**204-227-0838**

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**(204) 467-1858 or (204) 886-7027**  
**www.mcsherryauction.com**

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**467-5836**

## MORTGAGE SALE

The buildings and land known as 117004 PTH7, RM of Armstrong, Manitoba and as described in Certificate of Title No. 2176414/1 will be sold at auction on Thursday, the 19th day of November, 2020, at 11:00 a.m. by a licensed auctioneer, at 117004 PTH 7, RM of Armstrong, Manitoba. Attendees are encouraged to pre-register with Taylor McCaffrey LLP at least 24 hours prior to the auction submitting the following information by telephone to 204-988-0467 or by e-mail to [dransom@tmlawyers.com](mailto:dransom@tmlawyers.com): 1. your full legal name; 2. your telephone number; 3. the address of the subject property; and 4. the date, time and location of the auction.

TO THE BEST of the vendor's knowledge, there is situated on the property a single family bungalow, built in 1948, approximately 1590 square feet, 3 bedroom, 2 full bathrooms, part basement/poured concrete, double detached garage, single detached garage, drilled well, septic field and tank, located on a .99 acre lot.

Property is located 12 miles South of Arborg, Manitoba on PTH No. 7.

PRIOR ENCUMBRANCES: Caveat No. 2470079/1

REALTY TAXES (excluding any accruing water charges) are paid to December 31, 2018.

**TERMS OF SALE:** The sale shall require a deposit of **\$28,000.00** of the purchase price by way of certified cheque or bank draft payable to Taylor McCaffrey LLP, and the balance according to conditions which will be available for public view at the Auctioneer's address above prior to the auction. The property will be sold subject to a Reserve Bid of **\$193,900.00** plus such other additional and incidental costs which may be incurred by the Vendor from the 22nd day of October, 2020 to the date of auction and which costs will be announced prior to the commencement of the sale.

FURTHER information may be obtained from:

### TAYLOR McCAFFREY LLP

Barristers and Solicitors  
2200-201 Portage Avenue, Winnipeg, Manitoba R3B 3L3  
Attention: Daniel Ransom  
Phone: 204-988-0443  
File No: 85554-87

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INVOICES

ESTIMATE SHEETS  
POSTERS  
MEMO PADS  
POST CARDS



Box 280, Fisher Branch, MB, R0C 0Z0  
Tel: 204-372-6393, Fax: 204-372-8470

## PROPOSALS

## SNOW CLEARING RM OF FISHER OFFICE 30 TACHE STREET

The Rural Municipality of Fisher is inviting proposals for snow clearing of sidewalks and rear office building entrance at the RM Office and Fire Hall located at 30 Tache Street.

- Clearing to be completed prior to weekday office hours of 8:30 a.m.
- Snow removal equipment to be provided by the applicant.

Sealed envelope to be marked:

**"Snow Clearing – RM of Fisher Office & Fire Hall Sidewalks"**

For further information, call the RM of Fisher Office at 204-372-6393.

**Deadline for proposals is 4:00 p.m. December 1, 2020.**

Written sealed tenders to be submitted to:

Rural Municipality of Fisher  
Box 280  
Fisher Branch, MB R0C 0Z0

## FULL-TIME CAREER OPPORTUNITY



## "Full-Time" "Grocery Clerk/ Teller"

At the Ukrainian Farmers Co-op we provide our staff with a competitive starting wage, a wide range of available courses and training opportunities and a comprehensive benefits package including dental, vision, extended health, and a pension plan to all qualifying employees.

The successful candidate will be an energetic, self-motivated, hardworking individual who is a team player and enjoys working with the public.

If you would like to join our team, please fill out an application or submit a resume to our store office.

**Closing date for all applicants is set for November 7th, 2020.**

For more info, please see  
Kyle Yaciuk at our store office.

Ukrainian Farmers Co-operative Ltd, Box 160, Fisher Branch, Mb, R0C-0Z0



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Contact this newspaper NOW or MCNA at  
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[classified@mcna.com](mailto:classified@mcna.com)  
[www.mcna.com](http://www.mcna.com)

## DEKALB SuperSpiel

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Nov 27 – 30, 2020  
Morris Curling Club

World class Men's  
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13 "Super" years  
of DEKALB curling

[www.dekalbsuperspiel.com](http://www.dekalbsuperspiel.com)

### McSherry Auction

12 Patterson Dr.  
Stonewall, MB

Online Timed Auctions  
@ [iCollector.com](http://iCollector.com)

### Estate & Moving

Closes Wed Nov 10 @ 7:30 pm

### Estate & Moving

Closes Wed Nov 18 @ 7:30 pm

Annual Fall Gun Auction  
Closes Wed Nov 25 @ 7:30 pm

Consignments Welcome!

(204) 467-1858 or

(204) 886-7027

[www.mcsherryauction.com](http://www.mcsherryauction.com)

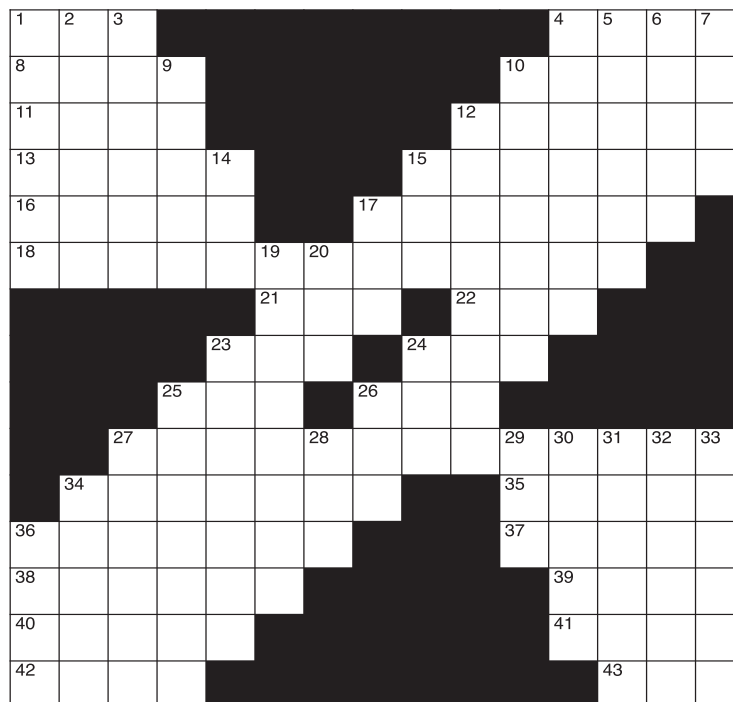
## X CROSSWORD

### CLUES ACROSS

- Engine additive
- Undemanding
- "\_\_ your enthusiasm"
- Well-known island
- Not saintly
- Habitual
- Central parts of church buildings
- Trust
- Intestinal
- Deep-bodied fish
- Live up to expectations
- Snag
- Partner to haw
- General's assistant (abbr.)
- Sheep disease
- Male term of endearment
- United
- Popular TV host
- Overnighters
- Beloved British princess
- Obtains from
- Third Mughal Emperor
- Shares the opinion of

### CLUES DOWN

- Picturesque
- South Pacific island country
- Shrub of the olive family
- Establish the truth of
- Unfettered
- Originations
- Famed English park
- Sheep's cry
- Danced
- More upstanding
- Upstate NY airport (abbr.)
- Type of lettuce
- Place to call a pint
- Backs
- Partner to cheese
- Makes it there
- Value
- One's convictions



- Former CIA
- Clashed
- Affirmative
- Journalist Tarbell
- Athletic shoes

- Roof style
- Make possible
- Make less dense
- Healthy food
- Silly

## SALES CAREER OPPORTUNITY

### BigandColourful Printing & Publishing

is looking for a dynamic, highly motivated person to become part of our advertising sales team in the Interlake area.

The successful candidate will thrive in a fast paced sales environment where a competitive nature, strong work ethic and excellent customer service skills are required and rewarded.

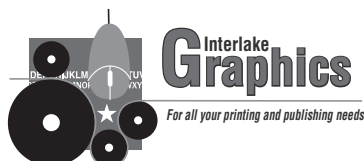
This opportunity involves building relationships and representing our newspapers to new and existing customers.

Qualifications: The successful candidate must be professional, dependable, energetic, goal-oriented, self-starter, can work within deadlines, well organized and friendly.

Customer service, sales experience and passion is a must.

- Strong computer skills, including Microsoft Office
- Excellent communication skills and a genuine love of people
- Willingness to learn
- Ability to work independently

If you fit this description please email resume to  
[Bigandcolourful@mts.net](mailto:Bigandcolourful@mts.net)



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BigandColourful  
PRINTING & PUBLISHING

## OFFICE SPACE FOR LEASE

in  
*Selkirk*

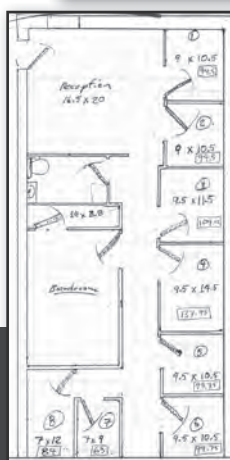


### Property Features

#### One Office Available for Lease

Total square Footage 1700, includes seven offices of various sizes, a board room and a front reception area. Current tenants include The Lord Selkirk Teachers Association, Sun Life Financial, two Massage Therapists, an Esthetician, Glow Fitness and The Selkirk Record. The building was recently upgraded. Both the reception and board room can be shared, there is currently one office available for lease.

For information please contact:  
BIG Real Estate  
204-485-0010  
email [bigandcolourful@mts.net](mailto:bigandcolourful@mts.net)





# Classifieds Announcements

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## OBITUARY



### Albert Lamothe

It is with great sadness that after a short and courageous battle with cancer we announce the peaceful passing of Albert Lamothe beloved husband, loving father and grandfather on October 22, 2020 at the Gimli Health Centre.

Albert was born in St. François-Xavier, MB to Arthur and Cecile (Richard) Lamothe. He leaves to mourn a large extended family including siblings, Clem, Andy (Shirley), Aline (Lindsay) and Gilbert (Carolyn); and many nieces and nephews. He was predeceased by his siblings, Eddie (Margaret), Henri (Marion), Rosa (Alex), Rita (Joe), Annette (Bruno), Jerry (Pat) and Clem's wife Pauline.

Albert and Margaret were married in 1957 and raised their family of daughters (His Four Queens) Debbie (Darrell), Barb (Terry), Vicki and Pam (Rick) in Transcona. He will be greatly missed by his grandchildren, Lyndsay (Casey) and Danielle, Cory and Stephanie, Joseph, Ava and Canaan and Erin as well as great-grandchildren London and Rhys and Kyson.

Albert worked on the Alberta Oil Riggs, for Manitoba Hydro and ultimately becoming a co-owner of Westland Steel.

They spent their retirement in Parksville, BC and Gimli, MB where they made many lifelong friendships. Early on in his retirement he took up the hobby of woodcarving. He quickly became a self-taught artisan having pieces displayed and sold in the Gimli Art Gallery as well as becoming a valued instructor at New Horizons.

A lifelong passion of Albert's included sailing. He built his first sailboat from scratch, including hull and sails; took a sea voyage on the Bluenose II in Lunenburg, NS; a catamaran excursion in Hawaii and a deep-sea fishing trip in San Francisco where he caught a salmon for dinner.

He had many other interests including, curling, cribbage, billiards, and traveling across Canada with his family in a trailer from coast to coast.

Like most men Albert enjoyed his toys. Snowmobiling on "Old Blue" and of course his Harley; he even put a ski on the front for winter use.

Earlier on he hunted duck and geese like his father. Later he preferred watching all wildlife from afar, especially his eagles. He had a talent for identifying any bird call.

He would never pass up a good classic John Wayne western and could pick a mean guitar.

He was known to all as the ultimate handyman. If it was broke...he could fix it, if it didn't exist... he would design and build it.

*I stood watching as the little ship sailed out to sea. The setting sun tinted its white sails with golden light as it disappeared from view, a voice at my side whispered, "he is gone". But the sea was a narrow one, and on the furthest shore a band of long missed family and friends had gathered to watch in happy expectation. Suddenly they caught sight of the tiny sail. At the very moment when the voice had whispered "he is gone", a glad shout went up in joyous welcome with the words, "Here He Comes"!*

The family would like to thank the palliative staff at the Gimli Health Centre for supporting them and providing him with exceptional and compassionate care. A special thank you also goes out to Pastor Rick and Mona Josephson.

The family will hold a private event to mark his passing.

Flowers are gratefully declined. Should you wish, donations may be made to Cancer Care Manitoba.



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## OBITUARY

### Ronald Donald McDougall

Peacefully with his daughters by his side, Ronald McDougall aged 82 years of Ashern, MB passed away at the Health Sciences Centre, Winnipeg, MB on October 19, 2020.

He is survived by his wife of 59 years, Beatrice; daughters Sandra (Ralph) and Lori (Rob); grandchildren Nicole (Chris), Lexa and Eric (Kaelyn); great-granddaughter Anastasia; brother Harold; sister Carole; sisters-in-law Gwen, Judy, Betty (Lloyd Wyspianski), Edith (Alfred Kiesman), Margaret Rach and Bernice Rach and brother-in-law Allan (Marlene) Rach as well as many nieces and nephews.

Ron is predeceased by his parents Donald and Gwen; brothers Gordon and David; in-laws Albert and Mary Rach; sister-in-law Irene Young; brothers-in-law Bill Young, Lorne Rach and Dennis Rach along with other family members.

Ron was born on November 27, 1937 in Ashern. He grew up in the Ralph Connor District. As a young man he pursued his life long career in farming. Ron and Beatrice were married on June 3, 1961 and they lived on the farm in the Goulbourne District for 40 years until semi-retiring in 2000 and moving into the town of Ashern.

Ron served as a Councillor for the Municipality of Siglunes for 16 years. He sat on various local boards such as the Lakeshore Hospital, West Interlake Planning and the Moosehorn Co-op.

He worked many long and hard hours on their farm and together expanded to a very productive beef cattle operation. When retiring to Ashern, Ron's love for farming was still with him. He helped area friends on their farms and decided to start up again on an acreage south of town until he decided to retire again.

We would like to send a special thank you to Darlene Hargot and the staff at the Ashern Personal Care Home and all the Home Care staff for all their excellent care provided to Ron these past years. Also thank you to the doctors and staff at the Lakeshore General Hospital in Ashern, the Health Sciences Centre in Winnipeg and the ambulance attendants for all the care you gave to Ron. Thank you to John and Karen Gray for bringing Father home to rest and their help and compassion to our family at this difficult time.

In keeping with Ron's wishes, cremation has taken place and a private graveside service will be held in the Ashern United Church Cemetery at a later date.

In lieu of flowers, donations may be made in Ron's memory to the Ashern Personal Care Home, Recreational Use, c/o Darlene Hargot, PO Box 110, Ashern, Manitoba R0C 0E0 or to CancerCare Manitoba Foundation Inc., 675 McDermot Ave., Room ON 1160, Winnipeg, MB R3E 0V9.

Arrangements by:  
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## OBITUARY



**Judith Lee Leiter (Allum)**

On October 18, 2020 our beautiful wife/mom/nana, Judy Leiter (Allum) crossed over into heaven and met God which was a day she had always dreamed of. She passed exactly how she lived, holding her own, with the courage, grace and love befitting an angel.

Judy was predeceased by her parents Bill and Anne Allum, sister Marlene, mother-in-law Ella, father-in-law Ted, sister-in-law Charlene, many aunts and uncles, her son-in-law's father and brother, Johann and Jasper.

She leaves her beloved husband Bob, daughter Pam and Bryan, grandsons Carter, Jaxon, Parker, son Jeff and Courtney, and grandson Jake; a legacy of love, grace, kindness and holes in their hearts that can never be filled by another. Also left to mourn are nieces Kathy (John), Wendy (Rob), nephews Doug, Jim (Nicole)

and their families, brother-in-law Larry and Debbie, sister-in-law Carol and Wayne, niece Tenise (Jay), nephew Chris (Victoria) brother-in-law Ross, niece Deneen (Travis), Ryan (Naomi) and their families, dear cousin Bill Coppins.

Judy was born in 1945 to Bill and Anne Allum in Winnipeg. Judy and her parents, along with her sister, Marlene spent part of their childhood in Ontario before moving back home to Winnipeg to set their roots. Judy played field hockey and figure skated as a young girl, and that made perfect sense as her mom was an Olympic speed skater and her dad, a former NHL player. Years later, it would be her mom who pointed out a new rookie on the team her dad was coaching, the Winnipeg Braves. She attended all of the home games with her mom, all the while, her mom talking about the new, shy, cute, young rookie. That rookie became the love of her life and she married Bob in 1967. Married life proved to be fun and busy as Bob played in the NHL and they moved to many different cities over a course of 16 years. In 1969, Judy gave birth to their daughter Pamela Joy, named because of the joy she brought to their life. Then in 1973, a son was born, Jeffrey Robert Scott, they had their joy, now they had their pride. Their family was complete and life was great. After hockey, Bob and Judy settled in Sandy Hook where they raised their family, became active community members and found an incredible circle of lifelong friends. Judy volunteered at the elementary school as an assistant to the speech pathologist where she would love all of the kids and they would love her right back. She was a passionate and dedicated member of Lady of the Lake and St. Michael's Catholic Churches. Judy worked as an administrative assistant to the best boss in the world, Mike Timgren (Department of Education and Training), who, along with his wife Eunice and children Lori, Chris and Carrie, became family to us. Judy spent countless hours of her life in a hockey arena..supporting her husband's hockey and coaching careers, cheering on her son from squirts to pro hockey and back to do it all over again as her grandsons' biggest fan. She loved every single minute of it.

It was at our favourite beach, 5th Avenue in Sandy Hook where Judy's cherished friendships began with Marilyn Connors, Heather Isfeld, Donna Miller, Phyllis Zaborosky and their families. These friendships, steeped in love for each other and the joy of family, grew stronger with time and held a very special place in Judy's heart.

We didn't just lose a wife, a mom and a nana, we lost Judy Leiter. For those of you that met her, or have known her, you know that every interaction with Judy was filled with love and compassion. This wasn't a one-time or a some-time thing, this was an all-the-time thing, and it was the way Judy lived her life. Her life was pure, sincere, unselfish and was more loving than you could ever imagine. It was her dream to meet God, and now she is living her dream because every breath of her life was dedicated to loving and caring for others. She truly was an angel through and through. She made everyone's life better whether you met her for the first time, or if you knew her your entire life. We could have not been more blessed to have her as a wife, mom and nana and we are so proud of the footprints she left on everyone's heart and on this earth. We will never know another woman like Judy, but we will cherish her love and the memories she gave us forever. Live like her, love like her, laugh like her, and always hold family close.

As for your very cherished grandsons mom...there were so many blessings, so many beautiful moments, so many celebrations, so much fun, so much love and so many hugs. It is a love without end. How blessed were you mom? How blessed were they to have been loved by you.

The party isn't over Nana, please don't go.

Our family would like to extend their eternal gratitude and special thanks to Uncle Larry and Auntie Debbie, as well as, Amanda and Jacey for their loving and compassionate care. Their care allowed Judy/Mom/Nana to enjoy family in her own peaceful home until the last moments of her beautiful life.

Also, a very warm thank you to all of the staff at the Gimli Community Health Centre for their love, compassion and tender care.

Mom, it has always been your song.....

We will love you always and forever, and we will carry you with us all the days of our lives.

A private family service will be held, with a celebration of Judy's beautiful life at a later date.

In lieu of flowers or gifts, donations can be made to St. Michael's Catholic Church and/or Gimli Community Health Centre.

Messages of condolence maybe placed by visiting Judy's memorial page at [www.interlakecremation.ca](http://www.interlakecremation.ca)

Arrangements entrusted to Interlake Cremation & Memorial Services.

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## OBITUARY



**Augustine Konopetcki**

August 8, 1935 - October 9, 2020

With heavy hearts we announce the passing of our precious Wife, Mother and Baba at the age of 85. After a courageous battle with cancer, Augustine passed peacefully the evening of October 9, 2020 with her husband and daughter by her side.

She is survived by her husband of 61 years Eddie, her only daughter Connie (Darrell Humeniuk) and her dear grandchildren Ryan and Megan Humeniuk.

A heartfelt thank you to our homecare staff, the palliative support team, Dr. Zahiri and all the staff at Stonewall and District Health Centre for your kindness, compassion and excellent care.

Cremation has taken place. A celebration of life will be held at a later time.

Fisher Funeral Home Inc.

In care of arrangements.

204-372-6271 or 204-372-6803

## OBITUARY



**Joseph (Joe) Mazur**

It is with great sadness that we announce the passing of Joseph Mazur on October 20, 2020.

Joe completed the final page of his life, peacefully, with his family by his side. An avid reader, he kept up to date with local, national and international news. He had a sharp mind, whether it was mechanical, medical or historical, he took it all in. Joe especially like to converse about his early days working in the bush camps in Northern Ontario and his days in the Army while stationed in Borden, Ontario and Prince George, B.C., his stories were endless. Upon his discharge in 1946, Joe returned to the farm in Poplarfield where he was born in May of 1923 to parents Peter and Katherine (nee Tarapaski).

In 1955 Joe met a young schoolteacher, Eileen Dutkywich from Rosburn, MB., and they were married on October 13, 1956. They farmed and raised their family on the farm. They remained on the farm till 2013, when declining health made it necessary for them to move. It was a difficult move for Dad, as he loved his farm dearly.

Joe was a very community minded individual; he served on many boards for many years, the Poplarfield Community Center, the Poplarfield Credit Union (which eventually consolidated with Arborg), he was a Councilor with the LGD of Fisher, a member of the FRED and ARDA boards, and was a lifelong member of the Royal Canadian Legion in Arborg.

Dad spent the last three years at the PCH in Arborg and made friends with the residents and staff, sharing his stories and knowledge.

Joseph is survived by his wife Eileen of 64 years; his son Donald; his daughters Angela, Karen and husband Colin; and his pride and joy, his three grandsons, Patrick, Gavin, and Chad Finnsson. He is

also survived by his only remaining sibling Alma; special nephew Larry (Shirley); his sister in-law Stella Gombola, and his brother-in-law Tony Dutkywich as well as many nieces and nephews across Canada.

We would like to thank the amazing homecare workers who helped Dad while he was still able to be in his home and to the most caring and professional nursing and support staff at the Arborg Personal Care Home for the excellent care given to Joe.

A Celebration of his life will be held at a later date, when we can all gather safely.

If family and friends so desire; donations can be made in Memory of Joseph Mazur to the Arborg Ladies Hospital Auxiliary c/o Box 301 Arborg, MB. R0C 0A0 or a Charity of ones' choice.

We love you and will miss you forever!

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## IN MEMORIAM



**Jim Smolinski**  
March 5, 1945 – October 19, 2009  
In loving memory of  
my dear husband, father and grandpa  
Gone are the days we used to share,  
But in our hearts you are always there.  
The gates of memory will never close,  
We miss you more than anyone knows.  
Life goes on, we know that's true,  
But it's not the same since we lost you.  
-Always loved and remembered by  
wife Elaine, children and grandchildren

## IN MEMORIAM



**Thomas George Kowalchuk**  
December 15, 1942 – November 3, 2019  
Tom, your pleasant ways and smiling face  
Are a treasure to recall;  
You had a kindly word for each,  
And you died beloved by all.  
And even though you are out of sight,  
You are never out of mind;  
You are cherished and loved and remembered  
In the hearts of us left behind.  
-Missing you, Dad and Eddie every day,  
with love from your family

## IN MEMORIAM



**Alma Dorothy Campbell**  
July 13, 1932 – November 3, 2016  
In loving memory. We miss you.  
-Husband, Dale,  
daughters Debera and Bonnie and family

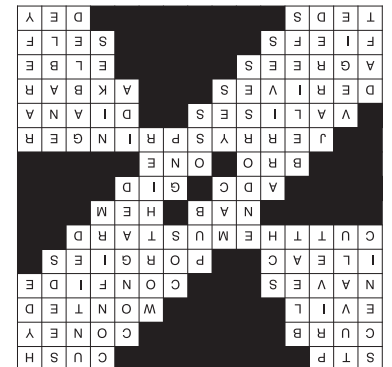
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