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# THE EXPRESS

VOLUME 8 EDITION 43  
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## WEEKLY NEWS

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## Honouring Icelandic settlers

It was a six-kilometre walk to Willow Island from Gimli. EXPRESS PHOTO BY PATRICIA BARRETT

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# Gimli Wave Youth Group divests Highway 9 of trash

## Kiwanis provides donation

By Patricia Barrett

The Gimli Wave Youth Group was out in force a few weeks ago picking up trash along Highway 9 south of Gimli in conjunction with the local Kiwanis Club, which made a donation to the non-profit group.

Wearing high-visibility vests and gloves and armed with trash bags, the youth cleaned up highway verges and ditches between Minerva Road and PR 519 in Sandy Hook.

"I am very proud of the Gimli youth who volunteered so willingly," said Wave director Anders Kuusselka last week. "They were eager to help every evening, but we wanted to provide several groups an opportunity so we divided the workload into two-hour time slots for each section of the highway during the week."

Organizers had the youth work in small groups, composed primarily of family members where possible, in order to keep everyone as safe as possible from COVID-19.

The kids put as much fun into the clean-up as they could, said Kuusselka. They logged the type and number of items they found and entered into a little friendly competition by encour-

aging honks from passing motorists.

"Each day they counted how many bags they filled up and how many coffee cups, COVID face masks, cigarette packages, bottles and drink cans they found," said Kuusselka. "One group picked up 68 beer cans from the ditch. The groups also competed for honks from passing motorists. One group received 55 honks of encouragement. They were ecstatic!"

The goal of the Wave Youth Group is to foster a sense of belonging and provide meaningful, purpose-driven activities for youth to build self-esteem. That helps raise good citizens for the future, said Kuusselka.

"We provide many avenues for Wave youth to volunteer," he said. "During the summer, our youth volunteered at the Snack Shack on Gimli Beach. They took a food-handlers course and now have certificates that will open doors for them and help them find employment in the restaurant industry in the future."

The Kiwanis Club had asked the Wave for help cleaning up the highway and said it would provide a donation to the group.

"We raise our own funds to cover



EXPRESS PHOTOS BY ANDERS KUUSSELKA

Wave youth worked with the Gimli Kiwanis club to pick up litter.



Wave director Anders Kuusselka (left) with volunteers and rescue dog Zeus.

rent, field-trip costs and food expenses. We provide pizza and snacks for the youth throughout the year," said Kuusselka.

When each crew completed their assigned area, Kuusselka and Wave organizers provided snacks. On the last day they held an outdoor barbecue.

"We had a sing-song, pizza and hot chocolate after each clean-up and we reflected on our experiences. The consensus was that they will think twice before throwing garbage out a car window," said Kuusselka. "On the final night, we had hotdogs and soft drinks around a campfire."

Kuusselka said Kiwanis, the Municipality of Gimli and local businesses — Tim Hortons, Robin's, Chicken Chef, 'Wired' Security, Beach Boy, Kristjansson Fish and the Sugar Me Cookie bakery — are supporters of the Wave group and its programs, and he is very grateful to them.

Wave organizers have been holding all their activities outdoors because of ongoing COVID infections across the province, including in the Interlake. But as winter approaches, the group will need to find an indoor venue.

"We are hoping to go back to Dr. George Johnson Middle School in November. That, of course, depends on COVID restrictions and the cost," said Kuusselka. "We are also prepared to continue outdoor activities. Gimli offers a variety of fun winter activities such as skating, curling, cross-country skiing, tobogganing, ice fishing, snow sculpting and quinzhee (snow shelter) building."

Members of the community took to social media to thank the Wave youth for cleaning up the highway.

Elaine Einarson wrote: "You all did an awesome job."

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THE EXPRESS WEEKLY NEWS

# Fraserwood's interpretive signs share highlights of local history

By Patricia Barrett

Interpretive signs sharing the history of Fraserwood and surrounding area were installed in a town park this summer to help visitors from away learn about the area.

Three interpretive signs containing information and historical photos tell the story of European settlement in the 1800s, the hardships immigrants endured and the economic development of the Fraserwood area to the present time.

The initiative was spearheaded by Municipality of Armstrong Reeve Susan Smerchanski and funded by Community Futures East Interlake and the municipality.

Smerchanski said she broached the idea with council that the RM would benefit from interpretive signage that would share information about the area. The RM then applied for grants through Community Futures.

"It's important to promote our history and have information for everyone to learn more about our RM," said Smerchanski last week. "This is

a long-term investment in preserving our history."

Fraserwood's three signs were installed this summer. Interpretive signage was also created for Inwood and its famous garter snakes and for Meleby, best known for its mushrooms.

Smerchanski said the municipality has seen an increase in tourism over the course of the pandemic, and people are curious about the area.

"This year, especially, we've had a lot of visitors," said the reeve. "Our parks got much more use because of COVID, when Manitobans were exploring closer to home."

The interpretive signs were designed and produced by Heather Hinam of Second Nature Creative Interpretation.

Hinam said it took a lot of research to create a shortened version of the area's history on the three signs. Part of the research entailed interviewing residents.

"It was a combination of phoning around to locals to figure out who still lived in the area and who might know

some history. I spoke with a number of people. And I was also given a book, *Through Spruce, Swamp and Stone*, that I used. The signs aren't just about Fraserwood, but the whole area and the Ukrainian and Polish settlers."

In latter half of the 19th century, the

Canadian government encouraged immigrants from Europe to settle in Canada. They came to the Fraserwood area from Ukraine, Poland and other countries. They travelled by ocean steamer then by train to the coun-

Continued on page 9



EXPRESS PHOTO SUBMITTED

Community Future East Interlake's business & community development analyst Eugene Zalevich presented a cheque for \$4,872.50 to Armstrong Reeve Susan Smerchanski. The organization awarded a grant to the municipality for three interpretive signs, which are situated in Fraserwood Park.

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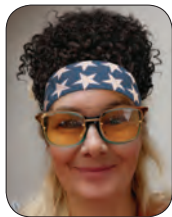
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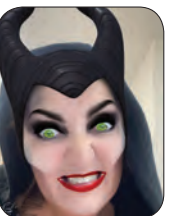
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## Southern Health region continues to lead the way in new cases

**By Ashleigh Viveiros**

Public health officials reported 464 new cases of COVID-19 on Monday.

That count included 130 cases on Friday, 107 Saturday, 149 Sunday and 78 new cases on Monday.

The Southern Health-Santé Sud health region led the way in new cases at 180, followed by 129 in Winnipeg, 81 in the North, 57 in Prairie Mountain and 17 in the Interlake-Eastern health region.

The vast majority of new cases are among people who are not fully vaccinated, the province reports. Fifty-nine of Monday's 78 cases were not fully vaccinated (two weeks beyond their second dose of the vaccine).

At press time, Manitoba had a total of 1,071 active cases of the virus and 83 people in hospital with COVID-19, including 20 in intensive care.

The death toll has reached 1,237 with two new deaths reported over the weekend, including a man in his 70s from Southern Health and a man in his 80s from Interlake-Eastern.

Manitoba's five-day COVID-19 test positivity rate on Monday was 3.9 per cent provincially and 1.7 per cent in Winnipeg.

Interlake-Eastern as a whole has 75 active cases of COVID-19 and four people in hospital with the virus, one receiving critical care.

In the Interlake Eastern region, Northern Remote continues to have the most active cases with 35 followed by 21 in Fisher/Peguis; Arborg/River-ton, four; Stonewall/Teulon and St.

Laurent, each three; Beausejour, Pina-wa/Lac du Bonnet Selkirk, all two; Springfield and Winnipeg Beach/St. Andrews, each one.

### Public health orders extended

The current public health orders have been extended for an additional three weeks, now in effect until Nov. 16.

"Manitoba must stay vigilant in our fight against COVID-19 and the fourth wave," said Health and Seniors Care Minister Audrey Gordon on Monday. "Our case numbers, hospital admissions and ICU numbers continue to fluctuate but we need to remain steadfast in our approach with the current public health orders we have in place."

The orders continue to limit gathering sizes both inside and out, especially in groups that include unvaccinated individuals.

Retail capacity is also limited to 50 per cent in the Southern Health region due to low vaccination rates and high case counts.

One change, however, is that while the municipalities of Cartier, Headingley, Macdonald, Ritchot (Niverville-Ritchot), St. Francois Xavier and Tache, though located in Southern Health, they are no longer limited by those regional retail capacity limits.

"Considering their vaccination rates are more consistent with that of the Winnipeg capital region, as well as their proximity to and regular commuting to Winnipeg, the new public

health orders will see these select municipalities treated like Winnipeg and the rest of the province," the government said.

Those communities are back to 100 per cent retail capacity, along with the rest of Manitoba, where the two-dose vaccination rate of eligible people is at over 83 per cent.

Southern Health, by comparison, has a vaccination rate of 67.8 per cent, which is the lowest in the province.

The current recommendations for third doses of COVID-19 vaccine, including where they can be administered, is online at <https://manitoba.ca/covid19/vaccine/eligibility-criteria.html#third>.

Eligibility for first and second doses of the COVID-19 vaccine continues to include anyone born on or before Dec. 31, 2009.

The super site in Gimli is now closed and has transitioned to a pop-up clinic located at the Gimli Multipurpose Building at 17B North Colonization Rd. Appointments are currently being taken for Oct. 29. Hours of operation are 12:30 p.m. to 8:30 p.m.

A total of 2,068,410 doses of vaccine have been administered in Manitoba.

Manitoba vaccine sites are offering walk-in and appointment-based vaccinations for COVID-19 and the seasonal flu. Eligible individuals can book their appointments online or by calling (toll-free) 1-844-626-8222 (1-844-MAN-VACC). For hours and days of operation, visit [www.gov.mb.ca/covid19/vaccine/finder.html](http://www.gov.mb.ca/covid19/vaccine/finder.html).

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EXPRESS PHOTO BY JESS BROADFOOT

A beautiful sunset could be seen on Lake Manitoba last Wednesday following the north winds that gusted up to 75km/h. Manitoba Infrastructure's Hydrologic Forecast Centre advised high winds developing last Tuesday lasting until Wednesday early morning resulting in high wind effects along the south basin of Lake Manitoba. Help the *Express* record the weather of the week and send in your photos of friends or families enjoying the outdoors. Email: [weather@expressweeklynews.ca](mailto:weather@expressweeklynews.ca).

## Manitoba judge rules public health orders are constitutional

By Ashleigh Viveiros

A group of individuals and seven Manitoba churches, including those from Morden-Winkler, have lost their court battle in challenging whether the province's pandemic restrictions violate the Canadian Charter of Rights and Freedoms.

The group argued in court that elements of the public health orders (PHOs) put in place last year were unconstitutional, namely restrictions on private and public gatherings and places of worship.

Court of Queen's Bench Chief Justice Glenn Joyal handed down two decisions on the matter last Thursday.

Joyal ruled that while these restrictions do limit certain charter rights and freedoms, the Manitoba government was justified in enacting such limits to deal with the unfolding public health crisis.

In his 156-page decision, Joyal asserted the restrictions "are constitutionally justifiable as reasonable limits under s. 1 of the Charter."

Section 1 of the Charter states that the rights and freedoms laid out in it are guaranteed "subject only to such reasonable limits prescribed by law as can be demonstrably justified in a free and democratic society."

Joyal heard from experts on both sides of the matter but said he was persuaded by the evidence of the government's witnesses.

"I find that the credible science that they invoked and relied upon provides a convincing basis for concluding that the circuit-break measures, including those in the impugned PHOs, were necessary, reasonable and justified," he ruled.

Joyal's second ruling dealt with the legality of public health orders being issued by the province's chief public health officer (Dr. Brent Roussin, an unelected official), instead of the Legislative Assembly of Manitoba.

He found the delegation of power in this situation to be a "constitutional and democratically legitimate means of ensuring that the public health measures that are stipulated are measures that are proposed by a qualified medical expert."

Joyal further noted he was persuaded by the government's argument as to the practical realities of overseeing a pandemic.

"If every public health order and subsequent modification had to be enacted by the Legislative Assembly, it could potentially handcuff and immobilize government's ability to act in a timely manner," he wrote. "That

would certainly not be in the public interest. No other jurisdiction in Canada so restrains its public health officials."

The Justice Centre for Constitutional Freedoms, which represented the applicants in this case, voiced its disappointment in the decisions "and in the unwavering deference accorded to public health officials," lawyer Allison Pejovic said in a news release. "We are carefully reviewing the decisions and are considering an appeal."

The applicants in these challenges included the Gateway Bible Baptist Church, Pembina Valley Baptist Church, Redeeming Grace Bible Church, Grace Covenant Church, Slavic Baptist Church, Bible Baptist Church, Christian Church of Morden, deacon Thomas Rempel, minister Tobias Tissen, and Winnipegger Ross MacKay

## Manitobans can now access federal proof of vaccination card

By Ashleigh Viveiros

A new proof of vaccination card will make life a little easier for Manitobans looking to travel outside the province, be it domestically or internationally.

The provincial government announced on Monday that fully vaccinated Manitobans are now eligible for the pan-Canadian proof of vaccination credential (PVC).

"The federal credential will be recognized across the country for travelling in other provinces and territories and, when returning to Canada, from other jurisdictions," said Central Services Minister Reg Helwer, explaining the national card uses a QR code in the same way Manitoba's vaccination cards do.

Individuals who currently have a Manitoba immunization card or are eligible for one can visit [immunizationcard.Manitoba.ca](http://immunizationcard.Manitoba.ca) to request their PVC. It will then be emailed as a PDF, which can be printed or available digitally.

The federal government has said that proof of vaccination will be required for all people age 12 and up travelling via plane, train,

Continued on page 6

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# letter to the editor

Letters to the Editor: letters@expressweeklynews.ca

## We all have a moral compass

This letter is in response to the letter published in the *Express Weekly News* by Darrell Noakes on Oct. 21.

Darrell describes himself as a contrarian and a dissenter of the mandates that have come to rule our lives.

I am not sure as to what extent he is a contrarian. Does he drive on the left side of the road? Does he not wear a seat belt? Does he not obey other traffic laws? Or is he only a contrarian when it comes to health measures?

Darrell has the right and the freedom not to be vaccinated and not to wear a face mask.

I can respect that if he avoids all contacts with fellow human beings.

However, the moment he mingles with the public, he puts others at risk of becoming infected with the COVID virus and fall ill or even die.

Freedom comes with responsibility. Exposing your family, friends and neighbours to the COVID virus is irresponsible and shows a total lack of respect for them.

I also have a problem with some of his statements such as pandemic hysteria and that governments and the media desire our division and rancour.

This is ridiculous. People are con-

cerned about the virus. The only hysteria I have witnessed were demonstrations by anti-vaxers such as the one at the Health Sciences Centre where innocent people, including children, were being harassed.

Also why have public health officials been harassed and threatened by anti-vaxers? Dr. Henry in B.C. has 24-hour security protection because of threats by anti-vaxers. Not exactly civil behaviour.

The government has worked hard to fight the pandemic and to keep Manitobans safe. The measures that were put in place were not intended to divide people but rather to defeat the COVID virus and to keep Manitobans safe.

In my humble opinion, the government should have done much more to prevent unnecessary infections and deaths.

Chief Justice Joyal issued a ruling in which he stated that the restrictions imposed by the province were reasonable, appropriate and science based.

He rejected arguments from the churches and some individuals that the measures imposed were a violation of the Charter of Rights. He stated: "the evidence presented in court represented at best a contrary if not

a contrarian point of view."

Civility and respect. Respect must be earned. If Darrell wants to be respected, he must act in a socially responsible manner. Avoid all contacts, while unvaxed and unmasked, with family, friends and neighbours.

My respect will be even greater if, in case you fall ill with the COVID virus, you stay home and not go to a hospital. After all, there are thousands of Manitobans waiting for medical procedures, some urgent, that cannot be carried out because of hospital beds being occupied by COVID patients.

It is a well known fact that the majority of the new COVID cases are in people who have not been vaccinated. Their refusal to get vaccinated affects negatively all Manitobans. It is a highly uncivil thing to do and shows a total lack of respect.

We all have a moral compass. The fact that more than 80 per cent of Manitobans have been vaccinated shows that those people are socially responsible and are concerned about their fellow citizens and loved ones.

I suggest that the unvaxed and unmasked recalibrate their moral compass in order to become more socially aware and start caring about the well-being of their fellow citizens.

- Fred Veldink, Silver Harbour

## > VACCINATION CARD, FROM PG. 5

or cruise ship as of the end of November.

"So you have time to get this on your phone or printed out," Helwer noted.

He added that Manitoba's immunization card app will be updated next month to include the PVC, so users can toggle between it and the Manitoba immunization card as needed. The province's verifier app will also be updated to read the QR codes on the national credential.

Officials urge Manitobans to continue using the provincial card when travelling and recreating within the Manitoba.

The PVC includes information such as date of birth, date of immunization, and the brand of vaccine received, while Manitoba's immunization card contains no personal health information when scanned—simply one's name and a green checkmark if vaccinated.

"That's why we're recommending that for your local restaurants, that you continue to use the Manitoba code that just shows if you're vaccinated or not; it doesn't disclose any other information," Helwer said, noting people who travel are used to disclosing some personal information to airlines and other agencies. "They're very good at protecting that information, so we think there's a good level of security with that sector."

## Clarification on North End Water Pollution Control Centre Phase 2 funding

### Staff

In response to the *Express Weekly News'* story titled "Lake Winnipeg left in pollution limbo" in the Oct. 21 edition, the provincial government brought to our attention that it has provided partial funding for Phase 2 of the upgrade that's proposed for the North End Water Pollution Control Centre in Winnipeg.

At the time of writing the story, the *Express* had used information posted on the City of Winnipeg's "North End Sewage Treatment Plant Upgrade" webpage, which stated that funding for Phase 2 of the project (which entails building a biosolids facility for wastewater sludge) had not yet been approved or funded. When viewed late last week, the city's webpage now says, "This project has been approved, subject to funding from other levels of government. A funding request has been sent to [sic] Province under the Investing in Canada program."

In the *Express'* limbo story, city spokesperson Jeremy Davis had said the city submitted a funding request for \$552.7 million (for Phase 2) under the Investing in Canada Program (IICP) to the provincial government two years ago, and that the city is "still waiting for the province to advance the application

to the federal government."

During Gimli's Walk to the Rock event on Oct. 21, the *Express* asked municipal relations minister and Interlake-Gimli MLA Derek Johnson (who took part in the walk) about the province's commitment to Phase 2, based on the information it had found on the city's website, and whether it had forwarded the city's Phase 2 application to the federal government.

Johnson, who sits on the treasury board, said the provincial government had partially funded Phase 2.

"We have flowed the money for Phase 2. It's in the account, for a portion of Phase 2, not the entire thing," Johnson said at the rock on Willow Island.

When asked to clarify, Johnson said the province put a portion of funds for Phase 2 in the city's bank account.

He was unable to say whether the province had forwarded the city's Phase 2 application to the federal government.

"The province can't comment whether it's sent in or not because that's our agreement with the federal government — confidentiality," said Johnson. "We could jeopardize all the IICP funding for the



EXPRESS FILE PHOTO

North End Water Pollution Control Centre

entire province of Manitoba if we commented on [whether it] was sent in or not."

A provincial press secretary later sent information regarding the funding amount for Phase 2: "The fact is the Province has already flowed \$85.5 million for Phase 2, which is more than 50 per cent of the promised \$167.5 million. Manitoba is the only level of government to commit actual funds to Phase 2."

# Manitoba government funds crime prevention and safety initiatives in Fisher Branch

Submitted by Manitoba government

The Manitoba government is providing \$20,000 from the proceeds of crime to the RCMP's Fisher Branch detachment for community safety initiatives, Justice Minister Cameron Friesen announced last week.

"Our government is proud to be supporting youth in the Fisher Branch community," said Friesen. "This funding will allow the RCMP to host a four-day workshop on domestic violence prevention for high-risk youth. We continue to support law enforcement agencies across Manitoba, who are using these funds to create programming opportunities for youth and enhance community safety."

The minister noted the Fisher Branch detachment is receiving funds to host a workshop geared to educate youth aged 13 to 17 on unhealthy relationships, domestic violence and sexual assault. This workshop will include an elder, a drum group and ceremony for all youth and community members involved. This initiative will empower and enlighten Indigenous youth on building healthy relationships through group presentations by police, Child and Family Services as well as through traditional teachings and cultural ceremonies with elders, the minister added.

"Reducing gender-based violence and its impact on victims contin-

ues to be a priority for the Manitoba RCMP," said assistant commissioner Jane MacLatchy, commanding officer of the Manitoba RCMP. "With funding received by the Manitoba Justice Criminal Property Forfeiture Fund, Fisher Branch RCMP will work with community partners to promote healthy relationships, focused on the community's youth. Our hope is that through outreach and education, we can proactively address root causes of gender-based violence and contribute to the development of safer and healthier communities. We thank the Province of Manitoba for supporting this initiative."

Since its inception in 2009, the

Criminal Property Forfeiture (CPF) Fund has distributed more than \$19.9 million back to the communities throughout the province, including almost \$2.5 million in 2021-22. The CPF program seizes and liquidates criminal assets, and redirects funding to projects and initiatives designed to protect Manitobans and enhance public safety. The funds are provided to organizations across Manitoba whose important initiatives continue to build community, invest in youth and support victims of crime.

For more information about criminal property forfeiture, visit [www.gov.mb.ca/justice/commsafe/cpf/index.html](http://www.gov.mb.ca/justice/commsafe/cpf/index.html).

# Updated program seeks to advance high school literacy

By Nicole Brownlee

A provincial grant is helping the Lakeshore School Division improve literacy in students.

The Manitoba Teachers' Idea Fund awarded the school division \$14,500 to purchase library books and cover the cost of substitute teachers for additional professional development days.

Around \$10,000 was allocated to buy titles that touch on Indigenous issues, characters and authors. The remaining funds enable the divisions' high school English language arts teachers to spend PD days analyzing writing skills lessons.

"(We share) some instructional strategies and some resources across the division," said Lori Emilson, curricu-

lum support teacher for Lakeshore School Division.

A focus of the review is to add more goals to develop high school students' writing.

"Our division has a writing continuum that goes from pre-kindergarten to the beginning of Grade 9, and we wanted to expand it all the way to Grade 12," said Emilson.

"(And consider) what are the skills that our students need to move their writing into the next level?"

Teachers convened for the first meeting on Sept. 20 and will meet three more times this school year.

"We're hoping that we'll have a solid understanding of curricular outcomes, and we'll also have the

product, which is the hardcopy of the writing continuum, and as a result, our students' reading and writing scores on our standardized tests will improve," said Emilson.

The division is also waiting for the province to release a new high school ELA curriculum.

"We've started investigating the kindergarten to Grade 8 (ELA curriculum) because it's apparently going to be very similar," said Emilson.

The Grade 9 to 12 curriculum is expected to cover similar topics as the

elementary school curriculum like poor writing practices, characteristics of language and what language is used for, said Emilson.

"It's a very different curriculum," said Emilson. "There aren't very specific outcomes, so it's all about delving into rich learning experiences. ... And the continuum, once we have that developed, I think, will really help to support us with the new curriculum."

The expanded writing continuum is expected to be released by June 2022.

# Berens River RCMP investigates fatal two-vehicle collision

Staff

On Oct. 21 at approximately 4:10 p.m., Berens River RCMP responded to a two-vehicle collision just south of the community of Berens River First Nation on Rice River Road.

A minivan with three adults and two children collided head-on with an SUV with three adults and two children. All occupants were from the community of Berens River.

An occupant of the SUV, a 26-year-old female, was pronounced deceased at the scene.

The driver of the minivan, a 25-year-old male, was pronounced deceased at the scene. A passenger in the minivan, a 68-year-old female was taken to the nursing station where she was pronounced deceased.

Three adults — a 27-year-old male, and two females, 28 and 22 — along with three young children, remain in

hospital with serious injuries. One of the children, a three-month-old, is currently in critical condition.

The preliminary investigation indicates that some of the occupants were not wearing seatbelts.

Berens River RCMP, along with a forensic collision reconstructionist and the criminal collision investigation team, continues to investigate.

**Arborg Ag Society**

**ANNUAL MEETING**

**Tuesday November 2nd,**  
**7:30 pm**

Arborg Multicultural Village Hall

**Call for information:**  
**204-642-2700**

*Proof of vaccination required*



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# Lundar woodshop's new cutting-edge tool

By Nicole Brownlee

Lundar woodshop students are learning about the entire process of woodworking with the help of a new tool.

Lundar School received a \$25,000 provincial grant from the Teachers' Idea Fund to purchase a sawmill. The machine will give the class more opportunities to explore different projects, said Ben Loewen, shops teacher at Lundar School.

"The sawmill gives us the capability of going right from the tree essentially to a finished product, which incorporates a lot of the other elements of woodworking," said Loewen.

Rather than buying wood from a hardware store, the class learns how to source the wood, cut it into exact pieces and control the design.

"It allows the students to see the en-

tire process of how projects come together."

Students will also learn about the environmental impact of working with wood.

"You can go to Home Depot, and you can buy wood, but it has to come from somewhere," said Loewen. "Where it's coming from? Who's cutting it down? How much are they cutting down? How does that actually affect the environment?"

Learning to safely use the sawmill could open doors for students after graduation, said principal Lawrence Grzenda.

"(Loewen) is looking at building up our woods program to not just teach kids about being in woodworking and completing some projects but how that can transfer to work outside of the school (and) benefit the larger

community," said Grzenda.

"I think this is one of those pieces that will help bring kids to school."

Community member John Malcolm introduced students to the tool in fall 2020 to help build an ice rink.

"He came by with his portable sawmill to cut down telephone poles for us so that we could make the skating rink," said Loewen.

The class has yet to decide on upcoming projects, but Loewen is interested in traditional timber framing.

"The options are really endless be-

cause you can cut the wood specifically to whatever the project would be," said Loewen.

"I'd like to get into traditional timber framing (which) requires some specific posts and stuff because they're a thicker dimension, which are harder to source."

The school is unsure when the provincial funding will come, but they're hoping to purchase the sawmill by June 2022.

"I'm excited for the students to see the whole process and be able to go through it at a more in-depth level," said Loewen.

"IT ALLOWS THE STUDENTS TO SEE THE ENTIRE PROCESS OF HOW PROJECTS COME TOGETHER."

# Lundar RCMP responds to armed robbery

Staff

On Oct. 18, at approximately 10:50 a.m., Lundar RCMP responded to a report of an armed robbery at a gas station located on Highway 6 in St Laurent.

Officers were advised that three suspects, two males and a female, entered the store and grabbed several bottles of liquor and pointed a firearm at the employee as they walked out. The suspects were then seen walking towards the school where they were picked up in a vehicle. No injuries were re-

ported.

With the suspect vehicle identified, officers notified the surrounding detachments of the vehicle description and began conducting patrols.

At 11:40 am, the suspect vehicle was spotted at the intersection of Highway 6 and Highway 101 (North Perimeter Highway) and stopped by officers from the Emergency Response Team (ERT) who were in route to St. Laurent to provide assistance.

Officers arrested the five vehicle occupants, two males and three females, without incident.

A search of the vehicle led to the sei-

zure of the firearm, which was identified as an airsoft gun, as well as several knives, a machete and the stolen liquor.

A 40-year-old female passenger, who was found in an unconscious state in the vehicle, was taken to hospital where she remains in stable condition.

RCMP have charged the following individuals in relation to this incident with robbery and numerous weapons-related offences;

1) Wendy Cook, 42 years of age from Winnipeg, was remanded into custody.

2) Nathan Sumner, 24 years of age from Little Saskatchewan, was remanded into custody.

3) Mark Holden, 24 years of age from Lundar, was released from custody. He will be appearing in court in Lundar on Dec. 16.

4) Vanessa McKenzie, 34 years of age from Lake St Martin, was released from custody. She will be appearing in court in Lundar on Dec. 16.

Lundar RCMP continue to investigate.

## RECYCLING NOTICE

**Riverdale Place workshop will not be picking up recycling on the below mentioned dates due to the small group of workers available.**

Mon. Nov. 8, 2021 at Riverton Business places

Tues. Nov. 9 at Arborg Curbside pickup

Wed. Nov. 10 at Arborg Business places

Thurs. Nov. 11 at Riverton Curbside pickup

Mon. Nov. 22 at Riverton Business places

Tues. Nov. 23 at Arborg Curbside pickup

Wed. Nov. 24 at Arborg Business places

Thurs. Nov. 25 at Riverton Curbside pickup

**The workshop will be closed on Thursday November 11, 2021 Remembrance Day.**

**Please rinse your containers**

**Thank you for Recycling**

## Arborg byelection results

By Nicole Brownlee

Donna Gislason was elected as the town of Arborg's newest councillor on Oct. 19.

Gislason ran against Larry Speiss, who received 43 votes, and Ryan Sigurdson, who received 45 votes. Gislason won over 50 per cent of the total ballots with 101 votes. Sixty community members used advance polls, and 22 per cent of voters participated in the election.

"We had a pretty good turn-

out for a byelection," said Jan Larkin, senior election official for Arborg. "Traditionally it's fairly low."

The last byelection held by the town was in 2015.

"I don't think their turnout at that election was over 20 per cent," said Larkin.

Gislason will fill the vacant councillor position left by former Coun. John Crackle.

Gislason did not respond in time for publication to comment.



Donna Gislason



# Provincewide state of emergency expires

## Staff

Manitoba has finally moved out of a state of emergency.

The province officially declared a state of emergency under the Emergency Measures Act in March 2020 due to the global pandemic and has renewed that declaration every month since.

On Oct. 21, the provincial government let the declaration expire, with officials noting it is no longer needed to help protect Manitobans from the impacts of COVID-19.

"Nineteen months ago, we declared a state of emergency to help protect the physical and financial health and safety of all Manitobans and reduce the spread of COVID-19 in our hospitals and in our communities," said Premier Kelvin Goertzen.

"As we continue to move toward a post-pandemic Manitoba, we want to remind everyone, although the state of emergency is expiring, COVID-19 is still here," he continued. "With vaccination rates among the highest in the country with over 82 per cent of eligible Manitobans fully vaccinated, we can help control COVID, but it's important that all Manitobans con-

tinue to follow the fundamentals that help us limit our risks."

Public health orders can continue to be issued through the Public Health Act without a declared provincewide state of emergency. The province can also declare a new state of emergency if required in the future.

The state of emergency allowed for a number of emergency orders to be made that were beyond the scope of the Public Health Act.

"Our government will continue to remain cautious and vigilant in efforts to stop the spread of the virus," said Ron Schuler, minister responsible for the Manitoba Emergency Measures Organization. "Manitoba's Emergency Measures Organization provincial response team will continue to work with industry partners and experts in supporting programs and services to assist in Manitoba's COVID-19 response strategy."

Public health orders are still in effect and officials urge Manitobans to continue to follow public health guidelines around the use of masks and vaccinations to lessen the impact of a fourth wave.

## > LOCAL HISTORY, FROM PG. 3

try's west, loaded their belonging on wagons and walked through the wilderness to their new homes. Settlers established farms in "thick, swampy forest" and made a livelihood from cutting cordwood, which became the main economy of the area, according to the interpretive signs.

Fraserwood had initially been named Kreuzberg (meaning cross castle) by a local German land agent, but it was renamed Fraserwood in 1918 to dissociate itself from Germany at the end of the First World War. In the 1920s the village was "bustling" with a creamery, flour and grist mill, garage, stores, hotel and hall.

Hinam, who is a seasonal resident in the Interlake, has created interpretive signs for municipalities and towns across the region, including Grindstone, Arborg, Lundar, Teulon and Selkirk. She was contracted to make the interpretive signs for Inwood and Meleb. She also made the sign for the pollinator garden at the East Interlake Watershed District office in Gimli and the mural in the Lake Winnipeg Visitor's Centre in Gimli.

The three signs for Fraserwood took

about six to eight months to complete as Hinam had to juggle multiple projects. The background imagery across all three signs includes the design of a monument for Fraserwood that never got built — Ukrainian settlers with a cart of wood and a bag of flour. The signs also have historical photos of early settlers, their dwellings, economic activities and buildings such as the Fraserwood train station.

Hinam said she enjoyed working on Armstrong's project.

"I enjoyed working with Susan [Smerchanski] on the signage," said Hinam. "She's a forward-thinking person and it was great to do projects in Armstrong."

Community Futures East Interlake, an economic development organization funded by the federal government, provided grants for the signs under the Build Interlake Growth Program (the BIG program). Business & community development analyst Eugene Zalevich presented Smerchanski with a cheque after the signs were installed.

Community Futures next grant application intake date is Dec. 15.



## Seasonal Influenza Clinics will begin November 1, 2021

Book an appointment for your flu shot by calling 1-844-626-8222 between 6:00am and 8:00pm, seven days a week or by using the online booking system originally put in place for the COVID-19 vaccine (visit [www.ierha.ca](http://www.ierha.ca) and click "2021 Flu Clinics" or visit [Manitoba.ca](http://Manitoba.ca) and then click "Covid-19" and "Vaccine").

Individuals can receive their seasonal flu, COVID-19 or both vaccines at these sites at the same time, if they choose. The online vaccine finder at <https://protectmb.ca> shows locations where these vaccines are available including where walk-ins are available. Many medical clinics and pharmacies with seasonal flu and/or the COVID-19 vaccines will continue to be listed, with information about how to book at these locations.

Below is the listing for the region.

### Please note:

- Walk-ins are available. Appointments are welcome and encouraged.
- COVID-19 vaccine will also be available at this year's seasonal influenza clinics.
- You must wear a non-medical face mask to your appointment.
- Please practice good hand-washing and social distancing.
- Do not come to your appointment if you are experiencing flu-like symptoms.
- Please come right at your appointment time to avoid congestion.
- Bring your Manitoba Health Card, and wear a short-sleeved shirt

	Dates	Time(s)	Location(s)
<b>Arborg</b>	November 4	1:00 pm - 7:00 pm	Arborg Bifrost Community Centre, 409 Recreation Drive
	November 6	9:00 am - Noon	Arborg Bifrost Community Centre, 409 Recreation Drive
	November 24	1:00 pm - 7:00 pm	Arborg Bifrost Community Centre, 409 Recreation Drive
<b>Ashern</b>	November 2	9:00 am - Noon 1:00 pm - 4:00 pm	Ashern Legion Hall, 3 Main St
	November 10	9:00 am - Noon 1:00 pm - 4:00 pm	Ashern Legion Hall, 3 Main St
	November 18	1:00 pm - 7:00 pm	Ashern Legion Hall, 3 Main St
	November 20	9:00 am - 3:00 pm	Ashern Community Health Office, 1 Steenson Ave
<b>Eriksdale</b>	November 3	9:00 am - Noon 1:00 pm - 4:00 pm	Eriksdale Rec Centre, Second 1 <sup>st</sup> Ave
	November 8	9:00 am - Noon 1:00 pm - 4:00 pm	Eriksdale Rec Centre, Second 1 <sup>st</sup> Ave
	November 23	1:00 pm - 7:00 pm	Eriksdale Rec Centre, Second 1 <sup>st</sup> Ave
	November 27	10:00 am - Noon	Eriksdale Wellness Centre, 35 Railway Ave
<b>Faulkner</b>	November 16	9:00 am - 3:00 pm	Faulkner Senior Centre
<b>Fisher Branch</b>	November 13	10:00 am - 2:00 pm	Fisher Branch Ukrainian Hall - 33 Provencher Ave
	November 22	1:00 pm - 7:00 pm	Fisher Branch Ukrainian Hall - 33 Provencher Ave
<b>Gimli</b>	November 12	9:00 am - 4:00 pm	New Horizons - 17 North Colonization Rd
	November 13	9:00 am - 4:00 pm	New Horizons - 17 North Colonization Rd
	November 15	9:00 am - 4:00 pm	New Horizons - 17 North Colonization Rd
	November 23	1:00 pm - 7:00 pm	New Horizons - 17 North Colonization Rd
<b>Gypsumville</b>	November 4	10:00 am - 3:00 pm	Gypsumville Clinic, 1st St
<b>Hodgson</b>	November 1	11:30 am - 1:30 pm	Hodgson Community Club - 16 2 <sup>nd</sup> Ave
<b>Lundar</b>	November 1	1:00 pm - 7:00 pm	Lundar Legion Hall, 50 3 <sup>rd</sup> Ave
	November 10	9:00 am - Noon 1:00 pm - 4:00 pm	Lundar Legion Hall, 50 3 <sup>rd</sup> Ave
	November 22	9:00 am - Noon 1:00 pm - 4:00 pm	Lundar Legion Hall, 50 3 <sup>rd</sup> Ave
	November 27	1:00 pm - 3:00 pm	Lundar Community Health Office, 97 1st St South
<b>Matheson Island</b>	November 3	10:30 am - 11:30 am	Matheson Island School
<b>Moosehorn</b>	November 23	1:00 pm - 4:00 pm	Moosehorn Curling Club, 1 <sup>st</sup> Ave
<b>Pine Dock</b>	November 3	1:30 pm - 2:30 pm	Pine Dock Hall
<b>Riverton</b>	November 6	10:00 am - 2:00 pm	Riverton Hall - 175 Riverton Ave W
	November 9	1:00 pm - 7:00 pm	Riverton Hall - 175 Riverton Ave W
	November 23	9:00 am - 4:00 pm	Riverton Hall - 175 Riverton Ave W
<b>St. Laurent</b>	November 10	1:00 pm - 4:00 pm	St. Laurent Rec Centre, Lot 825 PTH 6
	November 17	3:00 pm - 6:00 pm	St. Laurent Rec Centre, Lot 825 PTH 6
	November 20	10:00 am - 2:00 pm	St. Laurent Rec Centre, Lot 825 PTH 6

Residents-only flu clinics may be planned in some senior and other community housing facilities. These clinics are not listed here. Check your building bulletin boards for a flu clinic poster with details.

### For more information, please contact your local community health office:

Arborg: 204.376.5559      Ashern: 204.768.2585      Eriksdale: 204.739.2777  
 Fisher Branch: 204.372.8859      Gimli: 204.642.4587      Lundar: 204.762.5469  
 Riverton: 204.378.3102      St. Laurent: 204.646.2504

Any changes to this listing will be posted online at [www.ierha.ca](http://www.ierha.ca)  
 Click on the banner "2021 Flu Clinics" on the home page



# RCMP is warning the public after two recent frauds

## Submitted

Two people have been defrauded of over \$34,000 recently in southwestern Manitoba.

In one instance, a victim received a telephone call from a person claiming to work for the Canada Border Services Agency. The caller advised that they had intercepted a package addressed to the victim. They claimed the package contained drugs, money and fraudulent documents. The victim had recently placed some Amazon orders and was awaiting their delivery, which made it believable and concerning. Additional calls were then made to the victim from someone impersonating a police officer, and another call from someone from the Canada Revenue Agency. The vic-

tim was advised to send monetary payments to settle the issue, which the victim did. In the days following, the victim continued to receive phone calls requesting more money and realized it was a scam and reported it to police.

In the second instance, a victim received a telephone call from someone impersonating a police officer, claiming that a family member of the victim had been involved in a collision and was now at a police station. The caller requested that the victim send money in order for the family member to be released from police custody. After the money was sent, the victim followed up with another family member and realized it was a scam and called police.

No police agency or other government agency will request you send monetary payments to them by way of mail, wire transfers, cryptocurrency or QR codes. This is a scam, and the callers usually use pressure tactics and threaten the victim if they don't pay forthwith.

Here are some tips on how to avoid falling victim to a scam:

No information should ever be given to a person over the phone until you are satisfied they are who they say they are. Look up the phone number to the police agency/government agency they say they are calling from and confirm it by calling there yourself.

A real police officer would not ask to have money sent on behalf of your

relative/friend.

Ask for help from a member of your family or a trustworthy friend if you are unsure about a call or request received requiring payment.

Verify identities or whereabouts of the caller.

Don't feel pressured and do not send money before doing your own investigation.

Don't disclose personal financial information.

If you receive suspicious telephone calls requesting money, please hang up and report it to the Canadian Anti-Fraud Centre at 1-888-495-8501 or through their online reporting tool. If you have been a victim of fraud and have lost money, please report it to your local police.

# Fisher Branch RCMP responds to armed and barricaded male

## Staff

At approximately 10:35 p.m., Fisher Branch RCMP responded to a report of an assault at a residence located in Broad Valley on Oct. 16.

It was reported that after the assault, the 49-year-old male suspect from the RM of Armstrong had picked up

several firearms and walked into the garage.

Officers from Fisher Branch and Arborg responded to the residence and provided containment while awaiting the arrival of the emergency response team (ERT).

At 2:20 a.m., shortly after the arrival

of ERT officers, the 49-year-old male suspect exited the residence and was arrested without incident.

A search of the garage resulted in the seizure of four long-barrelled firearms.

The accused was taken into police custody where he was released the

following day for court scheduled Jan. 11, 2022, in Peguis First Nation where he will face assault and firearm-related offences.

There were no injuries reported and the investigation is continuing.

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**Record Tribune Voice EXPRESS STANDARD**

# Province announces change to safety rating monitoring for motor carriers

## By the Manitoba government

The Manitoba government has developed a new standard for assigning safety ratings to companies operating commercial vehicles in the province, Infrastructure Minister Ron Schuler announced this month.

"Our government is committed to road safety and ensuring that Manitoba's commercial truck operators are rewarded for safe operations," said Schuler. "After reviewing the current provincial Safety Fitness Certificate (SFC) Program, our government has decided to update and modernize the assigning safety ratings system to better reflect recommendations from the industry and to better serve motor carriers."

"The MTA has advocated for modernizing the assessment of Safety Ratings and are pleased to see improvements being made on this item," said Terry Shaw, executive director, Manitoba Trucking Association. "Our industry members were pleased to provide input into the new process which will serve road safety while also reducing red tape. We applaud today's changes and we look forward to ongoing communication regarding oppor-

tunities for road safety enhancement."

The Manitoba government requires carriers to operate their vehicles in a safe manner and to comply with applicable highway safety laws and regulations that pertain to highway carriers in accordance with the National Safety Code (NSC). The NSC is a set of 16 standards developed by the member jurisdictions of Canadian Council of Motor Transport Administrators (CCMTA), in consultation with the motor carrier industry, to ensure road safety and to facilitate the safe and efficient movement of people and goods across Canada.

Changes to the safety rating policy aligns with industry advocacy and addresses recommendations included in the Office of the Auditor General report on Commercial Vehicle Safety. Using this policy, Manitoba will now assign a consistent safety rating to all carriers with a similar on-road performance record, regardless of historical audit status.

For more information on the safety rating system for Manitoba's motor carriers go to: [www.gov.mb.ca/mit/mcd/safety\\_monitoring/sfc/ratings.html](http://www.gov.mb.ca/mit/mcd/safety_monitoring/sfc/ratings.html).

# Walk to the Rock honours Icelandic pioneers

By Patricia Barrett

Gimli residents paid tribute to the Icelanders who immigrated to Manitoba in the late 19th century during the 46th Annual Walk to the Rock last Thursday.

About 35 people set out at a swift pace from the Waterfront Centre in Gimli to Willow Island, roughly six kilometres (3.7 miles) one way. They headed through Gimli's South Beach neighbourhood and along the beach to reach the "big rock" that marks the spot where the first Icelanders to the area landed.

The federal government had created a reserve called New Iceland on the shore of Lake Winnipeg in what was then part of the Northwest Territories. The settlers were being transported to the reserve by barge when a ferocious storm forced them to land on Oct. 21, 1875.

The memorial walk was started in 1975, said Elva Simundson, to mark the centennial of the first landing.

"The original descendants of the first pioneers started this walk in memory of their ancestors," said Simundson, who has participated almost every year since the walk started. "We decided we wanted to honour all our ancestors. There are a number of people here who are descendants of the original settlers."

Simundson's own ancestors arrived in New Iceland a year later, in 1876, she said.

Sisters Janet and Daphne Magnusson also trekked to the rock. The empty lot on which the rock and a memorial plaque sit used to belong to their grandparents, Petrina and Gudjon Arnason, and part of the plaque is dedicated to their memory.

"My grandmother's father owned this property originally," said Daphne Markusson, "and the family dedicated the plaque to our ancestors."

The plaque also commemorates the pioneers of New Iceland and Jon Olafur Johannson, the first Icelandic born



Hedy Bjornson (left) and her daughter Cindy Sylvester.



Participants head out on a swift pace from Gimli.

in the new colony on Oct. 22, 1875, a day after his family arrived at the rock.

Among the walkers were Gimli councillor Thora Palson, who has been taking part in the annual event for about 12 years, and Interlake-Gimli MLA and municipal relations minister Derek Johnson.

Johnson said this is his first year taking part in the walk and he wanted to connect with his Icelandic heritage.

"I'm Icelandic by descent. I started tracing my roots back to Iceland. Our family settled on the other side of the Interlake, on Lake Manitoba," said Johnson. "[My descendants] came through New York to South and North Dakota in the late 1800s. They spent three years in the States before coming to Manitoba. I guess it wasn't cold enough down there and they decided to come further north for our brisk winters!"

When all the walkers had assembled at the rock, Dilla Narfason asked for



EXPRESS PHOTOS BY PATRICIA BARRETT

About 35 people took part in the annual Walk to the Rock.



Kristine Sigurdson (left) of the Icelandic Festival of Manitoba took part in the commemorative walk.



Dilla Narfason asked participants to remember the Icelanders who arrived at the rock in 1875.

a moment of silence to remember the settlers and the hardships they encountered after they landed.



Walkers included Gimli councillor Thora Palson and Interlake-Gimli MLA Derek Johnson (right).



Janet (left) and Daphne Markusson's descendants once owned the property on which the rock and commemorative plaque stand.

# Lundar's new hallowed tradition

By Nicole Brownlee

Students at Lundar Early Years School (LEYS) are masking up to celebrate their second annual Halloween parade on Oct. 29.

"It started last year with COVID-19 restrictions," said LEYS principal Holly Tycoles.

Before the COVID-19 pandemic, the elementary school students would tour Lundar School, showing their

spooky garbs to the high school staff and students.

Public health restrictions held LEYS back from continuing their inter-school tradition in 2020, but the teaching staff wanted to give the kindergarten to Grade 4 students a chance to enjoy the holiday.

"We had an idea to take it outside," said Tycoles.

Guided by the RCMP and the local

fire department, the costumed children from the elementary school and the daycare paraded from LEYS to the boisterous Main Street.

"It was really well received, so we're going to do it again," said Tycoles.

At 1 p.m. on Oct. 29, children from LEYS and the daycare will be strutting from the school down Main Street with the RCMP and fire department in tow. They also plan to pass the per-

sonal care homes in the community to share their spirit with the residents.

"The kids are so excited because they love Halloween, and they want to show off their costumes," said Tycoles. "And now grandmas, grandpas and aunts and uncles can all line up on Main Street to see them."

To join the fun, visit Lundar's Main Street at 1 p.m. on Oct. 29.



## Massage Therapy Awareness Week

### What is massage therapy

#### What is "Relaxation" Massage?

What is commonly referred to as relaxation massage is often what you think of when you go to a spa and where your goal is to leave feeling relaxed, to reduce tension, and minimize a feeling of stress. The clinical names for the basic massage techniques often used to achieve a state of relaxation are collectively known as Swedish massage. Some Swedish massage techniques are known to be more relaxing. Techniques like effleurage or petrissage when applied with appropriate pressure and direction will elicit a relaxation effect. These techniques are generally long gliding motions or kneading.

#### Is "Relaxation" Massage different than Massage Therapy?

Not when you receive a qualified and administered treatment by an RMT. An RMT will assess your situation and have the tools to create the best possible plan for you whether it is for relaxation or for something like pain relief from a muscular strain.

Buyer Beware: find out who is administering your massage. In some spas, salons and other settings, the person giving a massage may not be a Registered Massage Therapist. RMT's have a minimum standard of education and are bound to ethical and ef-

fective professional care. Others who do massage are not held to those same standards. So whether you need to relax or manage more specific pain, an RMT will assess your needs as it could be the case there is something more specific that needs to be addressed for you to reach that goal and that may require more complicated therapeutic techniques.

#### What is "Deep Tissue" Massage?

The term "Deep Tissue" is often used by clients when communicating that they want something more than light touch or pressure. When you ask for "deeper" or more pressure, that is just one cue to a professional RMT that your needs may be more complex. A deep tissue massage will be determined after the health history and assessment reveal your specific health needs and potential risks. Not only will an RMT ask and be aware of cues for adjusting pressure, they will encourage you to express what you are feeling during the treatment with respect to pressure, discomfort or effect. Different people might request deep tissue massage, but their expectations will be completely different. This is something that needs to be determined with appropriate assessment and communication.

#### Why is some massage accepted by my insurance health benefits and some not?

Most major insurance benefit programs will only approve massage therapy provided by a Registered Massage Therapist who has graduated a full program to allow the treatment to be billed under the benefit plan because it increases the effective

health benefits AND reduces the injury risks when a minimum standard of education has been achieved by the practitioner. This assures the insurers and the companies who provide your benefits that your health care is being managed by someone with minimum competencies and who is held to a high standard of care.

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# Get your (karate) kicks in Fisher Branch

By Nicole Brownlee

Martial arts classes are starting in Fisher Branch in November, offering community members the chance to exercise, learn new skills and gain confidence, said Dojo Physical Arts owners.

Darryll and Nicole Esch have trained in martial arts for over 20 years. After purchasing a dojo in Winnipeg two years ago, the couple is looking to expand.

"My wife is from Fisher Branch," said Darryll. "We've been getting comments from people saying they wish we could do something out there, and we decided to give it a try."

Nicole was already travelling to Fisher Branch once a week to work as a nurse, said Darryll. Now, the family will join her, teaching martial arts classes once a week at Fisher Branch Collegiate.

"One of the reasons why we're getting back into teaching so heavily now is because we want to give back to our kids," said Darryll.

"We felt like we needed to run the dojo and teach the way we wanted to, to give that environment and the same experiences that we had growing up to our kids."

Darryll and Nicole have four children, 16, 14, 11 and nine years old. Their oldest children help with introductory martial arts classes.

"I've always loved that. ... It's not just about practice. It's also about educating people and passing on the knowledge," said Darryll.

Their dojo focuses on hard work, concentration and individual effort, which can translate into everyday skills, said Darryll.

"(Students can) find a little bit of confidence in themselves to face the world," said Darryll.

"I feel it gives a nice advantage when you're facing simple challenges, like talking to a new person or even just facing a group of people. ... People can feel that empowerment that comes along with martial arts."

Their lessons in resilience paid off during the COVID-19 pandemic. In addition to offering all of their regularly scheduled classes online when public health restrictions closed the dojo's doors, they raised money through catering.



EXPRESS PHOTO SUPPLIED BY DARRYLL ESCH

Nicole and Darryll Esch have trained in martial arts for over 20 years and are now offering martial arts classes once a week at Fisher Branch Collegiate.

"We created a food fundraiser. My parents have 40 years' worth of experience in catering, so we just started selling high-quality restaurant food."

Dojo continues to sell several chicken, steaks and entrees for pickup at their location in Winnipeg to support the studio.

To learn more about Dojo Physical Arts, visit [dojogo.ca](http://dojogo.ca) or visit the Dojo Physical Arts Facebook page.

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EMPOWERMENT THAT COMES ALONG  
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# Hats off to Interlake-Eastern RHA health-care heroes

By Jennifer McFee

Local health-care heroes have earned recognition for their top-notch work.

Interlake-Eastern Regional Health Authority announced the recipients of this year's Chair's Award in Excellence in Customer Services.

Brittany Klassen, a licensed practical nurse in Stonewall, was one of the award winners.

Registered nurse Lisa Taplin nominated Klassen for the



EXPRESS PHOTO SUBMITTED

Brayden Harder, left, and Kim Dubek received an honourable mention for the IERHA Chair's Award in Excellence in Customer Services.

award.

"It has not been easy to work in health care these last couple years. I feel now, more than ever, we need to band together and acknowledge when people are doing an excellent job," Taplin said.

"Britt is a smart, compassionate and resourceful nurse who takes her job and the care of others seriously. She goes above and beyond for patients and families. She deserves this award and we are truly lucky to have such a great team of health-care workers here in Stonewall."

Klassen expressed gratitude for the recognition — and for her caring coworkers.

"I am extremely touched by Lisa's kind words about me, and I feel incredibly blessed to be part of the team at Stonewall Hospital. I was honoured to receive this award," she said.

"Working this job is not easy, but despite its challenges, my coworkers are always willing to lend a helping hand and they add humour to a difficult shift or situation. Having a loving work family is worth so much to me. Providing care to my patients brings me joy."

Arborg-based paramedics Kim Dubek and Brayden Harder also received an honourable mention, even though they weren't nominated for a chair's award.

The duo saved the day when they noticed a grass fire near Ashern while on their shift. They responded quickly and called for fire fighters. Since the fire was spreading quickly, they alerted the occupant of a nearby house. He was able to get out of the home, along with his dog, minutes before the house went up in flames.

In addition to being recognized by the health authority, Dubek and Harder received the St. John's Ambulance gold medal for bravery life-saving award.

"It feels amazing. It's unbelievable. Brayden and I are still quite shell-shocked over the whole thing," Dubek said.

"We're flabbergasted that it's being made into such a thing. We were just doing our job, and we were glad we were able to help and assist when we did."

Despite the pressure of being a paramedic, Dubek believes the role comes with its rewards.

"It can be very intense and it can be very rewarding. The wide variety of situations that we come into and people that we meet always makes it very rewarding," she said.

"You get very tired and you get very stressed, but it's also



Kim Dubek, left, and Brayden Harder received the St. John's Ambulance gold medal for bravery life-saving award.

really amazing to know that you've made an impact on someone's life, that you were there to help someone on possibly the worst day of their life." For Harder, it's all about being in the right place at the right time.

"I feel that everyone starts in this career with a general desire to help people. That's where it all stems from. Definitely that's where our hearts are," said Harder, who is also a member of the Matlock Fire Department.

"So, for us, we were in the right place, right time. I was in that position where I have fire training, so it was nice to be able to help."

The other chair's awards recipients are nurse practitioner Cassandra Hnatishin and receptionist Drew Peacock in Pine Falls, FASD co-ordinator Devon Ungurain in Beausejour, and acute care director Kate Hodgson at Selkirk Regional Health Centre.

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# Zebra mussels pile up along beaches south of Gimli

By Patricia Barrett

The meaning of invasive species was brought home to Gimli and its formerly pristine beaches along Lake Winnipeg, and it's a good thing summer's over because nobody would enjoy a day at the beach.

Residents and politicians taking part in the annual Walk to the Rock event on Oct. 21 (to honour the first Icelandic settlers to the region) had to slog through long stretches of mussels on beaches near the South Beach neighbourhood of Gimli and southwards towards Willow Island.

Mussels were swept up on beaches fronted by homes and cottages and on empty stretches of beach. They were also seen in the shallow areas of the lake, getting turned over in the waves. In some places the mussels had accumulated in piles up to a foot or more deep, with a rank fishy odour emanating from them. In others, they had washed up as far as the treeline. Clumps of mussels attached to rocks and driftwood were scattered across the sand.

Commercial fisher Robert T. Kristjanson said he's disturbed to learn of the mussels washing up in such great numbers.

"When we were kids, we'd walk to the rock on those beaches," said Kristjanson, who is 88. "That's 80 years ago. The beaches were spotless then. We would even drink from the lake."

They also used to swim in the lake, he said, without fear of cutting their feet and ankles on the invasive species' piercing shells.

When he saw what was happening with zebra mussels on Lake Erie during business trips (commercial fishing-related trips) to Ontario decades ago, Kristjanson said he reached out to federal and provincial politicians, who had also been warned by scientists about possibility of the mussels spreading from the Great Lakes where they were first introduced.

"I've seen this on Lake Erie. I've seen



Mussels were a foot deep in some areas.

it on other lakes. Our governments had lots of warnings. The federal government wouldn't listen to me about these mussels. The province wouldn't. Maybe they could have done something to slow this down," said Kristjanson.

He predicts it's going to get much worse as the mussels proliferate, he said, and as other invasive species spread into Manitoba.

"There are more invasive species coming here. Zebra mussels are just one species. This is just the beginning. It will get worse. Great big mounds will come after a storm," said Kristjanson. "Every time I lift my nets, I have to pick off great big chunks of mussels. We were hoping some of the fish would eat them."

Kristjanson said anglers are to blame for spreading the mussels between lakes — and the province, too, for focusing on making money from angling to the detriment of the environment.

"If the two women trying right now to become premier of Manitoba don't clean up our lake and protect our groundwater, the Conservatives can expect other parties to win the next election," said Kristjanson.

How the mussels will get cleaned up is unclear as neither the province nor the municipality believes it's their responsibility.

Gimli Mayor Lynn Greenberg said last Friday he hadn't been informed of the presence of zebra mussels on beaches to the south of town.



EXPRESS PHOTOS BY PATRICIA BARRETT

People talking part in the Walk to the Rock on Willow Island last Thursday had to slog through long swathes of mussels

"It should be [the provincial department of] Conservation cleaning this up," he said. "All that dead fish we got a year or two ago that suddenly washed up on shore — we had to clean that up. Conservation didn't do it."

A provincial government spokesperson said mussel clean-up is a local responsibility and requires a permit.

"Zebra mussel clean-up from shorelines is a local matter," said the spokesperson last Friday. "If you are looking to remove zebra mussels from shore-

lines such as your beachfront property, you must have an Aquatic Invasive Species (AIS) permit. AIS permits are reviewed on a case-by-case basis and may contain unique permit conditions."

To obtain a permit, people must provide the province with identifying information such as name, address and contact information and a "planned zebra mussel disposal method," added the spokesperson.



The beach near Gimli's South Beach neighbourhood (looking north) was covered with mussels.

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# Century-old church burned to the ground earlier this month

By Sydney Lockhart

The historical church on Camper Road was burned down to its foundation on Oct. 16, and the owner says he believes it was arson.

By the time Ken Windross, the property owner, had heard the church he owns was on fire, it was already too late. A similar incident happened only three months earlier when Bibles and other objects were piled in the centre of the church and lit on fire in an attempt to burn the building down.

The first attempt was unsuccessful as a local man held the fire at bay until the Ashern Fire Department could put it out and save the building.

"I hope the person or persons who burnt this piece of history down is proud of themselves. It does not take any intelligence to commit such crimes," said Windross.

He said he believes the same person was responsible for both fire incidences because both times the only trace of someone being at the church he could find were quad tire tracks.

The Lutheran church was built over 100 years ago by the Otto family and others. At the time of the fire, Windross said he was in the process of getting prepared to move the building a few miles closer to his home to start restorations on the building.

"I'm not sure what road we're going to take. I'd like to build a replica of that church. Same size, actually, but I'm going to have to see if there's any help or guidance for funding or something," he said.

Windross said he had big plans for the church and hoped to start a community centre in the restored building to give something back to the community.

"If this was done because of an issue with me, you have done nothing but hurt the people that could have used this at no cost," he said. "To burn churches and Bibles is an act against God."

After losing his building for his



The Lutheran church on Camper Road was burned to the ground on Oct. 16.

plans, Windross has not given up on his plan to create a community centre to pay homage to the families and history of the church.

"I got so many volunteers. People are asking me to do something. Carpenters are volunteering to do labour and stuff like that," he said.

He added that he wants the replica to be as exact as possible and have the only thing missing be its 100-year-old age.

Seventy-one-year-old Windross is currently in the process of getting quotes for the materials needed to build the new replica and is considering letting community members who have reached out create a GoFundMe page to cover the costs. He believes he already has enough volunteers to rebuild that he wouldn't need any funding for labour costs.

The church was planned for horse clinics, weddings, gatherings, funerals and children's programs such as art classes. Windross is a woodcarver who wanted to be able to teach others how to get started.

"I think maybe it'll maybe be an eye-opener for some other people who say, 'Hey, maybe we better watch our communities more.' Maybe we should get involved," he said.

Windross said he hopes to rebuild to bring his community back together again and hopefully prevent crimes within the community.



EXPRESS PHOTOS SUBMITTED

The Lutheran Church was over 100 years old and was built by local families.

## get inspired

> MEAL IDEAS



### Sorghum Split Pea Soup

Recipe courtesy of the United Sorghum Checkoff Program, National Pork Board and USA Pulses

Prep time: 20 minutes  
Cook time: 60 minutes  
Servings: 6 (1 1/4 cup each)  
1 1/2 tablespoons olive oil  
1 onion, chopped

3/4 cup sliced carrots  
3/4 cup sliced celery  
salt, to taste  
pepper, to taste  
1 1/2 teaspoons minced garlic  
6 cups no-salt-added chicken stock  
1 1/4 cups green split peas  
1 small ham bone  
2/3 cup chopped ham  
2/3 cup pearled sorghum  
4 sprigs thyme  
2 bay leaves  
1 1/2 tablespoons Worcestershire sauce  
chopped fresh thyme (optional)  
cracked black pepper (optional)  
In 4-quart stock pot or large pot, heat oil over medium heat. Add onion, carrots,

celery and garlic; season with salt and pepper, to taste, and cook, stirring occasionally, 10-12 minutes, or until onion is tender. Add chicken stock, split peas, ham bone, ham, sorghum, thyme sprigs and bay leaves. Bring to boil; reduce heat and simmer, covered, 45-60 minutes, or until split peas are soft and sorghum is tender.

Remove ham bone, thyme sprigs and bay leaves from soup. Remove ham from bone, chop ham and return to pot. Discard bone, thyme sprigs and bay leaves. Add Worcestershire sauce and season with salt and pepper, to taste.

Garnish with chopped fresh thyme and cracked black pepper, if desired.



# Using pandemic time to perfect pottery

By Sydney Lockhart

A bucket list item for Laura Yanishewski became her passionate hobby after she tried creating pottery for the first time in her life.

"It's something I always wanted to do," she said. "I don't consider myself an artist, but I've always just been amazed watching. I've always loved pottery. I was collecting it."

She joined the art club in Gimli just before the pandemic hit North America, getting the feel of working with clay for the first time.

When businesses and community centres started to shut down, she bought herself a kiln and a wheel to be able to learn her new hobby at home.

"I didn't really have anybody that I could ask, so that sort of made it difficult," she said. "Like, I had a lot of failures, the clay flying off the wheel."

Yanishewski added that she likes the feeling of contributing to dinners by creating the plates and bowls that her family eats off.

"I've always really loved pottery and just watching or seeing how people can create that from, like, a lump of clay, it just amazed me," she said.

YouTube videos and Facebook groups helped Yanishewski start to branch out from soap dishes to things like bowls and ring holders. She used tutorials to teach herself most things she makes now.

"I have made mugs for family for Christmas, but I hate handles," she said. "I'm going to try and get back into them. I just love the wheel and the day just flies."

She recently participated in two local farmers' markets because she had such an excess of pottery that she had nowhere to store. She said she doesn't want to make her hobby into a small business right



Yanishewski taught herself how to make pottery over the pandemic and sells her pieces at local craft markets.

now, but she will show up at markets whenever she has a lot of her work sitting around.

"Pottery, I could do it every day, all day, but unfortunately I have to work," she said.

On top of finding a new hobby, Yanishewski said she also found something to fill up her time during the pandemic.

"It was so hard because when COVID first did start when we weren't allowed to see anyone, I've got two little grandchildren just three quarters of a mile away and this just saved me. Like, it calmed me and filled my time," she said.

Yanishewski said she wished she had found the hobby sooner in her life and that her friends and family have been very supportive.



EXPRESS PHOTOS SUBMITTED

Laura Yanishewski sits at her pottery wheel where she spends hours creating new pieces.

"My girlfriend has a shelf in her house that is just full because every time I make something, she gets the first piece. She's got some really bad pieces," she said.

## Deadline to use Denture coverage

BY ELISHA VANDOR

When it comes to dental insurance, the best formality to follow when wanting to claim your unused dental insurance before year end is to act fast! The benefit of acting fast is to predetermine exactly how much insurance coverage you'll receive prior to starting any denture procedure, which means more money in your pocket.

### Utilizing your denture insurance benefits starts with one phone call...

Call our office and book a free consultation with Brock or Matthew, the Denturists. The consultation appointment is the most important step because the insurance company needs to know the exact procedure (specifically procedure codes) in order to determine coverage. Once we've figured out the procedure, one of our lovely receptionists follows the protocol for submitting predeterminations, which ensures a timely response. For some providers (like Blue Cross) coverage response can be immediate; however some insurance companies processing times are long than expected this year. For most plans, any unused coverage in 2021 is non-recoverable and essentially money down the drain when your plan restarts January 1, 2021.

2. Insurance companies often have a time limit as to how often they cover certain procedures, most commonly, you are eligible for relines every 3 years and new dentures every 5 years. Routine services, such as check-ups, cleanings, or repairs are usually covered every year.

Brock finds that dentures perform the best if they're replaced every 7-10 years. Heavy chewers typically need to replace their dentures every 5 years due to faster wear and tear. Relines are commonly required every 3-5 years, especially on the lower denture where bone loss affects the looseness greater than the upper.

A common strategy to use your benefits efficiently is to book some treatment at the end of the year and the rest of the treatment after January 1st, as this is when most plans restart

3. If you have a consultation in early to mid November, we will have time to finish the services before year end. Typically, new dentures take four appointments, and are scheduled twice per week, but dentures can be made in as little as one day if we have enough notice! Don't delay today because your denture insurance coverage won't stay. Book your free consultation.



- supplied photo -

Manon is Vandor's "Insurance Guru" and loves to assist patients in getting the most from their denture insurance coverage.

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# Interlake paramedics put in 'dangerous and dire' situation

By Patricia Barrett

The union representing rural paramedics says the provincial government is endangering residents and paramedics in the Interlake through paramedic vacancy mismanagement, and could make the situation worse by co-opting Interlake paramedics and their ambulances to provide service to Winnipeg.

The Interlake region, part of the Interlake-Eastern Regional Health Authority (IERHA), is suffering from a critical paramedic staffing shortage and a province unwilling to fill vacant positions in order to save money, said Manitoba Association of Health Care Professionals (MAHCP) president Bob Moroz.

"Our members are being asked to work crazy and dangerous amounts of overtime, and we're not able to cover the province like we should, so our response times go up," said Moroz last Friday. "The sooner you can get to someone in an emergency, the better off that person will be, generally. It's a really dangerous and dire situation right now."

Every day sees a shortage of ambulances because paramedic shifts aren't filled. The IERHA has 50-60 paramedic positions available and Shared Health, the provincial organization responsible for delivering health services, needs to take a step forward and start hiring, he said, because they're "desperate" just to get back to base staffing levels in order to avoid the "enormous shift shortages."

Last Thursday (Oct. 21), for instance, the IERHA had 16 open paramedic shifts in the Interlake area that weren't filled, said Moroz. That's a significant shortfall for such an expansive geographic area, where paramedics can be on the road for hours and which sees regular emergency room closures because there aren't enough physicians to staff them.

"We're not seeing paramedic hires happening. There's no urgency from Shared Health or the government to start filling positions so that we don't have 16 empty shifts on one day in the Interlake," said Moroz. "This is unacceptable. It's unconscionable they're allowing this to continue without an urgent plan to address the issues we've talked about for so long. This is where the danger comes in."

The paramedic staffing crisis didn't arise as a result of the COVID-19 pandemic, said Moroz. It has been festering for a decade or more. All the pandemic did was shine a spotlight on it.

"The pandemic is not responsible for where we are today; this is the result of years of inaction by government," he said.

Excessive overtime, lower pay than city counterparts and an unresponsive government are taking a toll on rural paramedics' mental health, said Moroz. As professionals, they want to provide the best and most timely care they can.

"The situation they're finding themselves in is weighing on them psychologically. They know the impact of taking longer to respond even though they know it's not their fault," said Moroz. "The government refuses to staff us appropriately, refuses to deal with recruitment and retention and scope of practice issues — and it's so mentally draining. The morale of our paramedic group is so low that I'm actually worried for a lot of them."

What could exacerbate the crisis is Shared Health's plan to use rural paramedics to provide interfacility patient transfers within the city of Winnipeg, said Moroz. When an Interlake ambulance delivers a rural patient to a Winnipeg hospital for tests or treatment, it could be seconded to fill a city service gap.

"[Shared Health] will be, where necessary, moving our rural crews around in Winnipeg," said Moroz. "And some of the fears I've heard from our paramedics is that [EMS] close to Winnipeg, like in Stonewall and West St. Paul, could be summoned to Winnipeg for direct calls. We're seeing that in Brandon where some of our rural paramedics are being called to primary calls. And every time that happens, it takes that service away from the region where those paramedics and their ambulances are supposed to be."

Winnipeg has its own ambulance fleet and paramedic service, he said, and offers a higher pay scale than rural health regions. Winnipeg paramedics earn "at least 25 per cent more" in base wages in a lot of cases. They don't have to determine what hospital emergency room is open or closed the way Interlake paramedics do on a daily basis, and they also don't have to care for patients over long distances.

Because of pay differences, new graduates will be drawn to higher paying paramedic positions in the city with the "same [job] requirements," said Moroz. That, along with a lack of availability in rural regions to move up a job classification ladder and "practise to a higher scope," is a significant recruitment and retention issue — and it's not being addressed by government.

Moroz said the union has regularly reached out to the government to discuss the "very dire situation" they're facing. He did have a brief meeting with the health minister recently but has yet to hear back from her regard-



EXPRESS PHOTO BY PATRICIA BARRETT

The province's Shared Health organization, which oversees ambulance services, will be putting rural paramedics to work in Winnipeg.

ing possible solutions MAHCP put forward.

The government's health-care system overhaul may provide better ways to do things, but it will still require enough paramedic staff to do the work and have them where they need to be so that they can respond to Manitobans within a "reasonable" timeframe, Moroz added.

The *Express* asked Shared Health why it isn't responding to the paramedic crisis in the Interlake and why it's considering using Interlake paramedics for Winnipeg service while staffing levels in the Interlake continue to suffer.

A spokesperson for the organization said "rural paramedics" could be asked to complete interfacility transfers when in Winnipeg in order to make the best use of resources.

"Earlier this year, protocols were put in place that allow ambulances from rural communities to complete transfers within the city of Winnipeg," said the spokesperson. "In order to make efficient use of ambulance resources, paramedics waiting to return a patient home for prolonged periods of time may be asked to complete interfacility transfers within Winnipeg."

As of last Friday, no IERHA ambulances had "completed a trip within the city of Winnipeg," said the spokesperson.

Staffing of "emergency response services" in rural regions has historically been challenging, the spokesperson said, with long-standing vacancies "exacerbated by the health system's ongoing response in the COVID-19 pandemic."

"Significant efforts to ensure appropriate staffing levels across emergency response services are ongoing and include recruitment initiatives, engage-

ment of relief staff and contracted service partners, and the development of long-term human resource workforce strategies," said the spokesperson. And the government's ongoing transformation of the health-care system aims to "enhance ambulance service in communities by having less urgent interfacility transfers utilize different transportation methods."

Those different transportation methods weren't stipulated.

In addition to ground ambulance care, Interlakers rely on STARS air ambulance for critical and timely care.

STARS, which is funded by a number of sources including government, donations and lottery earnings, completed 657 missions across Manitoba in the 2020-2021 fiscal year, according to its website.

The helicopter transports critically ill or injured patients and undertakes interfacility transfers. Over the past few weeks in the Interlake, STARS responded to scene call emergencies and interfacility transfer requests in communities such as Selkirk, Stonewall, Russell and Hecla, according to its Twitter site.

When requested, STARS provided total mission data for only the Interlake region over the past few years.

STARS' Manitoba communications officer Blake Robert said they isolated data for Interlake communities — the western half of the IERHA — and determined the number of missions (interfacility transfers and scene calls) that occurred across two fairly similar date ranges.

"Between March 1, 2020, and Dec. 31, 2020, STARS carried out 153 missions in the Interlake region," said Robert. "Between Jan. 1, 2021 and Oct. 21, 2021, STARS carried out 160 missions in the Interlake region."

# sports&recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Thunder tame Tigers 30-0

By Brian Bowman

After three consecutive losses, the Interlake Thunder are now on a two-game winning streak.

Interlake crushed the Neepawa Tigers 30-0 in Rural Manitoba Football League action last Friday in Stonewall.

What a turnaround to the Thunder season.

"It's a real testament to the hard work," said Thunder head coach Mitch Obach. "We really felt that when we lost that second game we had another good week of practice, it was kind of a stinker our third loss, but they came back and worked hard. Everyone was at practice giving it their all and they were learning and they're finally seeing results."

Interlake led 7-0 after the first quarter and 16-0 at the half. After a scoreless third quarter, the Thunder scored a pair of majors in the fourth.

Bryant Case was 4-for-4 on convert attempts.

Interlake dominated most of the game.

"We felt that we were in control the whole way through," Obach said. "They really couldn't do much of anything against our defence. If they got a play on us, we just buckled down and stopped the next (play). When your defence is playing like that, and our offence is typically the ground game with long drives, it feels like we have the ball two thirds of the time and it's pretty nice."

Interlake quarterback Kaiden Kendel had another strong game with 24 carries for 222 yards and two touchdowns. He was 5-for-12 passing

for 122 yards.

Thunder running back Lee LaPierre was also very good once again with 18 carries for 172 yards and two TDs.

Defensively, Alex Luke led Interlake with 12 tackles, four assisted tackles, and a fumble recovery.

Ryan Wilson and William Summers combined for a safety on a quarterback sack.

The Thunder (2-3) will play the Tigers (3-2) on Friday at the Neepawa Area Collegiate in their final regular-season game. Game time is 4:30 p.m.

Interlake has a shot at finishing the regular season at .500.

"We're really thinking about that as a possibility," Obach said. "If we can improve again and have another strong outing, then I think we have a chance. The one thing that we have not done yet is win a game on the road so that's something that we have to figure out."

In playoff action last Sunday in Stonewall, the Thunder Atoms defeated the Falcons 50-44 in their semifinals and will now play St. James in the final on Saturday (9 a.m.) at Civic Park (East Side).

Interlake's PeeWee team, meanwhile, beat Eastman 46-28 in their semifinal matchup and will now take on Eastside on Sunday (9 a.m.) at Civic Park (East Side).



EXPRESS PHOTO BY JO-ANNE PROCTER

The Interlake Thunder's Tucker Knutson is being chased by a Neepawa Tigers' player during Rural Manitoba Football League action last Friday in Stonewall. Interlake won the game 30-0.

## McCorrister scores twice in Bisons' OT loss

Staff

Peguis' Linden McCorrister scored twice in the University of Manitoba Bisons' 4-3 overtime loss to the UBC Thunderbirds in men's hockey action last Saturday in Winnipeg.

McCorrister finished the game with five shots on goal. The former Interlake Lightning forward played one season with the Manitoba Junior Hockey League's Swan Valley Stampede and then four more with the Western Hockey League's Brandon Wheat Kings.

McCorrister also played four games with the University of Regina during the 2019-20 season.

UBC also defeated Manitoba 4-3 on Friday.

With the two losses, the Bisons'



Linden McCorrister

record dropped to 1-2-1.

Manitoba is back in action Friday when it hosts the Saskatchewan Huskies.

## Peguis splits weekend series with Cross Lake

Staff

The Peguis Juniors split a weekend road series with the Cross Lake Islanders.

Cross Lake salvaged the split after a 7-5 win in Keystone Junior Hockey League action on Sunday afternoon.

Ayden Daniels scored twice for Peguis while Sundance Paul had a goal and two assists. Gabriel Beaulieu and Marcus Crate also scored for the Juniors.

Tyrese Bear stopped 41 Cross Lake shots.

On Saturday evening, the Juniors scored four first-period goals in a 7-4 victory over the Islanders.

Peguis' goals were scored by Beaulieu (three), Bobby Orr-Roulette (two), Darian Murdock and Keelin Levesev.

Beaulieu finished the game with four points while Orr-Roulette and

Paul each had three points.

Bear made 49 saves for the victory.

With the split, Peguis is now 1-3 and in fourth place.

Peguis started its season with a 9-5 home loss to the NCN Flames on Oct. 16.

Darian Murdock (two), Paul, Jamie Maytwayashing and Dorion Cameron scored for the Juniors.

Bear made 22 saves in the losing cause.

The next afternoon, NCN defeated Peguis 9-1.

Paul scored the Juniors' lone goal in the first period.

Bear and Dylan McNab split the goaltending duties for Peguis.

The Juniors will host the OCN Storm this Saturday (7:30 p.m.) and Sunday (1:30 p.m.).

# Get your curling fix with the Arborg-Bifrost Parks and Recreation

By Patricia Barrett

Get your rocks roaring down the ice this winter with the Arborg-Bifrost Parks and Recreation Commission, which has a variety of programs for the seasoned and novice alike.

Recreation director Tom Chwaliboga said everyone is welcome to get their “curling fix” and their “rocks roaring” at the Arborg Curling Rink.

The commission is offering men’s and ladies’ curling leagues, the ever-popular doubles curling, youth programs and drop-in games.

“Doubles curling is a fast-paced game with two people per team. Players throw a total of five rocks per end,” said Chwaliboga. “This year, teams can be composed of any combination — men, ladies or mixed. With games taking approximately one hour, it’s a great way to enjoy curling.”

Doubles curling will be held on three Wednesday evenings each month.

The commission also offers two leagues for youth curlers. The Little Rocks program introduces the game to youth in grades 3-5 while the Junior Curling program works with youth in grades 6-10 and helps them develop their skills. The programs will be of-



PHOTO BY TOM CHWALIBOGA  
The Arborg Curling Rink has a variety of programs this winter for adults, youth and families.

ferred on two Thursdays each month from 4 to 6 p.m.

The drop-in program, called Sticks and Stones Curling, will be offered on Tuesday afternoons starting at 1 p.m. The program costs \$5 and will get participants a game and a coffee.

Get some friendly competition going against other families with the rink’s Family Fridays program.

“Family Fridays is open to any



EXPRESS PHOTO BY PATRICIA BARRETT

The Arborg Curling Rink with its iconic rock monument is located beside the arena, just off Ingolfs Street.

family who wants to come out and throw some rocks, play a couple ends against other families and basically have some fun,” said Chwaliboga. “It’s offered once a month from November to March and drop-ins are welcome.”

The rink usually has enough supplies of curling equipment, he said,

but people should bring a “clean pair” of running shoes and wear comfortable clothes such as sweat pants and a spring jacket.

For more information about Arborg’s curling programs, call Tom Chwaliboga at 204-376-5576.

## Fleury captures second slam

By Ty Dilello

East St. Paul’s Tracy Fleury captured her second Grand Slam of Curling event over the weekend as they defended their title at the Masters in Oakville, Ont.

It took an extra end battle with fellow Manitoba rink Jennifer Jones in the final. But in the end, Fleury made a double with her final rock to win the game 9-7.

“We’re really excited,” Fleury said. “That was quite the battle, a really exciting game. We’re very happy.”

Skip Tracy Fleury, third Selena Njegovan, second Liz Fyfe and lead Kristin MacCuish earned \$33,000 for their efforts. They are now poised as one of the favourites to look out for at next month’s Olympic trials.

“We’ve been working really hard just trying to get ready for the Olympic trials next month,” Fleury said. “It’s definitely a big confidence boost heading in.”

Gimli’s Kerri Einarson qualified and reached the quarterfinals of the event before falling to the eventual winner Tracy Fleury by a 6-2 scoreline.

West St. Paul’s Mike McEwen and

Morris’ Jason Gunnlaugson competed on the men’s side at the Masters, but both failed to reach the playoffs.

Kaitlyn Jones of the Assiniboine Memorial Curling Club in Winnipeg (with Marquette’s Sara Oliver at lead) travelled to Saskatoon, Sask., last week and competed at the SaskTour Women’s Nutana event. It was an excellent weekend for Jones as they reached the final after winning five straight games. However, they unfortunately lost the final to Regina’s Jessica Mitchell 6-2.

In other curling-related news, the Olympic pre-trials are being held this week in Liverpool, N.S., and a handful of Manitoba teams have made the flight over to the east coast to compete.

On the men’s side, there is Winnipeg Beach’s Pat Simmons (featuring the Lott brothers and Stonewall’s Emerson Klimpke), Morris’ Jason Gunnlaugson, Assiniboine Memorial’s Braden Calvert and Deer Lodge’s Sean Grassie, while the women have Altona’s Mackenzie Zacharias, Beth Peterson and Darcy Robertson (both out of Assiniboine Memorial) com-



EXPRESS PHOTO BY GRAND SLAM OF CURLING

Team Tracy Fleury out of the East St. Paul Curling Club took home the Grand Slam of Curling Masters event over the weekend in Oakville, Ont. Pictured left to right: Tracy Fleury, Selena Njegovan, Liz Fyfe and Kristin MacCuish.

peting.

The event began Monday and will go on until the finals on Sunday. The men’s and women’s teams both feature 14 teams from across Canada competing for two berths to the main Olympic trials, which will take place in November in Saskatoon, Sask.

The 14 rinks are split into two pools of seven where they compete in a sin-

gle round robin. From there, the top three teams in each pool advance to take part in a modified playoff format to play down for the two Olympic trials berths.

Every draw at the pre-trials will be streamed online on YouTube, while the playoffs will be broadcasted later in the week on TSN.

# U17 Interlake Lightning lose to Eastman Selects

## Staff

The Interlake Lightning was defeated 10-4 by the Eastman Selects in U17 AAA boys' hockey action last Friday in Warren.

Adam Vigfusson played a strong game for the Lightning, netting a hat trick and finishing the game with four points.

Hayden Kaczorowski was also very good with a goal and three assists.

Eastman's goals were scored by Calem Normandeau (two), Luke De-

Gagne (two), Sam Frechette, Kailen Penner, Avery Laliberte, Easton Gaffray, Mason Hooper and Mario Gagnon.

Lightning netminder Alex Meyers stopped 43 Eastman shots.

Interlake was scheduled to play the Winnipeg Wild last Thursday but no score was posted on the league website at press time.

The Lightning will play the Winnipeg Thrashers on Wednesday (7:15 p.m.) at the Seven Oaks Sportsplex.

Interlake will then host the Brandon Wheat Kings on Sunday (2:30 p.m.) in Warren.

The U15 AAA Lightning, meanwhile, lost 7-2 to the Winnipeg Bruins Black last Wednesday.

Interlake's Dainen Jacobson scored in the second period while his teammate Blake Farthing tallied on a penalty shot in the third. Farthing had two points in the game.

The Bruins Black's goals were scored by Tyreece Pattyn (three), Tyler Free

(two), Connor McKay and Antonio Cotroneo.

Nathan Meisner and Braedan Cormack split the goaltending duties for the Lightning.

Interlake will play the Pembina Valley Hawks on Saturday (5:15 p.m.) in Morden and then will take on the Winnipeg Thrashers Gold Sunday (4:30 p.m.) at the Seven Oaks Sportsplex.

## Hockey Manitoba announces launch of the 2021 Western Regional Women's U18 Championship

### By Hockey Manitoba

Hockey Manitoba, Hockey Saskatchewan, Hockey Alberta and BC Hockey announced the launch of the 2021 Western Regional Women's U18 Championship which will take place Nov. 1-6 at Stride Place in Portage la Prairie.

Following the cancellation of the 2021 National Women's U18 Championship, which is a key part of the development process for Canada's high performance U18 female athletes,

Hockey Canada's four western provincial hockey branches agreed it was important to hold an event for these athletes. The goal of this event is to provide an elite development opportunity while also furthering the development of female hockey in western Canada.

Planning and co-ordination has been a collaboration between the western branches, with welcomed support, guidance and funding from Hockey Canada.

The 2021 Western Regional Women's U18 Championship is a four-team tournament consisting of a three-game round robin, semifinals, bronze-medal game and a gold-medal game.

Games will be open to the public based on the most recent public health orders with admission being charged at the gate.

Schedule and event information will be available soon on each of the western branch websites.

The Female Program of Excellence is designed to provide high-performance female players with the opportunity to develop advanced skills as well as an introduction to the concepts needed to play at an elite level. Players from the Program of Excellence go on to play at the USport, NCAA and international level.

# U18 Lightning sweep Southwest Cougars

## By Brian Bowman

The Interlake Lightning had a great road trip to Souris last weekend.

Interlake swept the Manitoba U18 AAA Hockey League two-game series after a 2-1 victory on Sunday afternoon.

Hayden Wheddon scored the game winner on the power play in the third period.

Kaydyn McMahon gave Interlake a 1-0 lead with a power-play goal late in the first period.

Nate Robson then tied the score at 1-1 at 7:05 of the middle frame.

Zach Meadows made 34 saves for the win.

On Saturday evening, Interlake snapped a 1-1 third-period tie with three unanswered goals in a 4-1 victory.

After a scoreless opening period, Interlake's Andrew Thevenot and Southwest's Jayce Thompson traded goals in the second.

In the third, Joel Purdom, Wheddon, on the power play, and Alexander Kaczorowski scored for the Lightning.

Purdom finished the game with three points while Wheddon and Thevenot each had two points.

Ty Hogue made 38 saves for the victory.

Interlake, now 3-5, will play the Winnipeg

Wild three times this week, beginning on Wednesday (8 p.m.) in Teulon.

The two teams will play Friday (7 p.m.) at the Bell MTS Iceplex and then on Saturday (7:30 p.m.) in Teulon.

Interlake will then host the Norman Northstars on Sunday at 1:30 p.m.

In U18 AAA female action, Interlake was blanked 6-0 by the Pembina Valley Hawks in Morden on Sunday.

Abbey Bourdeaud'hui (two), Anika Braun (two), Gracie Carels and Caitlin Anderson scored for the Hawks.

Katelyn Dorsch stopped 37 Pembina Valley shots.

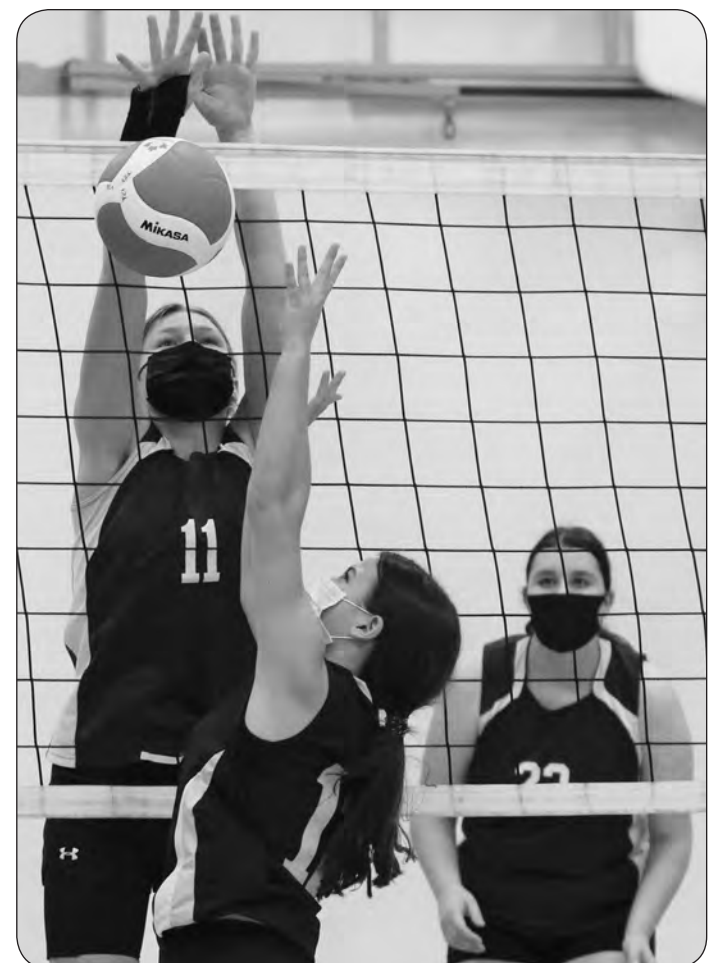
On Saturday, the Lightning lost 4-0 to the Central Plains Capitals in Portage la Prairie.

Central Plains, which held period leads of 1-0 and 3-0, received goals from Taylor Bell, Danika Botterill, Ava Matthews-McCulley and Brynn Tosh.

Rachel Hallderson made 37 saves in the losing cause.

The Lightning's next regular-season game isn't until Nov. 13 when they battle the Winnipeg Avros at the Seven Oaks Sportsplex.

## Blocking the competition



**EXPRESS PHOTO BY JO-ANNE PROCTER**  
Arborg Collegiate's Kylee Emms-Finnsson goes up for a block at a mini tournament in Teulon on Oct. 18. Arborg finished that tournament in first place.

# Fishermen down Ice Dawgs

**Staff**

Sunday's matchup between the Selkirk Fishermen and the Arborg Ice Dawgs was a battle between the Capital Region Junior Hockey League's top two teams.

And Selkirk left Arborg with bragging rights after a 6-4 victory.

Travis Spratt had a tremendous game for Selkirk with three goals while Raymond Hefferman, Kyle Folhoffer and Nolan Milgaard also tallied.

Spratt leads the league in goals (eight) and is second in points (nine).

Kalan Guimond (two), Jack Einarson and Austin Adair replied for Arborg. Jack Einarson leads the league with 10 points (five goals, five assists) in just

four games.

Owen Derewianchuk made 46 saves for the victory while Tre Strachan stopped 36 Selkirk shots.

With the win, the Fishermen now have 12 points while the Ice Dawgs have nine.

Last Friday, Arborg lost 5-4 to the Lundar Falcons.

Trailing 4-3 in the third period, Lundar's Ryan Gleich and Andrew Henry tallied for the comeback win on home ice.

Gleich finished the game with three goals while Zachary Halldorson also scored for the Falcons.

Logan Clarke, Preston Seymour, Guimond and Noah Johnson replied

for Arborg.

Jonathan Campeau made 32 saves for the victory.

Arborg visited the North Winnipeg Satellites on Tuesday but no score was available at press time. The Ice Dawgs will play the Fishermen in Selkirk on Saturday for a 7:30 p.m. game.

Meanwhile, Lundar played to a 5-5 tie with the St. Malo Warriors on Sunday.

Jayden Timlick, Gleich and Jayden Allary each scored once and had an assist for the Falcons. Riley Wirgau and Henry scored Lundar's other goals.

St. Malo goals were scored by Ashton Dubois (two), Mitchell Penner,

Levi Penner and Braeden MacFarlane.

Falcons' netminder Michael Merpaw made 26 saves in the game.

On Oct. 19, Lundar lost 6-2 to the Satellites in Winnipeg.

The Falcons built a 2-1 first-period lead on goals from Logan Miller and Gleich. Carson Gudmundson assisted on both goals.

North Winnipeg goals were scored by Jordan Klippenstein (two), Russell Listmayer, Daniel Valente, Gavin Miller and Damian Aikman.

Merpaw made 27 saves in the loss.

Lundar will host Selkirk on Nov. 5 at 8 p.m.

## take a break > GAMES

### SUDOKU

							9	
1				6				
				5		3	2	
			9			6		
			7	2				5
5		7	3					
4	7				1	2		3
	6	2	5			8		
	8							4

**Fun By The Numbers**

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

**Here's How It Works:**

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	7	9	6	3	2	5	8	1
6	1	8	7	4	5	2	9	3
3	5	2	1	8	6	9	7	4
3	5	2	1	8	6	9	7	4
5	4	7	3	6	8	9	2	1
5	8	4	2	7	1	6	3	9
3	6	7	9	3	5	4	1	8
2	3	1	4	5	7	8	6	9
8	7	1	3	9	2	6	3	5
6	6	9	3	7	9	6	8	1

Sudoku Answer


Crossword Answer

## CROSSWORD

**CLUES ACROSS**

- 1. Pouch
- 4. Cooling device
- 7. Corporate exec (abbr.)
- 10. Antidiuretic hormone
- 11. South American plant
- 12. Adult female bird
- 13. Type of snake
- 15. Soak in water
- 16. Emerge
- 19. Church tower
- 21. Having solidified from lava
- 23. Eye parts
- 24. Natural
- 25. Swiss river
- 26. Require to live
- 27. Obstruct
- 30. Immobile
- 34. Expression of satisfaction
- 35. Moved quickly
- 36. Popular cocktail
- 41. Dish detergent brand
- 45. Waxed finish
- 46. Kyrgyzstan mountain range
- 47. A place to get clean
- 50. Able to be rescued
- 54. Large, open grassland
- 55. Expressions for humorous effect
- 56. Hindu goddess
- 57. Beverage container
- 59. Long narrow hilltop
- 60. Sir (abbr.)
- 61. Data executive
- 62. Doctor of Education
- 63. Car mechanics group
- 64. Autonomic nervous system
- 65. "The Partridge Family" actress

**CLUES DOWN**

- 1. Cavalry-sword


- 2. Gland above the kidneys
- 3. Hat
- 4. Predict
- 5. A team's best pitcher
- 6. Countries
- 7. Substitutions
- 8. Peruses again
- 9. Popular food
- 13. Reciprocal of a sine
- 14. Of or relating to the ears
- 17. \_\_\_ juris: Independent
- 18. Keyboard key
- 20. Fat from a pig
- 22. AC manufacturer
- 27. Organization of N. and S. American countries
- 28. 22nd star of a constellation
- 29. Scoundrel
- 31. A way to save money
- 32. Boy or young man
- 33. Midway between northeast and east
- 37. Egg-laying mammal
- 38. Salt of citric acid
- 39. Barbary sheep
- 40. Actress \_\_\_ de Mornay
- 41. Gambling hotspots
- 42. Wing-shaped
- 43. Basked in
- 44. Poison
- 47. Beats per minute
- 48. Macaws
- 49. Military vehicles
- 51. Elderly woman
- 52. Body part
- 53. Midway between east and southeast
- 58. Forearm nerve (abbr.)

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### EVERGREEN SCHOOL DIVISION

Invites applications for the following regular position, effective ASAP:

21.0P.05 **Bus Driver – Arborg Area** (approx. 4hr/day)

See website for details and application procedures: <http://www.esd.ca/Employment> under Support Staff.

**CLOSING DATE: November 4, 2021 (3:30 pm)**

We wish to thank all applicants for their interest, however only candidates selected for an interview will be contacted.

Employment will be subject to satisfactory criminal record and child abuse registry checks. Evergreen School Division may contact former employers.

Confirmation of COVID-19 vaccination/or routine testing is required of all Evergreen School division employees.



LAKESHORE SCHOOL DIVISION

## JOIN OUR TEAM!

**Do you want to help-out your community?**

**Are you passionate about working with children?**

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Lakeshore School Division is looking for good people to add to its team. In your local schools, we are currently looking for

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- Casual Secretaries
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Send us your resume today, along with 3 references and a message indicating which communities and positions you are interested in.

**Please submit resumes to:**

**Tina Lambert**

**Box 100, Eriksdale, MB R0C 0W0**

**Phone: 204-739-2100 Fax: 204-739-2145**

**Email: [lambert@lakeshoresd.mb.ca](mailto:lambert@lakeshoresd.mb.ca)**

Lakeshore welcomes applications from people with disabilities. Accommodations may be available upon request. We thank all who apply for their interest, but only those selected for an interview will be contacted. Lakeshore School Division may contact former employers. As of October 18th, testing or vaccination for COVID is required for this position. For more details, please refer to the division's job description.

*Successful candidates must complete a Criminal Record/Vulnerable Sector and Child Abuse Registry check prior to commencing employment.*

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### MUNICIPALITY OF BIFROST-RIVERTON

## PUBLIC NOTICE PURCHASE OF A FIRE PUMPER TRUCK FOR THE ARBORG-BIFROST FIRE AND EMERGENCY SERVICES PROPOSED BY-LAW NO. 5-2021

The Council of the Municipality of Bifrost-Riverton has scheduled a public hearing in the Council Chambers at 329 River Road, Arborg on the 10th day of November, 2021 at 5:00PM to present the following general borrowing proposal:

Council is proposing to purchase a new fire pumper truck for the Arborg-Bifrost Fire and Emergency Services Department. The total estimated cost of the fire pumper truck is \$605,000.00 plus taxes, with 50% (\$302,500.00) of the cost being borne by the Town of Arborg, and the remaining balance of \$302,500.00 is to be borrowed. The amount will be borrowed over a three-year period at an estimated interest rate of 4.0%. The annual debt payment (principal and interest) of \$109,005.43 is to be recovered by a special mill rate on all taxable and grant-in-lieu properties within the Municipality of Bifrost-Riverton. Based on the 2021 Assessment roll, an estimated mill rate of 0.513 mills will be required. The general borrowing was included in the 2021 Financial Plan under Section 162 of *The Municipal Act*.

Further information/inquiries/copies of the proposal are available at the municipal office located at 329 River Road in Arborg, MB. COVID-19 Protocol: Should you wish to attend the hearing; you must wear a facemask.

Dated at the Municipality of Bifrost-Riverton this 15th day of October, 2021, and issued pursuant to Section 169(6) of *The Municipal Act*.

**Jordan Willner, CMMA**  
Chief Administrative Officer  
Municipality of Bifrost-Riverton



## Second Notice of Tax Sale Auction Town of Teulon

Pursuant to subsection 367(2) of *The Municipal Act (MA)*, notice is hereby given that unless the tax arrears for the designated year and costs shown below in respect of the hereinafter described property are paid in full or an agreement under Section 369(1)(b) MA to pay the arrears and costs has been made prior to the commencement of the auction, the said property will be sold by public auction at following date, time and place:

Date and Time: **December 10, 2021 at 2:00 p.m.**

Where: **Town of Teulon  
44 – 4th Avenue S.E., Teulon MB**

Registered Owner: **IAN THOMAS ROBERT BREMAN & AMANDA JEAN BREMAN**

Roll #	Civic Address	2019 Arrears	Costs	Total
23200	46 SECOND ST SW	\$632.52	\$5,413.00	\$6,045.52

Legal Description:  
LOT 12 BLOCK 3 PLAN 1219 WLTO IN NW 1/4 21 AND S 1/2 28-16-2 EPM

- The tax arrears amount shown above includes penalties calculated to the day of the sale.
- **Costs will continue** to be incurred to the tax sale date and added to the amount required to redeem.
- The property may be sold at the auction for less than the amount of the tax arrears and if this is the case, the balance of the arrears and costs owing is deemed to be cancelled.
- Contact the number below for verification of costs. Any overpayment will be applied to payment of subsequent tax arrears. Payment must be made by **cash, certified cheque, debit card (where available)** or any other form of guaranteed payment.
- For any inquiries regarding the tax sale process or auction, contact TAXervice at 204-734-6381.
- **IF THE PROPERTY IS SOLD, THE SALE IS FINAL AND ANY INTEREST YOU HAD IN THE PROPERTY BEFORE THE SALE WILL BE EXTINGUISHED.**
- There will **not** be an opportunity to redeem this property from tax sale and a property transfer application will proceed immediately after the auction.

Dated: October 22, 2021

Andrew Glasco  
Chief Administrative Officer  
(204) 886-2314



This Notice is published for the purpose of effecting substitutional service thereof upon AMANDA JEAN BREMAN, as set out in the Notice pursuant to Order of the District Registrar dated the September 7, 2021.

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**Please send resume or drop off at the workshop to Alex Janower, Manager Riverdale Place Workshop Inc. Box 609 Arborg, MB R0C 0A0 Tel: 204-376-5584 Fax 204-376-5584 email [riverdalew@mymts.net](mailto:riverdalew@mymts.net)**

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For more info, please see Kyle Yaciuk at our store office.

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## Rural Municipality of FISHER

Box 280, Fisher Branch, MB ROC 0Z0  
Tel: 204-372-6393, Fax: 204-372-8470

## INVITATION TO TENDER SNOW REMOVAL

For the Hamlets of Hodgson, Broad Valley and Poplarfield

Please state what equipment will be used. Interested applicants must have liability insurance and registered with Workers Compensation Board.

Equipment must be available upon request. Tenders to be dropped off at the Municipal Office, 30 Tache, Fisher Branch, no later than November 1, 2021 at 4:00 PM.

Kelly Marykuca, CMMA  
Chief Administrative Officer  
Rural Municipality of Fisher



## Rural Municipality of FISHER

## The Local Urban District of Fisher Branch SNOW CLEARING STREETS

The Local Urban District of Fisher Branch is inviting proposals for street snow clearing and removal within the village of Fisher Branch.

- Equipment required is grader, loader, and truck.
- Interested applicants must have own liability insurance coverage and must be registered with the Workers' Compensation Board of Manitoba.
- Equipment must be available upon request.

Sealed envelope to be marked "Snow Clearing Streets".

For further information, call the RM of Fisher Office at (204) 372-6393.

**Deadline** for proposals is **4:00 p.m. November 1, 2021.**

**Tenders to be dropped off at:**  
Local Urban District of Fisher Branch  
c/o RM of Fisher  
30 Tache Street, Fisher Branch, MB

### MISCELLANEOUS

Indoor Tower Garden for sale. Easily grow greens and herbs indoors. Includes 2 brand new sets LED grow lights, starter seeds, germination trays, rock wool, vermiculite and pots. Brand new water pump and timer, and 2 full sets of mineral blend plant food. \$500. Pick up in Selkirk, Manitoba. Call or text 204-485-1419.

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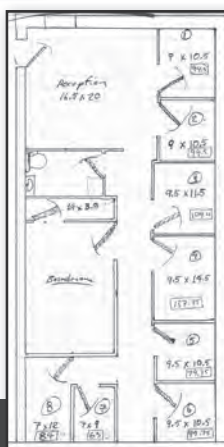
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### Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include Sun Life Financial, a Massage Therapist, an Esthetician, Glow Fitness for Women and the Selkirk Record. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.



For information please contact:  
**BIG Real Estate**  
204-485-0010

email [bigandcolourful@mts.net](mailto:bigandcolourful@mts.net)



# Announcements Classifieds



**Estate Farm auction for the late Emery Letexier. NW of Fisher Branch, timed online auction, Closing Nov 2, 2021, 6 pm payment and pickup Nov 3rd & 4th.**

John Deere 5055E, Cab loader FWA, 132 one owner hrs, Steiger st285, IH 886 w/ 3PTH, IH TD9 Diesel crawler w/ Drott loader, CIH CX50 FWA, needs engine. JD 7720, NH TR85 Combines, Trucks 76 GM, 20 Grain box, 2011 & 2002 F-150 trucks, Tillage Wischeck 26 ft disc, 20 ft Ezee on offset disc. IH 4700 Cultivators, 50 ft and 35 ft. For further Details check [www.billklassen.com](http://www.billklassen.com) click on Letexier Auction. Executor of estate: Gerald Letexier 204-308-0213 Bill Klassen Auctioneers, 204-325-4433, cell 204-325-6230

See our website [www.billklassen.com](http://www.billklassen.com) for list and pictures!



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When Stan was finally released from his terrible illness so many thoughtful and caring people reached out in many different ways to our family. Your kindness and love will never be forgotten.

-Shannon Miller and family

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## IN MEMORIAM



**Thomas George Kowalchuk**  
December 15, 1942 - November 3, 2019

Your life was one of thoughtful deeds, A helping hand to others needs. Sincere and true in heart and mind, Wonderful memories you left behind.

- Missing you, Dad and Eddie every day, with love from your whole family

## IN MEMORIAM



**Danny Trachuk**  
July 14, 1950 - November 1, 2020

We think of you always, We talk about you still; You have never been forgotten, And you never will. We hold you close within our hearts, And there you will remain; To walk and guide us through our lives, Until we meet again.

-Love you forever  
Your wife Bev;  
daughters Krisy (Dave Nahuliak) and Ashley Trachuk;  
grandchildren Kanasha, Sydney (Kudzi), Christian and Nicki Nahuliak, Raeleigh and Brixton Burns

## EMPLOYMENT OPPORTUNITY

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- Sawmill worker • Pellet Plant operator
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All applicants must be energetic, punctual, high attention to detail. Must have a class 5 drivers licence.

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Send resumes to [info@sprucewoodloggers.ca](mailto:info@sprucewoodloggers.ca)

Call 204-378-2997



## Invitation to Tender for Snow Clearing

### Ukrainian Farmers

- Contract from November 2021 to March 2022
- North half of lot must be cleared before 7:00 am
- Snow to be stored on site
- Must provide proof of liability insurance

If you would like to receive a tender application form or if you have any other questions, please contact our office. You can also find and print the application form from our facebook page at Ukrainian Farmers Co-operative Ltd.

Application deadline is **November 6th**.  
Lowest or any tender not necessarily accepted.

Thank You.

Ukrainian Farmers Co-operative Ltd.,  
P.O. Box 160, Fisher Branch, Mb, R0C-0Z0  
Ph# (204) 372-6202 Fax# (204) 372-8402  
[kyaciuk@mymts.net](mailto:kyaciuk@mymts.net)



## Public Notice

### Proposed BCN Radio Telecommunication Tower Facility



#### PROPOSAL:

Broadband Communications North Inc. (BCN) is proposing to construct a 55 metre guyed tower with radio equipment, installing a cabinet at the base of the tower with a perimeter fence (approximately 10ft x 10ft) restricting public access. As part of the public consultation process as required by Innovation, Science and Economic Development Canada (ISED), BCN is inviting the public to comment on the proposed tower location before date in compliance with ISED' public notification policy. This tower is fully compliant with ISED's guidelines, as found under the CPC.

**TOWER LOCATION:** The proposed tower is located just off Provincial Road 513 approximately 3.5km East of Gypsumville, and 4.5km West of Lake St. Martin First Nation (SW 30-32-8W).

**COORDINATES:** 51.769884, -98.582599

**ANY PERSON MAY** comment by close of business day on November 14th, 2021 with respect to this matter.

**MAP:** attached for discussion purposes

#### BCN CONTACT:

Dustin Neckoway  
Unit 26 - 30 Fort St.  
Winnipeg, MB R3C 1C3  
Email: [notices@gobcn.ca](mailto:notices@gobcn.ca)



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## OBITUARY



**Ralph (Red) Magnusson**  
July 9, 1931- October 19, 2021  
Surrounded by love, Ralph (Red) Magnusson passed away on October 19, 2021.

Remaining to forever cherish his memory are his wife of 63 years Connie (nee Benediktson) and his family.

Red was born in Riverton on July 9, 1931 and moved to Gimli as a young boy. His working life started early, working with his father and fishing on Lake Winnipeg and Great Slave Lake. He worked for the Town of

Gimli, Johnson Memorial Hospital and had several small businesses including Red's Billiards, and Red's Landscaping.

Red was a natural athlete and a fierce competitor who excelled at all sports, including baseball, golf, billiards, curling, and especially hockey. His love for the game saw him playing for many years, and then coaching Bantam, Midget, and Gimli Wolves hockey. Noted accomplishments included a seven-goal game as a junior player and coaching several successful and winning teams. He was honoured to be invited to be part of the coaching team for an international exhibition game against Russia in the 1970s. As the Coach, he had the strong support of his family, sporting their Coach's Coach (Connie), and Coach's Kid hockey jackets. Many happy hours were spent on the road and in the arenas.

Red served as a Councillor for the Town of Gimli and as an Evergreen School Board trustee. He was also involved in the Icelandic Festival of Manitoba, overseeing many sporting events.

He and Connie followed the World Curling event for two decades, travelling nationally and internationally to watch games and explore Europe. Cruising became a new interest, and more recently trips to the casino, where he occasionally enjoyed some luck. Red and Connie shared a love of dancing at country dances, Tombolas, and the Old Timers Dance. He was a real storyteller, and he had a great memory for details, or so he assured us.

Red lived proudly in sobriety and made many friends on that journey. He also persevered through many health challenges over the years, always bouncing back from setbacks. He was proud to have reached 90 years of age.

Red and Connie were high school sweethearts, who married in 1957. Family soon followed. He was a wonderful Dad and doting Afi and Lang Afi. Favourite family activities included camping, boating, fishing, Sunday drives, and visits to the farm. The Magnusson family traditions are many and varied - from holiday gatherings, special menus, September Long at LV, and our spot to watch the Festival parade.

He was predeceased by his parents Haraldur and Ingibjorg; sisters Grace, Marjorie and Vivienne; as well as other family and friends.

He will be lovingly remembered by his wife Connie; daughters Valerie Gendron (Rob), Jo-Ann Welham (Adrian), Marilyn Valgardson (Jeff), Laurel Biluk (Melvin); grandchildren Vanessa (Travis), Dayna, Rhys, Carly, Andrew (Carrie), Luke (Shannon), Madison, and Megan; and great-grandchildren Brayden, Dakota, Emily, Callum, and Isla, as well as cousins, nieces and nephews.

Private interment to be held at a later date.

Donations can be made in his memory to a charity of your choice.

Expressions of condolence may be left at [www.neilbardalinc.com](http://www.neilbardalinc.com).

Goda nott Elskan, we will love you forever.



204-949-2200  
Gimli 204-642-7124  
[neilbardalinc.com](http://neilbardalinc.com)

## OBITUARY



**Stodgell, Beatrice Louise (née Stapleton)**

Our beloved mother, grandma, great-grandma & great-great-grandma passed away peacefully at Health Sciences Hospital on Tuesday, October 19, 2021 surrounded by family, after a brief illness at the age of 89.

She is survived by her children: Clifford (Carmelle), Raymond (Kathy) & Carol (Tim); grandchildren Shaine (Carey), Darryl (Candice), Kyle (Tammy), Kaitlyn (Jimmy) & Haley (Dale); great-grandchildren Kayla (Isaac), Nathan, Alexis, Breanna, Sierra & Lyla; great-great-grandchildren Savannah & Arianna and her sister Dorothy (Daniel) Imlah, sister-in-law Elizabeth Stapleton, also nieces and nephews.

She is predeceased by her husband James, parents John & Ella Stapleton (née Birt), and her siblings: George (Edith) Stapleton, Mary (Ralph) Hallett and Wilfred Stapleton.

Mom was born in Fisherton, Manitoba on January 10, 1932. She went to Leroy School finishing Grade 8. Raised on a farm, she worked very hard at home until she was old enough to go out on her own. By 1950 Mom left home to work in Winnipeg for Eaton's and MTS until she met Jim. They were married October 10, 1953 and returned to Fisherton to farm. They built a small log house where they lived until 1959, then they moved into Grandpa Stodgell "Toddy's" home. She worked briefly as a night guard for the RCMP and after the children left home she worked at Dino's Restaurant for Edmond Dandeneau until her retirement.

She was a lifetime member of the Fisherton WI. She enjoyed knitting, gardening, feeding birds, playing cards and bonfires at the hunting camp. She took great pride in her yard and garden, even planting a garden this year. After Jim passed away, she enjoyed dancing all over the Interlake with her friends Jeanne Guimond & Anne Kalyta. She also enjoyed her yearly trips to Folklorama with Cubby, Rosie & Debbie Barrett and Bernice Enstrom.

Everyone was welcome at the Stodgell's, and Mom made sure no one ever went away hungry. Mom & Dad always had a house full of RCMP members, this was their second home. Also, up until six years ago when she had an aneurysm, she would go into the bush with Dot & Dan cutting firewood for her cookstove and splitting hers all by herself. A week before going into the hospital she made 16 dozen perogies with Dot & Irene and Dan was supervising. She made her last batch of bread a few weeks ago, and she made lots of muffins giving them all away. She even went on a wiener roast three weeks ago with Cubby, Rosie & Bernice.

She also held a valid Firearms Acquisition Licence up until two years ago. Approximately 15 years ago she killed a rabid skunk which had chased her into the house, but she came out with her shot gun.

The family would like to thank Fisher Branch Home Care, Percy E. Moore Hospital and Health Sciences Centre; especially Dr. Sonya Bruin and Dr. Monica Dowhanik.

A celebration of her life will be held at the Fisher Funeral Home on Monday, October 25, 2021 at 2:00 p.m. Interment to follow at Fisherton Cemetery.

In Lieu of Flowers, donations can be made to the Fisher Branch Personal Care Home or Heart & Stroke Foundation.

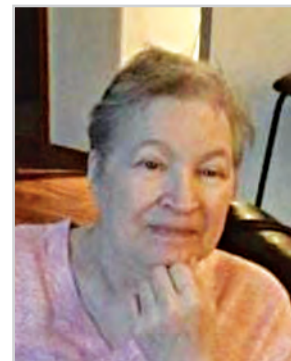
Only fully vaccinated may attend but due to current COVID-19 regulations proof is required.

Fisher Funeral Home Inc.

In care of arrangements.

204-372-6803 or 204-372-6271

## OBITUARY



**Judy Mureen Sinclair**  
January 10, 1949 -  
October 20, 2021

Beloved mother, wife, daughter, sister and aunt, Judy Mureen Sinclair, passed away.

Predeceased by her father Stanley and mother Freda (nee Goveau).

Survived by husband Ron; daughter Jodi (Ron), son Barclay, and daughter Heather (Ian); grandchildren Tyson (Cassie), Micheal (Destiny), Tara (Robert), Colin, Kevin, Alyssa, Aylah,

Phoenix, Raylin, Jessica, Ian and Natasha; great-grandchildren Zofia, Kaydance, Chevy, Myia, Dante, Jayvon, Seraphina, Hailey, Kendrick, Ryleigh, Elijah and Zepplin.

Mom was born in Teulon, MB. She had several careers in her lifetime. Mom being the first. She worked as a switch board operator at Health Sciences Center then for Manitoba Telephone Service as an operator until we moved to Matheson Island, MB in 1984. Frontier School Division was her next stop. Here she was able to travel to lots of interesting places, Vancouver for Expo 86, Iceland, New Orleans and Niagara Falls. There were also countless trips in Manitoba and a few to other provinces and North Dakota and Minnesota for our infamous casino trips.

Mom then moved to Winnipeg and went to the University of Manitoba and obtained her degree in Occupational Therapy. She started working for Community Therapy Services which took her to many of Manitoba's small towns, Selkirk, The Pas, Portage la Prairie and Pinawa. While in these towns, Mom could enjoy her love of driving. She wouldn't think twice about driving into the city from The Pas for the weekend. In her final years of working as an OT she returned to Winnipeg, where she retired.

Mom loved to cook and bake. She was always trying out new recipes and hoarded many recipes and magazines with recipes she thought of trying. Mom loved her gambling and we took a few trips to the Shooting Star Casino. As well as spending many a late night at the casinos in Winnipeg.

Mom's favorite pass time though was driving, she would just drive anywhere and often just drive by our houses late at night to check up on us. Mom you are missed and loved. Although we all had Mom live with one of us at times, we want to thank my Aunt Susie for caring for her and my sister Heather who cared for her for the last several years.

Donations can be made to Canadian Diabetes Association.

Condolences may be left on her tribute wall and a link is available on her obituary to watch the service at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Selkirk in care of arrangements.



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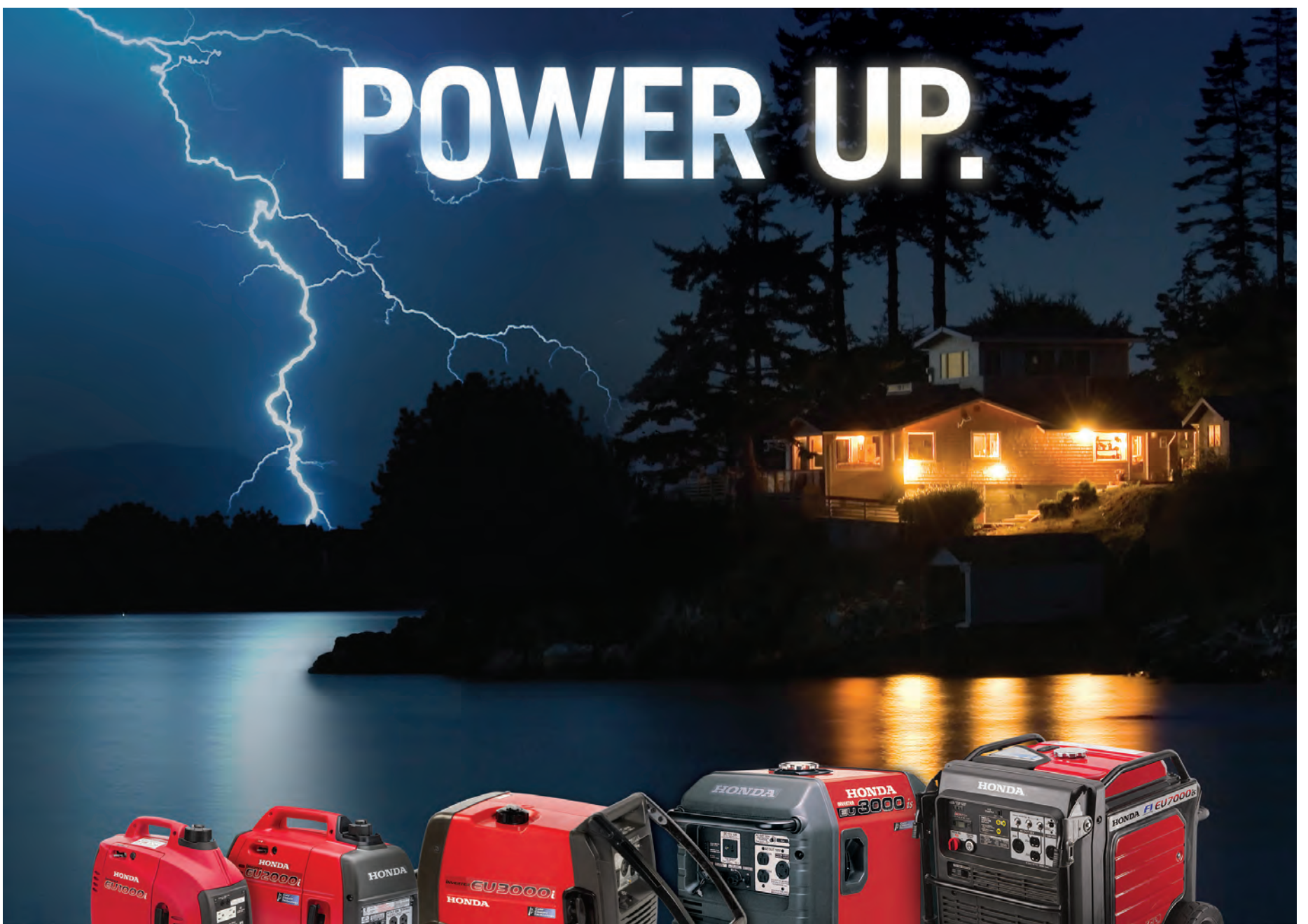
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