



**43rd annual Lundar All Canada Goose Shoot hosted by the Lundar Elks**  
**Friday, Oct. 11 and Saturday, Oct. 12**  
Sixteen teams, 4 members each, competing for prizes and trophies.  
Friday night supper 6:30 p.m. followed by the Calcutta.



# THE EXPRESS

VOLUME 6 EDITION 40 THURSDAY, OCTOBER 3, 2019

WEEKLY NEWS

SERVING LUNDAR, ASHERN, ERIKSDALE, MOOSEHORN, FISHER BRANCH, RIVERTON, ARBORG, GIMLI, WINNIPEG BEACH, ARNES, MELEB, FRASERWOOD

**Honda F501 Tiller** **RENT ME**  
Easy Start, 36"/24"/12".  
Daily, Weekly, Monthly. Call for Details!  
**\$50/day**  
HONDA Power Equipment

**Stihl TS420** **RENT ME**  
Cut off Saw  
14" Steel/Concrete  
**\$50/day**  
STIHL

**Ariens Trimmer Mower** **RENT ME**  
22" width, Easy Start  
**\$40/day**  
Ariens

**Kubota BX25** **RENT ME**  
Tractor/Loader/Backhoe  
**\$250/day**  
Kubota

**SHACHTAY**  
SALES & SERVICE  
Arborg, MB  
204-376-5233



Riverton Collegiate students were among an estimated 10,000 people demanding climate justice at the legislature last Friday.

EXPRESS PHOTO BY PATRICIA BARRETT

> everything you need to know in your locally owned and operated community newspaper

**FISHER POWERSPORTS**  
63 Main St. Fisher Branch MB 1-204-372-6648  
**Kawasaki**

The Teryx mates a powerful fuel-injected V-Twin engine with a stable wide-body chassis and top-shelf suspension, then backs it all with Kawasaki's legendary durability and reliability.



MSRP **\$17,899<sup>00</sup>**

**\$500 CASH OR REBATE**



free winch Offer

**FINANCING**  
3.99% UP TO 84 MONTHS O.A.C.



Watch for the  
**NEW Kawasaki KRX**  
coming next week



# Remembering the dads during Arborg's Terry Fox Run

By Patricia Barrett

As a loving tribute to her dad and her sons' dad, Karen Leochko from Arborg had her head shaved during the 2019 Terry Fox Run a few weeks ago.

Not only was she brave enough to have her locks cut off and endure weeks without hair, but she also raised a remarkable \$2,260 for cancer research.

That helped Arborg earn the distinction of being the second-highest fundraising community in the province with \$18,023.57 raised for the Terry Fox Foundation.

Leochko said her dad passed away from cancer 15 years ago and her sons, Jasper and Zak, lost their dad this year, and she wanted to do something to mark those events.

"It was very intense because as a woman, you're a bit paranoid about your hair," said Leochko, referring to the public head shave. "But it was a great cause and it was worth it to show people that you can have the courage to do it and be proud that you're showing support for your dad."

The head-shave was a last-minute

decision, she said. She had already raised \$1,400 before she signed up, but thought she could do more for the cancer cause.

She said this isn't the first time she's had a close shave. On the fifth year of her father's passing, she and her sister — as well as her cousins who had lost their dad to cancer — had their heads shaved.

Leochko also gave a speech at the event about her and her family's experience with cancer and how it can strike anyone at any age. Her former husband experienced a very fast cancer. He had been diagnosed in early February of this year and died in March.

During hockey provincials, in which her youngest son participated, she said they had to take her former husband Michael into emergency. A week later, he was gone.

"I was 36 when I lost my dad. My boys are 18 and 16 — that's young to have to go through this," said Leochko. "There's a lot of kids who do lose their parents at different ages. But we didn't expect it to be that quick. The boys did spend time with him in the



EXPRESS PHOTOS BY JOANNE JOHNSON

Karen Leochko raised \$1,400 for Arborg's Terry Fox Run and had her head shaved by Hannah Bjornson to show solidarity with cancer patients who lose their hair, to honour her dad and her sons' dad, who both passed away from cancer.

hospital, but not enough because you don't really think that could happen."

Another reason she shaved her head was to show solidarity with patients who lose their hair while undergoing cancer treatments.

"People say to me, 'Gosh, how could you have done that?' But my hair

grows quite quickly," said Leochko. "I feel sorry for the people that have to go without hair for many years, and they get looked at all the time like that. I can wear a toque or a hat when I need to. It's OK."

She added that it's easy getting ready for work in the morning.



**YOU'RE INVITED**  
to our

# OPEN HOUSE

celebrating

## 25 YEARS IN THE INTERLAKE

**FRIDAY OCTOBER 4, 2019 4PM - 7PM**  
West Side Plaza, 3-347 Main Street, Stonewall, MB

.....

SNACKS & BEVERAGES SERVED  
LIVE MUSIC  
MEET THE STAFF AND SHARE IN GREETINGS,  
LAUGHS AND MEMORIES

**inMotion**  
NETWORK  
Physiotherapy Clinics and More

**QUARRY**  
PHYSIOTHERAPY  
AN inMotion CLINIC



# Baker Law

## CORPORATION

Do you have a current will?

Protect your family by having a current will, power of attorney and health care directive. Call us or stop in for more information and find out how we can help you.

### Grant D. Baker

**Barrister, Solicitor and Notary**

Providing full time legal service to families and small businesses in Gimli and the Interlake.

**GIMLI LOCATION**  
72 Centre Street, Gimli, MB  
Our office is open 9-5 Mon to Fri  
204-642-8681 or 1-866-487-5688

**RIVERTON LOCATION**  
33 Main St. Riverton MB  
Open Mon & Wed 9:30-4:30  
204-378-5427



# Kent Monkman painting donated to WAG for the community

## Submitted

The Winnipeg Art Gallery (WAG) is excited to announce the donation of a major painting by Kent Monkman to the WAG collection. Entitled *The Deposition*, the artwork is featured in Monkman's solo show, *Shame and Prejudice: A Story of Resilience*, which opened Friday and runs until Feb. 9, 2020.

*Shame and Prejudice: A Story of Resilience* is a powerful exhibition featuring the work of Monkman.

"We are honoured and grateful to receive *The Deposition*, a meaningful work by Kent Monkman that references missing and murdered Indigenous women and girls. This donation to the community enriches the WAG collection of Indigenous and Canadian art. It is not only a painting; it is a call to action on which we endeavour to deliver through the gallery's journey of Indigenousization in the heart of Winnipeg," said Dr. Stephen Borys, director and CEO of the Winnipeg Art Gallery.

Monkman created *Shame and Prejudice*, a project for the Art Museum at the University of Toronto in response

to national celebrations surrounding Canada's 150th anniversary. The exhibition, composed of nearly 80 works and museum objects, launched in 2017 and is now on a national tour.

"The last 150 years — the period of Modernity — represents the most devastating period for First Peoples, including the signing of the numbered treaties, the reserve system, genocidal policies of the residential schools, mass incarceration and urban squalor. My mission is to authorize Indigenous experience in the canon of art history that has heretofore erased us from view," said Monkman.

*Shame and Prejudice* is narrated by Monkman's gender-fluid time-travelling supernatural alter ego, Miss Chief Eagle Testickle. Her story is told in a series of new works by Monkman, displayed in conversation with museum artifacts.

*Shame and Prejudice* resonates with the Truth and Reconciliation Commission's work to bring about justice for the ongoing impacts of colonialism through nine chronological chapters.

Generously given by an anonymous donor, *The Deposition* is part of the

Urban Res series, in which themes relating to historic and contemporary Indigenous experience such as colonization, sexuality, loss and resilience are transposed against contemporary urban backdrops. The Urban Res streets are populated with tattooed Renaissance angels, gang members protecting their neighbourhoods, ancestors visiting from the spirit world, observing and waiting — medicine men in beaded sports jerseys and a spirit buffalo herd.

In *The Deposition*, Monkman refer-

ences the Modernists' flattening of pictorial space to comment on the historical and contemporary compression of Indigenous cultures. In particular, he uses the Modernist figurations of Pablo Picasso, Francis Bacon and Henry Moore to depict vulnerable Indigenous women as casualties of violence and disease.

The two-dimensional quality of Picasso's distorted cubist figures and Bacon's mutilations stand in contrast

Continued on page 4



EXPRESS PHOTO SUBMITTED

Kent Monkman's *The Deposition*, 2014. Acrylic on canvas board. The painting is a gift of an anonymous donor to the WAG.

## NEED STORAGE?

Your shed can be as unique as you are.  
We can design and build your shed.



Arborg  
**Home**  
hardware  
building centre

451 Main Street,  
Arborg  
**204-376-3090**



## Double your protection this winter

Don't let winter freeze you out.  
Co-op Winter Diesel and Lubricants  
offer superior cold-weather  
performance and protection.  
Sale runs from October 8th, 2019 Nov 9th, 2019.



Interlake

BULK PETROLEUM ARBORG  
(204)-376-5201

ERIKSDALE HARDWARE  
204-739-2634



# Riverton and Gimli students demand a sustainable future

Patricia Barrett

With the latest scientific reports showing greenhouse gas emissions rising, thousands of youth from across the province protested at the legislature last Friday, demanding political leaders act now to avert a global climate catastrophe.

Manitoba Youth for Climate Action organized the climate strike Sept. 27, drawing an estimated 10,000 people that included K-12 and university students, Indigenous and environmental activists, teachers, parents and unions.

The strike was inspired by 16-year-old Swedish student Greta Thunberg, who galvanized over a million students across the world to stage climate strikes and has chastised world leaders, including Prime Minister Justin Trudeau, for not “doing enough” to stop global warming.

Twenty students from Riverton Collegiate (RCI) and 16 from Gimli High School (GHS) joined the strike with support from the Evergreen School Division.

Grade 10 RCI student Kadence Vigfusson said world leaders are not thinking about what life will be like for the generations following them.

“They don’t think of us at all, our future, our kids’ future,” said Kadence. “Adults tell us to act mature, but when we take on a very mature subject, they never help us with it. They’re not changing anything.”

Another RCI student said she doesn’t want to inherit an over-heated planet, and that politicians and the fossil fuel industry should be responsible for the damages.

“If you break something, if you mess something up, you can damn well clean it up yourself,” said the student, whom we’ve agreed not to name to maintain privacy. “I’m going to have to take the time to clean up your mess, but I sure as hell don’t like it. I will because I care. Why don’t they?”

She said she feels world leaders know the truth but just “neglect it,” and it shouldn’t fall upon the shoulders of her generation to deal with crises they didn’t create.

“We shouldn’t be here fighting for a cause the politicians created so long ago,” she said. “They’ve had so many chances. They’ve had so much time. [Global warming] has been going on for decades and they’ve just been sitting around in their offices not giving a shit. And, honestly, it makes me so mad.”

Despite politicians’ oft-repeated promises to tackle global warming, the latest climate science data published last month in the World Me-



Gimli High School student Indiana Humniski.

teorological Organization’s United in Science report shows accelerating carbon emissions, which boost overall global temperatures.

Greenhouse gas emissions increased by two per cent in 2018 and are likely to be just as high by the end of this year, states the report. The period 2015-2019 is on track to be the warmest of any on record. Presently, temperatures are estimated to be 1.1C above pre-industrial (1850-1900) times. An overall global temperature rise of 2C will have catastrophic and irreversible consequences.

Calling for changes in how we use land, a halt to deforestation and a transition from fossil fuel energy, the report notes declining ice masses in the Arctic and Antarctic, sea-level rises, oceanic acidity, long-lasting heatwaves, forest fires, floods and droughts.

These worldwide calamities have already had a profound detrimental effect on the environment and wildlife. If we continue along the same trajectory, scientists predict we’ll be digging ourselves an early grave.

Grade 10 RCI student Alexis Magnusson underscored the threat of rising temperatures on human existence, saying we’re at a critical point in time in terms of our ability to stave off further damages to the planet.

“If we don’t do something now, it will keep getting worse,” said Alexis. “I think we have limited time and there needs to be change now before it’s too late for any of us.”

Although youth don’t have money or power to effect system-wide changes, they have their voices to show politicians how important a sustainable future is to them, said Grade 11 student Bethany Nordal, who also attends RCI.

“Adults and older people, they made the planet like this and now we have



EXPRESS PHOTOS BY PATRICIA BARRETT

A Riverton Collegiate student spoke about climate change with NDP leader Wab Kinew.



An estimated 10,000 people took part in the climate strike last Friday.

to live in it,” said Bethany. “I don’t think that’s very fair. We don’t deserve something they created.”

Showing up for climate strikes is vital as it is “one of the first steps in making change,” said Grade 11 GHS student Indiana Humniski.

Students at her school have successfully lobbied politicians on important issues, such as a new band studio, she said, and she’s hopeful Manitoba’s leaders will heed youth demands to move away from a reliance on fossil fuels.

“This is the biggest climate change rally we’ve ever had in Manitoba, and I think with this amount of support, how can they not notice?” said Indiana. “They haven’t been noticing for 30 years, so maybe now they’ll start opening their eyes.”

Opposition NDP leader Wab Kinew made the rounds of strikers, stopping to speak with Riverton and Gimli students as they listened to youth speakers and Indigenous environmentalist Clayton Thomas-Muller and chanted in unison for politicians to respect the earth.

Kinew told the *Express* that climate change is a “huge” priority for his party, and it will be pressing Premier Brian Pallister to meet emission reduction targets.

“The concern I have is with Mr. Pallister getting re-elected and us knowing that we only have 11 years to tackle the climate crisis. We’ll really only have seven years once he’s done his term because I don’t expect Mr. Pallister to do anything,” said Kinew.

“We’re going to push him hard to reduce emissions and to help meet the Paris climate accord targets.”

## > WAG, FROM PG. 3

to the sensual figurative style that Monkman references from various Old Masters, underscoring the historical violence perpetrated on Indigenous women’s bodies that continues to this day.

Inspired by Old Masters’ sensitive depictions of grief and lamentation, Monkman’s “casualties of modernity” are mourned or aided by young Indigenous people. A generation of disenfranchised youth extend their condolences and empathy toward the less fortunate.

Monkman, a Canadian artist, grew up in Winnipeg and is a member of Fisher River Cree Nation. He works with a variety of mediums, including painting, film/video, performance and installation. Monkman, who is now based in Toronto, grew up taking art classes at WAG Studio.



# Quarry Physio celebrates 25 years in the Interlake

By Jennifer McFee

Congrats to Quarry Physiotherapy for marking a milestone 25 years in the community!

The local clinic opened in October 1994 by co-owners Scott Allan and Stephanie Roberecki. In recent years, the partnership has grown to include Sherry Scott and Beth Gutkin Roy.

"We're celebrating our 25th in Stonewall but our group of clinics started 30 years ago as Physiotherapy Works! in downtown Winnipeg," Allan said.

"Then 25 years ago, we opened up the clinic in Stonewall and provided physiotherapy services. Since then, we've expanded and grown in a number of ways. We found that the patient was better served if you're able to offer a selection of other complementary services, so it expanded over the years to bring in several more services."

These additional services include massage therapy, occupational therapy and chiropractic services.

"We have nurses who do foot care and we have a sports medicine physician on staff that works at one of our other locations. We have athletic therapists, kinesiologists/personal trainers and a dietician," Allan said.

"We have lots of specialty physiotherapy services as well, such as pelvic floor therapy for both men and women. We also have therapists who specialize in vestibular rehabilitation for patients that suffer from balance disorders and vertigo."

In an entrepreneurial spirit, they also decided to open up other loca-

tions. Currently, locations are set up throughout the Interlake including Stonewall, Arborg and Gimli, as well as downtown Winnipeg, Creekside Physio and in Sage Creek, plus two in Portage la Prairie. They also go out to Gillam twice a week in conjunction with Manitoba Hydro.

"Over the years, we opened up these clinics under different names other than Quarry Physio with the exception of the three in the Interlake," Allan said.

"In the last couple of years, we've amalgamated them and we now call ourselves the inMotion Network of Physiotherapy Clinics and More. The 'more' represents all the supplementary services that we provide."

Although 25 years have passed, Allan still remembers their first patient in Stonewall.

"We were delayed in opening. At the time, Stephanie and I were the physiotherapists at the clinic and we had a patient booked. We didn't have our occupancy permit at the time, so we couldn't actually physically treat patients at the clinic. So Stephanie went out and did a home visit with the first patient," he said.

"That was our first connection to the community in terms of developing an ongoing relationship now 25 years strong. We've always been big believers in customer service and we do everything we can to make the patient experience as good as it can be and to meet or exceed patient expectations. About half of our patients are referred directly by physicians. The other half



EXPRESS PHOTO SUBMITTED

Left to right: Stephanie Roberecki (partner), Scott Allan (partner), Kyla Lenio-Slack (operations manager), Ryan McGee (friend), Sherry Scott (partner), Beth Gutkin Roy (partner), Torey Kirk (Stonewall clinic administrator).

are patient-initiated referrals and repeat patients."

The community connections continue with a dedication to supporting and giving back to community initiatives, including charities, local events, fundraisers and sporting teams. Over the years, they've raised more than \$125,000 for the MS Society. In the past four years, they've also raised more than \$12,000 for CancerCare Manitoba and Children's Hospital Foundation through the dragon boat races. This year, they even won their recreational class in the race.

To celebrate its long-standing his-

tory in the community, Quarry Physio will host an open house on Friday, Oct. 4 from 4 to 7 p.m. at 3-347 Main St. in Stonewall. The event will feature some wine and food, as well as live music, stories and some laughter.

"We want to say thank you to the community and to our great staff," Allan said.

"Thanks for the support and the continued patronage of the clinic. We've had a lot of patients over the years that have become friends, and that's a reflection of our commitment to the community."

## Gimli cyclist hit by impaired driver who failed to stop; Rockwood man arrested

By Patricia Barrett

A 39-year-old Gimli man, who was cycling on PR 231 west of Gimli, is in serious condition in hospital after he was struck by an impaired driver just before midnight on Sept. 23.

Sam Thordarson was on his way to work when he was hit and is now paralyzed from the waist down, according to a post on Gimli Pharmasave's social media account.

The pharmacy is currently accepting donations for Thordarson and his family.

"The injuries Sam sustained are serious and life-changing," says the post. "This accident has resulted in Sam being paralyzed from the waist down. Sam is expected to be in hospital for approximately four months."

STARS air ambulance was dispatched to the scene, according to its Twitter site.

The collision occurred at 11:50 p.m. and the driver failed to stop at the scene, said RCMP spokesperson Paul Managire.

RCMP arrested a 28-year-old man from Rockwood after receiving a tip a few hours later that provided them with information about the driver and where he could be located, he said.

"Officers attended to this address and arrested a 28-year-old male from the RM of Rockwood for operating a conveyance while impaired causing bodily harm," said Managire. "The accused was released from custody the following day for court scheduled at a later date."

The driver cannot be named for privacy reasons, he said. For more information about how to help Sam Thordarson and his family, contact Gimli Pharmasave at 204-642-5504 or visit the store at 45 Centre St.

From traditional to contemporary, we provide services to match what you want. **Just ask Ken.**

*kl*  
KEN LOEHMER  
FUNERAL SERVICES

55 Main St, Teulon Call 204-886-0404 or visit [www.klfuneralservices.ca](http://www.klfuneralservices.ca)

THE **Flicks** CINEMA

319 First Street E., Stonewall, MB

**SHOWTIMES:**  
Please check individual listings  
Due to various picture lengths showtimes vary

**204-467-8401**  
PROGRAM SUBJECT TO CHANGE WITHOUT NOTICE  
Cash only

---

**ABOMINABLE** FRI-THURS OCT 4-10  
**CLOSED TUESDAY**  
at 7:30 pm Each Night  
Animated **G**

---

**JOKER** FRI-THURS OCT 11-17  
**CLOSED TUESDAY**  
at 8:00 pm Each Night  
Adult Accompaniment Under 14; Violence **14A**



THE EXPRESS  
WEEKLY NEWS



PUBLISHER  
Lana Meier



SALES  
Brett Mitchell



SPORTS EDITOR  
Brian Bowman



SALES  
Stephanie Oland Duncan



REPORTER/PHOTOGRAPHER  
Evan Matthews



REPORTER  
Ligia Braidotti



REPORTER/PHOTOGRAPHER  
Patricia Barrett



ADMINISTRATION  
Corrie Sargent



PRODUCTION  
Debbie Strauss



ADMINISTRATION  
Jo-Anne Procter



PRODUCTION  
Nicole Kapusta



DISTRIBUTION  
Christy Brown



PRINT  
Dan Anderson



ADMINISTRATION  
Allana Sawatzky

OUR SISTER PUBLICATIONS

Stonewall Toulon  
**Tribune**  
**Selkirk Record**  
The Winkler • Morden  
**Voice**

# getheard

NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS

> Got news?

Call Evan Matthews at 204-990-9871  
evan@expressweeklynews.ca



## Cars and banks, but not beef

By Evan Matthews

All right, let's do this one more time for those who haven't been made aware.

Manitoba, but the Interlake more so, is experiencing a state of agricultural disaster.

Despite the recent rain, the season is too late to save.

The dry season has resulted in a shortage of feed for beef producers to feed their herd, a skyrocketing price for what little feed is available, and a plummeting cost associated with cattle sales.

The best hope resulting from recent rain is that the added moisture propels farmers into next season with a good start and optimism.

What farmers need, collectively, is two-fold.

The first need is farmers are in need of financial relief due to the past two years and the moisture and resulting feed shortage, 2018 and 2019. That's the ask.

Hopefully next season is better, but if the weather doesn't co-operate, farmers are asking for more effective aid programs so this situation doesn't happen again.

That's the second need, simply, a review of the current funding programs like Agro Stability, Crop Insurance and Livestock Price Insurance.

Though change is slow and takes pa-

tience, we know the provincial MLAs Derek Johnson and Ralph Eichler are having conversations with local farmers.

This is in addition to having the Manitoba Beef Producers Association and Keystone Agricultural Producers at the table.

But where is the federal attention on this issue?

In 2009, CBC reported that support from various government agencies to Canadian banks totalled \$114 billion at its peak.

That's a lot of money to bail out an industry, yet the federal government saw a need to save a Canadian industry during economic recession.

In the same year, the *Globe and Mail* reported a \$13.7-billion total investment by the federal government into Ford Motors and General Motors to save the Canadian automotive manufacturing industry.

Granted, the *Globe and Mail* reported roughly \$10 billion of that was returned in the end, but we're talking about billions in taxpayer dollars shelled out to giant companies.

Yet, for some reason when we talk about the beef production and/or agricultural industries in Canada, the government wants to drag its heels about funding relief.

But the farming industry is in that "billions of dollars" ballpark.

In 2017, the cattle industry generated \$8.9 billion in farm cash receipts, according to the Canadian Cattlemen's Association (CCA).

Farm cash receipts include revenues from agricultural commodity sales, government agencies program payments, and payments from private crop and livestock insurance programs.

Over the period 2013-17, cattle and calves have been the largest revenue maker for farms, according to the CCA, and the 2016 Ag Census identified 60,000 farms in Canada deriving more than half their income from beef production, with 84,740 operators.

That is a lot of money involved and a lot of people (operators) affected.

Why is the government hesitant to save the beef production and agricultural industries in Manitoba?

This is without mentioning that most farmers will inject funding relief right back into their farms for long-term sustainability.

The situation is as dire for Manitoba farmers now as it was for banks and for the automotive manufacturing industries.

Unless something changes soon, a lot of farmers are about to leave the industry and maybe even their communities.

Let's hope the realization sinks in soon.

## Manitobans reminded minimum wage will increase Oct. 1

Submitted by Manitoba government

The province reminds Manitobans the minimum wage will increase by 30 cents to \$11.65 on Oct. 1, Growth, Enterprise and Trade Minister Blaine Pedersen said.

"We continue to provide predictable and sustainable increases to Manitoba's minimum wage, which

achieves the right balance benefitting both employees and employers," said Pedersen. "Regular minimum wage increases improve wages for working Manitobans and provide predictability for small and medium-sized businesses that is consistent with Manitoba's Consumer Price Index."

Pedersen confirmed the increase of

30 cents per hour will raise the current minimum wage to \$11.65 from \$11.35 and ensure that Manitoba remains competitive with other provinces. This adjustment is based on Manitoba's 2018 inflation rate of 2.5 per cent, rounding up to the nearest

Continued on page 7

### ADVERTISING OR PRINT CONTACT INFORMATION

Stephanie Duncan 204-461-4771  
ads@stonewallteulontribune.ca

PHONE 204-467-5836

### OUR EDITORIAL STAFF

Brian Bowman Sports Reporter  
sports@expressweeklynews.ca

Evan Matthews - Reporter/photographer  
204-990-9871 Email: evan@expressweeklynews.ca

Patricia Barrett - Reporter/photographer  
Cell 204-407-6099 patricia@expressweeklynews.ca

### ADDRESS

74 Patterson Drive, Stonewall Industrial Park  
Box 39, Stonewall, MB R0C 2Z0

### > EMAIL US

Letters to the Editor: letters@expressweeklynews.ca  
Classifieds: classifieds@expressweeklynews.ca  
News: news@expressweeklynews.ca  
Print: igraphic@mymts.net

### PAPER DELIVERY OR FLYER CONCERNS

Christy Brown, Distribution Mgr.: 204-467-5836

The Express Weekly News is published Thursdays and distributed through Canada Post to 11,396 homes. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we connect people through stories to build stronger communities.

Advertising Deadline: Monday 4:00 pm  
prior to Thursday Publication  
View the Express Weekly News online at  
www.expressweeklynews.ca



# getinformed

NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS

## Province announces largest-ever rainy day fund investment and deficit reduction

Submitted by Manitoba government

The Manitoba government has made unprecedented progress reducing the province's deficit to move towards balancing the budget and has invested \$407 million in its rainy day fund to ensure money is there when Manitobans need it most, Finance Minister Scott Fielding announced with the release of the government's public accounts for the 2018-19 fiscal year.

The year-end financial results show a deficit of \$163 million, which is \$358 million lower than the budgeted deficit of \$521 million. Compared to the 2017-18 deficit of \$695 million, this represents the largest-ever year-over-year reduction to the deficit in Manitoba history.

"We have made significant progress fixing the province's finances and at the same time substantially increased funding for health care — investing \$347 million more last year than the former government budgeted in 2015," said Fielding. "Last year, we invested \$205 million more in Manitoba Families and \$247 million more in education, while virtually every department was within budget."

The minister noted since the province is ahead of schedule in reduc-

ing the deficit, it is taking action to replenish the rainy day fund the former government depleted. Manitoba is increasing its transfer into the Fiscal Stabilization Fund to \$407 million for 2018-19, above the initial budgeted transfer of \$50 million, he said.

"Our province has had several good years with lower-than-budgeted expenses for floods, fires and other emergencies, but we know this won't always be the case," said Fielding. "Taking these savings and putting them in the rainy day fund is responsible financial management that will help protect Manitobans from unforeseen emergency expenses down the road."

Fielding noted in addition to fiscal discipline and expenditure controls, the improvement in the province's fiscal position is due to unexpected one-time revenue increases from growth in the economy and other factors. The results have been buoyed by favourable, one-time events like higher net income reported by Manitoba Hydro and Manitoba Public Insurance, as well as higher income tax revenue due to the unwinding of tax planning measures following federal tax changes.

In addition, a one-time accounting adjustment was made for Manitoba Health, Seniors and Active Living, as previously announced in the third quarter report. Health spending increased in 2018-19 and the health department ended the year \$102 million higher than the year before, the minister added.

"Since forming government, we have implemented better budgetary practices and are putting Manitoba back on a path to long-term fiscal sustainability," said Fielding. "For the third year in a row, the results show we are moving in the right direction but significant effort continues to be required."

The minister confirmed the province has revised its mid-term forecast to adjust for a higher-than-expected starting point for income taxes, as well as a marginally slower economic growth rate being seen across Canada. While it is too early to identify any changes to the deficit estimate of \$360 million for the current fiscal year, it is projected the province will return to balance in 2022, he said.

"Our success has not been a single decision or action we are taking," said Fielding. "Rather, it's the cumulative

effect of thousands of smaller, yet critically important, decisions that are getting us back on track."

Fielding noted debt-servicing costs continue to be a concern in the government's pursuit of financial recovery. The results show for the first time in Manitoba's history, \$1 billion has been spent to service the province's debt — costs equivalent to the fourth-largest department of government. These costs are a direct result of increased debt and three consecutive credit rating downgrades due to 17 years of fiscal mismanagement by the former government, the minister added.

"Taxpayer dollars spent servicing debt is money that cannot be invested in priority areas like in health care, education, social services and infrastructure," said Fielding. "We continue to take action to reduce the deficit in a measured and responsible way because we know fiscal sustainability is essential to protecting the services Manitobans value and rely on — and making life more affordable in our province."

View the 2018-19 public accounts at [www.gov.mb.ca/finance/publications/financialreports.html](http://www.gov.mb.ca/finance/publications/financialreports.html).

## Province celebrates 10th annual Provincial Hunting Day, Sept. 28

By the Manitoba government

The Manitoba government is recognizing Provincial Hunting Day by ensuring safe and sustainable practices are encouraged as people new to the activity learn to hunt, Sustainable Development Minister Rochelle Squires announced Friday.

"Manitoba is home to an incredible, diverse array of wildlife that is valued by many families and communities across our beautiful province," said Squires. "Hunters play an important role in protecting our environment

and managing the province's game species, and we are pleased to renew our partnership with the Manitoba Wildlife Federation to provide access to hunter education for all Manitobans."

The Manitoba Wildlife Federation (MWF) has been providing hunter education for many years and the renewal of this agreement means they will continue to offer this important service for another five years. Since 1969, anyone wanting to buy a hunting licence has been required to have

hunter education training. The program teaches students hunter ethics and responsibilities, hunting laws and regulations, firearm safety, and other topics that promote safe and lawful hunting in Manitoba.

"The Manitoba Wildlife Federation is thrilled to continue to deliver the hunter education program in partnership with Manitoba Sustainable Development," said Chris Heald, executive director of MWF. "This stable funding ensures all Manitobans have access to proper firearms safety train-

ing and hunter education to become safe, ethical and responsible hunters."

The MWF held a number of events leading up to celebrate Provincial Hunting Day, which included a mentored hunt, game cleaning demonstrations and information on the hunter education course. More information on hunter education is available at [www.mwf.mb.ca](http://www.mwf.mb.ca) or for general Manitoba hunting information, visit the Manitoba Hunting Guide at [www.gov.mb.ca/sd/pubs/fish\\_wildlife/huntingguide.pdf](http://www.gov.mb.ca/sd/pubs/fish_wildlife/huntingguide.pdf).

### > MINIMUM WAGE, FROM PG. 6

five cents.

The minister noted the government continues to take action to make life more affordable for Manitobans, including the reduction of the PST to seven per cent from eight percent, effective July 1. This broad-based tax cut benefits all Manitoba households and businesses, with an estimated total

savings of \$325 million in the first full year and growing in each subsequent year, he added.

Manitobans also continue to benefit from the indexation of the basic personal amount and the provincial income tax brackets. Since indexation began in 2017, almost 8,000 lower income Manitobans have been removed

from the tax rolls and the cumulative maximum tax savings from the 2017 tax year to the 2019 tax year is \$253.

"We will build on the success we have achieved in our first term of office and continue to move Manitoba forward on a path toward a better, brighter, more affordable future for all Manitobans," said Pedersen.

The province plans to introduce

legislation this year to begin implementation of the 2020 Tax Rollback Guarantee, which will save an average Manitoba taxpayer \$2,020 once the measures are implemented, the minister said.

Information on the minimum wage and other employment standards is available at [www.gov.mb.ca/labour/standards](http://www.gov.mb.ca/labour/standards).



# getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG > NORRIS LAKE

> Fish tales?

Call Arnie Weidl at 204-641-2210  
sanarn@mymts.net



## Catching buried treasure in Lake Winnipeg

Hi gang.

Usually when we go fishing, other than landing a fish or two and enjoying the outdoors, it's a pretty relaxing affair. That is not the case with the stories our fellow anglers shared last week.

On Saturday, when wandering up and down the banks of the Red River by Selkirk, I came across a father and daughter duo that has enjoyed fishing together for years. Ian Keating, a thinner, grey-haired chap with a kind face and cordial nature, was standing beside his daughter, Carly, who had long, dark hair and strikingly fine features.

"How are you doing, Arnie? We're from Stonewall and read your column in the *Tribune* all the time."

"Well, thanks," I remarked. "Would you have a fishing story for us?"

"Yes, I do," he said as he glanced at the end of his rod, checking for movement that might indicate a bite.

He turned to me, smiling, and went on describing how when he was fishing at Anama Bay where the Dauphin River flows into the Lake Winnipeg north basin and he got a strike. His catch lay on the bottom so he turned his boat with the current to help bring it up. It worked.

From the depths, an old wire spring mattress emerged to the surface loaded with over 100 Canadian Wigglers, Lazy Ikes, June Bugs and other lures other anglers had lost. Ian estimates he came home with at least \$400

worth of lures!

"We love fishing so much," Carly chimed in. "We pull dad's van up to shore when there's snow on the ground, open the sliding door, turn on a small heater and fish from the van!"

Earlier last week I met an exceedingly nice lady, Crystal Power from St. Vital. She said she hadn't fished at all until she met and married Kevin Power last year. I found Kevin to be a big, fun-loving active guy who lives to fish. Crystal's kids nicknamed him the "master caster" — that is until rookie Crystal started catch more fish than he did. To add insult to injury, she landed the catch she's holding in this week's picture, while later Kevin only caught and released two pelicans and a loon! He was not a happy man!

At 12 years old, tiny, slim Loene Valgardson loved to skip about the streets of Gimli. Her blond hair in ringlets bounced about as she met and passed the time with town folk, most of whom she knew or was related to. On a sunny Father's Day, the family bought her dad "Zeke" a lovely new fishing rod. Zeke, being of Icelandic heritage, was very loving of the family's children. When little Loene asked dad for his rod to go fishing with, he gave it freely. Off she went to the end of the Gimli pier.

Standing on the rocks, she baited her hook and cast out. It was in the nature of bright and happy Loene to talk with whomever happened to be near, causing her not to mind the rod.

Suddenly it was gone from her hands. She stood stunned, her mouth gaping as she stared at the rolling, grey waves devoid of any sight of her father's rod. Dad would be so upset. She burst out crying, shaking, out of control. Wiping tears from her eyes and face, she began running back up the pier to the first street where her Uncle, Norman Valgardson had his Lake and Steak Restaurant.

Her mind raced with fear. Uncle would know what to do. She threw herself against the squeaking screen door of the café. She ran down the long, narrow aisle with counters and stools on one side and booths on the other. The aroma of breakfast bacon, eggs and toast cooking filled the air. At the end of the aisle, Loene burst through the swinging half doors to Uncle Norm in the kitchen. He was a fit man with short, light hair and a half-smiling round face that made you feel you were his friend the moment you met him. Dressed in a white short-sleeved shirt with a white apron tied at his waist, he stood over a large smoking grill, his quick hands guiding spatulas and egg covers as he prepared orders.

"Uncle Norm, what am I going to do? I lost Poppa's new rod. He is going to be so mad," she cried out.

Norm, a quiet-talking man, looked at her for a moment and then said, "Don't worry, little girl. We'll go talk to dad."

Then from the screen door entrance



**EXPRESS PHOTO BY ARNIE WEIDL**

Crystal Power of St. Vital with her catch from the Red River by Lockport.

they heard a man call out, "Is that little girl who lost her rod here?"

Loene and Norm looked down the long restaurant aisle and saw a tall, slim, grey-haired chap holding Loene's rod and a huge pickerel still on the hook! He smiled, walking to Loene.

Her eyes reached up to his face as she said, "Please keep the fish and let me have dad's rod. I'll give it back and he will never know I lost it!"

To this day, Norman and Loene have kept their secret — until now!

See you next week. So long, my friends.

## Gypsumville RCMP charge two males and seize firearms

Submitted by RCMP

On Sept. 22 at approximately 5:15 a.m., Gypsumville RCMP received a report that a vehicle, being driven by a 21-year-old male with two young children as passengers, was being chased by another vehicle around the community of Fairford.

Officers attended to the community and conducted patrols in an effort to locate both vehicles. The victim was later located at the gas station where he advised police that he had been chased through the community by two males in a vehicle and was eventually forced to stop. It was at this time that the suspect pulled out a long barrelled firearm, pointed it di-

rectly at him and made a threat. After the threat was made, both suspects turned around and returned back to their vehicle and sped away.

The victim then removed his children from the vehicle and approached a nearby residence for assistance where they were provided a ride to the gas station and were met by police.

At approximately 7:05 a.m., information was received that the suspect vehicle was now heading north on Highway 6 from Ashern and believed to be returning to Fairford. The two suspects were reported to be intoxicated.

Officers returned to Fairford and located the suspect vehicle parked in

a driveway and observed two males subsequently exit the residence. Both suspects were arrested and taken into police custody. A search of the vehicle did not locate any firearms.

A search warrant was prepared, authorized and executed at a residence in Fairford where officers located and seized four rifles, one shotgun, one pistol and ammunition.

Police have charged two males in relation to this incident.

Fifty-four-year-old Kurt Woodford, from Fairford, is facing 12 Criminal Code charges including:

- Dangerous Operation of a Motor Vehicle
- Assault with a Weapon

- Assault
  - Point Firearm
  - Possession of a Prohibited Weapon
- 39-year-old Cory Sumner, from Fairford, is facing eight Criminal Code Charges including:

- Assault with a Weapon
- Assault
- Point Firearm
- Possession of a Prohibited Weapon
- Uttering Threats

Both males were remanded into custody with their first court appearance scheduled for Sept. 23 in Winnipeg. They remain in custody at this time.

Gypsumville RCMP continue to investigate.



# Meet your candidates: Selkirk-Interlake-Eastman election Oct. 1



Detlev Regelsky Liberal

I have spent most of my career working in manufacturing becoming certified in numerous welding procedures and eventually assumed a leadership role in managing a weld shop. In the early 1980s I was a union organizer with the Canadian Auto Workers (CAW). I have spent most of my adult life in Manitoba and currently live in Argyle, where my wife Charlotte and I raised four children. I have always been an active volunteer in a variety of community programs for youth, especially the Cadet Leagues. Currently, I serve on the Board of Directors of a 55 Plus senior's organization. I have no previous formal political experience.

**Q. What community do you live in? How long have you lived there?**

I have spent most of my adult life in Manitoba and currently live in Argyle, where my wife Charlotte and I raised four children. I have always been an active volunteer in a variety of community programs for youth, especially the Cadet Leagues. Currently, I serve on the Board of Directors of a 55 Plus senior's organization.

**Q. What are some of the major issues that are currently impacting the constituency?**

These are among the biggest issues I'm hearing people speak about;

Childcare. One of the biggest problems facing young families in rural areas, is access to good quality and affordable day care.

2. Mental health and the opioid crisis in our communities.

3. Climate change. We live in an ecologically unique and vulnerable region. The survival and sustainability of these areas depends upon a concerted effort to slow and eventually reverse climate change.

4. Economic development and how we can use high speed internet and the new green economy to create new jobs

5. Last but certainly not least, is to continue on the the path of reconciliation with the Indigenous people of Canada.

**Q. What made you want to run in this election?**

That's a great question and the best answer I think is that it came to a point over the past four years where I became so concerned about the direction the world was headed in that I felt both that it was the right time, and also compelled to find a way to be part of some solutions, and to me the Liberal Party was the best match with my values and the solutions it was offering.

**Q. Have you ever run in a political election before? If so, when?**

I'm new to party politics, but as I mentioned above was very involved as a leader in the Canadian Auto Workers (CAW) in the 1980's. Thereafter I married and raised a family but remained active in community service groups. Now that my children have grown (so I tell them!), my youngest is in her last year of university, I felt the time came to get more involved in the life of our communities and country again.

**Q. Why should voters support you?**

I first noticed during my time as a leader in the CAW that I enjoyed working and interacting with people in efforts to solve problems and improve working conditions. It was then that I first realized what a tremendously enriching and satisfying experience that is. As I have been speaking and working with local residents over the past month I'm feeling that passion return. So I think I have a lot to offer to the residents of the Selkirk Interlake Eastman as I also have become passionate about the things that are important to them.



Ian Kathwaroon PPC

I was born in Ontario to two immigrant parents. I have lived in several places in Ontario as well as The Netherlands for some time while growing up. My family moved to Winnipeg's north-end when I was a young teenager.

I attended Tec Voc high school followed by the University of Winnipeg to study education. My career led me into specializing in behaviour and addictions, which I remained passionate about as I was able to help many youth and adults. I also ran my own counseling agency for several years.

I have previous formal political experience as a candidate for the 2018 mayoral elections.

**Q. What community do you live in? How long have you lived there?**

I currently reside in Selkirk and have been here for the past 10 years. While here I have had the opportunity to explore our region's many beautiful towns and scenery. We have so much to boast about but our citizens remain humble, which makes me proud to live here.

**Q. What are some of the major issues that are currently impacting the constituency?**

We must look at basic living conditions of Canadians. With wages being frozen or increasingly low, we must fight for better financial equality like affordable housing, better "wage-to-costs" ratio and improved use of our tax dollars. We have a growing issue with mental health and homelessness in our constituency. We must ensure that here and the rest of Canada is ensuring that Canadians are looked after first, which no other party has done. Finally, I would like to do what the Conservatives and Liberals have failed miserably at, and meet with our

aboriginal communities to modernize our Indian Act and bring it into the 21st century.

**Q. What made you want to run in this election?**

Where to start? Our current government is and has been simply useless and negligent to our citizens and with our taxes. We have heard the same "bovine excrement" promises and excuses our entire lives. Our history consists of 152 years of Liberal or Conservative power, but they have achieved very little.

Our government has shown time and time again, that they simply don't care about Canadians or the future, if there is a buck to be made today.

I have watched many children grow up during my career, as well as my niece, and when I look around me, I am fearful for their futures. Our grandparents fought for our freedoms and returned to demand a good life. Since then, we have let our freedoms and our rights slip. Most Canadians are currently in severe debt and our children can't afford education and homes. Do we want to be the generations that stood idly by, or the ones that demanded change?

I want to affect positive change for our children and grandchildren.

**Q. If elected, what do you hope to achieve during the upcoming term?**

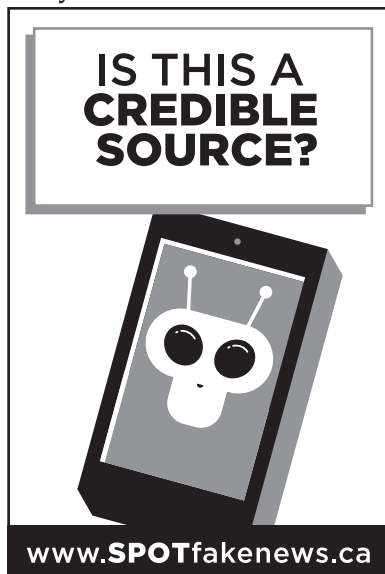
In my first four years I plan to meet with our aboriginal populations and encourage our government to update the Indian Act. I plan to work for "wage-to-costs" ratio (what is earned to what is needed to live) that ensures better financial conditions for Canadians. I will encourage the assistance of Canadians prior to non-Canadians because charity starts at home. We must also look at lowering tuition fees in Canada to encourage our children to pursue education and attain good jobs. I would also like to propose improved accountability for our elected officials, who should be held to account for their "accidents" and "mistakes." I want more of our taxes to end up in the pockets of Canadians.

**Q. Have you ever run in a political election before? If so, when?**

I have run several different community boards but have formally run for office only one other time, in the 2018 mayoral elections in Selkirk.

**Q. Why should voters support you?**

I am the smart vote. If you would like positive change with someone who is





Continued from page 9

willing to fight for you and your family, I am your man. I am a no-nonsense person, who will not accept watching our or our children's futures be flushed down the toilet, so that a few overpaid people can live like kings. I have a history of advocating for others. I am an honest person and won't lie to get your vote. I could promise you the world like others, but we all know that is just lies. A vote for me is a vote for yourself, your children and a better Canada. If we don't try to effect change now, then when?



James Bezan PC

Over the course of my parliamentary career, I have been a strong advocate for rural communities and the agricultural sector. I fought strongly for marketing freedom for Western Canadian farmers, ending the long-gun registry and protecting Lake Winnipeg and Lake Manitoba. As well, I have been very outspoken on the issue of Ukrainian democracy and human rights, and as a result I am banned from Russia by Putin.

I have chaired the standing committees for Agriculture and Agri-Food, Environment and National Defence. Additionally, I served as Parliamentary Secretary to the Minister of National Defence from 2013-2015, and as Shadow Defence Minister from 2015-2019.

**Q. What community do you live in? How long have you lived there?**

My wife Kelly and I live on a farm near Teulon, where we raised our three adult daughters and now spend time with our grandson. We moved here in 1987.

**Q. What are some of the major issues that are currently impacting the constituency?**

Major issues for this riding are affordability for constituents, a wet fall slowing down harvest, Trudeau's carbon tax and rural crime.

Additionally, the feed shortages which have become critical and some of our livestock producers are in seri-

Thursday, October 3, 2019

ous danger of going out of business. They need a government who understands and respects their livelihood and way of life.

Also, the algae crisis in Lake Winnipeg is having a financial impact on the local economy and all levels of government need to act quickly to address the main cause — the dumping of untreated sewage into the lake basin.

**Q. What made you want to run in this election?**

I am running for re-election because Canadians cannot afford another 4 years of Justin Trudeau. He simply has to go.

**Q. If elected, what do you hope to achieve during the upcoming term?**

Our Conservative leader, Andrew Scheer has been clear about what we want to achieve if we form government. We want to make life more affordable for Canadians. We will do that by repealing the Trudeau carbon tax and implementing a Real Plan to Protect our Environment, making sure we can get our pipelines built to get our oil to market, treat small business people with respect and cut the mess of red tape introduced by the Liberals, and end the Liberal practice of financially subsidizing their well-connected, wealthy corporate insiders with your tax dollars.

**Q. Have you ever run in a political election before? If so, when?**

I was successfully elected and re-elected federally in 2004, 2006, 2008, 2011 and 2015.

**Q. Why should voters support you?**

I am working hard to earn the honour of humbly representing the great people of Selkirk-Interlake-Eastman once again in Ottawa.



Robert Smith NDP

I am a socially and environmentally conscious family person, dedicated to helping people especially those who are disadvantaged. I have a Masters Degree in Social Work but my career

spanned various services including Community Development, Child and Family Services, seconded to a First Nations CFS agency and Rural Development, Dept. of Agriculture. My wife and I are currently beekeepers. We live a modest lifestyle and are both involved in activities helping others through our church and other organizations.

**Q. What community do you live in? How long have you lived there?**

For the last 16 years we have lived in the south end of St. Andrews. Previously we lived near Ashern for 16 years, where we had a cattle farm in addition to outside employment.

**Q. What are some of the major issues that are currently impacting the constituency?**

The looming environmental crisis affects all future generations. The putrefaction of Lake Winnipeg by Winnipeg's sewage and other upstream sources affects pleasure use of our beautiful lake and also the commercial and sport fisheries. Severe weather events are already affecting agriculture. As beekeepers we are sensitive, but livestock producers and crop farmers are even more affected by these extreme cycles. Government action is needed to help those most impacted. We are all trying to do our part, but government leadership is required to assist us in transitioning and to limit the big environmental polluters by incentives and by regulation.

**Q. What made you want to run in this election?**

I am inspired by Jagmeet Singh's vision on issues that affect ordinary folks: affordable housing, pharmaceutical, dental care and electrification of public transportation. He has a vision of an interprovincial power corridor, maximizing Manitoba's abundant renewable electric power. I have been involved in befriending and assisting many new Canadians. I believe fair and just welcoming of new immigrants is necessary to sustain our workforce into the future. Previous generations from many countries, including my maternal great grandparents, coming from Britain in the 1870s and my father from Scotland in the 1940s, enriched our nation as newcomers are now doing.

**Q. If elected, what do you hope to achieve during the upcoming term?**

I will work collaboratively towards achieving the visions as outlined by our leader, Jagmeet Singh, in environmental issues, Pharmacare, affordable housing, fair taxation and social justice. I will also work towards the implementation of the recommenda-

tions of the Truth and Reconciliation Commission led by Selkirk's Senator Murray Sinclair.

**Q. Have you ever run in a political election before? If so, when?**

This is my first venture into up front political visibility. Until now, I have been a behind the scenes kind of person, working on committees and practical activities, but my dedication to seeing action on these many important issues thrust me into this spotlight.

**Q. Why should voters support you?**

Those who know me have greatly encouraged me in this venture. They affirm that I am a trustworthy and reliable person to effectively communicate their concerns and priorities. This is about the future of all of us.



Wayne James Green Party

Wayne James is an organic farmer and lives on the family farm near Beausejour. He graduated from the University of Winnipeg in 1976 with a Bachelor's degree in theatre, and has performed internationally, as a musician and as a storyteller.

He has spoken at numerous presentations and conferences about the benefits of organic farming, and he also won the Grassroots Award from the National Farmers Union in 2017.

Wayne is a lifetime supporter in the ideals of social democracy as a living social institutions that adapts to the times it is living in. This is the idea of "collective self interest." This idea is best exemplified by the former Canadian Wheat Board, where farmers were able to pool their resources, share the risks, and share the rewards. It is worth noting that this board was terminated in a most shameful manner by a former Conservative government.

We are at a critical moment in our history, as a people, and as a country, our children are calling on us to exercise our democratic right to take con-



Continued from page 10

trol of our collective future.

I live in the house I grew up in, which means, a life time resident here on the farm.

**Q. What made you want to run in this election?**

In 2005 (I think), I ran in Selkirk Interlake for the NDP, two weeks into the campaign I received a phone call from Mr. Ed Schyrer asking if I would mind stepping aside, which I did.

Subsequently I have run for the Green party in 2015, briefly ... because they (greens) allow me to speak for myself, something the NDP denied me. (larger story, but hey).

**Q. What are some of the major issues that are currently impacting the constituency?**

The move to corporate farming, a form of industrialized farming is the greatest issue this region faces, it is the death of small farms, which were and are the heart of our communities.

Beyond that it is the pressure that industry places on us and the attending degradation of the environment that results.

**Q. What made you want to run in this election?**

The reason I am running in this election, and past elections.....There is a dialogue that is missing from our election process, in a nutshell it is the idea that we the people are responsible for creating the environment of tomorrow. It is the message that people such as Great Thunburg are now bring to our attention. It is the idea that our first responsibility is to the health of the environment in which our children and all future generations will be living in. It is the message that the way we chose to generate "wealth" is

destroying the living world.

**Q. If elected, what do you hope to achieve during the upcoming term?**

I would hope to bring awareness that we are emotional spiritual people, that the arts have a profound effect on our mental and spiritual health.

We have the tools, the energy, the means to live a healthy life without compromising the health of future generations, but this will only happen when we change our ideas about the gross national production's place in our future.

We are gradually learning to think of ourselves as having responsibilities that are far greater than the continual growth of the GDP which in Greta Thunbergs words is "a fairy tale."

**Q. Why should the electorate vote for me?**

I would have us create a health environment, which results in a healthy person, a healthy future. Our past decisions have resulted in the gross enrichment of corporations which is proving to be not only unsustainable, but also profoundly immoral in that it has created a growing divide between the rich and the poor. Our children are watching. Will we continue to enrich the few, or will we take on the responsibility of caring for the living planet.

# WE ARE THE FINE PRINT.

Newspapers are a trusted source and provide credible, reliable information to our readers. Upfront, accurate and above the fold.

**Newspapers matter. Now more than ever. National Newspaper Week 2019.**

THE **EXPRESS** WEEKLY NEWS

**NEWSPAPERS MATTER**  
NOW MORE THAN EVER  
NATIONAL NEWSPAPER WEEK  
OCTOBER 6-12, 2019

## BOOK YOUR ANNOUNCEMENT TODAY

- BIRTHDAYS
- MARRIAGES
- ANNIVERSARIES
- NOTICES
- OBITUARIES

- IN MEMORIAMs
- ENGAGEMENTS
- BIRTHS

- THANK YOUS
- GRADUATIONS

Call 467-5836

THE **EXPRESS** WEEKLY NEWS



## 2020 marks the 150th anniversary of Manitoba becoming a Province.

We invite all Manitobans to join us as we celebrate our past and build legacies for our future.

### BUILD 150

PRESENTED BY

 **JAMES RICHARDSON & SONS, LIMITED**  
ESTABLISHED 1857 AND AFFILIATED COMPANIES

Leave a lasting legacy across the province. Apply for funding and see your community project come to life!

### HONOUR 150

PRESENTED BY

 **canada life**

Recognize today's community champions with a Manitoba 150 medal. Nominate someone today!

### CELEBRATE 150

Host a Manitoba 150 celebration in your community. Apply for funding and make 2020 memorable!

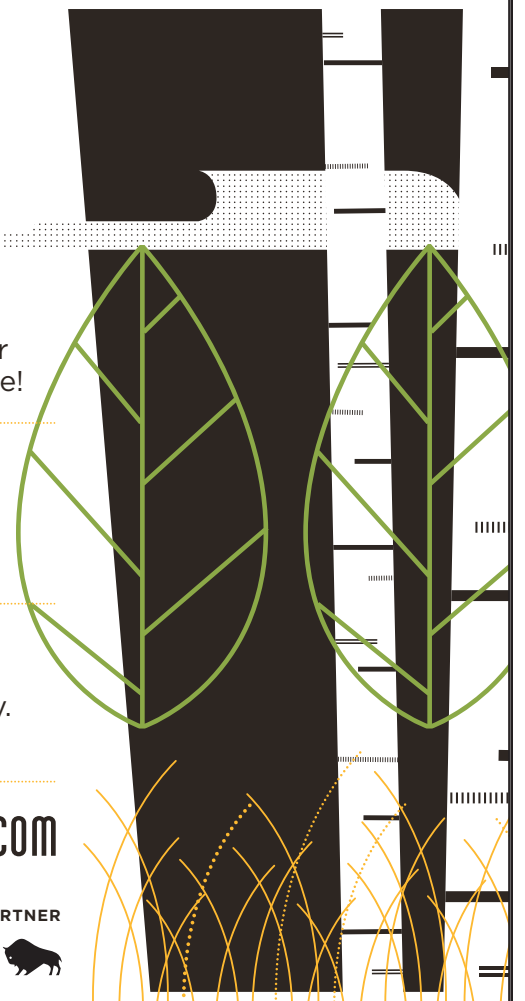
Program guidelines and application details are available at

**MANITOBA150.COM**

DISCOVER OUR BEAUTY, MEET OUR PEOPLE,  
EXPERIENCE OUR CULTURE, EXPLORE OUR HISTORY

FUNDING PARTNER

**Manitoba** 





# Call for volunteers for 55 Plus Games in Selkirk

By Ligia Braidotti

A fun event coming to Selkirk will keep seniors busy and fit next year.

The 55 Plus Games is held in different communities across Manitoba and next year is Selkirk's turn to be the host. The games will take place from June 16 to 18 and include more than 20 activities for senior — everything from bowling, slo-pitch, golf, pickleball and track to scrabble, cribbage, whist, arts and crafts, and shuffleboard. Also, there will be an evening of entertainment at the waterfront and an athlete's banquet.

The host committee estimates that more than 1,000 participants and 400 volunteers, plus hundreds of spectators, will come from all places to experience Selkirk. They say it's a unique opportunity to showcase the warmth of the city.

Deborah Vitt and Gerald Hamm are co-chairs of Selkirk's host committee, and they are excited about the level of interest in Selkirk already.

"I'm really stoked. The more I get involved with it, the more I learn about it, the more I know the wide scope of involvement from participants from 55 plus, it's really exciting," Vitt said.

He added the games are about embracing aging, bringing seniors together and they offer something for everyone and all skill levels.

However, the event can only occur with the help of volunteers. The host committee is looking forward to seeing familiar and new faces stepping up to help make this event a success. They are inviting people to attend the Volunteer Kickoff Rally at the Gordon Howard Centre (384 Eveline St.) that will take place on Wednesday, Oct. 9 from 6 to 8 p.m. At the meeting, the committee will provide information on the different events of the 55 Plus Games and answer questions about volunteering. Volunteers of all ages are needed as judges, scorekeepers and general helpers at all events.

For those interested in participating at the games, registration begins in March and forms will be available online at [activeagingmb.ca](http://activeagingmb.ca) or by calling the games office at 204-261-9257. The games are open to Manitobans who will be 55 or older on Dec. 31, 2020.

For more information, contact Gordon Howard Centre at 204-785-2092, email [info@gordonhoward.ca](mailto:info@gordonhoward.ca) or visit [activeagingmb.ca](http://activeagingmb.ca).



EXPRESS PHOTO SUBMITTED

Deborah Vitt, left, and Gerard Hamm, co-chairs of Selkirk's host committee, accepted the official sceptre from Swan River hosts in June.

**WE'RE THE PROJECT EXPERTS**

Garage Packages	Post Frame Buildings	Cattle Shelters
<b>Material Package</b> <b>16'x24'</b> <span style="color: red; font-size: 1.2em;"><b>\$3,799<sup>98</sup></b></span> <small>*Other sizes available</small>	<b>Material Package</b> <b>32'x40'-14'</b> <span style="color: red; font-size: 1.2em;"><b>\$11,999<sup>98</sup></b></span> <small>*Other sizes available</small>	<b>Material Package</b> <b>32'x42'</b> <span style="color: red; font-size: 1.2em;"><b>\$4,999<sup>98</sup></b></span> <small>*Other sizes available</small>

**28 GA COLOURED METAL FROM .89¢ / SQ FT**

**STOCKING FULL LINE OF INSULATION:**  
 JM,  
 Plastispan,  
 Roxul and  
 Styrofoam  
 SM

**ALL Weather Windows Custom Windows & Doors on sale for 15% Off**  
 list Promo code **"RONAFALL2019"**  
 Sept 26th to October 9th

**6 Panel Pre-Hung Door**  
 32" Reg 229..... **209**  
 36" Reg 239..... **219**  
Primed 4-9/16" jamb. Single bore. Hardware and trim sold separately. #2236 MRL1L.

Prices are in effect Sept. 27th - Oct. 31st

**Corner of Hwy 7 & 17, Teulon**  
**204-886-3111**  
[customerservice@ronarockwood.ca](mailto:customerservice@ronarockwood.ca)

Cash & Carry. Taxes Extra. While Stock Lasts.

**100-7th Ave, Gimli**  
**204-642-9688**  
[service@ronagimli.ca](mailto:service@ronagimli.ca)

**PUBLIC NOTICE**  
**PROPOSED BELL MTS RADIOCOMMUNICATIONS FACILITY**  
**TELECOMMUNICATION TOWER**

To improve service for the P25 Public Safety Network and future Bell LTE site, Bell is proposing to construct a 97 metre guyed tower with ancillary radio equipment including a shelter approximately 6ft 8in x 8ft at the base of the tower with a perimeter fence restricting public access. As part of the public consultation process as required by Innovation, Science, and Economic Development (ISED), formerly Industry Canada, Bell's regulator under the Radiocommunications Act, Bell is inviting the public to comment on the proposed tower location before date in compliance with ISED's public notification requirements. This tower is fully compliant with ISED guidelines, as found under the Client Procedure Circulars.

**TOWER LOCATION:** Approximately 2.1 km South-West of the intersection of Hwy 233 & Spruce Street in Fisher Branch, Manitoba

**COORDINATES:** Lat: 51.066859° N, Long: -97.642974° W

**LEGAL:** NW ¼ 11-24-2 WPM EXC FIRSTLY: THE NLY 417.38 FEET PERP OF THE WLY 417.38 FEET PERP, SECONDLY: THE ELY 700 FEET OF THE NLY 300 FEET, THIRDLY: PLAN 49406 WLTO AND FOURTHLY: ALL MINES AND MINERALS AS SET FORTH IN THE CROWN LANDS ACT

**ANY PERSON MAY** comment by close of business day on November 6, 2019 with respect to this matter.

**BELL CONTACT:**  
 Kyle Shannon  
 Medallion Wireless  
 Consultants for Bell MTS  
 2417 Main Street  
 West Kelowna, BC, V4T 2H8  
 Tel: 1-250-869-5688  
 Fax: 604-469-6838  
 Email: [feedback@Medallionwireless.com](mailto:feedback@Medallionwireless.com)



# Home for the Summer program provides hands-on experience

By Jennifer McFee

It was a summer to remember for a group of students interested in pursuing a career in the health-care sector.

The Interlake-Eastern Regional Health Authority hosted 30 students through the Home for the Summer program, a joint initiative among Manitoba's regional health authorities.

Through this initiative, students benefit from hands-on clinical or site experience. Initially, the program was open only to medical students, but now the scope has expanded to include students of nursing and allied health programs. Studying either at home in Manitoba or out of the province, they need to be enrolled in a health-care training program that would fill a future need for the Interlake-Eastern RHA.

This summer, practices throughout the region hosted 17 medical students who had the chance to learn about obstetrics and gynecology, psychiatry, anesthesia, surgery and emergency medicine for two to six weeks.

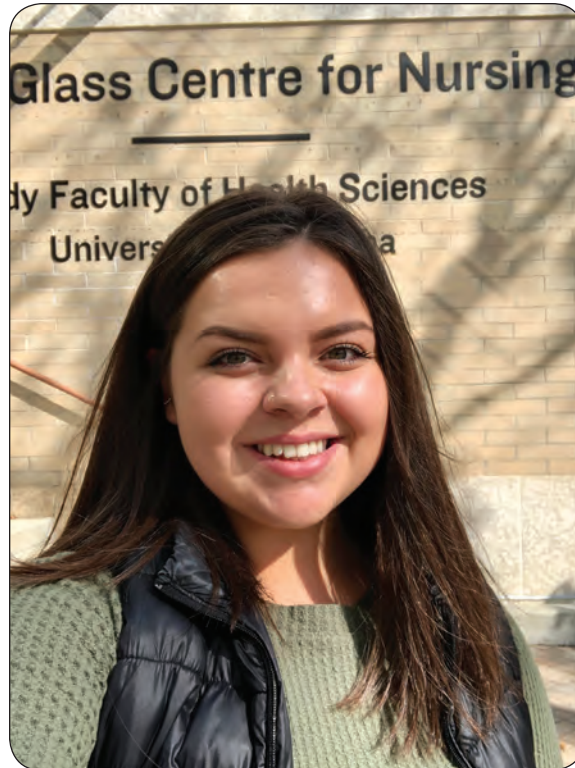
In addition, 13 students participated in the fields of nursing, occupational health and safety, pharmacy and more. The minimum commitment was for five weeks.

Students applied for these paid positions, which are funded through the Interlake-Eastern RHA and Manitoba Health Care Providers Network. Preference is given to students who have a connection to the area.

Kaylee Smith of St. Laurent was glad to be chosen as one of this summer's participants. She just started a nursing program at the University of Manitoba in September, so she had the chance to complete the summer posting before jumping into her post-secondary courses.

"It was awesome. I think it was beneficial that I did that position before I started my program. It really assured me that this is the path I wanted to take even before starting the program," said the 20-year-old.

"Since I didn't have any clinical experience prior to starting, I did a shadowing role. I shadowed a lot of nurse practitioners, nurses and health-care aides. I did acute care for a couple days, and I was mostly at a lot of primary care clinics. I also did some mobile wellness where we went out to communities and did mobile blood pressure and blood glucose monitoring."



EXPRESS PHOTO SUBMITTED

Kaylee Smith of St. Laurent participated in the Interlake-Eastern RHA Home for the Summer program.

Smith spent ample time working in a primary clinic in her home community of St. Laurent. She also had the chance to go as far north as Gypsumville with a mobile clinic as well as other placements in Ashern, Eriksdale, Lunder, Pine Falls, Selkirk and Stonewall during her 11-week stint.

For other students who might be interested in pursuing the Home for the Summer program, Smith encourages them to submit an application.

"I would absolutely recommend it. It's one of the greatest summer experiences I've ever had," she said.

"If you do get the job or are interested in getting the job, really pay attention to your mentors. They're the ones that inspired me to do what I want to do."

This summer solidified for Smith that she is on the right career path.

"It gave me a greater understanding of the

scope that nurses can do from public health to acute care," Smith said.

"I love science and I love helping people, so nursing combines those two things together. It really encompasses exactly what I want to do for the rest of my life."

IS THE  
PERSPECTIVE  
BIASED?



www.SPOTfakenews.ca

FRIDAY  
OCTOBER | 4th  
11AM - 7PM

BBQ & Bannock Sale



Clothes, Furniture, Housewares, Toys & more

Food Bank Building (Main St) Riverton, MB  
Old Home Hardware

For Questions Call (204)378-2800

We are always accepting donations

RIVERTON & DISTRICT FRIENDSHIP CENTER

ROBERT A.  
SMITH  
Selkirk-Interlake-Eastman

robert.a.smith@ndp.ca



NDP



# Tougher than breast cancer



## Breast cancer: communicating with your treatment team matters

There's no right or wrong way to react to a breast cancer diagnosis. Once it's time to begin treatment, however, effective and open communication between patients and their health care team is crucial. Patients who communicate well with their teams have been shown to deal with pain and treatment side effects better.

### Be transparent

While they may be experts in their respective fields, the members on your team can't guess what your worries or questions are. Without your full disclosure they won't be able to adapt their approach, adequately reassure you or correctly inform you. Don't feel like the onus is exclusively on you, however. If a member of your team isn't receptive to your concerns, bring it up with someone in charge.

Once treatment begins, be sure to share new information about your situation with your team. Let them know if you're having trouble getting around or even if you have upcoming travel plans or events to attend. They'll be able to suggest personalized solutions to help you better navigate your treatment period.

### Expect transparency

Your health care team is responsible for providing you with all the information you need to make informed choices about your treatment. They're required to lay out every option available to you as well as their potential benefits and risks. Ask for clarification when needed and don't hesitate to request medical professionals repeat themselves if there's something you didn't catch.



Openly communicating with your health care team is an effective way to feel more in control of your treatment. It also allows you to build a trusting relationship with the professionals helping you, which is likely to reduce the stress and worry associated with your breast cancer treatment.

## How is breast cancer diagnosed?



It's impossible to identify breast cancer based on symptoms alone. This is why doctors need to perform a number of tests before issuing a diagnosis. Here are the types of assessment typically used.

### Imaging tests

Imaging techniques such as ultrasounds, magnetic resonance imaging (MRI) and diagnostic mammograms are used to examine tissue. These allow doctors to identify and measure the size of tumours. They're also used to help determine how advanced the cancer is.

### Biopsy

A biopsy consists of taking a sample of breast tissue for analysis. It's the only test that can confirm a cancer diagnosis. Aside from their diagnostic purpose, biopsies are also used to evaluate how fast cancer cells are multiplying, which helps establish a treatment plan.

### Laboratory tests

There are many other types of tests than can be run on samples taken during a biopsy. These are used to gather more information about the cancer, such as its type, grade, stage and potential response to different treatments.

### Blood tests

Blood tests are used to assess whether other organs are still functioning normally. Certain systemic issues may indicate that the cancer has spread.

Each breast cancer case is different, and doctors may want to perform a series of complementary tests and exams. Cancer is a complex disease, and each of these tests provides your health care team with information they need to effectively treat you.



**Municipality  
of Bifrost-Riverton**  
Phone 204-376-2391  
Reeve, council and staff



**West Interlake Watershed  
Conservation District**  
204-762-5850



**Interlake  
Coop**  
Arborg  
204-376-5245

**Interlake Auto  
& Tractor Parts Ltd.**

Arborg, MB (204) 376-2667 [iauto@mymts.net](mailto:iauto@mymts.net)



16 Main St, Eriksdale, MB (204) 739-2110



**Gimli**  
(204) 642-5555



**STAY SAFE**

*Elevating Careers and Community*

204.364.2442 [storevertical.com](http://storevertical.com)



204-768-2858



**Ukrainian Farmers  
Cooperative**  
Fisher Branch, MB  
(204) 372-6202



**321 Main  
Street,  
Arborg**  
204-376-5242



**Arborg**  
(204) 364-2775



(204) 467-5836



**WE PROTECT your CASTLE!**  
Gimli P. 204-642-8591 Winnipeg Beach  
61 A. Centre Street P. 204.389.483 54 Main St. [www.garriock.ca](http://www.garriock.ca)





**Lundar** **MANITOBA**  
The Rural Municipality of Coldwell

**Rural Municipality of Coldwell  
Council and Staff**



[www.lundar.ca](http://www.lundar.ca)

# Lundar Elks organize 43rd annual goose shoot

By Evan Matthews

For the 43rd consecutive year, people from all over the world will flock to Lundar for its annual goose shoot host by the Lundar Elks.

Lifelong friendships and bonds have formed, as teams come from as far as Alberta, Florida, Iowa, Wisconsin, even South Africa, according to Jim Law, one of the co-organizers.

"I've been hunting (in this event) with guys from the U.S. since 1996. ... But this event is huge economically for our community," said Law.

"People spend money at our grocery store and at our bar. People stay at the Lundar Hotel. It generates revenue for the community."

Though most everything is done in regard to planning and setting up the event, which takes place Friday, Oct. 11 and Saturday, Oct. 12, Law said organizers are still working toward selecting the respective fields in which teams will hunt.

"Everyone is really supportive of this event. It's local people doing it. There is a lot to look after," said Law.

"We're looking forward to when hunters will set up their decoys, and then hope the birds will come in and

co-operate with them."

Scouts have been going out through the Coldwell municipality, as well as Armstrong and the Eriksdale area, trying to find suitable fields — mostly private property — for the hunt. Once identified, landowners will usually ensure the land goes untouched until after the hunt.

Twenty teams made up of four people per team are registered in the event, Law said. Teams will be scored on the total number of birds hunted, with the tiebreakers going first by cumulative team weight, and finally if there is a tie in cumulative team weight — which has happened in years past — longest wingspan would be the final tiebreak.

Hunters will be allowed five birds, totalling no more than 20 birds per team.

Teams will arrive in Lundar on Oct. 11 and register, have dinner and experience the Calcutta auction, with a breakfast and then the hunt on Oct. 12.

A silent auction will also take place on both the Friday and Saturday.

Sponsors for the silent auction include Cabela's and Voltage Power,



EXPRESS PHOTO BY JO-ANNE PROCTER

The Elks are hosting the 43rd annual goose shoot in Lundar this weekend.

Law said.

For the second consecutive year, Dr. Vince Horbay has donated a gun from his collection to the goose shoot.

The gun will be auctioned off, with half the proceeds going to the Children's Hospital and the other half to the Elks, according to Law, with the gun Horbay donated last year raising just over \$1,000.

All funds raised and controlled by the Elks are injected back into the community, Law said.

"Several years ago, a young girl needed hearing aids. The Elks contributed to that," said Law. "A family had a house burn down and they didn't have insurance, so the Elks donated to them."

**Polaris &  
FXR Apparel**

**FXR1** **POLARIS**  
OFF-ROAD VEHICLES

**RANDY'S  
TIRE & SPORT**

Visit Randy's Tire & Sport  
for Sales & Service

**2019 Polaris Ranger**  
(Rebates applicable)



[www.randystire.com](http://www.randystire.com)  
[randy@randystire.com](mailto:randy@randystire.com) **204-762-5815**  
P.O. Box 316, 24 PTH #6, Lundar, MB R0C 1Y9





# There's something for everyone in Winnipeg Beach: WBRA hosts community info session

By Patricia Barrett

The Winnipeg Beach Residents' Association (WBRA) held a Get to Know Your Town event Sept. 21 at the community centre to help residents become better informed about the variety of activities available in the beachside community.

WBRA member Deb Benning said the association is about a year old and many residents may not know it exists and how it can help them find out what's going on around town. It's also geared towards newcomers who may not know many people or where to look for information.

"The residents are only just starting to learn about us and we're beginning to get a feel for what we



Winnipeg Beach Deputy Mayor Pat Green, left, Coun. Frank Masi and Citizens on Patrol member Carol Oppermann.



EXPRESS PHOTOS BY PATRICIA BARRETT

Members of the Winnipeg Beach Residents' Association.

## FACT-CHECKING THE WORLD SINCE IT WAS FLAT.

Newspapers matter. Now more than ever.  
National Newspaper Week 2019.

THE **EXPRESS**  
WEEKLY NEWS

NEWSPAPERS  
MATTER  
NOW MORE THAN EVER  
NATIONAL NEWSPAPER WEEK  
OCTOBER 6-12, 2019

need to do in the community to bring awareness to all the opportunities for recreation," said Benning. "You kind of get used to doing the same thing all the time and it's nice to change it up and find something new that's being offered in your own town. And there's businesses here that people are aren't aware of."

WBRA president Paul Chorney said the association is exploring how to create an environmental committee and has already liaised with the Gimli Environmental Advisory Committee for advice. WBRA is also in the process of creating new fitness opportunities in the community.

"We did a full brainstorming session around fitness and opportunities in Winnipeg Beach," said Chorney, "and we're trying get a workout space in the basement of the Community Centre."

There are a number of groups residents can volunteer for, including Citizens on Patrol and the Royal Canadian Legion. And keeping the mind-body balance front and centre, residents can join the cross-country skiing club, visit certified holistic health practitioner Sis (Cecille) Thomas Moore at Prairie Light Healing, contribute stories/poems to Voices, Journal of the Lake Winnipeg Writers' Group or take music lessons with SCAPE (Stronger Com-



Winnipeg Beach Legion members from left Teresa Beauregard, Peggy Kennedy and Clint Kennedy.



Members of SCAPE perform a folk song. Helma Rogge Rehders (left) says SCAPE will teach people how to play.

munities through Arts Participation for Everyone).

"We were all novices," said artist and writer Helma Rogge Rehders, who learned to play the flute. "We all learned our musical instruments from SCAPE."

SCAPE, which has been a fixture in the Beach for about six years, also offers fine arts and craft classes, kids' craft-making, monthly folk music nights, Irish music nights, drumming workshops, spring concerts and jazz sessions every Wednesday at St Bartholomew Church to name a few.

The Legion offers floor curling, weekly Catch the Joker draws, steak dinners, socials, cribbage and whist and a healthy baby support group.

Town of Winnipeg Beach Deputy Mayor Pat Green and Coun. Frank Masi were on hand to help residents find information and introduce them to various community groups.

Green thanked WBRA members for organizing the event, saying she

"couldn't be more proud of them." She asked residents to reach out to the association or to council if they have ideas about activities in the community.

"We would like to encourage you, if you have any ideas, to come to council or to go to the residents' group and let's talk about this. The Town supports you 100 per cent – come to us with your ideas," said Green. "There are groups in town that we don't know about because they're just out there doing their thing. So this is a great way to promote them and to encourage everybody to get involved."

The WBRA currently has 16 volunteer members and Benning said people are always welcome to join as "more hands make light work."

Visit the WBRA on Facebook or stop by the town office for more information about the association and how to get in touch with members.

**Saturday  
OCTOBER 5  
10am-5pm**

**Little Elska**

**ENTER TO WIN DOOR PRIZES**

**GRAND OPENING**

**STOP IN TO JOIN US FOR CUPCAKES AND LEMONADE**

- CUSTOM ORDERS
- WOOD SIGNS
- CHRISTMAS STOCKINGS AND SANTA BAGS
- MATCHING CHRISTMAS PJ'S
- JEWELLERY
- MINKY BLANKETS
- PILLOWS
- STUFFED ANIMALS
- CUSTOM T-SHIRTS AND MUGS
- PLUS MANY MORE ITEMS!

**IN-STORE SPECIALS**

*Shelby Jean*

**365 MAIN ST, ARBORG**  
PHONE 204-494-1683

**littleelska.com**



# FIRE Prevention WEEK

October 6-12, 2019

Not every hero wears a cape.  
PLAN and PRACTISE your ESCAPE!

## How and why you should regularly check your smoke detectors

Each floor of your home, including the basement, should be equipped with a smoke detector. It's also a good idea to put a smoke detector in every room. However, the most important thing of all is regularly checking that they work properly.

### How to inspect smoke detectors

Once a month, press the "test" button on each of your smoke detectors. If you don't hear anything, replace the battery immediately.

In addition, you should confirm whether your detectors can actually detect the presence of smoke. Once a year, blow out a candle under them. If they don't go off, then they need to be replaced as soon as possible.

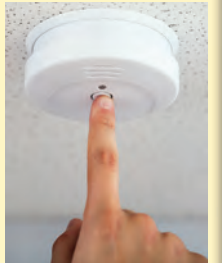
### Smoke detectors save lives

The best way to prevent casualties in the case of a fire is to have functioning smoke detectors. Here's why.

- Most fire-related casualties occur overnight. A smoke detector's alarm allows occupants to wake up and evacuate in time.

- Smoke inhalation is the leading cause of fire-related death. Smoke spreads quickly, and occupants have on average two minutes to evacuate before smoke inhalation becomes life threatening. Smoke detectors allow you to react before it's too late.

The bottom line is that well-functioning smoke detectors are the best way to keep you and your family safe.



## Be a fire prevention hero: plan your escape route

October 6 to 12 is Fire Prevention Week. Each year, Fire Prevention Canada endorses the National Fire Protection Association's chosen theme. This year it's Not Every Hero Wears a Cape. Plan and Practise Your Escape! This campaign is designed to educate people about the small but important steps they can take to stay safe in the event of a fire.

### Ensure smoke alarms work

The first step in escaping a fire is

being alerted to it. There should be smoke alarms on each level of your house and one in each bedroom. Test your alarms monthly to make sure they work.

### Make an evacuation plan

If a building is burning, you may only have two minutes to evacuate the premises once the fire alarm sounds. Planning your escape route and practising it with everyone who lives in your home could save lives. Here's how to create an evacuation

plan with your family.

- Draw the layout of your home and identify two ways out of each room.
- Ensure that evacuation routes remain clear at all times and that all family members can access them.
- Pick two meeting places: one just outside your home and another that's further afoot but still in the vicinity. This is where your family will gather in case of a fire.
- Make sure everyone knows how to call 911 or emergency services from a cellphone or a neighbour's



phone.

Having an evacuation plan can mean the difference between life and death. This year, be a fire prevention hero and work with your family to create a fire safety plan. For more information about fire safety and Fire Prevention Week, visit fpw.org.

**Interlake Auto  
& Tractor Parts Ltd.**

Arborg, MB (204) 376-2667 [iauto@mymts.net](mailto:iauto@mymts.net)

**THE EXPRESS**  
WEEKLY NEWS  
(204) 467-5836



Municipality  
of Bifrost-Riverton  
Phone 204-376-2391  
Reeve, council and staff



**Interlake  
Coop**  
Arborg  
204-376-5245



(Ashern) 204-768-2641  
(Eriksdale) 204-739-2666  
[www.rmofwestinterlake.com](http://www.rmofwestinterlake.com)



16 Main St, Eriksdale, MB (204) 739-2110



West Interlake Watershed  
Conservation District  
204-762-5850



321 Main  
Street,  
Arborg  
204-376-5242



**STAY SAFE**

Elevating Careers and Community

204.364.2442 [storevertical.com](http://storevertical.com)



[www.Grahamdale.ca](http://www.Grahamdale.ca)  
204-768-2858



Gimli  
(204) 642-5555



Ukrainian Farmers  
Cooperative  
Fisher Branch, MB  
(204) 372-6202



Gimli P. 204-642-8591 Winnipeg Beach  
61 A. Centre Street P. 204.389.483 54 Main St. [www.garriock.ca](http://www.garriock.ca)



For all your printing  
and publishing needs

467-5836



# Richardson Foundation's \$15,000 grant enables upgrades at Riverton Curling Club

By Patricia Barrett

The Riverton Curling Club's canteen facilities will be upgraded this season thanks to a generous \$15,000 donation from the Richardson Foundation.

Reg Lemoine and Brent Thorarinson from Richardson Pioneer presented the cheque to club members on behalf of the foundation on Sept. 25.

"I'm pretty excited about this," said curling club treasurer Eric Loewen. "It will allow us to make some much-needed improvements in the club that we've been looking to do for some time. We're thankful the Richardson Foundation gave us a chance."

The canteen facilities on the second floor are due for an overhaul, he said, as they hadn't been touched since 1986 when the building was constructed.

Curling Club president Shawn Magnusson said he's grateful for the foundation's donation as it will enhance the overall building for the curlers.

"We have about 75-85 curling club members and we run a junior pro-

gram," said Magnusson. "We have three bonspiels throughout the winter that help pay the bills."

Last year the club replaced flooring and carpeting and upgraded the bathrooms and the lounge it shares with the Riverton Elks, he said.

The Richardson Foundation oversees the philanthropic giving of James Richardson & Sons, focusing on education, the environment, visual and performing arts and youth. It also supports the United Way.

Its past recipients include Ducks Unlimited Canada, Tundra Oil and Gas Place in Virden, Rossbrook House, the Winnipeg Folk Festival, the Arborg Curling Club and Arborg Collegiate (outdoor sports track).

Lemoine said a lot of farmers in the Riverton area deal with Richardson Pioneer's South Lakes agriculture centre in Stonewall.

For Thorarinson, the donation hit very close to home as he grew up in the Riverton area and said small



EXPRESS PHOTO BY PATRICIA BARRETT

From left: Curling Club treasurer Eric Loewen, Brent Thorarinson from Richardson Pioneer, Curling Club treasurer/point person Jeanette Nickols, Reg Lemoine from Richardson Pioneer and Curling Club president Shawn Magnusson.

towns appreciate funding support to help the community thrive.

"It's really an honour for me to be here today to help present the cheque

on behalf of the Richardson Foundation," said Thorarinson. "This donation is very much needed for a town of this size."

# Ad hoc committee meets to discuss library for RM of Fisher

By Evan Matthews

RM of Fisher residents hope council can read between the lines when it comes to a proposed library.

According to ad hoc committee member and RM of Fisher resident, Lynda Baker, a library would mean so much more to the community than just books.

"As a local, I want this in my town. I want another reason to stay here. I don't want to go to Winnipeg or to Arborg or

wherever," said Baker, alluding to the fact that libraries become community hubs in many small towns.

"It's a heck of a lot easier for me to pay something here for a service in my town than it is to go somewhere else," she said.

The ad hoc committee, which now consists of 12 members, hosted a community meeting on Sept. 24 to discuss the formation of a public library in the RM of Fisher and will appear as a delegation at the Oct. 2 meeting.

Roughly 40 people attended the Sept. 24 meeting at the Fisher Branch Collegiate Library, to offer support for the endeavor.

Reeve Shannon Pyziak plus councillors Tom Nevakshonoff and Allan Lindal were in attendance, while the meeting was facilitated by Raymond Imlah.

"There was a wonderful cross-section of community members, who were all very excited at the potential for a library in the community, for first time in community's history," said Baker, adding there were educators, young mothers, seniors, farmers and business owners in attendance.

"There is potential for kids' activities, programming and other events. It can be a hub."

This won't be the first time the committee has presented to council, according to Baker, as after the first presentation council had asked the committee to have a petition signed. After the second presentation, council asked for a business plan.

With Oct. 2 being the third presentation, Baker said the committee has acquired a petition with over 300 signatures and developed a business plan with the help of Community Futures.

She hopes council will make a decision this time around.

The committee has also acquired 12 letters of support from community groups, which Baker said should be an indication to the RM that there is a strong community desire.

## What is the committee asking of council?

At the Sept. 24, residents and committee members discussed the difficulty in finding a suitable location, while also mentioning revitalizing the downtown area as a priority.

"We hope to use an existing building, not build a new one. That part of our proposal is acquiring council's help in doing that," said Baker, who added it would be up to council to find the funding in their 2020 budget.

"April would be the earliest for grant funding (to aid council). The RM must review the business plan and decide how to finance this endeavour."

Residents have been volunteering to the ad hoc committee, to date, according to Baker, and an "election" for positions on the hypothetical library board would happen at some point down the line.

More details on the financial scope of the plan will come out of the Oct. 2 presentation, Baker said. Baker added thanks to Tammy Dziadek of Community Futures, who helped create the business plan.

"We didn't know how to go about that. We were scratching our heads. We presented everything we knew how to present," said Baker.

"(Dziadek) was so great. We answered a questionnaire about our plan, she went over it ... and all the information came forward in this concise and beautiful plan, including the financials."

**THANKS  
FOR NOT  
READING  
IN THE  
DARK.**

Canadians rely on newspapers to be their trusted source of accurate information. Helping us shed more light on the world.

**Newspapers matter. Now more than ever.  
National Newspaper Week 2019.**

**THE EXPRESS**  
WEEKLY NEWS

**NEWSPAPERS  
MATTER**  
NOW MORE THAN EVER  
NATIONAL NEWSPAPER WEEK  
OCTOBER 6-12, 2019



# Arborg youth continues to excel academically at university

Submitted by Lloyd Roche

Some experts claim that early career academics are now required to possess a “superhero-like” ability to multitask if they want to obtain their “dream career.”

Bryson Schettler is living his dream and making his family extremely proud of his accomplishments.

Schettler graduated from Arborg Collegiate with honours in 2015 and then graduated with a Mechanical Engineering Technology Diploma with honours from Red River College in 2018. His final GPA was 4.2. In his final year, Kathryn Davis, instructor and co-op coordinator at RRC, said Schettler had a perfect GPA of 4.5 (out of 4.5). She also said that his parents and former teachers should be proud of his accomplishments and “Bryson’s achievement is not only borne out of aptitude and intelligence, it also comes from effort, attitude, motivation and very hard work. Bryson does not rest on his laurels; he spent many an evening working very late in our computer lab at RRC.”

Davis also said that her experience with Schettler extends to the workplace since she was also his co-op coordinator.

His work experience started at Farox in Gimli supervised by Mark Michaluk. He also secured employment at Magellan Aerospace’s Rockwood Propellant Plant, a leader in Manitoba Aerospace. He gained extra experience by working at an engineering consulting company in Winnipeg.

Schettler is now attending McMaster University in Hamilton, Ont. McMaster offered him admission because of his high academic achievement. He was accepted as a college transfer into the third year of Bachelor of Technology in Manufacturing Engineering Technology. Upon completion of the undergraduate studies, Schettler is planning to complete graduate studies (Masters) in Manufacturing/Mechanical Engineering as well as Professional Engineering Designations.

Schettler has received awards such as Manitoba Aerospace Association Mechanical Engineering Technology Award from RRC and the Boeing (Winnipeg) Scholarship also from RRC. During his high school years, he worked at Arborg Pharmacy and Pat Eyolfson, co-chair of Arborg & District Multicultural Heritage Village stated that Schettler volunteered at the Heritage Village and “impressed



EXPRESS PHOTO SUBMITTED

Arborg’s Bryson Schettler is attending McMaster University in Hamilton, Ontario where he is in his third year of Bachelor of Technology in Manufacturing Engineering Technology.

the board members as being a very honest, hardworking and personable young man.” He was well known to volunteer for many community events and is dedicated to whatever he is involved in. Great news: Schettler is already excelling in his first year at McMaster with 100 per cent on as-

signments in the month of September.

Along with hard work, focus and determination, Schettler wants to thank his family, past teachers and proctors, friends, previous employers and co-workers for the support, guidance and mentoring in pursuing his dreams.

## Fisher explores water issues and aims to improve communication

By Evan Matthews

Many residents in the RM of Fisher have had enough boil water advisories for their liking, and the RM has taken notice.

Last week, the RM of Fisher experienced another boil water advisory, as the water system came back with “unfavorable government testing levels,” according to CAO Kelly Marykuca, who added the most recent situation was unrelated to any previous.

The boil water advisory has since been lifted.

### Residents left with questions

But on the day the advisory was put in place, the RM issued the advisory at 4:30 p.m., which some residents said left them with a lot of questions, but not many answers due to the office’s closure.

“I live in town and have not received a notice,” one resident said via Facebook. “What about the citizens that don’t have Internet or Facebook? How are they finding this information out?”

CAO Marykuca acknowledged the importance of ensuring residents have access to information pertinent to their well being, and said the RM does everything possible to act in the

best interest of its residents.

Marykuca said the Fisher council has put an alert system, called All Net, on the agenda for 2020 budget discussions, which is said to improve communication between the RM and its residents.

More specifically, the All Net service council will soon discuss is called Connect, which uses a central portal to manage and disseminate messages to all residents.

“It can be used to broadcast severe weather, wildfires, boil water advisories, road closers or even a soccer practice,” said Marykuca.

“The service is managed by the (taxpayer), and they sign up to however many messages and types of messages they want to receive.”

All Net allows residents to select the types of messages they want to receive and through which medium (text, email, landline, etc.).

“We’ve had feedback from our rate payers, either by direct inquiries to our office or social media comments, that we need to improve our means of communication,” she said.

Emergency alert messages through Connect can also be automated to broadcast on residents’ smartphones,

according to the website.

The RM has no definitive timeline for implementation of All Net’s Connect service but has acknowledged how it could help.

“The great thing about this system is it not only notifies people with email, text and social media but also notifies people by ringing a land line,” said Marykuca.

“All Net would help (the RM) notify a larger group of people in a relatively short time frame.”

As it stands now, the RM puts important notices, such as boil water advisories, on its website, which Marykuca said results in notification delays for residents.

The RM also calls as many residents as possible, while also handing out flyers, but with limited staff and resource. Marykuca said there is room to improve efficiency.

### The water infrastructure

While the new communication method could help the community, it doesn’t change the number of boil water advisories.

In June, the RM of Fisher experienced a boil water advisory administration attributed to a failure in the

disinfection treatment process caused by a broken chlorine pump. The pump has since been replaced.

“The RM is doing all possible to make sure we are doing our due diligence to provide safe and clean drinking water,” said Marykuca.

Employees from Manitoba’s Office of Drinking Water will attend Fisher Branch in 2020 to conduct a standard annual inspection of the water treatment plant, according to Marykuca.

ARE  
OTHER SOURCES  
REPORTING THE  
SAME STORY?



www.SPOTfakenews.ca



## Arborg expresses pride in community for raising over \$18K for Terry Fox Foundation

By Patricia Barrett

Arborg earned the distinction of being the second-highest fundraising community in the province for the 2019 Terry Fox Run, and its council expressed pride in the community.

Arborg raised \$18,023.57 for the Terry Fox Foundation, coming second to Winnipeg.

"That's pretty impressive," said Coun. Rob Thorsteinson during council's regular meeting Sept. 25. "We've always been a very good fundraising town."

"Next year we're going for the top," said Mayor Peter Dueck. "We'll beat Winnipeg."

Other council briefs:

- The Town of Arborg agreed to take ownership of the picnic tables at the park beside the library after receiving a letter from the Arborg Street Festival that indicated it would be relinquishing responsibility for the tables.

"I'm not opposed to the town owning them," said Mayor Dueck.

Coun. Ron Rogowsky said the town's taking ownership may actually make it easier for people to borrow the tables for events.

"If someone wants to borrow them, they can come to the town office to ask as opposed to trying to find someone from the street festival to ask if they can use them," he said.

- Council sanctioned the use of the riverbank for outdoor events that will form part of an Old Tyme Christmas celebration for kids and families. The celebration will be hosted by the Arborg Legion, Noventis Credit Union and Interlake Co-op. It will include a pancake breakfast at the legion, bonfire and wiener roast on the riverbank and ice-skating on the Icelandic River, conditions permitting.



Council will determine what landscaping material to use at the playground near the recreation centre.

- Council rejected quotes it received for landscaping material that was to be placed beneath a swing set in a park at 361 St. Peter St. Mayor Dueck said he "just about fell over" when he saw the high prices quoted and also noted that it's illegal to use treated wood material in a playground. Council will look at other options, including pea gravel.

- Council approved a \$500 sponsorship to Arborg Minor Hockey.

- Council will allocate \$20,000 to a reserve fund for the Arborg-Bifrost-Riverton Community Development Corporation. The money will be used next year. The mayor, who is chair of the ABR CDC, said there are no official plans for the money as yet. The CDC is, however, working on a job description for an economic development officer and it will be looking at advertising costs.



EXPRESS PHOTOS BY PATRICIA BARRETT

The Town has been asked to take responsibility for the picnic benches near the library[1]



The town has been asked to take responsibility for the picnic benches near the library.

- Council will be searching for a citizen representative for the board of the Arborg-Bifrost Recreation Commission after Donna Gislason stepped down.

- Mayor Dueck reported that the Ar-

borg Seniors Housing Corporation will approach Noventis Credit Union for funding to build eight additional suites onto the House of Hope, an independent-living facility.

## Jeff Wharton sworn in as Crown services minister

By the Manitoba government

Premier Brian Pallister announced Municipal Relations Minister Jeff Wharton has been sworn into cabinet as the minister for Crown services in preparation for the upcoming legislative session.

"Our team is ready to get back to work on fixing the province's finances, repairing the services and rebuilding the economy when the legislature resumes on Sept. 30," said Pallister.

"As the minister for Crown services, Jeff Wharton will continue to build upon the work of improving the performance of our Crown corporations as they provide important services to Manitobans."

Wharton will continue to serve as the minister of municipal relations. Wharton is an experienced municipal politician, having been elected as a councillor for the Town of Winnipeg Beach and serving two years as its deputy mayor. Wharton was first elected as an MLA in 2016 and was sworn into cabinet as the minister of municipal relations in 2017.

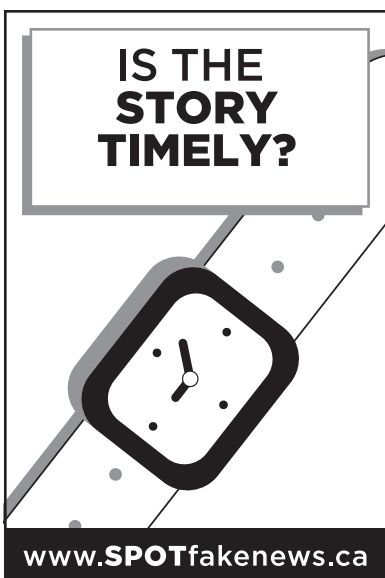
"Premier Pallister has been clear about our government's objectives for the first 100 days and I am honoured to be part of the team that will deliver on those commitments to Manitobans," said Wharton. "I look forward to the upcoming session and serving as minister for both Crown services

and municipal relations as we continue the hard work of making Manitoba Canada's most improved province."

The role of Manitoba Crown Services is to support the province's Crown corporations and help them to effectively and efficiently carry out their mandates on behalf of all Manitobans.

Manitoba Hydro, Manitoba Public Insurance, Manitoba Liquor and Lotteries and Manitoba Centennial Centre Corporation are all Crown corporations under governance of The Crown Corporation Governance and Accountability Act.

IS THE  
STORY  
TIMELY?



www.SPOTfakenews.ca



# Annual Culturama festival plays to a sold out crowd

By Teresa Carey

Interlake Culturama, a multi-cultural festival which celebrates the various cultures that call Interlake home, took place for the 8th consecutive year at the Arborg Community Hall on Sept. 27.

The 400 guests who purchased passports in advance enjoyed a variety of food, entertainment, and cultural displays. This year, 10 cultures were represented: Aboriginal, Algerian, Bolivian, British, Canadian, Icelandic, Philippino, Punjabi, Syrian, and Ukrainian. The evening of cultural dance performances showcased the Indian, Syrian, Irish, Ukrainian, South American and Aboriginal cultures.

"A lot of things go on behind the scenes to make Culturama happen," said Eugene Zalevich who works with Interlake Immigrant Settlement Services, one of Culturama's sponsors.

The planning starts in July, he explained, although things often happen on short notice, like as this year's last-minute inclusion of a Latin American group.

Co-sponsors of Culturama include the Riverton and District Friendship Centre (RDFC) and the Arborg and District Multicultural Heritage Village.

"We love it. We love coming here every year," said Tannis Grimolfson, Executive Director of RDFC. "We sponsor entertainment every year, and this year it is the Norman Chief Memorial Dancers, which are a fantastic dance troupe."

"We love to showcase our Aboriginal culture at our booth in which our Cultural Worker, Martine Sawanas, cooks up fried and baked bannock," Grimolfson added. "Riverton Manitoba Metis Federation local chairperson Tanya Grimolfson is also here sharing their Metis culture. Our employee, Sihem Spigel, is sharing her culture for the first time this year from Algeria. She is serving Couscous with her two daughters."

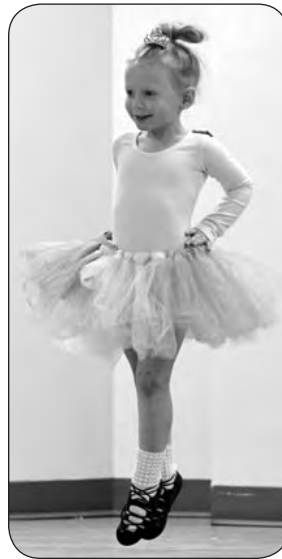
There are approximately 200 immigrant families residing in both the east and west Interlake regions, which includes permanent residents and refugees, but not temporary foreign workers or those here under to provincial nominee program.

"(Culturama) lets the public interact with the cultures in the region. It's a win-win for everyone," Zalevich said. "Every year it is a sell-out crowd."

Doors opened at 5 p.m. and guests visited various cultural stations sampling ethnic food served by those dressed in costume. Accordion player, Arline Collins kept the crowd entertained until the dance performances



A south India classical dancer.



The youngest of the Irish dancers was only three years old.



EXPRESS PHOTOS BY TERESA CAREY

Latino Roots Dance group invited members of the audience to take to the floor.

started at 6:45 p.m.

Opening remarks were given by Zalevich, followed by an introduction by Bulla Arts International director, Diljeet Brar, who has been bringing the Bulla Arts dance troupe to Arborg from Winnipeg for the past five years. Brar welcomed the crowd and spoke of his good experiences meeting local people while he worked in the Arborg area over the years.

The show opened with a lively and colourful performance by the Bulla Arts dancers. This was followed by an energetic show by Norman Chief Memorial Dancers, lead by Kevin Chief and accompanied by Freebird Band, fronted by award-winning fiddler, Clint Dutiaume. They opened with the fiddle tune Whiskey Before Breakfast, and also danced the Red River Jig, the Arborg Jig, finishing off with the Orange Blossom Special, which caused many in the audience to rise in applause.

Other performances included a traditional round-style line dance by Arborg Syrian immigrant family, followed by an age three to 12 Irish dance group, and then by an exquisitely-performed classical Southern Indian dance.

New for this year was a last-minute addition, Latino Roots Dance Group from Winnipeg, which performed three dances, from Columbia, El Salvador and Guatemala respectively, then invited members of the audience onto the dance floor afterward.

As in other years, the Reechka Ukrainian Dancers made an appearance, with duet and solo numbers.

The final dance was left to Bulla Arts International. They capped off the evening with the boys' team performance of a number, which is traditionally danced during occasions of happiness. This was lead by six-year-old Jai Brar who, at age three already



Bulla Arts International, from Winnipeg brought lots of colour to the evening event. In addition to an earlier performance, they capped off the evening with the boys team performing a dance which is traditionally danced during occasions of happiness. This number was lead by six-year-old Jai Brar who, at age three already had six million Facebook views for his dancing.



Norman Chief Memorial Dancers gave a lively performance at Culturama 2019. They were accompanied by Freebird Band, fronted by award-winning fiddler, Clint Dutiaume.

had six million Facebook views for his dancing.

As Kevin Chief said when introducing the Norman Chief Memorial Dancers:

"Diversity is not always automatic.

We have to find time to come together."

Culturama is an opportunity to do just that—come together in appreciation of cultural diversity.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Interlake Lightning begin U18 regular season with a win

By Brian Bowman

The Interlake Lightning had a great start to their Manitoba U18 "AAA" Hockey League regular season.

Interlake opened regular-season action Saturday evening with a solid 6-4 win over the Parkland Rangers in Dauphin.

It was a perfect way for the Lightning to start their season.

"Obviously, you want to do as well as you can at the start and hopefully catch a peak in the middle and make a push towards the end," said Lightning head coach Scott Wong. "That's a coach's dream."

Matthew Vandel had a monster game for the Lightning with three goals and two assists. He iced the Lightning victory by scoring into an empty net with 16 seconds remaining in the game.

"He's a special player," Wong said of the Winnipeg forward. "Every time he's on the ice, he's creating chances

and he is getting much better defensively."

Interlake's other two goals were scored by Carl Ingalls on the power play in the second period.

Hayden Lacquette, with a pair, Steven Arp and Jayden Jubenvill replied for Parkland.

Chris Fines played well in goal, making 30 saves for the win.

On Sunday afternoon, Interlake was edged 3-2 by the Southwest Cougars in Souris.

The Lightning had a real nice effort against a solid Cougars' team.

"The boys are buying in right now," Wong said. "We're going to have some ups and some downs and the thing I'm looking for from these guys is consistently and they showed that this weekend. Even though we came up short (Sunday) we definitely played well enough to win that game."

The Lightning's Kaden Stewart

opened the game's scoring with a power-play goal at 10:49 of the first period. But Southwest's Hunter Wallace tied the score just 2:09 later.

The second period saw the Cougars' Evan White score 24 seconds into the frame and then the Lightning's Griffin Haight answered 41 seconds later.

Wallace then sniped the eventual game winner on the power play at 11:01 of the middle frame.

Dominic Jacobson made 40 saves in the losing cause. Wong was very pleased with the goaltending the Lightning received in the two games last weekend.

Interlake (1-1) will host the Kenora Thistles (0-2) in a pair of games this weekend in Teulon. Saturday's game is slated for 7:30 p.m. while Sunday's puck drop is 2:30 p.m.

The Lightning expect a couple of tough tests against the pesky Thistles. Still, an Interlake sweep would be



Matthew Vandel

very nice to see.

"That would be fantastic," Wong said. "But Kenora is always tough and they are on you constantly."

## Ice Dawgs winless during CRJHL preseason

By Brian Bowman

The Arborg Ice Dawgs had a tough time during the Capital Region Junior Hockey League preseason.

But it's way too early to start pushing the panic button.

"There's potential but I only have five returnees when I was expecting 12," said

Ice Dawgs' head coach Jim Werbicki Monday evening. "So we're back to square one again as far as teaching and conforming back to systems that I want. I have a lot of kids from Lake Manitoba Narrows. There's about six of them and they have to get used to junior hockey."

The Ice Dawgs lost its third consecutive exhibition game after dropping a 6-2 decision to the Selkirk Fishermen on Saturday in Lundar.

"We got it handed to us, for sure," Werbicki admitted. "We're trying some goalies and rookies and we have five guys that didn't skate before yet, believe it or not. We had quite a few guys missing out of the lineup but that's what it's all about. You want to see what you have. Selkirk looks pretty good. They're small and fast and, of course, they're well coached as well."

Arborg lost 6-5 to the Lundar Falcons on Friday.

"That was a barnburner, for sure. It was back and forth all 60 minutes," Werbicki said. "It was a good hockey game and we were pretty evenly matched."

Arborg started its preseason

schedule with a 4-0 loss to the North Winnipeg Satellites in Gimli on Sept. 21.

Three nights later, the two teams hooked up in Winnipeg with the Satellites winning by a 6-3 score.

Arborg will begin its regular season Oct. 10 when they host Lundar. It is the season opener for both teams.

"The season is still two weeks away and I have a lot of practices (lined up) before our home opener so I'm looking forward to it," Werbicki said.

Lundar, meanwhile, hosted North Winnipeg on Sunday evening, blasting the Satellites 7-0.

Meanwhile, in Keystone Junior Hockey League action, the Peguis Juniors outscored the OCN Storm 9-6 in preseason play Saturday evening.

Last Thursday, OCN edged Peguis 6-5 in overtime.

The Juniors will begin their regular season on Oct. 12 at 7:30 p.m. when they host the NCN Flames. The two teams will play the next afternoon at 1:30 p.m. at the Peguis Multiplex.

## Tournament champs



EXPRESS PHOTO SUBMITTED

The Arborg Collegiate Athletics varsity girls' volleyball team won their six-team home tournament last Friday after defeating the St. Joachim Braves 2-0 (25-14, 25-19) in the championship game. After posting a 1-1 record in pool play, Arborg swept the Lundar Kodiaks 2-0 (25-3, 25-15) in a semifinal matchup.



# Bantam Lightning split pair of weekend games

## Staff

The Interlake Lightning split a pair of weekend games to begin their AAA Bantam Division 1 regular season.

Interlake skated to a solid 4-2 win over the Yellowhead Chiefs on Saturday in Warren.

Hayden Wheddon and Reid Byle had outstanding games for the Lightning, each scoring twice while adding two assists.

Wheddon scored the first two goals of the game and then Byle made it 3-0 at 11:12 of the first period.

Yellowhead made it a one-goal game, though, with second-period goals from Kurt Rookes and Ty Kirk.

But Byles iced the win with a power-play goal into an empty net with the Yellowhead goalie pulled for an extra attacker with just five seconds remaining in the game.

Dylan Leclair made 41 saves for the victory.

On Friday, Interlake was defeated 7-2 by the Parkland Rangers in Warren.

Nicholas Leclair and Adam Vigfusson scored for the Lightning. Interlake assists went to Vigfusson, Ty Woods and Brayden Bear.

Brayden Dube scored five times for Parkland while Domi Leask and Kyan Grouette also tallied for the Rangers.

Dawson Cowan made 30 saves in the losing cause.

Interlake will play the Norman Wolves on Saturday at 9 a.m. and then the Pembina Valley Hawks on Sunday at 11:15 a.m.

Both games are at the Bell MTS Iceplex.

In Manitoba Female Hockey League U18 action on Sunday, the Interlake Lightning lost 6-0 to the Eastman Selects in Steinbach.

Eastman led 1-0 after the first period and then tallied five times in the third.

Kylie Lesuk led Eastman with three goals and an assist while Madelaine Desrosiers, Laci Gaffray and Janique Labossiere also tallied.

Penner Geneva made 23 saves for the shutout.



EXPRESS PHOTO BY LANA MEIER

Interlake Lightning goaltender Dawson Cowan made one of his 30 saves on this play against the Parkland Rangers on Friday in Warren.

Interlake will play the Central Plains Capitals on Saturday at 8 p.m. in Stonewall. On Sunday, the Lightning will host the Yellowhead Chiefs at 3 p.m. in Warren.

# Thunder roll to fourth consecutive victory

## By Brian Bowman

The Interlake Thunder improved their record to a perfect 4-0 after a hard-fought 33-20 home win over the Southwest Sabres in Rural Manitoba Football League action last Friday in Stonewall.

Southwest gave Interlake its toughest test of the season so far.

"It was a good game and it was definitely the best performance that our defence has played all year," said Thunder head coach Mitch Obach. "They really stepped up this week and that's something we emphasized so it was great to see that."

"Southwest is a really strong football team. We had trouble moving the ball a lot of the time."

Interlake led 6-0 after the first quarter and 26-8 at halftime.

Most of the Thunder's offence came from Brady de Laroque and Carter Fuerst. DeLaroque rushed 17 times for 113 yards and three touchdowns. Interlake's other offensive touchdown was a pass from Josh Charison to Fuerst. Fuerst had a strong game with 58 yards rushing and 100 receiving yards.

Obach felt the Sabres were a strong team on the defensive side of the ball.

"They were definitely the best cover team that we have seen," Obach said.

"We had a lot more trouble completing passes than we had before. They were athletic and speedy. I thought our (offensive) line played pretty well but their secondary and their line-backing core could move."

Interlake's lone touchdown in the second half came off of an Eric Zotter interception. Zotter had an exceptional game, finishing with three interceptions.

"Those were huge plays for us," Obach said. "They had a huge receiver that's one of the best weapons in the league, for sure, and he has been for a couple of years ... but we tried to match Eric on him quite a bit and, by the end of the day, Eric got the job done most of the time."

Zotter also led the Thunder with eight tackles and two assisted tackles. Aden McLean also had a strong game with seven tackles and an assisted tackle.

The Thunder are back in action this Friday when they visit the Neepawa Tigers. Kickoff is 4:30 p.m.

"They are in the bottom half of the league but they won't be pushovers," Obach predicted. "They're a younger team but they have been playing and performing better than they expected. They're moving in the right direction and they'll be a test."



EXPRESS PHOTO BY LANA MEIER

The Interlake Thunder's Eric Zotter had an outstanding game against the Southwest Sabres last Friday. He intercepted three passes, returning one for a touchdown, to lead his club to a 33-20 victory.



# Classifieds

THE **EXPRESS**  
WEEKLY NEWS

Book Your Classified Ad Today - Call 467-5836 or Email [classifieds@expressweeklynews.ca](mailto:classifieds@expressweeklynews.ca)

## SCRAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

Buyer for all farmyard scrap, any autos, appliances. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

## APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

## FARMLAND FOR SALE

311 acres cultivated cropland in the RM of Bifrost-Riverton. Section 29-SW and NE ¼'s between RD 130 NE and RD 131 NE north of PTH 68 on PR 222 and PTH 8. Interested parties can make contact by mail at Box 634, Riverton, MB. ROC 2R0.

## STEEL BUILDINGS FOR SALE

Steel Building Clearance ... "Super Savings Sale - Falling Prices!" 20X23 \$6,080. 25X27 \$6,640. 28X27 \$7,462. 32X35 \$10,336. 35X35 \$12,576. One End Wall Included. Pioneer Steel 1-855-212-7036 [www.pioneersteel.ca](http://www.pioneersteel.ca)

## GARAGE SALES

HAP'S CRAZY AWESOME FLEA MARKET - Opening Saturday, September 14th (until the end of October) at 732 Clandeboye Road, Clandeboye. Open Saturday & Sunday from 11 a.m. to 4 p.m. 204-485-4121. Antiques, electrical, motors, antique vehicles, motorcycles, trailers, Honda three wheelers, dirt bikes, vintage snowmobiles and lots of other awesome stuff!

## HOUSE FOR SALE

FOR SALE: LAKE-FRONT HOME South facing on picturesque Lake MB 20 minutes from Ashern. Private beach, open concept LR, DR, kit; 3 br, 4 pc bath newly renovated interior O/S dbl att garage w/in slab htg. Listed on Kijiji AD 1452124173 Call for viewing & info 204-768-3991

## GARAGE SALES

Indoor moving sale - 27 Waterfront Dr. located in Odin Green just south of Gimli off #9 off Minerva Rd. East. Sat., Oct. 5, 10 a.m. - 3 p.m. & Sun., Oct. 6, 10 a.m. - 2 p.m.

## FIREWOOD

For sale: firewood (cut, split & delivered) and milled rough lumber. Call John at 1-204-641-1053 or Kevin at 1-204-378-2837.

## SERVICES

ADVANTAGEOUS SYNERGY CLEANING SERVICES - NOW offers a NEW SERVICE - WINDOW CLEANING. Fall availability has opened up please call to inquire HOW Positive Energy Benefits 204-407-9090.

## HELP WANTED

Experienced PREP & LINE COOKS required immediately at SAKE Japanese Restaurant. Drop resume in person to 380 Eveline St. Selkirk.

Class 1 Truck Driver for Kenora/Dryden, Ont. grocery run. 1 trip per week and possible other trips available. Truck based out of Selkirk, Mb. Email [dbcawson@mymts.net](mailto:dbcawson@mymts.net) or ph. 204-785-3984.

## MISCELLANEOUS

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg 1-877-775-8271 [www.batteryman.ca](http://www.batteryman.ca)

THE **EXPRESS**  
WEEKLY NEWS  
**204-467-5836**

## MISCELLANEOUS

Winter is coming! The classifieds reach over 400,000 Manitoba readers weekly. Do you need CLASS 1 Drivers or staff for your business? Are you having a sale, a fall supper or do you have a craft show to promote? Want to sell something before winter? Get results. For as little as \$189 + GST, you could book now! People rely on these classifieds to find what they need in your area and across the province. Catch them looking at your material in our 48 weekly community newspapers. Call 204-467-5836 or email [classified@mcna.com](mailto:classified@mcna.com) for details.

## MISCELLANEOUS

Wanted - fish for quota/catch share, Lake Winnipeg Chanel or South Basin. Will fill with medium pickerel. Contact 204-642-4635 or 204-651-1106.

Everything you need to promote your business  
FLYERS  
BROCHURES  
BUSINESS CARDS  
STICKERS  
WINDOW DECALS  
SOCIAL TICKETS  
DOOR HANGERS  
LETTERHEAD  
ENVELOPES  
INVOICES  
ESTIMATE SHEETS  
POSTERS  
MEMO PADS  
POST CARDS  
**Interpretable Graphics**  
For all your printing and publishing needs  
Call Today! 467-5836

## HEALTH

Get up to \$50,000 from the Government of Canada. Do you or someone you know have any of these conditions? ADHD, Anxiety, Arthritis, Asthma, Cancer, COPD, Depression, Diabetes, Difficulty Walking, Fibromyalgia, Irritable Bowels, Overweight, Trouble Dressing...and hundreds more. All ages & medical conditions qualify. Call Manitoba Benefits 1-800-211-3550 or send a text message with your name and mailing address to 204-808-0035 for your free benefits package.

## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelk@mymts.net](mailto:stonewoodelk@mymts.net)

**Meyers Auction**  
10am Sunday Oct 6  
Arden, MB

Antiques from Harvey  
Ebner & Consignors  
Arctic Cat 400 Quad  
1990 Oldsmobile  
1973 Allis Chalmers  
Riding Mower  
Collector Money  
Furniture  
Shop & Garden Tools

**Bradley Meyers**  
Auctioneer  
204-476-6262  
[www.meyersauctions.com](http://www.meyersauctions.com)



**Looking For A Few Good Men**  
To Sell IRVING OIL  
In Your Area.

OBR Oil & Marine is looking for rural dealers to sell Irving Oils & Lubricants.



For more information  
please contact Ray or Max at  
204-222-3782  
1-888-376-7359  
Or email  
[sales@obroilandmarine.com](mailto:sales@obroilandmarine.com)



**Evergreen**  
School Division

## Spare Caretakers WANTED

**Evergreen School Division is looking for Spare Caretakers that are:**

- Available day time and evenings
- Have a strong work ethic
- Can do physical labor
- Can contribute positively to a team
- Are reliable and punctual
- Can take direction and communicate effectively

Pay is \$15.40 per hour; hours are variable

If you would like to express your interest in a spare caretaker position please contact Gary Thompson, Maintenance Manager at [gary.thompson@esd.ca](mailto:gary.thompson@esd.ca)



## TOWN OF WINNIPEG BEACH CAREER OPPORTUNITY MUNICIPAL CLERK

We are currently seeking self-motivated, responsible and well organized Municipal Clerk. This is an exciting and rewarding opportunity.

Being the front desk Reception, the primary responsibilities include but not limited to; greeting the public, providing information, processing tax payments, Utility Bills, miscellaneous payments, deposits, issuing certificates, answering/directing calls, customer service, general office administration. The successful applicants will perform a variety of clerical work requiring the ability to work independently, while also supporting the needs of a busy department. Days and hours of work are Monday to Friday 8:30 am and 4:30 pm.

Qualified candidates will have a minimum 5 years experience in an office atmosphere and completed a minimum of Grade 12. Administrative Assistant Certificate is considered an asset.

The ideal applicant will have:

Experience in general accounting, be excellent in interpersonal, time management, organizational, analytical, research, communication, presentation, problem-solving skills and proficiency with Microsoft programs. Experience with Municipal Asyst Program is considered an asset. Municipal experience and thorough knowledge of local government and municipal administration and records keeping is also considered an asset.

Wage will be determined by qualifications and experience.

The Town of Winnipeg Beach provides an attractive benefits package; including Health, Dental & Vision, Pension Plan, Long Term Disability, Life Insurance and AD&D.

Qualified applicants are invited to submit a detailed resume marked "Municipal Clerk" to the undersigned by the end of business day; Friday, October 11, 2019. Please list previous experience and at least 3 references and copies of applicable certificates/diplomas along with a current Criminal Background Check.

Only those selected for an interview will be contacted. Please submit resume to:

Terri Costa-Acting CAO  
Town of Winnipeg Beach  
Box 160, Winnipeg Beach, MB ROC 3G0  
Email: [finance@winnipegbeach.ca](mailto:finance@winnipegbeach.ca)  
204-389-2698

## RURAL MUNICIPALITY OF GIMLI



## BOARD OF REVISION 2020

&

## ADJUSTED ASSESSMENTS 2019

### APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under sub-section 13(2).

### APPLICATION REQUIREMENTS

43(1) An Application for revision must

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- state the grounds on which the application is based; and
- be filed by
  - delivering it or causing it to be delivered to the office of the RM of Gimli in the RM of Gimli, Manitoba, or
  - serving it upon the Secretary, at least 15 days before the scheduled sitting of the Board of Revision.
  - provide a daytime contact telephone number

The Board of Revision will sit on **November 14th, 2019**, in the Council Chambers of the Municipal Office of the Rural Municipality of Gimli, 62 2nd Avenue, Gimli, Manitoba.

### ADJUSTED PROPERTY TAXES

must be appealed **within 30 days after mailing.**

The final date on which all other applications must be received by the Secretary of the Board is **Wednesday, October 23rd, 2019 no later than 4:30PM.**

**APPLICATIONS RECEIVED AFTER THIS TIME WILL NOT BE ACCEPTED.** Dated at RM of Gimli Office, in Manitoba, this 23rd day of September, 2019.

Cindy Makowsky  
Board of Revision  
Rural Municipality of Gimli  
Box 1246  
Gimli, MB ROC 1B0  
Telephone (204) 642-6666  
Fax (204) 642-6660



# Classifieds

Book Your Classified Ad Today - Call 467-5836  
or Email classifieds@expressweeklynews.ca



## TOWN OF WINNIPEG BEACH CAREER OPPORTUNITY PUBLIC WORKS FOREMAN

The Town of Winnipeg Beach, located 45 minutes north of Winnipeg, invites written applications for the position of Public Works Foreman. This is a working foreman position.

We are seeking an individual who is self-motivated, in strong management skills, proactive with related public works experience, demonstrated leadership skills, supervisory, public relations and administrative skills. Reporting to the CAO, major responsibilities include managing and overseeing the daily operations of the Public Works Department in the areas of Roads, Building & Property, Capital Projects and Equipment Management.

Minimum 2 years' experience required. The ideal applicant will have:

- Experience supervising staff, scheduling work and budgeting
- A valid Province of Manitoba driver's license- class 3 with air endorsement
- Proficiency in the operation and maintenance of road equipment (including grader & backhoe)
- Grade 12 Education or equivalent
- Computer skills (including Microsoft Excel & Word programs)

The Town of Winnipeg Beach provides an attractive benefits package; including Health, Dental & Vision, Pension Plan, Long Term Disability, Life Insurance and AD&D.

Qualified applicants are invited to submit a detailed resume marked "Public Works Foreman" to the undersigned by the end of business day; Friday, October 11, 2019. Please list previous experience and salary expectations, providing at least 3 references and copies of applicable certificates/diplomas along with a current Criminal Background Check and Drivers Abstract.

Only those selected for an interview will be contacted. Please submit resume to:

Town of Winnipeg Beach  
Box 160, Winnipeg Beach, MB ROC 3G0  
Email: finance@winnipegbeach.ca  
204-389-2698



## TOWN OF WINNIPEG BEACH INVITES APPLICATIONS FOR CHIEF ADMINISTRATIVE OFFICER

The Town of Winnipeg Beach, located 45 minutes north of Winnipeg, invites written applications for the position of Chief Administrative Officer (CAO). Reporting to Town Council the CAO is responsible for the administration, supervision and coordination of all staff, policies and programs approved by Council.

We are seeking a graduate of the University of Manitoba Continuing Education Division Certificate Program for Municipal Administrators, or equivalent education, with a minimum of 5 years experience in municipal administration. Incumbent will be a strong team builder and have demonstrated leadership, supervisory, and conflict resolution skills and will be able to deal effectively with the public. An in-depth working knowledge of operations, administration, financial management and reporting, including budget preparation is required. Working knowledge of Municipal and Provincial legislation is required along with experience in municipal software programs and Microsoft Office products.

The successful candidate will possess the following:

- Ability to communicate effectively with the public, employees and external stakeholders;
- Ability to manage and direct employees of the municipality including those in Public Works and Recreation
- Ability to problem solve and possess analytical skills;
- Ability to develop, interpret and administer agreements, statutes and by-laws;
- Demonstrated ability to multi-task and manage and adhere to strict deadlines in a fast paced office environment.

Please provide a detailed Resume, salary expectations and 3 references and copies of applicable certificates/diplomas along with a current Criminal Background Check.

The Town of Winnipeg Beach provides an excellent group benefits and pension program. **Position will remain open until filled.** Only those selected for an interview will be contacted.

Please submit your resume to:

Town of Winnipeg Beach  
Attn: Mayor & Council  
29 Robinson Avenue, Box 160, Winnipeg Beach, MB ROC 3G0  
Email: finance@winnipegbeach.ca

### Integrity Post Frame Buildings

SINCE 2008

Built with  
Concrete Posts  
Barns, Shops,  
Riding Arenas,  
Machine Sheds  
and More

Craig.c@  
integritybuilt.com  
1-204-596-8620  
www.  
integritybuilt.com

### Hip or Knee Replacement?

### Trouble Walking or Dressing?

The disability tax  
credit allows for up  
to \$50,000 in Tax Re-  
funds and Benefits

COPD, Arthritis, and  
many other disabling  
conditions that cause  
restrictions in Walk-  
ing or Dressing may  
qualify.

For Expert Help:  
204-453-5372



### Manitoba made! Top quality kitchen cabinets

- Custom, Stock & Surplus
- Free 3D design
- Prompt service
- Professional installation available

Serving Manitoba  
province-wide  
for 25 years!

office@fehrcabinets.com  
1-800-758-6924



All students who participate  
in an organized  
School Ski & Snowboard Trip  
to Holiday Mountain in 2020  
are eligible for a

### Season Pass for \$20!

Proudly teaching kids to ski  
since 1959.

Learn a new sport today!

204.242.2172

www.HolidayMountain.com



Rural Municipality of  
**GRAHAMDALE**  
www.Grahamdale.ca

## Rural Municipality of Grahamdale PUBLIC NOTICE

### BOARD OF REVISION FOR 2020

Public notice is hereby given that the 2020 Assessment Roll for the Rural Municipality of Grahamdale has been delivered to the Municipal Office and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Sections 42 & 43 of the Municipal Assessment Act:

#### APPLICATION FOR REVISION:

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under subsection 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- liability to taxation;
- amount of an assessed value;
- classification of property;
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

#### APPLICATION REQUIREMENTS:

43(1) An application for revision must

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by
  - delivering it or causing it to be delivered to the office indicated in the public notice given under subsection 41(2), or
  - serving it upon the Secretary,

at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

The Board of Revision will sit on **Thursday November 14th, 2019 at 1:00 p.m.** in the Council Chambers of the Rural Municipality of Grahamdale to hear applications.

**The final date on which applications must be received by the Secretary of the Board is Tuesday, October 29, 2019 at 4:30 p.m.**  
**The Applications must be sent to the address printed below:**

Dated at Moosehorn, Manitoba, this 23rd day of September, 2019.

Shelly Schwitek, Secretary  
Board of Revision, Rural Municipality of Grahamdale  
Box 160, 23 Government Road, Moosehorn, MB ROC 2E0  
Phone: (204) 768-2858 Fax: (204) 768-3374



### Need Cash?

- We Loan
- Easy application
- Approval with collateral
- Title Loans
- No Credit Check
- We service ALL of Manitoba

Call Dan Devloo  
(204) 526-7093  
CAI Financial  
Unit K - 2151 Portage Ave.  
Winnipeg MB  
www.calfinancial.ca

### McSherry Auction

12 Patterson Dr.  
Stonewall, MB

#### Estate & Moving

Wed Oct 9 & Oct 16 4 PM  
Yard \* Recreation \* Tools \* Misc  
Antiques \* Furniture \* Household

#### Consignment Auction

Sat Oct 12 10 AM

#### Gun Auction

Sat Nov 2 9:30 AM

Consignments Welcome!

(204) 467-1858 or  
(204) 886-7027

www.mcsherryauction.com

### McSherry Auction

#### Service Ltd

### CONSIGNMENT AUCTION

Sat Oct 12th, 2019 @ 10 AM

Stonewall, MB

#### #12 Patterson Drive

#### Auction Note:

Always More than Listed!!

Consignments Welcome!

Skid Steer, Crawler & Wheel  
Loader \* MF Work Bull 101  
Wheel Loader \* Hydra HMI  
Series IV Mdl 20C Dsl Skid  
Steer - Low Hrs \* Allis  
Chalmers 655 Crawler w FEL  
\* CAT 933 Crawler Power Shift  
& FEL & Bucket 10,500 Hrs \*  
Tractors & Trailers \* MF 35 Gas  
HL 3PH 540 PTO \* 2) BH 16'  
Tandem Trailers \* Utility Trailer  
\* Vehicles & Parts \* 93 Ford  
Ranger \* 91 Olds 98 Regency  
Elite \* 88 Jeep Cherokee 4 x  
4 \* 86 Cadillac Sedan Deville  
147,000 KMS \* 68 Mercury  
M500 w 11' Gravel Box \*  
Equipment & 3 PH Equipment  
\* Woods 3PH 6' Rotary Mower  
\* 3PH 5' Rotovator \* 3PH 6'  
Blade \* JD 6' 3 PH Snowblower  
\* 3 PH Post Auger \* Yard and  
Recreation \* Alum 16' Boat  
w Evinrude 60 HP & Trailer \*  
76 Honda Street Bike 750 CC  
12,000 Miles \* Honda 4129  
Riding Lawn Mower \* Tools  
& Misc \* Snap On Diagnostic  
Scanner \* Tool Cabinets \*  
Pressure Washer \* Cement  
Mixer \* Scaffolding \* Air Comp  
\* Table Saw \* Kwik Rimp Mid  
K301 Hyd Crimper \* New Hyd  
Hose \* Drill Press \* Metal  
Band Saw \* Miller 225 Welder  
\* Acetylene Gauges \* Acetylene  
Torches \* Big Blue Pallet Jack  
\* \* Various Specialty Tools \*  
Power Tools \* Air Tools \* Hand  
Tools \* Large Amount Of Tools \*

Stuart McSherry Stonewall, MB  
(204) 467-1858 or (204) 886-7027  
www.mcsherryauction.com



## Power Builder Advertising WORKS!

- GET SEEN by over 400,000 Manitoba Homes!
- Use your LOGO!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$339.00 (includes 45 lines of space)
- The ads blanket the province and run in MCNA's 48 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper  
NOW or MCNA at  
204.947.1691 or email  
classified@mcna.com  
www.mcna.com

## McSherry Auction Service Ltd

### FARM AUCTION KEN VIGFUSSON

Saturday Oct 5th, 2019 10:00 AM

Komarno, MB

Hwy 7 & 229 Jct 2 Miles East  
on 229 Then 3 1/2 Miles East  
on Pleasant Homes Rd (12E)  
Internet Bidding Available!  
Contact # (204) 886-4634

CAT 931 Power Shift Quick  
Attach FEL 3995 Hrs - Need  
Engine Repair \* New Holland  
Ford 8360 Cab MFWA Power  
Shift w Left Hand Reverse 3PH  
540/1000 w FEL 8787 Hrs \*  
Ford 6610 Dsl 3PH w Allied  
594 FEL \* Ford Jubilee 3 PH  
Hyd \* NH 195 Tandem Manure  
Spreader \* MF 1565 Rd Baler \*  
Some Smaller Equip \* Livestock  
Equip \* Stock King 5th Wheel  
30' Tri Axle Stock Trailer \* Real  
Ind 20' Gooseneck Stock Trailer  
\* 87 W.W. 12' Tandem B Hitch  
Stock Trailer \* Complete HiQual  
Squeeze Chute System w Scale  
\* HiQual Maternity Pen \* 300)  
10' 6 Bar Corral Panels \* 3)  
Lewis Cattle Oilers \* 3) Metal  
Portable Creep Feeder \* 25)  
Metal Gates \* 25) HiQual 12'  
Metal Bunk Feeders \* 25) Rd  
Bale Feeders \* Milking Equip  
\* 5) Ritchie Auto Waterers \* 2)  
NRW 535 Bushel Hopper Bins  
on Skids \* Farm Misc \* Large  
Amount of Contractor Tools \*  
6) Older Vehicles \* Honda 400  
4 x4 Quad \* 5) Guns \* Some  
Household \*

Stuart McSherry Stonewall, MB  
(204) 467-1858 or (204) 886-7027  
www.mcsherryauction.com



# Announcements



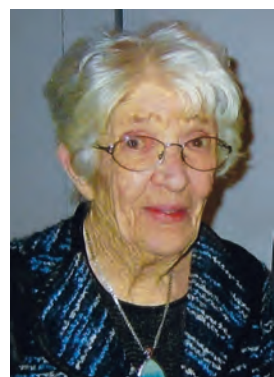
Book Your Classified Ad Today - Call 467-5836 or Email [classifieds@expressweeklynews.ca](mailto:classifieds@expressweeklynews.ca)

## ANNIVERSARY



**Congratulations**  
on your 65th Wedding Anniversary  
**Carl and Edie Simonson**  
The family invites friends to join in celebration on  
Sunday, October 6th from 2 - 4 p.m.  
in the atrium at Rotary Towers, 94 Fifth Avenue Gimli

## OBITUARY



**Sheila Panteluk**  
1932 - 2019

Peacefully, with her family by her side, Sheila passed away on September 24, 2019 at the Gimli Betel Home at the age of 86.

Sheila is survived by her children Shaunda (Gary Plohman), Michael, and Kim Giesbrecht; as well as 'daughter' Roberta Quinn; grandchildren Aimie (Joey), Michelle (Armand), Coreen (Murad), Brett (Cherie), Mark (Ashley), Marlie (Andy), Devin, Adam (Jenna) and Will. She also leaves 10 precious great-grandchildren Sigrid, Keira, Oscar, Maya, Allie, Madelyn, Chase, Aurora, Soley, and Jasper. She is also survived by her sister Connie (Ralph Magnusson); sisters-in-law Marie, Jean (Elmer Keryluk) Betty, Angie, and Jean (Walter Biluk); brother-in-law Alec (Cecile), Paul Blashko and numerous nieces and nephews.

Sheila was predeceased by her husband of 51 years, Tony; her parents, Arnthor and Sigridur Benediktson; sister Moyra Cmikiewicz; brother Johann; sisters-in-law Gloria Benediktson, Rose Burack, Helen Blashko, Kay Warcimaga, Lil and Alice Panteluk; brothers-in-law John and Bill Panteluk, Joe Capri, Steve Burack, Fred Warcimaga, Harold Hearfield and Richard Jerris.

Mom was born in Winnipeg and raised on the family farm in Minerva. She married Dad in 1953. They lived in the Minerva area where Shaunda and Michael were born. A few years later they moved to Winnipeg for Dad's work; Mom was busy with her young family, also working part time at Pierre's Restaurant. We spent almost every weekend at the farm in Minerva, sometimes at Dad's family farm in Meleb, and often both. In 1965 they moved back to help with Amma and Afi's dairy farm. Shaunda and Michael were so happy to be back on the farm and a year later, Kim was born, to the delight of us all!

Mom was always involved in the community - whether as a good neighbor, 4-H leader or member of the Minerva Ladies Aid. She worked hard on the dairy farm and in later years with their U-Pick Berry Farm. Mom was an avid curler and had many wonderful adventures socializing and travelling with her curling ladies. These ladies were some of her dearest friends. Mom had the 'music in her' and oh, how she loved to dance!

Mom loved her family dearly. She delighted in the company of her grandchildren who all spent so many happy hours at the farm, and her great-grandchildren brought her such joy in her later years.

Cremation has taken place. A memorial service will be held on Friday, October 4th at 2:00 p.m. at the Gimli Lutheran Church.

Special thanks to the wonderful staff at Betel Home in Gimli for their excellent and compassionate care.

In lieu of flowers, donations may be made to Gimli Betel Home or a charity of choice.



204-949-2200  
Gimli 204-642-7124  
[neilbardalinc.com](http://neilbardalinc.com)

## OBITUARY

**Linda Rae Olafson**

Peacefully with her daughter by her side, Linda passed away September 29th, 2019 in the geriatric ward (Area 5) of the Tyndall building, SMHC in Selkirk, MB.

A loving and caring wife, mother, grandmother, aunt and friend, Linda was always there to help in whatever way required. A wonderful cook and avid baker, the smell of Sunday roast dinner will always remind us of Mom. Her family was always her first priority, no matter where they called home.

Born Linda Rae Boyes to parents Nettie and Lin in Wynyard, SK, Linda grew up in the small prairie town until high school when she moved with her parents and brother Rod to Madison, Wisconsin for a year while her father was studying for his Masters degree. After graduation, Linda went to nursing school at the Saskatchewan Institute of Applied Arts and Sciences in Saskatoon, becoming a registered nurse. She then moved to Peace River, AB where she became close friends with the couple who lived next door, her future brother and sister-in-law, Dorothy and Douglas Olafson. Next stop for Linda was Winnipeg where she had a position at the Women's Pavilion at Health Sciences Centre. The move to Winnipeg was a decision of fate as Linda would meet the love of her life (with a bit of help from Dorothy and future mother-in-law Lilja) Donald in 1972, they would marry one year later September 22nd, 1973.

Linda and Don would begin their life together in a small home they built on Redonda Street in Transcona, they would then move into a larger home on Wynford Drive when they started a family.

Linda and Donald would adopt their first child, a girl, who they named Kristine Lynne, their second child came a surprising year later, another girl, Erica Dawn. And thus their family was complete.

From Winnipeg the family moved to The Pas where Linda and Donald met lifelong friends and Linda was actively involved in Lioness. Once the girls were in school Linda went back to work as a nurse at St. Anthony's Hospital in the nursery. Four and a half years later, they moved back to Linda's home province of Saskatchewan. After less than two years in Saskatoon, the family moved back to Winnipeg and in 1998 moved to Kamloops, BC. Missing the prairies and their family, Linda and Donald moved back to Manitoba and built their retirement home in Gimli where the family had spent summers at the Olafson family cottage.

In retirement Linda and Don enjoyed traveling and exploring new places. From Alaska to the Panama Canal to Florida and Texas, they made the most of their time together.

Linda was predeceased by her parents, Lin and Nettie Boyes; brother Rod; an infant brother and her in-laws Arni and Lilja Olafson. Left to cherish her memory are her loving husband of 46 years, Donald; daughters Kristine (Kieran) Sheffield, Erica (Carey) Timchishen; grandchildren Liam Sheffield and Tayson Timchishen; brothers-in-law Brian (Kathe) Olafson and Douglas (Dorothy) Olafson as well as her nieces and nephews.

She will be greatly missed by all those whose lives she touched.

The family would like to thank the doctors, nurses and staff of Area 5 of the Tyndall building for their loving care of not only Linda, but of our family.

In lieu of flowers, please consider a donation to the Alzheimer's Society of Manitoba.

As per Linda's wishes, cremation has taken place and no formal service will be held. A private family service will take place at a later date.



204-949-2200  
Gimli 204-642-7124  
[neilbardalinc.com](http://neilbardalinc.com)

## BOOK YOUR ANNOUNCEMENT TODAY

- BIRTHDAYS
- MARRIAGES
- ANNIVERSARIES
- NOTICES
- OBITUARIES
- IN MEMORIAMs
- ENGAGEMENTS
- BIRTHS
- THANK YOUs
- GRADUATIONS



Call 467-5836



Everything you need to promote your business

- |           |         |            |            |
|-----------|---------|------------|------------|
| FLYERS    | WINDOW  | HANGERS    | SHEETS     |
| BROCHURES | DECALS  | LETTERHEAD | POSTERS    |
| BUSINESS  | SOCIAL  | ENVELOPES  | MEMO PADS  |
| CARDS     | TICKETS | INVOICES   | POST CARDS |
| STICKERS  | DOOR    | ESTIMATE   |            |



# CLUES ACROSS

1. Fertile desert spots
6. Married woman
9. Some animals travel in one
13. Fear
14. Hawaiian island
15. Fit to work
16. Electronic counter-countermeasures
17. Former Senator Specter
18. Cambodian currency
19. Dave Matthews Band hit
21. Lists ingredients
22. Endangered antelope
23. Jerry's TV partner
24. Blue grass state
25. Obstruct
28. Luke's mentor \_\_\_-Wan
29. Fencing swords

O	A	S	E	S			M	R	S		P	A	C	K		
D	R	E	A	D			O	A	H	U		A	B	L	E	
E	C	C	M			A	R	L	E	N		R	I	E	L	
S	A	T	E	L	L	I	T	E			L	A	B	E	L	
					S	A	I	G	A			T	O	M	K	Y
D	A	M			O	B	I		E	P	E	E	S			
E	G	A	D			I	N	E	L	A	S	T	I	C		
B	R	A	E	S			A	L	E		S	E	B	U	M	
		A	R	C	H	E	T	Y	P	E		R	I	S	E	
			S	A	U	C	E		H	A	H		U	P	I	
C	F		M	C	G			C	A	S	E	S				
H	A	C	E	K			G	E	N	E	R	A	T	E	S	
A	D	I	T			M	E	A	T	S		B	A	A	L	
S	E	R	E			M	A	S	S			D	E	B	R	A
E	D	E	R			E	N	E				B	R	I	N	G

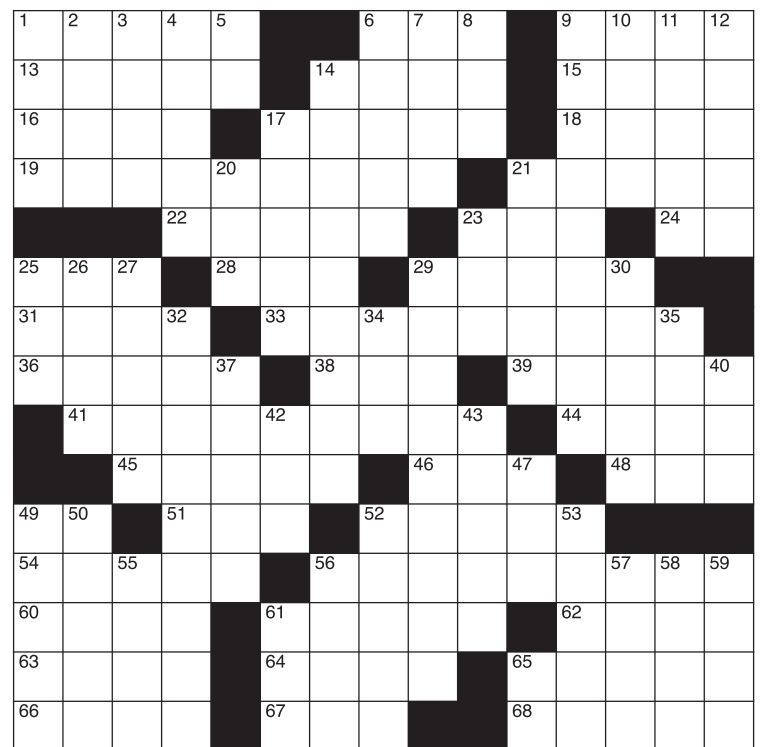
# CLUES DOWN

31. Oh, heavens!
33. Insensitive to changes in price
36. Hillsides
38. Brew
39. Gland secretion
41. A typical example
44. Get up
45. You put it on your pasta
46. Expresses surprise
48. News organization
49. Disorder of the lungs (abbr.)
51. One millionth of a gram
52. Some are of the "suit" variety
54. Group of organisms
56. Produces
60. Passage into a mine
61. \_\_\_ and cheeses
62. Semitic fertility god
63. Dry or withered
64. Religious ceremony
65. \_\_\_ Winger, actress
66. German river
67. Midway between northeast and east
68. Take something or somebody somewhere

# CLUES DOWN

1. Lyric poems
2. Genus of saltwater clams
3. Ingroup
4. Type of lounge chair
5. Memory card
6. Archipelago
7. Common Korean surname
8. It's up there
9. Quantity that helps to define
10. First month of the Jewish ecclesiastical year
11. Metal-headed golf club
12. A shade of green
14. Begin
17. A good thing to have
20. Language spoken in Laos
21. Loosely compacted sediment
23. Naturally occurring protein
25. Woman
26. Central Indian city
27. Volcanic craters
29. The largest existing land animals
30. Rumanian city
32. Equal to 10 meters
34. Historic Nevada city
35. A point of transition
37. Remove
40. Overwatch character
42. Records electric currents linked to the heart
43. Settles in calmly
47. Partner to his
49. Banking giant
50. Slowly disappeared
52. End
53. Sword with a v-shaped blade
55. Fabric with smooth, shiny surface
56. Wild cherry tree
57. Traditional Japanese socks

# CROSSWORD



58. Make of your hard work  
59. Stony waste matter

61. Woman (French)  
65. Unit of loudness

**Gimli Veterinary Services**  
70 Centre Street Gimli, MB R0C 1B0  
204-642-8398 lmtvet@mts.net

**pampered chef**  
INDEPENDENT CONSULTANT  
• Cooking Shows • Meal Prep Solutions  
• Fundraisers • Individual Orders  
204-485-4272 call or text  
stoneware444@gmail.com  
www.pamperedchef.biz/michellebalharry

**TO ADVERTISE  
IN THIS SPOT  
Call 204-641-4104**

**INTERLAKE INSULATORS**  
BALMORAL, MANITOBA  
• Spray Foam  
• Blow In  
**FREE ESTIMATES**  
Brent Meyers  
204-461-4669  
interlake\_insulators@hotmail.com  
**SPRAY FOAM SPECIALISTS**

**Biz Cards**  
Call 204-467-5836



**GREEN CONNEX ELECTRIC**  
Bringing Power to the People  
RESIDENTIAL • COMMERCIAL • INDUSTRIAL  
Curtis Becker  
becker.c89@hotmail.com Cell: 204.641.1915  
Office: 204.278.3307

**medallion sound**  
Event DJ Music Services

**Darrell Lawrence**  
(204) 799-3638  
bookus@medallionsound.ca  
visit us > medallionsound.ca



**NEW VALLEY ROOFING & RENOVATIONS**  
Serving The Interlake

**Henry Reimer** 204-642-2551  
BP & IKO Certified Roofer  
henry.reimer@newvalleyroofing.com  
newvalleyroofing.com

**CONVENIENCE**  
Grocery • Drinks • Snacks  
• Coffee to Go • Ice • Firewood  
• Fireworks • ATM • Greeting Cards  
• Newspapers • Books • Pet Food  
• Toys & more  
**SNAXS** 20088 First Ave,  
FIRST AVENUE Sandy Hook  
OPEN YEAR ROUND 10AM - 6PM  
7 DAYS A WEEK

**PharmaChoice**  
You have QUESTIONS, We have ANSWERS!  
• Prescriptions • Liquor Store  
• Home Health Care Aids  
• Snacks and more!  
**LUNDAR PHARMACY** 204-762-5431  
18 Main St., Lundar

**Glass Specialists**  
• Sealed Units  
• Flat Glass  
• Mirrors  
• Laminated  
• Tempered  
• Plexi/Lexan  
**Interlake Glass** 365 Main St. Arborg, Mb  
204.376.5177  
intglass@mymts.net

**WE DO IT ALL!**  
• Window Coverings by HunterDouglas  
• Floor Coverings • Countertops  
• Cabinetry by KitchenCraft  
& More!  
Mon-Fri 9am-5pm, Sat 9am-1pm  
Hwy #9 & Colville Dr., Gimli  
(204) 642-8585  
www.thehomestoregimli.com

**CITADEL EXTERIORS**  
(204) 668-7663  
www.citadelexteriors.ca  
• PAVING  
• ROOFING  
• STUCCO  
• EAVES  
• SOFFIT  
• FASCIA

**WARREN LAHAIE**  
PARTS & SERVICE  
WARREN@GIMLIFORD.COM  
16-7TH AVE., GIMLI, MB  
204-642-5137  
**GIMLI Ford** EST. 1977

**ALICE ROOFING LTD**  
Complete Roofing Services  
• Residential • Agricultural  
Licensed and Insured  
204-757-9092  
www.aliceroofing.ca





Cub Cadet®

0% FINANCING OPTIONS AVAILABLE

TACKLE THE BIGGEST  
SNOWFALLS WITH EASE.



STARTING AT  
\$899\*

**1X 221 LHP**  
SINGLE-STAGE POWER

- 208cc Cub Cadet® OHV 4-cycle engine
- 21" clearing width and 13" intake height
- Throws snow up to 35'



STARTING AT  
\$1,699\*

**2X 28"**  
TWO-STAGE POWER

- 272cc Cub Cadet® OHV engine
- 28" clearing width and 21" intake height
- Push-button electric start



STARTING AT  
\$2,199\*

**2X 30" HD**  
TWO-STAGE POWER

- 420cc Cub Cadet® OHV engine
- 30" clearing width and 23" intake height
- Push-button electric start

**3-YEAR LIMITED WARRANTY**  
**INDUSTRY'S STRONGEST WARRANTY**

(\*)FINANCING ON APPROVED CREDIT. DEPOSIT = 15%. 0% - 12 MONTHS WITH A FINANCED VALUE OF \$500 OR MORE. 0% - 24 MONTHS WITH A FINANCED VALUE OF \$1,000 OR MORE. 2.9% - 36 MONTHS WITH A FINANCED VALUE OF \$1,400 OR MORE. ADMINISTRATION FEES MAY APPLY. OFFER VALID UNTIL MARCH 31ST, 2020. \*Product Price — Actual retail prices are set by dealer and may vary. Taxes, freight, setup and handling charges may be additional and may vary. Models subject to limited availability. †See your local dealer for limited warranty details and information. Certain restrictions apply. \*\*As rated by engine manufacturer. † See operator's manual or your local Cub Cadet dealer for warranty details † See operator's manual or your local Cub Cadet dealer for warranty details † See operator's manual or your local Cub Cadet dealer for warranty details Specifications and programs are subject to change without notice. Images may not reflect dealer inventory and/or unit specifications. © 2019 Cub Cadet 3PV\_F

**SHACHTAY**  
**SALES & SERVICE LTD.**  
**www.shachtay.com**

**204-376-5233**  
**Arborg, Manitoba**  
**Family Owned**  
*Servicing the Interlake for 53 Years!*