

GET YOUR
BLUE BOMBER
BUDDY & FAMILY
PACKS AT
COOP!



Interlake

ERIKSDALE LOCATIONS • Grocery • Hardware
• Card Lock
ARBORG LOCATIONS • Food Store
• Gas Bar • Card Lock

BULK PETROLEUM 204-376-5201 or 204-376-5245



THE EXPRESS

VOLUME 3 EDITION 38 THURSDAY, SEPTEMBER 22, 2016

WEEKLY NEWS

SERVING LUNDAR, ASHERN, ERIKSDALE, MOOSEHORN, FISHER BRANCH, RIVERTON, ARBORG, GIMLI, WINNIPEG BEACH, ARNES, MELEB, FRASERWOOD



Popeye the sailor man

Steve Van Vlaenderen, standing centre, with his wife Darlene, in the blue jacket, and their team the Popeyes raised over \$14,000 for Parkinson's disease research. See story pg 2.

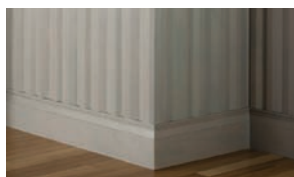
EXPRESS PHOTO BY PATRICIA BARRETT

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

RONA
BUILDING CENTRE GIMLI
www.rona.ca

**SAVE 15% ON ALL CASINGS AND
BASEBOARDS AT GIMLI RONA**

AVAILABLE IN MDF, HEMLOCK, OAK,
PRIMED PINE AND MORE



*100' Builders Packs
are excluded from this
promotion.



1-877-770-7662

HOURS: OPEN 7 DAYS A WEEK MON-SAT 9 am - 6 pm • SUN 12 - 4 pm

Seasonal resident takes the lead for Gimli's Parkinson SuperWalk

By Patricia Barrett

A seasonal Gimli resident who raised over \$14,000 for Winnipeg's Parkinson SuperWalk a few weeks ago was designated the official leader of Gimli's annual walk last Sunday.

Steve Van Vlaenderen, 67, and his wife Darlene live in Winnipeg but spend their summers in Gimli.

Van Vlaenderen, who suffers from Parkinson's, was honoured by organizers of the 2016 Gimli SuperWalk for his achievements and received a round of applause from the hundreds of participants gathered at Johnson Hall in the Waterfront Centre.

"Steve is an amazing man," said one of the organizers. "In 2011, he was diagnosed with Parkinson's Disease. His initial response was, unfortunately, an unhealthy one. He gained a great deal of weight and became depressed. 'I'd lost all hope,' was Steve's comment. But eventually he came to the realization that he could fight back."

Van Vlaenderen started lifting weights and adopted better eating habits. He even participated in body-building competitions. Despite his Parkinson's, he placed fifth this year in a provincial competition, beating much younger contestants, said the organizer.

"At the same time, he resumed the dream of succeeding at another sport — [namely] sailing."

Van Vlaenderen and his wife keep their keelboat at Gimli Harbour. They sailed around the north basin of Lake Winnipeg for two weeks in July.

"He has become the source of information and inspiration to other people with Parkinson's disease by making presentations to groups and sharing his ideas and viewpoints ...," said the organizer. "He encourages people to take charge of their health ... and pursue their dreams. 'You can do it,' is what I believe Steve would say."

Van Vlaenderen and his team, the



Gimli Mayor Randy Woroniuk spoke about the importance of supporting those suffering from disease.



EXPRESS PHOTOS BY PATRICIA BARRETT

The Geurts Team has participated in the Gimli Parkinson SuperWalk for four years. This year they raised \$1,785.



Hundreds of participants came out on Sunday for the annual Gimli Parkinson SuperWalk.

Popeyes, raised over \$14,000 for Parkinson's research during Winnipeg's walk, said the organizer.

Van Vlaenderen walked with a belt of weights in order to challenge himself.

Before the event got underway, May-

or Randy Woroniuk spoke about the importance of showing support for those suffering from the disease.

It's almost fitting that it's a grey day," said the mayor, referring to the rain, "because our friends and loved ones who are going through this disease have their sunny days and their cloudy days. By all of you participating in this walk, you're taking [away] part of their cloudy days."

Selkirk-Interlake-Eastman MP James Bezan, who took part in the walk, also addressed the crowd.

"Let's remember all of those that are dealing with Parkinson's and those that passed and those that are walking today," said Bezan. " ... Those that live with Parkinson's are undertaking a ... challenge and a battle day in and day out."

Gimli MLA Jeff Wharton spoke on behalf of the province.

"It's a great opportunity to raise funds for a terrible disease," said

Wharton, who took part in the walk.

Team Geurts, led by Marty and Joanne, has participated in Gimli's walk for four years. They raised \$1,785 for the 2016 walk, according to the Parkinson SuperWalk web site.

Laurette, a member of the Geurts' team, participated in last year's walk, too.

"My brother has Parkinson's," she said.

The Parkinson SuperWalk was established in 1990 and is the largest national fundraiser for the Parkinson Society of Canada, an organization that provides education, advocacy and support services to those suffering from the disease and support for health care professionals. The funds raised help support research. The walk draws about 10,000 people from across the country, according to the society's website.

The official tally of the Gimli SuperWalk has yet to be announced.



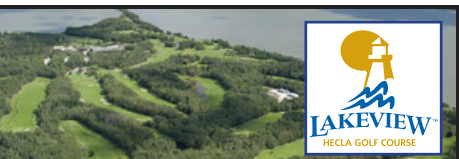
FALL SALE
Clothing 40% Off
Adidas Shoes 25% Off
(shoe sale ends Sept 30th)

Visit us online to see our
Fall Specials & Sales

Contact us for more information:
204-642-8858

Toll Free 1-844-575-4657

email: links@lakelandgolfmanagement.com



Visit us online for
Fall Specials

Stay and Play Packages
available through
the Resort

at 204-279-2041 or by using
the Toll Free Number
1-877-355-3500 (option 1)

Call us to book your time or Book online at www.lakelandgolfmanagement.com

Motorists still speeding in school zones despite reduced speed legislation



EXPRESS PHOTO BY PATRICIA BARRETT

A helmetless man on an ATV was spotted cutting across Highway 9 south of Centre Street in Gimli and riding on the shoulder.

By Patricia Barrett

Despite yearly announcements about speed reductions in school zones, motorists are still barreling past schools in some Interlake communities.

The West Shores Citizens on Patrol Program (COPP), a volunteer crime-fighting group that monitors motorist speed and keeps an eye out for crime in beachside communities along Lake Winnipeg, is focusing on school zones for the next few weeks.

And its volunteers have recorded speeds above the posted limit of 30 kilometres per hour.

"Most are in the 10-kilometre-over-the-speed-limit column," said Gwen Watson, secretary of West Shores COPP, Region 12 (Interlake). "But there are others who just do not slow down. The other afternoon in the Winnipeg Beach school zone of 30 kilometres, a guy in a truck went through at 72 and did not slow down at all. Most people slow right down (below 30 even) when they see us and ... the reader board."

Armed with speed reader boards provided by Manitoba Public Insurance, the group sets up checkpoints in various locations from May to September. With the launch of the school zone initiative, Watson said West Shores has been out on four occasions so far: twice in Winnipeg Beach and twice in Gimli.

Trucks seem to be in an awfully big hurry.

"From our observations during Speed Watch," said Watson, who lives in Matlock, "it is sometimes work vehicles and trucks that are the worst offenders."

In Gimli, West Shores has noted speeding after school ends despite the reduction remaining in effect until 6 p.m.

"The elementary school (SSES) is tucked in a residential neighbourhood west of the high school," said

Watson. "I have heard traffic is busy past this school after school hours as people take a shortcut through to the Sobeys."

Autumnwood Drive, Centennial Road, Second Avenue, Third Avenue and Barney Thomas Drive have reduced speeds of 30 km/h, Monday to Friday, 7 a.m. to 6 p.m., Sept. 1 to June 30, according to the RM's Feb. 12, 2015, bylaw.

Although West Shores captures speed data, it can't enforce the law.

"We do not have the ability to enforce speed limits," said Watson. "We provide a means to awareness so people can check their speed and think twice. We all know that law enforcement does not have the resources to provide much in the way of traffic enforcement."

In a Sept. 9 news release, MPI announced funding (unspecified) for five police agencies — Winnipeg, Brandon, Winkler, Morden and the RCMP (unspecified areas) — to enforce school zone speed limits during September.

It's unclear whether the Interlake is part of the initiative.

MPI media relations co-ordinator Brian Smiley said enforcement areas are determined by police forces.

"MPI does not tell them how/where to deploy their staff," said Smiley via email. "That is left to their traffic enforcement staff."

The Canadian Automobile Association has undertaken an annual Back to School Safety Assessment since 2011, monitoring speed and other risky driving behaviour in three Winnipeg school zones.

In 2015 it recorded 1,616 instances of risky behaviour. In 2014 it logged 1,531 along with two pedestrian/vehicle accidents. In 2013 there were 1,679 infractions.

Manitoba's school zone speed legislation (S.M. 2012 c.5) received assent in June 2012 and was proclaimed in



EXPRESS PHOTO COURTESY OF GWEN WATSON

West Shores COPP posted a speed watch sign on PR 232 (Churchill Road) beside Winnipeg Beach School to remind motorists to obey the reduced speed limit of 30 km/h.

force in September 2013.

Besides speeding, the most common offences CAA noted were ignoring stop lines and crosswalks where patrols were stationed, proceeding before a child had finished crossing the road, illegal lane changes and distracted driving behaviours, such as texting, eating and applying makeup.

Speeding offences can net drivers fines and demerits.

In 2015, the fine for driving 40 km/h in a school zone with a 30 km/h limit was \$181.50. For driving 50 km/h, the fine was \$312.25.

West Shores has recorded driving infractions that go beyond school zones, said Watson.

In Dunnottar and in Winnipeg Beach, for example, she said she has seen ATVs driving on roads.

"ATVs are not to be on a road at any time," she said. "We saw two young boys — no helmets — in Winnipeg Beach riding ... ATVs east on 229 ... when we were set up for Speed Watch. Very dangerous."

In Gimli a few weeks ago, a helmetless young man on an ATV was spotted cutting across Highway 9 south of Centre Street and travelling along the shoulder before turning onto an access.

Watson said West Shores gets lots of calls from residents on 229 and Beachside Road about speeding. Some had to do with truck traffic during construction of the Winnipeg Beach seawall, but others have to do with current speed limits.

"On 229, it is 90 km/h from Highway 8 and then [it] slows to 50 where the houses start," she said. "There should be a 'step down' zone of 70 there to slow the traffic."

And she has heard complaints coming from residents on PR 519.

"Many of the roads connecting highways 8 and 9 seem to have issues," she

said.

West Shores COPP welcomes volunteers from Winnipeg Beach, Gimli, Dunnottar, Whytewold, Matlock, Sandy Hook and communities in between.

The group held a training session in Gimli last weekend for five new members.

For more information, email Gwen or Barry Watson at westshorescopp@mymts.net.

Countryside Home
building centre

APPLIANCE
Specials of the Week

Sale Ends on Thursday, September 29, 2016

G.E. Profile Range

True Convection
Reg. \$1799.00

Sale \$1100

Frigidaire Range True Convection,
Stainless Steel
Reg. \$1399.00

Sale \$1049

L.G. 30" French Door

White
Reg. \$1900.00

Sale \$1599

G.E. Dishwasher

White
Reg. \$699.00

Sale \$499

Clearance Items

Sunbeam Microwave

White
Reg. \$119.00

Sale \$39

L.G. Bottom Mount Fridge

22 cu. ft., White, Small Dent
Reg. \$1799.00

Sale \$1399

Fisher Branch

204-372-8501

Rates decrease for sewer users in RM Gimli

By Patricia Barrett

At its regular meeting Sept. 14, RM Gimli council passed Bylaw 14-0011, which sets out sewer and water rates for 2016, 2017 and 2018 as approved by the Public Utilities Board.

Overall, sewer rates will decrease and water rates will increase slightly, said Assistant CAO Kristin Strachan.

"With the decrease in the sewer utility rate, customers on both sewer and sewer/water have seen an overall decrease in their utility bill – based on comparing the same consumption from the old rates to new ones," said Strachan by email after the meeting.

PUB Order No. 104/16 dated Aug. 3 approved water and wastewater rates for the RM's four utilities: the Local Urban District of Gimli Water Utility, Pelican Beach Water Utility, Industrial Park Water Utility and the Regional Sewer System Utility.

The PUB regulates the rates charged for all sewer and water utilities outside Winnipeg.

Other council briefs:

The mayor and council were thanked for new sidewalks on First Avenue.

"It is a pleasant surprise to see the new sidewalks on First Avenue," S. Goldberg wrote in a letter dated Aug. 22. ".... Now if you could bring back the Breeze Inn on the corner of First and Amisk, the memories of my summers as a child in Gimli would be complete."

Goldberg cited hot chips doused in vinegar and Neapolitan ice cream that the corner store used to sell.

Deputy Mayor Peter Peiluck reported on what topic was discussed in camera.

"Council discussed the need for senior's residences in the RM....," he said. "And the administration has sent a letter to MLA Jeff Wharton."

Council donated \$500 towards a new blanket warmer that the Betel Home Foundation wants to purchase for its personal care home in Gimli.

The blanket warmer, which is a cabinet with heated shelves, costs about \$8,000. Warmers are not covered by Manitoba Health as they're not considered a medical necessity.

"A warm blanket provides a great deal of comfort and security to the resident," wrote two members of the foundation in a letter to council.

Council said it had donated \$5,000 to Betel for the purchase of two beds last year.

Council is considering the purchase a new Handivan for public recreational activities. The RM currently own three Handivans. A new vehicle is estimated to cost \$87,000. A grant would cover 75 per cent of the cost.

A number of projects were carried out by Public Works:

Ditching projects along Gimli Park Road and South Colonization Road to Moonlight Bay in South Beach; the repair of a storm drain at Second Avenue and Keenora; the clean-up of the Industrial Park e-waste collection site; repair of the gate at the Arnes Landfill site; repair of sewer and water infrastructure on 62-6th Avenue (water main repair) and 9-3rd Avenue (curb stop repair); several miles of ditching at various sites, such as 17E, 18E, Husavik Road, Lakeshore Drive and Gimli Park Road.

Public Works moved Gimli's dam-



EXPRESS PHOTO BY PATRICIA BARRETT

RM Gimli's water plant on Dunlop Avenue in the Industrial Park.

aged T-33 fighter jet to a storage space in the Industrial Park. A contractor working at Gimli Harbour had struck the jet in August and damaged the nose cone of one of its fuel tanks. The contractor is having its insurance company evaluate the damage to the jet and the pedestal on which it sat. Council will be discussing whether to move the aircraft to another location as the harbour area has experienced increased boat transport activities.

A recycling contract was awarded Aug. 24 to a company from Stonewall (4570732 Manitoba Ltd.). Starting Oct. 1, the company will take over recycling from Cornerstone Enterprises, which is discontinuing its service.

There will one pick-up a week for residents and businesses in urban and rural areas. Recyclables can also be dropped off at a depot in the Business Park. Curbside recycling collection will be expanded to the entire RM.

Council awarded a 2016 asphalt tender to Eddie's Gravel Supply for

\$149,018.00 plus GST.

Council authorised the following payments:

\$2,989,567.60 for the first installment of the 2016 Education Levy.

\$11,370.19 for council monthly indemnities and expenses ending Aug. 31.

\$69,956.97 for payroll ending Aug. 27.

\$8,919.27 to the East Interlake Conservation District.

\$27,000 (second contribution) to the Eastern Interlake Planning District. The EIPD requests funding from RM Gimli (\$54,000), the Town of Winnipeg Beach (\$16,000), the Town of Arborg (\$11,300) and the RM Bifrost-Riverton (\$18,700) for a total of \$100,000.

\$10,050 to the EIPD for a building permit for the outdoor pool.

\$102,140.57 to Crane Steel for completion (holdback payment) of the new fire hall.

\$20,340.00 to Reid & Associates Chartered Professional Accountants for a draft of the RM's 2015 audit.

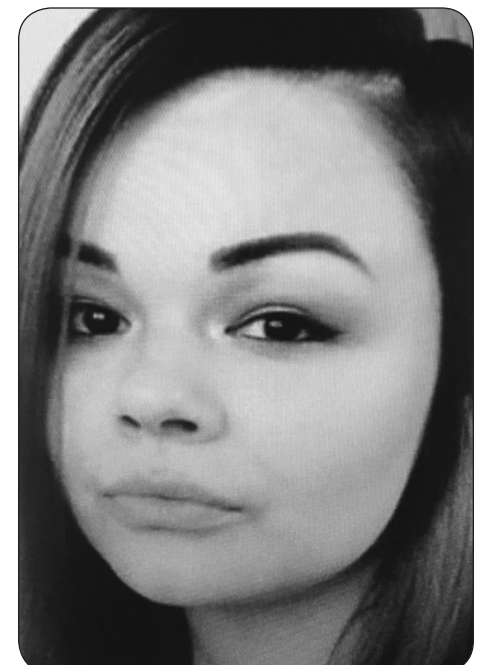
Arborg RCMP investigate missing person

On Sept. 10, the Arborg RCMP received the report of a missing 15-year-old female.

Sky McKay from Fisher River was last seen around 3:30 p.m. on Sept. 10 in Winnipeg when she ran away from her foster family. McKay is described as aboriginal, 5'4", 115 lbs. She was last seen wearing a pink lace long shirt, black pants, grey sweater, pink Nike shoes, and carrying a black Adidas duffle bag. McKay has a rose tattoo on her left forearm.

Officers have exhausted all avenues of investigation and are asking for the public's assistance in locating her.

Anyone who may have seen Sky or has information on her whereabouts is asked to call the Arborg RCMP or their police of jurisdiction.



Sky McKay

Please join us for our
Annual General Meeting
Monday, October 3, 2016

Quarry Park Heritage Arts Centre
166 Main Street, Stonewall

5:30 p.m. Tradeshow

The health programs and services available in our region will be featured. Our Mobile Wellness Team, our program staff and our community partners will be available to provide expert advice and to offer healthy lifestyle ideas.

6:30 p.m. Annual General Meeting

Dr. Michael Routledge, chief provincial public health officer, will present highlights from the 2015 Health Status of Manitobans Report *Healthy Environments Healthy People* with a regional perspective by Interlake-Eastern medical officer of health, Dr. Tim Hilderman.

Also on the agenda is a review of Interlake-Eastern RHA activities; the Chair's Award for Excellent Customer Service and Community Leadership award; and an open forum for questions and answers.

For more information, contact:

Toll free: 1-855-347-8500 E-mail: info@ierha.ca

Website: www.ierha.ca



Interlake-Eastern
Regional Health Authority

Wanted: wigs and head coverings for cancer patients

By Jennifer McFee

Not only is Pat Tanchak participating in the Relay for Life, she's taking her efforts one step further.

Stemming from her own experience, Tanchak is collecting donations of wigs and head coverings that can be used by cancer patients during treatment.

Tanchak recently began treatments for Stage 3 uterine cancer, following a diagnosis in May and surgery soon after. All the while, she has maintained her optimistic attitude.

"My spirits have always been really good," she said. "I fully expect to be fine at the end of the day."

She has even joined the *Stonewall Teulon Tribune's* Relay for Life team, along with her husband Ralph, the *Tribune's* cartoonist who is also a survivor for nearly five cancer-free years.

But Tanchak felt she needed to do even more after visiting the Guardian Angel Caring Room at CancerCare Manitoba, where patients can borrow wigs and head coverings free of charge.

"They provide one wig and five head coverings for a chemo person. I went in there and they just didn't have anything I liked. I took some stuff home, but there was nothing that was going to make me feel good at the end of the day," she said.

"They had lots of wool things, but I'm allergic to wool. What they need most is the sleep caps and just some

stuff that looks good and feels good."

A few people started to make items for Pat, and she plans to take any extras to CancerCare. She also started a Facebook page called "Chemo head covering needed" in case anyone would like to donate head coverings or wigs for cancer patients. Donations can be dropped off at 373 4th St. East or mailed to Pat Tanchak at Box 4135, Stonewall, Man., R0C 2Z0.

She hopes to fill the Guardian Room with more options for others who have lost their hair due to cancer treatment.

After reading about Tanchak's efforts on Facebook, Gail Hillyer of St. Martin was quick to jump on board.

She is organizing a wig and head covering collection with various drop-off locations in the area.

"I read Pat's story and she had said there wasn't much for head coverings at the Guardian office at CancerCare. It kind of bothered me all night, thinking 'What can I do to help Pat meet her goal?' Then I thought I can help her from this end and try to do a drive and see what we can get," said Hillyer, who has only met Tanchak once.

"I'm going to take them all down to Pat and she can take them in."

So far, Hillyer has arranged a drop-off location in Ashern at the LIFE (Living Independence for Elders) office at 61 Main St. and another location in Lunder at the Pauline Johnson Library at 23 Main St.

She has also arranged a drop-off site



EXPRESS PHOTO COURTESY OF PAT TANCHAK

Ralph and Pat Tanchak are both participating in Stonewall's Relay for Life. Pat is also collecting wigs and head coverings for cancer patients.

at the Eriksdale Community Resource Centre, as well as another at 88 Main St. in Woodlands.

The ripple effect of helping hands continues to expand, since members of the local quilting club have already offered to make head coverings for the cause.

"We'll see what we can get. I'm sure other people have gone through it and maybe have head coverings sitting in their closets and are wondering what to do with them now," she said.

"There's such a shortage, and I thought it's a lot to be going through without having to worry about your

looks. Every woman wants to look beautiful. This is my way to maybe help some women smile and feel better about themselves with everything they're going through."

If anyone has items that need to be picked up, including those who live to the north, they can call Hillyer at 204-659-4586 to make arrangements.

"Cancer is everywhere and there are so many people needing these. I thought maybe we can do something to help," she said.

"It's a drop in the bucket, but it might just be enough to help some people. That's the least I can do."

St. Laurent council appeals to government to fix PR 643

By Jeff Ward

During a special meeting last weekend, the council for the RM of St. Laurent made a formal plea to their MLA Derek Johnson and to the government to fix PR 643.

St. Laurent CAO Hilda Zotter said that the road is peppered with potholes and surface breaks that can damage vehicles and make driving dangerous. Being a provincial road means that even if council had the means to repair the piece of crumbling infrastructure, they are simply not allowed to do so, according to Zotter.

The road was battered by heavy machinery and rain that plagued the area during the summer of 2014, since the RM was fighting its second flood in three years. The spe-

cial meeting took place on Sunday, Sept. 18 and had council looking over a letter penned by Zotter, asking for the road to be repaired, which was sent to Johnson on Monday.

"AND THAT'S THE FRUSTRATING PART BECAUSE OUR HANDS ARE TIED..."

"It's terrible and dangerous," said Zotter. "There was a bit of work done on it a few weeks ago, but that was just patching, and they didn't do all of it. There was so much stress on that road during the flood — hundreds of trucks and other

heavy equipment. It affected our community and nothing has been done about it."

Zotter said that she and the council

are confident that Johnson will make sure their letter is seen by the government and that he takes the issue seriously. Zotter explained that the road is very vital to the community as it runs right through a main portion of the town. It not only provides access to both schools but also to the EMS and fire department, as well as beach access and cottages. Along with Highway 6, it might be one of the most well travelled roads in the municipality.

"And that's the frustrating part because our hands are tied. The road is not ours so all we can do is keep asking. We've mentioned it in meetings with MIT before, but I believe this is the first time we've formally written a letter like this," said the CAO.

Currently construction crews are resurfacing and widening a section of Highway 6, which runs parallel to PR 643.

319 First Street E., Stonewall, MB

SHOWTIMES:

Please check individual listings
Due to various picture lengths showtimes vary

204-467-8401

PROGRAM SUBJECT TO CHANGE WITHOUT NOTICE

Cash only

SULLY

FRI TO THURS SEPT 23 - 29
CLOSED TUESDAY
Fri & Sat at 7:30 & 9:30 pm
Sun-Mon, Wed-Thurs at 8:30 pm

Not Recommended for Young Children;
Language May Offend

PG

BRIDGET JONES'S BABY

FRI TO THURS SEPT 30 - OCT 6
CLOSED TUESDAY
at 8:00 pm
Each Night

Adult Accompaniment Under 14;
Sexual Content; Coarse Language

14A

THE **EXPRESS**
WEEKLY NEWS



PUBLISHER
Lana Meier



SALES
Brett Mitchell



REPORTER/PHOTOGRAPHER
Patricia Barrett



SALES
Branden Meier



REPORTER/PHOTOGRAPHER
Jeff Ward



PRODUCTION
Debbie Strauss



PRODUCTION
Nicole Kapusta



SPORTS REPORTER
Brian Bowman



ADMINISTRATION
Corrie Sargent



DISTRIBUTION
Christy Brown



ADMINISTRATION
Allana Sawatzky



ADMINISTRATION
Tracy Farmer



SALES
Stephanie Oland Duncan



ADMINISTRATION
Jo-Anne Procter

getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL

Going hard until the boat stops

Hi guys and gals. Thanks for dropping in.

It's been a while since we visited with anglers at Breezy Point, so last week it was such a pleasure to be casually trading fishing yarns with anglers there along the Red River's bank.

Upstream of the Point, I met Pete Prusina and his son Chance from Winnipeg who, as it turned out, had the first of two stories we would get about anglers giving way to creatures of the wild. What got me about Pete and Chance, other than their age difference, was that they looked so much alike. Their full moustaches and short beards were identical except Pete's was greying while Chance's was solid black. They were about the same height, had the same mannerisms, wore old weathered caps and, best of all, you could tell they liked each other's company.

As time passed, Pete gave this great story where he was fishing with friends by the powerhouse at Grand Rapids and across the narrow river opposite them seven or eight black bears were doing the same. The guys were doing better than the bears, so every once in a while, they would toss a fish over to them.

Big mistake. The smallest bear hadn't caught anything and hadn't gotten anything from the guys so he decided to just come across the shallow river and relieve them of their catch. According to Pete, it was amazing how quickly a whole bunch of anglers could get their stuff together and run for their trucks.

Not long ago, I met a nice older fellow, Gord Bryce, and his daughters



EXPRESS PHOTO SUBMITTED
Sam Etter, a commercial fisher of Gimli, gratefully kissing a fish, which is the source of his livelihood.

Debbie and Meryl from Winkler. Meryl had a story for us about some friends of hers who went trout fishing way up north.

They were catching grayling (a fairly small slender fish with a huge swordfish-like dorsal fin) and had them on a sting in the water behind the boat when a giant trout came up and began devouring them. The guys pulled their catch into the boat, and using a half-eaten grayling, put it on a hook and tried to cast for the master-sized trout. Try as they might, the trout would not take the bait.

Finally they gave up, put their catch back in the water and started fishing again. A few minutes later, that trout was right back tearing up their graylings. That did it. They pulled up anchor and retreated to a different part of the lake.

I have never known a commercial "fisherperson" who didn't have a

point of view or a great sense of humor once you got to know them.

That includes Sam Etter who fishes out of Gimli. I was on the docks last weekend talking with the guys as they came in with their morning lift and Sam said he had a story for us.

A few years ago, he was coming into Gimli harbour through heavy pounding waves in a fiberglass skiff loaded with 10 tubs of fish. The skiff slammed into a brutal wave as Sam was turning into the harbour and the boat split open along the keel. Water began bubbling up into the boat. Sam immediately realized his grave predicament. He grabbed his cell phone to call his partner, one of the Johnson boys, to hurry with the truck and boat trailer or they would be picking a sunken boat and lots of fish out of the harbour waters.

Quickly Sam opened the sea cock at the back of the boat, which helped drain some of the flooding water out as he pressed forward but it wasn't enough. As he turned into the docks, Johnson and the truck-trailer rig were now on the ramp. Water was pouring into the boat, weighing and slowing it down. Sam had no choice and he could see the ramp was vacant. He gunned the motor full throttle and drove the boat right up the ramp. The underside of the skiff screeched and thumped as it ground up the concrete incline with the motor clanking and rattling as it was dragged bouncing behind the boat. Then, thankfully, the stricken vessel came to a jarring halt as Sam stood in the boat in sloshing water, clutching the steering wheel.

Till next week, friends. Bye now.

> CONTACT US

Express Weekly News - Interlake Graphics
74 Patterson Drive, Stonewall Industrial Park Phone 467-5836 Fax 467-2679
Letters to the Editor: letters@expressweeklynews.ca
Classified: classifieds@expressweeklynews.ca
Advertising: ads@expressweeklynews.ca
News: news@expressweeklynews.ca



**Advertising Deadline: Monday 4:00 pm
prior to Thursday Publication**

Stonewall Teulon
Tribune

Selkirk Record

The Winkler Morden
Voice

> CONTACT US

By phone: **204-467-5836**
fax: 204-467-2679

Find us: **74 Patterson Dr.,
Stonewall, MB R0C 2Z0**
Office Hours: Mon. - Thurs.: 8:00am-5pm
Friday: 8:00 a.m. - 4:00 p.m.

TO PLACE AN AD or for COMMERCIAL DESIGN & PRINTING

Branden Meier 204-641-4104
ads@expressweeklynews.ca

Stephanie Duncan 204-461-4771
ads@stonewallteulontribune.ca

or call our office at 204-467-5836

OUR EDITORIAL STAFF

Patricia Barrett 204-914-1293
patricia@expressweeklynews.ca

Jeff Ward 204-298-3381
jeff@expressweeklynews.ca

Brian Bowman Sports Reporter
sports@expressweeklynews.ca

View the Express Weekly News online at
www.expressweeklynews.ca

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

The Express Weekly News is published Thursdays and distributed through Canada Post to 13,183 homes by BigandColourful Printing and Publishing, a division of Interlake Graphics. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we will connect our people through stories in the paper to build stronger communities.

Arborg's new housing development underway

By Patricia Barrett

Local developers have a row housing project well underway on First Avenue in Arborg and have qualified for a Town of Arborg tax incentive.

At its regular meeting on Sept. 14, the Town of Arborg council passed a resolution to authorize payment to John Crackle and Ernie Weik.

A few years ago, the developers had constructed a 10-unit row housing complex across the street from their new project at 331 First Ave. They are building five additional units with detached garages.

Mayor Randy Sigurdson read out the resolution.

"Be it resolved that the 2016 development incentive program grant Year 1 of 3 for Crackle Weik Apartments Inc ... in the amount of \$4,513.98 be authorized for payment."

Council voted in favour of the resolution.

"It's an incentive program we have," said the mayor. "It [the housing complex] qualifies. He gets half his mu-

nicipal taxes back for three years. We've had that in place for years."

The housing project is open to all qualified renters. There is no age restriction.

Other council briefs:

Council reported that the Interlake-Eastern Regional Health Authority is bringing a new doctor to Arborg.

A spokesperson for the IERHA said the physician is currently going through the registration process with the Manitoba College of Physicians & Surgeons and expects the process to be completed this fall.

Council agreed to extend an agreement it had made with the RM Fisher for use of Arborg's lagoon. The town is charging the RM \$1,000 a month.

"They had to do some repairs on their lagoon," said Deputy Mayor Robbie Thorsteinson.

Council will extend the agreement on a month-to-month basis.

Coun. Susan Bauernhuber reported that a committee will be established in October to plan for Canada's 150th



EXPRESS PHOTO BY PATRICIA BARRETT

Row housing in Arborg has qualified for a Town of Arborg tax incentive.

birthday next July.

Council reported that a Board of Revision to review tax assessments is unnecessary as no submissions were made.

Council authorized payment to the following organizations:

- Northeast Interlake Emergency Measures Board: \$1,000.

- Payment No. 2 to the Arborg-Bifrost Community Development Corporation: \$9,100.

Council authorized the payment of

grants, which had been approved in its 2016 financial plan, to the following organizations:

- Airport Commission: \$500.

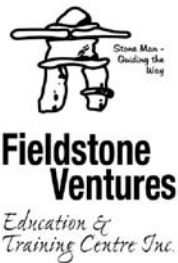
- Interlake Women's Resource Centre: \$500.

- Arborg Playgroup (childcare centre) year 3 of 4: \$5,000.

Annual contributions were made to the following:

- Arborg & District Handivan: \$3,200.

- Arborg & District Seniors Resource Council: \$1,500.



NORTH INTERLAKE CAREER & JOB FAIR 2016: FREE ADMISSION



Interlake CAREER & JOB FAIR 2016

Tuesday, September 27
10:00 am - 3:00pm
Arborg-Bifrost Arena

*Featuring Over 25 Exhibits
Showcasing careers, employment
& educational opportunities*

If you are:

Student or Parent

A recent graduate or an adult looking at career change

Re-entering the workforce! Want to return to school?

YOU won't want to miss this!

SPONSORS/PARTNERS:

Evergreen, Interlake, Lakeshore School Divisions
MB 4 Youth

Pinaymootang First Nation Employment & Training

Maple Leaf Agri-Farm

Noventis Credit Union

Interlake Coop

Town of Arborg

TRIVIA PRIZES!

1st - Drone

2nd - Mountain Bike

Provided by Fieldstone
Ventures Adult
Education Centre

*There will also be door
prizes.*

CAREER FAIR EXHIBITORS 2016

Booth University College
Manitoba Career Prospects (MTEC)
Wellington College of Remedial Massage Therapy
M.C. College of Hairdressing & Esthetics
Red River Community College Interlake Campuses
Red River College Teacher Education
University College of the North
Apprenticeship Manitoba
Interlake Consumers Cooperative (CO-OP)
Noventis Credit Union
Community Futures West Interlake Inc.
Community Futures East Interlake Inc.
Paramedics IERHA
Manitoba's Office of Rural & Northern Health - IERHA
University of Manitoba
Manitoba Hydro
Operating Engineers Training Institute of Manitoba (OETIM)
ENNS Brothers
Professional Transport Driver Training School Ltd.
Urban Circle Training Centre Inc.
Providence University College
Assiniboine Community College
Steinbach Bible College
Maple Leaf Agri-Farm
Vidur Machine Inc.
Canadian Armed Forces Recruiting Detachment Winnipeg
Canadian Mennonite University
Riverton & District Friendship Centre
Evergreen, Interlake & Lakeshore School Divisions
Fieldstone Ventures Education & Training Centre

INTRO TO TRADES: ARBORG

The Red River College Intro to Trades Program is coming to Arborg in October. The course is a 5 month Certificate program which introduces you to a wide range of trades careers to you can prepare to enroll in the RRC trades programs including: welding, carpentry, electrical, plumbing, small engine repair to name a few; If you are interested, registration is open. You will require the following: completion of or enrolment in Grade 12, including one credit in Grade 12 English & Math. **To Register:** Contact Beverly Magaway, at Town of Arborg Civic Office or contact Fieldstone Ventures Ashern at 1-888-777-1059. Original Transcripts will be required. **Cost:** \$3140.00 (includes textbooks/supplies)

Mobile Trades trailer will be at the Career Fair - come on down and take a tour!

Inland Oceans Arts Alliance hosts successful art retreat

By Jeff Ward

The 7th annual Inland Oceans Arts Alliance (IOAA) arts retreat was well received by attendees who took in portrait drawing and acrylic painting lessons from two established artists.

The retreat took place Sept. 8-12 at the Narrow's Lodge, which hosted 11 aspiring artists and the two teachers, Diana Thorneycroft and Michael Boss.

Thorneycroft directed classes on portrait drawing and sketching, while Boss led the group on lessons in acrylic painting. The all-inclusive weekend cost attendees \$458, which is a bargain when you factor in the personalized critiques and lessons from the artists.

The Manitoba Arts Council supports the event and helps keep the cost manageable. Audrey Lute, chairperson of the IOAA, said that the retreat was received well and that she's always happy to be able to help bring events like this to the Interlake.

"We had people from all over the province: Sioux Narrows, The Pas, Haywood and Flin Flon," said Lute.

"The only requirement of the weekend is to have fun. I want things to be a nice relaxing environment because

you absorb so much more information when you're relaxed. It also engages your creativity so much more as well."

Lute explained that the resident artists took turns directing different classes, which helped keep the retreat from getting stale. Constantly learning a new technique and using new tools kept attendees on their toes, but they were also allowed the creative freedom to explore what they'd learned right away.

Lute said that it's a skill-building weekend and one that she hopes will encourage people to continue painting and drawing long after they've left. There are no prerequisites for the retreat and all participants need to bring a willingness to learn. The instructors did question and answer sessions as well as critique the works of the attendees. They were there to give advice on what was working and what wasn't. The personalized instruction is something that can be very valuable for attendees looking to go a bit deeper into their works and get more out of the weekend.

"At the end of each retreat, we do an



EXPRESS PHOTO FROM AUDREY LUTE

Diana Thorneycroft (centre left) and Michael Boss (centre right) give in-depth lessons on portrait drawing and acrylic painting during the arts retreat.

evaluation to see what things people enjoyed and what they didn't. That feedback helps us cater the next event to those recommendations. We're al-

ways looking to improve on what we have, and the evaluations help us determine where we should focus next year," said Lute.

Local politicians flexing muscles for PTSD awareness



EXPRESS PHOTO BY PATRICIA BARRETT

Gimli MLA Jeff Wharton (left) and Selkirk-Interlake-Eastman MP James Bezan flexed some muscle at Gimli's Terry Fox Run last Sunday by performing 22 pushups and then some to raise awareness of post-traumatic stress disorder (PTSD).

By Patricia Barrett

Gimli MLA Jeff Wharton and Selkirk-Interlake-Eastman MP James Bezan took on soggy ground at Gimli Park last Sunday to help raise awareness of post-traumatic stress disorder.

The two Conservative politicians have been putting their triceps to the

test 22 times a day over the course of the past three weeks to raise awareness of the serious consequences of PTSD and to provide support for those suffering from it.

They performed 22 pushups for on-lookers at Gimli's Terry Fox Run after they took part in the Parkinson Super-

Walk earlier that morning.

"Jeff and I have been doing the 22-day Push-up Challenge, which is to raise awareness of PTSD in our veterans, members of the Canadian Armed Forces and our first responders — so that's our police officers, firefighters, paramedics and those that work in emergency rooms," said Bezan.

The number 22 represents the number of veterans in the United States who die by suicide every day, he said.

"The numbers aren't anywhere near that here in Canada, but it is about raising awareness," he said. "So we've joined ... our American colleagues. And we're seeing this happen in Australia and Britain as well."

With barely a grimace, Bezan and Wharton performed an additional five or so pushups to demonstrate endurance, something those suffering from PTSD are forced to live with on a daily basis.

The 22 Push-up Challenge was launched in 2013 but became popular this year after a number of celebrities began posting videos of themselves performing pushups.

Wounded Warriors, a Canadian organization that supports veterans through a number of programs such as skills transition training and family assistance, joined the campaign and

encouraged those taking part to post a video of their pushups.

Between 2004 and 2014, Canada lost 160 veterans to suicide, according to the Wounded Warriors website.

Bezan said he wanted to get the message out on social media about the effects of PTSD and those who suffer from it on an ongoing basis as part of their careers.

"Ultimately, those are the people that are here to protect us, people that are protecting our nation," he said.

Sunday marked the second-last day of Bezan's 22-day challenge and the last day of Wharton's.

"It's been great bringing awareness to this serious concern that ... afflicts not only our military but our health-care providers right across ... North America ... [and] right across the world," said Wharton.

The MLA said they were publicly challenged to take up the cause after a visit to Camp Massad, a Jewish youth camp near Winnipeg Beach.

"We couldn't back out of that one," said Bezan.

The MP said he would complete his final 22 pushups on Monday when Parliament resumes.

Wharton said he feels a little differently than he had 22 days ago.

"I'm stronger for it."

Robb Nash talks depression, suicide and life after death

By Jeff Ward

Singer-songwriter Robb Nash spoke to a packed auditorium at Lundar School last week about self-harm and the pressures many young people face today.

His personal stories had many students and staff tearing up and even more students pledging to never self-harm again.

Nash spoke during a two-hour presentation on Sept. 12. His talk consisted of some very serious material including a video featuring two parents who lost their child to suicide. Nash uses his fame as a way to reach out and connect with students and let them know that no matter how bad things may seem at the moment, they can and will get better.

Principal Jane Dupre sought out Nash and asked him to return to Lundar this year since he'd been at Lundar school three years ago. Dupre said that Nash doesn't charge schools to come out but that they did make a \$500 donation to his foundation The Robb Nash Project.

"He was signing the arms of students who have cut themselves and made them promise never to do it

again," said Dupre, who added that several portions of his talk made her very emotional.

"It was very worthwhile and very moving for all of us. Our students asked me to bring him back and I see why. It's important to talk about stuff like this because it allows us to reach out and help even more than we already are."

The schools vice-principal and guidance councillor Ryan Wallach agrees that what Nash brings to the school that's most important for staff is an understanding of which students are having a tough time. Wallach said students come to him and share personal details about their lives and all of the things they're going through. He added that Nash's talk this year brought to light a few students he wasn't aware were having difficulties.

"I have a waiting list for counselling at the school. That's how in demand this is. And it's important to talk about this stuff because it's very hard to deal with on your own. The students here trust us and we have to be there for them when they need us," said Wallach.

"HE WAS SIGNING THE ARMS OF STUDENTS WHO HAVE CUT THEMSELVES AND MADE THEM PROMISE NEVER TO DO IT AGAIN."



EXPRESS PHOTO FROM FACEBOOK

Nash takes time at the end of his presentation to take photos with students at Lundar School and signs the arms of students who self harm.

Wallach said that Nash tells staff that it's up to them once he leaves to do everything they can for the students that come forward during the presentation. And it's something Wallach takes very seriously.

"We can't help students when we don't know they need it. What Robb Nash does is allow those students to feel OK about asking for help, and that's something that's extremely valuable," said Wallach.

ALMS meets with Minister Pedersen on flood prevention

By Jeff Ward

Representatives from the Association of Lake Manitoba Stakeholders (ALMS) met with Manitoba Infrastructure Minister Blaine Pedersen last week to discuss the progress of the much-needed flood protection plan for the lake.

Pedersen met with members of the board last Monday, Sept. 12, and according to ALMS president Jack King, who was at the meeting, the minister said that he's very committed to seeing this project through the end. King explained that the meeting was a good opportunity to gauge how serious the new PC government is about flood protection for Lake Manitoba and mentioned that he was happy to hear that the government is taking the issue seriously. The meeting only lasted an hour but King said that he was happy to have the opportunity to talk at all.

"I can only remember once in all our

years meeting directly with Minister Ashton," said King.

"And I don't mean that to be a slight against him. I understand the job is very busy. But what I expressed to Minister Pedersen was that we were very grateful to be able to talk at all. I was very happy that he recognized this as a very important link in exchanging ideas."

Through ALMS, King and the rest of the board members are able to relay the concerns of Lake Manitoba Stakeholders to higher levels of government, who in turn will send the information higher up the chain.

Interlake MLA Derek Johnson was also in attendance, and King felt that Johnson's own personal history with the flood added more weight to the meeting.

Not only was Johnson a councillor for the RM of St. Laurent, he nearly had his property washed away and was evacuated from the community

during the flood of 2011. His experience with the nuts and bolts of how the municipality reacted to the flood, as well as the emotional impact of the event, provides unique context to the meeting, King believes.

"Derek and I haven't always agreed, but I can't deny that his experience as a decision-maker during that time is valuable. And I do feel that government wants get this going," said King.

King explained that once agreements with the First Nation communities are signed, the timeline for completion would be 2021, according to Pedersen.

King said that Pedersen's timeline fits with the announcement Premier Brian Pallister made at

Johnson Beach prior to the election.

"If things go well, shovels will be in the ground in this term and completed by the mid-point of next term. These are huge infrastructure projects so we all have to realize that they can't be completed overnight. Right now getting started is what's important and I'm optimistic we're headed in the right direction," said King.

<p>Nashville, Branson, Pigeon Forge October 23-November 5 A special tour for music lovers that journeys through the musical heartland of America</p> <p>Branson and the Ozarks November 3-11 A fun filled tour with fabulous shows and unique sightseeing</p> <p>Selkirk Departure (minimum required)</p>	<p>Deadwood the Black Hills & Badlands October 2-7 Walk in the footsteps of legends like Wild Bill Hickok, Calamity Jane & Seth Bullock.</p> <p>Fly & Stay Vacations The Heart of Hawaii Jan 24-Feb 7 Home to World Famous Waikiki Beach Beautiful Victoria, BC. Mar 1-15 "The City of Gardens"</p> <p>Moose Jaw Mineral Spa Oct. 30-Nov. 2 Aquatic Classes, City Tour, Casino Pkg, and More!</p>
<p>EMBASSY TOURS 757-9383 www.embassytours.ca 1-800-723-8051</p>	

Gimli pulls together for annual Terry Fox fundraising

By Patricia Barrett

Gimli has gone beyond the traditional one-day annual fundraising event for the Terry Fox Foundation.

Organizers of the Terry Fox Run and students and teachers at local schools are among those raising money for cancer research in Fox's name.

Winnipeg-born Terry Fox developed bone cancer when he 18 and had his right leg amputated below the knee. In 1980, he launched his Marathon of Hope, a coast-to-coast run to raise money for cancer research. After running 5,000 kilometres, the cancer spread to his lungs and he had to stop. He died in 1981 at the age of 22.

Despite the rain, 60 participants took part in Sunday's Terry Fox Run, which started at the Gimli Park Pavilion.

"We raised over \$4,000," said Carrie Gottfried, who helped organize the run.

Doriane Johnson from Gimli and her kids took part in the fundraising effort by riding their bikes along the route.

"The kids will watch a Terry Fox movie about his life story," said Johnson, referring to early and middle years' students, "and they'll do a Terry Fox run."

Gimli High School launched a Terry Fox fundraising week last Friday with a dunk tank, organized by gym teachers Lindsay Burns and Chad Heminger. Students got the chance to dunk their teachers.

Educational assistant Morris Finn-bogason was first in the tank followed by teachers Chad Heminger, Jay Nickerson, Tony Michaluk, James Squisato and Burns herself.



Ian Tarnowski spoke about the challenges Terry Fox faced.

"The Knights of Columbus [and] Gimli council were very generous in donating the rental fee of the dunk tank to Terry Fox," said Burns. "We are very appreciative of that."

Over the lunch hour, the school raised \$270 in 45 minutes, said Burns.

The fundraising efforts will continue this week.

"On Monday (Sept. 19), we are having a three-point basketball shooting contest at lunch with an entry fee attached to it. Tuesday and Wednesday is a mini floor-hockey tournament, and Thursday will be our Terry Fox walk/run," said Burns.

Over \$650 million has been raised for the Terry Fox Foundation through the annual Terry Fox run alone, according to the foundation's website.



EXPRESS PHOTOS BY PATRICIA BARRETT

The annual Terry Fox Run last Sunday started at Gimli Park. Sixty people took part and raised over \$4,000 for cancer research.



EXPRESS PHOTO COURTESY OF FRANCES PETROWSKI

Students and teachers at Gimli High School launched Terry Fox Week last Friday with a dunk tank in the schoolyard.

Declining moose populations has conservationists concerned

By Jeff Ward

The executive director of the Canadian Parks and Wilderness Society (CPAWS) Ron Thiessen is calling the reported numbers of moose population decline "alarming" and is urging anyone with wilderness knowledge to take part in a survey and help save the moose in our province.

According to Thiessen, moose appear to be thriving in some regions of the province and declining rapidly in others. He said that because population data in some regions is hard to come by, the problem we see now might just be the tip of the iceberg. CPAWS is in the process of distributing surveys throughout the province that will help them get a better idea of the numbers, which they'll analyze. That future data will help CPAWS understand the issues and come up with

a strategy to stem the decline.

"We know that harvesters, academics, managers, elders and others across the province hold a wealth of knowledge related to moose population numbers and moose management. So we are encouraging everyone with relevant knowledge to participate in this survey to help inform us and create solutions," said Thiessen.

An analysis of data collected from the moose management areas in the province shows that of the 14 management areas half of them are classified as a "major concern" and three others "require attention." Only two of the 14 areas show a stable population of moose. These findings might not be indicative of the province as a whole, but they are enough to spur the action of CPAWS to get some more comprehensive data.

One of the things affecting the moose population is the spread of a parasite from whitetail deer. The deer have adapted to the parasite but moose have not, and when their paths cross, it can spread. Thiessen said that overhunting might be an issue as well as access opening up areas that were previously challenging to reach by hunters and animal predators such as wolves. New roads and infrastructure projects can increase these potentially fatal risks to moose.

"In our major concern areas, there can be a variety of other factors that are putting moose at higher risk. And until we have our survey intake complete and are able to look over the data, we won't know for sure," said Thiessen.

When a species that once flourished in an area is struggling, it might point

to the environment itself changing. Climate change is a big issue and one that Manitoba is prepared to fight better than any spot on the planet. Not only is the boreal forest a huge carbon repository that cleans the air, but it's also home to the world's largest source of unfrozen fresh water.

"The boreal forest are the lungs of the planet and it's helping to curb global climate change. The moose's plight might be an indication that all is not well in the boreal forest. By protecting them, we are also protecting the integrity of the ecosystem," said Thiessen.

Anyone interested in taking part in the survey is encouraged to visit www.cpaawsmb.org for more information.

Arborg and surrounding communities run for Terry Fox

By Patricia Barrett

Despite the rain last Sunday, people from Arborg and neighbouring communities were out in force to take part in the annual Terry Fox Run to raise funds for cancer research.

Organizers said they expect to raise about \$12,000 for the event that saw about 200 walkers, runners, bikers, rollerbladers and strollers gather at the fire station before taking to the streets of Arborg.

"We have awesome community support," said Dale Stanowski, one of the event's organizers. "Noventis does the barbecue and donates the proceeds. The Arborg and Ericksdale Co-op did a barbecue on Friday with all the proceeds — \$1,246 — donated to the foundation."

Before the run got underway, Darcy Truthwaite from Fisher Branch thanked Arborg's volunteers for organizing the run year after year, paid tribute to Terry Fox's drive and dedication, and spoke about her own personal battle with cancer.

"No one is immune to cancer," "Last June, I was diagnosed with ... carcinoma of the throat, and I had surgery in July. And in August ... I went through chemo and radiation," said Truthwaite, a palliative care nurse at the Percy E. Moore hospital in Hodgson for 26 years.

"I felt that it sucked the life and joy out of me, and it was a brutal and very aggressive treatment. But a year later, I'm alive and I'm reclaiming my life. And I'm happy to be here and cherish every moment that I have."

Truthwaite spoke of the importance of getting involved in fundraising efforts for cancer in order to overcome



EXPRESS PHOTOS BY PATRICIA BARRETT

Nurse Darcy Truthwaite, left photo, from Fisher Branch spoke about her own cancer battle and the importance of supporting the Terry Fox Run. Hundreds gathered at the Arborg Fire Hall Sunday afternoon to take part in the annual run.



Phil Bauernhuber and Curtis Falk from Noventis Credit Union grilled burgers in the rain at the Arborg Terry Fox Run.

feelings of helplessness and to support research efforts to find a cure.

"While caring for the dying, you come to an acceptance that not everything can be fixed and that not everything is in your control," said Truthwaite, who helped organize Terry Fox runs in Fisher Branch's schools and established two palliative care rooms at Percy E. Moore.

"This powerlessness encouraged me to get involved because at least then you can

do something."

Winnipeg-born Terry Fox developed bone cancer when he was 18 and had his right leg amputated below the knee. In 1980, he launched his Marathon of Hope, a coast-to-coast run to raise money for cancer research. After running 5,000 kilometres, the cancer spread to his lungs and he had to stop. He died in 1981 at the age of 22.

Arborg Mayor Randy Sigurdson and former RM of Armstrong Reeve Gary Wasylowski



Participants, walked, ran, rollerbladed and biked during the run.



Terry Fox participants warmed up in the Fire Hall parking lot before the run.

also addressed participants at the fire hall.

"It's nice to see so many people involved," said the mayor, "and so many volunteers. I know that putting this together takes quite a bit of effort. ... It's a credit to the town that we are able to have such good people that do so much not only for the town but also for the Terry Fox [run] and many, many other activities."

Wasylowski paid tribute to Arborg for organizing the event, which it has been do-

ing for about 21 years.

"Up until now, the community of Arborg has raised over \$120,000," he said, "and I think you all need to give yourselves a pat on the back for that."

Before the participants set off, they took part in a warm-up in the fire hall's parking lot. Fire Chief George Chyzy led the bikers, roller bladders and runners in the department's command vehicle, and a rescue vehicle led the walkers along the route.

Horse tails continue to be cut throughout the Interlake

By Natasha Tersigni

When Michelle Hamilton went out to see her two horses, Indy and Cisco, on Sept. 9, she quickly noticed that something was missing — both their tails, which normally are close to the ground,

had been cut.

It was a shocking discovery that left the Teulon-area resident angry and confused as to why someone would commit a crime such as this.

Hamilton, who has since heard of other horses in the

area having their tails' cuts, wants to warn fellow horse owners in the Interlake to be on the lookout for people committing this crime.

After reporting the incident to the Teulon's RCMP detachment, Hamilton began to do

her own research and found that there is a lucrative market for horsehair.

"I have never heard of this until it happened to us. I started Googling it and found out that it has been going on for a long time. The hair is

used for hair extensions (for both humans and for show horses), for crafts, it can be made into hat bands and used for art supplies such as paint brushes," said Hamilton, who

Continued on page 12

> HORSE TAILS, FROM PG. 11

Mystery continues as horse owners report tail cuttings

added that without their tails, horses are more susceptible to certain health risks.

"Without their tails, they cannot swat away flies that bite or sting, especially with black flies, which could cause a health problem because now they are getting bit by these insects."

Other Interlake horses have had their tails cut, including Betty Jewel's horse. Two weeks ago, the Rossier resident discovered her horse's tail had been cut.

"My horse and a miniature donkey live outside and I feed them grain every morning. One day, I noticed there were a lot of burrs in my horse's tail, so I said to myself when I come out next, I will brush her tail. The next day when I went out to feed them, her tail was gone. It was cut right down to the tail bone. There is no way it could be anything but cut," said Jewel, who also contacted the RCMP. "The officer said that all the years he has been around, he has never heard of anything like this."

The RCMP are continuing to investigate and Hamilton is being updated regularly, although no leads have been found yet.

"They are taking this very seriously. They are in contact with me and they have been giving me updates on how it is progressing. This is continuing to happen. This past weekend, I heard about a horse near Grosse Isle having its tail cut," said Hamilton, who wants other horse owners to remain vigilant. "Make sure yard lights are working, and if you see anything suspicious or if anything happens to your horse, report it the RCMP."



EXPRESS PHOTO SUBMITTED

After both her horses' tails were cut, Teulon resident Michelle Hamilton is warning fellow owners to be on the lookout and report anything suspicious to the local RCMP.



The top six late-blooming perennials

As the leaves start to change colour and fall to the ground, many gardeners start to feel rueful at the dull sight of flowerbeds past their prime. There's hope, though, for gardeners reluctant to put away the secateurs and gardening gloves, even in the lower-number hardiness zones. With some planning and planting, you can develop late-blooming flowerbeds that promise continuing colour well past the end of summer.

1. *Chelone lyonii*, or turtlehead. Likes dampness and produces colourful, slope-headed blossoms.

2. *Chrysanthemum*. If you're planting in the fall, get them in the ground fast, mulch them and keep them damp.

3. *Eupatorium purpureum*, or Joe Pye weed. Although you see it growing wild along roadsides, newer varieties are tamer and smaller.

4. *Helenium autumnale*, or sneeze-weed. Although the plant doesn't look like much through the summer, you'll be rewarded with fantastic blooms in early

fall.

5. Asters. These tough star-shaped flowers keep the blooming season alive right into the fall.

6. Coneflowers. New cultivars promise pretty scents and colours.

SHRUBS FOR A GOLDEN SHOW

Add some deep reds and golds to your fall palette with shrubs that yield late flowers or brilliant foliage. Try witch hazel, Solomon's seal, ninebark or Crispa, an elm cultivar. Even if you're not set up to have a fall-blooming garden this year, it's a fine time to start planning for spring. Fall is the best time to plant many shrubs and bulbs for next year.



KCLTD

KRISTJANSON CONSTRUCTION LTD.

642-2675

SPECIALIZING IN:

• CONCRETE:

- Foundations
- ICF Basements
- Piles & Gradebeam
- Garage Pads
- Forming & In-floor Heat Systems
- Placing & Finishing

• FRAMING:

- Commercial & Residential Buildings
- Garages, Shops, Houses & Decks

JOURNEYMAN CARPENTER
- 30 YEARS EXPERIENCE

SERVING THE INTERLAKE
FOR 24 YEARS

CONTACT: WES KRISTJANSON,
ARBORG, MB ROC OAO

204-642-2675



ROCK SOLID SERVICE & RESULTS

For all your concrete needs
call **Toomey Construction**
Trucking, Excavating & Site Works
Residential & Commercial Concrete Works

Toomey
CONSTRUCTION



Box 1249,
3rd - 7th Ave.
Gimli, MB

Office: (204) 642-5544 Cell: (204) 642-2900



Your fall gardening checklist

You meticulously tended your garden all summer, and though those long hot days have subsided, it isn't quite yet time to hang up your gardening gloves. Here's a list of things to do this fall that will ensure your garden is in top form come spring.

- Use the fallen leaves on your property to mulch your garden or supplement your compost heap.

- Before the first hard frost, bring indoors any fragile perennials or tropical plants you grow outside. Try enjoying them as houseplants for as long as you can, or, if it suits the plants, place them in a cool, dark room for their dormancy period.

- Tend to your lawn by fertilizing and re-seeding it. Spread seed in early and late fall. Use an aerator tool to aerate the grass, and for the last two cuttings of the season, lower your lawn mower's blade to the lowest setting.

- Set in any new fall-planted bulbs — tulips, daffodils, hyacinths, crocuses and snowdrops — before the ground freezes. These bulbs need to spend a winter in the

ground in order to flower properly in the spring. Plant them in sunny areas with well-drained soil and water them thoroughly.

- Prepare some anti-frost covers for your late-growing produce. Use a tarp or individual upside-down plastic containers. Keep in mind that some vegetables can survive the first frost, including pumpkins, carrots, parsnips, some turnips, spinach and cabbages.

- Condition your garden soil with compost, leaves or other organic material, and if you can, till it under for early planting next spring. If soil erosion is a problem, plant a green ground cover.

- Clean up your gardening tools and store them away. Wipe down your lawn mower and weed eater, and oil any moving parts. Give your hoes, spades and wheelbarrow a wipe-down with a mild bleach solution to remove any plant diseases or spores.

Doing all the above will help position your garden for another great growing season come spring and allow you to rest easy over the winter months.



EARN 1 MILE for every \$2 spent
AEROPLAN MILES
Ask Owner for details.



\$hingle \$ale!

CAMBRIDGE LIFETIME SHINGLES
High definition shake design, laminated double layer. Gives your roof the look and character of dimensional wood shakes.

\$22⁸⁸

In Stock Sale, Cash and Carry, Deliveries Available
*Some exceptions apply
Sale ends Oct. 8, 2016

451 Main Street, Arborg
(204) 376-3090

Arborg Home hardware building centre



Make it Better™

Community based since 1971.
Stay connected: [f](#) [t](#) [p](#) [i](#)

16 Main Street, Eriksdale, MB | 204.739.2110 Valid September 15-25th, 2016

ANNUAL TRUCKLOAD SALE



VENTILATING STORM DOOR (298-SS)



VENTILATING STORM DOOR (288-SS)



RETRACTABLE SCREEN STORM DOOR (830-82)

For more specials, view the flyer online at mcmunnandyates.com!

The chief crop at Integrity Foods may be the organic pizza

By Patricia Barrett

Don't lose your grip on your pen at the Integrity Foods farm because one of the Friesen family's spirited pigs will cart it off into the shrubbery and chew it to the marrow.

The pigs, who like a scratch behind the ears and a slice of juicy cucumber, were one of the main attractions at Integrity, about 10 kilometres north of Riverton on Road 141N.

Pizza was another.

The farm was part of Manitoba's annual Open Farm Day, which lets visitors learn about and experience life on a range of farms, from bison and dairy to grain and soybeans.

The Friesen family, who won an Interlake Tourism Award in 2007, are farmers-turned-bakers, specialising in hearth-baked products made from spelt and Khorasan, ancient grains classified in the wheat family.

Cornelius and Dora Friesen, along with their son Jason and his wife Dori, welcomed hundreds of visitors on Sunday.

It seemed that most people came for the pizza.

"I came here Canada Day for pizza," said Haonan, who lives in Winnipeg. "And they told me today is an Open Farm Day, so I brought my mom (who's visiting from China) here."

Ivan and his family from Arborg were also on site. While his grandsons played outdoor shuffleboard-pool (a hybrid game) in what looked like a modified feed trough, he relaxed on one of the benches the Friesen's have set up for visitors.

"We come here quite often in the summer," said Ivan, who fishes regularly in the Riverton area. "They have pizza nights on Fridays."

Other families from Winnipeg said they came for the pizza.

Jon, who specialises in wet plate collodion photography (dating to 1850), and will be presenting an exhibition on Indigenous women Oct. 1 in the Exchange district, brought his wife Amanda and kids Liviah and Zakk to see the animals and enjoy the pizza.

Jason Friesen was manning the outdoor brick oven and could barely keep up with the orders.

"We have a Garden Special pizza," said Jason. "People can take a basket and pick what they want from the garden."

The meat ingredients come from local farmers.

The family had experimented with organic farming, but in the 1990s found it was no longer viable and they became organic bakers.

The family shuts down the summer-



Haonan from Winnipeg fed Spunky the goat some cucumber. She brought her mother, who was visiting from China, to Integrity Foods.

only pizza operation in September and concentrates on breads, buns, cookies, muffins, granola, cinnamon rolls and other products that it supplies to stores such as Arborg's Co-op, Gimli's Sugar Me Cookie Bakery, Vita Health stores in Winnipeg and health food stores in Steinbach and Portage la Prairie.

The family offered samples of their wholesome fare to visitors. A chewy gingersnap cookie and a slice of organic sesame spelt bread are not lights snacks, but veritable meals.

Cornelius showed visitors the huge indoor wood-fired brick oven, which was built by his daughter Rebekah.

The clay bricks have holes in them and expand when they get hot. If there are no pores, the bricks will crack, said Cornelius.

They turn out hundreds of pizzas every summer.

"We were very busy...last year," he said. "When we got to 110 (pizzas), we were quite relaxed!"

Cornelius can do more than make and bake bread: he's also a chicken-whisperer.

He learned to mimic the call of a rooster from his dad, who used to farm in Blumenort near Steinbach. He delighted visitors when his chickens high-tailed it across a large enclosure.

He showed some youngsters how to collect eggs then offered each child a complimentary egg.

In addition to the chickens and the pigs, the Friesen's goat and alpaca were star attractions.

Spunky the goat hammed it up for visitors by climbing atop a wooden structure in his enclosure and posing patiently for photographs – an ill-disguised attempt to get visitors to feed him cucumber.

Not to be outdone, Sanchez the Al-



EXPRESS PHOTOS BY PATRICIA BARRETT

Cornelius Friesen (far left with eggs in his hat) gave visitors from Mitchell and Winnipeg complimentary farm-fresh eggs



Friesen bakes artisan breads, buns, bagels, pizza crusts and other products in the wood-fired brick oven his daughter Rebekah built.



Sanchez the Alpaca leaned in for a close-up.

paca leaned in close to those who wanted his photo.

The charismatic pigs were a little too

frisky to pose for a photo.

For more information about Integrity Foods, visit www.integrityfoods.ca

Manitoba renews partnership with 'Agriculture More Than Ever'

Submitted

Manitoba has renewed its partnership with Agriculture More Than Ever, a national initiative to encourage those involved in agriculture to speak positively about their work and their industry, Agriculture Minister Ralph Eichler announced Monday.

"Thousands of Manitobans work in the agriculture sector and they all have positive stories to share," said Eichler. "By renewing our partnership with Agriculture More Than Ever, we want Manitobans to know we share their passion and commitment to the

agriculture industry. We believe there is a lot of good news to share and want to be part of that story."

Agriculture More Than Ever encourages governments, organizations and individuals to sign up as "advocates" and commit to being a positive voice for the industry. Since its launch more than four years ago, over 470 partner organizations and 2,500 individuals signed on.

"Being an advocate is about adding your voice to the food conversation in positive, engaging and relatable ways," says Candace Hill, manager

of Agriculture More Than Ever. "Our newest campaign is a video that shows the real faces of people in agriculture with a strong call to action for everyone in the industry to get involved in the food conversation, no matter how big or small their contribution."

The minister noted the province's commitment aligns with the goals of Farm and Food Awareness Week, which runs from Sept. 19 to 25 and encourages Manitobans to learn more about the province's agriculture sector.

To view the new Agriculture More

Than Ever video and learn about other ways to participate, visit www.agriculturemorethanever.ca/ or follow the Twitter account at [www.twitter.com/AgMoreThanEver](https://twitter.com/AgMoreThanEver).

More information about Manitoba's farm families, agriculture and the importance of the industry to the province will be shared throughout Farm and Food Awareness Week from the Twitter account at [www.twitter.com/MBGovAg](https://twitter.com/MBGovAg).

Smith's Autotech
(204) 372-8585
(Fisher Branch)

Bumper to Bumper
(204) 768-2901
(Ashern)

Napa Autoparts Lundar
(204) 762-5321

Lundar Garage
(204) 762-5321

To advertise here
please call
204-641-4104

St. Martin Garage
(204) 659-5250

Hilbre Auto Service
(204) 449-2243

R&B Auto
(204) 739-5458
(Eriksdale)

#6 Quality Repair
(204) 762-5716
(Deerhorn)

Kerbrat Bros. Auto Ltd.
(204) 768-3042
(Ashern)

Your Local Independent Automotive Service Provider reserves the best vehicle care for you, their neighbour.

Shocks & Struts when is it time to change them?

We all become busy with our lives and one thing that is often overlooked is our vehicle maintenance. Your Local Interlake Service Provider can help by inspecting your vehicle for signs and symptoms of worn shocks, struts and other suspension parts. Shocks and struts do wear out over time and sometimes we just don't realize that they are not working as they should.

Visual Signs: If you're wondering when to replace your shocks and struts, have your Interlake Service Provider examine your vehicle for signs of problems. If there are noticeable fluid leaks; if the shocks, struts or mounts look dented or damaged; or if your tires show unusual wear patterns, like cupping, it may be time to replace them.

Vehicle Handling: It can be hard to tell when to replace your struts, but if you experience a generally bumpy or shaky ride; have poor steering response, stiffness or noise when steering; have instability when braking; or swaying/leaning while turning or changing lanes, it's probably time for new struts and shocks.

Mileage: Testing has shown that at around 80,000 km, original equipment shocks and struts may be worn to the point of needing replacing (depending on vehicle and driving conditions).

SIMPLY PUT: MORE WEAR = LESS VEHICLE CONTROL

There are two major disadvantages that begin to occur as your shocks (or struts) wear. First, as the shock's ability to resist wheel & body movement diminishes, it becomes more difficult to control your vehicle. That becomes evident as quick-stopping distances increase and the driver has to compensate for conditions like body roll and nose-diving. The second is increased wear of every other related vehicle component. Since more suspension movement is allowed as the shocks wear, every attached part is subject to additional impacts and wear to those components occurs more quickly. The suspension springs, support arms, bushings, joints and wheel alignment all suffer. That translates to a shorter vehicle life, less vehicle satisfaction and additional repair expenses.

If you are in doubt about your shocks and struts be sure to visit your local Interlake service provider and ask for an inspection of these components to keep you safely on the road!

YOUR LOCAL SERVICE PROVIDER ...
• is more convenient
• offers better value
• ensures all services are warranty approved.
• knows you and your car!
KEEP LOCAL BUSINESS LOCAL!

Get great gas mileage, shop local!

Fisher Repair
(204) 372-6648
(Fisher Branch)

Fisher Napa
(204) 372-6648
(Fisher Branch)

Interlake Auto & Tractor Parts
(204) 376-2667
(Arborg)

Nordal's Automotive
(204) 376-2416
(Arborg)

Powerbend Tire & Service
(204) 376-2247
(Arborg)

Jon's Autoservice
Gimli
(204) 641-2526

To advertise here
please call
204-641-4104

Roadrunners Auto Service
204-659-2647
(Fairford)

Roys Ashern Tire & Quicklube
(204) 768-3068
(Ashern)

Roadrunners Auto Service
(204) 768-2667
(Ashern)

Rent decrease will help Evergreen Regional Library eliminate its deficit

By Patricia Barrett

The board of the Evergreen Regional Library is looking at ways to further reduce a deficit that arose in 2015 because of the need for additional staff.

At a regular meeting on Sept. 14, Town of Arborg Coun. Larry Speiss, who is vice-chair of the ERL board, reported that the board discussed its deficit at a recent meeting.

"They were working on their deficit over the last year," said Speiss. "We've reduced the rent that they paid for the building. We're finding because of [the deficit], we're watching the budget a lot more carefully ... and expenditures."

Deputy Mayor Robbie Thorsteinson added that all the libraries saw a rent decrease.

Speiss said one of the concerns was that rent for the Gimli library is a lot more than that of the others.

"We're just looking at ways to save money," he said. "They are working off their line of credit."

The Evergreen Regional Library has a central branch in Gimli and branches in Riverton and Arborg.

Gimli serves 5,845 people; Riverton, 3,514; and Arborg, 1,152, for a combined total of 10,511, according

to its 2015 annual report. The ERL had 11,932 memberships in 2015 and charged \$35 and \$30 respectively for non-resident family memberships and single memberships.

The board had met May 24 and passed a motion to request the RMs of Gimli and Bifrost-Riverton and the Town of Arborg to reduce the rent charged for their respective library buildings from \$3.65 per square foot to \$2.59.

The RM Gimli passed a resolution at its June 8 regular meeting to reduce the rent it charges to the Gimli Library on the condition that Arborg and Bifrost-Riverton do the same for their respective buildings, and to request that the monies saved be put towards the deficit.

The deficit is "currently around \$10,000," said the board's finance chair Danny Lyprypa, who is also a councillor with the RM Gimli. "So when we reduce the rent, we're going to drive almost \$7,500 of it back. By next year, it will be cleared off."

Lyprypa said the deficit arose from the need for staff to replace regular staff members who had experienced illness.

He said the deficit is "nothing major"



EXPRESS PHOTO BY PATRICIA BARRETT

The Arborg branch of the Evergreen Regional Library is housed in a former CPR station. All three of the ERL's libraries provide residents and visitors with a range of services, including e-books and free Internet.

and that "we've developed a plan to eliminate [it] by next year."

The rent decrease will take care of the bulk of the deficit.

"We're just going to sit down and chat about some other ways," said Lyprypa.

An Evergreen Regional Library spokesperson said the library pays \$17,431 a year in rent and has ongoing

expenses such as technology upgrades to about 18 public access and staff computers in all three of its libraries.

The central library in Gimli provides inter-library loan services, collections and acquisitions services (purchasing books, licensing databases) and cataloguing for all three branches.

Retreat looks to bring new docs to Interlake region

By Lindsey Enns

If there's one thing Dr. Manish Garg could tell new doctors considering coming to the Interlake region, it would simply be "you are not alone."

"Here you have not only the communities and the regional health authority ... you have local doctors, local medical teams that can work with you, share and support you to create a really great working environment," Garg said. "My experiences have been great."

Garg, who is formerly of Northampton, United Kingdom, was the first physician recruited by the Eastern Region Community Health Committee and Interlake-Eastern Regional Health Authority through a pilot project with international recruitment firm, Waterford Global Inc.

"They helped me get to know this region and get settled," Garg said, adding he was ready for a change and was open to moving somewhere new with his wife at the time. "We visited here. We just loved the blue skies. It was just amazing all the open spaces."

Garg has been working out of Pina-wa for nearly one year, helping ease the hospital and primary care work-

load physicians have been facing due to doctor shortages across the Interlake.

Garg was among a large group of physicians gathering for the Interlake-Eastern RHA's 2016 Family Medicine Residents Retreat in Selkirk last weekend.

Every year, first- and second-year family medicine residents attend a different regional health authority for the retreat.

The purpose of the four-day retreat, which wrapped up on Sunday in Selkirk, was to showcase the many practices and lifestyle opportunities available to physicians in the Interlake region.

Sarah Blelloch, who is a first-year resident still in training, said she plans to be stationed in the Interlake for her second-year residency.

"I'm from a small town so I knew I wanted to work in a small town," Blelloch said, adding she is interested in

working in Stonewall. "The ultimate goal is to find a community I like, integrate myself into it and hopefully start my life there and stick around."

Garg said one of the main reasons doctors are weary about working in the Interlake is that they "worry about working solely."

However, that's something that is changing across the region, he said.

"The new medical training is such that it's more ... working as a team," Garg said. "Up until now, there wasn't much awareness about these things within the regional health authority

and that's changing.

"I think a lot of these new physicians would love to work in ER if they feel supported. Perhaps they are not aware of the team that can support them in those ERs."

For second-year resident Regan Gray, who has been working in Dauphin, the biggest challenge when it comes to practising rural medicine is

"access to care."

"Patients have to travel a long ways to seek medical attention often, there's less services available," Gray said following the retreat's job expo at the Selkirk Rec Complex Banquet Hall last Saturday afternoon. "Getting physicians to rural Manitoba is always a challenge."

Gray said while he's been stationed in Dauphin, specialists have always just been a phone call away when he needed them and he's really been enjoying the work environment.

"You definitely have opportunities to get your hands dirty in intense situations sometimes because you don't have the specialists at your finger tips," he said. "That's certainly a challenge that I'm learning to be comfortable with."

Gray said last Saturday's job expo was a chance for new physicians to network with more experienced doctors.

"They know the challenges that lie ahead for us and can give us helpful tips as we move forward."

"GETTING PHYSICIANS TO RURAL MANITOBA IS ALWAYS A CHALLENGE."

Free after-school activity for Ashern youth

By Jeff Ward

A free after-school program for Ashern youth is set to begin once again at the Ashern Gospel Chapel as the organizers of the JUMP club organize their fall activities.

The Ashern Gospel Chapel supports the club run by Tanya and Alex Vasylievi and it remains one of the more popular after-school activities for area youth.

Over the summer, the Vasylievis said that they saw as many as 44 kids a day come through the doors for activities like paintball target shooting, water-slide bouncers, crafts, board games and Bible stories. The after-school version of the club aims to offer similar activities every Wednesday from 3:30 to 5:30 p.m. starting the first week of October. There is no cost to parents since the wonderful parishioners who donate their time and money help keep the club thriving.

"Many people in the community help out by donating their money and food and we appreciate it so much,"

said Tanya Vasylievi.

"We would also like to thank all of the teenagers who became councilors over the summer because their help is so important. It's hard for just myself and Alex to keep up with all of the kids, so their help is important."

The Vasylievis are constantly looking for new ways to engage the youth in Ashern. It can be music, arts, sports or anything that interests them, and the Vasylievis will do what they can to facilitate. In doing so, they're hoping that people from the community will come forward with ideas to help grow the activity list.

Vasylievi said that at the end of the day, she just wants kids to have something fun to do after school.

"We try to keep it open as long as possible so that they have time to be with their friends. We want to see new friendships form and help build a stronger community. The children are our present and our future of this area, so we want to make sure we do well by them."



EXPRESS PHOTO SUBMITTED

Archery was one of many activities JUMP club participants took part in over the summer and could return as a fall activity in October when the after-school club reopens.

Permanent dike completed at Balaton Beach

By Patricia Barrett

A permanent dike at Balaton Beach, about 10 kilometres south of Riverton in the RM of Bifrost-Riverton, was recently completed.

The municipality awarded the tender to contractor Phil Yoder and Sons to construct and seed the earthen dike. It has a number of culverts bisecting it at various points along its length to facilitate drainage from the properties behind it.

The dike runs along the south end of Balaton Beach. It will help protect about nine residences from the possibility of storm surges on Lake Winnipeg.

The north end of Balaton was not diked.

In the fall of 2014, the former RM of Bifrost (prior to amalgamation with the Village of Riverton in 2015)

erected a sandbag dike along Balaton Beach. Most of the sandbags were removed earlier this year. Some still remain along the shoreline in front of the earthen dike.

The province helped fund the permanent dike under the Building Manitoba Fund for permanent flood protection, said the RM's CAO Cindy Stansell.

"We were initially approved from \$300,000 for a permanent dike at Pebble Beach," she said. "We did not utilize the full \$300,000 for the dike that was constructed, and as such we requested the remainder of those funds be approved for a permanent dike at Balaton Beach."

The total cost of the Balaton dike was \$94,248.66. The province will pay \$84,823.79 (90 per cent), and the RM \$9,424.87 (10 per cent).



EXPRESS PHOTO BY PATRICIA BARRETT

The dike will help protect about nine residences from potential storm surges on Lake Winnipeg.

Premier tours Oak Hammock Marsh



PHOTO COURTESY OF OAK HAMMOCK MARSH

Staff at Oak Hammock Marsh welcomed some special guests last Thursday for a tour of the Manitoba tourism hot spot. Premier Brian Pallister, pictured third from left, along with his wife Esther and Gimli MLA Jeff Wharton, pictured second from right, went for a canoe ride through the marsh during migration season. A spokeswoman for the marsh said no announcements were made, but the premier, his wife and Wharton explored the site for nearly two hours after they were sent an invite to do so earlier this year.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Golf Manitoba's competitive season comes to a close

Submitted by Golf Manitoba

The provincial and national competitive schedules have come to a close with a number of highlights in August and early September.

The Power Smart Manitoba Games took place at the Steinbach Fly In Golf Club Aug. 8 and 9. In the Girls Division, Team Westman (Brynne Paschinski, Hayley Shanks, Tianna Slate and Bobbi Uhl) captured gold.

Individually, Winnipeg Team Gold member Rebecca Kuik won the gold medal.

In the Boys Division, Team Winnipeg Gold (Nic Fanning, Nicholas Fernandes, Blake Jacques and Josh Shuster) captured gold while individually, Josh Shuster, won the gold medal.

The Men's Rural Championship (Junior, Amateur and Senior) took place Aug. 13-14 at the Teulon G&CC.

In the Junior Division, Wesley Hoydalo of the Selkirk G&CC shot a two-round total of 148 (71- 77) to win the championship.

The host Teulon G&CC's Ryan Sholdice opened with an impressive 6-under 66 and had a second-round 73 to win the Amateur Division by six strokes over his brother Bryce, also of Teulon, and Carman's Bobby McNair.

Both had a two-day totals of 145.

Keith Fawcett of the Clear Lake GC won the Senior Division with a two-

day total of 153 (75-78).

The Bantam Championship for golfers 14 and under took place at the Assiniboine Golf Club in Winnipeg Aug. 17-18.

In the Girls Division, Brynne Paschinski of the Shilo Country Club was victorious with a two-day total of 203 (105-98). In the Boys Division, St Charles' Neel Soni shot a final round even par 72 to win with a two-day total of 148 (76-72).

Five Interclub events also took place in August and early September. The Interclubs are competitive events between clubs with teams of four players competing. The scoring is counted as the best three of four scores for the team total. The following were the winners of the various events:

Men's Provincial Interclub (Amateur) – Aug. 23 at Grand Pines GC

- City Division Winners – Niakwa CC (Jeremy Gladish, Daniel Munroe, Garrett Neiles, & Bret Thompson)

- Rural Division Winners – Minnewasta G&CC (Kelby Friesen, Josh Neufeld, Rylan Price & Geoff Sutton)

- Low Individual – Bret Thompson (Niakwa CC)

Women's Interclub B (Handicap Factor of 24.1 & Higher) – Aug. 25 at Maplewood GC

- Net Division Winners – Lar-

ters at St Andrews G&CC (Liz Giesbrecht, Debbie Heroux & Catherine Lee)

- Gross Division Winners – Grand Pines GC (Marjorie Babuik, Dolores Pelland, Edith Summerfeldt & Maggie Tagliaferri)

- Low Individuals – Doreen Kubic (Selkirk G&CC) & Cheryl Wakaluk (Southside GC)

Women's Interclub A (Handicap Factor of 24.0 & Lower) – Aug. 30 at Links at the Lake

- Net Division Winners – Pine Ridge GC (Colette Bright, Joanne Clement, Karen Eschuk & Maria Prymak-Irvine)

- Gross Division Winners – Southwood G&CC (Jamie Jones, Trish Jordan, Rhonda Orr & Fran Povoledo)

- Low Individuals – Bri-ann Tokariwski (Elmhurst G&CC) & Rhonda Orr (Southwood G&CC)

Junior Interclub – Sept. 1 at Winkler GC

- City Division Winners – Elmhurst G&CC (Wesley Hoydalo, Adam Ingram, Brent Ingram & Ryan McMillan)

- Rural Division Winners – Portage GC (Clark Bolton, Tanner Boyle, Owen Gillespie & Logan Rands)

- Low Individual – Wesley Hoydalo (Elmhurst G&CC)

Men's Senior Interclub – Sept. 7 at

The Links @ Quarry Oaks

- City Division Winners – Breezy Bend Country Club (Jeff Delaney, Mike MacKay, Dewar McKinnon & Roy Smith)

- Rural Division Winners – Carman Golf & Curling Club (Terry Dyck, Wayne Giesbrecht, Bill North & Bruce North)

- Low Individual – Mike MacKay (Breezy Bend)

On the national scene at the Canadian Junior Women's Championship, the Manitoba Team of Rebecca Kuik (Niakwa), Marissa Naylor (Pine Ridge) and Bobbi Uhl (Shilo) finished in seventh place.

Individually, Kuik finished tied for 59th, Naylor was 66th and Uhl missed the cut. Other Manitobans competing in the national championship were Katherine McGlenen (St Charles), who finished 64th, and Brynn Todd who missed the cut.

At the Canadian Junior Boys Championship, Team Manitoba finished in eighth place.

Individually, team members Zach Wytinck, Sam Diamond and Stefan Lavalee all missed the cut. Low Manitoban was Wesley Hoydalo (Selkirk) who finished tied for 66th. Ryan McMillan (Elmhurst) and Colby Dudeck (Larters) also missed the cut.

Continued on page 20

Loewen invited to attend San Jose Sharks' camp

Staff

The Western Hockey League announced that 139 of its players – which includes Arborg's Jermaine Loewen – have been invited to attend National Hockey League training camps this month.

Loewen, a former Interlake Lightning power forward, has spent the past two seasons with the WHL's Kamloops Blazers. Last season, Loewen scored eight goals and had 15 points in 67 regular-season games. He also amassed 96 penalty minutes.

All of the 139 players attending NHL camps are eligible to return to the WHL for the 2016-17 season. Nine of those players are Manitobans.

Of the 139 WHL players set to attend NHL training camps, 91 were selected in the NHL draft or are free agent signees while 48 are free agent invi-

tees or are eligible for the 2017 NHL draft.

All 22 WHL teams will send at least one player to an NHL training camp. The Red Deer Rebels boast 12 players who will attend NHL camps, which is the most of any WHL club.

In addition, the Calgary Hitmen and Kelowna Rockets will each send 10 players to NHL camps while Kamloops will see nine players attend NHL training camps.

The other Manitobans playing in the WHL who will attend NHL camps this month are the Brandon Wheat Kings' Tyler Coulter, Jayce Hawryluk, and Tanner Kaspick, the Calgary Hitmen's Travis Sanheim and Jordy Stallard, the Moose Jaw Warriors' Brett Howden, the Regina Pats' Adam Brooks, and the Seattle Thunderbirds' Keegan Kolesar.



PHOTO SUBMITTED

Arborg's Jermaine Loewen has been invited to attend a National Hockey League training camp this month.

Puckeye netcam hopes to score with goalies

By Brian Bowman

Hockey goalies never want a puck to find the back of their net.

But they should have no problem with a Puckeye netcam in their goal.

Jamie Krause, a longtime Stonewall resident, and his partner, Ken Zoppa, of Oak Bluff, have joined forces to start a company which makes a protective case for GoPro Hero cameras.

The units, attached to the inside of a hockey net, provide the same angle/vantage point as seen on T.V. while protecting the camera from flying pucks. Krause came up with the idea while watching highlight-reel plays from the netcam's angle.

"It offered a great perspective of up-close action from the goalie's view," said Krause on the Puckeye website. "I thought it would be fun to get my own highlights - and lowlights - on camera."

Krause said he researched and designed their product for over a year and have begun sales in the last couple of months for the upcoming season. Each unit is hand poured and inspected by their staff to ensure a quality product every time.

The Puckeye is an excellent training aid for young goalies to have video review of their games and practices to help improve their skills. It's also a great invention for goalies playing in adult leagues that want to keep a memento of that big save.

"We quickly realized these videos are special for goalies of all ages and skill levels," Krause said, noting his company has sold about 100 Puckeye netcams so far.



Jamie Krause shows the Puckeye to Olympic silver medalist Fiona-Smith Bell.

"Including minor hockey goalies for self-review of practices or games to help improve their play, tournaments to offer some amazing souvenirs to players, as well as beer league tenders who want to remember that highlight save for years to come."

Currently, the device can be purchased on the puckeye.com website but Krause said they are in discussions with distributors from across



TRIBUNE PHOTOS SUBMITTED

The Puckeye is an excellent training aid for young goalies to have video review of their games and practices to help improve their skills.

Canada, the U.S., and Europe.

There is only one other company that offers a similar product, said Krause.

"But they don't offer any protection for the GoPro camera," he warned. "They just have a mount to put inside the net."

The Puckeye case is manufactured in Winnipeg and the company is proudly 100 per cent Canadian. The product comes in both black and white and is priced differently for the clamped version or the quick release model.

The quick release models sell from \$124.99 while the clamp versions go for \$149.99.



The GoProHero camera is enclosed in a protective case that is hand poured and inspected to ensure a quality product.



Zone 5 golf champions

EXPRESS PHOTO SUBMITTED

The Gimli Lakers' girls' golf team won the Zone 5 banner last week and will now compete at the MHSAA provincials in Winkler this Friday. Pictured, from left to right, coach Lindsay Burns, Carley Matkowski, Alexis Bahaud, Lexie Kopp and Kadriana Sahaidak.

Mustangs buck Thunder in St. Vital

Staff
The Interlake Thunder Midget football team had two opponents last Saturday. One was the St. Vital Mustangs. The other was the injury bug. Joshua Jamiesen threw three touchdown passes while Brenden Merasty added two rushing TDs as the Mustangs defeated the injury-ravaged Thunder 48-6 last Saturday evening in Winnipeg. It was the second time this season that St. Vital has defeated the Interlake by that same score. But Thunder head coach Kris Johnston saw some things that he liked in the lopsided road loss. “We came out with way more energy than we did the last week,” said the Thunder head coach. “We were physical and intense and emotionally in the right place. We were playing with a lot of fire and that was fantastic.

“And, in my opinion, that was a big step forward for us.” St. Vital’s offence was a well-balanced one as Drey Warde rushed for a game-high 90 yards and a TD while Nick Liang, Garrison Trinder, and Colin Pantos hauled in TD receptions. The Thunder’s offence, meanwhile, struggled throughout the game. Colton Nedotiafko led the Thunder in rushing yardage with 52 while quarterback Thomas Dunlop added 28 yards on five runs. The Thunder’s Germain Waldner had a very good game on kickoff returns – averaging 37.7 yards – in three attempts. He also had a first-quarter touchdown that Johnston estimated was about 80 yards. Defensively, the Thunder were led by Austin deLaroque’s 10 tackles while Kevin Lister and William Page added intercep-

tions. “Our defence played extremely well the whole game,” Johnston enthused. “Because we were struggling to move the ball offensively, the defence had a short field to work with for the majority of the game. “But despite that, they made plays all over the field and pressured their quarterback.” With the loss, Interlake is now 2-4 and tied for third place with the Southwest Wolves. Southwest (2-3) does have a game in hand, however. In the other Midget Football League of Manitoba game last weekend, the Falcons Football Club thrashed the Sunrise Coyotes 73-6. The Falcons (5-1) are tied with St. Vital (5-1) for top spot in the MFLM. This Saturday’s games will see the Thunder host the Falcons at 3 p.m. in Stonewall while Southwest will visit Sunrise.

> GOLF, FROM PG. 18

Manitoba finished seventh in the Willingdon Cup team competition at the Canadian Men’s Amateur. Devon Schade finished tied for T61st while Allan McDonald (Breezy Bend) and Zach Sackett (Elmhurst) missed the cut. The low Manitoban at the event was Elmhurst’s Marco Trstenjak, who finished tied for 28th. Also competing in the event but missing the cut were Ryan McMillan, Travis Fredborg, Justin McDonald, Eric Johnson, Jack Werhun, Allan MacDonald, Colwyn Abgrall, Zach Sackett and Bret Thompson. The team of Eric Johnson (Breezy Bend), Ben Bandura (Elmhurst) and Brian Katchnoski (Elmhurst) finished fifth at the Canadian Men’s Mid-Amateur. Individually, Johnson finished tied for 25th, Katchnoski 69th and Bandura missed the cut. Other Manitobans competing in the national Mid-Amateur were Jesse Skelton (T36th), Justin McDonald (T64th), Travis Fifi (68th), Chad Facey (MC), Bobby Wiebe (MC), Matt Stephenson (MC) and Spencer Harris (MC). Team Manitoba finished fifth at the Canadian Women’s Senior Championship. Provincial Champion Rhonda Orr (Southwood) finished an impressive tied for fourth, Matty Leung (Southwood) finished T54th and Gail Kennedy (St Charles) finished 66th. Manitoba was also represented by Tammy Gibson (T26th), Kim Ross (MC) and Bonnie Stephenson (MC). Fran Povoledo (MC) competed in the Mid-Amateur Championship, which was run in conjunction with the Senior Championship. Manitoba had a strong finish at the final national championship of the season with the provincial team finishing second at the Canadian Men’s Senior. Individually, Matlock’s Garth Collings (Breezy Bend) finished T12th, Mike Walker finished tied for T41st, and Brad Moore (Pine Ridge) missed the cut. Other Manitobans competing were Barry Minish and Ken Warwick who also missed the cut.

Lundar loses exhibition game to St. Malo

By Brian Bowman
The Lundar Falcons had 16 rookies in their lineup on Saturday evening in a 4-1 loss to the St. Malo Warriors in Warren. The Warriors led 2-1 with about eight minutes remaining in the third period when they scored twice in just 61 seconds. Veteran forward Landen Gray

scored for the Falcons while Travis Ridgen and Jarrett Hogue split the goaltending duties. St. Malo outshot Lundar 31-30. Lundar, which was on the ice this past Tuesday and Thursday in Warren, has three more exhibition games to play. The Falcons’ next game is Sept. 30 in Warren against the North

Winnipeg Satellites. The Arborg Ice Dawgs, meanwhile, will host North Winnipeg this Saturday (7:30 p.m.) in Gimli. The same two teams will hook up again on Tuesday (8 p.m.) at Billy Mosienko Arena and then Arborg will visit the defending-KJHL champion Peguis Juniors on Sept. 30 (8 p.m.).

take a break

> GAMES

CLUES ACROSS

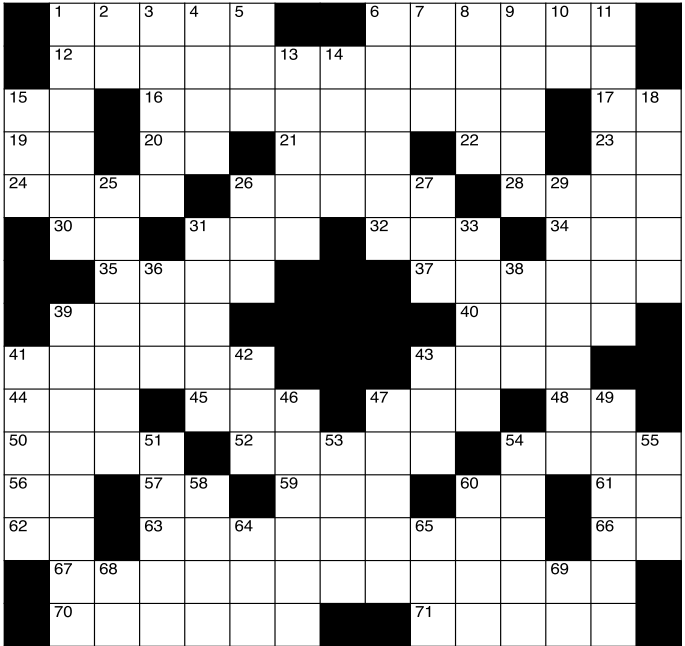
- 1. ___ blache: Freedom
- 6. Plan
- 12. A jolt
- 15. “Doonesbury” character
- 16. Inspiring with love
- 17. Blood type
- 19. Anno Domini

S	O	S	E	P		S	I	S	V	O	R
E	A	E	N	V	O	F	E	A	E	N	V
H	I	D	E	T	E	D	O	W	E	R	T
V	W		I	D	E	O		B	C		P
V	H	E	S	D	E	H	E	O	L	C	E
V	O	D	V	S	P	H	B	O	V	D	
	N	O	E	P		S	E	S	I	H	V
	D	E	P	V			D	V	H	O	
S	E	S	I	V	D		A	H	M	V	
W	T	S	B	V	T	W	L	V	H	S	
H	V	E	H	T	E	I	N	O	S	C	I
V	N		E	S	E	H	V		G	V	D
G	V		G	N	I	H	O	W	V	N	E
W	H	V	E	H	T	I	L	O	H	S	V
E	M	E	H	C	S		E	L	H	V	C

Crossword Answer

- 20. Janet Reno held this post
- 21. Arab Republic of Egypt
- 22. Midway between south and east
- 23. Sodium
- 24. Twitches
- 26. Not loud
- 28. Hindmost
- 30. Be quiet!
- 31. This gives you money
- 32. Check
- 34. Short-term memory
- 35. Askew
- 37. Platforms
- 39. Towards the mouth
- 40. Copied
- 41. Emerges
- 43. Menial laborer
- 44. Chinese sword
- 45. Energy unit
- 47. Unhappy
- 48. The Golden State (abbr.)
- 50. External
- 52. Strayed

- 54. Liquid body substances
- 56. Plutonium
- 57. Truckers use this
- 59. Largest English dictionary (abbr.)
- 60. Beloved British princess Lady
- 61. The Bay State (abbr.)
- 62. Thallium
- 63. Rebuilt
- 66. Element
- 67. The law of retaliation
- 70. Cuts
- 71. Mexican monetary units
- 7. Philosophical life force
- 8. Birds
- 9. Anxious
- 10. Man's title
- 11. Issued
- 13. Prayer leader
- 14. Edible red algae
- 15. Hitters need this
- 18. Froths on fermenting liquors
- 25. A two-wheeled horse-drawn vehicle
- 26. Amount (abbr.)
- 27. Small amount
- 29. Fundamental quality
- 31. Cubage unit
- 33. Bleated
- 36. No longer is
- 38. Initial public offering
- 39. Hard to interpret
- 41. Highly skilled
- 42. The woman
- 43. A bachelor has one
- 46. Trial prints



- 47. Passover feast
- 49. Military forces
- 51. Plant part
- 53. Remake
- 54. Flanks
- 55. Swiss river
- 58. Ottoman governors
- 60. Vale
- 64. Encountered
- 65. One track circuit
- 68. Opposite of yes
- 69. Hello (slang)

Classifieds

THE EXPRESS
WEEKLY NEWS

Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca

AUTOS

2006 Ford F-750 dump / flatdeck. Only 69,000 km. Allison automatic transmission. Trailer hitch and 16' Dump installed 2015 and used twice. 2nd owner, \$33,000 obo. 204-410-2547.

CAR POOL NEEDED

Need to catch a ride to Winnipeg from Gimli on Wednesday's and Thursday's. I would need to be in the city by 8:00 a.m. near Main St. and Selkirk and can depart for home as early as 4:00 p.m. I am flexible with depart times and will pay accordingly for the cost of gas. Please text or call Sylvia at (204)295-4486.

MOBILE HOMES

3 only 16 x 80, 3 bdrm., 2 bath. Starting at \$89,900. Altona Mobile Homes, 1-800-582-4036, 1-204-324-6776 Email amhl@mymts.net

HOMES FOR SALE

Be in your new house by fall! 1584 & 1638 sq. ft. RTMs ready for delivery. Pictures, floorplans available at wgiesbrechthomes.ca. Custom builds also available. For additional information call 204-346-3231 or email wilbert@wghomes.ca

BUILDING FOR SALE

48' X 28' Insulated Metal Frame Shop to be moved from Stony Mountain area. 16' X 10' High overhead door, one man door. 220V service and electric furnace. Great for repairs, storage, fabrication or? \$23,000. 204-410-2547.

PROPERTY FOR SALE

To be moved - older mobile home, 12x64, comes with wood stove & 6 appliances, priced to sell at \$4900 obo; also to be moved - 24x28 addition, 2x6 construction, new shingles, baseboard heat, offers; also - 5 vacant acres located 8 miles north of Argyle, \$34,900. Ph 204-467-8537 or 204-955-2068.

HELP WANTED

Respite/Support workers for foster home. Please contact Greg for more details at 204-641-5398.

Dream job! Live in caregiver/housekeeper in Winnipeg and Florida! Driver's licence required and be able to travel. 204-997-4629.

Penner Oil seeks experienced highway tanker trailer mechanic in Winnipeg. Experience with B620 inspections/WPS qualifications considered an asset. Tanker maintenance/repairs/welding experience required. We offer competitive wages, benefits, RRSP Call 1-800-665-4302 ext. 251 or email orderdesk@penneroil.ca

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

MISCELLANEOUS

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. SOLAR equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

Trailers for sale. Car & Equipment Haulers, Dumpbox, Cargo, Utility, Gooseneck Flatdeck, Cargo, Aluminum Livestock, CM Truckbeds. Parts & full service. Kaldeck Truck & Trailer, MacGregor, MB. 1-888-685-3127.

COMING EVENTS

Antique & Collectible Sale! Huge fall event! Largest of the season. Over 200 tables! Friday, September 30, 4pm-9pm and Saturday, October 1, 10 a.m. - 4 p.m., \$5 per person. Assiniboia Downs, 3975 Portage Ave., Winnipeg. Great selection, door prizes and free parking.

TRAVEL/VACATION

Discover amazing Maritime fall colours if you act now! Small groups make it easy to customize vacations to your individual desires. 204-770-7771 or www.trippvacations.com

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoodelk@hotmail.com

NEWS TIPS
Call
467-5836

HEALTH

Do you have a disability? Physical or mental. We can help you get up to \$40,000 back from the Canadian Government. For details check out our website: disabilitygroupcanada.com or call us today toll-free 1-888-875-4787.

HAY & FEED

Round hard core bales of alfalfa, brome & timothy. Horse & cattle hay avail. Ph 204-467-5078 or 204-461-0722.

Alfalfa/Timothy 5x6 round hay bales, excellent quality. 1500 lbs. each. Ph 204-364-3082.

Large round bales tame hay, 3.5 cents per pound. Some wild hay. Ph 204-646-2357.

Alfalfa brome & timothy hay in large round hard core or small square bales. Call Dean at 204-467-2636 or 204-461-0870.

STRAW

FLAX STRAW - \$2.50/BALE. MONDAY - SATURDAY. CALL BILL MATHE-SON AT 204-467-5608, STONEWALL.

STRAW

Flax straw, \$2.50/bale. Call Dean at 204-47-2636 or 204-461-0870.

Please support our advertisers
SHOP LOCAL



HAS AN IMMEDIATE Job Opportunity in our Parts Department

Experience in automotive parts environment is preferred,

But we are willing to train the right person

Contact Dave Plett @204-372-6648 for more info

Drop off resume at Fisher Repair or Email to dplett@napacanada.com



LAKESHORE
SCHOOL DIVISION

EMPLOYMENT NOTICE

Lakeshore School Division invites applications for the following positions for the Lakeshore Educational Growth Opportunities (LEGO) Program:

- Co-ordinator
- Site Supervisor

APPLICATION DEADLINE:
Friday, September 23, 2016 at 2:00 p.m.

Please see our website www.lakeshoresd.mb.ca for more details.



EMPLOYMENT NOTICE

Lakeshore School Division invites applications for a 100% permanent Technology Support Analyst commencing as soon as possible.

APPLICATION DEADLINE:

Wednesday, October 5, 2016 at 4:30 p.m.

Please see our website www.lakeshoresd.mb.ca for more details.

TENDER

For 300 Round Bales of Good Quality Straw

Please quote price per bale delivered to Ashern Auction Mart with a brief description of the straw.

Also state what the bales are tied with.

Lowest or any tender not necessarily accepted.

Deadline for tender: September 30, 2016

For more info call:

Kirk @ 204-768-0019 (cell) or send quote to:
Interlake Cattlemen's Co-op Assoc. Ltd.

(Straw Tender)

Box 599, Ashern, MB. R0C 0E0

Fax: 204-768-3690 Email: icca@mymts.net

Lic. 1128

Automotive Mechanic Wanted Powerbend Tire & Service



Looking to fill a position.
**Licensed,
3rd or 4th Level
Apprentice.**

Hours:
Monday-Friday 8 AM - 5 PM
Top Wages Paid
Well Established Shop
Friendly Work Environment

**If Interested please contact Jeff
at (204)641-0076 Arborg, MB**

Don't forget to send your special wishes to your friends and family.



EXPRESS

204-467-5836

classifieds@expressweeklynews.ca

Classifieds

THE **EXPRESS**
WEEKLY NEWS

Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca

McSherry Auction Service Ltd
ANNUAL FALL GUN AUCTION
Saturday, October 22nd 9:30 am
Stonewall, MB, #12 Patterson Drive
Book Your Guns & Hunting Related Items in Now to Take Advantage of our Coast to Coast Advertising! Growing List on Web!
Stuart McSherry (204) 467-1858 or (204) 886-7027
Stonewall, Manitoba
www.mcsherryauction.com

McSherry Auction Service Ltd
AUCTION SALE
DENIS & MARIE LE COQ
Sunday Oct 2nd, 2016 @ 11:00 am
Teulon, MB
5 Miles West on 415 Then South 100 Yards on RD 4 E
#92-136
Contact: (204) 886-2133
Tractor & Equipment Ford 2N Gas Tractor 3PH Good Rubber * Buhler / Farm King 6' Blade * Farm King 3PH 6' Cult * Case IH 3PH 6' Deep Tiller * 3PH 42" Cult * Yard & Recreation 85 Yamaha 225 3 Wheeler w Rev * Crafts 10 HP 30" Snow Blower * Crafts 18 HP R Mower * Metal Yard Tiller * 48" Aerator * Push Gas Mower * Gas Hedge Trimmers * Chain Saws * Dandelion Wick Sprayer * 12 Volt Sprayer Attachment * Weed Eater * Wheel Barrow * Water Fountains * Yard Pond & Pump * Windmill * Yard Ornaments * Propane BBQ * Picnic Tables * Yard Benches * Set of 6 Belgium Bowls * Garden Honda F 210 Roto Tiller * MTD 5 HP Rear Tine Tiller * Gilson 5 HP Roto Tiller * Honda FG 100 Mini Tiller * Garden Seeder * 2 Wheel Garden Cart * HD Tomato Cages * 4' x 8' Wash Racks * 3" 50' Discharge Hose * Soaker Hose * Tools LKS Welder * Booster/Charger * Port Air Comp * Table Saw * Bench Grinder * Power Tools * Makita Belt Sander * Makita 3/8" Drill * Dewalt 1/2" Impact * Cordless Tools * Shop Vac * Vice * Gear Puller * Hand Tools * Socket Sets Up To 3/4" * Wrenches * Misc Submergible Pump * Wood Heater * 3 PH Draw Bar * Chain Hoist * Steel Fence Posts * Berkel Elec Meat Grinder * Berkel Sausage Maker * Hand Meat Saw * Propane Turkey Boiler * Live Trap * Propane Banger * Shelving * Antiques Oak S Curve Roll Top Desk * Singer Treadle Sewing Machine * Cedar Chest * Trunks * Scuffler * Skeet Tosser * Cream Can * Lantern * Cuckoo Clock * Carnival Hen * Reuben Head * Wringer Washer * Household Brunswick 6' x 12' Pool Table & Accessories * Deep Freeze * Oak Coffee & End Tables * Couch & Love Seat * 3PC BR Suite * Gliding Rocker * 2 D Filing Cabinet * Flat Screen TV * Sewing Machine * Dehumidifier * 50lb Household Scale * K Appliances *
Stuart McSherry (204) 467-1858 or (204) 886-7027
Stonewall, Manitoba
www.mcsherryauction.com

McSherry Auction Service Ltd
BUILDING SUPPLY, EQUIPMENT & CONSIGNMENT SALE
Oct 1st 10:00 am
12 Patterson Dr., Stonewall, MB
CONSIGNMENTS WELCOME!
New Lumber, Bldgs, Windows, Household & Bathroom Finishings*
30' x 65' Bldg * 30' x 40' Bldg * 20' x 40' Party Tent * 16' x 22' Marquee Tent * Tractors & 3PH Equip * Kubota L2850 33HP MFWA 3 PTH FEL 1330 Hrs * 3PH 60" Rotary Mower * 3PH Bail Forks * 3PH Chipper * 3 PH Snow Blower * 3PH Rotovator * Fork Lift Extensions * Livestock Equip * 11 GMC Canyon 2WD 45,000 KM * 91 Int'l Cube Van * 01 Norberts Mfg 5th Wheel 24' Stock Trailer w Tack /Living Quarters Exc Cond * BH 10' Utility Trailer * Quad Trailer * Poly Calf Shelter * 50 Corral Panels * Bunk Feeders * Saddles * Horse Tack * Dog Kennels * Dog Training Equip * Polar 500 cc 4 x 4 Quad w Winch 1472 Miles * 86" Blade for Quad * Husqvarna YTH 180 Hyd 18HP 46" R Mower * 18' Redbird Fibreglass Cedar Strip Canoe * 16' Cedar Chestnut Fibreglass Strip Canoe * 10' HD Metal Work Bench * Push Gas Mower * Snowmobile Sleigh * Hand Yard Tools * Growing List On Web *
Stuart McSherry
Stonewall, Manitoba
(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com
email: mcsherry@mts.net

Hip or Knee Replacement?
Problems walking or getting dressed?
The Disability Tax Credit
\$2,000
Yearly Tax Credit
\$20,000
Lump Sum + Rebate
Apply anytime of the year. Lowest rate in the industry.
Reliable Expert Service
204-453-5372

Jack and Jill Reception
In Honor of
Morgan Dziad's Marriage to Trae MacDonald
as well as introducing their son, Finn
SATURDAY, OCT. 8th
1:30 PM @The Arborg Legion

Ashern Auction Mart - Farm Market Report
Week of September 14 • No. of Cattle: 439
Total Slaughter Cattle 139 Total Feeder Cattle 300

D1 & D2 Cows.....	79-84	Age Verified	81-91.25
Good Bulls.....	97-117.75	Older & Shelly Cows..	50+up
STEER PRICES		HEIFER PRICES	
600-700	150-187	500-600	140-162
700-800	145-188	600-700	139-168
800-900	140-175.50	700-800	130-169
		800-900	135-163
		900-1000	149-153.25

Brought to you by: **Countryside Home building centre** Your full service Kioti Tractor dealer **KIOTI** and Masterfeeds dealer **Masterfeeds** 204-372-8501

80 Years Serving Gimli & Surrounding Area



Gilbart **Gilbart Funeral Home**
Gimli's Only Full Service Funeral Chapel
50-1st Ave., Gimli 1-800-230-6482
www.gilbartfuneralhome.com

Remember Your Loved Ones
with an Announcement in the
THE **EXPRESS**
WEEKLY NEWS
Call 467-5836 or
classifieds@expressweeklynews.ca

ANNOUNCEMENT
CARD OF THANKS
Bobbie Valborg Vincent
(nee: Stevens)
Passed away at the Gimli Betel Home on September 4, 2016.
The family would like to thank Gimli Betel Home for their many years of caring and kindness; the Lutheran Ladies for assisting with the lunch; The Choir, Hedy and Pastor Schenk for the beautiful service and Gilbert Funeral Home for assisting with the arrangements. Special thanks to those that took time to visit with Bobbie over the years.
-Stevens and Bailey family

ANNOUNCEMENT
IN MEMORIAM



Darlene Daniels
September 15
Marks a year since you left us.
Missed dearly by your family and friends.
"Gone but not forgotten"
Love you Mom aka Amma
-Missed by Kim (Scott), Thomas, Stacy (Josh) and Talia and Courtney

McSherry Auction Service Ltd
ESTATE OF ED HAUT
Sunday Sept 25th @ 10:00 am
Chatfield, MB
Jct 419 & Hwy 17 1 Mile South East on Hwy 17
Then 3 Miles East on Rd 120
Then South 1 Mile,
Then 1/2 Mile East,
Then 1/2 Mile South
Contact: (204) 837-7584
Tractors * Crawlers*
Equip * Bandsaw & 3PH Equip * Vehicles * Yard & Recreation* Tools * Farm Misc & Scrap* Go to Web!
Stuart McSherry
Stonewall, Manitoba
(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

McSherry Auction Service Ltd
MIKE ZOLINSKI (LATE MARY)
Sat Sept 24th 10:00 am
Arborg, MB
6 Miles South on Hwy 7
Contact # (204) 376-5528
Tractor * Yard * Trailer * Boat * Butcher Equip * Tools * Antiques * Household *
Stuart McSherry
Stonewall, Manitoba
(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com



Get The Job Done!

Biz Cards

**Call 204-641-4104 or
email ads@expressweeklynews.ca**

GIMLI VETERINARY SERVICES
70 Centre Street Gimli, MB ROC 1B0
204-642-8398 lmvtvet@mts.net

SHERLOCK TREE REMOVAL
Pruning • Stump Grinding
Licensed Arborists
Fully Insured – Claim Free
25 years Experience
Vince 861-0487
Darren 861-0028

Computer Tutor
Professional, reliable
computer repair services.
1-204-471-5818
Your virus, spyware, popups &
speed up your system experts
www.computertutorpetra.ca

Tree & Yard Service
*Large & High Tree Expert
*Problem Tree Removal
*Tree Pruning & Trimming
*Storm Restoration
*Insured
(204) 364-1372

INTERLAKE INSULATORS
BOX 240, BALMORAL, MB ROC 0H0
Brent Meyers 204-461-4669
Marty Meyers 204-461-1636
Email: brentmeyers_88@hotmail.com
SPRAY FOAM SPECIALISTS

HART'S HOUSE OF FLOORING LTD.
• CARPETS • VINYL • LAMINATES
• CERAMICS • HARDWOOD FLOORS
6,000 sq. ft. SHOWROOM/WAREHOUSE
Domestic, contract sales & installation
HomeStyle STAINMASTER
482-4404 474 Main Street, Selkirk
1-888-847-7722 Fax: 482-7560
harthf@shaw.ca

SELKIRK CARPET & MATTRESS CLEANERS
OFFERS GREEN CLEANING
204-785-4464
carpets • mattresses • upholstery • leather
pet stain • urine removal • dust mite elimination
Serving Hwy 9 North to Gimli

WE SUPPLY AND/OR INSTALL:
• Window Coverings HunterDouglas
• Floor Coverings • Cabinetry
• Countertops & More!
Hwy #9 & Colville Drive
Gimli, MB
(204) 642-8585

GOETZ SIDING
• 5" Eavestrough • Soffit/Fascia
• Custom Cladding
(204)223-7740 Sheldongoetz@gmail.com

Bill Klassen Auctions Ltd.
www.billklassen.com
Auctions with Integrity!
NOW BOOKING
2016/2017 AUCTIONS
Ph: (204) 325-4433 Cell: (204) 325-6230 Fax: (204) 325-4484

GULAY PLUMBING
Meeting ALL of
your plumbing needs.
SERVING THE INTERLAKE (204) 651-1504
RYAN@GULAY.CA

Shipping Containers
CSC Compliant. Watertight.
Completely Rodent Proof.
20' - \$3400
40' - \$3450
53' - \$5850
Call for competitive
delivery rates
Call Clinton at 204-739-3392

TREESNOW
FULLY INSURED
Serving the Interlake Selkirk, MB
AERIAL CRANE
BUCKET & SERVICE
• PRUNING • REMOVAL
• Free Estimates
• Seniors Discounts
• No Travelling Charges
Cell 204-294-5233

HAIROLD'S BARBER Shop
Men's Haircuts Boys' Haircuts
#4-356 RIVER RD. ARBORG, MB
Look for the blue Arborg Mall beside the Co-op
WEEKDAY HOURS TUES - FRI 9:30 - 5:30
WEEKEND HOURS SATURDAY 9:00 - 3:00
NO APPOINTMENTS
204-641-2738

Rockwood Landscaping & Tree Service
*Complete Landscaping
*Barkman Concrete Products
*Concrete Breaking
*Aerial Tree Pruning & Removal
*Chipping
*Stump Grinding
*Tree Planting
*24HR Storm Service
*Snow Removal
*Skid-Steer
*Compact Track Loader
*Excavator
*Bucket Truck
Manitoba Certified Arborist
467-7646
Free Estimates

STEP UP TREE REMOVAL
Tree Cutting and Removal
Tree Trimming and Pruning
Bucket Truck - Fully Insured
Text or Call ROB 204-785-3273
24 HOUR EMERGENCY SERVICE

Call 204-641-4104 To Advertise on this page.

10 DAY ^{x2} SALE!

"Twice as Nice"

Now 20 Days to Qualify

SALE ON NOW

PREVIOUS WINNERS All these customers received their purchase **FREE!** (partial list)

Lenore Johnson, Riverton.....	\$549.00	John Miller, Broad Valley.....	\$69.95	Jim & Wanda Brandon, Lunder.....	\$916.00
Ben Klassen, Arnes.....	\$729.00	Ronald Platt, Arborg.....	\$499.00	Paul & Linda Buus, East Selkirk.....	\$338.00
Olga Kowalsky, Riverton.....	\$599.00	Frank Reimer, Arborg.....	\$658.00	Richard & Doris Dueck, Arborg.....	\$59.90
Olga Lupyk, Riverton.....	\$677.00	Dave & Eileen Shott, Arborg.....	\$98.00	Henry T. Friesen, Arborg.....	\$1727.95
Rick & Vickie McCormister, Peguis.....	\$2,067.00	Fern & Phillip Sinclair, Peguis.....	\$279.00	Jocelyn & Tony Hayka, Arnes.....	\$749.00
Yvonne Stranger, Peguis.....	\$1,329.00	Phillip Thorkelson, Arborg.....	\$399.00	Carl Johnson, Riverton.....	\$499.00
Ralph Sutherland, Fisher Branch.....	\$1,158.00	Stanley Wallach, Poplarfield.....	\$399.00	Darryl & Jeanette Lazaruk, Poplarfield.....	\$599.00
Olga Swatuk, Arborg.....	\$788.00	Philip Bauernhuber, Arborg.....	\$1,900.00	Jason Loewen, Arborg.....	\$59.90
Tony & Leona Vandersteen, Fisher Branch.....	\$699.00	Simone DelSante, Riverton.....	\$529.00	Janet Porth, Gimli.....	\$1759.00
Thelma Jaworenko, Arborg.....	\$848.00	Danielle & John Weedon, Riverton.....	\$1,799.00	Candace Sigurdson, Riverton.....	\$499.00
Dan & Lynn Chymy, Fisher Branch.....	\$329.00	Bev Webb, Fisher Branch.....	\$129.00	Tracy Sigvaldason, Arborg.....	\$299.00
Riverton Group Home, Riverton.....	\$2,699.00	Alan McKay, Arborg.....	\$349.00	Della Sinclair, Koostatak.....	\$1599.00
Ainsley Gibbs, Arnes.....	\$79.00	Zenith Poole, Arborg.....	\$848.00	Isabel J Toy, Lunder.....	\$469.00
Jonas Roche, Arborg.....	\$349.00	Barb & Menno Friesen, Riverton.....	\$559.00	Cynthia Webster, Gimli.....	\$449.00
Margaret Podaima, Fisher Branch.....	\$769.00	Pat Dudrak, Arborg.....	\$499.00	George & Maria Wiebe.....	\$51.00
Michael Eyoilsson, Riverton.....	\$617.00	Mary Dunlop, Gimli.....	\$109.00	Debbie & Adrian Zelenitsky, Gimli.....	\$858.00
George R. Weibe, Arborg.....	\$1,227.00	Jean Harrison, Arborg.....	\$1,988.00	Doreen Steg, Camp Morton.....	\$1,474.50
Janice Sinclair, Peguis.....	\$209.00	Roxanne Roche, Arborg.....	\$1,868.00	Darlene Jonsson, Gimli.....	\$529.00
Geraldine & Jamie Stephenson, Riverton.....	\$1,711.00	Ernie & Lucille Stabner, Eriksdale.....	\$1,349.00	Delbert & Luwana Brandt, Riverton.....	\$1,799.00
Dean & Sharmaine Murdoch Dallas.....	\$319.00	Nancy Woychyszyn, Arborg.....	\$499.00	Brenda & Ed Anderson, Princess Harbor.....	\$529.00
Theodore Zagowski, Riverton.....	\$119.00	Donna & Ray Andert, Gimli.....	\$899.00	Linda Williams, Peguis.....	\$339.00
Morris Willis, Riverton.....	\$416.13	Will Ashley, Arborg.....	\$479.00	Eugene Feschuk, Gimli.....	\$2,227.00
Glen Syme, Arborg.....	\$59.00	Jake Barkman, Riverton.....	\$619.00	Ida Jean Buck, Hodgson.....	\$26.75
Rob & Kelly Selkirk, Peguis.....	\$2,399.00	Mike & Thelma Blahy, Arborg.....	\$557.00	Glen & Phyllis Stevenson, Peguis.....	\$877.00
Pete & Mary Platt, Arborg.....	\$599.00	Elaine Bolter/Geoff Crew, Sandy Hook.....	\$999.00	Don & Betty Johnson, Arborg.....	\$1,299.00
Donald Osterdag, Gimli.....	\$1,448.00	Karen Dzaid, Arborg.....	\$499.00	Patricia McCallum, Gimli.....	\$569.00
Peguis Free Spirits Child Care, Peguis.....	\$189.00	Natalia & Roger Eyoilsson, Riverton.....	\$1638.00	Joyce Bielak, Riverton.....	\$29.95
Brent Melsted, Arborg.....	\$599.00	Randy & Glenda Forster, Hodgson.....	\$1898.00	Marvin Olson, Arborg.....	\$29.95
A.W. Mabon, Gimli.....	\$1,027.00	Perry & Genni Hibbert, Arborg.....	\$479.00	Jeroline Smith, Peguis.....	\$1227.00
Brian Jonasson, Arnes.....	\$454.00	Kris & Begga Johannesson, Riverton.....	\$939.00	Sandra Jonasson, Arborg.....	\$549.00
Phyllis Dueck, Riverton.....	\$767.00	Rick & Sheila Johnson, Arborg.....	\$349.00	Melissa & Jeff Abuda - Arborg.....	\$3,339
John & Nellie Burak, Arborg.....	\$599.00	Bertha Johnson, Arnes.....	\$769.00	John Paul Avison - Arborg.....	\$679
Andrew Barg, Winnipeg.....	\$1,749.00	Donna Jonasson, Arnes.....	\$399.00	Carol & Dan Beauchemin - Inwood.....	\$1,329
Crystal Sigurdson, Riverton.....	\$549.00	Jeanette Kist, Gimli.....	\$121.87	Jim Dingwall - Camp Morton.....	\$1,038
Robert & Ellen Martin, Arborg.....	\$1,330.00	Kevin & Lisa Klym, Arborg.....	\$774.00	Eugene Feschuk - Gimli.....	\$698
Ronald Ostyrznuik, Poplarfield.....	\$479.00	John & Tina Komelson, Arborg.....	\$689.00	Jason Hudson - Riverton.....	\$1,278
Margaret S. Wilson, Peguis.....	\$1,699.00	Kent & Helena Kostyshyn, Lunder.....	\$539.80	Darlene Jonsson - Gimli.....	\$359
Stacey Ledingham, Riverton.....	\$1,279.00	Thomas Kowalchuk, Fraserwood.....	\$499.00	Ruth Kennedy - Arborg.....	\$549
Wayne Barkman, Arnes.....	\$799.00	Layne & Holly Kulbacki, Arborg.....	\$599.00	Benita Muzyka - Arborg.....	\$388
Kathy Taylor, Winnipeg Beach.....	\$599.00	Edward Penner, Arborg.....	\$619.00	Archie Thompson - Arborg.....	\$549
Doreen Steg, Camp Morton.....	\$299.00	Keith Poleschuk, Arborg.....	\$2082.00	Amanda Unger - Riverton.....	\$799
Lloyd Sigurdson, Arborg.....	\$599.00	Curtis Spence, Hodgson.....	\$479.00	Evelyn Wallach - Poplarfield.....	\$899
Glen & Norma Platt, Arborg.....	\$629.00	Tanya & Lyle Thorgilsson, Lunder.....	\$329.00	Judy Wells - Grande Pointe.....	\$119
Jeanette Nickols, Riverton.....	\$1,699.00	Nancy Woychyszyn, Arborg.....	\$768.00	Lynn Bear - Peguis.....	\$239.00
Agnes Porzuga, Riverton.....	\$939.00	Matthew & Gemma Avison, Arborg.....	\$219.00	Hazel Brunen - Eriksdale.....	\$729.00
Scott McDougall, Ashern.....	\$369.00	Raymond Bazinet, Eriksdale.....	\$389.00	David Chudy - Fisher Branch.....	\$1,499.00
Doug Moroski, Melebe.....	\$399.00	Lynn Bear, Peguis.....	\$1,044.00	Susie and Brian Eyoilsson - Riverton.....	\$528.00
John Harper, Hodgson.....	\$799.00	Ken & Linda Cherepak, Arborg.....	\$49.01	Nelson Hudson - Koostatak.....	\$629.00
Robert & Delores Jacobson, Arborg.....	\$279.00	Debbie Deveau, Eriksdale.....	\$249.00	Larry and Valerie Kormelsen - Arborg.....	\$799.00
Brad Baziniak, Riverton.....	\$698.00	Dorothy Dubchak, Gimli.....	\$899.00	Jason Loewen - Arborg.....	\$859.00
Allan Porter, Peguis.....	\$1,698.00	Sid & Beatrice Dueck, Arborg.....	\$569.00	Rita Milne - Gimli.....	\$1,327.43
Peter & Verna Bodnar, Arborg.....	\$1,028.00	Don Firman, Arborg.....	\$529.00	Minerva Ladies Aid - Gimli.....	\$659.00
Zenith Poole, Arborg.....	\$1,849.00	Leslie Gislason, Riverton.....	\$699.00	Sheila Murdoch - Koostatak.....	\$1,018.00
Kevin & Lisa Klym, Arborg.....	\$179.00	Heather Hamberg, Teulon.....	\$749.00	Ruth Otto - Ashern.....	\$1,829.00
Joan Hudson, Hodgson.....	\$979.00	Matthew Hamberg, Winnipeg.....	\$399.00	Ken and Judy Paluk - Komarno.....	\$899.00
Leonard & Joyce Jackson, Gimli.....	\$2,427.00	Star Johanneson, Arborg.....	\$549.00	Andy and Jaci Platt - Arborg.....	\$299.00
Amanda Rundle, Riverton.....	\$258.00	Allan & Janie Johnson, Riverton.....	\$1,039.00	Linda Podaima - Fisher Branch.....	\$43.45
Kay Bergman, Arborg.....	\$2,229.00	Brenda Kayer, Teulon.....	\$399.00	Ron and Inga Spring - Pine Dock.....	\$429.00
William & Ethel Brown, Gimli.....	\$5,000.00	Wayne & Kathy Kristinnson, Arborg.....	\$499.00	Stella Thomas - Fisher Branch.....	\$149.00
Mike Budniak, Melebe.....	\$1,504.10	Jeff Melsted, Gimli.....	\$120.00	Philip and Sue Bauernhuber - Arborg.....	\$338.00
Leona Cochrane, Koostatak.....	\$499.00	Beverly & Bryan Platt, Arborg.....	\$2,148.00	Kim and Ron Becker - Arborg.....	\$578.99
Ivan & Christine Fridfinnson, Arborg.....	\$737.10	Bruce Reimer, Arborg.....	\$1,308.00	Mike Devlin - Gimli.....	\$899.00
Jocelyn & Tony Hayka, Arnes.....	\$949.00	Ray Reimer, Arborg.....	\$399.00	Susie and Brian Eyoilsson, Riverton.....	\$789.00
Alex Klimchuk, Fraserwood.....	\$599.00	Donna Volour, Arborg.....	\$69.00	George and Leslie Larkin, Peguis.....	\$619.00
Alx Klimchuk, Fisher Branch.....	\$575.00	Richard & Judith Werner, Arnes.....	\$419.00	Rob and Kelly Selkirk, Koostatak.....	\$389.00
Kevin & Lisa Klym, Arborg.....	\$1,484.00	Don Barkman, Arborg.....	\$279.00	Sherman Sinclair, Koostatak.....	\$498.00
Claudia Krawchuk, Fraserwood.....	\$499.00	Noreen Barkman, Arborg.....	\$679.00	Margaret Sutherland, Peguis.....	\$1,869.00
David & Judy McDougall, Ashern.....	\$399.00	Mark Bayliss, Arborg.....	\$19.95	Kelly Sweetland, Arborg.....	\$2,727.00
Tammie McQuid, Arborg.....	\$1,049.00	Mevin & Carol Bilinski, Fisher Branch.....	\$999.00	Jim Want, Petersfield.....	\$719.00

GRAND TOTAL TO DATE \$214,921.51

PLUS
FOR ONE DAY,
EVERYONE
WILL GET THEIR PURCHASE
FREE!

A NOTE TO OUR CUSTOMERS

Due to the nature of this sale, we felt a brief explanation is essential.
At closing, 6 p.m. Sat., Oct. 1 we will tally the 20 days of paid sales and divide by 20 to get the average daily sale. The day which is closest to this daily average, without going over it, will be the day which ALL purchasers will receive their purchase amount back, taxes excluded.

In the case of credit card (Smitty's, Visa, Mastercard) purchases, we will issue a credit immediately.
As we are tremendously overstocked right now, every item in stock will be included in this sale. No exceptions—clearance, damaged, discontinued, even new arrivals; furniture and appliances.
We must reduce our inventory and to ensure we do, we will even give it away for one day!

Don Smith
Smitty's

Ashley Rocker Recliner

\$399

CHOICE OF COLOURS

8-Piece Living Room Package

Includes: Sofa, Loveseat,
3-piece Coffee Table Set,
Pair of Lamps, Area Rug

\$1899

Crushed Glass FIREPLACE/ TV STAND

\$498

40% OFF

**ALL
PURCHASES
QUALIFY!**
• Furniture
• Appliances
• Clearance
Items

PLUS

**DON'T
PAY FOR 3
MONTHS
INTEREST ON
EVERYTHING
O.A.C.!**
**FURNITURE,
APPLIANCES**

SALE RULES

- All sales must be paid in full to qualify for this sale.
- Visa, Mastercard or Smitty's Credit Cards accepted.
- Sale Starts 9 a.m. Tues., Sept. 6 and ends Sat., Oct. 1, 6 p.m.
- All purchasers on free day will be notified and receive their full refund by Wednesday, Oct. 5, 6 p.m.
- All sales tallies and free day will be verified by our accounting firm.
- Commercial sales excluded in tallies and free day.
- All taxes excluded in tallies and refunds.
- No returns or substitutions for these 20 sale days.

Smitty's

FURNITURE & APPLIANCES

"The largest selection of Furniture & Appliances between the lakes"

321 MAIN ST. ARBORG

204-376-5242

TOLL FREE 1-800-361-4156

E-mail: smittysfurniture@mts.net

www.smittysfurniture.net

**HOURS: 9 - 6
TUES. - SAT.**

