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VOLUME 6 EDITION 37 THURSDAY, SEPTEMBER 12, 2019

WEEKLY NEWS

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Rodeo fun

Ory Brown competed in the Tie Down Roping at the 27th Annual Ashern Rodeo from Aug. 31 to Sept. 1. See more photos on page 12.

EXPRESS PHOTO BY ROBERT E. WILSON

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Dogs that disembowelled and maimed alpacas designated dangerous but given reprieve

By Patricia Barrett

Two dogs running at large last month killed and mutilated several alpacas on a St. Andrews farm, and although officially designated “dangerous,” they’ll be returned to their owners provided a number of conditions are met.

Tannis Froese has been raising alpacas for about 19 years on her fenced and quarantined farm in the municipality of St. Andrews near the Gimli border. She’s imported many of her animals from Australia, including a breed called Suri that grows long, luxurious fleece.

The two shepherd mixes, which live about 20 minutes away in the municipality of Gimli, killed and disembowelled four of her alpacas and injured five more on Aug. 6, she said. Not only did she lose alpacas estimated to be worth \$35,000, but she also witnessed and videotaped the dogs attacking her animals and is still traumatized by it.

“I will never ever, ever, ever get over watching my beautiful Suri, my only male Suri, with his guts hanging out, coming towards me and asking me for help, talking to me, like, ‘Do something,’” she said. “And I didn’t know what to do at that point.”

Froese said her trained livestock



Alpacas don't have many defences and run from predators.

guardian dog, an Anatolian shepherd, alerted her to the attack in a fenced enclosure in her farmyard at about 6 p.m. that day. From some distance away, Froese said she could see two long tails in the pen and started recording with her cell phone camera. When she reached the pen, she saw two white shepherds “actively pulling the guts out of my Suri” and a dead alpaca lying next to them.

Although she was frightened the dogs would attack her, she entered the enclosure while still filming and tried to get the dogs off her animals, she said. She managed to capture the female shepherd, but the male contin-



EXPRESS PHOTOS BY PATRICIA BARRETT

Tannis Froese takes her alpacas to a high fenced pasture.

ued tearing at her alpacas and it took a while to contain him.

Froese’s daughter, who doesn’t want to be named, but who helps manage the alpacas and promotes the industry in Canada and abroad, said she got a panicked call from her mom to come to the farm.

“He was still alive and trying to get up,” said the daughter, referring to a partially disembowelled alpaca. “It was one of the most horrific things we’ve ever seen. Another white male was sitting in the trees away from the others, with bites and cuts all over him, clearly in shock.”

Along with her daughter’s husband and a neighbour, Froese said they combed the property looking for the rest of the herd, some of which had been chased into a wooded area and through an electric fence.

“We came around a corner and saw my most expensive male alpaca with his face ripped pretty much off. And beside him were two other males with cuts and abrasions and were bleeding,” said Froese. “There were four

more bitten in the groin area, under the legs and on their neck and face.”

It’s not the first time the dogs have been reported missing this summer, said Froese.

On the day of the attack, a notice was issued at 7:36 a.m. on Winnipeg Lost Dog Alert, stating a white shepherd named Molly had gone missing from the Winnipeg Beach area. The woman who owns the dogs also posted that morning on her own social media account that both dogs – Molly and Raff – “ran in the bushes” and had been missing all night. She posted Aug. 7 that they found their dogs and they were “proved innocent” of the crimes.

Froese shared several of her graphic videos with the Express, including one that shows the two white dogs in the pen as she tries to get them away from the alpacas. With her voice cracking with emotion, she filmed an alpaca on the ground, still alive, the hide from its underbelly ripped apart and the exposed stomach compartment and intestines rapidly heaving.

Continued on page 3

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Derek Johnson

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Continued from page 2



Froese secured the two shepherds in a building.

With her alpacas in great distress and slowly dying, Froese said she put in a call to a veterinarian and also called provincial animal protection officer Len Turcotte, "begging" him to bring his gun to her farm to end the animals' suffering.

With 25 years' experience as an animal control officer and 15 years as an animal protection officer, Turcotte said he's seen it all before.

"With domesticated dogs, [killing] becomes a game. Young girls or boys that get attacked by a dog, if they were just to stand there and not say a word, the attack would be over. But they start to scream and that's a sign of an injured animal or person, so the dogs will keep on attacking," he said.

Having worked for dozens of towns and municipalities, including Beausejour, Victoria Beach and St. Clements, Turcotte said dogs running at large are a big problem. He would typically pick up about 500 animals over the course of a summer.

At Froese's farm, he said he euthanized the alpacas that couldn't be saved and examined the two shepherds, both of which had blood on their "lower jaws and neck area on both sides, more so on one dog than the other."

Turcotte, who didn't see the actual attacks, said the scene did not point to the work of a coyote or a wolf, which will typically kill a prey animal and devour it right away.

"In my experience, dogs that run at large eventually do this kind of thing," he said. "Dogs just don't run into



EXPRESS PHOTOS BY TANNIS FROESE This alpaca had its face bitten and ear ripped off.

somebody's yard and attack something that's dead or already dying."

If they get loose again, in all probability they'll return, like coyotes and bears, to the place where "it's easy to get something," said Turcotte. "As domesticated as dogs are, they still have a wild tinge in them somewhere."

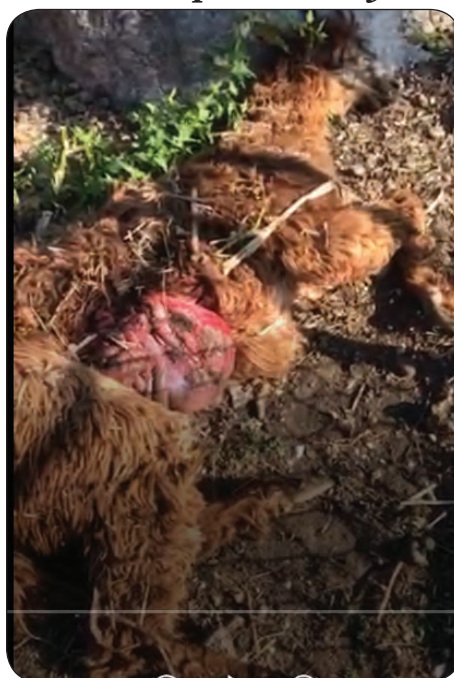
It's the owners who are ultimately responsible for failing to follow Gimli's animal control bylaw, which prohibits dogs from running at large, he said. And he's heard from people he knows in Gimli that the dogs were "notorious" for being on the loose.

The dogs are currently in the care of Gimli's animal services.

Froese said no municipal staff/councillors from Gimli came to her farm to see the carnage - which the *Express* confirmed with the municipal office. She sent her videos to Gimli animal control, but doesn't know if council saw them.

Brandon Colt Bogaard and Daniel Blanchet are identified as the owners of Molly and Raff in an Aug. 30 Gimli council resolution, which designates the dogs as "dangerous" and sets out a number of conditions for their release.

Those include constructing a secure structure that can't be entered by children, muzzling the dogs in public spaces, erecting warning signs on their property and alerting Gimli ani-



A still from a video shows an alpaca with its exposed stomach rapidly heaving.

mal control immediately if the dogs escape.

The resolution states the couple has 45 calendar days to comply with the conditions. It does not state that the dogs will be put down should the conditions not be met.

Froese, who attended an Aug. 30 public hearing at the municipal office, said Bogaard told council his [wife/partner] needs to have the dogs as "therapy dogs" because she's depressed. When Bogaard was asked whether the dogs had been trained as therapy dogs, he said they hadn't.

"He brought it up in the meeting that they kept the male dog ... because he was so wonderful and sweet with their two-year-old son," said Froese.

The *Express* asked the municipal office for the dog owners' contact information, but was denied, so it reached out to them on Facebook. They declined an interview.

The *Express* contacted Gimli Mayor Lynn Greenberg with questions about the decision to release the dogs and also contacted a councillor, but neither responded.



PHOTO COURTESY OF TWITTER Winnipeg Lost Dog alert.

The RM's assistant chief administrative officer Kelly Cosgrove sent the *Express* a statement from council (Coun. Thora Palson was absent) late last Friday, stating the conditions are "highly protective" of the community at large.

"The owner of the dogs provided that the older dog served as a companion animal for one of the owners and whose absence was of detriment to their wellbeing, and that our animal control officers were of the opinion that the dogs were well behaved in their care and did not show any signs of violence and aggression," reads the statement in part.

Froese said she has concerns about the dogs being returned to the couple. As a mother and grandmother, she said the safety of young children should come first.

"I get no joy in these animals being deemed dangerous. And I believe they will be out again and they'll re-offend and it might be someone's child or someone's beloved pet," said Froese. "These people have a young child and it boggles my mind as to why they wouldn't immediately say, 'I can't have these dogs in my home.'"

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Armstrong looking for volunteers for emergency planning

By Evan Matthews

A transport truck carrying 10,000 litres of propane is travelling down Provincial Road 231 in the Fraserwood community when it flips, experiences a rupture in its holding tank and begins to leak.

Who is in charge? What happens next?

That is exactly what the Armstrong RM set out to explore last weekend.

"This is something we needed to explore, practically, without being in a disaster situation. It's a practice run, a mock disaster," said Armstrong RM Reeve Susan Smerchanski.

"We need to be able to respond properly if/when the situation arises," she said.

The Armstrong council and 25 volunteers, including members of the fire department, met Shelley Napier and her team at the Fraserwood Hall for an emergency simulation last Saturday.

The province requires RMs to exercise its emergency plan once every four years, according to legislation. Shelley Napier, owner of Napier Emergency Consulting, has a team who aids in the process.

Her team is made up of experts like Paul Kentzinger. Kentzinger spent many years as a Winnipeg police officer, specifically spending time on the WPS disaster team.

Napier, Kentzinger and the rest of the emergency consulting team work to build scenarios with realism, which



Reeve Susan Smerchanski

puts local volunteers under pressure and stress and "truly" simulates an emergency situation.

The Fraserwood situation

In this case, the simulation involved a transport truck carrying 10,000 litres of propane from Gimli to Teulon flipped on its side within the Fraserwood community and began leaking the flammable gas.

Of course, this didn't actually happen.

"But we do have a lot of truck traffic," said Smerchanski.

"It's a good practice run because we get more confidence in this type of scenario and answering media questions."

So Napier had first responders set up "on site" at the emergency — in the

Fraserwood Hall's lobby — where they would call in details, updating the emergency operations centre (EOC).

"My staff will call in to the EOC and create problems for the EOC and council to deal with ... such as the need for an evacuation," said Napier.

"Then the EOC and council will



EXPRESS PHOTOS BY EVAN MATTHEWS

Shelley Napier's team simulates the emergency site from the lobby of the Fraserwood Hall acting as first responders.

be forced to respond and include the media."

Napier's team helped the RM set up an EOC in the main hall where RM volunteers, including some members of the fire department, congregated to receive information from the site.

As the EOC would receive information, they would liaise with council.

Council was located in a separate location from the EOC in the main hall.

Council, after receiving information from the EOC, could then make decisions and answer media questions.

Napier emphasized the need for consistency between the EOC receiving the information and those on site, and what the EOC subsequently was passing on to council.

"If council has erroneous information, they can't make good decisions. Consistency and accuracy is of the utmost importance," said Napier.

"During an emergency, the message is the hardest thing to control, especially now with social media. You want factual, actual information circulating."

During the simulation, council declared a state of emergency during the exercise based on the information received from the EOC.

Napier said by declaring a state of

emergency, council is given 15 powers they would not otherwise have, such as mandatory evacuation of a community, for example. This is something new members of council might not know, Napier said, but find out through the exercise.

In the simulated exercise, the Fraserwood community was forced to evacuate roughly 100 people from the affected area.

Once council and first responders had the area secured and the population evacuated, responders continued to allow the transport truck's ruptured tank to "leak out," no different than a propane tank on a barbecue.

Clean up and reclamation efforts would come after, Napier said, and residents could then return home.

Proactive planning

Over the last few summers, dry conditions have presented fire hazards and severe storms, or it could be a random event a vehicle collision, but Smerchanski said being prepared is important no matter what.


St. Laurent, for example, experienced a severe flood in 2011 in which residents were forced to evacuate. Both Napier and Smerchanski said residents should always be ready for a worst-case scenario.

Smerchanski said the RM has a family emergency plan document available on its website for review.


If a resident feels prepared and wants to do more, the RM is in need of extra hands, according to its reeve.

"We're always looking for more volunteers, too. We're so big geographically. ... It's a huge area," said Smerchanski. "If we have an emergency, we need people from all over who are familiar."


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Canola protein technology successfully licensed to Manitoba company

M. & C. Commodities Inc. signs agreement to license canola protein extraction technology

Submitted

The Manitoba Canola Growers Association (MCGA) is proud to share the canola protein extraction technology has successfully been licensed to Manitoba company M. & C. Commodities Inc. (M&C Commodities). Moving forward, M&C Commodities will license the canola protein extraction technology and take it to commercial production.

"We're proud to offer farmers another stream for canola in the market place," says Carlos Melo, president and CEO of M&C Commodities. "This technology has the ability to craft a wide range of formats (from soluble to powder) and can be used as an ingredient in a variety of foods to promote healthier cooking options. Once branded as plant-based protein using canola, it becomes another channel

for farmers to move their crop."

Delaney Ross Burtneck, executive director of MCGA, says, "We've been excited to support the canola protein extraction technology and the research that's gotten it to this point because it opens up an entirely new market for canola growers. This is an opportunity to expand the value of canola meal as it gives farmers an option beyond livestock feed to market their meal for human protein consumption."

Melo adds, "We're very thankful for the hard work the province, canola growers and all those involved have done in bringing this technology to market."

This initiative was supported by grower research dollars and brings forward new opportunities for canola growers.



EXPRESS PHOTO SUBMITTED

Carlos Melo, president and CEO of M&C Commodities, will license canola protein extraction technology, taking it to commercial production.

Riverton Collegiate runs for the cure: Terry Fox Run



Students walked and ran over five kilometres to support the annual walk.

By Patricia Barrett

Students at Riverton Collegiate held a Terry Fox Run Sept. 6 to raise money for cancer research and patient support services.

Over 80 students and staff took part in the run, which started on the shore of Lake Winnipeg at Sandy Bar, a wetlands area and sandy spit that is home



EXPRESS PHOTOS COURTESY OF TWITTER

Riverton Collegiate students walked from Sandy Bar on Lake Winnipeg to Riverton to raise money for the Terry Fox Foundation.

to migrating birds and other wildlife.

In addition to raising funds for the Terry Fox Foundation, principal Erin Furgala said the school focuses on wellness and healthy lifestyles.

"We like to get our kids out walking," said Furgala. "And we put this together with our back-to-school barbecue because the weather was so nice."

Students also brought a "Toonie for Terry" and walked or ran the 5.4-kilo-

metre route back to town.

"We held a Terry Fox Run last year and one of our students ran it crazy fast," said Furgala. "We time them to see how long it takes."

Furgala said the school encourages physical activity, including cross-country training. In November, the collegiate, in conjunction with Riverton Early Middle School, will play host to the varsity volleyball provincial competition.

"We're probably going to have over 350 people from 24 different teams across the province," said Furgala. "That will be lots of fun."

"WE'RE PROBABLY GOING TO HAVE OVER 350 PEOPLE FROM 24 DIFFERENT TEAMS ACROSS THE PROVINCE."

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Call Evan Matthews at 204-990-9871
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The importance of farming on our economy

By Evan Matthews

Society has become disconnected from the traditional family farm.

Whereas it used to be so many folk in Canada grew up on the family farm, now, in many cases, large corporate farms have ousted family farms, changing the landscape of rural living.

But it's not to say the family farm no longer exists.

No region represents the notion better than Manitoba's Interlake. Across the map, highways 6, 7 and 8 have farms prevalent throughout their respective communities.

As Manitobans, our ties to agriculture and to farming, begins in our rural communities. In many ways, farming has been the backbone of Manitoba's rural economy and culture; its history.

But so often as time passes, and many times in the city, we forget.

We go to the store to buy our ground beef and we go home to make dinner.

From the very same store, we run to buy milk and pour it into our coffee or cereal without giving it much thought.

Yet, those products were cultivated right here in Manitoba and they're a big part of local industry and econo-

my. It's also likely, if the product came from a family farm, the same family has been operating the farm for generations.

Farming starts with the cultivating of the land and the planting of a seed, or the birthing of a calf. It's rising with the sun and the birds, putting in a day's work and repeating the very same process the next day.

Farming is the variables of an extremely dry season, an extremely wet season, a bad virus and loss of livestock, or any other number of things one just cannot account for.

Farming isn't a guarantee.

But farming is more than all of that because, really, it's the people who do the job every day and who make up our communities.

Open Farm Day offers other people in our province — people who don't understand what goes into such a gruelling industry — a chance to get out and experience what life on the farm is like firsthand and hear stories from people who live it every day.

One farmer shared a story with me, saying his mother would tell stories of the Indigenous women from Fisher River coming down with handmade

goods and getting together with the women of the community.

They would trade for food, much of which had been cultivated on the farm. They would also share culture and build relationships.

It's just one example and one story, but so often people hear these stories and can hardly contextualize the history. Yet, we aren't so far removed.

Farming has played, and still does play, a huge role in our province's social relationships, along with its economic and trading practices, right from inception.

Farming is part of our identity, our makeup.

And it's worth noting that due to current environmental and resulting economic conditions, the region's farmers are struggling — agricultural farmers, livestock farmers, really, all farmers.

Open Farm Day offers us a chance to visit, to think critically, to ask questions and to listen.

Something that makes up so much of who we are as a provincial community deserves at least that much.

Letters to the editor

Letters to the Editor:
letters@expressweeklynews.ca

A monumental donation

Thank you, Riverton, for the amazing support at the Reggie Leach Golf Classic 2019 Fundraiser.

On behalf of our hardworking fundraising committee, as well as our very capable event co-ordinator Corinne Magnuson, the generous event sponsors, all of the golf participants, the Hecla Golf Resort, the

Municipality of Bifrost-Riverton and our good friend Bobby Clarke, our NHL friends and our family members, we are all extremely pleased to provide a cheque in the amount of \$31,572.51 towards the much-needed Riverton arena upgrades.

We are always very honoured to work alongside the great people of

Riverton. The town of Riverton is a wonderful, caring and giving community. As such, it gives us great personal satisfaction to give back to the community, especially towards the rink that helped to launch Reggie's professional hockey career.

We had the great pleasure of working alongside an amazing fun-

Continued on page 7

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Gimli Art Club to host art and wine event to celebrate 50 years

Fine Art and Fine Wine event Sept. 14

Submitted by Barb Gluck

One of Manitoba's most respected art groups is excitedly working towards their highly anticipated day of reflection and celebration Saturday, Sept. 14. A Fine Art and Fine Wine Event will start to build through the day and culminate in the hours between 4 and 9 p.m. with a reserved bid auction of 50 original works of art offered by artists.

The original intent of four Gimli residents was to build a mentoring and fellowship place encouraging and supporting residents' interest and growth of their artistic skills. What has continued to develop through the decades is a thriving, busy community of local artists who have not lost sight of the original concept. The original special events of annual art shows has morphed into a large permanent summer gallery area and winter teaching rooms. Large numbers of tourists enjoy the vivid works of arts, and the gallery has become an

annual destination from people outside of the area who have made this a "must do" on their list.

Wintertime finds some of the gallery area turned into a large teaching place with daily groups getting together to polish and develop their skills on preferred media. Meanwhile, the artists have continued to take every opportunity to volunteer within the community for special events each year. They work feverishly all summer long restoring the weather-impacted murals on the now-famous Gimli Seawall Murals Gallery. The only murals grouping over a water area, artwork that battles with extreme weather conditions each year.

Everyone is invited to help the artists celebrate this very special anniversary. Dignitaries will be on hand during the evening. They are looking forward to seeing many of the past members and their families. The website is www.gimliartclub.com for details.



EXPRESS PHOTO SUBMITTED

Artists, pictured left to right, Gayle Halliwell, Olive Hnatiuk, Melanie Robbins and Glenda Enns attend one of the many workshops hosted over the past 50 years.

> LETTERS TO THE EDITOR, FROM PG. 6

draising committee for this event, which consisted of Corinne Magnusson, Kevin Johnson, Mitch Johnson, Colin Bjarnason, Lloyd Roche, Phil Farrington, Colin Cormack and Bill Lupyrpa.

We thank each of them for their contributions towards making this event a success. We are grateful that our good friend Bobby Clarke did not hesitate to join us when we asked, along with other Manitoba NHLers Aaron Asham, Trevor Kidd and son Jamie Leach. Special thanks to our MC Roddy Palsen, who always gives of his time at these special events. To the businesses that sponsored the tournament through purchasing tee signs, providing items for the live auction and penny tables, purchasing executive packages, sponsoring teams, as well as all the people who golfed in the Reggie Leach Classic, purchased tickets and bid on items — you all made a huge difference towards this worthy cause that will benefit the children of the region for generations to come!

We personally look forward to seeing the new rink upgrades and Reggie plans to take a spin around the ice when it is all done.

Please accept our deepest appreciation to you all for your significant contributions. We look forward to working with you again in 2020 as we support the needs of the Riverton Transportation and Heritage Museum.

-Yours truly,
Dawn and Reggie Leach, C.M., O.M.

Remembering our Second World War and Korean Veterans

Dear Sir or Madame,

I would like to inform your readers about two very special medals that are available for our veterans. These are the National Order of the Legion of Honour from France and the Ambassador for Peace Medal from the Republic of Korea.

Our veterans of the Second World War and the Korean War have both fought hard and made tremendous sacrifices, and they have both won the greatest level of respect and thanks we can give them. The Government of France is awarding their highest medal to all living Canadian veterans who directly helped to liberate their country between June 6 and Aug. 30, 1944.

The Republic of Korea is presenting its Ambassador for Peace Medal to all Canadian Veterans who participated in the Korean War and its peace keeping operations between 1950 and 1955. Living



National Order of the Legion of Honour - France



Ambassador for Peace Medal - Republic of Korea

veterans or the families of veterans who have passed away may be eligible to receive this special medal from Korea.

If you are a veteran or know someone that is, and who might be eligible for one of these important medals, please contact me. I am an unofficial volunteer who is willing to help you with your application. There is no fee involved.

For more information please contact Mr. Guy Black C/O 515 - 95 Moody Street, Port Moody, BC V3H 0H2 or email Korea19501953@yahoo.com and include the subject "Veterans Medals."

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> Fish tales?

Call Arnie Weidl at 204-641-2210
sanarn@mymts.net



Just let the bear have the fish

Hi gang.

The other day I was talking to a chap whose tall, athletic size seemed irrelevant in the presence of a young black bear. Our new friend, Daniel John, whom I met on the north beach of the Winnipeg Beach marina, told of a time when he was kayak fishing in Nutimik and got a strike. He and the fish, locked in battle, were close to the shallow shore waters. The sun was bright in Dan's eyes, but he could see he had a sturgeon about as long as his arm as it flipped out of the water, showing its grey, spiny back.

Both the fish, and Dan in his kayak, were hitting the rocky lake bottom. Rather than capsizing in the choppy waves, Dan pulled himself free of his slender craft. With his feet splashing through the water, he picked his way to shore, still reeling in his fish. The gusting wind whistled around him, whipping the trees behind him, but his ears became alert as he heard a branch break. He turned and there stood a small black bear eyeing him and his struggle with the fish. Dan froze. He watched the young creature cock its head sideways, seeming to look around Dan to see the fish, which was now beached.

Dan slowly walked backward, giving the bear a full view of the fish. It moved, waddling down to the shore, stood over the fish and smelled it while giving it a cuff with its paw.

Then, inexplicably, it turned, seemingly disinterested, and wandered aimlessly back into the bush. Dan remained motionless until he was sure the bear was gone. Then, walking over to the sturgeon, he bent down, took his hook out of its mouth and released it, saying, "Fish, this is your lucky day!"

Last weekend I met Jody Saniuk, another well-conditioned chap. Jody, with a touch of grey in his short hair, was full of energy; a man dedicated to fishing and scuba diving. He spoke kindly of his father, George, who years ago took him fishing with a gang of friends, young and old, to Fairford by the bridge. Jody and his young buddies were made to fish off the shore while his dad and his friend used George's boat to fish maybe a dozen boat lengths out.

"There's nothing like fishing in a boat," his dad used to say. Then the boys started catching fish. They shrieked with joy each time they landed one, holding it up to tease the men in the boat who hadn't gotten so much as a bite.

As the lads were fast approaching their catch limit, the men swallowed their pride and beached the boat to join them. No sooner did they cast their baited hooks into the water, then the fish quit biting. Silence overcame the group. Then everyone broke out in laughter as Jody's young voice pierced the quiet, again ribbing his father, ex-

claiming, "See, Dad, you don't need a boat all the time. Sometimes all you need is a rod to cast a hook out to where there's a bunch of fish!"

It's always so nice to sit outside on a calm, sunny, early fall day; that is, until the wasps come calling looking for the sugar in your drinks. They buzz around your glass, your food, your face and occasionally get mad enough to sting you. Take heart, though. Here is a remedy you may or may not have heard of. In the middle of last week, I came upon an easy-talking guy thoroughly enjoying another retirement day, sitting and fishing on the bank of the Red River with the warm sun in his face. Alan Bartley is his name and when the subject of unwanted wasps came up, he told how to make a wasp and fly trap quite easily. He related how you cut off the dome-shaped top section of a plastic two-litre soft drink container, turn it upside down then push it back down into the open bottom section. Fasten it with tape or staples and pour some sugar water through the now upside-down funnel-shaped top. You can make a few and set them around your outdoor gatherings. The wasps fly into your "sugar hotels" but they don't leave!

As Alan was giving this helpful tip, he was interrupted as his rod started sliding toward the water after he had put it on the ground to better describe the making of the wasp trap. He liked



EXPRESS PHOTO BY ARNIE WEIDL

Alan Bartley with his pickerel catch from the Red River while he was telling how to make a wasp trap.

to emphasize what he was saying with hand flourishes. Those hands dove at his escaping rod and scooped it up. His line sung under the tightening tension as he hauled up on his rod, setting the hook. For a moment the line went slack and Alan cried out, "I think I lost it!" Then the line stiffened and tore through the water off to the side. Alan was firm, though. He reeled in and up popped a nice eating-sized pickerel, which we see in this week's feature picture.

Till next week. Bye for now.

MMF applauds Trudeau government for historic recognition of Métis Veterans

Submitted

Today the Manitoba Metis Federation (MMF) is celebrating a long-awaited formal apology to Métis Veterans who served during the Second World War. The apology comes as part of the unveiling of the Canada-Métis Nation Métis Veterans Recognition Payment Agreement.

"I want to personally thank Prime Minister Justin Trudeau and Minister Lawrence MacAulay for today's statement and apology to our Métis Veterans," said MMF President and Metis National Council Minister Responsible for Veterans, David Chartrand. "This federal government has shown great leadership taking action to cor-

rect the wrongs done to our Métis Nation Veterans who joined Canada's call to arms only to be met with broken promises upon their return."

Today's announcement comes after nearly three quarters of a century of inaction by other Governments, and years of negotiating acknowledgement and compensation. Today's announcement is also part of Canada's efforts to fully recognize Métis Veterans' sacrifices.

"Looking back, it is clear that the pre- and post-Second World War experiences some Métis Veterans faced may have negatively affected their successful re-establishment in civilian life following the Second World

War," said The Honourable Lawrence MacAulay, Minister of Veterans Affairs and Associate Minister of National Defence. "Many experienced prejudice, poverty, and a relative lack of pre-war education, vocational skills, and work experiences. We apologize that the benefits offered to Veterans after the war were not well designed to meet Métis Veterans' specific needs. For example, many Métis Veterans did not possess the required pre-requisites to access education and training."

"This is a historic step towards reconciliation," added President Chartrand. "Métis Veterans were instrumental in Canada's Second World

War efforts. By acknowledging their efforts and apologizing for not doing this sooner, shows this Prime Minister and government are serious about righting past wrongs. For that, I am grateful."

Along with celebrating today's announcement, President Chartrand is searching for surviving Métis Veterans of the Second World War. He has and will continue to travel to their homes and communities to thank them in person and to present them with compensation cheques as part of this agreement.

Back to school for Highway 6 students and teachers

By Evan Matthews

The days are getting shorter, the leaves are changing colours, and the kids are all getting haircuts as it's back-to-school up Highway 6.

Donald Nikkel, Lakeshore School Division's superintendent of human resources, policy and public relations, alternative programming, said education is all about equipping students with the tools and character traits to live thriving lives.

"I have the privilege of working with a staff that puts students first every day. This starts in the morning with our bus drivers ... and then transitions to our teachers, administrators and support staff who all work to achieve our student learning outcomes," said Nikkel, also mentioning the team who works behind the scenes to maintain the buildings, buses, computers and more.

"It is about the staff who work with our children and dedicate their lives to preparing the next generation for a changing world and workplace. It is about the people that make up our communities and how we create sustainable futures together."

As discussed in previous conversations with the *Express*, Nikkel said the division is always taking innovative teaching approaches, evolving to bet-

ter meet the needs of its students.

In line with his predecessor's goals, Nikkel said the division would continue to focus on literacy and numeracy as part of a holistic, "whole-child" approach.

"This time of year is always invigorating and exciting. Everyone — the students, the staff and the parents — return from summer break with renewed energy and a distinct understanding of the possible," said Nikkel.

"Our children are the foundation of tomorrow and it is a privilege to be part of the endless possibilities of who we become as individuals, communities and a society."

Innovative teaching methods

Eriksdale School principal Alison Marttila emphasizes four reasons for kids to be at school: to be a better reader, writer, problem-solver and human being.

To start off the year, Marttila said Eriksdale School will have a "manufacturing and musical" program for the first time in its history. More details relating to the programs will come in a later *Express* feature.

"Options we've brought in this year work directly toward our (goals)," said Marttila.

"We think the learning opportunities



EXPRESS PHOTO BY EVAN MATTHEWS

Eriksdale School students, left to right, Easton Dent, Blaine Christensen, Adrian Kilroy, principal Alison Marttila (behind), Alex Lavallee and Emma Leonoff.

are endless. We haven't had a music program before, and we've brought in a (bona fide) music teacher."

When students express interest in a topic, teachers have an opportunity to help facilitate that learning, according to Marttila.

"We love our kids," she said. "If a student is interested in music, take music. If they love drama, take drama. Parents and students make the choic-

es."

Last school year, Eriksdale School students had expressed interest in learning entrepreneurship and identified a need for healthy food options in the school. Marttila created an option class in which the students came up with a smoothie business and learned how to run the business within the school.

Manitoba RCMP warn the public of fraudulent telephone calls

Submitted

The RCMP is warning the public of fraudulent telephone calls which appear to be coming from the RCMP.

The callers are told there is a warrant for their arrest and that they can take care of the warrant by making a payment via bitcoin or money transfer. The fraudsters are using caller ID spoofing, which the Canadian Anti-Fraud Centre describes as disguising telephone numbers appearing on a caller ID display. This popular tool allows scammers to disguise their calls, as the call will appear to be coming from local or familiar numbers to trick people into answering the phone and trusting the caller. In this instance, the number displayed is a valid RCMP phone number.

"We've been made aware of this incident occurring a number of times this past week in Manitoba. The scam is designed to create anxiety so that victims respond by sending money quickly in order to fix the problem," said Cpl. Julie Courchaine of the

Manitoba RCMP. "We want to remind the public that the RCMP would never contact individuals through email or telephone to request payment or monetary transfers."

If you have received similar telephone calls or know of someone who has, please contact your local police and the Canadian Anti-Fraud Centre at 1-888-495-8501 or through their online reporting tool.

Fraud: Recognize it. Report it. Stop it.

Correction

Staff

In the story, "Hardly the cat's whiskers for poor Jimmy; diabetic cats a growing problem," in the Sept. 5 edition, we implied Jimmy was eating only dry food when in fact he was eating a good quality canned cat food plus dry food as snacks. We apologize for the oversight.



Reminder Notice of Public Hearing

You're Invited

to share your views about the proposed rate increases from Manitoba Public Insurance

The Manitoba Public Insurance Corporation (MPI) has applied to the Public Utilities Board (Board) for a 0.1 per cent increase to Basic Autopac vehicle insurance rates and premiums, effective on March 1, 2020 through March 31, 2021. This 13-month rating period is required to align with a revised fiscal year-end.

For further details, please contact MPI at inquiries@mpi.mb.ca or visit the Board's website at www.pubmanitoba.ca.

If you are interested in learning about these rate increases, you are encouraged to attend the hearing, observe the hearing via live streaming, or provide your perspectives through the Board's on-line comment tool.

If you wish to speak at the hearing or make a written submission, please contact the Board secretary at 204-945-2638 or toll free 1-866-854-3698, no later than **September 10, 2019**.

For more information, visit www.pubmanitoba.ca.

Manitoba Public Utilities Board
400-330 Portage Avenue,
Winnipeg, Manitoba R3C 0C4
Phone: 204-945-2638
Email: publicutilities@gov.mb.ca

A public hearing on the proposed increases will be held on:

Monday, October 7, 2019 at 9:00 a.m.
Public Utilities Board Hearing Room
4th Floor, 330 Portage Avenue,
Winnipeg, MB R3C 0C4

Riverton turns back-to-school trepidation on its head and gets a little moose-y

By Patricia Barrett

Anxious feelings are a normal part of any new school year, and some students may worry about making new friends, being away from parents or fitting in.

But teachers and staff at Riverton Collegiate put the kibosh on back-to-school nerves by hosting their first-ever welcome event for new Grade 9 students and other new students, held the night before school started on Sept. 5.

While some parents may celebrate this time of year, some students may feel a bit nervous about heading off to high school. Students who come to Riverton Collegiate from northern communities face not only the prospect a new school but also a new community where they don't know anyone.

"It was really well attended," said principal Erin Furgala. "It was an opportunity for them to walk around the school, meet teachers and get their feet on the ground before the first day."

Ninety per cent of new Grade 9 students attended the event, she said. Teachers and educational assistants introduced themselves and provided students with information about the high school credit system, the collegiate's attendance policy and its ever-



RCI provided nutritious food during new student night.

popular music and band program.

Having an opportunity to tour the building where they'll be spending much of their time helped them know in advance where everything is and how to get between classes.

Students were also given the opportunity to troubleshoot their lockers and school-supplied combination locks.

"The locks are the biggest thing for new students. You'd think they'd be nervous about classes or teachers but,



EXPRESS PHOTOS COURTESY OF TWITTER

Teacher Tammy Einarson gets a little moose-y for new students during the high school's first-ever welcome night.

no, it's, 'What about the lock? What if I can't get in the lock?'" said Furgala. "So we got them their lockers last night and they practised their combinations."

The evening also included food and fun. Teacher Tammy Einarson donned moose antlers — Riverton is home to

the largest moose sculpture in Manitoba — and students were treated to healthy snacks, including sandwiches, fruit and veggies, and crackers and cheese.

"All the leftovers went to the school's breakfast program the next day," said Furgala.

Eriksdale youth goose shoot champions



EXPRESS PHOTOS BY JODIE THORIGLSSON

Eight teams of youth hunters were up long before the crack of dawn last Saturday to beat the geese to their assigned field for their morning shoot in the fifth annual Eriksdale Game & Fish Youth Goose Shoot. The shoot is an opportunity for hunters to test their luck and hunting skills in a friendly competition. Out of respect to land owners who lend their land for the weekend, each team is responsible for leaving the field they hunt in as it was and all fowl are cleaned and remains disposed in accordance with the Manitoba Conservation rules and regulations. The club promotes and encourages responsible and respectful hunting. The first place team received 115 points for the 23 Canada geese they harvested. Pictured left from left to right: first place team of Ashton Berg, Cole Johnson, Amber Peterson and Autumn Hanslip. Middle: the second place team earned 105 points for their harvest of 16 Canada geese and five cranes; Matty Law, Logan Miller, Ethan Land and Andrew Mason. Right photo: the third place team harvested 19 Canada geese and earned 95 points; Emma Pool, Tyler Anderson, Dylan Weatherburn and Devon Torgerson.

Farmers to open their gates for Open Farm Day

By Evan Matthews

Farming is an integral part of Manitoba's economy, rural identity and history, and the people who live it every day are inviting visitors in for a closer look.

The 2019 Manitoba Open Farm Day happens Sunday, Sept. 15, with 56 locations around the province. In the Interlake, Darcy and Lanna Mason, Mason Farms Ltd. owners, are one of four Open Farm Day locations and first-time participants.

"We're excited to show people what a modern dairy farm looks like. So many people have no idea what goes on or what goes into it," said Darcy, a third-generation dairy farmer.

"One guy, an inspector from Manitoba Hydro, he went in where we have the cows and he comes out and says, 'That's the closest I've ever been to a cow. That's pretty neat.' We don't think anything of it."

Mason Farms is located in Oak Point, roughly 25 kilometres south of Lundar.

The goal of Open Farm Day is to have people from all over the province visit rural communities and meet local people who work to produce food and who can share information about

Manitoba's agricultural industry.

By visiting host sites, people experience demonstrations, hear stories, take tours, enjoy activities and learn more about Manitoba farm operations, products, environmental stewardship and history.

At the Masons, people will get a firsthand look at modern milking techniques, as the cows are milked by a new state-of-the-art robotic milking system.

"Of course, there is more to it. You still have to make feed every day, fix the bedding, monitor everything, treat sick cows and take care of little calves," said Darcy.

"WE'RE EXCITED TO SHOW PEOPLE WHAT A MODERN DAIRY FARM LOOKS LIKE."

"We raise them, and it's something people are usually surprised at and (kind of) fascinated with, the little calves. Some people can stand with them for an hour, just playing with them."

For Darcy, he saw two generations of dairy farmers run the business before he eventually took over the family business.

His father and his grandfather were both dairy farmers, and maximizing the business' efficiency has always been equal to the farming aspect of things.

"My grandparents started the farm in 1948. My parents took it over, and

my dad built a barn in 1973. ... It was as high tech at the time as some of the upgrades we've made recently," said Darcy.



EXPRESS PHOTO BY EVAN MATTHEWS

Darcy (left) and Lanna (right) hope to have their now-16-year-old son take over the farm one day, which would make him the fourth generation of Mason dairy farmers in Manitoba.

"We want people to know there are still family farms out there," said Lanna. "It's not all factory farms. We put a lot into it, and we produce a quality product."

If visiting host sites on Open Farm Day, visitors are encouraged to wear proper footwear, to avoid loose clothing, to minimize garbage and to leave pets at home.

More information is available at www.openfarmday.ca or by calling 204-761-3705.

"We took over in 2013 and built the new barn. Our son is 16, and he's starting to show a lot of interest."

The Interlake's other Manitoba Open Farm Day participants include the Lundar Agricultural Society's hands-on animal interactions information, games and activities, Ken and Iris Overby's bison farm (Inwood) and the Porteous Family's dairy farm (Gimli).

Riverton Memorial Arena scores big with golf and dinner fundraiser

Submitted by Lloyd Roche

The Reggie Leach Classic Golf and Dinner fundraiser was held at Hecla Golf Course and Riverton Hall last month. It was a huge fundraiser, raising \$31,572.51 for the Riverton Arena.

The lighting system in the Riverton Arena

has already been upgraded with donations and grants obtained.

The funds raised through the Reggie Leach Classic Golf and Dinner event, along with a government grant received, will be used to assist with the necessary install of a new condenser for the ice plant.



Reggie Leach's wife Dawn thanks Bobby Clarke for participating in the Reggie Leach Golf Classic 2019 fundraiser.



EXPRESS PHOTOS SUBMITTED

Leach, middle, presented a cheque for \$31,572.51 for the Riverton Memorial Arena. Accepting the funds are committee members, Kevin Johnson, Corinne Magnusson, Mitch Johnson, Reggie Leach, Colin Bjarnason, Phil Farrington and Lloyd Roche. Missing from the photo are Colin Cormack and Bill Lupyrpa.

Riders entertain in Ashern

Staff

The dust was flying at the rodeo grounds in Ashern from Aug. 31 to Sept. 1 at the 27th annual rodeo.

Cowgirls and cowboys spent the weekend doing what they love, while at the same time enter-

taining spectators that filled the stands to watch. Volunteers ensured that the weekend was jam-packed with family fun from dawn till dark for all ages, starting Friday with a street dance and fireworks and ending late Sunday afternoon with rodeo finals.



EXPRESS PHOTOS BY ROBERT E. WILSON



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Dean & Sharmaine Murdock, Dallas.....\$319.00	Karen Dzaid, Arborg.....\$499.00	John Paul Avison, Arborg.....\$679
Theodore Zagowski, Riverton.....\$119.00	Natalia & Roger Eyoifson, Riverton.....\$1638.00	Carol & Dan Beauchemin, Inwood.....\$1,329
Morris Willis, Riverton.....\$416.13	Randy & Glenda Forster, Hodgson.....\$1898.00	Jim Dingwall, Camp Morton.....\$1,038
Glen Syme, Arborg.....\$59.00	Perry & Genni Hibbert, Arborg.....\$479.00	Eugene Feschuk, Gimli.....\$698
Rob & Kelly Selkirk, Peguis.....\$2,399.00	Kris & Begga Johannesson, Riverton.....\$909.00	Jason Hudson, Riverton.....\$1,278
Pete & Mary Platt, Arborg.....\$599.00	Rick & Sheila Johnston, Arborg.....\$349.00	Darlene Jonsson, Gimli.....\$359
Donald Osterlag, Gimli.....\$1,448.00	Bertha Jonasson, Arnes.....\$769.00	Ruth Kennedy, Arborg.....\$549
Peguis Free Spirits Child Care, Peguis.....\$189.00	Donna Jonasson, Arnes.....\$399.00	Benita Muzky, Arborg.....\$388
Brent Melsted, Arborg.....\$599.00	Jeannette Kist, Gimli.....\$121.87	Archie Thompson, Arborg.....\$549
A.W. Mabon, Gimli.....\$1,027.00	John & Lisa Klym, Arborg.....\$774.00	Amanda Unger, Riverton.....\$799
Brian Jonasson, Arnes.....\$454.00	Kevin & Tina Kornelson, Arborg.....\$689.00	Evelyn Wallach, Poplarfield.....\$899
Phyllis Dueck, Riverton.....\$767.00	Kent & Helena Kostshyn, Lundar.....\$639.80	Judy Wells, GrandePointe.....\$119
John & Nellie Burak, Arborg.....\$599.00	Thomas Kowalchuk, Fraserwood.....\$489.00	Lynn Bear, Peguis.....\$239.00
Andrew Barg, Winnipeg.....\$1,749.00	Layne & Holly Kulbacki, Arborg.....\$599.00	Hazel Brunen, Eriksdale.....\$729.00
Crystal Sigurdson, Riverton.....\$549.00	Edward Penner, Arborg.....\$619.00	David Chudy, Fisher Branch.....\$1,499.00
Robert & Ellen Martin, Arborg.....\$1,330.00	Keith Poleschuk, Arborg.....\$2082.00	Susie and Brian Eyoifson, Riverton.....\$528.00
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Doug Moroski, Meleb.....\$399.00	Leslee Gistason, Riverton.....\$699.00	Heather Fedorchuk, Gimli.....\$1119.00
John Harper, Hodgson.....\$799.00	Heather Hamberg, Toulon.....\$349.00	Ilean Haldane, Winnipeg Beach.....\$1979.00
Robert & DeLores Jacobson, Arborg.....\$279.00	Matthew Hamberg, Winnipeg.....\$799.00	Catalina Janzen, Arborg.....\$709.00
Brad Bazianik, Riverton.....\$698.00	Star Johannesson, Arborg.....\$549.00	Joan Krulicki, Arborg.....\$1126.99
Allan Porter, Peguis.....\$1,698.00	Allan & Janie Johnson, Riverton.....\$1,039.00	John Logan, Toulon.....\$439.00
Peter & Verne Bodnar, Arborg.....\$1,028.00	Brenda Kayer, Toulon.....\$499.00	Todd and Lisa Mazur, Fisher Branch.....\$72.40
Zenith Poole, Arborg.....\$1,849.00	Wayne & Kathy Kristinnson, Arborg.....\$399.00	Jason and Sarah Naylor, Arborg.....\$1328.99
Kevin & Lisa Klym, Arborg.....\$179.00	Jeff Melsted, Gimli.....\$120.00	Peter and Lisa Sawatzky, Arborg.....\$249.00
John Hudson, Hodgson.....\$979.00	Beverly & Bryan Platt, Arborg.....\$2,148.00	Donna and Jim Skinner, Arborg.....\$50.94
Leonard & Joyce Jackson, Gimli.....\$2,427.00	Ruce Reimer, Arborg.....\$1,308.00	Allan Spence, Hodgson.....\$1199.00
Amanda Rundle, Riverton.....\$258.00	Ray Reimer, Arborg.....\$399.00	John and Mary Troy, Arborg.....\$868.99
Kay Bergman, Arborg.....\$2,229.00	Donna Votour, Arborg.....\$619.00	Boyd Abas, Hodgson.....\$338.99
William & Ethel Brown, Gimli.....\$5,000.00	Richard & Judith Werner, Arnes.....\$49.00	Sharon J. Bear, Peguis.....\$39.99
Mike Budniak, Meleb.....\$1,504.10	Don Barkman, Arborg.....\$279.00	Sophie Bristow, Gimli.....\$49.00
Leona Cochrane, Koostatak.....\$499.00	Noreen Barkman, Arborg.....\$679.00	Susan & Greg Brown, Lundar.....\$1,713.00
Ivan & Christine Fridfinnson, Arborg.....\$737.10	Mark Bayliss, Arborg.....\$19.95	Elaine Bruce, Ashern.....\$449.00
Jocelyn & Tony Hayka, Arnes.....\$949.00	Melvin & Carol Bilinski, Fisher Branch.....\$999.00	Linda Foster, Matlock.....\$408.00
John Hudyma, Fraserwood.....\$599.00	Jim & Wanda Brandson, Lundar.....\$916.00	Dan & Nyla Klatt, Grahamdale.....\$649.00
Alex Kimchuk, Fisher Branch.....\$575.00	Paul & Linda Buus, East Selkirk.....\$338.00	Rosemarie Kawalenko, Arnes.....\$1,929.00
Kevin & Lisa Klym, Arborg.....\$1,484.00	Richard & Doris Dueck, Arborg.....\$59.90	Lenore Mahase, Winnipeg.....\$369.00
Claudia Krawchuk, Fraserwood.....\$499.00	Henry T. Friesen, Arborg.....\$1727.95	Melissa Markusson, Gimli.....\$399.00
David & Judy McDougall, Ashern.....\$399.00	Jocelyn & Tony Hayka, Arnes.....\$749.00	Stacy Markusson, Gimli.....\$2,637.00
Tammie McQuoid, Arborg.....\$1,049.00	Carl Johnson, Riverton.....\$499.00	Darrin Mitcheel, Riverton.....\$1,703.95
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Simonetta DeSante, Riverton.....\$529.00	George & Maria Wiebe.....\$51.00	Dwight Dilts, Stonewall.....\$1,828.00
Danielle & John Weedon, Riverton.....\$1,799.00	Debbie & Adrian Zelenitsky, Gimli.....\$858.00	Lil Firman, Gimli.....\$2,068.00
Bev Webb, Fisher Branch.....\$129.00	Doreen Steg, Camp Morton.....\$1,474.50	Ruth Kennedy, Arborg.....\$64.99
Alan McKay, Arborg.....\$349.00	Darlene Jonsson, Gimli.....\$529.00	Chris and Jennifer Kristjansson, Gimli.....\$919.00
Barb & Menno Friesen, Riverton.....\$559.00	Delbert & Luwana Brandt, Riverton.....\$1,799.00	Bjarni and Elaine Martinnson, Riverton.....\$399.00
Pat Dudrak, Arborg.....\$499.00	Brenda & Ed Anderson, Princess Harbor.....\$529.00	Bruce and Candace McKinnon, Eriksdale.....\$1,669.00
Mary Dunlop, Gimli.....\$109.00	Linda Williams, Peguis.....\$339.00	Stephen and Liz Murdock, Koostatak.....\$70.00
Jean Harrison, Arborg.....\$1,988.00	Ida Jean Buck, Hodgson.....\$2,227.00	Lorne and Susan Smith, Gimli.....\$1,173.95
Roxanne Roche, Arborg.....\$1,868.00	Glen & Phyllis Stevenson, Peguis.....\$877.00	Walter and Charlene Stevenson, Peguis.....\$154.98
Ernie & Lucille Stabner, Eriksdale.....\$1,349.00	Glen & Betty Johnson, Arborg.....\$1,299.00	Renate Van Der Molen, Eriksdale.....\$1,632.10
Nancy Woychyszyn, Arborg.....\$499.00	Patricia McCallum, Gimli.....\$569.00	Delores Wallbridge, Peguis.....\$2,186.00
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Wilt Ashley, Arborg.....\$479.00	Marvin Olson, Arborg.....\$29.95	Irene Zazulinski, Fraserwood.....\$279.00

A NOTE TO OUR CUSTOMERS
Due to the nature of this sale, we felt a brief explanation is essential.
At closing, 6 p.m. Sat. Sept 28th we will tally the 20 days of paid sales and divide by 20 to get the average daily sale. The day which is closest to this daily average, without going over it, will be the day which ALL purchasers will receive their purchase amount back, taxes excluded.
In the case of credit card (Smitty's, Visa, Mastercard) purchases, we will issue a credit immediately.
As we are tremendously overstocked right now, every item in stock will be included in this sale. No exceptions - clearance, damaged, discontinued, even new arrivals; furniture and appliances.
We must reduce our inventory and to ensure we do, we will even give it away for one day!

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SALE RULES

- All sales must be paid in full to qualify for this sale.
- Visa, Mastercard or Smitty's Credit Cards accepted.
- Sale Starts 9a.m. Tues., Sept. 3 and ends Sat., Sept. 28, 6p.m.
- All purchasers on free day will be notified and receive their full refund by Wednesday, Oct. 2, 6p.m.
- All sales tallies and free day will be verified by our accounting firm.
- Commercial sales excluded in tallies and free day.
- All taxes excluded in tallies and refunds.
- No returns or substitutions for these 20 sale days.

GRAND TOTAL TO DATE \$258,337.63



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Third annual music festival held at Grindstone Provincial Park

By Teresa Carey

The Interlake's latest festival — the Grindstone Music Festival — was held for the third consecutive year on Sept. 1 of the Labour Day weekend.

It brought second-to-none family-friendly entertainment to music lovers from Hecla-Grindstone Provincial Park, and beyond.

The show, which started early evening, was opened with the Teakle Family Circus — three teen siblings who have won international awards for their juggling and hula-hoop acts — and who just happen to be cottagers in the park.

The band Baltimore Road followed, playing rock, blues, jazz, folk and country numbers. Then, story-teller and world-traveller Logan McKillop, who hails from the Riding Mountain area, shared an eclectic range of sounds.

Madeleine Roger, a contemporary folk singer from Winnipeg whose voice brings back memories of Joni Mitchell, was the next in the lineup. Then, at about 10 p.m., The New Customs brought down the house with their guitar, fiddle and stomp, and haunting vocal sounds.

Amateur musicians, Scott and Cathy Sauder are the creative brains behind the festival. As cottage owners in the Black's Point subdivision at Grindstone Provincial Park, they decided a music festival would enhance the cottage experience for the approximately 400 cottage owners in the park.

"We're both sort of ex-Folk Fest people," said Scott Sauder. "When we

bought the cabin (six years ago), we thought we'd move the music to us."

Sauder, who runs guitar and ukulele clubs in Winnipeg, has also been a technical co-ordinator with the Winnipeg Folk Festival while Cathy is an accountant who takes care of all the numbers and much of the organizational work.

Along with technical co-ordinator Wayne Bergson, who set up the sound system and lights, and about 20 other volunteers helped make the night a success.

"When we put it on, we knew how to put on a festival. We know we can put on a quality act. It's a very good event," Sauder said.

The Sauders are committed to promoting Manitoba

talent at the festival, whether it be the entertainment brought in or the vendors they invite to set up their wares under the tent. They are always on the lookout throughout the year for the best of Manitoba acts.

The Grindstone Music Festival is sponsored by the Grindstone Cottage Owners Association and Grindstone General Store. (The association also helps put on other events at the park such as Grindstone Days and Movie Night for kids.)

Festival tickets cost only \$20 and are available through The Grindstone Cottage Owners Association Facebook page and at the Grindstone General Store. This year 180 of the 250 tickets printed were sold. Sauder is hoping to eventually increase attendance to 300 but said that more volunteers are needed, mainly to promote ticket sales.

"WE THOUGHT WE'D MOVE THE MUSIC TO US."



EXPRESS PHOTOS BY TERESA CAREY

Approximately 180 people attended the 3rd annual Grindstone Music Festival on Sept. 1.



The Teakle Family Circus was the opening act and juggled everything including fire.

Colourful run in Ashern



EXPRESS PHOTO BY ROBERT E. WILSON

The Ashern Skating Club had approximately 40 runners lace up their sneakers instead of their skates on Sept. 1 to take part in the second annual Ashern Colour Run. The fundraiser for the club included a five-kilometre route with colour stations at every kilometre at which time runners were showered with non-toxic coloured powder. The event is gaining popularity and will be back again next year at the same time as the 28th annual Ashern Rodeo.

As Amy Schwartz crosses the finish line, local children chase her down with purple powder.

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Gimli Parkinson SuperWalk features Selkirk-based Hometown Hero

By Patricia Barrett

About 80 people from across the Interlake came out to support family and friends living with Parkinson's disease during the Gimli Parkinson SuperWalk last Sunday.

The fundraiser, which was held at the Waterfront Centre, included guest speakers, a silent auction, a warm-up and a five-kilometre walk around town. Each year organizers choose a Hometown Hero to speak about their experience with the disease.

Dean Pruden from Selkirk was this year's hero. He said he was diagnosed with Parkinson's nine years ago at the age of 43 and it was "devastating."

"The first two years after my diagnosis I refused to attend events like this because I was afraid of what my future might hold," said Pruden. "But as I've come to realize, PD is different for everyone. The two most important things people with PD can do to control the progression is to take the meds prescribed and get out there and exercise."

Pruden says he exercises at a local gym, which adjusts his workouts to accommodate his symptoms. His employer, Manitoba Hydro, has also been very supportive, finding him a new position when he felt he could no longer climb poles.

Pruden's family and friends attended the event and walked as a team called the OPAP Shakers.

"Four years ago, a group of friends would get together and go camping at Opapiskaw Campground in the Whiteshell. We decided we were going to join the SuperWalk so I came up with the name OPAP Shakers to poke a little fun at a not-so-fun disease. Shakers is pretty self-explanatory," said Pruden, making everyone laugh.

Karen Lamb and Cindy Parker co-chaired this year's event. With the help of quilters from the Gimli New



This young man sprinted along the route.

Horizons fibre arts group, Lamb put together a stunning quilt that was raffled off at the end of the walk. Elsie Kelner from Eriksdale was the lucky winner.

The Stratton family organized the event's silent auction, as they do each year. Parker said their efforts finding sponsors and donors are always "unbelievable every year."

Selkirk-Interlake-Eastman MP James Bezan, who participated in the walk, said the event is an important fundraiser for Parkinson Canada.

"This is about finding a cure and supporting those that are dealing with this terrible disease," he said. "It's a chance to come together to celebrate family and celebrate community at the same time."

Interlake-Gimli MLA candidate Derek Johnson also attended the event, and said he spoke with volunteers and people living with the disease.

"Each person has their own specific story as to why they're here and it touches your heartstrings. It's nice to see everybody get together for a cause like this," said Johnson. "The whole Interlake gets together in Gimli to support this."



EXPRESS PHOTOS BY PATRICIA BARRETT

Parkinson SuperWalk participants helped raise money for Parkinson Disease research.



The Stratton family.



Members of the OPAP Shakers team walk in support of Dean Pruden and Parkinson sufferers.

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MP James Bezan (left) and Derek Johnson with Parkinson SuperWalk co-chairs Karen Lamb and Cindy Parker. Lamb made the quilt with help from New Horizons.



Dean Pruden was the honoured speaker.



You can volunteer at any age.

Good old fashioned harvest fun in Ashern



EXPRESS PHOTOS BY ROBERT E. WILSON

A live demonstration of grain threshing and binding was an addition to the annual Ashern Pioneer Museum's Heritage Day in 2018. Back by popular demand, on Sept. 1 as part of the Annual Mini Thresherman's Reunion another demonstration took place using last year's crop of oats that was stored for the event. The demonstration is to be historically accurate to the time frame the museum caters to. Spectators were also treated to entertainment provided by Ukrainian dancers, Tim & Heather, and music by Jenna, Drew & Joan. There was a tribute to "Darwin One Room School Teachers," story readings, a skit "Mystery of Glencora Castle Painting," a tractor display, children's games and a barbecue lunch.



How to help a child who struggles to make friends

Realizing that your child is never invited to classmates' birthday parties and seems to spend their days alone at school can be upsetting. Here's what you can do to help.

UNDERSTAND THE CAUSE

Try to understand why your child is isolated. Perhaps they're aggressive, shy or arrogant. Or maybe they're being bullied. If you can't find an explanation, talk with their teachers to get more insight into the matter.

Ask your child about how they perceive their social situation and what they feel about it. They might be sad, angry or confused. However, some kids enjoy solitude.

If your child doesn't appear bothered by the situation, don't force them to make friends. But if they're lonely or feel excluded, try to help them come up with solutions.

PROVIDE ASSISTANCE AND SUPPORT

Sometimes kids need help bonding with other children. If this is the case with your child, bring them to the park or organize family outings that include kids in the same age group.

Additionally, participating in extra-curricular activities might allow your



child to build confidence and meet others who share their interests.

Above all, the most important thing to do is to communicate with them. Listen to what they have to say about their attempts to make friends. When they're ready, allow them to forge bonds with others on their own terms.

ARBORG FALL/WINTER REGISTRATION
Saturday, September 14
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10:00am - 2:00pm

Organizations in Attendance:
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182 Royal Canadian Air Cadet Squadron is looking for youth aged 12-18, who want to make a difference in their communities! You must possess a willingness to have fun, learn new skills, and enjoy the benefits of increased self-confidence, and physical fitness. If this opportunity interests you, then come and be a part of challenging and rewarding program!

Where: Gimli Legion (Upstairs) 146 6th Street
Time: 6:30-9:30 pm Tuesdays
When: Starting September 10th, 2019

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For more information,
 email: 182air@cadets.gc.ca
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Support STARS, rescue our business and community members

Submitted

Seven Manitoba business and community leaders will put their survival and fundraising skills to the test Sept. 12 at the sixth annual STARS Rescue on the Island.

With over \$1.4 million raised since the event began in 2013, Rescue on the Island is STARS largest one-day fundraiser. The participants will be stranded on an island in the Whiteshell area of the province and throughout the day they'll work to earn their "rescue" and return to civilization by using their mobile phones and corporate networks. They will also take part in a number of challenges to earn additional money towards their fundraising totals.

This year's participants are:

- Alan Butler, President - Snoman (Snowmobilers of Manitoba)
- Mark Dufresne, CEO - The Dufresne Group
- Emeric (Rick) J. Duha, Managing Director & Owner - The Duha Group
- Curwin Friesen, CEO - Greenvalley Equipment Inc.
- Brent Manning, CEO - Parallel Ag Group
- Dr. R. Bruce McFarlane, Orthodontist, Village Orthodontics, Diplomate - American Board of Orthodontics
- John Kelleher, General Manager - Kelleher Ford Sales

"I have come to really appreciate the importance of a Plan B. When I

learned of the great work STARS was doing in our province, I also learned they are a big part of most of Manitoba's Plan B, and we don't even know it," said Duha. "We, or our loved ones, often venture outside the city for a host of reasons (to live, work, for adventure, for recreation) and we simply assume that we are safe. Without STARS and other related services, the truth is we don't have a Plan B!"

STARS development officer, events, Lori Derksen said all funds raised during Rescue on the Island will help to ensure the next time a Manitoban needs world-class critical care and rapid transport, STARS will be there.

"The past few months have been among the busiest for STARS since full-time operations began in Manitoba," Derksen said. "While the money raised during this important event will help fund the response to those calls, it also provides our organization with the flexibility to ensure when our crews are called out they have the best equipment available to them and



John Kelleher
Kelleher Ford Sales



Alan Butler
President of Snoman



Mark Dufresne
The Dufresne Group



Emeric (Rick) J. Duha
The Duha Group



Curwin Friesen
Greenvalley Equipment



Brent Manning
Parallel Ag Group



Dr. R. Bruce McFarlane
Village Orthodontics

the training to use it."

To support any of the seven Rescue participants, go to www.rescueontheisland.ca and click on the individual pages to select the participant you would like to contribute to.

Rescue on the Island is the third of three "rescue" fundraisers for STARS

this year with Alberta's CEO Rescue in the Rockies held in June and Rescue on the Prairies in Saskatchewan on Sept. 6.

STARS will bring in a backup helicopter for this event, leaving the active on-duty aircraft mission ready at the Winnipeg base.

Confidence, competence and enthusiasm: Dale Carnegie course coming to Arborg

By Patricia Barrett

A Dale Carnegie course aimed at improving communication and leadership skills and helping people develop a positive attitude is scheduled to start next week in Arborg.

Rob McIntyre, owner and managing partner of Dale Carnegie Training of Manitoba, will be teaching the 12-week program. He said the courses attract primarily business people, but anyone can benefit from the program.

"The program really focuses on essential skills such as building confidence, relationship-building skills, communication, leadership skills and attitude control, which includes controlling your stress, being more positive and showing enthusiasm," said McIntyre. "Those are really the essential skills of all vocations whether in your personal life or your professional life."

The program is based on the teachings of Dale Carnegie, a 20th-century American author who wrote books and developed courses on self-improvement, confidence and public speaking. His books include *How to Win Friends and Influence People* (1936) and *How to Stop Worrying and Start Living* (1948).

Instead of being inundated with information

and going out and trying to execute what they've learned, McIntyre said participants will have time to practise new skills and concepts and figure out why something didn't quite go the way they expected.

"What really happens for people is they get to take this information and come back, discuss it and try new things," said McIntyre. "This allows people to better retain what they've learned. It's very participative, but we do a lot of coaching as well."

A positive attitude doesn't come from being a Pollyanna or pretending everything is good all the time, said McIntyre. It comes from learning skills to cope with stress.

"If we learn to ask ourselves better questions and learn how to respond differently to a situation – and think differently about the situation – we can reduce our stress and maintain a positive attitude," he said.

McIntyre said he's had positive feedback from business people who've taken the program. In addition to helping them in their business life, it has had "an impact on their personal life."

The program starts Thursday, Sept. 19 and runs for 12 weeks. It will be held at the Travelling Inn in Arborg.

Dale Carnegie.

Dale Carnegie is Coming to Arborg in September

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When you look at successful people, what do you see? Confidence. Competence. Enthusiasm. They are engaged in all aspects of their work and life. Inspiring others as they lead by example.

The Dale Carnegie Course will help you master the communication skills necessary in today's demanding business environment. You'll learn to strengthen interpersonal relationships and develop a commanding attitude, instilling confidence and enthusiasm in your workplace.

Start Date: Thursday, Sept 19th, 2019
Duration: 12 Weeks

For more information, Contact Andrea Peters
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manitoba.dalecarnegie.com

For more information, call Andrea Peters at (204) 799-8791 or email: andrea.peters@dalecarnegie.com

get inspired

> MEAL IDEAS



Cook time: 22 minutes

- 1 cup pecan pieces
- 1/3 cup arrowroot starch
- 2 teaspoons Italian seasoning
- 1 teaspoon onion powder
- 1 teaspoon garlic powder
- 1/4 teaspoon sea salt, plus additional, to taste
- 1 large egg
- 1 teaspoon Dijon mustard, plus additional for serving
- 1 tablespoon water
- 2 garlic cloves, crushed
- 6 medium boneless pork chops, trimmed of fat

Heat air fryer to 400 F.

Pecan-Crusted Air Fryer Pork Chops

In medium bowl, mix pecans, arrowroot starch, Italian seasoning, onion powder, garlic powder and 1/4 teaspoon sea salt.

In separate bowl, whisk egg, 1 teaspoon Dijon mustard, water and garlic.

Cover pork chops in egg mixture then transfer to bowl with pecan mixture to coat all sides. Repeat with remaining pork chops. Place three pork chops in air fryer basket.

Cook pork chops 6 minutes, flip, then cook additional 6 minutes. Set aside on plate.

Repeat with remaining pork chops.

Serve hot with Dijon mustard, if desired.



It seems to me that increasing numbers of people are suffering from anxiety. I am seeing anxiety in elementary age children, and all the way up to those who are seniors.

It is true that some individuals have a biochemical basis for their anxiety, but, more often, it seems to be the pressures of life and the hurried pace that are the culprits.

When I observe animals in nature, I notice that they are not busy all of the time, and that periods of rest are incorporated into their days. They eat when they are hungry, hunt or forage as they need to, and sleep when they are tired.

When I observe the human species, I see few adults who really know how to relax. Many are chronically sleep deprived. Unlike our ancestors, we do not slow our pace when the sun goes down.

Dance, art and sport are no longer incorporated into our culture, and integrated into our social lives, but

Anxiety and Pace of Life

are scheduled activities separate and apart from friends and family. So we also need a social calendar, to make time for those whose company we value.

Consequently, our lives become overly scheduled, so there is little unstructured time—little time or opportunity to allow for spontaneity or synchronicity to delight us. We may be scheduling joy right out of our lives. Is it any wonder that the children living these lives experience anxiety more characteristic of a CEO of a busy corporation, than of a young child, whose chief concern should be what to play next?

Joy, laughter and relaxation are good for our health as they strengthen our immune systems. Stress, pressure and rushing undermine our physical and emotional health. If we are not marching to the beat of our own drum, we should look carefully at who is setting the pace. If we are—then it may be time to alter the tempo.

Gwen Randall-Young is an author and award-winning Registered Psychologist practicing in Sherwood Park, Canada. For information on her books, MP3 recordings and resources go to www.gwen.ca. Follow her on Facebook for daily inspiration.



Cook time: 35 minutes

- 2 cups raw pecan halves or pieces
- 1 cup panko or gluten-free bread crumbs
- 1 teaspoon garlic powder
- 1/4 teaspoon cayenne pepper
- 1 teaspoon salt, plus additional, to taste
- 1 1/2-2 pounds chicken breast tenders or chicken strips
- 3 large eggs
- 1 cup all-purpose flour or gluten-free flour blend
- pepper, to taste

Buttermilk Ranch Dip:

- 1/4 cup buttermilk
- 1/2 cup mayonnaise
- 1/2 cup sour cream
- 1 teaspoon parsley
- 1 teaspoon onion powder
- 1 teaspoon garlic powder
- 1 teaspoon dried dill

Baked Pecan-Crusted Chicken Tenders

1/2 teaspoon salt

Heat oven to 425 F.

In food processor, pulse pecans until fine as breadcrumbs. In shallow bowl, mix pecans with panko, garlic powder, cayenne pepper and 1 teaspoon salt. In separate shallow bowl, whisk eggs until smooth. In third shallow bowl, add flour.

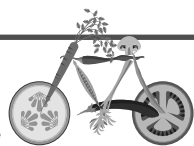
Lightly season chicken tenders with salt and pepper, to taste. Working with one chicken tender at a time, dip in eggs, flour then pecan mixture. Be sure to press pecan mixture into chicken to be sure it is completely coated. Set chicken on baking sheet lined with cooling rack or parchment paper. Repeat with remaining chicken.

Place chicken on center rack and bake 20 minutes until golden brown and cooked through.

To make Buttermilk Ranch Dip: In small bowl, whisk buttermilk, mayonnaise, sour cream, parsley, onion powder, garlic powder, dried dill and salt until smooth.

Serve pecan-crusted chicken tenders warm paired with Buttermilk Ranch Dip.

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Cook time: 40 minutes

- 1 store-bought pizza dough
 - 1 cup raw pecan halves or pieces
 - 1/2 cup fresh parsley
 - 1/2 teaspoon garlic powder
 - 1/3 cup grated Parmesan cheese
 - 1 teaspoon red pepper flakes (optional)
 - 1 pinch salt
 - 1 pinch pepper
 - 1/2 cup jarred pizza sauce
 - 2 cups shredded mozzarella cheese
 - 1/2 cup thinly sliced red pepper
 - 1/2 cup thinly sliced Vidalia onion
- Heat oven to 400 F. Line baking sheet with parchment paper. Lightly flour clean surface. Using rolling pin, roll out pizza dough to 1/8-inch thick and transfer to prepared baking

Pizza with Pecan-Herb Topping

sheet. Gently pierce dough with fork to prevent air pockets. Bake crust 10-15 minutes, or until lightly golden in color. In food processor, pulse pecans, parsley and garlic powder until mixture becomes coarse crumbs. Transfer to bowl and stir in Parmesan cheese, red pepper flakes (if desired), salt and pepper. Set aside.

Using spoon, evenly spread pizza sauce over crust. Top with mozzarella cheese, red pepper slices and onion slices. Sprinkle 1/3 cup pecan mixture evenly over pizza.

Transfer pizza to oven and bake 10-15 minutes, or until crust is crispy and cheese is melted. Serve with remaining pecan-herb mixture.

Notes: If dough instructions differ from recipe, use package instructions. Additional topping options include: pepperoni, olives, ham, bacon and roasted veggies. Leftover pecan-herb topping can be used for pasta and salads.

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Ashern Cobras win gold

By Lana Meier

The Ashern Cobras won gold at the Rivers varsity girls' volleyball tournament this past weekend.

They played four games back to back Friday night.

Ashern swept Cartright (26-24, 25-22), Glenboro (25-18, 25-14) and Souris (25-19, 25-18).

The Cobras then faced Neepawa, losing the first set (14-25), winning the second (27-26) and then losing the third (11-15).

After round-robin play, Ashern finished second overall.

In the quarter finals on Saturday, Ashern defeated McCreary in three sets, winning two sets and losing one (25-19, 20-25 and 15-2).

They faced Souris in the semifinals beating them in two sets (27-25) and (25-20).

Ashern met Neepawa in the finals winning the first and third sets (25-20) and (15-6) and losing the second set (13-25).

Tournament MVP was awarded to setter Halle Meisner.

This is Laurel Meisner and Lisa Bauch's fourth year coaching this group of girls. Sara Meisner is an assistant coach.

"They had a great start to the weekend with excellent team dynamics," said Meisner.

"The girls never gave up."



EXPRESS PHOTO SUBMITTED

The Ashern Cobras won gold at the Rivers varsity girls' volleyball tournament last weekend. Pictured back row, left to right: Laurel Meisner, Sara Meisner, Ashley Meisner, Carmen Shorting, Catherine Price, Calley Halldorson, Lily Smith, Lisa Bauch; front row, Shanley Sigfusson, Alyssa Tritthart, Sydney Kehler, Halle Meisner and Tristan Kehler.

Arborg varsity girls hit the volleyball court in Warren

By Brian Bowman

It didn't take long for the Arborg Athletics varsity girls' volleyball team to see game action this season.

Arborg wrapped up an eight-team tournament in Warren on Saturday by sweeping the Teulon Collegiate Saints by scores of 25-21 and 25-10 in the seventh-place game.

"We started early this volleyball season with a tournament in Warren, the second day of school," said Arborg head coach Barb Ashby in an email. "With having little time to prepare, I am very proud of how the girls played."

In the quarter-finals, Arborg had a tough matchup with the St. Mary's Academy Flames, a "AAAA" school, losing 2-0 by scores 7-25, 18-25.

St. Mary's went on to win the tournament by outlasting the host Warren Collegiate Wildcats 2-1 (22-25, 25-21, 15-12) in the championship game.

On the consolation side, the Athletics were defeated 2-1 by Gilbert Plains (12-25, 25-21, 14-16) in a very exciting game.

In the round robin, Arborg faced the Hapnot Kopper Queens from Flin Flon in its first game, losing 2-0 by scores of 22-25, 21-25. The Athletics then played Boissevain, dropping the

match in straight sets 19-25, 14-25.

Arborg closed out its four-team round robin with a 2-0 sweep (25-19, 25-20) over Teulon.

That 1-2 record placed the Athletics third in their pool.

Ashby really likes the group of girls she has this season.

"We have a nice core returning this year," she said. "Eight of our nine girls played varsity with us last year. We have three Grade 12, four Grade 11 and two Grade 10 students that make up our varsity team."

There is plenty of talent on the floor this season at a variety of positions.

"The girls this year create a very well rounded team. Everyone has something they bring to the floor," Ashby noted.

"If you work with players strengths, you can usually put players in the proper position and the end result is a strong team that works together."

"We have two sisters Jessica and Jordyn Monkman, who have put extra effort into volleyball. They both are part of club ball in the city and they both attend volleyball camp in the summer."

"This extra work on their part shows on the floor."

Last year, Arborg competed as an "A" school and won their zone banner.



EXPRESS PHOTO BY JO-ANNE PROCTER

The Arborg Athletics' Natasha English (13) taps the ball at the net against Teulon during tournament action in Warren.

But this season, the Athletics are moving up to "AA." That transition isn't an easy one.

"This year we are moving up into 'AA' so the challenge is greater," Ashby admitted. "We like a challenge, so we will work as hard as we can and see where that takes us."

Arborg has three more tournaments scheduled so far for this season, two at home and one in Gimli. The Athletics play exhibition games Tuesdays and Thursdays throughout the season.

"We are looking forward to a very good, competitive season," Ashby said.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Selkirk's Alfie Michaud was a one-game wonder

By Ty Dilello

When Alfie Michaud made his lone NHL start on Oct. 28, 1999, he became the first Selkirk-born goaltender to play in the National Hockey League since Paul Goodman (who was profiled last week) donned the pads for the Chicago Blackhawks in the early 1940s.

A member of the Berens River First Nation (where his mother is from), Michaud was born in Selkirk on Nov. 6, 1972. He played all of his minor hockey in town and attended Lord Selkirk Regional Comprehensive S.S. before embarking on a professional hockey career that sent him around the world over the course of three different decades.

After playing junior hockey in Saskatchewan, Michaud earned a scholarship to the University of Maine where he spent three years learning what it takes to be a goaltender at the highest level.

The University of Maine Black Bears were one of the powerhouse American college teams of the 1990s. They had won the 1993 National Championship with the likes of Paul Kariya leading the way. With Michaud between the pipes, Maine advanced to the 1999 Frozen Four. In the semi-finals, they met their rival Boston College and Michaud was able to best Scott Clemmensen in goal as the Black Bears prevailed 2-1 in overtime.

In the National Championship final, Maine went up against the favourite New Hampshire Wildcats who were poised to win their program's first national championship as they were led by Hobey Baker Award winner Jason Krog and future NHL netminder Ty Conklin. Michaud was outstanding throughout the final and kept his team in the game with many world-class saves, sending the game to overtime, 2-2 after regulation.

Shortly after the 10-minute mark in overtime, a

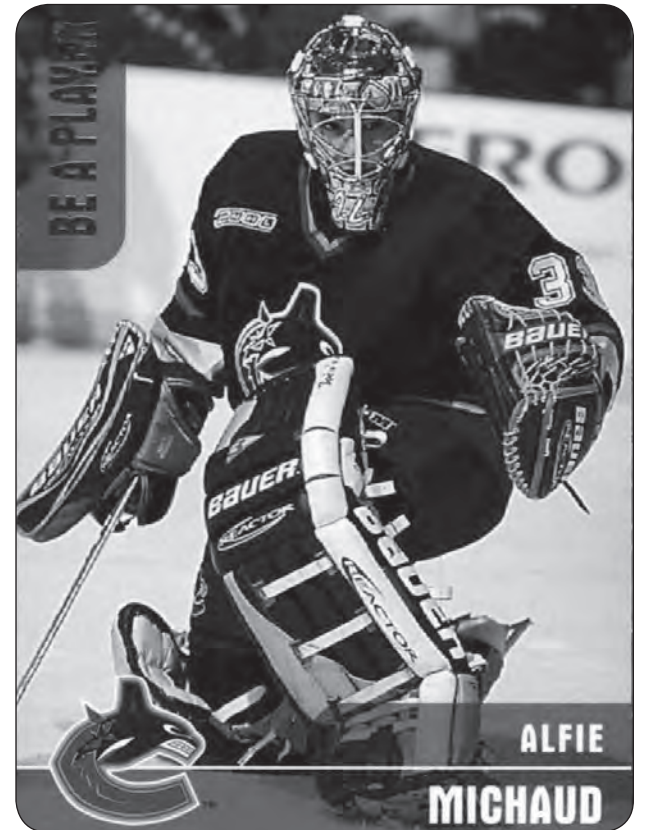
careless play by New Hampshire in their defensive zone turned into game winner as Maine's Marcus Gustafsson scored to clinch Maine's second National Championship. Michaud won the unanimous choice for tournament MVP as his play was perhaps the biggest reason Maine was even competitive in both the semi-final and final, let alone winning the national championship.

After winning the National Championship with Maine, the 5'10", 185-pound netminder quickly signed on with the NHL's Vancouver Canucks. Although he appeared in two games, Michaud can be categorized as a one-game-wonder since he started only one game early on in the 1999-00 season with the Canucks when they went up against the Arizona Coyotes. Michaud allowed four goals on 28 shots in a 4-1 loss and was never given another chance.

Although he didn't last in the big leagues, Michaud carved out a solid minor-league career for himself spending time in the American Hockey League with the Syracuse Crunch and Manitoba Moose before traveling across the pond to Europe and playing in countries including Finland, Germany and Denmark, eventually retiring after the 2013-14 season.

Although he retired from the game, Michaud wanted to stay involved somehow and work with young goaltenders. He first joined the University of Maine's coaching staff as a volunteer goalie coach in 2016, but after just one season, he was promoted to assistant coach. He still holds that title today and is seeing to it that the next generation of players have a great college hockey experience and is doing his best to prepare them for the pro ranks.

One of his pupils Brady Keeper (from Cross Lake), made headlines late last season for signing with the



EXPRESS PHOTO SUBMITTED

Michaud's time in the big leagues was highlighted by a couple of hockey cards that forever immortalize him as an official NHLer.

Florida Panthers after his season with Maine ended and playing his first NHL game. Keeper credits Michaud for helping him get to that point.

Today, Michaud gets back to Manitoba a little during the summer months, but he now lives in Vienna, Maine, with his wife and three daughters.

Ice Dawgs excited with upcoming training camp

By Brian Bowman

The Arborg Ice Dawgs will be starting training camp this weekend with a pair of tryout sessions.

Arborg will hit the ice Saturday and Sunday in Gimli. Both practices will run from 2 to 3:30 p.m.

New Ice Dawgs' general manager Corey Strachan is really looking forward to Arborg's second season in the Capital Region Junior Hockey League.

Arborg has "14 or 15" players from last year's team that are eligible to return this season.

"We have quite a few guys returning so it looks like everyone is on board and coming back," said Strachan last week. "And then we have some new recruits, a couple from Gimli, and possibly Lake-Man and Fisher River.

"We're pretty excited."

Jim Werbicki will be back from another season as Arborg's head coach while Murray Monkman has

been brought in as an assistant. Ryan Pochailo returns as an assistant coach.

The Ice Dawgs will be without Colton Davies and Derric Gulay, the team's top two scorers from a year ago, as they have aged out of junior hockey. But Arborg is confident other players will pick up the offensive slack.

"That was a big of a hit," Strachan admitted. "But were getting Josh Roche back from Teulon and Blaine Wishnowski is possibly coming to skate and he is from Gimli."

On defence, Dylan Furgalo will be headed east for schooling and won't be with the team for the first half of the season. Strachan said the Ice Dawgs will be leaving a card open for him if he returns.

In goal, Arborg should be OK with Tre Strachan, Michael Merpaw and Gavin Love expected to return. Gimli's Evan Woytowich is also expected to

attend training camp.

Tre Strachan is currently in the Selkirk Steelers' camp and played half the game (allowing one goal) in a 7-1 win over the Winnipeg Blues last Thursday.

Last season, Arborg finished with a 14-15-1 record and 41 points to sit tied for second place with the North Winnipeg Satellites.

The Ice Dawgs hope to improve on that record this season.

"I think with the number of guys returning, albeit the two top scorers that we lost, we should be able to build on last year and maybe finish a little higher," Corey Strachan predicted. "It all depends on who comes to camp."

Arborg will see its first preseason action on Sept. 21 when it plays the North Winnipeg Satellites in Gimli. Game time is 4 p.m.

Thunder Atom football team winning games

By Brian Bowman

The Interlake Thunder Atom football team is having a great time on the field this season.

There are also winning some games.

Interlake improved its record to 2-2 this season after a hard-fought 14-12 win over the Sunrise Coyotes last Saturday in Stonewall.

"It was a bit of a defensive battle," said Thunder head coach Michael Stroppa. "The guys held on at the end. They had to get a big stop to kill the last minute-and-a-half. Sunrise was trying to put it into the end zone but the (defence) stopped them."

The Thunder's defence is quick to the ball and they have players that can really pressure the quarterback.

Playing .500 ball after four weeks of the season is a great accomplishment for this group of players.

"There's a bunch of players on the team, both the 2008-born players and the 2009-born players, that over the past two seasons before this season have never won a game," Stroppa noted. "I know as long as my son (Mark) has been in football, he did two years of Cruncher, and we got our butts

handed to us every game.

"We got our first win over the (North Winnipeg) Nomads a couple of weeks ago. Everyone is super pumped - it's been a great year."

The Thunder's 16-player roster consists of players from all over the Interlake. But this group of young players has done a tremendous job gelling as a team.

"One of our kids Bernie (Garson), a couple of games ago and last game hurt himself but he wanted his dad to drive him to practice even though he wasn't going to play because he had a bad ankle," Michael Stroppa explained. "But he wanted to go (to practice) and it was a two-hour drive. He comes out two hours just to hang out with the boys and go back up two hours again."

Interlake will now have a couple of weeks between games. It will give the Thunder an opportunity to get in some practice time at their new positions

"We're going to be switching up a bunch of positions now," Michael Stroppa said, noting the Thunder is getting better and better each week.



EXPRESS PHOTO BY LANA MEIER

Thunder quarterback Jakob Samborski of Gimli drops back to pass while getting a great block from Stonewall's Kaleb Prystupa during Atom action in Stonewall.

"We'll be giving people who have been playing defence a chance to play offence and others playing offence will now be on defence."

The Thunder's next game is Sept. 22 when they host the Valour Patriots at Stonewall Collegiate. Game time is noon.

Rogers Hometown Hockey to visit Peguis First Nation

Staff

Rogers Hometown Hockey will be coming to Peguis First Nation this hockey season.

Rogers Hometown Hockey, which returns for its sixth season, will be in Peguis from Feb. 29 to March 1.

The travelling NHL fan experience show will also be in Dauphin Nov. 17 and will be making stops in 25 communities across the country to celebrate local hockey stories that connect the nation.

"We are extremely thrilled that Rogers Hometown Hockey has selected Peguis First Nation as one of the host communities for this amazing NHL fan experience," said Peguis First Nation Chief Glenn Hudson in a media release. "This is a tremendous and exciting opportunity for our community of Peguis to showcase on a national stage our amazing people, display our strong community spirit, share the success stories of our local hockey players, and of course, how our community has been coming together for years for our love of the game of hockey."

The Rogers Hometown Hockey Festival features a full weekend of live entertainment, NHL alumni, and hockey-themed activities. The event culminates on Sunday with a viewing

party of the NHL broadcast of the Vancouver Canucks versus the Columbus Blue Jackets on Sportsnet with hosts Ron MacLean and Tara Sloan.

The Rogers Hometown Hockey Tour, presented by Scotiabank and Hyundai, gets underway on Oct. 5-6 in Halton Hills, Ont., as the NHL begins its 2019-20 campaign.

"Hockey brings Canadians together from coast to coast," said MacLean on the Sportsnet website. "It allows us to imagine new possibilities and share the stories that unite the country."

"It has been a privilege to tell Canada's hockey stories over the past five seasons and we are grateful for the chance to hit the road for Season 6 — seeing old friends and meeting new ones, and getting to the heart of this country's insatiable passion for hockey," added Slone.

The Rogers Hometown Hockey Tour will travel 23,907 kilometres over the course of the 2019-20 season, the equivalent of crossing Canada from east to west more than four times.

In other hockey news, the Peguis Juniors will be hosting their 2019-20 season training camp on Sept 21-22.

For further information, please contact Juniors' general manager Ryan McCorrister at pegjuniors@gmail.com.

MJHL announces scholarship fund winners

Staff

Three 2019 graduates of the Manitoba Junior Hockey League have been named as winners of the MJHL Scholarship Fund, commissioner Kim Davis announced Monday.

Ben Dalke (Virden Oil Capitals), Arborg's Griffin Chwaliboga (Winnipeg Blues) and Jeremy Link (Winnipeg Blues) have each been awarded a \$1,200 scholarship to a Canadian post-secondary institution by the MJHL.

All three of the 2019 recipients will be attending the University of Manitoba this fall.

"We're pleased to support our players recognizing that going to a post-secondary institution requires

financial resources," said Davis in a media release. "These scholarships will assist our graduating players to pursue their academic futures. The three players awarded are remarkable individuals on and off the ice — we wish them all the best."

MJHL scholarships are provided to university and college-bound players on an annual basis from a pool of applicants.

The scholarship awards must be used by recipients for the cost of post-secondary education in the Canadian education system only. Funding for the MJHL Scholarship program is provided by corporate sponsors and through league fundraising efforts.

Thunder thump Moosomin Generals in weekend action

By Brian Bowman

The Winnipeg Blue Bombers weren't the only Manitoba team to beat up on a Saskatchewan rival on Saturday.

The Interlake Thunder kicked off their Rural Manitoba Football League regular season by thumping the Moosomin Generals 77-6 in Stonewall.

Interlake dominated the game right from the start, jumping out to a 42-0 halftime lead.

"It was one of those days where everything was going right and it kind of snowballed," said Thunder head coach Mitch Obach Monday evening. "I wouldn't say that they were really bad. It was more like they were thin. They just didn't have the depth and we know that's our strength."

"I think we just kind of wore them down and when our offence is moving the ball and their defence is stuck on the field all of the time, they get more and more tired and they didn't have a very big bench."

Interlake's offence was clicking on all cylinders in both the passing and running games. There was a lot of rhythm within their offence and the offensive line did a great job all game.

Thunder quarterback Josh Charison was very good, completing 13 of 19 passes for 227 yards and three touchdowns.

"Those are very good numbers," Obach insisted. "If you're completing 50 per cent at the high school level, you're having a good day. He had a real nice passing percentage and good yards and he spread it around pretty good, too."

On the ground, Interlake was equally good. Graeme Perrie had eight carries for 172 yards and two touchdowns. He also hauled in five catches for 95 yards and a TD.

Brady deLaroque rushed eight times for 126 yards and two majors. He also



Interlake Thunder quarterback Joshua Charison of Teulon was 13-for-19 for 227 yards and three touchdowns during Rural Manitoba Football League action last Saturday in Stonewall. Interlake won the game 77-6.

snared three catches for 91 yards and a touchdown and ran back a kickoff for a 70-yard TD.

The Thunder are going to win a lot of games with that type of production.

"That's as good as it gets in terms of yards per carry and scoring points," Obach said. "They're pure speed guys and if they make a guy miss, they are going to pick up some yards, for sure."

Other Interlake touchdowns were scored by Karsen Karish (one rushing and one receiving), Kelby Arndt (one receiving), and

Carter Fuerst (one rushing). Fuerst was also 2-2 passing for 45 yards and a touchdown.

On the defensive side, Interlake had several players put up big numbers.

Benjamin Olafson had a monster game with eight tackles, two sacks, a forced fumble, and a fumble recovery.



EXPRESS PHOTOS BY LANA MEIER

Interlake's Graeme Perrie had a fantastic game against Moosomin, rushing eight times for 172 yards and two touchdowns. The Stonewall product also caught five passes for 95 yards and a TD.

Tyson Wryha was credited with five tackles, one forced fumble, and a fumble recovery

Andrew Perrie had two tackles and two assisted tackles while Aden McLean chipped in with six solo tackles.

Alex Luke had four tackles and also blocked a punt.

Obach was very impressed with his club's defensive play, especially up front.

"Similar to our offence, that's an area on our team that has a different look," he said. "We lean on different guys and I think our (defensive) line set the tone more than we did last year. Last year, we had such a fantastic linebacking core that everything was built for them. We definitely like what we see up front this year and that D-line was causing a lot of grief for the Generals

all day."

Interlake will hit the road for the first time this season on Saturday when they battle the Park West Outlaws in Shoal Lake. Kickoff is 2 p.m. Park West lost its season opener 22-20 to Virden last week.

Obach would love to see his team improve their record to 2-0.

"It will be a tough matchup," he predicted. "We played Park West early last year and I thought it was maybe the most physical game we had last year. During the year, I thought they were the most improved team and they ended up winning the B-side of the league. They were playing real good football at the end."

Other Week 1 scores included Swan Valley shutting out Dauphin 57-0 and South West knocking off Neepawa 42-8.

Interlake Impact earns promotion to MMSL's 4th Division

By Brian Bowman

The Interlake Impact played some great soccer all season.

And they were rewarded for their efforts with a first-place finish after the conclusion of the Manitoba Major Soccer League's 5th Division's regular season.

Interlake wrapped up its regular season with a forfeit win over the Portage Cobras last Sunday.

That victory gave the Impact a 12-3-3 record and 39 points. Interlake finished three points ahead of second-place Kucame FC (10-2-6) and nine better than Sinjar FC (9-3-4).

"I am extremely happy with how (the season) turned out," said the Impact's

Benny Wiens. "About five games into the season, the injuries started to pile up and I started to get worried but the team managed to fight through it. Once guys came back, we started to dominate. It was a very, very good season I would say."

Interlake was, once again, brilliant on the defensive side, allowing a paltry 19 goals during the regular season. Playing stellar defence like that will result in a lot of victories.

"With fantastic goaltending (from Nathan Friesen), and the defensive play that we've had the last couple of years, it's something our team is very proud of," Wiens said. "We're always best or second-best with goals

against, so we're very happy with that type of play."

Interlake can also score goals.

The Impact finished the regular season with 43 goals, which left them in a three-way tie for second in the division with Sinjar FC and the North Winnipeg United.

Both of those teams, though, had one game remaining on their schedule at press time.

"I think last year we had 48 (goals) but this year I would say some of the competition was tougher than last year," Wiens said, noting Tristan Grigg and himself led the team in goals with nine apiece. "This year, we didn't have a single blowout win. Our scoring

was all around. You didn't know who would score each game."

The really great news for the Impact, however, is their promotion to the MMSL's 4th Division for next season. The top two teams in each division get a promotion to a higher division the following season while the bottom two are relegated to a lower one.

"We celebrated that promotion game already," Wiens said. "Our one and only goal this season was to get a promotion and, of course, getting first place is a big bonus. We were tired of Division 5. We felt we were a team that deserved to be playing in Division 4 and finally getting it is just so relieving."

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GARAGE SALES
 Yard sale - part 2. Kormarno, 1st house from south end in town. Friday, Sept. 13 & Sat., Sept. 14 10 a.m. - 5 p.m. Furniture, household misc, dishes, Christmas, weight bench, bathroom vanity, speakers, old trunks, antiques, curtain rods, collectibles, records, books and cookbooks and much more. Rain or shine. All must go!

PUBLIC NOTICE BOARD OF REVISION

Public Notice is hereby given that the 2020 Assessment Roll for the Rural Municipality of Fisher has been delivered to the Municipal Office at 30 Tache Street, Fisher Branch, Manitoba and is open for public inspection during regular business hours (8:30 a.m. - 4:30 p.m.) Applications for revision may be made in accordance with sections 42 and 43 of *The Municipal Assessment Act*:

APPLICATION FOR REVISION
 42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to:

- Liability to taxation;
- Amount of an assessed value;
- Classification of property; or
- A refusal by an assessor to amend the assessment roll under sub-section 13(2).

APPLICATION REQUIREMENTS
 43(1) An application for revision must:

- Be made in writing;
- Set out the roll number and legal description of the assessable property for which a revision is sought;
- State the grounds on which the application is based; and
- Be filed by
 - delivering it or causing it to be delivered to the office of the Rural Municipality of Fisher, 30 Tache Street, Fisher Branch, Manitoba or
 - servicing it upon the secretary, at least 15 days before the scheduled sitting date of the board as indicated below.

The Board of Revision will sit on **Wednesday, October 9, 2019 at 10:00 a.m.** in the Council Chamber of the Rural Municipality of Fisher, 30 Tache Street, Fisher Branch, Manitoba to hear applications to revise the 2020 Assessment roll and to revise 2019 assessment changes relating to Sections 300(6) and 326 of *The Municipal Act*.

The final date on which applications must be received by the Secretary of the Board is **Monday, September 23, 2019**.

Dated this 28th day of August, 2019

Kelly Marykuca - Secretary
 Board of Revision
 Rural Municipality of Fisher
 Box 280 Fisher Branch, MB R0C 0Z0
 Phone: (204) 372-6393 Ext. 4 Fax: 372-8470

RURAL MUNICIPALITY OF GIMLI PUBLIC NOTICE LAND APPLICATION OF BIO SOLIDS

TAKE NOTICE that sludge application will take place in the months of September & October 2019 on the approved lands as identified in the bio-solids land application license #2473R. For more information please contact the Public Works Department at 204-642-6688.

Dated at Gimli, Manitoba, this 6th day of September, 2019.

Joann Murphy, CMMA
 Chief Administrative Officer
 Rural Municipality of Gimli

REQUEST FOR TENDER ROAD GRADING & SNOW PLOWING

The Council of the Rural Municipality of Armstrong is accepting proposals for road grading and snow plowing of municipal roads in the RM of Armstrong for both Area 1 (east half) and Area 2 (west half). Bids can be for one of the areas or both. Each area will require a minimum of two (2) graders to complete the area in a timely manner.

Contract will be for two (2) years to commence on November 1, 2019 and end on October 31, 2021.

Bid forms and Contract details including maps of the areas to be done may be obtained at the RM of Armstrong Office or found on our website at www.rmofarmstrong.com

The lowest or any bid not necessarily accepted. Contractor must be in good standings with the RM of Armstrong to be considered.

Proposal Close: 4:30 PM, Monday, September 30th, 2019.

Corlie Larsen, CAO
 RM of Armstrong
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Get up to \$50,000 from the Government of Canada. Do you or someone you know have any of these conditions? ADHD, Anxiety, Arthritis, Asthma, Cancer, COPD, Depression, Diabetes, Difficulty Walking, Fibromyalgia, Irritable Bowels, overweight, trouble dressing...and hundreds more. All ages & medical conditions qualify. Call Manitoba Benefits 1-800-211-3550 or send a text message with your name and mailing address to 204-808-0035 for your free benefits package.



CALL FOR PROPOSALS

Snow Clearing 2019-2021

Evergreen School Division is seeking proposals for snow clearing for the following locations:

- Location 1: Winnipeg Beach School
- Location 2: Dr. George Johnson School
Sigurbjorg Stefansson Early School
Gimli High School
ESD Board Office
TEC Centre
Gimli Bus Garage
- Location 3: Arborg Collegiate
Arborg Early Middle School
Arborg Bus Garage
- Location 4: Riverton Early School
Riverton Collegiate

Contractors can submit proposals for more than one location but there must be a separate proposal for each location. **Please submit proposals by email to Gary Thompson, Maintenance Manager at: gary.thompson@esd.ca**

Phone inquiries and arrangements for site visits can be made by calling Gary at 204 642 3661. **Closing date for proposal submission is October 1 2019**

Little Joe's Auctions

Saturday, September 21st, 2019
Auction Starts at 10:00 AM
For Joey and Sheila Stoyanowski
Arborg, Manitoba: From Hwy 7 and Hwy 68:
go West on 68 for 4 miles to Rd 6 E N on 6 E 1.5 miles
WATCH FOR SIGNS!! Low Reserve on Vehicles
Everything else goes to the highest bidder!

1947 Mercury; 1955 Chevy pickup; new rear quarter panels, box floor pans, fuel tank, fuel sending unit, tail lights, and back up lights for a 68-72 Elcamino; various used bits for a 68-69 Chevelle or Elcamino; 2 brand new door skins for a 68-72 Chevelle Elcamino or Beaumont; three engines; high quality 10x 45 reflector telescope with base and sighting scope barlow lens and variety of eye pieces; Collection of 4 guitars, Tak and homemade; Solid oak bumper pool table with balls and cues; Air hockey; Collector die cast car collection; hand crafted wood dump truck and trailer; Outdoor wood fired pizza oven with pellet; Lawn furniture; Antiques; Antique and reproduction signs; GM engine parts, starters, alternators, fuel pumps, gaskets, etc; new dress up items for small block Chev; Finned valve covers; Finned air cleaner; set of bear claw latches; Braided dip stick; Bluestreak bins; Lawn mowers; Rototiller; ATV front mount snowblower; Riding mower; China cabinet; Shelves from house and shop; Transmission jack; Farm jack; Chain hoists; Sand blaster; Mechanics tools; Air tools; Carpenter tools; Autobody tools; Folding tables; Dining tables antique press back chairs; Set of 5 lamps; English wheel roller set tubing knotcher; Assortment of fuses, wiring ends, springs, etc; Automotive and tractor manuals; Large selections of wood working hardware; Drawer slides; Door handles; Hinges; Moldings; Closet doors; Exterior door; Storm door; Tempered glass panels; Garage door hardware; Scrap copper; Scrap iron; Scrap wood; Polycarbonate sheets; Oak lumber; Birch lumber; Pine lumber; Poplar lumber; Truck running boards, tires and rims alloys; Truck box rails; copper wire; metal pipe; vinyl siding car truck frames; Heavy lead weights x2; Pallet fork for front end loader; Garden tools; Washer & Dryer; Barbeques; Portable Jacks; High lift transmission jack; Farm jack; Bottle jacks; Floor jack; Air compressors; Bolt bin sorted bolts; Grinders; Sanders; Yard trailer for behind ATV; Gardeners wagon....

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RURAL MUNICIPALITY OF GIMLI REQUEST FOR QUOTATION

The RM of Gimli is seeking price quotations for the supply and installation of windows at the Municipal Building 62 2nd Ave Gimli.

Scope of Work:

7 windows - one in each office that can be opened. Please visit the office for measurements etc.

Contract Completion:

The Contractor shall complete all work in a good and workman like manner. Completion date is to be on or before October 31, 2019, weather permitting.

Questions to be directed to:

Jennifer Little, Municipal Services Clerk
204-642-6650 gimli@rmgimli.com

Submit your quote by September 18th, 2019 at Noon to:

Rural Municipality of Gimli,
62 - 2nd Avenue, PO Box 1246, Gimli, MB ROC 1B0
Attn: Kelly Cosgrove, ACO Email: gimli@rmgimli.com
Phone: (204) 642-6650 Fax: (204) 642-6660

The RM of Gimli reserves the right to reject any or all bids, to waive irregularities and informalities therein, and to award the tender in the best interest of the RM of Gimli in its sole discretion. Contractors must comply with Municipal requirements for liability insurance, WCB coverage and business licencing to be eligible to be awarded the contract.

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Evergreen School Division

MATURE STUDENT PROGRAM

Mature Student High School Diploma

Evergreen School Division is now accepting registrations from individuals, both within and outside of the division, who wish to obtain a mature student high school diploma.

Interested candidates must be 19 years of age or over and out of school for at least six months. The program is flexible for your educational needs and you can work at your own pace. The centre is open Tuesdays from 9:00 - 3:30 and Wednesdays from 9:00 until noon for teacher assistance, with the remainder of time working in the comfort of your home.

The program begins **September 17, 2019** and will be held at the Evergreen Technology and Education Centre, 234 Tudor Lane, Gimli Industrial Park.

The annual registration fee is only \$40.

For more information, or to register please contact:
Gail Kreutzer, Career Development Consultant
Gail.Kreutzer@esd.ca
204-642-1718



Chief Administrative Officer

Employer: RM of West Interlake

Location: Ashern, MB

Application Deadline: TBD

Job Description:

The Council of the Rural Municipality of West Interlake is seeking an outstanding individual for the position of Chief Administrative Officer.

The Rural Municipality of West Interlake is located in the Interlake region of Manitoba. West Interlake was incorporated in 2015 following the amalgamation of the former RM of Siglunes and RM of Eriksdale.

Key responsibilities of the position include:

- Takes a key role in promoting and building the Municipality.
- Leads the development of a long-range plan for the operation and continued success of the Municipality.
- Plans, directs and coordinates the day-to-day activities required to implement the plan and achieve the goals and objectives approved by Council.
- Recommends new initiatives, programs, policies, and plans for Council to consider.
- Develops and implements a process for preparation of annual capital and operating budgets
- Provides responsible financial planning and management of a budget of over \$2.8 million.
- Develops positive relationships and maintains open communication with all stakeholders and constituencies of interest to the municipality.
- The management and supervision of the employees of the municipality.

Ideally, you will possess technical skills and experience in municipal administration, financial management and human resource management. Strong communication, analytical and leadership skills are just some of the requirements of the position. Candidates who have post-secondary education in a relevant discipline bring an educational advantage to the position.

The RM of West Interlake has a population of 2,162 with municipal offices in Ashern and Eriksdale.

The right candidate can expect a comprehensive salary and benefits package.

We thank all those who apply and advise that only those selected for further consideration will be contacted. The posting will remain open until a suitable candidate is located.

Direct Applications To: RM of West Interlake
P.O. Box 370, Ashern, MB, ROC OEO
or email tocao@rmofwestinterlake.com

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CARD OF THANKS
The family of Robert Danielson would like to send a warm and heartfelt thank you to all the friends and relatives who called, sent cards, food and condolences at this tragic time. Your support and kindness was very much appreciated and of great comfort to all of the family.

OBITUARY



Richard Alexander Isfeld
1940 - 2019

It is with profound sadness we announce the passing of Richard A. Isfeld with his family by his side. He was predeceased by father Gus, mother Bobbie, sister Joni Pockett. He leaves to mourn his wife Janet, son Nils "Skip" (Darlene), grandsons Ehren, Kevin (Tori), granddaughter Katie (Ryan), great-grandson Carter, son Grant (Pam), grandson Austin, daughter Lisa, son Jason (Mary), granddaughter Jayda, brother Rodney (Pam), sister Judi (James), brother Brent (Shirley), brother in law Rick (Maureen) and numerous nieces, nephews, great nieces and great nephews and most special friend Dora the four legged buddy. Richard's life accomplishments was being an owner of many businesses' such as rent a boggin, Interlake Sports, and more recently Gimli Small Engines and Aspen Business plaza. He loved racing snowmobiles which took him from Winnipeg to St. Paul's Minnesota and Winnipeg to Yellow Knife. Richard's loves were his children and grandchildren in which he took incredible joy spending time with. His visits to adult programs with Gwen and friends brought him much joy. His woodworking projects with Rod were very special to him. He loved to joke around, often sneaking up behind people, grabbing their legs and barking like a dog. He was such a prankster. He always lived by his own set of rules. Ride on Pa! Ride on! There is hardly enough words to express the exceptional care given to Richard by all the staff at Gimli Hospital. Donations can be made to Alzheimer's Society of Manitoba, Dementia and Brain Health. In keeping with Richard's wishes cremation has taken place. No funeral service will be held. A private celebration of his life will take place at a later date.



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