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**VOLUME 3 EDITION 32** THURSDAY, AUGUST 11, 2016

### **WEEKLY NEWS**

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**EXPRESS PHOTO BY LANA MEIER** 

Elvis impersonator Adam Tarnowski of Fraserwood serenades Alysia Roy during the 2016 Manitoba Elvis Festival at Gimli Rec Centre Saturday night. Roy enjoyed her floor seat at the front of the stage singing along and dancing to every Elvis tune.

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### Young riders show their stuff at Equestrian show

#### By Rozanne Nevakshonoff

Over 50 horses arrived throughout the morning to participate in the Eriksdale Equestrian Society's (EES) annual horse show held at McKewen Memorial Park last Saturday.

Western Pleasure Flat is the predominant style in this show circuit. Horses are judged on their ease of movement with performance, conformation and condition.

Fluid, natural-looking strides are to be taken as they transition from a walk to a jog to a lope and then into a turn, which also must be smooth and well balanced. Most importantly, the horse should show a natural willingness to participate.

An English style jumping class was also held for all levels. The Open Hunter Hack is a introductory jumping class where a series of two rail jumps are set up. This is the style most people equate with the word equestrian.

The EES has been in existence since 1988 with a core group of people still holding the reins: Debbie Kinkead, Colette Lavallee, Kelly Stuart, Ruby Stuart and Linda Wainwright. In turn, they rope in as many family and friends from far and wide to help out. Ruby's sister's family, Jim and Sandy Croy who drive up from Petersfield with their own family in tow, runs the concession stand.

Along with the many volunteers, there is an accredited judge for the event. This year, Sandy Donald of Brandon presided over the various classes in both Western and English style.

Riders choose which classes they want to participate in, but the horse must be entered in six out of the nine classes to qualify for High Point of the day. A Travelling Trophy is handed out to the winner of each age category, meaning that he or she keeps this for the year. Junior and Pee Wee



Intermediate Speed class - barrels.



Intermediate Speed Class keyhole.



Sandy Donald, judging the Junior Western Pleasure class.

categories receive ribbons along with payouts. Adults receive payouts. Payouts cover first to fifth place. The Lead Line age group (under five) all receive a small payout for entering.

### The 2016 EES Western Show hi-point results

PeeWee hi-pt. champion – Amber Peterson – Fame Is In The Luck Reserve hi-pt. – Bailey Mantik –



EXPRESS PHOTOS BY ROZANNE NEVAKSHONOFF Amber Peterson on her horse "Fame Is In The Luck."



Junior Western Pleasure participants waiting for placements.

Moore Zipper Is Good

Junior hi-pt. champion – Autumn Hanslip – Ruby

Reserve - a two way tie - hi-pt. - Jon Peterson - Coosa Ima Hotroddin and KC Park - Class Shows

Intermediate - hi-pt. champion - Haley Turnbull - No Design

Reserve hi-pt. – Will Mantik – Rio Three D Echo Senior hi-pt. champion – Selena Stoyanowski – Radical Assets

Reserve hi-pt. - Tanesa Turnbull – Obviously A Lil Zip

4-H hi-pt champion – Autumn Hanslip – Ruby

Reserve hi-pt. - Will Mantik - Rio Three D Echo



### Campaign looks to raise \$25K for blind brothers

### Aunt hopes to help give her nephews the gift of sight

#### By Dave Baxter

A loving aunt is working to improve the lives of two Selkirk boys who were born without the gift of sight.

Amanda Vitt of East Selkirk has set up a GoFundMe page entitled "The Gift of Sight," as she looks to collect \$25,000 to help her nephews Benny and Ashton Francey.

Both eight-year-old Benny and 10-year-old Ashton were born with a rare condition called Leber Congenital Amaurosis, an eye condition that causes blindness at birth.

Both boys' conditions are different, as Benny can see silhouettes and colours but no details, Vitt said.

"He doesn't know what his mom looks like,"Vitt said. "He bases where she is in a room based on smell because all his other senses are heightened."

Although Benny can see colours, Vitt said Ashton's condition means he lives in "total darkness."

Along with blindness, Ashton also lives with autism, obsessive-compulsive disorder and the fear of seizures.

Vitt has specific goals for the Go-FundMe campaign, as she would like to purchase eSight glasses for Benny, which could help him see people and objects for the very first time.

"What it does is record in real time what a camera is seeing, and it sends it back onto an LED screen inside the glasses,"Vitt said. "My understanding is he will see details the way it looks when someone looks at negatives of pictures."

Vitt choked back tears when she talked about the thought of Benny seeing his family and friends for the very first time.

"It makes me want to cry, just thinking about it," she said. "I get emotional because I think it will be the most amazing and emotional experience of his life and all of our lives."

Because of Ashton's condition, eSight glasses would not be helpful, but Vitt wants to raise money to get him into a therapy program that

Remember Your Loved Ones with an Announcement in the Call 467-5836 or ifieds@expressweeklynews.ca

would involve him being around horses.

"We want to get him into horse therapy sessions in Winnipeg," she said. "He's on a wait list, and he would go later this year.

"It would work wonders to calm him down, especially if he's had a rough day."

As of Monday evening, the campaign had raised more than \$9,000, and Vitt said she is "blown away" by the support she has received.

"People have been so generous and I get emotional because this makes me realize how kind people are,"Vitt said. "With all the bad news in the world this reminds you that there is so much good."

The GoFundMe site can be found at gofundme.com/bennyashton and those with questions can contact Amanda Vitt directly via email at amanda@vittrealestate.com.



**EXPRESS PHOTO SUBMITTED** 

Selkirk brothers Benny, pictured left, and Ashton, pictured right, were both born with a rare condition that causes blindness at birth. The brothers' aunt is now working to raise money to help the boys.





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### The King lives again in rockin Elvis tribute

By Lana Meier

Ten Elvis Presley impersonators from throughout the country wowed the crowd with the 'King of Rock and Roll' signature vocals and dance moves during a fundraiser for Evergreen Basic Needs at the Gimli Rec Centre on Aug. 5-7.

The event, organized by Silverhorn Productions, saw each of the Elvises performing at least three songs before performing together the finale song, 'Suspicious Minds' to rousing applause from the appreciative crowd.

The Elvi either had the same charcoal hair, thick sideburns, donned a full-length white jumpsuit with gold embellishments and white leather shoes or gyrated their hips and kicked to the music just the way Elvis used to.

Almost 40 years after the King's death, Elvis Presley impersonators are keeping Elvis' spirit alive.

Among those who impersonated Elvis was Fraserwood's Adam T. The other nine were Daylin James from Thunder Bay, Ont., Corny Rempel from Steinbach, Sylvio Fontaine from Whitewood, Sask., Jackson T. of Fraserwood, Dave Greene The ten Elvis impersonators and tribute artists performed "Suspicious Minds' for one



of Moosehorn, Braden Elvis Black of Edmonton, Gerry – Big final act at this year's 2016 Manitoba Elvis Festival in Gimli Saturday night.



Corny Rempel of Steinbach



Harold Prosken was happy Daylin James of Thunder Jackson to be back after a hiatus.





Tarnowski Fraserwood.



of Moosehorn"s Dave Greene



### **MYJC** closing for the season

**By Stefanie Lasuik** 

The Lundar and Gimli branches of the Manitoba Youth Job Centre are ready to call it a summer effective Aug. 19. The youth engagement leaders, Delaney Appleyard and Stephanie Johnson, are encouraging those who need the centre's assistance to do so before they are closed for another

The Manitoba Youth Job Centre provides youth aged 12-29 education on career development and employment-related skills. They can answer questions regarding labour regulations and workplace health and safety. Youth can also receive help making their resumes, preparing for interviews and searching for jobs.

The leaders are also looking back at a summer of success and thanking those who supported the centres.

Appleyard led an Odd Job Squad

### Tournament fundraises for scholarship in memory of Gimli resident

### **Evan King Memorial** tournament Aug. 12-14

### By Kaitlin Vitt

A road hockey tournament in Gimli this August is a way for people to remember Evan King's life.

Evan died in a single vehicle rollover in June 2010 at 20 years old. In lieu of flowers, the family set up a scholarship fund in Evan's name.

Evan's brother Braedan King said he and a friend wanted to do something else to remember his brother, someone he said had a great sense of humour and was very personable. They decided to host a road hockey tourna-

Braedan, Evan and their other brother grew up playing road hockey in their driveway.

"My dad built us a set of backboards because he was sick of us rusting the garage door," Braedan said. "We grew up just north of Gimli and didn't always have a ride into town, so a lot of times it was just the three of us, you know, playing road hockey to pass the time, and we always loved it out there."

Money raised at the tournament goes toward a scholarship in Evan's name. The scholarship is awarded to a Gimli High School student. Requirements to receive the scholarship aren't specific, Braedan said.

"Evan really wasn't a good student," he said. "He passed high school — it wasn't like he was a bad student but he definitely wasn't a straight-A student."

Through the scholarship, the family



**FACEBOOK PHOTO** Evan King passed away after getting into a fatal car crash in June 2010.

wants to help students continue their education regardless of their grades, he added.

The tournament runs Aug. 12-14 in the parking lot on Third Avenue, north of Centre Street in Gimli.

Friday is conditional, based on the number of teams entered. Games will start around 8 a.m. Saturday and Sunday. Spectators are welcome to watch, and there will be food and drinks for

"We love it. It's my favourite weekend of the summer, and I think a lot of my friends would agree with that," he said."It bring the community together



**EXPRESS PHOTO COURTESY OF BRAEDAN KING** 

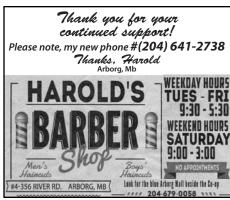
Braedan King plays in a past road hockey tournament that he organized in memory of his brother.

for a good cause for a weekend."

This is the sixth tournament. It would have been the seventh, but organizers cancelled last year's because not enough teams registered.

The deadline for teams to sign up was last weekend, but the tournament could still use prize and monetary donations and volunteers, King said.

People interested in donating or volunteering can contact King at kinger4@hotmail.com or 204-641-



### > MYJC, FROM PG. 4

through a strawberry pick, Canada Day Flower Frenzy, food sales and a barbecue. Johnson thanked the employers who placed job orders with the Gimli centre. The job referral service matches employers and employees registered with the centre.

Those still wanting the centre's assistance can contact the Gimli branch at 204-641-1659 or the Lundar branch at 204-302-1018.

The centres will open again in May 2017.







### THE XPRESS WEEKLY NEWS



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### Fishing fun with friends

Hello, my friends.

We've all heard about folks who had cottages along the Red riverbank leading to Breezy Point that the government expropriated because of spring flooding.

Last week, I actually met a fellow, Dale Cross, who lived there. Dale was enjoying a sunny, quiet afternoon sitting in a lawn chair fishing at the end of the Point when I drove up. He was a muscular man, shirtless in the heat, with short grey hair and a rugged face. He didn't hesitate when asked to talk of his experiences as a one-time resident here.

Cross remembers one fall when he would wake in the morning to see giant cakes of ice or ice shacks floating in his front yard, even though his house was on six-foot stilts. Dale lives in Winnipeg now, but it was still plain to see he had a soft spot for this area and agreed it might be a good idea if the provincial government turned the strip into a no-services campground.

Later, I felt it was time for a story from the Winnipeg River so off I went to the dam at Pine Falls. I cautiously drove down the steep riverbank gravel road on the dam's downside. Reaching the water's edge, I saw two anglers sitting on large flat rocks fishing. Leaving my car, I met Tony Wong and Larry Possberd of Winnipeg who had a story for us.

Last fall, they were fishing by boat on the Red upstream of Selkirk. The fishing was good, but their motor kept quitting on them. They forgot about the pesky motor as the fishing got better and better. Suddenly, they snapped back to reality, realizing Tony

Selkink Record



**EXPRESS PHOTO BY ARNIE WEIDL** 

Pictured left to right: Alex Bard, Brad Kenkaran, Skylar Farrington and Cory Adam with pickerel they caught off the Riverton pier.

was late for Thanksgiving at home and Larry was late for work. Frantic fear fell away as their little motor innocently started with the first pull. Soon the pier was in sight. Maybe things wouldn't be so bad after all, they thought.

Then that little innocent motor with a "pop" stopped dead. Now anxious, the guys frantically laboured over the motor as the river's current carried them farther away from the pier. Larry's glance happened to catch the level indicator on the gas tank. He squeezed his eyes shut in exasperation; the tank was empty. Their paddles helped them to the riverbank and eventually they got a tow from some

Good Samaritan anglers. Poor Tony had to face his family, who accused him of caring more about fishing than being at home for Thanksgiving dinner, and Larry got a severe dressing down from his boss when he showed up for work.

I sure had a heartwarming experience last Friday when I ran over to the Riverton pier on the Icelandic River. As I pulled up, I could see four young angler lads excitedly running back and forth along the pier's edge checking their rods for a sign of a bite. Barefoot, in old T-shirts and shorts, these boyhood friends were having

Continued on page 10

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### Descendants of Kreuzburg pioneers celebrate 100 years

By Patricia Barrett

The descendants of pioneer families who settled in the Kreuzburg (Fraserwood) area held a family reunion and commemorative ceremony Sunday to mark the 100th anniversary of the Peace Lutheran Cemetery.

The cemetery was founded in 1916 by one of the 12 original pioneer families, Gustav and Sahrafina Rattai, who emigrated from Galicia.

Many of the Rattai's descendants, who live across Canada and the U.S., took part in the celebration that attracted about 150 people.

The cemetery's Centennial Heritage Committee, made up of relatives of the pioneers, organized a lunch at the Fraserwood Hall.

One of the highlights of the celebration for 88-year-old Florence Muirhead from Toronto was "just meeting the relatives I have never met."

"I have cousins, I have nieces that I haven't met before because when 10 children get married, they live in all different places," she said.

Muirhead, the granddaughter of Gustav and Sahrafina, was born in Fraserwood. She grew up on the family farm with 10 siblings. When she was 18, she left Manitoba to earn an education degree. She taught children in grades 1-3 and children with learning disabilities.

"This was after the [Second World] war when they were desperate for teachers," said Muirhead, referring to the number of men killed in the war, which created a dearth of available teachers for rural schools. "A whole bunch of us were trained for country schools."

Muirhead said the relatives she met at the reunion are "wonderful."

"I'm so glad I'm part of this family," she said. "They're very kind and very generous. Just super

Her cousin June from Moorhead and her sister Bertha Gowers and niece Katie Dotchin from Hamilton were among the far-flung relatives who attended the anniversary.

Gowers, 90, recalled bringing her children back to the farm in Fraserwood when they were small.

"They used to love the farm," said Gowers. "And if you said, 'We're going to go for holidays to the farm,' they were the best kids. We couldn't get ready soon enough."

The sisters are the only two remaining siblings of one of Sahrafina's children.

Their nephew Leonard Kohler and his wife Gladys, who is a trustee with the Evergreen School Division board, were also part of the celebration.

As one of the members of the Centennial Heritage Committee, Gladys helped fundraise and organize the purchase of a granite monument and bench, which was unveiled later that afternoon in the Peace Lutheran Cemetery, about six miles west of town.

The Rattai family had donated an acre of land from their property to create the cemetery in 1916 after the death of their three-year-old son Reinald, who ate poisonous berries.

Before the unveiling of the commemorative monuments, Selkirk-Interlake-Eastman MP James Bezan and Minister of Finance and Lakeside MLA Ralph Eichler presented the descendants with commemorative plaques celebrating the cemetery's 100th

"The place just looks fantastic," said Bezan, pay-



Gustav and Sahrafina Rattai and family.



Selkirk-Interlake Eastman MP James Bezan pauses to read the inscription on the stone cairn unveiled in the Peace Lutheran Cemetery on Aug. 7.



Gustay and Sahrafina Rattai graves at the Peace Lutheran Cemetery. The couple donated a piece of their land to establish the cemetery.



Pioneer family representatives unveiled the marble bench.

ing his respects to the descendants who take turns caring for the maintenance and upkeep of the cem-

Pastor Larry Ulrich spoke of the importance of establishing monuments in memory of one's fore-

After reading from Joshua, Chapter 4, Ulrich said the monuments in the cemetery are for "the distinct purpose of remembering ... the history of this place, the history of a faith community called Peace Lutheran and, of course, remembering the stories of loved ones buried here, what they meant to us, how they shaped us, how they inspired us."

Members of some of the founding families were invited to unveil the black granite monument and

All four sides of the four-foot high and two-foot



**EXPRESS PHOTOS BY PATRICIA BARRETT** Left to right: Gladys Kohler, Ralph Eichler, Lorraine Kozera and Pastor Larry Ulrich. Eichler presented Peace Lutheran with a commemorative plaque.



Front row, left to right: Stanley Wasylowski, Bertha Gowers and her daughter Katie Dotchin. Back row: Millie Wasylowski and Florence Muirhead.

square monument contain the history of the church and cemetery, as well as the name of every pastor who served the community. A wrought iron cross that had sat atop the former monument had been sandblasted and powder-coated.

The granite bench contains the names of founding church families.

The committee raised funds for the monuments and anniversary celebration through fundraisers and the creation of a cookbook that contains historical information about the church and the area, in addition to recipes.

### Wastewater treatment plant project coming to Gimli

Staff

State-of-the-art sewage treatment plants are coming to Gimli and Selkirk, Premier Brian Pallister announced at the Selkirk Waterfront last

"These projects will allow the City of Selkirk and the RM of Gimli to treat their wastewater to the highest quality nutrient removal and ensure the long-term health of the Red River and Lake Winnipeg," Pallister. "Our government is confident these investments will provide value for taxpayers and have a significant environmental impact in their communities."

Canadians count on effective and reliable municipal services, such as water and wastewater treatment systems, to assure a healthy environment for their families and to sustain a vibrant and growing local economy.

Pallister and Winnipeg South Centre MP and Minister of Natural Resources Jim Carr, along with Selkirk Mayor Larry Johannson and Rural Municipality of Gimli Mayor Randy Woroniuk, announced more than \$53.2 million in combined funding for two new wastewater treatment plants — one



**EXPRESS PHOTO BY MICHELLE BALHARRY** 

Primer Brian Pallister, pictured fifth from right, is surrounded by local and area dignitaries after announcing Selkirk and Gimli will be getting new wastewater treatment plants at the Selkirk Waterfront last Friday.

for the City of Selkirk and the other for the Rural Municipality of Gimli.

The City of Selkirk project will see the replacement of their existing wastewater treatment plant and improve the quality of the effluent discharged into one of Manitoba's greatest freshwater resources, Lake Winnipeg, as well as into the Red River. Along with improving the overall reliability of the wastewater treatment system, the new facility will increase in its capacity and serve the City of Selkirk, St. Andrews and Lower Fort Garry.

For the Rural Municipality of Gimli, an expanded and modernized wastewater treatment system will improve the long-term reliability and per-

formance of the existing wastewater treatment system in this Lake Winnipeg beachfront town. It will also help to connect additional households in Gimli to the current wastewater system while allowing for future growth.

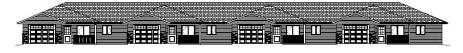
"Gimli has a long record of balancing the needs of the community while being mindful of the protection of the environment and more specifically Lake Winnipeg," said Gimli Mayor Randy Woroniuk.

"Expanding our treatment plant will allow for sewer services to become a reality for many property owners located along the west shore of Lake Winnipeg. In addition, it will allow Gimli to be able to service future commercial and industrial businesses. Gimli is open for business and will be able to provide the services that new and current businesses require."

Both of these projects will help improve the quality of effluent that is discharged back into the lake, protecting the quality of the lake and enabling citizens and tourists alike to continue enjoying this valuable natural playground for generations to

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### **Gwen Fox Gallery features Magic of Three artwork**

Artist Althea Cunningham's work this month at Selkirk's Gwen Fox Gallery explores society and politics.

"It's meant to kind of engage the viewer so that they can themselves kind of challenge what's going on in the world or their own healing," Cunningham said.

Cunningham is part of the Magic of Three, the group the gallery is featuring during August. She's showing paper collage artwork, with themes including technology and the envi-

One piece is a vase with an entrapped crystal leaf on it. Althea said it represents "what we will have left of our tropical forest that gives us life and breath, and yet all we have left is the recollection of a leaf."

Cunningham, Árný Hjaltadóttir and Shirley Myren make up the Magic of Three. The three artists haven't all worked together before, though Cunningham and Hjaltadóttir have.

Hjaltadóttir is from Iceland and lives in Woodlands. She is showing some glass art and acrylic pieces. Her pic-



**EXPRESS PHOTO SUBMITTED** 

Árný Hjaltadóttir will have some of her paintings on display at the Gwen Fox Gallery beginning Aug.

tures include portraits and old buildings, like barns.

Myren's work is abstract, she said. She uses a range of media, including acrylic ink and watercolours.

"It's about being free with the colours, expressing myself and letting the paint kind of express how you feel at the time you're letting it go onto the canvas," Myren said.

The Magic of Three's exhibit will be at the Gwen Fox Gallery during August. The gallery is open Tuesday to Saturday from 11 a.m. to 4 p.m.

### Porfolio shuffle at Gimli council raises questions

By Patricia Barrett

The RM Gimli council underwent a "cabinet shuffle"last week that will see councillors, including the mayor, assume new board and committee responsibilities. Some will also see changes to their portfolios (primary area of responsibility).

Council held a special meeting Aug. 4 to vote on the proposed shuffle and to adopt an amended Council Organizational & Procedures By-law, which accompanies changes in duties. The bylaw governs committees and the RM's operation, and regulates the proceedings and conduct of council.

Mayor Randy Woroniuk, Deputy Mayor Peter Peiluck and councillors Richard Petrowski and Danny Lyprypa voted in favour of the re-assignment of duties and the bylaw.

Coun. Thora Palson opposed both.

Before voting got underway, Palson read out a prepared statement calling for council to review how the RM conducts internal business.

"It's unclear to me why this is being done and what I perceive as a sense of urgency," said Palson. "We've not had an opportunity as a council to discuss the proposed changes."

Palson cited her concerns with the organizational structure.

"For example, our current model ... allows for unilateral decision-making. I know that current trends for municipalities is to move away from the ward system or designated areas as we term them to be," she said.

She also asked for a review of the way the RM's committees are structured and suggested council hire an independent consultant.

"So I'm recommending that council table the reading of the ... bylaw pending review," she said. "I think it would be of benefit to council to host a public hearing to ensure that this business is being undertaken in an open, transparent manner and citizens know that they can participate."

Up until last week, Palson served as chair of Public



**EXPRESS PHOTO BY PATRICIA BARRETT** 

At a special meeting of Gimli council Aug. 4, Coun. Thora Palson voted against a majority decision to assign councillors to new portfolios and board and committee duties. She asked for a review of the RM's organizational model.

Safety and Recreation. She will now serve as chair of Community Services.

Woroniuk, who previously held the chair of Community Services portfolio, has assumed the chair of Public Safety portfolio, and Peiluck has added chair of Recreation to his portfolio.

Woroniuk will sit on nine committees/boards; Peiluck, seven; Lyprypa, eight; Petrowski, six; and Palson, 15, according to the amended Council Portfolios, Community Organizations, Committees, Boards document available online.

In response to Palson's recommendations, the mayor cited the "merit" of reviewing the governance model, making council "stronger and better," and perhaps having someone come in to undertake an independent review.

"What we'll do following this meeting, the administration will be directed to look at each one of these portfolios ... ," said Woroniuk."And then we will sit down and discuss how we're going to go forward on this. If there needs to be some tweaking, we shall

Following the usual practice of providing citizens/ reporters with a means by which to publicly question council decisions, the mayor invited feedback from attendees.

Despite comments from one resident who felt that the meeting was a "flash meeting" not advertised properly, an unprecedented number of people (about 15) were in attendance, a phenomenon not seen by this reporter who has been covering council for about a year.

"I wish we had this many people when we do our budget deliberations," the mayor said.

According to the Municipal Act, the RM followed procedure with the way the meeting was called. And changes to councillor duties were allegedly carried out in accordance with the rules.

Woroniuk said it's within the purview of the mayor and council to make changes to duties. Under the rules, a mayor can, if he or she so wishes, unilaterally appoint councillors to particular duties without consulting council.

In this particular case, the majority of council made the decision to swap portfolio and board and committee duties.

"It's healthy for change, for councillors to move on to different committees and different portfolios," said Woroniuk."Different perspectives come out of

CAO Joann King said it's not unusual for RMs to change councillors' duties.

"We normally review portfolios and commit-

Continued on page 15

### Great Manitoba Food Fight to showcase local food products

**Submitted** 

The Manitoba government is inviting entrepreneurs to compete and celebrate 10 years of delicious locally made food products at the Great Manitoba Food Fight this fall, Agriculture Minister Ralph Eichler announced Aug. 4.

"We're calling on Manitoba's food entrepreneurs to compete in and celebrate this milestone with us at the 10th annual Great Manitoba Food Fight," said Eichler. "We know our province is home to tasty, unique foods and beverages that are ready to take the next step toward commercialization and the larger marketplace. This competition is designed to help Manitobans take the next step forward with their food-based businesses."

The Great Manitoba Food Fight (GMFF) is sponsored by the Manitoba government in partnership with De Luca's Specialty Foods Store and Food & Beverage Manitoba. It is a competition for Manitoba food entrepreneurs interested in commercializing their new food products, with three product development and service awards available to be won. A judging panel awards prizes, including cash and services valued at \$3,500, \$7,000 and \$10,000.

The deadline to apply is Aug. 19. Ten competitors will be selected to compete in the GMFF, which will take place on Sept. 21 at the De Luca's store in Winnipeg.

Over the last 10 years, more than 100 entrepreneurs have competed in the GMFF. A number of products that have won awards in the GMFF have gone on to have commercial success.

More information about the GMFF and the application form are available at www.gmff.ca or by calling 204-841-4084.

Don't forget to send your special wishes to your friends and family.



**WEEKLY NEWS** 

classifieds@ expressweeklynews.ca

204-467-5836

### **Travelling trunks** share history

#### By Stefanie Lasuik

Travelling trunks sharing the Interlake's history will soon be shipped outside the region.

For the past two years, the Interlake *Unlocked* exhibit has visited museums throughout the Interlake. In late October, the trunks will leave the Interlake for other museums, including the Manitoba Museum. But first, they will make their final Interlake stops in Ashern and Eriksdale.

The exhibit contains 10 trunks, each telling a fascinating story from a different region.

Ashern's Pioneer Museum has the story of Trausti Vigfusson's dream that built a fence, Stonewall Quarry's stone tales and Canada's first woman bus driver. It'll soon have the trunk dedicated to John Taylor's contribution to Icelandic settlement in Mani-

The fifth trunk opens to tell the story of the infamous Ashern bank robbery. Eriksdale Creamery Museum is showcasing the Purvis boat tradition, Al Pakulak's pioneering of the Oak Hammock Marsh, the Taylor Family Meadow Lea disaster, the indelible mark Dr. Hunter left on the town of Teulon, and, of course, the Eriksdale Creamery history.

The Eriksdale Creamery trunk tells visitors how the creamery used to turn cream to butter.

Those who have been working on completing their passports will only have until late October to do so. Visitors have their passports stamped at each museum they visit. If they get 10 stamps from all of the Interlake's participating museums, they will be entered to win a gift basket prize, comprised of meals, free night stays and goods from the Interlake.

Eriksdale's museum is open from Monday to Saturday, 9 a.m. to 4 p.m. Admission is \$5, but those 12 and under get in free with an adult.

Ashern's museum is open Wednesday to Sunday from 9 a.m. to 5 p.m. Admission is a donation to the mu-

The trunks will go the Quarry Heritage Arts Centre in Stonewall in September before leaving the Interlake in late October. The Manitoba Museum will showcase the trunks. Other rural and urban museums have shown interest in exhibiting the display as well.



**EXPRESS PHOTO SUBMITTED** Eriksdale's creamery trunk is one of five Interlake Unlocked displays that the museum will house until September before the exhibit is shipped outside the Interlake.

### > GET FISHING, FROM PG. 6

the time of their carefree summer lives in the early morning sun. Getting out of my car, I asked if they had caught anything. They reacted with boyish enthusiasm, racing to a large pail. They dug in and proudly held up two respectable-sized pickerel high in the air. Our young fishermen were Alex Bard, Skylar Farrington and Cory Adam from Riverton with Brad Kenkaran from Komarno. Their enthusiasm changed to uncontrolled joy when I told them I wanted to put them and their catches in the Selkirk Record, the Express Weekly News and the Stonewall Teulon Tribune. I had to wait

until they settled down a bit and then asked if they had any unusual fishing experiences as I took their picture.

Brad gleefully piped up, saying he and his mom, Jen, went fishing off the "big white curve" on north Shoal Lake and after a while was convinced he was snagged. He asked mom to help him. Jen, taking his rod, hefted it and then handed it back to him, smiling and proclaiming, "Son, you've got a fish." As he began reeling it in, it came to life, twisting this way and that, but he hung in there and landed it.

Well, thanks for dropping in. See you next week. Bye.





Hair - Nails - Inspiration



### **Manitoba Barrel Racing Association**

Open Barrel/Pole Jackpot and MBRA Sanctioned Jackpot - Contact: Jackie @ 204-739-8256

### **Horse Shoe Tournament**

\$5.00 entry fee - Contact: Roy @ 204-739-3237

#### **Market Garden**

Eriksdale & District Chamber of Commerce Market Garden. "Make It, Bake It or Grow It" Every Saturday, July 30 to Oct. 1, 2016 10:00 am to 2:00 pm at the Railway Memorial Park Pavilion. To register as a vendor, please contact: Dolly @ 204-739-2628

#### **Parade**

Parade lineup starts at 10:00 am behind Rec. Centre. Entries Contact: Doreen @ 204-739-5322

### **BBQ**—Eaglets Daycare **Fundraiser**

Eaglets Daycare will be set up at the Museum Grounds after the parade. Please stop by and support their fundraiser and enjoy a delicious

#### At the Museum

"UNLOCKED: Stories of the Interlake "Traveling Trunk Exhibit". Be sure to take a tour of the Creamery Museum and check out the 5 trunks on display depicting unique stories from Interlake Museums. Pick up your passport to be stamped. New this year will be a Home Living Section. Contact Arlene @ 204-739-8050 (text) or Diane @ 204-739-5228

#### **Heartland Rodeo**

Heartland Rodeo with local competitors takes

### **Home Living Section**

Junior Division (3 to 11 years) Painting/Crafts

#### <u>Section</u>

- Finger Painting 8" x 10" (3 yrs. & under) 1. Finger Painting 8" x 10" (3 yrs. & under)
  2. Colouring -Free hand (3 yrs. & under)
- 3. Finger Painting 8" x 10" (4-5 yrs.) Craft -any medium (4-5 yrs.)
- Page from a colouring book (4-5 yrs.)
- Collage paper only (4-5 yrs.)
- Painting -any medium (6-7 yrs.)
- Craft -any medium (6-7 yrs.)
  Page from a colouring book (6-7 yrs.)
- 10. Collage paper only (6-7 yrs.)
- 11. Painting any medium (8-9 yrs.)12. Craft any medium (8-9 yrs.)
- 13. Drawing –any medium (8-9 yrs.) 14. Gift Wrapped Parcel using colour green (8-9 yrs.)
- 15. Painting -any medium (10-11 yrs.)
- 16. Craft any medium (10-11 yrs.) 17. Drawing –any medium (10-11 yrs.)
- 18. Gift Wrapped Parcel using colour green (10-11 yrs.)

**Baking** 4 (four) uniform pieces on a plate (use bag to cover, no plastic wrap)



- 19. Cookies, 4 chocolate chip (6-7 yrs.) 20. Cookies, 4 chocolate chip (8-9 yrs.)
  21. Cookies, 4 chocolate chip (10-11 yrs.)
- 12 years Adult





### Section

- Farming in action
- Summer Bloom(s)
- Rodeo Time
- **Creamery Days**
- Scrapbook Page, 1 page, any theme Scrapbook Page, 2 page, any theme
- Craft, any medium

### **Baking**

4 (four) uniform pieces on a plate (use bag to cover, no plastic wrap)



- 8. Slice, any kind made with peanut butter
- Slice, any kind made with pean
   Butter tarts, homemade shells
- Tea Biscuits
- 11. Shortbread cookies, any kind

place on Saturday, with the finals on Sunday. Mutton Busting will take place at intermission both days for children ages 4-7 or less than 70 lbs., first 10 registered each day with own helmet and waiver signed. - Contact: Whitney @ 204-461-0559.

### **Tractor Pull**

Weigh in from 12-2 pm Saturday, at the McEwen Park Rodeo Grounds. Contact: Roy@204-739-3237

Event Classes (Subject to change)

4000 lbs. and Under 6000 lbs. and Under 7000 lbs. and Under 9000 lbs. and Under 8000 lbs and Under 10.000 lbs. and Under 10.000 lbs. and Over Modified Tractors - Fun Pull

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# 6 Quality Repair Randy Lavallee - Ph: 204-762-5716 Cell: 204-739-3815

### **Preserves**

Prefer 250 ml or 500 ml jars, will accept larger jars this year only.



- Section 12. Bread and Butter Pickles
- 13. Jam, any one kind
- 14. Jelly, any one kind

Prizes for each category are: 1st - \$5.00 2nd - \$4.00 3rd - \$3.00

### **RULES AND REGULATIONS**

- Entry forms may be picked up at the Creamery Museum or requested by emailing eriksdalemuseum@gmail.com.
- Only one entry in each section is allowed from each exhibitor. Put all ages on tags for Junior Division.
- 3. Exhibits will be accepted at the Creamery Museum from 4:00-6:00 pm, Friday August 19th
- Exhibitors are to pick up their exhibits at 3:00 pm, Saturday, August 20th
- If unable to pick up items, please make arrangements to have entries picked up. The Museum is not responsible for any article left after 4 pm Saturday, August 20th
- The Eriksdale Museum is not responsible for broken or lost items. Contact: Arlene 204-739-8050 (text) or Diane 204-739-5228.

### **HOME LIVING CLASS SPONSORS**

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#### FRIDAY AUGUST 19 - McEwen Park Rodeo Grounds

### 6:30 pm to 9:00 pm

Open Barrel/Pole Jackpot

Manitoba Barrel Racing Association - Sanctioned Jackpot

Horse Shoe Tournament

Beer Gardens and Canteen open

### **SATURDAY AUGUST 20**

8:30-9:30 am - Free Pancake Breakfast @ Eriksdale Rec Centre (Sponsored by the RM of West Interlake & Served by Eriksdale Fire Dept.)

10:00 am - 2:00 pm - Market Garden - under the Pavilion in Railway Memorial Park

11:00 am Parade Starts

12:00 pm - 3:00 pm - Creamery Museum Grounds

Opening Remarks and Guest Speakers

BBQ - Eaglets Daycare Fundraiser

Entertainment - Country Pride, Rhonda & Koralee Foster, Neil Thornham and The Third Chins (subject to change)

Kids Zone - Bouncing Inflatables, face painting & more

In the Museum - home living section exhibits, museum displays, silent auction, ice cream & more (please sign our

Museum guest book)

3:00 pm - McEwen Park Rodeo Grounds

Tractor Pull (Weigh in 12-2 pm at the grounds)

Kid's Activities - bouncing inflatables, kiddie train & more

Canteen (supper specials) and Beer Gardens Open

5:00 pm - Heartland Rodeo with local competitors

Mutton Busting - at intermission

### **SUNDAY AUGUST 21**

11:00 am - McEwen Park Rodeo Grounds

Tractor Pull, Canteen and Beer Gardens Open

1:30 pm Kid's Activities – bouncing inflatables, kiddie train,

face painting & more

2:00 pm - Heartland Rodeo Finals with local competitors

Mutton Busting – at intermission

3:00 pm - 50/50 Draw Maximum payout \$750.00 get your tickets at the canteen



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### Manitoba becomes new threshing world record holder

### Harvesting Hope breaks Guinness World Record with antique threshing machines

### By Shaylynn McMahon, Canadian **Foodgrains Bank**

Manitoba became home to another world record July 31 when 139 antique threshing machines harvested a field simultaneously for 15 minutes at the Manitoba Agricultural Museum in Austin, Man.

"This was a once-in-a-lifetime event," says Elliot Sims, co-organizer of Harvesting Hope: A World Record to Help the Hungry, held at the 62nd Manitoba Threshermen's Reunion & Stampede at the museum.

"You just don't see stuff like this anymore," he says. "The energy from the participants and crowd was amazing. You could feel the pride and excitement."

Nearly 8,000 people came to the Museum to watch 750 volunteers from across Canada and the U.S. break the Guinness World Record for "most threshing machines operating simultaneously." The previous record was 111 machines held by a group from St. Albert, Ont.

The record is unofficial until it is certified by Guinness World Records.

Altogether, 75 acres of winter wheat was bound and 30,000 sheaves were cut to be threshed during the event.

Continued on page 13



**EXPRESS PHOTOS BY STEFANIE LASUIK** 

Brent Tully of Meadow Lea took part in the Harvesting Hope world record attempt with his 1952 John Deere G (36 HP) and McCormick-Deering 28x46 threshing machine.





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### > THRESHING, FROM PG. 12

Combined, the machines were capable of threshing approximately 17,000 bushels of wheat per hour, with 6,100 horsepower of engine capacity driving them.

"This was truly a celebration of our agricultural heritage," says Sims. "We're all very happy to have succeeded, and the feedback we're getting is great. Everyone seems to have really enjoyed themselves."

Funds raised at the event will be split between the Manitoba Agricultural Museum, which hosted the world record attempt, and Canadian Foodgrains Bank. A final tally will be available in a few weeks.

The funds going to the Foodgrains Bank will be used to help small-scale farm families in Ethiopia, Tanzania and Kenya learn to grow more and better food so they can better provide for their families. The funds going to the Manitoba Agricultural Museum will be used to help it continue to preserve Manitoba's agricultural heritage.

"We were really proud to be a part of this record-breaking event," says John Longhurst, director of resources and public engagement with the Foodgrains Bank.



Volunteers manually shovelled wheat into the machines with pitchforks.

"Since the Foodgrains Bank was created by and for Canadian farmers, it's only fitting, and a huge honour, to be part of the effort to break the record for using antique farm machines and to also raise money to help end global hunger."



**EXPRESS PHOTO CREDIT TO SHAYLYN MCMAHON** 

Approximately 148 antique threshing machines descended on a winter wheat field at the Manitoba Agricultural Museum near Austin, Man., on July 31 in an attempt to break the world record for the most threshing machines operating at once.





### Local health-care workers inch closer to a strike

By Dave Baxter

Local health-care workers have taken another step towards the possibility of a strike, but the Interlake Eastern Regional Health Authority (IERHA) says no matter what happens, they are prepared to continue offering health-care services to Manitobans.

"While we are disappointed that a settlement offer was rejected and not ratified by the Interlake-Eastern RHA Technical Professional employees represented by MGEU, we are ready in the event of a strike," IERHA said in a statement released on Monday. "We have essential services agreements in place and will provide essential services to Manitobans in our region in the event of job action. Of necessity, service levels will be required to be adjusted as a result."

The Manitoba Government and General Employees' Union (MGEU) Local 411 is a team of health-care professionals, which includes homecare case and resource co-ordinators, palliative care co-ordinators, mental health workers, dietitians, pharmacists, occupational therapists and physiotherapists.

The group rejected a final offer from

their employer in March due to "ongoing concerns over recruitment and retention and excessive workloads," MGEU president Michelle Gawronsky said.

Late last month, Local 411 members voted "yes" during a strike vote, bringing them closer to the possibility of a strike.

"We did strike votes last week, and membership has given us a mandate to go out on strike if we don't get a response," Gawronsky said last Thursday

Gawronsky said there is no date set for a strike as of yet, but they are prepared to strike if they don't get "back to the bargaining table soon."

She added the union hopes they do not get to the point where a strike becomes a necessity.

"My phone is on 24-7. I'm here all day and all week, and I'm willing to go wherever I need to go," she said. "Our members never want to go on strike. It is absolutely the last resort and only happens if we feel we are up against the wall and no one is listening."

MGEU members held information pickets in a number of areas in the Interlake including Selkirk between July



**EXPRESS FILE PHOTO BY BRETT MITCHELL** 

The Manitoba Government and General Employees' Union (MGEU) held information pickets in Selkirk on July 18 related to collective bargaining. They now say those pickets were "unsuccessful."

18 and 20, but Gawronsky said those pickets ultimately did not achieve their goals.

"We did the pickets and we tried to get back to the table, but we were unsuccessful, as we have not had a response from anyone as of yet," Gawronsky said last Thursday.

Gawronsky said members of the union who voted to strike did not reject the IERHA's offer back in March because of financial concerns but rather because of working conditions.

"These locals rejected a final offer from the employer in March due to ongoing concerns over recruitment and retention and excessive workloads," Gawronsky said. In a press release, Local 411 said, "recruiting and retaining professionals to the area can be difficult and many find themselves juggling excessive workloads because jobs are not being filled."

In the statement the IERHA released on Monday, they said they would give no further comment.

"We value our employees and the important services they provide. Interlake-Eastern RHA wishes to continue to respect the confidential nature of the collective bargaining relationship, and has no further comment," the IERHA said in a statement.



### **Diabetes A1C Clinic**

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### > PORTFOLIO SHUFFLE, FROM PG. 9

tees on an annual basis ...," said King. "Sometimes they change; sometimes nothing changes."

Saying she was "saddened" to see Palson taken off Recreation, Sandy Hook resident Debbie Buskelle questioned the "lack of direction and progress of portfolios."

"Recreation, to me, is the only one that has been impressive," said Buskelle.

She asked Woroniuk what he was doing to "ensure ... these other portfolios have stepped up to the plate as Rec-

"I think council with their staff are doing the best job [they] can," said the mayor. "But we're also not perfect. And if there are deficiencies in what we're doing, it's the responsibility of the taxpayer to bring that to our attention. And people do ... that."

In response to a reporter's question, Palson expressed concern about her transfer from Recreation.

"No actual justification has been given to me in regards to Recreation being removed from my portfolio," said Palson. "And as I said, we haven't even had the opportunity to discuss this at that whole council."

The mayor said the change could not be discussed in public"because it may involve staff."

Woroniuk provided no further information about possible staff involvement. Who, how many and what RM departments were not up for discussion, nor was the nature of the issue, which could be anything from incompatible personalities to workplace harassment.

The refusal to provide details is not surprising. An organization that fails to keep such matters out of the public realm could affect the short- or long-term reputation of the parties involved.

"The RM has the right under the Municipal Act to discuss personnel issues in camera," said King when later contacted by email. "Discussing staff in an open meeting or a public forum is something our managers and council will not do. It is simply the way we conduct ourselves and we expect the same from members of council."

King said there could be legal ramifications to public disclosure.

"If the information is malicious, false or defamatory, it could ... result in legal liability," she said. "If it is about an illness or addiction, it would be illegal."

Unless staffing issues involve something serious that affects the public trust or harms employees or ratepayers, the public is not entitled to know.

"It would have to be a proven fact with actual charges laid," said King.

Buskelle pressed the mayor for an explanation.

"You said in the past you wanted to be transparent and clear, but you've been very vague with your answers about why this happened," she said.

When Buskelle told Woroniuk that he is "getting involved in staff issues" as indicated by the cabinet shuffle, she was corrected.

Staff are defined as employees of the RM. The mayor and councillors are not staff.

"I don't deal directly with staff. That's not my job," said Woroniuk."... I have supervisors that deal with staff."

After the meeting, the *Express* spoke with the mayor.

"Situations arose [whereby] council felt it was in the best interest for all of council to take on some new responsibilities. And all councillors gave stuff up," said Woroniuk.

He also reiterated his confidence in his team. As regards Coun. Palson in particular, Woroniuk said, "I have full confidence in her abilities."

As for the staffing issue, it will have "no impact" on taxpayers, said the mayor when contacted a few days later with the follow-up question.

### Walk for Water raises funds



**EXPRESS PHOTO BY ROGAN CHAHINE** 

Lake Winnipeg Walk for Water 2016 in Gimli had approximately 50 participants taking steps towards a healthier lake. Together, they raised \$3,401.







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### Interlake Towing earns CAA/AAA award for excellence

By Stefanie Lasuik

Interlake Towing is adding another award to the wall of honour. For the second straight year, the small company has been named the CAA and AAA Service Provider of Excellence.

This is the third time in the last four years Don Lochrie, the owner, has received the award.

"We're always there. We never say no. And when they call, we get there as fast as we can and provide the best service," said Lochrie.

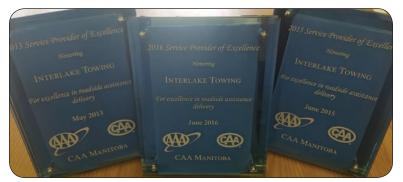
CAA Manitoba chooses the winner through surveys. Interlake Towing scored a perfect 100 per cent on 12 surveys. The surveys assess factors such as the service providers' communication, disposition, knowledge and speed.

"We've done pretty good over the past few years, I guess," said Lochrie.

Interlake Towing fell into the smallest of three categories of CAA awards. The company beat out approximately 75 others in their grouping.

Lochrie began Interlake Towing six years ago because he saw an unmet need in the Interlake area. His business services highways 6, 7, 8 and 9 from Winnipeg to Hecla Island.

The only members of the company are Lochrie and his son Darryl. The Teulon-based company has three trucks.



**EXPRESS PHOTO SUBMITTED** 

Don Lochrie of Interlake Towing is adding a third trophy for service provider excellence to his shelf after earning an outstanding customer satisfaction score.

Arborg Autobody Sales & Service (204) 376-2374

Powerbend Tire & Service (204) 376-2247 (Arborg)

Nordal's Automotive (204) 376-2416 (Arborg)

Interlake Auto & Tractor Parts (204) 376-2667

**Fisher Napa** (204) 372-6648 (Fisher Branch)

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EVAP system is to capture these vapors and direct them into the engine to be burned — kind of an on-board recycling program. The EVAP system is a complicated network of hoses, valves, filters and such all being monitored through your vehicle's computer. Issues with the EVAP system are in the Top 5 reasons for a Check Engine Light to be illuminated. Your friendly and knowledgeable Local Service Technician can perform a computer interface with your vehicle to read the trouble codes and begin a diagnostic procedure to isolate the fault.

With the proper equipment, your local Interlake Service Centre can test the valves in order to trace a blockage. A low pressure smoke test can be performed to find any leaks. The repairs are then made to get the EVAP system working again and to reset the Check Engine Light.

While EVAP s don't generally lead to vehicle damage, the fact that they trigger the Check Engine Light can mask other more serious problems for Interlake drivers if left unaddressed. After all, there are hundreds of conditions that can trigger a Check Engine Light — but there is only one light. So if the light is on because of an EVAP issue you haven't fixed and another issue

arises, you won't be alerted to the new condition because the light is already on. However, Evap system venting issues can still cause some serious damage if the system is not venting properly. It may cause a fuel tank to collapse which of course would result in a costly repair if a replacement fuel tank and fuel pump are required.

Of course, if you live in a jurisdiction that requires emissions testing to register your vehicle, you won't pass the test until you make the repairs. An EVAP trouble code could be caused by something as simple as a loose or worn gas cap or a leak in a hose to problems with a purge valve of even a rusty fuel filter pipe.

When your Check Engine Light comes on, bring your vehicle into your local auto service provider in the Interlake and let us check it out. Your Service Technician will be able to diagnose the codes and work out a plan to address any problems that are uncovered. There's peace of mind

for Interlake drivers that comes from knowing what is wrong and taking care of it.

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**St. Martin Garage** (204) 659-5250

Jon's Autoservice Gimli (204) 641-2526

### Proposed Viking Park design changed following public input

#### By Patricia Barrett

Elves, trolls, rain gardens and an accessible Viking statue formed part of a tentative proposal to re-vamp the green space ringing Gimli Harbour.

And after its third public consultation July 18 to gather feedback of what will become Viking Park, Icelandic Festival of Manitoba (IFM) board members, who are leading the project, along with design firm HTFC, have made a few small changes.

"The amount of granite rip rock around the statue will be reduced and landscaping will increase," said Chris Brown, executive director of the IFM, in an August 8 news release.

During the July 18 meeting, a number of people expressed concern about the amount the stone that would be placed on a gentle slope leading up to the Viking, whether the historic breakwater would be touched and the importance of preserving the current park's green space and view of the lake.

"I'd first of all like to thank you... for everything you do in the community..., said one unidentified woman during question period. "I just find that this is way too extravagant, way too much, way too many rocks. I'm not crazy about the wall and it's a beautiful green space."

Grant Stefanson of the IFM said the architectural drawings gave the illusion that the Viking would be surrounded by a pile of large rocks.

"I think that's one of the comments that came up in social media...were the comments about the rocks and the rocks being far too prominent," said Stefanson. "And you didn't want a rock pile. That's something that's a combination of two things. One is in artists' renderings. They don't get it perfect when they do it, they're just giving a vision of ... a perspective, and so it's not exactly perfectly what it would and will likely look like. So we're very aware of that and we take that to heart for sure."

Landscape architect Monica Giesbrecht said the historic breakwater will be incorporated into the design.

"...we decided to celebrate that by wrapping the plantings around the breakwater and introducing interpretive elements that tell people about that," said Giesbrecht, who helped design the Leo Mol garden in Winnipeg's Assiniboine Park. "Because, honestly, if you're not from Gimli, like me, you're going to assume that's an old forgotten concrete sidewalk. So we've incorporated that into the design."

After consideration of the comments from the meeting, the IFM decided to



The old breakwater runs diagonally from First Avenue to the back of the Viking statue.

scrap plans to build a gate that would symbolise a Viking longboat.

"[We] will not proceed with welcoming gates that had been reimagined as a Viking longboat with a dragon head prow and dragon tailed stern," said Brown in the news release. "The simplified gates will be square-shaped in order to better accommodate the historical cultural wall. These gates will not – and were never planned to – obscure the view of the lake."

The Viking statue will be surrounded by a butterfly garden to the east and rain gardens to the south and southwest. Elf houses donated from Iceland will form part of the elf garden. The flowers and grasses will include swamp milkweed, echinacea, wild bergamot, New England aster, wild columbine, Prairie dropseed and yarrow, according to one the schematics.

"This is a gift to our community," said Tim Arnason, who has been a member of IFM for 40 years. "Gimli has been our host for 84 years, and we hope this continues...."

The actual cost of the project was not provided at the public consultation, which led one man to assume that ratepayers would be on the hook.

"Show me where is your money come from or we have to maintain," said the man with a thick accent. "You don't talk about the maintenance of the garden. Show us the money. Because I'm a money man. Show me the money. Never mind how nice. It's beautiful. I agree with it. But show us where you get the money and make



**EXPRESS PHOTOS BY PATRICIA BARRETT** 

Landscape architect Monica Giesbrecht explained the latest design proposal for Viking Park.



**EXPRESS ILLUSTRATION BY HTFC PLANNING & DESIGN** 

The elf flower garden.

sure all the taxpayers, all the farmers around, I talk to them all around all the way up to Silver Harbour. Nobody want to pay the maintenance and the RM of Gimli to pay anything to it."

The IFM said it had raised a considerable sum to fund the project and set up an endowment fund to pay for ongoing maintenance.

"We've raised close to \$500,000 of private funding so far for the park project," said Stefanson. "We haven't had to go to the RM to ask for anything other than co-operation with the project."

The project will proceed to tender this month and requests for proposals will be advertised in the local news-

A ground breaking ceremony is planned for the fall, according to the release, and an opening celebration will be held before Canada's 150th birthday next July.



Call 204-467-5836

### Lundar Farmer's market sells veggies, cookies ... and pizza

#### **By Stefanie Lasuik**

Natalie Sweetland is selling a unique item at Lundar's Farmer Market this year. Instead of carrots or cookies, Sweetland is selling mini pizzas.

"Who doesn't like pizzas?" said Sweetland.

Sweetland decided to add pizza to her usual array of bannock and tea biscuits this year.

She sells Hawaiian, pepperoni-mushroom, cheese, and pepperoni all on a homemade shell.

People have been messaging Sweetland on Facebook just to ask if the pizzas will be at the next scheduled farmer's market.

The Lundar Farmer's Market has been selling

fresh vegetables, baking and local crafts to members of the public since 1989.

It began in the third week of July and runs until the second week of September. Every Tuesday and Friday, vendors line up at the Farmer's Market Shelter on Daisy Lane behind The Goose. The market is open from 4 to 6 p.m. on those days.

Those interested in setting up a table can contact Wendy at 204-762-5525. The cost to do so is \$10.

### **EXPRESS PHOTO SUBMITTED**

Natalie Sweetland's mini pizzas have been a hit at the Lundar Farmer's market this year.



### Healthy Together Now helps community groups achieve healthy goals



#### Submitted

Healthy Together Now (HTN) is a community-led grassroots program that helps prevent chronic diseases in Manitoba. Starting now, community organizations can apply for funding for prevention activities in the areas of physical activity, healthy eating, tobacco prevention and reduction, and mental well-being.

Interlake-Eastern RHA provides funds through Healthy Together Now for community organizations interested in decreasing chronic disease in their communities. Community meetings will be held across Interlake-Eastern region for any groups interested in applying for funds The meetings are held to review potential projects and for community to review and recommend projects for funding.

"The Interlake-Eastern RHA is awarding funding to community groups addressing health and wellness issues in their communities. Applications are currently being accepted and grants will be awarded in October," says Leana Smith, regional manager community wellness and chronic disease prevention.

Applicants must complete an online application outlining the proposed project, the budget, partners involved, and target population. The fund will only cover activities directly related to the programming offered. Applications will be reviewed by the Interlake-Eastern Healthy Together Now Steering Committee to ensure grant criteria is met. Deadlines for each community vary. All programs are encouraged to apply!

For more information or a copy of the application, visit www.ierha.ca, and click on "Care in your Community" then "Community Wellness and Chronic Disease Education" then "Funding, Grants & Bursaries".

For more information, visit http://www.ierha.ca/default.aspx?cid=11211&lang=1 or you can call 1-877-979-WELL(9355).

Healthy Together Now is coordinated by Interlake-Eastern RHA and supported by the Manitoba Health, Seniors, and Active Living.

### Province unveils plan for midwifery students to finish program

Staff

The University of Manitoba has entered into a memorandum of understanding with McMaster University to offer admission to its Midwifery Education Program to students who have successfully completed the first year of Manitoba's Midwifery Program.

"This new partnership will ensure the midwifery students in Manitoba who have already invested significant time and effort toward their studies can complete their coursework uninterrupted," Education and Training Minister Ian Wishart said in a release last week. "We are proud to follow through on a commitment that was made and I commend our partners for their hard work in reaching this resolution, which will help meet the growing demand for midwives in our province."

Established in 1993, the Ontario Midwifery Education Program is the oldest midwifery program in Canada. Students will be enrolled into the second year of the Midwifery Education Program at McMaster University and receive credits for courses taken that meet equivalency requirements. Students will be offered a modified fall

term so they can complete the courses required by the Ontario Midwifery Education Program to move into clinical midwifery placements. The program will be delivered in Manitoba.

"McMaster University Midwifery Program is delighted to be working with the University of Manitoba and the Manitoba government on this innovative educational program," said Dr. Eileen Hutton, assistant dean, midwifery, and professor of obstetrics and gynecology at McMaster University. "This collaboration will build on McMaster's expertise in midwifery education and support the growth of midwifery in Manitoba."

Students will continue their studies at the U of M as McMaster transfer students, taking classes and labs with qualified U of M midwifery instructors, participating in distance learning with their fellow McMaster classmates and completing their clinical rotations in Manitoba communities.

"We're very pleased with our homegrown solution, which will allow current midwifery students to continue to live, work and study in Winnipeg and, during clinical placements, serve patients in remote and rural communities across Manitoba,"

said Dr. Beverly O'Connell, dean, college of nursing, Rady faculty of health sciences, University of Manitoba. "This bodes well for meeting the midwifery needs of women and families around the province."

Midwifery is a regulated health profession in Manitoba. Midwives care for women and newborns in communities, homes, clinics, birth centres and hospitals. Manitoba midwives work throughout the province, including northern and rural areas.

NDP health critic Matt Wiebe said they have been calling on the government to ensure midwifery programming continues in Manitoba.

"It is positive that the PC government is now alert to the need for immediate action to ensure courses continue in the fall,"Wiebe said in a statement last week. "However, we are uncertain what this means for Northern partnerships.

"We are hopeful that the announcement ... meets the needs of students, though we are unaware whether any of the students were notified of these new plans."

# SDOPES& recreation INSIDE > OUTSIDE > UPSIDE DOWN

### **Falcons fly past Thunder**

#### By Brian Bowman

The Interlake Thunder had a rough start to their Midget Football League of Manitoba season.

Interlake was defeated 36-0 by the Falcons Football Club on Saturday in Winnipeg. The Falcons jumped out to a 21-0 halftime lead.

"It was a really weird game," said Thunder head coach Kris Johnston. "I thought, at times, our boys played really, really well and I thought there were times when the other team was struggling against us on offence and defence."

The Thunder, though, simply made way too many mistakes to win a football game. In fact, Interlake turned the ball over multiple times which quickly turned around field position in the Falcons' favour.

"From a football experience standpoint, they made us pay for those mistakes," Johnston said. "They capitalized on our mistakes and, in numerous cases, it cost us points."

Defensively, the Thunder was outstanding on first downs but, oddly,

struggled when the Falcons' found themselves in second-and-long situations. Many of the Falcons' points, said Johnston, were the result of turn-

On offence, the Thunder, at times, moved the ball well with sustained drives. Interlake did a real good job running the ball as it was led by Colton Nedotiafko's 57 yards on eight

Justin Suitters rushed the ball five times for 26 yards while quarterback Dominyck Fredette had 17 yards on two carries.

"Overall, our ability to run the ball and control the line of scrimmage was good," Johnston said.

In the other MFLM game played last Saturday, the St. Vital Mustangs bucked the Sunrise Covotes 72-13.

The Thunder will host those same Coyotes this Saturday at 3:30 p.m. at the Selkirk Rec Complex. In the other Midget game, the Falcons will visit the Southwest Wolves.

Johnston admitted this Saturday's home game is a big one early in the



**EXPRESS PHOTO BY LANA MEIER** 

Colton Nedotiafko (33) of Fraserwood is brought down on the play after moving the ball forward.

season for his club.

"I really think with this team, every game is winnable," said the Thunder head coach. "It's just a matter of us as coaches putting these guys in situations to be successful."

### Team Interlake medaling at the Summer Games

#### By Brian Bowman

Team Interlake was in fifth place in the medal standings as of Tuesday morning at the 2016 Power Smart Manitoba Summer Games in Stein-

Interlake had won eight medals, which included two gold, a silver, and five bronze.

Alex Chester of Woodlands won gold in the 200-metre Midget girls' race while Brayden Wiebe of Selkirk was tops in the Bantam boys' high

Arborg's Brenna Baryliski took second in the Midget female shot put while individual bronze medals were won by Asha Gurney, Ben Kelly and Laine Vandersteen.

East Selkirk's Gurney was third in the Midget girls' 80m hurdles while East Selkirk's Kelly won a bronze in the Midget boys' javelin.

Fisher Branch's Vandersteen, meanwhile, placed third in the Midget female shot put.

Team Interlake also captured bronze medals in both the Midget and Bantam female medley relay races.

The Interlake Bantam team consisted of Rofiat Badmos (no residence given on the Summer Games website), Jessica Hossack (Petersfield), Brooke Wadge (Stonewall), and Hailey Witko (Selkirk).

The Interlake Midget contingent featured Chester, Taryn Jackson (Stonewall), Cienna Palmer (Clandeboye), and Anna Sternat (East Selkirk).

At press time Tuesday, Central was the medal leader with 17 (six gold, five silver, and six bronze), followed by Winnipeg Blue (6-3-5-14), Winnipeg Gold (6-5-2-13), Eastman (2-4-3-9), Interlake (2-2-5-8), Parkland (0-4-3-7), Westman (2-1-0-3), and Norman

Action for the Power Smart Manitoba Summer Games continues until Saturday.



**EXPRESS PHOTO BY DEBBIE GOODMAN** 

Team Interlake wins silver medals in Midget girls long jump with a combined score. Pictured left to right, Grace Goodman of Woodlands, Asha Gurney of East Selkirk and Brenna Barylski of Arborg.

"IT'S BEEN A

**FRUSTRATING** 

SAY THE LEAST

**BUT WHEN YOU** 

WIN, YOU WIN.

IT WAS A REAL

GOOD WIN."

**SEASON TO** 

# Spotside > OUTSIDE > UPSIDE DOWN

### Drad wins Quick Sixteen at Interlake Dragway

By Brian Bowman

The Quick Sixteen pitted the 16 fastest drag racing cars in Manitoba together at the Interlake Dragway in Gimli recently.

And when it was all said and done, Fraser Drad was the fastest of them all.

"That was awesome," said Drad, 27, last Friday afternoon. "I was on top of the world and I still am."

Drad raced in two categories — the Quick Sixteen and the Pro ET Box up — and, at the end of the day, he was the big winner. He claimed first place in the Quick Sixteen and made it three rounds in the Pro ET Box.

Drivers had to qualify for the Quick Sixteen and it was a very busy day of racing for

the Drad family. Fraser ended up going 13 rounds throughout the hectic—and humid—day.

Fraser raced his father, Brian's, 37 blown alcohol Fiat which ran consistently in the 7.6 second range while averaging 174 miles per hour.

"We had trouble keeping the car cool, the driver cool, and me cool," Brian recalled. "I've never done 13 rounds before. At the end of the day,

we were totally exhausted."

Brian was obviously proud of how well his son raced on that day.

"Anytime you win a race, you're happy," Brian said. "This year has been a horrible season for all of the races because we've been rained out so damn

much out there.

"It's been a frustrating season to say the least but when you win, you win. It was a real good win. He was happy and I was happy."

As fast as 174 mph (280 km) is, Fraser noted that the car has run faster before but was limited to the hot and mugginess of the air.

"It ran great," Fraser stressed. "It was perfect, absolutely phenomenal on the weekend. It did its job and we left the track in one piece."

Fraser has won some other races in the past but none as big as the Quick Sixteen. He hopes to continue his success at some upcoming events.

Fraser gave high praise to the work his father did on the car.

"I can't thank him enough," Fraser said, noting they will be back in Gimli racing again this weekend. "Without him, none of this would be possible. There's too much to focus on when



**EXPRESS PHOTO BY NANCY DRAD** 

Fraser Drad, left, raced in the Quick Sixteen and the Pro ET Box at the Interlake Dragway in Gimli last month, claiming first place in the Quick Sixteen.

you're driving the car, so you need a rock-solid mechanic in the pit — and that's my dad."

Brian, meanwhile, wanted to thank his wife, Nancy, for her support during the crazily busy day of racing.

He also wanted to graciously thank

his sponsors — Big Block Auto & Farm Supply, Interstate Batteries, Jet Equipment & Tools, Lucas Oils, Nemco Resources Ltd, Fel-Pro Gaskets, NGK Spark Plugs and Dave's Sign Spot — for all of their support.

### Interlake 1-1 in boys' baseball after Day 1 of Summer Games

By Brian Bowman

Interlake was 1-1 in 14U boys' baseball after Monday's first day of competition at the 2016 Power Smart Manitoba Summer Games in Steinbach.

The local squad began play with a convincing 13-2 win over Parkland but then was edged 9-8 by Eastman.

"We hit a lot of balls (against Parkland)," said Interlake co-coach Darrell Humeniuk Monday evening. "We can hit the ball fairly well."

Stonewall's Hunter Olson and Liam Proven each pitched well for the Interlake against Parkland.

The one-run loss to Eastman was a tough one, however, for the Interlake. Interlake scored six runs in the top of the fourth but quickly gave all of those runs back in the bottom half of the inning.

"We walked a couple of guys (against Eastman) and it cost us," said Humeniuk, a Stonewall resident. "We match up pretty well against Eastman and it's going to be unfortunate that one of us won't advance to the medal round.

"And we probably should (advance)

because we have two of the stronger teams in the competition."

Tyler Smith of St. Andrews and Davis Fenske of Stonewall also had strong games on the mound in Game 2.

"We still have all of our pitchers intact, which is a good thing," said Humeniuk. "We're still in good shape."

Offensively, the Interlake had several players hitting the ball well on Monday. Austin Adair of Arborg, particularly, had a "couple of good hits" on Day 1, according to Humeniuk

The other local player on the team included Lundar's Connor Bindle.

Interlake played Eastman and Parkland again Tuesday but no scores were available at press time. Humeniuk expected his club would have to win both games to advance to the medal round of the Games.

"We have to go now," he stressed. "We don't have the comfort of (being (2-0) ... so we'll have to win out (on Tuesday)."

The playoffs began Tuesday evening and wrapped up Wednesday.

### **Bandura first-round leader at Summer Games**

### By Brian Bowman

Selkirk's Brady Bandura fired a 72 to lead all golfers in the 15-and-under male division during Monday's first round at the 2016 Power Smart Manitoba Summer Games in Steinbach.

Bandura's Interlake teammates Adam Ingram of West St. Paul shot an 81, followed by East St. Paul's Noah Johnstone (90) and West St. Paul's Brent Ingram (93).

In the team competition, Interlake was in third place after the first round with a 243 total. That was behind only Team Winnipeg Gold (228) and Team Winnipeg Blue (242).

Day 2 of the 36-hole competition was played Tuesday but no results were known at press time.

On the girls' 17-and-under side, Lexie Kopp of Matlock had the Interlake's low round on Monday after carding

She was followed by Interlake teammates Reece Carter of St. Andrews (87), Dayna Dubnicoff of West St. Paul (91), and Mikyla Albert of Selkirk (95).

Rebecca Kuik of Winnipeg Gold was the first-round leader after firing an impressive 73. That was one stroke better than Westman's Bobbi Uhl.

Interlake was third in the team competition after the first round with a

170. Team Westman led after Day 1 with a 155, seven strokes better than Team Winnipeg Gold.

East Selkirk's Lorrin-Jeanne Baker, meanwhile, competed for Team Parkland and shot 130 on Monday. As a team, Parkland was fifth out of five teams after combining for a 268.

### Interlake winless after first day of boys' basketball

#### By Brian Bowman

At the 2016 Power Smart Manitoba Summer Games, every team is a very talented one.

Team Interlake found that out the hard way Monday in 16U boys' basketball action.

Interlake was 0-2 after losing 69-39 to Parkland and then 66-40 to Norman.

"We're 0-2 but we've played great," said Interlake co-coach Marc Morelli Tuesday morning. "There is no easy team here."

Interlake trailed by 15 points to Parkland at the half before the winners pulled away in the fourth quarter, said Morelli.

"Parkland is now a top-four team," Morelli noted. "They're now going to the medal round. Hats off to Parkland, they beat us."

Carl Leblanc of St. Andrews led the Interlake in scoring with 14 points while Jacob McCutcheon of Grosse Isle had eight.

In the 26-point loss to Norman, Morelli, once again, thought his team played well while everybody on the squad saw playing time. Interlake trailed by just 11 points at the break.

"It was a pretty good game," he said. "I thought we played a little bit better and the guys are a fantastic group. They are very upbeat and a positive group."

Morelli felt Alex Unrau from Selkirk played a great game against Norman.

"He probably scored 10 points and had no fouls and a bunch of rebounds," Morelli noted. "He had some tough matchups against their bigger guys. I thought he was great in the second game."

Colton Gibson of Grosse Isle also played well, said Morelli.

Interlake played Team Central Tuesday afternoon but no score was available at press time.

The Interlake 16U male roster also includes Justyn Cassan (Argyle), Braeden Floyd (Arborg), Matthew Foreman (East Selkirk), Brett Maclaren (Lockport), Joshua McDonald (St. Clements), Adam Minaker (Warren), and Ryan Peltz (Warren),

The other Interlake coach is Stuart McDonald of East Selkirk while the team manager is Jakob McDonald from St. Clements.

### Annual 170-km bike ride raises MS awareness

### 27th Biking to the Viking Aug. 20-21

### By Kaitlin Vitt

Manitobans are coming together to raise money for multiple sclerosis research and programming.

The 27th annual Biking to the Viking takes place Aug. 20-21. Participants will ride the 170-kilometre route from Stonewall to Gimli and then back to Stonewall.

As of Aug. 8, the team from Crystal Spring Hutterite Colony has raised the most money online. Team members have raised \$17,500.

Crystal Spring Team members raised this much money by donating money themselves and connecting with businesses and other colonies, said Ethan Hofer, one member from the team.

"You can see that it's an event that's about supporting people with MS and supporting that whole togetherness because there is all kinds of people and all kind of bikes and all kinds of faces there, which is really great,"

The team has been riding in the event for years, but Hofer has participated only for a few. He hasn't completed the full ride yet, since it's been rained out the years he has attended.

"It's been fun every time, even with the weather," he said. "There's a lot of spirit going on there, so to speak."

Hofer has participated in other rides, but this is the largest one he's been in.

"It's very inspiring," he said. "It gives you great energy just to be with that many riders."

So far, 464 people have registered to

Crystal Spring Team members aren't riding for someone in particular, but they think it's a good cause to support, Hofer said.

The team's top fundraiser, and the overall top online fundraiser, is Jonathan Kleinsasser. He's raised \$8,500. Kleinsasser is in his 70s and has many connections, which helps the team raise so much money, Hofer said.

The event's fundraising goal is \$480,000. Money raised goes toward MS research and services, like fitness and social programs for people with the disease, said Ilona Niemczyk, director of development for Manitoba's division of the MS Society of Canada.

The country with the highest rate of



**EXPRESS PHOTO COURTESY OF ETHAN HOFER** 

The team from Crystal Spring Hutterite Colony, pictured at 2014's Biking to the Viking, has raised \$17,500 for multiple sclerosis research and programming.

MS in the world is Canada, according to the MS Society of Canada website.

"It's definitely Canada's disease," Niemczyk said. "I think people realize that until a cure is found, that it's our job to keep going and fundraise."

People can cheer on the riders at the new start line at Stonewall Collegiate Institute at 8 a.m. on the Saturday or can go to a rest stop along the route.

The route has changed this year, partly to help with the flow of traffic from Quarry Days, which is on the same weekend, Niemczyk said.

Riders this year will go down highways 67, 8 and 9.

People can look at the route's map, donate or sign up to ride or volunteer at msbike.ca.

# get inspired > MEAL IDEAS

### Thai Breakfast Soup



2 cups (500 mL) chicken stock

1 cup (250 mL) water

2 tsp (10 mL) freshly grated ginger root

1 shallot, minced

1 to 2 inch (5 cm) piece of lemon grass, whole\*

½ cup (125 mL) thinly sliced carrot 1 cup (250 mL) cooked rice

½ cup (125 mL) diced, cooked pork or chicken

1 tsp (5 mL) fish sauce

1 tsp (5 mL) fresh cilantro, finely diced

1 green onion, sliced

\*use the juice of ½ a lemon if you can't find lemon grass

Directions

In a medium pot bring the stock and water to a boil. Reduce heat to medium. Add the ginger, shallot, lemon grass and carrot. Simmer for 10 minutes.

Add the rice, pork or chicken and fish sauce. Simmer for 10 minutes. Remove and discard the lemon grass.

Add the cilantro and green onions and serve immediately.

### Beef With Ginger and Black Mushrooms



8 medium, dried black mushrooms

10 ounces beef tenderloin or top sirloin, sliced diagonally across the grain in 1/4-inch slices

1/2 teaspoon all-purpose cornstarch

1/4 teaspoon white pepper

1 teaspoon plus 2 tablespoons

high-heat cooking oil, divided 2 teaspoons soy sauce, divided

1 garlic clove, minced1 tablespoon minced galangal

or fresh ginger

1 fresh hot red or green chili,
preferably Thai (deseeded if you

prefer less heat), finely sliced
2 teaspoons fish sauce (nam
pla)

1 teaspoon oyster sauce

1 teaspoon palm or brown sugar

Thai or Italian basil leaves,

cut into thin shreds/threads for garnish

1. Soak the mushrooms in warm water until soft, about 30 minutes. Rinse in warm water and drain. Remove and discard stems and cut the caps in 1/2-inch pieces. Set aside.

2. Toss the beef with the all-purpose cornstarch, pepper, 1 teaspoon oil, and 1 teaspoon soy sauce. Cover for 10 minutes at room temperature.

3. Heat 1 tablespoon of the oil in a wok or skillet over medium-high heat. Add the beef and stir-fry until the beef is brown, about 3 minutes. Remove the beef from the pan and set aside.

4. Heat the remaining oil in the wok or skillet over medium-high heat. Add the garlic, garlangal and chili to the wok or skillet and stir-fry until fragrant, about 30 seconds. Add the reserved beef, reserved mushrooms, fish sauce, oyster sauce, palm sugar, and remaining 1 teaspoon soy sauce. Garnish with basil leaves. Serve immediately with jasmine rice.



### **True Peacefulness Comes From Within**



Peace on Earth, It's what we all want and continue to hope for We talk about it with the same kind of longing and certainty that it won't happen as we do about winning the lottery. The impossible dream.

But maybe we're looking for it in all the wrong places. We watch the international scene and blame the political powers. We look at military spending and blame governments. Peace has not yet come because "they" haven't created it yet.

What if it's true that peace begins with us? What if it was never meant to happen "out there" until we each create it "in here", in our own hearts and in our own lives. Maybe we can't have world peace until we learn how to create inner peace. And perhaps when enough of us have created little pockets of peace in our world, the balance will begin to shift.

Maybe any conflict in our lives is an opportunity to practice peacemaking. It makes no sense to speak fervently about peace and love, or to go to church and pray for these things, and then resume an ongoing conflict. If we are having negative interactions with anyone, be it a partner, child, parent, friend or colleague, it is time to look at our own behavior, and see if there is any way we can shift the process so that there is some kind of peaceful resolution.

Anyone who is behaving negatively is likely motivated, underneath it all, by fear. It could be fear

of rejection, fear of loss, fear of being judged or somehow inadequate. We can dislike the behavior, but still have compassion for the person. If we get into labeling them as "bad", and come to see them as the "enemy", and then try to rally support from other people for our position, so they see what a bad guy this person really is, we are engaging in warlike behavior.

And once alliances are formed, it is very hard to change them. They almost assume a life of their own. This happens on the playground, in families, in neighborhoods and in the workplace. And also in the world. The pattern is the same. And If we are engaged in this pattern anywhere in our lives, then we are not really "for" peace.

So let's not talk about peace unless we really mean it. "Goodwill to all men" means goodwill towards your children, your parents, the relative you can't stand, the "idiot" up the street, the "nerd" at school and the "Jerk" at work. It means realizing that we are all human, and we are only here for a while.

If you were travelling with a tour group somewhere, you likely wouldn't get into conflict with people in the group, because, after all, you want to enjoy yourself and have a really good time. Things might bother you, but you'd brush them aside so as not to ruin the trip.

Well folks, WE are the tour group. The bus is called Earth, and the destination is Life, We've come around again to that place in the year that reminds us what it's all about. Let's see if we can really get it this time.

Peace and Love to you all. I really mean it.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books or cds, visit www.gwen. ca

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The Green Acres Art Centre Inc is a non-profit organization in Teulon, MB that provides a variety of Art programs to Teulon and surrounding areas. We are now accepting resumes for an experienced, passionate, enthusiastic, reliable

### DANCE INSTRUCTOR

for the 2016/17 year to start in September.

### The types of dance styles are:

- Ballet Jazz Tap
- Hip Hop Lyrical
- Other dance styles an asset

#### Instructor must have

- Minimum 2 years dance teaching experience
- Experience with young children, ages preschool to high school
- Must be enthusiastic to teach all ages
- Criminal and child abuse check
- · Must be able to work independently but also be a team player

Responsibilities will include creating lesson plans, maintaining an organized and positive environment for dancers and choreographing routines for Rockwood Festival of the Arts and our year-end recital.

Please send resume and cover letter to the Green Acres Art Centre Inc by no later than August 19th.

Box 545, Teulon, MB, R0C 3B0 Email:gaac@mymts.net

#### HOUSES FOR SALE

Be in your new house by fall! 1584 & 1638 sq. ft. RTMs ready for delivery. Pictures, floorplans available at wgiesbrechthomes.ca. Custom builds also available. For additional information call 204-346-3231 or email wilbert@wghomes.ca

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### **Meyers Auction**

10 am Sunday August 21, 2016 Arden, MB

Antiques & Collectables Coke Button 4' \* Furniture

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**EVERGREEN SCHOOL DIVISION** 

invites applications for the following part-time contract position:

**Families and Youth Regional Support** 

Team (FYRST) Coordinator

initiative of the key agencies that are involved with at risk youth

Working under the direction of the FYRST steering committee,

and located in the Gimli R.C.M.P. detachment, the coordinator

and families in the North East Interlake. The program's main

objectives are to identify, plan for, intervene and assist these

youth in becoming productive members of our community.

will collaborate with agency partners as a case manager/

Post-secondary training in social service delivery such

as applied counseling certificate and/or an equivalent

Experience in interviewing, coordinating, and planning for

A clear Criminal Records Check with Vulnerable Sector Check;

Child Abuse Registry Check; and Adult Abuse Registry Check

advocate for the youth clients and their families.

2 years minimum Social Services experience

combination of training and experience

youth clients and interagency groups

**Skills and Qualifications:** 

#### WANTED TO RENT

Condo/apartment/ house wanted to rent voung professional looking for a 1 bdrm. apartment/condo/ house in Gimli. Unit must contain the following: kitchen appliances. including dishwasher, ensuite laundry, parking, utilities & internet. I am a quiet, courteous individual and have no pets. Please feel free to contact me at 204-914-1293 about potential places to view.

#### LAND FOR SALE

PrairieSky Royalty Ltd. is a publiclytraded company in Calgary that acquires oil & gas fee title and royalty interests at fair market value. To receive a cash offer. call 587-293-4055 or visit www.prairiesky. com/Selling-Your-Rovalties.

### HELP WANTED

PT/FT Housekeeping-Days staff required. Call Sheri at Rockwood Motor Inn, Stonewall 204-467-

#### HELP WANTED

Round-Tuit Cleaning Services Ltd. has a permanent, part-time janitorial position in GIMLI; M-F, approximately twenty-two hours per week. Our employees are maresponsible, ture, dependable and physically fit and have an eye for detail. Possession of a clear criminal record check, a valid driver's license and a vehicle to get to and from work is necessary. Please call 204-785-3257 for application information. All training is provided. Subcontractors need not apply.

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Available Sept. 1. Successful hair salon for rent in downtown Winnipeg Beach. Steady clientele. Ph 204-389-4306, leave message.

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### WANTED

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#### **COMING EVENTS**

Experience Folk-Iorama 47! From July 31 to August 13 visit 45 pavilions and experience the largest and longest running multicultural festival in the world! folklorama.ca 1-800-665-0234.

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### HAY & FEED

Round hard core bales of alfalfa, brome & timothy. Horse & cattle hav avail. Ph 204-467-5078 or 204-461-0722.

### **Effective: ASAP** The FYRST program is a collaborative, communication and safety

### **PUBLIC NOTICE REGARDING THE 2016 FINANCIAL PLAN**

169(7) of The Municipal Act, that the Council of the R.M. of Grahamdale intends to present a proposal to loan up to a maximum of \$400,000.00 to Grahamdale Development Corporation operating as the Steep Rock Beach Park Board for the Renewal and Expansion of the Steep Rock Beach Park Campground.

Reserve established under By-Law No. 949-2007.

The Public Hearing will be held in the Moosehorn Community Hall, Railway Avenue, Moosehorn, MB on Tuesday August 23, 2016 at 7:00 **p.m.** Council will hear any person who wishes to make a representation, ask questions or register an objection to the proposed expendi-

Further information will be available for review and may be examined by any person during regular office hours at the Municipal Office or on our website at www.grahamdale.ca.

Shelly Schwitek, CMMA Chief Administrative Officer

### RURAL MUNICIPALITY OF GRAHAMDALE

### **ADDITIONAL EXPENDITURE**

PUBLIC NOTICE is hereby given pursuant to Subsections 169(6) and

The loan of \$400,000.00 is to be borne by transfer from the Lafarge

### classifieds@expressweeklynews.ca 204-467-5836

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### **EMPLOYMENT OPPORTUNITIES**

#### ARBORG BIFROST PARKS AND **RECREATION COMMISSION**

1. Facility Caretaker

2. Facility Attendant

at the ARBORG BIFROST COMMUNITY

### **CENTRE** (applications can be for one or both of

the job opportunities)

Start Date: August 2, 2016

Please Contact Recreation Office For More Information and/or send resume to: Arborg Bifrost Parks and Recreation

Box 555 Arborg, MB R0C 0A0

Fax: 204-376-5379

Email: tom.abprc@mymts.net Phone: 204-376-5576

### For more information about the position and how to apply, see www.esd.ca under Employment, Support Staff Postings. CLOSING DATE: August 23, 2016 (3:30 p.m.)

We wish to thank all applicants for their interest, however; only candidates selected for an interview will be contacted.

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#### LIQUOR LICENCE APPLICATION

PUBLIC NOTICE: 5607591 MANITOBA LTD. operating as MOOSEHORN MOTOR HOTEL at 2 FISH LINE ROAD, MOOSEHORN, MANITOBA has applied for DINING ROOM AND BEVERAGE ROOM LIQUOR SERVICE LICENCES PATIO AREA UNDER DINING ROOM LIQUOR SERVICE LICENCE AND PATIO AREA UNDER BEVERAGE ROOM LIQUOR SERVICE LICENCE to serve liquor from 9:00 A.M. TO 2:00 A.M. MONDAY TO SUNDAY, 1:00 P.M. TO 2:00 A.M. REMEMBRANCE DAY and RETAIL BEER VENDOR LICENCE to sell liquor from 8:00 A.M. TO 2:30 A.M. MONDAY TO SUNDAY, 1:00 P.M. TO 2:30 A.M. REMEMBRANCE DAY.

Citizen and community input is an important part of the application process.

If you have questions about this application, please call the Liquor and Gaming Authority of Manitoba at 204-474-5619.

If you have questions about zoning bylaws and requirements, please contact your municipality.

If you want to make a formal objection to this application, please send us your objection in writing by 4:00 p.m. 14 DAYS FOLLOWING THE PUBLICATION OF THIS ADVERTISEMENT.

You can email, mail or fax your objection. Please include your contact information.

Email: licinspect@LGAmanitoba.ca

Mail: Liquor and Gaming Authority of Manitoba P.O. Box 1023

Winnipeg, MB R3C 2X1 Fax: 204-453-5254

- We respond to all formal objections and will work to resolve objections before issuing a
- · A copy of the objection will be provided to the licence applicant.
- Each person who submits an objection will be advised in writing of the outcome of the licence application.

### ANNOUNCEMENTS

#### **CARD OF THANKS**

Our sincerest thank you to everyone who attended our bridal shower and everyone who took part but could not attend. Your generous contributions and overwhelming support were greatly appreciated and proves just how great the community of Arborg is. We would also like to thank the Shower Committee for all their planning and hard work. A special thanks to Meagan, aunts, cousins and bridesmaids and the wonderful ladies that brought baking or served and helped in other ways. Your efforts made the evening so memorable. We would also like to thank everyone who took part in our wedding social and a big thanks to our parents, family and bridal party who helped organize the event. Thank you as well to all of those who worked at the social and to those who made donations for the silent auction. It was greatly appreciated. We had a fabulous weekend.

-Whitney Fridfinnson and Klye Kauk



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### **McSherry Auction** Service Ltd **AUCTION SALE NESTOR & ROSE SMERCHANSKI**

Sat August 20th 10:00 am

Winninen Reach, MR Jct Hwy 8 & 229 West 4 1/2 es on Hwy 229 #14145E Contact # (204) 633-3327 or (204) 799-0294

Modern Tractor & Equip 02 Case IH C 50 MFWA 3PH FFI 709 Hrs 3 Vintage Tractors. Crawler & Equip \* Snow Plane \* Trailers & Yard \*

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**McSherry Auction** -Service Ltd **ESTATE OF HARRY GUMPRICH** 

Sat August 13th 10:00 am

Winnipeg, MB Jct Lagimodiere Blvd & Jct 101 Perimeter 2 Miles 1/2 Mile on Symington Rd #55069

Contact: Garry (204) 781-7992 Tractors & Crawlers \*

Equip \* Truck & Trailers Livestock Equip\* Quad \* Yard \* Tools \* Farm Misc \*Some Household

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Everything goes to the highest bidder! GX 75 John Deere Riding mower; Toro Push mower: Garden Tiller; GE Dishwasher; GE Dryer; Kenmore Washer; Bell Piano; Large Dining Room Table; Sewing Machine in cabinet; Ladder; Lawn chairs; Plastic Tarp; Mini-Workbench: Fishing Tackle: Fishing Scoop Nets: Life Vest; Camping Equipment; 3 Huge Rain Barrels; Kitchen Sink w/taps; Alcove Sink; Wardrobe; Sliding Doors; Gardening Supplies; Large Dog Transport Case; Insulated Wooden Dog House; Child's Downhill Skis, poles, boots; Child's Wooden Sled; Wooden Toboggan; Children's Toys; Antique Items; Books; Modern Encyclopedia; Gymnastic Balls; Small Trampoline; Bicycles and parts; Vinyl Records; Antique Clothes Mangle; Scrap Metal; TV large and small; TV stand; Console TV; Up-right Vacuum; Kirby Vacuum Parts; 2 Radio/Cassette Players; Antique Rexain Vacuum Cleaner; Grinder; Water Pump; Sump Pump; Water Pressure Pump; Propane Heater; Compressor; Antique Tools; Old Tools; New Tools; Chains; Garden Tools; Shop Vac; Heavy Duty : Wheelbarrow; Wooden Table; Laundry Hamper; Vertical Blinds; Bedding; Sewing Supplies; Material Fabric; Cutlery; Sets of Dishes; Canning Jars; Cake Tins; Muffin Pans; Kitchen Utensils; Misc. Dishes; Cooking Pots; Baking Pans; Wooden Breadbox; Wooden Canisters; Costco Laminate Flooring; 2 Basement Windows; Wooden Door w/ removable window & screen: Oak Finish Cupboard Doors; Carpet Ends & Underlay; Painting Supplies; Wood Boards, planks, etc., Pipes; Printers/ Fax; Briefcases; Sofa; Hide-a-bed sofa; Antique Hidea-bed; Office Chair; IKEA Kitchen Chairs; Bed Frames; Futon: China Cabinet: Shelves: Lamps: Rugs/carpets: Children's Furniture; Arm Chair; School Desk; Baby & Children's Clothing; Adult Male & Female Clothing; Shoes & Boots; Fur Coat; Hats; Butcher Block; Remington Typewriter

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Thursday Aug 18th 4:00 pm

Winnipeg, MB 608 Forbes Rd. Eldon Is Retiring From a mall Engine Repair Busine Contact: (204) 255-1196

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Rosser, MR Miles East on Hyw 221 The Go ½ Mile South on RD 4 E #65149

Sunday August 21st 10:00 am

Contact: (204) 633-5064

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