



Just Listed- Turn key business!
Woman's second hand boutique
Stonewall -
\$34,900 - Brandt



JUST LISTED!

- Can't find the right place for the right price? It's a mint and its affordable **\$134,900** - **Stony Mountain**-Matt



JUST LISTED!

Single level Retail /Office Building on Main street **Stonewall**, 1440 sq.ft, rear parking - **\$250,000** - Brandt



A Rare Find- Private gorgeous property on 1.9 acres on pavement -Mins to **Stonewall** **\$359,900**- Brandt



JUST LISTED!

Peaceful 20 acres 15 mins from Winnipeg. **Rm Of Rosser** **\$449,900**-Brandt

THE EXPRESS

VOLUME 7 EDITION 26 THURSDAY, JULY 2, 2020

WEEKLY NEWS

SERVING LUNDAR, ASHERN, ERIKSDALE, MOOSEHORN, FISHER BRANCH, RIVERTON, ARBORG, GIMLI, WINNIPEG BEACH, ARNES, MELEB, FRASERWOOD

EU2200 ITC Inverter

2200 watts
Quiet
3 year warranty
\$1299⁰⁰



EU3000is Inverter Generator

Electric Start
3 year warranty
\$2399⁰⁰



HRS2160 Mower

21" Easy Start
Side/Mulcher
3 year warranty
\$399⁰⁰



HHT25SLTC Trimmer

Straight Shaft
4 stroke
3 year warranty
\$389⁰⁰



SHACHTAY SALES & SERVICE
Arborg, MB
204-376-5233



Grand opening

EXPRESS PHOTO BY KATELYN BOULANGER

Peguis First Nation Chief Glen Hudson and council were in Selkirk on June 19 to celebrate the opening of the mall that was started two years ago by the Chief Peguis Investment Corporation. Pictured left to right, Larry Johannson (Mayor of Selkirk), James Bezan (MP for Selkirk-Interlake-Eastman), Grand Chief Arlen Dumas (Assembly of Manitoba Chiefs), Hudson and Chief Derrick Henderson (Sagkeeng First Nation). See full story on pg. 8.

> everything you need to know in your locally owned and operated community newspaper

Countryside Home
building centre



Lot 1, Hwy 17 S, Fisher Branch, MB
204-372-8501



Bylands

15% OFF SALE ON REMAINING TREES

Eriksdale family travel back in time with agricultural technique

By Sydney Lockhart

Seeding his crop with Clydesdales the old fashioned way isn't work for David Darknell; he calls it his hobby.

As a kid, Darknell always loved to be around horses any chance he could be and knew that one day when he had his own property, he wanted to own some.

He uses his horses Annette and Dawn to seed 10 acres of land where he is growing oats and sorghum this year to feed his 160 head of cattle.

The Darknell family lives in Eriksdale where David and Arlene farm and raise their two children Freya, 8, and Skuli, 2, who love being around their horses.

Darknell bought his first team of horses 16 years ago and his love for them slowly evolved into this hobby. He breaks them into saddles and then onto harnesses.

The seeder was purchased from the Amish in Ontario and the horses were bought from Saskatchewan at Hill-Topper Clydesdales.

Darknell enjoys bringing the horses

to local parades and taking people on wagon rides to experience his horses.

"I had a lady 84 or 85 send me a letter in the mail and she thanked us for letting her come and see the horses," he said.

He does not show his horses because he bought them completely for his own amusement.

It takes about four times as long to complete the 10 acres with the horses because the seeder is only eight feet long, whereas the seeder on the tractor is 18 feet long.

Darknell says it is a lot of work, but he believes it's worth it for the enjoyment he gets.

"You make a bond with them. You can put someone else up there to drive and they act up because they know it's not you up there," he said, "It seems that every day I use them, they learn something new or I learn something from them."

He says that people tell him he's going back in time instead of forward like everyone else.

This form of agriculture is less com-



EXPRESS PHOTOS BY CHERYL LAW

David Darknell uses horse power to seed 10 acres of oats and sorghum.

mon now and very few farmers besides the Amish use this technique

because it takes so much more time and effort.



It takes Darnell four times as long to sow the 10 acres with the horses with an eight-foot seeder.



Darknell filling the seeder.

New members wanted for Gimli Environmental Advisory Committee

By Becca Myskiw

Gimli Environmental Advisory Committee (GEAC) is looking for new members to turn back to old goals.

The Rural Municipality of Gimli council created the committee in 2011 to enforce bylaw No. 11-0018. The bylaw states that GEAC is to advise and make recommendations to council regarding environmental issues related to public policies, programs, projects and municipality events.

They're to have a set of priorities "that will inspire good stewardship of the natural environment within the community" for Lake Winnipeg, waste

management, water supply, energy conservation, regulation and sustainable development practices.

To do that, the GEAC is to reach out to public to plan and support projects, workshops, and to educate people.

Committee member Gail Mastin said in the recent years, they've been drifting away from their main purpose.

"We're a committee that's supposed to be dealing with the issues that's happening in Gimli," she said. "We want new members so we can get back to following exactly what [the bylaw] says."

Mastin said the committee is hoping new blood would put them back on the right path. She wants to monitor the lake again, get the community composting in their backyard, educate people on the proper chemicals to use that won't destroy the earth, and hold workshops for children and adults about being environmentally friendly.

She also wants people to take more advantage of the used oil and electronics drop-off sites in the community.

The GEAC members can be of any age. Mastin said having people of all ages will bring in ideas from all walks

of life.

"There's knowledge in young people, there's knowledge in older people and, of course, anyone in between," she said.

Mastin said it's also important to note that new members do not have to be environmentalists — there's always time to become one.

Members just have to be residents of the RM of Gimli. They hold meetings on the third Thursday of every month at the multi-purpose building in Gimli at 7 p.m. To be a part of the GEAC, you can email Mastin at gailgimli@hotmail.com or call the RM office.

Eastman Immigrant Services expands settlement services to Interlake

Submitted

It is with great honour and excitement that the Steinbach Chamber of Commerce announces the expansion of its largest program, Eastman Immigrant Services (EIS), to the Interlake Region.

Effective April 2020, EIS began offering settlement services and all programming to newcomers in this area, including the territory from Grand Rapids in the north to Ashern as the west boundary, south to Emerson at the U.S.A. border, and east along the Ontario border.

"On behalf of the board of directors at the Steinbach chamber, we are honored to continue our partnership with Eastman Immigrant Services," said Michelle Bezdity, executive director of Steinbach Chamber and EIS.

"Together, our organizations enhance the quality of life for the entire community. We celebrate this expansion and continue to look forward to our future, leading growth and connecting people."

"Servicing clients in the Eastman region, we often had newcomers come to our office for support from the Interlake area," said Gwen Reimer, program director of EIS.

"Seeing a need for services, we engaged with the Steinbach chamber board of directors and IRCC. Leading growth and connecting people are two initiatives shared by the chamber and EIS. As we expand our region and work to connect people in both regions, EIS will continue to provide services and programs that uphold these initiatives as relevant and beneficial for both newcomers in Canada and for Canada's economic growth and stability."

The primary focus of EIS is to optimize successful settlement and integration for newcomers, making the transition to a new community a positive experience, both for newcomers as well as the receiving community. EIS has welcomed an average of 200 families to our region each year for the past 10 years. This helps to provide a solid labour force from which employers can hire, increases our local consumer base, and enhances diversity in our region.

This expansion of services is in line with the vision held by the Steinbach chamber and EIS — a vision for growth as a community, economic development and stability, and relevance in its services. These services are being funded by Immigration, Refugees and Citizenship Canada.

Lee Eun Kim has been hired to oversee the settlement office in the Interlake region as settlement facilitator and settlement worker in schools



Lee Eun Kim
as part of the EIS team.

Lundar RCMP concerned over lack of calls

By Evan Matthews

Lundar RCMP have noticed a reduction in domestic violence calls, but that doesn't mean the issue has gone away.

Though the number of calls in the Coldwell area have dropped in 2020 far below the annual average, RCMP Sgt. James Munro said rates of domestic violence around the world have been on the rise amid COVID-19 public health orders (staying indoors, limiting social interaction, etc.).

"With our numbers having dropped, we're a bit concerned," said Munro, pointing to the fact that sometimes people in abusive situations don't make the call for a variety of reasons.

"We want to make sure we're on top of (the issue). We want to make sure people know how to help themselves and how friends or neighbours can help others who they believe to be in abusive situations."

Many times, people see and hear things but don't want to get involved, Munro said. Often times people will think if things get bad enough, the affected person will call the police, he said.

But that's not always the case, according to Munro. He said maybe the affected person can't get to a phone or doesn't feel it's safe for them to make the call to RCMP.

"RCMP numbers are very few when compared to the public. The public has a much better sense of what's going on in their community because they see and hear it all the time. We can't be everywhere. It's important to educate the public on what things to look for and who to call when they see something," said Munro.

He added that sometimes the affected person doesn't want the police involved. Munro also said there are other options available for such cases, like assault centres, women's shelters and medical centres.

"Domestic violence and abuse are common

when it comes to drug and alcohol use. Usually when people are sober, it's very rare or not as common," he said.

"We are getting a lot more calls to do with drug and alcohol violence, at least consistent with other years, but the domestic violence numbers are dropping. We figure if everyone is locked at home, there has to be more to this."

Closures of some shelters and reduced capacity at others had been worsening the problem, according to Lundar RCMP; however, the government's Stage 2 has helped to re-open women's shelters — now deemed as an essential service — and the federal government has now pledged \$50 million to assist assault centres, women's shelters and similar facilities in Indigenous communities throughout the crisis.

The government stated the funds are intended to implement public health recommendations to protect against an outbreak, reducing the need for service shut down.

There are many forms of violence against women, which have many potential negative health consequences for women and their children, according to RCMP.

Violence against women can result in injuries and serious physical, mental, sexual and reproductive health problems — including sexually transmitted infections, HIV and unplanned pregnancies, according to RCMP, and in extreme cases can result in death.

The effects of violence are very often long-lived, and can have an impact on a woman's well-being throughout the rest of her life.

If someone needs help, Lundar RCMP are asking the public to call emergency health services, the police, health centres or available hotlines.

But all serious calls should be called through the emergency line 204-762-5678 (Lundar) or 204-768-2324 (Ashern) or directly to 911.

www.interlake.mb.ca

ARBORG
204-376-3400

GIMLI
204-642-8501

SELKIRK
204-482-5806

*Below is a sample of our listings.
To view all listings, visit
www.interlake.mb.ca.*

ELLEN WYKA
204-376-3400

New Listing. North of Arborg, private acres, stunning family home, must be seen.

One of the nicest homes in Arborg, well bit, well maintained, gorgeous home, move in ready.

New List: Prime property, over 10 acres with the River winding through it. 3 season cottage.

KATHY MARKS
204-642-8501

Gimli-Fully serviced vacant lot. Perfect location for your new home-\$37,000

LAURENCE HUMNISKI
204-642-8501

521 Hazel Wpg. Beach New listing 3 bdrm. yr round home, upgrades galore! Dbl. lot \$233,000

24 Robinson Wpg. Beach Great location downtown. Town water/sewer Great Reno's \$239,900

30 Player Park Rd. Immaculate home and grounds! Sunroom overlooks a private oasis! \$324,800

CHRIS NEUFELD
204-641-1727

Husavik - 2 story, 3 bdrm. 2.5 bath across from beach. 2 garages. Stunning.

Gimli- 3 bdrm, full basement, garage w/in floor heat, laminates, 2 acre lot.

Gimli- 4 bdrm 3 bath. Fin basement. Pool. Garage, huge lot. Great price.

DAVE HUMNISKI
204-642-8501

12 th ave. Sandy Hook. Rare triple lot. year round, 2bed/ 2 bath. New dble garage. Offers?

Lakefront, year round, Sandy Hook. Erosion protected. Great decking!

Vesturland. 16 Tamarack. Great Family home all on one level. A must see!

JIM BOULTON
204-485-2446

30 Jayden Sierra Dr, Building Lot, Lee River \$33,900

85 Fraser Road, S St Vital home on River \$999,900

Riverfront building lot on River Road, treed, 4 acres \$224,900

Interlake Real Estate is excited to be utilizing 360° 3D Interactive Tours to market our properties. This allows us to provide the highest level of safety to our sellers, our buyers and our Realtors®.

Lakefront dreams are made of. Soaring views. Pine kit & ceilings. \$429,900
Ingrid Bennett
204-642-2089

St. Andrews 28 Acres! Home, Pool, Ponds! Potential to Subdivide for Commercial use.
Mike Juba
204-588-7967

JASMIN THEOBALD
204-642-8501

Cute as a button! 2BR Cottage in Matlock, full furnished, steps from the beach. LP\$119,988

Stunning 2BR quality home, huge kitchen, amazing view, D-Garage with WShop, LP\$279,500

Cute 2BR cottage in Winnipeg Beach, on double lot, may be sub-dividable, LP\$145,000

CINDY LITTLE
204-979-3364

703 Alverstone, Wpg 1190sf, 2 st, 2bed/2bath. Full fin bsmt. Dbl gar, fenced yd. \$186,000

LUKA KOZLOVA
204-997-7756

3-br 2-storey in River Heights Many upgrades. W-facing yard Beautiful landscaping! \$419,900

3+-br spacious yr-round house, private big lot in Traverse Bay. Close to beach! \$180,000

20 acre lot near Selkirk Access to Juniper Ln & Boundary Rd. Build your dream home! \$114,900

CRYSTAL LINE
204-232-6200

451 BIRCH STREET ARBORG 1270 sq. ft. 3 bed 2.5 bath home on desirable street.

DUNA BAY - HNAUSA - 89' of lake frontage to build your dream cottage/home.

270 ST PETER STREET - ARBORG 5 bed 1.5 bath home - large eat in kitchen.

CURIOUS ABOUT MARKET CONDITIONS?
Let us help create a strategy personalized to your needs.

Peat mine fire at Beaver Creek 'steals memories,' renews opposition to bog destruction

By Patricia Barrett

A Beaver Creek seasonal resident whose cottage was damaged from a human-caused fire that started at Sun Gro Horticulture's peat mine said he and other cottagers, whose dwellings were destroyed, are feeling "very bitter."

Barry Henry, a retired railway employee, said the damage to his cottage and the complete destruction of other cottages represent a major blow, but lasting damage was done to cottagers' shared memories.

"My children are in their 40s and 50s and have been out here since childhood. My grandchildren were actually crying when they looked at our cottage. And not only that, they looked at my neighbour's cottage — kids they played with when they were growing up," said Henry last Wednesday. "What they [Sun Gro] did is stole a whole bunch of memories from the people around here."

The heat was so intense that it melted the siding on Henry's cottage, leaving it dangling like icicles in some places.

"We lost vinyl siding on one side and windows and doors," said Henry, who's had the cottage since about 1957. "We don't know about the state of the roof. The insurance company is sending people down to check on it."

The blaze erupted June 1 at Sun Gro's mine near Beaver Creek. It jumped PR 234, the only road in and out of the peninsula along Lake Winnipeg's west shore, and headed east where it destroyed boreal forest and tore through a cottage subdivision near Beaver Creek Provincial Park, about 48 kilometres north of Riverton.

There are 52 cottages in different "blocks" that border the small park, which has about 10 camping spots, said Henry.

The cottage beside Henry's burnt to the ground, leaving behind the charred and twisted remains of appliances.

"I'm in my neighbour's yard as we speak. He's been a neighbour of mine for 42 years. His cottage was wiped out. It's been very devastating for his two daughters and two sons," said Henry. "And just two doors down, [the cottager] lost his. He just finished remodelling it and put in over \$26,000 worth of windows. He and his wife were going to retire here. Now it's nothing but rubble."

According to the provincial depart-

ment of Conservation and Climate (contacted for the June 11 *Express* story on the blaze), the fire destroyed six cottages and a shed. It damaged an additional six cottages and two sheds. The province did not provide details about the human-caused fire, nor did it acknowledge a question about whether Sun Gro would be facing penalties under its provincial operating licence.

The *Express* had also made several attempts to speak with Sun Gro's bog manager, but he did not respond to messages.

The province's FireView Map, viewed June 28, shows the human-caused blaze "under control," not "extinguished," with 479 hectares burnt.

Henry said the cottagers are "still trying to get some of the details ourselves."

There are three major peat harvesting companies in the area: Sun Gro, Sunterra and Berger. They're licensed by the province to harvest peat, said Henry. One huge clear-cut area "looks like a big ski hill."

"They drain the land, cut the peat down and then harvest it with a big vacuum-cleaner-like device and they pack it into bags and ship it off," said Henry.

The region is rich in peat, which removes nutrients from water running into Lake Winnipeg. Peat also sequesters carbon, which contributes to global warming. The boggy forested area is vital moose habitat and a number of First Nations have raised concerns about its destruction.

Peat mining releases greenhouse gases into the atmosphere. Even with post-mining "restoration," it can take about 30 years before bogs start storing those gases again, according to Nature Manitoba, and take thousands of years to re-capture all the carbon released by mining.

Henry said he was part of a coalition that opposed the peat companies a decade ago after area residents noticed an uptick in the number of mines authorized by the province to harvest peat. The coalition was made up of the Beaver Creek Cottager's Association (BCCA), the Lake Winnipeg Foundation, the Wilderness Committee and Peguis, Fisher River, Jackhead, Bloodvein, Berens River and Little Grand Rapids First Nations.

The first peat mine to come to the area was Sunterra, formerly called Gromor, he said, which got a provin-



EXPRESS PHOTOS BY KIERRA SMITH

The siding on the Henry's cottage suffered damages from the intense heat.



The cottage next to the Henrys burnt to the ground.

cial licence in 1997. "Nobody knew anything" about that.

"We fought against these peat mines back in 2010 and we lost that fight," said Henry, who is BCCA's president. "People think I'm a broken record, but we're going to raise our concerns again at our BCCA meeting (June 27). Peat is very flammable."

Peat in the Beaver Creek area burned underground for almost 15 years several decades ago, said Henry, and on the west side of PR 234, you can see a "bunch of stunted trees that are still not growing." In the wintertime, you could see steam rising up from the bog.

When asked about employment offered to locals by the mining companies, Henry said there are maybe two or three people from Matheson Island, but overall, he's not sure how many jobs were created.

"It's pretty much seasonal work [harvesting], but they do haul the peat out all year round by truck," he said. "There were big promises they were going to give everyone work."

Henry said cottagers should be compensated 100 per cent because the fire was "caused by Sun Gro."

"We never asked them to move in here. But they did and they caused all this."

Winnipeg Beach council considers re-opening community centre

By Patricia Barrett

Winnipeg Beach council is considering re-opening its community centre after the province lifted some restrictions on gathering sizes that came into effect June 21.

A provincial consultant will be looking at the facility and will make recommendations, said Deputy Mayor Pat Green during council's regular meeting June 24.

Green and Coun. Larry Banks, who was absent from the meeting, had recommended the closure of the community centre for the summer. They had made the recommendation at the time COVID cases were more frequent.

"It does appear that things are opening up now," said Green, "but there are still strict rules and guidelines. I think we feel comfortable that we can start looking at re-opening."

If they re-open, Green said they're looking at offering pickleball, boot camp (exercise class) and fibre arts. The groups using the facility would be required to come on different days so that there's no overlap.

Coun. Darryl Carry asked if re-opening "during a pandemic" should even be considered as it would pose a risk to participants and to staff.

Green said the tentative plan is to limit access to only class registrants and not permit drop-ins. Physical distancing of two metres and a cap on participant numbers will be required. The recreation director will be sanitizing balls and other surfaces. She'll be asking the director to contact the groups to see whether they're interested in participating again.

Mayor Tony Pimentel noted that the Arbog recreation centre is offering pickleball and is having people fill out a form that asks about recent travel and other questions. Participants are also required to bring their own paddles.

"The form addresses the issues with regards to COVID when people are coming into the facility," he said.

Winnipeg Beach should adopt something similar to ensure people have a clear understanding of what's expected of them and how they should behave, he said. People want to participate in recreational activities.

"When you look at Manitoba [number of COVID infections], said Pimentel, "we've done quite well."

Major outdoor events remain cancelled per the province, he added, and the town would be unable to deal with crowd control.

Other council news:

-Council denied a request for an exception under its culvert access ap-

proach policy.

A property owner had requested a permanent front driveway spanning 25 to 30 feet in width in order to move an RTM (ready to move) dwelling onto the site and remove the current dwelling.

The policy states front street access is not allowed where a back lane exists, and all accesses and approaches are limited to a maximum width of 22 feet.

Coun. Carry said he wasn't willing to contradict the bylaw.

"We have a bylaw. They can move through the front. There's no ditch so they can easily move a home there," he said. "The only time we waver is if they don't have lane access."

-With the recent spate of hot weather, the town has seen lots of visitors. And that's caused some traffic issues downtown with people parking in front of the post office.

Coun. Carry said the bylaw officer will be looking at the issue.

-Resident Jean Gendron raised the issue of council not following the advice of their CAO during last month's council meeting when a discussion about re-opening patios ensued after the province lifted some COVID-related restrictions.

"During the May 27 meeting, where there was a discussion around that, one comment was made by Coun. Carry with regard to holding special meetings and both times the CAO gave you direction that, 'No this could not be a special meeting, it had to be the next regular meeting of council,'" said Gendron.

Gendron said she then ran into a restaurant owner who told her council would in fact be holding a special meeting to deal with re-opening patios so that business owners would not have to wait.

Gendron said she contacted CAO Doreen Steg to verify the advice she had given council and also spoke with the provincial Ombudsman and Municipal Affairs department about council's failure to follow rules.

"I want to know why this council thinks it's acceptable for them to ignore not just legislation but direction from their CAO whose role it is to advise you of what the rules are and how you need to follow them?" said Gendron.

Coun. Carry said council was concerned with "saving" local



Coun. Darryl Carry



Deputy Mayor Pat Green



Resident Jean Gendron

businesses, which had taken an economic hit from COVID.

"There was more than one. We heard from several businesses, from the business community and the public saying, 'Can you do anything to help?' They were struggling," said Carry. "We felt it was important enough to make that decision and give them an opportunity to get open and potentially save their business."

-Council passed a resolution to supply a resident named A. Kutcher with paperwork pertaining to Larry Banks' culvert application.

Gendron asked council to state the reasons behind its approval of Banks' driveway and culvert. She said four cars can fit at the back of his property and there was no need to approve a front drive.

"People need to understand how this council operates when it comes to requests for variances," said Gendron, implying council showed favouritism to Banks.

Pimentel said "No," when asked by the Express if Banks had received a special favour.

"When there's a request for a front drive, it comes to council for approval and we look it. At that time, we approved it for a temporary culvert for a driveway. Once in place, he requested it remained there permanently and that was approved," said the mayor.

Coun. Carry said they also felt it was too tight a space at the back to park several cars.

Take care of details so they don't have to. *Just ask Ken.*

kl

KEN LOEHMER
FUNERAL SERVICES

55 Main St, Teulon Call 204-886-0404 or visit www.klfuneralservices.ca

Gendron and another resident, who did not identify himself, said council also disregarded a bylaw requiring that culvert to be galvanized steel.

"We had a discussion at that time about either a galvanized or a plastic culvert," said Pimentel. "We were looking at options at that time ... because plastic pipes are cheaper. And we have areas where there is not a lot of traffic, and a good base and plastic culverts work just as well. Galvanized is used for areas where there is heavier traffic."

Pimentel said they had discussed the bylaw at that time and made a recommendation to have their foreman determine which culvert would work best, but the bylaw never got changed.

The mayor said Banks had made his culvert application in 2017 before winning a seat on council in October 2018.

-Resident Guy Mercier asked several questions, including why the town's financial statements from 2018 had been so late and the reason for the delay in building the piers.

"The materials did not go in to our accountant in time," said Pimentel, referring to the financial statements.

The piers won't be erected this year. Because of the nature of the structures, physical distancing cannot be maintained, he said.

THE **Flicks** CINEMA

319 First Street E., Stonewall, MB

SHOWTIMES:
Please check individual listings
Due to various picture lengths showtimes vary

204-467-8401

PROGRAM SUBJECT TO CHANGE WITHOUT NOTICE
Cash only

CLOSED UNTIL FURTHER NOTICE

THE **EXPRESS**
WEEKLY NEWS**PUBLISHER**
Lana Meier**SALES**
Brett Mitchell**SPORTS EDITOR**
Brian Bowman**SALES**
Stephanie Oland Duncan**REPORTER/PHOTOGRAPHER**
Evan Matthews**REPORTER/PHOTOGRAPHER**
Patricia Barrett**REPORTER/PHOTOGRAPHER**
Becca Myskiw**REPORTER/PHOTOGRAPHER**
Sydney Lockhart**PRODUCTION**
Debbie Strauss**ADMINISTRATION**
Jo-Anne Procter**PRODUCTION**
Nicole Kapusta**DISTRIBUTION**
Christy Brown**ADMINISTRATION**
Corrie Sargent**ADMINISTRATION**
Allana Sawatzky

OUR SISTER PUBLICATIONS

Tribune *Stonewall Teulon*
Voice *The Winkler-Morden*
STANDARD *The Carman-Dufferin*
Selkirk Record

getheard

NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS

> Got news?

Call Evan Matthews at 204-990-9871
evan@expressweeklynews.ca

Defunding police not the answer

By Evan Matthews

When Minneapolis police officer Derek Chauvin killed George Floyd by kneeling on his neck for eight minutes and 46 seconds, the conversation about police reform and systemic racism in North America became inevitable, if it wasn't already.

In response to the Floyd killing, Minneapolis city council has moved to defund and eliminate the police department and move toward a "holistic" public safety approach.

What that will look like or mean, nobody knows just yet.

Minneapolis city council is attempting to listen to its constituents, to the protestors; it's an attempt at doing the right thing.

But is defunding the police the right thing to do?

As our June 11 editorial pointed out, things in Canada are different than they are in the U.S., yet similar. In June alone, a video surfaced of Winnipeg police brutally beating a man who was already subdued on the ground, and top RCMP brass admitted there is a belief systemic racism exists within its organization.

However, people have millions of

interactions with police in North America every day, most of which are positive. Most police, especially in reference to Canadian police, are good people. But the conversation about police reform has arrived in Canada, too.

To that point, defunding the police is not the answer to this societal issue, but maybe it's time to re-examine how police funding is spent. This could be a great place to start reform.

One example of a poor use of police funding is the militarization of police. In populous centres, we see police forces purchasing military grade equipment, such as the Winnipeg police's Gurkha tactical Armoured Rescue Vehicle (or ARV1).

In essence, it's a tank that has eight gun ports. It also cost about \$350,000.

It's no secret, according to the University of Winnipeg's associate professor of criminal justice Kevin Walby, that police in Canada — which includes RCMP — have upped training with military-style tactics in situations that involve crowd control and surveillance.

All to say, these notions of military-style policing take away from what

the police force was intended to do at its core: serve and protect; and protect the peace.

If police forces could shift spending from equipment to training and education, so many officers would be better equipped to do what is, to put it mildly, an extremely difficult job.

By teaching de-escalation methods — how to communicate effectively — police officers would be better equipped in high-stress situations, having the ability to de-stress situations by talking them out.

By teaching all officers martial arts like Jiu-jitsu, police officers would be better equipped to restrain and subdue people in non-violent ways, without weapons, when situations escalate beyond words.

While this may be an oversimplification of a very complex issue, it's a start. As a society, we need to weed out police officers with violent or racist tendencies, but we also need to better train and educate the officers we have.

Defunding — or abolishing police forces all together — is not the answer.

Measures to make life more affordable for Manitobans take effect July 1

Several key measures introduced by the Manitoba government to reduce costs for citizens and businesses will come into effect July 1, Finance Minister Scott Fielding announced last week.

"Our government is committed to making life more affordable for Manitobans, and we especially want to ensure we are supporting families

and businesses during the difficult financial times brought on by the COVID-19 pandemic," said Fielding. "Over the past months, we have introduced several measures that will take effect July 1 and save Manitobans more than \$80 million this year, at a time when they need it most."

In April, the province announced it would make home and business

property insurance more affordable by accelerating the removal of \$75 million of annual provincial sales tax (PST) from residential and business properties, effective July 1. The province estimates removing the sales tax on property insurance will save residential property owners \$38 million per year and commercial property

Continued on page 7

ADVERTISING OR PRINT CONTACT INFORMATION

Stephanie Duncan 204-461-4771
ads@stonewallteulontribune.ca

PHONE 204-467-5836

OUR EDITORIAL STAFF

Brian Bowman Sports Reporter
sports@expressweeklynews.ca

Evan Matthews - Reporter/photographer
204-990-9871 Email: evan@expressweeklynews.ca

Patricia Barrett - Reporter/photographer
Cell 204-407-6099 patricia@expressweeklynews.ca

ADDRESS

74 Patterson Drive, Stonewall Industrial Park
Box 39, Stonewall, MB R0C 2Z0

> EMAIL US

Letters to the Editor: letters@expressweeklynews.ca
Classifieds: classifieds@expressweeklynews.ca
News: news@expressweeklynews.ca
Print: igrphic@mymts.net

PAPER DELIVERY OR FLYER CONCERNS

Christy Brown, Distribution Mgr.: 204-467-5836

The Express Weekly News is published Thursdays and distributed through Canada Post to 11,396 homes. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. — Keep your dollars working at home and shop local. Our commitment to you, the reader — we connect people through stories to build stronger communities.

Advertising Deadline: Monday 4:00 pm
prior to Thursday Publication
View the Express Weekly News online at
www.expressweeklynews.ca



get informed

NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS

Manitoba's COVID-19 active cases now at 17

By Lorne Stelmach

The pandemic remains under control in Manitoba, but eight new cases over a four-day period show the COVID-19 virus is not going away.

Public health officials confirmed two new cases last Friday followed by four Saturday and then two more Monday.

Saturday's cases were two men in their 30s and one man in his 40s from the Winnipeg health region along with one man in his 30s from the Southern Health region. Monday's cases were a woman in her 20s and a man in his 30s, both from Winnipeg.

Health officials say it looks like most of these cases are related to travel or are close contacts of previously identified cases, but the investigations are ongoing.

That brings the total number of lab-confirmed positive and probable positive cases in Manitoba to 324.

As of Monday, there continue to be no individuals in hospital or intensive care. Manitoba currently has 17 active cases, 300 recoveries and seven deaths due to COVID-19.

Officials continued to stress Manitobans need to take all the necessary precautions including practising physical distancing and following public health guidelines for gatherings whether at home, the cottage or camping.

Stay home if you feel sick, practise good hand

hygiene and cover your cough, they urge. If you are travelling, remember to be COVID aware and reduce stops.

Public health orders updated last Friday including removing restrictions on travel to northern Manitoba and remote communities as well as easing self-isolation restrictions for film productions and professional sports teams from Manitoba.

It also permits individuals who are self-isolating under federal or provincial health orders to visit a family member or friend who has a life-threatening disease in a health-care facility, but only if the facility permits and they are not displaying any symptoms of COVID-19.

Meanwhile, in addition to releasing the plan for the resumption of school in the fall, the government also moved last week to temporarily ban evictions of commercial tenants during the pandemic if the landlords and tenants are eligible for the Canadian Emergency Commercial Rent Assistance (CECRA) program.

The federal government's rent relief program has been set up to have landlords apply and work with their tenants to receive rent relief. Not all landlords eligible for this funding are applying, leaving tenants without an option to stay in their current leased commercial space.

The CECRA program runs until Aug. 31. Manitoba has thus far received only 145 applications

and has paid out just \$1.5 million of the \$64 million available.

"We know this has been a tough time for many businesses, and it should not be made worse through an eviction if a business does not have the ability to pay rent on time," said Finance Minister Scott Fielding.

"It is our hope that this temporary measure will protect businesses and at the same time spark increased participation in the federally and provincially cost-shared CECRA program."

In addition, eligible Manitobans looking to return to work can now apply for up to \$2,000 in direct payments from the Manitoba Job Restart program.

The program will provide one initial payment of \$500 plus three additional bi-weekly payments for \$500 each for a total of \$2,000 over six weeks, but program participants must voluntarily stop collecting CERB or CESB support from the federal government.

"Our government believes in investing in solutions, and the solution here in Manitoba as we move forward in the COVID-19 pandemic is to help as many people get back to work safely," said Premier Brian Pallister. "As Manitoba continues to lead the country in recovery, I encourage all Manitobans to embrace the jobs that are available now as we restart our economy."

> MANITOBANS TAKE, FROM PG. 6

owners \$37 million a year.

Starting July 1, the province is reducing vehicle registration fees by 10 per cent, which is expected to save drivers \$11 million, and builds on the \$110 million in rebate cheques that Manitoba Public Insurance returned to policyholders this spring.

The minister said these measures are among several in the 2020 Tax Rollback Guarantee, introduced by the Manitoba government to make life more affordable for individuals, families and businesses.

"We want to help Manitoba taxpayers hang on to more of their hard-earned dollars, which is even more important in these challenging times brought on by the global pandemic," said Fielding.

"These measures build on other tax initiatives our government has introduced, such as reducing the PST to seven per cent from eight, indexing the basic personal allowance and personal income tax brackets, and removing PST from the preparation of wills."

Due to COVID-19, the province also extended filing deadlines for small and medium-

sized businesses with monthly remittances of no more than \$10,000 for the April, May and June sales tax and Health and Post-Secondary Education Tax Levy, commonly called the payroll tax. Fielding announced today the deadlines are now being extended through September.

He noted in April and May, the sales and payroll tax deferrals resulted in close to \$11 million in savings for Manitoba businesses.

Information on filing requirements is available at www.gov.mb.ca/finance/taxation/bulletins.html.

As the premier announced in late March, due to the unanticipated costs and reduced revenues caused by COVID-19, Manitoba has delayed its planned PST reduction to six per cent from seven and the implementation of a green levy until 2021. Both were initially planned to take effect July 1.

For a comprehensive list of Manitoba government measures related to the pandemic, visit <https://manitoba.ca/bg/2020/04/covid19.html>.

We're Open!

Beltone is here for you.

Your hearing, health and safety remains our top priority as it has for over 80 years. We are open and here for all of your hearing needs with new safety measures to keep you safe!



Personal protective equipment worn by employees and provided to all customers visiting our clinic



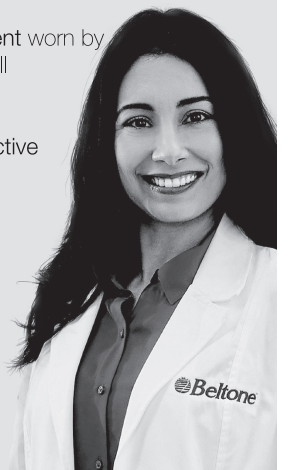
Adjusted schedules & protective shields installed to support physical distancing



Our Clinic environment is sanitized & cleaned between all appointments



Telehealth appointments now available!



Your hearing is important!

Our essential services have changed so that you don't have to delay your next hearing appointment. Call to reserve an appointment and get started on your 90 day risk free trial* of our latest technology!



90 Day RISK FREE TRIAL*

Beltone™

Call your local Beltone hearing clinic toll free at

1-855-846-3044

*See clinic for details.

Peguis-owned mall in Selkirk officially opens

Community celebrates new businesses on Manitoba Avenue

By Katelyn Boulanger

It's been nearly two years since the groundbreaking of the commercial mall at 620 Manitoba Ave. in Selkirk took place, and on June 19 Peguis First Nation chief and council came back to Selkirk to celebrate the mall's grand opening.

"I wanted to show people that we can continue to do things just like everyone else. This [also] represents our businesses and [our desire to be] able to do things that will help society, not only to help ourselves but to help society, realize things in terms of development going forward. There are many things that went into this vision and this hope and today it's a reality," said Peguis First Nation Chief Glenn Hudson.

The mall currently contains the Selkirk One Stop Gas and Convenience Store and a pharmacy, with plans to add a pain management clinic in the future.

"The last business that will be in there at the other end of the mall will be a retail cannabis store," said Alan Park, president and CEO of Chief Peguis Investment Corporation.

This project, along with a similar mall project recently celebrated in Winnipeg, is only the beginning for developments by the Chief Peguis Investment Corporation according to Hudson.

In his speech at the event, the chief was glad to celebrate the opening, saying the goal of these development projects is to have community members come together and create job opportunities.

According to Park, this mall projects should create between 35 and 50 jobs.

"It services so many needs in the community. There's no question that there's no shortage of pharmacies or gas bars but there is at this end of town and the uniqueness of the pain management service is something that our partners in Toronto provide and they have clinics like this all over Canada, but this is a first of it's kind in this area," said Park.

Park wants to let the community know that they can come to the mall and check out the new businesses there.

"We're open for business. It's a First Nations-owned business, and Peguis not only owns the mall but owns [many of the] businesses in the mall," said Park.

Mayor of Selkirk Larry Johannson was also at the opening event and was glad to see the new businesses opening in the community.

"It's a strong partnership and Selkirk and Peguis have a strong history. We have a large population of Indigenous people from Peguis in Selkirk and we're all on the same page. We all want strong economic development. We all want employment for our youth and we all want safety and security for our elders and our seniors. We all see the future here and the future is very bright," said Johannson.

He also mentioned how the addition of a clinic specializing in pain management contributes well to Selkirk's continued efforts to become a hub for medical care.

"We wanted to excel in something. We're good in commercial. We're good in housing. We're good in recreation but where we're excelling is we're becoming a medical centre of excellence. It wasn't by chance we worked hard with the provincial and



EXPRESS PHOTO BY KATELYN BOULANGER
Chief Glenn Hudson cuts the ribbon at the mall opening ceremony on June 19.

federal governments. We've got the new regional hospital here. We have private investment building across from our rec centre and this is another jewel in the crown," said Johannson.

He encourages residents to check out the new businesses in the community.

"We're all going to reap benefits from this. It's going to be an economic boom," said Johannson.



FIRE UP THE FUN FROM HOME!

Visit www.cooppromotions.com to enter!

JUNE 17 - JULY 31

WIN IT! FILL IT! GRILL IT!

ENTER TO WIN ONE OF SIX **BROIL KING BARBECUES**
RETAIL VALUE OF \$999





\$2 OFF
Next propane fill
MINIMUM 10LBS
ONLY REDEEMABLE AT ARBORG GAS BAR



PLU 7344
EXPIRES JULY 31, 2020




PROPANE

GOING CAMPING?

TANK & AUTO PROPANE AVAILABLE

ARBORG GAS BAR
204.376-2349



Minerva Ladies Aid celebrating 100 years strong

By Becca Myskiw

Minerva Ladies Aid ... 100 years strong — that's the message Christine Thorlakson Dann is trying to get across.

The group was formed on May 9, 1920. They started out as the United Farm Women of Gimli and formally changed their name to Minerva Ladies Aid in 1939.

The purpose of the group has always been to help out the community, and 100 years after starting that task, they're still doing it.

Minerva Ladies Aid looks after the Minerva Hall rentals and makes charitable donations to numerous community groups and causes.

Minerva Hall is what the group is most proud of. Men of the community first built it in 1916, but the new hall was built in 1972. Thorlakson Dann said the hall has become a family staple for many, and it feels like home.

"We all thought, 'That's our hall,'" she said.

Minerva Hall rental is low. It's \$75 for a normal rental, and with a liquor licence, it's \$150. Thorlakson Dann said she thinks that's why it's so popular — plus, it has air conditioning and it's not a large venue.

They also used to host the community's first fall supper of the year but had to stop the event as it was too much work for the small group.

Thorlakson Dann has been a member of the group for 10 years. She said they had three big events planned to celebrate their 100-year anniversary, but because of COVID-19, they've been cancelled.

The first event was going to be a tea on May 9, then a family barbecue on July long weekend, ending with the group being in the Icelandic Festival of Manitoba parade.

"So, I guess we'll do them next year as our 101," said Thorlakson Dann. "That's just the way it is."

To make up for the loss of celebrations, she's taken to Facebook to spread the anniversary word. So far, Thorlakson Dann has made three posts in the "Meanwhile in Gimli" group, each starting with "MINERVA LADIES AID...100 YEARS STRONG."

Each post outlines the group and a nugget of historical information on them.

"I didn't want people to forget about us," she said. "The posts start out 'Minerva Ladies Aid, 100 years strong' and that's what we are: 100 years strong."

The group started with 10 members and today they have 13, all of whom Thorlakson Dann said are older ladies who care about their Gimli community.

Metis Federation helps RDFC

By Evan Matthews

The Riverton and District Friendship Centre has received some help from a close ally.

RDFC is part of a larger network of friendship centres across the country, which is the largest urban Indigenous service delivery infrastructure in Canada, according to RDFC executive director Tanis Grimolfson.

RDFC is also a member of the Manitoba Association of Friendship Centres (MAC), she said.

"Every year, MAC and the Manitoba Metis Federation (MMF) sign a memorandum of understanding to celebrate the strong relationship between the organizations, and the dedication each shows to working in the best interest of the Indigenous peoples we serve," said Grimolfson.

"During the COVID-19 pandemic, our organization was invited to submit an application for assistance to MMF. Specifically, we applied for resources to purchase personal protective equipment and necessities for food hampers, which we delivered," she said, adding thanks to MMF for the aid.

The added funding allowed RDFC to adequately provide support to community members affected by the pandemic, according to Grimolfson.

More specifically, the funding ensured families didn't go hungry and that community members could access the friendship centre with the confidence in knowing staff had taken proper measures to reduce risk.

"Ultimately, the centre is doing all it can to support the community during this difficult time," said Grimolfson. "This funding allowed us to continue that."

Grimolfson declined to disclose the amount RDFC received from the MMF.

Continued on page 10



We salute the doctors, nurses and healthcare workers whose tireless efforts and sacrifice continue to save the lives of so many people.

Thank you for your courage, caring and incredible work.

Thank you to everyone working at Betel. Deepest gratitude for everything you do to keep our mom and our friends safe, happy, active and well. Much appreciated.

From a truly grateful family

Winnipeg Beach council delays decision on guest house pending more information

By Patricia Barrett

Winnipeg Beach cottage owners wanting to build a guesthouse and attached garage with a two-foot setback that's not permitted under a town bylaw asked council whether it could compromise, offering, in exchange, to improve a turning radius into their back lane.

Kyle and Jeanine Courteau attended a public hearing during council's regular meeting June 24, seeking a conditional use and a variation for their property at 116 Spruce Ave.

Council met in the community centre, ensuring the six-foot physical distancing measures required by provincial public health were in place. Coun. Larry Banks was absent.

Kyle Courteau, who said he's an architect, provided a site plan, floor plan and satellite image of his and his neighbours' properties in order to help council better visualize the intent of what he's proposing.

"Our family has been part of the Winnipeg Beach community for the past three-plus years and we've fallen in love [with the town]," said Courteau. "We just ran out of space. There's no room for toys, the kids' bikes and a little bit of extra space for friends and family to come out."

The proposal would entail a two-storey structure consisting of a double garage with a 320-square-foot guest house that would be 21 feet high, a foot above the town's maximum allowed height of 20 feet.

"We want to vary the [rear] yard from five to two [feet]. That's in line with the neighbouring property," said Courteau. "A height variance from 20 to 21 feet is really in line with the neighbouring structures, and the variance ... to the two-foot setback will give symmetry and alignment with the adjoining properties."

Courteau said a neighbour on his west side (on Spruce) has a guest house in the "same orientation" as to what he's proposing and the neighbour has voiced his support. Courteau also said he has letters of support from two additional neighbours (on Prospect).

CAO Doreen Steg read out two let-



Kyle Courteau asked council to approve a two-foot setback on his property so that he can build a guesthouse and garage. The town's bylaw only permits a five-foot setback.

ters of objection forwarded to the town. Property owners at 121 Oak Ave. are "totally opposed" to the variance and called the plan an "eyesore."

"I come to the lake to escape the city," Steg said, quoting from the letter. "I do not want to look at a two-storey monstrosity. I imagine the noise level will be increased significantly."

The other objection came from 122 Oak Ave., whose owner(s) said they have no wish to impede the Courteaus' enjoyment of their cottage, but "their enjoyment and pleasure should not be at the expense of the enjoyment of other cottage owners and residents."

The owner(s) wrote that they object to the two-foot setback in the rear yard, citing prior problems for service and emergency vehicles trying to manoeuvre down the lane.

"Our back lanes in Winnipeg Beach are extremely narrow ... setbacks are and would be problematic for large service vehicles. Restricted access poses a safety hazard," they wrote.

Citing the town's bylaw that allows only a five-foot setback, the owner(s) wrote that if council made allowances for one person, would they make them for everyone. "If so, what is the



EXPRESS PHOTOS BY PATRICIA BARRETT

Courteau's proposed design of the garage and guest house. Pictured, from left: Coun. Darryl Carry, Deputy Mayor Pat Green and Mayor Tony Pimentel.

purpose of the bylaw? Widening of the lanes at some future date would become impossible."

The owner(s) also stated they objected to the 21-foot-high guesthouse as it will block neighbours' views of Lake Winnipeg, thereby reducing property values, block out sunlight and affect all cottage owners' quality of life. "Do we want an urban centre on the edge of the lake?"

While the proposed structure would be 21 feet high, Courteau said the angle of the roof won't block the sun and that it's not a "21-foot box."

Coun. Darryl Carry said he doesn't have an issue allowing an extra foot of height, but cited years of major issues the town has had with accessing its back lanes.

"That's why a couple of councils ago we changed [the bylaw] to five feet. Our fire department has no room. Our public works department clearing snow doesn't have enough room to push snow," said Carry. "So we try to stick to the new [bylaw] of not allowing two feet."

Courteau said a portion of his property is already being used by vehicles to get down the back lane, and he'd be willing to improve that turning radius in exchange for a two-foot setback.

"If I can help increase the manoeuvrability on that turn, I would be more than happy to do so," said Courteau. "That's the compromise

I thought might be a win for everybody."

Coun. Carry called for further discussion of the issue, saying, "We put the bylaw in for a reason."

Coun. Pat Green said she loves Courteau's design but also has a problem going against the bylaw.

"I have to remember that we did put that bylaw in for a reason," said Green. "I agree, most neighbours have that two feet [setback] so it's not out of the ordinary. But we're really trying to make bylaws that improve the town. And there's no point in having bylaws if we keep approving variances."

Council asked whether Courteau could adjust his design to meet a three- or four-foot setback instead.

Courteau said he'd prefer the two-foot setback and would rather improve the turning radius on his lot to give better vehicular access to the lane. He added he's at a standstill without a decision from council.

Mayor Tony Pimentel said he'd ask public works and the fire department to have a look at the property.

"Well hold it for now and we'll call for a special meeting (before the regular meeting July 22). We'll get some more information," said the mayor. "At the same time, take a look at your design and see if you can squeeze out another foot or so and let us know if that's possible."

> RDFC, FROM PG. 9

A spokesperson for MMF said the organization has been working to help all friendship centres across the province who have asked for help, and MMF has done so by contributing funding for food banks, summer student positions, affordable housing projects, homelessness initiatives and childcare centres dating back to the beginning of the pandemic in March.

"Rest assured, your Manitoba Metis government, much like our citizens,

will emerge from this (pandemic) evolved and, in some respects, further ahead than the way we entered," said MMF president David Chartrand in his president's message.

"We are facing a new time during this COVID-19 era, and we know these are not easy times with the challenges we face. I keep in my prayers all those affected. ... MMF is working diligently on providing a new way forward, with hope."

Sigurdson celebrates 100 years and reflects on her proudest moments

By Sydney Lockhart

After years of laughter and creativity, Gudrun Helga Julia Sigurdson will turn 100 years old on July 7.

She has seen the world change before her very eyes, yet says that the time flew by and her childhood doesn't feel like it was very long ago.

Sigurdson, who was born in Manitoba and grew up in Lundar, is considered her family's first generation Canadian.

She graduated from Lundar school in 1936 and went on to St. Boniface School of Nursing when she was 19 years old.

Partway through nursing school, Sigurdson became extremely ill for nine weeks and was unable to finish her studies; therefore, she did not graduate from the program.

She then caught the travel bug and her favourite place to visit became Iceland, which she visited seven times.

"I wasn't going to live here, and I wasn't going to marry an Icelandic," she said.

That all changed in 1942 on Halloween when she married her husband Johann "Joe" Straumfjord Sigurdson. Together they raised their four children, Linda, Sandra, Johann and Lorenz.

Sigurdson has always enjoyed art and started painting watercolours when she was a child. As she got older, she discovered ceramics through an art class in town and began to specialize in ceramic Canadian geese, the symbol of Lundar.

One of her ceramic pieces was gifted to the Prime Minister of Iceland on one of his visits to Lundar.

In 1947 for the Diamond Jubilee of Lundar, she was asked to help out with an artistic piece for the parade.

"I was asked to do a dragon head and tail for a float. I papier-mâchéd it and painted it. It was a big one," said Sigurdson, "The Free Press had it on the front page. That was my first work for the community."

She also helped create the sundial monument in Lundar in 1987 which she refers to as "her baby."

For many years Sigurdson was the president of the Icelandic National League Chapter because of the love



Helga Sigurdson turns 100 years old on July 7th.



Ceramic geese that Sigurdson made as a tribute to the town she was raised in.

she has for the community she grew up in.

In 1990 she and two other women published their book of Lundar's history called *Wagons to Wings*. The trio worked on the project every afternoon for five years, reading and finding and writing historical stories from around town.

Sigurdson told the *Express* they would sit and type out the stories on a typewriter with a bowl of peppermints each day.

In her life, the number seven played a significant role since the moment she was born. It was the seventh day of the seventh month of the seventh evening hour.

Her daughter Linda says she has started writing down all the times the number seven has shown up in her mother's life. Starting with her birthday, her belonging to a family of seven, the number of times she



EXPRESS PHOTOS SUBMITTED

Sigurdson and her husband Joe with the dragon head she papier-mâchéd for the Lundar Diamond Jubilee in 1947.

has been to Iceland and many more of her life events.

At the 2019 Gimli Icelandic Festival, Sigurdson was asked to model in their fashion show.

"I was in the fashion show. Have you ever heard of a 99-year-old model?" she laughed. "I think it sounds so funny."

To celebrate her milestone birthday, her family had planned on renting a hall to celebrate, but due to the COVID-19 pandemic, it was cancelled.

"I've never gone through anything like this. The only way it can be over is by restricting all of these parties. We have to wash our hands and stay at home," she said. "I was really looking forward to having a nice gathering. Maybe I'll have my party when I'm 101."

To wish Sigurdson a happy 100th birthday, email her at helgasigurdson@icloud.com.

WAG & PURR



Tips to avoid heatstroke, sunburn or paw damage

Always check the temperature of the ground with your hand before commencing your walk. Also, check when going on to a different surface such as going from the grass to footpath. This photo shows the damage hot ground can do to a dogs paw. If the ground temperature is too hot to put your hand on, it is probably an indication that it is too hot outside for your dog anyway.

Avoid vigorous exercise and play outside on hot days. Plan to exercise them early in the morning or later in the evening when the temperature is cooler. This will also prevent sunburn. Alternatively, exercise them indoors preferably in air conditioning.

Heat-related issues are very common in the early days of the hot weather. Your dog has not had the opportunity to become acclimated to the higher temperatures. Take extra care during this period. Expose your dog hot weather over a period of days so they can adjust.

Put a white cotton t-shirt on your dog, especially if they are black or dark colored and more prone to attract heat.

Hydration is of crucial importance. Ensure you have water with you at all times when you are on your walks.

Be aware that a dog can suffer from heatstroke even if they are not involved in vigorous activity or it is not that hot. In fact, dogs can suffer from heatstroke even while swimming.

Obviously, never leave your dog in a car or any area where they cannot stay cool.



Bring your pet & this ad in to our store for a **30% Discount** on any in stock pet toy, treat, grooming tools, and tick/flea treatments

Arborg Home Hardware building centre 451 Main Street, Arborg 204-376-3090 Promotion ends July 8/20.

Dutch tugboats come to the rescue in Silver Harbour

By Patricia Barrett

Silver Harbour's marina saw a lot of Dutch tugboat traffic last Thursday when members of the Winnipeg Model Boat Club showed up.

This is the seventh year the club has been coming to Silver Harbour, about 22 kilometres north of Gimli, where members sail their radio-operated boats around the marina.

WMBC member Martin Stroud lives in the subdivision so he doesn't have far to travel. It was his idea to get the club out to Silver Harbour (after getting permission from the marina owner) because it doesn't have access to suitable places to sail.

"A bunch of old fogies like myself come out. There's nothing too serious about it. We don't race," said Stroud. "Most of the members are Winnipeggers and they like to get out of the city. They bring a lunch, chew the fat, sail their boats then go home."

Founded in 1994 by an avid group of model boat builders, the WMBC is an informal group that eschews internal combustion engines in favour of boats equipped with radio control, electric or steam.

The biggest model on the water was Stroud's seven-foot, 160-pound, built-from-scratch replica of the *Zwarte Zee*, a Dutch ocean-going tugboat used to rescue stranded vessels. It comes with a crew of 18 and a working winch that can pull other model boats. It also has sound effects such as a "ding-ding" to mimic a bell buoy and a sonorous horn that really means business.

Stroud said he hasn't "got a clue" how fast it can go. The real deal would likely travel at 20 knots.

When he was living in Ashern, Stroud said a few friends came over and one spotted a smaller model of the *Zwarte* that he had built from a kit.

"She looks at model in the case and she says, 'That's my uncle's ship!' Her uncle was one of the owners of the real ship," said Stroud. "I was just floored."

"Not by a long shot" is the tug Stroud's first model boat. He's been building them for about 30 years. He also built a replica push tug called the *American Beauty*, which worked the Mississippi River, pushing barges loaded with grain or coal.

Stroud wasn't the only club member with neato boats. Dave Smith from St. Andrews brought his 1940s-era American barrel-back pleasure boat he named *Ozzie* (after Black Sabbath's Ozzy Osbourne), which zipped merrily alongside the tug.

Smith also built a fleet of submarines. The marina, however, is not exactly sub-friendly and one of his subs had a near go a year or two back.



Ahoy mate! One of 18-strong crew on the tug.

"I just launched it and all of a sudden it started to go under," said Smith, acknowledging that, indeed, that's what a sub is supposed to do. "But on control. This one started to go on its own. And then it disappeared."

They got a rowboat and a rake and poked around the harbour to no avail. Smith thought she was a goner.

"About four days later it popped up while Geoff (the marina owner) was mowing the grass," said Smith.

They suspect it might have been weeds that got tangled in the sub's propeller.

"The weeds can wrap around the prop and a boat will stop dead," said Colin Cassidy, who brought his scratch-built modern Dutch harbour tug. "We like to run at the Duck Pond (in Winnipeg's Assiniboine Park) because it's handy, but by May, the pond weeds up."

The club will get a new weed-free sailing venue at the Red River Exhibition, he said. But they'll still have their outings to Silver Harbour.



EXPRESS PHOTOS BY PATRICIA BARRETT

Silver Harbour residents and Winnipeg Model Boat Club members cruised their radio-operated boats around the marina last Thursday. The club has been coming to Silver Harbour for about seven years after club member and resident Martin Stroud got permission from the marina owner. Front row from left: Martin Stroud and Dave Smith (displaying their boats). Middle row: Dennis and Eileen Hepples and Bob Thomas. Back row: Barry Solomon, Colin Cassidy and Bill Wersh.



Dave Smith from St. Andrews steers his barrel-back boat out of the way as the tug (shown) approaches. Smith also has a fleet of submarines



Martin Stroud secures the tug to the pier



EXPRESS PHOTO BY DAVE SMITH

Dave Smith from St. Andrews built a fleet of radio-operated submarines. This torpedo-laden sub went AWOL for four days at the bottom of Silver Harbour before rising unscathed.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Lundar to get a new baseball facility for 2021

By Evan Matthews

Lundar will have a new baseball facility next summer, and a former pro is to thank for it.

Growing up in Lundar meant playing baseball all summer long, according to Blaine Fortin, 42. Now president of Lundar's minor baseball program, Fortin is working to ensure future generations will continue the summer tradition.

"One of my goals when I took over was to get a new facility for our current and future players," said Fortin, who said this will be the last year Lundar Minor Ball plays at Drews Field and at the Lundar School.

Fortin added thanks to the Drews family for the years they contributed to the success of Lundar Minor Ball, by allowing the organization to use their facility.

"Without the (Drews), we wouldn't have minor ball in Lundar," he said.

Though the new field won't be ready

for the 2020 season, Fortin said he, along with his wife and Rory Tycoles, spent time grading the land, picking rocks and seeding the field three weeks ago.

Once the grass comes up, Fortin said they will put down the sand, construct the backstop and the home run wall, and finish up with the construction of some dugouts. He expects the new diamond to be ready for the 2021 season.

"I don't want it to just be a place our players play ball. I want it to be a place where they love to play ball, a place they want to be," said Fortin.

"We're really looking forward to having it

completed."

The new field was made possible through the Provincial Building Sustainable Communities Program, with Fortin saying the funding came through in the fall of 2019.

"I DON'T WANT IT TO JUST BE A PLACE OUR PLAYERS PLAY BALL. I WANT IT TO BE A PLACE WHERE THEY LOVE TO PLAY BALL."



EXPRESS PHOTO BY EVAN MATTHEWS

Rory Tycoles, left, and Blaine Fortin stand in front of the newly seeded field. Next to come is the sand, then the backstop and home run fence, and finally the dugouts. Expected completion is summer 2021.

The program provides a maximum provincial contribution of up to 50 per cent of the total eligible project costs to a maximum grant of \$75,000, according to the government, with the Lundar Minor Baseball Facility being approved for the maximum, up to

\$75,000.

In 2019, the Manitoba government provided more than \$6 million in grants to support 203 projects for municipalities, non-profit and commu-

Continued on page 15



Ask the Money Lady.ca

us that have worked all our lives to scratch out a living and are now retired, how could we possibly think of creating a legacy to be remembered by those that we love, when we are gone. Wouldn't it be a wonderful thing to have your grandchildren have something of real value from you that they will still have long after you have passed away? Of course, you can give them your personal mementos, photographs or antiques – but what about real monetary protection and the ability to fund large future purchases like education or their own retirement? I'm talking about participating whole life insurance for children. Now before you dismiss this idea, why not consider purchasing a policy for a grandchild? The premiums

are much more affordable providing permanent insurance at children's rates and the policy can be paid up in most cases by 10 or 20 years. Participating life policies vary by insurance provider and by province so it is best to talk to a licensed advisor for guidance. The policies offer insurance protection with the potential to grow money tax-free within legislative limits inside the policy over time, called a CSV or "cash surrender value." The premium, usually always level, is guaranteed for life at the time you purchase the policy. For some plans, the participant may even be eligible to receive dividends which can be used to pay the premiums or be added to the CSV balance creating more continuous growth over time. Cash can be accessed to fund things like education, used as future collateral to borrow against, or simply left to grow over many

years and used for family protection. Bottom line, what we want when we create a legacy is to be remembered, valued, and thought of in a loving way. When your grandchild is 50 and you are long gone; wouldn't it be nice for them to tell their advisor or banker: "I got this investment from my grandma!"

Good Luck and Best Wishes,
Money Lady

Written by Christine Ibbotson, Author of the best-selling book *"How to Retire Debt Free & Wealthy"* and a new book *Don't Panic – How to Manage your Finances and Financial Anxieties During and After the Coronavirus* available at all bookstores across Canada. **If you have a money question, please email on website: www.askthemoneylady.ca**

Dear Money Lady Readers,
Today I wanted to share some advice that I have given some of my older clients who would like to do something different for their grandchildren.

Have you ever wondered how to create a legacy? Yes, I know there are those that are ultra-rich who donate millions of dollars to hospitals and foundations and then get a research building named after them. But really, for those of

MJHL approves sanctioned summer activities

From the MJHL website

The Manitoba Junior Hockey League has announced that it is safe to return to sanctioned summer activities.

The MJHL and its 11 teams have been closely monitoring the re-opening plans for COVID-19 in Manitoba.

In early June, Hockey Canada determined that the best approach for a return to hockey in Canada is to allow each member and organization the opportunity to work with health authorities in their respective province to determine when it is safe to return to hockey activities.

With Manitoba easing restrictions and allowing indoor and outdoor sporting organized activities to operate again in a phased in and cautious approach, the MJHL has prepared Return to Play guidelines using a phased in approach.

In preparing for the MJHL RTP Guidelines, the MJHL has worked in coordination with Hockey Canada, Hockey Manitoba, Sport Manitoba and the necessary provincial health authorities.

We are excited to officially announce that the MJHL Return to Play Phase 1 guidelines have been approved by the Provincial Health Authorities – Return to Sport Review Committee and Sport Manitoba effective immediately.

“This is another exciting and important step that allows the MJHL and member teams the ability to operate as they normally would throughout the summer months,” said MJHL director of operations Kevin Saurette. “These uncertain times have necessitated specific measures to allow the MJHL and member teams the opportunity to return safely to the sport we all love.”

The MJHL RTP guidelines allow teams the opportunity to plan, promote and return to sanctioned summer activity in preparation for the upcoming season as it relates to off-ice training sessions, on-ice practice sessions, prospect camps, development camps, etc.

While following all necessary safety guidelines — players, coaches, managers, staff, training staff and medical personnel employed by, affiliated with or invited by a MJHL team or the MJHL — may attend a facility for the purposes of off-ice training activity and on-ice activity.

The guidelines are to allow the MJHL and member teams the ability to conduct summer hockey activities in preparation for the upcoming season in a modified manner. The guidelines do not permit extended contact.

The guidelines have been prepared in accordance to the Hockey Canada

Return to Hockey Safety Guidelines as they pertain to Junior Hockey. The guidelines have been prepared in accordance with recommendations of the Provincial Health Authorities.

The objective of the MJHL Return to Play Phase 1 guidelines is to demonstrate how the MJHL and its member teams plan to return to play in a safe, structured and responsible manner utilizing a phased in approach in accordance with necessary health restrictions and facility guidelines.

As a result, the following clearly defined guidelines and procedures have been recommended to ensure the safety and well-being of all participants: The health and safety for everyone involved is our No. 1 priority.

MJHL Return To Play Phase 2 guidelines will be presented in the coming days which will include our full plan for return to hockey in September. Our targeted start date for the 2020-21 season is Sept. 25.

“Fundamentally, we believe these guidelines put the MJHL, its member teams and all participants in the best position to return to sanctioned summer hockey activities in a safe and healthy manner,” Saurette said. “We look forward to MJHL Hockey returning to the province in September as we continue to work diligently with Hockey Canada, Hockey Manitoba,

Sport Manitoba and the necessary provincial health authorities.”

Floyd, Monkman win sports awards

Staff

Arborg Collegiate did not have a sports recognition day this year but two sports awards were handed out at graduation. Kylie Floyd received the Spirit of Sport Award gold level and Jessica Monkman received the Spirit of Sport Award silver level.

The Spirit of Sport Award goes to individuals that show dedication, sportsmanship, teamwork, determination and sacrifice.

The silver level is someone showing this in the gym and the classroom while the gold level goes to someone not only showing this in the gym and the classroom but also now passing on these virtues to others and helping them learn how to live with these virtues.



Kylie Floyd



Jessica Monkman

Interlake splits doubleheader with Winnipeg South

By Brian Bowman

The Interlake Blue Jays scored 19 runs against Winnipeg South in their doubleheader Sunday in Stonewall.

But that offensive outburst still only resulted in a split in the Manitoba Junior Baseball League season opener for both teams.

Winnipeg South outslugged Interlake 15-9 in Game 1 and then the Blue Jays battled back for an exciting 10-9 walk-off victory in Game 2.

“You could definitely tell it was the first time out for most of the guys,” said Blue Jays’ assistant coach James Stolar. “We were able to work through (some mistakes) and get a win in the second one.”

The Blue Jays’ Ben Anderson had the game-winning RBI, scoring Devon Cassan.

Interlake’s Noah Cnockaert-Ducharme earned the victory on the mound.

Offensively, the Blue Jays hit the ball well while Interlake pitchers did a great job throwing strikes.

“We didn’t give up many walks,” Stolar noted. “I think we had four or five walks in the day.”

The Blue Jays began practising for the season on June 8 (the first day allowed by Baseball Manitoba) and have been hitting the diamond for workouts once or twice a week.

The MJBL season will be a short one this season with each team playing 21 games in just 35 days.

“There’s lots of doubleheaders so everyone has to stay healthy with their arms,” Stolar said. “We should be alright. With these doubleheaders every week, sometimes Wednesday and Sunday, we have to keep everyone’s pitch count down just to save arms. There’s a pitch count in junior this year.”

Other doubleheader scores from last Sunday saw the Elmwood Giants beat Pembina Valley 12-2 but the Orioles came back with a 6-0 victory.

The Altona Bisons swept the St. James A’s with wins of 9-2 and 2-1 while St. Boniface split with Carillon. The Legionaires were victorious in the first game 4-0 but then the Sultans took the second game 14-2.

Interlake is back in action on Canada Day with a road doubleheader

against St. Boniface. Game times are 3 p.m. and 6 p.m.

The Blue Jays will then host the Sultans in a twinbill on Sunday. Start times are 1 p.m. and 4 p.m.

It’s a very important week for the Blue Jays early in the season.

“We have to at least try to split all of these games and all of these doubleheaders to stay around at least .500,” Stolar said.

Interlake’s roster includes six players in their final season of junior eligibility. It would have been a shame if there was no season this summer.

“It’s actually exciting to get them their final season,” Stolar said. “A month ago, it didn’t look like we were going to be playing at all, so it’s nice to see those guys get their last season in and hopefully they succeed.”

The Interlake Orioles, meanwhile, will begin their 18U “AAA” baseball season on Wednesday when they host the North Winnipeg Pirates in a doubleheader at Fines Field.

Game times are 3 p.m. and 6 p.m.

Amateur baseball is back here in Manitoba

From Baseball Manitoba's website

Baseball Manitoba is proud to report that Phase 1: Return to Training has been going well.

Signage is being delivered and hung at ballparks, sanitizing supplies are being accumulated and distributed and volunteers and players are adjusting to baseball under the new circumstances.

Local baseball volunteers are working diligently to get the season started in a safe manner. Therefore, Baseball Manitoba has decided that Phase 2: Return to Competition will be able

to resume slightly ahead of schedule. This is exciting news for those working towards playing baseball this summer.

Sanctioned baseball competitions may safely resume on Wednesday of this week.

Prior to June 24, Baseball Manitoba will be posting a Return to Play 2.0 document that will supplement our original plan and further assist baseball organizations and players returning to play in a safe and fun manner. Baseball Manitoba has created, packaged, and sent coach packages to as-

sociations throughout the province with Return to Play details for coaches and Health and Safety Coordinators. This will further ensure that details are not missed and the plan is executed by all members.

As our province adapts and adjusts to Restore Safe Services, so shall baseball. It continues to be imperative that the baseball community works collectively to deliver programming completely in line with the Return to Play document and checklists. New checklists have been uploaded to assist all members as we transition to

Return to Competition. As Practices, camps, clinics, and games happen throughout the season, these checklists will assist members with their responsibilities at each session.

"As always, the health and safety of people in sport, including players, coaches, umpires, spectators, volunteers, and the public, is of the utmost importance to Baseball Manitoba," read a statement. "We are excited to see baseball competitions resume in Manitoba and will work diligently to keep it a fun, safe environment for our members and the public."

Golf Manitoba announces tournament winners from Sunday

Staff

The 2020 Junior Bantam Championship presented by the Alex & Peggy Colonello Foundation and the City & District Championship both concluded on Sunday in Portage la Prairie.

In the junior women's Bantam event, Cala Korman of the Killarney Lakeside Golf Club took the top spot with a 36-hole score of 161 on rounds of 79 and 82.

Finishing second was Crystal Zamzow of the Swan River Golf & Country Club with a 172. Jeri Lafleche of the Clear Lake Golf Club rounded out the

top three with a 188.

In the 12-and-under junior women's division, Jewel Lafleche of the Clear Lake Golf Course finished first while her older sister Jeri Lafleche took top honours in the 13 & 14 year division.

The junior boys' overall championship needed extra holes for Mack Sanderson of the Pheasant Glen Golf Resort to earn the victory. Sanderson made a two-putt par on the second hole of a sudden-death playoff to beat Jackson Delaurier of the Dauphin Lake Golf Club. Both Sanderson and Delaurier shot a two-day score of 156.

Finishing in third place and just two shots shy of the playoff was Austin Boge of the Pine Ridge Golf Club.

In the 12 & under boys' division, Brayden Boge of the Pine Ridge Golf Club finished in first place with a 163. In the 13 & 14 division, a three-way tie for first at 158 was broken by a count-back giving Austin Boge the win.

In the women's City & District Championship, meanwhile, Greer Valquenta of the Southwood Golf & Country Club was the lone player to finish the two-day event below par to win her first City & District Champi-

onship title.

Valquenta fired rounds of 71 and 76 for a 1-under par finish. The 2018 and 2019 defending champion Charmain Mackid of the Breezy Bend Country Club and Marissa Naylor of the Pine Ridge Golf Club finished in a tie for second at 162.

A new forward tee division was added to this event for 2020. Taking the inaugural top spot in that division was the Carman Golf & Curling Club's Kathy Adams.

Manitoba Baseball Hall of Fame induction ceremony postponed to 2021

Staff

The Manitoba Baseball Hall of Fame induction ceremony scheduled for this fall has been postponed to 2021.

"At a board of directors meeting on June 10, it was decided that the Oct. 3, 2020 date for the induction ceremonies and banquet was surrounded by too many uncertainties and the event needed to be postponed until June, 2021," read a statement on Baseball

Manitoba's website.

"The board extends their apologies for any inconveniences that this postponement may cause."

Presently, June 19, 2021, is the suggested date for the induction ceremony of this year's Inductees.

"Please note that only those scheduled for 2020 induction will be inducted at that time. Updates will follow as more information becomes available."

Future inductees

Even though COVID-19 has affected us in many ways our organization is committed to continuing to honour deserving people via induction. Please take note of the following announcement:

Nomination Committee Announcement

The Manitoba Baseball Hall of Fame is inviting nominations for inductions

for 2022. Categories for induction include individuals, major club teams, minor club teams and a special category for teams or individuals. Details of induction criteria can be found on the Manitoba Baseball Hall of Fame website or by contacting Murray Zuk at murzuk@mts.net.

Gimli Minor Hockey

ANNUAL GENERAL MEETING

July 15, 2020

at 7:00 pm

Gimli Rec Centre

Everyone is welcome to attend

Please contact 204-641-0708 for any questions

> LUNDAR, FROM PG. 13

nity-led organizations across the province, according to a press release.

Fortin's career

Not only will Lundar ball players have access to a high-level facility, but they will continue to be coached by Fortin, who had success as a baseball player himself.

Fortin was drafted in the sixth round of the 1995 Major League Baseball draft to the Toronto Blue Jays, and played a season for the Jays' Gulf Coast League affiliate as a right fielder, first baseman, but mostly as a catcher.

In his time on the GCL Blue Jays, Fortin caught for some pitchers, maybe most notably, Roy "Doc" Halladay.

"I was fortunate to catch for a few Cy Young Award winners. Frank Viola, Roger Clemens, Chris Carpenter, Doc Halladay and Pat Hentgen," said Fortin. The Cy Young Award is given annually to the best pitchers in Major League Baseball, one each for the American League (AL) and National League (NL).

"It was pretty cool. It would've been nice to catch them in an MLB game," he said, laughing.

Fortin's pursuit of the major leagues came to an end with a knee injury, he said.

He later appeared in games for the St. Catharines Stompers (New York-Pennsylvania League), Medicine Hat Blue Jays (Pioneer League), and the Winnipeg Goldeyes (Northern League, now the American Association of Independent Professional Baseball).

Classifieds

THE **EXPRESS**
WEEKLY NEWS

Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca

Arborg Bifrost Parks & Recreation Commission

Employment Opportunity

Position: Facility Manager
Permanent year round position
Closing date: July 15, 2020
Commencement date: To be determined,
no later than September 1, 2020
Salary: Commensurate with experience.

The Arborg Bifrost Parks & Recreation Commission is a municipal organization servicing the Town of Arborg, Municipality of Bifrost-Riverton, and central portion of the Interlake. The Recreation Commission offers diverse programming and activities throughout the year and operates the following facilities in Arborg: arena, outdoor aquatic centre, curling rink, community centre, parks, baseball and soccer fields.

Qualifications:

- The ideal candidate will possess a valid Power Engineers Certificate / Arena Operators Certificate. Consideration may be given to a suitable candidate willing to obtain the above qualifications.
- Outdoor pool maintenance certificate (or similar) or willingness and ability to obtain same.
- Diverse knowledge and experience in maintenance including but not limited to carpentry, electrical, plumbing and mechanical.
- Experience in operating and maintaining equipment such as ice resurfer, curling ice scraper, lawn mowers, tractor, trimmers, power and hand tools.
- Knowledge and experience in the making and maintenance of arena and curling ice.
- Excellent written and oral communication skills with the proven ability to effectively communicate in dealings with the general public and co-workers.
- Ability to work independently with minimal supervision.

Desired: Proven experience in working in arena, pool, and other recreational facility environments.
First Aid and CPR training.

Conditions of Employment:

- Must be legally entitled to work in Canada
- Must possess and maintain a valid Manitoba drivers' licence.
- Must be physically fit and capable of performing duties as assigned including heavy lifting of 50 pounds.
- Must be willing and able to work days, evenings, weekends and statutory holidays as required in order to allow maximum use of facilities.
- Must be able to work outdoors in all weather conditions and in an arena environment.
- Must consent to and provide a satisfactory criminal records and child abuse registry check.

Duties:

Under the direction of the Arborg Bifrost Parks & Recreation Commission, the Facility Manager will report directly to the Manager of Recreational Services. The candidate will ensure the safe and efficient operation of all recreation facilities (arena, aquatic centre, curling rink, community centre, baseball and soccer fields, and community parks, and ensure that all equipment is maintained and inspected for effective and efficient operation. Effective and respectful communication skills with spectators, coaches, players, staff and the general public is paramount.
Monthly reporting of facility operations and conditions to the Arborg Bifrost Parks & Recreation Commission Board of Directors shall be required.

A probationary period of 6 months shall be established for this position.
Apply to: Arborg Bifrost Parks & Recreation Commission
Box 555, Arborg Manitoba, R0C 0A0
Attention: Selection Committee

For further information, contact Tom Chwaliboga
- Manager of Recreational Services at 204-376-5576
or by email at tom.abprc@mymts.net.

When applying, please include a cover letter, resume detailing educational and prior job experience, along with three (3) relevant references, along with their contact information, as well as salary expectations. ABPRC thanks all who apply, and advises that only those selected for personal interviews will be contacted.

SCRAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

Buyer for all farmyard scrap, any autos, appliances. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

ESTATE SALE

Estate sale - Sat. & Sun., July 4 & 5 from 8 a.m. - 4 p.m. each day. 103081 46 Trebino Trail, Sandy Hook.



Power Builder Advertising WORKS!

- GET SEEN by over 340,000 Manitoba Homes!
- Use your LOGO!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$339.00 (includes 45 lines of space)
- The ads blanket the province and run in MCNA's 41 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at 204.947.1691 or email classified@mcna.com

www.mcna.com

HELP WANTED

Like working with wood and working close to home? 204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Please call 204-344-5404 for details.

MISCELLANEOUS

What are you waiting for? Advertise your business now in the MB Community Newspapers! Make the most of the Summer month\$. Don't delay. Each week our blanket classifieds could be helping your company get noticed in over 340,000 homes! It's AFFORDABLE and it's a great way to increase and connect with your future customers. For as little as \$189 + GST, get your important messaging out! Call us at 204-467-5836 to book or email classified@mcna.com for details. MCNA 204-947-1691. www.mcna.com

MISCELLANEOUS

Trailers, Truckbeds & Tires. Full repair and safeties. Vehicle parts, tires & wheels. Vehicle & trailer parts & batteries. Sales, Financing & Leasing. Kaldeck Truck & Trailer Inc. Hwy #1, MacGregor, MB. 1-888-685-3127. www.kaldecktrailers.com

NOTICES

Do you have a Press Release/Media advisory that needs to go out? Let us help you with that! Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information, or email classified@mcna.com for details. www.mcna.com

THE **EXPRESS**
WEEKLY NEWS
204-467-5836



Interlake Women's Resource Centre Inc. Invitation to Tender

The Interlake Women's Resource Centre is seeking quotations for indoor renovations to the reception area of our Centre. A job Specifications package may be picked up as of Friday, June 26, 2020 between 9:30am-3:30pm Monday - Friday at the IWRC. 87-5th Avenue, Gimli, MB
Deadline for quote consideration is 4:00pm Monday July 13th, 2020.

Riverdale Place Workshop Inc. REQUIRES A

RECYCLING SUPERVISOR

Monday to Friday 8:30 am to 4:30 pm to assist participants at sorting recycling and a casual recycling driver when needed. Benefit plan & pension plan provided, First Aid and C.P.R. provided. A Criminal Record Check & Adult Abuse Check required. Job description available at the workshop.

Please drop off resume or send to
Alex Janower, Manager
Riverdale Place Workshop Inc.
Box 609 Arborg, MB R0C 0A0
Tel: 204-376-5584
Fax 204-376-5584
email riverdalew@mymts.net

FARMLAND FOR SALE

Farmland for sale - SE-16-24-2E RM of Bifrost, 157 acres cultivated. Offers. Phone 204-750-2281.

HAY WANTED

Wanted 5-700 reasonably priced round bales or standing hay within 50 miles of Silver. Will haul off field, smaller quantities welcome. Please phone 204-376-5692 leave a message.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & car-

tilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkbranch@mymts.net

NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF: AXEL JON MELSTED, late of the R.M. of Gimli, in Manitoba, Deceased. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, 72A Centre Street, P.O. Box 6500, Gimli, Manitoba, R0C 1B0, on or before the 10th day of August, 2020. DATED at Gimli, Manitoba, this 8th day of July, 2020.
BAKER LAW CORPORATION
SOLICITORS FOR THE EXECUTORS
Attention: Grant D. Baker



Interlake Women's Resource Centre Inc. is seeking a Contract Cleaner

The Interlake Women's Resource Centre is seeking a contract cleaner for our office space located at 87-5th Avenue Gimli on a bi-weekly basis. Cleaning must take place after 4:00pm. References required. Please submit your interest by emailing: iwrc2@mymts.net or by calling 204-642-8264.

Deadline for consideration is 4:00pm Friday July 10th, 2020

Gimli Seniors Resource Council Inc. Summer Student Employment Urban/Hometown Green Team Gimli Manitoba

Full-Time Employment - Seasonal
Monday through Friday
Weekly hours: 37.5 hrs.
July through to August 2020

The duties are intended only as illustration of the various types of work that may be performed. Required to work well with other staff to perform duties such as meal preparation, assemble takeout containers for meal delivery to our seniors, provide activities to seniors in the housing units in Gimli area and develop and post regularly to Facebook page.

Required to understand and follow instructions, safety procedures, work independently and be reliable.

Qualified Candidates: Submit resume and cover letter to:

Urban/Hometown Green Team
Gimli Seniors Resource Council Inc.
Box 1928 Gimli, Manitoba R0C 1B0
Email: gsrc@mymts.net

THE EXPRESS
WEEKLY NEWS

Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca

RM of Fisher

SE 4-26-1E (154.5 acres)
NW 3-26-1E (160 acres)
SW 3-26-1E (160 acres)
Direct inquires or offers to:

**Phone 204-372-6902 or
message at 204-442-0215**



Box 280, Fisher Branch, MB, R0C 0Z0
Tel: 204-372-6393, Fax: 204-372-8470

Fisher Branch, MB. R0C 0Z0
Phone: (204) 372-6393 Fax: (204)372-8470
Email: fishercao@mymts.net



**Please send resume to
admin@narrowssunsetlodge.com
or call lrv 204-981-2831.**

Tony Pimentel
Mayor
Town of Winnipeg Beach



Box 280, Fisher Branch, MB, R0C 0Z0
Tel: 204-372-6393, Fax: 204-372-8470

RM of Fisher
Box 280, Fisher Branch, MB R0C 0Z0
Fax: 204-372-8470
Email: fishercao@mymts.net

The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-467-5836

**Call 204-372-6902 or
message at 204-442-0215**

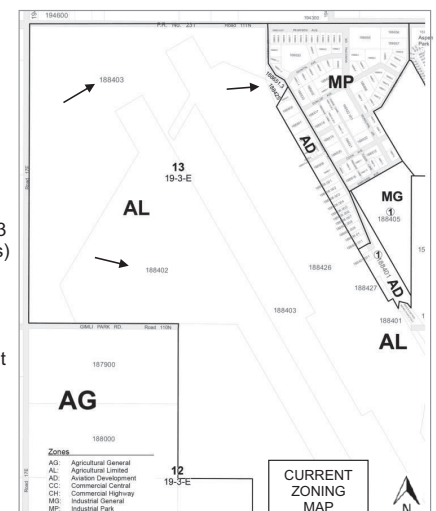


**Interlake
Graphics**
*For all your printing
and publishing needs*

office@fehrscabinets.com
204-746-2223

Expert Help:
204-453-5372

Please Note: E.I.P.D. recommends that property owner's notify lessee/renter if applicable.



Manitoba Government Job Opportunities

Journeyman Carpenter

52 Weeks, Non-seasonal Departmental
Manitoba Conservation and Climate, Hecla/Grindstone Provincial Park, MB
Advertisement Number: 36402
Closing Date: July 13, 2020
Salary Range: \$53,071.00 - \$60,689.00 per year

The Manitoba government recognizes the importance of building an exemplary public service reflective of the citizens it serves, where diverse abilities, backgrounds, cultures, identities, languages and perspectives drives a high standard of service and innovation.

The Manitoba government supports equitable employment practices and promotes representation of designated groups (women, Indigenous people, persons with disabilities, visible minorities). Employment Equity is a factor in selection for this competition. Consideration will be given to women, Indigenous people, persons with disabilities, visible minorities

Qualifications:

Essential:

- Experience in carpentry maintenance and repairing buildings and outdoor infrastructure.
- Strong interpersonal skills with the ability to work cooperatively in a team environment.
- Experience in new construction including interpreting blueprints and estimating costs and materials for construction projects.
- Demonstrated ability to apply techniques of the carpentry trade, including concrete form work, framing, and finishing.
- Experience operating and maintaining equipment, power tools, and hand tools used in the carpentry trade.
- Good working knowledge of the Manitoba Building Code and Fire Code.
- Ability to work independently with minimal supervision.
- Experience supervising staff including providing direction and managing quality of work.

Desired:

- Experience and / or training in Workplace Safety and Health safe work practices.

Conditions of Employment:

- Must be legally entitled to work in Canada.
- Must possess and maintain a valid Manitoba full stage Manitoba class 5 driver's licence.
- Must possess a valid Interprovincial Journeyman Carpentry Licence.
- Must be physically capable of performing all the duties of the position, including lifting up to 50lbs. and working outdoors for extended periods of time under various weather conditions.
- Must be able to work weekends, overtime, and statutory holidays as required.

For more information please visit our website at www.manitoba.ca/govjobs

Duties:

This is a professional Journeyman Carpenter position. Under the direction and accountable to the Park Works Supervisor, or designate, the incumbent is responsible for planning, designing, ordering materials, and general repair of all structures in Hecla/Grindstone, Beaver Creek and Lake St George Provincial Parks. The Journeyman Carpenter must be able to, read blueprints and construct new buildings. The incumbent will be responsible for the renovation and maintenance of 11 historic buildings and 19 vacation cabins. The Journeyman Carpenter must be able to supervise and instruct apprentices, labourers and other assistants on construction projects. The incumbent must have journeyman carpentry skills and must be able to operate all power and hand tools of the trade.

Apply to:

Advertisement No. 36402
Manitoba Civil Service Commission
Service Centre 2
Human Resource Services
360-1395 Ellice Avenue
Winnipeg, MB, R3G 3P2
Phone: 204-945-3001
Fax: 204-948-2841
Email: govjobs@gov.mb.ca

Applicants may request reasonable accommodation related to the materials or activities used throughout the selection process.

When applying to this position, please indicate the advertisement number and position title in the subject line and/or body of your email. Your cover letter, resumé and/or application must clearly indicate how you meet the qualifications.

Please be advised that job competitions may be grieved and appealed. Should a selection grievance be filed, information from the competition file will be provided to the grievor's representative or the grievor, if unrepresented. Personal information irrelevant to the grievance and other information protected under legislation will be redacted.

We thank all who apply and advise that only those selected for further consideration will be contacted.

Find out about other current job opportunities — click on the Jobs button at manitoba.ca.

People. Purpose. Progress.

manitoba.ca/govjobs



Any personal information provided including employment equity declarations will be used for employment and/or statistical purposes and is protected by The Freedom of Information and Protection of Privacy Act.

Alternate formats available upon request

Integrity Post Frame Buildings

SINCE 2008

Built with
Concrete Posts
Barns, Shops,
Riding Arenas,
Machine Sheds
and More

sales@
Integritybuilt.com
1-204-596-8620
www.
Integritybuilt.com

McSherry Auction

12 Patterson Dr.
Stonewall, MB

Online Timed Auctions
@ iCollector.com

Estate & Moving*
Consignment*
On Site Auctions

Watch the Website!

(204) 467-1858 or
(204) 886-7027
www.mcsherryauction.com

Online Auction Sale For the Estate of Nick Samorodny West St. Paul, MB

ONLINE BIDDING OPENS

Sunday, June 28, 2020 at 10:00 a.m.

BIDDING CLOSES

Thursday, July 16, 2020 at 1:00 p.m.

To register: www.apro.bid.com

July 13 – 15, 2020

*Previewing available by appointment
(unless prior arrangements have been made)
Call Kyle @ (204) 770-2275*

**Auctioneer's Note: Some Tractors/
Machinery/Trailers/Shop/Horse Equip.**

For more info: Call Buddy at (204) 768-2669

Bergner Auction Service, Ashern
Lorne (Buddy) Bergner, Auctioneer

Ph: (204) 768-2669/ Fax: (204) 768-3237

Email: bergnauct@mymts.net

www.globalauctionguide.com

Classifieds

EXPRESS
WEEKLY NEWS

Book Your
Classified Ad Today -
Call 467-5836 or
Email classifieds@expressweeklynews.ca

McSherry Auction Service Ltd

**ONLINE TIMED
AUCTION
DERRICK & CORI
TUMAK**

Ending July 16th @ 9 PM

Lac Du Bonnet, MB
214 Hansen Rd
Contact # (204) 345-3333
Viewing Saturday
July 11, 2020, 9AM – 5 PM
or By Appointment
Email: mcsherry@mymts.net
Buyer's Fee 5%

Featuring: 09 Dodge 2500
H.D. SLT 4 x4 Dsl Cumming
6.7 Fresh Safety, 98, 500 KM
* 86 Corvette 5th Generation
5.7L, 104,420 KM * Kubota
ZD-1211 Mower Zero Turn,
Dsl, Air Ride Seat, 60" Cut
136 Hours * Asphalt Packer *
Good Tools * Tow Truck Haul-
ing Items * Acreage Items
* Automotive Parts * Older
Tractors * Horse Saddles &
Tack *

Stuart McSherry, Stonewall, MB
(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

MOBILE HOMES FOR SALE (Flood Evacuee Residences)

At the Riviera Campground at Fairford, MB

Recently vacated

- 1975 - 12'x64' General with peaked roof & 8'x8' porch
- 1975 - 14'x68' peaked roof & 12'x14' insulated porch
- 1976 - 14'x68' Lockport, with 6'x6' porch
- 1975 - 14'x56' Viscount with 8'x16' insulated porch
- NEWER - 16'x66' with good peaked roof & cathedral ceiling. Guttled

Prices range from \$6,000 - \$9,000 OBO.

Viewing by appointment call evenings 204-659-5248

Position Title: Production Line Worker
Location: Teulon, Manitoba
Emp. Type: Seasonal



Line Workers are responsible for their as-
signed duties. This position will focus in the
areas of the live receiving, evisceration, packaging and
shipping processes
Employees will perform duties in accordance with industry
specific regulations.

COVID-19:

Policies have been implemented for the safety of our
employees and to prevent the spread of Covid-19 such
as: - employee health screening, assigned PPE, monitor-
ing, testing and reporting programs for the potential of
infectious diseases.

PRIMARY DUTIES AND RESPONSIBILITIES: Ability to
work in a fast-paced environment. Ability to work with
knives (knife experience is an asset). Ability to pull and lift
up to 30lbs. Ability to inspect (attention to details). Ability
to work with moving product. Ability to stand for long
periods of time. Manual dexterity (hands and wrists).
Repetitive movements. Maintain positive labour relations.
Other duties as assigned
No experience necessary. On-site training provided
Environmental; Work environment has variable tempera-
tures. Ability to withstand loud noises.

Thank you to all applicants. Only those selected for an
interview will be contacted. Applicants may be subject to a
background check.

Announcements



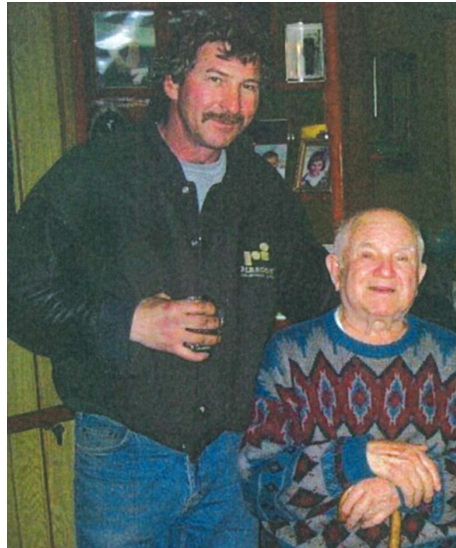
Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca

ANNIVERSARY



July 4, 2020
Happy 50th Anniversary
Donald and Peggy Vigfusson
Your love is a beautiful example of a
blessed life together!
-Love your family xoxo

IN MEMORIAM



Victor Krupnik
March 30, 1965 to July 2, 2010
On July 2, 2010 of a tragic accident,
God placed Vic's hard working hands to rest
into eternal peace in heaven.
Vic was a jack of all trades, and a master of
all. He restored the family farm and cottage
from top to bottom. He'd been good to
everyone and never complained of the toils
of work.

-Greatly missed,
never forgotten,
brother Ed

**BOOK YOUR
ANNOUNCEMENT TODAY**
THE EXPRESS
WEEKLY NEWS
Call 467-5836

OBITUARY



Frank William Chittick

It is with overwhelming sadness that we announce the passing of Frank Chittick, beloved husband, father and grandfather on June 23, 2020.

Frank was predeceased by his father Floyd 1985, mother Irma 2018, grandson Cameron 2018.

Left to cherish his memory are his wife, Carolyn; children, Scot (Betty), Sandy (Quinton), Kayla (Mathew) and Doug; granddaughter Sybrenia (Jeremy); siblings Brian (Sharon), Marvin (Joan), and Marlene. He will also be greatly missed by his nieces and nephews and very beloved extended family members that touched his life over the years.

Frank was born in Melfort, Saskatchewan on March 29, 1947. His family moved to Winnipeg when he was four years old but he kept strong ties to Saskatchewan as he wore his Saskatchewan Roughriders hat and T-shirt amongst all his Blue Bomber Fan friends.

Frank loved cars and driving and that led to a lengthy career as a long distance truck driver and heavy equipment operator. He travelled all over the United States and Canada making lots of friends and was always there to lend a helping hand whenever needed. In 2004 he realized his lifelong dream of owning an acreage in the country just outside of Winnipeg Beach. In 2006 he decided to give up the long distance driving and went to work for Eddies Gravel in Winnipeg Beach. During the winter we spent a couple of years in Yuma, Arizona where he realized another lifelong dream and was able to attend a NASCAR race with his son Scot in Phoenix. In the last couple of years we travelled to the East Coast of Canada and the West Coast of Canada so he could say he had seen both oceans.

Cremation has taken place, a graveside service will be held in the coming weeks for friends and family.

In lieu of flowers donations can be made to any charity that is close to your heart.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Alexander Donald Vallance

Peacefully, on Sunday, June 28, 2020 at the Betel Home, Gimli, MB, Alex Vallance, aged 85 years passed away.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



Biz Cards *Get the Best Deal!*

SHERLOCK TREE REMOVAL
Pruning • Stump Grinding • Chipper
Licensed Arborists
Fully Insured - Claim Free
30 years Experience
Vince 861-0487
Darren 861-0028

Stephen's Handyman Service

Journeyman Carpenter
Licensed Electrician
Plumber & Gas Fitter
Seniors Discounts
204-647-4919

JEFF'S PLUMBING SERVICES INC.

• RESIDENTIAL • COMMERCIAL
HNAUSA, MANITOBA
For All Your Plumbing & Repair Needs
- ROTOR ROOTER SERVICES -
• Sewer Camera Cell: 204-485-4227
JEFF FLETT jeffsplumbing1@gmail.com

INTERLAKE INSULATORS

BALMORAL, MANITOBA
• Spray Foam
• Blow In
FREE ESTIMATES
Brent Meyers
204-461-4669
interlake_insulators@hotmail.com
SPRAY FOAM SPECIALISTS

LAKESIDE LAW CORPORATION
NICOLE PHILP
LAWYER AND NOTARY PUBLIC
Ph: 204.642.9111 Fax: 204-642.9140
Email: nikki@lakesidelaw.ca
LAKESIDELAW.CA 109-94 1st Ave. • Gimli MB

SUMMER BATTERY SALE on now
Some of the best prices in the Interlake.
GARDEN TRACTOR BATTERY
\$38.95 ea for 250 CCA with exchange.
311 Main Street, Arborg
allelec@mts.net 376-5003

GNU STUCCO and ACRYLIC
Pargings • Garages • Paper & Wire
New & Re-Stucco Repair Work
204-206-0276
FREE ESTIMATES
Teulon, MB

GIMLI VETERINARY SERVICES
70 Centre Street
Gimli, MB
ROC 1B0
204-642-8398
lmtvet@mts.net

GOETZ SIDING
• 5" Eavestrough • Soffit/Fascia
• Custom Cladding
(204)223-7740 goetzsiding@gmail.com

CONVENIENCE

Grocery • Drinks • Snacks
• Coffee to Go • Ice • Firewood
• Fireworks • ATM • Greeting Cards
• Newspapers • Books • Pet Food
• Toys & more
SNACKS • LOTTO
20088 First Ave,
Sandy Hook
OPEN YEAR ROUND 7 DAYS A WEEK

PharmaChoice LUNDAR
You have QUESTIONS, We have ANSWERS!
• Prescriptions • Liquor Store
• Home Health Care Aids
• Snacks and more!
Advice for Life
LUNDAR PHARMACY 204-762-5431
18 Main St., Lundar

Glass Specialists Construction
• Sealed Units
• Flat Glass
• Mirrors
• Laminated
• Tempered
• Plexi/Lexan
• Windows & Doors
• Siding
• Custom Cladding
• Decks
• Construction/Renovations
19046 Ukrainian Park Road
Camp Morton, MB
204 376 5177
204 642 2980
Intglass@mymts.net

WE DO IT ALL!
• Window Coverings by HunterDouglas
• Floor Coverings • Countertops
• Cabinetry by Kitchen Craft & More!
Mon-Fri 9am-5pm
Hwy #9 & Colville Dr., Gimli
(204) 642-8585
www.thehomestoregimli.com

NEW VALLEY ROOFING
Serving The Interlake
For all your roofing needs. FREE estimates.
Henry Reimer 204-642-2551
henry.reimer@newvalleyroofing.com
BP & IKO Certified Roofer www.newvalleyroofing.com

CONCRETE GRAVE COVERS & GRANITE MEMORIALS
• Re-leveling of existing granite memorials & grave covers
• Removal of unwanted concrete
Doug Stewart Concrete & Granite Memorials
204-385-2095 dkstewart70@gmail.com
Gladstone, MB

ALICE ROOFING LTD.
Complete Roofing Service
• Residential
• Agricultural
Licensed & Insured
www.aliceroofing.ca 204-757-9092

DEALER DAY SPECIALS

FS 38
GAS TRIMMER
27.2 CC • 0.65 KW • 4.2 KG/9.2 LB ①



SAVE \$30
\$169⁹⁵
MSRP \$199.95

FS 40 C-E
GAS TRIMMER
27.2 CC • 0.70 KW • 4.5 KG/9.9 LB ①



SAVE \$20
\$229⁹⁵
MSRP \$249.95

FS 56 RC-E
GAS BRUSHCUTTER
27.2 CC • 0.80 KW • 4.8 KG/10.6 LB ①



SAVE \$20
\$279⁹⁵
MSRP \$299.95

FS 91 R
GAS BRUSHCUTTER
28.4 CC • 0.95 KW • 5.5 KG/12.1 LB ①



SAVE \$30
\$449⁹⁵
MSRP \$479.95

Dealers may sell for less. Pricing on all chain saws and blowers will remain in effect until June 30, 2020. Pricing on all other power tools and accessories will remain in effect until July 31, 2020. Illustrations and descriptions are as accurate as known at the time of publication and are subject to change without notice. STIHL Limited is not responsible for a printing error, the local STIHL Dealer has the final authority to set product pricing. Pricing valid at participating dealers only.
① Weight without fuel.

| [STIHLCANADA](https://www.stihlcanada.com)

[WWW.STIHL.CA](https://www.stihl.ca)



STIHL

SHACHTAY
SALES & SERVICE LTD.
www.shachtay.com

204-376-5233
Arborg, Manitoba
Family Owned
Servicing the Interlake for 54 Years!