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WEEKLY NEWS

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Art for art's sake

EXPRESS PHOTO BY MARNEY BLUNT

Grade 9 student Morgan Melnychuk with some of her artwork that she has been working on since February. Melnychuk, a first-time art student, displayed her artwork during the ACI/RCI Art Show at the Bridge Youth Drop-In Centre in Arborg last Friday. See story page 2.

Gimli bans dogs on the beach, boardwalk and grass

By Marney Blunt

The air was a little tense during the Gimli council meeting last week as council approved a bylaw that bans dogs from Gimli Beach.

It was a packed house with standing room only in the council chambers to hear Sandy Hook cottager and Winnipeg comedian Jason Beck make a delegation during the meeting. However, this topic was no joke.

Beck spoke in opposition to the RM's decision to ban dogs from Gimli Beach, which includes the sand, the boardwalk and the grassed area behind the boardwalk. Beck says he's been walking a dog on the Gimli boardwalk for 44 years, and he doesn't want to lose that right.

"This is not representative of the wishes of the community. It's going to significantly hurt the business community and discrimi-

Continued on page 4

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Arborg and Riverton students showcase their art

By Marney Blunt

If you took a walk through the Bridge Youth Drop-In Centre in Arborg last Friday, you probably would have thought you were looking at art-work with years and years of experience behind it.

But those in attendance were pleasantly surprised to find out that it was from some very talented art students from Arborg Collegiate Institute (ACI) and Riverton Collegiate Institute (RCI) who have been working on their masterpieces since February.

Last Friday, the art students from both schools showcased their work to the public during an art show at the Youth Drop-In Centre. Much like other optional courses such as band, choral, woodwork and metals, art classes are offered to students from both Riverton and Arborg together under the instruction of ACI teacher Rachel Orbanski.

The students presented over 100 pieces of art in several different mediums and themes at the art show.

"I definitely allow students a lot of creative freedom when it comes to their art work," said Orbanski. "We do workshops where I guide them with specific tasks and techniques on how to use certain mediums. So I'll teach them to use a medium, but they can do whatever they like on it within guidelines of school appropriateness."

Some students blended colours with ink and watercolour painting or combined the two while others did intricate drawings with pencil.

"Every two weeks we switch mediums. We cover acrylic paint for a couple weeks and we also cover charcoal



Grade 9 student Dayna Paull stands with four of her pieces that she created this term. EXPRESS PHOTOS BY MARNEY BLUNT

and we teach charcoal-reduction style where they erase some of the picture," explained Orbanski.

"I always allow them to do a free project. Their final project is a medium of their choice. No restrictions."

One student even made a human sculpture out of packing-tape.

"You wrap your body part by part in the packing tape," explained Orbanski. "Sticky side up first and then sticky



Grade 10 student Lexi Orbanski with her deer sculpture, which is mostly made out of paper.

side down and you cut it off as you go and then you reassemble it after it's off and you put body parts together after."

Orbanski says that she couldn't have been more impressed with the calibre of art work her students produced this year.

"Every year it's getting better and better and better."

Orbanski was so impressed this year that she entered a few students and

their art in the Interlake Juried Art show. Grade 10 student Sarah Jensen even took home the People's Choice Award at the Interlake Juried Art Show for her acrylic painting titled Dancer.

Grade 10 student Devin Sieben also won an honorable mention at the show for his charcoal, "Sherlock Holmes."

"Everyone was super excited about that," said Orbanski.

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Moosehorn principal puckers up to kiss a cow

By Jeff Ward

Making good on a bargain for a good cause, the principal of Alf Cuthbert School in Moosehorn puckered up and planted one on a cow named Star.

Principal Alann Fraser had to kiss a cow on the lips after her students read for more than 45,000 minutes during the month of February.

Fraser bet her students that if they together read more than 30,000 total minutes during "I Love to Read Month" in February that she would pucker up and kiss a cow. Her students took that high mark and smashed it, reading 45,348 total minutes.

"I figured they would reach it," said Fraser, who is proud of her students for achieving such a high number of minutes during the shortest month of the year.

"Last year they threw a pie in my face for reaching their goal, so I knew that the opportunity to do something even more embarrassing would be enough to spur them into action."

And it was, with the approximate 90 students at Alf Cuthbert reading nearly 756 total hours in one month.

There were three milestones for the students. After 25,000 minutes

of reading, they were awarded a free period of phys-ed; after 30,000 minutes, Fraser would kiss a cow; and after 50,000 minutes, the entire student body would enjoy a movie viewing and popcorn.

Fraser mentions there's only two things she won't allow the students to do and that is cut her hair or make her wear a dress to school. But nearly anything else, within reason, she would agree to.

"I usually give the Grade 7 and 8 students the ability to make a list of things they'd want to see me do. I don't make the decision. And, really, the small amount of embarrassment is worth seeing the numbers of minutes read climb so high. It's all about literacy," said Fraser.

Students are able to read at home. The minutes read have to be logged by a parent, and the material they read can be anything they choose. Newspaper, magazines or even comic books are all eligible. As Fraser said, it's all about literacy, so if students are reading, that's good enough.

The cow kissing took place on Wednesday, June 10, and Helen and Jen Jermy of Spruce Ridge Stock Farm



PHOTO COURTESY OF CARRIE GRANBERG

Moosehorn's principal Alann Fraser had to kiss a cow after her students read for more than 30,000 minutes during "I Love to Read" month.

provided the cow, which was a retired show cow. Samantha Kopp, a Grade 4 student, applied the lipstick for the big moment.

Fraser explained that the big moment was over before she realized it and was thankful they wiped the cow's nose clean before the kiss.

Watch for the Pharmasave flyer in the Express starting on July 2nd!

The advertisement is split into two horizontal sections. The top section, labeled 'PHARMASAVE THEN' in white text on a black background, shows a small, single-story building with a sign that says 'Viking PHARMACY'. A small black car is parked in front. The bottom section, labeled 'PHARMASAVE NOW' in white text on a black background, shows a much larger, modern two-story building with multiple 'PHARMASAVE' signs. Several cars are parked in front. The text 'How We've Grown!' is written in a script font between the two images.



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Gimli council has approved a controversial bylaw that will ban dogs from Gimli Beach and boardwalk

Continued from page 1

notes against both local and visiting dog owners," said Beck to the packed council chambers on June 10.

Beck said when dogs were banned from the beach a couple years ago, he thought it was a fair compromise. But when he recently found out that it included the boardwalk and the grassed area behind the boardwalk, he thought the RM had crossed the line.

"What bothers me is if that had been made public two years ago, people such as myself could have challenged it. It could have been an election issue even," said Beck, who also created the Facebook page "I Support Dogs on the Gimli Boardwalk," which has received over 1,200 likes.

Beck presented council with a petition of over 730 signatures from locals and tourists who wish to keep walking their canine companions on the Gimli boardwalk. Beck also attended the council meeting with Stefan Tergesen, the owner of the popular H.P. Tergesen & Sons store, who had another petition with 90 signatures from business owners in the community who wish to keep dogs on the Gimli boardwalk.

Beck also worries that dogs will be the ones to suffer if dog owners leave their pets in the car while they are at the beach.

"I've noticed dogs in cars just in the last few weeks since the ban started,"

he said.

A bylaw banning dogs from the Gimli boardwalk is not going to stop bad dog owners, Beck pointed out.

"They sneak on the beach. They let their dog do their business on the beach. They let their dog run around loose and bite people," said Beck. "I think the issue is enforcement and making sure that those bad dog owners are caught and that they don't cross onto the beach."

Beck requested three things of council: that the dog ban be revoked im-

mediately; that in the bylaw they physically define what the beach is; and that they start a volunteer committee with dog owners and members of council to enforce the rules and keep the irresponsible dog owners off the beach.

Coun. Danny Luprypa questioned Beck on how he feels about dogs intimidating children and adults.

"I've also had a lot of calls supporting the ban," said Luprypa.

"Sure there are. There's always going to be one in 10. That is the parent's responsibility," Beck replied. "They have 80 per cent of the beach area (sand) to get away from them."

Mayor Randy Woroniuk mentioned a case where a woman was bit in the thigh by a leashed dog last summer.

"I had a woman come to me from walking along the boardwalk last year and a leashed dog by an irresponsible dog owner bit her in the thigh," said Woroniuk. "I've had mothers come to me and complain that they're washing dog feces off their children's feet

**"I PERSONALLY
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DOGS BEYOND
HUMAN BEINGS."**



EXPRESS PHOTO SUPPLIED BY JASON BECK

Dogs like Tazzy, owned by Jason Beck, will no longer be allowed on the Gimli Beach following a 3-2 vote at the Gimli council meeting last Wednesday. The beach area includes the sand, the boardwalk and the grass behind the boardwalk.

— again, irresponsible dog owners. There are people for whatever reason, cultural, psychological, who are uncomfortable with dogs."

Woroniuk also said he disagrees that it's the responsibility of the parent to keep the child away from the dog.

"I take severe exception to that comment that it's the parent's and the child's fault," said Woroniuk.

"Children don't know (what the dog is like). How do you respond to those people whose enjoyment of the boardwalk and the green area is diminished because of these things?"

Luprypa also mentioned dangerous parasites that humans can contract from dog feces.

"I personally will never place the importance of dogs beyond human beings," said Luprypa.

Coun. Richard Petrowski received a round of applause from the audience

after stating that he agreed with everything Beck said in his presentation.

Council passed a motion to define the Gimli Beach as the area from the main docks to Barney Thomas Drive, from Lake Winnipeg to the east boundary of the parking lot, which would include the sand, the boardwalk and the grassed area. The motion passed with a 3-2 vote, banning dogs from the entire area.

Mayor Woroniuk and councillors Peiluck and Luprypa voted in favour of the motion, while councillors Petrowski and Palson voted in opposition.

The meeting ended with an upset crowd leaving and yelling comments at council, including "We want a new council" and "What is democracy?" One woman said, "If anyone sees a dog locked in the car, phone the RCMP."

ESD reverses decision to allow Bible distribution in schools

School board votes to allow Bibles in Evergreen School Division

By Marney Blunt

The Evergreen School Division Board of Trustees has reversed their decision to allow Gideon Bible distribution in schools in Arborg, Gimli, Riverton and Winnipeg Beach.

During the May 6 meeting, the school board defeated a motion to distribute Bibles to Grade 5 students on a voluntary basis in a 4-3 vote. However, trustees Diana Auer and Sandra Davey were absent from that meeting,

so at the following meeting, the motion was resent.

"In the meantime, the board had received of couple letters of correspondence of concern regarding their decision," said Paul Cuthbert, superintendent of the Evergreen School Division.

The Interlake Gideon Chapter requested an appeal on the board's decision and made a presentation to the school board during their June 3

meeting. The chapter presented a rationale on why parents and children should have the option to receive Bibles in school.

Following the presentation, the issue was tabled and the board passed a motion to allow the distribution of Bibles in school in a 7-1 vote.

"I am speculating here, but in terms of some of the trustees who changed their position on this, maybe they had a more clear understanding of the process by which the Bibles are being distributed," explained Cuthbert.

Students must have parental permission to receive the Bibles, and

the Bibles must be distributed after school hours or during noon hour.

"So it would be on a voluntary basis (and) the school would have to receive parental permission forms in order for the distribution to occur," noted Cuthbert.

"So I think that in the end, they respected the fact that parents have the right to make a decision on what they feel is in the best interest of their child. I think that's primarily the reason the decision was changed."

Cuthbert says he hasn't received any feedback from parents after the school board reversed their decision.

Workshop helping youth shine up job resume

By Marney Blunt

The start of summer means the start of a variety of programs for children and youth and the beginning of the hunt for a summer job.

The Interlake Municipal Recreation Association, in partnership with Children and Youth Opportunities, is once again offering a fun and interactive two-day workshop that can help get youth to shine up their resumes and get ready for summer employment.

"We want to help prepare our students for their summer jobs as well as teacher jobs," said Hailey Graboweski, the summer program consultant for Children and Youth Opportunities in the Interlake region.

On June 30, the first day of the two-day workshop, participants can either sign up for Red Cross Emergency First Aid/CPR/AED training or "High Five: Principles of Healthy Child Development." The High Five program focuses on developing an expertise knowledge of child development for recreation and camp employees and volunteers. The course focuses on the five principles of healthy child development, including a caring adult, friends, participation, play and mastery.

"Those are full-day courses and they look really good a resume for certification," noted Graboweski.

The second day of the workshop, on July 2, consists of several different breakout sessions, including Fit Kid Healthy Kids, a program in partnership with Doctors Manitoba and Coaching Manitoba; Instant Art, presented by Winnipeg's community art centre Art City; a student leadership and bullying session, presented by Safe Schools Manitoba; music and storytelling, presented by local musician Kate Ferris; and Lacrosse FITS, presented by the Canadian Lacrosse Association.

"Summer leader training gives them an opportunity to gain confidence and acquire critical skills that are valuable for employment," said Graboweski. "These are skills that they will continue to use throughout their life. We want to help inspire and bring new ideas to our students making our summer more fun as well as to the kids."

Graboweski also noted that these programs stand out on resumes.

"Lots of employers look for different certifications like First Aid, and when they see a person is certified,



EXPRESS PHOTO SUBMITTED

Last year's workshop with Children and Youth opportunities and the Interlake Municipal Recreation Association.

it's an added hiring bonus for them," she said.

The workshop will take place at the Gimli Pavilion on June 30 and July 2 and is open to youth ages 15 to 25. For more information or to register, call Hailey Graboweski at 204-642-6006 or email her at hailey.graboweski@gov.mb.ca.

Gimli RCMP warn public about protecting property

Staff

Gimli RCMP responded to several calls regarding vehicles being rummaged through in the Sandy Hook area over the weekend of May 28-30. There were also two reports of stolen vehicles. In both instances, the vehicles were located by RCMP in the immediate vicinity. Investigators with Gimli RCMP believe these incidents are related.

RCMP are asking anyone with information to contact the Gimli RCMP at 204-642-5104 or call Crime Stoppers anonymously at 1-800-222-8477, submit a secure tip online at www.manitobacrimestoppers.com or text "TIPMAN" plus your message to CRIMES (274637).

With the busy summer season, there is increased activity in the cottage areas of Manitoba. Gimli RCMP remind residents to protect their property by locking residence and vehicle doors as well as not leaving valuables in vehicles.

Public safety is everyone's responsibility. If you see something, say something. Report any criminal or suspicious activity to the police. Protect yourself, protect your community.

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Correction

Staff

In the June 4 issue of the *Express Weekly News*, we reported that during the regular council meeting of the RM of West Interlake that a resolution had been passed to have the law firm D'Arcy & Deacon represent council.

While in fact this is true, we should have clarified that the law firm is there only to represent council in the matter of a personnel issue.

The *Express* apologizes for any confusion.

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Lana Meier



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Brett Mitchell



SALES
Rick Reimer



SALES
Robin Chestnut



REPORTER/PHOTOGRAPHER
Jeff Ward



REPORTER/PHOTOGRAPHER
Marney Blunt



REPORTER/PHOTOGRAPHER
Austin Grabish



DISTRIBUTION
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PRODUCTION
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getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL Summertime fishing fun

Hi guys,

After a couple of weeks of low water at Lockport, it was heartwarming to finally see folks side by side casting into the turbulent currents for silver bass, saugers and catfish.

Down on the concrete walkway in the warm sun a few days ago, I wandered around joking and swapping observations about the day's fishing conditions with our friends. At the end of the pier, I came up to a young gal sitting in her lawn chair waiting for a bite while a fit, dark-haired woman in a black athletic top and short skirt continuously fed the girl fishing tips as she baited her own hooks.

Allison Irvin, in the chair, was on her first fishing outing with her mother-in-law Heather MacRea, both of Winnipeg. Heather said she had been coming to this pier for years and it was the only place she liked to fish. Then Allison's rod bent way over and as she squealed excitedly, bringing in her first fish, a silver bass, we cheered her on. I took a picture of her first catch and as I left she shouted after me that she was coming right back here tomorrow for more fishing!

That bass wasn't the only one that got hooked that day. On the way back to Selkirk, I stopped at Rickie's at the corner of highways 44 and 9 looking for Jennifer Law, a MIFA member. She wasn't there, but as I walked out of the place past the gas pumps, I saw a biker getting off his ride to fuel up. What caught my eye was the writing on the back of his cut-off jacket. On the top it read "No Club" and on the bottom it read "Lone Wolf," and I thought to myself, I've got to talk to



EXPRESS PHOTO BY ARNIE WEIDL
Allison Irvin with her first ever catch of a silver bass at Lockport.

this guy. He was a very tall muscular fellow with a commanding voice who was immediately open and friendly as I asked him if he fished.

Our new angling brother, Raymond Cockle of Winnipeg, didn't skip a beat as he put gas into his bike, exclaiming, "I've fished all my life and I love it!" When I asked if he had an unusual or funny fishing story for us, again, he didn't hesitate and went right into a story about the biggest jack fish I have ever heard. A while back, he and a friend flew into Burntwood Lake, which is northeast of Flin Flon. When fishing they felt something hit the side of the boat, Ray thought it was a log but his friend came back real quick, saying, "Logs don't swim up-

stream!"

Looking over the side of the boat, they were stunned to see a giant jack-fish swimming feebly, blind and almost dead. By the time they got it to shore, its time on earth had passed. The boys measured it at 7 1/2' long and 16" across the head! They sectioned a piece and sent it to Natural Resources, and the lab boys estimated it to be 137 years old! Thank you, Ray, for such a wonderful story!

I heard the Teulon Game and Fish Club were having their annual fish fry and derby last Sunday at Norris Lake Park, so I got myself over there to say hi. The thing I like about this get-together, which is run by Terry Hartle and Tony Balian, is that the money they raise from the affair goes to pay for the Hydro used by the aeration plant that keeps oxygen in the lake for the fish. This plant, one of 33 in the province, prevents total winter fish kill, which in turn generates lively local camping, boating and fishing activities. Way to go, guys!

It seems the pier at Balsam Bay is just as good for meeting girls as it is for fishing. I met Ben Perrin and Christian Laramw on the pier there last weekend. These high schoolers told me when they were fishing, two girls walked up to them, started talking and eventually asked for their phone numbers. The boys were having one of those special days you don't forget until Alex, Christian's brother, came by and stole one of the girls away. Some brother!

Well, hang in there folks; you too, Ben and Chris. We'll see you all next week. Bye.

> CONTACT US

Express Weekly News - Interlake Graphics
74 Patterson Drive, Stonewall Industrial Park Phone 467-5836 Fax 467-2679
Letters to the Editor: letters@expressweeklynews.ca
Classified: classifieds@expressweeklynews.ca
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Stephanie Duncan 204-467-5836
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OUR EDITORIAL STAFF

Jeff Ward (Highway 6) 204-298-3381
jeff@expressweeklynews.ca

Marney Blunt
(Arborg, Gimli, Riverton, Fisher Branch)
204-461-0714
marney@expressweeklynews.ca

Austin Grabish 204-785-1618
austin@selkirkrecord.ca

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Christy Brown, Distribution Mgr.: 204-467-5836

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Highway construction can be dangerous work

By Jeff Ward

High temperatures, physically demanding work, heavy machinery and cars speeding past at deadly speeds all combined make the job of highway construction a dangerous profession.

"This job can be very dangerous, no doubt about it," explains Dan Prystupa, one of hundreds of men and women who are working on one of two massive highway re-surfacing and widening projects along Highway 6 this summer.

"We have lots to worry about on the job already, so we don't want to be concerned with people speeding through these zones. We've been lucky here that most people are obeying those limits and driving carefully."

Prystupa said that it's a minority of people who aren't being as cautious as they should be, and that's a good thing, but in a perfect world, that number would be zero. Prystupa is working on a 40-kilometre stretch of highway that starts about 10 kilometres south of Woodlands and ends about 15 kilometres north of the RM.

Further up the highway, between

Eriksdale and Ashern, it's a different story.

"Lots of cars speed through here and try to pass when they can't," said one worker who didn't want his name used.

"I want to be able to make it home to my family at the end of the day. Is the time you're going to save speeding here really worth my life?" he asks.

It's roughly a 20-kilometre stretch of highway north of Eriksdale, where the speed limit drops from 100km/hr to 60km/hr. To drive that, 20 kilometres would take you 12 minutes at regular highway speed. To do it at the reduced limit takes 20 minutes. You're driving 66 per cent faster and only saving eight minutes.

"You're not saving much time by speeding through these areas.

You're just putting your life and others at risk," explains Prystupa.

There is an increased RCMP presence at these areas to catch people speeding. Speed fines are doubled in these areas and can be extremely costly. Media relations officer Bert Paquet mentions one of their officers stopped

**"IS THE TIME
YOU'RE GOING
TO SAVE
SPEEDING HERE
REALLY WORTH
MY LIFE?"**



EXPRESS PHOTO BY JEFF WARD

Dan Prystupa is a part of the construction crew near Woodlands and wants drivers to obey the speed limits so that his job doesn't have to be anymore dangerous than it already is.

a driver doing in excess of 120km/hr in construction zones. That's double the speed limit.

The Highway 6 project is about making the highways safer to drive.

It would defeat the purpose if we were putting the lives of the people in charge of that project at risk. Leave earlier, drive slowly and keep an eye out for workers.

letter to the editor Mixer success

Gimli dog ban sends mixed message

My name is Norman Valgarnson. I am a life-long resident, born and raised in Gimli. The last time I checked, I was 75 years old.

We live in a different world today where rules and regulations are made to control the 99 per cent of us who obey the law because of the less than one per cent who don't.

In particular I am referring to the "Gimli Beach Dog Ban." I totally agree with not allowing dogs on the beach (sand) and penalizing those scofflaws who abuse the pet control bylaw. By the way, I do not own a dog; however, banning people from walking their leashed dogs on the boardwalk and grass area, in my opinion, is going a step too far.

Here is where I see a flaw in this bylaw. On June 11, a couple came to the outdoor patio of Kaffe Haus with two large dogs. They tied their dogs to a post, purchased their bagel and

coffee and sat outside enjoying their breakfast with the company of their dogs. This is perfectly OK. Dogs can be at an outdoor restaurant where food is being served but they can't walk with their owners on the boardwalk. To me, the boardwalk is just a glorified sidewalk. What about all the other sidewalks in town?

As a former business owner and manager in Gimli, I know how important tourism is. Tourism is the bread and butter of all private businesses in this community. I made money in the summer months and operated at a loss in the winter. Too many businesses shut down for the winter or close out altogether. We need the tourist. We need to promote tourism, not chase the tourist away.

-Norman Valgarnson
Camp Morton



EXPRESS PHOTOS BY ROBIN CHESTNUT

The Gimli Chamber of Commerce business mixer and membership drive on June 10 was a success with more than 50 people attending and sharing ideas between the chamber's leadership team and business owners. More than 20 businesses in the RM of Gimli registered with the chamber, with about 40 more indicating that they had interest in registering in the near future. Chamber president Nic Munday, pictured left, hopes to have 60 businesses registered with the Gimli Chamber of Commerce this summer. Pictured right, Carolyn Jansen of the Manitoba Chambers of Commerce addresses the crowd during the event.

PST rebate a priority for AMM in next provincial election

By Natasha Tersigni

Elected officials and their CAOs from municipalities across the Interlake gathered at the Warren Hall on June 10 for the Association of Manitoba Municipalities (AMM) Interlake district meeting. The annual meeting gives members an opportunity to speak with the executive about issues affecting their communities and to learn what key objectives the AMM has for the year.

At the meeting, president Doug Dobrowolski spoke on major issues that the AMM will be lobbying the provincial government for in 2015 and 2016. The main issue identified is a need for a provincial sales tax (PST) rebate program for municipalities.

"During the lead up to and following the upcoming provincial election, the AMM will be relaying its appeal for the province to exempt municipalities from paying PST. The AMM strongly believes that one government should not tax another government as it is counter-intuitive and restricts the ability for the municipality to provide services and programs," said Dobrowolski.

"The federal government provides a 100-per-cent rebate on GST for municipalities, and the province should follow suit with the PST."

Drew Caldwell, minister of municipal government for the province, was in attendance and addressed Dobrowolski's comments regarding the PST in his own speech to the membership.

"The current project of the widening of Highway 6 is part of a road bed renewal program, which was part of the reason why we raised the sales tax by a penny a couple of years back. It has provided significant revenues for not only provincial infrastructure but municipal infrastructure and, broadly speaking, community infrastructure across the province," said Caldwell.

"We are paying very close attention to how we can enhance and maximize to the greatest possible extent our investment in municipalities and our partnerships with you in terms of the real nuts and bolts of funding and getting the dollars out there to you."

Following speeches and reports, nominations for new Interlake district directors took place. Both current directors, RM of Woodlands Reeve Trevor King and Town of Arborg Mayor Randy Sigurdson, were



Manitoba's Minister of Municipal Government Drew Caldwell skirted the issue of municipalities receiving PST rebates similar to the GST rebate program established by the federal government.

acclaimed for another two-year term.

After lunch, a discussion and vote took place regarding resolutions that were brought forward and sponsored by Interlake municipalities. The resolutions were on specific issues that the member municipalities wish the AMM to lobby the provincial government for. Once the resolutions pass at the district meeting level, they will be carried forward to the fall annual convention where the entire membership of AMM will vote on the resolutions. If the resolution passes at the fall meeting, then that issues will be lobbied by the AMM at the provincial level.

This year, there were six resolutions that passed at the district level:

- The Town of Winnipeg Beach brought forward the Canada-Manitoba Job Fund Agreement resolution which would see the AMM lobby the province to revise the agreement to include municipalities as eligible recipients under the Canada-Manitoba Job Fund Agreement.

- The Town of Stonewall sponsored a resolution for



EXPRESS PHOTOS BY NATASHA TERSIGNI

Mayor of Arborg Randy Sigurdson (left) and RM of Woodlands Reeve Trevor King were acclaimed as the Interlake directors and will each serve a two-year term on the AMM board.

the province to consider all types of composting, including direct composting, to be eligible to receive Manitoba Composts Support Payments.

- The RM of Fisher sponsored a resolution that would see the AMM lobby Manitoba Conservation to clearly define what areas they deem night lighting to be a safe hunting practice.

- Fisher also brought forward a resolution to lobby the province to support recreation centres and municipalities with rising insurance costs.

- The RM of Bifrost-Riverton wants the province to reinstate matching core funding of 75 per cent for local Conservation District programming.

- The RM of Woodlands sponsored a resolution that would see the AMM lobby the province of Manitoba to amend The Emergency Medical Response and Stretcher Transportation Act to allow the licensing of trained volunteer EMR personnel with limited outages. Currently trained EMR personnel in the RM of Woodland who can't guarantee to be available 24 hours a day, 365 days a year are not being licensed by the province.

'Things are going to heat up over the summer'

By Austin Grabish

It was a six-day diplomatic trip across Europe that included dinners with presidents and a meet-and-greet with the Pope, and Selkirk-Interlake MP James Bezan says his cross-Europe tour with Prime Minister Stephen Harper has once again highlighted the dire need for support in Ukraine.

The local MP and parliamentary secretary to the minister of national defence joined Harper for discussions with world leaders on economic trade and security June 6-11, and the current state of Ukraine was a key part of the trip.

Bezan and Harper, along with other delegates, sat down with Ukrainian President Petro Poroshenko and Prime Minister Ar-

seniy Yatsenyuk.

Bezan said a peace agreement with Russia made last fall isn't being honoured, and Russian troops continue attempts to disrupt the sovereignty of Ukraine.

"Things continue to escalate from a violence perspective," said Bezan during a telephone interview from Ottawa on Monday.

Bezan said while he was in Kiev, the capital of Ukraine, Russian troops continued to disrupt the country's border.

He said officials expect the conflict to continue in the coming months.

"Things are going to heat up over the summer."



EXPRESS PHOTO SUBMITTED

Selkirk-Interlake MP James Bezan meeting Pope Francis at the Vatican during a six-day tour across Europe with Prime Minister Stephen Harper.

Continued on page 12

Cadets year-end parade a success in Fisher Branch

By Jeff Ward

The Annual Ceremonial Review for the 158 Royal Canadian Air Cadets Squadron of Fisher Branch was held June 10 with special guests, dignitaries, family and friends in attendance.

The cadets stood tall and proud while Review Officer Peter Garton inspected the squad following the year-end parade.

The parades and inspections are done at the end of each year and are sort of a final exam for cadets. Their Commanding Officer (CO) Captain Jocelyn Burzuik guided them through the program.

"I think they all did really well. I am very proud of them for what they've accomplished," said Burzuik.

"We drill this parade every week unless we're doing another activity, so to see it come together in front of everyone is always nice. They work very hard on this routine, memorizing and mastering it, and we even had a few cadets out there who have only been with us for about a month."

The parade was scrutinized by one of the directors of the Saskatchewan Air Cadet League, Pete Garton. When the squad is in formation, Garton walks out and checks each member. What Garton is looking for is imperfections in the cadets' clothing, such as a belt not being strung properly, shoes not shined, and if someone is not wearing their uniform properly.

Garton finds some imperfections,

but as he explains, not many.

"I'm very impressed with the squad," said Garton after the parade.

"I'm looking hard for things that are wrong and I didn't find many. That's a great reflection of their CO and the staff here in Fisher Branch. When they were walking past us, eyes right, every single member of the squad made direct eye contact. That's something I don't see very often and it's very impressive."

There are 37 cadets in Fisher Branch and each admirably went through the parade with a professionalism that Burzuik explains is achieved through constant mentorship and a connection to their community.

The cadets are involved in many activities throughout the year designed to build character, teamwork and, perhaps most importantly, a connection to one's community.

"We often send our squad as a colour party for things like a veteran's funeral or to do volunteer activities. We're often the first called when someone needs volunteers. That kind of response makes the cadets feel needed and it can create a sense of pride in their community that's very important," explains Burzuik.

More than 50 parents and other family members as well as representatives attended the parade from Legions all over the Interlake.

158 Fisher Air Cadet Squadron Awards:



EXPRESS PHOTO BY JEFF WARD

Reviewing Officer Pete Garton inspects the 158 Royal Canadian Air Cadets Squadron of Fisher Branch during the Annual Ceremonial Review.

Truthwaite Memorial Award – Cpl. Colton Meisner	Range and Marksmanship – Cpl. Colton Meisner
Best Dressed Junior Cadet – Cpl. Sam Keeley	Citizenship Award – Sgt. Jodey Eastman
Best Dressed Senior Cadet – F/Sgt. Brooklyn Barteski	CO's Merit Award – WO2 Arik Lindal
Best Drill Junior Cadet – Cpl. Colton Meisner	Most Improved Cadet – LAC Sam Eastman
Best Drill Senior Cadet – F/Sgt. Brooklyn Barteski	Orienteering Award – WO2 Arik Lindal, WO2 Connor Dunitz
Top Survival Team – Sgt. Cameron Fletcher, Cpl. Charity Einarson, Cpl. Dominic Einarson, Cpl. Colton Meisner, Cdt. Cole Meisner, Cdt. Hannah Beck, Cpl. Zach Marschall (Need 7 individual awards)	Top Cadet Level 1 – LAC Lane Emms-Westfall
	Top Cadet Level 2 – Cpl. Dominic Einarson
	Top Cadet Level 3 – Flt Cpl. Keaton Amos
	Top Cadet Level 4 – Flt Cpl. Josh Eastman

Years of service recognized

By Natasha Tersigni

During the Interlake District Association of Manitoba Municipalities (AMM) meeting held last week in Warren, the AMM board awarded service pins to long-serving members for their continued work with their municipal governments. Twenty-year pins were awarded to Town of Arborg Mayor Sigurdson, Town of Arborg Coun. Rob Thorsteinson and LUD of Fisher Branch Elected Member Roberta Stocki.

Five-year pins were awarded to:

Municipality of Bifrost-Riverton Coun. Richard Chomokovski

RM of Coldwell Coun. Oluf Christensen

RM of Coldwell Coun. Amanda Stevenson

RM of Coldwell Coun. Greg Brown

RM of Grahamdale Coun. John Halchuk

RM of Grahamdale Coun. Gene Price

RM of Grahamdale Coun. Dan Meisner

Town of Arborg Coun. Erica Bardarson

Town of Arborg Coun. Susan Bauernhuber

Town of Arborg Coun. Vivian Leduchowski

Ten-year pins were awarded to:

LUD of Fisher Branch Elected Member Elmer Stupnikoff

RM of Coldwell Reeve Brian Sigfusson.



EXPRESS PHOTO BY NATASHA TERSIGNI

Twenty-year service pins were awarded by AMM Interlake District Director Trevor King (far left) and AMM President Doug Dobrowolski (far right) to Mayor of Arborg Randy Sigurdson (next to King) and Town of Arborg Coun. Rob Thorsteinson. Missing from the photo is Roberta Stocki.

Traditions continued at the annual Lundar Ag Fair

By Jeff Ward

Hundreds of fairgoers descended upon Lundar last weekend to take in the 63rd annual Lundar Agricultural Fair.

The fair is the unofficial start to summer and traditionally takes place on the second full weekend of June. Included in the weekend of activities was the parade, the baby show, the registered beef and hereford show and sale, the Miss Interlake pageant and the midway, as well as live musical entertainment.

One of the things that make the Lundar Agricultural Fair unique is the number of entries into the home living exhibits. Residents from all over the RM of Coldwell submit hundreds of items to be judged — home-baked goods, photo collages, unique pieces of art, jams, pickles and jellies. The volume of submissions is impressive and it's that kind of activity that keeps the fair alive and popular after 63 years.

The stock show is always well attended. This year Brooklyn Wirgau from Lundar Beef Club took home top prize for both Champion Steer (1,405 pounds), which sold to Master Feeds, and also the Champion Heifer. Blaze Gould from Lakeside Beef Club took home the reserve prize for his steer, while Talyia Tober, also of Lakeside Beef Club, took home the reserve prize for her heifer.

The cutest babies of Lundar were also chosen with Brittin Nikkel and Lauren Forsyth placing first and second for the 6-12 month girls' division, Zane Godfrey and Kwintyn Monkman in first and second for the 6-12 month boys' division, Channing Cruise and Emma Lavallee in first and second in the 12-18 month girls' division, and Oakley Sweetland and Hunter Hall-dorson in first and second in the 12-18 month boys' division.

Miss Interlake 2015 had six young ladies competing in the annual pageant vying for the title. The contestants included Dana Chartrand (Miss Lundar), Malja Kaartinen (Miss Eriksdale), Kathryn Chic (Miss Narcisse),

Stephanie Deverill (Miss Lake Francis), Selena Peixoto (Miss Warren) and Avery Halldorson (Miss Ashern).

This year's winner was Avery Halldorson while Stephanie Deverill and Dayna Chartrand were named runners-up, and Kathryn Chic won Miss Congeniality. Malja Kaartinen and runner-up Dana Chartrand won the competition for best talent.



EXPRESS PHOTOS BY JEFF WARD

Family market, carnival games and vendor tables

Riverton & District Friendship Centre summer camp fundraiser this Saturday

By Marney Blunt

The first-ever Arborg Family Market is happening this Saturday in support of the Riverton & District Friendship Centre.

"This year we thought we'd try something different," said Tanya Grimolfson, the organizer of the market, adding that they normally host markets around Christmas time.

The Arborg Family Market will be raising funds for the Riverton & District Friendship Centre's annual kids' day camp that runs each summer at the Hnausa Unitarian Camp. The day camp program runs for seven weeks every summer from Monday to Thursday.

"Each week, the kids go on a field trip for whatever the theme of the camp is. So we need to raise money for that and we thought we'd try something different with this market," explained Grimolfson.

So far, there are 25 vendors signed

up for the market, but Grimolfson says they are still looking for more.

"There's everything from skin care to home interior to panels to crafts to baking, and there's also a concession area and there's also a kids area with inflatables, carnival games and face painting, and then there's a kids' Zumba party at 2 p.m.," said Grimolfson, adding that there will also be an indoor yard sale at the market.

"There's going to be lots for everybody."

The Arborg Family Market will be held on Saturday, June 20 at the Arborg Community Hall from 11 a.m. to 3 p.m. Vendors for the Arborg Family Market are \$35 a table and \$25 for the indoor yard sale section, with all proceeds going to the summer day camp program for the Riverton & District Friendship Centre. If you're interested in purchasing a table, contact Tanya Grimolfson at 204-641-1051 or email her at tanyao49@hotmail.com.



EXPRESS PHOTO SUBMITTED

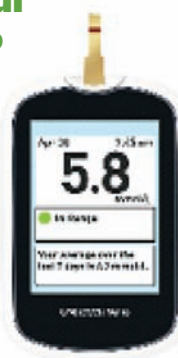
The Arborg Family Market will be fundraising for the children's summer camp hosted by the Riverton & District Friendship Centre each summer at the Hnausa Unitarian Camp.

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Festival offers cultural experience on the beach

Beach SCAPE Festival planned for June 27 in Winnipeg Beach welcomes everyone

By Marney Blunt

A variety of a culture, music and art will be blending together in Winnipeg Beach next weekend for the second annual Beach SCAPE Festival.

This year, the festival will be taking place from 10 a.m. to 10 p.m. on Saturday, June 27, and organizers are expecting it to be bigger and better than ever.

"Last year, it was a miserable day so we just had a festival in the community centre, but this year we're expecting fabulous weather and it will be on the Bandstand," said Susan Hammer, the organizer of the Beach SCAPE Festival.

The Beach SCAPE Festival is hosted jointly by the Town of Winnipeg Beach and SCAPE (Stronger Communities through Arts Participation for Everyone). SCAPE is a local non-profit organization that aims to make arts participation available to everyone in the community.

This year the festival will feature a variety of performers from around the world, including performers from Africa, Hawaii, England, Spain, Japan, Scotland, Ireland and Ukraine. Many of the performances at Beach SCAPE this year will be interactive with the audience.

"It will be workshop performances. Some of them



EXPRESS PHOTOS SUBMITTED

The Manitoba-based prairie Celtic-roots rock band Plain Salt will take the stage at 7 p.m. in Winnipeg Beach this Saturday.

will be performances but some will be performances that include workshops where the audience will be invited to come up and try some of these things. So it's an interactive kind of festival," said Hammer, adding that the entire festival is free of charge.

The performances on the Bandstand will go from 10 a.m. until 7 p.m. At 7 p.m., a Manitoba-based prairie Celtic-roots rock band, Plain Salt, will take the stage as a performance to coincide with the town's weekly performances on the Bandstand.

But the action isn't just on the Bandstand. There will also be a traditional market going on in the town community centre throughout the day.

"We have a Make It, Bake It or Grow It theme," said Hammer.

"So it's traditional skills that are being showcased. So we have some vendors there and people doing demonstrations, and also, in the true fashion of a traditional marketplace, we have an area for performers to play. So we have volunteer performers who do some form of a traditional art (that will be performing for) people in the traditional market."

Hammer added that there will be a sign-up sheet where people can register to perform in the market. Some Irish dancers and musicians have already signed up to perform in the traditional market, she added.

"Last year was loads of fun and everybody



Coffieman, one of Canada's premiere African performers, will entertain during the Beach SCAPE Festival.

had a wonderful time. We're expecting a lot more people this year," said Hammer.

For more information on the Beach SCAPE Festival or the SCAPE organization, visit www.scape.name. If you're interested in performing at the traditional market, you can contact Susan Hammer at 204-894-4499.

Manitoba Highland Gathering
June 20/2015
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 (MET 9:30 & PM 2:12 (NOT 1:00 PM))

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> HEAT UP OVER THE SUMMER, FROM PG. 8

There is an international debate whether Ukraine should be given weapons or not.

Canada so far has only provided non-lethal aid to the country, but that could change if NATO decides to arm it.

"Everything's on the table," Bezan said.

One highlight of Bezan's trip was meeting Pope Francis at the Vatican.

"It was really a special moment," he said.

Harper and Bezan were meeting the Pope for a discussion about the state of current religious freedoms around the world.

Bezan said Russia has made anti-semantic moves against the Jewish community in Crimea.

The MP also met with Poland's Prime Minister Ewa Kopacz and President-elect Andrzej Duda.

"It was amazing to be involved at this level of foreign relations," Bezan said.

REMS students participate in Cube Challenge

By Marney Blunt

As a kid, did you ever sit for hours trying to figure out a Rubik's Cube?

If you were one of the millions and couldn't figure it out, maybe you should be taking lessons from the students at Riverton Early Middle School (REMS), who have got their Rubik's Cube game locked down.

Forty years after its birth, the Rubik's Cube continues to beguile, frustrate and challenge adults and children alike who puzzle over its brightly coloured squares.

The traditional Rubik's Cube has six faces each with three squares by three. Every face is a different colour — white, red, blue, orange, green and yellow — that is, until the cube has been thoroughly scrambled. The challenge then is to return it to its original state with each side a single colour.

Last week the Grade 3 to 7 students at REMS participated in the Cube Challenge, where students were timed on how quickly they could solve a Rubik's Cube.

And some of them could solve it faster than most people could dial a phone number.

"We did preliminary yesterday and one student did six seconds on a two-by-two," said Isaya Woytowich, the teacher at REMS that was organizing the challenge. "His average out of three was 14 seconds, and then the three-by-three, the fastest was 35 seconds."

Woytowich hosted a Cube Challenge at a previous school he worked at.

"I've always wanted to do it. The students spend most of their evenings on gaming systems and stuff, so their fingers are super quick anyways, so as soon as they can learn this, they're really good at it and they can get really quick," said Woytowich.

"It's taken off really fast. The kids love it. The whole school is kind of on fire solving these things.

Woytowich formed a Cube Club, which met every Tuesday at noon since January. The students got solving guides and watched videos on how to solve the cube and how to get faster.

The contest, which was divided into a Grade 3 & 4

"IT'S REALLY
TAKEN OFF
FAST. THE KIDS
LOVE IT."



Grade 1 student Madden Mowatt was pretty quick to solve this 2x2 Rubik's Cube.

division and a Grade 5-7 division, had two categories of a two-by-two Rubik's Cube and a three-by-three Rubik's Cube.

"I've had awesome feedback from the parents also. They're telling me how great it is that kids are doing these educational things at home," said Woytowich.

In the Middle Years 3x3 category, first place went to Trevor Kehler; second place, Terrin Rundle; and third place went to Colter Berkman. In the 2x2 category, first place went to Terrin Rundle; second place, Brett Davie; and third place went to Andrew Wilson.

In the Early Years 3x3 category, first place went to Caelan Cormack; second place, Joseph Doll; and third place, Axel Muller. In the



EXPRESS PHOTOS BY MARNEY BLUNT

Grade 6 students Derrien Johannesson and Andrew Wilson practice solving the 3x3 Rubik's Cube during the REMS Cube Challenge last week.

2x2 category, first place went to Madden Mowatt; second place to Braedan Cormack; and third place went to Blake Rundle.



Interlake

NOTICE OF ANNUAL MEETING

When: Tues, June 30, 2015

Meeting: 7pm

Where: Arborg Community Hall
409 Recreation Centre

Agenda Items to include:

- Minutes from the 2014 Annual Meeting
- Audit/Financial Report
- FCL Delegate Report
- General Managers Report
- Board Report
- Appointment of Auditors for 2015
- Board Elections



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Woof n'Hoof - Loving Canada and the Interlake

Three years ago, animal lovers, Carol Wearing and Gary Baird went through one of the most stressful days of their lives. They were both writing the immigration test. And while they both had permanent resident status, they both very much wanted to become Canadian citizens.

The next most stressful day had to be when they packed up their two suitcases, and two dogs and left their native Scotland to come to Canada. Like many early immigrants they came in search of more affordable land. While God may not be making any more of it, He/She is making more people which makes it pretty unaffordable in Scotland.

They worked on a farm in Scotland with sheep, but felt they weren't making progress working for someone else. They loved being in the rural area with their dogs and horses, but needed a change. And Canada was perfect. They came for the land but just love the people. "Everyone is so friendly and supported," raved Carol, "They treat us like family."

Just northeast of Arborg, they found land and got into cattle. Carol worked closely with a local veterinary service and gained invaluable experience as an assistant which serves them well when boarding both dogs and horses. So often folks have holiday's planned but have an animal on

medication that needs administering or that needs bandages changed and it's really easy to trust that they're in good hands at Woof n'Hoof.

Certified in 'Small Animal Care' and 'Advanced Animal Legal Issues' through the Animal Welfare Certificate Program, Carol and Gary know the benefits of taking what they do seriously. Their philosophy is that they want to take care of your animal to the same standards as you take care of it. To Carol this means a gentle hand, lots of room to run, and 4-5 walks a day. The kennels are spacious at 8ft by 5ft, complete with rubber floors and raised beds.

She also takes great care on the grooming side of things. All shampoos, choose from skin conditioning Shae Butter, Quick relief (from itches), or the Deshedding/Untangling solution, are both non-toxic and Biodegradable.

While you may not have heard of them yet, word of mouth is getting around. They have clients as far away as Ashern, Matheson Island, Steinbach, and Winnipeg. Plus plenty of local folks love to drop their furry friends for the day while they're at work.

If you're planning your vacations, book ahead. The schedule is filling fast. Horses, large breeds, small breeds, all are welcome. Call (204) 376-2734, or (204) 641-4407.

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High school jazz band rocks on the docks



EXPRESS PHOTOS BY MARNEY BLUNT

A crowd came out to the Gimli harbour on a beautiful Friday afternoon to watch the Gimli High School's annual Jazz on the Dock performance. The jazz band students played for nearly an hour at the harbour on June 12 while volunteers managed a concession to fundraise for the band program.



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Zebra mussel shell found near Gimli

Shell found four kilometres north of Gimli Harbour

By Marney Blunt

Craig Bailey has walked along the Gimli shoreline many, many times.

But last week, while visiting his parents in Gimli, he found something washed up on the beach that he wouldn't normally see during his shoreline walks.

"I just spotted an unusual shell and it turned out it was a zebra mussel (shell)," said Bailey, who grew up in Gimli and now lives in Winnipeg. "So that was crazy."

"I've walked up and down that beach many times and this is the only time I've ever seen one."

Bailey found the shell washed up on the beach approximately four kilometres north of the Gimli harbour, past Pelican Beach and Lake Forest Estates.

Although it wasn't a living zebra mussel, Bailey reported it to Manitoba Conservation, who said this is the first reported sighting of a zebra mussel outside of the Gimli harbour.

Zebra mussels were found in Lake Winnipeg on October 2013. In spring 2014, the Gimli harbour was closed down due to zebra mussels. The harbour was reopened again after treatment with liquid potash, a project that cost more than \$500,000.

Whether this was a leftover shell

from the potash treatment last year or the zebra mussels are continuing to spread, no one can be 100 per cent sure.

"It was a long way from the harbour," said Bailey.

A spokesperson from Manitoba Conservation & Water Stewardship says that although the mussel could have potentially come from the Gimli harbour, it's nearly impossible to determine exactly where the mussel came from.

The province wants to remind boaters to take precautionary measures and "don't move a mussel" by cleaning and removing any visible aquatic plants, aquatic invasive species or mud from the watercraft, trailer and all water-related gear. Boaters should also drain all water from compartments and dry all equipment and any hard-to-drain compartments that have contacted the water with a dry towel or sponge before it is used in any other body of water.

"Fighting the expansion of this highly invasive species takes a concerted

effort by everyone who enjoys our lakes and rivers," Tom Nevakshonoff, minister of conservation and water stewardship, stated in a news release.

"We took an aggressive approach to control zebra mussels last year in four harbours, but mussels survived outside the harbours, so now more than ever, we need everyone's support and vigilance."

Zebra mussels were recently found on a private dock in the Red River near Selkirk Park. The mussels were found on a float underneath the dock and appeared to be dead; however, one was still firmly at-

tached to the dock, reports say. Manitoba Conservation says this was the first evidence of zebra mussels in the Manitoba portion of the Red River.

The provincial government's aquatic invasive species (AIS) program has once again launched its annual watercraft inspection program, which aims to prevent new invasive species from entering Manitoba while working to

"I'VE WALKED UP AND DOWN THAT BEACH MANY TIMES AND THIS IS THE ONLY TIME I'VE EVER SEEN ONE."



EXPRESS PHOTO SUBMITTED
BY CRAIG BAILEY

Craig Bailey found this nickel-sized zebra mussel shell last week while walking along the beach north of Gimli.

contain the spread of zebra mussels in the province.

To report a zebra mussel or any other AIS from a new location, take pictures and visit www.gov.mb.ca/conservation/waterstewardship/stopais/or call toll-free 1-877-STOP AIS-0 (1-877-867-2470).

Super sandbags continue to be part of lake landscape

By Jeff Ward

Flood protection measures in the RM of Coldwell will continue for a while longer to maintain the safety of the residents and municipal property.

In a recent statement, the council of Lundar informed the public that flood protection measures would continue until they receive authority from the government and the lake levels drop.

"We've been trying to get answers about the lake level," said Coun. Amanda Stevenson.

"Right now, we just don't have the information needed to dismantle the sandbags and dikes. With the lake level up where it is now, we're one rain event from being flooded out. It's just much safer to leave them up right now until we know for sure."

The old adage is "better safe than

sorry," and that applies here. The council has been working diligently with multiple levels of government, speaking with Minister of Infrastructure and Transportation Steve Ashton as well as the provincial government to get a timeline on the lake level dropping.

That timeline doesn't exist, unfortunately, and with how expensive it is to put all this flood protection in place, council doesn't want to tear it all down if they might need it.

"As much as we would all love to see it gone, it's there to keep the municipality and its residents safe," said Stevenson.

She also explained that while the dikes and sandbags might be intrusive, they don't ruin the beach-going experience and that visitors are able to walk around them and use the beaches whenever they want.



EXPRESS PHOTO SUBMITTED

Super sandbags along Lake Manitoba at Lundar Beach aren't going anywhere while the lake level is still high, explains RM of Coldwell council.

Gimli's A-Spiring theatre kicks off another summer

By Marney Blunt

The Interlake's community theatre group, also known as A-Spire Players Inc., kicked off another season of summer performances in Gimli last week.

Now in their 10th year, the A-Spire Players Inc. began their summer performances at the A-Spire Theatre on June 5, 6 and 7 and again on June 12 and 13. The group will be doing 10 performances throughout the summer.

"That's what's really exciting about it. All of a sudden this theatre comes to life for the summer and there's all of these performances for people to come watch," said Ashley Tupper, the summer coordinator for the A-Spire Players Inc.

From June 5 to 7, the group performed *The Tomorrow Box* by Anne Chislett. On June 12 and 13, they performed *Such a Nice Little Kitty* by Pat Cook as well as performing the Wise-cracks Improv Comedy.

"*Such a Nice Little Kitty* is about a 45-minute comedy and then after that we had our improv group, (and) we never really know what's going

to come from that because it's all based on audience suggestions," said Tupper. "It's a newer group in Gimli, too, so we're all very excited."

This year, the A-Spire Players Inc. has a new board of directors, and Tupper says they're hoping to get some new ideas along with that.

"This is the 10th season, but it's the first time that we have an new executive committee," said Tupper. "So we're all bringing in and learning new ideas and trying to get theatre a little bit bigger in the community."

Tupper also noted that A-Spire Players Inc. is currently has just over 20 members, with approximately five performing in each play.

"We're always looking for new members. We're looking for members who are interested in acting or volunteering for a production," said Tupper. "Anyone who is interested, we welcome them."

If you're interested in performing or volunteering with the A-Spire Players Inc. or reserving tickets for a show, you can call 204-642-8079. For more information or for a full schedule, visit aspireplayers.ca.



EXPRESS PHOTO SUBMITTED

A-Spire Players actors (left to right) Stewart Campbell, Rose Flaig, Pat Thullner (director), Rob Jantz, Ashley Tupper and Linda Arnason during their rehearsal of *Such a Nice Little Kitty* at the A-Spire Theatre in Gimli.

Showing and riding at the South Interlake Ag Fair



EXPRESS PHOTOS BY JO-ANNE PROCTER AND ROBERT E. WILSON

The South Interlake Ag Society held its annual Ag Fair June 6 and 7 in Stonewall with riders from all over the Interlake competing in different classes. Pictured from left, judges spent the day in the rain taking great measures to keep their results dry; Vilena Helstrom from Gimli riding her miniature horse, Pal, competed in the halter, showmanship and western pleasure classes; Skylynn Sigurdson from Gimli competed in showmanship, western pleasure, western horsemanship, low hunter 2'6, gamblers choice, English pleasure, English equitation, egg and spoon, bareback dollar ride, turtle trot, barrels, pole bending, and keyhole events collecting firsts in trail, barrels, poles, keyhole, turtle trot and egg and spoon.

Flyboarding: Gimli's newest water sport

By Marney Blunt

It seems like something Marty McFly might have used in *Back to the Future*, but you won't need a DeLorean time machine to try out this hoverboarding-style sport.

This summer, you could find yourself hovering over the water at Gimli Beach with a water jet-fuelled board strapped to your feet, as Canadian Jetpack Adventures is setting up shop in Gimli for the summer in front of the Lakeview Resort in Gimli. The company will be offering flyboarding and hopes to offer water jetpack by the end of the summer.

For flyboarding, the rider stands on a board that is propelled out of the water by water jets underneath the board. The board is connected to a watercraft by a long hose, which forces water under the rider. Water jetpack is basically the same thing; however, the jets are attached to a person's back instead of their feet.

After a demonstration at Gimli Beach last week with Brody Wells of Alberta Flyboard, people in the Interlake are pretty excited about it.

"We're going to offer it as a rental business so that people can come and try it out and be with a certified instructor on the jet ski to make sure it's safe and regulated," said Riley Patterson, who will be instructing flyboarding in Gimli this summer.

Patterson, who hails from Stonewall,

is teaming up with Wells to rebrand Alberta Flyboard into Canadian Jetpack Adventures. Wells will operate the business out of Alberta and Patterson will operate the Manitoba side.

"Everyone is interested in it. It gets a lot of attention," added Patterson.

Patterson is a big water sports and kiteboarding enthusiast, so trying out flyboarding was no question for him.

"I've seen videos on YouTube in the last couple of years and I did a bit of homework and realized that no one is operating flyboarding here in Manitoba, so I contacted Brody Wells and went from there," said Patterson, who got his flyboard instructor certification from Wells.

"Brody pretty much brought the sport into Canada. The sport itself is pretty much only two years old," noted Patterson. "He kind of started right from the ground level, and since he is what you would call a master flyboarder, he put on a certification course and taught us the business and how to be safe doing it."

However, you don't have to be a water sports junkie or an athlete to try out flyboarding.

"It's for anyone. Most people within the first five to 10 minutes will be up and flying around. So as long as you have a little bit of balance, you can do the sport," said Patterson, who added that rentals are available to ages 12 and up. Youth between ages 12 and 17



EXPRESS PHOTO BY RILEY PATTERSON

Brody Wells of Alberta Flyboard did some tricks for a crowd at Gimli Beach last week. Canadian Jetpack Adventures will be offering flyboard rentals and instruction at Gimli Beach this summer.

will need a parental consent form.

Starting next weekend, Canadian Jetpack Adventures will be set up in front of the Lakeview Resort every weekend offering rentals and instruction. Patterson says he will also do mobile bookings.

"If there was a bachelorette party or a stag or birthday party at West Hawk and they wanted us to come out there,

I can do mobile bookings as well," said Patterson.

"Everyone should come out and try. It's super fun and safe and really not that hard to do."

For more information, visit albertaflyboard.com or contact Riley Patterson at riley@canadianjetpackadventures.com.

French Immersion advocate begins a new chapter

By Jeff Ward

After a lengthy career of teaching, Mona Buors will be hanging up her No. 2 pencil for good at the end of the school year.

Buors never had any aspirations of teaching when she was growing up and never thought she would become one. But after taking a suggestion from her father to get into the educational system, Buors has had a career that she says is as good as anyone could've asked for.

"I guess he saw something in me that I didn't realize," said Buors, thinking of how that moment defined the rest of her life.

"It's the best thing he could have ever done. I enjoy it so much. I love it and I love the kids."

Buors is a passionate educator and has dedicated her entire working career to the craft. Not only has she taught two generations of students but she was also instrumental in setting up the French Immersion pro-

gram in 1989 for the Interlake School Division.

At first, Buors was a bit reluctant to take on that project, knowing it would be a daunting amount of work. But she also knew that she wanted her son enrolled in a French Immersion class and figured that the work would be worth it and set to creating the program from scratch.

"That summer was devoted entirely to creating that class. I had to order the books, get the curriculum set up and all the materials. And I even had to order all the furniture for the classroom. It was a huge amount of work but well worth it because we needed the program."

That class was a Kindergarten and Grade 1 class and served students from Teulon, Balmoral, Stony Mountain, Grosse Isle and Stonewall. Buors mentioned that teaching those younger students actually made the course more enjoyable. It being easier for younger students to absorb the

information and to start seeing progress. Buors said that the curriculum had a lot of music-based learning to it and that it was a very effective way of teaching the material.

Buors would leave the area and move to Kelowna with her husband and teach there for a few years before returning to Manitoba in 1992 to teach for Whitehorse Plains School Division (now Prairie Rose).

"It's funny because the principal here (Ecole communautaire Aurele-Lemione in St. Laurent) was my student teacher at that time. I actually have a few teachers I work with now who were student teachers with me years ago, and I now teach their kids. It comes full circle quite nicely."

The decision to leave after 35 years doesn't come lightly, and although Buors explains that she'll miss the kids, she does have her own grandchildren who will keep her busy.

Buors will remain a part of the community and serves as a board mem-



TRIBUNE PHOTO BY JEFF WARD

After 35 years of teaching, Mona Buors will retire at the end of this school year, leaving behind a lasting legacy of quality education.

ber with the Manitoba Metis Federation as an associate minister of health and an associate minister of heritage, sports, culture and youth.

Business is just peachy for Arborg entrepreneur

Local seamstress sends her products all around the world

By Patricia Barrett

She sounds like a Victorian needlewoman when she tells you about the incredibly long hours she spends in a cellar filled with bolts of fabric and the unremitting whirr of sewing machines.

It was common for women in that era to faint during the 18-hour workday. Besides labour legislation, they lacked the one machine present-day seamstress Jackie Horvat said she depends on.

"I have an espresso machine," said Horvat, who operates Princess Peach Designs from her home in Arborg. "My husband got it for me for Mother's Day."

Horvat makes blankets and other textiles that can be personalized with names, dates of birth, quotes and appliques. She said baby blankets are her most popular item at present. And the babies' parents want more than those.

"If baby's getting one, I want one too," Horvat said, referring to orders she has filled for adult blankets.

She manages every aspect of her year-old business, from purchasing fabrics and sewing to shipping and bookkeeping.

Some of her designs sound yummy enough to eat: "Lilac dimple and baby pink swirl" reads one Facebook post accompanied by a photo of a blanket. In addition to the social networking

site — which Horvat uses to market her products and interact with customers — she built a website.

She makes a range of personalized products, including taggie blankets (a blanket with tags sewn along the edges), bibs, diaper bags, pillows and baby car-seat covers. She also buys stuffed animals and embroiders names onto them.

And speaking of animals, she has made personalized blankets for dogs — her mom's, for instance. "My mom said, 'You have to make one for Daisy,'" said Horvat, whose family are local entrepreneurs.

Her mother owns Arborg Nic Nac's & Flowers; her brother,

Interlake Glass. Horvat says both have mentored her through various stages of business development.

"They're my go-to people," said Horvat.

Although she had little experience with design, fabrics and sewing, she learned as she went. "The minky is fluffy and stretchy, and it took me some time to learn."

It all started while she was on maternity leave. She and her mother were making headbands and tutus for her daughter, who is now one. "I wanted her to have things her mom made," said Horvat, who also has a seven-year-old son.



Jackie Horvat has found a niche market and is sewing up success just a year into her new business, Princess Peach Designs.

Then a friend suggested she add people's names. "It went kaboom from there," she said.

With savings set aside from her job as human resources manager at Co-op (from which she said she reluctantly resigned), she launched her business. An investment in two industrial-strength sewing machines was a must.

"It's faster and has more power," said Horvat, who has to juggle full-time childcare with running her business. Her daughter spends one day a week at daycare and the rest of the time at home. Between feedings and playtime, Horvat cuts fabric, sews and takes customers' orders.

Horvat has an extra room in her basement packed with 20- to 25-metre

bolts. "I have 70 different kinds of fabrics," she said. "It drives my husband crazy."

But he supports her work and is "beyond proud" of what she has accomplished in just a year, she said. "He asked this past Christmas what I wanted as a gift. My reply was more fabric."

With colours such as jade, teal, watermelon and vanilla, and materials such as the super-soft minky, the sky's the limit for Horvat's customers. And they keep her busy. She works seven days a week, sewing about five to seven items a day, which she ships off to people across Canada, the United States, Australia, Spain and Norway.

"When my kids are in bed, I sew till 2 a.m.," said Horvat. "I find it hard to take time off."

Despite the long hours, she said she suffers from no aches and pains. "The only physical toll it takes on me is the lack of sleep."

But she said she catches up in the afternoon, taking advantage of her daughter's nap time to get a bit of shut-eye.

When she walks through the doors of the local Canada Post with her "big bag," staff probably marvels at her efficiency. "They know me," said Horvat. "I do the labels at home on my computer, and I pack it all up so it's ready for them to ship."

She said she doesn't rule out the possibility of hiring sewers if demand continues to escalate. But for now, she's a one-woman textile factory.

For a full range of products and prices, visit Horvat's website at princesspeachdesigns.com.

"IF BABY'S GETTING ONE, I WANT ONE TOO."



EXPRESS PHOTOS SUBMITTED

Horvat's personalized stuffed animals and blankets are hand-crafted and embroidered with love in her sewing room at her home in Arborg.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Impact returns to league action

By Brian Bowman

For 14 days, the Interlake Impact did not play a league soccer game.

Soon, they will play three games in just eight days.

After a two-week layoff from their Manitoba Major Soccer League season, the first-place Impact will be back on the pitch this Saturday when they battle Grant Mills Rangers FC at Shaughnessy Park (2 p.m.).

Interlake will then play Wolverines FC on Tuesday (7:30 p.m.) and North Winnipeg United (6 p.m.) on Sunday. Both of those games will also be played at Shaughnessy Park.

Interlake has been outstanding on the pitch this season, outscoring its opponents by a 23-4 margin. The Impact's latest win was a 3-0 shutout over Arnott Financial Selects on June 6.

Andrew Harder scored twice in the win while Eric Plett also tallied. Harder now has five goals on the season and is tied for second in league scoring. Teammate Charles Howland is a league co-leader in goals with six while Interlake's Kyle Dueck is fifth with four goals in five games.

Swan, Einarson selected in MJHL draft

By Brian Bowman

A pair of Interlake Lightning players were selected in the Manitoba Junior Hockey League Bantam draft on June 7 in Neepawa.

Goaltender Adam Swan of Ashern was picked by the Winnipeg Blues, who had the ninth selection in the fourth round.

Seven picks later (fifth round, 49th overall), Gimli forward Jack Einarson was picked by the Virden Oil Capitals.

Einarson was a captain for the Lightning last season. The 5-foot-9, 145-pounder scored six goals and had 13 assists in 42 games last season. He also had 36 penalty minutes.

"Jack is another terrific kid — a natural leader," read a scouting staff comment on Virden's website. "He is very dangerous from the blueline in."

Next year's annual MJHL Bantam draft will be hosted by the Selkirk Steelers from June 3-5. It will serve as a kickoff to the Steelers' 50th anniversary (1966-2016) celebrations.



Adam Swan



Jack Einarson

Bend it like Beckham in the Interlake

British soccer camp coming to Arborg, Gimli this summer

By Marney Blunt

European soccer is coming to the Interlake.

Elite soccer athletes from England will be coming to North America to host summer soccer camps, and a few of them will be stopping in Arborg and Gimli.

The Challenger Sports program hosts the camps, which is for youth ages 5-14.

"They've been training these coaches in England and then they've been sending them to work in North America and putting on these camps all throughout Canada and the United States," said Tom Chwaliboga, the recreation director for the Arborg Bifrost Parks and Recreation Commission. Chwaliboga says this is the seventh year the program has come to Arborg.

Coaches are usually between 19 and 22 years old.

"They go and get trained at the headquarters in England on how to coach, and then they come over here and

spend a summer over here bouncing across Manitoba and parts of Canada and the States," said Chwaliboga, who added that in the past they have had coaches from both England and Ireland.

"I know last year we had one guy that was in Winnipeg one week and then he was in Arborg and then he was up in Thompson one week and then the following week he was off to Kansas."

While staying in the community, the coaches are encouraged to stay with a host family in order to experience the community and the culture. Host families only have to supply them with some food and a place to sleep. Host families also get a discount if they wish to enter their children in the program, Chwaliboga said.

The program, depending on the age of the child, can range between \$60 and \$125.

"When you register you get a t-shirt and a soccer ball and if you register

before the deadline you get a jersey too," added Chwaliboga.

Chwaliboga says this is an excellent opportunity for any child that loves the sport.

"It's not every day that you're going to get coaching that's this good. These kids have played high-level soccer in England. Basically the heartbeat of soccer is in England. These coaches live and breath soccer," said Chwaliboga.

"They know what they're talking about, they understand the game of soccer better than most people. At the end of the day, when you live and breath the sport like they do, it makes a big difference. The drills and coaching that you're going to get for your kid is going to be second to none."

The Challenger Sports soccer camp in Arborg will be taking place July 20 to 24 and July 27 to 31 in Gimli. For more information or to register, visit www.challengersports.com

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Saturday June 27 10:00 am

Arborg, MB

**15 min south on Hwy #7, then
1/4 Mile East at Meleeb**

Contact: (204) 643-5423

Tractors & Crawler Skidder Deutz D1023-5 Cab 540/1000 Dual hyd w/Allied 795 S.L. Loader, 8365 hrs * Clark 664B Tree Skidder * Cat D7 w/ Dozer nr * Coop D 7206 Tractor, nr * Vers 145 4WD nr * MH 1-2 Junior Tractor * **Trailers & Trucks** 95 Freightliner Cummins N14 15 spd Fuller 918,000 km * 73 Kenworth Semi * 80s Hino lb c/o w/ 18' Deck * 60s Int 1600 w/10' Gravel B&H * 60s Int B150 w/ 12' B & H * 45' Single Drop Deck Tandem Trailer w/ Ramps * 92 Monor 45' Container Trailer * HM Gooseneck 20' Tandem Trailer * Pintle Hitch 18' Flat Deck Trailer w/ Ramps * BH 9' Flat Deck Trailer * Utility Trailers **Haying Equip** Vers 440 w/ 15' Mower Cond & Crimper * MacDon 5000 16' Mower Cond * Greenbelt 40' Single Auto Bale Wagon * NH 855 Auto Wrap RD Baler * 2) NH 853 RD Baler * NH 275 Square Baler *

Grain Equipment Grainery: Westeel 1650 Bushel Grainery * JD 105 Combine * Vers 400 Swather * JD 780 18' Swather * Int 645 20' Vibra Cult * Wilrich 38' Cult * 20' Schutz R51 Rock Picker * Steinman Rock Picker * JD 20' Tandem Disc * Int 620 Press Drill SAFA * Melroe 6B Plow * 45' Diamond Harrows * Vers 300 68' Sprayer * Westfield 7" 41' Auger w/ Start Engine * Hopper Trailer * Antique Breaking Plow *

Vehicles, Campers 2000 Dodge Ram 2500 dsl Turbo 4x4 Ext Cab 205,000 km Sft * 95 GMC Sierra 1/2 ton Ext Cab * 77 BH Tandem 24' Camper * 87 Dodge 4x4 3/4 ton * 81 Jeep Cherokee 4x4 * 60s GMC 1/2 Ton * 60s Dodge 1/2 ton * 70s Chevelle 300 * 60s Chev Malibu * **Misc** 2) Metal Maturity Pens * 2) RD Bale Feeders * 16) Metal Panels * Hyd Drill Fill * 5th Wheel Hitch * 4) 18.4 30 Tires & Rims * 4) 11R24 * Pallet Jack * Fuel Slip Tanks * **Welding Material** * Leon 620 FEL * 24' Log Grapple Cherry Picker * Tractor Buckets * Implement Parts *

Tools Miller 250 AC/DC * 6000 Watt Generator * Air Comp * Milwaukee Magnetic Drill Press * Power Tools * Air Tools * Wrenches up to 2" * **Hand Tools** * Shop Supply * **Guns** Winchester BA 30-06 * Grizzly 30 BA 22 * **More Equip Vehicles, Tools, Farm Misc, Some Household Items**

Stuart McSherry Stonewall, Manitoba
(204) 467-1858 or (204) 886-7027
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ANTIQUE TRACTOR PLUS AUCTION SALE LAWRENCE GUDMUNDSON

Saturday June 20 @ 11:00 am

Arborg, MB

North 1 1/2 Miles on #326

BE on Time! No Small Items

Contact: (204) 376-2795

Plane & Truck 1946 Taylor Craft Model BC 12 D, Low Hours, Log Book * 75 GMC Camper Special 100,000 miles Sft * **Over 20 Tractors** JD 5020 * JD 2130 3PH w JD 146 FEL * 2) JD A 3PH * 2) JD 80 * 2) JD LA * 2) JD M * JD G * JD 4020 3000 Original Hours * 2) JD 3020 -1) FEL * JD 316 R Mower * Ford N H 7740 MFWA FEL 5619 Hrs. * MF 90 FEL * Int B 275 3PH * Ford 8N * Ford 9N * 1930 Olive Hartpar * AC D17 2 PH * JD 1010 DSL Crawler w FEL * Some Tools & Farm Misc *

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CONSIGNMENT AUCTION

Sunday June 21 @ 10:00 am

Stonewall, MB

#12 Patterson Drive

Consignments Welcome!

Receiving Thursday/Friday 9-5

Tractors & Skidsteer Case 2090 Cab P. Shift 8900 Hrs * MF 1100 Dsl Cab w FEL * Kubota M6950 Cab MFWA Shuttle Shift 3PH FEL * Int'l 1066 Duals w 3100 Dual FEL * Ford 850 3PH * AC D15 3PH * Ferg 35 3 PH * M Moline Jet Star 3 w FEL * Int'l B275 3PH w FEL * Massey 90 Dsl w FEL * Ford 9 N 3PH w FEL * Ford 8 N * 2) Ford 9 N 3 PH * Allis Chalmers WD45 * Gehl Skid Steer 3780 Hrs

Equip 09 Agco Hesston 5556 Rd Baler w Netwrap * 06 Vermeer 605M w Netwrap * New Idea 484 Baler * MF 450 RD Baler * NH 688 RD Baler * NH 660 RD Baler * Vicon 1511 RD Baler * JD 95 Combine * JD 8820 Combine * Square bale Elevator * JD 1209 9' Haybine * Macdon 5000 12' Hydra Swing Haybine * White 271 18' Tandem Disc * MF 18' Disc Seeder * JD 5 B Plow * Oneway Disc * 6' Disc * 40' Sprayer * Grain Wagon *

Livestock Equipment 12) 25' Self Standing Metal Panels * 50) Metal 10' Corral Panels **3 PH Equipment** Wallenstein PTO Drive Chipper/ Shredder * 8' Cult * 6' Blade * 6' Disc * Ford 951 7' Rotary Mower * 2 B Plow * 7' Cultivator * PTO Cord Wood Saw * Harrows * Disc * 2) 86" Ski Steer Dozer Blade * 72" Forklift Fork Extensions *

Vehicles 03 Ford Taurus SE 3.0 L V6 112K *

Yard Items Bolens HT 23 Hyd w FEL * Husq. Hyd. R Mower * Ford 18HP R Mower w Rotovator * Push Mowers * 8' Utility Trailer * 8' Tilt Deck Trailer *

Recreation & Storage Yamaha Terra Pro Quad PTO w Mower * Kawasaki 100 Bike * 30' x 85' x 15' Dome Storage Bldg * 2) 16' x 22' Event Tent * 2) 10' x 20' Comm. Pop Up Tent * New 20' Wrought Iron Driveway Gates * New 10' x 10' x 6' Chain Link Dog Kennel *

Tools 11' Tool Cabinet Station * Tire Changer * Wheel Balancer * 2000lb Electric Winch * Plasma Welding Cutter * Gas Water Pump * Sub Pump * 3) New 36" Shop Creeper * Tire Align Machine * Drill Press * Large Amt. Tools-Some Floor Model * New Items From Hardware Store Close Out!

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RETIREMENT AUCTION

For Ken Hall (Ashern Golf Course)

Ashern, Manitoba

Friday, June 26th, 2015 at 11:00 a.m.

**Sale site: Ashern Golf & Country Club, Ashern, MB
Auction Mart Road & Hwy #6**

Golf Equipment: Ford 1220 Lawn tractor w/loader & bucket; J.D. Gater, battery oper, 1540 hrs; Seed & fertilizer spreaders (3 tow & 1 push hand); J.D. Utility cart (approx. 4'x4'); Anti-sway hitch; Vermeer 206 stump grinder; Ball washer; Two Wheel Trailer; 5ft x 10ft Dump trailer w/tandem wheels; Troybilt 23" deck, self propelled mower, gas; Farm King 5ft finishing mower; Small homemade sprayer on two wheel trailer; King Kutter Scraper w/5ft box, teeth/ripper; Tandem sprayer trailer & tank; Small lawn sprayer (tow behind lawn tractor); Poulan 165 w/42" cut, hydro static mower; Craftsman 5.5 hp w.20" cut; (2) sets Men's right hand golf clubs & bag; E-Z-GO Golf Cart

Shop & Tools: 20 ton Press; Campbell Hausfeld 220v 80 gal compressor; 4 drawer tool cabinet; 5" Bench grinder on stand; Creeper; Westward variable speed drill; 4" & 8" Angle grinder; Wood drill bits; B&D Router; 1/2" Drill; 18" Belt Sander; Sears 6" Planer, 110 v on stand; 6" Sander on stand; Tripod halogen lights; Twin tank air compressor; Air compressor (for parts); Paint sprayer; Champion 4000 watts generator; (2) come-a-longs (1 double ratchet & 1 single); Air nailer (framing); Assort nails; Come-alongs; Gas jugs; 1 1/2" Honda gas water pumps; 2" B&S Gas water pump w/pickups; 1" Water hose, approx. 125ft; 3ftx4ft Bolt bin; Parts wash station (on stand); 1 1/2 ton floor jacks; 3 unit Craftsman tool chest-9 drawer top, 2 drawer middle, 3 drawer base; Mechanic stool on wheels; Pipe threaders; Tap & die set; Hammers; Timing light; (10) Pipe wrenches - 8"-24"; Ext cords; Ajax Anvil; C-clamps; Crescent & flat wrenches; Small storage cabinets; Ryobi 10" mitre saw; Dewalt 10" Radial arm saw; Wooden work benches - 4' & 12'; Slide hammer; 3/8" - 3/4" Ratchet set; 5ft Jack-all; Tire changer; Cement mixer; 5 Jack stands; 200 ft tape measure; Fill rite 12 v elec. fuel pump, dc; various sizes & lengths of hose; 1700 psi elec Pressure washer; (2) Dremmel tools w/case; Screwdriver w/case; Lazer pro level; 6 gal Shop vac; 4ft Step ladders; Honeywell oil heater;

Yard: Misc irrigation and plumbing sup; 200 ft Discharge hose (1 1/2 & 2"); PTO pump; (2) live traps (lge & sm); Stihl IMS170 Chainsaw w/case; Shovels; Rakes; Edger; Bowsaws; Rope; Tree Pruner on pole; Wooden benches w/plastic frame; (6) Wooden picnic tables; 10ft x 3ft metal fencing panels; Garden hose & reel; Metal garden shed, 6.5ft x 10ft;

Miscellaneous: Route 66 Trailer, 6ft x 10ft w/ramp door; (3) moving dollies; Misc Elec supplies; Fibreglass boat w/Minnkota battery, 12v motor; Various ball hitches; Pressure treated posts & telephone poles; West loading ramp; 16ft Pressure treated plywood (4 - 2x8 & 1 1/2"); 2ft square galvanized tub; Plastic garbage cans; 12ft Ext ladder; Diesel storage tank; Clear gas storage tank; (2) Portable toilets; Car top carrier (plastic); Plastic rain barrels; Plastic coolers (all sizes); Cash register; Cash till; Small safe;

Household: (2) elec. adjustable beds w/mattress & frames (queen & single); Folding tables; Woods 18cu ft upright freezer; 12ft Wooden shelving storage unit; Printer; Nordic Track treadmill; Wooden desk & stool; 4ft Jewellery case stand unit; Wooden TV tables; Plastic filing unit; (2) microwave stands; Wooden desk; Sofa table & end tables; 4 drawer chest; (2) sm metal stands; Commercial deep fryer; (40) Banquet tables; (12) Lounge chairs; Clothing steamer; Commercial display rack; 200 sq ft Brown click flooring;

(3) metal stacking storage units; Upright freezer; Coke cooler; Rug steam cleaner; (3) upright vacuum cleaners; 4 Drawer filing cabinet; Storage unit; Computer desks; Arm Chair (wheels); Fax/Printer machine; Microwaves; George Foreman grill; Slicer; Bunn coffee maker; Hobart Dishwasher; Stainless steel 3 unit sink; (2) Stainless steel tables & metal shelf; Large metal trunk; Beige leather sofa & chair; Rocker recliner; 36" Panasonic Sony flat screen TV; Restaurant quality flatware/dishes; Misc Household/kitchen; Magazine rack; Dresser, chest of drawers & 2 night tables

Lorne (Buddy) Bergner, Auctioneer

Box 721, Ashern, MB ROC OEO

Ph: (204) 768-2669 / Fax: (204) 768-3237

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House for sale, Sifton, MB. 3 bedroom, 1.5 baths. 3 sheds. Fruit trees. 5 appliances. New flooring, central air. \$65,000 obo. Phone 204-655-3399.

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TRAILERS FOR SALE

Enclosed cargo trailer for sale. 4' x 6' includes new spare tire. Excellent cond. \$2200. Ph 204-642-9601.

PROPERTY FOR SALE

Lots of lots - \$9000 each. En Bloc serviced, Arborg. Call 204-376-5244.

GARAGE SALES

SILVER HARBOUR - MULTIPLE GARAGE SALES. Saturday, June 20 from 9 a.m. - 2 p.m. at Arnes turn east off hwy 222 follow Colonization Road to Silver Harbour. Signs posted.

HELP WANTED

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

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HELP WANTED

Kabeelo Lodge in NW Ontario seeks a F/T nanny/child caregiver for 2015 season. Wage based on experience. Send resume to info@kabeelo.com or fax 807-222-3246.

BAILIFF EQUIPMENT AUCTION MONDAY, JUNE 22 - 2PM



Eastview Drive, Winkler, MB at the yard of Windy Lane Towing Company

Versatile 535, std. shift, 1829 hours
3 JD 9600 Combines, no heads
JD 9610 Combine
Apache AS850 Sprayer
Doeppker 40 ft. grain trailer
Highway Tanker unit, with pup
3 early 90's
Highway tractors
JD 535 Baler,
NH Mower conditioner
76. Chevy Tandem Grain truck, v8, gas, needs engine work

29/05/2015

See www.billklassen.com for full list & pictures

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TENDER

Tenders are now being accepted for the
REMOVAL OF MANURE
From the Ashern Auction Mart

The contractor of the successful tender will be responsible for the removal of manure, hauling and piling of manure approx. 2 1/2 miles from auction mart. Contractors also have the option of arranging their own locations for hauling and proper disposal upon board approval.

Tenders to be received by **June 24, 2015 (4 pm)**
Removal of manure to be done by **August 12, 2015**
For more info call Kirk @ 204-768-0019
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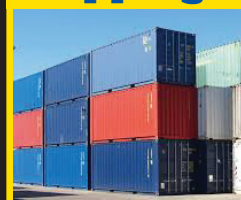


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Darren
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MISCELLANEOUS

99 Cadillac, \$1650; 73 Pontiac, \$1850; 82 Bronco, \$2450; 18 ft. motor home, \$1850; 25 ft. electric skyjack, offers; 87 Olds station wagon, \$1650; 6 inch I beams x 12 ft.; 5000 hub caps car & truck; chains; tractor rims; much more. East Selkirk, Harry 1-204-482-7251.

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Wanted - used musical stringed instruments. Also: amps, etc. Phone 204-376-5244, Arborg.

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POTATOES FOR SALE

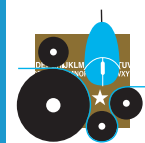
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Ecusta Fiber Plant Final Auction – Winkler, MB

Monday, June 22, 2015 • 10 AM

The Flax straw processing plant with baler and shieve equipment all going for parts or scrap. Two 500 electric horse power mills - each on triple axle semi trailer 10 x 60' two 500 HP electric 3 ph, balers, each on 10' x 60 triple axle semi trailers. Two Cyclone dust collectors on 8 ft x 45 ft Drop Deck. one cyclone collector free standing, large voltage power switch and observation panel. Most of this equipment is mounted on Trailers from light to tandem 40 ft to 60 ft x 10' with triple axle. Equipment is mounted on trailers, in many cases welded to deck. A number of 30 hp Fans 575 volt 3 phase power. Some Hydraulic power units 30 to 40 horse power.

SOME ADDITIONS

CONSIGNED by Dave Guenther and Construction, Winkler manitoba,

2004 Cat 262B Skid steer loader cab heat, Desjarins man lift, 80 ft reach, gas powered engine, ELECTRIC 12 Volt, PD30 DC Will lift up to 30 ft straight up, 2005 Great Dane, 45 ft Deck semi trailer tandem 24.5 x 1100 tires, alumin deck saftietd trailer with piggy back fork lift attachment, Selick piggy back TMF-55 FORK LIFT cap, 5500 lb, serial # 368190155320. Selick Piggy Back TMF-55 Tryicle forklift serial # 65406035532D. 2000 Mec 33RT Sissor lift, 4 wheel drive, Kubota gas Mec 2033ES LIFT NOT RUNNING project or parts, 250 ft of Rollers 30" 24" 16" with

All remaining equipment at the site 3 miles east of Winkler on Hwy 14 at Mile 17 W. Everything sells as is where is to the highest bidder!



Turning sockets in some sections, also support stands see photos on these, Tandem axle long pole pintle hitch, 15 ft roller deck

trailer, Jon deere 3130 tractor 3 pth, pto, power steering, no loader, Wood chipper 30 horse power 3 phase.

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This list may look short but if there is any thing you may find useful, come on down. Machinery needs to be off the premises in 20 days, July 22, 2015

See photos & full listing at www.billklassen.com

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Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication.

Call 467-5836 or classifieds@expressweeklynews.ca

get inspired

> MEAL IDEAS



Salmon Pasta Salad With Mint and Lemon Vinaigrette

Preparation

Cook pasta according to package directions; drain. Rinse with cold water; drain again. In medium bowl combine drained pasta, salmon, cucumber, onion and mint.

For vinaigrette, in small bowl combine lemon juice, oil, honey, zest, if desired, salt and pepper; whisk to blend. Pour over pasta mixture; toss gently to coat. Add tomatoes; toss gently. Serve immediately or cover and refrigerate up to 24 hours. Serve on top of lettuce with fresh lemon, if desired.

Preparation Time: 30 minutes

Chill Time: up to 24 hours

Makes 4 (2 cup) servings

Note: Cooked smoked salmon or smoked turkey breast may be substituted for cooked salmon.

Ingredients

- 8 ounces (about 3 cups) uncooked Rotini
- 12 ounces coarsely chopped cooked salmon (see note)
- 1 cup chopped seeded cucumber
- 1/4 cup chopped red onion
- 3 to 4 tablespoons snipped fresh mint
- 3 tablespoons fresh lemon juice
- 1 tablespoon olive oil
- 2 teaspoons honey
- 1 teaspoon lemon zest (optional)
- 1/4 teaspoon salt
- 1/8 teaspoon coarse grind black pepper
- 1 cup halved cherry tomatoes
- Leaf lettuce (optional)
- Lemon wedges (optional)

Cranberry Maple Lemon Rice Pudding



Ingredients

- 1/2 cup (125 mL) Arborio (short-grain Italian) rice
- 3 cups (750 mL) 1% milk (approx.)
- 2 1/2 tbsp (33 mL) pure maple syrup
- 1/4 cup (50 mL) dried cranberries, cherries or blueberries, (or a mixture, chopped if large)
- Grated zest of 1 lemon or small orange
- Ground cinnamon

Directions

In a heavy saucepan, bring rice, milk and syrup to a simmer over medium heat, stirring often.

Reduce heat to low, cover and simmer, stirring occasionally, for 20 minutes. Stir in cranberries and half of the zest; cover and simmer for 5 to 10 minutes longer or until rice is very soft and pudding is slightly thickened (it will thicken considerably upon cooling). Serve hot, warm or cold, stirring in more milk as necessary to thin. Sprinkle each serving with cinnamon and remaining zest.

Prep time: 5 min | Cook time: 35 min

Makes: 6 servings

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-Jill Nomeland

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The WISHING WELL-ness is totally worth a try. With a number of different low or no impact technologies to try (depending on your symptoms), you deserve to try out a totally new and totally relaxing way to address your problem.

If you need to improve your circulation, increase muscle tone (without lifting weights), improve flexibility, increase your metabolism then you have to try the WISHING WELL-ness. Do you have chronic back pain, osteoporosis,

fibromyalgia, or neurological disorders? Then definitely try the WISHING WELL-ness.

If you've been searching but not finding the solution to your aches and pains then you owe it to yourself to try out the technology that the WISHING WELLness has to offer.

Set aside some time on Saturday June 27th, and attend the open house at the WISHING WELL-ness, 115 4th Ave in Gimli, MB.

Try out all the machines (technologies), talk to Jill (she's great and very knowledgeable), bring a friend, and see for yourself the results whether its a looser back for your golf swing, dropping weight without strenuous exercise, or alleviating that nagging pain without pharmaceuticals. Need to get in sooner? Call Jill at 204-642-5429.

Soon the only thing you'll be wishing for is that you didn't find The Wishing Well sooner.

T-Bone Steaks with Dad's Steak Rub

Ingredients

- 4 T-Bone Steaks
- 2 tablespoons cooking oil
- Dad's Steak Rub (see recipe below)

Preparation

Thaw steaks overnight in refrigerator or quick thaw by placing sealed steaks in sink with water for 30 minutes to 1 hour.

Prepare rub recipe.

Heat grill on medium. Blot dry steaks with clean paper towel, then brush each side with cooking oil.

Generously season both sides of steaks with rub.



Grill steaks to desired doneness. For medium rare steak, grill for about 8 minutes on first side and 6-7 minutes on second side.

Preparation Time: 15 minutes

Cook Time: 15 minutes

Total Time: 30 minutes

Serves 4

Dad's Steak Rub

- 4 tablespoons coarse sea salt or kosher salt
- 1 tablespoon coarse ground black pepper
- 1 tablespoon coarse dehydrated onion flakes
- 1/2 tablespoon coarse dehydrated garlic
- 1/2 tablespoon crushed red pepper
- 1 teaspoon whole dill seed
- 1 teaspoon dried whole thyme
- 1 teaspoon whole cumin (toasted and crushed coarse)
- 1 teaspoon whole coriander (toasted and crushed coarse)

Preparation

Combine all and mix well. Store in air tight container or zip lock bag for up to 6 months.

Note:

To prepare cumin and coriander, toast by placing in dry pan over medium heat, shaking pan about 2-3 minutes until seasonings start to brown. Crush using bottom of pan on cutting board or with mortar and pestle.

Yield: 1/2 cup

Do you have a Health or Wellness Business?

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