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EXPRESS PHOTO BY BRETT MITCHELL

This year National Nursing Week is being celebrated May 10-16 with the theme #WeAnswerTheCall. Nurses play important roles in a patient's health-care journey, and the pandemic has brought to light the courage and commitment nurses have in fulfilling those roles and providing exceptional care. Thank you for all you do! Eriksdale's Elizabeth M. Crowe memorial Hospital nurses, left to right, Becky Desjarlais, Patty Anderson, Jalleen Hogue and Larissa Nahuliak.

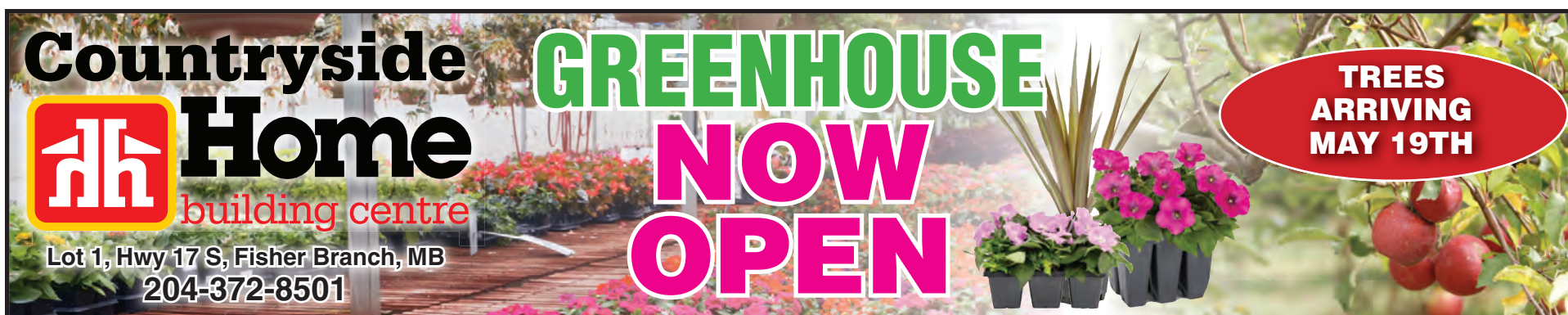
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Gimli pub gets \$5,000 fine after inspector characterizes staff as members of the public

By Patricia Barrett

It wasn't exactly a case in which a carriage turned into a pumpkin at the stroke of midnight, but to a Gimli business owner a similar mystifying incident took place a few weeks ago when provincial public health said the staff at his pub became members of the public at closing time.

Scott Carman, who owns the Ship & Plough Tavern, received a \$5,000 fine for ostensibly violating COVID-19 public health orders, which say the public must vacate licensed premises by 10 p.m.

Carman said an inspector from the Liquor, Gaming, and Cannabis Authority (LGCA) characterized his staff as members of the public even though they were the only people in the pub after closing, and feels the fine doesn't square up with the spirit of the health orders.

"The intent or the spirit of the law is, fundamentally, to keep Manitobans safe," said Carman by phone last week. "When you look at the issue we were fined for, did we violate the spirit of that law? Absolutely not. There were no members of the public involved because we were closed to the public. Nobody was put at risk. Everybody was safe. In my mind this

is a bogus charge."

Established in 2013, Carman's Centre Street pub is a popular gathering spot for drinks, snacks such as pickerel sandwiches and entertainment that includes stand-up comedy, music and pub quizzes.

On Saturday, April 24, Carman said the tavern had shut by 10 p.m. as required by law. The front door was locked, the sign was flipped and the lights were out. Only two of his staff members were in the venue. As in any business, his staff were required to complete closing-up procedures. They also had a drink that a patron earlier in the evening had bought them to show appreciation for their service (staff aren't allowed to drink while a pub is open to the public). When they heard a knock at the door, they answered it, saying the pub was closed. But the person flashed LGCA identification and asked to enter.

"I met with the inspector the following Tuesday [April 27] and I thought it would be an opportunity to discuss the situation with her. But she issued the fine to me at the meeting," said Carman. "She told me that in their [LGCA] mind, staff at the end of their shift become members of the public. The public health orders clearly state



EXPRESS PHOTO COURTESY OF SCOTT CARMAN

Ship & Plough owner Scott Carman said his staff were alone in the pub after closing time and did not endanger public health.

Business tickets

Manitoba

Name	Address	Fine amount	Total tickets
1. Christian Church of Morden Inc.	290245 RD 14N, Morden R0M 1H7	\$5,000	2
2. Ship & Plough Tavern	42 Centre St., Gimli R0C 1B0	\$5,000	1
3. Wasabi on Broadway	588 Broadway Ave., Winnipeg R3C 0W5	\$5,000	1

EXPRESS PHOTO MANITOBA GOVERNMENT

Public health enforcement orders between April 26 and May 2 show the Ship & Plough having been fined \$5,000.

members of the public have to vacate by 10 p.m."

Carman said it was baffling his staff could be characterized as the public when they were the ones taking out the trash and securing the premises for the night.

"We have followed public health orders to a T for over a year now and it's been exhausting. But we've stayed on top of everything and gone above and

beyond when there's been changes," said Carman. "When there's been a lack of clarity, I've reached out to public health inspectors and the liquor inspector because we want to do the right thing."

Businesses serving the public have suffered since COVID was said to arrive in Manitoba in March 2020.

Continued on page 4

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Chatfield visual artist chosen to create mural in Gimli

By Patricia Barrett

An artist who grew up near Camp Morton has been chosen to create an outdoor mural in Gimli to help celebrate Manitoba 150, which was postponed last year because of the COVID-19 pandemic.

Anthony Nelson (Anawason), who is now based in Chatfield, is a visual artist who's inspired by the natural world, mysticism, Dadaism (stressing the illogical and absurd) and maximalism. He has taken part in group exhibitions in Gimli and Winnipeg and has carried out graphic design work for several arts organizations and musicians. He published a colouring book titled *AWAYKIN: with colour* in 2016 that uses imagery derived from religion and ancient civilizations as well as intricate patterns.

Nelson (Anawason) is among seven artists who will be creating outdoor murals across the province to celebrate Manitoba's history, culture and people.

The mural project is being organized by Synonym Art Consultation, a curatorial collective from Winnipeg which promotes a grassroots street art movement and which hosts a mural and culture festival called Wall-to-Wall. Synonym promotes artists, musicians and performers from under-supported communities including Indigenous, Black, Afro-Indigenous, people of colour, 2SLGBTQIA+ and artists with disabilities.

"I am very grateful to Synonym Art Consultation for including me in the proposal for this project," said Nelson (Anawason) by email. "They have been very supportive throughout this process and I'm honoured to work with them."

He said he's still in the process of coming up with a mural for Gimli.

"I can't speak to the story of the pieces as I'm still creating new work that fits the vision of the mural committee," he said.

Each mural will tell a "story of the community in which it resides, and will inspire art, storytelling, and pride of place for all who see and visit the murals," according to a press release dated May 4 from Manitoba 150.

In addition to Gimli, Falcon Lake, Flin Flon, Norway House First Nation, Pilot Mound, Roseau River First Nation and The Pas will be getting a mural.

Synonym's opportunities co-ordinator Joy Balmana said Nelson's mural will be installed on the wall of the Evergreen Library on First Avenue in Gimli.

"The size of the work is to be determined," she said by email. "We're currently in the consultation phase of



EXPRESS PHOTO SUBMITTED

Visual artist Anthony Nelson (Anawason), who grew up in Camp Morton and now lives near Chatfield, was chosen to create an outdoor mural on the wall of the Gimli public library as part of Manitoba 150 celebrations.

figuring out what's just right."

The organization is working with Gimli's community representative, Kristine Sigurdson (executive director of the Icelandic Festival of Manitoba), to figure out what type of story they'd like to have.

Synonym gave each community partner a list of artists who could meet their vision, and they had the final choice on who they wanted to work with.

Over the next few weeks, each artist will develop mural mock-ups that reflect the community's needs, interests, values and histories, said Balmana.

"Ideally, there will be a small launch, but we're not promising anything until we know what provincial [public health] restrictions will be. We do know it will be sometime this summer (July or August)," said Balmana.

With additional support from Travel Manitoba, Synonym will be hiring local photographers to document the installation of each piece "so folks across Manitoba can enjoy and celebrate along with the community and artists."

The murals are sponsored by CWB National Leasing, an equipment financing company. Its senior vice-president of operations, Chris Noonan, said the company is "delighted" to help inspire tourism and local pride.

"Especially after a year of staying home, we appreciate the opportunity to support these great Manitoba communities in sharing their stories through art," said Noonan in the Manitoba 150 press release.

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The War Amps key tag service celebrates 75 years

By Jennifer McFee

The War Amps key tag service has been making a difference in people's lives for a milestone 75 years.

Not only does the service reunite Canadians with their lost keys, it also offers programs for amputees across the country.

The program got its beginnings in 1946 so war amputees could work for competitive wages while also providing a service to Canadians that would generate funds for the organization.

Today, the key tag service continues to employ amputees and people with disabilities.

Through the program, Canadians receive confidentially coded key tags in the mail each year. These key tags are registered to individuals' name and addresses.

If you have a War Amps key tag attached to your key ring and you happen to lose your keys, the finder can call the toll-free number on the back of the tag or place them in any mailbox in Canada. Then The War Amps will return the keys free of charge. They never sell, rent, trade or share their mailing list.

This key tag service is free, but anyone can choose to make a donation to the registered charity. Each fall, The War Amps mails donors a thank-you gift of peel-and-stick seasonal address labels, which provides further employment for Canadian amputees and people with disabilities.

The War Amps is also well known for its Child Amputee (CHAMP) Program, which offers services to child amputees and their families. The philosophy is to encourage child amputees to accept their amputations and develop a positive approach to challenges. The program launched in 1975 when war amputees' needs had been well served.

Through public support of the key tag program and the address label service, the CHAMPS program provides financial assistance towards the cost of artificial limbs and recreation devices. It also hosts annual seminars for child amputees and their parents across the country.

For John Van Massenhoven, the CHAMPS program impacted his life in more ways than he ever would have imagined.

"I was 14 when I lost my arm in a farming accident. At that time I lived in a very rural area in Ontario and no one else in the area had an amputation that



EXPRESS PHOTO SUBMITTED

War Amps regional representative John Van Massenhoven is able to shoot a compound bow using a special device that allows him to release the arrow by moving his chin.

I was aware of," said Van Massenhoven, who now lives near the border of Rosser and Headingley.

"Thankfully, through the nurses in the hospital, I was going to the child amputee program, which is funded through the key tag service. That program was a pivotal moment to my adaptation to life as an amputee."

The program allowed him to connect with other people in similar situations. At the same time, it provided learning opportunities through the annual seminars.

"Myself and my parents could learn about all the current prosthetics that were available to me, including options for enjoying leisure and sporting

activities. On the educational front, scholarships that are also funded through the key tag service, allowed me to advance my career," he said.

"It was quite a pivotal tool to helping me and my parents adapt, learning what options were available to me and providing counselling and those day-to-day supports that I needed. It really became part of my life as an amputee from then on."

Now, at age 50, Van Massenhoven is committed to helping others as the War Amps regional representative for Manitoba.

"I am still involved with the program as a volunteer. That program was a key part of me overcoming those obstacles that were put in my way as a result of the disability. I went on to attend university and I went on to attend law school. I became a lawyer and I've practised law for approximately 20 years," he said.

"I've been now named through the province as a provincial mediator through the Manitoba Labour Board. It really has been key in giving me that confidence and the belief in myself that I could do whatever it is I wanted to do."

In addition to boosting his professional confidence, the program also brought benefits to the personal side of his life.

"Interestingly enough, it was through The War Amps program that I met my wife, who is also an amputee and she was born without her limb. She grew up in Winnipeg and we met while going to university. I moved to Manitoba approximately 23 years ago," Van Massenhoven said.

"She's very successful too with a career at a banking institution in Manitoba. We have teenagers, and in addition to our careers, we operate a hobby farm with about 500 acres in Headingley."

Van Massenhoven credits The War Amps with providing the support that allowed him to thrive.

"I have been a staunch supporter of that program ever since I became an adult. I have lived it, so I know what it can do. I know what transformation it provides to amputees and their families," he said.

"It's really allowed me to achieve whatever I wanted to do. It's set me on the path to success — there's no doubt about it."

For more information about The War Amps, or to order key tags, visit www.waramps.ca or call 1-800-250-3030.

> FINE, FROM PG. 2

Carman said he has already experienced months of revenue loss from provincially mandated lockdowns and other measures. A \$5,000 fine will be financially "disastrous."

"We closed in the spring and the fall of 2020. We re-opened in February of this year. Over the past year, we've had to close for a total of five months. On top of that, for about two months, we were restricted to take-out and delivery only, which was unprofitable," he said. "And on top of that, we had reduced capacity and reduced hours of operation. We've made very little money in the past year. To have a \$5,000 fine looming over us is disastrous."

Under new provincial pandemic health orders, which just came into effect at the weekend, Carman and other pub owners will have to shutter their businesses for three weeks and move to take-out/delivery only if they choose.

Carman said perhaps his staff shouldn't have had a drink after the pub closed because that's a grey area. If that in fact constituted the infraction, he should have, at the very least, received a warning.

"I would argue if the LGCA says they shouldn't have been drinking, then that's an LGCA infraction," he said. "But is it a public health order infraction? Absolutely not."

Carman said he reached out to his lawyer, who advised that he plead the case before a magistrate.

"I think if people take a hard look at this, common sense should prevail," he said.

A spokesperson for the provincial justice department wouldn't say how Carman's two staff members put the public at risk and cannot discuss the case; people who dispute their fines will have to go through the justice process.

Carman said those who break public health orders should be the ones targeted by the province.

"I think [my fine] is a cash-grab and a poor interpretation of the spirit of the law," he said. "When there are many people out there publicly and flagrantly flouting the law by not wearing masks, holding rallies and doing other things that put people at risk, why [the government] would focus on a small business like mine and fine me \$5,000 is unconscionable."

It's not only the fine he's concerned about but also the potential blow to his reputation, he said. If members of the public see his pub having incurred a public health fine (fines are posted online), they may erroneously think he/his staff endangered people when that's not the case.

"When members of the public see that, they may question whether we're doing the right things, and are we keeping people safe. Then they might get nervous about coming in," said Carman. "This has a negative impact on my business."

MS Walk goes virtual for a second year on May 30

By Tyler Searle

On May 30, thousands of Canadians across the country will mobilize in support of the MS Society of Canada during the organization's annual MS Walk.

The event is typically in-person, but 2021 will mark the second consecutive year the fundraiser has continued in a virtual format.

"Previously, our walk events would happen in communities across the country throughout the month of May," said senior director of community Jessica MacPherson.

This year, the MS Society asks people to participate remotely by getting moving on their own — together.

"One really powerful thing that has come out is the idea of Canadians — tens of thousands of people — all walking on one day, and there is really great power in that."

Karla Wasylik and her sister Lisa Sigurdson have participated in the MS Walk nearly every year since 2007. Together with their husbands, family and friends, they form a group known as Karla's Krew.

Wasylik is an avid supporter of the MS Society and facilitator of the Selkirk MS support group. She also lives with MS herself.

In the months leading up to the Walk, her crew typically bands together to host fundraising events and collect donations from the community.

Unfortunately, the pandemic is restricting them from organizing dinner-and-a-movie nights or fundrais-

ing raffles as they have done in the past. Still, Wasylik, Sigurdson and their friend Kristin Swain are soliciting donations via social media.

Since its inception, Karla's Krew has raised a total of \$58,162, and, with fundraising season in full swing, that number is growing.

Wasylik credits the substantial patronage to her friends, family and supporters who have dedicated their time and money to help her and other Canadians living with the disease.

She is proud of what her community has accomplished but said the number doesn't matter.

"Just knowing that we are doing something for people living with this disease means everything."

Multiple sclerosis (MS) is an autoimmune disease that affects the body's central nervous system. Symptoms include weakness, vision problems and cognitive impairment. The effects can be highly volatile — often varying in intensity at a moment's

notice.

The disease is most common among young adults aged 20 to 49, and Canada has one of the highest rates of MS in the world. Data from the MS Society suggests an average of 11 Canadians are diagnosed with MS daily.

Canada is also a global leader in MS treatment. Some of the most groundbreaking and innovative MS research happens at the University of Manitoba, MacPherson said.

"SINCE I WAS DIAGNOSED UNTIL NOW, THERE'S BEEN SO MUCH PROGRESS IN RESEARCH IN TREATMENTS AND PROGRAMS."



EXPRESS PHOTO SUBMITTED

Left to right: Kristin Swain, Karla Wasylik and Lisa Sigurdson are walking with Karla's Krew in this year's MS virtual rally on May 30. The trio is hoping to raise \$4,000 this year.

In December 2020, scientists from the university discovered a protein that declines in the early, pre-symptomatic stages of MS. This discovery has the potential to aid in early diagnosis, targeted disease prevention, and treatments.

Fundraisers like the Walk facilitate research and fund educational and peer support programs for people living with MS.

"I think it's important that people know that every time they do make that \$50 pledge or \$25 pledge to an MS participant, it does make a difference. It has great impact," MacPherson said.

Wasylik has felt the impact firsthand.

Living with MS can be difficult and debilitating, and Wasylik does not go untouched by the disease, she said.

"I am lucky that in the times where I was not able to put forth the effort, my family and friends were there in my place, walking and fundraising and organizing, especially my sister."

Seeing the fruits of her crew's labour

keeps Wasylik motivated.

"Since I was diagnosed until now, there's been so much progress in research in treatments and programs," she said.

Communities who come together to support their family members or neighbours afflicted by the disease create the foundation that supports the MS Society, MacPherson said.

The MS Society is hosting a virtual rally on May 30 to coincide with World MS Day. On that day, they encourage people to participate by going for a walk in their community and posting on social media.

People are welcome to stream in and celebrate the fundraiser with MS supporters from across the country. The virtual rally will also feature inspiring stories from people who are living with MS, MacPherson said.

People who want to join the rally, donate to Karla's Krew, or register for the MS Walk, can do so at mswalks.ca.

Provincial music and arts festival moves online

Staff

The Associated Manitoba Arts Festivals' Provincial Music & Arts Festival will be a virtual experience this year.

Participants are invited to send in videos of their performances in seven solo disciplines: voice, piano, strings, classical guitar, woodwinds, brass and percussion. There are also classes in Canadian composers and Mozart, musical theatre and Gilbert & Sullivan, chamber group and speech arts.

Each division features five skill levels of competition: preliminary, junior, intermediate, advanced and senior.

Due to the fact so many community music festivals were cancelled in 2021, the provincial event is offering direct

entry classes for performers wanting to participate without having received an adjudicator recommendation at their local festival.

Entrants will have the chance, virtually, to view the videos of fellow class

performers and receive written and verbal adjudications.

The deadline for entries is Thursday, May 20. Full participation details and entry forms are available online at www.amaf.mb.ca.

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• GUEST COMMENTARY

The future of our students depends on this generation

Since the announcement of the provincial government's long-awaited response to the K-12 Review Commission, through Bill 64 (The Education Modernization Act) on March 15, thousands of Manitobans from every corner of this province have risen up in opposition. Their opposition is well-researched, well-presented and informed by the disastrous consequences that will play out if the Manitoba government proceeds according to plan. We strongly encourage all Manitobans to consider what their fellow citizens have to say.

The anti-democratic and illogical plans of this government to gut our public education system are heavily wrapped inside over 300 pages of sweeping legislation that the average Manitoban has little time to digest. What has been shared by government are a series of colourful sound bites and propaganda pieces that are specifically designed to mislead. To put it mildly, the provincial government is banking on the fact that Manitobans will ignore the uncontestable fact that their own vote and voices are about to be silenced. Given what's at stake here, Manitobans must ensure that this scheme is not successful.

Which brings me to the matter at hand: how do we succeed in preventing this time-bomb from going off?

The degree to which we can succeed, or even define our success, depends on the extent to which Manitobans understand the stakes and add their voices in opposition of these plans for education in the coming months. Since



Alan Campbell

the start of the COVID-19 pandemic, perhaps more than ever before, society as a whole has found itself turning inward. Through public health directives and often because, in the current context, where many have been left jobless or without access to key services, Manitobans are compelled to focus on themselves and their own issues. Who has time to consider the larger interests of community and the world around us? Some of government's loudest misinformation on Bill 64 ("No change for students and staff in schools," and "property tax rebates mean more money on your kitchen table") is fully dependent on this reality. In other words, "Nothing to see here, keep walking. We know you're busy and need more money so here is a rebate cheque, written on the backs of Manitoba's children."

The idea that Bill 64 will not impact students and staff in schools is simply ludicrous. The government has no other option but to levy more taxes to make up for the hundreds of millions



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in annual losses that will result from these property tax rebates. However, it is not as simple as just pointing out these blatant contradictions. There is so much more that our fellow citizens must rise to achieve in the months ahead.

My request of you is to become engaged in the matters outlined. Do you get it? Are you concerned and infuriated about this government's assault on our public schools, communities and democratic rights? Yes? Then share your concerns with your friends and family. I'm asking you to have political, perhaps even challenging, conversations with people who believe that they don't have "skin in the game" to care or make a difference. You must help them understand why they should make time and find the energy because if they don't, the damage to their local public schools and communities will be too great. The changes proposed will happen all too quickly and this is exactly what the government is counting on. Additionally, I'm asking you, your family and friends to register to present to the legislative committee on Bill 64.

Every generation has its calling. From the Great Depression to the Second World War, today's stark challenge by our own government to eliminate our vote and destroy our schools in the midst of a global pandemic is ours. The future of our students, families and communities are depending on each one of us to do our part to meet this challenge.

Visit www.localvoices.ca to learn more about why you should care about Bill 64 and how you can meet this challenge head-on.

Alan Campbell is the president of the Manitoba School Boards Association and chair of the board of Interlake School Division.

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NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS



EXPRESS PHOTO BY BRETT MITCHELL

Bison forage on specific grasses, forbs and trees. They create wallows and trails throughout the area. They add nutrients to the soil and they help propagate seeds, therefore contributing to the cycle of life and the health of the prairie. This herd of bison can be seen on west side of Highway 6 just north of St. Laurent. Help the *Express* record the weather of the week and send in your photos of friends or families enjoying the outdoors. Email: weather@expressweeklynews.ca

Manitoba launches new financial support for paid sick leave related to COVID-19

Submitted by Manitoba government

The Manitoba government is launching a new Manitoba Pandemic Sick Leave program to provide direct financial assistance to help fill gaps between federal programming and current provincial employment standards for paid sick leave, Premier Brian Pallister announced Friday.

"We are at a critical point in our fight against COVID-19 and the variants of concern, and it is crucial to stay home when sick to help limit the spread of this deadly virus," said Pallister. "Many Manitobans are living paycheck to paycheck, and they need to feel confident that if they are sick, they can stay home without any financial repercussions or fear of lost wages."

The new Manitoba Pandemic Sick Leave program will provide employers with up to \$600 per employee for up to five full days of COVID-19 related sick leave, which do not have to be taken consecutively. Eligible sick leave related to COVID-19 includes testing, vaccinations and side effects, self-isolation due to COVID-19 symptoms, or care for

Continued on page 8

Honouring David G. Tomasson by renaming Wildlife Management Area

By Derek Johnson, MLA for Interlake-Gimli

Our PC team is committed to the conservation of our environment. Our made-in-Manitoba Climate and Green plan is decreasing emissions. Our PC government is committed to save Lake Winnipeg and has pledged more than \$260 million to upgrade the North End Water Pollution Control Centre. In addition, Budget 2021 included an investment of \$225K for wildlife management priorities.

Part of the Minister of Agriculture and Resource Development's mandate is naming Wildlife Management Areas to memorialize Manitobans who have made notable contributions to conservation. The eight selected individuals are Manitobans that provided lifelong dedication to the improvement of Manitoba's wildlife

and wildlife habitat and are the first names to be announced as part of this initiative.

There are many deserving candidates given there are 89 WMAs in Manitoba encompassing almost 2 million hectares (5 million acres) of valuable wildlife habitat throughout the province. There will be more WMAs named in the future and recommendations can be brought forward for consideration.

In recognition of conservation trailblazers, I'm proud that the Manitoba government is renaming a Wildlife Management Area in honour of David G. Tomasson (1945 to 2014). Washow Bay WMA, to be renamed David G. Tomasson WMA, is situated within the Interlake area northwest of the town of Riverton.

Tomasson worked for the Province of

Manitoba for over 23 years. He started as an economic development analyst and later served as deputy minister for northern affairs and native affairs, energy and mines, and rural development. Outside of government, David was self employed as an economic development consultant and a commercial fisher on Lake Winnipeg. Later he served as the chairperson at Freshwater Fish Marketing Corporation, chair and member of the Freshwater Regional Harbour Authority Advisory Committee, director and member of the Hecla Village Harbour Authority and member of the National Harbour Authority Advisory Committee.

I would like to thank Mr. Tomasson for his work in our community and join in honouring him with this WMA recognition.



MLA for Interlake Derek Johnson

Province provides over \$75 million for businesses impacted by new public health orders

Delayed third wave coming into Manitoba; now we need to shorten the time it is here

Submitted by Manitoba government

The Manitoba government is increasing its budget for the Manitoba Bridge Grant and will be making a fourth round of up to \$5,000 payments for eligible businesses and organizations to help protect them through the third wave of the COVID-19 pandemic, Premier Brian Pallister announced today.

"We delayed the third wave coming into Manitoba and now we have to shorten the time it is here. That is why on Friday we introduced new, strict public health measures to curb the spread of the variants and reduce the strain on our health-care system," said Pallister. "We recognize this quick closure for many businesses will have a significant impact on their operations, particularly the restaurant industry who we know were preparing for a busy Mother's Day weekend. Our government remains committed to delivering the right programs at the right times to help individual Manitobans and businesses through these challenging times."

Through a fourth round of payments, the province will provide up to \$71 million in immediate financial support to eligible small and medium-sized businesses, not-for-profits and charities impacted by the #RestartMB Pandemic Response System. This brings the total program investment to \$286 million, which is \$86 million above the province's original commitment of \$200 million.

Eligible businesses that received prior bridge grant payments will automatically receive a fourth payment of up to \$5,000 beginning as early as Friday, May 14 and will be notified of the deposit via email.

"CFIB is pleased the government of Manitoba is extending the Manitoba Bridge Grant automatically to businesses that previously received it and providing additional support to restaurants to help cover additional costs related to food spoilage," said Jonathan Alward, director, Prairie region, the Canadian Federation of Independent Business. "Just one-third of Manitoba's small businesses

are making normal revenues for this time of year, so CFIB and other business organizations have called for this program to be extended as it has been an effective tool to provide financial relief to thousands of businesses across the province quickly and with minimum red tape." The province also announced an additional \$2,000 top-up for restaurants in addition to the \$5,000 Manitoba Bridge Grant payment to help cover the costs of food waste, employee wages, maintenance or insurance. Approximately 1,800 restaurants will benefit from this assistance, totalling \$3.6 million.

The province created the Manitoba Bridge Grant in November 2020 to provide upfront funding to businesses, not-for-profits and charities directly affected by public health restrictions and temporarily ordered to close their storefronts to the public.

The program was expanded to support home-based businesses indirectly impacted by public health orders. Eligibility criteria was later expanded to include hotels, resorts, lodges and outfitters, travel agencies, janitorial services companies and owner/operators of licensed passenger transportation businesses that saw demand for their services impacted by public

health orders.

An additional \$2 million will also be provided to the Dine-In Restaurant Relief program to help restaurants shift their operations toward a delivery model. The Dine-in Restaurant Relief Program, administered by the Manitoba Chambers of Commerce in partnership with the Manitoba Restaurant and Foodservices Association, launched in January 2021 to provide a rebate to dine-in restaurants that shifted to a delivery model due to public health restrictions. The program helps offset costs related to delivery services, whether a restaurant provides its own delivery service or uses a third-party delivery company.

"While we urge Manitobans to stay home as much as possible over the next few weeks, we also want to encourage Manitobans to continue to support our many small businesses," said Pallister. "The best thing we can do for our local business community right now is to bend our COVID-19 curve down, so they can get back to doing what they do best, employ Manitobans and offer services Manitobans rely on."

More information about business supports in Manitoba are available at: www.gov.mb.ca/covid19/programs/.

Stricter public health orders now in effect

By Ashleigh Viveiros

Stricter public health orders went into effect Sunday in a bid to slow down the third wave of the COVID-19 pandemic in Manitoba.

Chief provincial public health officer Dr. Brent Roussin unveiled the new restrictions Friday evening, citing the skyrocketing number of cases in our province as the cause of these more stringent measures.

"Case numbers are certainly going in the wrong direction," he said. "The latter part of this week we've seen a dramatic rise in cases and that's translating into a dramatic rise in ICU numbers."

The daily case count inched up from 279 at the start of last week to 529 this past Sunday.

"These are some of the highest daily numbers we've seen," Roussin said.

"We have to take these strong actions now to protect our health-care system, to protect Manitobans."

Under the new orders, outdoor gatherings that include people from multiple households are limited to a maximum of five people.

Restaurants, bars and patios are closed to in-person dining but can still offer take-out and delivery.

Gyms, fitness centres, casinos, museums, galleries, libraries, day camps, dance/theatre/music schools and personal services such as estheticians, barbers, salons and tanning salons all must close.

Indoor community, cultural and religious gatherings are prohibited. So are indoor sports and recreation, including after-school activities.

Outdoor sports and recreation activities now have a maximum of five

participants. Organized team games are not permitted.

Self-help gatherings are limited to 10 people.

Retail stores, markets and garden centres may open at 10 per cent capacity to a maximum of 100 people. Malls can open to 10 per cent capacity.

These orders will remain in place for at least three weeks, to Sunday, May 30.

Dr. Roussin urged Manitobans to not just heed these new restrictions but to do whatever they can to limit their contacts in the weeks ahead.

"These public health orders can't be written to guide every aspect of our lives," he pointed out. "We know that we all need to make personal choices to reduce the amount of contacts that are outside our households, and we need to act now."

"I know that Manitobans have done this before and I know we've been doing it now for 14 months, but we need to continue our efforts to keep these numbers down."

The government has upped the cost of fines for people found repeatedly violating public health orders.

Individuals who have received two or more tickets for failing to wear a mask will now pay \$486 for subsequent tickets instead of \$298.

Likewise, individuals who have received two or more tickets for other penalties under the orders will be fined \$2,542 instead of \$1,296.

Also, the penalty for failing to pay a ticket in the required timeframe (default conviction) has been doubled from \$50 to \$100.

Fines for businesses had not changed as of press time.

> LEAVE, FROM PG. 7

a loved one in any of the previously mentioned circumstances.

Private-sector, non-profit and charitable employers with eligible em-

ployees are able to qualify to receive the assistance. Employers who currently provide paid sick leave to their employees would not be eligible including federal, provincial and local governments. Eligible employees are

those who reside in Manitoba and work and receive wages in Manitoba on a full or part-time basis.

The premier noted the eligibility period begins today, May 7 and runs until at least Sept. 25, to coincide with

the federal and other provincial programs.

More details, including an application will be available shortly at www.gov.mb.ca/covid19/programs/.

Stay home, limit contacts, get vaccinated: Roussin

By Ashleigh Viveiros

Manitoba public health officials announced 502 new cases of COVID-19 and four new deaths on Monday.

The number of patients in hospital hit 215, 60 of which require intensive care.

A total of 42,453 lab-confirmed cases of COVID-19 have been identified in Manitoba since the pandemic began. We started the work week with 3,771 active cases, 37,683 recoveries and 997 deaths.

The current five-day COVID-19 test positivity rate is 11.6 per cent provincially and 13.8 per cent in Winnipeg.

Dr. Brent Roussin, chief public health officer, noted the spike in cases is tied to Manitobans having far too much contact with people outside of their own households.

"Since last Friday we've had more than 1,500 cases reported and that's

why we had to take stronger public health action, that's why we had to move Winnipeg and Brandon schools to remote learning," Roussin said. Stricter public health orders went into effect Sunday.

"That's why we're asking Manitobans to stay home. The best way to limit the amount of contacts outside of your household is to stay home," Roussin stressed. "Really, go out for essential reasons, limit those contacts ... that's the best way that we can end these transmission chains."

We're all sick of these restrictions, Roussin acknowledged, but adhering to them is the only way to stem the tide of COVID-19 infection and prevent the health-care system from being overwhelmed.

"We saw in February and March of this year that these measures work. And we need them to work again," he

said. "This time, though, as we're implementing these public health measures we have increasing vaccination occurring."

"With every passing day, more and more Manitobans are protected."

Eligibility widens

Eligibility to be immunized at a super site or pop-up clinic continued to expand this past week.

At press time, anyone age 30 or older and Indigenous people aged 18 and older are able to book an appointment.

Also eligible is any adult who is pregnant, a client of Community Living disABILITY Services, works in any health-care setting, works as a front-line police officer or firefighter, or lives or works in selected priority communities (parts of Winnipeg and Brandon, Powerview-Pine Falls, and the entire Northern RHA, including

Churchill).

Eligibility for the AstraZeneca/Covishield vaccine being administered at pharmacies and medical clinics includes individuals aged 40 or older and people aged 30 to 39 with priority health conditions.

"We really encourage all Manitobans to book your appointment to be vaccinated as soon as you become eligible," Roussin urged. "It really is our pathway out of these restrictions."

Head to protectmb.ca for the latest eligibility requirements or to book your appointment.

As of Monday, 565,219 doses of vaccine have been administered in Manitoba. The province expects to begin booking second-dose appointments of the vaccine on May 22, starting with people who are immuno-compromised or have other prioritized health conditions.

COVID outbreak declared at Lakeshore General Hospital in Ashern

By Patricia Barrett

The Interlake-Eastern Regional Health Authority (IERHA) declared a COVID-19 outbreak at Lakeshore General Hospital in Ashern on May 5 after cases of the virus were confirmed.

Patients requiring admission to the hospital will be transferred to another hospital until the outbreak is contained.

"The emergency department is remaining open, but we are not admitting any patients to the hospital," said an IERHA spokesperson last Thursday. "We are encouraging people to come for care if they need it, but if they require admission, we will be

transferring them to a different hospital."

At least two cases of COVID acquired within a facility must be confirmed before the situation can be considered an "outbreak." The health authority did not say how many cases were identified.

The personal care home, the primary care clinic and the dialysis unit remain open, but the health authority is making efforts to ensure those areas are isolated from the hospital through limiting the transfer of staff and items, said the spokesperson.

In an accompanying news release, the health authority said all patients and staff have been advised of

the outbreak and signage has been posted. Patients are also being monitored for symptoms. Anyone showing symptoms will be tested.

Telehealth appointments are being rescheduled or moved to Eriksdale if possible, states the release. Individuals scheduled for a telehealth appointment will be contacted to discuss other options.

With an exception for end-of-life care, hospital visits are restricted.

For more information, call the Lakeshore hospital's toll-free line at 1-855-347-8500, Monday to Friday from 8:30 a.m. to 4:30 p.m. Primary contacts, family members and caregivers needing information about patients can

call 204-768-2461 and ask to speak to a nurse.

COVID-19 testing continues to be available in Eriksdale. Even those with mild symptoms are encouraged to get tested. No appointment is needed. The testing site is located at the Wellness Centre, 35 Railway Ave. It's open from 10 a.m. to 3 p.m., Monday to Friday (closed for lunch from noon to 12:30).

The province announced last week that it will be setting up a COVID vaccination supersite in Gimli. An opening date wasn't provided but the site is scheduled to be up and running in late May.

Volunteer Manitoba opens nominations for annual awards

By Sydney Lockhart

Volunteer Manitoba is looking for community members to nominate local volunteers for their annual province-wide volunteer awards.

The awards celebrate the contributions and time that volunteers in Manitoba have put in to helping others over the past year.

"Our role in the community is to promote and encourage volunteerism and highlight the good work that volunteers are doing right across our province," said communications manager of Volunteer Manitoba Dawn Bourbonnais. "We also work with the non-profit sector just to support charities and non-profits in their professional development and in getting their messages out."

The awards ceremony will be virtual

this year due to the pandemic and will be broadcast on their Facebook page in September.

Currently Volunteer Manitoba is looking for nominations, both groups and individuals can be nominated at www.volunteermanitoba.ca/awards

"It is to highlight the incredible work volunteers have been doing in this past year, especially during COVID. We know that volunteers were still going to work, even though we faced a lot of shutdowns and restrictions, people were still giving back to their communities in different ways," said Bourbonnais.

Nominations can be for multiple awards such as the Lieutenant Governor's Make a Difference Community Award or the Premier's Volunteer Service Award.

"We really just want to show people that through everything it has been a tough year for all of us, but there's really positive examples out there of folks who stepped up and met that challenge and gave back to their community and we really were looking for those nominations we want to hear those stories," she said.

Bourbonnais said they have heard stories of people doing delivery services and tax services for seniors needing to stay home to stay safe from COVID-19 and that even the seemingly small helping hands make a large difference.

"Showing people that volunteerism is still alive and well is really important because a lot of people this past year, I think have made the assumption that we can't volunteer right now,

or things have shut down so they don't need help," said Bourbonnais.

She added that they hope the nominations and awards will inspire younger generations to volunteer more.

"As a volunteer centre, we're looking at data that was just released by Statistics Canada and the overall percentage of volunteerism has gone down over time," she said.

Bourbonnais said they usually get anywhere from 300 to 400 nominations and that they would hope to see more than that this year despite the challenges of the pandemic.

"Let's spread the good news. Let's thank all these people," she said.

The deadline to submit nominations is May 24.

Construction continues for Viterra's newest terminal



EXPRESS PHOTOS SUBMITTED

By Jennifer McFee

Work is underway for Viterra's new high throughput grain terminal in Rosser.

Communications manager Peter Flengeris said they continue to make progress with the project. They recently completed pouring the concrete, marking a milestone moment for the construction of the modern grain elevator.

"Viterra's new high throughput grain terminal at Rosser will be a state-of-the-art facility, with a storage capacity of 34,000 metric tonnes and the ability to load up to 134 railcars through a loop track," he said. "It will

have the capability of unloading 10 Super B trucks per hour."

The company is Canada's grain industry leader, supported by the expertise of its people, a superior network of assets and unrivalled connections to world markets, he added.

Headquartered in Regina, Sask., their commitment to agriculture goes back over 100 years, partnering with farmers to market and move their crops to areas of need around the world. Their continued focus on operational excellence throughout North America allows them to efficiently handle, process, distribute and transport grains and oilseeds.

Viterra completed pouring concrete last week.

They provide further value to their partners through a wide variety of contracting and risk management tools to help them realize the full potential of their crops.

"We have a long history in this part of Manitoba, and we're pleased to be renewing our commitment to farm customers in the Rosser and surrounding area through this significant investment," Flengeris said.

"Through our commitment to operational excellence, we continuously evaluate our asset network to ensure we're aligned with our business environment. By revitalizing our presence

in this area through a modern state-of-the-art facility, we will provide customers with convenient access to the superior service, marketing opportunities and advice that makes us an industry leader."

The facility will also bring employment opportunities to the area.

"Although we haven't finalized the exact number there will be jobs created as a result of this new facility," Flengeris said.

"We're looking forward to having the facility operational the end of this year."



PHOTO SUBMITTED

The Kiwanis Club of Gimli & District is taking orders for their annual Fish Fry, which will be held as a drive-thru event on May 23.

Kiwanis to host drive-thru Fish Fry

Submitted by Pam Larner

The Kiwanis Club Of Gimli & District is alive and well, and serving the community, albeit with some changes to how we operated in pre-COVID times.

The Annual Fish Fry will take place from 4 to 7 p.m. on May 23 at the Gimli Recreation Centre. Everyone is invited to pre-order and come and pick up a delicious meal that doesn't have to be prepared at home.

The cost is \$20 and includes a

hearty portion of pickerel (prepared with our celebrated secret coating), fries, coleslaw and condiments.

Due to COVID restrictions, dinner is pre-order only. Sorry, but walk-ups will not be accommodated.

To place your orders, call Margaret Stanicky at 204-389-2997.

The deadline for pre-ordering is May 16. Everyone will be assigned a pick-up time between 4 and 7 p.m.

Kiwanis looks forward to seeing and serving you on May 23 at the Rec Centre.

Peguis Central School continues with remote learning for two weeks

By Patricia Barrett

Peguis Central School notified the community last Friday that the school was off limits to all staff after a teacher tested positive for COVID-19, and that remote learning for students will continue until at least May 25.

The kindergarten to Grade 12 school on Peguis First Nation closed its doors to staff on May 7 as a precautionary measure, said PCS education director Carrie Sutherland in a notice dated the same day and posted on the First Nation's website. The Peguis Health Centre's nursing staff are conducting contact tracing in order to prevent the further spread of the virus.

Students will continue to learn from home.

In consultation with the First Nation's pandemic team and public health, "all in-class instruction for Peguis Central School students will be

suspended for another 2 weeks from Monday, May 10, 2021 to Tuesday, May 25, 2021," said Sutherland in the notice.

After consulting with chief and council and the band's pandemic team, the school had sent out a notice on April 30, recommending that remote learning be extended from May 3 to May 7 because of a variant of concern circulating in the region. Teachers had been providing homework packages and setting up Zoom and Google sessions for their classes.

Schedules for Zoom and Google for the May 10-25 remote-learning period will be posted on the PCS website.

"As every effort to protect our community from the COVID-19 pandemic is made we will continue to support working together in order to maintain the health and wellness of all community members," said Sutherland.



EXPRESS FILE PHOTO BY PATRICIA BARRETT

Peguis Central School had a teacher test positive for COVID, and the school will continue on with remote learning for at least another two weeks.

Pfizer COVID-19 vaccine approved for children aged 12-15

By Patricia Barrett

Health Canada approved the Pfizer-BioNTech COVID-19 vaccine for children aged 12-15 last week after a review of scientific evidence showed it's safe and effective, and Manitoba is expected to offer vaccination appointments next week.

It's the first COVID vaccine to be approved in Canada for use in children of this age group.

Canada's top health agency said it marks a "significant milestone" in the fight against COVID.

"After completing a thorough and independent scientific review of the evidence, the department has determined that this vaccine is safe and ef-

fective at preventing COVID-19 when used in children between 12 and 15 years of age," states the agency in a May 5 news release.

The agency has, however, placed "terms and conditions" on its authorization. It requires Pfizer-BioNTech to continue providing information on the safety, efficacy and quality of the vaccine in the 12-15 age group "to ensure its benefits continue to be demonstrated once it is on the market."

Health Canada had already approved the vaccine for children aged 16 and older in December 2020.

Pfizer-BioNTech had conducted a trial in the U.S. with 2,260 adolescents aged 12 to 15 and found its vaccine

was 100 per cent effective after the second dose.

Fabien Paquette, vaccines lead for Pfizer Canada, said the new approval will help protect children before they go back to school in September.

"Today's expansion of our authorization represents a significant step forward in helping the Canadian government broaden its vaccination program and begin to help protect adolescents before the start of the next school year," said Paquette in a May 5 news release posted on Pfizer's website.

A pediatric study of the Pfizer vaccine in children aged six months to 11 years of age is currently underway.

Manitoba has had 2,638 students in-

fectured with COVID, according to the latest provincial data. The government announced last Sunday that K-12 schools in Winnipeg and Brandon — where the majority of new infections are occurring — will be moving to remote learning, starting May 12, to help stem the province's third wave. Students will learn from home until May 30.

Schools in other areas of the province that remain open will have to ban singing and the playing of wind instruments.

The Manitoba government is expected to offer vaccine eligibility to individuals 12 and older by the Victoria Day long weekend.

Remote learning for schools in Winnipeg, Brandon

Staff

Schools in Winnipeg and Brandon are moving to remote learning this week.

Education Minister Cliff Cullen announced the move over the weekend, which saw the province's daily new COVID-19 case count hit 529 on Sunday.

"Keeping schools open and safe for students, staff and families has been at the forefront of our COVID-19 response planning, and our priority has been to have students in classrooms with face-to-face instruction to the greatest extent possible," the minister said. "However, increased transmission of the variants of concern, in-

creased case numbers in larger centres and rising numbers of cases in younger people means we are moving to remote learning in Winnipeg and Brandon to better protect students, families, teachers and staff."

At press time, other schools in the province were still operating as usual, with a few additional measures put into effect:

- Schools with multiple cases of the virus (outside of the same household) will be moved to remote learning.
- School officials can require students and staff who are showing symptoms to stay home for 10 days and encourage them to seek testing. Household members without symp-

toms should also self-isolate until the sick individual's test result is received.

- All extra-curricular activities, organized sports and off-site activities are suspended, as is indoor singing and indoor use of wind instruments.

"While some of these people may not have caught the virus in school or spread it to others in schools because they were self-isolating at home, the rising case numbers mean we need to take steps now to break the cycle of transmission and reduce case counts," said Dr. Brent Roussin, chief provincial public health officer. "Public health officials will continue to work with school leadership to actively monitor the situation, and move addi-

tional schools outside Winnipeg and Brandon to remote learning if and when the data indicates it is needed."

Cullen noted schools in full remote learning will be able to accommodate K-6 children of critical services workers who cannot make alternative care arrangements if they are not required to self-isolate.

In addition, schools will also be able to accommodate K-12 high-risk students and those with special needs.

As of Monday, child care facilities remain open, including sites in Winnipeg and Brandon, though children who are on remote learning at school should not attend child care facilities before or after school hours.

Manitoba's newest brewery wants its name to embody its impact on the community

By Joshua Frey-Sam

When Amber Sarraillon moved out of her parents' home after graduating high school from Stonewall Collegiate Institute, she never thought she'd be moving back in, let alone with her future partner.

That proved to be the case earlier this year when Sarraillon and her partner, Morgan Wielgosz, sold their home in Winnipeg so they could afford to start their own craft brewery, Good Neighbour Brewing.

"It was time for us to do what we've longed to do our entire careers," said Wielgosz, Good Neighbour Brewing co-founder and brewmaster.

But the vision for Manitoba's newest brewery didn't start in Winnipeg, and the decision to start the company has come with some tough decisions.

After moving to Toronto in 2005, Sarraillon found an interest in craft brewery and worked her way to a position with Amsterdam Brewery, where she met Wielgosz, a native of Dorchester, Ont.

The duo's relationship started as colleagues in 2010 and turned into life partners by 2016.

A business opportunity for Wielgosz led the couple back to Winnipeg in 2017, but the pair wanted to use their knowledge to make their own imprint on the industry.

The move to Winnipeg, and eventually Sarraillon's parents' home, meant Wielgosz would be leaving her home in Ontario.



Amber Sarraillon, above, and Morgan Wielgosz met at a craft brewery in Ontario in 2010, sparking the beginning of a business and life partnership.

Wielgosz said it's been hard starting her own business because her work hours don't leave much time to speak with family. She also said the decision to sell their home in Winnipeg and invest that money into their own business wasn't easy.



EXPRESS PHOTOS SUBMITTED
Sarraillon and Wielgosz enjoy some of their first batches of home-brewed beer while creating Good Neighbour Brewing.

"We made the ultimate sacrifice," said Wielgosz.

The couple stayed with mom and dad, Heather and Andy Sarraillon, for a few short months as they created their business.

They have since moved out again and launched Good Neighbour Brewing last week.

Their first beverage, "Bumbleberry Milkshake Sour," sold out in less than three hours, leaving the duo to feel optimistic about the future of their company.



Good Neighbour Brewing released their first two beverages Hazy Pale Ale and Bumbleberry Milkshake Sour.

Good Neighbour Brewery also carries a "Hazy Pale Ale" that is still available. Sarraillon said they plan

to launch a new beer every couple of weeks this summer.

Wielgosz and Sarraillon share more than 25 years of experience in the in-

Continued on page 19

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Supply chain delays throttle the Interlake auto industry

Auto dealers are unable to access a supply of new vehicles to meet growing demands

By Tyler Searle

A global shortage of microchips is creating an automotive famine in the Interlake, with dealerships unable to access a supply of new vehicles to meet consumer demands.

"It's going to be a long, skinny summer as far as automobile dealers are concerned," Bruce Giesbrecht said.

Giesbrecht is co-owner of Giesbrecht & Sons in Gimli. He has been in the automotive industry for 40 years and has never seen such a significant disruption to vehicle supplies.

"It's quite a scenario, actually. Because of the shortage, inventories are shrinking daily," he said.

Microchips are tiny silicon cards layered in billions of semiconductive transistors that process and store information. They are found in nearly every form of electronics, including computers, appliances and automobiles.

In modern cars, microchips manage infotainment systems and regulate engine functions. Without them, vehicles are left braindead and immobilized.

Numerous brand-new vehicles slated for delivery to Gimli Ford are parked in a compound in Dearborn, MI, said owner Russell Einarson. The new product cannot make transit without the microchips.

"We can be frustrated, but really there's no control. We've just got to keep doing what we're doing," Einarson said.

Multiple factors influence the shortage in chips, including delays at shipping ports in Vancouver and Montreal and temporary shutdowns at numerous manufacturing plants. Of course, the primary culprit is COVID-19, Giesbrecht said.

When the pandemic hit early last year, automotive sales in Canada plummeted. Market research from DesRosiers



EXPRESS PHOTO BY BRETT MITCHELL

Russ Einarson, left, of Gimli Ford and Giesbrecht & Sons Bruce Giesbrecht patiently wait for new stock to arrive. The shortage of microchips has slowed down production at plants all across North America.

Automotive Consultants estimated the drop was as steep as 19.7 per cent. Automakers like Ford, Chevy and GM responded by scaling back their production.

When vehicle sales rose later in the year, the foreign companies that manufacture the integral chips had already sold their wares to the electronics industry, so automakers could not resume the same level of production.

Dealers like Giesbrecht and Einarson are now at the mercy of a faulty supply chain.

"Business is good — supply is poor. So, we've got almost the reverse of what it was 16 months ago when there was lots of supply, but business was down," Giesbrecht said.

"From what I've been told from General Motors, we won't see an improvement in the supply of microchips for anywhere from three to five months."

Both Giesbrecht and Einarson agree the shortage is unprecedented and completely unexpected.

"It's just a whole bunch of weird things combined that nobody would

Continued on page 17



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The Westshore Community Foundation Inc. invite students within the Westshore catchment area to apply for post secondary Scholarships and Bursary Funds. Eligible students must have graduated from the Gimli High School or Riverton Collegiate Inc.

Consideration will be given to students who have completed a minimum first year of studies or Apprenticeship certification at their chosen institute of learning, including University, College and Trade Schools.

Mature students who have lived in the catchment area for the past 2 years and who have not pursued post-secondary education within the past 5 years are also invited to apply.

Applications and guidelines are available on the Westshore Community Foundation's website: westshorefoundation.ca
Applications will be accepted up to July 15, 2021.

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Home & yard

Stay safe when working in the yard this spring and summer!

A day spent working in the yard is an ideal way to pass the time on spring and summer afternoons. A pristine landscape can add value to a property and instill pride in homeowners who put a lot of thought and effort into their lawns and gardens.

A sun-soaked day can make it easy to overlook potential threats when working in a lawn or garden. But safety precautions are of the utmost necessity when working in the yard, where the risk for serious injury is considerable.

Lawn- and garden-related injuries can be prevented without going to great lengths.

- Know your terrain before mowing. Knowing the terrain in your own yard can reduce the risk for accident or injury. This can be especially important when mowing the lawn with a riding mower. Adhere to manufacturers' recommendations regarding inclines to reduce tip-over accidents that can pin riders beneath the mower. Study hilly areas of the yard prior to mowing so you know which areas are safe to mow with a riding mower and which areas are best mowed with a walk-behind mower. For greater control when using a walk-behind mower on an incline, mow parallel to the slope.

- Apply and reapply sunscreen. Sunburns may not require trips to the emergency room, but they can still be serious. In fact, the Skin Cancer Foundation notes that sunburn is a leading cause in the majority of cases of basal cell carcinoma, squamous cell carcinoma and melanoma, which is the deadliest form of skin cancer. The SCF recommends applying sunscreen 30 minutes before going outside to allow the sunscreen to bond to your skin.

Reapply sunscreen at least every two hours, and more often if you're sweating excessively. The SCF recommends broad spectrum sunscreens, which protect the skin from both UVA and UVB rays. Though a product with a sun protection factor (SPF) of at least 15 is acceptable when walking the dog or driving to work, the SCF advises using a product with an SPF of 30 or higher when engaging in extended outdoor activities like gardening or mowing.

- Employ the buddy system. Use the buddy system when pruning tall trees or performing any tasks that require a ladder. The Orthopedic Institute of Pennsylvania reports that more than 164,000 people are injured each year falling off a ladder. Ask a significant other or neighbor to hold the ladder in place while you climb up to reduce your risk of falling. If cutting large branches, cut them piecemeal to reduce the risk of being injured by heavy falling branches.

- Inspect the property for insect hives. The OIP notes that the most common insect stings in spring come from bees, wasps and hornets. Homeowners who are not careful can inadvertently come across hives when doing spring cleanup, making them vulnerable to bites and stings. That can be very dangerous for anyone, and especially so for people with a history of allergic reactions to insect bites or stings. Inspect areas where you'll be working to make sure insects haven't put down roots in your property. If you discover any hives and are hesitant to remove them on your own, contact a local landscaping firm.

Lawn and garden accidents and injuries can be serious. Thankfully, ac-



cidents and injuries are easily prevented when homeowners take a few simple safety precautions while tending to their lawns and gardens.

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Women rise to the challenge in support of cancer research

By Tyler Searle

Two groups of local women are asking for community support in their campaign against cancer, and they believe Stonewall is up for the challenge.

Challenge for Life is a fundraising event in support of CancerCare Manitoba. Between Aug. 7 and 15, participants attempt to complete a 20-kilometre walk or 200 minutes of exercise to raise money for cancer research.

For the second year in a row, Janice Holden plans to walk 20 kilometres over four days in Stonewall and St. Laurent, and she is challenging others in the Interlake to participate.

Cancer has afflicted multiple members of Holden's family, and she is a two-time cancer survivor. Without modern advancements in research and treatment, she may not have beaten the disease, she said.

"I'm almost two years cancer-free. If I had this 20 years ago, I maybe wouldn't be here now."

Holden is passionate about supporting CancerCare because she knows the funds directly help cancer patients in Manitoba, she said.

After seeing an advertisement promoting the Challenge for Life in 2017, she knew she wanted to get involved.

"That got me thinking, 'Gee, there's three or four of us in my family who've had cancer or passed away from cancer — maybe we should do something

to support the cause.'"

Typically, the challenge is a one-day event where Manitobans from across the province congregate in Winnipeg and walk together. Participants join individually or register as a team and then campaign for months to collect sponsorships from friends and family.

When the pandemic placed limits on social gatherings last year, the challenge shifted to a virtual format.

CancerCare asked people to track their walks using fitness applications on smartwatches or phones, and they extended the challenge into a 12-day event.

Going virtual makes the event more accessible for those living outside the city and more inclusive for people unable to walk the entire 20 kilometres in one day, said Monique Gauthier, a fundraising and community engagement co-ordinator for CancerCare Manitoba.

Holden agrees and adds that the new remote format has gotten her — and her counterparts — more engaged in the challenge.

"Last year, we did a whole bunch of posters and put them up along the route. We had so much fun," she said. "We were so excited about getting involved."

Holden is the team captain for a group consisting of her sister Mona Wonnacott, her brother Louis



EXPRESS PHOTOS SUBMITTED

Left to right: Roberta Barr, Deanna Allarie, Kaitlynn Barr and Angie Banmam formed the team Gord's Girls. They plan to walk 20 kilometres from the Balmoral Curling Club to the Stonewall Curling Club in support of cancer research.

Daigneault and her friends Claudia Kerbrat, Gisele Gervais and Jennie Lindstrom. The group registered as team "Families Matter" — a name that refers to the importance of keeping family close, Holden said.

Together, they hope to raise \$3,000 before the challenge ends on Aug. 17. The team has raised \$1,600 to date, and they still have more than two months to go.

At the time of print, Families Matter

is a top contributor among community teams — sitting in fourth place.

"When you're doing something like this, you feel like you're really contributing," said fellow team member Jenni Lindstrom.

"We hope that people will see what we are doing and either join us or form a team of their own."

Families Matter is not the only team

Continued on page 17

A new technology is making partial dentures way better

By Brock Vantor
DENTURIST

There is something new and very exciting when it comes to partial dentures! I am so excited about it because it is one of those things that is undoubtedly superior to the way we used to do it. They are fitting better than I have ever seen, and of course, patients are having more comfort than they have ever had in the past.

Since the beginning of metal working time, to make things like partials, we had to first make a mould of a certain shape (like a partial denture), then pour liquid metal into the mould and let it cool and harden. This method works great, but there is always a problem...when the metal cools, it shrinks! This means that no matter how perfect we make the mould of your denture, when we pour the

metal in, it will change shape and never have a perfect fit; re-quiring very careful adjustments to the denture. But now, I am very excited to say, we can totally get rid of that process where the metal distorts and partials don't fit as good as they should!

Today, we can design your partial denture on a computer, then use a computer controlled milling machine to actually make the exact shape of your partial out of hardened Titanium metal. This means no more distortion, and wow, the results are truly amazing! My brother, who is also a Denturist out in Medicine Hat, is also doing Titanium partials too and every time we get on the phone, we can't help but talk about how this new technology is just the best thing that has ever happened to partial dentures. We can

finally get the fit that we always wanted, and patients are absolutely loving them for 3 main reasons:

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Thanks for reading! Brock Vantor, the Denturist.



- supplied photo -

Recent patient Gary says, "Brock is awesome. My new teeth have a great fit, excellent work and the staff are very professional."

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> CANCER, FROM PG. 16

representing Stonewall during the challenge.

For the seventh consecutive year, Deanna Allarie is walking with her sisters Roberta Barr and Angie Banman and her niece Kaitlynn Barr. They walk as “Gord’s Girls” in memoriam of the sisters’ late father, Gord Barr.

“(Last year) we walked from Balmoral Curling rink, where our dad enjoyed curling, all the way to the Stonewall curling rink where he played his last game,” Allarie said.

Gord’s Girls walked the entire 20 kilometres in one day, starting at 7 a.m. and finishing around 11 a.m.

This year, they plan on taking the same route.

The walk was a success, but Allarie missed the encouragement and support of the in-person event.

“All four of us enjoyed it, but it just felt a little lonely.”

The girls expect to make the journey from Balmoral to Stonewall on Aug. 7, and Allarie hopes more people will get involved in the challenge this year.

“Even if you don’t want to commit to the walk, every little bit you can donate counts,” she said.

The uncertainty surrounding restrictions made it difficult to promote the fundraising effort last year, Holden said.

Both Families Matter and Gord’s Girls encourage people to form teams and take up the Challenge for Life.

“It feels really good. We do a lot of laughing, and we have a lot of energy because we’re doing it for a good cause,” Holden said.

Families Matter will walk in Stone-



wall on Aug. 8 and 15 and in St. Laurent on Aug. 10 and 12.

People interested can register their own team or join existing teams online via the Challenge for Life website.

Donations of all sizes are accepted, and both individuals and businesses can commit money to the cause.

> SUPPLY CHAIN DELAYS, FROM PG. 14

have ever thought of. It’s crazy how we are so dependent on such a little item,” Einarson said.

It’s not just microchips that are being delayed. The pandemic exposed vulnerabilities in global supply chains across a multitude of industries. Statistics Canada reported impacts to medical equipment, pharmaceuticals,

food and other goods.

The law of supply and demand suggests when demand exceeds supply, prices tend to rise.

“The automobiles actually have not skyrocketed in price yet, but we will see what happens if this continues,” Giesbrecht said.

“I think that’s why people are out

there buying. They might be thinking there’s going to be a dramatic price increase in automobiles across the board.”

It is automakers who determine the price of vehicles — not dealers, said Giesbrecht.

If manufacturing cost rises, automakers compensate by charging dealerships more, and the added expense

trickles down to consumers.

If you are in a position to buy, and you can find what you’re looking for, then now is the time, Giesbrecht said.

“We’re hanging in there and doing what we can, but supplies are dwindling and, apparently, it’s not going to get much better until the end of summer or early fall.”

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Nurses answering the call across the Interlake

By Patricia Barrett

With Manitoba having officially entered its third wave of COVID-19 infections and just starting out on another major lockdown, it shouldn't come as a surprise if nurses are too busy to notice that it's National Nursing Week (May 10-16), an annual event that recognizes their dedication to patient care.

Since COVID emerged in late 2019 and travelled the globe, leaving a massive swathe of death in its wake, there has never been a more apropos time to salute the nurses and the health-care aides who've been working flat out to save lives and stand in for family who can't be with loved ones dying from the deadly virus.

Yvonne Ozer, who has been a registered nurse for 43 years and has 51 years' experience working in health care, said the old ways of doing things have gone straight out the door since COVID popped up in Manitoba last spring.

"In all my years of nursing I don't think anything has impacted my job as much as COVID has since March of 2020," said Ozer by phone last Friday.

Ozer is the clinical team manager for the emergency department and special care unit at the now-named Selkirk Regional Health Centre, where she has worked her entire career. She manages nurses and health-care aides and works closely with physicians.

Unlike the disturbing and dramatic images rolling out of India, currently the epicentre of the world's worst COVID outbreak, Ozer said Manitobans aren't seeing people dropping dead in queues outside our local hospitals or victims' families pleading for supplies of oxygen or mass funeral pyres in the streets.

But the common denominator behind closed doors in hospitals across the province, including those in the Interlake, is people struggling to stay alive. And nurses are their witnesses.

"The general public here says they don't really see anything happening at the Selkirk hospital or other facilities in the Interlake. From a nurse that has been here day in and day out, I assure you nurses and other frontline workers are seeing the devastating effects of COVID," said Ozer. "And we're saying to the public to please help us by social distancing, wearing masks and getting those vaccines. I know there are some naysayers that don't believe COVID really exists, but it truly is a deadly disease."

Ozer said IERHA hospitals are seeing COVID cases regularly even if ER waiting rooms don't seem to be bustling. Depending on how bad the in-

fection is, patients may be at the hospital for a few hours, a few days or, in the worst case scenario, transferred to Winnipeg.

"It depends on the severity of the COVID case. Some COVID patients we see here in emergency just need education and support and can go home. Other patients might stay two or three days in hospital because they need IV fluids or supplemental oxygen to help them get over their symptoms," she said. "Sadly, we also see patients that don't do very well and we end up having to intubate them and send them to Winnipeg to the ICU. The sad thing is COVID is not specific to any one group; it doesn't matter whether you're rich or poor or young or old."

COVID and its more infectious variants have steadily crept higher in Manitoba over the past few months before really taking off last week.

On Monday, May 3, the province reported 250 new infections (20 in IERHA). By Sunday, May 9, those had more than doubled to 529 (27 in IERHA). On Monday of this week there were 498 new cases (25 in IERHA). The virus has so far killed 997 Manitobans (source: Manitoba government, May 10).

Ozer said she and her nursing staff have had to quickly adapt to a new system of patient care and practise to the nth degree what Florence Nightingale, the founder of professional nursing, preached with regard to infection prevention and control.

Donning and doffing personal protective equipment has increased their workload. Nurses have had to learn how different rooms in the hospital have been engineered to determine how quickly air exchange occurs (they have to close off rooms — before disinfection staff can enter — for a half to a whole hour or more after treating a COVID patient). They've also had to become design experts, carving up the ER and in-patient wards into zones for non-COVID, suspected COVID and confirmed COVID cases.

Then there are the extra-long shifts Ozer said she "tries not to" but sometimes has to "mandate" depending on the COVID load. She tries to mitigate those exhausting shifts by ensuring staff are well cared for.

"The most important thing we can do for our nursing staff, health-care aides and other staff is try to have a full complement of staff on shift," she said. "We try to make sure they get their breaks; they need those timeouts. In our facility, we're very fortunate that I don't have to mandate right now, but in some facilities in the prov-



EXPRESS PHOTO COURTESY OF THE IERHA

The founder of modern nursing, Florence Nightingale [1820-1910] said, "I am of certain convinced that the greatest heroes are those who do their duty in the daily grind of domestic affairs whilst the world whirls as a maddening dreidel [a four-sided spinning top]." Yvonne Ozer, clinical team manager of the Selkirk ER and special care unit, said Nightingale exactly describes our present-day COVID pandemic where nurses are doing their duty and helping save lives. What the public does will determine the trajectory of the virus.

ince nurses are mandated to work 16 hours. It occurs quite frequently."

Staff are forced to maintain a relentless vigilance against a virus nobody can see, except under a microscope, and will experience emotional fallout after seeing the damage it can inflict on the human body.

"We can follow our processes and do our daily routines but when we see the emotions of family members that can't see their loved ones, it does take an emotional toll on every nurse. We also see the devastation of COVID. We see people become extremely ill. We see patients deteriorate and we know they'll have to go to Winnipeg [to an ICU]. All these emotions do impact us," said Ozer.

"The most difficult aspect of COVID is how our humanity has been challenged. We have to become the family members, the emotional care-givers and the support-givers because of the guidelines to prevent the spread of COVID. So the nurses do spend extra time providing comfort and support to patients."

After "difficult" cases, she said staff will have a debrief "to make sure each one of us are OK" and to figure out if there was something they could have done differently, she said.

Should COVID grow exponentially across the region, Ozer said the IERHA's senior leadership team has a contingency plan to expand bed capacity. At the Selkirk hospital, for example, a lounge can be turned into a ward to accommodate some beds, and

patients can be moved to other facilities to free up space for acute care.

"We might be the ones people see on the news, but there's a whole team behind us working very hard to ensure we have acute care beds available throughout the province," she said. "As much as frontline workers are seen as the heroes, there are a bunch of heroes standing right behind us."

A nurse or health-care aide may be the last person you see as you die from COVID and it will be their hand holding yours as family is kept out of the infectious zone, said Ozer. The best thing people can do to prevent such a scenario from happening to them is to relieve the pressure on the health-care system.

That means religiously practising the "fundamentals" we've all heard ad nauseam and will continue to hear because they actually work against the spread of the virus and are our only way out of infection and possible death until the world is vaccinated.

"The best thing the public can do is wear a mask, social distance and don't gather together in large groups. And the biggest thing they can do is make an appointment and get a vaccine. Help us defeat this. It's a horrible, horrible disease," said Ozer. "I can't express enough how important it is that everybody does that. Then maybe one day we can return to a new normal where it's not my blue-gloved hand holding your loved one's hand, but your hand holding theirs."

> BREWERY, FROM PG. 12

dustry, and Good Neighbour Brewing is now among 18 craft breweries in Winnipeg.

But Sarraillon and Wielgosz say they are trying to create a different impact on the community.

"Our ultimate goal is to be submersed in the neighbourhood, not just another business," said Sarraillon, co-founder of Good Neighbour Brewing. We want to be welcoming, honest and contribute back to the community that supports us."

Sarraillon said she doesn't envision Good Neighbour Brewing expanding across Canada because they want to focus on Winnipeg's community.

"I fell in love with the sense of community and camaraderie that craft breweries give," she said.

Good Neighbour Brewing's goal is to continue inviting people into the craft brewery world as the industry continues to grow in Manitoba.

Wielgosz and Sarraillon recognize

the position they're in — starting a business during a pandemic — and want to use their experience to deliver on the same values they learned early in their careers.

"We want to provide some inspiration and hope for people in a cloudy time," said Wielgosz.

"There's a lot of need out there in our community."

Along with the welcoming atmosphere they're trying to build, the pair said they want to contribute directly to charities and support initiatives in the near future.

Good Neighbour Brewing is currently contracting out of Oxus Brewing Company at 1180

Sanford St. in Winnipeg but plans to find a location in the city that embodies their values as a brand.

While the duo work to get their beer in the Stonewall Liquor Mart, you can find Good Neighbour Brewing in select vendors and liquor marts across Winnipeg and online at oxusbrewing.com.

"WE WANT TO PROVIDE SOME INSPIRATION AND HOPE FOR PEOPLE IN A CLOUDY TIME"

Cargill gifts \$400K for new STARS helicopters

Staff

STARS is \$400,000 closer to replacing its aging fleet of helicopters thanks to a grant from Cargill.

The global corporation's gift will be used by the non-profit air ambulance to help purchase nine new, medically-equipped Airbus H145 helicopters at a cost of \$13 million each.

The aircraft will deliver critical care to patients across Manitoba, Saskatchewan, Alberta and parts of British Columbia for the next 30 or more years, STARS has said.

"Our supporters ride along with us on every mission, and we're so thankful our allies are helping us renew our fleet, particularly through these challenging times, when community support is so critical to our operations," said president and CEO Andrea Robertson in announcing the Cargill funding.

"These new aircraft are a generational investment in our ability to fight for the lives of Western Canadi-

ans for decades to come, and we're exceedingly thankful to Cargill for their financial support and leadership."

STARS has been flying missions in the new H145 aircraft from two of its bases since mid-2019. Thanks to government, community, and corporate support, they hope to see the remainder of the new fleet delivered by 2022.

Cargill is pleased to be able to lend them a hand in reaching that goal.

"At Cargill the safety of others is guided by our values of putting people first and doing the right thing. Safety extends well beyond our employees to our customers and the communities where we operate," said Jeff Vassart, president of Cargill Limited. "We are proud to support STARS and the critical emergency care they provide to rural and remote communities when it's needed most."

For more information about STARS' fleet renewal project, head to fightin-flight.ca.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Canada West announces 2021-22 schedules

Submitted by Canada West

Canada West member institutions affirmed their commitment to return to conference competition in 2021-22 at the virtual Canada West AGM May 4-5.

Conference members signalled their intentions to return to regular season play with the formal approval of alternative sport formats for 2021-22. The alternative formats, which have a greater focus on regional play where possible, provide a viable option for the conference to move forward in planning to stage a full Canada West season that would begin this fall.

"In addition to the health and safety concerns that we all have been facing this past year, our members also face a significant amount of financial uncertainty stemming from the COVID-19 pandemic," said Canada West

President Curtis Atkinson. "Today is a positive step forward in returning to Canada West competition in a feasible, safe, and fiscally responsible way."

The change to formats will be in effect for the 2021-22 season only, after which formats will return to their previous models. Alternative formats were adopted for one season in the following sports: football, soccer, hockey, basketball and volleyball. The formats for championship sports remain as currently scheduled.

"The Schedule Format Committee has worked tirelessly for the past number of months to propose various formats, fitting any number of criteria, to get us to a place where today, we feel as though we have a plan that will allow our student-athletes, coaches and all of our stakeholders to see the return of Canada West play," Atkinson

added.

"It's important to also recognize and thank my fellow Board members and the COVID-19 Task Force for their devotion and leadership as they have continued to navigate through the difficult decisions that have needed to be made over the last year. While the work has been challenging, they have continued to work towards the end goal of getting our student-athletes back to competition."

The alternate formats may require further adjustments which will be addressed as the permissions and approvals for return to competition are known. In order to begin a 2021-22 Canada West season, members will still need to receive permission to return to sport competition from their institutions and receive clearance from the health authorities in their re-

spective provinces.

"Ultimately, I commend our membership for showing their commitment to playing a Canada West schedule, providing an opportunity for programs to compete at conference championships and ensuring that our student-athletes are able to appropriately prepare to vie for national titles with the approval of these alternate formats," said Canada West managing director Rocky Olfert.

"We will continue to monitor the decisions made by provincial governments and health authorities across the four Western provinces, along with any further financial impacts experienced by our members to ensure that we remain on a pathway to play a Canada West season."

Full Canada West schedules will be released at a later date.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Lott joins forces with Simmons for Olympic pre-trials

By Ty Dilello

Déjà vu! In an almost mirror image of four years ago, Saskatchewan-born curler and two-time Brier champ Pat Simmons is coming out of retirement to skip a Manitoba team and attempt to make a run at the Olympic Pre-Trials.

Just a few weeks after Winnipeg Beach's Colton Lott and East St. Paul's Kyle Doering were unceremoniously dumped by their skip Tanner Horgan in favour of a new Ontario-based team, they reached out to an old teammate to see if he would come out of retirement once again to chase the Olympic dream.

"It was definitely a surprise when Kyle reached out to me and pitched the idea to return to competitive play and skip their team at the Olympic pre-trials this October," said Pat Simmons. "With their team being in the same unique position as four years ago and the familiarity I have with Colton and Kyle, I thought it would be a great opportunity to give it another shot."

The 46-year-old Pat Simmons is a chiropractor by trade but currently works with CurlSask as its director of high performance. He is best remembered for winning back-to-back Tim Hortons Brier in 2014 and 2015, respectively. He also won a bronze medal at the 2015 World Championships.

"With Tanner Horgan leaving our team and not much time left to prepare for the Olympic pre-trials, we decided to look for a seasoned skip that would be used to the pressure in the upcoming months," said Colton Lott. "When Kyle suggested asking our previous skip Pat to return, I was very excited at the possibility of curling with a player of his stature."

Colton's older brother Tanner and Stonewall's Emerson Klimpke will round out the new Simmons team and rotate at the lead position throughout the season.

By virtue of the Interlake team's performance over the past few seasons on the World Curling Tour, they have likely already qualified for the Olympic pre-trials in early fall. From there, they will need a solid performance to advance to the main Olympic Trials.

During the last cycle for this team at the 2017 Olympic pre-trials, things didn't go smoothly for Simmons and company as they finished last in their pool with a 2-4 record, failing to even qualify for the playoffs.

"Four years ago, our team was known as 'Pat and the kids,'" said Kyle. "We were very inexperienced. It was our first ever pre-trials, where this go-round, Colton and I have already played with Pat, we know what to expect, and we're four years older."

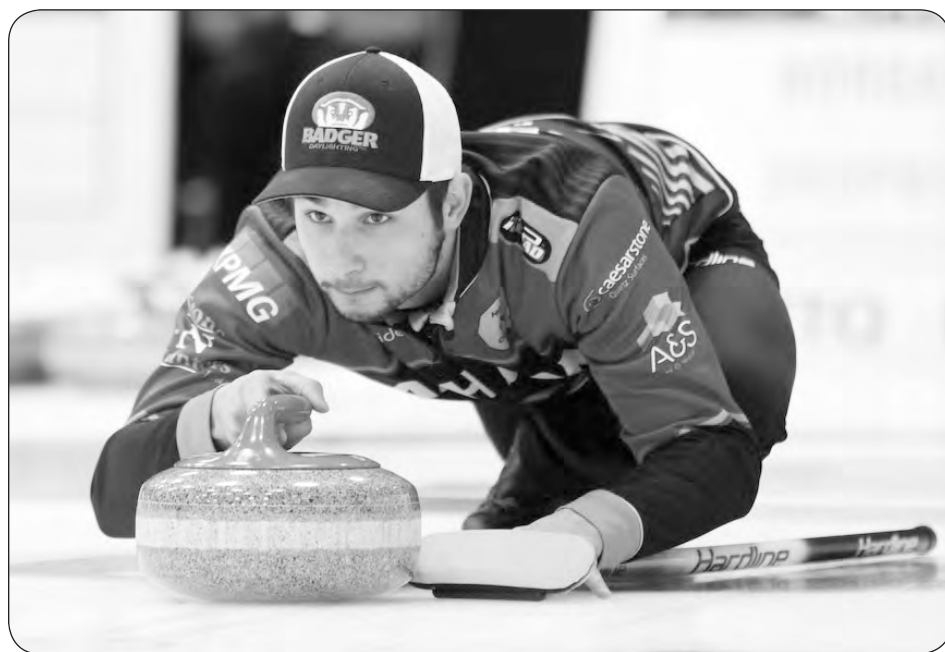
Although the COVID-19 pandemic cancelled most of this past 2020-21 curling season, Colton Lott certainly made the most of it in the Calgary bubble.

Lott won a silver medal at the Canadian Mixed Doubles Championship in March with fiancée Kadriana Sahaidak and spared for John Epping's team during two Grand Slam events last month.

"His success in mixed doubles doesn't surprise me, but obviously, it adds more confidence to the team," said Doering. "We already knew he could make any shot. It's nice to have such a world-class person at the third position, and then bringing on Pat with his experience and resume will make this quite a unique and dynamic team, I think."

The Canadian Olympic Curling Trials will take place Nov. 20-28 in Saskatoon to determine Canada's men's and women's teams for the upcoming 2022 Beijing Olympics. However, Team Simmons will have to first play in the pre-trials event scheduled for Oct. 26-31 in Liverpool, Nova Scotia.

"We have a lot to build on, and it's going to be an exciting whatever sort of season," Doering said. "Just know-



EXPRESS PHOTO BY ANIL MUNGAL

Colton Lott shoots a stone during the 2019 KIOTI Tractor Tour Challenge Tier 2 men's final in Pictou County, N.S.



EXPRESS PHOTO SUBMITTED

Two-time Brier champ Pat Simmons is teaming up once again with Interlakers Colton Lott, Kyle Doering, Tanner Lott and Emerson Klimpke to make a run at this fall's 2021 Olympic pre-trials.

ing Colton and we've already curled with Tanner, it could be something special. We can't wait to get things going in the fall."

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news@expressweeklynews.ca or Phone 204-467-5836

Canada's Einarson ousted in playoffs

By Brian Bowman

Team Canada's Kerri Einarson's wild roller-coaster ride at the world women's curling championship in Calgary came to a screeching stop on Saturday morning.

Einarson was eliminated after an 8-3 loss to Sweden's Anna Hasselborg in a first-round playoff game.

Hasselborg, the reigning Olympic champion, led 5-2 after four ends and then increased that advantage to 7-3 after seven.

When Einarson gave up a steal of one in the eighth, Canada conceded the game.

"I had a really good feeling going into the game," Einarson told the *Canadian Press*. "We just got behind the eight ball a little early and just needed something to bail ourselves out."

"We just weren't as sharp as we have been."

Sweden kept Einarson from scoring big ends. Canada could only muster singles in the second, fourth and sixth ends.

"We struggled a bit early and then they just ran away and made everything after that," said Canada third Val

Sweeting.

Canada's Gimli-based team, which also includes Shannon Birchard and Briane Meilleur, struggled early during the round robin as they posted a disappointing 1-5 record. They eventually turned things around, though, and finished with a 7-6 record which gave Canada sixth place and the final playoff spot.

Switzerland won the gold medal after a hard-fought 4-2 win over RCF on Sunday afternoon. The United States crushed Sweden 9-5 to claim the bronze earlier that day. The U.S. trailed 4-2 after six ends but exploded for five in the seventh to break the game open.

The top six teams in the 14-team field earned Olympic berths for their countries at the 2022 Beijing Games.

Einarson, meanwhile, won't have much time to rest as she will be competing at another world championship later this month.

She will pair up with Brad Gushue while representing Canada at the world mixed doubles championship in Aberdeen, Scotland, from May 17 to 23.



EXPRESS PHOTO BY JEFF MCINTOSH/CP

Canada skip Kerri Einarson, left, and third Val Sweeting leave the ice after being defeated by Sweden on Saturday.

McDonald moving to Manchester, England, for football

By Brian Bowman

For years, Isabelle McDonald has played football here in Manitoba.

But she will soon be making some tackles in England.

McDonald will be heading to Manchester, England, later this month as she will be playing football for the Manchester Titans' women's team.

The Titans women's team have been at the forefront of the growth of the women's game. Having played in the Sapphire series since 2014, they were one of the founding members of the women's premier division in 2015 making the semifinals in both 2017 and 2018 to be ranked the fourth-best team in Great Britain.

"I'm super excited," said McDonald last week. "I can't wait. My plan to go to England has been in the works for the last couple of years but with COVID and shutting down my women's season this year, I decided to pursue it even more. It's going to be amazing."

McDonald, a linebacker and former Interlake Thunder player, wanted to make sure that her Manitoba Fearless women's team was not going to have a season this year. Once that was con-

firmed, she contacted Manchester and they welcomed her with open arms. The team has already been practicing for a couple of weeks.

After her 10-day quarantine, McDonald will be playing football in England. She will also be working out there as her mom was born in England, meaning McDonald has dual-Canadian/England citizenship.

She has never been to England before but McDonald, 19, is very excited for the new experience.

"I'm excited to take this new challenge and have been looking forward to it the last couple of months," she said. "I've been kind of keeping it under wraps just in case it didn't happen. I'm starting to tell people now and it's starting to feel real. In about three weeks, I'll be hopping on a plane and it's all sinking in."

Football-wise, it's also going to be a different experience. The Titans play American football which has four downs. As well, there are seven players on both offence and defence.

"I'm actually going back to my roots with the (Manitoba Girls Football Association) which is six a side and I love



EXPRESS PHOTOS SUBMITTED

Isabelle McDonald will be playing football for the Manchester Titans in England this season.

that type of football," she noted. "I'm pretty excited to get back to my roots."

McDonald admits she will definitely be homesick as she leaves her friends and family back here in Manitoba.

"I know my parents are going to be constantly calling me and FaceTiming me," she said. "I'm not going to be missing their faces but I'll definitely miss their hugs."

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SUMMER STUDENT EMPLOYMENT OPPORTUNITY

Seasonal Groundskeeper (Funded by Manitoba Metis Federation) July 5 to August 27, 2021 (Eight weeks)

The Rural Municipality of Fisher is accepting applications for the above position:

Duties:

Grass cutting and trimming along roadways, ditches, riverbank and vacant lots.
General garbage cleanup and related light maintenance.
Assisting with other duties as required.

Requirements:

Must be a student between the ages of 16 and 30 who attended school full-time during the preceding year and intend to return to school on a full-time basis in the following academic year (part-time and distance education students do not qualify).
Must be Metis, Non-status or Inuit.
Must be able to work with minimal supervision.

Please submit applications by **4:30 p.m. Monday, June 14, 2021** to:

RM of Fisher
Box 280, Fisher Branch, MB R0C 0Z0
Fax: 204-372-8470
Email: fishercao@mymts.net



Rural Municipality of
FISHER

Box 280, Fisher Branch, MB, R0C 0Z0
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EMPLOYMENT OPPORTUNITY

RURAL MUNICIPALITY OF FISHER CUSTODIAN – CASUAL ON CALL BASIS

WASTE DISPOSAL SITES – FISHER BRANCH, POPLARFIELD, HODGSON

The Rural Municipality of Fisher invites applications for the position of Custodian (permanent/part time/on call) for our three Waste Disposal Sites. This is an on-call basis to cover sick days and vacation time. Maybe called in to assist on additional days.

Requirements for this position are:

- Valid driver's license
- The applicant must be prepared to obtain any legislated certification that is required for the position.

Job Description: The Custodian is required to direct waste disposal and recycling activities, and perform other duties relating to maintenance of the site as assigned.

Days/Hours: The Disposal Sites are open three (3) days a week - Tuesdays, Thursdays and Saturdays. Hours vary depending on the season.

The R.M. of Fisher offers a competitive wage for this position. Salary is set out in the CUPE Local 4348 Collective Agreement.

Written applications including resume, cover letter and three work related references to be submitted in confidence. **Deadline for applications is June 1, 2021**

RM of Fisher "Custodian Position"
P.O. Box 280, Fisher Branch, MB. R0C 0Z0
Phone: (204) 372-6393 Fax: (204)372-8470
Email: fishercao@mymts.net

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APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

MISCELLANEOUS

There is evidence that nations other than Israel observed a Sabbath day (Sunday) from earliest times. The Sabbath day was instituted by God at creation (Gen 2 vs 1-3). The Lord's Day is the heritage of our nation and Sunday observance was written into the laws of our land, just as the commandments concerning stealing and murder. For more on the Christian Sabbath day visit our website www.clda.ca

HELP WANTED

Overland Truck Outfitters, the leader in truck caps and truck accessories, is looking for a reliable motivated person to install truck accessories. Bring resume to Overland Truck Outfitters, 102 Aviation Blvd. St. Andrews 204-338-4292.

The Window Factory located at 605 Mercy St, Selkirk is now hiring installer assistant and manufacturer assembly personal. Please apply in person to the office Monday - Friday. Valid driver's licence required for installer assistant.

Part time Class 1 driver required. Mileage ranging from 250 miles to 1,500 miles per week into Northwestern Ontario and Manitoba. \$0.45 per mile plus drops. Minimum 3 years experience. Call Derek 204-785-3984.

Construction labourer needed, must have ability to use power/hand tools, concrete experience an asset but not necessary, must have valid drivers license \$15-18/hr. 204-785-0641.

WATER TREATMENT

Waterite dealer. Water softeners 30,000 grain \$598. All sizes. Five stage reverse osmosis systems \$246. Filter 10" sediment \$3.40 and 10" carbon \$6.40. Greensand iron/odour/manganese removal filters \$780. All Seasons Furnishings 204-661-8581.



Rural Municipality of
FISHER

Box 280, Fisher Branch, MB, R0C 0Z0
Tel: 204-372-6393, Fax: 204-372-8470

EMPLOYMENT OPPORTUNITY

LUD of Fisher Branch Green Team Summer Student July 5 to August 27, 2021 (Eight weeks)

The Local Urban District of Fisher Branch is accepting applications for the above position:

Requirements:

Must be between the ages of 16 and 24.
Valid drivers licence is an asset.
Must be able to work with minimal supervision.

Duties:

Grass cutting and trimming along roadways, ditches, riverbank and vacant lots.
General garbage cleanup and related light maintenance.
Assisting with other duties as required.

Please submit applications by 4:30 p.m. Monday, June 14, 2021 to:

LUD of Fisher Branch
Box 280, Fisher Branch, MB R0C 0Z0
Fax: 204-372-8470
Email: fishercao@mymts.net



Rural Municipality of Armstrong

EMPLOYMENT OPPORTUNITY YOUTH EMPLOYMENT

The Council of the Rural Municipality of Armstrong invites applications for the following positions:

2 Green Team Summer Students

Qualifications

- Valid Class 5 Manitoba Drivers' license
- Knowledge in the operation and maintenance of riding mower, push mower, weed eater
- Knowledge of safety procedures and of the use of safety equipment
- Ability to do physical labour
- Available from July to August
- Must be 16 to 29 years old (consideration will be given to those 15 years of age who obtain a certificate of completion for the Young Worker Readiness Certificate course)

Further information may be obtained by contacting the Office at 204-278-3377.

Written applications to be submitted by 4:30 p.m., Friday May 21, 2021 to:

RM of Armstrong Office
Box 69, Inwood, MB R0C 1P0
Fax: 204-278-3437
Email: cao@rmofarmstrong.com

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LIVESTOCK

Registered purebred, polled & quiet, yearling and 2 year old Charolais bulls for sale. Will be semen tested and can be delivered. EPDs available. For more info. call Ken at 204-376-2418.

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NOTICE TO CREDITORS

IN THE MATTER OF:
The Estate of Lawrence David Park, late of the Town of Ashern, in Manitoba, deceased.
All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 23rd day of June, 2021.
DATED at Stonewall, Manitoba this 7th day of May, 2021.
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THE RURAL MUNICIPALITY OF ST. LAURENT CAREER OPPORTUNITY

Assistant Chief Administrative Officer (Finance & Administrative)

The Rural Municipality of St. Laurent is inviting applications for the full-time position of Assistant Chief Administrative Officer (ACAO).

The ACAO will assist in the management and implementation of all aspects of daily municipal finance and administration. We are seeking an individual that has advanced skills in accounting, and has the ability to lead, oversee and implement organizational administration, assisting, reporting to and taking direction from the CAO. A high level of ability to communicate and assist staff, council, and the public will also be expected from the successful candidate and excellent human resource skills will be required.

The ACAO may be expected to assume the authority and duties of the CAO in an acting capacity when appointed to the role in the CAO's absence. Assuming the roles and responsibilities of other staff in extended absence may also be required from time to time.

Assets considered: CMMA course certification or extensive experience in local government/public sector environment; high-level accounting and managerial skills/background; knowledge of federal, provincial and municipal legislation; extensive computer and software (accounting and Microsoft) experience; political and financial acumen; and an individual who has excellent French language communication skills as well would be ideal.

The successful candidate can expect a salary and benefit package reflective of their experience and qualifications, starting at no less than \$21.00 per hour. Interested individuals may submit a cover letter* and resume with three references to:

Hilda Zotter
Chief Administrative Officer (CAO)
The Rural Municipality of St. Laurent
16 St. Laurent Veterans' Memorial Road (Inside St. Laurent Recreation Centre)
P.O. Box 220, St. Laurent, Manitoba R0C 2S0
E-mail: cao.rmstlaur@mymts.net
Fax: 204-646-2705

*IMPORTANT: In your cover letter, please briefly describe each of your assets that would make you the ideal candidate for this position. Also, all prior work experience should be listed including name of employer.

If you have any questions, please call the CAO at 204-646-2259. A complete job description is available upon request.

The deadline for submitting your Resume is Wednesday, May 26, 2021 at 4:30 p.m. however this posting will remain open until a suitable candidate is found. The position is to commence June 21, 2021. We thank all that apply; only those selected for interview will be contacted.

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Box 280, Fisher Branch, MB, R0C 0Z0
Tel: 204-372-6393, Fax: 204-372-8470

EMPLOYMENT OPPORTUNITY

Green Team Summer Students (2 positions)

July 5 to August 27, 2021 (Eight weeks)

The Rural Municipality of Fisher is accepting applications for the above positions:

Requirements:

- Must be between the ages of 16 and 24.
- Must be able to work with minimal supervision.
- Valid drivers licence and vehicle is preferred.

Duties:

- Grass cutting and trimming along roadways, ditches, riverbank and vacant lots.
- General garbage cleanup and related light maintenance.
- Assisting with other duties as required.

Please submit applications by 4:30 p.m. Monday, June 14, 2021 to:

RM of Fisher
Box 280, Fisher Branch, MB R0C 0Z0
Fax: 204-372-8470
Email: fishercao@mymts.net



Town of Arborg PUBLIC NOTICE Proposed Borrowing By-law 3-2021

The Council of the Town of Arborg at its special meeting at the Town of Arborg Council Chambers located at 337 River Road, Arborg on the 26th day of May, 2021 at 10:00 a.m. will consider the following general borrowing proposal:

General Description: To consolidate the Town of Arborg's portion of existing loans held by:

- BAR Waste Authority Co-operative Inc. for a landfill compactor; and
- Arborg Bifrost Parks & Recreation Commission for capital upgrades including dressing room expansion, Zamboni purchase and facility upgrades

Borrowing Details: The total estimated cost of the Town of Arborg's portion of the existing loans is \$230,000 with the full amount being borne by general borrowing. The general borrowing is included in the 2021 Financial Plan under Section 162 of The Municipal Act. The maximum anticipated fixed interest rate is 2% on a five-year term (2022-2026). The maximum annual payments of \$48,796.43 will be raised annually by a special mill rate on all rateable property within the Town of Arborg. According to the last revised assessment roll of 2021, the estimated rate of taxation will be 0.911 Mills.

At this time, Council will consider this by-law for First reading.

Further information/inquiries/copies of the proposal are available at the Town of Arborg office located at 337 River Road in Arborg, MB or online at www.townofarb.org.com.

Dated this 6th day of May, 2021.

Cindy Stansell, CMMA
Chief Administrative Officer
Town of Arborg

INVITATION TO TENDER

St. Michael's Ukrainian Catholic
Church and Cemetery, North Foley
Willow Creek Road, RM of Gimli

Invitation to tender for the lawn care and general maintenance of church yard, cemetery grounds and parking area for the 2021 cutting season.

Tenders should include cost per cut and includes cutting the grass, trimming around the buildings, trees, graves, etc.

Fuel and machinery to be provided by successful tender.

Submit tenders to: Anne Isfeld by May 20th, 2021 Box 302, Manitoba, R0C 1B0

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NOTICE OF TENDER

GRASS CUTTING

The Rural Municipality of Fisher is inviting tenders for grass cutting at:

**RM of Fisher Office yard
Pumphouse yard**

Please state price per cut in the tender.

- Applicant is to supply own equipment and fuel.
- Applicant to be 18 years of age or over.
- Lowest or any tender not necessarily accepted.

Submit sealed envelope marked **"Tender Grass Cutting"** to:

Rural Municipality of Fisher
Box 280
Fisher Branch, MB R0C 0Z0
Email: fishercao@mymts.net

Deadline for tenders is **4:00 p.m. Friday, May 28, 2021.**

For further information,
call the RM of Fisher office at 204-372-6393.



TOWN OF WINNIPEG BEACH

PUBLIC WORKS SEASONAL STAFF

The Town of Winnipeg Beach is seeking the following seasonal positions:

Seasonal Grass Cutter/Labourers Green Team Member

Seasonal Position:

Employer: Town of Winnipeg Beach

Location: 29 Robinson Avenue, Winnipeg Beach, MB

Tentative Duration: May 28, 2021 to September 20, 2021

Salary: As per OE987 Union Agreement

Hours: Part-Time or Full-Time Weather Dependent

Job Summary:

Will be responsible for cutting grass, emptying garbage and recycling containers, beautification and other similar duties as assigned.

Qualifications:

Must be at least 18 years of age.

Must own steel-toed safety boots/shoes.

Ability to work independently and in group environments.

Ability to take initiative and be self-motivated.

Experience with various grass cutting equipment would be an asset.

Familiarity with the Town of Winnipeg Beach would be an asset.

A valid Class 5 Drivers Licence is required.

Applications will be received in person, by mail, by email or by fax until May 21, 2021 at 4:00pm. For more information, please call the Municipal Office at (204) 389-2698, Fax (204) 389-2019 or email finance@winnipegbeach.ca.

Mark Bardsley, CMAA

Finance Officer

Box 160, Winnipeg Beach, MB R0C 3G0

finance@winnipegbeach.ca

MORTGAGE SALE ADVERTISEMENT

The building and land known as 58 Lakeview Drive, Matheson Island, Manitoba as described in Certificate of Title No. 2632770/1 will be sold at auction on Wednesday, the 9th day of June, 2021, by way of video or teleconference at 11:00 a.m.

The Vendor is informed that there is situated on the property a lakefront bungalow of approximately 1,080 square feet with 2 bedrooms, partial basement containing the mechanics and laundry and a 15 x 20 shed that is insulated and wired.

TERMS: Deposit of \$13,000.000 by certified cheque, bank/credit union draft or solicitor's trust cheque to the address below within 24 hours of the date and time of auction and the balance in accordance with the conditions to be announced at sale.

The Property is sold subject to a RESERVE BID of \$69,906.70 plus such other additional and incidental costs which may be incurred by the Lender from the 4th day of May, 2021 to the date of auction and which costs will be announced prior to the commencement of the Sale.

Property Taxes are paid to December 31, 2018. Property Taxes are outstanding for 2019 and 2020 in the amount of \$1,325.84 plus accruing penalty interest.

Purchaser to be responsible for payment of any outstanding water accounts owing by the Mortgagee.

Property is subject to nil.

In order to participate in the auction sale, you must pre-register by contacting Sonia at 204-957-6437 or by email at sruppel@ltglc.ca at least 24 hours in advance of the scheduled auction.

The auction sale will be conducted pursuant to an Order for Sale issued by the District Registrar. Certain parties may be prohibited from purchasing the property, including but not limited to, parties who by virtue of their employment or relationship to a person involved in the sale process would have special knowledge of the circumstances pertaining to the sale. For more information and a list of prohibited purchasers please visit: www.teranetmanitoba.ca

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CARD OF THANKS

The family of Colleen Kilbrei would like to express our heartfelt thanks for the love, sympathy, prayers, support and acts of kindness extended to our family. It has been very difficult during these times of COVID, but we really appreciated the visits, food, cards, texts, flowers and gift cards that were sent to all of us. We are grateful to family, friends, neighbours and the community.

-Harold, Michelle, Ross, Stacey
and our family

GRADUATION

Congratulations Shawn Justin Annuik on your recent graduation from the Welding Apprentices Program at Red River Community College.

I am so proud of you and wish you well with your new career at Sigfusson Northern.

Love always,
"Amma" Signey Austfjord

BIRTHDAY



Henry P. Friesen
HAPPY BIRTHDAY DAD!!!

Our dad, our Rock, our Guiding Star will mark 100 years on May 22! He still recites poetry better than anyone else we know, often he's more current on his kids and grandkids and great-grandkids than we think he should be, and only occasionally do we think we see some signs of a mid life crisis coming on. We love you Dad, and we couldn't be more proud of you! HAPPY BIRTHDAY!! And here's to many more!

IN MEMORIAM



Ronald Floyd

June 7, 1969 - May 19, 2016

There is always a face before us,
A voice we would love to hear,
A smile and laugh we will always remember,
Of a son, brother and uncle so very dear.
Deep in our hearts lies a picture,
More precious than silver and gold,
It's a picture of our dear Ron
Whose memory will never grow old

- Bound by love,
Dad, Mom
Stewart, Charla
Braeden, Kylie, Kalan

IN MEMORIAM

In Memory of
Marshall Sigurdson
December 23, 1946 - May 13, 2018
Miss you every day,
Miss your down to earth advice
And the rides we used to take.

-Sister Monica

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IN MEMORIAM



Dominik Krupnik

October 5, 1923 - May 12, 2016

Dad was the cornerstone of his family. Never would he ever not allow any family member not to enter the family farm. Nor place money or material things as an idol. Always treated his family equal and good to everyone.

-Greatly missed,
Wanda Gosselin and
son Ed Krupnik

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OBITUARY



Phyllis Irene Olson

It is with deep sadness that we announce the peaceful passing of Phyllis Irene Olson at Health Sciences Centre on May 4, 2021.

She is survived by her children Jona and David (Jennifer); grandchildren Jennifer (Jamie), Dustin, Erik and Karl; great-grandchildren Jakob and Jerika; sisters-in-law Carole and Colleen; nephews Norman (Darlene), Tim, Joel (Laurie) and Louis (Tia).

She was predeceased by her husband of 63 years, Allan; parents David and Mabel Lloyd; sister Wilda; brother-in-law Arni; son-in-law Randy; grandson Kristjan; and granddaughter-in-law Amanda.

Phyllis was born March 8, 1932 in Estevan, Saskatchewan. Shortly after her family moved to Manitoba; but she was always proud of her Saskatchewan roots.

She met her loving husband Allan shortly before graduating from Nursing in Winnipeg in 1954, marrying soon after in August 1956.

And before long Jona and David made their arrival.

Throughout the years, both Phyllis' and Allan's careers took the family to many places throughout the world. Along the way, their outgoing personalities and a joy for life provided them the opportunity to make many lifelong friendships. This is where Phyllis' love for entertaining began to flourish; whether it be large family gatherings or the unexpected visitors that Allan brought home, Phyllis was able to make you feel welcomed. Bridge was another past time Phyllis had a passion for and always said "You could find a bridge player anywhere in the world."

In 1975, they finally settled in Gimli building their home on Willow Creek.

With Phyllis' knowledge in Public Health; she was called to lead the establishment of the Home Care Program throughout the Interlake region. She was very proud of what her team accomplished; as this was something she strongly believed was needed. During this time, Phyllis was also actively involved on a number of boards and volunteer groups in the community and upon her retirement in 1993 her participation with these increased and became more age friendly focused.

In retirement, they were able to further travel but loved their winter getaways to Mexico and Vancouver Island.

You will be missed and forever loved by all Phyllis, Mom, Nana and Auntie Phyl.

Our family would like to thank Dr. Ade, as well as Crystal and Toni from Home Care for the care and compassion they provided to Phyllis.

In keeping with her wishes, cremation has taken place and a private family service will be held at a later date in Gimli, Manitoba.

In lieu of flowers, donations may be made to the Heart and Stroke Foundation of Winnipeg, MB, The Kidney Foundation of Canada, as well as, Craig Street Cats in Winnipeg, MB where she found her special "fur-iend" Holly.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com.

Gilbart Funeral Home, Gimli in care of arrangements.



Your memory will live forever Engraved within our hearts



Ernest Norman Johnson

September 12, 1930 – May 6, 2021

Ernie passed at Gimli Community Health Centre at 6:50 p.m. on May 6, 2021 with his family at his bedside.

Ernie was the 3rd child of eight, born to Ben and Anna Johnson on the farm in Howardville. He was predeceased by parents Ben and Anna Johnson; brothers Edwin (Anna), Arthur, Bobby and Harvey; in-laws Barney and Johanna Hjørleifson and son Terry.

He is survived and loved by wife Gloria; children David (Martina), Norman (Della), Linea (Steven) and their families; sister Janice (Bob); brothers Arnold (Marilyn), Tom (Judy) and their families; sisters-in-law Darlene (Bob), Linda (Ron), Brenda (Harry), Kathy and their families; also sisters-in-law Connie and Laurel and their families. He loved very much and is loved by 12 grandchildren; 16 great-grandchildren and one great-great-grandchild.

His first love was his family, number two was hunting and fishing or anything that took him outdoors. He was a man known for his quiet character and strong wit.

He worked in the construction field in the north, Thompson, Snowlake, Wabowden and The Pas. He moved from Thompson to The Pas in 1970. There he went to work at the pulp and paper mill until retirement in 1994. At that time he started harvesting wild rice. Ernest retired to Gimli in 2000.

Many thanks to Gimli Community Health Centre nurses and Dr. Ade for their care and compassion during his hospital stay.

Goda nott elskan

Cremation has taken place, interment and memorial service will take place at a later date once COVID restrictions allow.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Gimli in care of arrangements.



OBITUARY

Tracy Dawn Hallett

It is with great sadness we announce the passing of Tracy Dawn Hallett on Wednesday, May 5, 2021 in Winnipeg, Manitoba at the age of 49.

Tracy will be lovingly remembered by her father Keith, brother Sean (Andrea), niece Morgan, nephew Liam, many aunts, uncles, cousins, numerous friends, and family.

She is predeceased by her mother Norma, grandparents Lillian and Harold Larence and Lorna and Bruce Hallett.

Tracy was born on June 14, 1971 in Winnipeg, Manitoba. In her short 49 years she had a very happy and enjoyable life.

Tracy loved music, dancing, bingo, puzzles, playing cards, backgammon, and riding on the quad. She was first to the phone when it rang and enjoyed her daily routine of calling her closest people. Trips to Winnipeg to shop and get the newest music were a highlight and the many hours listening to aunts, uncles, and friends singing and playing guitar gave her an ear to ear grin.

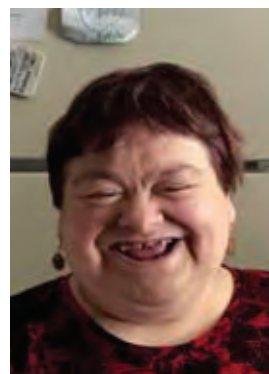
Tracy had a special way of understanding what was really important. She made each of us realize time spent together was so meaningful, to slow down, be patient, and enjoy the moment.

Due to the COVID-19 pandemic and current restrictions, a funeral will be held at a later date.

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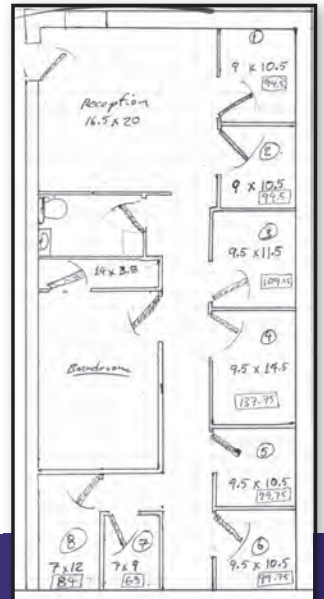
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