



THE EXPRESS

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WEEKLY NEWS

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Born to wonder

EXPRESS PHOTO BY LANA MEIER

Whimsical Windows and Words artist Glenda Knoll of Matlock was selling her paintings on glass as well as taking custom orders at the Teulon Farmers Market Springfest Craft Sale this past Saturday. Knoll is looking forward to taking part in the 2018 WAVE Artists' Studio tour June 8 and 9 and September 1 and 2.

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B Aware B Seen sign installed along Highway 6

By Jeff Ward

The fifth B Aware B Seen sign bringing awareness to the danger of poorly marked farm machinery was recently installed just south of Moosehorn in an attempt to create a safer Highway 6.

B Aware B Seen is a campaign started by Ken and Sandra Falk from Ashern who tragically lost their son, Brandyn, in an accident in November 2009. Brandyn collided with a grain trailer being pulled by a tractor. His parents continue to campaign to make sure farm machinery is properly marked and clearly visible when travelling on public roads. Brandyn's parents vowed to keep their son's memory alive and hopefully save the lives of others with the campaign B Aware B Seen.

B Aware B Seen is designed to raise awareness about safety on Manitoba roadways for both producers and motorists.

The Falks had the first roadside sign placed alongside Highway 325, west of Ashern, in 2014.

Grahamdale CDC member Raymond Ashley said he was inspired to erect a sign following an accident last fall that involved a semi and a farm tractor. The accident did not result in any deaths thankfully, but Ashley

took action, working with the Falks to get a sign installed.

"The tractor didn't have any lights on and tried to cross the highway in the fog — it could've resulted in death," said Ashley.

"I drove trucks for a time as well and you often see some old farm equipment that doesn't have lights. Especially at night time, this is an issue because with no lights or reflective tape, it's impossible to see."

Ashley wants to avoid seeing another tragedy like that one the Falks experienced and hopes the sign will inspire change in those who are making risky decisions when taking to the highway. The sign is meant to draw the eye and make drivers think about the safety of others and themselves.

"It bothered me when you see people not tying down their trailers properly or it doesn't have lights or tape. I know the accident woke some people up but it doesn't last long enough. People go back to their old ways," said Ashley.

The Falks are happy to see another sign go up and spread the message. It's one that still, even nine years later, brings back some terrible memories for the family. Brandyn would be 31 years old today.

"When Raymond called, I said if one



EXPRESS PHOTO SUBMITTED BY SANDRA FALK

Ken Falk, Raymond Ashley and Sandra Falk stand beneath the new B Aware B Seen sign just south of Moosehorn. The sign is a call to action for drivers to make sure their trailers are illuminated in hopes of creating a safer highway driving experience.

person does something to be more visible or checks lighting, it's well worth it," said Sandra Falk.

Ken Falk said that the reality is you're never going to truly eliminate accidents from happening. Driver error, weather conditions and random chance play into accident scenarios all the time. The point of the signs, though, is that people will take notice and work to reduce risk as much as possible.

The Falks know the hurt of a preventable tragedy more than anyone.

"This is our life now. This is our new normal and every day we live with that. When I meet vehicles now, I look in my rearview mirror to see if they have lights," said Sandra Falk.

Ashley said it makes him feel really good that the CDC was able to contribute to an important awareness campaign to help keep people safer on the roads.

"When someone gives you a hug like she gave me, I know it meant a lot to

her to see this sign go up and it meant a hell of a lot to me too," said Ashley.

According to the Highway Traffic Act, farm equipment is required to have a slow-moving vehicle emblem clearly visible to traffic approaching from behind, with red reflectors on the back as close as possible to the left and right sides. At night, farm equipment must have headlights, red tail lamps and flashing amber warning lamps.

While farm machinery needs to be clearly marked, all road users have a responsibility to safely share the road. Motorists should keep a safe distance from the larger machines and recognize their slower speeds.

Farm equipment generally travels well below the posted speed limit, so it's easy for drivers to approach much quicker than they anticipate. When you encounter farm equipment, be patient and only pass with your vehicle when it's safe to do so.

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Manitoba Nurses Union eyeing centralized services plan; fears cuts to IERHA

By Patricia Barrett

The Manitoba Nurses Union says the government's health-care cuts and intent to overhaul the system is raising concerns about patient safety and job security among nurses in the Interlake-Eastern Regional Health Authority.

MNU president Sandi Mowat told the *Express* the union is in the dark about whether Interlake ERs will be closing and how long-term care and other services will be affected.

"No one knows what the real story is," said Mowat, who represents 12,000 nurses of all designations across the province. "There's been even more concern now because of the changes

that have happened with the [Winnipeg Regional Health Authority]. They're really not working well from our perspective mostly because they were rushed and not well discussed with frontline staff. We're worried that pattern will repeat itself in the rural [regions]."

Mowat said there's "a lot of fear out there" among nurses in the IERHA and other RHAs about possible job losses when the changes are implemented. "The concern I hear over and over again is, 'Are they going to close facilities and will we lose our jobs?' And what impact, if they close any facility, will that have on the community?"

Among the most pressing issues in the IERHA, Mowat said, are intermittent emergency room closures and their impact on patient care. "Is it more just about a staffing issue or are they trying to save money?"

Since the IERHA banned nurse practitioners from staffing ERs, at the request of physicians, it's unclear whether service has improved and whether the hiring of additional physicians has increased ER availability.

The IERHA posts on its website a 15-day schedule showing ER physi-

cian coverage at its facilities so that patients know where to go.

The period April 16 to 30 showed Arborg having no ER doctor for five days and four days without 24-hour coverage. Ashern Hospital had no doctor for six days. Gimli had no doctor for four days and one day without 24-hour coverage. Eriksdale had no doctor for eight days plus one without 24-hour coverage. Teulon and Pine Falls had no doctor available for the entire

Continued on page 20

Day of the month	Ashern	Eriksdale	Arborg	Gimli	Selkirk	Stonewall	Pine Falls	Pinawa	Beausejour	Teulon
Mon. 16	No doctor available	Doctor available	Doctor available 5:00 pm to 9:00 am	Doctor available	Doctor available	Doctor available	No doctor available	Doctor available	Doctor available 8 a.m. to 8 p.m.	No doctor available
Tues. 17	Doctor available	No doctor available	Doctor available 9:00 am through 7:00 pm	Doctor available	Doctor available	Doctor available	No doctor available	No doctor available	Doctor available 8 a.m. to 8 p.m.	No doctor available
Wed. 18	No doctor available	Doctor available	Doctor available 9:00 am through 7:00 pm	Doctor available	Doctor available	Doctor available	No doctor available	Doctor available	Doctor available 8 a.m. to 8 p.m.	No doctor available
Thurs. 19	Doctor available	No doctor available	Doctor available 9:00 am through 7:00 pm	Doctor available	Doctor available	Doctor available	No doctor available	Doctor available	Doctor available	No doctor available
Fri. 20	No doctor available	Doctor available	No doctor available	Doctor available	Doctor available	Doctor available	No doctor available	No doctor available	Doctor available	No doctor available
Sat. 21	Doctor available	No doctor available	Doctor available	No doctor available	Doctor available	Doctor available	No doctor available	Doctor available	Doctor available 8 a.m. to 8 p.m.	No doctor available
Sun. 22	Doctor available	No doctor available	No doctor available	Doctor available	Doctor available	Doctor available	No doctor available	No doctor available	Doctor available	No doctor available
Mon. 23	No doctor available	Doctor available	No doctor available	Doctor available 12:30 pm to 9:00 am	Doctor available	Doctor available	No doctor available	Doctor available	Doctor available 8 a.m. to 8 p.m.	No doctor available
Tues. 24	No doctor available	Doctor available	Doctor available 5:00 pm to 9:00 am	No doctor available	Doctor available	Doctor available	No doctor available	No doctor available	Doctor available 8 a.m. to 8 p.m.	No doctor available
Wed. 25	Doctor available	No doctor available	Doctor available 9 am. to 7 p.m.	Doctor available	Doctor available	Doctor available	No doctor available	Doctor available	Doctor available 8 a.m. to 8 p.m.	No doctor available
Thurs. 26	No doctor available	Doctor available	Doctor available	No doctor available	Doctor available	Doctor available	No doctor available	Doctor available	Doctor available	No doctor available
Fri. 27	Doctor available	No doctor available	Doctor available	Doctor available	Doctor available	Doctor available	No doctor available	Doctor available	Doctor available	No doctor available
Sat. 28	Doctor available	No doctor available	No doctor available	Doctor available	Doctor available	Doctor available	No doctor available	Doctor available	Doctor available 8 p.m. to 8 a.m.	No doctor available
Sun. 29	Doctor available	Doctor available 10:30 am to 9:00 am	Doctor available	Doctor available	Doctor available	Doctor available	No doctor available	No doctor available	Doctor available	No doctor available
Mon. 30	Doctor available	No doctor available	No doctor available	No doctor available	Doctor available	Doctor available	No doctor available	Doctor available	Doctor available 9 a.m. to 8 p.m.	No doctor available

EXPRESS PHOTO SUBMITTED

The IERHA's schedule of physician coverage in Interlake emergency rooms shows periodic closures for several days or no availability at all.

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Bifrost-Riverton provides concept of \$4-million drainage plan

By Patricia Barrett

The RM of Bifrost-Riverton appeared before the Municipal Board May 3 to provide clarification on its request to impose a special drainage tax over and above normal property taxes on farmland, and to offer a concept of possible drainage work it might carry out.

This is the second time the RM has sought approval from the board for the \$4-million levy, in the form of a borrowing bylaw and 20-year loan. Farmers registered objections when it was introduced in 2015 and again in 2017. The levy will apply to 1,348 taxpayers with farmland and be calculated on the assessed value of their land.

The RM's CAO Cindy Stansell provided examples of drainage work the RM could carry out but provided no firm plan of where the \$4 million would be allocated.

"You cannot have a solid plan in place because of many factors," said Stansell, citing the need to obtain landowner consent, weather and tendering costs.

But she said the RM's east and west drainage committees will "meet to brainstorm and discuss local knowledge, review existing profiles on file

and prioritize projects based on greatest need."

Possible projects could focus on the Vidir Road and Drunken River drains. A list of other possible projects "may change as further information is gathered," she said. She added that the RM was the "benefactor" of 350 miles of surveyed drains that the Bifrost Agricultural Sustainability Community Services Cooperative (BASIC), a farmer's organization it has partnered with, carried out using \$1 million in provincial-federal grant money.

Concerns about the RM's wording of the \$4-million borrowing bylaw that were raised during the board's November 2017 hearing were partially addressed by the RM. As its currently written, Bylaw 18-2017 would enable the RM to borrow the money without first securing funding from both the provincial and federal governments.

Stansell asked the board to consider the RM's request for the addition of clause No. 8, which states the RM will only draw the money "once matching funds have been secured from either the Government of Manitoba or the Government of Canada."

Municipal Board vice-chair Lori Lavoie asked Stansell to clarify the



EXPRESS PHOTO BY PATRICIA BARRETT

The Icelandic River, seen here flowing through Riverton, carries water from RM of Bifrost-Riverton drains to Lake Winnipeg.

matching funds provision.

"So what you're saying ... is that as long as you have the province and the feds' commitment to pay for the rehabilitation of the highway and third order drains, and that that amount will be 1:1, then you'd be moving forward with the municipal portion?" said

Lavoie.

"Yes," said Stansell.

The board did not indicate whether it will request a change to the clause's wording, replacing the "or" with an "and" to reflect funding from both

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Province reneges on promise to fund Gimli music room expansion

By Patricia Barrett

The provincial Conservative government reneged on its pledge to fund a badly needed expansion of Gimli High School's music room after it told the Evergreen School Division funding was secured.

The Tories had promised to fund up to \$450,000 for a new music room and addition of a sound engineering room, which would enable students to record, listen to and learn from their performances.

"We're in a place where two different provincial governments — both the PC Party and the NDP — had approved this project," said Supt. Roza Gray during the division's board meeting May 2. "And we received notice as late as

March of 2017, saying the project would be funded \$450,000. Then we were informed in August that the project was on hold."

The division registered an objection to the "on hold" notice, and Gray said she reached out to the government for an update. The Public Schools Finance Board forwarded a response dated April 9.

"I regret to advise you that the [PSFB] is unable to consider this project for funding support at present," wrote executive director Konrad Erickson. He went on to say that it's "unlikely that PSFB will be in a position to fund the Music Learning and Sound Engineering project in the next few years."

In light of the funding reversal, the division's board weighed three options: funding the entire project on its own, modifying its current proposal to eliminate the sound engineering room in order to reduce expenses, or waiting for possible government support in the future.

"If you wait for the provincial government, you might as well call the project cancelled," said Gray, referring to other school divisions that had been denied funding in the past. "It seems it won't be a priority for the

province for the foreseeable future."

She added that the cost of the sound engineering room is negligible to the overall cost of the project, and the music program could be shortchanged if that component was eliminated.

At 800 square feet, the current music room is cramped and lacks both performance and practice space. Its expansion would take up a small portion of the north parking lot.

"The minimum recommended size for a band room is 1,500 square feet, so we're below," said Gray. "We don't have enough storage and we have traffic flow issues in the space. The ramp we have for accessibility doesn't meet code anymore, and we have electrical needs that aren't being met by our present space."

"THE SPACE ISN'T THERE. WE'RE GOING TO LOSE PROGRAMMING AND GOOD TEACHERS."

In addition, the room is not soundproofed and sound travels into the gymnasium next door.

The entire project was estimated to cost about \$1.4 million. If the board approves it, the division would have to seek updated costs from its architect as costs only increase over time, said Gray.

She recommended the project move forward, given the division has already set aside (over the past few years) about \$430,000 for its share of the cost. The remaining \$1 million or so would have to be raised through a loan agreement.

Trustee Dianna Auer said the band room is "bursting at the seams" because the division has "amazing" band teachers, and students don't enrol just for their love of music.

"They love being part of the band community. They feel connected to other people that they normally would not have met," she said. "And that's why the program has grown so much. So we need to think about the kids, and we need to make that space available to them to be able to move forward with the band program."

Trustee Robert Arnason, who helped



EXPRESS PHOTO BY PATRICIA BARRETT

The proposed expansion of the band room will extend from the north wall of the school towards the parking lot.

create the band program decades ago when he was the school's principal, said the current music program is "as good as anything in the province" and recommended the board move ahead. "The space isn't there. We're going to lose programming and good teachers."

Several trustees — all of whom stated their support for the music program — asked for more information on how much the project will cost now that the province has bowed out and delayed the start of construction.

"I think it's difficult to go with the particular recommendation without a stated and solid estimate of cost," said trustee Brent Johnson. "Our responsibility would be to have a number in there before we recommend the project."

Secretary-treasurer Charlie Grieve said trustees could vote to approve the project "in principle" and make it subject to final approval later when updated costs are presented and debated.

Trustees unanimously voted to support the project in principle. Revised costs are expected to be presented at the board's June meeting.

When contacted about the funding reversal, Gimli MLA Jeff Wharton, who sits on the Treasury Board over-

seeing provincial finances, referred the question to Manitoba Education and Training.

"The Public Schools Finance Board's priority is to fund infrastructure renewal projects that allow existing schools to continue to operate safely," said an Education and Training spokesperson. "This includes mechanical heating, cooling and ventilation systems projects, roofing replacements, structural repairs and accessibility projects. On this basis, projects that are deemed lower priority, including many vocational projects, have been placed on hold for the near future."

As the music and engineering room project has already been accounted for in the division's budget, "taxes will not increase as a result of the project," said Gray.

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Nominations for MMF election close

Submitted

Nominations for all positions in the Province-wide MMF election closed on May 2. David Gray, Chief Electoral Officer for the Manitoba Metis Federation has confirmed that 32 persons provided nomination papers for the 22 positions open in this election. One person withdrew the documents before filing and another has been ruled to not meet eligibility requirements. No further nominations will be accepted.

The process now moves to the second stage of the MMF election process with the remaining 30 candidates' nominations being reviewed to determine, on a more detailed basis, eligibility. In addition, members of the federation have seven days, until 5 p.m. on May 8, 2018, to challenge the qualifications of any candidate. If there is a challenge there is a process for determining the validity of the challenge.

The following persons have filed nomination papers which make them eligible to move forward (in alphabetical order):

- President: David Chartrand
- Southeast Region Vice-President: Denise Thomas

Southeast Regional Director: Jean Desrosiers, Rene Lamoureux, Carol Laramee, Shawn Nault

Southwest Region Vice-President: Leah LaPlante

Southwest Regional Director: John W.M. Fleury, Will Goodon

Thompson Region Vice-President: Julyda Lagimodiere

Thompson Regional Director: Mildred Dorion, Vincent Mark Parenteau

The Pas Region Vice President: Judith (Judy) Mayer

The Pas Regional Director: Darryl Ferland, Joan Ledoux

Northwest Region Vice-President: Audrey (Frances) Chartrand

Northwest Region Regional Director: James Bruce, Darlene Genaille, Richard Genaille, John Parenteau

Winnipeg Region Vice-President: Gerald Barron, Andrew (André) Carrier

Winnipeg Regional Director: David Beaudin, Eric Chartrand, Eugene Martel, JoAnne Remillard

Interlake Region Vice-President: Alfred B. Anderson

Interlake Regional Director: Mona Buors, John (Jack) G. Park

Elections seem likely to be necessary

for the vice-president of the Winnipeg Region and for regional directors in the following: Winnipeg Region, Southeast Region and the Northwest Metis Council. However, until the persons nominated have had all of the qualifications confirmed and the period for challenges expires, no person nominated can be confirmed as a candidate. The need for an election can only be determined at that point.

The CEO expects to have polling locations and election officials necessary fully in place by May 9, 2018. For those positions for which elections are required polling will take place at advance polls on May 24 from 8 a.m. until 2 p.m. and May 25 from 3 p.m. until 9 p.m. and the regular polls will be open from 8 a.m. until 8 p.m. on May 31, 2018.

The Chief Electoral Officer stated "All Metis citizens should ensure they are on the voter's list for the local with whom they are registered before May 9, 2018.

Further press releases will be issued on or shortly following May 9 that list the persons nominated that have been confirmed as candidates, the elections that are required, and the polling locations for each local.

letter to the editor

Letters to the Editor:
letters@expressweeklynews.ca

Paramedic wanting to work closer to home

Interesting how there is nothing to explain why the Interlake-Eastern RHA requires so many new Primary Care Paramedics (PCP).

As the parent of a PCP practising in Saskatoon I'd love an opportunity for him to come closer to home. There is no mention of the fact that PCPs in the Interlake-Eastern RHA make \$7

an hour less than PCPs in Winnipeg. This was reported last year. I haven't seen any info this year but I haven't heard of any improvements either.

Mind you, he has no interest in working in Winnipeg either due to the current climate that exists between fire and paramedicine in our province. As he understands it, he

would not be allowed to practise as a PCP at the current level he enjoys in Saskatoon. Many of his skills are not allowed PCP practitioners in Winnipeg unless they are dually trained as fire/paramedics.

-Glenda Osnach
Stonewall

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Manitoba Agriculture Interlake region crop report

Manitoba Agriculture

Seeding has begun. No significant rain has fallen this spring, dust behind field equipment is a common sight. Soils are gradually warming up and seeding is becoming general in much of the region. Wetter pockets in the north Interlake should start seeding this week.

Fieldwork and fertilizer applications continue. Rapid seeding progress being made; seeding conditions are reported as excellent. Some producers

are seeding slightly deeper to moisture, but most are targeting normal depths. Most areas could use rain.

In the central Interlake seeding is estimated at 15 to 20% complete, south Interlake is 30 to 35% complete. Spring wheat seeding is the most advanced at 50 to 70% of seeded in the central-south Interlake. Oats and barley range from 25 to 50% seeded. Corn is being planted and as much as 30%+ is complete. Peas and fababeans are close to complete. Some canola

and soybeans have gone in, while many are waiting for soils to warm.

North Interlake is a bit slower, with some producers waiting for field conditions to improve; many are just getting started. Seeding in the Arborg area estimated at 5-10% complete; Ashern area up to 5%.

There are some reports of winter wheat acres being reseeded to spring crops, due to winter injury.

The cold, dry spring has delayed hay and pasture from coming out of dor-

mancy; forage fields are just starting to green up. Good survival of alfalfa, as there was minimal standing water following spring melt.

Hay and pasture land are reported to be in good to excellent condition, with moisture currently adequate. A very low percent report surplus moisture.

Supplemental feeding of cattle occurring on spring transition pastures. Producers want to move cattle out of feed and calving yards and onto grass.

Tips for when disaster strikes to mark Emergency Preparedness Week

By FirstOnSite Restoration

With steadily rising water levels, community encroaching wildfires, and the impending "Big One," now more than ever, businesses and homeowners need to think about disaster preparedness and how increasing catastrophic events will affect them.

Emergency Preparedness Week, which runs from May 6 to 12, is an annual event organized by Public Safety Canada in collaboration with the provinces, territories and other

partners. After last year's magnitude of catastrophic events, it's the perfect time for Canadians to reflect on the past and be prepared for any eventuality that lays ahead.

While disasters strike any time of year, Emergency Preparedness Week is the time to consider these issues and put contingency plans in place. Here are several proactive measures that can be set in place to prepare your home or business.

FirstOnSite Restoration's prepared-

ness tips for all kinds of disaster:

- Keep all important hard copy documents such as passports, birth certificates, deeds and wills in a safety deposit box. Failing that, make sure you have originals or copies somewhere off site.

- Take digital photos or videos of your home or business and contents. This will help with the claims process in the event of a disaster. Also, itemize new goods or assets located within the building each year when

you renew your insurance policy.

- Prepare an emergency contact list of people to call and keep it offsite. This list should include trusted friends and family, business partners, insurers and anyone else you might need to contact in an emergency.

- Routinely inspect your home for areas that could cause problems in a disaster. Pay particular attention to the roof, windows and sump pump.

- Have your insurer on speed dial in the event of an emergency.

Bilateral agreement to implement Canadian Agricultural partnership signed

Submitted

Federal Agriculture Minister Lawrence MacAulay and Manitoba Agriculture Minister Ralph Eichler signed a bilateral agreement to finalize and implement the Canadian Agricultural Partnership, a five-year agreement to strategically invest \$176 million in Manitoba's agricultural and agri-food sector on April 5.

"The Canadian Agricultural Partnership will help the sector in Manitoba continue to innovate, grow and prosper," said MacAulay. "We are committed to expanding business opportunities for Canadian producers, ranchers and processors, and strengthening the middle class by helping the agricultural sector reach its full potential."

"We have seen remarkable recent investments and growth in Manitoba's agriculture sector," said Eichler. "Signing this bilateral agreement signals continued growth and even greater opportunities for success."

The bilateral agreement ensures

Manitoba's priorities, opportunities and issues are reflected under the Canadian Agricultural Partnership. Farmers, agri-processors, industry organizations, researchers and industry service providers will be able to apply for funding for specific activities and strategic investments under the streamlined Ag Action Manitoba program.

Activities and strategic investments will support a sustainable, profitable and environmentally responsible agriculture sector, with a focus on industry-led research, innovation, market development and competitiveness. It focuses on six main areas:

- science, research and innovation;
- markets and trade;
- environmental sustainability and climate change;
- value-added agriculture and agri-food processing;
- public trust; and
- risk management.

The signing took place at the St. Bon-

iface Hospital Albrechtsen Research Centre, which is a leader in researching the connections between health, wellness and agriculture.

"I would like to congratulate Federal Agriculture Minister MacAulay and Manitoba Agriculture Minister Eichler for launching the Canadian Agricultural Partnership," said Dr. Grant Pierce, executive director of research at the Albrechtsen Research Centre at St Boniface Hospital, home to the Canadian Centre for Agri-food Research in Health and Medicine. "It represents a critical and visionary initiative to advance agriculture and food research, and will consolidate Manitoba and Canada's places as world leaders in the ag industry."

Under the Canadian Agricultural Partnership, farmers will also continue to have access to a complete and effective suite of business risk-management programs to help them manage significant risks that threaten the viability of their farm.

Information about how to apply to program activities will be posted at www.manitoba.ca/agriculture under Canadian Agriculture Partnership as details become available.

The ministers noted Manitoba's farmers and food processors are the backbone of the economy and continue to see a growing global demand for their world-class products. Through the Canadian Agricultural Partnership, federal, provincial and territorial governments are working together to give farmers and processors the support they need to meet these demands.

The new five-year, \$3-billion Canadian Agricultural Partnership includes \$2 billion cost-shared strategic initiatives delivered by the provinces and territories and \$1 billion for federal programs and services. For more information, visit www.canada.ca/Agri-Partnership.

getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL Fishing season is just around the corner

Hello good friends. With May 12 almost upon us, our thoughts of where we should go for our first spring fishing outing becomes a source of intriguing choices. Whether alone or with company, we'll probably find ourselves on one of our many rivers and creeks since the big lakes are still big chunks of ice.

It seems like only yesterday I was out on the ice with you seeing and writing about how we play and fish together. I remember vividly once coming upon a huge round high wall made of wood and plastic sheets a mile offshore at the Grand Marias Ice Fishing Derby.

I nosed Old Red up to what appeared to be the opening, got out and walked through it into a cozy circular "village" of ice shacks protected from the wind by those plastic walls. Dozens of folks sat around on folding chairs jiggling their lines in ice holes talking with neighbours while kids ran about the circle playing with toys and footballs. Music from a radio and the sweet smell of burning wood coming from the shack's chimneys wafted

in the air. To my right sat a chap somewhere in his 40s, the hood of his jacket covering most of his facial features. His brown stubble beard had escaped his shaver for about a week. His eyes, like his wide smile, were those of an open unguarded person.

"I've never seem a set up like this before," I said to him.

"Yeah, we're a group of family and friends from all over Manitoba come for the Derby. I'm Jason Sutyla from Arborg," he said.

My eyes cast about the enclosure as we talked and promptly stopped when they met a most remarkable stove heater.

"I made that," Jason said when he saw me staring at it. It was a large metal barrel on its side welded to sturdy metal skis. Its flat top held piles of hot food buffet style. I looked at Jason, smiling, and said, "You guys have a great way of having fun."

About the same time, give or take a week, I was rumbling up and down the Red River stopping every once in a while at an angler's shack to visit and talk fishing. The day was overcast, warm and so calm you could hear echoing off the riverbank

hoarfrost-covered trees when people shouted. My driver window was open and I could hear kids squabbling inside a large portable ice shack as I idled past. I backed up, got out of the truck and yelled, "What's the argument about?"

Silence. I laughed, calling out, "Hi, I'm Arnie Weidl. I write a fishing column for the newspapers. Might you have a story for us?"

The zipper of the shack "zinged" down and a young thin chap motioned me in. "Hi," I greeted him as I surveyed a family group sitting over fishing holes.

"I'm Antonio DePalma and that's my dad, Orlando," our new friend said. They graciously offered me a seat and a warm cup of coffee. As I sat sipping it, I noticed this sweet little girl, whose name turned out to be Ella. She silently showed me, and now you, a fish she had caught.

We fell into telling fishing experiences until Antonio brought up a story that gave me some anguish. He told of a time last summer when the whole family was shore fishing on the Red by Sugar Island and they spotted a pelican partially bound by the legs with old fish line. Needless to say, they were very upset and looked to Antonio to do something. He stared at

the bird splashing in the water trying to free its legs and got an idea.

He took one of the fish he had caught, put it back on his hook and cast it out to the struggling pelican. Mindless of its predicament, it snapped up the morsel. With grim satisfaction, Antonio



EXPRESS PHOTO BY ARNIE WEIDL
Ella DePalma with her catch on the Red River.

nio reeled the bird in. He got the beast tossing, flopping and screeching to shore. The men grabbed it, and amid beating wings, they cut the offending fish lines from it. They tried to soothe it as much as possible while getting the fish and hook out of its mouth.

Exhausted, the boys fell to the ground, with the pelican not far off giving itself a shake. The men collected their fishing gear and returned to their day of angling. Unbelievably, the pelican seemed to adopt them. As they got into their trucks to go home, it acted like it was coming too. In desperation, they threw it another fish and made a fast getaway.

The thing that got me, all the time Antonio was telling his story, I knew biodegradable fish line was on the market, yet few people are using it.

Anyway, I can't wait to be fishing with some of you on the weekend. Bye for now.

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— War Amps supporter

Fire in Gimli Industrial Park threatens farmland and residence

By Patricia Barrett

A fire in the Gimli Industrial Park last Friday afternoon spread quickly through dry grass, burning the edge of a farmer's field near the park's southern boundary and posing a threat to his residence before the fire department was able to get it under control.

"It could have been that somebody flipped a cigarette butt," said Deputy Fire Chief Ken Arnason, who was still on the scene as firefighters were packing up their gear just before 2 p.m. after fighting the blaze for two hours. "I don't think anybody lit it. It could have started from exhaust."

Arnason said the department won't be investigating the blaze.

The fire started in a municipally owned lot, but the RM's Public Works manager Darcy Hjelmeland said staff don't know for sure what caused it.

"This is basically a storage area for us," said Hjelmeland, pointing to the lot next to the RM's Recycling Depot. "Our culverts and scrap metal are kept here."

The temperature rose to 13 C last Friday with winds gusting up to 22 kilometres per hour. The wind pushed the fire along a southeast course

through fields running parallel to Anson Street and eventually along the boundary of a farmer's field, taking out fence posts, bushes and grass.

The farmer let the *Express* walk through his field and take photos of charred fence posts — some still alight — along with smouldering grass and bushes that were kicking up a fair bit of smoke along the western edge of his land.

Had the winds been stronger, the fire could have reached a massive pile of shredded tires the RM is storing near the farmer's residence, or blazed its way through shin-high grasses in the neighbouring disused golf course and threatened the condominium development in Aspen Park.

Grass fires destroyed two homes in the RM of Armstrong earlier this month and a barn in Eriksdale last Saturday. Parts of the province are experiencing drier than normal conditions this year, and burning bans are in place across the Interlake and southern Manitoba.

The RM of Gimli has a burning ban in effect as of April 24 and it includes fires in an enclosed pit, according to its website.

"IT COULD HAVE BEEN THAT SOMEBODY FLIPPED A CIGARETTE BUTT."



EXPRESS PHOTOS BY PATRICIA BARRETT

The fire department packs up its gear after fighting the fire for about two hours.



Crews plow up the burnt area near the RM's public works storage site.



A number of fence posts were still smouldering in the farmer's field after the grass fire was contained.



The fire burned a wide swath of land from an RM-owned site beside the Recycling Depot south to farmland.



The fire could have reached this large pile of recycled tires the RM stores near the farm residence.

Multiple vehicle break-ins and vehicle theft in Moosehorn

Staff

An adult and two youth males were arrested last week following a series of vehicle break-ins and two thefts in Moosehorn.

RCMP Sgt. Richard Marshall explained that on April 30 both Ashern

and Lundar RCMP responded to a report of a possible break and enter in progress in Moosehorn and were advised of two vehicles leaving the area.

Officers were able to apprehend one of the vehicles that had three males inside. Police recovered the second

vehicle in Ashern. Marshall said that during the investigation they found that a number of vehicles were entered, and items were stolen from the scene.

The accused have all been released on a Promise to Appear for court. Po-

lice are continuing to investigate and continue to search for any other suspects involved.

Those who have information are asked to contact the Ashern RCMP at 204-768-2311.

Fire fighters busy due to extremely dry conditions

By Jennifer McFee

It's been a busy spring for local fire departments that have been battling blazes across the entire region.

Brad Genik, fire chief for the Fraserwood Fire Department, said they've been going out on calls almost every day — and sometimes more than once per day.

"The fires are in all different places of our whole area. At our big fire on April 29, we had two or three other pages come out, so we had to call in mutual aid to help us out," he said.

"We have 12 departments, and they call it North Interlake Mutual Aid. We all band together and help each other out if necessary."

Although arson is under investigation, Genik doesn't believe that's the cause of any of the fires.

"Going into the fall, it was so dry and in spring time we had very little snow. It's been so dry again that the grass just fires up instantly. So anybody who's burnt in the springtime, like the farmers who are burning off their fields as they do every other year, it's going into the ground this year," he said.

"It's so dry and there have been such strong winds. People haven't been burning for two or three weeks and now, all of a sudden, it's coming out of the ground and fires are starting again. They're all rekindles from fires that have gone into the ground."

Genik said he has seen tree roots that have been burning in the ground for weeks, with some spruce stumps that have burned right off.

He urges homeowners to take the time to protect their property.

"The biggest thing to protect your home is to make sure you have no tall grass around your buildings and keep it clean and tidy," he said.

"When we go into a yard site and there's four feet of grass wrapped right around your house, it's pretty hard to work with that."

A GoFundMe page, entitled "Loss of Shari and Dwayne's home," has been set up to help a local family that lost their home in a recent fire. By Monday afternoon, the page had raised \$7,435 of its \$10,000 goal. The fundraising efforts are ongoing.



EXPRESS PHOTOS SUBMITTED

Shari Slater and Duane Cheadle and their sixteen-year-old son lost everything in a recent fire.

> DRAINAGE, FROM PG. 4

levels of government.

When asked by board member Denise Carlyle to clarify how the RM would allocate projects across the entire municipality, Stansell said the large size of the RM makes it "hard to achieve fairness," but they try to allocate it as equally as possible so that all areas benefit.

Lavoie followed up by asking Stansell to explain how "constructing certain works in various parts of the municipality benefits all of the potential taxpayers under the plan?"

Using the Drunken River drain as an example, Stansell said it would benefit those in the southeast and free up the RM's maintenance funds, which could perhaps go towards "less priority projects."

Farmer Gordon Klym asked why the RM would be spending the tax on surveys that BASIC has already completed. Stansell said as the RM goes through the project, "we may come across certain miles that may need to be surveyed that we maybe didn't have surveyed already."

In response to his follow-up question, Klym was told that the province has not asked the RM/BASIC to assess potential threats to Lake Winnipeg (increased algae blooms, threats to fish stocks, etc.) that could arise from rehabilitating drains.

After its hearing last November, the board had requested that the RM provide it with an "audit trail" of how BASIC spent \$1 million in taxpayers' money under Growing Forward 2.

Stansell, who serves as BASIC's project finance staff member, stated the grant had "several funding envelopes," including labour, vehicles, surveying and engineering, crop trials, office supplies and equipment.

She twice challenged the media's right to ask questions after she was asked what BASIC's four identified staff members took as salary under the grant.

"Is the question period open to general members of the public or is it just open to those affected by the plan?" Stansell asked the board.

Lavoie overrode Stansell's objections to media questions but went on to say that the question of how BASIC spent the grant was no longer germane to the discussion because it received the money under its "own umbrella."

Former Interlake MLA and Riverton Mayor Clif Evans, who attended the hearing, said he was "disappointed" the RM didn't "properly" answer the questions as to how the \$1 million was spent.

"That should be an itemized list of where the money was spent, and Bifrost-Riverton should provide that document to the public," he said.

Former Minister of Conservation

and Water Stewardship Tom Nevakshonoff, who also attended the hearing, said he's a proponent of BASIC, but funding from both the provincial and federal governments is "fundamental" to rehabilitating drains.

"You can't spend a whole pile of money on municipal drains unless the trunk drains are also rehabilitated. I think the province can do it if they really commit to this but the federal government also has to be engaged in this project."

Nevakshonoff said he would like to see the senior governments commit at least \$8 million each in order to justify the RM's drainage levy.

"This is outside the box in that [the municipality's] going to the farmers with a special levy. I'm sure higher levels of government love to see capital contributions from people impacted. But that's what they pay taxes for. I wouldn't be happy if I was a taxpayer. These are special circumstances where you apply for this unique levy and trigger additional dollars from the two levels of government."

The board will deliver its decision on the drainage tax within 30 days. It can approve or deny request, or request the bylaw be amended.

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Cole Gaudry Memorial Ride set for June 9

By Jennifer McFee

An upcoming memorial ride will mark the memory of a much-loved local teen while also raising money and awareness to help fight addictions.

Set for Saturday, June 9, this year's Cole Gaudry Memorial Ride welcomes two wheels or four. The fun-filled event features a day of riding with pit stop poker and other games, followed by a dinner, prizes and much more.

Stonewall resident Doug Gaudry explained the impetus for the event that is raising funds for Two Ten Recovery, which aims to provide a clean and sober environment for people in recovery from drug or alcohol addiction.

"In 2015, me and my wife Kelli lost our youngest son Cole. It was due to fentanyl poisoning. He's not a drug addict, but he took one pill and he died from it. He was 19 and he was a good kid. It's devastating to us. As the year went on, we were distraught parents going through so much," he said.

"There were months when we didn't know what he passed away from because we were just waiting for the autopsy and the toxicology. The only thing in his system was fentanyl."

In the midst of all the heartache,

Gaudry's colleague Vince Croker approached him to talk about his own son's drug addiction and recovery.

"His son came out of it and is now thriving. He's got a family and everything is great, and then there's the devastation of our story with our son who wasn't involved with drugs and one pill took his life. He was thinking he was indestructible, just like every 19-year-old," Gaudry said.

"We still don't know to this day whether he even knew what he was taking. Of course, fentanyl was new to us back in 2015. It was roughly the beginning of this epidemic in Western Canada. It was predominant in B.C., but it was just moving into Manitoba at that time. These days, fentanyl is an epidemic and it's touched so many people."

Croker proposed the idea of holding a motorcycle ride to raise funds for drug abuse and disorder.

"So that's what we did. The first year, we did it in conjunction with the Western Retail Lumberman's Association, and they actually helped us spearhead this ride. Right from the beginning, it was for all types of vehicles," Gaudry said.

"The first year, we had about 24 peo-

Cole Gaudry Memorial Ride
June 9, 2018

Two Wheels or Four... all welcome!

Join us in helping to raise money and awareness to fight addiction.

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When: Saturday, June 9th, 2018
Check-in begins at 8:30 am. Official start 9:00 am

Where: Headingley Sports, 5160-A Portage Avenue (pick up registration package)

Details: Join us for a fun-filled day of riding, pit stop poker, dinner, prizes and much more all while helping to raise money and awareness to fight addiction!

\$40 per person
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EXPRESS PHOTO SUBMITTED

Whether you have two wheels or four, everyone is welcome at the Cole Gaudry Memorial Ride.

ple. Then the next year, we changed the venue somewhat so you could attend the dinner with guest speakers. We doubled attendance for the ride itself and we had about 150 people for the dinner."

This year will be the third ride, and the organizers expect the attendance to double again. People can participate in the ride or simply attend the

Continued on page 20

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Thanks to those that came out and helped us celebrate our Sale of our life and to those that have supported us throughout the past 42 years! See you soon!

Lundar students send helium-filled balloon to space



EXPRESS PHOTOS SUBMITTED BY JEREMY CAMPBELL

Mission control poses for a photo before launching a balloon 30 kilometres into the atmosphere. From left: Adrien Lawrence, Jeremy Campbell (teacher), Dawson Togerson, Connor Bindle, Ethan Spalding, Larissa Rempel, Caitlyn Marshall, Deryk Lynch. Missing are Austin Hanslip and Drake Gleich.

By Jeff Ward

A team of Lundar School students successfully launched a helium balloon 30 kilometres above the Earth's surface while retrieving their payload upon its return.

The project had 10 students from Grade 10 and 11 working together during the launch on April 27. The team travelled to Alonsa School for

the launch and tracked their payload down just outside of Elm Creek.

Instructor Jeremy Campbell explained that the nerves and excitement was high as the team travelled to their launch site, having put over two months of work into the project. It's not as easy as just filling a balloon with helium and letting it go. Students needed to understand the wind speed



Students work to inflate their high altitude balloon in Alonsa shortly before launch.

and direction, the jet stream and other conditions to ensure a smooth launch.

"Once we got to the field, that's when the anxiety kicked in," said Campbell.

"Now we have to actually do this thing and there are all these other schools out there. So we find our spot

and set up, going through our checklist carefully: tying the balloon down, getting the radio set up and turning the camera on."

That was the only hiccup in the

Continued on page 19

Did you KNOW?

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Creating privacy in the garden and on the patio

Are you tired of letting your neighbours spy on your yard to their heart's content? Beyond fences and hedges — which are practical for backyards, but not so much for urban patios — there are countless ways to shield your outdoor space from prying eyes. Here are a few to get you inspired.

Natural screens

Take advantage of the natural properties of plants such as sedges and climbers — the latter of which grow incredibly quickly and require little maintenance — to create a

vertical garden. Clematis, honeysuckle and climbing roses, for example, will embellish your patio with their colourful flowers, while the dense foliage of vines, lichens and hops will create a magnificent screen of greenery. Walls, fences, lattices, arbours — there are tons of different structures your plants can climb on.

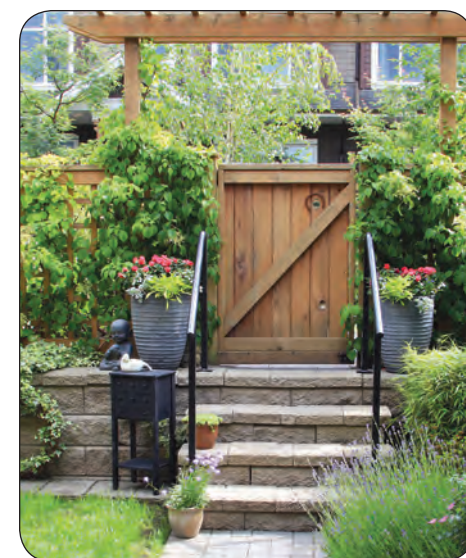
Furthermore, sometimes it only takes one strategically positioned large plant (palm tree, hibiscus, etc.) to create a privacy screen. Something to consider!

Smart arrangements

Various arrangements can allow you to enjoy your backyard in perfect privacy. Consider awnings: a simple sheet of fabric over your meal area or outdoor living space is enough to block the view of neighbours whose windows have a bird's eye view onto your yard.

Similarly, you could frame your outdoor seating with a wooden structure to create a sort of outdoor alcove. A nice folding screen, some decorative curtains suited for outdoor use or a booth with a very high backrest are all great ways to block outside views.

With a little imagination, you can easily create private, secluded areas on your property.



Grasses and climbing plants are precious allies when it comes to shielding your patio from prying eyes.



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Four easy-to-grow outdoor plants

Are you a gardening novice looking for some easy-to-grow plant varieties to get started with? Here are a few foolproof options for you to try this summer.

1. Marigolds

Deep golden yellow marigolds grow easily and require little maintenance: all you'll need to do is remove wilted flowers as they appear and water when the weather gets really hot. Their pungent smell acts as a natural repellent against aphids, among other pests.

2. Tuberous begonias

Tuberous begonias grow to be about 30 centimetres tall and wide. These bulb plants grow in full sun or partial shade, in fresh, well-drained soil. They come in all sorts of shapes and colours, from yellow to pink to bright red and even white.

3. Cosmos

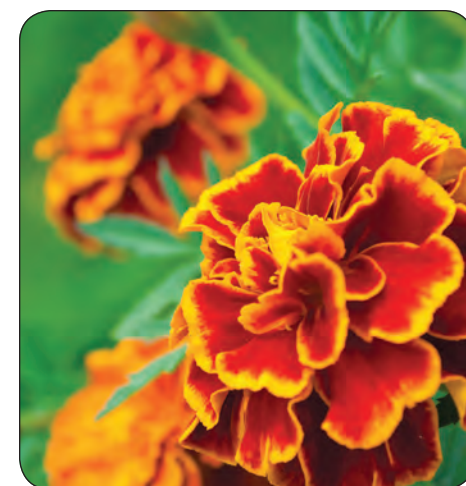
These large flowers are perfect for flowerbeds. They bloom throughout the summer and attract butterflies. Plant them in full sun and don't over water, as they prefer a drier soil. Using compost is not recommended for cos-

mos, which would become too big and require a tutor.

4. Geraniums

Colourful and easy to care for, geraniums only require a little bit of effort. You'll need to regularly remove wilted flowers and yellow leaves to stimulate healthy growth. Water them with fertilizer-enriched water once the surface of the soil is dry.

Ready to get your hands dirty? For surefire success in the garden, ask the experts at your local plant nursery or garden centre for advice.



In addition to being easy to grow, marigolds act as a repellent against certain insects like aphids.

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Three golden rules for garden walkways

Walkways can serve several purposes in the garden: they let you move around freely throughout the different parts of the yard; they confer visual structure to the overall landscape; and they constitute an essential aesthetic component. Follow these three rules to make your walkways both beautiful and functional.

1. Adequate width

Your main walkway (the one leading to your front door) should be at least 1.5 metres wide to allow people to cross paths without difficulty. For secondary walkways, a width between 80 centimetres and 1.2 metres is sufficient for foot traffic and wheel-



barrows.

2. Harmonious materials

Brick, gravel, natural stone — there are all kinds of materials in all shapes and sizes you could use for your walkway. To make the right choice, consider not only your budget but also the style of your home and your garden. Concrete, for instance, is perfect for an urban garden, while natural stone is ideal for a more rural landscape.

3. A solid base

For stable, durable walkways, dig up the ground, put down a geotextile tarp to prevent weed growth, and then add a layer of sand before laying down your covering of choice. Your walkways should ideally sit slightly below grass level to make it easier to mow the lawn. They should also be built on a slight incline to prevent water accumulation. Furthermore, make sure that the surface you choose isn't too smooth to prevent falls.

Call upon a landscape architect to design the perfect walkways for your yard.

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Relay for Life pancake breakfast raises \$500 for cancer research



Jasmine Henry played the ukulele at the Relay for Life pancake breakfast.



MLA Jeff Wharton



Winnipeg Beach Mayor Tony Pimentel (left) and Gimli Mayor Randy Woroniuk supported the breakfast.

By Patricia Barrett

The Interlake Relay for Life committee held its annual pancake breakfast last Saturday in Gimli, raising \$500 for the Canadian Cancer Society.

The breakfast is a lead-up to the society's annual fundraising memorial walk, which takes place over 12 hours and remembers family members and friends who've lost their battle with the disease, as well as celebrates and supports cancer survivors.

"One of the innovations this year is a SUPER 50-50 draw, which is available for all of the teams to use. The prize will be bigger," said committee member Bill Martin, who helped organize the breakfast and will be participating in the relay.

Gimli Mayor Randy Woroniuk, Winnipeg Beach Mayor Tony Pimentel and MLA Jeff Wharton turned out to support the pancake breakfast, and musician and singer Jasmine Henry from Gimli High School entertained the crowd with her ukulele playing. The Kiwanis Club of Gimli cooked the breakfast.

The relay is scheduled for June 16 in Winnipeg Beach.

"A lovely thing about relay," said Martin, "[is] it is an opportunity to be loved by the community and to love in return."

To register for the relay or to volunteer, call chairperson Betty Loewen at 204-589-5835 or Bill Martin at 204-276-2899.

Manitoba Sports Hall of Fame opens new exhibit

Submitted by Sport Manitoba

In celebration of the 100th anniversary of the end of the First World War, the Manitoba Sports Hall of Fame opened an historic new exhibit Tuesday featuring Manitoba's athletes and sports teams, or the battalions to which they belonged, during the war.

Using information from the digitized First World War personnel records in concert with archival materials such as badges, medals, articles of clothing and uniforms, and sports equipment, the curators designed Reflections of the Great War: Manitoban Athletes-In-Arms to showcase the incredible efforts of our honoured members and other athletes in the early 20th century.

- Pink running shorts worn by

Tommy Town, a champion long distance runner, in the 1920 Olympic Games in Antwerp, Belgium.

- WWI military-issue canvas running shoes (over 100 years old)
- 1912 participation medal from the 1912 Olympic Games in Stockholm, Sweden of Canada's first black Olympian, John Armstrong Howard (sprinter)
- Konrad Johannesson, of the Winnipeg Falcon's, pilot's licence
- WWI khaki shirt and syringe kit used by Grover Glenn Murphy, expert pistol shooter, with the 12th Canadian Field Ambulance, Canadian Army Medical Corps

"This collection, with some artefacts that are over 100 years old, is truly remarkable," said Jeff Hnatiuk, presi-

dent and CEO of Sport Manitoba, in a media release. "We're proud to showcase and celebrate Manitoba's rich sport history with this exhibit with special attention to our athletes and teams who fought in the Great War."

Many of our athletes fought at the Somme, Vimy Ridge, Passchendaele, and Amiens, and some were awarded the 1915 Star for seeing action so early in the war.

Many teams served together on the same unit, including the Allan-Cup-winning hockey teams the 1911-12 Winnipeg Victorias, the 1913 Winnipegs, the 1916 61st overseas battalion, and members of the Winnipeg Falcons whose surviving members would go on to win the Allan Cup and the Olympic Gold in 1920.

"This has been a fascinating exhibit to build and develop," said Rick Brownlee, Sport Manitoba's Sport Heritage Manager.

"So many military organizations and their heritage institutions have been so generous with their artefacts and archives, their knowledge and expertise, and their support of the new exhibit.

"The subject matter of the Great War and the Manitoban athletes who served will attract a new demographic of visitors to the Hall of Fame and we are thrilled to welcome them," he added.

Admission is \$5 for adults, \$3 for teens and seniors, and \$2 for children 12 and under.

Mental Health Facts for Adults

20% of Canadians will experience a mental illness in their lifetime.¹

25% of Manitobans received treatment for a mental illness between 2011 and 2015.²



20% of people with a mental illness also have a co-occurring substance use problem.³



Impact

Mental illness indirectly affects all Canadians at some time through a family member, friend or colleague.⁴



Mental illness is a leading cause of disability in Canada and typically accounts for approximately 30% of short and long term disability claims.⁵



In any given week, at least 500,000 employed Canadians are unable to work due to mental health problems.⁶

Reasons to seek more information about your mental health:

- Feeling very sad or withdrawn for more than 2 weeks (e.g. crying regularly, feeling fatigued, feeling unmotivated, difficulty concentrating).
- Trying to harm or kill oneself. Having thoughts of suicide or self harm.
- Risk-taking behaviors that could cause harm to self or others.
- Sudden overwhelming fear for no reason, sometimes with a racing heart, physical discomfort or fast breathing.
- Significant weight loss or gain. Significant changes in eating habits.
- Significant change in mood or growing inability to cope with daily problems and activities.
- Excessive use of drugs or alcohol. Misuse of over-the-counter or prescription medication.
- Drastic changes in behavior, personality or sleeping habits.
- Seeing or hearing things that aren't there (hallucinations).
- Intense worries or fears that get in the way of daily activities.

Suicide

4000

Almost 4000 Canadians die by suicide each year - an average of 11 deaths by suicide per day. Suicide affects people of all ages and backgrounds.⁷

988

From 2011 - 2015, there were 988 deaths due to suicide among Manitoba residents.⁸

Ways to Get Help

Call Interlake-Eastern RHA Mental Health Crisis Services at 1-866-427-8628



Talk to your family doctor or nurse practitioner



Connect with self help groups and services

Visit www.ierha.ca click on "Care in Your Community" then "Mental Health" for more information about area resources.

Connect with supports: family, peers and professionals



1. Canada (2015). Leading causes of death, total population, by age group and sex.

2. Manitoba Health, Seniors and Active Living (2015-2016). *Annual Statistics*: Government of Manitoba.

3. Buckley et al. (2009). Psychiatric comorbidities and schizophrenia. *Schizophrenia Bulletin*, 35: 383-402.

4. Mental Health Commission of Canada (2013). Making the case for investing in mental health in Canada.

5. Sariranan, S., Matzanke, D., & Smeall, D. (2011). The business case: Collaborating to help employees maintain their mental well-being. *Healthcare Papers*, 11, 78-84.

6. Institute of Health Economics (2007). Mental health economics statistics in your pocket. Edmonton: IHE. Number of absent workers calculated using Statistics Canada work absence rates, retrieved from <http://www.statcan.gc.ca/pub/71-211-x/71-211-x2011000-eng.pdf>

7. Statistics Canada (2015). Leading causes of death, total population, by age group and sex, Canada, 2012. CANSIM 102-0561.

8. Manitoba Health, Seniors and Active Living (2015-2016). *Annual Statistics*: Government of Manitoba.

Canadian fiddle champion Mark Morisseau to play at Fiddlefest

Staff

The 10th Annual Ron King Memorial Fiddle Festival is taking place Sat., May 12 at the Meadow Lea Hall.

The festival is named after and held in memory of Ron King.

Fiddlefest committee member Janice Lawrence describes her father Ron King, as a well-known fiddler from the Warren area and a huge community supporter.

"He played in many fiddling contests throughout the area as well as took part in some judging prior to his passing. He was especially proud to see how the youth were becoming such great fiddlers and followed and judged many of the talented and

well-known fiddlers that are popular today. "

The fiddle contest is open to all ages and prize money will be awarded to the top three winners.

Categories include 12 and under, 13-18 years, open class, 60 and over, first time competitor and twin fiddles.

This festival is a community based event and is presented by the Warren and District Lions Club and sponsored by local businesses and individuals.

The Lions are pleased to keep the tradition of Old Time Fiddling in Manitoba alive and to support area youth who have chosen to participate in this long standing cultural event.

"The Lions Club does a great job organizing this event so that fiddle music can continue to stay alive, especially engaging the youth, and more importantly keeping all ages involved, including our seasoned senior fiddlers," said Lawrence.

Doors open Saturday morning at 10 a.m. for a jam session with the fiddling contest taking place from 1 to 4:30 p.m.

Manitoba and Canadian fiddle champion Mark Morisseau of St. Laurent will be the celebrity fiddler and emcee for the event. Morisseau will entertain from noon to 1 p.m. while his band will provide the music for the evening dance.

Ron King's family will entertain from 5-5:30 p.m. and the Warren Herizons will provide supper at 6 p.m.

This is one of the few fiddling contests that remain today and continues to grow each year in interest, talent and attendees.

The festival provides an opportunity for many musicians to showcase their talents outside of their music lessons.

"The Lions have been very fortunate to partner with Mark Morisseau to not only feature as a celebrity fiddler but also to host the fiddling contest itself," said Lawrence.

For more information contact Warren Lions Club member Doug Hogg at 204-322-5679.

WIWCD offering free well testing to property owners

By Jeff Ward

An extension of the provincial well water testing program by the West Interlake Watershed Conservation District (WIWCD) allows residents to have their well tested for free by a WIWCD employee.

WIWCD manager Linda Miller said that residents can apply to have their wells tested by the organization at no cost. A summer student will visit the properties to do the testing for anyone who requests to be put on the

WIWCD's list.

The property owner, Miller explained, will need to fill out an application form that asks specifics about the well. The WIWCD gets funding every year from the Sustainable Development Office of Drinking Water based on the number of tests administered. Miller said last year the WIWCD tested 200 Interlake wells within their catchment area and the year before 300.

"We've asked for 300 this year but we

won't know exactly how many we get until the middle of May," said Miller.

Testing well water is important to know if the water is potable or not. The WIWCD's mandate is to assess the health of the watershed and address water concerns. Well water testing is right in their wheelhouse and Miller said it's a very good time to get testing done.

Miller said that in the event a well does fail a test, they will test other wells in the surrounding area to make

sure the contamination hasn't spread or that there isn't a problem with the aquifer.

"If someone's well does come back as a fail we do test around the area and try and figure out why it's failed," said Miller.

For those looking to get testing done, the WIWCD is a great resource that is free and easy to use. Anyone wanting more information or to be put on the list can call the WIWCD office in Lunenburg at 204-762-5850.

Grahamdale presents a balanced budget while lowering taxes

By Jeff Ward

The RM of Grahamdale mill rate is down resulting in slightly lower taxes for some this year.

The budget for the RM of Grahamdale for 2018 was presented on April 26 and CAO Shelly Schwitek said there were no residents in attendance. For residential land, a property valued at \$100,000 will see a decrease from \$1,805 to \$1,748. Schwitek explained that the mill rate is generating more

revenue for the RM as assessments have gone up. Council will be working with a balanced budget with revenue of \$2,210,381.66.

The RM will spend \$487,200 on general government services, \$120,640 on protective services, \$1,041,350 on transportation services, \$173,410 on environmental health services, \$15,200 on public health and welfare services, \$151,970 on economic development services and \$17,530 on recre-

ation and cultural services.

This year is a municipal election and council has budgeted \$15,000 to carry out their fall election. That money, Schwitek explained, goes towards salaries for the senior elections official, all the of the assistants on the day of voting, the ballots and boxes, renting the spaces to hold the election and every other thing needed to carry out the election process. Schwitek said that council will typically budget

a small amount each year, \$1,000 in 2017, towards elections in case there needs to be a by-election.

The RM plans to spend \$178,000 on road construction in 2018 and another \$73,000 on road maintenance. Drainage and culverts are budgeted at \$170,000 and \$25,000 respectively.

A complete copy of the budget can be seen online at www.grahamdale.ca

> BALLOON, FROM PG. 15

whole plan for the students. During their initial set up, students turned the cameras on to get video footage of their flight, but when their radio wasn't sending packets to their locator, they got assistance from another professional who was there. Students turned their cameras off to save their available memory.

"Once we got our radio working, I guess we forgot to go through the list again and turn them back on," said Campbell.

Unfortunately, the students have no video footage of their balloon's flight to space and back. However, there is a silver lining to that cloud because the students did have a backup balloon in case something went wrong with their original. Campbell said the students requested a second chance from school administration and will launch another balloon this week.

"It's really good to see this administration get behind the idea. Everyone really wants this footage and the kids

took responsibility and they know what their mistakes were and asked for the chance to fix it."

It's not easy to send an object to space in the first place as students had to make sure their payload weighed no more than 1,200 grams. They had to have everything planned out carefully and double and triple check everything. The fact that they sent their payload to space and got it back is something to be proud of, Campbell said. But there's more to the footage than bragging rights.

"The students said they want the footage to inspire other grades to try this," said Campbell.

At an ascent rate of five metres per second, the balloon quickly rises out of eye shot and students rely on their radios to track it down. Once the balloon pops, somewhere between 25 and 35 kilometres above Earth, it descends at approximately the same rate. Students are working hard to get video footage of what that looks like, and if all goes well, they'll have it next week.

CLCF Grants over \$15,000 to Lundar organizations

By Brian Bowman

The Coldwell Lundar Community Foundation completed another year of granting with \$14,000 awarded to four successful applicants at a small reception at the Lundar Lutheran Church on April 15.

The Lundar Agricultural Society received \$4,000 that will be used towards their new office space being built later this year. The Lundar Pool received \$4,700 for a new chemical pump, the Pauline Johnson Library \$3,800 to replace their flooring and the Lundar Museum \$1,500 to help with renovations.

The CLCF will also distribute \$1,500 in bursaries during high school graduation in June. CLCF treasurer Irene Runolfson said that she was thrilled to grant out a record high amount of money this year. The organization used a surplus from their operating budget to add to their grant money this year, which increased the total amount. Runolfson said when the group gets to award funding it is extremely rewarding.

"That's the feel good part of all of what you do, it makes it all worth-

while," said Runolfson.

"When you can grant back and help and see the benefits its creating in these groups and how it's helping."

The CLCF crossed a big milestone at the end of the last year reaching a quarter of a million dollars for the market value of their endowment fund. Today the fund is worth over \$270,000, which is staggering considering that only four years ago the fund was worth under \$100,000. The Winnipeg Foundation handles the fund and the interest it accrues is what the CLCF uses to grant back out into the community each year.

Runolfson explained that this year all the applicants who requested money were able to have their projects funded either in part or in full through the grants. Last year just over \$8,000 was granted out.

"You can tell the needs [of the community] cause you live here. We live here and see where the great needs are," she said.

The community of Coldwell has been very kind to the CLCF over the

"THAT'S THE FEEL GOOD PART OF ALL OF WHAT YOU DO, IT MAKES IT ALL WORTHWHILE."



EXPRESS PHOTO BY PATTY JOHNSON

The Coldwell Lundar Community Foundation granted just over \$15,000 to four applicants at the Lundar Lutheran Church on April 15. Pictured, left to right: Heidi Klassen (Lundar Community Swimming Pool); Arlene Brandson-Darknell (Lundar Agricultural Society); CLCF treasurer Irene Runolfson; Laurie Arnason (Pauline Johnson Library); Isabelle Thorvardson (Lundar Museum Society); Carole Boychuck, Donna Kingsley, Yvonne Geoff (Eriksdale United Church).

last few years donating lots of money. Runolfson said that she's extremely grateful and proud of the community for donating as much as they have and is always surprised at the response during the 24 Hours of Giving when they're able to add large sums to their endowment overnight.

"Any donations of any size is gratefully acknowledged and deeply appreciated," said Runolfson.

The CLCF are having their annual fundraising barbeque and silent auction next Friday, May 18 from 11 a.m. to 1:30 p.m. at the Lundar Heritage Park.

> CENTRALIZED SERVICES PLAN, FROM PG. 3

period. Selkirk and Stonewall were the only two centres that had physician coverage every day of the two-week period.

Mowat said long-term care provision in the Interlake is also of great concern to the union. In its 2018 budget, the government cut funding to long-term care by \$2.3 million.

The IERHA has the third highest median wait time for personal care home admissions at 23.8 weeks. Winnipeg, at 4.1 weeks, has the shortest wait, according to 2016-2017 Manitoba Health statistics.

The MNU held a rally May 2 at the legislature, where about 600 nurses protested against health-care funding cuts and risks to patient care.

The IERHA's CEO Ron Van Denakker said all of Manitoba's RHAs have been for the past year working closely with Shared Health to create a "provincially relevant, multi-year clinical and preventive services plan" that will focus on patient needs and be both equitable and accessible.

The plan will be informed by data gleaned from all RHAs, including the

IERHA's long-term needs, as well as from information on health-care system performance, health organizations such as CancerCare and the Addictions Foundation, a 2013 Manitoba EMS system review and expert studies, he said. Those reports are available on the IERHA's website.

"Planning is ongoing so speculation about possible changes in our region is entirely premature," he added.

As far as ER availability, Van Denakker said the IERHA has experienced challenges with recruitment and retention, which have made it difficult to maintain ER service in some hospitals. But the RHA has recruited 19 new physicians as well as physician assistants, nurse practitioners and other primary health-care staff.

"As a result, the impact on our ability to offer consistent services across the region has been positive," he said. And if a physician is not available at one hospital, patients have the option of using the Selkirk facility.

He did not say whether some Interlake ERs will be closing, and in terms of possible nursing job losses, it is

"entirely premature" to say how the new plan will affect them.

Frontline staff have had opportunities to engage with the health-care system's transformation, said Van Denakker. They were consulted by experts commissioned by the previous and current governments and were offered an opportunity to participate in a telephone town hall. The IERHA also works closely with its regional

leadership team.

"The intent of health-care transformation is to focus on the needs of patients and ensure care is accessible and consistent across Manitoba," he said. "We know that this goal will benefit residents in Interlake-Eastern RHA in terms of accessing the right care provider for their health-care needs, in the right place, in a timely manner."

> MEMORIAL RIDE, FROM PG. 14

dinner, which will also feature a 50/50 draw and silent auction.

"It's not a humdrum night out. On the ride, we actually go quite a ways through the Interlake and out to the Big Whiteshell. The ride is really nice for motorcycles and cars or whatever you want to do. We have the poker stops and games along the way," Gaudry said.

"It's good for two wheels or four. People are even coming in some exotic cars. It's open to everyone and it's really gaining momentum. If we could help one person, that would

be fantastic. Maybe Cole didn't die in vain if somebody can get help from this."

The cost to participate in the Cole Gaudry Memorial Ride is \$40 per person. For a dinner ticket only, the cost is \$25.

For the June 9 event, the check-in begins at 8:30 a.m. at Headingley Sports (5160-A Portage Ave.), and the official start time is 9 a.m. Dinner is at Nashville's at 826 Regent Ave from 5 to 8 p.m.

To register and pay online, visit www.twotenrecovery.org

Museum receives grants to employ youth and Indigenous people

By Patricia Barrett

The New Iceland Heritage Museum in Gimli received four funding grants for the summer season that will enable youth, post-secondary students and Indigenous people to acquire some much-needed employment experience.

The federal government provided a grant for a museum assistant and a museums operations assistant, which are open to those aged 15 to 30 and will run for 15 weeks. The Manitoba Metis Federation funded positions for an artifact researcher and gift shop/hostess, which will run for 16 weeks.

Both grants will provide opportunities for those studying history, tourism, Icelandic Studies, cultural management, hospitality or library science.

NIHM executive director Julianna Roberts said both funding bodies determined the parameters of positions.

"One is funded through Young Canada Works and the other through

Canada Summer Jobs, and we go by what their eligibility criteria are," she said. "The other two positions, which are funded through the Manitoba Metis Federation, require that individuals be Metis, Non-status or Inuit."

Young Canada Works is a federal government program that offers job seekers a variety of summer jobs and internship programs. Eligible employers can benefit from wage subsidies and gain access to a pool of talented youth with innovative ideas and competitive skills, according to its website.

There are about 200 museums in Manitoba, according to the Association of Manitoba Museums' website, the majority of which are in rural areas. They operate on tight budgets and utilize volunteers when they can.

Gimli filmmaker Andy Blicq, who collaborated with fellow filmmaker Huw Eirug to document the decline of rural museums in their 2016 film *The End of Our Memories*, said museums

rely on grants to fund staff, exhibits and capital upgrades.

"You can't underestimate what a challenge it is for museums to put a budget together and operate," said Blicq. "It's not an easy thing to do, so you look for grants that are available."

The province reduced cultural and film funding in its 2017 budget, making museums and other arts organizations more reliant than ever on grants.

Manitobans for the Arts, a non-partisan organization formed in 2012 to advance culture, heritage and creativity throughout the province, said the government's 2018 budget left a "neutral impact" on arts and creative industries, neither increasing nor decreasing funding.

The Metis Federation's grant will provide opportunities for Indigenous people to work at the NIHM and help bring awareness of the cultural contributions Indigenous people have made throughout the Interlake.

Indigenous people are "part of the

local story," said Blicq, "and the NIHM took a step last year to improve Indigenous content through the Ramsay Exhibit."

Blicq collaborated with Eirug and Juno award-winning singer William Prince from Peguis to tell the story of how John Ramsay saved the lives of immigrant Icelanders who arrived on the shores of Lake Winnipeg in 1875.

Blicq said it's also challenging for younger people to find employment, and the grants for summer student positions will give them a leg up.

"The museum is a great place where you can get some experience, and young people need meaningful experience to help them get started," he said. "You can learn new skills, learn about dealing with the public and learn about the local culture."

The deadline for applications is May 9. For more information, contact NIHM executive director Julianna Roberts at (204) 642-4001.

Fire chief encourages homeowners to minimize risks

By Jeff Ward

With the province going through a period of extremely dry conditions and strong winds, the chance of grass and wildfires is extremely high and property owners need to help minimize risks.

Ashern fire chief Ken Falk said that over the last two and a half weeks his department has responded to eight calls for grassfires. He said that during one of those weeks the Ashern fire department responded to a different fire every other day. Falk explained that while the spread of these fires can often happen quickly and with-

out much notice there are things that home owners can do to reduce their risk. The main thing is to remove any potential fuel source a fire may have. That means raking dead leaves, cutting the grass low and removing any dead plant material or tree branches from the yard.

"What you try to do is look at taking away any fuel for the fire," said Falk.

"Keeping your yards clean during the fire ban and cut the dry grass on your lawn. And don't try to burn anything or have a bonfire, it's just too dangerous."

The fire ban is on for the protection

of the municipality and Falk said that even when his crew is doing a controlled burn, that one strong gust of wind can send the situation out of control. A controlled burn allows fire fighters to get ahead of a blaze and eat up the fuel starving the fire out, but when it's windy like it has been, those controlled burns become riskier.

"It can happen very quickly and no one controls the wind and that's why we put burning bans on. These warm winds that blow all night, those are the ones that really scare me," said Falk.

Watering your grass isn't much of a

deterrent, Falk said, as the ground is so dry that any moisture will just get absorbed immediately and the winds will evaporate it. Truly the most effective way to protect your property is by doing what Falk suggested and clearing any potential fuel from your yard.

Falk also warns against ignoring the burning ban.

"As much as you think you might be in control all it takes is one gust of wind and you can lose it in the snap of your fingers," he said.

Ashern RCMP respond to two fatal motor vehicle accidents

Staff

On Thursday, May 3, at 2:30 a.m., officers from the Ashern and Lundar RCMP responded to a single-vehicle collision on Highway 6 at Auction Mart Road, located just south of the community of Ashern.

Investigators have determined that a SUV with two occupants, a 42-year-old female driver from Powerview, and a 53-year-old male passenger from Hollow Water First Nation, was travelling northbound when it rolled into the ditch.

The driver, who was not wearing her

seatbelt, was ejected from the vehicle and transported to hospital in critical condition, where she succumbed to her injuries. The passenger was not injured. It is unclear at this time whether he was wearing a seatbelt.

Alcohol is believed to be a factor in the collision.

Officers from the Ashern Detachment along with an RCMP Forensic Collision Reconstructionist continue to investigate.

On Saturday, May 5, at approximately 3:20 a.m., officers from the Ashern

Detachment received a report of a single vehicle collision that occurred on Highway 6, approximately three kilometres north of Ashern.

Officers believe a SUV, being driven by a 24-year-old female, was travelling southbound on Hwy 6 when the vehicle rolled. The driver and her 30-year-old male passenger, both from Little Saskatchewan First Nation, who were wearing seatbelts, exited the vehicle where the passenger was subsequently struck by a southbound pickup truck. He was pronounced deceased at the scene. The driver of the SUV

suffered non-life threatening injuries.

Alcohol was not a factor in the collision of the SUV.

The driver of the pickup truck, a 41-year-old male from Ashern, is facing multiple charges including Impaired Driving Causing Death. He remains in police custody at this time.

Officers from the Carman and Ashern Detachments along with RCMP Forensic Collision Reconstructionists continue to investigate.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Interlake players compete at Director's Cup

Staff

Twenty Interlake players were on various teams at last weekend's Director's Cup Prospects Tournament in Winnipeg.

Team Leach was the top club, posting a 3-0-0-1 record and 10 points. That was one point ahead of Team Patrick and four ahead of four other teams.

Some of the games, though, were forced to be cancelled Sunday due to ice problems.

Cole Topham led all players with eight points in four games. He scored five goals while adding three assists.

Jesiah Bennett had seven points in three games while Callum Caryk-Halls, Tyler Dodgson, Demelash McKay, Aidan Hyra and Dylan Moon each had six points.

Interlake players participating at the tournament featured Ashton Kornelson,



Nathan Vigfusson



Dylan Woytowich



Kaydyn McMahon



Zack Meadows

Hayden Myskiw, Brody Stovin, Hyde Smith, Magnum Grindle, Aiden Prystupa, Cody Procter, Brayden Stevenson, Yasinsky Tristan, Garisen Allan, Jake Fridfinnson, Alexander Kaczowski,

Peyton Bateman, Karson King, Tristan Shore, Dylan Woytowich, Austin Lourenco, Kaydyn McMahon and Nathan Vigfusson.

The Director's Cup Pros-

pects program is a six-week standardized skills development program that focuses on key concepts and skills applicable to the "Train to Train" athlete development stage and serves as an important precursor to the Program

of Excellence. The prospects program focuses on off-ice skills and off-ice training by emphasizing quality instruction and age-appropriate instruction.

Steinbach defeats Nipawin to win ANAVET Cup

Staff

The Winnipeg Jets didn't have much to celebrate this past Tuesday, but the Steinbach Pistons certainly did.

Steinbach defeated the Nipawin Hawks 2-1 on Monday to win the ANAVET Cup best-of-seven series in six games.

Pistons' forward Bradley Schoonbaert scored the game winner with 13:23 left in the third period.

The Pistons took a 1-0 lead just 2:52 into the contest as Brady Tatro scored. But Nipawin Hawks' defenceman Wayne Johannesson, an Arnes product, tied the score at 14:10 of the second period.

Johannesson finished the series with a goal and two assists in six games.

Steinbach took a 3-2 series lead after a 2-1 win last Friday in Nipawin.

This marks the first ANAVET Cup championship for the MJHL since 2011 when the Portage Terriers defeated the La Ronge Ice Wolves.

It was the first-ever ANAVET Cup victory for the Pistons franchise. The Pistons now advance to the RBC Cup, which takes place May 12-21 in Chilliwack, B.C.

The MJHL and SJHL champions renewed their interprovincial championship following five years of using the Western Canada Cup (along with representatives from the BCHL and AJHL) to determine who would advance to the RBC Cup.



EXPRESS PHOTO BY LANA MEIER

Arnes' Wayne Johannesson scored a second-period goal in Nipawin's 2-1 loss to Steinbach in Game 6 on Monday night.

Bear selected in WHL Bantam Draft

Staff

There were 33 Manitoban players selected in the 2018 Western Hockey League Bantam Draft — including Peguis' Colby Bear — that was hosted last week in Red Deer.

Bear was taken in the 11th round (236th overall) by the Regina Pats. Bear is a talented forward that played this past season with the Interlake Lightning.

He produced 16 goals and 36 points in 36 regular-season games. Bear was the Lightning's top point producer and was second on the team in goals scored.

Winnipeg defenceman Carson Lambos was the second player selected in the

draft. He was picked by the Kootenay Ice.

The WHL Bantam Draft is the first opportunity for WHL clubs to replenish their systems with graduating Bantam-aged players.

Players eligible for the 2018 WHL Bantam Draft will be 2003-born players who reside in Alberta, B.C., Manitoba, Saskatchewan, Northwest Territories, Yukon, Alaska, Arizona, California, Colorado, Hawaii, Idaho, Kansas, Minnesota, Montana, Nebraska, Nevada, New Mexico, North Dakota, Oklahoma, Oregon, South Dakota, Texas, Utah, Washington and Wyoming.



EXPRESS PHOTO BY LANA MEIER

Peguis' Colby Bear was one of 33 Manitoban players selected in the 2018 Western Hockey League Bantam Draft in Red Deer last week.

Magnusson wins boys' singles badminton division

Staff

Gimli's Blake Magnusson won the boys' singles division, finishing ahead of Stonewall's Liam Proven and Teulon's Odin Domino at the Zone 5 junior varsity badminton tournament in Gimli last week.

Teulon's team of Erik Chobotar and Bryce Good won the boys' doubles di-

vision. The top three was rounded out by Stonewall's Jake Unger and Colton Unger and Riverton's Bryce Bodnarus and Lloyd Courchene.

The girls' doubles division was won by Teulon's pairing of Mackenzie Garrand and Jacey Ledochowski. They finished ahead of Stonewall's Kara Magnusson and Katelyn Barr and Teulon's

Taylor Traub and Jubilee Nichols.

Warren's Emalia Sinclair was the top player in the girls' singles division, placing ahead of Arborg's Jessica Monkman and Teulon's Piper Lussier.

Warren's Hunter Sholdice and Joy McCutchen won the mixed doubles event. The duo beat out Gimli's Erik Isfeld and Malia Berthaudin and Ri-

verton's Gracyn Melsted and Kyra Sigurdson.

The Teulon Collegiate Saints won the Zone 5 banner.

Teulon finished with 40 points, which was ahead of Warren (30), Stonewall (29), Gimli (25) and Arborg/Riverton (10).

Midget Pirates look to challenge for top spot this season

Staff

The North Winnipeg Pirates are expecting to make a run at the Midget "AAA" baseball championship this season.

Pirates' head coach Gary Dear is back for his ninth season while the team has a good mix of rookies and veteran players.

Those rookies have a lot of talent, Dear noted.

"We have five first-year players who will play a major role in our team's success this season," said the Pirates' head coach in an email.

North Winnipeg lost its season opener 7-4 to the St. James A's on May 1 but then rebounded to defeat the Winnipeg South Chiefs 5-4 just two days later.

The Pirates then played the Elmwood Giants in a doubleheader this

past Sunday but no scores were available.

Dear expects his club to challenge for top spot along with St. James and Bonivital.

This year's edition of the Pirates has players scattered throughout Winnipeg and the Interlake.

North Winnipeg's roster includes Wyatt Whitwell, Liam Allen, Tyler Smith, Christian Ingram, Kalli Einar-

son, Nolan Raven, Cole Olfert, Owen Nychyk, Devon Cassan, Nathan Slaby, Ryan Wasilewski, Chris Fines, Davis Fenske and Brittney Langlais.

North Winnipeg visited St. Boniface this past Tuesday and then will host Bonivital this Friday at Koskie Field in Winnipeg. First pitch is 7 p.m.

Manitoba teams open with wins at national aboriginal championship



Dylan Fontaine



Keyanna Lea

Staff

Both Manitoba squads were 1-0 after their first game at the 2018 National Aboriginal Hockey Championship in Membertou, N.S.

Manitoba's male team defeated Ontario South 9-4 while the females were 5-4 winners over Ontario South.

Keyanna Lea, formerly of Riverton, scored twice for Manitoba — including the game winner with a second remaining in the third period — while her sister Keyara assisted on her first goal.

Kaila Powell, Emily Daniels, and Makenzie McCallum also scored for Manitoba. McCallum finished the game with three points.

Manitoba had a power-play goal and a short-handed tally in the win.

Bianca Zak of Stonewall made 27 saves in the game.

Manitoba's male squad, meanwhile, grabbed a 3-0 first-period lead and then extended that advantage to 5-0 by the 12:58 mark of the middle frame.

Conner Roulette led Mani-

toba with three goals and an assist while Dylan Fontaine had a goal and three helpers.

Preston Seymour, with a goal and two assists, and Nakodan Greyeyes (three assists) each finished the game with three points.

Jacy Kennedy (two), Keistin Saunders, and Shane Bear also scored for Manitoba.

Seth Ningeongan made 23 stops for the victory.

Pool-play action continues through Thursday.

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Arborg Community Cemetery

Tenders are being taken for the lawn care and general maintenance of cemetery grounds for the 2018 cutting season. Tenders should include cost per cut. Fuel and machinery to be provided by successful tender. **Apply to:**

Kris Gudmundson

Box 713 Arborg, Manitoba, R0C 0A0

By May 24th, 2018

For more information call 376-2248

SCRAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

GARAGE SALE

Multi Family 2 yard sale, May 11 & 12, 8 a.m. - 8 p.m., 3 miles west of Arborg on 68 then 2 3/4 miles north on 233. Household, antiques, collectibles, hunting, tree stands, fishing, toys, tools, slate pool table (4x8), retro kitchen set/chairs, exercise equip., lift chair, back inverter, original art, Bell sat. dish HD receiver & PVR, taxidermy (coyote/bull elk). 204-376-2033, 204-641-1232.

HOUSE FOR SALE

Two storey home for sale with a large yard in Fisher Branch. All appliances included. Asking price \$120,000. Call 204-372-8589 if interested.

Gorgeous 2 bedroom home, beautiful treed, 49 acres, 3 miles N. of Gimli on Hwy #8. Approx. 750 sq. ft., full basement, upgraded plumbing, electric hot water tank, water softener, new electric furnace, new submersible pump in the well and sump pump in basement. New windows, new shingles, 14 x 22 ft. garage plus four storage sheds. Property ideal for hobby farm and has low property taxes. Ph. 1-204-224-1318 or 1-204-299-0191.

STEEL BUILDINGS

Steel Building Sale... "Mega Madness Sale - crazy deals on all buildings!" 20X23 \$5,798. 23X25 \$5,744. 25X27 \$6,639. 30X31 \$8,488. 32X35 9,954. One end wall included. Pioneer Steel 1-800-212-7036.

PROPERTY FOR SALE

6 MILES NORTH OF RIVERTON. HAS A WELL AND IT IS FENCED. NO STONES, BLACK SOIL. SUBDIVIDED INTO 2 PARCELS 80 ACRES EACH. ASKING PRICE IS \$950 PER ACRE. CALL 204-378-2702 OR 204-963-5778.

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FARMLAND FOR SALE

210 acres located off Hwy. #6 past Town of Woodlands. Land #85093. Call Tony at 204-941-1239.

HANDYMAN SERVICES

Yard and garden work, exterior house cleaning and maintenance. If you need help with just about anything inside or out, give Bob a call at 204-378-2905.

HOUSE FOR RENT

For rent - available immediately, 2 bedroom house. Single car garage. Located 10 miles East of Fisher Branch or 20 miles North of Arborg. Call Ivan 204-642-2252.



ATTEND OUR FREE WORKSHOPS!

EFFECTIVE COMMUNICATION IN THE WORKPLACE

Tuesday, May 8 and 15 - LUNDAR

Gain effective communication tools to improve employee motivation, productivity and profitability. (9:00 am - 12:00 pm)

PROFESSIONAL WRITING FOR THE WORKPLACE

Wednesdays, May 9, 16, 30 - SELKIRK

In this 3-part workshop, learn to improve your writing skills and become more effective in all areas of the workplace. (6:00 pm - 9:00 pm)

EFFECTIVE CUSTOMER COMMUNICATION SKILLS

Thursdays, May 31 and June 7 - GIMLI

You never get a second chance to make a first impression! Come to this workshop to gain the Essential Skills needed to WOW your customers! (9:00 am - 12:00 pm)

THINKING LIKE A LEADER

Tuesday, June 5 - ARBORG

Explore new ways of working through challenges and opportunities and develop new insights that will help you grow and strengthen your leadership skills. (9:00 am - 12:00 pm)

MANAGING YOUR TIME AS A LEADER

Tuesday, June 12 - ARBORG

Do you spend your day in a whirlwind of activity and then wonder why you haven't accomplished more? Learn how to increase your productivity and become more effective in your workplace. (9:00 am - 12:00 pm)

See our website for further info and location details
www.wem.mb.ca/west-centre-selkirk/

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Summer Student Employment Opportunity Recreation/Maintenance Assistant 30 hrs/week ~ June 25 - Aug. 24

Riverdale Place Homes Inc. provides supported living residences for adults living with a developmental disability. We are looking for a summer student to assist with our recreational programming and outdoor maintenance needs.

The successful candidate will be mature, creative, outgoing and energetic, willing to take on a variety of tasks. Post secondary enrollment in a related field of study and/or demonstrated interest in supporting individuals with a developmental disability would be definite assets.

Successful completion of a Criminal Record Check and Child and Adult Abuse Registry checks will be required, as well as willingness to be trained in CPR & First Aid. Valid and clear driver's license also needed.

Please apply in writing to:

Executive Director,

Riverdale Place Homes Inc.

Box 968, Arborg MB R0C 0A0

Or email: kfinnson_rph@outlook.com

Application Deadline: May 22, 2018

For more info contact: Kathy Finnson, Exec. Director 204-376-2940

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UPCOMING EVENTS

Telus Manitoba Motorcycle Ride for Dad. Fighting Prostate Cancer - Saturday, May 26 10 a.m. Official start Polo Park Shopping Centre. Register online: ridefordad.ca/Manitoba

UPCOMING EVENTS

Old St. Andrews-on-the-red Anglican church is hosting a "High Tea" on Saturday June 2. There will be two sittings 2:00 and 3:00. The Tuckett family fiddlers will be performing throughout the afternoon. Tickets must be reserved in advance by phoning 204-338-7483. Cost is \$10 for adults, \$5 for children 6 to 12 and \$25 for a family of 4.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Ranch Ltd., 204-467-8884 or e-mail stonewood elkranche@hotmail.com

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FEED AND SEED

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AUCTION SALE

For Raymond & Georgina Larson Vogar, MB Saturday, May 26, 2018 at 11:00 a.m.

Sale Site: 3.4 km West of Vogar on PR #68 or 20.6 km east of Lake MB Narrows on PR #68

Tractors & Farm Equipment: 1989 J.D. 2955 Tractor w/9092 hrs, Cab, 3pt, 18.4-34 tires (ser #C06359/D768388); 1983 J.D. 2140 w/Loader, 3 pt, open cab, 9545 hrs; 2005 Inland Baler Mod #6072; 2004 McDon 15ft Windrower, Mod #5020; J.D. 225 10ft Offset Disc, notched (f&b); Rock-o-matic 5ft Stonepicker w/pto; 3pt h Post pounder; New Idea 9ft Mower; J.D. Deep Tiller w/ext (10ft or more); 10ft Hay Buster sod seeder; Vicon 9 wheel Rake; Laurier 6 & 10 bale Mover; 2 wheel 3pt Swath Turner; J.D. 3pt hitch Blade; 3pt Hitch sprayer; (2) 3pt Bale forks; Elec Rolling mill; 6 cyl Chrysler Combine motor; 8ft Brush hog; (2) 4" x 16ft Augers **Cattle & Fencing Equipment:** Tire feed troughs (5+); Catching cage for calvers (homemade); (2) Calf pullers; Cap-chur powder projector (Pat #3022785 & Ser #ND203770); 110 vol Elec fence; Plastic calf sled; Panels -some w/gates; Hanson 200 lb Calf scale; Doz. Horse shoes; Rolls Barb wire (new); Small 2 wheel Trailer; (1) roll Wooden snow fence **Shop & Miscellaneous:** Tire feed troughs (5+); 5 & 30 gal Air Compressors; Floor jack & stands; Aluminum ramps; 10ft Ext ladder; Homemade tool box for 1/2 ton; Fairbanks-Morse Beam scale; (6) Grease guns; Lincoln 225 Arc welder; Pressure washer; Battery charger; Hyd cylinders; 4 x 4 Sprayer unit; (2) 3ft Jack-alls; (3) Crow bars; Chipping bar; (2) 20t Hydraulic jacks; (2) Rigid 24" Pipe wrench; Hyd bottle jacks; Garage floor creeper; 220v. elec heater; (5) hand saws; (2) 6" Table saws (1 homemade); Squares & levels; B&S 9hp gas motor; Jerry cans; Booster cables; 4" Vice; Bench Grinder on stand; (5) Welding helmets; Various chains **Yard & Miscellaneous:** Ryobia Lawn Trimmer; 11 Loose tires; (2) LT245-75 R16 on rims; 56" x 35" insulated Wood box; Spades, picks, axes, hatchets; Misc plywood, lumber, arborite; Homelite Chainsaw; Various Pliers, Vice grips, Screwdrivers, Hammers, C-clamps; Funnels & oil cans; Open & box end flat wrenches; Sockets - 1/2" Impact & 1/2" Common; Makita 125mm Disc grinder; Makit 10mm Cordless drill w/charger; CP73YH 1/2" Air Impact; (3) Small Fire ext & holders **Hunting/Fishing:** (20) 16 mesh 3 3/4 in. nets; Traps - 5 doz #1, 5 double spring; Muskrat stretchers - 30 wire, 25 wood; 1 Doz Canada goose decoys; 20 Snow geese decoys; 303 Rifle w/scope (ser #39L6562); (2) Double barrel shotguns (welded closed); Std. Trans for 6 cyl Bombardier **Antiques & Household:** Sm Cream separator; (3) Cow bells (incomplete); (1) 79 cast seat, (1) Massey cast seat; Hand Churn; Small separator; Bed Frames; Stove; Old pots; Jars; Baseball bats; Xmas Decorations/lights; Books; CD's; 5gal milk carton w/glass medicine & drink bottles; Approx 20 Hubcaps; Some household **Consigned:** 100 gal 3pt hitch sprayer; 19ft Melcam Rock rake; Rock-o-matic 19ft hyd drive rock picker; 40ft Beline applicator; Lewis cattle oiler; 16.9-30 Tire chains

Auctioneer's Note: Something for everyone. Come out and enjoy the Retirement Auction.

Lorne (Buddy) Bergner, Auctioneer

Box 721, Ashern, MB ROC 0E0 Ph: (204) 768-2669/ Fax: (204) 768-3237
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take a break

> GAMES

SUDOKU

	8	2	9					
			5					3
	5			7	6			
								9
				6	3	4	1	
	7	8				3		
7				4				
4	2		3		8			
1						9		

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Retirement Auction For Perry And Laurie Hunstad
Saturday, MAY 26, 2018 10 AM Warren, MB

Contact: Perry (204) 792.7399
Directions: From Winnipeg (Jct of North Perimeter at #6 Highway), Northwest on Hwy #6 past Warren, MB. North 3 miles on Rd 5W. East on Rd 81. Watch for signs.

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2	4	6	8	7	9	3	1	5
7	9	8	5	3	1	2	4	6
1	3	5	4	2	6	9	7	8
9	2	3	6	1	8	7	5	4
5	1	4	3	9	7	6	8	2
6	8	7	2	5	4	1	9	3
8	6	9	7	4	3	5	2	1
3	7	2	1	8	5	4	6	9
4	5	1	9	6	2	8	3	7

Sudoku Answer

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INTERLAKE

NOTICE OF ANNUAL MEETING

When: Wednesday, May 23, 2018

Meeting: 7:00pm

**Where: Arborg Community Hall
409 Recreation Centre**

Agenda Items to include:

- Minutes from the 2017 Annual Meeting
- Audit/Financial Report
- FCL Delegate Report
- General Managers Report
- Board Report
- Appointment of Auditors for 2018
- Board Elections

Interlake Consumers Co-op Ltd
Box 40, Arborg, MB ROC 0A0

Eastern Interlake Handi-Van Inc.

ANNUAL GENERAL MEETING

Thursday, May 17, 2018,
at 4:30 p.m.

In the Heritage Classroom
2nd floor, RM of Gimli Office,
62 – 2nd Avenue

Executive Administrative Assistant

Central Interlake Chamber of Commerce Inc. is looking for an experienced

Executive Administrative Assistant

to assist in the following:

- Managing of our organization;
- Scheduling meetings and events;
- Accounts Receivable & Accounts Payable

Confidentiality, accuracy and attention to detail are important qualifications for this position, as well as the ability to communicate clearly via social media and with members. The ideal candidate for this position is a skilled multitasker, who is reliable and is committed to consistently meeting deadlines. Experience with computers and bookkeeping systems preferred.

Part-time hours to approximately 32 hours per month, with one evening a month. Starting rate of pay dependent on work experience and knowledge.

Please email resume to:

CentrallInterlakeChamber@gmail.com

Or fax to: 204-364-2454

Attention: Dale Stanowski

ANNOUNCEMENT

IN MEMORIAM



In Memory of
Carol Gardarsson

We never lose the one we love,
they live on in our hearts.

December 23, 1950 – May 11, 2017

Carol, you are with us in our hearts every day, yet we long to hear your voice, see your smile, feel your hugs, and miss your laugh.

Your Smile

Though your smile is gone forever,
And your hand we cannot touch;
Still we have so many memories,
Of the ones we loved so much.

Your memory is or keepsake,
With which we'll never part;
God has you in His keeping,
We have you in our hearts.

Author unknown

It has been a difficult year without, but your beautiful story will live on through your family and friends.

-Love always and forever,
Gardar and family



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3 bedroom bungalow with fully finished 2 bedroom basement



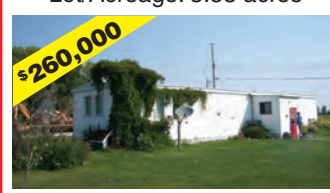
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ERIKSDALE

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Lot/Acreage: 5.53 acres



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2 bedroom bungalow on double lot.

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List Price: \$180,000

Living Area: 1792 SF Lot/Acreage: 1.91 acres
3 bedroom bungalow with single attached garage and large 1344 Sq. ft. shop

Arborg - 586 Mill Ave.

List Price: \$164,500

Living Area: 744 sq ft Lot/Acreage: 60 x 104
2 Bedroom bungalow,
new deck on back entrance.

Arborg - 500 River Rd.

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