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# THE EXPRESS

VOLUME 6 EDITION 19 THURSDAY, MAY 9, 2019

WEEKLY NEWS

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## Love to run



EXPRESS PHOTO BY EVAN MATTHEWS

Left to right, Samantha Thorgilsson, Mya Beaman, Keidyn Lindell and Ashton Bishop sprint down the track, racing one another without much separation. The Eriksdale students are busy training for the SHOPPERS LOVE. YOU. Run for Women being held in Winnipeg on Sunday, May 12. See story on pg. 4.

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# A growing family business

By Evan Matthews

Allan and Karen Sabados say they are proud of their bountiful greenhouse and the family business is certainly growing.

When the Sabados started the greenhouse nearly 20 years ago, the couple didn't expect the business to bloom into what it has become today.

"There will always be a bigger and better set up," says Allan, co-owner of the facility.

"But this is what we do. We are in every one of these plants," he says, adding many of the trees for sale will live to be 100 years or older and likely outlive him.

While Allan does a lot of the seedling and planting, Karen spends a lot of her time watering and maintaining the plants, tending to their daily needs.

The couple's daughter, Emily, also plays an integral role in the day-to-



The Sabados have a large variety of flowers and colours for sale.

day operations.

The Sabados Greenhouse has everything from annual bedding plants including perennials, trees and shrubs, baskets and vegetable plants. The Sabados also cultivate the trees for The West Interlake Watershed Conservation District's Community Tree Nursery Program.

Continued on page 8



EXPRESS PHOTOS BY EVAN MATTHEWS

Allan and Karen Sabados have operated their greenhouse business since the early 1990s.



This wing of the greenhouse is specifically designated for garden vegetables.

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Celebrating Manitoba Day on May 12



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Jeff Wharton

MLA for Gimli

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# Siglavik wetland preservation group vows to fight destruction

By Patricia Barrett

A group of residents concerned about the destruction of Lake Winnipeg's coastal wetland in the Siglavik-Miklavik area south of Gimli has failed to get answers about why successive governments have allowed a development to proceed despite provincial and municipal legislation outlawing developments on wetlands.

After watching one development slowly progress over the past five years, the recently formed People for the Preservation of the Willow Island Coastal Wetlands group went to the legislature April 30 to bring attention to Manitoba's weak track record on wetland protection.

The group's persistent research efforts and interviews with area residents have raised more troubling questions about how this particular development was allowed to proceed on what the province and a number of environmental and planning bodies once deemed significant coastal wetland.

Siglavik resident Jeff Smith, who was joined by other members of the preservation group in the rotunda, said the stretch of coast between Gimli and Netley Creek is considered rare coastal wetland that "cannot be replicated" and it's slowly being destroyed by housing developments.

Manitoba has lost about 70 per cent of its wetlands, allowing pollutants from agricultural run-off and wastewater to flow freely into the lake and contributing to extensive algal blooms and the closure of public swimming beaches.

"Of even greater concern to us is the government's complicity in supporting the destruction of this wetland," said Smith on behalf of the 26-member group. "We have legislation in this province — and it's fairly robust legislation — that protects wetlands at all levels."

The group was able to obtain departmental documents from 2014 under the then-NDP showing development applications being denied, as well as documents from 2016 showing the same government reversing course after the threat of a lawsuit. In 2018 the Conservative government allowed the work to continue, according to a Sustainable Development email the group had obtained (see the online *Express* April 4 and 18).

Between 2007 and 2014, there were four separate applications to develop the land and "turn it into a fairly significant residential complex" and each one had been defeated, said Smith.

The Rutz family, who are European residents, currently owns the Sunrise Drive property. They inherited it from a relative, who in turn had purchased it from another owner in 2014. The family spends part of the year in the municipality of Gimli.

Ben Rutz wrote a letter to the *Express*' editor in April — after the group called attention to 1,000 to 1,200 truckloads of earth that had been brought in to build up the land — saying



**EXPRESS PHOTO BY PATRICIA BARRETT**  
Siglavik resident Jeff Smith spoke with media April 30 at the legislature.

his family has been coming to Gimli for well over a decade and decided to donate nearly 35 acres of the Class 5 wetland to the municipality so that it could be turned into a bird sanctuary.

About four acres to date of the Rutz's remaining acreage have been filled in, says the preservation group.

The NDP's 2016 approval letter said provincial and/or municipal dyke construction carried out in 2005 "may have altered" the pre-existing state of the property. But the preservation group found no evidence the alleged work lowered the property's grade, rendering it ineligible for development.

"When you look at the documentary evidence and go back to satellite photographs from Sustainable Development's own archives — photographs from 1993, 1998, 2012, 2014 — they show no appreciable change in the landscape. So it doesn't look as if anything was taken out of there," said Smith. "Residents who live off Sunrise Drive right opposite the development in 2005 will say they don't ever recall soil having been taken out of that site."

Tom Nevakshonoff was minister of Conservation and Water Stewardship in January 2016 when the then-department's director of drainage Geoff Reimer approved a single-lot development for Rutz.

Nevakshonoff said he had not been copied

Continued on page 9

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# In the mood to run

By Evan Matthews

Eriksdale School students are running for a cause.

Students are preparing for the SHOPPERS LOVE. YOU. Run for Women being held in Winnipeg on Sunday, May 12, which supports the Mood Disorders Association of Manitoba (MDAM), and raises awareness for both mood disorders and mental health.

"We're trying to make the connection between mental and physical health," said Chelsea Elliot, a teacher at the school and co-organizer of the school's run club.

"We want the kids to exercise to boost mental health and encourage students to think positively about both mental and physical health, and how they're connected," she says.

The MDAM is a non-profit organization founded by Gwen Finnen in 1983 as the Society for Depression & Manic Depression of Manitoba, according to its website.

Having students aware of mood disorders and mental health is hugely important, according to co-organizer Jen Cameron, as she said it's next to impossible to show up for your com-

munity in good physical health if a person isn't also maintaining their mental health.

"We will have discussions about a mental health topic as we warm up and stretch, with tips, questions, etc.," said Cameron, adding that the group also discusses physical health topics and running techniques.

"We like to run with the kids, too. It helps motivate the kids. ... They always want to beat us. They see us running, and they run even harder to pass us."

The school's run club happens twice a week for six weeks, every Tuesday and Thursday, leading up to the race. Grades 6, 7 and 8 can participate, and the club has roughly 45 students out of the school's 160 engaged in the program.

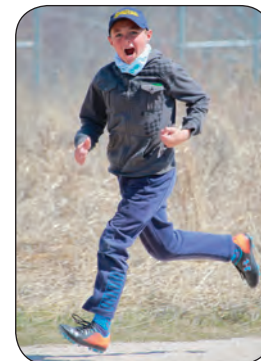
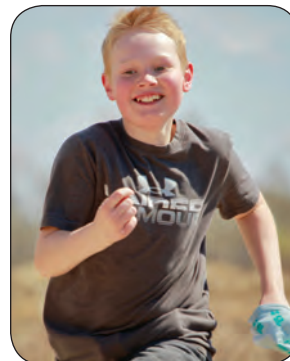
The SHOPPERS LOVE. YOU. Run for Women, is optional for run club students, according to Cameron, saying run club is about pushing one's self and doing one's absolute best, not about competition.

Runners can choose between The SHOPPERS LOVE. YOU. Run for Women five-kilometre and 10-kilometre race.



EXPRESS PHOTOS BY EVAN MATTHEWS

Eriksdale Run Club has roughly 40 participants, accounting for an engagement rate of 25 per cent of the Eriksdale School's population.



Right photo, Riley Johnson shows running doesn't have to be a chore. Middle photo, Barnie Cronje wasn't wearing running shorts, but his jeans weren't slowing him down. Far right photo, Dylan Tully, left, Rachel Halldorson, middle, and Jersi Godfrey run as a unit.

Participants of the school's run club received headbands from the Running Room, which provides headbands to all members of the "Run for It" program.

Though Eriksdale School's group is simply called Run Club, the school is part of the Run For It program, which partners with The SHOPPERS LOVE. YOU. Run for Women and the Running Room.

SHOPPERS LOVE. YOU. Run for It

program empowers and provides tools for the girls in your life to help them manage challenges with depression and anxiety, according to its website, as depression is the leading cause of illness and disability among adolescents.

Half of all mental health illnesses in adults appear to start by age 14, but most cases are undetected and untreated, the website reads.



## "Ukrainian Farmers Co-op" ANNUAL MEETING

**Monday, June 10th, 2019**  
**7:00pm @ The Ukrainian Hall**  
**Directors Wanted!**

**Ukrainian Farmers Co-operative Ltd.** Invites nominations for the position of Director, to be elected by ballot in 2019.

Nominees must meet the qualifications and requirements specified by the Co-op bylaws and all nominations must be submitted in writing no later than 6:00pm, May 31st, 2019.

For details on Director qualifications and nomination forms, please speak with our General Manager, Kyle Yaciuk, at our admin office.



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Application forms and criteria are available at the School Division Office in Gimli and the School Division Web Site ([www.esd.ca](http://www.esd.ca)).

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# Benson takes his passion for the earth to China

By Teresa Carey

Gimli fisherman and writer Bruce Benson has just returned from a very unique trip to China, after spending several weeks there on a personal mission.

It was no ordinary mission (because Benson is no ordinary man). He made the trip to pick up garbage, just as he had done years earlier in Egypt. While there, he shared with locals the Flag of Humanity — which he maintains is not “his” flag, but “belongs to everybody on the planet.” It is a flag that he conceptualized years ago, which represents the passing on of the earth to the next generations in a spirit of global peace. He has taken that flag around the world.

“I felt that I had to go,” Benson said. “There was a compulsion that I couldn’t deny.”

Benson had been meaning to make the China trip for seven or eight years, he said. The fact that he could not speak the language did not deter him.

He landed in Hong Kong on Feb. 23 then made his way to Shenzhen, in mainland China. From there, he took a 27-hour train ride to Jian, followed by a fast train to Weifang. He found his way to Qufu, the hometown of the famous Chinese philosopher, Confucius, where he would spend much of his time.

“The first two weeks were really rough. I call it ‘the doubt’. No other foreigners were there,” Benson said. However, one day in March, after days of relentless slogging and picking up trash, there was a breakthrough.

As he carried on with his humble work each day, all day, locals began noticing Benson, unbeknownst to him. People began appearing with bottled water, and the hired street cleaners emptied his trash bag for him as he did his part navigating the dense shrubbery to find trash hidden from view.

“The help from the locals was really empowering to me,” Benson said. “This was the first day I felt confident.”

Benson’s journal entry that day would read, “I got my legs in China today.” Quickly, his fame began to grow.

“I was about eight days in and turned around and there was a camera in my face,” Benson recalled. “I asked, how did you know I was here? They said, people have been watching you and called in (to the station).”

He was told that some people thought he might be crazy.

This began his relationship with the Chinese public. He did two television interviews, and spoke at a university. He was invited to visit schools where he would ask all of the children to



**EXPRESS PHOTO BY TERESA CAREY**  
Bruce Benson just returned from a trip to China, where he introduced the Flag of Humanity while demonstrating his respect for the earth by picking up trash for 40 days. Here, he holds two statues of Confucius that he found in the bushes during cleanup.

draw the Flag of Humanity. He then gave each child a hand flag to give to their parents.

“When I spoke with the young people, it was very touching,” he said. “Eventually, they all gave me a hug.”

Before long, his was the No. 1 news story in Shandong Province.

“I was told that 150 million Chinese people have seen me on the internet. It’s not from picking up trash. It is from showing them and earning their respect,” Benson said.

“If you want to connect with the people, I think that public service is the best way to do it, expecting nothing in return at all — people respond to it. If you go to a foreign country, you have to show, not tell, your respect for them. It’s easy to say. If you go there for 40 days to pick up trash, they see that you really mean it.”

The respect Benson earned from the Chinese people gave him credibility that he needed to share the message of the Flag of Humanity with them, he said.

People’s initial assumption about the meaning behind the flag was it is about environmental protection, “which they are highly in favour of,” Benson said.

“I explained that it’s more than that. It’s also that it’s peaceful — it’s about the commonality of being human.”

They quickly caught on. One young woman, He Limin, who Benson refers to as



**EXPRESS PHOTO BY BRUCE BENSON**  
Benson, and a local shopkeeper in Qufu, cleaned a fountain out of trash and four inches of mud. The fountain is now filled with fresh water and might soon be home to fish.

“Thursday” after the day of the week that he met her, particularly embraced the idea. Benson gave her the power of attorney in order that she could promote the Flag of Humanity in China. She plans to take a group of people out with the Flag of Humanity and pick up trash.

Far from encountering any troubles in China, Benson said he never felt in any danger. He found the Chinese people to be “a wonderful, kind people” and Chinese society to be extraordinarily civil.

“I did not see oppression. The people were very cultured, very sophisticated, very spiritual people, but not religious. Overall, it was an absolutely positive experience,” Benson said.

At times, however, he was reminded that China is not a free country. Benson was required to show his passport on a regular basis. There was also some concern by the Ministry of Public Security that Benson was becoming too popular with the public, fearing that Canada could use his popularity against China in some way. For that reason, one media interview had to be cancelled.

As well, during an unveiling of the Flag of Humanity at Tiananmen Square, he and He Limin received a stern warning by security officers.

“In a space of four hours, we were

warned three times to leave. The third time, they threatened to put (He Limin) on a political activist watch list.”

Then when he was leaving the mainland to get back to Hong Kong for his flight home, he was grilled by the border security guard who asked what he was doing in China for 40 days.

“They did think I might be a spy,” he said.

Overall, Benson said that his China trip was an excellent experience:

“It exceeded my expectations by far. I made it in, and I made it out,” Benson said.

“I don’t know what the end result will be, doing something like this. I may never see the results (but) I believe I planted some seeds — 150 million Chinese people, and growing, know about the Flag of Humanity.”

For more information about the Flag of Humanity, visit [www.flagofhumanity.com](http://www.flagofhumanity.com).

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## Acknowledging agricultural importance

By Evan Matthews

A quick drive up Highway 6 or Highway 7 showcases a number of farmers cultivating their land.

It seems to be a good reminder, always, as to where our food comes from and just how much work goes into getting it from soil to plate.

It's an important time for Manitoba farmers and, really, all of Manitoba's economy and livelihood.

What's nice to see is the acknowledgement of that notion from people who may or may not have direct ties to farming.

Eriksdale School started its gardening club this week, in which five boys have gotten together with the help of a teacher and have begun planting various crops on the school's grounds.

The students planted onions, carrots, watermelon, peppers, potatoes, tomatoes, zucchini and eggplants, most of which will be harvested by the end of June, the rest by September at the lat-

est.

The excitement and optimism surrounding their project is inspiring. These kids want to grow their own food, and for good reason.

At The Sabados Greenhouse, Karen and Allan Sabados spoke about the rationale of growing your own food.

They both cited that if a person grows their own food, nothing is left to chance, as in that person knows exactly what's in their food and where it came from. It has not been modified in any way.

One other benefit to growing one's own food, according to the Sabadoses, is "fresher is always better."

The amount of time that passes for food to be harvested, shipped, stocked, bought and consumed is far greater than one that has simply been harvested and consumed.

It's just common sense.

If you haven't experienced the taste of freshly harvested garden tomatoes,

for example, it's unrivalled. I'll never forget my first experience.

My grandmother was in our cottage's kitchen, toasting the bread and then spreading a thin layer of mayonnaise over each slice of toast.

She stepped outside to the garden, briefly, picking the largest and ripest tomato.

She came back in, washed and sliced the tomato, carefully placing each slice of tomato onto the bread, salting and peppering it.

The first bite was something I'll never forget. I had never appreciated the freshness of food the way I did on that day, and it stuck with me.

Having seen these examples in the past week, and the passion for growing in the Interlake, I feel inspired.

Do you grow your own vegetables? Do you have flowers or a garden?

Maybe this is your year to explore. Get inspired, grab some seeds and get gardening.

## Arts education grant will encourage student artistic creation

Submitted by Manitoba government

The Manitoba government is committing \$20,000 to a new Arts Education Grant, Education and Training Minister Kelvin Goertzen announced Monday.

"Manitoba Education and Training is expanding support for arts education in our kindergarten to Grade 12 schools to encourage artistic creation among students," said Goertzen. "In-

volvement in the arts has positive benefits on students' learning outcomes, enriches the student experience and encourages childhood development."

The province is renaming the former Music Month grant and expanding its focus to include all essential learning areas within Manitoba's arts education curriculum: dance, dramatic arts, visual arts and music.

The province is increasing its total

funding to \$20,000 from \$10,000, starting in the 2019-20 school year. The minister noted expanding parameters and financial aid will help ensure equitable support for the four arts subject areas in all regions, school divisions and grade levels.

"We know that our communities are better places when made up of citizens

Continued on page 7

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## Province launches resource to make rental properties safer

### Submitted by Manitoba government

The Manitoba government is launching a new fact sheet for landlords that clarifies the process for evicting tenants who are breaking the law and putting others at risk, Justice Minister Cliff Cullen announced Monday.

"We know that landlords have for too long struggled to gather and present the evidence they need to evict drug dealers and other criminal elements from their rental properties," said Cullen. "The Manitoba government is committed to making our communities safer, and this new resource gives landlords the clarity and guidance they need to navigate the system quickly so they can protect

their property and the safety of other tenants."

The minister said if a landlord wants to evict a tenant engaging in unlawful or unsafe activity, a hearing must be requested through the Residential Tenancies Branch (RTB). For these types of applications, the RTB will schedule hearings on short notice. The new Landlords' Fact Sheet clarifies the evidence that landlords may submit to support an order of possession application. This includes:

- video, photographs or audio evidence of the incident(s) in question;
- incident reports, warning letters or written confirmation from law enforcement agencies that unlawful ac-

tivity is taking place in the rental unit (incident numbers are not sufficient);

- any incident reports from security staff, property managers, maintenance, paramedics, fire department, health and bylaw inspectors, alarm companies or police that proves the behaviour may be escalating;

- verbal or written statements from anyone who has direct knowledge of the tenant's conduct; and

- financial statements or receipts for repairs.

To further assist landlords and tenants, Manitoba Justice's Public Safety Investigation Unit (PSIU) provides dedicated support to all Manitobans who are concerned about illegal

drugs and other dangerous activities occurring in their residential neighbourhoods. The PSIU can help landlords gather the evidence necessary to secure an order of possession, the minister added.

The Residential Tenancies Branch will also continue its public education outreach programs, so all Manitobans can access information on landlord and tenant rights and responsibilities. For more information about the PSIU and resources available through the Residential Tenancies Branch, visit [www.gov.mb.ca/justice/commsafe/scna.html](http://www.gov.mb.ca/justice/commsafe/scna.html) and [www.gov.mb.ca/ccar/b/index.html](http://www.gov.mb.ca/ccar/b/index.html).

## Credit rating agency recognizes Manitoba's efforts to balance budget

Global credit rating agency DBRS Ltd. (DBRS) has confirmed Manitoba's credit rating and recognized the government's efforts to fix the province's finances and return to balanced budgets, Finance Minister Scott Fielding announced Tuesday.

"As a result of our work, by the end of this fiscal year the accumulated provincial debt will be \$5 billion lower than it would've been if we continued down the misguided path of the previous government," said Fielding. "We will be saving Manitobans \$183 million per year in borrowing costs. This means we can have greater flexibility to invest in the priorities of Manitobans including health care, education, social services and capital projects."

In its May 2019 report, DBRS notes

the province's credit profile is stable and has improved in recent years with the government's efforts to address chronic deficit spending, and preliminary results for 2018-19 showing a significant improvement over the previous fiscal year.

The report states DBRS is confident in the government's commitment to balance the budget over the medium term. It notes there is clear evidence of a strong political commitment and a record of budget outperformance, referencing the numerous reforms the government has introduced to improve program outcomes and cost effectiveness, and strengthen budget and financial management practices.

DBRS acknowledges the province's efforts to improve its budget forecasts and increase its resiliency to unfore-

seen spending requirements including significant changes to the budget development process, and increased oversight and monitoring. These measures have contributed to fewer adverse expense variances and the better-than-expected results, the report notes.

While the province has made significant progress over the past three years, there is still important work to do to return the budget to balance in the government's second term, said the minister. The province's debt-servicing costs continue to rise, exceeding \$1 billion in 2018-19 for the first time in Manitoba's history, with the considerable borrowing of funds required to sustain ongoing capital projects.

"The previous government's overly aggressive and imprudent pursuit of

major capital investments by Manitoba Hydro continues to threaten the financial health of our province," said Fielding. "We have noted in the past, within a few years Manitoba Hydro will be facing more than \$700 million of higher annual expenses when the carrying costs of these ill-advised projects come online. Not surprisingly, our ratings agencies continue to express concerns over Manitoba Hydro's weak financial metrics, which continues to place significant pressure on the province's own credit profile."

"We are taking careful and measured approach to ensuring the spending decisions made are sustainable, because we know it is essential to protecting our long-term ability to invest in the services Manitobans value and rely on."

### > ARTS EDUCATION, FROM PG. 6

that are creative, collaborative, critical thinking communicators," said Randy Dueck, superintendent of Hanover School Division. "The arts are essential to developing young people who will use these skills to shape healthy and productive communities. The newly expanded Arts Education Grant will allow for students to interact directly with professional artists. This collaborative approach will encourage student creativity and provide opportunity for hands-on learning."

Goertzen invited schools from across Manitoba to apply for the Arts Education Grant. Applications

must involve learning experiences in which students generate, develop, refine and share their ideas for creation in the arts in collaboration with professionals or artists in the four arts disciplines.

More information on the Arts Education Grant is available online at [www.edu.gov.mb.ca/k12/cur/arts/index.html](http://www.edu.gov.mb.ca/k12/cur/arts/index.html).

May is Music Month in Manitoba and each Thursday at 11:30 a.m., school groups will perform on the grand staircase at the legislative building as part of the Music Month Concert Series.

## STARS receives \$1 million gift

### Submitted by Chad Saxon

Richardson company representatives gathered in Winnipeg on April 26, where the organization's head office is located, to announce a \$1 million contribution to STARS. This donation will support STARS' lifesaving operations in Manitoba, Saskatchewan, Alberta and Eastern B.C.

As recognition of their generosity, the logos of JR affiliated companies: Richardson International, Tundra Oil & Gas Limited and Tundra Energy Marketing Limited will fly proudly throughout STARS' fleet of helicopters.

"Our Firm is immensely proud to partner with STARS in support of their mission to provide life-saving care in the communities where our personnel, customers, their families and our neighbours live, work and play," stated Hartley T. Richardson, President & Chief Executive Officer of James Richardson & Sons, Limited. "An abundance of our business locations are situated in rural areas across Western Canada, and knowing that a STARS air ambulance is at the ready should the unimaginable occur, provides us an immeasurable degree of peace of mind."



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## Third time's a charm to reel in that rod

Hi gang.

Last week you might remember my writing about Nikki Benish of Winnipeg and her story of how much she liked going fishing with her dad. I also mentioned we will be hearing from her again for a particular reason — but not just yet.

A few weeks ago, I met Larry Skoleski of Lac du Bonnet who loves to fish much like his “significant other” Jackie Pyle. Jackie was the one who had a funny, exciting fishing story for this week.

Her natural sense of humour has kept her in good stead with their family and friends because, in her own words, she has a tendency to walk into walls when looking the other way as she talks at great length about nothing in particular or tripping when there's nothing in her way. These little irritants fade when compared, according to Jackie, to her impressive angling luck and skills.

Apparently she and Larry went ice fishing with friends two months ago on the south end of Lake Winnipeg. Arriving at their shack, their friends carried supplies in while Jackie built a pile of firewood in her arm from the back of their truck. She approached

the shack door carefully with short steps on the ice, but as she opened the door, a gust of wind whipped it against her. Seemingly in an instant, she found herself flat on her back with the firewood strewn on top of her. I hope this isn't an indication of how this day is going to go, she thought to herself.

Later inside the shack, a fire crackled in the stove, coffee and sandwiches were being enjoyed and baited hooks on fish lines were dropped into 10 feet of water. Jackie sat in a folding chair beside her ice hole jigging her line. The smell of the wood fire from the stove mixed with the easy music on the radio put everyone in a warm comfortable mood. Then Jackie felt a sharp jerking on her line and instinctively pulled up. The short rod quivered and bent toward the ice hole. Jackie, though excited, realized whatever she had caught was too much for her little rod. She grabbed a piece of kindling and began winding her line around it. Soon she saw the head of a huge jackfish appear in the water of the ice hole. With both hands on the piece of kindling, she wound the line up hard until the fish's head was out of the water far enough to grab it by the gills and haul it up onto the floor. As with most huge, long jacks, it didn't move much when out of the

support of water. Jackie dove into her tackle box, digging out her measuring tape then on her knees, and was happily surprised to see the tape reach from head to tail at 42 inches.

With help, she released the fish nose first back into the ice holes water. Amid shouts of congratulations, she baited her hook and put it back in the water. It couldn't have been more than 10 minutes and she got another heavy bite. This time the fish darted back and forth getting itself tangled in Larry's line. She fought the fish, reeling in when she could and letting it play itself out when it fought furiously. By now Larry had left his rod in its holder and was standing beside Jackie watching.

Slowly she reeled in her second big catch. As it came up to the ice hole, she could see it was a large, fat pickerel. She felt her rod could handle this fish so she took her time playing it until it tired and then she lay on the floor and grabbed it by its gill to land it. She measured it at 30 inches. She pulled Larry's line off the fish, but as she released the pickerel, the line became entangled on its tail again as it disappeared down the hole. Larry stared in astonishment as he watched his rod spring free of its holder and plunk down his hole into the water after Jackie's fish.

“I'm sorry, honey,” Jackie said. “I'll buy you another rod.”

Resigned, Larry got his old backup



EXPRESS PHOTO SUBMITTED

Larry Skoleski and Jackie Pyle with one of her many catches.

rod, baited its hook and dropped it in the water. Everybody settled down to do some fishing. Minutes passed and Jackie's line again pulled down toward the water of her ice hole.

“This can't be happening. You catch three fish and we get nothing,” Larry cried out.

Jackie, feeling a bit guilty about her luck, said nothing and busied herself reeling in her latest strike. Another huge pickerel. It looked familiar. She reeled it up and as it plopped onto the shack floor, a little cry escaped Jackie's mouth. It was the same pickerel she had just caught! Larry's line was still tangled around its tail with his rod dangling in the water.

“There's your rod back Larry,” Jackie teased.

See you next week, folks. Bye for now.

## > GROWING, FROM PG. 2

The key, according to Karen, is ensuring the plants they've grown are native to Manitoba, so that the vegetation can handle the harsh prairie climate.

“We always had grown our own plants, but it really started as a hobby. It just grew and grew. For years it was very small. We would sell an extra tomato plant or two to cover the cost of the seeds,” says Karen.

“Tomatoes are king (in terms of fruits and vegetables). Purple flowers are best sellers — purple flowers and perennials. Everyone loves perennials.”

The greenhouse sits at 20003 Road 108N, just outside of Lundar, on the family's property.

It was an easy choice in terms of location, according to Karen.

“It's home,” said Karen, noting the love that goes into building a home can be felt in the greenhouse and its plants, too.

“It all just grows right in the backyard.”

Much has changed in the 20 years of operation, and Allan says the change will continue, as

the greenhouse moves towards automation. The business has just purchased a “CNC planter,” which will allow the machine to do the seeding and planting with a mechanical arm, saving the couple “hours and hours” of time planting, giving them the opportunity to focus their attention in other areas.

The greenhouse serves a wide demographic, according to the couple, from people using walkers to young people. More and more, young people seem to be taking an interest in growing, Allan said.

Some people, over the course of their visit to the greenhouse, become visibly relaxed after spending time in what Allan calls “an oxygen-rich environment.”

They come in tense and tight, and seem to relax and loosen up during their stay.

With such a peaceful and relaxing ambience, and a fresh pot of coffee always going, The Sabados Greenhouse is a popular spot for locals to come visit, according to the couple.

“One woman came in on a rainy day and just sat, knitted, and enjoyed,” said Allan. “We fully encourage it.”

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# GFF getting set to go outside the traditional cinematic box

By Patricia Barrett

The upcoming 19th Annual Gimli Film Festival will be focusing on cinema with a twist, showcasing multimedia installations, performance art and virtual reality projects in an aptly themed program called Cinema Outside the Box.

Organizers announced the theme last week along with a few sneak peeks of what's planned for this year.

"As Manitoba's premier film festival, we're excited to showcase these ground-breaking new forms of cinema in 2019. We are so excited to be able to bring these visionary films and performances from around the world to Manitoba," said GFF festival director Aaron Zeghers in a May 1 news release.

"As always, GFF will continue to showcase and champion Manitoba's filmmaking talent and provide opportunities for local filmmakers to learn

and connect."

Founded in 2000 by now-retired Senator Janis Johnson, the festival has put Gimli on the film-going map. It's the largest rural film festival in Canada and the only beachside one, showing over 100 films by local and national filmmakers and feature films and documentaries from around the world.

This year will see five free nightly screenings on Gimli Beach, an enormously popular event that draws thousands of people — along with their lawn chairs, blankets and snacks — to the beach. Projected on a giant screen at the water's edge, films from the 1980s, 1990s and 2000s with a coming-of-age-high-school theme will be featured under the banner "Summer School."

The Sunday night beach movie will be the audience's choice. Over the course of this month, GFF will invite

film fans to suggest their favourite "Summer School" movie via its Facebook and Instagram sites.

The full lineup of free beach films, which are sponsored by RBC, will be announced by June 1.

The festival will be continuing its tradition of including films by women. Between 40 and 60 per cent female-made or female-directed films make up this year's program. And for the second year in a row, organizers will be offering a Future is Female Mentorship Program.

"The Future is Female Mentorship Program is completely free and will bring over 55 emerging women directors, actors, producers, writers and media artists to GFF for an entire day of woman-driven cinema and learning opportunities," states the news release.

Applications are now being accepted for the program, which takes place

on July 26. The program is supported by the Telus Friendly Future Foundation and sponsored in part by Vital Transit, Canadian Media Producers Association and Mentoring Artists for Women's Art (MAWA).

The festival is taking steps in 2019 to increase accessibility for people living with disabilities.

Organizers will announce the full film lineup on June 26. The box office in the Gimli Lakeview Resort opens June 29. Film-lovers can purchase individual tickets or passes.

A Super Pass (\$110) provides access to all films and special events. A Film Pass (\$80) provides access to all films. A Film Community Pass (\$90) is reserved for filmmakers, film industry professionals and people working in Manitoba's film industry.

The festival runs July 24-28 at various venues in Gimli.

## > SIGLAVIK, FROM PG. 3

on Reimer's approval letter nor had it been brought to his attention until Sustainable Development Minister Rochelle Squires raised his name in the legislature April 2 as the go-to person on the issue.

"This had never come to my desk for signature while I was the minister," said Nevakshonoff, who attended the press conference. "But some of my staff were engaged in it. I think the question of whether or not this area is a coastal wetland is pretty much moot. Anybody with common sense can look at it and see this is a wetland."

But Nevakshonoff said there are certain elevations on which developments are permitted, and it all starts with municipalities as they have "domain over planning and permitting."

"The municipality said, well, there is a small section of property that is above the range of that elevation and I believe they agreed to permit it," said Nevakshonoff. "And [the provincial department of] Infrastructure and Transportation looked at it, as well, and identified a small area above the flood plain level that was eligible."

No penalties have been issued to date. Legislation such as the Environment Act, the Planning Act and the Fisheries Act can be applied in this particular case, but there has to be some "will to proceed," said Nevakshonoff.

"Frankly, I think the government of the day is lacking the will to really take the effort to protect these wetlands, and they're potentially leaning towards the path of development rather than the environment," he said.

The preservation group uncovered additional development applications, showing a proposal for a large multi-unit development.

"We know previous applications were to build 12 houses along a stretch that would take up about eight to 10 more acres," said Smith, "and we're not able to find out what status that is at."

The group has submitted a request to the federal department of Fisheries and Oceans under the Freedom of Information and Protection of Privacy Act to find out if it had been apprised of possible threats to fish spawning grounds in the wetland, and if so, what it did.

A March 11, 2019, letter obtained by the group under a FIPPA request to the Eastern Interlake Planning District states the owner intends to build one family home as well as "a water access to our home to get access to the lake with a boat."

A canal over 100 metres long and 25 feet across had already been dug up in the wetland by March, and the preservation group said it was unable to find permits authorizing such work.

In late March, Sustainable Development issued a stop-work order after residents ramped up efforts to bring attention to the destruction.

Sustainable Development would not share its directive with the *Express*, but a departmental spokesperson said the "excavation work on the site in question was ordered stopped, and the developer has complied with the related direction and deadlines."

The spokesperson added that the municipality is responsible for approving the development of the prop-

erty.

"The province does not approve local developments such as this one," he said. "Approval to develop the property would be granted at the municipal level, by the local planning district. However, the province did review the project and rule that it did not need a Water Rights Act licence."

Smith said the protection of wetlands costs nothing, but developments that destroy them will eventually lead to enormous costs associated with flood-related infrastructure damage, loss of wildlife habitat and water pollution.

With climate change contributing to severe weather events and flooding

in Manitoba — and more recently in eastern Canada — Smith said people are starting to realize how vital wetlands are.

"The word is spreading," he said. "We have people from Winnipeg who are joining our particular group. We intend to keep it going. This is an issue that cannot be allowed to die. We are not prepared to let it die and we will hold the government accountable to ensuring that the laws they passed to protect our land are enforced and regulated."

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# Profiling the Interlake's art exhibits riding the WAVE

By Evan Matthews

Over the next five weeks, *The Express Weekly News* and *The Stonewall Teulon Tribune* will profile many of the Interlake's artists as part of the WAVE Tour.

WAVE is a non-profit organization working toward promoting the Interlake's artists.

On June 8 and 9, and then again on Aug. 31 and Sept. 1, the WAVE Artists' Studio Tour is taking place in a variety of locations across the Interlake region.

On Friday, May 3, WAVE launched its brochure at First Friday's in Winnipeg's Exchange District. The brochure cites locations for each artist's studio. The brochure is available online at <https://www.watchthewave.ca/brochure>.

With the help of the brochure, guests are encouraged to plan their route visiting the studios. Most areas have a number of studios within a close proximity, so guests can maximize the number of studios and exhibits they take in.

Tours will run from 10 a.m. to 6 p.m. and guests are encouraged to watch for the blue and white WAVE signs and flags along the highways and within the towns.



Teulon's Heather Dawson will be demonstrating the techniques used to make her glass art.

This week's feature showcases the work of Teulon's Heather Dawson and Arborg's Jerry Maryniuk.

## Glass by Heather

Not everyone can look at a piece of glass and see all its potential and beauty.

But Heather Dawson can.

Specializing in glass staining and silkscreening, Dawson began her



EXPRESS PHOTOS BY EVAN MATTHEWS

Retired Winnipeg Police Officer Jerry Maryniuk holds up his book, *Snowbird Sketches*, along with one of his handmade thunder gourds.

glasswork 15 years ago as a hobby but recently left her full-time job to focus on the craft she loves.

"I do glass fusing, too, which is heating up sheet glass or glass powders in a kiln until they melt together," said Dawson.

"Most recently I've been working at silkscreening."

Silkscreening is comparable to

screen-printing, say on T-shirts, according to Dawson. However, the silk-screening is done right on the surface of the glass, she said.

"You pull the enamel through the screen and lift the screen up off the glass. Then you're left with a print," said Dawson.

Dawson will be providing various demonstrations throughout the WAVE Tour dates, showcasing the different processes, tools and materials used in art glass.

"Stop by for a cup of tea and a famous butterscotch cookie and leave a little more enlightened," said Dawson. "My studio will be open for both WAVE weekends."

Dawson will occupy Studio #7, located 545 Temple Ave., Winnipeg Beach.

## Multi-talented Maryniuk

A visual artist by the age of six, Jerry Maryniuk made sure to put his talents to use.

Maryniuk had joined the Winnipeg Police Service by age 22 and quickly became a police composite sketch artist. He trained at the FBI Academy and the Scottsdale Arizona Artist School.

He has been retired for almost 19 years, but keeping art as a mainstay in his life is a priority to Maryniuk.

Having drawn caricatures since youth, Maryniuk went back to his roots.

"I switched gears. I've been working on a book most recently, *Snowbird Sketches*," said Maryniuk.

"My wife and I go to Arizona for a few months every winter. The book talks about and shows what it's like getting old, and jokes about getting old, rather than crying about it," he said, emphasizing the element of hu-

Continued on page 17



Interlake

## Notice of Annual Meeting

**When:** Wednesday, May 29, 2019  
**Meeting:** 7:00pm

**Where:** Arborg Community Hall  
409 Recreation Centre

### Agenda Items to include:

- Minutes from the 2018 Annual Meeting
- Audit/Financial Report
- FCL Delegate Report
- General Managers Report
- Board Report
- Appointment of Auditors for 2019
- Board Election

Interlake Consumers Co-op Ltd  
Box 40  
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## Call For Board of Directors

The Interlake Consumers  
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There are three (3) Director positions available

Nominees must meet the qualifications and requirements specified in the Co-op's Bylaws. Details on the qualifications and requirements can be picked up at the Administration Office in Arborg & at the Eriksdale Food Store location.

Nominations must be submitted in writing, no later than 5 pm on May 15, 2019 to:

The Nominating Committee  
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THE **EXPRESS**  
WEEKLY NEWS

**By Lana Meier**

Ten years ago I, along with business partners Brett Mitchell and Rick Reimer started up a small chain of locally owned and operated newspapers. I'm sure many people thought we were crazy continuing with print media, when corporately owned newspapers were closing offices, laying off staff and ceasing printing newspapers that had been recording the history for generations.

Well like many of the small businesses that support our newspapers today, it's a passion and a love for our communities that keep us going day after day. We have an extremely dedicated team of reporters, photographers, designers, pressmen, sales, administration and collators who work 24/7 to bring you the local news, news that matters and is relevant to our communities.

The newspaper is produced, printed, distributed and paid for by the local businesses, community members and politicians who purchase advertising space. It is these advertising dollars that cover all the costs and it is our job to deliver the news while delivering results to those who support us.

But it is also our job to deliver the news in a timely, accurate and compassionate matter. We

don't make the news, we only report the news. And sometimes the news may not appear the way some feel it should. Often there are two sides to controversial stories, or two different views. It is not our job to tell the reader who to support, but it is our job to educate you, the reader on both sides. Ask difficult questions and clarify details so you can be informed.

I grew up in the newspaper business, alongside my father Mervin Farmer, who owned and operated the Stonewall Argus and Teulon Times, the Interlake Spectator and the Selkirk Journal. I had the privilege of working with him for thirty years before he retired, after selling the papers to Quebecor. When people say I was born with ink in my veins, I think I was. Dad bought the Argus from my Uncle Bill Saundry in 1967, six weeks before I was born. Dad and his dedicated staff gradually expanded their coverage area to include three titles and reached every community north of the Perimeter and in between Lake Manitoba and Lake Winnipeg. Dad's passion and love for the Interlake soon became my passion. I learned every aspect of the business working alongside people including Linda Doubleday, Art Essery, Lenore Holloway, Lorne Reimer, Rick Fast, Rosemary Hodge, Marilyn Moloney and so many

more. Staff would come and go and when I was younger and I always wondered why? But I soon learned that the weekly newspapers were a stepping stone to the daily newspapers and TV stations. They weren't leaving because Dad was a bad employer, it turned out he was an amazing leader and a great teacher and they were on to bigger and better things.

Not much has changed in the industry today, regarding the news coverage.

There is still news happening 24/7 but there are fewer opportunities for great reporters for the written word and there are fewer pages to produce for that news.

However, the newspaper still has a job to do and is still relevant to many today. We are the record keepers, we document the news, we record the events of the day and in 100 years the Stonewall Teulon Tribune, the Selkirk Record, the Express Weekly News and the Winkler Morden Voice will hopefully be in the archives for those interested in reading our history.

So when you are wondering how that newspaper gets delivered to your mailbox or house each week, thank the local advertisers that appear in the pages alongside the news of the day. Shopping local matters.

### ADVERTISING TESTIMONIAL

*Wanted - Young chicken farmer looking for egg cartons. If you are interested in recycling please drop off any cartons at the Tribune office in Stonewall at 74 Patterson Drive.*

The advertisement ran in November of 2018 for three weeks. The response was overwhelming and we had to cancel the ad. We received enough egg cartons to last us the next three years. We still have regulars dropping cartons off at the Tribune office.

"I was amazed by the number of people that read the ad and went out of their way to drop the cartons off. When I have too many eggs to sell, I will definitely run an ad in the Tribune."

Matthieu Meier (16 years old)

## FEATURING WEEKLY AND MONTHLY ADVERTISERS







## The Benefits of Shopping Local

The Stonewall Teulon Tribune is built on the idea that we connect people through stories to build stronger communities. Did you know that our community newspaper is paid totally by advertising dollars. We are fortunate to have strong local support, which allows us to produce, print and distribute an award winning newspaper week after week. Why shop online when shopping locally is better for the community, better for the environment and the best way to find something unique that can make all of your friends say "wow."

### Shopping locally benefits your community.

When you shop locally, the money you spend stays in the community. Filling your grocery cart up locally takes dollars out of your pocket and puts them into the pockets of a local business owner and their employees. What you might not consider is that those dollars get spent by the business owners as well, and they're also likely to spend their money locally. This owner might donate a silent auction prize to a local fundraiser or donate cash to the local pool or splashpad.

American Express estimates that about 68 cents out of every dollar spent in local shops stays at home, and if that dollar is spent locally three times, it means that – for every dollar you spend at local shops – \$1.45 goes back into the community. It's what economists refer to as the multiplier effect, and it's very powerful.

Of course, that money doesn't just go to business and restaurant owners. The local government takes out its share in local taxes. Even if you hate the idea of taxes, and we all may grumble in October, local taxes go to schools, recreation centres, libraries, RCMP, firefighters, and other services in the area. Buying dinner at a local restaurant can be the reason the town has enough money to add a sidewalk or pave a street.

### Shopping locally is better for the environment.

You already know about the danger of greenhouse gases and the effects of global warming. What's easy to forget is that everything you buy had to come from somewhere. If you're drinking imported spring water from Fiji, that

water flew halfway around the world. If your new pants were made in China, they racked up frequent flyer miles, too.

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# Lundar students lend helping hand for Habitat for Humanity

By Evan Matthews

Students from Lundar High School took a trip south over spring break to build a home for a family less fortunate than themselves.

Seven students along with their teacher Jeremy Campbell and LEGO (Lakeshore Educational Growth Opportunities) program director Cassandra Hunter travelled to old Guatemala from March 31 to April 15 to lend a helping hand to those affiliated with Habitat for Humanity.

"It started as something different, rather than just having to go to school every day. It sounded like an adventure," said Grade 11 student Rianna Hogue.

"It's totally different (in Guatemala) than the cities we have here in Manitoba. The vehicles are all different, and people are driving motorbikes everywhere.

"It's a little more Third World. ... Even the roads are all cobblestone."

LEGO is a program designed to expand on existing courses offered in the school division to create a fuller vocational and more career-focused experience, according to Hunter.

The program is made possible through funding from the federal

government's Skills Link grant, Hunter says.

It allows individuals between the ages of 16 and 21 who need additional career training and who would benefit from a hands-on approach to learning to have an intensive study period in order to explore new career opportunities in an area of interest, gain high school credits, make connections with employers, know what steps are needed to achieve their goals, understand what post-secondary options are available and practise healthy lifestyle choices while building employability skills, she says.

"It's great to have the opportunity, to take a semester and really focus on employability skills. There are classroom sessions, too, which gives students opportunity to gain high school credits through the program too," said Hunter.

"There is more hands-on, supported programming, which was a big part of Guatemala. We're working as a group, on-site in a work setting, while gaining employability skills and new experiences in the workforce."

The most difficult challenge while building the house in Guatemala was the language barrier, according to



EXPRESS PHOTO SUBMITTED

Lundar High school students, back row, left to right: Tayler Sweetland, Mackenzie Watson, Justin Sherbeth, Ryan Gleich, Caitlyn Marshall, Rianna Hogue, Callie Farthing, Emily Weatherburn, Alex (Habitat for Humanity staff). Front row: Cassandra Hunter (LEGO program director) and Jeremy Campbell (teacher).

Hogue, as many of the workers on site didn't speak English, and there was only one translator available.

The house was constructed (almost)

Continued on page 17



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# Every quilt tells a story



EXPRESS PHOTO BY PATRICIA BARRETT

Heather Dankochik in her quilting workshop. The quilt behind her is material from France made into a days-gone-by, dreamy pastoral work of art.

By Patricia Barrett

If quilts could speak, they'd tell you a story of what they depict and also a few secrets about how their quilter-creators go about their business.

A member of the Lakeside Quilters group gave the *Express Weekly News* the inside scoop on quilting, explaining that it's not so much about sewing blocks of fabric together as it is about creative expression and the freedom to do whatever you fancy.

Heather Dankochik, who volunteers on the Lakeside Quilters board and is helping organize the group's upcoming annual show in June, started quilting in 2004. On her very first attempt, she chanced her arm on some rather slippery and stretchy material that her mom had salvaged from old coats and ended up with a multi-coloured wall quilt that simply dazzles the eye.

"The story here is my mother," said Dankochik as she led the way into the spare bedroom of her Gimli home where the "Quilt of Many Colors" hangs. "As a kid growing up, we saved stuff because that's just what you did. There was a box of coat linings in the basement, and when I asked my mom about it, she said she wanted a quilt made out of them. So I made it for her."

Since that time, Dankochik has made hundreds of quilts, place mats, pillow slips and other items, giving the majority away and display-

ing her work in quilt shows to spark conversation and the sharing of trade secrets with other quilters and wannabe quilters.

"Quilters love to quilt and sew but we can't keep them all," she said. "If I kept them all, every wall of my house would be covered with something. So we give them away. It's a labour of love and a love of the fabric, the colour and just trying something new."

She displays her favourite works in her home, the ones with special meaning behind them or the ones that evoke fond memories of foreign countries in which she has travelled.

Dankochik made a perfectly blocked and sewn wall quilt with a demure heather-purple border framing dreamy 19th-century pastoral scenes.

Ivy-covered cottages tucked away in enchanted woods, brick follies, majestic mansion houses and hunters with their horses and retrievers take you in into another world, one far away from the cares of the present.

"I bought this toile material and the pattern at a little quilt shop in France," said Dankochik. "I talked to the woman who was working in the shop — I had to learn French to understand the pattern. The material came in one big sheet. I cut it to highlight and showcase the pictures. It's my souvenir. It reminds me of my trip to France."

She "modified" the pattern to create her own unique border, something quilters commonly do. Once you've learnt the basics, you're free to shuck the rules and express your inner maverick. No one will stop you.

"You start out with the books that have patterns in them and the instructions on how to make what you need and how to build it, and you go from there," she said. "And you can go be-

yond."

Dankochik says she storyboards her quilts the way authors do when plotting out a novel. She'll either lay strips of material on the floor and rearrange the image until she's satisfied or pin them up on a big board fixed to the wall of her quilting workroom.

She's currently storyboarding an image of mountains she found on the social media site Pinterest.

"I saw the picture and I thought, 'I can play with that,'" she said. "This image is made out of pieces of wood, but I thought, 'Why can't I make something similar out of pieces of material?' So I'm playing with that idea. I don't have an actual pattern."

If there's one piece of advice she'd give to those just starting out, it would be this: "Be your own artist. Anything and everything is out there."

Dankochik will have a number of quilts on display at this year's Lakeside Quilters show being held at the Gimli Rec Centre on June 1 and 2.

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# Data in math leads to significant improvement at Dr. George Johnson

By Ty Dilello

For some time now in Manitoba, math achievement has been a common topic of interest. On the Pan Canadian Assessment Program (PCAP), Manitoba is typically at or near the bottom of Canada in mathematics achievement.

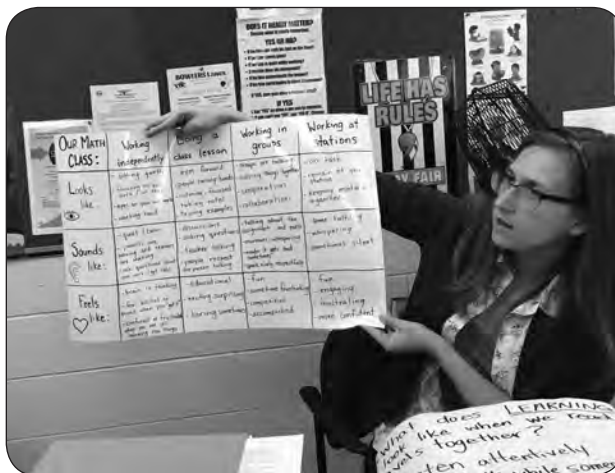
Recently, publicized provincial mathematics exam results have indicated a number of school divisions have significant challenges to likewise improve success in mathematics. The Evergreen School Division has taken up this challenge by including success in mathematics as an important component of their strategic plan.

Dr. George Johnson Middle School in Gimli has a history of tackling academic challenges with success. A focus on reading has seen students' success improve by approximately 25 per cent over the past 10 years. These results now exceed provincial averages and match Canadian norms. So when the school moved its focus to mathematics five years ago, it was with great confidence that school staff felt that these results could be matched or even exceeded.

"We benefitted not only with successful experiences but with the well research methodology of teacher collaboration," says Dr. George Johnson Middle School principal Jim Gibbs. "Contrary to popular belief student success is not primarily based upon one teacher in a classroom doing what they think is best. In fact, the research tells us the highest performing schools have a culture of teacher collaboration in which teachers collect and analyze student achievement data, share practices that work, and respond systematically when students are not learning."

Dr. George Johnson School began this improvement effort guided by the following questions: What do students NEED to learn? How will we know IF they are learning it? What are the BEST ways to teach these things? What do we do for those who are NOT learning? What do we do for those who are EXCEEDING these learnings?

Based upon this framework, Dr. George Johnson School has an inquiry and analysis system that focuses on a quarterly accountability process during which teachers and school administration collect and analyze student achievement data and are



EXPRESS PHOTO SUBMITTED

Staff members at Dr. George Johnson Middle School are taking on Data in Math to improve mathematics at their school.

guided by those five questions.

"We began with an analysis of the provincial mathematics curriculum. It is widely thought that the curriculum is very large or perhaps even too big and covering all the outcomes in great depth is difficult if not impossible. Instead, our staff focussed on identifying what is most important in the curriculum first by asking what are the concepts that are fundamental to mathematics learning and most essential to success at the next grade level. That does not imply that all curricular outcomes are not taught, but rather, knowing that time and circumstances creates limitations, we make sure what we call the 'essential learnings' (or what students need to learn) receive a particular emphasis," Gibbs said.

"Having identified the essential learnings, work then turned to identifying a variety of methods that we could assess student learning in ways that teachers could discuss the outcomes. The result is that we now have several data sources, both formative and summative in nature, to measure student achievement. Now by discussing and comparing their data, teachers can identify those instructional strategies that work best and share and learn from each other."

One data source they are currently utilizing extensively is a result of our divisional involvement with the Manitoba Rural Learning Consortium (MRLC).

"Using the MRLC assessment and our quarterly team meetings, teachers are able identify specific outcomes students or groups of students are struggling with. So for instance, teachers of Grade 7 might notice in their classroom data that a large group of students had incorrect answers on questions involving adding and subtracting integers. At their meeting, they discuss why that might be and try to identify what would be some ways to teach it better in the future. Again at their next quarterly meeting they would look at the data and determine if their efforts led to an improvement. If so then they would move on to next challenges or alternately continue to work on integers," he said.

"Not only do teachers do this on a quarterly basis with each other, but they also do so with school administration. Each quarter teachers present their data report in meetings with the principal. Data includes information on students' individual progress in reading, writing, key mathematic outcomes and behaviour. These meetings serve a number of purposes. First, they give the principal a snapshot of how successful the school is doing in general — are we on the right track as a school. Secondly, it identifies students who are not yet succeeding to their potential and in which case the principal can direct additional support for those who will require additional time and effort. Likewise the same can be done for those students who are able to exceed grade level outcomes and take on additional learning challenges. Finally, it creates a mechanism of regular accountability for everyone to both collect and analyze data, and ensure it is used to improve learning at the school. As result our school has been able to create a culture that is not only committed to student learning, but too high levels of student learning!"

For Dr. George Johnson Middle School the result has been a significant celebration. Over the past five years, they have seen student success in mathematics improves by over 30 per cent, which is nothing short of remarkable. This exceeds comparable Manitoba results, and are comparable with the overall achievement for middle school students in Canada. The fact that Canada in general rates so highly in international assessments makes their success even more of an accomplishment.

## Gimli Chamber of Commerce hosts Economic Summit

Submitted

The Chamber Executives of Manitoba held workshops and discussions for three days in Gimli last week.

On May 1 attendees enjoyed a hands-on tour at the Gimli Glider museum, a networking dinner at Beach Boys and a visit to Gimli's famous Ship & Plough Tavern.

The Manitoba Chamber of Commerce AGM kicked off a full day of activities the following day. The first economic summit that would span two-days had over 100 people in attendance.

Coun. Peter Holfueuer welcomed everyone to Gimli, providing insight into the activities underway to attract business investment to Gimli.

Gimli's Lakeview Resort and Conference Centre provided an excellent location for the Summit. Delegates were given presentations from high-level

speakers. Stewart Murray, co-chair of the Manitoba 150 Host Committee, spoke on Thursday. On Friday, MLA Derek Johnson introduced the Honourable Ron Schuler, Minister of Infrastructure. Chuck Davidson, president and CEO of the Manitoba Chamber of Commerce, introduced the Honourable Perin Beatty, president and chief executive officer of the Canadian Chamber of Commerce.

Delegates had a chance to explore the shops in Gimli on Thursday. That evening, the Gimli Chamber with the support of the Sons of Lugh, hosted a Viking-themed delegate and guest reception at the Johnson Hall at the Waterfront Centre. By all accounts, it was a huge success with many "getting Dinged" becoming honorary Icelanders, Vikings and Shield maidens. Guests sampled "a taste of Iceland" delicacies while taking in the fantastic views of Gimli, the Harbour and Lake Winnipeg. Gimli's

Mayor Lynn Greenberg welcomed everyone to Gimli and encouraged them to explore Gimli during their stay.

On Friday, delegates participated in four interactive panel sessions led by experts in a variety of disciplines. The topics covered a wide range of issues from climate change impacts and opportunities, to harnessing the powerful forces of change being created by technology, to workforce concerns. The last session focused on the process of community branding, highlighting Travel Manitoba's community brand program.

Gimli Chamber president Steve Bannister noted "this was a great opportunity to showcase Gimli to chamber executives from across Manitoba, and several commented to me that Gimli has so much to offer. We sometimes take what we have for granted and forget what a gem of a community Gimli is.



# Controlled burns near Arborg re-establishing tall grass prairies

By Evan Matthews

Someday soon, Arborg and the RM of Bifrost-Riverton could look a bit different.

Armand Belanger, manager of East Interlake Conservation District (EICD), said the organization is working to re-establishing tall grass prairies in the area.

"The EICD is working at increasing and re-establishing what would typically be found in tall grass prairies. ... In the first five years, we work to establish the tall grass prairies," says Belanger, noting that establishing prairies is done by seeding areas that have not been previously seeded.

Then, the EICD waits.

"But in the fifth year, we do a con-

trolled burn. The burn really enhances the native grasses and flowers that would grow there. Typically tall grass prairies would span from as south as Texas, with the northern Interlake making up its northern boundary," he said.

As of now, Manitoba has less than one per cent of the tall grass prairies remaining in North America, according to the EICD, which is why the organization is working to restore them at many of its conservation sites.

"With either riparian projects or wetland restoration projects, we always try to enhance the tall grass prairies and flowers that would have been there originally," said Belanger.

"There are a number of benefits. The

tall grass prairies and native flowers root really deep, like up to 13 feet deep. It really holds onto the soil and sequesters carbon within the roots' system."

All to say, the soil quality ends up increasing, as well as the permeability of the water is improved, according to the EICD, in addition to increasing the areas biodiversity.

The EICD received some additional funding from the Conservation Trust Fund, according to Belanger, and the funding will go toward an Integrated Waterway and Roadside Native Vegetation Project.

Expect to find the EICD's work in areas where previous enhancements have taken place, Belanger said.

"Generally, when municipalities enhance roadsides or ditch-ways, vegetation and seeding is an afterthought, sometimes it's not done at all," said Belanger.

"We're going to be working with municipalities in the area to try and establish some of those prairies and putting them in the areas that are already getting enhanced."

The EICD is also working hard at its Riparian Wetland Restoration Preservations, as the organization has over 40 sites in Icelandic River Area and over 20 in the Fisher River Watershed where the organization has identified and designated sites that would benefit from wetland restoration.

## New measures to ensure Lake Winnipeg fishery sustainability announced

Submitted by Manitoba government

The Manitoba government has completed a successful round of quota buy-back from commercial fishers on Lake Winnipeg, and based on the results of recent consultations, will implement new minimum mesh sizes for commercial fishers and new limits on the size of fish that can be kept by anglers to help ensure the long-term sustainability of the Lake Winnipeg fishery, Sustainable Development Minister Rochelle Squires announced Monday.

"Our government is committed to ensuring the sustainability of both the commercial and recreational fish-

eries while providing a strong foundation for shared management of our natural resources," Squires said. "In order to ensure the sustainability of our lakes and support long-term economic growth, we must recognize and respect the science as part of our decision-making process."

In March, the province announced the option of voluntary individual quota entitlement buyback for commercial fishers designed to relieve pressure on fish stocks in Lake Winnipeg. That buyback is now complete and the province was able to come to terms for the purchase of 126 individual quota entitlements from 90

fishers, representing almost 525,000 kilograms of fish. The total value of quota sold back to the province is almost \$5.5 million. Fishers were paid \$4 per pound for north basin quota, \$5 per pound for channel quota and \$6 per pound for South Basin quota.

The province has consulted with commercial fishers and will be implementing a new minimum mesh size of three and one-half inches in the South Basin and channel areas, beginning with the spring 2020 commercial fishing season. The original consultation proposal was a minimum mesh size of three and three-quarter inches to take effect in fall 2019. The minimum mesh

size and timing of these changes is a result of recent consultations and input from commercial fishers and industry stakeholders.

There will be no change to the current three and three-quarter inches minimum mesh size on the north basin. Changes will be implemented for anglers as well. Starting April 1, 2020, a walleye or sauger must be a minimum length of 35 centimetres to be kept if they are caught in Lake Winnipeg, the Winnipeg River below the Pine Falls dam, Red River below the Lockport Dam or Saskatchewan River below the Grand Rapids dam.

Continued on page 18

### > HABITAT, FROM PG. 14

completely out of brick, and the crew on site did not have access to machinery, so everything was done by hand.

As a result, Hogue said the program provided her with perspective she otherwise would not have and has helped guide her to a potential future career.

"It was rewarding, getting to compare how different their world is to ours," said Hogue.

"Before I started this program, I had no idea what I wanted to do. Now that I've been working, I have an idea. I've been working at a 55-plus home, so I'm looking into home care as a career now."

Students were given the opportunity to go to Guatemala via Habitat for Humanity through a federally funded program called LEGO.

However, the LEGO program also works with Habitat for Humanity on a local level.

"We have individual students who

have done work placements with them in the city," said Hunter.

"We also did a group two-week work placement in the fall in Winnipeg, where we worked on a few houses off Logan Avenue. Really, we've just expanded into the 'Global Village,' as it's called in the international sector."

With post-secondary school not necessarily being the route for everyone, Hunter said opportunities like LEGO provide alternative methods for young people to experience self-reflection and self-discovery on their way to finding a fulfilling career.

"For young people today, to have a more holistic and immersive education provides them with life skills they can bring with them for the rest of their lives," said Hunter.

"It's a major goal of the LEGO program. ... In order to find out where your skills are and what you'd like to pursue, it's important for the students to have that."

### > WAVE, FROM PG. 10

mour.

Many of Maryniuk's friends from the Arizona community he lives in would ask him to draw caricatures of their significant others, or of themselves, whether it be for Christmas gifts or birthday gifts.

Maryniuk said, all of a sudden, he had a giant cache of funny drawings relating to seniors and the lifestyle associated with Arizona living.

"People would ask, 'Hey, can you do a caricature of Bill? He just turned 70 this week.' So I'd do one of Bill," said Maryniuk.

"Before I knew it, I had a library of cartoons. ... I kind of wondered what I'd do with them. ... I have a comedic mind."

Maryniuk decided to put it all together in a book, *Snowbird Sketches*, which is available at McNally Robinson.

Maryniuk is currently working on *Snowbird Sketches* sequel, *Snowbird*

*Sketches: The Rusty Years*, as opposed to the golden years.

But the multi-talented artist hasn't stopped with books and caricatures, as he does acrylic paintings on wood he grows himself, too.

"I grow my own boards. ... A lot of people don't think it's possible," Maryniuk said, holding a painting done on tree bark.

"I also make my own thunder gourds," he said, holding an instrument that began to mimic the sound of thunder.

Maryniuk also makes "Interlake trolls," a doll-like figure wearing what he calls "Walleye leggings," from the shores of Lake Winnipeg.

Though living in the Arborg area, Maryniuk's studio will be located in a unique location. From Highway 8, go one mile west on Highway 67, then nearly two miles north on Early Grey Road (just down the road from Stonewall).



# Riverton Collegiate students to take part in climate strike

By Patricia Barrett

Students at Riverton Collegiate are preparing to skip school in a few weeks to take part in a worldwide climate action strike and tell political leaders they need to take immediate and concrete action on reducing carbon emissions.

Alexis, Kadence and Svea, Grade 9 students in assistant principal Rob Jantz's social studies class, spoke with the *Express* about their concerns over global warming.

They said they're already seeing the impact of climate change in the Interlake, including algal blooms on Lake Winnipeg and its effect on the commercial fishery.

"There really isn't a lot of talk around here or anybody doing too much around here, and we actually starting realizing what was going on when we listened to an interview with Greta Thunberg from Sweden," said Alexis. "That's how we found out how serious it is and how we got into it."

Thunberg is a Swedish student who staged climate change strikes in 2018 when she was 15. She sat in front of the Swedish parliament building for three weeks straight, then every Friday after that, calling attention to political leaders' lack of effective action on global warming despite decades of warnings from scientists.

A global temperature rise of 20C will be disastrous for the planet, resulting in irreversible habitat and species losses. Warming trends over the past 50 years have already led to the extinction of animals and plants, melted glaciers and raised sea levels — which will eventually submerge island countries such as Kiribati — raised ocean temperatures, causing coral reefs to die and will lead to prolonged water shortages and widespread famines.

The World Wildlife Fund calls global warming the "biggest environmental challenge our species has ever seen," and is calling on world leaders to "immediately cut" carbon emissions.

Wildlife populations in Canada, in-

cluding at-risk species protected by law, are already in "serious and significant decline," according to the WWF Canada's Living Planet Report. From 1970 to 2014, half of the monitored species — mammals, birds, fish, reptiles and amphibians — have declined in abundance.

Over the past two decades Canada's emissions have increased by 18.9 per cent, according to Canadian Environmental Sustainability Indicators: Greenhouse Gas Emissions published in 2019 by Environment and Climate Change Canada. The use of fossil fuels and agriculture are primary drivers of global warming. In 2017 Canada's oil and gas industry was the largest source of emissions.

Thunberg, who has spoken at the United Nations and to U.K. and European Union leaders, became the figurehead for climate inaction, motivating millions of students around the world to stage their own strikes.

Svea said Thunberg inspired her because she's just an ordinary person who decided to take action into her own hands.

"I think she inspires more people that are younger to try to make a change and use their own voice," said Svea. "I feel like lots of younger people wanted to do something about climate change but they were afraid. But now that she has come out saying these things, we have a leader and somebody to take charge."

During social studies class, Jantz showed students videos of Thunberg's speeches to political leaders and Kadence said they "took it from there."

"We were very interested in it and we all know how serious it is, so we asked if we could try to go to the rally and see what we could do about this issue with our class," said Kadence. "If they [politicians] see us out there, they're going to know we care and that we're taking charge."

The students said they'll not only be protesting at the upcoming rally, but also helping educate people who



EXPRESS PHOTO COURTESY OF ROB JANTZ

Grade 9 students in Rob Jantz's social studies class will be taking part in a climate change strike at the legislature May 24 to encourage Manitoba's politicians to take concrete action on carbon emissions.

ask why they're striking. To that end, they've been researching climate change in class so that they're prepared to speak on the topic.

"We watched the climate change documentary Before the Flood [National Geographic] and we were jotting down notes, trying to get as much information as we could on the subject so when we're walking around and socializing with people, they can figure out why we're so passionate about it and why it matters," said Svea. "We can help bring more awareness to actual world problems instead of just saying climate change is bad."

The class has already discussed the possibility of making a climate change presentation to Bifrost-Riverton council and is considering ways of mitigating their own carbon footprint and minimizing environmental damage, including banning plastic bottles at school.

And they plan to keep the momentum going through the school's Action Team (RCAT) and by educating

younger students.

"We're planning on keeping this going. We'll keep going to climate change rallies to show we care about it and that it's not a one-time thing," said Kadence. "We think it's important to tell the younger grades how bad [global warming] is and if we don't do something it's not going to get fixed in future."

The climate change strike comes with the blessing of the Evergreen School Division and Supt. Roza Gray, whom students contacted and asked for permission.

"We said why we're wanting to do it, trying to get her to understand this isn't just a day for us to skip school, that this is something we're passionate about and care about," said Alexis.

The students will be required to report on their experience at the rally through a formal presentation to Gray and/or the board of trustees.

The strike takes place Friday, May 24 at the legislature.

## Kiwanis Tag Day to raise funds for Gimli Park playground and canteen

Staff

The Kiwanis Club of Gimli & District will be raising money for upgrades to the Gimli Park playground and pavilion canteen through its upcoming annual Tag Day event.

On Saturday, May 18, Kiwanis members, and students who are part of Kiwanis' youth groups, will be "tagging"

those who make a donation to the cause. Teams will be set up outside local businesses and public areas in Gimli, Winnipeg Beach and Dunnottar between 11 a.m. and 1 p.m.

The mayors of those three communities have proclaimed support for the annual fundraising event, which supports a different community project every year.

## > LAKE WINNIPEG FISHERY, FROM PG. 17

These changes will allow a greater proportion of smaller fish to grow to spawning size and increase the overall natural productivity of the lake. The impact of these changes to the walleye and sauger populations will be monitored through the province's annual Lake Winnipeg index-netting program as well as new survey work to be conducted on the Red River.

In addition, the province has committed to share the underlying data on fish stock and will begin by making provincial index-netting data available to stakeholders online, as part of continuing work to develop a shared management model for the Lake Winnipeg fishery.

To view information on index netting data, visit [http://gov.mb.ca/sd/fish\\_and\\_wildlife/fish/commercial\\_fishing/netting\\_data.html](http://gov.mb.ca/sd/fish_and_wildlife/fish/commercial_fishing/netting_data.html).



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Players have another ball at Gimli Lakers' alumni tournament



Jordan Cook was named the tournament's most valuable player.



The tournament's most sportsmanlike player was Tyler Woroniuk.



Chad Heminger, right, was crowned the tournament's three-point champion for three years in a row.



EXPRESS PHOTOS SUBMITTED

Players on winning team of Team Tarnowski included Trevor Magnusson, Jamie Gilbert, Joel Goodman, Travis Franz, Jordan Cook, Mike Zelenitsky, Kurt Hildebrandt, Marek Jakabek, and Ian Tarnowski. Missing from the photo is Eric Benson.

By Brian Bowman

The NBA wasn't the only place where great basketball was played last weekend.

The Gimli Lakers' alumni tournament took place last Friday and Saturday, attracting eight teams and 79 players.

"It couldn't have gone any better if we tried," said Ian Tarnowski, who organized the event along with Janelle Hiebert. "The calibre of play is getting stronger every year. Guys are getting younger and there's only a couple of older guys and old teams hanging around.

"The calibre is definitely getting faster and more intense, for sure."

Having 79 players take part in an alumni tournament is really good.

"Every team had 10 guys on it," Tarnowski noted. "There was only one team that was short but they had guys come in and out throughout the weekend.

The tournament, which included a three-point individual competition and a three-point team competition, and a lunch, was held at the Gimli High School.

"We like to see all the old timers come back and play and relive their

glory days," Tarnowski said. "There were a couple of new faces but usually it's the same guys."

The alumni tournament is now in its fourth consecutive year after taking a lengthy hiatus.

Tarnowski, who played his final high school season in 2001, fully expects to host the event again next year.

"As long as guys are still showing interest and they're still coming out and wanting to play ball, I'll do it until it starts to dwindle and nobody is interested anymore," he said.

It's great to see familiar faces come out for the really fun tournament.

"There's was a couple of guys that I hadn't seen in 15 years," Tarnowski said. "A couple of new guys came out that I knew when I was in high school. They may have packed on a few more pounds and were a little slower but they still had the magic touch when they would shoot."

Tarnowski wanted to thank the tournament's sponsors - H.P. Tergesen's & Sons, Beach Boy Restaurant, Brennivins Pizza Hus, and Jennifer Samborski cakes - which helped organizers pay for T-shirts for the players.

## Arborg athletes perform well at Interlake Invitational

Staff

There were several excellent performances by Arborg Collegiate A's athletes at the Interlake Invitational track and field meet in Stonewall last week.

Many athletes were able to finish among the top 10 in their respective events.

In junior varsity girls' action, Arborg's Brooke Blahey placed second in the shot put while teammates Kenzie Adair and Amber Erlandson placed sixth and eighth, respectively.

Blahey was also second in the discus throw.

Senior girls' results saw Arborg's Jessica Monkman place first in the discus and second in shot put. Her teammate Brenna Barylski was sixth in the discus.

Arborg's Olivia Orbanski finished second in the 100-metre hurdles and fourth in the long jump.

On the junior varsity boys' side, Arborg's Tyson Barylski was tops in the shot put while teammate Jake Fridfinnson finished ninth.

Fridfinnson had a great showing in the discus, placing second. The A's Eric Jonasson was fourth while Zac Leachko placed seventh.

Arborg's Benjamin Danielson was ninth in the triple jump.

The A's also finished sixth in the mixed junior varsity 4x200m race.

In varsity boys' action, Arborg's Jared Sweetland was the best in the javelin and 10th in shot put.

Arborg's Nolan Paulson was fourth in the grueling 3000m race while Bret Huta was fifth in the shot put. Arborg was tremendous in the discus with four athletes among the top eight.

Huta was second, followed by Sweetland (third), Matthew Bazalewich (fourth), and Josh Hiebert (eighth).

Bazalewich was also third in the javelin while Paulson was eighth.

The A's also placed sixth in the mixed varsity 4x200m.



EXPRESS PHOTO SUBMITTED

The Riverton Collegiate pairing of Denali Sigurdson, left, and Dalton Johnson placed ninth out of 30 teams at the MHSAA mixed doubles varsity badminton provincials in Thompson last weekend.



# get inspired

> MEAL IDEAS



Prep time: 2 hours, 10 minutes

Cook time: 35 minutes

Servings: 4

Mocha Rub:

2 tablespoons brown sugar

1/2 teaspoon sweet paprika

1/2 teaspoon ground coffee

2 teaspoons kosher salt

1 teaspoon ground black pepper

1/2 teaspoon cocoa powder

4 Maple Leaf Farms Duck Breasts, thawed

Cherry and Red Wine Pan Sauce:

2 tablespoons reserved duck fat

1/2 cup minced shallots

3/4 cup dry red wine

1 1/2 teaspoons balsamic vinegar

1 1/2 teaspoons granulated sugar

5 ounces frozen dark sweet cherries, thawed and halved

5 sprigs fresh thyme

salt, to taste

ground black pepper, to taste

toasted sliced almonds, for garnish

To make Mocha Rub: In small bowl, mix brown sugar, paprika, coffee, salt, pepper and cocoa powder. Set aside.

Pat duck breasts dry and score according to package directions. Use half of rub on meat side of breasts. Cover

## Mocha-Rubbed Duck Breast with Cherry and Red Wine Pan Sauce

breasts and refrigerate at least 2 hours or overnight.

In cold saute pan, place duck breasts skin-side down. Place pan over low-medium heat 8-12 minutes, or until fat is rendered and skin is crisp and brown.

Turn breasts over and sprinkle remaining rub on skin side. Cook breasts 1-2 minutes skin-side up. Turn breasts back to skin-side down 1-2 minutes to caramelize rub. Reserve approximately 2 tablespoons duck fat for sauce.

Heat oven to 350 F.

Place duck breasts skin-side up on rimmed baking sheet; bake 5-6 minutes, or until internal temperature reaches 155 F. Let breasts rest 4-5 minutes before slicing. Temperature will rise during resting period to reach 165 F.

To make Cherry and Red Wine Pan Sauce: Place saute pan with reserved duck fat over medium heat. Add shallots and cook until softened. Add wine to pan to deglaze. Stir in balsamic vinegar, sugar, cherries and thyme sprigs; simmer until reduced. Remove thyme sprigs. Add salt and pepper, to taste. Serve sauce over cooked duck breasts. Garnish with toasted almond slices.

## Baked Hot Wings

lets over high heat until smoking hot. Add just enough of the oil to coat the bottom of the pan. Using tongs, set the wings in the pan in a single layer with the meatiest side down. This will help render the fat. Cook the wings for 2 minutes, then transfer the skillet to the oven for 5 minutes. Carefully remove the skillet from the oven and, using tongs, flip the wings over. Continue baking until the wings are cooked through and the juices run clear, another 10 minutes.

3. Combine the sriracha, vinegar, soy sauce, sugar, and garlic in a small saucepan. Bring to a boil over high heat, then cut the heat down to medium-low and simmer for 5 minutes. Pour the sauce into a large bowl and toss in 1 tablespoon of the scallions. 4. Carefully remove the skillet from the oven and, using tongs, transfer the wings to the bowl and toss with the sauce. Transfer to a platter and garnish with the remaining 3 tablespoons scallions.



Makes 2 full servings

24 chicken wings, a mix of drums and flats, about 2 pounds

1 tablespoon grapeseed oil

1/3 cup sriracha chile sauce

1/4 cup malt vinegar

1/4 cup soy sauce

2 tablespoons sugar

2 cloves garlic, very thinly sliced

1/4 cup scallions, thinly sliced on the diagonal

1. Preheat the oven to 500 F.

2. Pat the wings very dry with a paper towel. Heat a large (14-inch) cast iron skillet or two smaller cast iron skil-



Parents and teachers do a good deal of talking to young people about the dangers of drugs and alcohol. This is because adults are all too aware of the way in which poor choices can have a lifelong, negative impact. We want each child to have a good chance of maximizing his or her potential. One of the most important predictors of success is healthy self-esteem. Even a very talented individual will likely under-achieve if there is not a good sense of self.

If one student injured another, resulting in a brain injury which would change the course of that person's life, we can be certain there would be criminal charges and lawsuits. Yet, if a student, or group of students, consistently bullies another, tearing down that individual's belief in

## There Should Be Zero Tolerance for Verbal Abuse

his or her worthiness, the damage done can be as devastating to future success as a brain injury.

I have counseled individuals of all ages, and even if they are fifty, sixty, or seventy, the pain of being bullied in school remains with them. Bullied individuals tend to take on the criticism of their abusers, thinking the horrible things said are true of them. This is an outrageous violation of another human being.

Once again, I urge parents to teach their children never to do this to another (even a sibling), and to insist that as much time is spent at school teaching the dangers of bullying as is spent discussing drugs and alcohol.

I also urge school administrators to establish a zero tolerance policy for verbal abuse. Bullying amongst children will not stop until adults take concerted action.

*Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit [www.gwen.ca](http://www.gwen.ca). Follow Gwen on FaceBook for daily inspiration.*



## Grilled Chicken & Onion Skewers

onto the skewers, using about 3 pieces of chicken and 2 pieces of onion for each skewer. As each skewer is ready, place on a plate. Brush the chicken and onion pieces lightly on all sides with the oil.

The grilling goes quickly, so set up your workstation next to the grill before you begin: the plate holding the skewers, the bowl of sauce and a basting brush and/or the salt, and tongs for turning the skewers. If using the basting sauce, either dip each skewer in the sauce or brush the sauce on the skewers and then place directly over the heat. Grill the skewers, turning 3 or 4 times and basting with additional sauce, until the chicken is cooked through and the onions are scorched around the edges, about 5 minutes total. If the sauce appears to be burning at any point, move the skewers to a cooler part of the grill, or reduce the heat if using a gas grill. If using salt instead of the basting sauce, place the skewers directly over the heat and grill, turning 3 or 4 times, until cooked through, about 5 minutes total. Sprinkle both sides of each skewer with salt and remove from the grill. Serve the skewers piping hot.

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For rent in Winnipeg Beach - 2nd storey suite overlooking Lake Winnipeg. 1 bdrm., 1 bath, kitchen, LR with balcony, shared laundry, private entry off shared foyer, 1 car parking. No smoking, no pets. 1 year lease at \$800/mo. utilities included. Ph 204-791-7881.

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## HELP WANTED

Sigurdson Dairies is accepting applications for the following full time and part time positions: dairy farm milkers & general farm laborer. The above positions require the following: enjoy working with and understanding of livestock would be an asset but not required; be able to follow procedures and policies; work well with others; some equipment skills would be an asset; take direction and be able to carry out tasks; able to lift 50 lbs. Sigurdson Dairies is a modern free stall facility with a parallel milking parlour. Wages are competitive and there is opportunity for advancement. Please send resume by email to [Jeff43@my.mts.net](mailto:Jeff43@my.mts.net)

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## UPCOMING EVENTS

Telus Manitoba 2019 Motorcycle Ride for Dad. Fighting Prostate Cancer Sat., May 25 10 a.m. Official start Earl's Polo Park Shopping Centre. Register online: [ridefordad.ca/manitoba](http://ridefordad.ca/manitoba)

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Saturday, May 18th, 2019

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Sal Site: From Hwy #6 & Ashern - 18.4 km South to Edison Road & 1.5 km West Or From Hwy #6 - 3.6 km South of Camper to Edison Road and 1.5 km West.

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### Equipment & Trailers:

1998 J.D. 6200 Power Quad, w/640 loader, bucket & grapple, 3pt, new steering link, rubber, front & rear wipers, approx. 8000 hrs (ser #106200V206583); 1992 J.D. 5200, 3pt hitch, dual hyd, open station, 3700 hrs (Ser #1V5200C110311); 1986 J.D. 2350, 3pt, 2 hyd, open station, 8 spd, 6024 hrs (Ser #102350T534574); J.D. 505 3pt 6ft Brush mower; Heston Manure spreader, tandem, big rubber; J.D. Manure spreader; Cockshutt 10ft Deep tiller; 3pt Farmking 10ft blade; Ajax stack mover; Truck box dump trailer; I.H. 24 run drill, rubber; Drag/diamond harrows; Ford 2 bottom Plow; 10ft & 7ft 3pt Cultivators; Ford 3pt hitch 3 bottom Plow; 3pt hitch bale fork; (2) 16" Pencil augers; 3pt Post-hole auger w/9 & 12" auger bits; 6" Auger (no motor); 18ft Stock trailer **Shop & Yard:** Sanborn compressor; Century 230AC Welder; 39 kg Anvil; 1200 psi Pressure washer; 6ft Snowblower; pto; Flex coil Post pounder - trailer type; 8ft; Int. stationary engine, 3 or 4 hp **Cattle & Horse Equipment:** (3) Bale feeders; Sm calf shelter; Feed bunks; (16) 10ft Panels; 12ft Gate; (2) 10ft metal troughs; Feeders (need some repair); Calf squeeze; Miami 250bu Creep feeder (racks incl); Mesh fence panels; Lewis cattle oiler; Horse bells; Harness; (2) Riding saddles (pleasure); 20-22" Collars; 16ft mesh panels; Antiques & Household. Auctioneer's Note: Machinery all running and in good condition. Well maintained.

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## NOTICE TO CONTROL WEEDS

**ATTENTION:** all Pelican Beach Property owners in Blocks 1, 2, and 3, Plan 29103 and Block 1, Plan 27513

Under the terms of the **Noxious Weeds Act** of Manitoba and the **Development Agreement** for the Pelican Beach property owners, notice is hereby given by the Interlake Weed Control Board and the RM of Gimli, that it is the property owner, agent, or occupant's responsibility to control or destroy all noxious weeds growing on the land and control the growth of long grass as often as necessary to prevent the growth, ripening, and scattering of weeds or weed seeds and maintain the property in accordance with the standards set out in the Development Agreement.

In order to control the weeds and grass, the property owner must perform regular mowing. A representative of the Weed Control Board will make an inspection of these properties on the following dates:

**MAY 28, 2019**  
**JUNE 17, 2019**  
**JULY 8, 2019**  
**AUGUST 12, 2019**

**LOTS MUST BE MOWED PRIOR TO THESE INSPECTION DATES.** It is recommended that cutting occur as close to the inspection date as possible to ensure a favourable inspection report. A representative of the Weed Board will begin mowing offending lots immediately after each inspection. The cost of mowing, in addition to a \$40 administration fee, will be charged to the landowner. The administration fee will only be charged to offending lots once per season, regardless of how many mowing operations are performed by the Weed District. Failure to pay the bill will result in the costs being added to the owner's tax bill.

For more information contact the Weed Supervisor, Fred Paulson, at 204 376 3313.

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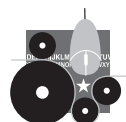
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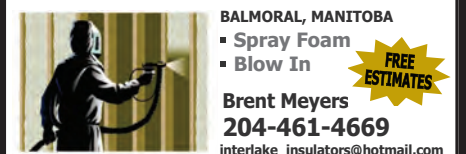


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