

2012 F150 SUPERCREW XTR 4X4



\$12,995

2015 F150 SUPERCREW XLT 4X4



\$18,995

2018 TAURUS LTD AWD



\$29,995



16-7TH AVENUE, GIMLI, MB  
SALES - 855-963-1818

All prices are plus taxes. See dealer for details.

Dealer #5358

# THE EXPRESS

VOLUME 6 EDITION 7 THURSDAY, FEBRUARY 14, 2019

## WEEKLY NEWS

SERVING LUNDAR, ASHERN, ERIKSDALE, MOOSEHORN, FISHER BRANCH, RIVERTON, ARBORG, GIMLI, WINNIPEG BEACH, ARNES, MELEB, FRASERWOOD

**Stihl MSA 120 C-BQ Chainsaw**  
Battery Operated \$399<sup>95</sup>  
36 V Battery



**BG50 Gas Blower**



**STIHL \$189<sup>00</sup>**

**Stihl MS170 Chainsaw**

30 c.c. 16" bar \$199<sup>00</sup>  
1 year warranty



**Stihl MS291 Chainsaw**

56 c.c. 16" bar \$499<sup>95</sup>  
1 year warranty



**SHACHTAY SALES & SERVICE**  
Arborg, MB  
204-376-5233



## Star struck

Arborg's Jillian Friesen, front, proudly poses with Winnipeg's Chantal Van Landeghem, an Olympic medalist, at the Selkirk Dolphins' Winter Carnival last weekend.

EXPRESS PHOTO BY BRETT MITCHELL

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

**Countryside Home**  
building centre

Lot 1, Hwy 17 S, Fisher Branch, MB  
204-372-8501



**20V MAX\* Lithium Ion Drill Driver/Impact Driver Combo Kit**  
Sale \$199 Reg \$219

**DEWALT POWER TOOLS**



**7 1/4" Lightweight Circular saw**  
Sale \$119 Regular \$169



**5" (125mm) Medium Angle Grinder**  
Sale \$115 Regular \$139



**20V MAX\* XR® High Torque 1/2" Impact Wrench w. Hog Ring Anvil Kit**  
Sale \$399 Regular \$549

# One of Manitoba's Heroes visits Riverton students

By Ty Dilello

Riverton Collegiate students were in for a treat on the morning of Jan. 22 when they were visited by Winnipegger Mitch Bourbonniere.

Bourbonniere was recently named one of 2018's Manitoba Heroes, a prestigious honour that is bestowed on Manitobans who do extraordinary things to contribute to their community, without thought of reward for themselves.

Riverton Collegiate Grade 9 to Grade 12 students were on hand for Bourbonniere's presentation. Bourbonniere described his time at Riverton Collegiate as "Awesome!" and hopes to return in the future since the students at the school really get into his programs. Bourbonniere taught the students life skills and community service.

"We began our relationship with Mitch last year when he spent a day with our teaching staff. Accepting the leadership role at RCI in 2016 afforded me the opportunity to be intentional about incorporating Indigenous ways of knowing, being and doing in a commitment toward reconciliation. Mitch's visit was the beginning

of a beautiful relationship," said Erin Furgala, principal of Riverton Collegiate. "He was invited to return this January to meet our students. He met with a small group of students in the morning and finished the day with a whole school group in the afternoon. He shared his lived experiences, important knowledge and narratives; stories our students can relate to. We are thankful for the role Mitch has played and the impact he has made on our students and are fortunate to have his commitment to our school community."

Life skills such as understanding anger, decision making, problem solving and making healthy choices were just some of the things he touched on. Some of the other things discussed were how to manage stress and anxiety; coping with loss and grief; inter-personal communication skills including conflict resolution, assertiveness and social skills, self-care; and achieving one's positive mental, physical, emotional and spiritual health.

Bourbonniere has a master's degree in social work and is a professor at the University of Manitoba, Univer-



EXPRESS PHOTOS SUBMITTED

2018 Manitoba Hero Mitch Bourbonniere visited Riverton Collegiate last month.

sity of Winnipeg and the Université de Saint-Boniface. He is also a social worker in the Louis Riel School Division, and amongst many other selfless endeavours, a volunteer with the Mama Bear Clan Patrol, Got Bannock, and Drag the Red.

When he's not teaching or speaking at schools, Bourbonniere volunteers with Mama Bear Clan and walks the neighbourhood of North Point Douglas and Winnipeg's Main Street spreading warmth, cheer and love through greeting Winnipeg's homeless brothers and sisters with hugs, conversation and donations of clothing and food. Got Bannock serves the same community with twice a month outdoor-gatherings where people are fed and looked after. Bourbonniere spends countless hours with Drag the Red on Winnipeg's Red River searching for missing people. He has joined others in adorning Winnipeg's bridges with red clothes in the cold of win-

ter, remembering missing and murdered Indigenous women and girls.

Bourbonniere has been working with individuals, families, neighbourhoods, organizations and communities for the past 30 years. He consults and provides intervention with various populations including at risk youth, parents, other service providers and systems. He also always works with various people and communities that are experiencing trauma, oppression and generational woundedness.

Bourbonniere is a remarkable person. He has also developed the Lateral Empathy program where groups of young volunteers collect donations of clothing, food, furniture, household goods and deliver to those in need.

In his 30 plus years of working in his field, Bourbonniere said he's visited dozens of schools and claims that his visits with Riverton Collegiate students are always a very positive experience for all those involved.

## ATTN: FORD VEHICLE OWNERS

# RECALLS!!

Call with your VIN# and check  
if your vehicle has a recall!!

Call Karen 204-642-5137  
Toll Free 1-888-424-4654



16-7TH AVENUE, GIMLI, MB  
SALES - 855-963-1818

Dealer  
#5358

For  
Festival  
Information  
Visit  
[www.gimliicefestival.com](http://www.gimliicefestival.com)

# Politics heating up for next provincial election

By Roger Newman

The first shot has been fired in the 2020 provincial election in the new constituency of Interlake-Gimli.

Manitoba New Democratic Party leader Wab Kinew glided into the Winnipeg Beach Community Centre to attend a Sunday skating party fundraiser for the NDP's new constituency association formed a couple of weeks ago.

The association, headed by president Sarah Pinsent, is necessary because Manitoba's Electoral Boundaries Commission has changed the names and much of the territories of 14 of the province's 57 constituencies for the 2020 election. Interlake-Gimli, for example, now runs to the west as well as north and south. As well, Winnipeg voters have obtained slightly more influence as the capital city will have 32 instead of 31 constituencies.

Kinew and Pinsent said in interviews that the provincial NDP intends to have 2020 candidates in place in the next one or two months. The NDP leader was an author, CBC personality and University of Winnipeg administrator before becoming Fort Rouge MLA. Pinsent, meanwhile, runs a consulting business in Gimli.

"We'll accelerate our timeline for candidate selection if Brian Pallister calls an early election," Kinew said while commenting on the premier's hints.

The NDP will have to catch up with the ruling Conservatives who have already named many candidates. Running in the new Interlake-Gimli constituency will be current Interlake MLA Derek Johnson. Somewhat surprisingly, colleague Gimli MLA Jeff Wharton — a Winnipeg Beach resident and also Manitoba's municipal affairs minister — will seek election in the new constituency of Red River North, which runs from East St. Paul



New NDP constituency president Sarah Pinsent is bringing the blue-bird of happiness to her duties.

through St. Clements up the east side of Lake Winnipeg to the Grand Beach area.

While the New Democrats trail in candidate selection, Kinew thinks the Pallister government's unpopular cutbacks give his party hope for the future. The leader was accompanied to Winnipeg Beach by executive assistant Arwen Smith, who has ties to the Interlake. She is the daughter of Gimli residents Dave and Lark Smith and he is a well-known member of the Westshore Singers.

The two Sunday afternoon visitors held extensive discussions with a compact crowd before Kinew produced his skates. One of Kinew's talks was with Armand Belanger, the NDP's candidate in 2016 but so far uncommitted for this time. Others stopping by for courtesy calls included Winnipeg Beach Mayor Tony Pimentel, Coun. Pat Green and Dave Lobban of Dunnottar Age Friendly.



EXPRESS PHOTOS BY ROGER NEWMAN  
Manitoba NDP Leader Wab Kinew, left, chatted with the party's former Gimli candidate Armand Belanger at the Winnipeg Beach skating fundraiser.

## News Tips Wanted

Send us your news tips [news@stonewallteulontribune.ca](mailto:news@stonewallteulontribune.ca)

or call 204-467-5836 or 204-292-2128

## ENTER TO WIN

one of three sets of 4 tickets to

**Disney on Ice - 100 Years of Magic**  
at Bell MTS Place, Winnipeg

Thursday, February 21 @ 7PM

or Sunday, February 24 @ 6:30PM.



**DOWNLOAD THE CO-OP CRS MOBILE APP, available for Apple, Android, Windows & Blackberry**

<p>Co-op Lean Ground Beef FIRST 1</p> <p><b>SALE 2.89 lb</b> 6.37 kg</p>	<p>Co-op Chicken Legs</p> <p><b>SALE 1.69 lb</b> 3.73 kg</p>	<p>Mandarin Oranges 2 lb (907 g)</p> <p><b>SALE 3.99 ea</b></p>	<p>Red, Green or Black Seedless Grapes</p> <p><b>SALE 2.99 lb</b> 6.59 kg</p>
<p>Co-op Centsibles Canola Oil 3L</p> <p><b>SALE 3.99 ea</b></p>	<p><b>ARBORG FOOD STORE</b> 204-376-5271</p>		<p>Interlake Coffee</p> <p>Sale Dates February 14 - February 20, 2019</p> <p><b>ERIKSDALE FOOD STORE</b> 204-739-2116</p>
			<p>Maxwell House Coffee</p> <p><b>SALE 6.99 ea</b></p> <p>730 - 925 g, Package 10 - 12 or Tassimo Package 14 - 16</p>

# Pharmacy now open for business in Fisher Branch

By Becca Myskiw

Fisher Branch residents now have a pharmacist to get professional advice and to discuss medications in a professional and efficient way.

Pharmacist Maha Salih opened her practice in August 2018 and said it is slowly growing as community members learn about her business.

The Fisher Branch Pharmacy is the only one in the town of 500. Salih said she wanted to give residents the service so they wouldn't have to leave their community to get their medications and prescriptions filled. Salih says most people living in the town currently travel to Arborg or Hodgson to get the service she is now providing.

"I don't see it as competitive," said the 33-year-old. "If you need the service, come and get it."

Salih knew she wanted to be a pharmacist when she was attending Grade 9. On a trip to the walk-in clinic with her dad, she shadowed the pharmacist and helped count medications.

"I thought it was neat," said Salih. "I realized I like helping people."

Salih studied at the University of Manitoba for two years before earning her four-year pharmacy degree in Philippines. Salih saw it as a good opportunity to travel and see the way people live around the world.

In 2009, Salih graduated and was licensed in 2013.

She worked at six pharmacies before opening up her own practice in Fisher Branch and said she plans to stay there long-term.

"I don't look at it as a business," said Salih. "I look at it as a way of helping people."

Salih said the pharmacy isn't very busy yet but she's keeping herself busy delivering medication to people living independently at the Fisher Branch Chalet retirement home. She said residents aren't always able to go out and get what they need, so she found a way to make it easier for them.

Salih said getting out in the community gives her a way to get to know the town and its residents.

"I'm here to help the community in any way I can," said Salih.

Salih wants residents to go to the pharmacy before the medical centre to avoid long waits if they can. She wants the pharmacy to be a convenience for the people in town.

"This is a service everyone needs," said Salih. "I'm grateful for the people who have been coming to the pharmacy."

Salih also offers a variety of free services to the public. She reviews medication, gives vaccinations, trains people on using their diabetes meters, among other things. Salih hopes more people will take advantage of the services her pharmacy provides.



EXPRESS PHOTO SUBMITTED

Pharmacist Maha Salih welcomes customers to stop in for professional advice at the Fisher Branch Pharmacy.

## MPSG increases its commitment to ag extension across Manitoba

Submitted by Manitoba Pulse

Manitoba Pulse & Soybean Growers (MPSG) is pleased to announce that it will now be hosting its annual, farmer-exclusive, Getting it Right Crop Production Meeting in four areas across Manitoba. And they're all happening soon.

"It's a priority of MPSG's to make sure all of its farmer-members have access to the best and most up-to-date research," says MPSG Extension Coordinator Laura Schmidt. "This year, we're excited to be offering this popular meeting in four distinct regions."

Getting it Right is a series of half-day, farmer-focused events, equipping Manitoba's soybean and pulse growers with the tools required to face production challenges and market access issues. Running from nine until noon, these events offer an opportunity for farmers to see where their MPSG research investments are going, while networking and receiving production support.

Four workshops are available for farmers to attend:

Feb. 26 – Credit Union Place, Dauphin; Feb. 28 – South Interlake Rockwood Ag Society, Stonewall (Highway 236 and Road 75 North); March 5 – Days Inn, Winkler; March 7 – Sawmill Tea & Coffee Co., Boissevain

At every location, hear from MPSG production and on-farm specialists about the On-Farm Network research results and the science behind them. Take a closer look into soybean and pulse pests of concern and how they compliment these on-farm results. Brush up on the latest developments in pea agronomy research and learn more about pea opportunities in Manitoba from Bruce Brolley of Roquette.

In Dauphin and Stonewall, hear from Kristen P. MacMillan on her latest research focusing on soybean seeding decisions. In Winkler, learn more about the soybean cyst nematode, a new pest on the horizon from Dr. Mario Tenuta. In Boissevain, hear from Dr. Greg Endres from NDSU on the latest developments in dry bean research. Following the workshops, farmers will have the opportunity to chat with other growers, presenters and MPSG staff/directors over lunch.

Getting it Right regional production meetings are free events for MPSG members. Pre-registration is required. For more information and registration, please visit [manitobapulse.ca/events/getting-it-right](http://manitobapulse.ca/events/getting-it-right) or email Laura at [laura@manitobapulse.ca](mailto:laura@manitobapulse.ca).

Get your **FREE Prairies Card** at your local ski shop or ski hill.

Lake Louise  
SKI RESORT

Ski Lake Louise for only \$95 a day!  
Plus earn 2 FREE days.  
or visit: [skilouise.com/prairies](http://skilouise.com/prairies)



**General Membership Meeting**

February 20 • 7:00pm • Lakeview Gimli Resort

Join us for our first **Members Meeting of 2019**. Catch up on what's happening with your Chamber. There will be two short presentations from the Westshore Foundation and the Manitoba Council for International Cooperation followed by networking time.

Connect one-on-one with other Chamber Members to expand your network, be a professional resource to others, discuss best practices, share your success stories and answer questions about your business.

Prospective members welcome. For more information, please contact [gimlichamber@gmail.com](mailto:gimlichamber@gmail.com)

**RAPID ACCESS TO ADDICTIONS MEDICINE (RAAM) CLINIC**

Community Health Office  
237 Manitoba Avenue, Selkirk

**Closed Tuesday, February 19**

Service resumes: Tuesday,  
February 26, 12:30 – 3:30 p.m.

- Walk-in
- First come first served
- No appointment needed

For immediate concerns call  
**Manitoba Addictions Helpline**  
1-855-662-6605 (8:30-4:30 weekdays)



ADDICTIONS FOUNDATION  
OF MANITOBA



Interlake-Eastern  
Regional Health Authority

# Interlake Co-op hires new general manager

By Teresa Carey

Jordan Cook is happy to be back home in the Interlake, and equally happy to be taking over as general manager of the Interlake Co-op in Arborg.

After a short period of training under the outgoing general manager, he replaces Holly Lingel, who retired Feb. 4.

Cook already has his sleeves rolled up and is eager to be moving forward. He has a team meeting lined up for this week, during which committee members will be selected in advance of celebrations for Co-op's upcoming 100th anniversary in Arborg.

"This year it's Interlake Co-op's 100th year operating in Arborg. We're going to be celebrating that with some special events throughout the year," he said.

Cook describes his management style as hands-on. Having fun on the job, while still being professional, helps to maintain a family-like atmosphere since employees spend so much time with each other, he adds.

"Of all the Co-ops I've been at, you always think about everyone as a fam-

ily, whether it is with the co-workers or the customers. You build connections over time," he said.

"The first year will be making sure I can learn the role and get to know everybody," Cook said. "Hopefully (I am) easy to talk to. I enjoy listening to people's views and getting their input."

Cook is no stranger to Co-op. In fact, this May, Cook will be marking his 19th year as a Co-op employee. His first job, which he took on at age 16, was at the Co-op in his hometown of Moosehorn, where he worked as a student clerk. After graduating high school, Cooke took training in management and ended up working at several Co-ops in the province, in Killarney, Portage la Prairie, Deloraine and others. Cook would eventually move back home to Moosehorn to take a position as grocery manager, and eventually managed the Moosehorn and Ashern stores simultaneously. Most recently, Cook was the Co-op food store manager in Killarney-Cartright, a store with 65 employees, just under Arborg's approximate staff of 75.

"I like being involved in the com-



EXPRESS PHOTO BY TERESA CAREY

Arborg's Interlake Co-op general manager Jordan Cook is happy to be back working in the Interlake.

munities. Being born and raised in a small town, it's part of my lifestyle," said Cook.

"I'm excited to see what our team is going to do here and happy to have

anyone stop by and say hi and introduce themselves to me. I'm just very thankful and glad to be back in the Interlake because the Interlake is home to me."

# Tips on maintaining a healthy, well-lived life

Submitted by News Canada

Getting older is a bonus for a life well-lived. Being active socially, mentally and physically in your golden years is the return on ongoing investments you make all life long. It benefits you, your family and your community.

Here are a few tips for maintaining a healthy and energetic lifestyle in your later years:

Extend your social network. Form a brunch club that meets one Sunday a month to try a new restaurant. Or a book and movie club that meets for new movies once a month in the fall and a new book once a month in the spring.

Practise saying yes. Try this even if you're not sure you'll like what's being offered. Saying yes introduces you to new experiences and challenges, and keeps your curiosity flowing.

Take up new activities. Always wanted to try cross-country skiing or Tai Chi? Now is the time. Maybe yoga appeals

to you, or you've always wanted to learn Spanish. It's never too late to try something new. These kinds of activities keep the mind and body humming, as well as introduce you to people with similar interests.

Make a difference. Consider becoming a refugee sponsor along with friends, neighbours and those in your community. A committed team of five people is all it takes to provide emotional, practical and financial support for the refugee family during their first year in Canada. A larger group can help raise funds to support the family's first year of settlement and provide ongoing friendship. Along the way, you'll make friends for life and learn about a new

culture and part of the world.

The Refugee Sponsorship Training Program can match your group with a refugee or refugee family overseas. Find more information at rstp.ca.

From traditional to contemporary, we provide services to match what you want. **Just ask Ken.**

**KEN LOEHMER FUNERAL SERVICES**

55 Main St, Teulon Call 204-886-0404 or visit www.klfuneralservices.ca

**MIFA RAFFLE**  
MANITOBA ICE FISHING ASSOCIATION

Draw to be held  
**Saturday, April 6<sup>th</sup>, 2019**  
12:00 noon at the Petersfield Hotel

**1<sup>st</sup> PRIZE**  
Rapala Pro Select Nitro 43cc 8" Auger  
Lic. #28/18 2000 Tickets Printed

**2<sup>nd</sup> PRIZE**  
Eskimo Fat Fish 767 Pop-up Shelter  
Tickets: \$2.00 each

**Tickets Available at:**

- Jad's (Arnes)
- Zan's (Arborg)
- Shop Easy (Riverton)
- J & J Fraserwood Store
- Fry Days (Teulon)
- Gimli Snowmobile Centre
- Home Hardware (Gimli)
- Gimli Small Engines
- Domo (Winnipeg Beach)
- Ford's Store (Wpg Beach)
- #9 Roadhouse (Wpg Beach)
- Matlock Store
- Petersfield Hotel
- Petersfield Store
- Home Hardware (Gimli)
- Smoke n' Fish (Selkirk)
- Big Dollar (Selkirk)
- Westside Honda (Selkirk)
- Selkirk Record (Selkirk)
- Lockport Grocery
- Wavers (Scanterbury)
- Sherwood Groceries (Gull Lake/Stead)

**For Info Call: 204-641-6110 or 204-641-2210**

**THE Flicks CINEMA**

319 First Street E., Stonewall, MB

**SHOWTIMES:**  
Please check individual listings  
Due to various picture lengths showtimes vary  
**204-467-8401**  
PROGRAM SUBJECT TO CHANGE WITHOUT NOTICE  
Cash only

---

**THE LEGO MOVIE 2: THE SECOND PART**

FRI-THURS FEB 15-21  
CLOSED TUESDAY  
at 7:30 pm Each Night

Animated **G**

---

**THE UPSIDE**

FRI-THURS FEB 22-28  
CLOSED TUESDAY  
at 8:00 pm Each Night

Coarse Language; Sexual Content **PG**

THE EXPRESS  
WEEKLY NEWS



PUBLISHER  
Lana Meier



SALES  
Brett Mitchell



REPORTER/PHOTOGRAPHER  
Ty Dilello



SALES  
Branden Meier



PRODUCTION  
Debbie Strauss



ADMINISTRATION  
Corrie Sargent



PRODUCTION  
Nicole Kapusta



ADMINISTRATION  
Jo-Anne Procter



ADMINISTRATION  
Allana Sawatzky



DISTRIBUTION  
Christy Brown



SALES  
Stephanie Oland Duncan



SPORTS EDITOR  
Brian Bowman



PRINT  
Dan Anderson

OUR SISTER PUBLICATIONS



# get informed

NEWS > VIEWS > GIMLI > ARBORG > HIGHWAY 6 > SURROUNDING AREAS

## My Viterra experience

By Ty Dilello

At the highest level, curling can be a very cruel and depressing game as my team found out this week competing at the Viterra Championships in Virden.

Playing with three very accomplished young curlers in Hayden Forrester, Brennan Sampson and Brendan Wilson, I'm the skip of one of the more competitive men's curling teams in our province. We had a strong season on the World Curling Tour this year, qualifying in most events that we played in and because of that, we're currently ranked around 30th in the world.

As the ninth seed coming in to the provincials, we went to Virden with high expectations that we had the ability to play well and compete with the top teams as we had been doing all season long. For weeks leading up to the event, we practised every night and did what we could to make sure we were as prepared as possible.

Things started off all right on the opening night of the event. After we got some early-game misses out of the way, my team rallied to take two 4-enders on route to a 10-5 eight end victory over Tyler Drews of Fort Rouge. It was big to get that first win, but we knew that it was bigger to get the second win as well since it would guarantee yourself two chances to qualify for the Final 8.

Going into our A-Side semi with Lorette's Corey Chambers (the eight seed), we had already played them a couple of times this season and thought we might have the inside track on them. In a condensed tournament format like the Viterra Championship, short-term variance can play a role and you can lose to teams you shouldn't be losing to in an instant and your tournament can be done.

This might have been the case in this particular matchup.

After fighting back from another early deficit, we made a couple of nice shots to get a three in the fifth end to tie the score. Unfortunately, we made a couple of questionable calls in the second half of the game that cost us and we ultimately lost 8-6. That loss really put us behind the 8-ball because while our game was going on, top seeded Mike McEwen was dispatched by 16th seed Terry McNamee, sending shockwaves throughout Tundra Gas & Oil Place. It meant that we would have to play McEwen now just to stay alive if we reached the B-Side semi-final.

We defeated Randy Neufeld of La Salle 9-3 in seven ends on the Thursday night to get us into that B-Side semi, but the actual game was a lot closer than the score might suggest. Neufeld had us on the ropes a couple of times, but fortunately we were able to bail ourselves out of trouble when we needed and pick up the win in somewhat convincing fashion.

The next afternoon, going against the top-seed Mike McEwen to stay alive in the B-Side was certainly going to be a massive undertaking. We knew that. I don't think we felt any pressure and I can't say I even felt nervous about the game, even as the television crew from WCGtv was putting our mikes in as they would be broadcasting our biggest game of the season to all of Westman. We saw it as an opportunity. Yes, playing against the best team so early in the tournament was very unfortunate, but at the same time we were thinking that this was a chance to knock the big dogs out of the event. I know that every other team in the event still playing was pulling for us to win, and I'm sure most of the curling world was too. We felt as prepared



Ty Dilello

coming in as we could be, but sometimes in curling games, a shot here and there can make a huge difference and that's basically what happened. In other words, we got smoked in five ends and were subjected to the sidelines. McEwen showed us just why they are a top team in the world, and I looked for the nearest snowbank to hide out in.

One thing I noticed about the provincials is that experience is everything once you get out there on the arena ice that curls way more than regular club ice. Unless you're a top 15 team in the world playing in grand-slam events, you don't get to play on arena ice too many times throughout the year. Luckily, I've played in a couple of provincials in the past and some national championships so arena ice isn't completely foreign to me. And also my lead is a former World Junior champ so he knows his way around a curling rink as well. Still, we didn't play well as a team and that's very unfortunate.

Although the week didn't turn out great for us in the end, we learned lots to take with us going forward to hopefully come back stronger next year. For the next while, however, if you need me, I'll be in the nearest snowbank sulking!

**ADVERTISING OR PRINT CONTACT INFORMATION**

**Branden Meier** 204-641-4104  
ads@expressweeklynews.ca

**Stephanie Duncan** 204-461-4771  
ads@stonewallteulontribune.ca

PHONE 204-467-5836

> **EMAIL US**

Letters to the Editor: letters@expressweeklynews.ca  
Classifieds: classifieds@expressweeklynews.ca  
News: news@expressweeklynews.ca  
Print: igrphic@mymts.net

**OUR EDITORIAL STAFF**

**Brian Bowman** Sports Reporter  
sports@expressweeklynews.ca

**ADDRESS**

**74 Patterson Drive,  
Stonewall Industrial Park  
Box 39, Stonewall, MB R0C 2Z0**

**PAPER DELIVERY OR FLYER CONCERNS**

**Christy Brown**, Distribution Mgr.: 204-467-5836

The Express Weekly News is published Thursdays and distributed through Canada Post to 11,396 homes. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

*This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we connect people through stories to build stronger communities.*



**Advertising Deadline: Monday 4:00 pm  
prior to Thursday Publication**

View the Express Weekly News online at  
[www.expressweeklynews.ca](http://www.expressweeklynews.ca)



# getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL

## Some guys have all the luck

Hi folks.

With the coming of mid to late winter, Manitoba's towns that hug our waterways along with charitable organizations are filling our weekends with ice fishing derbies.

Jim Hemminger, a thin chap with straight dark hair and his long-time buddy Reid Price, a stout man with a magnificent grey curly beard, preferred to stay in their pop-up ice shack and continue fishing long after the Kitchen Craft Derby had ended on the Red downstream of Selkirk. They hadn't caught anything during the derby or, for that matter, up until the time I happened upon them last weekend.

Apparently, they really didn't care that the fish were ignoring their baited hooks, hanging together was their kind of fun. Jim seemed a friendly sort, and as I stood outside their shack, he gave us a summer fishing story through an open window.

A few summers ago, his grandchildren from Texas came for a visit and Jim, who lives beside the Winnipeg River by Lac du Bonnet, took the kids boat fishing. It was a sunny, calm day as he baited his hook and cast out. Then he busied himself baiting the children's hooks. Behind him at the bow of the boat, he heard the screaming of his line paying out. He turned and grabbed his rod. His escaping line suddenly stopped. He gave the

rod a little haul up. Whatever was on the end of the line responded by coming toward the boat. Jim reeled in as fast as he could. Then by the bow, water swelled and then fell away from the back of a giant sturgeon. It jackknifed, its tossing head visible above the side of the boat.

"Grampa, that thing is really big," his grandson cried out. Not wanting to frighten the children, Jim bent over the gunwhale and timing a moment when the fish was still, he wrested the hook from the fish's mouth.

It slipped into the depths and was gone. Earlier in the week, I went visiting anglers on the ice downside of the Lockport Dam. There I met Dempster Turton of Winnipeg who was having a fair bit of luck as can be seen by his catch in this week's picture. Even though it was 20 below, there was no wind and we stood outside talking quite comfortably. I happened to be leaning against the wall of his shack as we chatted.

Casting a glance at his shack, he laughed, saying, "Last month, my son called alerting me that somebody had burned my shack I had spotted here. I came and cleaned up the mess and then went home and built the shack you're leaning against in three weeks."

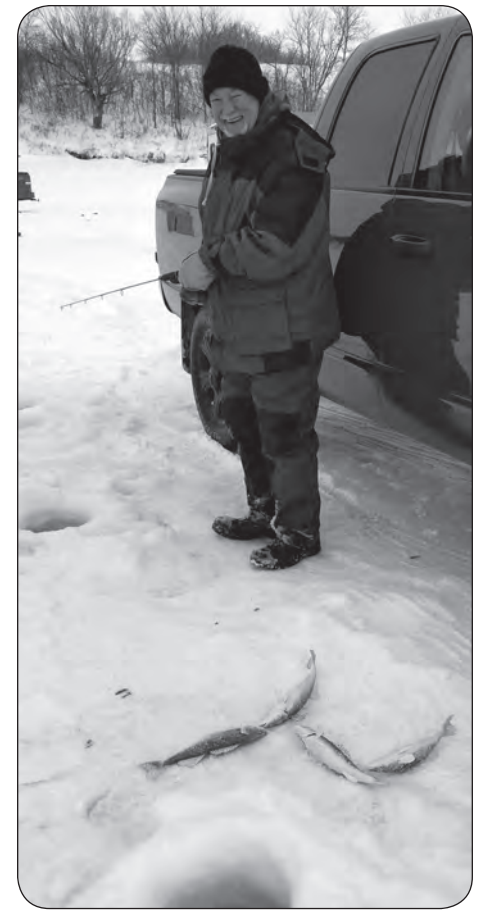
Later, before I left Dempster, I thanked him for cleaning up what was left of his burned shack. I told him we workers with the Manitoba Ice Fish-

ing Association feel so great when we see folks practising good housekeeping on the ice.

A while back, I met a young guy ice fishing by Gimli. I pulled up to his pop-up shack, got out and shouted, "Have you caught supper yet?"

"No," came back a rather depressed response. The chap inside unzipped the tent door. Crouching, he invited me in. He had a relaxed air about him, which seemed to fit with his lanky frame. His face was thin, defined, and he moved his head from side to side as he talked. He said his name was Brent Sys of Winnipeg as we introduced ourselves. We talked and in time he, too, had a summer fishing story for us.

We sat as he recalled boat fishing on the lake off Point du Bois a few years ago. It was a grey overcast day. He had placed his rod with the handle resting on the bottom of the boat and its end with a spinner on the end of the line dangling overboard just above the water. As he reached for a drink in his cooler, he saw out of the corner of his eye small jackfish coming out of the nearby reeds disturbing the water below the spinner. His knowing smile faded as the water suddenly became calm. He knew when big jackfish are around, the smaller fish take off. He scanned the water beside the boat. Suddenly, the "log" of a jackfish surfaced and, with a whip of its tail, arced upward, swallowing the spin-



**EXPRESS PHOTO SUBMITTED**  
Dempster Turton of Winnipeg with his catch on the Red River at Lockport.

ner. Brent instinctively slammed his foot onto the handle of his rod. Then, grasping the handle, he let the fish run. It went for the reeds. Using his leg on the idling motor, he manoeuvred the boat after the monster. The fish sealed its own fate. It tangled itself up in Brent's line and the reeds so badly, he had no problem gaffing it. Well, I found it funny that Jim and Brent both had summer fishing stories for us, but we do appreciate them.

See you next week, my friends. Bye now.

## MPI reminds motorists to be prepared for winter driving

Submitted by MPI

Sometimes winter comes faster than we expect and we have a difficult time changing our driving habits to suit the conditions of snow and sleet. Imagine this: You are driving at 50 km/h. Suddenly, you see someone in front of you – a small child running across a crosswalk ... and you hit a patch of ice just before the intersection. Could you stop in time?

Inappropriate speed, reduced visibility, following too closely, sudden acceleration or braking, and poor vehicle maintenance can spell disaster. All are reasons why Manitobans report more crashes (67 per cent more) in winter months than in other months. About 45 per cent of an-

nual reportable collisions and 43 per cent of injuries take place in the four months from November to February.

**Top Ten Tips for Winter Driving**

10. Avoid using cruise control. On wet and slippery roads, a skid while using cruise control will cause the vehicle to accelerate.

9. Stay sharp - be a defensive driver. Beware of icy spots – bridges, overpasses, just before intersections and shady spots. Watch for other drivers who may be sliding. Slow down near vehicles stopped by the side of the road.

8. Stay well back of snow plows. Never pass on the right.

7. Prepare for severe conditions. Check road and weather conditions.

Avoid driving altogether in severe weather. Keep a cold-weather survival kit. Let friends/family know of your travel plans and estimated time of arrival. If stranded, call 911 and remain in the vehicle until help arrives. Turn on four-way flashers.

6. Learn how to recover from different types of skidding. In all cases, look in the direction where you want to go; take your foot off the gas and off the brake.

5. See and be seen. Before leaving, clear snow and ice off your vehicle and wait for foggy windows to clear up. Turn headlights on during heavy snow or sleet. On sunny days, use the visor and/or polarized sunglasses. Advance cautiously at snow banks.

4. Maintain your vehicle and switch to winter tires. Check the condition of your tires and windshield wipers for excessive wear. Get regular tune-ups, check your fluid levels.

3. Drive smoothly. Accelerate, brake and make turns gradually, gently. Brake sooner.

2. Keep plenty of following distance between you and the vehicle ahead. In ideal conditions, leave four seconds on city streets and six seconds on highways. In winter, leave considerably more.

1. When there's ice or snow, drive well below the posted speed limit, which is for ideal conditions only. Give yourself extra time for your trip – leave earlier.

# EIPD anticipates building permit turn-around

By Roger Newman

East Interlake building permit values slid in 2018 but there is a promise of a likely recovery this year.

The East Interlake Planning District (EIPD) last year issued 340 permits valued at \$2.1 million compared with the much higher total of 331 permits worth \$4.1 million in 2017. The Gimli-based EIPD issues permits and carries out building inspections in the Gimli, Arborg, Bifrost-Riverton and Winnipeg Beach municipalities.

"We had a small increase in the number of permits last year but values were down because of a lack of big commercial projects," says EIPD chief administrator and development officer Nancy Thom. "However, there are a number of larger projects on the horizon and we are anticipating a rebound in the commercial sector in 2019."

Thom was referring to two projects in particular. One is the \$1.2 million Gimli High School band room scheduled to start in the fall and the other is the \$10 million, 40-unit Manitoba

Housing seniors residence on the New Horizons 55-plus Centre parking lot.

Gimli, the largest East Interlake community, led the region with \$13.6 million worth of building last year. The total included 40 new single family residences valued at \$9.4 million. This was close to 2017 when Gimli gained 43 new homes costing just over \$7 million.

Gimli's totals last year also included \$2.1 million in residential alterations and additions, \$35,000 in agricultural developments and \$1.9 million of work in the commercial-industrial-institutional sector. Projects in this sector included a Sandy Hook Community Club renovation, the Arctic Blue fish processing plant at the industrial park, Thai Plaza restaurant upgrades, a Rona lumber storage building, a Grabowski supplies storage building, renovations to the Bell MTS-Advance and Telus stores, and a medical building at Camp Massad.

Gimli's \$13.6 million slipped from \$32.2 million a year earlier Bifrost-Ri-



EXPRESS PHOTO BY ROGER NEWMAN

Gimli residents are keeping busy renovating and building homes.

verton building also declined to \$3.6 million from \$5.5 million in 2017 but Arborg enjoyed a 2018 construction increase to \$2.6 million from \$1.4 million in 2017.

Arborg's 2018 total included construction of multiple RTMs at Home Hardware, a plumbing upgrade at Arborg Hospital, a renovation at the provincial building and a renovation-expansion at the Co-op Gas Bar. Among Bifrost-Riverton projects, meanwhile,

were an Enns Brothers storage building, work at Cat Fish Hugh's Hnaua restaurant, an outdoor stage at Morweena School, and cold storage buildings at Erosion Control Blanket.

Winnipeg Beach, for its part, had \$1.5 million of construction in 2018 versus \$2.2 million in 2017. Almost all of the 2018 beach total stemmed from the construction of six new homes totalling \$988,000 and residential additions and alterations of \$537,000.

## Lots planned for 53rd annual Winnipeg Beach winter weekend

By Roger Newman

There's the tried and true plus something new.

Winnipeg Beach's 53rd annual Wonderful Winter Weekend will bring hundreds of visitors to town for four days of events starting on Friday and ending on the Louis Riel Monday holiday.

"Our winter weekend is a huge attraction because relatively few Manitoba towns still have winter carnivals," says Winnipeg Beach Councillor Daryl Carry whose economic development portfolio includes the winter weekend.

"We've never been able to count the exact attendance but it's large."

Carnival-goers from near and far will join local residents in enjoying a variety of events that will

test their skills, excite the senses and satisfy both stomachs and palates. Carry said a new event will be Manitoba Sports Car Club Fire on Ice Racing set for Saturday from noon to 4 p.m. on Lake Winnipeg.

The weekend program actually starts Friday and includes the opening of the three day Cash and Candy Bonspiel at the beach curling club as well as a free family movie night from 7-9 p.m. at the community centre. Among Saturday's highlights are a pancake breakfast and a Lions Club bake sale, both at the community centre; a pool tournament at the Highway 9 Roadhouse, a hot chocolate and marshmallow roast at the bandstand and the always popular fireworks will light up the sky on Lake Winnipeg at 7 p.m.



EXPRESS PHOTO SUBMITTED

Winnipeg Beach's 53rd annual Wonderful Winter Weekend included a pancake breakfast Saturday morning.

cludes Monday with the third annual WWW Heritage Classic kids recreation hockey mini tourney starting at 9 a.m. at the rec centre.

A busy Sunday will feature the bonspiel finals, the beach firefighters fishing derby, a chili cooking contest plus a band at the beach hotel and a social from 8 p.m. to 1 a.m. at the legion. Then the program con-

**New Owners**  
**Andy & Andy Jr**  
**Koprajda**



Welcome you to join them in their new venture.

While there will be some renovations, changes and additions made to the guestrooms and restaurant, they know this is a well-supported business with guests from Stonewall and surrounding area and they look forward to continuing the same tradition.

**Same great food, same great service.**

**ROCKWOOD Motor Inn** 390 Main St. Stonewall **467-2354**

**Quarry FURNISHINGS** "ROCK SOLID SAVINGS"

**Lift Chair and Recliner Sale**

Delivery & Setup Available **Up to 30% Off** MANY MORE IN-STORE SPECIALS



Remote Controlled to Standing Position    Normal Sitting Position    Remote Controlled to Fully Inclined Position    Canadian Made

**380 Main St., Stonewall (204) 467-7283**  
Email us at [jwenterprises@mymts.net](mailto:jwenterprises@mymts.net) Hours Tues-Wed 11-6 • Thurs-Fri 11-7 • Sat 11-5 • Sun-Mon Closed



# School boards skeptical about Manitoba education review

By Roger Newman

Your voice may be silenced completely!

That warning was given to Evergreen School Division trustees last Wednesday by Lena Kublik, Interlake regional representative of the Manitoba School Board Association (MSBA) and chair of the Lord Selkirk Division Board.

Kublik told attendees of the Evergreen February public meeting that the Manitoba government's current review of the province's education system may be more about cost cutting than improving the system. Kublik said there is the possibility of eliminating local school boards by our provincial government.

She was talking about the Pallister government's intention to fully review Manitoba's education system from grades 1 to 12. The review will run from now to May. Then there will be an analysis of the results until January before recommendations are made to Education Minister Kelvin Goertzen in February.

"The provincial review is a call to arms for all of us," Kublik told Ever-

green trustees, who are responsible for eight schools in Gimli, Arborg, Riverton and Winnipeg Beach. "There is reason to be concerned when you look at the membership of the review commission."

She said the MSBA is rolling out a social media advocacy plan to alert parents and the public to the importance of local input in education.

"There is a red flag that the population may not be represented in education in future," Kublik told the Evergreen trustees. "You must actively engage and advocate for your students."

She was speaking to the converted as the Evergreen board has already decided to advocate in the months ahead for a continued local presence in education. Division trustees are fairly confident of citizen support. This is based on the board's recent success in overcoming provincial opposition to the building of a band room at Gimli High School.

## Wonder of work

Trustees also heard a presentation Wednesday from Gail Kreutzer, the

division's career development consultant who briefed them on two different programs. One is called "Wonder of Work," which helps George Johnson Middle School Grade 5 and 6 students to start thinking early about different careers as the culmination of their educations. Fifteen students are bused into Winnipeg to learn about 80 careers in 17 fields during 20 Saturdays. They are becoming familiar with what career options are available at Winnipeg's two universities and Red River College in a pilot program that Kreutzer hopes to repeat next year.

She also updated the board on the division's mature student program at the Evergreen Technology and Education Centre in the Gimli Industrial Park. She said this year's mature student program has 42 registered participants compared to 38 last year. She said 38 students are pursuing high school diplomas and the other four are upgrading for college and university entrance.

"I admire our mature students because it takes a lot of courage to return to school," said an enthusiastic Kreutzer, who added that many re-



EXPRESS PHOTO BY ROGER NEWMAN  
Evergreen Career Development consultant Gail Kreutzer briefed the board about her work with both adults and children.

turnees have gone on to good jobs in a variety of fields.

In other business, the board has adopted a new protocol setting out the conditions that animals can be brought into Evergreen schools. The division is required to admit service animals, but therapy animals and pets can be a matter of discretion and discussion.

# Community Futures Just Watch ME! Video Contest 2018-2019 winners announced

## Submitted

Manitoba and Saskatchewan – Six rural business owners from Manitoba and Saskatchewan are being recognized for their entrepreneurial spirit. The Community Futures Just Watch ME! video contest celebrates the success of entrepreneurs with health conditions or disabilities. These entrepreneurs each entered a video into the contest sharing their business success stories to compete for cash and prizes.

Community Futures Just Watch ME! video contest is pleased to announce the 2018-2019 winners:

## Seasoned Entrepreneur Category

1st Place: Jeff Stoneham is the owner of Jeff Stoneham's Creative Planters in Beausejour.

2nd Place: Michelle Janzen is the owner of Michelle Janzen Signature Cakes & Cookies in Waldheim, Sask.

3rd Place: Christina Hooper is the owner of Backcountry Fitness and Conditioning in Warren.

4th Place: Julie Paseschnikoff is the owner of Bee Boyzz Honey in Oak Bluff.

## Start Up Entrepreneur Category

Manitoba Start Up Winner: Jody Hunter is the owner of Studio 23 in Ste. Anne.

Saskatchewan Start Up Winner: Vanessa Savage is the owner of Tisdale Florist Ltd. in Tisdale.

During the contest, over 5,000 votes from across Canada and around the world were cast by the public to determine the winner of the Seasoned Entrepreneur category. The winners of the Start Up Entrepreneur category were chosen by a panel of judges. All the winners will be awarded their cash



PHOTO SUBMITTED  
Clockwise from top left, Jeff Stoneham, Michelle Janzen, Christina Hooper, Vanessa Savage, Jody Hunter and Julie Paseschnikoff.

and business prizes in their local communities this week. To watch the winning videos please visit [www.justwatchmecontest.ca](http://www.justwatchmecontest.ca)

# Tickets still available for the Montreal Canadiens Alumni game



Pierre Dagenais



Jesse Belanger



Marc Andre Bergeron



Glen Metropolit



Mathieu Dandenault

On Feb. 22, puck drop at 7 p.m.

**Staff**

It's only one week until the puck drops between the Montreal Canadiens alumni and the Gimli Alumni for a much-anticipated fundraising match.

Tickets are still available in advance, and a limited number will be sold at the door.

On Feb. 22, the two teams will face off at Gimli Recreation Centre, with doors opening at 6 p.m. and puck drop at 7 p.m. There will be a dinner starting at 5 p.m., and tickets can be purchased for \$15.

The goal is to kick off fundraising efforts towards updating the outdoor rink.

The local team, the Gimli Alumni, will include

Corey Strachan, Danny Stevens, Rob Rachel, Jesse Giesbrecht, Paul



Richard Sevigny



Oleg Petrov



Keith Acton



Patrice Brisebois

Johnson, Garth Krulicki, Sean Cain, Steve Moore, Murray Monkman, Garrett Ireland, Brian Groot, Kurt Hildebrandt, Travis Kornelsen, Randy Tesluck, Dom Vann, Brayden Penner, Hartley Krulicki, Jeff Leiter, Geoff Corbett and Dave Hardman. Coaching staff will include Bob Leiter.

The lineup for the Montreal Canadiens Alumni will include NHL players Richard Sévigny, Oleg Petrov, Keith Acton, Glen Metropolit, Mathieu Dandenault, Pierre Dagenais,

Jesse Belanger, Marc André Bergeron and Patrice Brisebois. There are two thrill of a lifetime player positions and one thrill of a lifetime coach position still up for auction at the Gimli Rec Centre. Bids will be accepted until Feb. 15 at 5 p.m.

The events will get underway at 5 p.m. for dinner and is open to everyone. Dinner is included with the purchase of a VIP ticket, or you can purchase additional tickets for \$15. Following the game, there will be a VIP reception with players, sponsors and VIP ticket holders in the Gimli Rec Centre Lounge.

The Gimli Rec Centre doors will open at 6 p.m. for rush seating and

the pre-game warm-up is at 6:30 p.m. The Gimli Vikings squirts team will sing the national anthem at 7 p.m. followed by the ceremonial puck-drop with RM of Gimli Mayor Lynn Greenberg, and the Montreal Canadiens Alumni captain.

Adam Tarnowski of CJ107 will be in attendance as the game announcer.

Rush seating tickets are \$25 each, while VIP seats are \$100 each. The VIP ticket includes dinner, VIP seating, a beverage voucher, a chance to win some Montreal memorabilia, and the meet and greet following the game. Tickets are available for purchase at the Gimli Rec Centre office.



**A Rotating Electric Specialty Supplier OEM or Aftermarket**

Starters • Alternators • Electric Motors • Batteries • Components

**Also Including:**

- Beacons • Powersport Fans • Blower Motors • Powersport Stators • Capacitors
- Pulleys - decoupler or clutch • Powersport Control Motors • Regulators • Distributors
- Solenoids • Fuel Pumps • Switches • Gauges • Tilt/Trim Motors • Horns • Turbo Chargers
- Ignition Coils • Voltage Converters • Ignition Modules • Winch Motors • Isolators
- Window Lift Motors • Oxygen Sensors • Window Regulators



3584 1/4 hp 3 speed furnace blower motor 208/230v  
**\$88<sup>00</sup>**



14A/A2 Starting at  
**\$49<sup>99</sup>**



Group 65-850 cca Starting at  
**\$93<sup>40</sup>** exchange

Special Pricing on all Batteries

311 Main Street, Arborg [allelec@mts.net](mailto:allelec@mts.net) 376-5003

GIMLI *Ice* festival

8th Edition March 2-3

Celebrating Indigenous Culture

www.gimliicefestival.com





# Rusty the Great Horned Owl visits Fisher Branch

By Ty Dilello

Dr. James Duncan is the director of Discover Owls, where he studies the lives of our province's official bird, the Great Grey Owl, and other owls as well.

The Balmoral native and wildlife biologist recently had a visit in Fisher Branch this past week at the Fisher Branch Chalet, entertaining the seniors and the students at the Marble Ridge Colony School with his lovely owl, Rusty.

Rusty is a female long-eared owl. She was first found by someone as a very young owl, who incorrectly thought she was orphaned. In reality, owls leave their nest before they fly. They illegally raised her for a few weeks thinking that they were doing the right thing, but you actually need to possess a permit before one can own wildlife.

Unfortunately, Rusty imprinted on humans during this critical period in a young bird's life. Dr. Duncan warns, "People should not pick up young wildlife and don't think that they are orphaned."

Rusty was confiscated and Dr. Duncan assessed Rusty's status to confirm she was imprinted and that she cannot be released back to the wild as a result of this.

Long-eared owls are very lanky owls that often show a surprised expression because of their long ear tufts that typically point straight up, looking like exclamation marks. These nocturnal hunters rest in dense foliage, where their natural camouflage makes them hard to find. Long-eared owls are nimble flyers, with hearing so strong they can quickly snatch prey even in complete darkness. In spring and summer months, one can listen for their low,



Rusty is a female long-eared owl.



Dr. James Duncan was in Fisher Branch last week with Rusty the Great Grey Owl.

EXPRESS PHOTOS SUBMITTED

breathy hoots and strange barking calls at night.

Rusty can fly perfectly well but cannot hunt, so Duncan uses her for education and research under a provincial permit. Rusty likes to eat frozen-thawed lab mice and will be four years old this

spring (in May).

For more information on Rusty and other owls, please visit Dr. James Duncan's website at [www.discoverowls.ca](http://www.discoverowls.ca).



**DrinkSense.ca**  
With Child Without Alcohol



MANITOBA LIQUOR & LOTTERIES



# Manitoba's Interlake snowmobile trails are all open

By Ligia Braidotti

The trails in the Interlake attract many enthusiastic snowmobilers because of its perks and moderate sled traffic.

The Interlake has become a paradise for these drivers who enjoy the sport. The trails provide snowmobilers a way for them to socialize during the colder temperatures and travel around the province through the snow.

Jay Ruchotzke, president of the Ashern Snowmobile Club, said snowmobiling allows people to go more places than you can usually go in the summer because people are not being stopped by a lake that they can't go across.

"You can go with your friends and go to the cabins and relax. Another nice thing now is that I can hop on my snow machine and drive to the other side of the province without getting lost. There are trails that you can go anywhere."

Although they haven't seen many people from outside of the province, their 200-mile trails are well used by the locals.

"We've got a lot of warm-up shelters. Ninety per cent of our trails are in the bush. They are not down ditches or anything like that," Ruchotzke said of their trails. "And we got a lot of connecting trails so whether you're coming from the south, east or west you can snowmobile here or through us. You can come from one end and go straight across the other end of the province."



EXPRESS PHOTO SUBMITTED

With more than 12,000 kilometres of snowmobile trails in Manitoba, it's no surprise local sledgers are always eager to start their engines.

Four clubs look after the trails in Ashern and to the north: Ashern Snowmobile Club, Log Cabin Riders in Moosehorn, Lakeside Sno-Drifters and St. Martin Power Tobbogan Club Inc. They all have nicely groomed trails and cabins that are looked continuously after, Ruchotzke commented.

At the beginning of the season, some people clean the trails before they are open to snowmobilers. There's a group of people that go out and clear the deadfall of the trees and branches, and there's another group that has been widening the trails. Ashern Snowmobile Club has gone from 10-foot-wide

trails to 15-foot to 20-foot-wide trails.

"We are improving the safety of the trail and making it a little bit easier to keep them in the future," Ruchotzke continued.

Besides, there's another group that often go out to keep the snowbanks knocked down and smoothed out any ruts left by previous snowmobiles going down the trail.

Currently, there's a lot of fresh snow on the trails, and the Ashern Snowmobile Club is working on smoothing out any drifts. Overall, the trails are smooth and ready for snowmobilers.

Snowmobilers can purchase their Snopass at any Autopac or Manitoba Public Insurance agents across the province. Snopasses are mandatory to ride in Manitoba and can be purchased annually for \$125 or weekly for \$60.50 per sled.

The passes allow snowmobilers to ride at any Snoman (Snowmobilers of Manitoba) trail and entitlement to ride on designated trails in Saskatchewan. Snopass holders also receive essential announcements on safety and trail conditions through radio, print and website. More information on Snopasses can be found at [snoman.mb.ca/snopass.php](http://snoman.mb.ca/snopass.php).

Ruchotzke added volunteers are highly needed to help maintain their trails. Right now, Ashern Snowmobile Club has approximately 40 members and about 10 people volunteering to help fix the trails. For those interested in volunteering, contact Ruchotzke at 204-768-2674.

# Snoman asks snowmobilers to practise safety

Submitted

Snoman (Snowmobilers of Manitoba) Inc. is celebrating International Snowmobile Safety Week Jan. 19-27 and encourages all riders to ride safe, stay on the trail and respect private property.

"Snowmobile safety has always been a high pri-

ority for our organization", said Yvonne Rideout, executive director. "We work closely with our counterparts to bring safety to the forefront and we also offer an online safety course."

Visit [www.snoman.mb.ca](http://www.snoman.mb.ca) for more information and to access the course. Our partners, One Insur-

ance and BSI Insurance, are offering a five per cent discount on insurance after you have completed the course and show your Manitoba Snowmobile Safety Card.

Continued on page 13

## DESTINATION 1

**Drifter's**

### Inn & Restaurant

Open 7 days a week

- Licenced Restaurant & Lounge
- Fuel • Vendor • Laundry
- 15 Room Motel

**GROOMED TRAILS RIGHT OUTSIDE YOUR HOTEL ROOM DOOR!**

**PTH 313 Lac du Bonnet**  
**204-345-2915**

# What a Ride!

**SELKIRK**      **LAC DU BONNET**      **BIRD LAKE**

**Head North East for...**

*Some of Manitoba's Best Sledding!*

## DESTINATION 2

Open Thursday to Sunday

- Store & Vendor
- Premium Fuels/Oils
- 7 Cabins (open year round)
- Snowmobile Rentals

**NOPIMING Bird Lake LODGE**

For Reservations call

**204-884-2281 ext 3**  
**[www.nopiminglodge.com](http://www.nopiminglodge.com)**



> SAFETY, FROM PG. 12

An integral part of safety week is the Safe Riders!

The campaign includes the following messages:

- Snowmobiling and alcohol/drugs don't mix — don't ride impaired.
- Know before you go! Always check local ice conditions.
- When night riding, slow down! Expect the unexpected.
- Know the risks, be prepared and make every trip a round trip.
- Cross roadways with care.
- Ride smart, ride right. Stay in control.
- Smart riders are safe riders. Take

snowmobile safety training.

"With approximately 12,000 kilometres of designated trails, it is essential that all riders practise safety," said Rideout. "The best policy is to ride with a friend and let someone know where you are going and when you will return."

Snoman Inc., a non-profit organization, is dedicated to providing strong leadership and support to its member clubs to develop safe and environmentally responsible snowmobile trails to further the enjoyment of organized recreational snowmobiling in Manitoba.

# Students on target at Dr. George Johnson Middle School

By Patricia Barrett

Dr. George Johnson Middle School in Gimli is once again getting students on target and sharpening their sights through its archery program.

Archery is offered to 190 students in grades 5-8, giving them the chance to tackle a sport they normally wouldn't have an opportunity to try.

"Archery is a life-long activity and I always try to find activities that might relate to students who are not interested in our typical team/individual sports," said physical education and Grade 7/8 teacher Justin Charrier, who helped teach the sport. "It is important that students get an opportunity to try new activities and sports and if they are interested in them, they can pursue opportunities recreationally or through means outside of the school."

Archery teaches students how to concentrate, stay focused under pressure, judge distance and helps develop upper body strength.

The school offers the course every second year as funding permits, and trained instructors are brought in because the sport is considered high-risk.

"During these activities I will try to get a certified instructor to come and run the classes," said Charrier. "This really helps enforce the routines and expectations to help provide this opportunity in a safe environment."

He said the majority of the students really enjoyed taking part in the course.

"There is a lot of interest in archery," said Charrier. "The unfortunate thing is we can't offer it regularly."





TAKE IT ANYWHERE WITH THE MONEY YOU SAVE

SAVE UP TO \$2,019<sup>‡</sup>

OR

0% FOR 60 MONTHS<sup>‡‡</sup>

ON SELECT 2019 MODELS

OFFER ENDS FEBRUARY 28, 2019

Gimli Snowmobile Centre

109097 Highway 9, Gimli, MB (204) 642-7017



© 2019 Bombardier Recreational Products Inc. (BRP). All rights reserved. "™" and the BRP logo are trademarks of BRP or its affiliates. This offer is valid in Canada only at participating Ski-Doo dealers on new and unused Ski-Doo snowmobiles (excluding racing models and units sold under the Spring Fever promotion) purchased, delivered and registered between February 1, 2019 to February 28, 2019. The terms and conditions may vary depending on your province and from offers are subject to transportation or change of any time without notice. See your Ski-Doo dealer for details. † Save up to \$2,019 on select 2019 models. ‡ Financing is available on select new and unused 2019 Ski-Doo models purchased from a participating BRP dealer. The amount of the purchase will incur interest at the annual interest rate of 0% and will be payable with equal and consecutive monthly payments of capital and interest. For example, if financing is authorized for an amount of \$10,000 with an annual interest rate of 0% and no other credit charges applicable, the total obligation of the consumer will be \$10,000 and will be payable with equal and consecutive monthly payments of \$166.67 over a 60-month period. The total credit charge for the whole term of the contract is \$0. Subject to the terms and conditions of the financing offer. All other conditions and restrictions apply. BRP cannot be responsible for any financing authorized by the Federation during this promotion. See your BRP dealer for more details. †† FINANCING OPTION: Financing as low as 0% APR for 60 Months. 0% APR financing available for purchase of select BRP new and unused 2019 Ski-Doo models financed with 60 months on approved credit (BRP or 3rd Party Finance). 0% APR financing is available on select 2019 Ski-Doo models. All pricing based on manufacturer suggested retail price (MSRP) and includes freight and dealer preparation charges if applicable. Sample financed amount before applicable taxes, fees, dealer fees and charges: \$10,000 financed at 0% per annum for 60 months equals \$166.67 monthly. Cost of borrowing \$0 for a total obligation of \$10,000. Incentives if any will be deducted from suggested selling price before taxes. When the financed amount does not include taxes or other costs, the amount of the monthly payment, the cost of borrowing and the total obligation will vary. No down payment required. Dealer may sell for less. Offer may not be combined with certain other offers, is subject to change and may be extended or terminated without further notice. Unit may not be exactly as shown. Other financing offers are available. Conditions may apply. See dealer for details. Financing is subject to terms and conditions of any financing offer. Offer may be extended or terminated without further notice. Other offers may be available. Terms, models or equipment without incurring any obligation. Always consult your snowmobile dealer when selecting a snowmobile for your particular needs and carefully read and pay special attention to your Operator's Guide, Safety Manual, Safety Handbook and to the safety labeling on your snowmobile. Always ride responsibly and safely and wear appropriate clothing, including a helmet. Please observe applicable laws and regulations. Remember that riding and alcohol/drugs don't mix.



EXPRESS PHOTO BY JUSTIN CHARRIER

Gimli's Dr. George Johnson Middle School students were developing their archery skills thanks to a program being run by physical education teacher and Grade 7/8 teacher Justin Charrier.

# Cub Cadet®



## UNRIVALED STRENGTH. CUB CADET **HD** SERIES

See clearly at dawn or dusk with **dual LED headlights**, the longest, broadest and brightest lights on the market. And with the effortless single-handed power steering, Cub Cadet HD snow blowers can handle winter's worst, season after season.



TOP RATED



DEALER EXCLUSIVE



STEEL CHUTE

### 3X **HD**

- Heavy gauge steel auger housing, and shave plate to tackle winter, season after season
- Hi-arc heavy-duty steel chute to face winter's harshest conditions
- Larger, dual LED headlights – Longest, broadest and brightest lights on the market



**UNBEATABLE POWER**  
The induction accelerator quickly pulls more snow, ice and slush through the system like a turbocharger.

STARTING AT:

**\$1,799\***

**3-YEAR  
LIMITED WARRANTY\***

**AUGER GEARBOX  
5-YEAR  
LIMITED WARRANTY\***

**0% FINANCING UP TO 36 MONTHS™**



TOP RATED



DEALER EXCLUSIVE



STEEL CHUTE

### 2X **HD**

- Easily clear up to 12" of snow with effortless one-hand handling
- 12" serrated augers and heavy-duty steel shave plate
- Backed up by an industry leading warranty for ultimate peace-of-mind



**POWER STEERING**  
Trigger-control power steering for unmatched single-hand operation and easy turning capability.

STARTING AT:

**\$1,549\***

FOR FULL PRODUCT SPECS AND TO DISCOVER OUR FULL LINE OF OFFICIAL CUB CADET PARTS, ATTACHMENTS AND ACCESSORIES, VISIT [CUBCADET.CA](http://CUBCADET.CA)

**YOUR INDEPENDENT CUB CADET DEALER – EXPERT SERVICE. LOCALLY OWNED.**

The advice, service, selection and support you need to find the right fit for you.

**SHACHTAY**  
**SALES & SERVICE LTD.**  
[www.shachtay.com](http://www.shachtay.com)

*Servicing the Interlake  
for 53 Years!*

**204-376-5233**  
**Arborg, Manitoba**  
**Family Owned**

# A-spire offers opportunities to actors and volunteers

By Roger Newman

Gimli's A-Spire Theatre is looking for is looking for volunteers to help with its summer season of plays plus actors to appear in forthcoming productions.

"We depend on volunteers. They are the life blood of our organization," says Anthony Ducharme, chair of a Gimli community theatre company that has presented plays since 1992 and hosted a summer season of Manitoba community theatre productions since 2005.

Ducharme called for volunteers in the wake of the announcement of this year's plays by A-Spire program coordinator Ashley Tupper. With mostly Winnipeg companies tredding the boards, the season will open the weekend of June 28-30 with *Oh Fudge*, a love story by playwright Christine Hallick presented by Timeboom Productions.

The season continues with three straight weeks of theatre in July. Shoestring Players, summer visitors since the Gimli season's beginning, will be centre stage July 5-7 with *Closure* by veteran playwright Ron Blicq. They will be followed July 12-13 by Interesting Theatre's double bill of *Colony* and *A Radio Adaptation of War of the Worlds* by H.G.Wells. Rounding out the month from July 19-21 will be *Ring of Fire — A Tribute to Johnny Cash* by the Interlake Players Travelling

Musical Theatre Company. They are a Selkirk-Stonewall company who will be making their third appearance in Gimli.

There will then be a break while the A-Spire building serves as a venue for the Gimli Film Festival and the Icelandic Festival of Manitoba. Theatre returns the weekend of Aug. 9-11 with the double bill of *Farrago* by Mike Seccome of Dark Horse Theatre and *The Final Rehearsal* by Denis Thornton of Marketplace Players. The season winds up with *Motherhood Out Loud* by RG Productions, Aug. 16-18; *The Seascape, Shark and Dancer* by Beau Theatre Co., Aug. 23-25; and the A-Spire Players' own production Aug. 30-Sept. 1.

Ducharme said volunteers are particularly needed for working at the box office and serving as greeters and ushers. But he added that A-Spire opportunities also exist for actors, directors and backstage workers in future productions.

The chair heads a current executive including Roger Newman, vice chair; Ashley Tupper, program; Tina Leath, volunteers; and Pierre Brandelius, house manager. In addition, member Alex Kristiansen is working on a new branding program for the theatre group.

Inquiries about current opportunities can be made to Tina Leath at 204-641-4627.



EXPRESS PHOTO ROGER NEWMAN

A-Spire actors Alex Kristiansen, left, and Ashley Tupper are ready to entertain Gimli audiences.

BETTER HEALTH CARE SOONER

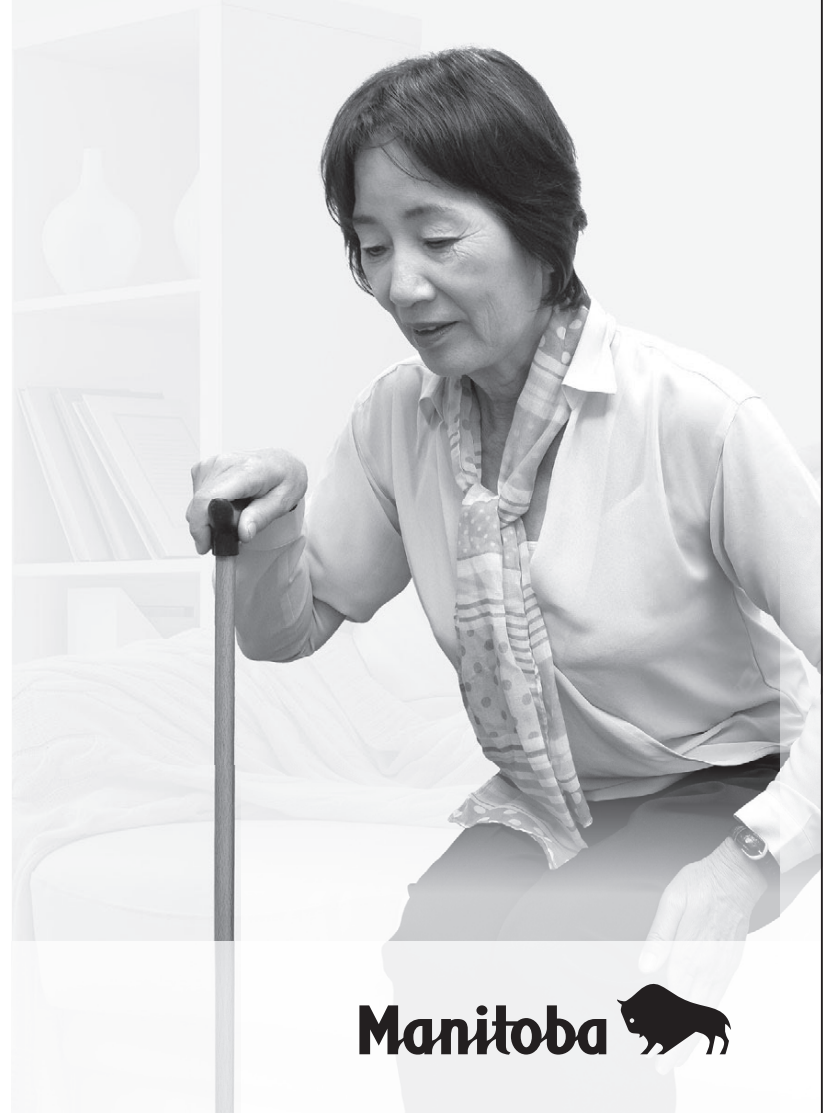
## WAITING FOR KNEE REPLACEMENT SURGERY?

*You deserve shorter wait times*

If you're scheduled for knee replacement surgery, faster services are on the way.

Streamlined processes and new funding will increase procedures in 2019 by nearly 25 per cent – all while ensuring safe and quality care.

Find out more at [BetterHealthCareSooner.ca](http://BetterHealthCareSooner.ca)



Manitoba 

# get inspired

> MEAL IDEAS



## Pan-Roasted Pork Tenderloin with Roasted Vegetables and Apples

Recipe courtesy of Chris Scott on behalf of Anolon Cookware  
Yield: 4 servings  
Anolon Accolade Saute Pan  
1 tablespoon olive oil  
1 pork tenderloin (8 ounces), cleaned  
salt, to taste  
pepper, to taste  
3 carrots, peeled and cut into pieces  
2 apples, cut into wedges  
4 baby bliss potatoes, halved  
1 leek, cleaned and halved  
3 cups apple cider  
1/4 cup apple cider vinegar  
1/4 cup brown sugar  
Heat oven to 400 F. Heat saute pan over medium-high heat; add olive oil. Season pork tenderloin with salt and pepper, to taste, and sear on all sides until brown.

In same pan, add carrots, apples, potatoes and leek. Reduce heat to medium and cook 3 minutes until vegetables have some color.  
Deglaze pan with apple cider, apple cider vinegar and brown sugar.  
Put pan in oven and cook 15 minutes. Remove pan from oven.  
Remove pork from pan and let rest on cutting board. Put saute pan with vegetables and liquid back in oven 3 minutes until liquid is reduced and syrupy. Vegetables should be well glazed when finished.  
Slice pork and plate. To serve, place glazed vegetables and pan drippings over meat.



## Cinnamon Rolls with Dried Cranberries and Pecans

Recipe courtesy of Chris Scott on behalf of Anolon Cookware  
Yield: 24 cinnamon rolls

Cinnamon Rolls:  
Anolon Accolade Saucepan  
2 cups milk  
1/2 cup water  
1/2 cup butter  
1/3 cup cornmeal  
2 teaspoons salt  
7 cups all-purpose flour, divided  
2 packages (4 1/2 teaspoons) active dry yeast  
2 eggs  
Topping:  
2 cups packed brown sugar  
1/2 cup butter  
1/2 cup milk  
1 cup chopped pecans  
Filling:  
1/4 cup butter, softened  
2 tablespoons ground cinnamon  
1/2 cup sugar  
1 cup dried cranberries  
1 cup chopped pecans  
To make Cinnamon Rolls: In saucepan,

combine milk, water, butter, cornmeal and salt; bring to boil, stirring frequently. Set aside to cool to 120-130 F.  
In separate bowl, combine 2 cups flour and yeast. Add cooled cornmeal mixture and, using mixer, beat on low until smooth. Add eggs and 1 cup flour; mix 1 minute. Stir in remaining flour, as necessary, to form soft dough.  
Turn dough onto floured surface; knead until smooth and elastic. Place in greased bowl, cover and let rise until doubled in size, about 1 hour.  
To make Topping: In saucepan, combine brown sugar, butter and milk; bring to boil, stirring occasionally. Pour into greased baking pan. Sprinkle with pecans; set aside.  
Heat oven to 375 F.  
To make Filling: Punch dough down, divide in half. Roll each half into rectangle; spread with softened butter. Combine cinnamon and sugar; sprinkle heavily over butter. Sprinkle cranberries and pecans over top. Roll up dough from one side. Pinch seams and turn ends under. Cut each roll into 12 slices. Place slices cut-side down in baking pan. Cover and let rise until nearly doubled in size, about 30 minutes. Bake 25 minutes, or until golden brown. Remove from oven and let cool about 1 minute. Invert onto serving platter.



## This is not just a Black and White World

good person, who would never hurt a soul, who had some tough breaks in life. Meanwhile, the upstanding citizen of the community, respected by all, may spend his evenings drinking until he passes out, while viewing child pornography on the internet.

How easy it is to judge others who are not like us. While we may abhor racism or sexism, because those are politically incorrect, we may be unconscious of the biases we carry, especially if they are shared by those around us.

Most of such biased thinking, I believe, is rooted in fear. 'Scary looking' teenagers, with weird hair, piercings and tattoos may trigger thoughts of drug use, or even violence. Yet in reality, one you judge that way may be a very bright, kind, socially conscious individual. It could just as easily be the corporate executive in his luxury vehicle who does cocaine and physically abuses his wife.

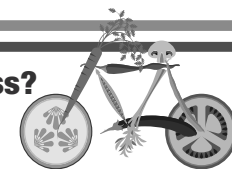
The poverty stricken street person, especially if drunk, may evoke feelings of revulsion. He may be a

We may consider the stripper who works to feed her children to be immoral, while we simply shrug when a friend says she despises her husband, but stays because he keeps her in designer clothes and diamonds. It is just not a black-and-white world. What we see on the surface often belies the deeper truth. Sometimes the 'bad guys' are good, and the 'good guys' are bad. Think twice before you judge.

*Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit [www.gwen.ca](http://www.gwen.ca). Follow Gwen on Facebook for daily inspiration.*

**Do you have a Health or Wellness Business?**

Call Branden at  
204-641-4104 to advertise



## Cauliflower Rice and Beans

Recipe courtesy of Chris Scott on behalf of Anolon Cookware  
Yield: 8 servings

Large Anolon Accolade Skillet  
1 large head cauliflower  
1/4 cup butter  
1/2 cup black eyed peas, drained and rinsed  
1 tablespoon Cajun seasoning  
2 tablespoons parsley, chopped  
1/3 cup dried cranberries  
1 cup roasted butternut squash, diced  
1 tablespoon fresh chopped sage

Wash and thoroughly dry cauliflower; remove all greens.

Use box grater and grate into "rice." Using skillet, heat butter until melted and beginning to become toasty. Add cauliflower rice and cook until soft, constantly stirring. Add black eyed peas, Cajun seasoning and parsley; stir and cover with lid. Reduce heat to low and cook 5 minutes. Add dried cranberries, roasted butternut squash and sage.

**Learn how to create a safe haven.**

We help you radically reduce chemicals in your home

**Norwex**

Ask me how

**Stephanie 204-896-3980**

Independent Sales Consultant

[cleanwithwater15@gmail.com](mailto:cleanwithwater15@gmail.com)

**ISAGENIX**

Weightloss • Energy & Performance • Healthy Aging

**Allana Sawatzky**  
[allana333@hotmail.com](mailto:allana333@hotmail.com)

**Janice Gulay**  
[jkaraim@mymts.net](mailto:jkaraim@mymts.net) (c) 1-204-648-3836

**Rose Sawatzky**  
[isa.rose1957@gmail.com](mailto:isa.rose1957@gmail.com) (c) 1-204-479-8227

[www.isaproduct.com](http://www.isaproduct.com)



# George Robertson, a forgotten hockey star of the 1940s

By Ty Dilello

In the spring of 1946, George Robertson was in Toronto scoring the Memorial Cup winning goal in thrilling fashion for the Winnipeg Monarchs. Just two years later, he was lining up at the opening faceoff for the Montreal Canadiens on right-wing alongside the great Maurice "Rocket" Richard and Elmer Lach. For such an interesting hockey career, Robertson lives very anonymously today at his house just north of East St. Paul.

Turning 92 in a couple of months, Robertson is currently the 11th oldest living former NHL player and the oldest that is still around from our province. George, along with Tom Roney and Cam Millar are the only three members of that 1946 Monarchs squad that are still alive today.

George Robertson was born in Winnipeg on May 27, 1927, and grew up in a house on Semple Avenue in West Kildonan. Growing up on the local outdoor rinks that encompassed his neighbourhood, George didn't even start playing organized hockey until he was discovered by the Winnipeg Monarchs in his teens.

While playing for the Monarchs, Robertson won the 1946 Memorial Cup and was quickly being deemed as a top prospect by NHL scouts. His rights at the time belonged to the New York Rangers, but they quickly shipped him to the Montreal Canadiens while his value was high for future Hall of Famer Buddy O'Connor in quite the blockbuster trade of those times.

Robertson made the Montreal Canadiens team out of training camp in 1948-49 on a star-studded team that included future Hockey Hall of Famers such as Maurice Richard, Elmer Lach, Butch Bouchard, Ken Reardon, Bill Durnan and legendary coach Dick Irvin. He was promptly put on the fabled Punch Line with Richard and Lach on opening night and proved his coach right by scoring the opening goal of the season for the Canadiens just three minutes into the game.

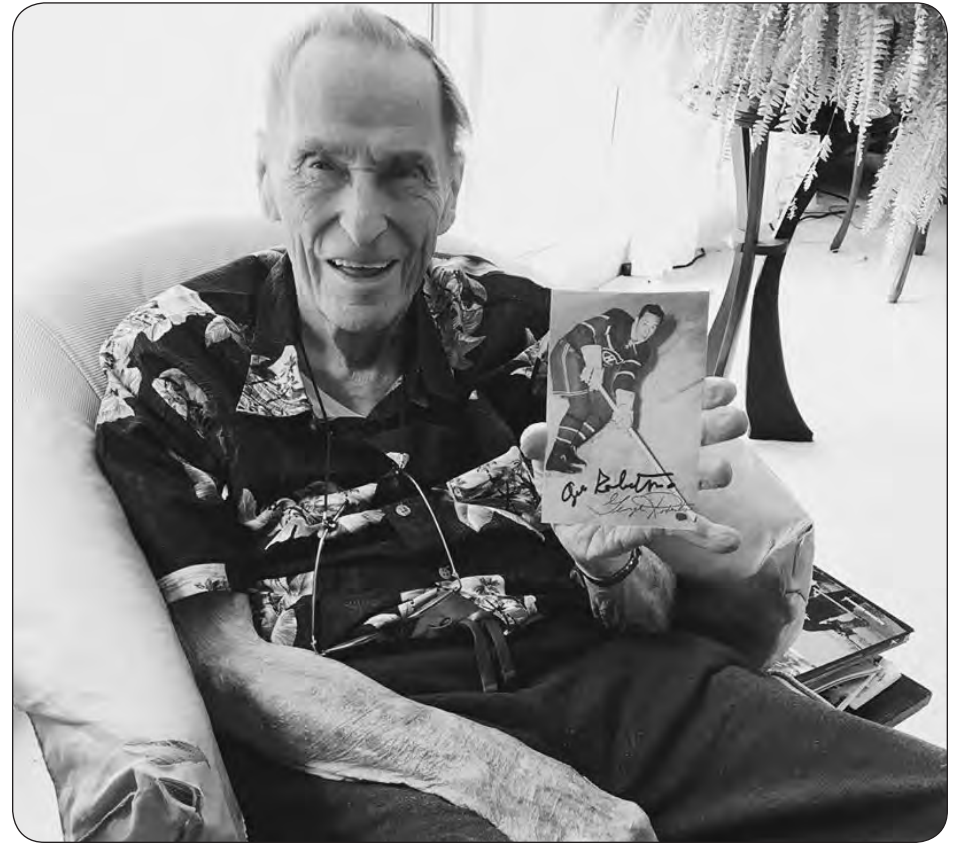
"It was great in the beginning," Robertson recalled, "especially when

you're with Maurice Richard and Elmer Lach. Our goalie Bill Durnan was fantastic. Toe Blake had just retired, and I was playing on the famous Punch Line with them. Rocket and Lach were both terrific. I really liked them, and they were great guys off the ice too. I even roomed with the Rocket once on the road. He always roomed with Elmer, but Elmer had a broken jaw, so he stayed behind when we travelled to Boston and I roomed with the Rocket and we got along real good. All the other road trips I roomed with my buddy Joe Carveth. People always ask me what it was like to play in the NHL and I always say, 'Well, I'm a has-been, but it's better than being a never-was!'"

Despite scoring a couple of goals and assists for the Canadiens, for one reason or another, things just didn't work out for Robertson with the Montreal Canadiens and he was finished with them after 31 games. Robertson spent the next few years in various minor leagues across North America in cities such as Buffalo, Washington D.C., Cincinnati, Victoria, Springfield, Sydney, Grand Rapids and Sault Ste. Marie. When it was all said and done, Robertson kept his roots in Winnipeg. He has been in his house just north of East St. Paul on Henderson Highway since he built it in the mid 1950s.

"When I got married, I built this house myself. I hired a carpenter and my buddy Ray Manson helped me as well as a lot of my hockey buddies. It's crazy but I've been in this house for 65 years now. The lady across the road sold me the 2.5 acres of property for \$2,000. The house next door to me now was my property and I sold it for \$50,000," said Robertson. "Sixty-five years ago, there were no houses out here. When I bought it, the lady had cows out here feeding, it was a real market garden. I could have built from here to Lockport if I wanted to because there was nobody. East St. Paul was all rural."

After his hockey career ended, George worked in public relations with Shea's and later Labatt's Brewery, working with those beer com-



EXPRESS PHOTOS BY TY DILELLO

Former NHL player George Robertson at 91 still stays active and lives independently at his home in East St. Paul.

panies for about 30 years. Robertson claims, "I say I've been to every hotel in Manitoba and no one knows our province better than I do!"

At 91, Robertson is still sharp as a tack and remembers details about his hockey career very clearly. George's wife passed away about 25 years ago. Today he lives alone but says his daughters are very good to him and his grandchildren keep in touch phoning all the time. Robertson moves great around his house, still drives and goes out for lunch with his friends, but he says that it's becoming more and more of a chore lately. With that said, he has been to the hospital countless times from his shoulder dislocating. And he spent the Christmas of 2017 in the hospital with pneumonia which took quite a while to recoup. Another time when he was in the hospital, the Montreal Canadiens somehow heard about it and reached out.

"About five years ago, I broke my hip tripping over a slipper while talking to

a guy on the steps outside my house, so I was at Seven Oaks Hospital for a while for that and would you believe I got a nice card saying get well soon from the Montreal Canadiens alumni. I have no idea how they even found out about it!"

Looking back on his hockey career that was over 60 years ago, except for that one stretch of games in Montreal, Robertson consistently scored throughout his career everywhere along the line. Tallying up all of his career stats, Robertson appears to have scored 489 points in 578 regular season games. Add that up with 40 points in an additional 60 playoff games and you have a very solid point producer over a 14-year pro career.

"I was a mediocre player. I often think about it. I just never got relaxed enough to play as good as I could with Montreal," Robertson recalls, "but then again hockey was just something I did before I raised a family of girls."

## Avoid a vehicle fire inspect your block heater and extension cords

Submitted

Manitoba Public Insurance is encouraging vehicle owners to inspect their extension and block heater cords after several recent vehicle fires have been linked to electrical arcing.

A cracked extension cord, or block heater cord with a corroded plug, can result in "electrical arcing" which can quickly spark a fire. The majority of

these fires take place in winter.

During bitterly cold winter temperatures, Manitobans will plug in their vehicles to heat various engine fluids (anti-freeze/oil), allowing for easier starting. Extension cords which are cracked or have exposed wires should be replaced. Corrosion can be caused by exposure to moisture, dirt and road salts. With personal safety in mind,

people are advised not to plug in their vehicles within a garage or any other enclosed structure.

Safety tips for extension cords/block heater plugs

- Don't drive over your extension cord. This can cause cracking/breaking during bitterly cold weather.

- Cover your block heater plug-in with its protective cover.

- Unplug your block heater by using the hard, rubber end. Pulling on the electrical cord can cause breakage and potential electrical issues.

- Have your block heater cord inspected each fall by a qualified mechanic.

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Gimli Vikings midgets are having strong season

By Roger Newman

The Gimli Vikings midget team, which is currently the highest level of hockey in the community, is playing well and hope to do even better before the end of the season.

The Vikings, led by head coach Murray Monkman, recently won in Steinbach to take home all the marbles in their first tournament of the season. They defeated Steinbach, Selkirk, Arborg and Gladstone before Monkman returned home with his triumphant teenagers.

"This season we have 20 good skaters who come from Gimli, Winnipeg Beach, Riverton and Berens River," said the head coach, who is assisted by assistant coaches Cory Jacobson, Kurt Karish, Cory Huston, Colin Huston and manager Russell Einarson.

The stage is now set for the Vikings to host their own eight team tournament scheduled this weekend Feb. 15-17 at the Gimli Rec Centre. Competition will be intense as entries include hockey communities including Selkirk, Niverville, Lorette, Springfield, Steinbach, Gladstone and Beausejour.

While playing in high calibre tournaments, the Vikings are gearing for the imminent playoffs in the seven team Interlake Midget Hockey League. With the regular schedule nearing a conclusion, Gimli is battling with major nemesis Lake Manitoba for first place and home ice advantage in the post season.

"It will all come down to the last few games," said head coach Monkman, whose team plays at home tonight (Thursday) against the Peguis Black team.

The Vikings will almost certainly make a good showing because of the depth of their lineup. Evan



EXPRESS PHOTO SUBMITTED

The Gimli Vikings recently won the Steinbach midget tournament and hope to record more triumphs before the end of the season.

Woytowich and Dylan Johnson are the goaltenders while the defence is anchored by captain Jordan Einarson and Hunter Lomeda, Michael Crave, Thor Peterson, Dallas Gwizak, Karsen Karish and Brock Heapy. Manning the forward lines are Riley Huston, Jagger Bonkowski, Turner Spakowski, Brady Huston, Luc Berens, Nick Swain, Jaxon Groot, Lane Rogelski, Regan Thom, Justin Steinmetz, Mackenzie Furgala and Mac Hudson.

Besides coaching the Vikings, Monkman, who played junior with South East Blades in the MJHL,

is preparing for a hockey battle of his own. He will take the ice with the Gimli all-stars who will tackle the Montreal Canadiens alumni Feb. 22 at 7 p.m. at the Gimli Rec Centre. He will be joined on the Gimli squad by such stars as goalie Corey Strachan, formerly of the University of Alaska and Selkirk Steelers, Stephen Moore and former Gimli Wolves seniors standouts Sean Cain, Garth Krulicki, Randy Tesluk, Kurt Hildebrand and Jesse Giesbrecht.

## Peguis to host Keystone Border Battle Cup

Staff

Peguis First Nation recently announced this year's Keystone Border Battle Cup will be held at the Peguis Multiplex from April 19 to 21.

The 2019 Keystone Border Battle Cup will see the Keystone Junior Hockey League champion compete against the top two teams from Ontario's Lakehead Junior Hockey League and the host Peguis Juniors.

If the Juniors win the KJHL title this season, the runner-up team will join the 2019 Keystone Border Battle Cup.

In league play, the Juniors hosted the OCN Storm in a pair of games last weekend.

On Saturday, Peguis skated to a 5-4 victory and then the Juniors pounded OCN 7-2 on Sunday.

No scoring summary from either game was posted on the league website at press time.

With the two victories, Peguis is now 8-9-0-1 and has 17 points to sit in third place in the four-team league.

The Juniors will host a Peguis Showcase this weekend at the Multiplex. Peguis will play the Cross Lake Islanders on Friday (8 p.m.), the Norway House North Stars Saturday (9 p.m.), and the Storm on Sunday (3 p.m.).

## Interlake Orioles announce tryout dates

Staff

Most people are thinking hockey right now as league playoffs are right around the corner.

But the Interlake Orioles have something else on their minds right now — baseball.

The Orioles have announced their tryout dates for their 13U, 15U and 18U teams for the upcoming season.

Interlake will be bringing out the bats and gloves for the first time March 4 from 7:30 to 9:30 p.m. at the South Soccer Complex by Investors Group Field.

The Orioles will then hold another tryout session on March 9 from 6:30 to 9:30 p.m. at the Winnipeg Soccer Federation Complex on Leila Avenue.

Cost for the tryouts is \$25. Players can attend both session for that fee.

Players interested in playing "AAA" baseball for the Orioles must attend at least one of the camps.

If interested, please register with Dave Meyers at smeyers@high-speedcrow.ca.

# Svenson scores three as St. Malo stops Arborg

By Brian Bowman

The Arborg Ice Dawgs didn't have much of an answer for St. Malo Warriors' forward Justin Svenson on Sunday.

The Ile des Chenes product scored three goals to lead St. Malo to a 5-1 road win over Arborg in Capital Region Junior Hockey League action.

Svenson scored a pair of first-period goals and then Robert Guimond made it 3-0 after 40 minutes.

Svenson completed his hat trick early in the third before Arborg's Dylan Chartrand and St. Malo's Evan Anstett traded power-play goals.

The Warriors were 1-for-7 with the man advantage while the Ice Dawgs finished 1-for-5.

Tre Strachan made 40 saves in the losing cause.

Last Thursday, the Ice Dawgs lost 4-3 in overtime to the Lundar Falcons in Arborg.

Lundar's Braden Paulic tied the score at 3-3 with just 43 seconds remaining in the third period and then Josh Wilkinson sniped the game-winner in OT.

Paulic had a great game with three goals. He also scored late in the second period and then tallied at 17:12 of the third.

Dylan Chartrand led Arborg with two goals while Blaze Bezecki added a single.

Chris Lesage made 32 saves for the win in goal.

On Feb. 5, the Ice Dawgs were defeated 5-1 by the North Winnipeg Satelites at Billy Mosienko Arena.

Connor Dowhy gave Arborg a 1-0 first-period lead but North Winnipeg replied with goals from Tyler Jones and Derian Emes in the second.

The Satelites' Braden Zamrykut, Nathan Jones and Mitchell Klippenstein closed out the scoring in the third.

Arborg, which now has a 11-14-1-0 record with an overtime win and a OT loss, has 37 points to occupy third place in the five-team league.

The Ice Dawgs will visit the first-place Selkirk Fishermen on Friday and then will host fourth-place Lundar Saturday.

Puck drop for both games is 7:30 p.m. Lundar, meanwhile, hosted Selkirk last Saturday and lost 4-3 in overtime.

After a scoreless opening period, Lundar took a 2-0 lead on goals by Paulic and Brandon Abraham just 3:46 into the second but Selkirk battled back with goals from Travis Spratt and Juliano Garcea before the period ended.



EXPRESS PHOTO BY LANA MEIER

The Ice Dawgs Connor Dowhy scored Arborg's lone goal in their 5-1 loss against the North Winnipeg Satelites on Feb. 5.

Lundar's Josh Wilkinson and Selkirk's Ben Kelly traded power-play goals in the third period.

The Falcons' Storm Swan finished the game with two assists.

Lundar played at North Winnipeg

this past Tuesday but no score was available at press time.

The Falcons will also visit Selkirk on Sunday for a 3:30 p.m. matchup at the Rec Complex.

# Interlake Lightning suffer pair of Midget 'AAA' losses

By Brian Bowman

The Interlake Lightning rebounded nicely from a very lopsided loss last weekend

Interlake hosted the first-place Winnipeg Wild Saturday evening in Arborg and the visitors whipped the home side 9-0.

The next afternoon, the Lightning suffered a 4-3 overtime defeat to the Eastman Selects in Teulon.

Eastman's Matthew Egan scored the game-winner in OT.

Interlake's Matthew Vandel forced the overtime when he tallied at 19:44 of the third period.

Matthew Boonstra scored at 8:18 of the final frame to stake the Selects to a 3-2 lead.

Vandel scored a first-period goal to give Interlake a 1-0 advantage. Eastman's Kade Runke tied the score with a power-play marker before Interlake's Kai Studler and Eastman's Michael Svenson traded goals late in the middle frame.

Interlake was 1-for-6 with the man advantage while Eastman was 1-for-9.

Lightning goaltender Josh Bond stopped 42 Selects' shots.

Bond was very, very busy in goal

against the Wild in the nine-goal loss as Winnipeg outshot the Lightning 70-10.

Winnipeg, which held period leads of 2-0 and 6-0, received goals from Dean Gorchynski (three), Reese Belton (two), Tyson Smith, Aeden Loschivo, Ethan Robson and Kaden Bryant.

On Feb. 6, the Lightning lost 6-2 to the Bruins in Winnipeg.

Interlake's Emmitt Farebrother opened the game's scoring with an unassisted goal just 48 seconds into the first period but Winnipeg battled back with goals from Mathieu Catelier, Graeme Patrick, Bryden Kiesman (via the power play) and Trent Thornton to take a 4-1 lead after 40 minutes.

The Lightning's Derrick Lange scored at 11:20 of the third period, assisted by Nicholas Prystupa, but the Bruins' Will Highet responded with a goal just 23 seconds later.

Catelier then made it 6-2 late in the third, putting the puck past Bond.

Interlake, now 10-30-0-3-0 and with 23 points to occupy 11th place in the 13-team league, will continue its five-game homestand against the Parkland Rangers (7:30 p.m.) on Saturday.

The Lightning will take on the South-



EXPRESS PHOTO BY LANA MEIER

Interlake Lightning forward Cadrick Dueck of Arborg chases after the puck against the Eastman Selects during Manitoba "AAA" Midget Hockey League action Sunday in Teulon. Eastman won the game 4-3 in overtime.

west Cougars Sunday (2:30 p.m.) and the Wild next Wednesday (7:45 p.m.).

All three of those games will be played in Teulon.

The Lightning will wrap up its season Feb. 23-24 when they travel north to battle the last-place Norman Northstars in Thompson.

# McEwen headed to hometown Brier in Brandon

By Ty Dilello

Brandon native Mike McEwen and his team of Reid Carruthers, Derek Samagalski and Colin Hodgson from the West St. Paul Curling Club punched their ticket to the 2019 Tim Hortons Brier in Brandon on Sunday afternoon when they defeated Granite's William Lyburn 5-3 in the finals of the Viterra Championship at the Tundra Gas & Oil Place in Virden.

In a tight affair, McEwen had jumped out to a 3-0 lead in the final after six ends, but Lyburn rallied with a big three-ender in seven to tie the game up. After a deuce in the eighth end for McEwen, Lyburn blanked the ninth so that he could hold the decisive final rock in the last end. Unfortunately, they couldn't muster up anything and McEwen converted a wide-open hit to win his third provincial championship.

The McEwen/Carruthers combo had gotten off to slow start to their season, having little success, and frequently changing up the team's lineup to try and find a winning formula. This past week in Virden it all came to fruition as they overcame an early hurdle to rally and win seven straight games to take home the title.

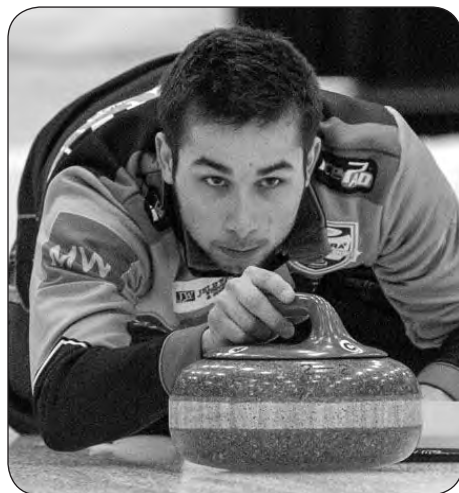
Now to play in a hometown Brier is something that McEwen has been relishing for a while now.

"I wasn't sure I was going to get the opportunity to play in a home province Brier and to have it be Brandon, it's extra special to be part of that," said McEwen. "To have a community like that wait a long time to get that kind of big championship, I didn't want to be sitting on the sidelines. I'm not gonna lie, that would have hurt."

East St. Paul's Kyle Doering, second for Team Lyburn was very excited with his team's performance throughout the week. He was the only member of his team that had previously played in a provincial men's final and he used his prior experience to very solid all week, winning the All-Star second award in the process.

"I thought things went better than expected. We really bared down this week and put in some solid games," Doering said. "In the final, we ran into a very good team in Mike McEwen and they showed why they are the very successful curlers that they are. It was a great run for our team and I'm just so proud of the guys."

McEwen got to the finals by defeating Granite's Jason Gunnlaugson 9-2 in the 1v1 game while William Lyburn reached the final by first narrowly overcoming Winnipeg Beach's Tanner Lott 8-7 in the 2v2 game and then followed that up with a 6-2 win over



Colton Lott



Steen Sigurdson

Gunnlaugson in the semi-final.

For Gimli's Denni Neufeld and his Gunnlaugson foursome, it was a difficult end to a very strong week. The number two seed coming in, Gunnlaugson won their first three games to advance to the championship round, before winning two more games to reach the 1-1 game, including a big 8-4 victory over third seed Braden Calvert. The page playoff did not go well for Gunnlaugson as they struggled to make simple shots in losses to McEwen and Lyburn.

Winnipeg Beach's Tanner Lott led the next-generation of star curlers in Manitoba with a run that ended in the 2-2 game to William Lyburn. The Lott brothers (Tanner and Colton), along with Kennedy Bird and Wade Ford proved they belonged out there with the very best as their shot-making abilities are world-class. If they continue to play at a high-level going forward, they definitely have the potential to win a buffalo or two.

One of the biggest surprises of the championships was the run that Gimli's Steen Sigurdson went on. After dropping their opening game in a blowout to Pembina's Daniel Birchard, the 21st seeded Sigurdson



EXPRESS PHOTOS SUBMITTED

Wade Ford, left, and Kennedy Bird, right sweep skip Tanner Lott's rocks.



Denni Neufeld, middle, takes a quick look at the distance to the house while sweeping.

rallied to win four-straight games on the B-Side to punch their ticket to the Final 8, defeating the likes of Grant Shewfelt, former men's provincial finalist Sean Grassie, Birchard, and a thrilling game with fifth seed Dennis Bohn where they stole the final end after Bohn wrecked on a guard trying to remove a Sigurdson counter in the four-foot. Sigurdson advanced to the championship round of the Viterra Championship for the third time so far in his curling career, but unfortunately that's where his Cinderella run would end. Once in the Final 8, Sigurdson quickly bowed out of the tournament losing to Lorette's Corey Chambers and Winnipeg Beach's Tanner Lott.

David Bohn, had a solid run through the tournament as the seventh seed, advancing to the Final 8 from the B-Side before dropping a pair of games

to Braden Calvert and William Lyburn to send them packing. And finally, Fort Rouge's Tyler Drews (originally from Lundar) had a rough-go at the provincials to say the least, losing both of his games. On the opening night, Drews fell to clubmate Ty Dilello 10-5 in eight ends. The following afternoon they were bounced from the tournament by Gladstone's Jeff Stewart in similar fashion.

Before the page playoff's began on Saturday night, the media covering the event announced the All-Star awards for the event. Jason Gunnlaugson was named All-Star Skip, Colton Lott (third), Kyle Doering (second), and Colin Hodgson (lead) rounded out the awards.

Next year's Viterra Championship will be held in Winnipeg for just the second time in 25 years as it is coming to the Eric Coy Arena in Charleswood.

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## U17 Prep, Bantam Lightning teams wrapping up regular seasons

**Staff**

The regular seasons are wrapping up for the Midget U17 Prep and Bantam "AAA" Interlake Lightning teams.

The Lightning U17 Prep team will play its final regular-season game next Tuesday at 7:15 p.m. against the Hawks at the Maples Multiplex.

On Sunday, Interlake was dumped 8-2 by the Eastman Selects.

The Lightning's Ashton Fisher scored a first period goal, assisted by Logan Resch, and then Adrian Klimpke netted an unassisted goal in

the third.

Eastman, which built period leads of 2-1 and 5-1, received goals from Ty McNaughton, Micah Funk, Eric Matychuk, Riale Lawless, Evan Leeson, Steve Desisle, Cole Rickey and Caleb Thiessen.

Eastman outshot Interlake 36-18 as Tyrese Bear took the loss in goal.

Last Thursday, the Lightning was defeated 5-1 by the Winnipeg Sharks in Stonewall.

Winnipeg's Charlie Kosman scored a first-period goal and then Aidan

Linklater and Anthony Jacob made it 3-0 after two periods.

The Sharks went up five goals as Alex Harney and Malcolm Aundrushko tallied before Resch scored at 15:26 of the third, assisted by Fisher.

Jackson Kummen made 30 saves in the losing cause.

In Bantam action, Interlake lost a pair of games last weekend.

The Lightning were defeated 4-1 by the Selects in Landmark last Friday and then blanked 3-0 by the Yellow-head Chiefs on Sunday in Shoal Lake.

Brayden Stevenson scored Interlake's lone goal in the first period against Eastman. Brayden Bear and Karson King assisted on the goal.

Dawson Cowan and Zach Meadows each had a start in the Lightning goal last weekend.

Interlake hosted the Warriors this past Monday in Stonewall but no score was available at press time. The Lightning will then play the Central Plains Capitals on Saturday in Stonewall. Puck drop is 6 p.m.

## take a break > GAMES

### SUDOKU

				2		3	1	
	6						7	5
4					1			
				8			6	
		1			9		5	
3			6	5				2
					6			
7		9						1
			2	8				

**Fun By The Numbers**

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

**Here's How It Works:**

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	8	6	8	1	2	9	4	5
1	3	9	8	5	4	3	6	8
8	4	5	9	7	6	3	1	2
2	1	6	4	5	9	8	7	3
4	5	8	9	3	7	1	2	9
3	6	7	2	8	1	4	5	9
6	8	2	1	9	5	7	3	4
5	7	4	3	6	8	2	9	1
9	1	3	7	4	2	4	5	8


Sudoku Answer

Crossword Answer

## X CROSSWORD

		1	2	3		4	5	6		7	8	9			
				10			11					12			
13	14					15					16		17	18	
19					20			21	22						
23									24						
					25										
27	28	29								30			31	32	33
34													35		
36				37	38	39	40		41	42	43	44			
					45					46					
47	48	49								50			51	52	53
54												55			
56								57	58			59			
		60						61				62			
								64							
												65			

- CLUES ACROSS**
- 1. Chop or cut
  - 4. Political action committee
  - 7. Male parent
  - 10. Doctors' group
  - 11. Ottoman military commander
  - 12. A metal-bearing natural material
  - 13. Lively ballroom dance
  - 15. Male Gypsy
  - 16. Once-popular card game
  - 19. Occurred just once
  - 21. \_\_\_ Streisand, singer
  - 23. Shiny yellow minerals
  - 24. Get hitched again
  - 25. See (Latin)
  - 26. Lies between the Caspian and Persian Gulf
  - 27. Scourges
  - 30. Sentence
  - 34. Supervises flying
  - 35. Bar bill
  - 36. Alfalfa
  - 41. Type of dishwasher soap
  - 45. Witnesses
  - 46. Ancient Italian-Greek colony
  - 47. Newspapers need them
  - 50. Discuss again
  - 54. Small group with shared interests
  - 55. Support
  - 56. Wool
  - 57. Take hold of
  - 59. Likely the first Meso-American civilization
  - 60. Woman (French)
  - 61. Automobile
  - 62. Popular Georgia rockers
  - 63. Soviet Socialist Republic
  - 64. A major division of geological time
  - 65. Make an effort

- 1. Czech monetary unit
- 2. Able to arouse feeling
- 3. Elk
- 4. Muscular weaknesses
- 5. Earlier
- 6. Lightweight fabric
- 7. One who greets
- 8. Soldiers sometimes wear one
- 9. Officially prohibit
- 13. US political party
- 14. Used of a number or amount not specified
- 17. Make a mistake
- 18. Biopic starring Jamie Foxx
- 20. Ancient Media inhabitant
- 22. About aviation
- 27. Popular American sports league
- 28. Cologne
- 29. Partner to cheese
- 31. When you'll get there
- 32. Not pleased
- 33. One point east (clockwise) of due north
- 37. Respects
- 38. Shake up
- 39. Ethiopian river
- 40. Intrinsic nature of something
- 41. Principal parts of the brain
- 42. Brews
- 43. Where ships dock
- 44. One who wassails
- 47. Shock treatment
- 48. Popular average
- 49. Things
- 51. A type of "bear"
- 52. Utilize
- 53. European Economic Community
- 58. Swiss river

**CLUES DOWN**

# Classifieds



Book Your Classified Ad Today - Call 467-5836 or Email [classifieds@expressweeklynews.ca](mailto:classifieds@expressweeklynews.ca)



## EMPLOYMENT OPPORTUNITIES FOR THE FOLLOWING POSITIONS:

### Senior IT Support Technician for our Lundar location

Sigfusson Northern is a Manitoba owned and operated heavy construction firm that provides clients with high quality service and personnel.

#### Job Summary

We are looking for service-oriented IT Technicians to provide in person or remote support and maintain network connections for a Heavy Civil Construction company. Daily responsibilities will include: technical support, device setup, maintaining network connections and ensuring smooth day to day operation. Work will be conducted from our Lundar office – Winnipeg office and site visits required on an as needed basis.

#### Responsibilities and Duties

- Provide service for our Server
- Specialized software support (HCSS, Primavera)
- Network Management
- User Account Management (software accounts, cellular accounts, etc.)
- Provide timely and professional support remotely via phone and email, and in person to users.
- Manage and maintain computer hardware, such as workstations, servers, storage systems, and network equipment
- Install and configure computer hardware, including workstations, iPhones, iPads, Printers and network equipment
- Document work completed and resolution in our incident tracking system
- Create and manage users on AD, o365 and Citrix ShareFile.
- Provide on-call support as required

#### Qualifications and Skills

- Minimum 2 years of related IT experience
- Certification in relevant technology (e.g. A+ or Microsoft) would be an asset
- Exceptional problem solving and interpersonal skills
- Excellent communication and customer service skills
- Technical competency with Windows Server Platforms 2008 R2 and later, Windows 10, Hyper-V virtualization platforms, Microsoft Office 365, Microsoft Active Directory and Group Policy and Network services including DHCP, DNS and routing
- Valid driver's license and regular access to a vehicle

#### We offer:

- Full time employment
- Competitive wages
- Benefit Plan with Dental

If you would like to apply for any of these positions and join our team, please e-mail your resume to:

Stefanie Foster  
HR Coordinator  
[sfoster@sigfusson.ca](mailto:sfoster@sigfusson.ca)

#### SCRAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

#### AUTOS

Black 2009 F150 Platinum Supercrew truck for sale. Fully loaded, leather interior, too many options to list. New brakes, newer tires and is in exceptional condition inside and out. Has 175,000 km with a fresh safety. If you're looking for a great used truck this is a must see. Asking \$16,900. Ph 204-757-4899.

#### PROPERTY FOR SALE

10 acres in Arborg, MB. Suitable for residential subdivision. Ph 204-494-0517.

#### APARTMENT FOR RENT

Tollak Place has 1 & 2 bedrooms available. Nice quiet area located at 40 Eveline St. Tollak 1 spacious 2 bdrm. fridge, stove, air conditioners, large storage area and large balconies, utilities included, parking extra. Tollak 2 is a 55 plus bldg. Riverview apts. with central air, units have fridge, stove, dishwasher, microwaves and a large storage area off the kitchen, also have balconies, utilities and parking extra. Call 204-482-2751 for more information.

#### FOR RENT

Monthly room rental Viking Inn, 2 double bed, microwave, mini fridge, cable TV, free Wifi & parking. \$700 (plus damage deposit). Call 204-642-5168.

#### FIREWOOD

Prepare for next winter. Green poplar for sale. Ph 204-861-0487.

#### HELP WANTED

Dream Job! Live in caregiver/housekeeper. Summers in Winnipeg and winters in the tropics. Call 204-997-4629.

#### MISCELLANEOUS

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. SOLAR equipment. The Battery Man. Winnipeg. 1-877-775-8271 [www.batteryman.ca](http://www.batteryman.ca)

Sales – Financing – Leasing of trucks, truckbeds, trailers, full repair, safeties & Autopac trailer repair. Kaldeck Truck & Trailer Inc., Hwy #1 MacGregor, MB. 1-888-685-3127 [www.kaldecktrailers.com](http://www.kaldecktrailers.com)

**EXPRESS**  
WEEKLY NEWS  
204-467-5836

#### MISCELLANEOUS

Classified advertising works! Reach over 413,000 Manitoba readers weekly. Book your Announcements, Sales, Employment Opportunities, Auctions, Wanted Ads, For Rent, Volunteer Opportunities, etc. People rely on these classifieds to find what they need. Be seen in 2019! Call us at 1-204-467-5836 for more info.

Colorado Blue Spruce: \$1.29/each for a box of 180 February 11, 2019 (\$232.20). Also full range of tree, shrub and berry seedlings for shelterbelts. Free shipping. Growth guarantee. 1-844-873-3700 or [TreeTime.ca](http://TreeTime.ca).

#### WANTED

Wanted – older stringed musical instruments & amps, etc. Call 204-494-0517.

#### HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@mymts.net](mailto:stonewoodelkranch@mymts.net)

Everything you need to promote your business  
**Interlake Graphics**  
For all your printing and publishing needs  
Call Today!  
467-5836

**CALL FOR PROPOSALS**  
**Construction of an Outdoor Classroom at Riverton Collegiate**  
For more information and project specifications, please see RCI Outdoor Classroom Specs at [www.esd.ca](http://www.esd.ca)

**www.gimliharbour.ca**

Duplex for sale in Eriksdale generate up to \$650/mth! Call now for more details.

Beautiful 2 bdrm home, situated on large dbl lot, mature trees. Perfect for retirement or young family starting.

*Selling the Interlake one yard at a time*

**L.J. BARON**  
EST. 1953  
*Realty*

Call Matt McSherry  
1-204-886-7585  
to book your own personal viewing!

**Matt McSherry** 204-886-7585/  
[www.ljbaron.com](http://www.ljbaron.com) 888-629-6700

## BOOK YOUR ANNOUNCEMENT TODAY

- |                 |                |               |
|-----------------|----------------|---------------|
| • BIRTHDAYS     | • OBITUARIES   | • BIRTHS      |
| • MARRIAGES     | • IN MEMORIAMS | • THANK YOUS  |
| • ANNIVERSARIES | • ENGAGEMENTS  | • GRADUATIONS |
| • NOTICES       |                |               |



Call 467-5836



# Classifieds Announcements



Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca

### ANNOUNCEMENT

#### CARD OF THANKS

Words cannot express how grateful we are for the outpouring help and kindness shown to Grant Houston's family following his passing. Thank you for all the donations, cards, food, friends who visited, and for all the family and friends who donated generously their time to make sure everything was taken care of. Your generosity has given us great comfort. Thank you all.

-Craig Houston,  
Lorene, Irene,  
Keith and family

### ANNOUNCEMENT

#### BABY SHOWER

Come and Go Baby Shower  
In honour of  
Sylvan Mae Abuda  
Please join us  
in welcoming Sylvan  
on Saturday, February 16th  
at The Arborg Royal Canadian Legion  
from 1-3 p.m.  
Jack and Jill style, all welcome!

#### Trouble Walking?

#### Hip or Knee Replacement?

Restrictions in daily activities?

**\$2,500**  
Tax Credit

**\$40,000**  
refund cheque/  
rebates

Disability Tax  
Credit.

**204-453-5372**

#### Need Cash?

- We Loan
- Easy application
- Approval with collateral
- Title Loans
- No Credit Check
- Keep driving your vehicle

**Call Dan Devloo**  
**(204) 526-7093**

**CAI Financial**  
Unit K - 2151 Portage Ave.  
Winnipeg MB  
**www.caifinancial.ca**

#### McSherry Auction

12 Patterson Dr.  
Stonewall, MB

**Gun Auction**  
Sat Mar 23, 9:30 AM

Consign Now! Guns, Ammo, & Hunting Related \* Always Huge Crowds of Interest! Coast to Coast Proxy Bidding!

**Booking Spring Farm Auctions**  
Consignments Auctions  
All Winter Long!

**(204) 467-1858 or**  
**(204) 886-7027**  
**www.mcsherryauction.com**

#### McSherry Auction

12 Patterson Dr.  
Stonewall, MB

**Consignment Auction**  
Sat Feb 23, 10:00 AM

(Originally Feb 16, postponed due to cold & snow)

**Combined Estate & Consignment**  
Sat Feb 23, 10:00 AM

Yard \* Recreation \* Tools \* Antiques \* Furniture \* Misc \* Household \* Featuring 06 Polaris Fusion 600 CC, 2000 Miles \* Masonry & Concrete Tooling \*

**Estate & Moving**  
Sat March 2, 10:00 AM

**(204) 467-1858 or**  
**(204) 886-7027**  
**www.mcsherryauction.com**



#### Response Builder Advertising WORKS!

- GET SEEN by over 400,000 Manitoba Homes!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$239.00 (includes 35 lines of space)
- The ads blanket the province and run in MCNA's 48 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at  
**204.947.1691** or email  
**classified@mcna.com**

**www.mcna.com**

## Everything you need to promote your business



For all your printing and publishing needs

**Call Today!**  
**467-5836**

FLYERS  
BROCHURES  
BUSINESS CARDS  
STICKERS  
WINDOW  
DECALS

SOCIAL  
TICKETS  
DOOR  
HANGERS  
LETTERHEAD  
ENVELOPES

INVOICES  
ESTIMATE SHEETS  
POSTERS  
MEMO PADS  
POST CARDS



70 Centre Street Gimli, MB ROC 1B0  
**204-642-8398** lmtvet@mts.net

**Quarry PETS**  
Supplies & More  
Supplying All Your Pet's Needs  
**On-Site GROOMER**  
Call us for details  
317 Main St., Stonewall (204) 467-5924



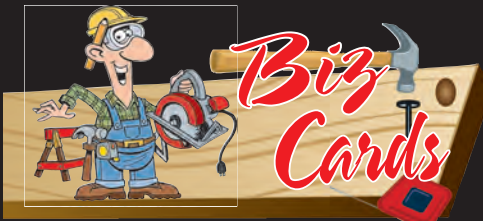
## Everything you need to promote your business



For all your printing and publishing needs

- FLYERS
- BROCHURES
- POST CARDS
- STICKERS
- BUSINESS CARDS
- PRESENTATION FOLDERS
- SIGNS
- SOCIAL TICKETS
- DOOR HANGERS
- LETTERHEAD
- ENVELOPES
- INVOICES
- ESTIMATE SHEETS
- POSTERS
- MEMO PADS
- And MORE...

**467-5836**



**Call 204-641-4104**

**CONVENIENCE**  
Grocery • Drinks • Snacks  
• Coffee to Go • Ice • Firewood  
• Fireworks • ATM • Greeting Cards  
• Newspapers • Books • Pet Food  
• Toys & more  
**SNAXS** 20088 First Ave,  
FIRST AVENUE Sandy Hook  
**OPEN YEAR ROUND 10AM - 6PM**  
**7 DAYS A WEEK**

**INTERLAKE INSULATORS**  
BALMORAL, MANITOBA  
• Spray Foam  
• Blow In  
**FREE ESTIMATES**  
Brent Meyers  
204-461-4669  
interlake\_insulators@hotmail.com  
**SPRAY FOAM SPECIALISTS**

**ROOFTOP SNOW REMOVAL**  
• Roofs  
• Driveways  
• Walkway  
• Decks  
**Certified Roofer**  
**(204) 641-5279**  
wrmexteriors@gmail.com  
William R. Muenchow

**pampered chef**  
INDEPENDENT CONSULTANT  
• Cooking Shows • Meal Prep Solutions  
• Fundraisers • Individual Orders  
204-485-4272 call or text  
stoneware444@gmail.com  
**www.pamperedchef.biz/michellebalharry**

**Rx PharmaChoice**  
LUNDAR  
You have QUESTIONS, We have ANSWERS!  
• Prescriptions • Liquor Store  
• Home Health Care Aids  
• Snacks and more!  
*Advice for Life*  
**LUNDAR PHARMACY** 204-762-5431  
18 Main St., Lundar

**Glass Specialists** **Construction**  
• Sealed Units  
• Flat Glass  
• Mirrors  
• Laminated  
• Tempered  
• Plexi/Lexan  
• Windows & Doors  
• Siding  
• Custom Cladding  
• Decks  
• Construction/Renovations  
**Interlake Glass** 365 Main St. Arborg, Mb  
**204.376.5177**  
intglass@mymts.net

**WE DO IT ALL!**  
• Window Coverings by HunterDouglas  
• Floor Coverings • Countertops  
• Cabinetry by Kitchen Craft & More!  
Mon-Fri 9am-5pm Closed Saturdays  
Hwy #9 & Colville Dr., Gimli  
**(204) 642-8585**  
www.thehomestoregimli.com

## WARREN LAHAIE PARTS & SERVICE

**WARREN@GIMLIFORD.COM**  
**16-7TH AVE., GIMLI, MB**  
**204-642-5137**



**TO ADVERTISE  
IN THIS SPOT  
Call 204-641-4104**

## NO FROST VENTING

AN AFFORDABLE SOLUTION  
for  
FROZEN PLUMBING STACKS  
NO TOOLS OR ELECTRICITY REQUIRED.  
100% Guarantee  
1-204-792-6604



**www.nofrostventing.com**

# NO CHARGE 4WD ON ALL SUV'S

## *Must Clear All Remaining 2018's*



**2018  
Ecosport**

**Only - \$195 B/W\***  
**\$0 DOWN**



**2018 F150 Super  
Cab XLT 4x4**

**Only - \$249 B/W\***  
**\$0 DOWN**



**2018 Escape  
"SE" 4WD**

**Only - \$195 B/W\***  
**\$0 DOWN**



**2018 F150 Super  
Crew XLT 4x4**

**Only - \$255 B/W\***  
**\$0 DOWN**



**2018 Escape  
Titanium 4WD**

**Only - \$256 B/W\***  
**\$0 DOWN**



**Come and see the all new  
2019 Ranger  
& 2019  
Mustang  
Bullitt**



**LOOKING FOR CREDIT CALL KARLA  
GREAT SELECTION OF USED VEHICLES**

\*ECOSPORT - 84 MTH @ 5.49, COB - 6051.77, NET TO FINANCE - 29454.61. ESCAPE - 84 MTHS @ 4.49%, COB - 5083.75, NET TO FINANCE - 30584.61. ESCAPE TITANIUM - 84 MTHS @ 4.49%, COB - 6662.62, NET TO FINANCE - 40082.26. F150 S/CAB - 84 MTHS @ 4.49%, COB 6464.54, NET TO FINANCE - 38893.50. F150 S/CREW - 84MTHS @ 4.49%, COB - 6633.68, NET TO FINANCE - 39903.72. SEE DEALER FOR DETAILS



**16-7TH AVENUE, GIMLI, MB  
SALES - 855-963-1818**

Dealer  
#5358