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THE EXPRESS

VOLUME 5 EDITION 40 THURSDAY, OCTOBER 4, 2018

WEEKLY NEWS

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Celebrating culture

EXPRESS PHOTO BY PATRICIA BARRETT
 Town of Arborg councillor Vivian Leduchowski visited with staff at the Philippine booth at the 7th annual Culturama festival held in Arborg last Friday. See pg. 4 for full story and photos.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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October 30th ONE DAY ONLY!
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Family offering \$2,000 reward for missing dog

By Jeff Ward

An Eriksdale family is looking to the public for any info on their golden retriever Maci, who has been missing since July, and are now offering a \$2,000 reward for any info that leads to Maci returning home.

Kenzie Clarkson, who lives just west of Eriksdale, said her dog Maci went missing on July 7. Her boyfriend had gone for a ride on his ATV during the day and when he returned, Maci was gone. Clarkson's dog wasn't one to wander off, she said, and never left the yard where she had plenty of space to run around. Clarkson believes her dog was stolen as the road they live on leads to a beach and was highly trafficked on that day. Their dog hasn't been seen since and the family, most notably Clarkson's two-and-a-half-year-old son, misses the dog greatly.

"She was very territorial of her yard and never left," said Clarkson.

"It's tough for us not to know where

she is or what happened. She's just gone. She was such a big part of our family and we got her when I was pregnant and when my son was born, they immediately became best friends."

Clarkson said that when they brought their son Brey home from the hospital, Maci immediately started licking him. The instantly loyal dog and Brey were attached at the hip from then on and the loss has been particularly hard on Brey, who still has hope.

"Every time we come home he says 'Maci will be back.' It's hard to go from seeing her every day when you get home to where we are now and we haven't seen her in months."

Clarkson said that she had some leads on the dog over the summer but nothing concrete. Some people have said she was spotted near Lake Manitoba First Nation, but it never panned out.

Maci is a purebred female golden retriever. She doesn't have a collar or tattoo but does have a scar on her belly from an issue the family had when getting her spayed. There is also a small circular scar on her upper lip



EXPRESS PHOTO SUBMITTED

Golden retriever Maci has been missing since July and her family is now offering a \$2,000 reward for any info that leads to finding her.

and Maci's coat is a much darker red than what is common.

"We hope that people see this and have seen our dog and let us know. The reward is no questions asked. We

just want her home," said Clarkson.

If you have seen Maci, you can call Kenzie Clarkson at 204-572-5705.

Heima Er Best Presents
our fall gala community fun night out!

Dinner Theatre & Silent Auction

IN SUPPORT OF A NEW HOME FOR THOSE IN NEED OF A SUPPORTIVE LIVING HOME

October 13, 2018 at 6pm
at the Lakeview Resort, Gimli

Your ticket includes:

- Prime Rib of Beef Buffet Dinner
- Dinner Theatre by A-Spire Players
- Guest Speakers
- Silent Auction -Door Prize
- Tickets are \$100.00 each

And you will receive a \$55.00 tax receipt with each ticket.

Tickets available at our office at 66B First Ave. Gimli Or 204-642-9707

"HELP US HELP OTHERS"

Breast CANCER

October is Breast Cancer Awareness Month




Breast cancer awareness month is a yearly campaign that intends to educate people about the importance of early screening, tests and more. The campaign starts on October 1st and ends on October 31st every year.

If you have a story that would help promote or educate our readers, please contact our news teams at 204-467-5836 or news@expressweeklynews.ca

WEDNESDAY, OCTOBER 24, 2018

RE-ELECT TED SUMKA AS COUNCILLOR WARD 3 RM OF ARMSTRONG



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www.darkland.ca for full details admission \$10



Noventis Credit Union to open 'Solutions Centre' in Lundar

Submitted

A new Solutions Centre will provide banking options to the local community and area.

Noventis Credit Union is scheduled to bring a new banking experience to Lundar in early 2019. This location — called a Solutions Centre — will house an ATM and an iTM (interactive Teller Machine). The iTM will allow members to speak directly to a video services representative from 7 a.m. until 7 p.m. from Monday to Saturday. There will also be staff available on-site on a flexible basis, although these specific hours are still to be determined.

Noventis CEO Kevin McKnight states, "The Solutions Centre will bring added convenience to current and new Noventis members, who will no longer need to travel to do their day-to-day banking." He further adds, "Those members who are looking to take out a loan or apply for a mortgage will also be looked after, as our relationship managers will be able to come to them by appointment."

Noventis' Solutions Centre has been made possible through a unique part-

nership between Noventis and the RM of Coldwell. The RM will be providing Noventis space in the newly constructed Lundar Arena.

Brian Sigfusson, reeve of the RM of Coldwell, states, "When CIBC informed us they would be closing their branch in Lundar, we immediately started seeking out solutions for the community. Noventis stepped up in a big way, and we are excited that they will be joining the community within our new arena."

This new opportunity and unique relationship with the RM is something that the board of Noventis is also excited about.

"We're happy to serve our communities in need of financial solutions with a creative community partnership," said Paul Cuthbert, chair of Noventis board of directors. "Our mission is to serve as financial solutioneers, focused on the needs of our members and community. This new Solutions Centre is a demonstration of the fulfilment of that mission by meeting the needs of a currently under-served area."



EXPRESS PHOTO SUBMITTED
Kevin McKnight, CEO of Noventis Credit Union, with an iTM (interactive Teller Machine).

Gimli Wine Festival
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Must be 18+ years of age to attend. Government photo I.D. required.

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for Reeve *Bifrost - Riverton*

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- Partner, Johnson Farms
- Past President Arborg-Bifrost Community Development Corporation
- Past President, Bifrost Agricultural Sustainability Initiative Co-op (BASIC)
- Past President, Flax Council of Canada

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For every cup of coffee sold in October, 5¢ will be donated to the Canadian Cancer Society to support a future without breast cancer.

Interlake **ARBORG GAS BAR**
204-376-2349

Arborg's annual Culturama features food and dances

By Patricia Barrett.

Arborg's 7th Annual Culturama last Friday evening featured nine cultures from around the world — Aboriginal, Philippines, Ukraine, Belize, Mexico, Punjab (a state in India), Bolivia, Iceland and Canada — and a wide variety of ethnic dishes for the 400-plus attendees.

You would have sworn you stepped onto the set of a Bollywood film when Winnipeg-based Bulla Arts International dancers took to the stage to showcase traditional Punjab folk dancing. Many elements of the dance have been popularized by Bollywood.

The Ivan Flett Memorial dancers, made up of siblings Cienna, Jacob and Michael Harris, performed lightning-fast jigs that tore the taps (metal plates) out of one of Michael's shoes and sent it flying across the floor. After the performances, the dancers gave a brief step-dancing workshop.

Irish, Chilean (Chile Lucha y Canta Inc.), Filipino and Ukrainian (Reechka Dance Club) dancers rounded out the evening.



EXPRESS PHOTOS BY PATRICIA BARRETT

Eleven countries were brought together to celebrate diversity and to welcome newcomers to the Interlake at the 6th annual Culturama held in Arborg last Friday.



Alice Bjornson (left) and Florence Barylski volunteered.



Bifrost-Riverton Coun. Morley Nordal tried to steal the ponnukukur from the Icelandic booth.



Arlene Collins from Riverton entertained diners with classic songs from different cultures.



Interlake MLA Derek Johnson and wife Tara enjoyed the feast. Owen Eyolfson and Corrine Einarson (back).



Staff from the Riverton Friendship Centre.



Bulla Arts dancers and family members.



Learning how to jig from the Ivan Flett dancers.

Randy Helgason not running for reeve of West Interlake

By Jeff Ward

After 22 years of service to his community as a former councillor and current reeve, Randy Helgason is walking away from municipal politics to focus on family.

Helgason said that he's had enough of the political life, and although he doesn't regret his time on the council of the former RM of Siglunes and the current RM of West Interlake, he just knew it was time to move on.

The last four years for Helgason has been the most tumultuous of his career. In 2014, the RM of Eriksdale and Siglunes were officially slated for amalgamation following the election. The decision by the then NDP government did not sit well with many residents from both communities. To this day, Helgason still doesn't see why it was necessary.

His election win was by the slimmest margin possible with only one vote separating him from the other candidate from Eriksdale, Arne Lindell. Following the election was a slew of long meetings with council to re-

write bylaws and essentially build a new RM from scratch.

"The early days were very tough, no question about it," said Helgason.

"I don't blame anyone for their frustrations because I think we were all frustrated by the situation. But from Jan. 1, 2015, to where we are today, it's completely different and I think we weathered the storm."

"THE EARLY DAYS WERE VERY TOUGH, NO QUESTION ABOUT IT."

In the first year, council faced pressures from all over — most notably, the now-defunct West Interlake Citizens Group, which worked hard to try and dissolve the amalgamation and one point had the full support of

council, although it ultimately failed. Now, Helgason said it's business as usual in meetings, and while there are still some who are unhappy, it feels more like a functional RM than it did four years ago.

Helgason is walking away with a few things left unfinished that he wanted to see completed before he left. Chief among them is the DFA money for the boundary line drain project.

"We've been trying to appeal that for years and have heard nothing from the province on that. I wanted to see it done and not have to pass that off to the next council. It's \$800,000 that Ward 2 is responsible for," said Helgason.

The soon-to-be former reeve is walking away after a year of health issues and after over two decades of service to his community. He said he enjoyed his time and he loves the work, but at some point, he just felt it was time to move on. He plans to spend more time with family and his horses and do some commercial fishing.

He said that he hasn't thought about what it would be like to not be a part of the process after pulling the strings for so long.

"I think it will probably be a little weird. When the deadline passed, I thought I would be sorry that I didn't put papers in, but I don't regret it. It's the right choice for me."

Helgason said that if he has any advice for whoever the new council is, it is that they should come in with an open mind, a willingness to work together and to work for the community as a whole. The days of the RMs of Eriksdale and Siglunes are over and the work done by council needs to benefit



EXPRESS PHOTO BY JEFF WARD
Reeve Randy Helgason decided not to run in the upcoming election for the RM of West Interlake after a 22-year career on council.

all of West Interlake as a whole. "The best avenue is to listen and take in as much info as you can to make informed choices. This is our municipality and it's up to them to do what's right," said Helgason.

Province invests nearly \$10 million to upgrade health facilities

Much-needed investments will benefit patients across the province

Submitted

The Manitoba government will upgrade health-care facilities across the province by investing approximately \$9.7 million in 13 new projects, Health, Seniors and Active Living Minister Cameron Friesen announced earlier this week.

"Proper building maintenance and upgrades are needed to make sure the facilities remain in good repair, are safe for patients, staff and visitors, and continue to ensure the provision of quality care," said Friesen. "These much-needed investments will benefit patients across the province."

The minister noted several of the projects include work to improve fire safety and sprinkler systems in personal care homes and health-care facilities, as well as upgrades to emergency medical service (ambulance) facilities.

The projects include:

- the second phase of a sprinkler installation project at E.M. Crowe

Hospital and Personal Care Home in Eriksdale;

- a new fire alarm system for Rosewood Lodge in Stonewall;
- a new fire alarm system for Arborg and District Health Centre;
- a new, two-bay emergency medical services facility in Easterville;
- asbestos removal in the kitchen area at The Pas Health Complex, as well as upgrades to humidity control in the operating room;
- a hot water system replacement at Winnipegosis Health Centre;
- a fire stop and fire separation installation at Children's Hospital in Winnipeg;
- the second phase of a sprinkler installation project at Victoria General Hospital in Winnipeg;
- a new oper-

ating room air-handling unit and dehumidification control installation at Winnipeg's St. Boniface General Hospital;

- a new air conditioner at Action-marguerite St. Joseph in Winnipeg; and

- the upgrading of suicide prevention equipment at the PsychHealth Centre and Addictions Unit at Health Sciences Centre Winnipeg.

Each year, the regional health authorities, CancerCare Manitoba, Shared Health and the Addictions Foundation of Manitoba submit requests for safety and security projects at sites across the province. Timely equipment replacements, upgrades and repairs ensure services continue

to be available for patients.

Work will begin once the projects are publicly tendered and awarded, the minister noted.

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HOUSE WITH A CLOCK IN ITS WALLS Fri & Sat at 7:30 & 9:30 pm
Sun-Mon, Wed-Thurs at 7:30 pm

May Frighten Young Children; Violence **PG**

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WEEKLY NEWS



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Newspapers matter, now more than ever

Oct. 1 marks the start of National Newspaper Week and the launch of a new campaign to rally Canadians' support for newspaper journalism — and the in-depth, credible, independent reporting that newspapers provide. The campaign, dubbed #NowMoreThanEver, is inviting Canadians to show their support for the news media industry at the newly launched newspapersmatter.ca.

"Every day, newspapers work to bring Canadians from coast to coast to coast real, trusted, truthful news — which is as vital to democracy as clean air, safe streets, good schools and public health. The role of newspapers has never been so crucial," said Bob Cox, chair of the board of directors of News Media Canada, the national association that represents Canadian newspapers.

"Every day, newspapers work to bring Canadians from coast to coast to coast real, trusted, truthful news —

which is as vital to democracy as clean air, safe streets, good schools and public health."

Recent research conducted last year found that 63 per cent of Canadians were unable to distinguish between legitimate news websites and fake news stories, and 65 per cent of Canadians are worried that false information or fake news is being used as a weapon.

Access to truthful news is under threat. For years, the credible, independent news reporting that newspapers provide has been funded by local and national advertiser support. But as readership moved online, Canadian brands and companies moved their advertising dollars to global conglomerates: 70 per cent of Canada's online ad revenue goes to Facebook and Google — despite the fact that ads in either digital or print newspapers are the most trusted of all ad formats.

"Newspapers do not have a readership problem," explains Cox, who points to recent research that shows that eight in 10 Canadians — and 85 per cent of millennials — still read a newspaper every week.

This National Newspaper Week, Canadians are asked to simply sign a pledge of support at newspapersmatter.ca and send a message — to Canadian businesses, advertisers, to all levels of government, to newspaper journalists and all Canadians — that newspapers matter, now more than ever. The campaign includes print and digital ads running in newspapers across the country and is extending into social media, with a call-to-action that invites newspaper readers to share a photo of themselves with their favourite paper on their social channels — using #NewspapersMatter and #NowMoreThanEver.

National Newspaper Week in Canada runs from Oct. 1 to Oct. 7, 2018.

Manitoba cottage owners punished by double taxation

Submitted

Thousands of Manitoba cottage owners are being placed in financial jeopardy due to double taxation, says the Manitoba Association of Cottage Owners (MACO).

"Disturbingly, Manitoba is the only province or territory to still levy two education property taxes," says MACO president Dave Crabb. "All Canadian provinces, except Manitoba, have moved to a full provincial school funding model. Our members are telling us this double levy is causing great financial stress. Moving forward, many cottage owners will be forced to sell their property. Future generations

will find it very difficult to handle the mounting costs.

"It's well documented that Manitoba's cottage industry has a financial spinoff of millions of dollars yearly. As cottage owners are forced out, this will undoubtedly have a financial impact on neighbouring communities and their business community."

Disturbingly, Manitoba has the highest education property taxes of all Canadian provinces and territories. A recent Fraser Institute report tracked the Canadian Consumer Tax Index between last year (2017) and 1961. The report stated that the cost of all taxes had increased by 2,112 per cent over

that time frame.

Shockingly, the average Canadian family now spends 43.1 per cent of its income on taxes.

"Double taxation is a major concern for membership," said Crabb. "It's punitive by its very nature. Even more disturbing is that cottage owners are expected to pay their school tax in their respective municipality but are not allowed to send their children to schools in the area, or vote for school trustees. This is taxation without representation."

MACO represents more than 3,600

Continued on page 8

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getfishing

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Some guys have all the luck

Welcome, fellow fishers.

Some guys are pretty lucky. Not all of us have a job where you can move around southern Manitoba working as an electronics technician and if you're close to a fishing spot you just break out your gear and drop a line in while chomping on a noon-hour sandwich.

Nathan Morgan is kind of a lucky man. I met him mid-day on the Hnau-sa pier sitting in his van, his rod sticking out his driver's window as he was finishing eating. We began shouting at each other through open windows as he reeled in his line. He said it was time for him to get along but when he realized I wrote a fishing column he took a few minutes to share a picture of one of his catches here. He lives with his wife in Woodlands northwest of Stonewall and loves to fish. He asked me where the big pickerel were and I told him the commercial boys at Balsam Bay and Gimli that I talked to say they're coming down from the north a little sooner than usual because the water is so low it's cooling off faster. That brightened his day.

Down along the rocky shoreline on the downside of the Powerview Dam on the Winnipeg River last Saturday, a bunch of us watched shaking our heads in disbelief as two guys, one in a bathtub-sized dingy and the other in the turbulent water wearing hip waders were net fishing.

"Doesn't that guy know if he goes under by those whirlpools, the waders

will fill up and keep him down?" a guy behind me wondered out loud. Just as he said it, it happened. We all held our breath until we saw him pop up and hang onto the side of the dingy as the guy in the "tub" poled to shore. Wow.

I left the gang muttering amongst themselves and walking north along the shore saw a chap laying on a big flat rock his rod stuck in a crack beside him. I went up to him to strike up a conversation. He rolled his lanky body my way, revealing a prominent chin, nose and forehead framed by dark black, straight hair.

"How's the fishing?" I asked. He smiled, hesitating, and then in broken English said, "Good, maybe," as he pointed to two small pickerel on a string in the water.

One could see he wanted desperately to talk to me but trying to speak in nervous haste only served to make it harder for him.

I tried to put him at ease, asking, "Did you fish when you were a kid?"

He beamed, smiling, nodding his head up and down vigorously. "Yeah, in Latvia, we had nothing for fishing so we catch fish with hands."

He struggled, trying to express himself. He went on describing how when he was about 10, there was no money for fishing gear so he and his friends devised a way to catch fish in the local marshfields along the edge of a creek. They would tramp the marsh weeds down in a circle roughly the area of a car and then fan out from it still in a

circular formation. They would then turn toward the stomped circle and splash with their feet and hands disturbing the ankle-deep water, scaring the fish to the centre.

Reaching the flattened weeds, they would sit down in the water, spread their legs wide and, "walking on their butts," move to the centre catching the corralled fish by hand and throwing them up onto the creek bank. I asked him for his name but he frantically shook his hands in refusal so we'll just have to nickname him "Bert" as we have others in the past.

By Selkirk, on the Red River bank where the 509 and the 204 meet, I saw a fellow standing obviously waiting for someone last Thursday. I drove down the steep road and as I came up to him rolled down my window, asking, "Are you going fishing?"

"Yeah, I'm waiting for my buddy," responded a slim, brown-haired guy with a touch of grey in his day-old face stubble. I got out of the car and offered my card as our new friend said, "I'm Dean Senek from just across the river."

"You've fished this river all your life?" I asked.

"Yep," he said. We looked out across the river, the cold swirling wind scared up little wave patches. "I and my friends used to fish off the Red banks by Calder and Craig Road every afternoon till dark," he reflected.

"Many was the time our parents came looking for us and gave us 'what



EXPRESS PHOTO SUBMITTED

Nathan Morgan of Woodlands with one of his catch off the Hnau-sa pier.

for' as they chased us home. That was until we started catching fish. Then staying out till dark was OK, including Uncle Dave who loved to smoke the Goldeye we caught. Sometimes we would come in cold and tired with a few fish and he would say, 'Is that all? why didn't you stay out longer?'"

See you next week, friends. Bye now.

Province introduces Fish and Wildlife Enhancement Fund board

Submitted

Six new members and 11 returning members have been appointed to the Fish and Wildlife Enhancement Fund (FWEF) board of directors, Sustainable Development Minister Rochelle Squires announced this past Monday.

"The FWEF board offers critical advice and recommendations about which proposals should receive support from the Fish and Wildlife Enhancement Fund," said Squires.

"These are the people who provide critical insight that helps shape our enhancement initiatives, and I am pleased to note that four out of the six

new appointments are women."

New appointments are:

- Carly Deacon (Manitoba Wildlife Federation);
- Aaron Goethe (Ducks Unlimited);
- Erin McCance (environmental consultant, Wildlife Society of Manitoba);
- Linda McKerchar (Manitoba Lodges and Outfitters);
- Barry Sadlowski (Manitoba Big Game Trophy Association); and
- Shari Wright (Webber's Lodges and Churchill Wild).

Returning appointments are:

- chairperson, John Williams (Man-

itoba Wildlife Federation Habitat Foundation);

- David Carrick (Fish Futures);
- Jeff Connolly (Swan River Sport Fishing Enhancement Inc.);
- Craig Ferris (Walleye Anglers Association of Manitoba);
- Ray Frey (Fish and Lake Improvement, Parkland Region);
- Brian Gillespie (Argyle);
- Christopher Greaves (Manitoba Fly Fishing Association);
- Brent Kellett (Manitoba Wildlife Federation);
- Ron Spence (Manitoba Trappers Association);

- Don Stoketelny (Intermountain Sport Fishing Enhancement Inc.); and
- Tim Yaremchuk (Rossburn).

The minister thanked outgoing board members for their service.

The Fish and Wildlife Enhancement Fund (FWEF) was established in 2014. The fund supports fisheries and wildlife related enhancement projects through revenues generated from a portion of angling and hunting licence sales, as well as special fines and surcharges added to certain wildlife and fisheries offences.

Advance polling stations open this week

Staff

Residents who have their minds made up can soon cast their vote in just a few day's time at advanced polling stations all over the Interlake. Below is a list of locations, dates and times where you can vote early.

RM of Gimli

Saturday, Oct. 13 from 8 a.m. to 8 p.m. at the Waterfront Centre at 94 1st Ave., Gimli.

RM of Fisher

Saturday, Oct. 20 from 8 a.m. to 8 p.m. at the RM of Fisher office at 30

Tache St., Fisher Branch.

RM of Bifrost-Riverton

Saturday, Oct. 20 from 8 a.m. to 8 p.m. For those voting in Wards 1,2 and 6, you can vote early at the North Riverton Icelandic River Lodge at 6 Main St. North.

For those voting in Wards 3,4 and 5, you can vote early at the Sunrise Lodge at 287 Ingolf St., Arborg.

RM of Coldwell

Friday, Oct. 12 from 8 a.m. to 8 p.m. at the Lundar Community Hall.

RM of West Interlake

In Eriksdale from 10 a.m. to 6 p.m. at the Eriksdale Community Centre on Oct. 1.

In Ashern at the Ashern Legion on Friday, Oct. 5 from 10 a.m. to 6 p.m.

At the Narrows Sunset Lodge on Saturday, Oct. 6 from 10 a.m. to 4 p.m.

RM of Grahamdale

Saturday, Oct. 6 from 10 a.m. to 4 p.m. at Steeprock Hall.

Friday, Oct. 12 from 8 a.m. to 8 p.m. at the RM of Grahamdale office.

> COTTAGE, FROM PG. 6

cottagers, provincial park residents and other property owners. Currently, there are about 45 member associations. MACO's mission is to promote and advance the common interests of cottage owners in areas throughout the province of Manitoba.

Annual General Meeting

In efforts to preserve the cottage way of life, Crabb is encouraging interested individuals to attend MACO's annual general meeting scheduled for Tuesday, Oct. 16 (6:30 p.m.) at Canad Inn Garden City.

"Our goal is to grow membership and continue to lobby government to make changes for the benefit of Manitobans," said Crabb. "MACO's goal is to best serve our membership. We encourage people to attend and see what we are all about."

Evergreen School Division Candidates



Cheryl Zelenitsky

My name is Cheryl Zelenitsky and I have lived in the Town of Winnipeg Beach for the last 26 years. I also own and operate a business in Winnipeg Beach for the last 26 years. I am happily married to Myles Zelenitsky for 34 years and we have two adult children, Danica, 28, and Michael, 26. Both our children successfully received their public education in Evergreen School Division. Danica earned a degree in Nursing and works full time as an Emergency Nurse at HSC. Michael attended College and is now an NDT Technician in the oil industry.

I have been a trustee on the Evergreen School Division Board for the last 17 years and I am deeply committed to ensuring that all students in Evergreen School Division receive a quality education to be able to go on to become successful, contributing citizens in society.

I would like to continue in my role as a school trustee as now, more than ever, the local autonomy we have to meet the needs of children in our communities is at risk of being eroded with the strong possibility of forced amalgamations of School Divisions in Manitoba. With years of experience at the school board table, I have a deep knowledge of the needs of the various communities within our Division and I am more than willing to lobby our provincial government to ensure that this does not happen.

Living in a small community like Winnipeg Beach, you quickly learn what the needs are of the local schools for their students, but if amalgamation occurs, those needs will not be heard and acted on if local representation is stripped away by our government.

The children of our communities are our future and they deserve a quality public education. If I am successfully re-elected, I will continue to ensure that this happens.

Besides being a school trustee, I have served on the board for the Manitoba College of Pharmacists and Winnipeg Beach Tiny Tots. I have also volunteered with the Gimli & District Kiwanis group and the Walk for Breast Cancer. In my spare time I love to read, do crafts and I especially love spending time with my family and friends.



Gladys Kohler

1. & 2.

I have 22 years experience as a Trustee in Evergreen School Division. I am seeking re-election because I continue to have a vested interest in providing students with the best possible quality education.

I was raised and educated in the Interlake, and have resided in the Fraserwood area with my husband and family for the past 40 years. Having had three children graduate from the public school system, two grandchildren who are currently attending, and two more soon to be attending emphasizes my continued dedication and commitment to students and education. I continue to have a keen interest in the quality of our children's education, and to prepare them with the tools they will need to become "contributing citizens of a democratic society".

3. I feel some of the key issues facing many school divisions today are declining enrolments and funding. Over

the past 25 years, Enrolments in Evergreen School Division have been on a gradual decline. This could be attributed to couples having smaller families, the closure of a business or loss of a job where people may need to move elsewhere to find jobs, or more families choosing the independent school or home-school option.

According to the most recent enrolment report from the province, Evergreen is among 14 other school divisions who experienced a decline in student enrolments, with a 0.8% decrease in 2017 (12 students), 0.1% decrease in 2016 (2 students), 3.0% decrease in 2015 (45 students), and 3.0% decrease in 2014 (46 students). That equates to a loss of 105 students over the past 4 years, with an enrolment of 1443 students ending in 2017.

Lower enrolments also mean less funding, thus creating greater challenges in providing quality programs and services to students.

5. (refer to 1, 2 and 8)

6. I have been an active participant in the recent education plan that was unveiled to schools during spring 2018. I hope to continue to be a voice in advocating on behalf of students and to continue making even more improvements that contribute to student teaching and learning.

7. (refer to 1 & 2)

8. I believe in fairness, honesty, efficiency, and in being approachable.

I feel that I am an extremely dedicated trustee and have made a full and positive commitment to my role within the school community. I have demonstrated perfect attendance at meetings.

I do not believe in missing meetings, and have been actively involved in a variety of committees over my 22 years as a trustee which would include:

Present Chair of Finance,
Past Vice-chair of the Board,
Community Connections Chairperson,
Grounds Committee Chairperson,
Board Development Chairperson,
Transportation Chairperson,
Policy Review,
Parent Advisory Councils,
To name just a few.

9. I have volunteered my time as an EMO volunteer, local sports club and community centre, organized the Cookbook Project at SSES school in Gimli last year, and spearheaded a 4-year Centennial Heritage Project, including compiling pioneer family ancestry research, fundraising, and the installation of a new Centennial monument.

In my personal time I enjoy photo editing, ancestry research, attending community events, and spending as much quality time as possible with my 4 grandchildren.

10. ***I believe in fiscal responsibility, keeping the

Continued from page 8
public well informed, and an open line of communication within the community, schools, parents and students, and providing equal student opportunities. I also believe in devoted meeting attendances, responsible budgeting, and sensible spending and decision-making.



Robert Arnason

I am currently an Evergreen School Division trustee, representing Ward 2- Gimli/Fraserwood and I am running again in the upcoming election. I have been a trustee in Evergreen for the past 16 years and have been involved with the division for 57 years as a student, teacher, parent, administrator and school trustee.

I am a lifelong resident of Gimli and am married with two sons. I have a Masters in Education from the University of Manitoba. I have been an active community volunteer for the past 50 years. Highlights include being President of the Icelandic Festival of Manitoba, co-chair of the World Board Sailing Championship, chair of the sailing event for the Pan Am Games, and Manitoba Winter Games event co-ordinator. I am presently a volunteer for the Gimli Film Festival, chair of the Evergreen Foundation, committee member for the restoration of the GHS tennis courts and the board rep. on the GHS Parent Council.

I am proud of the work our present board has accomplished through our organized approach to planning and self-evaluation. These are necessary strategies for meeting the ongoing demands of society. Health and Education are critical areas for quality of life and well-being.

Some of the accomplishments that I am particularly proud of include the reorganization of maintenance and transportation, pending expansion of GHS band/music room, continued support for specialized programs such as: music, physical education, art, human ecology, and industrial arts; the aboriginal academic achievement program, school/community projects, and active parent councils.

I have concerns about provincial funding for education and the cost of keeping pace with a rapidly changing world and the costs of infrastructure and technology. In spite of ever increasing demands Evergreen School Division budgets have reflected the cost of living and have been fair to taxpayers.

My most important role as a trustee is the education of all students in the division. I will continue to work hard to insure that all students are receiving the best education possible.

In order to meet these demands the current board has developed a 2016-2021 education plan. Evergreen School Division's Education Plan provides a framework to ensure students have the literacy and numeracy skills to become contributing citizens. Students need to experience a rich variety of relevant learning experiences in a safe, respectful and caring environment. The education plan was developed in consultation with the community, staff and students.

With your support, I would like to continue to work on these initiatives and funding challenges over the next four years.

**Council Candidate
RM of Gimli**

Catherine Strong

1) I was born and raised in the English Midlands, moved to Canada in 1978. I've been a citizen since 1996. I lived in Winnipeg until 1990 when I moved to Gimli with my husband.



Catherine Strong

I have two sons, aged 24 and 26, who live with me. I've served on several voluntary organizations in the community and elsewhere, including the Gimli Humane Society, Evergreen Basic Needs, and the Manitoba Foster Families Association.

2) I've lived in Arnes for the last eleven years. Before that I resided in the Dnister area from 1997 to 2007.

3) The issues now are the same as they have always been, exacerbated by neglect. Gimli is at a crossroads and we have to move ahead thinking and acting proactively, not reactively. Debt is clearly an issue, and though the financial position is not quite as dire as some believe, it isn't good, either. I'm not going to criticize what's been done in the past; it's seldom helpful. We need to consider the future. Our focus must be on growth and economic development. Tourism is a great start and we do it very well; but, going forward, it is not enough. We need to encourage new businesses to locate here, provide new opportunities for our young people to encourage them to stay, provide reasons for young families to move here, build homes for them to live in, and fill up our schools with their children. We need to attract businesses that will create long-term well-paying jobs and we need to provide incentives to get them to locate here. We simply can't wait for them to come to us, we have to get out there and work on bringing them here. Affordable housing for Seniors, who comprise the majority of our residents, is also crucial.

4) Gimli is beautiful, accessible, currently still affordable, and the people are friendly.

By and large, it's a clean and well-cared-for place. It has a vibrant arts and entertainment community. Something interesting is always happening and there are always events and performances to attend.

5) I decided to run after thinking long and hard on the pros and cons. Eventually, my dissatisfaction with the way things are being done now won out. What gave me the final push was the feeling that change is in the air, and that I can serve my community by being part of that.

6) What I hope to achieve is to represent the people of Gimli in such a way that I gain their trust and respect; that they feel free to approach me with any issues and concerns, and that I am always seen to be acting in their best interest. If I am elected, I would like to be a member of a Council that attracts new business to the community, initiates a housing project for Seniors, and expands on our existing strengths of Tourism, Culture and the Arts. No one does any of these things alone, but I hope to make a significant contribution to make these goals a reality.

7) I actually did run for Council once before, in the 2010 Municipal Elections. However, around the same time, my husband was diagnosed with cancer. I was unable to mount any kind of campaign or participate in any way, so, sadly, I fell by the wayside. However, quite a few people still voted for me, so I was encouraged to try again now, at a time when I can do more!

8) I'm familiar with municipal politics and administration, having worked for 7 years for the RM of Gimli as Municipal Services Clerk, and also in a term position with the Town of Winnipeg Beach. Later I was a journalist with, at different times, two local newspapers and covered council meetings all over the region, as well as other political topics. I care about people, I love talking to people; I listen. I will be available and interested in hearing about your concerns. I will be a voice for common sense and moderation where called for, and for the bold leap of faith when that is what is required.

9) In my spare time, I read, paint (acrylics and watercolours), cook, spin yarn, knit, weave, sew and garden.

10) I am an ideas person. I always bring creativity to an issue and I'm disinclined to accept "no" as a first answer, even if I eventually have to accept it as the last. I believe in exploring all the options, and thinking all the way around a problem.

**Town of Arborg
Mayor Candidates**



Peter Dueck

Peter Dueck grew up on a farm in the Fisher Branch area. His first job was in residential construction and he went on to become the construction manager for Vidir Lumber, supervising the construction of many homes in the area. From his job in construction management, Dueck moved on to pastor churches in northern Alberta. While there he volunteered as an ambulance driver and served on the Board of Directors of a drug and alcohol recovery center. He and his family have lived in Arborg for 23 years now and Dueck is the co-president and co-owner of Vidir Solutions Inc. Vidir Solutions is a local company that specializes in storage and handling solutions for commercial and industrial products and ships their product around the world. The business was founded by his in-laws, Willie & Elizabeth Dueck right in the community and has grown to employ approximately 140 people. Dueck was a founding partner in Arborg Home Hardware Building Centre as well as the Ready-to-Move Homes division. This provides numerous retail and construction jobs in the community.

**Please Vote
October 24**

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Philanthropy, service and volunteerism are values which are deeply entrenched in the family. Dueck participated in a fund-raising climb of Mt. Kilimanjaro in Tanzania, and last year he and wife, Trudy, participated in a cycling fund-raiser in Myanmar to help women entrepreneurs become established in small and medium-sized businesses of their own. These fundraisers helped raise more than half a million dollars for MEDA where Dueck serves on the Board of Directors, and is current chair of MEDA Canada. Dueck serves on the Board of Arborg Senior Housing Corporation which manages the Assisted Living, House of Hope and Legion Villa.

"Arborg is a highly desirable community to live and raise a family in," says Dueck. An amazing distinction of Arborg is that it remains a "community." People live, work, play, and worship with their friends and neighbors. The community has managed to become culturally diverse but remains a close-knit community. "When our friends from out of province come visit us, they always comment that people here greet each other on the walking paths," smiles Dueck. He believes diversity and immigration are essential to Canada and our community. His company was very involved in the provincial nominee program in the early 2000s when numerous German families chose the Arborg area to settle in. Today Dueck is actively involved in the Interlake Refugee Support Network and has close friends among the recent immigrants.

Dueck's mayoral platform has 4 main planks.

1. Housing – residential development, for multiple and single-family units.

2. Jobs – Arborg can attract significantly more industry and expand its tax base.

3. Health Care & social services – we will continue to lobby for the PCH and for conditions which inspire our medical professionals to choose Arborg long term.

4. Community spaces and active lifestyle – Arborg can support a fitness gym, more walking & cycling paths and

parks.

As a proven business leader, Dueck understands managing budgets, as well as maximizing opportunities. As an experienced business owner, his style is more entrepreneurial rather than bureaucratic. "I love to see action and movement toward a desired goal. My father-in-law, mentor and friend, taught me to make a decision and run with it. Dueck is committed to building consensus and creating momentum for a bright future.

I would be honored to apply my business experience and governance experience to give back to the community by serving Arborg as the next mayor.



Susan Bauernhuber

Incumbent councillor Susan Bauernhuber

1. My name is Susan Bauernhuber, I moved to Riverton in 1977, raising and schooling my two children between Riverton and Arborg. I have a strong background in the health services industry, previously managing the Riverton Ambulance Service and nursing at the Arborg & District Hospital. I currently instruct Red Cross First Aid. Volunteering and fundraising for worthwhile causes are passions of mine. For example, I was a volunteer firefighter with the local service for 10 years. I helped on the Arborg Chilifest committee almost since inception, raising over \$70,000 for local initiatives. I organized a Bovine Spongiform Encephalopathy (B.S.E.) fundraiser in 2003, raising \$5500 for local cattle farmers. Along with other community minded individuals, I spearheaded our current summer event, The Arborg Street Festival.

2. In 2010 I was acclaimed as

town councillor and again in 2014.

3. I started nursing at the Arborg and District Hospital in 1986 and moved to Arborg in 1990.

4. Some of the major issues facing the community are housing and health care for our constituents.

5. Arborg is a very diverse community, serving as an agricultural and retail service centre. Arborg is a caring community and comes together in times of need.

6. Having served the town for two terms as a councillor, I have learned a lot in regards to local municipal politics and the workings of our area. I want to utilize these skills and experiences to help our community's advancement.

7. Arborg's central location makes it a logical service centre for the Interlake, and we need to promote this advantage to foster future growth. Small business is what enables rural communities to grow. I support and encourage local businesses, being a business owner myself. A domino effect can be achieved with each new business attracting customers to town and existing businesses also benefiting from the increased traffic.

8. I care about our community, its citizens and businesses, its services and wish to see continued growth, seizing opportunities as they come forth.

9. I like to spend time with my family, camping and volunteering for worthwhile causes.

10. It is important to have a strong working relationship with our neighbouring municipalities. Therefore hoping we can all work together to make our area a thriving community.

Town of Arborg Councillor Candidates

Incumbent councillor Vivian Leduchowski

I have been a resident of the Town of Arborg for many years. I am married to Jim, have three adult children and four grandchildren.

I ran my own business, the Sears Catalogue Outlet for about 10 years and am now retired.



Vivian Leduchowski

I was a school trustee for Evergreen School Division for 19 years and served on all committees including Vice Chair and Board Chair.

I have been active on many committees in the Town of Arborg including Arborg Skating Rink, Arborg Figuring Skating Club, Arborg Curling Club and the Arborg Rec. Centre.

I am a member of the Ardal-Geysir Lutheran Church and have served on its board and committees for many years and continue to do so.

I have been a councillor for the Town of Arborg for the last eight years, serving on many committees such as Finance, Vice-Chair of Arborg-Bifrost Joint Committee Fire Department, Arborg & District Senior Resource Council and Handivan, etc.

Once of the major issues facing the community is to get the go-ahead from the government for a new 80-bed Personal Care Home. From that flows increased housing, single family, and multiple housing.

Also, we need to keep lobbying the IERHA and government for more doctors and keeping our emergency room open.

We need initiatives for economic development that are revenue producing. There is not enough industry or business to take the pressure off taxpayers. We need to hire an Economic Development Officer to lead the community's economic development strategy and operations. We also need to focus on strategies to help existing businesses grow and thrive.

Some of the best aspects of the Town of Arborg is the Noventis Aquatic Center and the two pedestrian bridges over the Icelandic River.

With the assistance of fund-

ing from both levels of government, we are continuing work on upgrading the Water Treatment Plant.

The new sidewalks we have put in our community keep our residents and children safe while walking.

Funding was also secured towards the purchase of a new Handivan, which provides transportation to our residents.

Our community has the best Public Works Staff in the Interlake. In the winter our sidewalks and roads are cleared immediately following a snowfall and in the summer our grass is cut along with other projects that make our town look great and beautiful.

I feel my input on council is important to continue to make the town a great place to live and work for all of us.

I would continue to be an asset to council because of my experience, knowledge, energy, and vision. I am looking forward to the Town of Arborg continuing its path towards economic prosperity and renewal.



Larry Speiss

Larry Speiss, incumbent Town of Arborg councillor

I was born in Neepawa but came to town in 1995 as post-master until I retired eighteen years later in 2013. I spent 32 years at Canada Post. After retiring I decided to stay in town as I had made many friends and relationships and Arborg is a good place to settle down in. I ran for town council and was elected in a by-election in 2015. I felt then that I had benefitted from having been a resident of the town for 18 years and it was time to give back to the community and I still feel that way. Arborg is a great town and the public works and the

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administration are second to none.

We still have ongoing issues with housing for seniors, especially a care home. Affordable housing for new and young families is also a concern but it's good to see that the town has entrepreneurs who are willing to take the risk and fill that need. Healthcare seems to be an ongoing issue and it has been frustrating at how little influence we have with the IERHA. We also have to encourage businesses and work with business owners to fill the needs of Arborg. Working with the other councillors, I hope to see continued growth in the town and more cooperation with the RM.

As councillor I have represented the town on several committees but the one I most wanted was the Evergreen Regional Library Board. Thanks to other new members on the Board, the regional system is working once again in the black and we have been able to try some new initiatives to attract users. Parks and Recreation has been especially interesting because I had no idea what programs were in place and how the rink, arena, pool and hall were being used.

It seems like I am always attending meetings but if I have free time I like to sit outside Ria Foods with a coffee and read. I am on the Board of the Riverdale Place Workshop and because I have friends living in the residences of Riverdale Place Homes, I often go on outings or do different activities with them. The highlight of my week is calling Bingo at the Assisted Living on Monday afternoons. I also volunteer delivering meals to the Lodge. I enjoy music and sing bass with the Westshore Singers

I have decided to make no promises for what I will do or not do. I see my strength in being willing to learn and to work with whatever or who-

ever, and I consider myself very open to hearing concerns and issues from the residents of Arborg. I believe I have been a good listener and I hope to be able to continue. I think it's great that we have so many good candidates running for council as it shows people do care about this community and the democratic process.



Rob Thorsteinson

1. Hello my name is Rob Thorsteinson, Born and raised in Arborg. My wife Debbie and I have two daughters and four grandkids that we love spending time with. I am now retired after a 38 year career in transportation and infrastructure. I have always been active in the community volunteering, fundraising, participating and supporting local service groups, coaching and playing various sports such as hockey, slow pitch, curling and golf. I grew up working in the family grocery store which made me aware of challenges facing small business. My wife and I are avid walkers and enjoy meeting and greeting community members.

2 I have been in several elections for councillor dating back to 1995.

3. I live in the Town of Arborg and I have lived here all my life.

4. Health Care, Infrastructure (water & sewer, streets, sidewalks), Affordable Housing, Personal Care Home

5. Up to date infrastructure, good clean water, good busi-

ness climate, recreational facilities with programs for all ages, senior housing and a safe and friendly community.

Another valuable aspect of Arborg is the great volunteer base we have.

6. I believe in my community and I would like to continue to be part of growing Arborg strong. I am retired and I have the time and energy to dedicate to council.

7. I hope to have improved health care and get started on our personal care home, encourage new and existing business growth and get more affordable housing. I will continue to support improvements to existing infrastructure and encourage new projects to keep Arborg moving forward.

8. I am a strong voice on council and work well with others. I have experience in all of the Town's business. I am accessible, available and open to new ideas. I have excellent knowledge of Contracts and Engineering which is an asset when it comes to dealing with Consultants and Engineers on Town Projects.

9. I like to spend time with my grand kids, golf, travel and enjoy the outdoors.

10. I feel that I have the experience and knowledge to keep Arborg Growing and I ask the voters of Arborg for their support to continue on Council. There is still much to do.



Terrell Kerbrat

1. My name is Terrell Kerbrat. I am originally from the

small-town of Ashern. In 2011 I graduated from the Primary Care Paramedic program at Red River College, and began working as a Paramedic in January 2012 for the Interlake Regional Health Authority. In the summer of 2013 I moved to Arborg, and have been a full time Paramedic in Arborg since September of 2017.

2. No, I have never ran for political office before.

3. I live in Arborg, and have lived here since the summer of 2013.

4. I believe that Arborg faces many of the same issues that most small communities in Manitoba are currently facing and that is that there is limited opportunity for young people once graduated from High School. While Arborg does have more opportunities then most communities in the Interlake, the current industrial development isn't happening at its full potential in Arborg and I'd like to change that.

The future of health care in Arborg is also quite alarming and is my greatest concern. There is numerous ER closures combined with the high level of patients admitted to the Arborg hospital who are awaiting placement to a PCH.

5. I think the best aspect of Arborg is the endless potential that it has for the future. With a little hard work there is no telling how far our community could go. The future of Arborg is only limited by how far we are all willing to take it.

6. I think what made me most want to run for councillor is a deep sense of urgency to not see Arborg begin to deteriorate. 10 years ago the people in my home town of Ashern had many of the same worries that people in Arborg are having now with respect to the respective communities needing development to promote growth. Unfortunately not much has happened in Ashern and a quick drive down its main street shows signs of a community that is

struggling. I feel that Arborg needs a council that will fight to ensure that the development needed to ensure our future growth happens.

7. If elected, during the upcoming term I plan to work with the Interlake-Eastern RHA, physicians of the Arborg Hospital, and the community to ensure the the Arborg Hospital remains open, and reduce the number of ER closures.

Also, I will actively work towards building infrastructure within the town to allow for further Industrial and Residential development.

Finally, I will work with the Province and private investors towards the building of the proposed 80 bed PCH in Arborg.

8. My vision for Arborg is one of growth, opportunity, and prosperity. It is my dream that in the very near future Arborg will be seen as a place of opportunity that people can stay in or move to and find happiness and prosperity not only for themselves but also for their families. I would ask anyone who shares this dream for Arborg to vote for me.

9. When not at work on the Ambulance I like to stay busy. Ive been a volunteer Firefighter for almost 5 years here in Arborg. I like spending time in the outdoors, whether it be on an ATV ride, hunting, fishing, or camping and I try to travel a couple of times a year to see new places.

10. I would like to wish all of the fellow candidates the best of luck on October 24th. Also, I would like to thank everyone in advance who casts their ballots this fall whether you vote for me or not. If you want to see a council that shares your vision for Arborg, you need to come out an vote.

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**Please Vote
October 24**

Gimli's Nuit Blanche celebration draws art crowd



Kristine Dubois, Lynn Greenberg and Cheryl Buhler chaired a debate at Robins restaurant about the merits of books versus movies.



EXPRESS PHOTOS BY ROGER NEWMAN

Ashley Tupper, centre, turned to the show business tradition of saying "break a leg" to Tina Leath before the A-Spire Players performed an excerpt from their upcoming play *Halfway There* by Norm Foster. Actor Stewart Campbell expressed concern that Ashley might be taking the saying too literally.

Lundar RCMP stop speeder and seize cash and drugs

Submitted

On September 20, 2018, Lundar RCMP were conducting speed enforcement on Highway 6 near Deer Horn Line when they stopped a northbound vehicle going 132 km/h in a 100 km/h zone.

The RCMP officer could smell marijuana from inside the vehicle and when asked about it, the driver produced a burnt marijuana joint. The male was arrested for possession of a controlled substance under the Controlled Drugs and Substances Act. A subsequent search of the driver and the vehicle turned up a large amount of Canadian currency sealed in a plastic bag and just over 2000 grams of vacuumed sealed marijuana.

54-year-old Anthony Ross of The Pas was charged with possession for the purpose of trafficking under the Controlled Drugs and Substances Act as well as for speeding and driving while disqualified under the Highway Traffic Act.

Anthony Ross is to appear in court on November 15, 2018 in Lundar Manitoba. Investigation is ongoing.

By Roger Newman

Patrons of the arts were everywhere in downtown Gimli Saturday night.

They turned out from Gimli and nearby communities to visit the venues of Nuit Blanche, a world-wide celebration of the arts that is also part of Manitoba's annual cultural days. This was Gimli's fifth annual Nuit Blanche night, which originated in Nantes,

France in 1984. Nuit Blanche literally means white night but translates in French slang as "an all-nighter."

An artistic weekend was completed with a Saturday book launch by Icelandic crime writer Ragnar Jonasson at Tergesens, which is also stocking the new thriller *In Valhalla's Shadows* by author W. D. Valgardson of Gimli and Victoria.



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RM OF ARMSTRONG

Paul Humeny

For Councillor Ward 2

X Humeny, Paul
Councillor in Ward 2

Winnipeg Beach student remembered at Terry Fox Run

By Patricia Barrett

Winnipeg Beach School raised \$1,100 last Friday during its annual Terry Fox Run, which was dedicated to a six-year-old student who died of cancer this summer.

Nicolina Ammazini got cancer when she was two years old and continued to battle the disease while attending junior kindergarten, kindergarten and Grade 1 at the school.

Before heading downtown for the run, students took part in an assembly at which Nicolina was fondly remembered.

"Like Terry, she fought long and hard to fight the disease," said gym teacher and counsellor Posie McDevitt, who broke down in tears as she spoke about Nicolina's favourite pastimes and cheeky grin. "She had so many friends at our school and she was loved by everyone. Everyone has beautiful memories of Nicolina."

Students helped McDevitt create a "wall of love" to cherish the moments they spent with Nicolina. It contains heartfelt messages and photos of the youngster with her friends and teachers. One student wrote, "I miss you, Nicky. I wish you didn't have to go." The school also had a plaque made in her honour. And Nicolina's classmates carried banners with her photos and name as they walked along the beachside boardwalk.

"She will always be a part of our Winnipeg Beach family," said McDevitt.

Students also raised funds for cancer research through a frosty outdoor Dunk the Teacher event that was organized by teacher Carolyn Antonio. The Knight of Columbus' and Greg Groot donated and delivered the dunk tank and local firefighters swung by to fill it.

McDevitt, principal Jamie Gilbert, teachers Jason Gibson and Erin Brunen, and educational assistants Colleen Dola and Dayna Laroque volunteered for an icy plunge.

In addition to helping raise funds for the Terry Fox Foundation, teachers and staff took part in Orange Shirt Day, which marks the day six-year-old



Nicolina is remembered through a wall of love.

Phyllis Webstad had her new orange shirt stripped from her at a British Columbia residential school in 1973.

Its theme, Every Child Matter, is something Winnipeg Beach School takes to heart, said Gilbert.

"It's meant to continue the communication about residential schools and bring about reconciliation among everyone," he said. "This date was chosen because it's the time of year when children were taken from their homes to residential school."



Four students in Ms. Antonio's class researched Terry Fox and told the school about his battle with cancer.



EXPRESS PHOTO BY PATRICIA BARRETT

Nicolina's classmates carried a Running for Nicolina banner during the Terry Fox Run.



Posie McDevitt (left), with Alison Lubinski, paid tribute to Nicolina, saying she was loved by all at the school.



Students ran along the boardwalk.



Nicolina's classmates carried a Running for Nicolina banner during the Terry Fox Run.

Algae and sewage inundate Grindstone on Lake Winnipeg

By Patricia Barrett

Lake Winnipeg commercial fishers say they're being inundated with algae and sewage near Grindstone, between the lake's north and south basins, and it's like nothing they've ever seen before.

They're pointing the finger at the City of Winnipeg for its dozens of annual raw sewage dumps into the Red River, which flows north into the lake, bringing with it millions of litres of human excrement, commercial and industrial waste, pharmaceuticals, debris such as tampons and sanitary napkins and whatever else people flush down their toilets.

The city's 79 antiquated combined sewers, which collect both rain and snow runoff and sewage, overflow either during power failures or rainfall events. It occurs about 22 times a year on average.

Robert T. Kristjanson, 84, who fishes close to shore near Grindstone says he's been sidelined a number of times this month by algae and other material that comes and goes depending on wave action and currents.

"I went to lift my nets and I couldn't even get them up there was so much algae in them," he said mid-September, a few weeks after the fall commercial fishing season opened on Lake Winnipeg. "And yesterday I had to pull 'er up. I was so fit be tied, I didn't know what to do with myself."

A week later, Kristjanson said he went out very early in the morning to try to set his nets but had to turn back to shore because the algae and whatever else was in the water was "as thick as soup." His grandson, who also fishes in the area, couldn't get his nets in the water either.

Kristjanson, who's been fishing since he was eight and earned the Order of Manitoba this July for raising awareness about algae on Lake Winnipeg, said fishers are living in a sewer with "no right to say anything."

Phosphorus in wastewater contributes to the growth of algae. The adage "the solution to pollution is dilution" has failed as far as Lake Winnipeg is concerned. It has experienced toxic algal blooms that can kill fish and poison humans and animals.

In 2017, the provincial department of Sustainable Development made matters worse for the lake by giving the city 27 years to fix its combined sewers, and it also extended the city's 2014 phosphorus-reduction deadline (which it didn't meet) to 2019. The city's North End wastewater treatment plant is the fourth largest phosphorus polluter of all treatment plants

in Canada.

"I don't care if it's expensive to fix it," said Kristjanson, referring to the city's oft-repeated claims. "Let's take a load of this stuff and dump it on Winnipeg, down Main Street, and see how they like it because that's exactly what they're doing to us."

"The water from Winnipeg runs thousands of miles right up to the ocean, and there are people all along the line using the lake. What are we going to do, walk around with masks over our faces? Is that the next thing we'll have to do?"

A lack of rain this summer and extraordinary low lake levels have compounded the pollution, according to Bill Buckels, who fishes in the middle of the lake near Grindstone. In addition to algae, he said he's pulled up moss and what looks like fecal matter in his nets.

"It's like a frigging sewage lagoon out here," he said. "All summer long sewage has been flowing into Lake Winnipeg from the city and other points. There hasn't been much rain this summer so all that flowed was sewage. And we ended up with concentrated sewage — human shit."

Rural areas, he said, also contribute to pollutants flowing into the lake. Drainage ditches in some municipalities have no wetlands — which act as a buffer for nutrients — where they empty into the lake. That's like a "sewer pipe" straight to the lake. The RM of Gimli sent raw sewage into the lake this summer when a utility company punctured a line in town.

Comparing it to one of those massive piles of garbage in the ocean, Buckels said the algae and the "crap" just swirls around, disappearing for a while then coming back.

"When the wind is blowing hard, the nets will clear and we'll get a little bit of fish," he said. "Then they'll fill up with algae again and we won't get any fish."

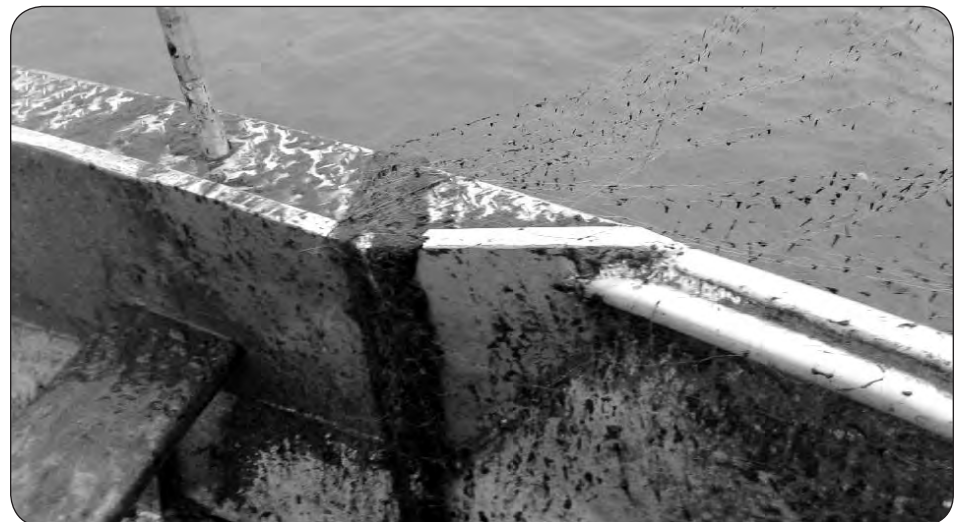
Keeping his gloves and equipment clean is impossible and his sinuses have been affected by the potentially hazardous matter, he said. Besides ongoing damage to the environment, he's concerned about the impact on his finances.

"I dropped from 30 boxes of fish to two boxes as a result of being hit on that one day. Who's going to pay for my loss? That's a \$3,000 loss for one day. I still have [helpers'] wages to pay and everything else," said Buckels. "This is phenomenal. Somebody needs to pay for this."

He said he alerted a fisheries biologist at Sustainable Development



Kristjanson shot this photo of green water early in the morning. It was thick as soup.



EXPRESS PHOTOS BY ROBERT T. KRISTJANSON AND BILL BUCKELS
Bill Buckels pulled up nets coated with algae and what looked like human waste.

about the inundation but hasn't yet received a response from the department. Lake Winnipeg Research Consortium scientists have gone out on the Namao to take samples in the area. The *Express* contacted the LWRC but did not hear back by press time.

Buckels said he's considering filing a claim against the city, province and federal government for failing to adhere to water management standards.

The city has to stop turning a blind eye to what it's doing to the commercial fishing industry, thousands of seasonal residents (many of whom live in Winnipeg) and tourists who want to enjoy Lake Winnipeg, said Kristjanson.

"These people [the city] have to be accountable for what they're dumping in the sewer and the water," he said. "We're not dealing here, on Lake Winnipeg, with a Third World coun-

try."

Winnipeg mayoral candidate Jenny Motkaluk said she has combined sewers on her radar and vows to reduce sewage dumps that result from power outages.

"I believe that we need to stop putting raw sewage in our rivers so we can stop polluting our great lakes," said Motkaluk last weekend. "That's why I committed to putting back-up generators at our sewage outlets to stop the ridiculous practice of letting raw sewage flow when we have power outages. Once elected I will consult with our senior partners to see how quickly we can get this vital project done."

Winnipeg Mayor Brian Bowman did not respond to the *Express*' request for comment on the issue.

Student's cancer recovery celebrated at Terry Fox event

By Roger Newman

This year's Terry Fox Run event had special meaning for the students at Gimli's George Johnson Middle School (GJMS).

The students gathered in the school gym Thursday morning to celebrate the recovery of one of their own who is cancer-free after a two-and-a-half year battle with a virulent form of the disease called Non Hodgkin's Lymphoma.

Grade 6 student Bryce Helstrom and his mother Heidi Helstrom were front and centre at a ceremony where Bryce was honoured for overcoming Non Hodgkin's Lymphoma, a cancer that starts in the blood cells, enters the lymph nodes and attacks the immune system. They brought the inspiring message that recovery from a dreaded disease is possible.

"The problem started in February 2016 when Bryce was nine and initially treated for a cold and fever at Gimli hospital," Heidi Helstrom said in an interview prior to the student assembly.

"When that didn't clear up, he was taken to Winnipeg Children's Hospital and diagnosed with this aggressive form of lymphoma. The first nine months were the worst as Bryce had to cope with surgeries, chemotherapy and treatments for numerous infections."

Their son's illness took a toll on the Helstrom family which consists of mom Heidi, dad Garth and their other children Cade and Vilena. They live on a horse farm on PR 229 west of Win-



Heidi Helstrom and Grade 6 student Bryce Helstrom's recovery from cancer was celebrated with George Johnson Middle School students at the school's Terry Fox event.

nipeg Beach while Garth travels every day to his job at Gimli's Diageo distillery.

"There was no reason why Bryce got this form cancer at such a young age — it was just bad luck," said Heidi Holstrom philosophically.

Mother and son showed a film about Terry Fox's struggles during his run at an assembly organized by physical education teacher Justin Charrier. Also taking part were Bryce's classroom teacher Pam Einarson and GJMS principal Jim Gibbs.

"My class felt proud and respect for Bryce today," said Einarson after the ceremony. "They learned that cancer can be beaten if you are strong and have a positive attitude when things are down. That needs to be your focus and it's our class motto this year."

Jim Gibbs echoed his teacher's sentiments. "Bryce is a living example of



EXPRESS PHOTOS SUBMITTED

The Helstrom family enjoy life on a horse farm west of Winnipeg Beach.

what can be done when facing adversity," the principal said. "His story is inspirational and very personal to our students."

At press time, GJMS staff was still tallying donations from this year's Terry Fox event.

Gypsumville RCMP investigate pedestrian hit and run

Submitted

On Aug. 30 at 1:20 p.m., Gypsumville RCMP responded to a report of a hit and run on Provincial Road 513 west of Gypsumville.

At approximately 1 p.m., the victim was walking on the westbound shoulder of Provincial Road 513 when a black truck travelling in the same direction, struck the victim. The black truck did not stop. The victim was lying on the side of the road with serious injuries for approximately 10 minutes before a passerby stopped to

assist.

The passerby drove the victim to a nearby residence and police were called. The victim was then transported to hospital.

Anyone with information is asked to contact Gypsumville RCMP at 204-659-5224 or call Manitoba Crime Stoppers anonymously at 1-800-222-8477, submit a secure tip online at www.manitobacrimestoppers.com or text "TIPMAN" plus your message to CRIMES (274637).

Help plan the next provincial budget.

Manitobans Making Choices

Manitoba's Finance Minister, the Honourable Scott Fielding wants to know what you have to say about the challenges and opportunities facing Manitoba's economy.

That is why he is hosting a series of meetings across the province to hear what Manitobans have to say about the next provincial budget.

You are invited

A meeting is being held in **Selkirk** on **Monday, October 15** and you are invited to attend. Please take this opportunity to share your views with Minister Fielding.

**Location: Selkirk Inn and Conference Centre
Salon A, 162 Main Street, Selkirk, MB**

Time: 7 to 9 p.m.

Other options

If you are unable to attend this meeting, there are other options you can access to help plan Budget 2019. Create your own provincial budget with the online budget planning exercise or complete the government's online survey. Learn more about these options at manitoba.ca/makingchoices.

If you wish, you may also write to Minister Fielding, c/o Budget Consultations at the following address:

Room 103, Manitoba Legislative Building, 450 Broadway, Winnipeg, Manitoba R3C 0V8

Accommodations are available upon request.

Please email budget2019@gov.mb.ca



Gimli's Sigurbjorg Stefansson Early School launches natural playground

By Patricia Barrett

Sigurbjorg Stefansson Early School unveiled its long-awaited natural playground Sept. 26. The playground features wide-open green space, trees, gardens, a bridge and a tree-house built from logs to give it a park-like feel.



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SSES' treehouse. Gimli's Fin-Cab Builders constructed the playground's structures.

Principal Rosanna Cuthbert has been working on the project since at least 2015, believing a natural play space can enhance students' health and well-being. She cut the ribbon and thanked the contractors and sponsors for making the playground possible.



Principal Rosanna Cuthbert cuts the ribbon. EXPRESS PHOTOS COURTESY OF SSES



SSES playground.



Contractors and sponsors checked out the tree house.

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The playground's main contractor was Minerva Tree Farms. Gimli's Fin-Cab Builders built all the wooden structures, and Dennis Bobrovich and the Arnes Market Gardens provided the logs.

Gold Leaf Sponsors: Kiwanis Club of Gimli and Community Places.
Silver Leaf Sponsors: Westshore

Community Foundation, Noventis Credit Union, Faroex, SSSAC, SSES students and families.

Copper Leaf Sponsors: Gimli Super A, Van Johnson Memorial and Lakeview Dental.

The playground is available for use by the entire community, not only SSES students.

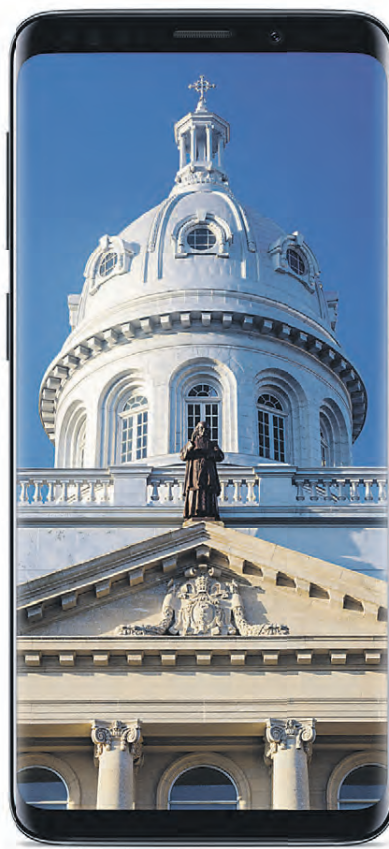
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Fire Prevention Week

October 7-13, 2018

A Salute to Our Local Volunteer Fire Departments

Riverton



Stand Brandt, Mitch Johnson, Fire Chief - Jason Comeau, Justin Helgason, Bruce Barkman, Deputy Fire Chief - Troy D'Hont, Steve Enns, Colin Cormack, Terence Zagozewski, Jasmine Johnson, Walyon Johannson. Missing: Gerret Johnson

Test smoke alarms once a month, if they're not working, change the batteries.

Ashern



Pictured left to right: Andrew McPherson, Aaron Altman, Scott Cameron, Mike Kufus, Desmond DeFoort, John Bezemer, Jay Ruchotzke, Scott Price, Gerald Falk, Brent Johannesen, Delwin Kernested, Matt Carmichael, Cory Johnson, Ken Falk.

Stay alert: fire safety is in your hands

For this year's Fire Prevention Week, October 7 to 13, 2018, Fire Prevention Canada is endorsing the National Fire Prevention Association's (NFPA) new theme: *Look. Listen. Learn. Be aware — fire can happen anywhere.* The slogan identifies three crucial aspects of fire safety and reminds us that fires can occur when and where we least expect them. In recognition of Fire Prevention Week 2018, check out these three key tips from the NFPA for staying safe in the event of a fire.

have a few minutes to escape the building safely and get to your household's designated meeting spot. Check your smoke alarms every two months to ensure that they're working correctly.

1. LOOK. Inspect your home for potential fire hazards — such as loose outlets, faulty wiring, frayed electrical cords and unattended candles — and eliminate them wherever possible.

3. LEARN. Make sure to learn two ways to exit every room of your house, through either a door or a window. Keep these exits easy to open and clear of clutter. Your household should have a fire escape plan in place and rehearse it at least twice a year.

2. LISTEN. Keep an ear out for the sound of smoke alarms. If there's a fire, you'll only

Though many people mistakenly think that a fire could never occur in their own home, mishaps and disasters don't discriminate. Always be prepared for the worst. If you stay alert and take preventive measures, you and your loved ones are much more likely to stay safe during a fire.

LOOK. LISTEN. LEARN.

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firepreventionweek.org

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Fire Prevention Week

October 7-13, 2018

A Salute to Our Local Volunteer Fire Departments

Arborg Bifrost



Front row sitting: Andy Barylski, Dave Edge, George Chyzy, Leroy Leowen. Standing: Ed Sumka, Jeramie Revilla, Richard Kozminski, Dave Peters, Terrell Kerbrat, Kevin Petkau, Randy Dueck, Kristin Bartsch (tall one right behind Randy), Johnathon Pull, Wilson Delos-Trios, Annya Foster, Robert Hofer, Eric Jonson

Fisher Branch



Picture: Dwight Nahuliak (Captain), Stuart Woloshyn, Bryton Monkman, Bob Davis, Patrick Syndenham, Darcy Plett (Chief), Patrick Davy, Randy Shrock, Gordie Wevursky (Captain), Tannis Chudy and Dave Chudy (Deputy Chief). Missing: Johnny Podaima - Deputy Chief

Talk with all family members about a fire escape plan and practice the plan twice a year



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Beware – the zombies are coming back to Gimli

By Roger Newman

It will be a case of kill or be killed when the popular interactive game "Zombie Outbreak" returns the week-end of Oct. 12-14 to the cadet dormitories at the Gimli Industrial Park.

Winnipeg entrepreneurs Luke and Nicolette Thiessen are currently signing up participants for the challenging game where registrants will have to solve puzzles and fight for survival or be killed by actors costumed as zombies. The game, which made its Gimli debut last year, may also be played at the industrial park on the Oct. 19-21 weekend if there is sufficient interest from the public.

"We call our game a LARP — a live action role-playing experience," says Luke Thiessen. "We've been presenting it all over Manitoba for the past six or seven years. It appeals mostly to the 25-35 age group, but last year we registered a Gimli woman who was 76

years old."

The game was obtained for Gimli by the RM of Gimli's economic development department. "It's super cool and a unique experience," says Alex Kristiansen, who was with the economic development at the time. "I want them to be successful this year so they'll keep coming back."

Kristjanson participated last year as a volunteer zombie and had a great time scaring the daylights out of participants. "This year I'm going to be a player in a huge maze-like building where you never know where zombies could be hiding. If you love the Walking Dead game and escape rooms, you'll love Zombie Outbreak."

Potential participants will have to solve the puzzles while avoiding foam darts thrown by zombies carrying chainsaws. They can book time slots by registering on the game website www.frontierlarp.com.



EXPRESS PHOTO SUBMITTED

Gimli area residents will have to grapple with zombies if they sign up for a popular game coming to town.

NOTICE

Renaissance

By Ventura Developments Inc.

The new 50+ community in Stonewall is having two informational meetings on Wednesday, October 10th 2018 4pm & 6pm at Stonewall Quarry Park 166 Main Street in Stonewall

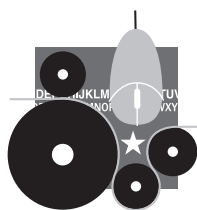
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Tergesens help Humane Society



EXPRESS PHOTO BY ROGER NEWMAN

Stefan Tergesen, second from left, presented a cheque for \$1,380 to officials of the Gimli Humane Society to help them with the operation of their busy animal shelter at the Gimli Industrial Park. Tergesen, an owner of the iconic Gimli store, raised the money in recent months by donating three of every five dollars from the sale of hallmark Tergesen shopping bags. Accepting the donation were Humane Society officials Cindy Salamandyk, far left, Sheila Drouin and Peter McClure. Stefan Tergesen and his close friend Joanna Liang are well known in the community for their love of dogs and cats and participation in shows. "The welfare of animals is very important to me," Tergesen said, adding that Facebook has become a big help in locating lost pets.

get inspired

> MEAL IDEAS

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Holiday Turkey

seasoning in the liquid. Continue roasting until an instant-read thermometer inserted into the thickest part of a thigh (but not touching bone) registers to 170 F.

Transfer the turkey to a carving board, tent loosely with aluminum foil, and let rest for about 15 minutes (see tip). Meanwhile, skim the fat from the surface of the liquid in the pan. Put the roasting pan over two burners and bring the pan drippings to a boil over high heat. Cook until the juices reduce and thicken slightly, enough to coat a spoon, about 10 minutes. Taste for seasoning. Carve the turkey and serve with cider pan juices.

Resting tip: Slow-roasted meats need far less resting time (pretty much none) than those that are traditionally roasted. The reason for resting meat that has been roasted at a high temperature is to allow juices that have collected in the cooler center time to migrate back into the dryer (hotter) exterior sections after it comes out of the oven. Because slow-roasted meats are cooked evenly and a temperature that keeps most of the juices in place, a resting period is largely unnecessary. A brief resting time does allow the meat to become a little firmer as it cools, making it easier to carve.

Makes 15 servings

1 fresh turkey, about 15 pounds, preferably free-range

1 tablespoon olive oil

1 quart apple cider

2 teaspoons dried poultry seasoning

Coarse sea salt and freshly ground black pepper

Remove the giblets from the turkey and discard (or save for another use). Rinse the turkey inside and out and pat dry with paper towels. Rub it all over with salt and pepper. Refrigerate, uncovered, for at least 12 hours and up to 24 hours. During that time, the surface of the turkey will become visibly dry and the skin will tighten; this encourages a nice crisp skin on the finished bird.

Remove the turkey from the refrigerator 1 hour before you plan to start roasting. Preheat the oven to 450 F.

Put the turkey on a rack set in a large, flameproof roasting pan. Drizzle the oil over the top.

Roast for 1 hour. Reduce the oven temperature to 175 F. Pour the cider into the roasting pan and sprinkle the poultry



We've Now Become the Endangered Species

"own" the Earth, without a recognition that greed and power are ultimately destructive to even the "winners", we are doomed to continue to play out again and again one version or another of "war" against our fellow humans. It is time for our species to grow up. Bullying is no more acceptable globally than it is on the playground. How different might it be if people all over the planet were televised begging their leaders to stop the violence, rather than dancing in delight at the carnage across the ocean or urging their leader to "nuke 'em all". We can no longer merely sit in front of our television sets shaking our heads, or quietly meditate for world peace. It is time to let the voice of peace be heard loudly and clearly.

Amidst the din of war talk and rising tension, we must create a ceaseless mantra urging leaders to take a stand on non-violent resolution. There are enough of us who carry wisdom and insight to impact global consciousness. Leaders are not only those who are elected to office. Step forward in your family, workplace, community, and speak your truth. Contact your elected officials and speak your truth. Talk to young people and teach your truth. We cannot be like the quiet ones on the playground who watch with horror as the bullies bludgeon one another, and then retreat to a safe place whispering to one another about how horrible it all is. The message of recent events is loud and clear. We got it. We have spoken out about harm to the ecosystem. We have spoken out about protection of endangered species. More than ever now, we are the endangered. And only we can save us.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on Facebook for daily inspiration.

Violence is abhorrent. Our collective consciousness has suffered a blow from which we still reel. No individual or nation is so powerful as to be totally invulnerable. No amount of power or force can ensure protection. How hopeless we can feel in the face of a world seemingly gone mad? It is as frightening to hear the responses to terrorist strikes as it is to witness the acts of terrorism themselves. As long as we justify taking lives to avenge loss of others, the human carnage will continue. Sadly, it is ordinary citizens and their families who pay the price. What do we make of recent events, and how can we deal with our sense of helplessness, even hopelessness? We must wake up to the fact that it is the consciousness of violence that is the problem, not only the individuals or groups who commit acts of violence.

It cannot be wrong for others to commit acts of violence against us, and right for us to commit acts of violence towards them. There is a continuum of violence, and if we accept any place on that continuum as acceptable, we open ourselves to the whole range. The hunger for revenge, the desire to strike back, hurt more, is what escalates out-of-control situations. As high tech as our world might be, humans still behave in ways that are barbaric. If nothing else, recent events should have us all doing serious soul-searching about the ways in which we allow, tolerate, condone or contribute to violence in our own lives.

Without a reverence for life, without an appreciation of transitory nature of life, without an understanding that no one can

Pumpkin Cheesecake with Gingersnap Crust

Serves 8 to 10

Crust

1 1/2 cups gingersnap cookie crumbs

1/2 cup finely chopped hazelnuts

6 tablespoons unsalted butter, melted

1/4 cup sugar

Filling

1 1/2 pounds cream cheese, at room temperature

1/2 cup packed light brown sugar

1/4 cup granulated sugar

2 large eggs

2 large egg yolks

1 1/2 tablespoons all-purpose flour

2 teaspoons pumpkin pie spice

1 cup solid-pack pumpkin purée (not pumpkin pie mix)

1/2 cup crème fraîche, homemade (see below) or store-bought, or sour cream

2 teaspoons pure vanilla extract

1. Preheat the oven to 350 F. Lightly butter an 8- or 8 1/2-inch springform pan.

2. To make the crust: Stir together all of the ingredients in a medium bowl until the crumbs are moistened. Press the mixture over the bottom and up the sides of the pan. Bake the crust for 10 minutes. Let cool completely on a wire rack. Increase the oven temperature to 425 F.

3. To make the filling: With an electric mixer on medium speed, beat the cream cheese, brown sugar and granulated sugar in a large deep bowl until light and fluffy. Beat in the eggs and then the egg yolks

one at a time, beating well after each addition. Add the flour and pumpkin pie spice and beat on low speed until just combined. Add the pumpkin purée, crème fraîche and vanilla, and beat until just combined. Pour the filling into the shell.

4. Place the cheesecake on a baking sheet and bake for 15 minutes. Reduce the oven temperature to 250 F and continue baking for 1 hour.

5. Turn the oven off and let the cheesecake cool in the oven for 2 1/2 hours. Then transfer to a wire rack and let cool to room temperature. Refrigerate, tightly covered, for at least 10 hours, until thoroughly chilled and set, or for up to 2 days.

6. To serve, run a knife around the side of the cheesecake and remove the side of the pan. Serve slightly chilled or at room temperature, cut into thin wedges with a sharp knife dipped into hot water and wiped dry after each cut.

Crème Fraîche

Makes about 1/2 cup

1/2 cup heavy whipping cream

1/2 cup crème fraîche or sour cream with live cultures

Pour the cream into a glass jar with a tight-fitting lid and spoon in the crème fraîche. Let sit on the counter, with the lid slightly ajar, until the mixture thickens, from 4 to 24 hours, depending on the weather. Refrigerate, tightly covered, until ready to use.

Herb-Roasted Garnet Sweet Potatoes

Serves 4

3 tablespoons extra-virgin olive oil

1 teaspoon fresh thyme leaves, minced

1 teaspoon minced fresh sage

1 teaspoon minced fresh oregano

3 medium garnet sweet potatoes, peeled and cut into 1/4-inch dice

Kosher salt

1. Preheat the oven to 375 F. Spray a large roasting pan with nonstick cooking spray. In a large bowl, thoroughly

combine the olive oil and herbs. Add the sweet potato dice to the mixture, and use your fingers to coat them well. Season with salt to taste.

2. Transfer the mixture to the prepared roasting pan. Bake for 45 to 60 minutes, until your desired consistency is reached, whether you want them a bit firm or fork-tender.

Edible Tip: A good alternate variety to Garnets are Red Jewels, which are easy to come by at both farmers' markets and local grocers. Look for a deep, bright color, and be sure to cook them fairly quickly after purchase. Unlike potatoes, sweet potatoes do not store very well.

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RM of West Interlake Reeve Candidates



Art Jonasson

My name is Arnthor Jonasson. I am running for the position of Reeve for the RM of West Interlake.

I grew up at Silver Bay and attended school in Ashern. I went on to the University of Manitoba where I obtained degrees in Agriculture and Education. I taught school for 12 years but found ranching was my true calling and have been doing so with my wife and children for the past 33 years.

I am semi-retired living on the shores of Lake Manitoba by Vogar. I am married with 4 grown children and one beautiful granddaughter. I like to spend my time with family and friends relaxing by a good campfire at our cabin at Silver Bay or boating on Lake Manitoba. My winters have always been spent coaching hockey until my kids grew up and now we enjoy curling and travelling with friends.

I am an active community member who has served on numerous local boards, municipal council (4 terms), Manitoba Beef Producers (6 years serving on numerous provincial and national boards), Beef Information Centre (4 years representing Manitoba). I was the finance chair for Manitoba Beef Producers as well as the RM of West Interlake. I also served as chair for the Lakeshore Ambulance Board until IRHA took over. I have a great working relationship with higher levels of government, both provincial and federal, which I feel will be a great asset if I am successful in becoming reeve.

At the end of 2014 the RM of Eriksdale and the RM of Siglunes were amalgamated. Living equal distance be-

tween both towns I felt I would be fair and objective in dealing with the amalgamation. After running, I was pleased to be elected as a councillor of the newly formed RM of West Interlake and as expected the transition was difficult. However, over time I believe we have made a lot of progress in bringing the communities together. We have one more 4 year term until we move forward with a unified mill rate and I would like to see this through to completion.

We have a diverse municipality with great seasonal recreation, agriculture, government services as well as numerous businesses. I feel it is the responsibility of the municipality to provide an environment that promotes growth. I would like to see our communities grow and prosper by providing excellent services for reasonable tax dollars. If elected I will work hard to represent all ratepayers as fairly and equitably as possible.



Keith Lundale

1. I have been married to my wife Debbie for 37 years and we have two wonderful children and three beautiful grandchildren. I graduated from Eriksdale Collegiate in 1974 and joined my parents in the family grocery business. Debbie and I eventually took over the business in 1989 where we served the community until we retired in 2015. We now enjoy spending time with family and friends, day trip snowmobiling & out in the bush on our side-by-side, working in our yard and embracing all that our community offers.

Being an active community member is important to me and I have continued to stay engaged in several community groups and initiatives.

I am seeking your support for Reeve of the RM of West Interlake. I have the commitment, ability and focus to be your voice for a strong, healthy and progressive municipality.

2. I live in Eriksdale and have done so since 1970.

3. For a stronger Municipality we need to come together as one voice. Infrastructure needs to have a developed plan that is achievable and sustainable. We must be a forward-thinking municipality to make us attractive to the world around us.

4. The diversity of the people that live and work in our communities. The beauty and wealth that our lakes and land provide us.

5. To continue the path in which I started four years ago and to complete projects that are presently unfinished. With the experience I have gained in the last four years I feel confident to pursue the leadership role of the Municipality.

6. Open and transparent communication, strive for fiscal responsibility, promote the RM, explore new opportunities for our Municipality, accountability with leadership and a strong voice for the RM.

7. Yes: 2014 Municipal Election.

8. I bring leadership with a vision.

9. Enjoy family time, our yard, spending time with friends and volunteering.

RM of West Interlake Ward 1 Councillor Candidates



Grant Wimmer

I grew up on our family farm with a love for agriculture ever since I was a child. In 2014 I worked and managed a feedlot operation in Alberta before attending Lake-

land College in 2015 where I earned my diploma in Agribusiness and graduated with honors in 2017. Today I'm blessed to work full time on a 2nd generation farm South East of Eriksdale.

Road maintenance and road access are the biggest issues we run into on a regular basis. More attention needs to be put towards maintaining the structure of our roads and keeping on top of brush control to allow greater accessible transportation. These issues have made it a great challenge to maneuver large equipment in-between fields and has resulted in downtime and harvest delays.

The best part of the Eriksdale Community is the friendly people that live here and their passion for agriculture. It always seems that whoever you meet here you will find a common conversation that is centered around farming. I care about our community and see the need for improvement. I want to take action in developing and improving our Municipality for growth so that we will have a vibrant and better community for years to come. If elected I will work together with our community members and taxpayers to develop short-term as well as long-term solutions that will fix the issues we have with road access and maintenance. I see the need for incentives to encourage business growth and to attract new residents to Eriksdale by promoting the opportunities in our community.

I have no experience in election's however, I'm aiming to change that. Voters should support me if they want a fair and honest representative who truly cares about the issues and decisions made in the RM of West Interlake. I aim to work with community members to make long-term solutions and decisions based on financial stability and with a vision of a growing community going forward.

Most of my time is spent farming and working with livestock in the summer and with what little spare time I do have I enjoy talking with other farmers to see what methods they use that work more efficiently. In the fall and winter I enjoy being outdoors hunting or on the snow

machine as well as watching hockey. I'm a young farmer and I really believe I could make a difference as a councillor in our community. I encourage everyone to come out October 24 and vote. If anyone has a need to talk about issues or ideas in our RM they can reach me at (204) 869-7794 or just drop by the farm the coffee is always on.



Paul Murphy

1. Throughout my career I worked in the transportation and logistics industry in all aspects of the supply chain and recently took on a similar role within the construction industry. My career has been both mentally rewarding and challenging. The constant demand to create efficiencies in industries with razor thin margins, forces one to become creative. A supply chain is said to be successful when the most output is achieved with the least input. For this to happen, personal, business and professional boundaries must be pushed as far as possible without surpassing what is acceptable. This is often achieved through constant negotiation with, guidance of and influence over competing parties. Over time, one gains the ability to liaise between these parties with ease. Webster's Dictionary defines politics as "an art or science concerned with guiding or influencing".

2. I have no political experience in public office but was elected the chairperson for Windsor Park Collegiate; where I sat for the maximum allowable term. The election on October 24, 2018 will be my first political experience.

3. I was born and currently reside in Eriksdale, MB and although much of my profes-

Continued from page 24
sional career was primarily outside the Interlake, I have lived here my entire life.

4. As with many rural communities one of the biggest challenges is and always will be the constant impact of urbanization and the erosion of economic independence. The lack of significant industry and the everchanging agricultural business landscape has contributed to a population decline. Amalgamation, reduced funding and competition for limited resources allocated to public programs are the result. Therefore, we must find new methods of sustainability.

5. The entire Interlake region benefits from its centralized location. Although people emigrate from the community, it is generally referred to as "home" even though their addresses change.

6. The selfless contribution to the democratic system of those that preceded us need credit. Not only for their past services but for having faith that the next generation can contribute. Having said this, I feel it is time to give back to the community through contribution to the same democratic process.

7. Implementation of new community-based initiatives that can be proven to benefit the community overall. I understand the challenges we face but without knowing all details of current in-progress initiatives, one cannot commit to change them, only that current beneficial programs will remain, while new ones are explored.

8. With strong work ethic and industry experience, I feel that I can contribute to the proceedings of public office. Experience in public procurement, transportation and logistics have allowed me to develop a subjective point of view while honing negotiation and analytical skills. I believe strongly in education, economic viability and challenging the status quo by exploring new opportunities.

9. Working indoors for most of my professional career means that I try to get out and enjoy the outdoors whenever possible. While outside, you could find me working on projects around home, doing yard work or on the ATV.

Many of these activities are done while listening to music.

10. Not at this time because I feel I've said enough.



Penny Wainwright

My name is Penny Wainwright and I'm running for the position of Councillor for Ward 1 in West Interlake.

It starts with a vote- Your vote and I'm calling on you and asking for your support on Oct 24 because I believe every vote makes a difference and I'm counting on yours.

I'm married to John Wainwright and we live and work in and around the community of Eriksdale.

I am a Senior Adjustor for Manitoba Agriculture Services Corporation and am the Co chair of Health & Safety for all MASC offices. It's this unique balance which allows me to understand both the corporate and the agricultural world giving me an advantage running for council

I'm proud to say I've been recently nominated by the Minister of Agriculture and subsequently accepted the position of Vice Chair to the Manitoba Farm Industry Board.

I've been voted on the Women's Standing Committee for the Manitoba Government Employees Union for going on three terms and am the current Women's representative to the Manitoba Federation of Labor

I've lived in Eriksdale for the past 15 years and feel there's no better place to be and want to give back to this place I call home

Anyone that knows me knows that I am passionate and will leave no stone unturned to be accountable to you and will be your voice at the council table. I can and will tackle ALL issues, LARGE and small.

I decided to run for council after my husband John decided to step down after serving for 3 terms and want to pick up the reins and continue like he did in providing the area with strong, stable and accountable governance. I believe if there is nothing to hide, nothing is hidden and will answer your calls and bring your concerns forward to be heard.

I have chaired countless meetings and have sat on many boards to improve the lives of Manitobans.

Some of the major issues facing our communities includes keeping our ERs OPEN and staffed, keeping our roads and ditches maintained, improving garbage pick up and making sure our areas municipality runs in a fiscal manner!!

I would like to promote, encourage and welcome new people and business and to enable the people who have called this home to stay in the community they love.

Please feel free to pop in or stop me on the street and chat about YOUR vision for OUR community.

This Oct 24 vote right, vote WAINWRIGHT for council

**RM of West Interlake
Ward 2 Councillor
Candidates**



John Bezemer

I'm a 3rd generation farmer that is managing our family farm west of Ashern in the RM of West Interlake. I was heavily involved in 4-h, both on Manitoba 4-h Council and Canada 4-h Council. I formerly worked for the RM of Siglunes as Grader/Snow Plow operator and I served on the RM of West Interlake Council for the past four years. I have been heavily involved in the community as a volunteer firefighter and President of

the Ashern Rodeo Board for 6 years now. This community is my home and I want to see it prosper for many years to come. Having been on the last term of council, I decided to run again to ensure the great strides we made as a new RM continues to move forward as we work towards a unified mill rate. I would like to see some of the projects we've started in this last term completed, such as the lagoon expansion in Ashern.



Lyle Finney

My name is Lyle Finney and I am a candidate for Ward 2 in the RM of West Interlake. I have lived and worked along Lake Manitoba my whole life in the RM of Alonsa on our livestock operation until June 2017. I am also a Commercial fisherman who operated for many years with my brothers. I am married with 2 sons and 7 grandchildren. My wife Karen was originally from Ashern and we have had a lot at Silver Bay since 2003. We built a residence there in 2007 which we have moved to permanently since July 2017. Our spare time is filled with spending time with family and friends, outdoor activities from snowmobiling, golfing, cross country skiing and travelling.

I would bring knowledge and experience to council that I have gained from 12 years as a councillor in the RM of Alonsa (2007-2018). I have also been on the Interlake Cattlemen's Co-Op past board of directors for 18 years (1998-2015). I was one of 6 founders of the Eddystone Fisheries Co-Op on the west side of Lake Manitoba and participated on it's board of directors in various positions for 31 of the 43 years it has been in operation.

A couple of major issues

facing the community of West Interlake:

- Lack of opportunities for young people to find employment and reside in the area.
- Attracting and maintaining doctors and medical personnel.

Some of the best features of our area are the sites and recreational activities along Lake Manitoba and varied outdoor activities that can be found in our rural environment...from hiking, recreational vehicles, fishing and hunting.

I decided to run for council after I was approached by several residents who thought I could bring experience to the council table due to my background serving in an adjacent municipality with many similar issues.

If elected I hope to keep taxes stable as well as making sure residents are represented honestly and fairly.



Roger Gulay

I am Roger Gulay. Lorie, my wife, of 36 years and I have lived at Lake Manitoba Narrows for just over 1 year. We bought property and a cottage at The Narrows 14 years ago and decided to leave Winnipeg and make it our permanent home. We love living our country life. It is very peaceful, has great community spirit and it is breathtaking. Our 2 adult children reside in the city. I grew up in the Fisher Branch area as a child, where my brother still runs the family farm. I have a great appreciation and understanding of farmers and their contributions they make to our country. I was a business owner in Winnipeg and am currently the owner of Porkchops Roadside Grill.

In my spare time I love to spend time outdoors. I sport fish, I am a member of the Lake Manitoba Game & Fish Association, hold my commercial fisherman helper license and enjoy a good round

Continued from page 25

of golf. I also am a sports enthusiast and volunteer in my community. I enjoy meeting new people and hearing about their lives.

I believe in hard work, building a strong community, open communication and I want people to be involved in their municipality. I recognize several issues within the municipality and simply want to make it a better place to live.

Although I have never ran for political office I know I will be the best candidate to get the job done. You will hear the truth from me. Some key items I want to address are accountability, transparency and fairness within the municipality, by-law enforcement, revisit lagoon expansions throughout the municipality, policing and safe communities, upgrade and resolve the municipal boat launches, open fair access to green spaces, garbage disposal, upgrading the GPS and EMS system for quicker location times and industry/job creation.

On October 24th I encourage all municipal residents to exercise their right to vote in the municipal election. I am available to discuss any issue at any time with anyone.

**RM of West Interlake
Ward 3 Councillor
Acclaimed**



Clayton Gibson

My name is Clayton Gibson and I am running for Councillor in Ward 3 for the R.M. of West Interlake. I graduated Ashern Central in 1997, left to begin a career with Princess Auto working with retail stores across Canada, returned to Ashern in 2007 to take over a small business and have continued working as an entrepreneur in

the area ever since. My wife Carrie and I will celebrate our 20 year anniversary this year and have two daughters Mackenzie (17) and Abby (12). In 2016, I began working with the R.M. of West Interlake as the Ashern Economic Development Officer which has given me excellent exposure to not only the operations within our municipal government but also with various levels of provincial and federal programs, agencies and partners. The amalgamation of the communities of Ericksdale and Siglunes in 2015 presented many challenges in itself, and a new council will be tasked to continue to build the pathway to a bright future for EVERYONE. West Interlake faces similar challenges to many other rural communities including ensuring the delivery of effective health care and protective services, housing needs, economic development, transportation and infrastructure, financial constraints and many more. Personally, I believe that these challenges also bring opportunities and I am excited for the chance to work for our communities to deliver value for ratepayers with every decision. Over the past 11 years in Ashern, I have served on the Board of Directors for the Ashern and District Chamber of Commerce, Lakeshore Women's Resource Centre, Fieldstone Ventures and Noventis Credit Union. I have also worked with many other community groups and am familiar with various meeting and governance structures, and feel that through my experiences, I can offer some unique skills in finding or creating opportunities that others may not see, a track record of team building and human resource functions, financial competencies and the energy, drive and motivation to deliver results for ratepayers. I would like to take this opportunity to thank Reeve and Council for their service and dedication over the past 4 years and thank you to my fellow community members of West Interlake for the chance to submit my name in this election.



Courtney Kostesky

Courtney Roehl grew up in the small farming community of Rosburn, MB, moved to the Ashern area 4.5 years ago with her husband Kris and daughter Layla and has now made Ashern her home. Courtney has volunteered on many boards in Ashern including the Ashern Soccer Club, Ashern Daycare Board, Ashern Arena Board and the Lakeshore Women's Resource Center. Just last year she created the Ashern Ukrainian Dance group and continues to teach Ukrainian dance to people of all ages.

Courtney currently works at Talbot & Associates as a Junior Accountant and is pursuing her Bachelor of Commerce Degree through Athabasca University. With certifications as both a Legal Assistant and an Event Planner, she also runs her own event planning and decorating business.

The increase of crime in the area, the waste disposal site, the Ashern fire hall, and the enforcing of bylaws are some concerns on the top of Courtney's list that she would like to tackle as a new councillor. She would also like to use her organization, accounting, and legal experience to help improve public work procedures, provide a more active HR department for RM staff, ensure financial statements are being properly executed, and to ensure the budget is being done in a timely matter.

Courtney would like to take the opportunity to thank all those that have supported her thus far and hopes her passion, open mindedness, and drive for results will warrant continued support for years to come. As one of the acclaimed councillors representing Ward 3, Courtney encourages anyone with questions or concerns to contact her via email at ckostesky@

hotmail.ca or phone at 204-302-1425. She also encourages all the residents and land owners in the RM of West Interlake to get out and vote for Reeve, Council, and LUD on October 24.

**RM of West Interlake
Ashern LUD**



Dylan Geisler

1. My name is Dylan Geisler and I have been a lifelong resident with the RM of West Interlake. I am currently a Roadway Construction Inspector/Survey Crew Chief with Manitoba Infrastructure. I've been employed with the province since 2006. Through my position with MI, I have traveled throughout our district and Manitoba upgrading infrastructure, surveying land and other duties which will serve me well as a member of the LUD council.

2. I live in Ashern with my wife- Shania, daughter- Kennasyn and son- Nietto, where I have been a lifelong resident. Our family has had six generations settle in Ashern and have always been passionate about growing our community.

3. Trying to keep the younger population around to grow our community.

4. Ashern has always shown the ability to rally together in times of need. This past summer posed serious danger to our community as wildfires grew to significant levels and were in close proximity of Ashern. Volunteer firefighters worked around the clock to ensure our community was not victim to such a devastating disaster. Aside from the firefighters, community members rallied together to provide food, water and other resources to the hundreds of firefighters who were helping. Everyone who was involved

from afar did an amazing job!

We are always looking at adding further community amenities to our community to enhance the wellbeing of our residents. An example of this is the current Wellness Centre project. A need for a centre promoting physical activity was missing from the area so a committee and the community has banded together to start converting a building into a year round wellness centre. Seeing community initiatives and collaboration such as these examples inspires me to be the best councillor I can be for my community.

5. Becoming a parent, a growing family and my knowledge in various fields such as infrastructure has pushed me to consider a seat in council so I can continue to see our community thrive. I am thankful for the hard work past councils have accomplished and I am looking forward to offering a new perspective.

6. I hope to achieve accountability and good service when it comes to our community's infrastructure and municipal services. I look to enhance the community through initiative such as the wellness centre and other community functions such as the Ashern Rodeo Weekend.

7. No

8. I value honesty, hard work and am willing to listen to all constituents concerns. I value everyone's opinion on matters as they are what make our community so special. I have committed to our community by serving as a volunteer in various community functions, having a family and working in the area.

9. Love playing with my kids, golfing, taking in the odd jets game. I enjoy curling and supporting community events with my family!!

10. I look forward to this fall's election and serving the LUD. Regardless of the results I will continue to serve our community in multiple facets so we can continue to enhance Ashern and the amenities it offers for future generations!

**Please Vote
October 24**

Continued from page 26



Sandra McDougall

Sandra McDougall
 Sandra McDougall - LUD Ashern West Interlake
 I have been with my partner, Ralph for 16 years and we have 1 daughter. I was born and raised in rural Ashern on my parents cattle farm (Ron & Beatrice McDougall).
 I attended school in Ashern and graduated from Ashern Central School in 1979. I moved to Winnipeg after graduation and worked for the Great West Life Assurance Company for 14 years then returned back to Ashern

in 1995 to raise my daughter. Presently for over 22 years I work at the LIFE Office as a Senior Resource Coordinator.
 I have served on the LUD Committee for 4 terms and with living in the town I have a lot of experience and knowledge of the services and concerns of the town of Ashern. Over the past years the LUD have worked hard on sidewalks, signage, recycling, street lighting and much more. Safety is certainly a concern for us all here and we have been working to address

this along with the RM.
 The town of Ashern has so much to offer we need to build on our strengths and diversify as a small town. If I am re-elected I am committed to the concerns of safety in our town and community. I plan to continue to work with the RM to have an effective recycling program and reduced waste collection in place. I also will continue to work on the day to day items of the town operations such as sidewalks, streets, parks, etc.



Ashern Fireman's Ball raises over \$5,000

By Jeff Ward

An estimated profit of \$5,000 was raised last month at the Ashern Fireman's Ball and will be used to purchase a new trailer for transporting equipment.

Fire chief Ken Falk said that approximately 160 people attended the Sept. 22 event and that the turnout was great. He added that their \$5,000 exceeded what they expected to raise by \$1,000 and that they will have more than enough to purchase the trailer.

"We're ecstatic with what we raised," said Falk.

This summer has been an emotionally and physically draining one for the Ashern crew who have attended numerous fires from dry conditions and a days-long fire event that nearly forced Ashern to evacuate. Falk said that there were even more emotionally tough events with motor vehicle collisions with loss of life involved.

"We had two with fatalities this year and it takes a toll on you. It was great to see so many people out supporting us because it means they appreciate our efforts."

Falk said that due to the success of the event they have already pre-booked the Ashern Centennial Hall for next year's event which will take place on Sept. 21.



EXPRESS PHOTO SUBMITTED BY KEN FALK

Approximately 160 people attended the Ashern Fireman's Ball and helped raise over \$5,000 to purchase a new equipment trailer.

Independent advisor to review acquisition of flood-fighting equipment and security services

Submitted

The Manitoba government has appointed Umendra Mital, M.A.Sc., P.Eng., as an independent advisor to review the acquisition of flood-fighting equipment and security services, Infrastructure Minister Ron Schuler announced today.

"As an independent advisor, Mr. Mital will help our government, and Manitobans, develop a good understanding of the issues and actions taken since 2008 by the Manitoba government to fight floods and how our government can learn from them," Schuler said. "The results of this review will help us determine what actions should be taken to better protect

Manitobans in the case of natural disasters."

The work of the independent advisor will include conducting an independent audit and review of government decisions and processes used for the acquisition and deployment of both flood-fighting infrastructure and equipment, as well as security services for events in fiscal years 2008-2009, 2010-2011, and 2014-2015. Based on these findings, Mital will advance recommendations for improving flood-fighting equipment procurement and deployment, as well as applicable policies and procedures. These recommendations will be used by the government to develop best practices

in these areas, the minister noted.

In providing advice to the minister and government, Mital will:

- ensure value for money for the expenditures incurred for flood-fighting equipment and security services,
- determine the effectiveness and fit of the equipment and services acquired to respond to flood events in the target years, and
- provide independent advice as to whether the findings warrant additional investigation by other authorities.

Mital has an extensive history in the fields of government and engineering, and is a registered professional engineer with a masters of applied science

in mechanical engineering. Mital first served as director of engineering and construction, later appointed assistant deputy minister, and finally appointed as deputy minister in the former Department of Natural Resources for the government of Manitoba. Mital has also served as the city manager of the City of Surrey, B.C., and presently serves as executive vice-president and general manager of Ebco Industries and Advanced Cyclotron Systems Inc.

The work of the independent advisor will be supported by independent auditors and subject matter experts, both within and outside of Manitoba, the minister added.

Fisher Branch hosting new breakfast snack program for students

By Jeff Ward

Fisher Branch Collegiate started their breakfast snack program this week at the school to ensure students won't be hungry in early morning classes and they can be alert, effective learners.

FBC principal Angela Magon explained that the program is funded through the Child Nutrition Council of Manitoba to the tune of \$3,700 for the year. The breakdown leaves about \$20 a day for students to have a light snack to begin the day of fruit, veggies or something like granola. It's not meant to be a full meal but more of a grab-and-go where students can have something in their stomachs when they begin classes.

The program will be offered five days a week and it will be available at no charge to students or parents. Magon said that students who are hungry are far less effective learners in the classroom and that the aim of the program is to eliminate morning hunger.

"Some of these kids are on the bus for an hour before they get to school," said Magon.

"So, they're having to get up really early and sometimes have to choose

between shower and food and sometimes the shower wins. And so they're arriving hungry. And for a wide variety of reasons, we have students arriving hungry."

How many students arrive hungry isn't quantifiable, but it is happening, Magon said. She explained that the student body is made up of a wide variety of different socio-economic backgrounds which can create a variety of different reasons why a student would arrive hungry. For adults, not eating breakfast is a choice and something we do of our own volition. But for young students or even ones in their late teens, the choice isn't always theirs.

The program began Oct. 1 and Magon said she will look to student feedback to see how and if the programs should change or evolve over the course of the school year. The program wouldn't exist without funding, and Magon isn't sure how funding will work next year and so she is already approaching parents and businesses around the community to make arrangements.

"I have put the notion out there that we would welcome donations in the



EXPRESS PHOTO SUBMITTED

Approximatley 20 Fisher Branch Collegiate students are helping teachers Angela Magon and Leanne Kochan with the breakfast program at their school. Left to right, Ivan Huynh, Adeolu Badmos, Heart Javier, Klyd Miranda, Aaron Plett, Rona Tacad and Kelly Huynh.

form of baking or food snacks because that will broaden what we can offer students. We have a new Home Ec teacher this year and I've put the bug in her ear that her classes could provide some baking to supplement

as well."

Magon said she believes this program will go a long way in helping students who arrive to school hungry.

IERHA looks to transform health care across the region

By Justin Luschinski

The Interlake-Eastern Region Health Authority (IERHA) wants to transform health care across the region by providing better care at a sustainable cost.

Nearly 100 community and area members attended the IERHA's annual general meeting on Monday evening at the Selkirk Rec Complex. This year's annual report details the inefficiencies of the current system, and how health care is moving away from its focus on hospitals.

Ron Van Denakker, IERHA CEO, says health providers work very hard across the region, but the system is too inefficient.

"Every day, our teams of staff deliver excellent health services, despite working in a system that doesn't make it easy for us. Our key challenges are to address our aging demographic, and to provide more Indigenous-based care," Van Denakker said. "Fifty per cent of hospital beds are filled with people waiting for personal care homes.

"That's why many of these changes are necessary."

Van Denakker said the region faces a number of other issues, including encouraging health care providers to practice in the region. The IERHA

have worked to fund new personal care home beds, as well as establishing a medical student residency program, which will help encourage physicians to stay in the Interlake.

The IERHA has also aimed to balance its budget, bringing it in line with the province's efforts to curb ballooning health care budgets. But there might be some larger changes to health care in the region.

Dr. Brock Wright, CEO of Shared Health Services Manitoba, said future health care will focus less on hospitals and more on having easy access points to care.

"The world is changing. In the past, it was all about 'get to your nearest emergency department.' The issues now is more 'call 911, and get access to emergency medical services,'" Wright said. "Increasingly, the people who come get you are more highly trained than in the past. They can start treating you there, and they can treat you as you drive.

"In some cases, you might not need to go to your nearest hospital, they might drive you further to get you to a facility that has the right equipment for your problem."

Van Denakker said they will be accepting their first intake of new student doctors in July 2019. They're



EXPRESS PHOTO BY JUSTIN LUSCHINSKI

Ian Shaw, health-care transformation management leader, discusses the need to make health care more efficient across the Interlake-Eastern Regional Health Authority (IERHA) during the IERHA's AGM at the Selkirk Rec Complex last Monday.

also establishing "My Health Teams," where multiple professionals work together to look after one individual's healthcare needs. They will also be opening a Rapid Access Addiction Medical Clinic (RAAM) in Selkirk, which will assist people with substance abuse.

The province is also hiring 60 new paramedics, 26 of which are coming to the Interlake region.

For more information on the past year's progress in the IERHA visit their website at ierha.ca to see the "2017-18 Annual Report."

For more information on the latest developments in provincial health care transformation visit the Manitoba Health Seniors and Active Living website at gov.mb.ca/health/hst/index.html.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Thunder tame Tigers

By Brian Bowman

The Interlake Thunder keeps on making some serious noise in the Rural Manitoba Football League.

Interlake improved its record to 4-0 after a convincing 40-16 win over the Neepawa Tigers last Friday at Stonewall Collegiate.

"It was a good effort and we got out early," said Rams' head coach Mitch Obach. "It was 26-0 at halftime and then we kept going. It was a good game and it was a short week. It was only a five-day week."

The Thunder led 13-0 after the first quarter and increased that advantage to 26-0 at the half.

"It was funny, I was talking to some of our coaches that the last few years for me with the teams that I've been on, it's not that we weren't winning games, but we didn't seem to win anything but close games," Obach recalled. "It's kind of nice to have an opportunity to build up a lead because then you have the flexibility to experiment with some plays that we want to try or some guys that maybe haven't seen a lot of time (on the field)."

Neepawa outscored the home side

8-7 in the third and fourth quarters.

The Thunder made a concerted effort to throw the ball more in this game. Joshua Charison threw the ball 17 times and completed 10 of those passes for 70 yards and a TD. He also rushed for 49 yards and a touchdown.

"We kind have been trying to increase our passing each and every week and I think it's gotten better each and every week," Obach said. "We still don't pass nearly as much as any of the opponents we've seen but we have a strong running game and we've had leads."

That strong Thunder running game showed up again against Neepawa.

Colton Nedotiafko rushed 15 times for 172 yards and two majors while Graeme Perrie carried the ball 12 times for 121 yards and a major.

Interlake had a third running back, Tyson Wryha, go over 100 yards as he finished with 109 yards on 11 runs.

Defensively, Colton Meisner led the Thunder with seven tackles, two quarterback sacks, and an interception.

Aiden McLean also had a sack while Tanner McCallen and Austin L'Heureux each had interceptions.



EXPRESS PHOTO BY KIM DELAROCQUE

The Interlake Thunder's Aiden McLean (24) makes a nice tackle during his club's 40-16 win last Friday in Stonewall.

Interlake is back in action this Thursday at 4:30 p.m. when they take on the Southwest Sabres in Souris.

On Thanksgiving Monday, the Thunder will host Swan Valley for a 2 p.m. matinee at Stonewall Collegiate.

"We have the strangest week of the year here ... and that's why we wanted to spread (the ball) around last week so we would be healthy through this heavy stretch of the season," Obach said.

Ice Dawgs excited about new junior league

By Brian Bowman

The Arborg Ice Dawgs are excited to begin a new chapter in the organization's history as they make the switch to the Capital Region Junior Hockey League this season.

Arborg has left the Keystone Junior Hockey League and will be joined by the Selkirk Fishermen, Lundar Falcons, North Winnipeg Satelites, and St. Malo Warriors in the new league.

A sixth team from Beausejour had also expressed interest in joining the CRJHL but will not be part of the league this season.

"They formed this new league for a couple of reasons," said Ice Dawgs' head coach Jim Werbicki last Friday. "One was travel, logistics, and expenditures etc."

While the number of teams in the league is small, so too has been the number of players in the Ice Dawgs' camp.

But that has changed for the better

in the past week, said Werbicki.

"The numbers have been thin but as of today I have five more guys coming," he said. "One was released from the Stonewall Jets and a few were up north working. Now, all of a sudden the numbers are getting good now."

As of last Friday, Arborg had about 25 players in camp, including just "four or five veterans."

The Ice Dawgs played the North Winnipeg Satelites in a preseason game Sept. 25, losing 6-2.

Arborg only had 12 skaters for that road game.

"It was a pretty even game," Werbicki said. "We just let in some bad goals."

The Ice Dawgs and Satelites hooked up again last Saturday for an exhibition game in Gimli.

Werbicki didn't expect Arborg to have any more preseason games until their CRJHL home opener Oct. 13 against North Winnipeg.

Werbicki said the players and coaches are eager to getting the season started in their new league.

"They're more excited and feeling

better about playing this year because there's no more trips up to Norway House, Cross Lake or OCN," he said.

Hecla hosts MHSAA golf provincials

Staff

The Selkirk Royals' Mikyla Albert finished tied for the low score in the girls' division of the MHSAA golf provincials last Friday at the Hecla Golf Course.

Albert fired an 80 along with St. Mary's Academy's Kate Gregoire.

Reece Carter of St. Mary's Academy was third with an 83.

St. Mary's won the team championship, combining for a 275.

That was 11 strokes better than Brandon's Vincent Massey and well ahead of Russell's Major Pratt (343).

On the boys' side, Kildonan East's Lachlan Allerton fired a 75 for a two-stroke victory over Portage's Owen Gillespie.

Kildonan East's Trey Ross was third with a 79.

The Reivers' won the boys' title with a score of 242, which was four strokes better than Portage.

Dauphin was third with a 257.

Riverton's Brett Davies carded a 103 while teammate Dalton Johnson shot a 123.

Lundar's Jared Olafson finished his round with a 95.

Arborg wins pair of varsity volleyball tournaments

Staff

Both Arborg Collegiate Athletics varsity volleyball teams won tournament titles last weekend.

Arborg's girls' squad won their six-team home tournament after defeating the Fisher Branch Cougars 2-1 (18-25, 25-18, 15-8) in the championship game.

The Athletics reached the final after sweeping the St. Joachim Braves 2-0 (25-19, 26-24).

In Pool 1 play, Arborg finished with a 1-1 record while Fisher Branch was 2-0.

Pool 2 saw the Gimli Lakers post a 2-0 record while the Peguis Wolverines were 1-1.

Meanwhile, Arborg's varsity boys' team won the tournament title in Ri-

verton after beating Immanuel Christian 2-0 by scores of 27-25 and 25-14.

The Athletics defeated Minegoziibe Anishinabe Talons 2-0 (25-19, 25-9) in the quarter-finals and then slipped past the Riverton Patriots 2-1 (25-12, 15-25, 15-6) in the semifinals.

Arborg finished second in the four-team Pool 2 with a 2-1 record while Riverton was 2-0 in the other pool.

Riverton also hosted a varsity girls' tournament as the Patriots lost 2-1 (25-17, 16-25, 10-15) in the final to the Mennonite Collegiate Blues.

Riverton earlier defeated the Fisher River Hawks 2-0 (25-18, 25-21) in the semifinals.

Fisher River was 2-0 in pool play and then beat Peguis 2-0 (25-18, 25-21) in a quarter-final matchup.



Back row left to right: Barb Ashby (coach), Delaney Yarema, Meagan Klym, Jordyn Monkman, Ryley Barylski, Jessica Monkman, Keely Finnsen-Emms, Brooke Blahey, Kylie Floyd, Charla Floyd (coach); front row: Nori Sigvaldason and Darcy Mowat.

Lightning lose to Avros in MMFHL season opener

Staff

The Interlake Lightning began its Manitoba Midget Female Hockey League regular-season schedule with a 3-0 loss to the Winnipeg Avros Sunday afternoon in Warren.

The Avros scored twice in the first period and then added another in the second.

On Saturday evening, the Lightning was defeated 7-1 by the Bal-

moral Hall Blazers prep team in an exhibition game in Stonewall.

Balmoral Hall took a 2-0 first-period lead and then increased its advantage to 4-0 after two periods.

Hailey Ross scored Interlake's lone goal, assisted by Brenna Barylski and Erin Yorke.

Interlake will resume league play this Saturday when it hosts the Eastman Selects at 8 p.m. in Stonewall.



EXPRESS PHOTOS SUBMITTED

Back row, left to right: Scott Stadnek (coach), Zac Pull, Jasper Leochko, David Hudson, Matthew Bazilewich, Noah Johnson, Nolan Paulson, Hayden Gudmundson; front row: Brandon Prus-Olsen, Liwel Delos Trinos, Connor Yarema, Jared Sweetland and Bret Huta.

Numbers, talent high at Falcons' training camp

By Brian Bowman

There are two things that every junior hockey team hopes for at their training camp.

A large group of players coming out for their tryouts and talent.

The Lundar Falcons have seen both at this year's tryouts.

Lundar had over 40 players come out for training camp, which began last month. That number is a lot higher compared to previous seasons.

"It was surprising, I knew our numbers would be up this year but I didn't think it would be that high," said Lundar head coach James Worthing last week. "We had a really good turnout

and we have a lot quick guys."

The Falcons will have a lot of difficult decisions to make before they finalize their roster before their Oct. 14 season opener against the Selkirk Fishermen.

"I hope I don't break too many hearts," said Worthing, now in his second season as the Falcons' head coach. "(We'll) have some really tough decisions and that's the hardest part as a coach."

The Falcons have a lot of new faces in camp this season. Lundar lost eight players from last year's team but Worthing isn't worried about filling those positions.

"The issue is keeping some of our

veterans because some of the new guys we have in camp this year are really good players," Worthing said. "I can see them developing on our team and being in the Top 10 in the league."

Lundar began its preseason schedule last Saturday in St. Malo. The Falcons had two exhibition games cancelled prior to that game due to insurance purposes.

Lundar, the Arborg Ice Dawgs, Selkirk Fishermen, North Winnipeg Satellites and St. Malo Warriors have left the Keystone Junior Hockey League and are now members of the newly formed Capital Region Junior Hockey League.

"I would always like to have a bigger league," Worthing said. "But I'm definitely excited to play and get the season started."

There will a whole lot less travel for those teams because they won't be making the lengthy trip up north to play teams.

"Travel was a huge issue," Worthing said. "The problem that I found last year was that I was losing half my team when we travelled. The kids go to school and they have jobs so it's very difficult for them."

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The Gimli RCMP Detachment is currently accepting applications for guards/matrons.

EMPLOYMENT as a CELL GUARD/MATRON is reliant on a satisfactory security clearance. To pick up an application package, please attend the Gimli RCMP Detachment, Monday to Friday between 8 and 4. For further information please contact Carrie at 204-642-5106 ext. 101

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NOTICE OF ELECTION LAKESHORE SCHOOL DIVISION

- | | |
|--|------------------------------------|
| WARD 2 - Eriksdale / Mulvihill area | - Cooper, James by Acclamation |
| WARD 3 - Ashern / Siglunes / Vogar area | - Johnson, Teresa by Acclamation |
| WARD 4 - Moosehorn / Grahamdale / Steep Rock | - Jermey, Helen by Acclamation |
| WARD 6 - Inwood Area | - Coverdale, Marvin by Acclamation |

Notice is hereby given that a vote of the voters of Lakeshore School Division will be taken to elect a School Trustee from the following duly nominated candidates:

- WARD 1 - Lundar**
Mosienko, Frances
Thorkelson, Donny Cal
- WARD 5 - Fisher Branch / Hodgson / Poplarfield (two to be elected)**
Brill, Tina
Plett, Darcy
Webb, Kelly

VOTING PLACES

Voting places will be open for voting Wednesday the 24th day of October, 2018 between 8:00 a.m. and 8:00 p.m. at the following locations:

- WARD 1** - Lundar Community Hall
WARD 5 - Fisher Branch Ukrainian National Hall
Hodgson Community Club
Poplarfield Community Hall

IDENTIFICATION MAY BE REQUIRED BEFORE BEING ALLOWED TO VOTE. A person may be required to produce one piece of government issued photo identification (for example - driver's license or passport) or at least two other documents that provide proof of identity.

ADVANCE VOTING

FOR THE PURPOSE of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on election day; an advance voting opportunity will be located at:

- WARD 1** -- Lundar Community Hall on Friday, October 12, 2018
WARD 5 -- RM of Fisher Office on Saturday, October 20, 2018

and will be open during the day between 8:00 a.m. and 8:00 p.m.

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter who is unable to go in person to the voting place or vote in advance, may apply in person, in writing, or by fax to the senior election official at Lakeshore School Division, 23 Second Avenue, Eriksdale, MB Ph: (204) 739-2101 Fax: (204) 739-2145

If applying in person, a voter may apply between September 26 and October 19, 2018.

A voter applying in person may pick up a sealed envelope ballot package at the time of application.

If applying by mail or fax, a voter may apply between Wednesday, September 26 and Friday, October 19, 2018. A voter applying by mail or fax will receive a sealed envelope ballot package by regular post, or by making alternative arrangements with the Senior Election official.

Marlene Michno,
Senior Election Official
Lakeshore School Division Phone No. (204) 739-2101, Fax No. (204) 739-2145



Faroex, located in Gimli, Manitoba, is a manufacturer of plastic and composite products for the Agriculture, Alternative Energy, and Mass Transportation markets.

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NOTICE OF ELECTION EVERGREEN SCHOOL DIVISION

NOTICE is hereby given that the voters of the Evergreen School Division will be taken to elect School Trustees from the following duly nominated candidates:

WARD 1 (Riverton/Arborg Area) – 3 to be elected

Davies, Sandra (Elected by Acclamation)
Furgala, Ruth Ann (Elected by Acclamation)
Helgason, Penny (Elected by Acclamation)

WARD 2 (Gimli/Fraserwood Area) – 4 to be elected

Arnason, Robert
Auer, Dianna
Johnson, Brent
Kohler, Gladys
Malchuk, Kim
Petrowski, Margaret (Shelley)

WARD 3 (Winnipeg Beach/Dunnottar Area) – 2 to be elected

Mosher, Jim
Toews, Colette
Zelenitsky, Cheryl

VOTING PLACES

Voting places will be open for voting on **Wednesday the 24th day of October, 2018 between 8:00 a.m. and 8:00 p.m.** at the following locations:

Ward 2 – Fraserwood Hall	Ward 3 – Winnipeg Beach Community Centre
Ward 2 – Arnes Community Hall	Ward 3 – Matlock Community Hall
Ward 2 – Gimli New Horizons 55+ Centre	Ward 3 – Gimli New Horizons 55+ Centre
Ward 2 – Winnipeg Beach Community Centre	

IDENTIFICATION MAY BE REQUIRED BEFORE BEING ALLOWED TO VOTE. A person may be required to produce one piece of government issued photo identification (for example – driver's license or passport) or at least two other documents that provide proof of identity.

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on election day, an advance voting opportunity will be located on the following dates and locations:

SATURDAY, OCTOBER 13, 2018 FROM 8:00 A.M. TO 8:00 P.M.
Waterfront Centre (Theatre) – 94 1st Avenue, Gimli

MOBILE VOTING

For the purpose of accommodating persons who are qualified to vote, but reside at a health care facility, a mobile voting station will be available.

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter who is unable to go in person to the voting place or vote in advance, may apply in person, in writing, or by fax to the senior election official at 204-642-6266; Evergreen School Division, 140 Centre St West, Box 1200, Gimli, MB R0C 1B0; Fax: 204-642-7273.

If applying in person*, a voter may apply between September 26, 2018 and October 19, 2018.

* A voter applying in person may pick up a sealed envelope ballot at the time of application.

If applying by mail or fax**, a voter may apply between September 26, 2018 and October 19, 2018.

** A voter applying by mail or fax will receive a sealed envelope ballot package by regular post, or by making alternate arrangements with the senior election official. Applications after October 16, 2018 will need to be picked up in person.

Dated at Gimli, in the Province of Manitoba, this 20th day of September, 2018.

Charlie Grieve, Senior Election Official
Evergreen School Division
Phone: (204) 642-6266

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PULFORD COMMUNITY LIVING SERVICES

We are currently looking for Permanent Part Time Support Workers in the surrounding Lundar area!

Pulford Community Living Services Inc. is a growing agency in the social services sector. We are creating opportunities for enthusiastic, motivated professionals who have a genuine interest to work in the field. We have been in operation since 1986, an are a not-for-profit community based agency that provides individualized support services for those living with an intellectual disability. If you are looking for an opportunity to work in a progressive agency with a positive team and fulfilling work, we would like to hear from you.

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For further information:

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Saturday, October 13, 2018 10 am
14 Elbar Drive, Anola Mb

Directions: From junction of Provincial Hwy 15 & Hwy 12, approx. 1/2 mile east. Watch for signs.

Featured items: TRUCKS --2006 GMC Sierra 2500 HD/SL, 6.0 L, crew cab, auto, construction rack, 473,616 km --2005 GMC Sierra 2500 HD 6.0 L, crew cab, auto, construction rack --2002 GMC Sierra 2500 HD 6.0L, extended cab, auto, construction rack --2001 Chevy Silverado 2500 HD 6.0 L crew cab, auto, construction rack --2004 Chevy Silverado 2500 6.0 L, regular cab, auto, construction rack 478,529KM -- 1982 GMC 6000 dump truck V-8, 4spd, 2spd axle, 88,087Km --2007 Chevy Silverado 6.0 L, 6 spd auto, rough country lift kit, Mickey Thompson tires, Eagle rims, tow package 190,000 Km
RACE CAR --Wisota streetstock/purestock, KBR chassis, 355ci engine, 200 lightened metric racing transmission, Ford 9"full floater rear end 6:20gears, disc brakes, car is turn-key race ready!
INDUSTRIAL EQUIP --Clark Forklift 4Cyl Diesel 3436 Hrs SN#448953 --JD 350 Loader Crawler 3 Cyl gas **TRAILERS** -16' 8000lb tandem axles, beaver tails, bumper hitch --14'tandem axle, beaver tails, bumper hitch **WELDERS** --Lincoln Ranger 250 1519 hrs showing --Lincoln Classic 3000 5923 hrs showing --Lincoln Classic 3000 9552 hrs showing --Lincoln Mig sp 125 plus --Lincoln A/C 225-5 Arc **SHOP TOOLS/EQUIPMENT** --10' Metal break --Sheet metal slitter --Very large selection of drills/screw guns, Dewalt, Black & Decker, Milwaukee, Porter Cable -- Stihl Cutoff saws 10, TS420(2), TS400, TS460 --Assortment of aluminum ladders --Scaffolding / castors --Hilti guns (5) --and much more **MOTORS** --302 Ford 5 L --460 Ford **MUSTANG PARTS**--1987-1993 **STEEL/METAL STOCK and FLAT STOCK** (see website for list) **FASTENERS** (large assortment)

This is only a partial list with featured items so please view www.lampportanddowler.com for full list/photos!

Contact John Lampport 204-841-4136/Tim Dowler 204-803-6915

Don't forget to send your special wishes to your friends and family.



204-467-5836 classifieds@expressweeklynews.ca

Classifieds Announcements



ANNOUNCEMENT

ANNIVERSARY



**Gladys and Ralph Tomchak
60th Wedding Anniversary**

Gladys (nee Boychuk) and Ralph Tomchak of Fraserwood are celebrating their 60th wedding anniversary. They were married on September 27, 1958 at the St Micheal's Catholic Church in Gimli, MB. They celebrated their reception at Farmers Community Hall that same day. They have been blessed with three children: Don, Randy, and Yvonne and four grandchildren: Jenna, Rebecca, Sarah and Alyssa. Plus, a great grand child on the way!

Congratulations Mom and Dad.
-Love the Kids!

ANNOUNCEMENT

ANNIVERSARY



**Edwin and Lillian Kowalsky
October 4, 1958
Congratulations Mom and Dad
on Your 60th Wedding Anniversary
Here's to many more
years of happily ever after!**

-Love your
children and grandchildren

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NOTICE OF ELECTION TOWN OF ARBORG

NOTICE is hereby given that a vote of the **TOWN OF ARBORG** will be taken to elect a **MAYOR** and **FOUR (4) COUNCILLORS** from the following duly nominated candidates:

For the Office of Mayor:
1. BAUERNHUBER, Susan
2. DUECK, Peter

For the Offices of Councillor:
1. CRACKLE, John
2. ROGOWSKY, Ron
3. COTTINGHAM, Christine
4. LEDUCHOWSKI, Vivian
5. KERBRAT, Terrell
6. SPEISS, Larry
7. THORSTEINSON, Rob
8. JOHNSTON, Ron

VOTING PLACES

Voting places will be open for voting on **WEDNESDAY the 24th day of OCTOBER, 2018** between **8:00 a.m.** and **8:00 p.m.** at: **ARBORG-BIFROST COMMUNITY CENTRE, 409 Recreation Centre.**

IDENTIFICATION MAY BE REQUIRED BEFORE BEING ALLOWED TO VOTE. A person may be required to produce one piece of government issued photo identification (for example - driver's license or passport) or at least two other documents that provide proof of identity.

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on election day, an advance voting opportunity will be located at the **SUNRISE LODGE, 287 INGOLFS STREET** and will be open on **SATURDAY the 20th day of OCTOBER, 2018** between **8:00 a.m.** and **8:00 p.m.**

MOBILE VOTING

For the purpose of accommodating persons who are qualified to vote, but reside at the **Arborg & District Health Centre**, a mobile voting station will be set up at the facility on election day between **9:00 a.m. to 10:00 a.m.**

For the purpose of accommodating residents of the **Arborg Assisted Living Facility** who are qualified to vote, a mobile voting station will be set up at the facility on election day between **11:00 a.m. and 12:00 p.m.**

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter who is unable to go in person to the voting place or vote in advance, may apply in person, in writing, or by fax to the Senior Election Official at 337 River Road, Fax 204-376-5379.

If applying in person*, a voter may apply between **September 26th** and **October 19th, 2018.**

* A voter applying in person may pick up a sealed envelope ballot package at the time of application.

If applying by mail or fax**, a voter may apply between **September 26th** and **October 19th, 2018.**

** A voter applying by mail or fax will receive a sealed envelope ballot package by regular post, or by making alternative arrangements with the senior election official.

Lorraine Bardarson
Senior Election Official
Town of Arborg
204-376-2647



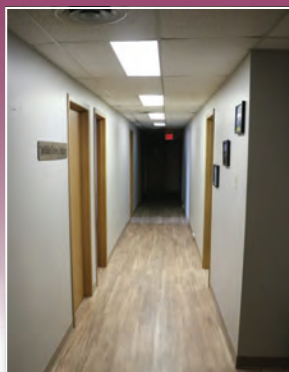
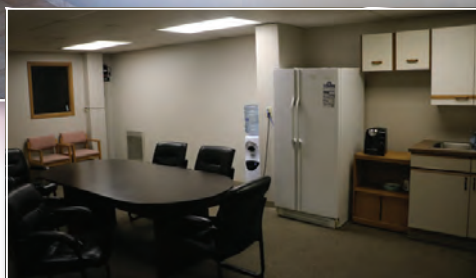
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Go to www.4h.mb.ca or call **204-726-6136** to find out how to become a 4-H member or leader.

CLANDEBOYE AVE in Selkirk *Executive Mall*

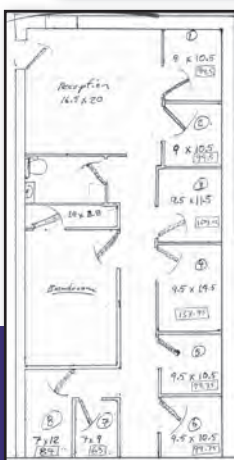
OFFICE SPACE FOR LEASE



Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include The Lord Selkirk Teachers Association and Sun Life Financial. The Selkirk Record and a new incoming tenant occupy separate space though their own private entrances. The building was upgraded in 2012. Both the reception and board room are shared, there are currently five offices available for lease.

For information please contact:
BIG Real Estate
204-485-0010
email bigandcolourful@mts.net



RURAL MUNICIPALITY OF

West Interlake

West Interlake Rural Municipality - New Waste Disposal Cell Construction

The R.M. of West Interlake is inviting qualified contractors to bid on the construction of a new waste disposal cell. **The Work generally includes, (but not limited to this description):** Construct a new waste disposal cell including clearing, grubbing, stripping of site, constructing a clay lined waste disposal cell, installation of weeping tile as leachate collection system, site ditching.

Full details are provided in the Tender Documents. Paper copy Tender Packages are available to pick up from the office from Stantec office (address below) for a non-refundable cost of \$60.

Interested firms must submit their BID to the address below no later than 14:00 hours, CST, Tuesday, October 16, 2018. The bid submission envelope should read: "Ashern Solid Waste Disposal Grounds" and be addressed to:

Rural Municipality of West Interlake, c/o Stantec Consulting Ltd.
500-311 Portage Ave, Winnipeg, Manitoba R3B 2B9
Attention: Douglas Braun, P.Eng.

Late or misdirected proposals will not be accepted and will be returned unopened, if received. Any questions regarding the proposal call shall be directed to Douglas Braun, Telephone: (204) 489-5900

Classifieds



Book Your Classified Ad Today - Call 467-5836 or Email classifieds@expressweeklynews.ca

REPORTER/PHOTOGRAPHER

The Express Weekly News is looking for an outgoing individual to join our news team as a reporter/photographer covering the news for the communities along Highway 6, including St. Laurent, Lundar, Eriksdale, Ashern, Grahamdale, Steep Rock, Moosehorn and across to Fisher Branch.

The ideal candidate is someone who is familiar with the goings-on of the region (or willing to get out there and learn), eager to take the initiative in finding compelling stories, has the know-how to take awesome photographs and is able to write clean, engaging copy on deadline.

This is a full-time position. Prior journalism experience is a definite asset. Must be fluent in Adobe Indesign, Photoshop and photo colour correcting. Must have reliable transportation and be willing to work flexible hours, including covering evening and weekend news events.

Submit your detailed resume and samples of writing on or before October 5 to Lana Meier at news@expressweeklynews.ca



We thank all applicants for their interest, however, only candidates selected for interviews will be contacted.

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The Express Weekly News Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication.

Please Call 204-467-5836

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\$11,995

*All prices are plus taxes.



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Gimli, MB R0C 1B0
Sales - 855-963-1818**

*Year end price is plus applicable taxes. **2016 Edge is after non stackable cash, 0% is not combinable. Plus applicable taxes. OAC. See Dealer for details.

Dealer #5358