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VOLUME 4 EDITION 39 THURSDAY, SEPTEMBER 28, 2017

## WEEKLY NEWS

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Kimberley Asham (FCC relationship manager) presented a cheque in the amount of \$1,000 to Roger McCulley (Fisher Branch Early Years School principal) and Alison Malenchak (secretary/breakfast program coordinator) on Sept. 6 for the school's breakfast program. Since 2004, Farm Credit Canada (FCC) has been collecting food as part of its annual FCC Drive Away Hunger campaign in support of local food banks and hunger programs. In addition to food collection tractor tours across the country, FCC offices participate in local fundraising events.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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# Ashern residents wowed by Brazilian jazz music

## Next home routes concert scheduled for Oct. 19

By Jeff Ward

The smooth rhythms of a hand-plucked guitar lulled two dozen people into aural bliss last week as the Home Routes concert series returned to Ashern.

Marco Castillo was the first of six performers to travel to Ashern for the monthly concert series. Tim and Jean Cameron and their son Scott and future daughter-in-law Jenny are opening up their homes for the Ashern Home Routes concert series this fall and winter.

Castillo performed a set of original music and covers of popular songs that lasted 90

minutes. Castillo's music was sung in his native Portuguese but that didn't stop listeners from understanding the context and meaning of his music.

Each show costs \$20 and all the mon-

ey goes to the artist.

Castillo said before the show that these concerts are some of his favourite to perform because of the intimate nature of performing in such close proximity to the audience.

"I really love these shows because you can see how the music affects people," said Castillo.

"When I do bigger shows, you can't really see the faces of people, but here you're so close. It's intimate. I think these shows are powerful because of that closeness you have with the audience."

The Home Routes shows are almost like private concerts. Anyone

who pays can attend, but they're typically smaller groups so it feels like an event that is exclusive. The audience at the show enjoyed Castillo's music and his storytelling. Before each song,

"I REALLY LOVE THESE SHOWS BECAUSE YOU CAN SEE HOW THE MUSIC AFFECTS PEOPLE."



EXPRESS PHOTO BY JEFF WARD

Marco Castillo kicked off the return of Home Routes concerts in Ashern last week with a 90-minute set of music.

he would explain a bit about his history with music and how the song came about.


Castillo uses a board at his feet to record sounds from the microphone and play them back in a loop. Tapping on the mike in a rhythm provided the beat and then playing a small tambourine sequence added an additional layer of sound. Castillo would then perform his song over top of those loops, which gave the illusion that there are other musicians with him.

"I basically make more of me out there and give my music a bit more complexity," he said.

To see and hear it all come together is a unique experience and it's almost like an invisible band at times. During a short intermission, Castillo met with the attendees, which added to the more personal atmosphere of the show.

"That's really my favourite part is that you get to form connections with these people. You get to know a little bit about them and it makes it more fun for me to perform for them," said Castillo.

The next concert takes place on Oct. 19 and will feature folk singers Mark Mandeville and Raianne Richards.



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# Lighting up the Christmas skies over Gimli

By Patricia Barrett

The municipality of Gimli is sponsoring an outdoor Christmas lights contest that will give property owners a chance to win \$500 in Gimli Gold.

Gimli Gold is a coupon that can be used to purchase goods at participating local businesses.

In addition to individual property owners, entire neighbourhoods can participate in the contest.

The neighbourhood with the highest number of properties "lit up" will receive a plaque and bragging rights, said Brittany Isfeld, the municipality's CDC and economic development and tourism clerk.

The contest has a number of rules: humans and live animals are not permitted to be part of the light display; judging will be based on what can be seen from the street at night; partici-

pants should turn on their displays at 5 p.m. until 9 p.m. during judging week (starting Dec. 3); and participants should keep their decorations up until mid-January to encourage spectators.

The deadline to register is Dec. 3.

Participants must provide their name, address, phone number or email on registration forms that can be downloaded from the RM's website or picked up at the RM's office.

They can submit their registration form in one of three ways:

Mail: Box 1246 Gimli, MB R0C 1B0

Email: gimlicdc@rmgimli.com

Drop-off: 62 Second Ave.

Final judging takes place Dec. 7. The winners will be announced Dec. 10 during the Skate With Santa event at the Gimli Recreation Centre.

For more information about the contest, call the RM office at 204-642-6650.



EXPRESS PHOTO SUBMITTED

The RM of Gimli is sponsoring an outdoor Christmas lights contest with judging taking place between 5 and 9 p.m. during judging week starting Dec. 3.

## Interlake Town Hall Meeting

Derek Johnson invites you for coffee and conversation  
Tuesday, October 2nd 7 p.m.  
4th floor, Assisted Living Building  
341 Ingolfs St., Arborg

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# Interlake Women's Resource Centre year in review

By Patricia Barrett

The Interlake Women's Resource Centre held its annual general meeting Sept. 20 at the Waterfront Centre in Gimli.

The IWRC provides counselling, referrals and crisis intervention to women and children experiencing domestic violence.

Staff and board members provided an overview of IWRC's initiatives over the past fiscal year (April 2016 – March 2017) and reviewed financial statements.

Director Jennifer Campbell said staff provided 291 counselling sessions to 31 clients in its catchment area. Staff also travelled to communities outside its catchment area to provide counselling to women facing a number of barriers, including lack of transportation, finances and child care. Gas cards will be provided this year to women to get to court or to get to a women's shelter in an emergency situation.

Families as a whole are affected by domestic violence every day.

"As a society, we need to acknowledge it is not only women who raise children or who may need help with parenting," said Campbell. "If our centre can help the family as a whole then we have helped create a stronger foundation within that family. That foundation will then be passed down to future generations...and can break down the cycle of violence in families."

Social worker Melissa Hornby started with the centre in March 2016, providing counselling to women. Child and youth counsellor Penny Helgason continued to provide outreach to local schools, teaching the Roots of Empathy program to students.

Through the generosity of the public, the IWRC was able to hand out 30 shoeboxes filled with items to women, youth and children over the holiday season. Bayview Church held a Victorian Tea in May and donated the proceeds to the Centre.

The IRWC continues to receive donations of personal care products, which are much in need all year.

Outgoing treasurer Giuseppe Dalzotto said few-



EXPRESS PHOTO BY PATRICIA BARRETT

Front row from left: Karen Thorkelson (co-chair), Jennifer Campbell (director and counsellor), Patricia Valgardson (co-chair) and Melissa Hornby (counsellor); back row: Carmen Jonasson, Judy Gilbert, Donna Rode (community rep), Giuseppe Dalzotto (outgoing treasurer, community rep), Thora Palson (secretary), Mika Hacking (community rep) and Penny Helgason (counsellor).

er fundraising initiatives over the past fiscal year resulted in a revenue decrease from \$158,000 to \$153,000. But expenses decreased by \$39,000 resulting in a surplus of \$25,000. Cash reserves increased from \$133,000 to \$155,000.

The IWRC invited guest speaker Rhonda Dagg

from Child and Family Services to provide an overview of the province's new domestic violence model, called Safe and Together. The model focuses on working with men who abuse their partners and children.

## Grahamdale asking province for funding to combat predators

By Jeff Ward

The bad summer for predator control in the Interlake has prompted the Grahamdale council to ask the Minister of Sustainable Development, Rochelle Squires, for help in funding the fight of predator control.

Coyotes, timberwolves and bears have been wreaking havoc on local livestock throughout the Interlake this summer. Ashern, Eriksdale, Inwood, Fisher Branch and Grahamdale farmers have all seen and reported high numbers of predators and high numbers of their livestock killed.

Grahamdale Reeve Clifford Halaburda said that some cattle farmers have approached him this sum-

mer asking for help in fighting back against these predators. He explained that while there isn't much he can do, he wanted to bring these concerns to the minister in an attempt to get more attention on what has become a very serious issue.

"It's a big problem out here. I don't want to see everything destroyed but I want to see something better. These cattle are gourmet food for these predators and because of the shortage of deer, moose and elk, there's nothing for them to eat," said Halaburda.

Halaburda recalled a recent conversation with a cattle farmer who had lost a dozen head of cattle and noticed that many of his young calves

were also injured. This farmer is doing everything he can to save his animals but knows a calf with no tail or missing ears from predator attacks simply aren't going to sell. Halaburda said that it's a tough position to be in for farmers. While there are ways to recoup losses, such as Manitoba Agricultural Services Corporation (MASC), they are never going to get the full value for their hard work.

"I sympathize with them. It's a sad story for the beef operator," said Halaburda.

If help from the province does come, it's uncertain what form it would take. Grahamdale CAO Shelly Schwitek said that financial aid would be the

most appreciated as the one of the best ways to stop the onslaught is to have knowledgeable trappers out there in the woods, trapping. Having more money to give those trappers would allow them more time to go out, set snares and find tracks.

As of press time Minister Squires had not responded to the matter. However, it should be noted that Squires has only been in this position for a month following the August cabinet shuffle that saw her moving from the Sport, Culture and Recreation role.

"We have gotten an acknowledgment that our response is coming but we haven't received that response yet," said Schwitek.

# Lakeshore School Division invests in tech upgrades

By Jeff Ward

New laptops, projectors, printers and software across Lakeshore School Division this year are only a small part of making all schools more capable of handling the ever evolving nature of a tech-based future.

Justin Critch, technology supervisor for the division, explained that this year marks a refresh year for much of the technology in schools. Teacher have been given new laptops that are not only more powerful but more capable of connecting to school networks and other tech infrastructure.

Wireless connectivity to classroom projectors will allow teachers to be more mobile and not be tethered to their desk when giving lessons. These upgrades are an important part of the evolution of technology in schools. Critch explained that these refreshes would allow their tech to be more standardized across the division.

"Having everything be the same will make for less problems and easier troubleshooting," said Critch.

"I think we are on the cutting edge of technology for the division and I want to keep improving that. After this refresh, the next priority is upgrading

our internet to fibre and having our connection speeds be strong and stable is important."

The internet speeds need to be strong to keep up with increasing demand from both students and teachers. Students are using the internet every day at school to research and connect with the world around them. And teachers are now more connected than ever before.

Critch said that this year, the division joined Microsoft Office 365, which is a suite of apps including Word, Excel, Powerpoint, OneNote and OneDrive, among others. These tools allow teachers to collaborate on documents simultaneously and stay connected to each other.

Critch said the decision to go that route instead of using the Google suite of apps was made because Microsoft's apps are more stable and they offer much greater support. He said in an effort to maintain the division's current network infrastructure, two students were hired over the summer to help clean and organize network racks.

"With these old schools, part of the challenge is making sure every class



EXPRESS PHOTO BY JEFF WARD

Justin Critch worked on refreshing laptops, projectors and printers over the summer and parts of last year to help standardize tech across the division.

has a consistent Wi-Fi signal. You'll find in some of them that the signal is strong and as soon as you shut the door it's gone. So we're using different channels on our routers to make

sure it's as consistent as possible," said Critch.

Technology is updated every four years as is mandated by the school board.

# Manitoba's new red tape measure: best in North America

Submitted

Winnipeg, Sept. 19, 2017 – Today, the Manitoba government took another major step towards being a North American leader in cutting red tape when it announced its baseline count. The count is the most comprehensive in Canada including government rules found in legislation, regulations, policies, forms, and guidelines. According to Finance Minister Cameron Friesen, Manitoba's baseline count includes 906,824 regulatory requirements.

"Red tape is a huge hidden tax on everyone. It increases prices, reduces job opportunities and stresses people out. Manitoba deserves high praise for making that hidden tax more visible today. It's a very promising step towards making things better, not just for those who directly get tangled up in red tape but all Manitobans who suffer as a result," said Laura Jones CFIB's executive vice-president and

chief strategic officer.

Last spring, the government became the first province in Canada to legislate a cap on the number of government rules. Bill 22 mandates that for every new regulatory requirement created, two existing requirements with double the administrative burden of the new requirement must be removed (two-for-one rule) until March 31, 2021. After March 31, 2021, it will be replaced by a "one-for-one" rule.

"To date, British Columbia has been Canada's undisputed leader in red tape reduction, but Manitoba has announced a more comprehensive measure and has beat B.C. in being the first province to legislate a cap. If things continue this way, it will be the Manitoba model that everyone is talking about," said Jones.

"The government still has a lot

of work to do in actually cutting red tape, but they have all the right ingredients," said Jonathan Alward, CFIB's director of provincial affairs for Manitoba.

CFIB estimates the annual costs of all regulations on businesses in Canada to be \$37 billion annually, with one-third of that (\$11 billion) considered unnecessary red tape. In Manitoba, all federal, provincial and municipal regulations cost businesses \$1.2 billion annually, \$360 million of which is considered red tape.

"Seven out of 10 business owners in Manitoba say red tape is limiting their ability to create jobs. The government's focus on this couldn't be more timely or more important," concluded Alward. CFIB's ninth annual Red Tape Awareness Week™ will take place

between Jan. 22 and 26, 2018, and will challenge governments to reduce the hidden tax of red tape for the good of all Canadians.

CFIB is Canada's largest association of small- and medium-sized businesses with 109,000 members (4,800 in Manitoba) across every sector and region.

**Don't forget to send your special wishes to your friends and family.**



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## Fall clean up on the dock

Welcome, sport and commercial fishers.

Last Thursday I was sitting on the anglers' walkway along the water break wall of the Gimli pier taking in the harbour's serenity. The air was motionless and warm under heavy clouds. Voices of workers echoed across the marina as they craned a sailboat from the water onto its trailer.

An old Massey yard tractor then putted along, pulling it up to a storage lot and I felt a sadness that the summer marine season was ending. The odd fisher quietly glided out of the bay in grey skiffs to do their afternoon lift. I turned to the guys behind me fishing off the wall and asked the one nearest me if he had a story for his fellow anglers. He turned his ruggedly featured face to one side in thought, shifted his husky body against the water break wall and then in a surprisingly articulate voice said, "I was at this spot last week and caught a master walleye. As I was bringing it up the wall, the line snapped and I lost it. That loss bothered me all week so I bought a huge net with long extensions. Fishing here yesterday, a lady beside me caught a master walleye and I used my extra long net to land it for her. It wasn't my fish but it felt good knowing next time I'd be ready."

His name was Calvin Barbour, and as we chatted, a tall, thin chap with white face stubble slowly rolled up on his bike. The biker was a local man, Murray Vann, who spends much of his time fishing off the wall. He joined our conversation with a story that happened on the pier a few



**EXPRESS PHOTO BY ARNIE WEIDL**  
Lydia and Marcel Richard with their catch off the Selkirk pier.

weeks ago. He had caught a good-sized pickerel but, like Calvin, didn't have a long enough net so he had to walk back along the pier to the shoreline holding his rod high so his line would clear the wall. When he got off the pier at shore, two boys waded into the water and got his fish for him.

Last Friday, I had an itch to see the anglers at McArthur Falls on the Winnipeg River again.

There, by himself, was Kirk Paquette from Winnipeg sitting in a folding

chair surrounded by the beautiful rock outcroppings so typical of this area. He was a wiry guy with long, dark hair, goatee, rim glasses and a deep voice. He recalled how, not long ago, his love of fishing found him in his boat, much to his wife's displeasure, fishing here on a stormy, rainy afternoon. He got a strike, and with wet, cold, slippery hands on a soggy rod handle, he began hauling up and reeling down. His catch tugged his line in spasms and then would become a dead weight as he hauled in. In time, a three-foot sturgeon lazily showed its white belly to the sky right beside the boat and then sank out of sight.

Kirk let some line out but soon realized the fish was swimming around the boat and the anchor rope. Oh heck, he thought as he began lifting the anchor rope, now totally tangled with fish line. Kirk could only guess the sturgeon was off somewhere in the water resting quietly. It took time, but eventually Kirk got things untangled. As he raised the lazy sturgeon to release it, he swore the fish looked at him as if to say, "I've been very patient. Can I go now?"

On Tuesday last, I witnessed a most charming thing that renewed my faith in how a couple in love can care for each other. I had pulled up beside a husband and wife fishing on the Selkirk pier and, staying in Old Red, I lowered the window to ask how the fishing was going.

"Good," the lady answered gently. I slid out of the truck and offered my

Continued on page 8

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# Sunrise Lutheran Hall love story leads to restoration project

By Patricia Barrett

A former summer camp hall that saw thousands of kids pass through its doors during its heyday is being restored to its former glory by a couple of former campers who met there and later married.

Gimlites Thora and Kevin Palson, whose respective destinies were sealed in the Sunrise Lutheran Camp hall, embarked on a project a few years ago to restore the historic building, which they now own.

The cavernous, multi-windowed hall served as a focal point during Sunrise camp's run from circa 1945 to 1974. The building was then utilized by Sunrise's successor camp, called the Icelandic Language and Cultural Camp.

"I started going when I was about four and Kevin was six," said Thora, referring to the period between 1984 and 1993. "And he says, 'I fell in love with you there, and I knew when I was six years old you were the only girl I wanted to marry.'"

True love bloomed during a dance they shared in the hall.

"I don't remember any of this," Thora laughed.

With a little prompting from the 30 or so guests that dropped by the hall Sept. 15 to celebrate the completion of work on the building's exterior, Thora and Kevin re-enacted their "first-love" dance.

The hall is the only surviving building from the Sunrise camp, which was located in Husavik where the Husavik Homes on the Bay subdivision now lies.

Kevin inherited the hall from his step-father, who bought it for \$1,200 when it was put up for auction in 1997. The hall was moved to the Palson's Siglavik property and used for storage until the couple decided to restore it.

In the early 20th century, Fresh-air Camps, as they were then called, sprang up like cattails along the western shore of Lake Winnipeg, offering local and underprivileged city kids an opportunity to experience the great outdoors.

Around that time, physicians believed bad air (miasma) contributed to childhood diseases and "fresh air" was the cure, according to a recently released book titled *Fresh Air Unlimited: The Fresh-air Camps of Lake Winnipeg* by architectural historian David Butterfield.

The RM of Gimli had the largest concentration of Fresh-air Camps in Manitoba, and many of the original buildings with their stunning architecture still exist at five of the surviving camps.



Thora and Kevin Palson had their first dance at Sunrise Lutheran Hall when they were four and six years old.

To preserve and celebrate the municipality's unique heritage, Wally Johannson of the Gimli Municipal Heritage Advisory Committee conceived of and commissioned the book, which profiles 19 Fresh-air Camps (including Sunrise) established between 1911 and 1975.

Superbly entertaining and informative, the book contains black and white and coloured photographs, excerpts from letters and pamphlets and first-hand accounts of camp life.

"We're going to try as a committee to help [Thora and Kevin] out with fixing up the interior," said Johannson. "Hopefully we can get a Heritage Building grant, which will help in that process."

About 600 hours of work went into the first phase of the restoration work. Thora's uncle, Jerry Jonasson, and Elva Simundsson began scraping the old paint off the exterior. With Thora and Kevin mucking in, they primed and painted it and rebuilt the piers adorning its face. Kevin also built a deck and stairs.

"I never kept track of the time, but we put hundreds of hours of labour into it," said Jonasson.

Sunrise hall has a stage and two wings that used to serve as the chapel and the library. Many of the original windows are painted with geometric designs that bring to mind green grass, flowing water and blue sky. One depicts Jesus carrying the cross; another, a chalice. The floor of the hall was fashioned from planks used in railway boxcars.

"This building was made in the '20s," said Kevin. "That's what Wally figures. It was made from recycled lumber. The floor is boxcar wood. There's the odd six-foot board, but most of it is



EXPRESS PHOTOS BY PATRICIA BARRETT

Retired Senator Janis Johnson has fond memories of her time at Sunrise Lutheran Camp.

four- and two-foot planks. They used to use it in all kinds of buildings because they could buy it cheap."

Simundsson was one of the co-directors of the Icelandic Camp and remembers the events held in Sunrise hall.

"The kids put on performances and made up their own stories and plays," she said. "They'd sing for parents at the end of the week and we'd hold a camp dance."

Retired senator and Gimli Film Festival founder Janis Johnson is another Gimlite with tender memories of Sunrise camp and its hall.

"I loved it. I waited every year to come to camp," said Johnson, who started attending when she was seven and continued until she was 12. "We used to have to come to this chapel (hall) every morning at 7 and every night at 7 and we'd sing. After that we'd go out to the cairn — where we always put our rocks with our names on them — and we had to sing, 'Day is Done, Gone the Sun' and then we were allowed to go to our dormitories."

As Johnson walked around the hall, camp memories came flooding back: races and other sporting activities, beachside fun, crafts and the honing of literacy skills through reading and public recitation.

Sunrise was a place that broadened her horizons through contact with kids from different parts of the province.

"I loved it because I could meet so many kids that weren't just from Gimli," said Johnson. "There were kids that came to this camp from Winnipeg ... so I got to make new friends. And I could get away from my family



Wally Johannson came up with the idea to profile Fresh-air Camps.

for a while and enjoy something besides just being a kid in a tourist town in the summer."

The Palsons plan to replace the hall's roof then begin work on the interior, perhaps adding a washroom and a kitchen in the two wings.

"I think we all feel a certain emotion when we see old buildings," said Thora, addressing the guests, "and that emotion changes depending on the state of the structure. This process has certainly been emotional for me and I still can't believe we've gotten this far in two years."

*Fresh Air Unlimited: The Fresh-air Camps of Lake Winnipeg* is available for \$25 from Wally Johannson, 204- 642-9182. Gimli Pharmasave and Tergesen's General Store also carry the book.

# Province provides \$150K grant to Lake Winnipeg Research Consortium

By Patricia Barrett

Manitoba Sustainable Development awarded a \$150,000 grant to the Lake Winnipeg Research Consortium to help with research on deteriorating water quality and public education programs.

Gimli MLA and Municipal Relations minister Jeff Wharton paid a visit to the Namao research vessel in Gimli Harbour Sept. 15 to present the cheque to Al Kristofferson, managing director of the consortium.

"I am proud to present the Lake Winnipeg Research Consortium with this substantial grant," said Wharton in a news release. "The LWRC's goals of co-ordinating scientific research and creating educational opportunities and public awareness around environmental issues facing Lake Winnipeg are important to all who live, work, and play on the lake. I am especially pleased that this grant will support the M.V. Namao, the LWRC's research platform, as it carries out ongoing research and education projects on Lake Winnipeg."

Founded in 1998, the LWRC is made up of 32 agencies, including government, university and corporate bod-

ies. The Motor Vessel Namao is used as a sampling platform from which scientific research is conducted, and the Fylgja touring boat is used for sampling water quality closer to shore.

Kristofferson said funding from the government is vital to monitoring the lake.

"Lake Winnipeg is a very large and complicated body of water and no single agency has the resources to research it adequately," said Kristofferson in the news release. "That is why partnerships are necessary to get the job done properly. The Province of Manitoba is an essential partner, providing researchers on board the M.V. Namao and providing this funding presented by Minister Wharton today. Without this funding we would not be able to carry out this important work."

The consortium monitors nutrient loading, zebra mussels, algae blooms, food web dynamics and the effects of eutrophication on the commercial fishery, according to its website. Funding permitting, the Namao offers a hands-on ecology field program each year for primary and secondary students.



EXPRESS PHOTO COURTESY OF JEFF WHARTON CONSTITUENCY OFFICE  
Back: crew of the M.V. Namao: Captain Walter Lea, chief engineer Ryan Johnson, second engineer Andreas Rodenberg, deck hand Brett Bradley and deck hand Neil Bradley. Front: Gimli MLA Jeff Wharton, LWRC managing director Dr. Al Kristofferson and LWRC director Bill Barlow.

# Eriksdale to host card-making and scrapbooking day

By Jeff Ward

This weekend local card makers and scrapbookers will join others with the same passion in the Eriksdale Recreation Centre to talk shop, create and help raise money for the Eriksdale New Horizons Club.

The event has handy creators setting up a table inside the rec centre for a full day of crafting and networking.

Event organizer Andrea Sweetland said that the last time this event benefited the New Horizons Club, it profited just over \$1,000, which coincidentally helped replace a dishwasher that had broken shortly after the event. Sweetland said that it's always nice when local events that bring the community together for a fun activity can

also be used to benefit local organizations that need a boost.

The event takes place this Saturday Sept. 30 from 9 a.m. until 7 p.m. and includes two meals and coffee breaks for all attendees, who pay \$40 each for a spot.

"Right now, we have 32 tables confirmed and in between 30-40 is a good number for us," said Sweetland.

"Family and friends help out a lot because almost all of our silent auction prizes and the food is donated. The only thing we pay for really is renting the hall, so that means the majority of that \$40 goes towards whatever cause we're raising for."

Selkirk based scrapbooking business The Scrap Book will be joining

the event as the official provider of any and all materials.

Sweetland explained that one of the fun things to do at the event is to chat about what you're working on. Listening to other hobbyists detail their latest creation or explain how they make something is a fun way to socialize.

"We also do things like a card challenge. So we'll have a card that has a certain design like two circles and some lines. People have to make that card and can add anything they want to it to make it unique, but it has to have these certain elements. We do

little prize draws for that and everyone who buys a silent auction ticket gets a prize," said Sweetland.

If previous events are any indication, the event will bring out some great creativity and raise some significant money for a good local cause.

## > GET FISHING, FROM PG. 6

card. They gave their names as Marcel and Lydia Richard of Winnipeg. Soon Marcel told how they had caught a big catfish earlier on the opposite side of the river. When reeling it in, because of the low river water, it became grounded on a mud bar and slipped the hook.

We continued trading stories for a while and then they stood with their

catch for a picture. As Marcel bent over the side of the pier to lower their catch back into the water — and here is that little proof of love I was talking about — Lydia intently but firmly grabbed the tail end of Marcel's coat so he wouldn't fall into the water. It was a small thing but so telling.

So-long till next week, pals.

## Gimli Curling Club WEDNESDAY MORNING LEAGUE

Curlers of all ages welcome

**Meeting:**

**Wednesday**

**October 4, 2017**

**11:00 am**

**at the Curling Club**

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[glanders42@gmail.com](mailto:glanders42@gmail.com)



# CFS domestic violence model focuses on male perpetrators

By Patricia Barrett

Manitoba Child and Family Services is in the process of rolling out a new model of domestic violence that focuses on male perpetrators and their impacts on the family.

The Interlake Women's Resource Centre in Gimli invited guest speaker Rhonda Dagg from CFS to its annual general meeting Sept. 20 to provide an overview of the model, which is called Safe and Together.

The model assesses behavioural patterns, substance abuse, children's functioning and the steps survivors take to keep children safe. It also holds perpetrators accountable for causing harm.

"I feel like CFS, in general, is late coming to the table with our domestic violence [model], but I'm super excited that we're finally here," said Dagg, who works with the agency's general authority. "We have been trained in this practice and we've been trying to implement it across our province."

American institute David Mandel and Associates created the Safe and Together model to enhance child worker's responses to domestic violence, promote responsible fatherhood and hold perpetrators accountable. The organization provides training to child welfare agencies across the globe.

Domestic violence encompasses a range of abusive behaviours including physical, sexual, emotional, psychological and financial. In the context of the child welfare system, Dagg said domestic violence is defined as parents and/or caregivers who engage in a pattern of coercive control and often directly involve, target or impact their children.

Perpetrators can be of either gender, said Dagg, but is usually identified as male.

Despite decades of studies on domestic violence and statistics showing the overwhelming majority of victims as female, child welfare agencies are only just now focusing on men. When asked why, Dagg said, "We didn't know what we didn't know and we became aware of this."

"There's some research, but for domestic violence in general, there's not a lot of evidence-based practices."

Dagg said society has a tendency to point the finger at mothers, blaming her for making a bad partner choice or for staying with or returning to her abuser.

"Historically, we've blamed moms for not protecting children. We've said mom failed to protect when dad was violent or because there was domestic violence in the home," said Dagg. "We're now [saying] if she had the ability to control his behaviour, she would. Now we say it's not that she failed to protect, it's his behaviours that have caused the harm to the



EXPRESS PHOTO BY PATRICIA BARRETT  
Rhonda Dagg from CFS provided an overview of Safe and Together.

children."

Partnering with the woman and asking detailed questions is a major component of the new model.

"We need to understand the context behind decisions," said Dagg. "Was she threatened that if she didn't go back, he would harm her or the children? Does he provide financially for [them]? It's important for us to partner with mom and understand why she's making those decisions and not lay blame on her."

Perpetrators will often minimize abuse, deny it happened or blame the victim for causing it. They will threaten, humiliate and isolate the victim and damage property in their attempts to gain control over her.

The use of anger is a rational and instrumental tactic designed to control a victim despite perpetrators' claims that they're unable to regulate their anger.

"We now know this is not an anger-management issue because perpetrators aren't angry all the time," said Dagg. "They go to work, they function in society. It's about power and control."

CFS will start opening files on men to better understand the dynamics of domestic violence.

"Up until the last year or so, we've always opened files on mothers. Now what we're saying is, 'Who is accountable for the harm?'" said Dagg. "That's a big paradigm shift we're making. We're going to hold

the person responsible for the harm accountable, and we're going to partner with the survivor."

The new model will also consider the things women do to prevent harm coming to their child and build on those "strengths," as well as examine times when parents are not harming their children.

But the main focus will be on men.

"We're focusing on mom for the wrong reasons. Yes, it's our responsibility to make sure she keeps the kids safe, but we really need to divert our attention to work with dad. Even if he's not involved in this relationship [anymore], he's going to move on to the next partner and maybe cause harm to that family. We need ... to sit down and have conversations with the perpetrators."

Dagg said there has been a lot of "pushback" from CFS partners and from social workers themselves in response to the new model.

"Workers will sometimes say to me both parents are perpetrators, and I have to remind them that we can only have one perpetrator because we have to remember our definition: there has to be an element of coercion and control. Even though both parents might be physical towards each other, we need to dig deep enough to see [if] one parent has a little more control over the other parent."

If the father lives in another geographical region, workers may be reluctant to open a file on him. But Dagg said CFS has to show "due diligence" in tracking him down.

Courts are another partner coming to terms with the new model. They're often presented with CFS files on mom and "we haven't had the information on dad that we need," said Dagg.

Men also tend to present better in court, coming across as cool and collected whereas women can be emotionally unstable as a result of the abuse they've experienced.

CFS wants police to inform the agency of domestic violence incidents even if a child had not been home to witness it or was sleeping.

"We learned from our research that very few children know nothing about the domestic violence in their home," said Dagg. "Children see, hear and are aware of it. They feel the tension and see bruises and property damage."

CFS is issuing directives its members can consult when domestic violence is suspected. The agency has also been presenting its new model to daycares, women's shelters, schools, police forces and hospitals.

"We're trying to share this knowledge so they understand we're changing our practice," said Dagg. "We're hoping they can help us."

## Late night deer strike on Hwy. 6 results in no injuries

By Jeff Ward

Lundar RCMP responded to a vehicle collision with a deer south of St. Laurent last Wednesday evening that held up northbound traffic as emergency crews arrived.

RCMP media relations officer Paul Manaire said that the vehicle had two occupants, a 56-year-old male driver from Oak Point and a 57-year-old fe-

male passenger from Headingley who were traveling north on Highway 6 when their pickup truck collided with the deer. Neither was injured but they were checked at the scene by first responders from St. Laurent.

St. Laurent fire chief Roger Leclerc said his team was called out to the scene and helped clean wreckage from the road and direct traffic until the vehicle

could be towed away. Leclerc said that while both occupants were uninjured, they were treated for shock.

"Typically we respond to a few of these calls every year but right now there is a higher chance of deer venturing onto the highway," said Leclerc.

The deer did not survive.

# Arborg students take a break from the classroom



**GIMLI ANNUAL FALL**  
**Craft Sale & Trade Show**  
 September 30 from 10:00 – 3:00  
 Over 65 vendors  
 Free admission  
 Silent auction draw  
 Around 2:45

**EXPRESS PHOTOS BY JENNA PEARCE**  
 Arborg Early Middle School students, staff and families enjoyed the 5th annual back-to-school barbecue on Sept. 20. Parent volunteers and the principal cooked and helped with face painting for the family-friendly event. Arborg Co-op donated all the food, drinks and condiments while several businesses donated to help cover the costs of the bouncers. The PAC would like to thank all the businesses for supporting the barbecue. This year, any profits received from the barbecue will be put towards the purchase of cross-country ski equipment for the school.



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## Handi-Van receives \$10K



**EXPRESS PHOTO SUBMITTED**  
 The Riverton & District Handi-Van service received a \$10,000 donation from Noventis Riverton branch this past Thursday. This donation will help members of the community with reliable transportation to and from appointments and the grocery store. Erica Timchishen, Noventis branch manager, left, and handi-van board member Jonas Thorarinson.

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 Gas Blower

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<sup>†</sup>Without battery.



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# Goose jerky

Prep Time  
15 mins  
Cook Time  
7 hr  
Total Time  
7 hr 15 mins

Ingredients  
3 pounds skinless, de-fatted goose breast

2 cups water  
2 tablespoons kosher salt  
1/2 teaspoon Instacure No. 1 (optional)  
1/4 cup Worcestershire sauce  
1 teaspoon garlic powder  
1 teaspoon dried thyme  
1 teaspoon cayenne  
1 teaspoon porcini powder (optional)

3 tablespoons brown sugar  
Instructions

Slice the goose breasts into roughly 1/4 inch thick strips. Mix remaining ingredients well in a large bowl. Put the meat into the marinade and massage it all around to coat evenly. Pour everything into a seal-able plastic bag or container and set in the fridge. Marinate for at least 24



and up to 72 hours — the longer it is in the mix, the saltier the meat will get, but the more flavorful it will be. During the marinating process, massage the meat around in the bag to keep all the pieces in contact with the marinade.

Remove the goose from the bag and pat dry with paper towels. Either follow your dehydrator's instructions for making jerky (I dehydrate mine at 140°F), or lay the strips on a wire rack set over a cookie sheet. Set the rack in an oven set on Warm until the meat is dried out, but still pliable, about 6 to 8 hours. Store either in the fridge indefinitely, or at room temperature for up to 1 month.

## All Canada Goose Shoot Calcutta

### Events - Friday, October 6th

5:00 p.m. Registration  
6:00 p.m. Supper  
Provided by Danny's Whole Hog \$15/plate  
7:00 p.m. Team & Field Draws  
8:00 p.m. Calcutta

### Events - Saturday, October 7th

4:30 a.m. Breakfast and check in  
(Hunt starts 30 minutes before sunrise)  
12:00 p.m. Hunt ends  
2:00 p.m. All teams report to curling rink by  
8:00 p.m. Dance  
10:00 p.m. Presentation of Winners

### Past 12 Years Calcutta Funds Raised

2005 \$12,925	2009 \$12,250	2013 \$41,500
2006 \$19,250	2010 \$15,200	2014 \$29,100
2007 \$14,650	2011 \$17,350	2015 \$21,000
2008 \$17,100	2012 \$18,050	2016 \$32,000



**Lundar Goose Shoot 2017**

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**The Ultimate Guide to Hunting Canada Geese**

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The fall Canada goose migration is one of the grandest spectacles in the natural world. Flying south in large V formations, these big, garrulous birds capture the attention — and the imaginations — of folks all across the country. Hunters in particular look forward to this fall flight as honkers gather in great numbers on migration and wintering areas. Resident geese are also part of the show, and together these birds offer waterfowlers plenty of exciting hunting opportunities.

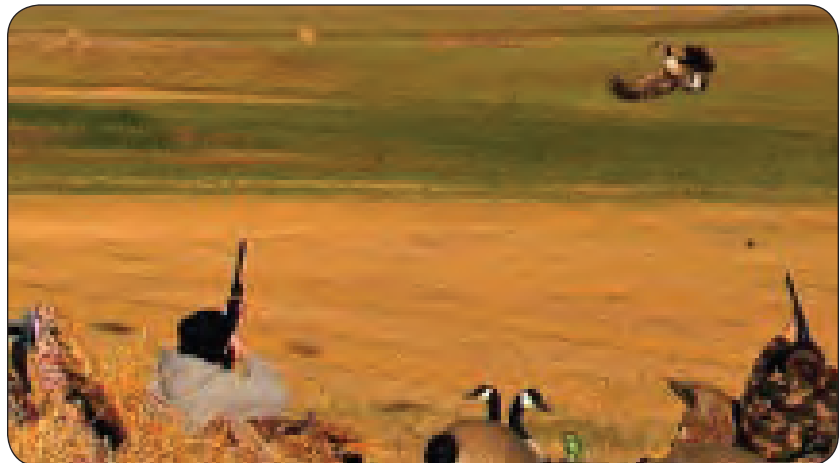


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Over the years, Canada goose hunting has become a highly specialized sport. It takes a combination of hunting savvy, good equipment and persistent effort to consistently outwit these challenging game birds.

Here are a few tips from some of the nation's top Canada goose hunting experts to help you bag more geese this season.

**1. Choose the Right Call**  
Canada goose calls come in three basic styles: resonant chamber, flute and short-reed.

Follow this sound advice to become a more effective goose caller in the field

Continued on page 15

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# Junior farmers win big at Canadian cattle showdown

By Jeff Ward

Lakeside 4-H-ers Chris, Will and Jennifer Jermey walked away with five division championships at the Canadian Junior Angus Showdown in July for cattle they've bred and raised.

The showdown is an annual contest that sees junior Angus producers from all over the country come together for a competition that covers all aspects of producing from marketing and sales to overall quality of the cattle. Chris Jermey took home the champion heifer calf and champion two-year-old award while his younger brother Will won the senior champion female and champion mature female awards. The boy's sister, Jennifer Jermey received the reserve champion two-year-old award.

The Jermey family have been farming north of Moosehorn for years. Ross Jermey said that his kids care deeply about their animals and have developed small herds of their own over the years. He said that this competition has become a family event that they travel to every year and that this year's event in Lloydminster, Sask., was particularly memorable given the accolades they took home.

"Our kids kicked [butt] this year," said a proud father Ross Jermey.

"This year there were 300 head of cattle at the competition and about 200 kids so the competition was tough. They're all really good producers. These are cattle they owned and bred themselves. It's a lot of work and they've really earned these awards."

Where the Jerneys learned the skills that eventually made them champions is a combination of learning from the experience of their father but also being involved in their local 4-H club. Ross Jermey explained that his kids have been involved in the Lakeside 4-H Beef Club since they were old enough to participate.

Will Jermey said that he highly values the lessons he's learned in 4-H

over the years. In conversing with others on breeding, presentation, care and how to market and sell the cattle when the time comes. Those skills continue to grow and Jermey said that while he doesn't think it'll ever be possible to breed the perfect animal, he thinks he can get pretty close.

"You learn a little bit more each time: what works, what doesn't work and you try a bunch of different things. When we do AI [artificial insemination] we're trying to take the best traits for two animals and combine them. It doesn't always work but we're always trying to do better," he said.

They're also working off of historical data to help them figure out what is the most likely outcome from their breeding efforts. And with each new success, there are also new opportunities to eliminate genetic weaknesses to try and breed the best possible animal. The cattle they're producing now are acting almost like a living trust fund that the three can continue to invest time and money into. They can continue growing their herd or they can sell them off and use the money towards furthering their post-secondary education.

"And it's up to them. These are their herds and however they want to handle that is fine with me. Chris calls me every week while he's away asking me how the herd is doing and I send him pictures so he can see. They really care about the animals," said Ross Jermey.

Caring does lead to some problems, though, as many of the cattle they're producing are going to be sold at some point. Even Ross Jermey said that an attachment is formed to the animals and it can be sometimes hard to cut the ties.

"I just sold one this morning that was one of my favourites. It's still tough to see them go," he said.

Right now, the siblings have no plans to sell their herd. Jennifer Jermey is studying education at Brandon



EXPRESS PHOTOS SUBMITTED BY CHRIS JERMEY

Will Jermey, left, stands with his senior champion female and two-year-old from the Canadian Junior Angus Showdown in July.



Chris Jermey stands with his reserve champion two-year-old.

University. Chris Jermey is working to complete his pre-veterinary studies at the University of Manitoba and Will

Jermey is attending Ashern Central School.

## > HUNTING TIPS, FROM PG. 14

Resonant chamber calls are the easiest to use but are limited in the range of sounds they can make. Flute calls, which take more skill to blow, produce a broader range of sounds and are more realistic and mellow in tone. Short-reed calls produce the widest range of Canada goose sounds and are the handiest calls for expressing excitement and aggression. They are also louder than other calls and require less air to operate. Learning to blow a short-reed call effectively does take some practice, but this call's ver-

satility makes it well worth the effort for serious goose hunters.

### 2. Seek Proper Instruction

The best way to learn to call geese is to work one-on-one with an experienced caller. An expert can help you develop proper calling techniques and avoid some of the pitfalls and bad habits that can plague novice callers. The next best way to learn is to watch an instructional DVD or online video. These resources offer plenty of how-to instruction and tips for improving your calling.

### 3. Start with the Basics

To imitate Canada geese, you need to learn four basic calls. The first and most identifiable sound is the honk, which is typically a relaxed, contented call. A cluck is a shorter, faster honk with more intensity and excitement. A murmur is the sound that geese make while feeding and loafing. A moan is a universal call. Sometimes it signals contentment, other times excitement and it's typically made by geese in flight or on the water. All other Canada goose calls consist of combinations or variations of these four fundamental sounds.

### 4. Pour It on Distant Birds

When geese are passing at long distances, hit them with a "wall of sound." That is, call with loud, continuous honks, clucks and moans. Produce as much excitement as possible. Do so with a loud, high-pitched call that cracks sharply between low and high notes. Continue hailing the geese with this rapid, loud calling style until they turn your way or fly out of earshot. The goal here is to capture their attention and convince them to come to you instead of flying on to their intended destination.

# Is red tape stifling small business in the Interlake?

By Jeff Ward

Last week the province announced that they would be taking another step in reducing red tape and regulations in hopes of creating more opportunities for entrepreneurs. And according to one small business owner and economic development officer (EDO), those regulations could be holding back Interlake business.

Clayton Gibson is the EDO for Ashern in the RM of West Interlake and is also a small business owner. Gibson owns the Esso and Subway in Ashern and has some new ideas he's working on. He's experienced both the entrepreneur side and municipal side of how the abundance red tape and regulations can be a hindrance to development.

During a Sept. 19 press conference, Finance Minister Cameron Friesen said that Manitoba's baseline count of regulations is 906,824 strong, making it the most comprehensive in Canada. Gibson explained that what those regulations set out to do and what

they actually end up accomplishing sometimes don't line up.

"I think these regulations can absolutely be a deterrent for new business," said Gibson, who was quick to play devil's advocate.

"But I also think that going through that process can weed out people who maybe don't have what it takes. The danger is that it keeps great ideas from becoming reality and that's the opposite of what we should be encouraging."

Last spring, the province announced that there would be a cap of the number of government rules and became the first province in Canada to do so. They also created a new mandate, Bill 22 that says that until March 31, 2021, for every new regulatory requirement made, they would eliminate two of the existing ones. That two for one rule would be replaced by a one-for-one rule come April 1, 2021.

Gibson said that this was definitely a good start for the province to make and that trimming down the exhaus-

tive list of requirements should make it easier for new businesses to pop up and current ones to expand.

As an example of how some of these regulations can bog down entrepreneurs, Gibson said that he has in his office seven envelopes for his GST accounts. He said that even though he no longer collects GST for those accounts as they are closed, the government still makes him file.

"They send me letters sometimes reminding me to file but to just put a zero. So every month I have to log in to seven different accounts to do this even though it's zero," said Gibson.

According to the Canadian Federation of Independent Business (CFIB), the annual cost for businesses in Manitoba for all federal, provincial and municipal regulations is \$1.2 billion with \$360 million being considered red tape.

Gibson said that he was happy to see this year that the government conglomerated a bunch of funding applications into the same form. He

said that he believed it was the better approach.


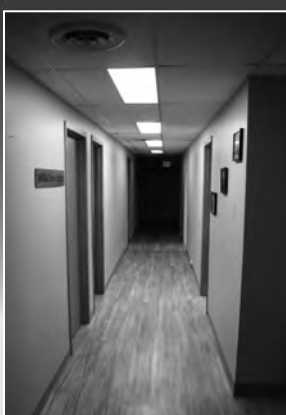
"But as it turns out, when they did that all of these programs that had staggered deadlines now all had the same deadline and we just weren't ready for that. It actually made the process worse. This was a change that on the surface should have been much better. So you can see that it's a very complex thing," said Gibson.


Entrepreneurship is a challenge no matter how you slice it. But the challenge, Gibson believes, shouldn't be in filing paperwork and paying processing fees for forms. And while many of these regulations play an important part in protecting consumers, employees and owners, there are some that could likely disappear with no ill effects.

"We're fortunate that in the Interlake we have fantastic people with good ideas tucked in their pockets, ready and waiting. We'll never be stifled in this region because of those people," said Gibson.

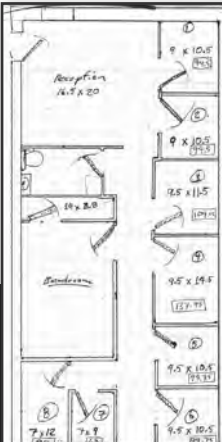
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## Aurora Fun Run raises \$10K



EXPRESS PHOTO SUBMITTED

Gimli's Aurora Recovery Centre's first Fun Run helped raised a total of \$10,000, which will be split amongst the sober living homes Two Ten Recovery and Destiny House located in Winnipeg. The Fun Run event raises awareness about addictions and took place on Sept. 3 at the Gimli Park Pavilion. Pictured Paul Melnuik (CEO of Aurora Recovery Centre), Maureen Jones (Destiny House manager), Wayne Whalen (Two Ten manager) and Samantha Hampton (Aurora activities co-ordinator).



# Speed dating for book junkies part of Gimli Nuit Blanche this Saturday

By Patricia Barrett

Gimli will be holding its 4th Annual Nuit Blanche celebration this Saturday evening to celebrate the diversity of artistic creation.

The free event features favourites from previous years — painters, theatrical performances, films and a guided tour — but it also has a few new twists, such as speed dating for book junkies at the “Readdit” book event.

Robin’s Donuts owner Cheryl Buhler, who sits on the Nuit Blanche committee, is helping organize the fun-filled arts festival and will turn her coffee and sandwich shop into a Readdit venue to promote all things books.

Last year’s poetry slam at Robin’s was a huge hit based on the crowds who stayed all night. This year, Buhler and co-host Kristine Dubois, who teaches at Gimli High School, are offering a form of speed dating.

“We’ll be offering book dates,” said Buhler. “It’s like a form of speed dating, but you discuss books.”

Author Albert Bryski will be the featured guest reader.

“Al will read a selection from his memoir *Saskatchewan Farm Boy*,” said Buhler. “It will be like a reading at McNally Robinson, and he’ll take questions from the audience.”

Bryski will also be providing an afternoon reading that day at Robin’s

(time to be announced).

Anyone with a penchant for writing on objects (other than paper) can use a marker to scribble the name of his/her favourite book on Robin’s windows and vie for a number of prize giveaways.

“There will lots of prizes,” said Buhler. “Name a book you read and rate it with 1 to 5 stars. Each entry is a chance to win a book every 15 minutes during Gimli Nuit Blanche.”

Gwen Harp, a fused-glass artist, said there’ll be a number of events at the Gimli Art Club.

“Gimli artist Warren Wenzel is going to have his chainsaw running again, and he’ll be carving a big piece of wood,” said Harp, past president of the club.

The club will also have artists demonstrating their techniques on the bandstand.

“We’re going to have two or three artists (including WAVE artist Ainslie Davis) set up there with an easel and canvas,” she said, “and they’ll have at it.”

“For the past three Nuit Blanche events, the club has offered a “Make Your Mark” event at which people can create their own take-home art, said Harp. The club will supply the brushes, paint and paper to help “bring your inner artist out.”

The Gimli Film Festival is teaming up with the Lakeview Resort to of-



EXPRESS PHOTO BY PATRICIA BARRETT

Gwen Harp (left) and Cheryl Buhler will be pulling out all the stops for Gimli’s Nuit Blanche.

fer four free film screenings, including *Lonely Boy* (the Paul Anka story). Seagull’s Restaurant will be providing free popcorn, snacks and beverages.

Participants can visit the different venues at their own pace or join an evening-long tour hosted by author Doreen Pendgracs, better known as the Interlake’s Queen of Chocolate.

The guided tour will depart from Flatland Coffee Roasters (40 Centre St.) at 7:30 p.m., but tour participants should arrive at 7 p.m. to get acquainted with mixed media artist Laura Lee Harasym, who will be displaying some of her work.

The tour will then be making pit stops at the theatre (performance by A-Spire Players), Lifa Home (chalk-based furniture painting demo), the Gimli Art Club (chainsaw sculptor Warren Wenzel and other Interlake artists), Robin’s Donuts (Readdit), the New Iceland Heritage Museum (artist Marlene Van Helden’s poetry and art), the Gimli Seawall and Viking Ship art installation, and the Lakeview Resort (WAVE artists and films).

For more information about the Readdit event at Robin’s, contact Cheryl Buhler at 204-642-8241.

# Drivers urged to slow down for garter snakes

By Jennifer McFee

A local biologist is hoping that drivers will be on guard for garter snakes crossing Interlake roads and highways.

Maureen Forster, a biologist with her own environmental consulting firm, lives just west of Teulon. She often drives along Road 6 East and Highway 7 during her commute to Winnipeg.

Lately, she has noticed an abundance of dead garter snakes along Road 6 East, particularly between roads 89N and 90N. One day, she counted 44 dead snakes on the gravel road and about the same amount on the highway.

“Every year there are a few snakes here and there, but this year it was like carnage,” she said.

“I don’t know if people even notice them half the time. They just zoom down the road and don’t know what it is. But there are so many snakes, and if you’re watching, you can see them moving.”

Since the snakes are mainly clus-

tered along a one-kilometre strip, Forster believes they must be headed to nearby hibernacula, or winter denning sites.

A spokesperson from Manitoba Sustainable Development said that it’s likely the Gunton quarry hibernacula, which is a good site for snakes since it has limited traffic. Currently, people need to walk into the area, although some local ATV traffic also occurs.

“The Interlake region is home to many significant red-sided garter snake hibernacula sites and these sites are attractive to the snakes because they allow access to the limestone crevices and caverns below the frost line enabling them to survive our harsh winters,” said the provincial spokesperson in an email.

“While some snakes cross roads while travelling to and from this quarry, there is also surrounding habitat areas without roads that helps ensure the local population persists. Currently red-sided and other similar snake species are widespread, abundant and secure in Manitoba.”

At this time of year, the snakes often bask on the roads to keep warm since roads soak up heat. As a result, these snakes are vulnerable to vehicle traffic.

“People can help by driving slower in areas when and where they encounter snakes,” said the provincial spokesperson, “while ensuring they are driving safely.”

Drivers should be especially vigilant during the early hours when they might encounter snakes on their morning commute. NatureNorth.com indicates that garter snakes usually bask along trails or roads in the early to mid-morning, especially during the fall and spring months when the mornings are chilly.

For Forster, she hopes that people will heed the advice and slow down for the snakes. She also suggests that signs could be put up to draw attention to the snake crossings, which will be busy again in the spring when snakes emerge from their underground winter dens.

“I think a lot of people don’t re-

ally care too much about snakes, but they’re part of the ecology. They’re important in the area for tourism too,” she said.

“Most people aren’t going to slow down or try to avoid them, but I do. I slow down in the evening for the frogs too. Maybe we should all just be going slower.”

In an effort to raise awareness about the issue, Forster reached out to Rockwood Environmental Action Community Taskforce (REACT) Inc.

“Maureen advised us of the concern, and we had our executive meeting a couple days afterwards. We discussed the situation and we definitely felt that the best approach would be education through the media to let people know what was out there,” said Karl Daher of REACT.

“There could be people that are just unaware of what’s going on. They could be driving and see something on the road but not know what it is. We felt that awareness was the best way to approach the situation. It’s good to get the information out.”

# Grahamdale passes bylaw to eliminate Ward 7 for next election

By Jeff Ward

RM of Grahamdale council passed a bylaw to eliminate Ward 7 and redraw wards 5 and 6 boundaries in the next election at their Sept. 14 meeting.

The change is being made ahead of the election because most of the land in Ward 7 is being converted into reserve status for Little Saskatchewan First Nation and Lake St. Martin First Nation. Both reserves are going through Treaty Land Entitlement enabling the government to convert former Crown land into reserve status.

Council feels that there isn't going to be enough work to require a councillor for Ward 7 and have decided to eliminate it altogether.

CAO Shelly Schwitek said the remaining land of Ward 7 would be merged into Ward 6 north of the Fairford Bridge. The bridge will act as the new dividing line between wards 6 and 7. All other wards will remain the same. The bylaw, Schwitek said, was passed unanimously and there were no objections.

Grahamdale's reeve Clifford Hala-

burda said that the decision to eliminate the ward was a simple one. Council agreed that, given the small amount of land that would remain after transfers, there just wasn't enough space to need a councillor there. He added that using the Fairford Bridge as a natural dividing line also made the rest of the process easy.

While these changes are permanent for the next election, they can be changed before the 2022 election if council wants to revisit the issue. In fact, Schwitek said, every council has

the ability to go through the process of how their ward system is laid out before each new election.

"I was talking to one CAO and they said one time they went from having wards to a wardless RM and then back again the next time. You can only do this leading into an election so in four years we can do this again if council wanted. Who knows what those four years will bring," said Schwitek.

## get inspired

> MEAL IDEAS



### Memphis-Style Dry Baby Back Ribs

1/4 cup prepared yellow mustard  
apple juice or water, in spray bottle  
barbecue sauce (optional)

To make dry rub: In small bowl about 30 minutes before grilling, combine brown sugar, kosher salt, chili powder, dry mustard, black pepper and celery salt; mix well.

Spread both sides of ribs with yellow mustard and sprinkle dry rub on top. Let stand at room temperature 30 minutes. Heat charcoal or gas grill to 250 F for indirect cooking.

Place ribs, meaty side up, over drip pan and cook 4-6 hours until tender. Spritz ribs occasionally with water or apple juice using spray bottle.

If using charcoal grill, add about 12 coals approximately every 45 minutes to maintain heat. Let ribs stand 10-15 minutes before serving. If desired, serve with barbecue sauce.

Recipe courtesy of Pitmaster Tuffy Stone

Prep time: 10 minutes, plus 30 minutes stand time

Cook time: 4-6 hours

Servings: 2-4

Dry Rub:

1/4 cup brown sugar

1/4 cup kosher salt

2 teaspoons chili powder

1 1/2 teaspoons dry mustard

1 teaspoon black pepper

1 teaspoon celery salt

2 slabs Smithfield Fresh Pork Back Ribs, membrane removed



### Sweet Sriracha Pork Skewers

2 tablespoons Sriracha sauce

1 teaspoon minced garlic

1 tablespoon soy sauce

1 tablespoon rice vinegar

1 pint fresh pineapple chunks  
wood skewers, soaked in water

Trim skin off pork tenderloin and cut into 1-inch cubes.

To make marinade: In bowl, combine agave, Sriracha sauce, garlic, soy sauce and rice vinegar, and whisk thoroughly.

Pour marinade into re-sealable bag and add cubed pork tenderloin. Marinate for up to 24 hours in refrigerator. Place tenderloin and pineapple chunks on skewers, alternating so pineapple is tight against tenderloin.

Recipe courtesy of Pitmaster Darren Warth

Prep time: 15 minutes, plus marinade time

Cook time: 15-20 minutes

Servings: 4

1 Smithfield Fresh Pork Tenderloin

1/2 cup agave nectar



## Being the Best You Can Be

don't want to admit to, or, we create bad karma (what goes around comes around). Either way, we add stress to our lives.

Early on, we are taught that honesty is the best policy. If we act with integrity, then we never have anything to hide. Rationalizing unethical or negative behavior does not make it okay, any more than taking painkillers fixes a toothache. Being mean to someone, because they are mean to you, or dishonoring someone, because they do not honor you means that you are maintaining the status quo at the level of the lowest common denominator. If you act from your higher self, and with integrity, you raise the level of the whole process. You become more conscious of what you are really doing in any situation or relationship.

A good practice might be to stand before the mirror each night, look yourself in the eye, and ask yourself if you lived well that day. If that day was pulled out of all the days of your life, like a snapshot of who you are, would you be satisfied that it represented the most honorable part of you? If not, you are undervaluing yourself. You are playing small. The reason that the stage of life is so big is so that none of us have to play bit parts. Go ahead. Be a star in your own life. Be the best that you are. Always.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit [www.gwen.ca](http://www.gwen.ca). Follow Gwen on Facebook for daily inspiration.

There comes a time in each of our lives when we must honestly face ourselves and ask what we are really about. In the privacy of our own hearts and minds, we can look at our deepest motivations, and the level of integrity with which we conduct ourselves.

I remember in grade school, when the teacher demanded to know who that was who was talking. There was no way I was going to admit to it, but my heart was pounding so hard in my chest, I thought for sure that would give me away. I was relieved not to be caught, but I did not like that uncomfortable feeling of hiding the truth. When I reached the age where we girls started to gossip, no matter how juicy the news, something in me felt bad when I was talking behind someone's back. Nobody told me it was wrong, but still, it just didn't feel good.

We all have that internal signal that alerts us when we are out of alignment with our highest truth, and when we are not acting in a way that serves the highest good of all concerned. Some have tuned this out, or allow a negative or aggressive aspect of personality to drown it out. This is like disconnecting the smoke alarm. The problem is, ignoring that inner guidance results in lots of little "fires" that go unchecked. We create difficulty for ourselves by having to cover up behaviors or motivations that we

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Impact closing out regular season with strong play

### Staff

The Interlake Impact are wrapping up their regular season on a hot streak.

Interlake has been dominant in recent games, including defeating the Red Devils United 4-1 on Friday evening in Winnipeg.

Eric Harder led the Impact with two goals while Charles Silva and Marcelo Peralta also tallied.

On Sept. 17, the Impact made the trip west to Portage la Prairie a worthwhile one.

Interlake's ride home from Portage must have been festive as the Impact cruised to a lopsided 8-0 victory over Portage Fusion FC in Manitoba Major Soccer League action.

The Impact received two goals apiece from Nathan Friesen, Hyhram Dueck and Peralta while Dean Dueck and Eric Plett added singles.

With the wins, Interlake improved to 9-4-4 this season in the MMSL's 5th Division. That leaves them in a tie for fourth place with the North Winnipeg United, according to the league website.

North Winnipeg does have a game in hand, however.

Interlake will wrap up regular-season play this month with a game Saturday against Stonewall United at the Buhler Recreation Park Field 4. Game time is 4 p.m.

The MMSL playoffs will begin next month.



EXPRESS PHOTO BY BRETT MITCHELL

The Impacts' Benny Wiens kicks the ball way against the Red Devils United on Friday.

## Midget Lightning 1-2 at Souris tournament

### By Brian Bowman

The Interlake Lightning saw some mixed results at the Midget AAA pre-season exhibition in Souris last weekend.

Interlake finished with a 1-2 record after starting with losses to Parkland (4-2) and Brandon (7-0). The Lightning wrapped up play with a hard-fought 3-2 win over Norman.

Overall, Interlake showed some good things in the three games.

"Even in the Brandon game, and you never want to lose games like that, but we had an extremely young squad on the ice and they had their whole team," said Lightning head coach Dwayne Swanson.

"Brandon is going to be one of the elite teams in our league this year. It was a good way to grade some guys against Grade 'A' talent and where they sit."

Interlake played well against Parkland and Norman, said Swanson. The Lightning took a 3-0 lead against the Northstars.

"Two of the three games, we were happy with," Swanson said. "It was a good weekend for us."

It was also a good weekend for the Lightning goalies. Swanson was very impressed with the goaltending performances that his club received throughout the weekend.

"Our goalie situation is a mess," he laughed. "We have four quality goaltenders."

Interlake will begin its Manitoba AAA Midget Hockey League regular season this weekend with a pair of road games. The Lightning will visit Parkland Saturday (7:30 p.m.) and then will hit Brandon on Sunday (1:30 p.m.)

"We have Parkland and Brandon and then will have the three city teams," Swanson said of the Lightning's tough schedule to begin the regular season. "It's a tough grind to start the season but we're actually looking forward to starting on the road."

"We'll get a chance to get together as a team and spend some time alone."

## Bantam Thunder on a roll



EXPRESS PHOTO BY KIM DELAROCHE

Arborg's Owen Kristjanson (56) and Fraserwood's Keenan Karish (62) block against a pair of St. James Rods players during bantam action last Saturday. Interlake won the game 30-0. Interlake will host the Greendell Falcons this Saturday at 9 a.m. at Stonewall Collegiate.

# Bantam Lightning females strike for a preseason win

By Brian Bowman

The preseason is all about getting better as a team.

And the Interlake Lightning Bantam female team appears to have gotten a whole lot better after just one weekend of games.

Interlake finished with a 1-3 record at an Ile des Chenes tournament last weekend.

After starting the tournament with losses to Eastman (5-0) and Portage (9-2) on Saturday, the Lightning bounced back nicely to shut out Westman 3-0 before losing a 1-0 nail-biter to Pembina Valley.

Anya Epp posted the shutout win for the Lightning.

"On Saturday I think the girls were getting their jitters out," said Lightning head coach Charlene Bodnarchuk. "They didn't know what to expect and then on Sunday they turned it completely around. It was a different team that came out on Sunday."

Bodnarchuk said the Lightning did a much better job getting to the puck on day two of the tournament.

The three-goal win was a huge one for a young Lightning squad.

"We have two veterans on our team and last year, that team didn't get their first win until the second half of the year, and we now have our first win after the third game of the season.

"It's a huge step up and a big win for our team."

Twenty two players came out to the Lightning's tryout camp and 17 elected to stay with the team. A large percentage of those players are first-year Bantams.

"We're definitely going to be the

hardest-working team," Bodnarchuk stressed. "And the best thing about my team is, and it has nothing to do about how they play hockey, but it's the way that they approach the game.

"They come to the rink eager to learn and everything that our coaches say, you can tell that they are eating it up and putting it out on the ice."

The Lightning was looking to set up a preseason game this Saturday and then will prepare for a Showcase Weekend from Oct. 6-8 in Winnipeg.

League games will begin shortly after the showcase, according to Bodnarchuk. Eight teams will be vying for a league title this season.

Based on last weekend's performance, Bodnarchuk strongly feels that the Lightning will be right in the mix with other teams this season.

"I'm not worried about us," she said confidently. "I'm confident in our coaching staff and the players that we won't be far out of the mix this year."

## Female Midget Showcase

Meanwhile, the Midget female Lightning posted a 1-2-1 record at a CP Capitals Showcase in Portage la Prairie last weekend.

"(I was) very, very pleased," said Lightning head coach Paul Miller. "I liked our work ethic, I liked our compete (level), and we had really strong goaltending from both girls."

Interlake opened exhibition play with a 5-1 loss to Central Plains and then played to a 2-2 draw with Westman.

A 2-1 loss to Weyburn was followed by a solid 4-1 win over Pilot Mound.



EXPRESS PHOTO BY JOLENE REIMER

The Lightning's Sarah Shewchuk takes the face-off against a Central Plains Capitals' player while Interlake's defenceman Charli Reimer and goaltender Katie Dorch look on during the Ile des Chenes tournament last weekend.

"I liked our attitude and we have signs of changing the culture already," Miller stressed. "I think the girls have built some confidence after this weekend and I think that they believe that they can be competitive."

Interlake will begin its regular season this weekend with a pair of games. The Lightning will visit the Yellowhead Chiefs on Saturday and then will be in Brandon to battle Westman on Sunday.

# Ice Dawgs getting rust off during training camp

By Brian Bowman

Training camp is the time to get the rust out from the summer off while getting ready for the regular season.

And it looks like the Arborg Ice Dawgs are getting closer and closer to being ready to begin the Keystone Junior Hockey League regular season.

"We have a good core back from last year that I'm working with," said Ice Dawgs' new head coach Jim Werbecki. "I'm kind of feeling like I'm working from ground zero but there's some good talent there.

"We'll be good this year but it will take some time."

On Saturday, the Ice Dawgs played to a 4-4 draw with the North Winni-

peg Satelites in Gimli. Arborg blew a late 4-2 lead.

"We're testing the waters with different individuals," Werbecki said. "Training camp is basically perseverance on the individual. We blew (the lead) but I thought we dominated them and outshot them quite a bit."

The Ice Dawgs' Karson Collins scored the only goal of the first period at the 11:10 mark. Arborg extended its lead to 2-0 early in the second period on a Tristen Hudson goal.

North Winnipeg's Nathan Jones cut that lead in half with a wrist shot to the top corner and then Eli Caparros tallied to tie the score at 2-2.

That tie would be short-lived, how-

ever, as Cal Finnson stole an errant pass and slipped the puck past the Satelites' goalie.

The fourth Arborg goal was not known at press time.

With the Satelites on a power play and their goalie pulled for an extra attacker, Caparros netted his second goal of the game and then Nic Doerkson scored late in the third.

"We lacked defensive zone coverage," Werbecki admitted. "We need to practice and, I think in time, the boys will understand what is required and it will all come together."

The goaltending tandem of Joey Fratantorio and Clayton Nichols were in net for the Ice Dawgs.

Last Thursday, Arborg was edged 3-2 by the Juniors in Peguis.

"We were getting the rust shaken off," Werbecki said, noting the Ice Dawgs still have five goalies in camp. "It wasn't a bad game."

The Satelites and Ice Dawgs played again this past Tuesday night at the Billy Mosienko Arena but no score was available at press time.

Arborg will continue on the road this Saturday when they play the Fisher River Hawks. Game time is 8 p.m.

The Ice Dawgs will then host the Selkirk Fishermen next Wednesday (7:30 p.m.) in Gimli.

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Midget Thunder KOs Coyotes once again

By Brian Bowman

For the second consecutive game, Interlake Thunder's defence shut down the Sunrise Coyotes.

And, for the second straight game, it resulted in a Thunder victory.

Interlake clawed its way to a rain-soaked 12-8 comeback win over the Coyotes in Midget Football League of Manitoba action last Sunday.

"(The rain) definitely had an impact on that football game but, in the end, we were able to prevail," said Thunder head coach Mitch Obach. "It was a real good team effort, which was exciting.

Guys contributed all over the place."

Sunrise scored its lone touchdown in the first quarter and then added a two-point conversion for an 8-0 lead. Interlake struggled to move the ball in the first half but came back strong with second-half touchdowns from quarterback Carlin Doak and fullback Chris McKay-Burnstick.

Both TDs were short plunges from about a yard or two from the goalline.

"We made some adjustments and went to a heavy package," Obach explained. "We tried our luck just pounding the ball and keeping pos-

session, really, to see if we could get some first downs."

The rainy conditions appeared to suit the Thunder's hard-nosed style of running the ball compared to the Coyotes more open passing attack.

For the second game in a row, the Thunder's Colton Nedotiafko did a very good job running the ball, said Obach. He had nearly 100 yards rushing in the second half alone.

"Most of his yards would have been between the tackles," the Thunder head coach noted. "It was just pound, pound, pound — keep pushing for-

ward. The big guys, the offensive line, really buckled down in the second half and pushed us through it."

With the win, Interlake improved to 3-1 on the season and sit in second place in the four-team league.

The Thunder will have a tough test, however, this Saturday when they travel to St. Vital to play the undefeated Mustangs (4-0).

In the other game Saturday, the Falcons Football Club (1-3) will host Sunrise (0-4).

## take a break > GAMES

### SUDOKU

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Level: Intermediate

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1	2	3	4	8	9	6	5	7
9	5	6	7	2	3	8	4	
7	8	4	3	6	5	9	2	1
5	7	6	2	3	1	8	4	9
6	3	2	8	7	4	5	9	1
3	7	2	6	9	5	8	1	4
8	6	7	4	5	9	3	2	1
8	6	7	4	5	9	3	2	1
3	7	2	6	9	5	8	1	4

Sudoku Answer

S	O	N	I	E	S	E	F	R	H	S	C	I
W	T	K	V	A	D	S	V	D	V	C	I	I
L	S	V	V	O	M	W	D	V	W			
V	N	V	T	C	A	T	S	E	M	A	V	
C	A	M	A	T	O	D	E	T	L	E	T	S
O	V	A	T	S	E	T	S	E	T	V	T	S
E	N	I	R	I	S	E	R	I	C	I	E	R
O	E	L	B	V	T	P	T	R	I	V	E	S
E	L	I	S	T	P	R	A	F	L	E	S	
S	E	N	E	A	N	E	N	E	N	E	N	E
I	S	N	A	K	A	S	E	S	I	E	S	
O	P	E	I	L	E	O	C	O	R	O		
E	V	A	T	E	A	T	E	I	A	B	L	E
E	S	T	A	P	E	S	O	S	B	U	R	G

Crossword Answer

## CROSSWORD

#### CLUES ACROSS

- Spanish city
- Middle ear bone
- Satisfy to the fullest
- Able to be consumed
- US island territory (abbr.)
- Predatory reptile
- Beachwear manufacturer
- European space program
- Alias
- Metrical feet
- Large integers
- Matrilineality
- Snouts
- Giants' signal caller Manning
- Pacific Time
- Electronic countermeasures
- "Anna Karenina" author
- Snare
- Sleeveless garment
- More arctic
- Clean off
- Signs
- Common Japanese surname
- Allow
- A way to mark
- Ballplayers need one
- \_\_\_ and cheese
- KGB mole
- Indicating silence
- Capital of Yemen
- A woman of refinement
- Extinct flightless bird of New Zealand
- Belonging to a bottom layer
- Stephen King novel
- Fire obstacle
- Lumen
- Loud insects
- Energetic persons
- Confession (archaic)
- Witnessing
- Whiskey receptacle

	1	2	3	4	5	6		7	8	9	10	11	12	
13								14						15
16			17					18						19
20		21				22				23		24		
25					26				27		28			
29				30					31		32		33	
		34	35							36		37		
38	39										40			
41					42					43				
44				45		46		47				48	49	50
51			52		53		54				55			
56				57		58				59				
60			61		62					63			64	
65		66								67			68	
	69									70				

- Western State
- Cereal grasses
- Needlefishes
- Relating to the ears
- Mathematical ratio
- Dignified
- Pacific sea bream
- One of Thor's names
- Song of praise
- Equal to one quintillion (abbr.)
- Drools
- Cluster
- One in a series
- Egyptian unit of weight
- Broached
- Skin cancers
- Second sight
- Shock treatment
- Whittled
- Murdered in his bathtub
- A way to soak
- Small piece
- Relating to Islam
- Climbing plant
- Drunkard
- Test for high schoolers
- Least exciting
- Amanda and James are two
- Something comparable to another
- Soothes
- Month in the Islamic calendar
- White gull having a black back and wings
- Japanese seaport
- The south of France
- Batman villain
- British air aces
- Body part
- Clearinghouse
- Manganese

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 Riverton Curling Club 2017/2018 now hiring: Assistant Ice Maker/General Maintenance - the Riverton Curling Club invites applicants for an Assistant Ice Maker Technician; Canteen Operator - the club invites tenders to operate the canteen. Deadline: October 10, 2017. For more information please contact Shawn Magnusson 204-378-5225 or Eric Loewen 204-378-2771.

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**UPCOMING EVENTS**  
 Antique & collectible sale! Huge fall event! Largest of the season. Over 200 tables! Friday, September 29, 4 p.m. - 9 p.m. and Saturday, September 30, 10 a.m. - 4 p.m., \$5 per person. Assiniboia Downs, 3975 Portage Ave., Winnipeg. Great selection, door prizes and free parking.

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**FARM PROPERTY FOR SALE**  
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Farm land - 320 acres with 3 flowing wells in L.G.D. of Armstrong. Near Arborg, MB. Ph cell 1-431-737-0088 or 204-376-3095.

**NOTICE OF HEARING**  
**UNDER THE HIGHWAYS PROTECTION ACT**  
**AND THE HIGHWAY TRAFFIC ACT**  
**THE HIGHWAY TRAFFIC BOARD**  
 Notice is hereby given that a hearing of the Highway Traffic Board will be held on Tuesday, October 10, 2017 at 10:00 a.m. in Room 204-301 Weston Street, Winnipeg MB R3E 3H4 Phone: (204) 945-8912.  
**PERMITS - PART I - SECTION 9 H.P.A. AND PART III - SECTION 17 H.P.A.**  
**2/008/151/C/17 - TAYLOR MCCAFFREY LLC**  
**O/B/O MICHAEL & LEONA WOYCHYSHYN**  
 Application to Change the Use of Access Driveway (Agricultural to Residential) onto P.T.H. No. 8, N.E. 1/4 19-19-4E, R.M. of Gimli.  
**SPEED ZONES - PART IV - SECTIONS 97 & 98 H.T.A. 6. 7000-S - R.M. OF GIMLI**  
 Consideration to be given to reduce the speed zone from 90 km/h to 40 km/h on the following streets within the Sandy Hook Golf Course, R.M. of Gimli:  

- Clubhouse Road;
- Hogan's Alley;
- Nicklaus Drive;
- Palmer Place;
- Player Park Road; and
- Sandy Links Lane.

 The Highway Traffic Board will be prepared to consider all submissions, written or oral, on the above applications by contacting the Secretary prior to or at the hearing.  
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 Michelle Slotin, A/Secretary THE HIGHWAY TRAFFIC BOARD

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 Sun Oct 15 @ 10:00 AM  
**Gun Auction**  
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Riverton Group Home, Riverton.....\$2,699.00	Alan McKay, Arborg.....\$349.00	Della Sinclair, Koostatak.....\$1599.00
Ainsley Gibbs, Arnes.....\$7.00	Zenith Poole, Arborg.....\$948.00	Isabel J Toy, Lundar.....\$469.00
Jonas Roche, Arborg.....\$349.00	Barb & Menno Friesen, Riverton.....\$559.00	Cynthia Webster, Gimli.....\$449.00
Margaret Podaima, Fisher Branch.....\$768.00	Pat Dudrak, Arborg.....\$499.00	George & Maria Wiebe.....\$510.00
Michael Eyoifson, Riverton.....\$617.00	Mary Dunlop, Gimli.....\$109.00	Debbie & Adrian Zeleznitsky, Gimli.....\$858.00
George R. Welbe, Arborg.....\$1,227.00	Jean Harrison, Arborg.....\$1,988.00	Doreen Steg, Camp Morton.....\$1,474.50
Janice Sinclair, Peguis.....\$299.00	Roxanne Roche, Arborg.....\$1,868.00	Darlene Jonsson, Gimli.....\$529.00
Geraldine & Jamie Stephenson, Riverton.....\$1,711.00	Ernie & Lucille Stabner, Eriksdale.....\$1,349.00	Delbert & Luwana Brandt, Riverton.....\$1,799.00
Dean & Sharmaine Murdock Dallas.....\$319.00	Nancy Woychyszyn, Riverton.....\$499.00	Brenda & Ed Anderson, Princess Harbor.....\$529.00
Theodore Zagowski, Riverton.....\$119.00	Donna & Ray Andert, Gimli.....\$899.00	Linda Williams, Peguis.....\$339.00
Morris Willis, Riverton.....\$416.13	Wilf Ashley, Arborg.....\$479.00	Eugene Feschuk, Gimli.....\$2,227.00
Glen Syme, Arborg.....\$59.00	Jake Barkman, Riverton.....\$619.00	Ide Jean Buck, Hodgson.....\$26.75
Rob & Kelly Selkirk, Peguis.....\$2,399.00	Mike & Thelma Blahay, Arborg.....\$557.00	Glen & Phyllis Stevenson, Peguis.....\$877.00
Pete & Mary Plett, Arborg.....\$599.00	Elaine Bolter/Geoff Crew, Sandy Hook.....\$999.00	Don & Betty Johnson, Arborg.....\$1,299.00
Donald Ostertag, Gimli.....\$1,448.00	Karen Dzaid, Arborg.....\$499.00	Patricia McCallum, Gimli.....\$569.00
Peguis Free Spirits Child Care, Peguis.....\$189.00	Natalia & Roger Eyoifson, Riverton.....\$1638.00	Joyce Bielik, Riverton.....\$29.95
Brent Melsted, Arborg.....\$599.00	Randy & Glenda Forster, Hodgson.....\$1898.00	Marvin Olson, Arborg.....\$29.95
A.W. Mabon, Gimli.....\$1,027.00	Perry & Genni Hibbert, Arborg.....\$479.00	Jeroline Smith, Peguis.....\$1227.00
Brian Jonsson, Arnes.....\$454.00	Kris & Begga Johannesson, Riverton.....\$939.00	Sandra Jonasson, Arborg.....\$549.00
Phyllis Dueck, Riverton.....\$767.00	Rick & Sheila Johnson, Arborg.....\$349.00	Melissa & Jeff Abuda - Arborg.....\$3,339
John & Nellie Burek, Arborg.....\$599.00	Bertha Jonasson, Arnes.....\$769.00	John Paul Avison - Arborg.....\$679
Andrew Barg, Winnipeg.....\$1,748.00	Donna Jonasson, Arnes.....\$399.00	Carol & Dan Beauchemin - Inwood.....\$1,329
Crystal Sigurdson, Riverton.....\$548.00	Jeanette Kist, Gimli.....\$121.87	Jim Dingwall - Camp Morton.....\$1,038
Robert & Ellen Martin, Arborg.....\$1,330.00	Kevin & Lisa Klym, Arborg.....\$774.00	Eugene Feschuk - Gimli.....\$698
Ronald Ostzyrniuk, Poplarfield.....\$479.00	John & Tina Kornelson, Arborg.....\$689.00	Jason Hudson - Riverton.....\$1,278
Margaret S. Wilson, Peguis.....\$1,699.00	Kent & Helena Kostshyn, Lundar.....\$639.80	Darlene Jonsson - Gimli.....\$359
Stacey Ledingham, Riverton.....\$1,279.00	Thomas Kowalchuk, Fraserwood.....\$499.00	Ruth Kennedy - Arborg.....\$549
Wayne Barkman, Arnes.....\$799.00	Layne & Holly Kulbacki, Arborg.....\$599.00	Benita Muzyka - Arborg.....\$388
Kathy Taylor, Winnipeg Beach.....\$599.00	Edward Penner, Arborg.....\$619.00	Archie Thompson - Arborg.....\$549
Doreen Steg, Camp Morton.....\$299.00	Keith Poleschuk, Arborg.....\$2082.00	Amanda Unger - Riverton.....\$799
Lloyd Sigurdson, Arborg.....\$599.00	Curtis Spence, Hodgson.....\$479.00	Evelyn Wallach - Poplarfield.....\$899
Glen & Norma Plett, Arborg.....\$629.00	Tanya & Lyle Thorgilsson, Lundar.....\$329.00	Judy Wells - Grande Pointe.....\$119
Jeanette Nickols, Riverton.....\$1,699.00	Nancy Woychyszyn, Arborg.....\$768.00	Lynn Bear - Peguis.....\$239.00
Agnes Furgula, Riverton.....\$939.00	Mathew & Gemma Avison, Arborg.....\$219.00	Hazel Brunen - Eriksdale.....\$729.00
Scott McDougall, Ashern.....\$369.00	Raymond Bazinet, Eriksdale.....\$389.00	David Chudy - Fisher Branch.....\$1,499.00
Doug Moroski, Meleb.....\$399.00	Lynn Bear, Peguis.....\$1,044.00	Susie and Brian Eyoifson - Riverton.....\$528.00
John Harper, Hodgson.....\$799.00	Ken & Linda Cherapak, Arborg.....\$49.00	Nelson Hudson - Koostatak.....\$629.00
Robert & Delores Jacobson, Arborg.....\$279.00	Debbie Deveau, Eriksdale.....\$249.00	Larry and Valerie Kornelsen - Arborg.....\$799.00
Brad Baziniak, Riverton.....\$698.00	Dorothy Dubchak, Gimli.....\$899.00	Jason Loewen - Arborg.....\$859.00
Allan Porter, Peguis.....\$1,699.00	Sid & Beatrice Dueck, Arborg.....\$569.00	Rita Milne - Gimli.....\$1,327.43
Peter & Verna Bodnar, Arborg.....\$1,028.00	Don Firman, Arborg.....\$629.00	Minerva Ladies Aid - Gimli.....\$659.00
Zenith Poole, Arborg.....\$1,849.00	Leslee Gislason, Riverton.....\$699.00	Sheila Murdoch - Koostatak.....\$1,018.00
Kevin & Lisa Klym, Arborg.....\$179.00	Heather Hamberg, Teulon.....\$749.00	Ruth Otto - Ashern.....\$1,829.00

**GRAND TOTAL TO DATE \$228,248.76**

**A NOTE TO OUR CUSTOMERS**  
Due to the nature of this sale, we felt a brief explanation is essential.  
At closing, 6 p.m. Sat., Sept. 30th we will tally the 20 days of paid sales and divide by 20 to get the average daily sale. The day which is closest to the daily average, without going over it, will be the day which ALL purchasers will receive their purchase amount back, taxes excluded.  
In the case of credit card (Smitty's, Visa, Mastercard) purchases, we will issue a credit immediately.  
As we are tremendously overstocked right now, every item in stock will be included in this sale. No exceptions—clearance, damaged, discontinued, even new arrivals; furniture and appliances.  
We must reduce our inventory and to ensure we do, we will even give it away for one day!  
Don Smith  
Smitty's

**6 PC DINING SET**  
Table  
4 Chairs  
and Bench  
**\$699**

**ALL PURCHASES QUALIFY!**  
• Furniture  
• Appliances  
• Clearance Items

**8-Piece Living Room Package**  
Includes: Sofa, Loveseat,  
3-piece Coffee Table Set,  
Pair of Lamps, Area Rug  
**\$1477**

**FIREPLACES**  
Log & Field Stone  
26" Fire Box w/  
Remote Control  
**\$1399**

**PLUS**  
**DON'T PAY FOR 3 MONTHS**  
**0% INTEREST ON EVERYTHING O.A.C.!**  
**FURNITURE, APPLIANCES**

**Frigidaire**  
Self-Clean RANGE &  
18 cu ft FRIDGE Pair  
**\$1348**  
CASH AND CARRY

**BEDS, BEDS, BEDS,**  
17 Models  
on Display  
From  
**\$199-**  
**\$1999**

**SALE RULES**  
• All sales must be paid in full to qualify for this sale.  
• Visa, Mastercard or Smitty's Credit Cards accepted.  
• Sale Starts 9 a.m. Tues., Sept. 5 and ends Sat., Sept. 30, 6 p.m.  
• All purchasers on free day will be notified and receive their full refund by Wednesday, Oct. 4, 6 p.m.  
• All sales tallies and free day will be verified by our accounting firm.  
• Commercial sales excluded in tallies and free day.  
• All taxes excluded in tallies and refunds.  
• No returns or substitutions for these 20 sale days.



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