


THE **EXPRESS**

VOLUME 3 EDITION 16 THURSDAY, APRIL 21, 2016

WEEKLY NEWS

SERVING LUNDAR, ASHERN, ERIKSDALE, MOOSEHORN, FISHER BRANCH, RIVERTON, ARBORG, GIMLI, WINNIPEG BEACH, ARNES, MELEB, FRASERWOOD

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Here at Noventis Credit Union we know our communities are constantly evolving - and so are we. We're proud of our roots and care about what happens here, because we live here too.

That's why we are bringing you our first ever Report to the Community. Not an annual report. Because what happens here is about more than the numbers. Our focus is on enhancing our communities and the lives of our members (that's you!).

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- 2 Arborg Ag Society
- 3 Riverton Recreation facilities Riverton Handi Van Riverton Memorial Arena
- 4 Fisher Branch Curlers' Association
- 5 Eaglets Daycare (Eriksdale)
- 6 Matlock Recreation Club
- 7 Country Kids Learning Centre St. Francois Xavier. MB
- 8 Prairie Sky Childcare Centre Elie, MB

What is Community Connections?

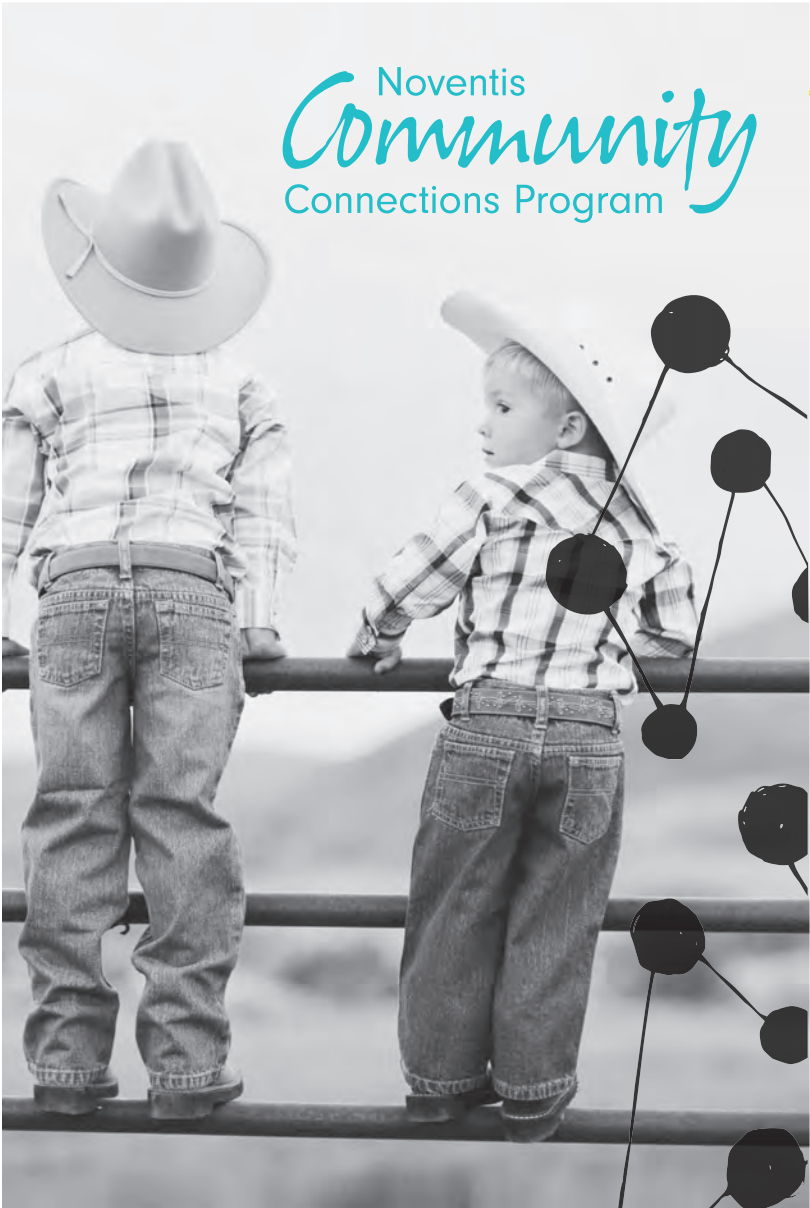
Community Connections is a program which is all about a commitment to *improving* the lives and well-being of those in our communities. Each year, we commit to re-investing 5% of profit back into *community projects*.

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- Environmental sustainability
- Family and social connections
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THE

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PC sweeps the Interlake



Newly elected MLAs Derek Johnson (left) and Jeff Wharton (middle) watched election results at PC headquarters with incumbent Lakeside MLA Ralph Eichler. With aggressive campaigning and the support of Eichler, both Johnson and Wharton pulled off wins in their Interlake and Gimli ridings.

EXPRESS PHOTO BY NATASHA TERSGINI

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Wharton wins Gimli in PC blue wave shake-up

By Jeff Ward

Jeff Wharton, PC MLA candidate for Gimli earned his seat in the Manitoba Legislative Building on Tuesday, beating out NDP incumbent Armand Belanger.

Wharton more than doubled Belanger's vote count during the 41st Provincial General Election on Tuesday earning 5,451 votes to Belanger's 2,496. Wharton was defeated in the 2011 election by NDP incumbent Peter Bjornson by 800 votes.

Voter turnout this year was estimated by Elections Manitoba at 64 per cent for the Gimli riding, which has chosen a candidate who's party would go on to gain power in 15 of the last 16 provincial elections. And after Wharton's win that record increases to 16 of the last 17 — a true bellwether constituency. Wharton said that there are many challenges ahead for his constituency and his party, but that he's extremely excited to hit the ground running and tackle them head on. Green Party candidate Dwight Harfield earned 844 votes while Ed Paquette of the Manitoba Party earned 232.

"Day one is going to be about our health care in this area and our doctor retention," said Wharton.

"We have a lot of work to do going forward but I'm excited to get to work for my constituents and do what they elected me to do. There will be many changes going forward and I'm very encouraged by the future ahead."

Wharton also said that he was emboldened by the support from his community and that running in



EXPRESS PHOTO BY NATASHA TERSGINI

Newly elected Gimli MLA Jeff Wharton (left) celebrates the PC majority win on stage with Premier Brian Pallister and his wife Esther.

this election was a no-brainer. After narrowly losing in the 2011 election, Wharton said that the decision to run again was based on his support from 2011 and the PC Party's momentum.

Belanger said that he wouldn't trade the hard work campaigning over the last few months for anything and that his time was an experience worth having. Even with the loss, Belanger chose to view the situation as the glass half full and said that he was humbled by the support from the community.

"Every time I would knock on a door I would feel

that support and love from my community," said Belanger during what was supposed to be his victory party at the Ship and Plough in Gimli.

"I thought I knew my community before this but I really learned a lot about what they want from government. It was an extremely valuable experience and one that I was very glad to be apart of."

Belanger said that he will continue his work with the East Interlake Conservation District, where he will continue to fight for sustainable development and for the improvement of Lake Winnipeg.



EXPRESS PHOTO BY JEFF WARD

Armand Belanger (left) stands with his wife Michelle after his loss in Tuesday's election.

Johnson defeats Nevakshonoff to win the Interlake riding

By Patricia Barrett

Before all the polls for the Interlake riding were in, Derek Johnson, former councillor for the RM St. Laurent (2010-2014) had taken the lead.

The first-time provincial MLA candidate had pulled ahead of NDP MLA incumbent Tom Nevakshonoff and Liberal MLA candidate Jamal Abas by approximately 1,000 votes late in the evening.

By 11 p.m., Nevakshonoff, elected for four consecutive terms, was neck-in-neck with Abas.

It was something Nevakshonoff said he thought might happen.

"The Liberals took half our support and allowed the Conservatives to come up to the middle to win," said Nevakshonoff, who watched the polls come in from his campaign office in Arborg Tuesday night.

"Abas has siphoned it away from us to put Johnson at the top," said Nevakshonoff. "Abas is splitting our vote down the middle."

At about 9 p.m., Abas began to make headway with the nine reserves that have traditionally voted NDP. The final polls for the Peguis reserve, which the NDP has held since 1969, showed Abas with 272 votes, Nevakshonoff with 116 and Johnson with 5.

"We busted our butts getting the votes out," said Nevakshonoff's campaign manager Darryl Livingstone. "That's how the NDP campaigns."

Arborg was another area Nevakshonoff said he had hoped to see some gains.

Over the course of their nearly 17 years in power, the NDP made significant investments in Arborg. Those included significant upgrades to Highways 7, 8, 9, 68 and 329, upgrades to Arborg Early Middle School, the construc-



EXPRESS PHOTO BY NATASHA TERSGINI

Interlake MLA Derek Johnson watches the live results with his wife Tara at the PC headquarters in Winnipeg Tuesday evening.

tion of a natural gas pipeline, funding for the Credit Union Aquatic Centre and the assisted living complex, a new EMS station and multi-year funding for the Heritage Museum.

Despite that, Nevakshonoff took second to Johnson in the town and the areas surrounding it.



EXPRESS PHOTO BY PATRICIA BARRETT

Pictured left to right, Darryl Livingstone, MLA incumbent Tom Nevakshonoff, Rosemary Hnatiuk at Nevakshonoff's campaign office in Arborg Tuesday evening.

By 1 a.m., the PCs had formed a majority government, taking 41 seats. The NDP were sitting at 13 and the Liberals, 3.

Minimal upgrades required to RM Fisher lagoon

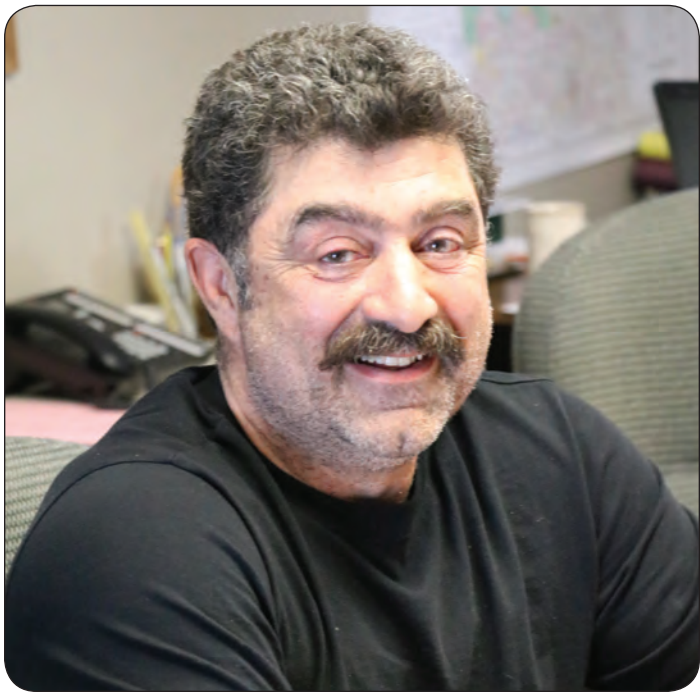


PHOTO BY PATRICIA BARRETT

Coun. Boyd Abas at RM Fisher's regular meeting April 6.

By Patricia Barrett

At its regular meeting April 6, RM Fisher council reviewed an assessment report from JR Cousins Consultants about the capacity, condition and regulatory status of its lagoon.

Reeve Shannon Pyziak provided a few highlights from the report and the company's recommendations for repairing the lagoon to meet the requirements of Manitoba Conservation and Water Stewardship.

JR Cousins provided information about previous studies carried out, geotechnical information, regulatory requirements and population of the RM's towns, schools and rural areas.

"In terms of rural," said Pyziak, "the lagoon currently does not service the rural population, and that septic hauling from rural residents is to the lagoon in Poplarfield. Therefore, rural population in the RM was not considered in this lagoon capacity assessment."

The company based its report on residential wastewater and septic, and looked at water plant meter readings, infiltration and total hydraulic loading.

"Based on the estimated organic loading rate ..., the primary cell ...has sufficient organic capacity for the service population [the Local Urban District]. ... So we're good in terms of what our requirements are for organic," said Pyziak.

Coun. Boyd Abas asked whether population growth was factored into JR Cousins' assessment.

The reeve said it didn't.

The company recommended that sludge be spread out in the lagoon's cells.

"It is recommended that the sludge be dredged from the area around the inlet pipe and spread out over the floor of the entire primary cell and secondary cell as sludge accumulation in these areas is minimal. That way we would not require any environmental act proposal, only a notice of alteration," said Pyziak.

In terms of the condition of the lagoon site itself (i.e., the dike), the report noted some erosion issues.

But erosion does not compromise the inner lagoon's integrity, said the reeve.

"However, there is evidence of erosion occurring on the inner slope, and we should consider placing riprap stone

on those eroded portions on the north slope."

Cost estimates for dredging and moving the sludge could be as much as \$38,000. Adding riprap stone to the north slope could cost \$38,500, said the reeve.

"We've got a lot of capacity and not a lot of work ... and they estimated on the high side," she said.

Although minimal erosion has occurred, there is no noticeable erosion along the inner slopes of the primary cell, and upgrades to the inner dike of the secondary cell are recommended only in the future.

"I think our lagoon ... is in a really good state and we really only have a couple of things," said the reeve. "From my point of view, it's a fairly positive report."

The work could be carried out in two phases, possibly starting in 2018.

The RM will share the report with Conservation and Water Stewardship.

CAO Linda Podaima said the RM could make an application to the Water Services Board for funding to help it make improvements.

Council identified a number of roads in the RM in need of spot gravelling.

Coun. Gordon Fuz will be looking at a road in his ward that a bus driver said needs a full mile of gravelling. Fuz will report back to council about its condition.

Coun. Allan Lindal identified two roads in his ward — east of 29 24 1W and east of 32 24 1W — and has requested public works to gravel areas that have ruts.

Coun. Stacy Gard and Coun. Boyd Abas will also be looking at problematic roads in their respective wards.

The RM will be clearing out and maintaining two miles of existing drains to improve local drainage conditions near Sleeve Lake.

"We do have a licence," said Pyziak, "but it's very specific ... whatever work is done has to be done according to this licence."

Discussions in previous meetings indicated that the landowner is willing to split the cost 50/50 with the RM. The RM's portion will come out of the budgets of two wards. No information on cost was provided.

The reeve asked that councillors get two quotes from contractors and give them the details of what needs to be done.

"I want to share that with the contractors ... that it's not just a regular dig out," said Coun. Clint Webb.

The RM is considering a request for a public library in town. The only library available is in the school.

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The RM is accepting applications for summer employment. Two summer youth employment opportunities are available under the federal government's Green Team Summer Youth Employment program.

Wages are \$11 per hour plus \$0.43 per kilometre vehicle allowance.

Youth must be between the ages of 16 and 24, have access to a vehicle for transporting grass-cutting equipment and be able to work with minimal supervision.

Employment will commence on or after June 1 and end Aug. 31. Hours are flexible.

Youth will be required to cut grass along roadways, ditches, vacant lots and the river bank, as well as clean up trash.

Resumes can be delivered to the RM Fisher office in person or by mail at Box 280, Fisher Branch, MB R0C 0Z0. The closing date is 10 a.m. Friday, May 13.

Completion of the previous year's tax sale, the appointment of a fire chief to the RM Fisher's fire department and utility accounts were among a number of items held in camera.

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Ashern's Catholic Church and nearby farm threatened by fire

By Jeff Ward

Quick work by the Ashern Fire Department last week stopped a large but slow fire from getting out of hand and destroying more than just grass.

Fire Chief Ken Falk received the call last Thursday at 5 p.m. and said he had nine of his volunteer members on the scene in minutes. Falk said that when the team arrived, the fire was only a few hundred feet away from the north side of the Ashern Catholic Church.

Falk said that, thankfully, due to the fire being contained in short grass it was spreading slowly and his team was able to get in front of it to prevent any significant damage. The cause of the fire is unknown at this time, and the investigation into the cause will likely be done locally. The fire burned

a haystack on the neighbouring farm owned by Normal Russell and scorched a field.

"When you have short grass like that, the fire tends to spread more slowly because there isn't as much fuel for it to feed off of," said Falk.

"If the grass had been taller, it would've moved much faster. When we have a fire so close to town, we have lots of buildings to be concerned about, so it was lucky that the grass was short and we were able to contain it." Falk said the fire lasted approximately two and a half hours and the department used 2,500 gallons of water to keep it controlled. He said that the day of the fire was a warm, dry day so the grass was the perfect tinder for the fire.



EXPRESS PHOTO BY KEN FALK

Members of the Ashern Fire Department worked quickly to contain a large grass fire last week that got within 100 feet of the Ashern Catholic Church on the east end of town.

Reechka dancers to perform at Spring Tea

By Jeff Ward

Fresh off of their exceptional performance at the Troyanda competition in Brandon, 35 Reechka dancers from Arborg will be putting on their year-end show this Sunday at the Arborg Hall.

During the competition last weekend the dancers won 23 medals — 17 gold and 6 silver — in what the president of the Reechka Ukrainian Dance Club Lynette Oliver called the groups highest achieving competition. That incredible talent will be on

display Sunday, April 24 at 7 p.m. in a two-hour performance showcasing the different dances from performers ages 4-18. The show will have a variety of solo, duet and group performances that will be a delight for the eyes and ears.

"You'd think they'd be tired after the weekend of competition they had, but they're still all riding high from winning. They want to put on a great show and their hard work preparing for the

show will pay off for with a great night for the audience," said Oliver.

Tickets are available at the door. Admission is \$10 for adults, \$5 for kids ages 6-12 and children 5 and under are free.

There will also be a traditional Ukrainian dinner served, door prizes, a 50/50 draw and a small raffle. The money collected goes towards outfitting the club with costumes and whatever else might be needed.



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The Reechka Dancers won highest mark small group. SUBMITTED PHOTO

Ashern Pharmacy expansion to include Tim Hortons

By Jeff Ward

A major remodel and expansion of the Ashern Pharmacy will bring with it new jobs, new business, expanded health-care services and a fresh cup of Tim Hortons coffee at the end of April.

The staff at the new Tim Hortons located inside the Ashern Pharmacy have been training in Gimli over the last few weeks and are getting set to have their soft opening on April 29.

The pharmacy, which is owned by Amenity Health Care, has been undergoing major renovations and an interior redesign over the last six weeks to accommodate the changes.

Along with the exciting news that the Interlake community will have a Tim Hortons comes even more good news as the pharmacy itself will also be providing a slew of new health-care services. A family physician and walk-in medical clinic will be providing primary health care to the community and the pharmacist-delivered health-care services will also be expanded. Those services include pharmacists diagnosing and treating minor illnesses, skin conditions, injuries along with management of chronic

diseases, vaccinations and health screenings.

"It's very exciting to be so close to finishing this project. It's been six months of planning and an eight-week build," said Mario Fontes, director of development operations at Amenity Health Care.

"At Amenity, we're always looking to build up the communities we're in and it's great to be able to not only bring a new business into the area, but expand our health-care services at the same time. We're able to employ local people in the Tim Hortons, which is also fantastic."

In a press release, pharmacist Doug Thidrickson said that while he knows that families are busy, they value convenience.

"But they also want to be served by professionals who know them by name. We want Ashern Pharmacy to be a place that people can count on to meet their family's needs," he said.

Fontes said that Amenity is proud to be improving the services offered by the pharmacy and he feels that people will be really receptive to the changes. He also said that there's been a buzz around town while construction has



EXPRESS PHOTO BY JEFF WARD

The Ashern Pharmacy is just days away from having a soft opening of its new Tim Hortons and expanded health-care services.

been going on and that it will likely exceed expectations.

The grand opening hasn't been scheduled yet, but Fontes expects the date to be sometime in early May.

Small towns at risk of tax hike if provincial road agreement ends

By Jeff Ward

If a long-standing, little-known provincial agreement isn't renewed before 2018, it could mean a massive tax hike for residents living in the RMs of Grahamdale, Armstrong and Fisher as well as nine other municipalities outside the Interlake.

The Main Market Road Agreement has been in place for 20 years and is designed to help fund road maintenance in 12 RMs in Manitoba. The agreement funds 100 per cent of the road maintenance for any road within an RM designated a Main Market Road (MMR), which are the most-used roads within an RM.

The provincial government spends \$2.7 million annually funding this agreement across the 12 municipalities. RM of Stuartburn reeve Jim Swidersky said the agreement was formed during a time when the provincial government was off-loading the cost of provincial roads to municipalities. Swidersky is lobbying on behalf of the 12 municipalities because he believes that if the agreement were to end, there would be a sizeable tax increase as a result.

"If the funding were to disappear overnight, it's not hard to imagine that

in some of these areas, taxes would increase 30-50 per cent," said Swidersky.

"Looking at rural areas like this, an increase in the taxes that significant would possibly cause people to leave. Who could afford such an increase, and who would move to our RM if the taxes were that high? This is why it's so important for us to keep this funding."

The amount of funding hasn't changed in many years, according to Swidersky, and across all 12 municipalities, the number is a paltry \$2.7 million. Inside the Interlake, three RMs benefit from this money: Grahamdale receives \$350,000; Armstrong, \$230,000; and Fisher, \$180,000. All three of these RMs used to be LGDs.

Grahamdale reeve Clifford Halaburda said that he is worried about the agreement not being renewed. He said that if the province cuts them off, there would be no choice but to raise taxes. Grahamdale has 188 kilometres of MMR within its borders.

"It certainly would be a big tax burden and something we absolutely can't afford," said Halaburda.

"Our taxpayers would be very uncomfortable with an increase like that and I think it would be very unfair to

do that. If [the province] wants us to maintain these roads, we'll do it, provided they supply us with the money."

Swidersky believes that with how little the agreement is worth collectively that it should be a no-brainer for the provincial government to continue to honour the agreement past 2018. He said that his group would continue to have conversations with the government and lobby for this agreement to be renewed.

"All 12 municipalities are in the same position and we need to come

together and make our case known as a group. We don't want any municipality left out of the agreement because it's important to every single one of us," said Swidersky.

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WEEKLY NEWS



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Dip netting and bow fishing till mid-May

Welcome back, friends.

Even though fishing is stopped until May 14, dip netting and bow fishing for certain fish goes on all year long. Let's experience this activity because in the spring, with thousands of ditches and creeks throughout Manitoba filled with suckers, folks like to dip net them for canning.

Old Red's windshield wipers were hard put to clear the slapping rain last weekend as I drove westward on Highway 415 to Shoal Lake, a mecca for netters and bow fishers.

The rushing waters in the wide ditches on either side of the road were full of suckers rolling over each other. I saw a fellow in a sideways stance down beside the water aiming a compound bow with a spooled cord attached to an arrow. I stopped the truck and quietly slipped down the ditch slope to his side as he shot. The twang of the bow string rang out as the arrow split the water. Waves and muddy silt boiled as the archer drew in his cord with a large sucker on the end of the arrow. Then this spritely young chap turned to me with a big smile, saying, "Hi Arnie. Remember me? We met on the Red River by Selkirk three months ago."

Looking at his face, it came back to me: this was Kenton Funt from Pansy, Man. As we chatted, Ken's eyes darted between me and the dark wavy lines of fish beneath the water. Knowing he wanted to get back to his unique combined pleasure of fishing and archery, I left him to his fun and drove further west.

In a shallower ditch, I came across a chap who was doing something quite



EXPRESS PHOTO BY ARNIE WEIDL

Jeremy Wolf of Winnipeg with some of his dip-netting catch in a ditch by Shoal Lake.

unusual. I pulled over and watched as he dragged his net in the water against the current. Then he saw a sucker swimming ahead of him and tossed a stone further upstream of it. The plopping sound turned the fish around right into his net. I got out of my truck and jokingly called out, "That was pretty smart fishing."

Our new fishing brother, Jeremy Wolf of Winnipeg, said that he had gotten that tip from a cattleman who also liked dip netting. We talked of the best dipping spots here, our faces dripping with cold rain, then I said goodbye and drove on to within sight of the lake.

The ditches here opened up into a grassy clogged, wide, shallow channel. I saw three men in "slicks" with dip nets about to go into the water. I approached them for a quick talk. These guys, Sam Bennet and Shawn Reimer, were from Steinbach while buddy Athen Heibert was from Blumenort. They said this was their favourite yearly trip. The catch was enjoyable and the ladies at home canned the suckers with a special recipe. I watched with interest this team's dipping method as Sam spotted himself upstream facing the other two who

Continued on page 7

Stonewall Teulon
Tribune

Selkirk Record

The Winkler Morden
Voice

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Interlake Pastor reflects on her time serving the community

By Natasha Tersigni

After 12 years of serving Teulon's Anglican Parish of St. Cyprian and St Peter Lutheran Church, parishioners and community members gathered on Sunday to celebrate Pastor Claire Speary's retirement.

While Speary will remain active in the community, she has decided to step down from her daily duties with the community congregations. During her Retirement Tea on Sunday, Speary reflected on her work in Teulon and her career as Pastor, something she had never set her sights on.

Following high school, Speary went to university and became a psychiatric nurse. After working in the field for many years, she took time off to raise her family. When she returned to nursing after 17 years she found it wasn't what it used to be.

"Nursing had changed so much and I found that I enjoyed school as an adult learner. It was time for a change so I stopped nursing and went to university for theology. After I finished my first year of university I felt the nudge to attend seminary school, but not as a pastor," said Speary who was 48 years-old when she entered seminary school.

Speary enjoyed working with churches, but with not having a strong background in scripture she was not comfortable working as a full-fledged pastor and opted to work in other ministries including as a pastoral grief and loss counsellor. After she completed seminary school she went to work alongside a pastor in Steinbach.

After a year and a half in Steinbach, where she was not able to conduct many services, Speary decided it was time for a change and that she wanted to be a pastor of a congregation after all.

Speary grew up in Riverton and had lived in Arborg and Gimli. So with her knowledge of the Interlake it seemed fitting for her to take the position as pastor with the St. Peter Lutheran Church in



EXPRESS PHOTO BY NATASHA TERSIGNI
A retirement tea for pastor Claire Speary was held on Sunday to honour her many years of service in Teulon.

Teulon.

The move would be an adjustment for both Speary and the community who had never had a female pastor before. Before moving to Teulon, Speary was asked if she would also be the pastor for the Anglican church, something that was not too common yet.

"When I was looking for a church I would tell people 'It didn't have to be a rich church as long as it was active and ecumenical'. I was called here as the Lutheran Pastor and then when it came closer to when I would arrive I was asked if I would take over the Anglican as well; that sealed the deal for me," said Speary who added in time the parishioners adjusted to a female pastor.

"Most people in Teulon seemed okay with it. Some

people here did have trouble accepting it, but most were just glad to have a Pastor. It turned out to be a good fit for me here."

It did not take long for the community to accept Speary and her style of ministry. With her own experiences in loss and grief counselling, after losing both her husband and daughter at young ages, Speary was able to provide loss and grief support.

"Funeral ministry has become an area of strength for me and people have recognized that in the community, often because I try not to be too traditional in the services I give. I find often that church language goes over my head, so I figured if a good two-thirds of the people that come to a funeral have little to no church background, which has come to be the reality now, then why should I use this church language that people don't necessarily understand," said Speary.

"People seem to be fine with the ecumenical service. I don't always know the people whose service I am conducting, but I listen to their stories from family members. Most times I get the gift of the family sharing their story, I take what they give me and use it in the service."

After being diagnosed in the fall with deteriorating vision in both her eyes, Speary felt at 68 years old it was time to step down from her congregations.

Speary performed her last service on Christmas Eve and has been enjoying retirement. She plans to remain in Teulon and continue to be an active member in the community.

"I have thought for years about retiring, but it is hard when there might not be another pastor available. I kept saying one more year and then came the diagnosis. I am not sure how much longer I will have my clear vision, I love to travel and read, so I stopped and thought what would best for me," said Speary.

> GET FISHING, FROM PG. 6

had entered the water maybe a dozen car lengths downstream. As Shawn and Athen held their nets like hockey goalie sticks, Sam walked toward them, disturbing the undergrowth and driving the fish to the nets. I heard Sam call out, "I can feel the suckers bumping against my legs." Drive them he did, because he hadn't even reached his buddies when the nets were so full they knew they couldn't lift them. They let some fish go and struggled up the embankment with the nets full of writhing captured fish pouring them onto the musty grass. Then they went for more.

Now let me take you back to ice fishing for a moment on Lake Winnipeg north of Belair. I remember a local by the name of Lindsay Horrox who told me of a guy who was

frantic, having got stuck with little kids in the truck. Lindsay went home and got the guys in his family, who went back and got him out. A week later back on the ice in the same place, the same guy came around trying to find his Good Samaritan. Lindsay saw him and went over to him identifying himself, whereupon the guy gave him an expensive Christmas gift and a grateful handshake. Anglers, summer or winter, we help each other out.

So long for now. See you next week.

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website www.fglml.ca or email us at fglmlinc@hotmail.ca.

We will also be once again holding jigging competitions (in different categories), horseshoe tournament, sling shot challenges, traditional games, children's games, workshops and other fun activities.

Smitty's 40th Anniversary Sale bound to be eventful

By Patricia Barrett

The words "Smitty's" and "Sale" is a chancy combination that can at times lead to overnight queues, in-store sprints and showroom clear-outs.

And Smitty's Furniture & Appliances in Arborg is getting set for another massive sale in a few weeks to mark its 40th anniversary and show its appreciation for existing customers and the general public.

"We always want to repay an existing customer," said Don Smith, who runs the furniture and appliance store located at 321 Main St. along with his wife Susan and his brother David.

The Smiths have sent out about 7,000 invitations to their celebratory sale that will take place May 5 for existing customers. The general public is invited to cash in on the deals on May 6 and 7.

"But if we have drive-by shoppers," said Don, referring to the exclusive one-day sale, "we don't prevent them from coming in."

Smitty's carries fine quality living room furniture from companies such as Palliser and Decor-Rest, dining room sets from Ashley and A-America, bedroom furniture from DeFehr, mattress sets from Serta and Springwall, and lamps, carpets and art work.

It delivers to homeowners and cottagers across the Interlake. It has even made furniture deliveries to Bloodvein First Nation across Lake Winnipeg, getting caught in a perilous late-night crossing once and having to move 56 canoes into the back of the company's five-ton truck to make room for everybody on board.

The store has also shipped furniture to Ontario, Saskatchewan, Alberta and a little bit farther afield — Australia.

Smitty's specializes in major appliances, such as dishwashers, fridges, ranges, freezers, washers and dryers. Among the brands it carries are Frigidaire, Whirlpool and Amana.

The Smith family, led by Don and David's dad Lucien, launched the business four decades ago, selling appliances and lawn and garden equipment in a 500-square-foot store near the Icelandic river. Getting the startup funding was a bit of a challenge, but the business took off.

"Appliances were our start in '76," said Don, who knows what brands stack up as far as quality is concerned.

"We moved uptown in the mid-'80s," he said. "In 1990, David and I bought



Don Smith (left), his wife Susan and his brother David (right) take a break from preparations for Smitty's 40th Anniversary Sale that will take place May 5, 6 and 7.

EXPRESS PHOTO BY PATRICIA BARRETT

the business."

The store now has 10,000 square feet of showroom space, 7,000 square feet of warehouse storage and an Extreme Value Room, all of which take up a large portion of an entire block of Main Street.

"I'M NOT AWARE OF A SINGLE STORE IN THE CITY THAT LOOKS AND SHOWS BETTER THAN OURS."

What gives Smitty's an edge in the Interlake appliance market is David. Having trained as an appliance technician at Red River College in Winnipeg, he can turn his hand to anything the store sells.

"At times you're the most wanted guy in town," said David.

Past sales events have resulted in scenes reminiscent of new software launches and have come

close to inflicting bodily harm.

"David got blown over by a woman," said Don, referring to a mad rush into the store one year that knocked his brother onto a sofa. "That's the closest I've been to a buying frenzy."

The woman later apologized. What prompted the frenzy was a "flood sale" the Smiths threw after a pipe burst

and sent water cascading through the sleep centre and out the door onto Main Street.

The Smiths' generous markdowns over the years and creative advertising streak have given the store a reputation.

"We locked people in for two hours once," said Don. "If you needed a smoke, you couldn't come back in."

The store hosted a "B.Y.O.P. Sale" (Bring Your Own Pencil) sale one year, in which people could walk up to any item and write their discount on it, and a "Turkey Sale," in which customers were treated to discounts of up to 47 per cent and a 12-pound turkey.

The "Balloon Sale" was a somewhat problematic sale. The Smiths filled balloons with discount coupons and inflated them with helium. Customers were invited to burst a balloon to get a discount.

"The Balloon Sale caused us some grief," said Don. "The helium made the paper brittle and we couldn't read them, and the balloons started to come down in the middle of the night. We had the alarm company calling us."

For their 40th, the Smiths will be rolling a red carpet down Main Street to Second Avenue, where they'll have a tent set up and staffed by some of

Arborg's volunteer firefighters and staff from the Ag Society. Customers can enjoy free barbecued pork while they shop and enter to win one of several door prizes totalling over \$11,000.

Smitty's seven long-time employees are knowledgeable about the products they sell and love their work.

"I like seeing people get the right appliance," said Kathy Melsted, who has worked on the sales side for eight years. "It's important to fit the right appliance to the customers' needs. They come in sometimes and don't know what's going to fit."

Dana Borgfjord, who has been with the store for 16 years, is the lead delivery person, setting up and removing old furniture and appliances for customers.

And René Sutyla, who has worked there for close to 20 years, does "everything that Don doesn't want to do!" That includes sales, interior decorating and showroom staging.

"I'm not aware of a single store in the city that looks and shows better than ours," said Don. "Even the sales reps say that, too."

For more information about Smitty's 40th Anniversary sale, contact the store at 204-376-5242 or toll-free at 1-800-361-4156. Visit the store online at www.smittysfurniture.net.

Get your smocks on for the Arborg Play Group



EXPRESS PHOTO SUBMITTED

Arborg Play Group childcare centre is hosting a Paint Nite on April 30 at the Arborg Legion.

By Patricia Barrett

The Arborg Play Group childcare centre is inviting budding artists to get their smocks on and join them for a Paint Nite event that will take place April 30 at the Arborg Legion.

"We'll be bringing an instructor from Winnipeg," said Melissa Moran, who's the chairperson of the licensed daycare on St. Peter Street and is helping organize the festive night of painting.

Paint Nites are a global phenomenon that started in 2012 in which businesses and locals artists team up to teach people how to unleash their creative side while offering a venue for socialization.

"We do one set painting," said Moran, who will be taking part in the artistic endeavour. "The instructor takes you through it step-by-step."

All of the daycare's board members will be taking part in the event. They and 46 other participants who've registered to date will be painting a tree with spring blossoms.

Town of Arborg Coun. Susan Bau-

ernhuber, who runs the Arborg Legion, is providing the space free of charge for the event. Only those 18 or older can participate because alcohol will be available.

"You can 'drink creatively,'" laughed Moran.

Fifteen dollars from each ticket sold will go to the daycare to help it with expenses and upgrades. The remainder will cover the instructor's fee and canvases, brushes and paint.

"We're trying to finish our outdoor space — a bike path made with recycled tires and a sandbox," said Moran. "Or [we could] pay down the mortgage."

There are 90 spots available. Participants must register in advance as the instructor needs to know how many canvases are needed.

The event will start at 7:15 p.m. on April 30 at the Arborg Legion. Tickets are \$47.25 per person. Contact Melissa Moran at 204-641-3550 to register.

To find out more about Paint Nites, visit www.paintnite.com.

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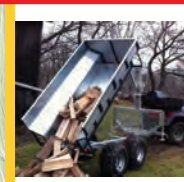
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HDPE PIPE PLASTIC

Peguis and Fisher River First Nations dancers shine at Northern Lights

By Patricia Barrett

Dancers from Peguis and Fisher River First Nations put on a spectacular performance last Friday afternoon at the Ukrainian National Home in Fisher Branch.

The dancers were part of the three-day Northern Lights Festival of the Arts that showcased the talents of young musicians, singers, gymnasts and dancers from across the northern Interlake region.

The energy of the Peguis Tiny Tots Square Dance Group, made up of 12 students in Grades 1-3, delighted about 50 spectators.

The choreography was praised by adjudicator Jess Lepp, a performer, dance instructor and faculty member at Masterworks Dance in Winnipeg.

"You were beautiful to watch," she said.

Haley Manningway and Sadie Spence from Fisher River First Nation performed solo dances.

Manningway, who's in nursery school, performed four changes of the Red River Jig, not once missing the beat. Her fancy footwork gave rise to spontaneous applause from the audience.

Spence, who's in Grade 2, also performed the Red River Jig. Her boundless enthusiasm and big smile had people tapping along to the lively music.

Grade 1 student Luke Wilson from Fisher River performed a solo pow wow dance, moving gracefully around the auditorium, and Dasani Cameron, also

from Fisher River, performed a jingle dance. The Grade 7 student performs with her mom at various gatherings.

Dancing since they were four years ago, twins Madison and Macy Asham from Fisher River School performed the Red River Jig and the Orange Blossom Special.

Their teacher Debra Thompson thanked the festival's organizers and the Fisher Branch community for inviting all the dancers to perform.

The Albert Thompson Memorial Square Dancers from Peguis – who have two dancers from Fisher River – closed the afternoon with a performance that earned them a perfect score from Lepp.

"You sounded like one dancer," said Lepp.

The group, made up of female students in Grades 7-9, took their name from an elder in Peguis. They have been performing for about five years under the direction of Vivian Chaske.

They've been invited to dance for the Canadian Red Cross and Missing and Murdered Women advocates.

Lepp acknowledged the support of the dancers' families and that of their teachers.

"You're putting a lot of time into it," said Lepp. "When you have a kid in dance, the whole family is involved."

There will a highlights performance and scholarship presentation on Friday, April 22 at the Fisher Branch Community Hall. The show starts at 7 p.m.



EXPRESS PHOTOS BY PATRICIA BARRETT



Peace Lutheran Cemetery restoration and 100th anniversary a labour of love

By Patricia Barrett

In a few months, the descendants of those who settled in Kreuzberg (now called Fraserwood) will be celebrating the 100th anniversary of the town's Peace Lutheran Cemetery.

Gladys Kohler, Lorraine (Ulrich) Kozera and Pastor Larry Ulrich, all of whom have deep family roots in the area, formed a Centennial Heritage Committee about four years ago to raise funds for cemetery restoration work and commemorative monuments.

They will be unveiling a new monument and a granite bench during an anniversary supper, which will be held Sunday, Aug. 7 at Fraserwood's banquet hall.

"It's nice to preserve the history of your small community because it's fading away," said Kohler, who serves as treasurer of the committee.

Peace Lutheran Cemetery, located about six miles west of Highway 7, was founded in 1916 after a family tragedy.

The three-year-old son of Gustav and Sahrafina Rattai, who emigrated from Russia, ate poisonous berries and died. The couple donated an acre of land from their property to form the cemetery.

Kohler said the first Peace Lutheran Church congregation was formed in 1915 with services held in parishioners' homes. From 1926 to 1955, services were held in Cavendish School. In 1954, the congregation purchased a church building in Fuller, Man., for \$500 and moved it by horse team across the Red River to Fraserwood. The move cost the congregation an additional \$500.

The church closed in 1982 and the building was moved to the Chatfield Museum in 1997.

During the First World War, Kreuzberg's name was changed to Fraserwood to distance itself from the alliance of Central Powers. The name Fraserwood was taken from a couple who ran the J & J Store and whose surnames were Fraser and Wood.

Between her job at the RM St. Andrews and trustee with the Evergreen School Division, Kohler has been working tirelessly to prepare for the 100th anniversary celebration, which is expected to draw well over 300 people from the area and from across Canada and the United States.

"People are really interested in the project," said Kohler. "Even people not connected to the church know people that were connected."

She said many families are looking forward to meeting relatives they've not had a chance to meet.



Gustav and Sahrafina Rattai and their children are shown in a family photo (undated).

Families connected to the Peace Lutheran Church built a miniature replica church that now stands on the spot where the original church lay.

The restoration of the cemetery has been a labour of love. The committee has undertaken a number of restoration projects to prepare for the anniversary. A wrought iron cross that sat atop a stone cairn has been restored to its original lustre and will be mounted on a new monument made from black granite and situated at the entrance to the cemetery.

"We had the cross sandblasted and powder-coated," said Kohler.

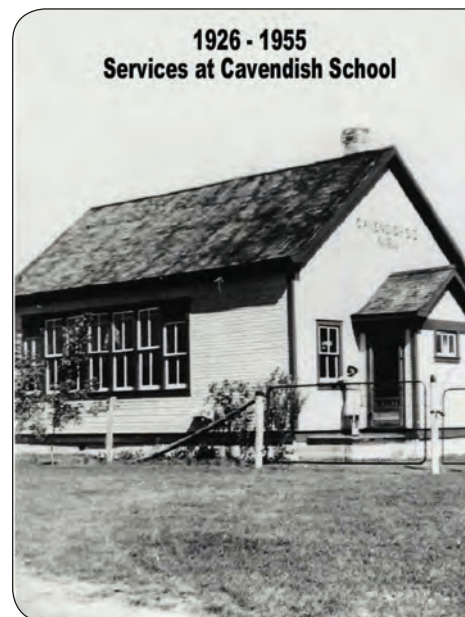
All four sides of the four-foot high and two-foot square monument will contain the history of the church and cemetery, as well as the name of every pastor who served the community.

The committee will also be installing a granite bench on site that will have the names of founding church families engraved on it.

"We did the research on all four of the original families," said Kohler. "We found the year of immigration, maiden names and children's names using Manitoba Archives, Vital Statistics and 1906 and 1911 Census Records."

Gustav (43) and Sahrafina (40) Rattai and six of their children, ranging in age from 18 to four and half, were recorded as passengers in the Ausonia's steerage records from 1911. And the Ulrich family was found in Manitoba census records from 1916 for the municipality of Gimli.

Today, the descendants of those buried in the cemetery take turns maintaining the site. They cut the grass, prune trees and keep it tidy.



1926 - 1955
Services at Cavendish School



1955 - 1982
Peace Lutheran Church

PHOTOS COURTESY OF GLADYS KOHLER

The Cavendish School served as the Peace Lutheran Church between 1926 and 1955 before the congregation bought a church building in Fuller, Man., and moved it by horse team to Fraserwood.



A miniature replica of the Peace Lutheran Church presently stands on the spot where the original church (now part of the Chatfield Museum) was located.

The Heritage Committee has raised about \$17,000 to date.

"We had barbecues, we sold turkeys, and had a bake and craft sale," said Kohler. "And the grocery stores in Gimli were generous."

To help raise funds for the restoration and anniversary celebration, the committee put together a cookbook that will include historical information about the church and the area in addition to recipes.

Families affiliated with the church donated the recipes.

"We set it up online using the Cookbook Printer," said Kohler. "You give users a password and they can enter their own recipes."

The cookbook will be a mix of traditional and modern, everything from stollen bread (made on Christmas Eve) and Minnesota flapjacks to caramel twists and Cuban lunch.

The committee contacted families and asked how many cookbooks they wanted. They cost \$15 and will also be available during the anniversary event.

The committee has already started selling tickets. On May 1, tickets will be available to community and area residents. They cost \$30.

Kohler said a short service at the cemetery will be held before the banquet gets underway. And organizers also plan to put together a slideshow of historical photos that they'll project onto a large screen during supper.

Preserving ancestral heritage provides a vital link to the past, said Kohler. And by undertaking historical research and raising funds to maintain and beautify the cemetery, she hopes "more people will be inspired to preserve cemeteries."

Winnipeg Beach School students tied up in knots for a good cause

By Patricia Barrett

Winnipeg Beach School students have been tied up in knots for the past few weeks preparing to launch a fundraiser to help a former student who's battling mitochondrial disease.

The classrooms of Jason Gibson and Jay Ewert, who teach grades 5, 6 and 7, have turned into a paracord bracelet-making factory of which the students themselves are in charge.

They'll be selling their handmade bracelets at the school and online to raise money for Brandon Schellenberg, who now attends Dr. George Johnson Middle School in Gimli.

"We all know Brandon. He went to our school," said Alex, who's in Gibson's class and will be one of three students providing an overview of the project at the Evergreen School Division's board meeting this week. "We learned about mitochondrial disease."

The students broke into groups, each assigned to a specific task. They took on the job of cord measurers, cutters, bucklers, designers, weavers, display organizers and photo crew (for the online sales site using Etsy and PayPal).

The weavers helped other students learn basic macramé knots and fancy cobra knots.

"They've been amazing for helping each other," said Gibson.

"Once I get started on the knot," said Wyatt, who will co-presenting to the school board, "I'm good to go."

A team of designers mixed and matched the different colours, he said.

The bracelets come in a wide range of colours, such as hot pink and yellow, and are both fashionable and durable. Some can be used as a survival tool: the buckles double as whistles. The basic design costs \$5; the more elaborate bracelets with the whistle cost \$7. They come in four sizes.

Alex, Wyatt and Chloe took time out from the assembly line last Wednesday

day afternoon to brush up on their presentation skills.

"When he [Brandon] goes to the drug trials, it will help him with the extra costs," said Alex.

Chloe said Mr. Ewert "got them into it. He showed us these bracelets and told us how to make them."

Mr. Ewert, affectionately referred to as Mr. E by a number of students, picked a few students as apprentice weavers and they taught other students how to weave.

"Sometimes we really liked the bracelet we made, so we bought lots of our own," said Chloe, who also volunteered on the photo crew for a day.

Gibson said he and Ewert let the students figure out what tasks they were good at. At first, it took a while to get the buckles on the cords, so some students, such as Keenan and Nathan, volunteered to work as bucklers.

"You pull the cord through and hide the joint that connects the two different colours," said Nathan.

"It really hurts if you do it straight for an hour," said Keenan. "Your skin comes off."

A number of students gave up scheduled breaks to work on the project.

"I stayed in at recess," said Emily, one of the weavers in Ewert's class.

A number of worthy causes were considered by the students, including animal welfare and environmental causes, before they settled on health.

The fundraiser is helping them learn basic business skills, from production to marketing to distribution, said Gibson. It's also teaching them the value of helping others in the community.

"Our job is to teach them that social justice is attainable," he said.

All proceeds from the bracelets will go towards Brandon Schellenberg's participation in an experimental drug trial that will take place in Cleveland, Ohio.

The Schellenberg family has set up a



EXPRESS PHOTOS BY PATRICIA BARRETT

Tyler Schellenberg (front row, with the smiley face badge) and his classmates at Winnipeg Beach School are making bracelets to help fund his older brother Brandon's experimental drug trial in Cleveland.



Grades 5, 6 and 7 students have been busy making paracord bracelets, which they will be selling at the school and online to raise money for former classmate Brandon Schellenberg.

Go Fund Me site that has information about his treatment. The family will require at least \$35,000. So far, they've raised about \$8,600.

Tyler Schellenberg, Brandon's younger brother, is part of the team of weavers. He said he hasn't yet made a bracelet for his brother, but he plans to find out what colour he would like.

On the first day of the project, students made 20 bracelets. By the third day, they had 100. As of last Wednesday, students had made about 170 bracelets, some able to churn them out in under five minutes.

"Our goal is 200," said Gibson. "Today we may reach the end of our ma-

terials."

Students at Dr. George Johnson School might help Winnipeg Beach students sell the bracelets. A poster that Leah (one of the weavers) made may go on display there.

A member of the Gimli Kiwanis Club also expressed interest in helping the students sell their bracelets.

For more information about the bracelets, contact Winnipeg Beach School at 204-389-2176.

You can read Brandon Schellenberg's story on Variety, the Children's Charity website at varietymanitoba.com/story/brandon-schellenberg.

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Local singers needed for new Interlake Youth Choir

By Jennifer McFee

Young vocalists will be singing a happy tune thanks to a new choral opportunity in the Interlake.

A brand new Interlake Youth Choir is seeking singers who will be in Grade 10 to 12 in the 2016-17 school year.

The youth choir is a project of the Interlake Choral Association, which falls under the umbrella of the Manitoba Choral Association.

Kendra Obach, chair of the Interlake Choral Association, said three regional youth choirs are already established in Manitoba as regional subsections of the Manitoba Choral Association: Eastman, Central and Westman, which recently celebrated its 35th anniversary.

"These are all well-established and well-respected programs. This is our first step in establishing something similar for the singers in the Interlake. Part of the concept is that singers in small towns do not get a full choral experience the way that a lot of big high schools can in the city," Obach said.

"So this is a chance for us to create a full choir with really strong singers and create that experience for singers no matter what their background

or what their community is like. This way, we can create something a little bit bigger for the whole region."

Obach hopes to undertake the audition process in May with singer selections to take place in June. Live auditions will likely take place in Stonewall, Teulon and Selkirk. As another option, singers can also submit video auditions online.

Then the fun really begins in fall with a weekend intensive rehearsal camp at Camp Arnes starting in the morning on Friday, Oct. 14 and wrapping up on Saturday, Oct. 15.

Then on Sunday, Oct. 16, the youth choir will bring music to the masses through two concerts. The first is tentatively set for Arborg in the afternoon followed by an evening finale show in Selkirk.

"It's an exciting project," Obach said. "We want to keep them busy. It will definitely be intense."

The timing couldn't be any better since the Manitoba Choral Association is celebrating its 40th anniversary this year. To mark the milestone, the organization will host a gala concert at the Centennial Concert Hall in November.

"It's going to feature lots of choirs



EXPRESS FILE PHOTO

Kendra Obach, chair of the Interlake Choral Association, is seeking singers to join the Interlake Youth Choir who will be in Grade 10 to 12 in the 2016-17 school year.

from the province and lots of different types of music, including a massive youth choir with representation from all regions of Manitoba," said Obach, who is also involved in that project.

"We've been asked to put together representation for the mass youth choir representing the Interlake. We thought it was the right time to con-

nect and to have our new Interlake Youth Choir be our representation, so that's the added bonus this year. That was part of the kickstart as to why this was the right year to do it."

For more information about the Interlake Youth Choir, visit www.iychoir.wix.com/home.

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New gear and potential recruits for Arborg's fire department

By Patricia Barrett

Models who strut the catwalks of Milan would have been green with envy had they seen the extravaganza the Arborg and District Fire Services hosted last Monday evening.

Firefighters and a potential recruit showed off the latest in firefighting gear at the station.

The models milled about nervously minutes before the curtain went up, some adjusting their protective undergarments, others angling their helmets in a fetching manner. The proverbial "break a leg" was heard

near the wings.

The first model on the floor was nine-year veteran Annya Foster. With her blond locks flowing loosely above her shoulders, Foster flipped the visor of her new helmet up and down and swivelled one of the detachable headlamps this way and that as she crossed the floor.

The bulky boots, the thermal-resistant gloves and the fawn-coloured jackets with matching flare-cut trousers were an instant hit. The yellow reflectors stitched onto the new gear virtually blazed under the bright

lights of the spic-and-span station.

Andy Barylski, who has served with the department for decades and who was recently promoted to lieutenant, kept fellow models Chad Timchisen, Richard Kozminski, Wilson Delos-Trinos and Leroy Loewen pumped over the course of the 10-minute show. His shenanigans included a balaclava pulled down over one eye.

For the finale, the models, along with Fire Chief George Chyzy and Provincial Fire Instructor Dave Edge, assembled in front of the department's shiny red pumper that served as a

backdrop for the performance.

The show was sponsored by the Town of Arborg and the RM Bifrost-Riverton, which funded the purchase of eight new sets of turnout gear.

"It cost \$16,000 plus change," said Edge, who trains new recruits for various municipalities.

The up-to-date protective clothing is vital for keeping firefighters safe on the job. The National Fire Protection Association establishes standards for turnout gear, which constantly change as firefighting technology advances.



The Arborg fire department has a 4x4 Kubota that can carrying firefighters and hoses across terrain fire trucks can't travel. Bush and grass fires are common at this time of year.



PHOTOS BY PATRICIA BARRETT

Fire Chief George Chyzy (far left) and provincial fire instructor Dave Edge (far right) flank firefighters who showed off the department's new gear last week.

Eriksdale residents smash through fundraising record

Pie fundraiser raises \$12,773 for Cancer

By Jeff Ward

Attendees at the 6th Annual Variety Show & Dinner fundraiser for Canadian Cancer Society in Eriksdale proved their generosity once again while raising \$12,773 on April 9.

The variety show raised \$11,506 last year and organizer Debbie Lundale believed that would be the ceiling for this year's fundraiser. But the more than 230 attendees rose to the challenge this year buying pies, and donating money to raise an unprecedented \$12,773 — more than \$1,200 than last year. There were 79 pies available, which brought in a cumulative \$4,775 as well as a plant auction organized by Leslie Saunders, which brought in more than \$250. The Man-Pie auction remains a crowd favourite and this year the three councillors from Eriksdale, Keith Lundale, Merle Day and John Wainwright fund raised \$1,900.

Keith Lundale made a bacon po-

tato cheddar tart that weighed seven pounds and was auctioned off for \$400. Day was more creative and built a working, wooden clock in the shape of a pie with a fork and spoon for hands. His pie was auctioned off for \$700 putting him in second place behind Wainwright who baked an English custard pie, a favourite of his growing up that raised \$800 in auction.

"It shouldn't surprise me, but it does each year. People are very generous that night and aside from the tickets and pies, they also donate cash, which ranges from \$10-\$300," said Debbie Lundale.

"The community has been so supportive and the Canadian Cancer Society noticed that and even honoured our community with a plaque."

Lundale said that the plaque recognizes the community's outstanding commitment to Manitoban's living with cancer. And that fact couldn't be



EXPRESS PHOTO BY DEBBIE LUNDALE

Sandra Hogue (left) helps serve dinner during the 6th annual Canadian Cancer Society Variety Show in Eriksdale which raised a record breaking \$12,773. That adds to a total of more than \$50,000 raised since the variety show began.

clearer with the community helping to raise more than \$50,000 over the last six years of the fundraiser.

Lundale said she is unsure where

the ceiling is on how much will be donated, but that she is extremely proud of the community for giving so freely.

Paint collection at McMunn & Yates showcases Manitoba landscape

By Jeff Ward

PPG Paints and McMunn & Yates have teamed up to create a stunning palette of 40 colours that showcase and celebrate the diverse landscape of Manitoba.

On sale now at every McMunn & Yates location, the Heartland Colour Collection represents six themes — Summer in the Prairies, Harvest in the Sunset Country, Classic Colours of the Lake Country, Urban Vibes in the Canadian Shield, Coming Home to Northern Neutrals, and People and Tradition. The colours are available exclusively at McMunn & Yates and are available in both indoor and outdoor variants.

Marketing manager Suzette Medeiros said it's an exciting product that she believes will be very popular with customers, especially in the rural areas. She said that the colours represent the landscape that many Interlake residents see when they look out their windows, and the ability to decorate their homes with those colours should be an exciting prospect.

"The collection is the first of its kind and we're very excited to launch," said Medeiros.

"We're very excited to offer consumers colours that are unique to their region and we want everyone to take home the colour card and experience them with their furnishing, decor and lighting."

The creativity behind creating these colours is something PPG Paints



New paint collection enables Manitobans to bring beauty of the province indoors.

takes a lot of pride in, according to spokesperson Julie Ciccaglione. PPG employs more than 20 colour stylists around the world who each specialize in different markets. Those stylists collaborate and determine different styles and colour trends. Ciccaglione explained that there is lots of tweaking in the process of creating a diverse palette like the Heartland Colour Collection but the process is a fun and creative one.

One of the other major components in creating a new colour collection is making sure the trends have a nice longevity. Ciccaglione said that it's unreasonable to assume people will



EXPRESS PHOTO BY JEFF WARD

Brian Smith (left) and Dwight Lindell (right) are ready to help you mix and match your favourite colours from the new Heartland Colour Collection at the McMunn & Yates in Eriksdale.

repaint their entire home each year, so the colours are designed with the mindset of the entire collection remaining on-trend for three to five years.

"Creating these colours wasn't difficult because all these palettes work together. Our customers will open their front or back door and they see these colours in the landscape everyday. We're all about helping people beautify their homes," said Ciccaglione.

Once the colours were created, McMunn and Yates asked customers for suggestions on names for them. Many of those suggested names were incor-

porated into the collection, including Snowy Owl, Moss Trail, Golden Oat Field, Canadian Forest and Rich Earth.

Medeiros said that people are increasingly looking to nature for inspiration in choosing colours for their walls and overall home decor.

"Manitoba's colours of golds, blues, greens, grays and reds, coupled with its sprawling grassland, lakes, rivers, mountains, forests and majestic sweeping views, create a landscape like no other and serve as the basis for the new Heartland colour palette," said Medeiros. The collection can be viewed in its entirety at any McMunn & Yates location.

Session aims to help adults deal with childhood anxiety

By Dave Baxter

An upcoming event in Selkirk will teach adults about ways to help children living with anxiety.

Family Connections and Nova House Inc. have teamed up to host the Fears, Doubts, Blues, and Pouts Lunch and Learn at Selkirk United Church 202 McLean Ave. on Tuesday, April 26.

The session will focus on helping parents, caregivers and other adults deal with childhood anxiety.

"A couple of months ago we had a lunch and learn on adult anxiety and it was our biggest turnout we ever had and many asked if we would do one on childhood anxiety," Nova House executive director Anna Pazdzierksi said.

The session will give community members a chance to come at different hours of the day and get information.

People can come for the entire day from 9 a.m. to 3:30 p.m., or come for a panel discussion that will happen from 12:05 to 12:50 p.m.

Pazdzierski says the amount of interest they have already received leads her to believe there are lots of adults looking for resources and information about childhood anxiety.

"With children, we see it start at a very young age," Pazdzierksi said. "We see anxiety in babies. We used to think it was kids in university that got anxiety, but more and more we are seeing it in younger children."

Pazdzierski doesn't believe anxiety rates in children have gone up, but rather there is a better understanding of what is going on.

"I think we understand it more and before we probably called it other things," she said.

Children who deal with anxiety or panic attacks often don't understand what is happening to them and that is why it's important for parents to be able to help them, Pazdzierski said.

Although mental illness issues and anxiety can be passed on through family, Pazdzierksi said children deal with these issues for many reasons.

"It can be a combination of all kinds of things," she said. "If adults have it, their kids are more likely to, but that's not necessarily the reason."

Pazdzierksi hopes the sessions help adults deal with childhood anxiety because if they don't deal with it properly, it could get worse.

"It's important because we used to say it was a discipline problem because they weren't doing what teachers or parents asked them to do," she said.

The session will feature a guest speaker in the morning, who is a professional at dealing with childhood anxiety.

There will be two speakers in the afternoon, and one will be from the local school division who will discuss available resources in the area.

Childcare is available for the morning or the afternoon.

For more information about the session, or to inquire about childcare for the session, residents can call 204-482-7882.

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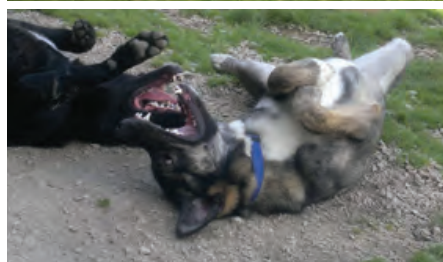
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time so which dogs can go together can change overnight. The group dynamics changes with the addition of a new dog or the leaving of another. Group play is dependent upon which dogs are here as well as all the other considerations above. Within the variety of boarding, day care and our own dogs we can usually find a playmate or two for everyone. Sometimes a whole large group can all be together.

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Country music group Doc Walker performs in Ashern

By Jeff Ward

More than 300 people packed the Ashern Centennial hall for a night of music and dancing with Juno-award winning country band Doc Walker.

Doc Walker, as part of the bands Hometown Manitoba Tour, blew the doors off of the Ashern Centennial Hall on April 9. The band played a 90-minute set with songs from all of their albums.

Show organizer John Bezemer said that the night was incredible and having talent like Doc Walker in a small town was really a one-of-a-kind experience.

At press time, Bezemer is unsure of the amount of money the show raised but estimates it at approximately \$5,000. Most of that will be used to fund the Ashern Rodeo and make their 25th celebration in 2018 an event to remember.

"I think we did really well and I commend the rodeo board and all the

volunteers who did an excellent job," said Bezemer.

"We had less than four weeks to pull this together and I don't think we could've asked for a better show. The band even stayed behind for a good hour after the show and signed autographs. It was a really fantastic night."

The Ashern Fire Department provided the security for the event and, according to Bezemer, they will be given some of the profit from the show for their help. The Ashern Safe Grad Committee provided a coat check, raising money for their graduation at the end of

the year.

The bands merchandise department had tour shirts printed with all of the rural communities that they will be playing on the tour, and Bezemer said that those were entirely sold out with concert-goers wanting to remember the occasion with a T-shirt.

"THE BAND EVEN STAYED BEHIND FOR A GOOD HOUR AFTER THE SHOW AND SIGNED AUTOGRAPHS. IT WAS A REALLY FANTASTIC NIGHT."



EXPRESS PHOTO BY PAM ROHL

Doc Walker performed in front of a crowd of more than 300 at the Ashern Centennial Hall a few weekends ago as part of their Hometown Manitoba Tour.

Diemo Machine: A case for North of Ordinary

By Adrienne Percy

For the crew at Diemo Machine Works, success means being nimble.

The Interlake-based manufacturer employs more than 80 people. Although they have been around for 34 years, in the past two years they have adopted a progressive business model that has allowed them to recession- and dollar-proof their business in ways that would both please and confuse the savviest Bay Street bankers.

Yet they are still dependent on the economy and the strength of the dollar. Slowdowns affect their business too. Although they are longtime credit union members, longtime Diemo team member Marty Friesen says the

relationship recently underwent a revitalization when the economy forced Diemo to look at innovative ways to keep the business viable.

Friesen says that's when it became clear that they needed a financial institution that would push the boundaries as much as they do. That would go the extra mile.

"When I saw Noventis's commitment to North of Ordinary, I knew our philosophies aligned," said Friesen.

Friesen said the relationship was put to the test while Diemo weathered a severe downturn in the manufacturing industry and the strength of the US dollar was affecting business.

A major industrial equipment manufacturer was considering a contract

Bezan named vice-chair of Ukraine parliamentary group



EXPRESS PHOTO SUBMITTED

The 2016-17 Canada-Ukraine Parliamentary Friendship Group executive, including Selkirk-Interlake-Eastman MP James Bezan and the Ambassador of Ukraine to Canada. Bezan was named vice-chair of the executive during a recent annual general meeting.

Staff

Selkirk-Interlake-Eastman MP James Bezan was elected as a vice-chair of the executive of the Canada-Ukraine Parliamentary Friendship Group (CUPFG) during a recent annual general meeting.

"I am proud to serve as a vice-chair of the Canada-Ukraine Parliamentary Friendship Group," Bezan said in a release last week. "This Friendship Group demonstrates Canada's solidarity with Ukraine, especially at this important time when Ukrainians are fighting against Russian aggression, and defending Ukraine's sovereignty, democracy and European aspirations."

The Canada-Ukraine Parliamentary Friendship Group promotes a deepening of bilateral relations at the two countries' parliamentary level.

The Ambassador of Ukraine to Canada, H.E. Andriy Shevchenko was in attendance and brought greetings.

Ambassador Shevchenko voiced his enthusiasm about the Canada-Ukraine Parliamentary Friendship Group and underlined the strong and friendly relationship between Canada and Ukraine. He is pleased to see the great support for this initiative from all Parliamentarians across different parties.

More than 85 Parliamentarians are members of the Canada-Ukraine Parliamentary Friendship Group for 2016-17.

Thirty-one interns of the 2016 cohort of the Canada-Ukraine Parliamentary Program were also in attendance at the Canada-Ukraine Parliamentary Friendship Group meeting.



EXPRESS PHOTO SUBMITTED

Marty Friesen of Diemo Machine Works Inc. is very happy with the financial support they received recently from Noventis when bidding on an U.S. contract.

with Diemo but needed reassurance that the company was solid.

Friesen says that's when Noventis had an opportunity to prove whether or not it lived by its recently adopted slogan "North of Ordinary."

Philip Bauernhuber, Noventis Credit Union's vice-president of lending and credit, took the opening and ran by writing a letter of support for Diemo.

"No other financial institution would have done what you have done for us during that period. The response was immediate and effective," noted Friesen, who said within a half-hour of the customer receiving the letter, the deal was completed.

"It transformed our business. It was a turning point," said Friesen.

Going above and beyond is just part of what Noventis is able to do, as a financial institution that is rooted in the community, said Bauernhuber.

"We know the people and the businesses. That allows us to be flexible and make decisions based on criteria."

The fact that Noventis is local, they can look at things from an individual member's perspective — and provide a customized solution, said Bauernhuber.

Manufacturing is a tough business and Friesen noted that there was a real need to deal with a financial institution that understood Diemo's commitment to its employees and its unorthodox business model. It wanted to deal with a financial institution

that could think outside the box. And even though Diemo has had a long relationship with Noventis, it needed its financial institution to support where it wanted to go.

"Phil has dealt with our business in a way that was certainly North of Ordinary as the tone and substance of his input certainly inspired our entire workforce numerous times during some very challenging circumstances," Friesen said. "The journey Noventis was willing to go through with us was extraordinary."

Friesen says he sees it all as a win-win as the success of business and local credit unions are closely connected.

For example, Friesen noted that most of Diemo's workforce carries their mortgages with Noventis. "This was really important because when manufacturing jobs leave, they don't come back, Friesen said. "Good jobs are hard to find in a rural community." When businesses like Diemo are on stable ground, the whole community benefits, said Bauernhuber.

"That's part of our philosophy," he said. "That's why it's so important to us to support the efforts of local businesses — small and large. They are truly what keep our communities going."

Friesen says that Noventis and Diemo operate using the same approach. "We are both built by the community, for the community."

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Leas double trouble in the WWHSHL

Twin sisters dominate on the ice, at the WWHSHL awards banquet

The superstar hockey twins, Keyanna and Keyara Lea, are used to getting plenty of attention on the ice from opposition players.

So, it should have felt natural to the pair when they received plenty of attention at the annual Winnipeg Women's High School Hockey League Excellence and Leadership Awards Gala at the Canad Inns Polo Park on April 13.

Keyara was deservedly selected as the winner of the CTV Division "A" Most Valuable Player Award, was recognized with the top scorer award, and was also presented the league's Top Rookie Award.

"It really opened my eyes to what I accomplished this season," said Keyara, who led her division with 46 points this past season. "It was great to play high school (hockey)."

Keyara is a fantastic player with the Kelvin Clippers in the WWHSHL. But while she has a penchant for scoring goals and creating numerous offensive chances, she was doing the exact opposite just two years ago.

Keyara did not feel that she was making enough progress as a goaltender, so she abruptly made the decision to move up to forward. And what a remarkable decision it was.

"I was a goalie for a long time," explained the 5-foot-3 speedster earlier this week. "But within the last two years, I really improved (as a forward) and my sister helped with that."

"It's unbelievable," added Clippers' head coach Sam Tougas. "I didn't believe it when I first heard (that she used to be a goalie). I thought people were joking with me."

The sisters play on the same line together and, like most twins, have an innate ability to know where the other one is going to be on the ice.

"It's really cool," said Keyara, 15. "I always have someone to watch my



SUBMITTED PHOTO
Keyara Lea (right) accepts her MVP award from WWHSHL president Alana Grimolfson.

back. It's really weird - we know exactly where each other are."

Keyanna really enjoys playing on the same line as her sister.

"Her style of play is different from other players," Keyanna said. "She's aggressive and knows how to be hockey smart. The chemistry we have allows us to know where each other are and makes us stand out more."

The sisters are originally from Riverton but now live in Winnipeg to pursue their hockey careers and better their education, said Keyara.

The sisters led Kelvin to a fourth-place finish during the regular season and then the Clippers advanced to the league final against the College Jeanne Sauve Olympiens.

"Getting to the final really brought our team closer together," Keyanna said. "Playing that final game and knowing we gave it our all, I was satisfied. We left our hearts out there, so it kind of felt like we won."

CJS won the best-of-three series with a thrilling 1-0 win in Game 3 back on March 15.

"It was unbelievable," said Keyara of the final series. "Both goalies played outstanding. There was a lot of pressure but it was really fun to experience that with the fans. The crowd



EXPRESS PHOTO BY LANA MEIER
Keyanna (left) and Keyara (far right) were the co-winners of the CTV Division's 'A' Rookie of the Year Award.

was giving support for both teams."

Keyanna, meanwhile, also had a great season as a rookie in the WWHSHL. She finished second in her division in goals with 25 and also had 45 points.

She also was a co-winner division's top rookie award and was nominated for MVP.

"It was so surreal," Keyanna said. "I was just so proud of my sister to come back from playing goalie and to get nominated and win those awards was outstanding."

Tougas raved about the two twins that led his club to the league final.

"Quite simply, every time they stepped out on the ice, they were the best players on the ice," he said. "They are as smart as a hockey player that I have ever seen, not only on my teams, but in the league. They have an awareness to where to be on the ice and to be able to anticipate the play."

"They're always around the puck - it's pretty fun to watch."

The twins, who have a great passion for the game, plan to play college hockey in a couple of years. Before that, though, the pair will be making the switch to play for Balmoral Hall next season.

"We're actually looking forward to moving to a new school next year," Keyara said, adding she wanted to thank everyone who has helped them in the pursuit of their hockey careers. "It will open up more doors for us with hockey and school."

It may be late April, but the Leas' hockey season is not quite done for this year. The pair will be representing Manitoba at the 2016 National Aboriginal Hockey Championship in Mississauga from April 30 to May 8.

"We haven't played (at nationals before), so we are looking forward to it," said Keyanna, noting Manitoba has a strong team with good speed.

"It's going to be cool to step up to a new style of play. We've been training and we're looking forward to it."

Peguis finishes off westerns with win over Thunder Bay

By Brian Bowman

The Peguis Juniors may be a dominant team in the Keystone Junior Hockey League.

But they found out that the competition was a whole lot tougher at the 2016 Keystone Cup in Regina last weekend.

Peguis finished with a 1-4 record at the western junior "B" hockey championship.

"(The teams) were pretty strong," said Peguis head coach Mike Spence.

Spence said the Juniors like to play a physical style of hockey. But the officials were calling the games tight, so some of their physicality was called for penalties.

"I kind of felt that they took the game away from us," he insisted. "We couldn't hit as much as we do."

After losing their first four games at the westerns, Peguis closed out its round robin with a solid 8-4 win over the Thunder Bay Northern Hawks on

Saturday evening.

The Juniors had a real good effort in a meaningless game between the two clubs.

"We wanted to win one game before the weekend was over," Spence said. "They worked hard to get the win against Thunder Bay."

Peguis trailed 2-0 in the second period but exploded for five goals to grab a 5-4 lead after 40 minutes. The Juniors then scored three more times in the third.

Keevan Daniels-Webb led Peguis with three goals and an assist and was deservedly named the game's first star.

Keesin Richard, Jesse Flett, and Romano Paul each had a goal and an assist while Matthew Cameron scored Peguis' other goal.

Donovan Tanner and Theoren Spence each had two assists. Keifer Tacan made 34 saves for the win.

Earlier that day, Peguis was defeated

9-3 by B.C.'s 100 Mile House Wranglers.

Cameron had a power-play goal and a shorthanded marker while Devon Garson also scored with the man advantage. All three Peguis goals came in the second period.

The Juniors started the westerns with a pair of losses last Thursday.

Peguis was defeated 7-3 by the North Peace Navigators and then 9-5 by the Extreme Hockey Regina Capitals.

In the loss to North Peace, the Navigators built period leads of 2-1 and 5-2.

Paul scored in the first period for Peguis and then Cameron sniped a shorthanded goal in the second.

The Juniors' Joseph Sutherland then added a power-play goal in the third.

North Peace outshot Peguis 58-23 as Tacan was named the game's second star.

Later that evening, Peguis suffered the four-goal loss to Regina. The two

teams were tied at 2-2 after 20 minutes but the Capitals broke the game open with four goals to start the second period.

Cameron and Waylon Neault scored first-period goals for Peguis and then Donovan Tanner and Sutherland potted power-play goals just 42 seconds apart in the middle frame.

Harold Linklater closed out the game's scoring with a power-play marker with 4:28 left in the third period.

Cameron assisted on the goal and finished the game with three points. Sutherland was selected as the game's second star.

Connor Shaw made 41 saves in the loss.

On Friday, Peguis was beaten 9-2 by Saskatchewan's AGI Insurance Quakers. Devon Garson and Montana Tanner scored second-period power-play goals for Peguis.

Volleyball camp in Ashern first step towards Manitoba Games

By Jeff Ward

A recent skills training and development camp in Ashern put on by Sport Manitoba was designed to get Interlake youth interested in the sport of volleyball, prepare them for competition and a future tryout for the Manitoba Games this summer in Steinbach.

The development camp on April 10 at Ashern Central School saw 15 youth aged 14 and under take part. Mike Munday, coach for the Manitoba boys volleyball team, was on site to guide the participants through the camp. He said that the drills are designed to first shake off the rust because the sport is out of season and then ramp up to a more competitive nature. Munday said that the skills he saw in the participants — and even number of boys and girls — were better than he expected and he believes that a few of them would make the team if they decided to go through with tryouts at the end of May.

"This is mainly a skill development camp and with volleyball being such a technical game, it's sometimes hard to get across so much in the 90-minute camp," said Munday.

"But I was happy to see that there

is some skilled participants out there. We're out there trying to get people excited about the sport, but it's also part of long-term wellness in sports as well. Making sure people are staying active is a big part of what we're doing with camps like these."

Munday said that the weather kept some people away but he was happy to see that youth from both Moosehorn and Stonewall were able make it out to the camp. Munday said that the camp is tailored to the skill level of the youth involved and one of the main goals of the camp is to build up those skills.

Munday added that because volleyball is such a team-centric game, training for competitive play is about identifying weaknesses of the group. When the opposing team finds a weak player on the other side of the net, they're going to aim for that person more often than not.

"There's no place to hide on a volleyball court and that's why it can be one of the most frustrating games to play. But with these kids, I was able to get much farther along in the skills training because we had a much stronger talent pool there," said Munday.

A smashing good time



EXPRESS PHOTO BY JO-ANNE PROCTER

Gimli's Jack Einarson was defeated by Teulon's Mark Shinnie two nothing (21-6) and (21-12) in the finals of the boys' singles division at a tournament in Stonewall last week.

Classifieds



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MUNICIPALITY OF BIFROST-RIVERTON PUBLIC NOTICE



REGARDING THE 2016 FINANCIAL PLAN

PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of The Municipal Act that at 1:00 pm on Thursday, May 12, 2016, the Council of the Municipality of Bifrost-Riverton will hold a Public Hearing to present its Financial Plan for the 2016 fiscal year. The Hearing will be held in the Council Chambers of the Main Municipal Office, located at 329 River Road, Arborg, MB.

Council will hear any tax payer who wishes to make a representation, ask questions, or register an objection to the Financial Plan.

Copies of the Financial Plan will be available for review on the 30th day of April, 2016, and may be examined by any person during regular office hours.

Dated this 12th day of April, 2016.

Cindy Stansell, CMMA
Chief Administrative Officer
Municipality of Bifrost-Riverton

Cottage Lots for Sale by SEALED Offers

The R.M. of Grahamdale invites SEALED offers for the purchase of municipally owned cottage lots identified below. The lots are not occupied and the assessed values are indicated below.

Offers marked "COTTAGE OFFER" are to be submitted in person, or by mail, on or before

4:30 p.m. Friday, May 6, 2016 to the address noted below.

Legal Description	Civic Address	Location	Assessed Value
15-1-49585	15 Little Steep Rock Road	Lake View - Subdivision 3, Steep Rock, MB	\$34,400
2-1-49585	2 Little Steep Rock Road	Lake Front - Subdivision 3, Steep Rock, MB	\$65,700

The sale of property is subject to the following terms and conditions:

- New RTM vacation home installed or to have a vacation home substantially constructed on the lot within three years of the date of Purchase. Minimum main floor area shall be 1000 square feet. Substantially constructed means all of the following must be completed or installed: exterior walls, windows, doors, roof fully closed in, fresh water supply and minimum 1000 gallon CFA approved septic holding tank;
- Highest or any offer received may not necessarily be accepted;
- That possession and closing date shall be 10 days following acceptance by a resolution of Council of an offer;
- The cottage lots are sold "AS IS" and the "Municipality gives no warranty or representation concerning the presence or absence of contaminants, ground water, soil or subsurface type or condition, or as to the fitness of the land for any particular use or purpose";
- Only "Unconditional offers" will be considered;
- The purchaser is responsible for payment of GST which amount shall be calculated upon the amount of the offer to purchase;
- The purchaser shall be responsible for the current years property taxes as of the effective date of the sale;
- The purchaser is responsible for all costs associated with the transfer of the land, including but not limited to legal.

Deadline for SEALED offers will be Friday, May 6, 2016 at 4:30 p.m.

Offers will be accepted in person, or by mail.

For further information or clarification of the above, please contact the following:

Shelly Schwitek, CAO
Rural Municipality of Grahamdale
23 Government Rd, PO Box 160
Moosehorn, MB R0C 2E0
rm606@tcmsnet.com
Phone: (204) 768-2858
Fax: (204) 768-3374

AUCTION

Retirement Auction for Shirley Kopytko - late Ernie. 10 a.m. April 30, McCreary, MB. 2013 NH BR7090 Round Baler, NH 1049 Bale Wagon, 2) Ford 8700 tractors. www.meyer-sauctions.com.

HELP WANTED

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

MOBILE HOMES

4 new 16 x 80, 3 bed, 2 bath, starting at \$89,900. Altona Mobile Homes, 1-800-582-4036, 1-204-324-6776 Email amhl@mymts.net.

BUSINESS OPPORTUNITY

New exciting mini VLT's. Produce buckets of cash monthly. Attracts customers like money magnets. Locations provided. Ground floor opportunity. Full details call now 1-866-668-6629. Website www.tcvend.com

BUSINESS OPPORTUNITY

Great Canadian Dollar Store franchise opportunities are available in your area. Explore your future with a dollar store leader. Call today 1-877-388-0123 ext. 229; www.dollar-stores.com.

CAREER TRAINING

Healthcare Documentation Specialists are in huge demand. Employers want CanScribe graduates. A great work-from-home career! Train with Canada's best-rated program. Enroll today. www.canscribe.com 1-800-466-1535. info@canscribe.com.

MISCELLANEOUS

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

Sawmills from only \$4,397 - make money & save money with your own bandmill - Cut lumber any dimension. In stock ready to ship. Free info & DVD: www.Norwood-Sawmills.com/400OT 1-800-566-6899 Ext:400OT.

Heritage value character home with homebased beauty business. Equipment and stock turnkey. Landscaped yard. \$140,000. 215 Main St., Manitou, Mb. Call Dolores 204-242-2261.

Reforestation nursery seedlings of hardy trees, shrubs, & berries for shelterbelts or landscaping. Spruce & Pine from \$0.99/tree. Free shipping. Replacement guarantee. 1-866-873-3846 or www.treetime.ca.

MISCELLANEOUS

Beautiful 12.6 acre lake property, private, fronts 360 feet, cabin, well, septic, power, private yet close to neighbours/town, landscaped with out buildings. 1-204-247-0742, 1-250-401-7345.

VACATION/TRAVEL

Save 30% on our Heart of the Arctic Adventure. Visit Inuit communities in Greenland and Nunavut aboard the comfortable 198-passenger Ocean Endeavour. Call for details! 1-800-363-7566 or visit: www.adventurecanada.com. OIC004001400)

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoodelk@hotmail.com

Emergency device for seniors - free equipment, monitored 24/7. Stay safe in your home for less than \$1.00 a day. For free information guide call toll free 1-888-865-5001 or www.LifeAssure.com

COMING EVENTS

Manitoba Motorcycle Ride for Dad - Fighting Prostate Cancer. Saturday, May 28, 2016, 10 a.m. Official Start. Polo Park Shopping Centre. Register online: ridefordad.ca/Manitoba

LIVESTOCK

Charolais yearling bulls for sale, Red Factor or White. Also 1 Red Factor 2 year old. Good prices. Good birth weights. Call John at 204-383-0308.

For sale - red & black yearling and 2 year old Angus bulls. Will semen test. Delivery available. Call Wayne 204-383-5802 or 204-383-0100.

THANK YOU

*The Arborg & District
Multicultural Heritage Village would like thank
all who have contributed to the development
and success of the Heritage Village!*

We would especially like to **thank** all those who contributed to the 10th Annual Dinner, Theater & Dance. A huge **thank you** to the cast, all the businesses and people who so faithfully donate items for silent and rainbow auction, our amazing kitchen crew, the people who make the delicious desserts, our emcees, the people selling tickets, manning the door, sound man, technology assistants, bartender and all those who bought tickets and attended the fundraisers. A big **thank you** to all the businesses and citizens of Arborg and area who rally behind and support us at every fundraiser we have. A big **thank you** to our board of amazing volunteers who are so dedicated and committed to preserving the buildings and artifacts of the many cultures and heritages of the area. We started with an open field and now have grown into a Village. We honour and pay tribute to the early pioneers, our ancestors who helped develop the lifestyle we take for granted today!

*Once again, thank you everyone!
Our success is thanks to you all, our circle of friends!*

RURAL MUNICIPALITY OF GIMLI

PUBLIC NOTICE

REGARDING THE 2016 FINANCIAL PLAN

PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of The Municipal Act that the Council of the Rural Municipality of Gimli intends to present its Financial Plan for the Fiscal Year 2016 at a Public Hearing at the Council Chambers of the Rural Municipality of Gimli on the 28th day of April, 2016, at 7:00 p.m. Council will hear any person who wishes to make a representation, ask questions, or register an objection to the Financial Plan, as provided.

Copies of the Financial Plan will be available for review on the 25th day April, 2016, and may be examined by any person during the regular office hours of the Rural Municipality of Gimli, located at 62 - 2nd Avenue, Gimli, Manitoba.

Dated this 30th day of March, 2016

Joann King, CMMA
Chief Administrative Officer
Rural Municipality of Gimli



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FOR LEASE

Amma's Tea Room

Gimli, MB

204-642-4611

ARE YOU DISABLED?
RECEIVE UP TO \$40,000 from the Canadian Government.

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Visit our website today to book your **FREE ASSESSMENT**

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Autism - Back Pain - ADHD - Difficulty Walking - Dressing - Feeding and many more...

CALL 1.888.353.5612 to see if you qualify!

LAKESHORE SCHOOL DIVISION

You are invited to attend the

39th Annual Proficiency Awards

at Ashern Central School
TUESDAY, MAY 3, 2016
7:00 p.m.

We are Hiring!

Seasonal Part Time Salesperson,
from May 1 - August 31, 2016.
Guaranteed 16 hrs. per week.

Requirements:

- High School Diploma, Driver's License, and own transportation.
- 1 year retail experience is preferred.
- Potential for a permanent position at the end of summer, for an outstanding candidate.

Drop resumes at #26 Railway Avenue, Ashern, fax to 204-768-2629, or e-mail to jason.carpenter@homehardware.ca

Thank you to all applicants for their interest, however only qualified applicants will be contacted for an interview.

SERVICE WRITER WANTED

NORDAL'S NAPA AUTOPRO requires a **SERVICE WRITER.**

- A self-starter
- Automotive knowledge
- Good computer, communication & organizational skills
- Wages negotiable
- Benefit Package available

Send resume to nordals@mymts.net

LAND FOR SALE

Total 420 acres in 2 parcels kitty corner to each other, in the RM of Armstrong and the RM of Fisher.

- **NW-35-21-1-W & SW-35-21-1-W:** 260 acres - 200 cultivated, 60 acres bush/pasture.
- **SE-3-22-1-W:** 160 acres - 100 open 60 bush/pasture

Any questions regarding the property call 204-641-2721

The land will be sold subject to lawyer's approval and subject to sub-division being approved.

EMPLOYMENT OPPORTUNITIES

Spruce Sands Resort Store/Café

Spruce Sands Resort is located 16 km north of Gimli, on the beautiful shores of Lake Winnipeg. Our store/café sells groceries, soft and hard ice cream, baked goods, beach food, movie rental, etc. We are seeking friendly, energetic, team oriented, hardworking individuals with excellent customer service skills for summer positions at our seasonal resort. We are open 7 days a week including all summer holidays.

Duties will include serving customers, cleaning, stocking and cooking. Experience an asset.

Please send resumes to info@sprucesands.ca or call 204-642-5671 for an interview.

MUNICIPALITY OF BIFROST-RIVERTON

CHANGE OF MEETING DATE

TAKE NOTICE THAT the Council Meeting of the Municipality of Bifrost-Riverton regularly scheduled for Wednesday, May 11, 2016 is changed to Thursday, May 12, 2016 at 8:00am.

Dated at Arborg, this 11th day of April, 2016.

Cindy Stansell, CMMA
Chief Administrative Officer
Municipality of Bifrost-Riverton

Rona Gimli is looking for Sales Associates

Responsibilities include:

- Assisting Customers
- Merchandising Freight
- Processing Customer Purchases

- The right candidate for this position will be friendly, positive and outgoing.
- Retail experience is preferred.

***Submit your application to:**
Rona Gimli, 100-7th Avenue, Gimli, MB. R0C 1B0
or by email to laura@ronagimli.ca

Thank You! Thank You! Thank You!

Evergreen Basic Needs would like to thank the following businesses for their fantastic support:

- Curves, • Robins Donuts, • Kris's Fish 'n Chips, • Up a Stump Used Books • Mancave Hobbies & Games

with their Annual Spring Food Drive and Sobey's Hop To Help program.

We greatly appreciate the backing of these and other local businesses throughout the year as we work to ensure food security for the Interlake region.

'Community Helping Community'

McSherry Auction Service Ltd

CLOSE OUT AUCTION

LANDSCAPING & TREE SERVICE

Saturday April 30th @ 10:00 am

East St. Paul -3184 Henderson Hwy

Bobcat 7753 Skid Steer * Stevens 3 Blade Tree Spade * BH Flat Deck Trailer * 30 Ford Mdl A Town Car * 3PH Equipment * Tools & Misc * Go to Web for Full List * Internet Bidding available at Bidspotter.com

Stuart McSherry (204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

McSherry Auction Service Ltd

FARM AUCTION SALE

DON CHESLOCK

Sat April 23rd @ 10:00 am

St Andrews, MB

Jct. Hwy 8 & Hwy 67 North 2 Miles on Hwy 8 then 1 1/2 mile Easton Rd 79

Internet Bidding @ Bidspotter.com

Contact: (204) 485-4833

Tractors Case IH 7210 Magnum Cab P Shift 3PH Duals 4752 Hrs. * 10 Case IH 45A 3 PH 283 Hrs * JD 5010 * MH. * AC B * Equipment-JD 7720 Titan II Combine * JD 222 22' Straight Cut Header * Coop 722 Cab Dsl 22' Swather * 12 Farm King 6640 1000 PTO Grain Vac * 2 Case IH 7200 28' Hoe Drill * Int 6200 20' Press Drill * 2) Int 310 15' Discer Seeders * Farm King 50' Diamond Harrows * Int 5000 18' Vibra Chisel * Coop 806 15' Deep Tiller * 3 Yard Hyd. Scraper * Eureka Potato Planter * MH PTO Drive Potato Digger * Farm King 620 6' Trailer Style Rotary Mower * Along w Augers * More Tillage & Misc Equip * Farm Misc * Antiques *

Stuart McSherry (204) 467-1858 or (204) 886-7027
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McSherry Auction Service Ltd

AUCTION SALE

RUTH FALK SAWATZKY (LATE ABE)

Sunday April 24th @ 10:00 am

41 Richard St.
Stony Mountain, MB
Contact: (204) 344-5595

87 Dodge 2500 Classic Royal Leisure Van A/C 87,693 Km - Safetied* Norland 4 Wheel Gas Pit Car * 70 Motobecane 49 cc Moped * 7.5 HP Outboards * Camping * Fishing * J D 655 Cab MFWA Hyd * 3PH w JD FEL * 3PH 48" Rotovator * McKee Frt Mt 60" Snowblower - Wood Splitter * JD 3PH 6' Blade * JD LX 178 Hyd R Mower * JD 100 R Mower * Case 118 R Mower * Rear Tine Tiller * 6.75 HP 22" Weed Eater * Jari 3 PH Sickle Mower * Push Mowers * Snow blowers * Gas Dethacher * Mini Roto Tillers * Snap On Tool Cabinet * Snap on Wrenches * Snap on Socket Sets * Coats 40-40A Tire Machine * Metal Band Saw * 20 Ton Hyd Press * 250 Amp Welder * Mig Welder * Drill Press * Wood Lathe * Table Saws * Acetylene Torches * Air Compressors * Gas Air Compressor * Sandblaster * Band Saw * 12" Planer * Power Tools * Air Tools * Much Larger Amount of Tools! * B H 8' Flat Deck * Utility Trailer * New 10' x 17' Car Port * Karcher Mdl HD 5500 Heated Pressure Washer * 5000 Watt Generator * Platform Scale * Pallet Jack * Truck Tool Box * Trailer Light Kits * Home Repair Items * Various Lumber * Parade Mini Model T Fire Truck Gas Powered * 60's JD Pedal Tractor * Household Items * Deep Freeze * Washer * Dryer * Medical Stair Chair Lift System *

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Don't forget to send your special wishes to your friends and family.

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Classifieds



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Do-It-Yourself Opportunity



House 28'x40' and lot for sale. Vacant Lot is on Reggie Leach Drive, Riverton. 100' frontage, with well and garden shed. House is on beams in Arborg and ready to move! Purchase house and lot as a package or each separately.

Package price \$19,900. Call 1-204-642-2726

LIVESTOCK

Polled Pedigreed Salers Bulls on farm and at Douglas Station. Red or black. High performance herd. Can arrange delivery. www.sweetland-salers.com Ken Sweetland, Lundar, MB 204-762-5512.

PB Red Angus bulls for sale. Yearlings and 2 year olds. Call Shawn 204-378-5225.



Call 467-5836

POTATOES FOR SALE

Potatos - Red, Yellow & Russet. Onions, cabbage, beets, turnips, parsnips & honey. Deer feed, \$9; black oil sunflower seeds, \$21. Interlake Potato Farm, phone 204-886-2676. 1 mile N. of Teulon on #7 & 1 mile E. on Rd. 95N.

HAY FOR SALE

Small square hay bales and small square straw bales. Ph. 204-781-7937.

FEED AND SEED

Forage seed for sale: Organic & conventional: Sweet Clover, Alfalfa, Red Clover, Smooth Brome, Meadow Brome, Crested Wheatgrass, Timothy, etc. Free delivery! Birch Rose Acres Ltd. 306-863-2900.

ANNOUNCEMENTS

SHOWER ANNOUNCEMENT



Sparkes - Lane

Robin and Wanda Sparkes are pleased to announce the upcoming marriage of their daughter, Heather, to Brennan Lane of Saskatoon, son of Buddy and Shelley.

A Framnes farm wedding is planned for late August.

To celebrate the upcoming wedding, we invite you to a Jack and Jill Celebration at the Travelling Inn in Arborg on Saturday, May 7 at 7:30 p.m. Dancing begins after 9:00 p.m.

Donations can be left at Arborg Interlake Coop Grocery and Arborg Home Hardware. Registered at Sears and Home Hardware. Gift cards and monetary gifts are also welcome as Heather and Brennan live in Regina.

ANNOUNCEMENTS

BIRTHDAY



Margaret Lovisa Wishnowski
Happy 85th Birthday on April 21st!!
We are so grateful to have you for a Mom and Amma.

You mean the world to us and we look forward to celebrating together
-Love from your family xo

Ashern Auction Mart - Farm Market Report Week of Apr. 13 • No. of Cattle: 910 Total Slaughter Cattle 100 Total Feeder Cattle 810

D1 & D2 Cows 80-89
Good Bulls 101-129

Age Verified 90-99
D3 & D5 Cows 72-78

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500-600 190-236
600-700 180-217.50
700-800 178-205.50
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700-800 159-182
800-900 150-169.50
900-1000 139-159

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NOTICE OF PUBLIC HEARING BY THE MUNICIPAL BOARD OF MANITOBA PROPOSAL TO DISSOLVE THE MUNICIPALITY OF WEST INTERLAKE (BOARD FILE NO. 15E1-0001)

In accordance with Section 10 of *The Municipal Act*, the West Interlake Citizens Group has filed a written Proposal with the Board to dissolve the Municipality of West Interlake.

The Municipal Board is not satisfied that there is a general agreement with the Proposal. Therefore, The Municipal Board will hold a public hearing on **Tuesday, May 3, 2016 at 7:00 pm and if required Wednesday, May 4, 2016 at 10:00 am at the Eriksdale Recreation Centre #6 - 1st Avenue, Eriksdale, Manitoba**, to consider the Proposal.

Any person affected by the Proposal may appear before the Board at the hearing.

A copy of the proposal is available for review at the Municipality of West Interlake and The Municipal Board.

The Board requires that any party who intends to submit as evidence at the hearing any written material or other documents, shall file that material at least 10 working days prior to the hearing, for public review, as follows:

- four (4) copies with the Board
- one (1) copy with the Municipality of West Interlake, Box 10, Eriksdale, Manitoba ROC OWO; and
- one (1) copy with Andrea Sweetland, West Interlake Citizens Group, Box 389, Eriksdale, Manitoba ROC OWO

If a party wishes to have service in French, or requires assistance because of a disability, they must notify this office 15 days prior to the hearing.

Dated at Eriksdale, Manitoba, this 25th day of March, 2016.

Rose Gibbons
Secretary of the Board
The Municipal Board of Manitoba
1144-363 Broadway, Winnipeg, Manitoba

JOB OPENING AVAILABLE AT Home Hardware Building Centre Join our great team!

Position Available: Lumber Yard Associate!!!!

DUTIES INCLUDE:

- *Help Customers *Handle Lumber
- *Delivering *Ability to use Forklift

REQUIREMENTS:

- *good attitude *clean driving record

REWARDING BENEFITS:

Flexible hours. Training Opportunities. Advancement Opportunities. Great work environment etc.

Apply in Person!

For more info contact ray@arborthhbc.com



**451 Main St,
Arborg
204-376-3090**

NORDAL'S AUTO - BODY - GLASS



Nordal's Autobody & Glass is proud to announce that long-time auto-body expert, Gerry Cockerill, has joined the company. Gerry's knowledge and experience will ensure that Nordal's will continue to provide top quality service in a timely manner.

(204) 376-2416, Arborg, MB

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WEEKLY NEWS

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**WINNIPEG
PHILATELIC
SOCIETY**
**Annual Stamp
& Coin Show**
Friday, April 29
1 - 6pm
Saturday, April 30
10 - 6pm
Sunday, May 1
10 - 4pm
Sunova Centre
(West St. Paul)
Main St. & North
Perimeter
www.wps.mb.ca
204-582-1334

McSherry Auction
Close Out Auction
Landscaping & Tree Serv.
Saturday, April 30 @ 10am
East St. Paul
3184 Henderson Hwy
Bobcat 7753 Skid Steer *
Stevens 3 Blade Tree Spade
* BH Flat Deck Trailer * 30
Ford Mdl A Town Car * 3PH
Equipment * Tools & Misc *
Go to Web for Full List *
Stuart McSherry
(204) 467-1858 or
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Replacement?**
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**The Disability Tax
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\$2,500
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take a break > GAMES

SUDOKU

	5		7			9		
	4			8		7	5	
		1			4		7	
		9			8	2	3	
	3		5					
	8							
		2		3		6		
6		4	1		7	3		

Level: Intermediate

**Fun By The
Numbers**

Like puzzles?
Then you'll love
sudoku. This
mind-bending
puzzle will have
you hooked from
the moment you
square off, so
sharpen your
pencil and put
your sudoku
savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

9	8	3	7	2	1	4	6	9
6	7	9	5	3	8	2	1	7
7	2	1	6	9	4	5	8	3
1	6	8	2	7	5	9	3	4
4	3	2	8	1	9	6	7	5
9	7	5	4	6	3	1	2	8
8	1	4	3	5	2	7	9	6
2	5	7	9	8	6	3	4	1
3	9	6	1	7	4	8	5	2

Sudoku Answer

E	O	V	S	U		H	S	S	T	O	S
E	N	E	X	V		S	E	E	R	E	T
R	V	H	V		S	E	B	U	C	L	I
A	R	O	O	E	L	V	O		V	N	V
			S	O	R	V	S		J	O	H
A	N	H		O	V	H		N	V	V	S
X	V	V		O	E	L	V	R	V	E	S
S	B	V	T	S	N	V	I		S	E	E
	E	S	U	O	H	E	E	R	T	S	V
E	V		L	I	N	G	V	T	S	H	V
E	V		N	V	H		S	L	I	M	E
H	I	B	V	P		S	E	I	T	E	R
V	N	H	R		S	V	O	N	V		O
N	O	E	V		N	V	T	N	H	O	H
S	I	H		V	W	S		S	H	O	V

Crossword Answer



CROSSWORD

CLUES ACROSS

1. Oliver __, author
6. Neuromuscular disorder (abbr.)
9. Ed Sheeran song
13. Flows in Greek Gods' veins
14. Mounted soldier
15. Theron movie "___ Flux"
16. Greek portico
17. Buffaloes
18. Ribosomal ribonucleic acid
19. Types of bonds
21. Bura- __, language
22. Discharges
23. Principal ethnic group of China
24. Air Force
25. Dash
28. Patti Hearst's captors
29. __ percha, trees
31. Expression of sorrow or pity
33. Kids play here
36. Fakes
38. Scottish Gaelic for John
39. Blocks
41. Split
44. DC Comics hero
45. Wrap
46. Cool!
48. Hengyang Nanyue Airport
49. Biblical Sumerian city
51. Radio direction finder (abbr.)
52. Gulf in the Aegean Sea
54. Actress Lathan
56. Class
59. Copyread
60. Blocks
61. Whale ship captain
63. Make angry
64. They product honey
65. One seeded fruit
66. Helios
67. Soviet Socialist Republic
68. Accepted practice

CLUES DOWN

1. Female sibling
2. Behaves

1	2	3	4	5		6	7	8		9	10	11	12
13						14				15			
16					17					18			
	19			20					21				
			22					23				24	
25	26	27		28			29				30		
31			32		33		34					35	
36				37		38			39				40
	41				42			43		44			
		45					46		47		48		
49	50		51			52			53				
54		55			56					57	58		
59					60					61			62
63					64				65				
66					67				68				

3. Cream puff

4. Knighted computer scientist Tony
5. Citizen (senior)
6. Blackthorns
7. One-time Yankee sensation Kevin
8. Autonomic nervous system
9. Spider
10. Flavoring
11. Colonized by Ancient Greeks
12. "Thundercats" character
14. Protestant
17. Not straightened
20. Outdoor retailer
21. Brazilian lagoon
23. Expression of bafflement
25. Male parent
26. Brews
27. Gadoid fishes
29. Gives
30. Hindu calendar month

32. Breaks up

34. Take in solid food
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